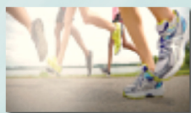


Joint Base San Antonio

APRIL 2021

Sexual Assault Awareness and Prevention Month

April 3rd - "Teal Trot" JBSA FREE VIRTUAL 5K/10K FUN RUN/WALK



0800-1300, Location of Choice (Open to All)

Join the JBSA community to a free virtual 5K/10K Teal Trot run/walk in solidarity against sexual assault. No registration required. Please wear teal and snap a selfie of your support and post on the JBSA SAPR Facebook page <https://www.facebook.com/jbsasapr>. For more information, call 210-808-8978 or 210-740-9003.

April 7th and 21st - By-Stander Intervention Training



1100 - 1300 (Open to All)

Hosted by ARNORTH, this training identifies the information necessary to prepare individuals when and how to implement bystander intervention techniques to prevent or reduce incidents of sexual harassment and sexual assault. Applies bystander intervention techniques Direct/Distract/Delegate. For more information text 210-771-1295 or email irma.marquez2.civ@mail.mil link for Teams: https://teams.microsoft.com/j/19%3ameeting_YzY0NTE0NDQ0NzUzOC00ZmY3LTkyMmYtY2Y3MGQwOTkxZjAw%-40thread.v2/0?context=%7b%22Tid%22%3a%2221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%22Oid%22%3a%2225ed6bc2a-beb6-4a1d-a84b-c14fc65d6e92%22%7d

April 8th - "Heath Talks" Survivor Testimony



1000 and 1400 Fort Sam Houston Theater, 2472 Stanley Road, JBSA-FSH and on MS Teams Group (Open to All)

US Army South presents "Heath Talks" featuring Heath Phillips. Join us to hear the story of Mr. Heath Phillips as he shares his experiences dealing with military sexual trauma. His purpose has now become to educate and bring awareness to impact our community about how we can all make a difference and achieve cultural change. For more information, please contact 210-295-6234 or 210-487-1421. Link for MS Teams channel: <https://teams.microsoft.com/j/channel/19%3abbd3d2006c644f4f9d80a98cbe2fc67b%40thread.tacv2/General?groupId=c13bb9cd-fce6-4682-b2f6-a7b9c29a303a&tenantId=21acfb3-32be-4715-9025-1e2f015cbb9>

April 12th - Virtual Strategic Leadership Training: Showing Up for SHARP



1100 - 1230 (Open to All)

Hosted by BAMC, presenters Eric Barreras and Edward Wilson (Obbie West) Difference Makers (10 Strong) will discuss the importance of maintaining a positive working relationship between military leaders and their supportive SHARP/SAPR staff and how it affects culture norms such as dignity and respect. Effective decision making skills for leaders at all levels. (Open to all Service Branches via FB live and Vbrick). For more information call 210-916-8930 or email vivian.f.leonard.civ@mail.mil. Link for Training <https://m.facebook.com/BrookeArmyMedicalCenter/>

April 14th - The Impact of Trauma, Zoom presentation



1130 (Open to All)

Sexual Assault (SA) trauma impacts our military in members in many ways. Early identification of trauma can reduce its long term effects on victim's as well as the impact to morale and wellness of our units. Come join the JBSA SAPR team to learn about the symptoms of trauma and what the AF offers to assist victims of SA. Zoom link: <https://www.zoomgov.com/j/1615611265?pwd=dUorN29nWk15djlFMQlFUU2ZVSTINZz09>

April 15th and 22nd - "Improv To Improve" Improv Comedy Resiliency Workshop



1300 - 1530 - Registration Required - limited seating (Open to All)

"Improv to Improve" is an engaging applied improv comedy resiliency workshop that builds camaraderie through interactive learning by utilizing comedy and the theater arts to actively combat life stress and adversity. Targets team building, interpersonal skills, communication, and life skills. Actor/comedian and retired U.S. Air Force medic, BJ Lange (MTV, Comedy Central, *Jimmy Kimmel Live*) leads the improv comedy resiliency workshops.

April 16th - Poetry Slam



1730 - 1930 232d Medical Battalion PRT field (Open to JBSA Students/Trainees)

JBSA Students/Trainees are invited to come listen and share in spoken words to fight and show support for survivors of sexual assault. Prizes will be awarded to the top three winners. All Poetry must be submitted at least 1 week prior for review by SHARP Leadership. For more information or to sign up, please call 210-542-4115 Email Frevia.e.eccles@mail.mil.

April 29th - ARNORTH host Virtual Sexual Assault Prevention Training for Leaders with Mike Domitrz



0900 - 1030 (Open to Company & Battalion Command Teams)

1100 - 1230 (Open to First Line Supervisors, Squad Leaders, Section Leaders & Platoon Leaders)

Sponsored by ARNORTH, an interactive live virtual sexual assault prevention training for leaders presented by author and subject matter expert Mike Domitrz which provides strategies and specific how-to skills. Topics include discussing sexual violence, support for survivors, victim blaming and consent. (Open to all Service Branches via Teams) For more information call 210-430-5876 or email Jodie.a.garrett.civ@us.army.mil. Link for Teams: https://teams.microsoft.com/j/19%3ameeting_OGI3M2lvYtYzZS00MTdlLWlyN2ItMzIxMjQ0OTIjZDZm%40thread.v2/0?context=%7b%22Tid%22%3a%2221acfb3-32be-4715-9025-1e2f015cbb9%22%2c%22Oid%22%3a%2225ed6bc2a-beb6-4a1d-a84b-c14fc65d6e92%22%7d

Throughout April, Movement for Change (Open to All)



A community event that is working to collectively achieve 6,236 miles to represent and bring awareness to the amount of sexual assaults reported by service members in 2019. The miles can be achieved thru walking, running, biking, or hiking and will be logged using the free Strava app in a private group "Protecting Our People Protects Our Mission." This event will run the entire month of April and is completed at your own convenience. For questions or more information, please call 210-653-4386.