JB\$A LEGACY

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JOINT BASE SAN ANTONIO

JANUARY 31, 2020



PHOTO BY BRITTANY NELSON

Lt. Gen, Douglas Gabram (left) assumes command of the Installation Management Command Jan. 22 at Joint Base San Antonio-Fort Sam Hiouston.

IMCOM welcomes new commanding general

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'Transformational change' necessary to fight, win future conflicts

By Devon L. Suits

ARMY NEWS SERVICE

The Army must engage in "transformational change" — not incremental improvements — to achieve overmatch, deter great-power competition, and win the future fight, the Army's top officer said Jan. 21.

"'People first, winning matters,' is more than just a slogan," said Army Chief of Staff Gen. James McConville. "People first is a philosophy ... winning matters is an attitude."

"Secretary of the Army Ryan McCarthy and I aren't trying to fight the last fight better. We're focused on winning the next fight. To do that, we recognize the need for transformational change," he added.

McConville spoke during an Association of the U.S. Army breakfast at the National Museum of the U.S. Army, slated to open June 4.

To illustrate the difference between incremental and transformational change, McConville held up an old corded telephone and discussed various marginal upgrades made to the technology.

The chief later held up a smartphone device and highlighted the importance of innovators in the Army.

"Mobile technology transformed our understanding of what a phone could be," McConville said. "It navigates, it takes photos, it does hundreds of other functions we never imagined 40 years ago.

"New and different perspectives are necessary for innovation," he added. "We have to encourage innovation; look for it in unexpected places, and we must embrace it when we find it."

A NEED FOR CHANGE

The Army's last significant transformational change happened in the late 1970s and 80s, following its role in the Vietnam conflict, McConville said. Lessons learned during Vietnam aided in the development of the Air-Land Battle doctrine, which revolutionized the way the Army engaged in conflict.

Around the same time, the force also modernized its fighting systems with the inclusion of the "Big Five" — the M1 Abrams tank, Bradley Fighting Vehicle, Apache and Black Hawk helicopters, and the Patriot missile system, McConville said. The nation's engagement in great-power competition with the Soviet



DEVON I. SUIT

Army Chief of Staff Gen. James McConville discusses a need for "transformational change" during an Association of the U.S. Army event Jan. 21, 2020, inside the National Museum of the U.S. Army on Fort Belvoir, Virginia.

Union led to many technological advances and reshaped the character of war.

"Think about it, we began building the Army of 2020 more than 40 years ago, and since then we incrementally improved our weapons systems that we fielded in the 1970s and 1980s," McConville said.

Now, the Army is reaching the limitations of its current technology, all while simultaneously having to compete in a modern battlefield across multiple domains — land, air, sea, space, and cyberspace, he said.

"I would submit that we are at a similar inflection point to the one our leaders faced coming out of Vietnam," he said. "We have to ask ourselves, 'Are we building the Army that can compete and win for the next 40 years?'"

MODERNIZING THE FORCE

Moving forward, Army leaders have recognized a need for transformational change, McConville said.

"That is exactly what we are doing with the development of the multidomain operations concept," he said. "That's why we're building new organizations like the security force assistance brigades, multidomain task forces, and the Information Warfare Command. "That's why we're laser-focused on developing and fielding the six modernization priorities with 31 signature systems," he added. "And that's why we must implement a 21st-century talent management system."

The force has started to find success with the implementation of its modernization strategy. Under the Long-Range Precision Fires, or LRPF, portfolio, the Army recently test fired its new precision strike missile and extended-range cannon, both of which exhibited increased ranges.

Improvements to the LRPF systems could be fielded in the next three years, McConville said.

The Army is also looking to field mobile short-range air defense systems by next year. The Integrated Battle Command System, which links multiple sensors and shooters on the battlefield, is also being developed to provide "a more holistic defense against enemy air missiles and unmanned aerial systems," he said.

The Army's Future Vertical Lift Cross-Functional Team is currently "flying before buying," as they develop the Future Long-Range Assault Aircraft and Future Attack Reconnaissance Aircraft, McConville said.

"Note, these are aircraft and not helicopters because of the transformational requirements we asked from industry are not resonant in traditional helicopters," he added.

The Army has also made changes to some of the requirements under the Next-Generation Combat Vehicle portfolio, McConville said. Last week, the Army decided to halt and revise a solicitation for the development of an Optionally Manned Fighting Vehicle.

"We are fully committed to replacing the Bradley Fighting Vehicle in the future," McConville said. "However, like the future vertical aircraft, we want to [prototype and drive] these before we buy them.

"We found early in the process, after minimal investments, that our aggressive timeline did not permit industry to meet the requirements," he added. "We have taken a tactical pause, and we are going to reset the requirements ... the acquisition strategy and timeline. Then we're going to come out and aggressively pursue this critical weapon system that we need for the future."

JBSA LEGACY

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Feedback Fridays

By Brig. Gen. Laura L. Lenderman

502D AIR BASE WING AND

JOINT BASE SAN ANTONIO COMMANDER

Feedback Fridays is a weekly forum that aims to connect the 502d Air Base Wing with members of the Joint Base San Antonio community. Questions are collected during commander's calls. town hall meetings and throughout the week.

If you have a question or concern, please send an email to RandolphPublicAffairs@us.af.mil using the subject line "Feedback Fridays." Questions will be further researched and published as information becomes available.

Personnel Issues

O. How come we don't have a true "Family Day" at IBSA? Like a family day where we can bring our spouses and children to work and they can see and experience what we do here at IBSA?

I believe that experience will give them a better idea of what each and every one of us do during the average work day.

We could also give them a briefing of the overall IBSA mission and set up some displays and have them meet some of our major leaders here at IBSA. Maybe have some aerial displays with our various aircraft at JBSA-Randolph and JBSA-Lackland. The Fire Department and Military Dogs could also put on some displays.

I believe that this would be a win/win for everyone.

A. What a great idea! Families are the heart and soul of JBSA and we definitely appreciate all of the love and support they provide to all of us, and I am all about celebrating them.

I will discuss this initiative with our leadership team to see if we can offer a IBSA-wide day for families to learn about our mission. I also encourage you to bring this up to your leadership. By bringing this forward, it provides a chance to lead a project in your unit, and increase morale and unit cohesion.

These kinds of events are perfect for bringing our families closer together to provide a better and happier workforce. If you have any questions or concerns, please reach back out to our PA office at RandolphPublicAffairs@us.af.mil and they will help point you in the right direction.



Installation & Facilities

O. I was wondering if there is a fix coming for the JBSA-Randolph gas station.

On many occasions, I go there in an attempt to get gas and find that they are either out of the plus/premium, only offering regular unleaded. Other times half of the pumps are blocked off (not working). I have not had this issue at any of the other installation's AAFES stations.

I've heard many complaints about it. but not sure if it has been addressed. There was a "rumor" about a year ago that a new gas station was being built, but I haven't heard anything officially. Any information would be greatly appreciated.

A. Thank you for your feedback on the JBSA-Randolph fuel station. We shared your concerns with AAFES and they are working to address the challenges with the existing station.

The great news is that they have budgeted to construct a new service station. They are working the design and construction packages now, and are targeting to open the new station mid-2022.

O. One morning, it took me more than 30 minutes to travel on Walters Street to the Walters Gate at JBSA-Fort Sam Houston. There was a massive backup of traffic attempting to enter post.

As I finally approached the gates, I noticed one of the four lanes was

closed. From what I could see, the gates were all manned by junior detailed soldiers, not Security Forces.

With all due respect, it was a complete mess. All gates should have been open. Could this incident be looked at to prevent future problems? A. Thank you for informing me about the traffic buildup at the Walters Gate. The 502d Security Forces Squadron strives to limit wait times at all its gates and focuses particular attention on the morning rush to expedite traffic, with safety and security as the top priority.

Each weekday morning, they post four qualified individuals (soldiers who have completed the Squadron's augmentation program or are Security Forces members) at Walters gate to ensure all four lanes are open.

But there are occasions that a qualified member has to temporarily step away and handle an individual driver's concern or assist another gate guard.

Thank you again for raising your comment to leadership attention, and we will continue to measure traffic wait times at Walters gate to ensure we are meeting mission needs.

Q. At JBSA-Lackland, sitting behind a logistics building on the Basic Military Training side of the base, sits what appears to be an old Air Force One aircraft. This aircraft once sat just inside of the gate of the JBSA-Medina Annex, and was moved to its current

location and repainted some years ago.

While at Medina it was in a prominent site just inside of the Main Gate and was easily visible to visitors. I am wondering why this aircraft is sitting in a remote part of IBSA and is not on display where people can see it. A. Thank you so much for your question! The KC-135 "Speckled Trout" was initially acquired by the 344th Training Squadron in 2009 when the Schoolhouse was located at the IBSA-Medina Annex. It is not actually here as a static display but rather as an Aircraft Training Device (ATD) to provide realistic hands on training to personnel attending the Aircrew Flight Attendant course.

The 344th TRS moved it to JBSA-Lackland main base in 2010, and it is presently undergoing renovations to better serve future Aircrew students. At the present time, there are no plans to relocate this aircraft to function as a static display.

The good news is that we are currently in the process of relocating and consolidating some of the aircraft located along Truemper Street to the Lackland Parade Field's air park to allow visitors the ability to take pictures safely.

We are excited for some of these relocations as they allow us to make way for the new BMT Airmen Training Complex (ATC) West Campus facilities.

Miscellaneous

Q. Thank you so much for providing a forum for JBSA personnel to ask questions or to address concerns. However, I believe the forum has become a place for individuals to complain. Therefore, I'd like to address the wonderful work that is being done on IBSA each and every day.

I'd first like to thank our Security Forces personnel. These men and women are on the gates 24 hours a day, 7 days a week, in good and bad weather and with smiles on their faces. Yes, there are times that someone isn't smiling and when that happens, I ask the gate guard if everything is okay. Instantly their demeanor changes because they then realize there are people coming through the gates that really do care.

I'd also like to thank our Force Support Squadron personnel who

HPV vaccine now recommended for those up to age 45

From Military Health System Communications Office

The Food and Drug Administration has raised the recommended age to receive the vaccine for human papillomavirus, or HPV, to 45. Health care experts say that's good news for women and men who did not receive the anti-cancer vaccine in childhood.

"There are hundreds of different strains of HPV," said Navy Cmdr. Shannon Lamb, a urogynecologist and the U.S. Navy Bureau of Medicine and Surgery's Women's Health Branch chief. "The vaccine doesn't protect from all of them, but it does protect from the most common ones that cause different types of cancers as well as genital warts."

HPV spreads through intimate skin-on-skin contact. Typically, the vaccine is recommended for girls and boys as young as age 9, and women and men up to age 26.

"It's recommended for young people so they're protected before they're ever exposed to the virus," Lamb said. "HPV is a very common infection. Over 80 percent of people will be infected in their lifetime."

In 2018, the FDA approved the vaccine for women and men up to age 45. While many adults have been exposed to some strains of HPV, most have not been exposed to all nine types covered by the vaccine.

"Therefore, expanding the age range for vaccination can help prevent HPV-related diseases in more individuals," she said.

Usually, people don't exhibit any signs or symptoms of an HPV infection, and most won't develop health problems related to HPV. The virus typically goes away on its own after a couple of years. But there's no way to predict who will clear the virus and who won't. And for those who don't, the consequences can be deadly.

According to the Centers for Disease Control and

Prevention, HPV is responsible for more than 90 percent of all cervical and anal cancers, 70 percent of vaginal and vulvar cancers, and more than 60 percent of penile cancers. Every year, approximately 25,000 women and 19,000 men are affected by cancers caused by HPV.

For HPV vaccination of service members, the Department of Defense follows guidelines published by the Advisory Committee on Immunization Practices. Lamb says the vaccine isn't mandatory, but it's strongly recommended.

"The vaccine creates a lot of benefit for men and women," Lamb said, "and we know it works." The number of cases of genital warts in the United States has dramatically declined in the military as well as civilian populations since the vaccine was introduced, she said.

"The HPV vaccine is definitely making an impact," Lamb said. "But we're still missing a good chunk of the population that could benefit."
The vaccine is administered as a two-dose series for those under age 15, and a three-dose series for older people.
According to data from the Armed Forces Health
Surveillance Branch's Medical

According to data from the Armed Forces Health Surveillance Branch's Medical Surveillance Monthly Report, only 26.6 percent of eligible servicewomen ages 17-26 initiated the vaccine during 2007-2017. During the same time period, only 5.8 percent of eligible servicemen in the same age group did so.

Further, for those who did initiate the vaccine and then remained in service for at least six months, only 46.6 percent of servicewomen and 35.1 percent of servicemen completed the recommended three doses.

"I think there's a lot of misinformation about the HPV vaccine," Lamb said. "Parents may think their kids don't need it because they're not yet sexually active, for example, and older people may not understand they may be at risk."

Lamb is hopeful that with awareness people will make it a priority to talk to their health care providers about their risk for new HPV infections and the possible benefits of vaccination.

She notes that cancers caused by HPV may take years to develop after a person contracts the virus. Further, while there are cervical HPV screening tests available for women for high risk strains, there are no routine screening tests for men or tests that include all strains of HPV. Over 12,000 women living in the United States will be diagnosed with cervical cancer, and over 4,000 women die from cervical cancer annually. Women at highest risk are those who don't undergo recommended screening and are not vaccinated, as well as women who smoke or have lowered immune systems.

TRICARE covers the HPV vaccine as recommended by the CDC. More information about the HPV vaccine can be found on the TRICARE website.

FEEDBACK FRIDAYS

From page 3

provide outstanding opportunities and support whether it be at the ID counter, Military Family and Readiness Center, Fitness Centers, the Clubs or via MWR.

Lastly, I'd like to thank commanders at all levels. Your commitment to JBSA shows and I, amongst so many others, sincerely appreciate it.

A. Thank you so much for your kind words and for participating in our Feedback Fridays program. We really appreciate your recognition of our wing personnel. We strive to provide the best services to all JBSA personnel, and it's so good to hear that people like you really care. Please continue to participate in our program, and let us know what we can do for you!

Q. I'm active duty Air Force assigned to JBSA-Fort Sam Houston and the Drug Demand Reduction Program selection process for urinalysis is a little over the top. In the last 5 months I've provided 4 to 5 samples!

I'm not the only one in my unit to experience this. Several active duty members have provided several samples as well.

Prior to being assigned to JBSA-Fort Sam Houston I've only been selected for urinalysis 6 times in the last 21 years. I feel the JBSA-Fort Sam Houston DDR method is very excessive.

Is there any way to decrease their quotas in order to mitigate being selected several times in 1 year?

A. Thank you very much for your question. On July 30, 2019, the Secretary of the Air Force published Air Force Manual 44-197 Military Drug Demand Reduction Program, or DDRP.

Per AFMAN 44-197 guidance, JBSA drug testing is accomplished through random selection using DoD-approved software and/or through a combination of random selection and other means, usually Command-directed unit sweens.

The DOD-approved software used for random selection drug testing does not extract previously selected personnel from the testing pool, and personnel may be randomly selected more than once per calendar year in addition to testing ordered as a result of Command-directed unit sweeps.

Please keep in mind that the federal drug testing program was established to serve as a deterrent. Effective drug testing programs implement "Smart Testing" strategies that help limit the predictability of testing schedules and selection.

Q. Why does it seem that the Commander Calls and award ceremonies are being held late in the afternoons? Having ceremonies at 2 or 3 p.m. is really difficult when you factor in traffic, especially at JBSA-Fort Sam Houston and JBSA-Lackland.

Having CC calls in the afternoon affects their ability to attend, and they are not authorized overtime. If they do attend these late ceremonies, it adds considerable time to their commute, especially if they take a bus to one of the other locations and then have to take the bus back, then drive home.

I've noticed attendance is low when the ceremonies are later in the afternoon. I suggest pushing all CC Calls and ceremonies to the morning.

A. Thank you very much for your feedback. Traffic is definitely a challenge across JBSA, and we definitely consider it when we're scheduling our wing events.

Typically, we schedule wing commander calls at our 3 of major operating locations in the morning or early afternoon. This can be tricky sometimes based on the availability of the student activity center at JBSA-Fort Sam Houston, the Fleenor Auditorium at JBSA-Randolph, and the Gateway Club at JBSA-Lackland.

However, we have been scheduling the Quarterly Award ceremonies in the afternoon with the idea that attendees can go straight home after the work day is over.

Based on your feedback, however, it sounds like the timing of the quarterly awards is challenging. That said, our next quarterly award ceremony is scheduled for Feb. 5 from 10-11 a.m. at JBSA-Fort Sam Houston. Thank you again for your feedback and helping us better serve our wing and JBSA community.

COURTESY GRAPHIC

JBSA libraries joining global celebration with Harry Potter Book Night

By Robert Goetz

502ND AIR BASE WING PUBLIC AFFAIRS

The publication of British author J.K. Rowling's "Harry Potter and the Philosopher's Stone" more than 20 years ago sparked a literary and cultural phenomenon that had a huge impact on children and adults alike, introducing them to a magical world of wizards, witches and muggles.

That world will come to Joint Base San Antonio-Fort Sam Houston's Sam Houston Community Center as the JBSA libraries join a global celebration from 5-8 p.m. Feb.

"Harry Potter Book Night is an event that takes place annually all over the world," said Nikkie Sierra, IBSA-Lackland Library supervisory librarian. "The Wizarding World is so vast that each year they celebrate a different part of it. This year's theme is the Tri-Wizard Tournament. We at JBSA libraries got excited about joining in on an event that takes place in libraries and book shops around the world on the same day."

The event will feature
"Harry Potter"-themed games,
crafts and activities, said
Darrell Hankins, JBSA-Fort
Sam Houston Keith A.
Campbell Memorial Library
lead supervisory librarian.

"We welcome people in their wizard attire," he said. "We will be giving out wands while supplies last."

The staffs of the JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph libraries are collaborating to support the event, Hankins said.

As a result, all three libraries will have shorter hours that day — 11 a.m. to 4 p.m.

"It is a joint venture," he said. "All staff members from the three locations are part of the event and have created all the materials necessary to put on the event to include custom-made banners, wands and all the activities needed to create the event."

A past "Harry Potter" event at the JBSA-Lackland provided the impetus for the collaboration, Hankins said. Diana Lisenbee, current supervisory librarian at the JBSA-Randolph Library, helped spearhead that event when she was assigned to the Lackland library.

"That event was very successful, so with that in mind we collectively decided to do this joint library event to build team spirit and the library community throughout the JBSA locations," he said.

The seven-volume "Harry Potter" series and the movies that followed continue to have an influence, Hankins said.

"The 'Harry Potter' books sparked a renewed interest in reading by young adults and children alike when they first were published," he said. "These readers have grown up with 'Harry Potter' and have continued the interest by reading to their own children, thus continuing the 'Harry Potter' phenomenon."

The books and movies based on the books are still in demand at the JBSA libraries.

"They're among our highest circulated items in young adult fiction titles," Hankins said.

FORT SAM HOUSTON

IMCOM welcomes new commanding general

By Brittany Nelson

U.S. ARMY INSTALLATION MANAGEMENT COMMAND PUBLIC AFFAIRS

Lt. Gen. Douglas Gabram assumed command of U.S. Army Installation Management Command in an assumption of command ceremony at Joint Base San Antonio-Fort Sam Houston Ian. 22.

Gen. Gus Perna, commanding general, Army Materiel Command, promoted Gabram in a private ceremony prior to the assumption of command.

Gabram assumed command from Mai. Gen. Timothy McGuire, who has served as acting commanding general since August 2019.

Perna thanked McGuire for his work as interim commander. McGuire will now return to his role as IMCOM deputy commanding general.

"Maj. Gen. McGuire, your leadership belongs in a book as an example for all of us," Perna said. "Over the past five months. you have demonstrated personal, moral and physical courage. You are a remarkable leader and it is my honor to serve with you every day."

Perna went on to describe his confidence in Gabram as IMCOM's next CG.

"Lt. Gen. Gabram is a great Army leader, and IMCOM is a great Army team," Perna said. "I feel confident that general Gabram will take IMCOM's work to the next level. My one-word piece of advice to him during the passing of the colors was 'press'."

Perna pointed out the Chief of Staff of the Army's number one priority is people.

"The chief believes that if we take care of Soldiers, families and civilians, our Army will



assumes command of the Installation Management Command Jan. 22 at Joint Base San Antonio-Fort Sam Htouston

remain strong for the long term. IMCOM is the quarterback of that solution.

"In his new role, Gabram will lead the organization responsible for the safety, care and morale of over 1 million Soldiers and their families,' Perna added. "This is one of the Army's most sacred responsibilities."

Speaking directly to the IMCOM workforce, Perna stated, "You are the unsung heroes of our Army. Because of you, our Families feel protected and safe as their loved ones deploy to war. Thank you for

your professionalism and selfless service."

During Gabram's opportunity to speak, he mentioned the importance of success at home and down range.

"I have been privileged to lead Soldiers in combat many times," Gabram said. "I know that if we fail to get it right at our installations, we could get it wrong in combat, and this will not happen."

He also mentioned he is prepared to take command and support all the command does to help the Army.

"I look forward to taking on

our mission of serving and supporting Soldiers, Civilians and Families and strengthening the readiness of our Army," Gabram said.

Before assuming command. Gabram was the Director for Test at the Missile Defense Agency at Redstone Arsenal, Alabama. He was responsible for planning, programming, budgeting, staffing and managing a comprehensive Ballistic Missile Defense System test program to field an integrated and effective capability to the warfighter.

Before that he served as the

commanding general for U.S. Army Aviation and Missile Command, or AMCOM.

As part of the Army Installation Management Reform Initiative, in January 2019 the Secretary of the Army made the decision to realign IMCOM to Army Materiel Command as a Major Subordinate Command with an effective date of March 1, 2019. This move improves how the Army integrates and delivers base support, services and facilities to enhance readiness and the well-being of Soldiers, families and civilians.

NRD San Antonio supports Hispanic Engineering, Science and Technology 2020 SeaPerch Challenge

By Burrell Parmer

NAVY RECRUITING DISTRICT SAN ANTONIO PUBLIC AFFAIRS

Continuing to spark students' interests in science, technology, engineering and mathematics, or STEM, Sailors of Navy Recruiting District San Antonio supported the HESTEC 2020 SeaPerch Challenge held at the Margaret M. Clark Aquatic Center in Brownsville, Texas.

The annual underwater robotics competition, hosted by the University of Texas Rio Grande Valley, in partnership with NRD San Antonio, kicked-off a new format to Hispanic Engineering, Science and Technology, or HESTEC, this year.

Twenty-seven high school teams from throughout the Rio Grande Valley participated in the competition which also served a SeaPerch regional qualifier.

According to Dr. Mahmoud Quweider, PhD., associate dean for Outreach and Online Programs, College of Engineering and Computer Science, University of Texas Rio Grande Valley, or UTRGV, will continue to support and promote science, engineering and technology.

"This is very important to the university in order to create the next generation of scientists and engineers who are in big demand but in short supply," Quweider said. "Robotics is becoming more and more important every day for there are numerous applications."

The winner of the competition was Team Millennium Falcon of Los Fresnos High School, with Roma High School placing second and Harlingen Early College High School placing third.

According to Coach Javier Martinez of Team Millennium



BURRELL PARMER

Petty Officer 2nd Class Jesus Escobar (right), assigned to Navy Recruiting Station McAllen, briefs Team Sparky of Harlingen Early College High School regarding the challenge course during the HESTEC 2020 SeaPerch Challenge held at the Margaret M. Clark Aquatic Center in Brownsville.

Falcon, the team's win was a testament of their hard work and dedication.

"They practiced, practiced and practiced to get ready for the competition," said Martinez, whose team placed first in the 2019 HESTEC SeaPerch Challenge. "They were prepared for everything and anything."

SeaPerch Challenge coordinator Milton Hernandez, program manager, Department of Marketing and Communications for UTRGV said the competition continues to foster relationships between schools and motivates students to remain in STEM.

"This year's competition consisted of high school teams

vice a mixture of high school and middle schools," said Hernandez. "We wanted to focus more on high school students as they have demonstrated more of a passion for the program and are getting ready to pursue a higher education."

The new structure for HESTEC, a nationally

"This is very important to the university in order to create the next generation of scientists and engineers who are in big demand but in short supply. **Robotics is** becoming more and more important every day for there are numerous applications."

Dr. Mahmoud Quweider, PhD., associate dean for Outreach and Online Programs, College of Engineering and Computer Science, University of Texas Rio Grande Valley

recognized model for promoting STEM careers in science, technology, engineering and math to students of all ages in the Rio Grande Valley, will feature several events throughout the year at both UTRGV campuses in Brownsville and Edinburg.

NRD San Antonio's area of responsibility includes more than 34 Navy Recruiting Stations and Navy Officer Recruiting Stations spread throughout 144,000 square miles of Central and South Texas territory.

BAMC observes Dr. Martin Luther King, Jr. Day

By Jason W. Edwards

BROOKE ARMY MEDICAL CENTER PUBLIC AFFAIRS

Staff, patients and family members observed Dr. Martin Luther King, Jr. Day Jan. 22 at Brooke Army Medical Center at Joint Base San Antonio-Fort Sam Houston.

"Dr. King's pursuit of freedom, justice, equality and tolerance — regardless of race, creed or color — continues to be an inspiration to us all," said Army Brig. Gen. Wendy L. Harter, BAMC commanding general, in opening the ceremony.

"We owe Dr. King and so many other pioneers of the civil rights movement a tremendous debt of gratitude. If it were not for their unwavering commitment, our nation would be a much different place."

BAMC's Command Sgt. Maj. Thomas Oates was the guest speaker for the event. Oates talked about Dr. King's perseverance and his conviction to stand on his dream.

"I came to ask you, BAMC, what will you stand on when things get rough?"

Oates said. "What will you stand on when the going gets tough? And what will you stand on when you've had enough?"

Oates went on to talk about the importance of imagination in rising above adversity.

"Dr. King was beaten, called 'negro,' stabbed and slain, however he had a belief beyond his torment," Oates said. "He found himself beaten, but saw himself healed. His imagination had him see a better outcome. His imagination allowed him to see this nation rising up and living out the true meaning of his dream. His imagination allowed him to see his four children living in a nation where they are not judged by the color of their skin, but by the content of their character."

Army Command Sgt. Maj. Gabriel Camacho, BAMC Warrior Transition Battalion, closed the ceremony by highlighting Dr. King's dedication to service.

"I'd like you to remember Dr. King's most famous quote," Camacho said. "'What are you doing for others?'"



JASON W. EDWARDS

Brooke Army Medical Center Command Sgt. Maj. Thomas Oates speaks during the Dr. Martin Luther King, Jr. Day observance Jan. 22 at BAMC, Joint Base San Antonio-Fort Sam Houston.

Monthly Events

February

Aquatics

Lifeguard classes held

The JBSA-Fort Sam Houston Aquatic Center holds an American Red Cross Lifeguarding class open to all people age 15 or older Feb. 15-17, 8 a.m. to 5 p.m. Successful completion of this three-day course gives the participant a Certification in American Red Cross Lifeguarding, CPR for the Professional Rescuer, First Aid and Automated External Defibrillator valid for two years at any facility worldwide that accepts Red Cross Lifeguarding. Prerequisites are required. The class is limited to 10 people. For more information or to register, email charles.d.waugh.naf@mail.mil or call 210-221-4887. Additional life guard classes are held March 7, 8, 14, 15, 28, and 29 and April 4. For more information, call 210-221-4887.

Pool is open year-round

Come out to the JBSA-Lackland Skylark Pool for lap swimming Monday from 11:30 a.m. to 1 p.m., and Tuesday-Friday from 11 a.m. to 1 p.m. to enjoy free lap swimming.

Monday-Friday from 4-7 p.m. and Saturday from 1-5 p.m. the JBSA-Lackland Skylark Pool's doors are open for open swim. The cost to swim is \$3 per person and \$2 per person for children younger than 10. For more information, call the Skylark Pool at 210-671-3780.

Bowling

Patrons party under the lights

Get the party started at the JBSA-Fort Sam Houston Bowling Center Feb. 1, 15 and 29, 5-10 p.m. with high tempo pop music, bowling and a glowing light show. The cost is \$3.75 per person, per game. For more information, call 210-221-4740.

Couples take part in a tournament

The JBSA-Randolph Bowling Center holds the sweetheart mixed doubles tournament Feb. 9 at 12:30 p.m. The team composition is one male and one female. The price is \$30 per couple and doors open at noon. Sign up in advance at the Bowling Center. For more information, call 210-652-6271.

Bowlers play at a discount

Come out to the JBSA-Randolph Bowling Center Feb. 15-16 during normal business hours and celebrate the Presidents Day holiday weekend. The special bowling rate is \$2.75 (excluding Strike Club) per game, per person with \$3 shoe rental. For more information, call 210-652-6271.

Bowlers leap into a tournament

Head over to the JBSA-Lackland Skylark bowling center Feb. 29 at 11:30 a.m. for a special Leap Year Tournament format. Bowlers are assigned a starting lane, then each bowler bowls a single frame, leaps to the next lane, and bowls another frame. Participants bowl for one hour and all frames are scored as a single game. The top 25% of men and women advance to a roll-off to determine winners and prize money. Entry fee is \$20. Entries received after Feb. 26 cost \$30. For more information, call 210-671-1234.

Canyon Lake

Boats rentals are half priced

Patrons can rent any boat at the JBSA Recreation
Park @ Canyon Lake in February for half price. The
price includes all required safety equipment such as
life vests but does not include fuel. The rentals are on
a reservation only basis during the off-season. Now is
your chance to take advantage of a less crowded lake and
save money. Patrons must have taken the Boater's Safety
Course through the State of Texas, at the JBSA Recreation
Park @ Canyon Lake or at any Outdoor Recreation
offices on any of the three primary JBSA facilities.
Email jbsamarinasuper@gmail.com for reservations, or
call 210-601-7768 for more information.

Patrons camp out for less

Start the New Year at the JBSA Recreation Park

@ Canyon Lake and rent one of the bunkhouses or
bungalows for half price. Enjoy the cool crisp air at the
lake during the day and at night bask in the warmth of this
cozy one room bunkhouse or bungalow. During the month
of February, patrons can rent one of our lofts for just \$35.
Check out our park during non-peak times and enjoy the
tranquility of the beautiful lake and the soothing sounds
of birds singing throughout the park. You can also fish on
the lake all day or rent a boat and just tour the lake. For
reservations or more information. call 830-964-3576.

Cottages rented at discount rates

During the month of February, cottages cost \$70 per night and Premium Cottages cost \$95 per night at the JBSA Recreation Park @ Canyon Lake. Take advantage of these great rates for any upcoming gatherings. Each cottage has plenty of room for all, with three bedrooms (sleeps eight) and a fully equipped kitchen for family meals. Enjoy the views from the lookouts, burn off some calories on the trails, have a movie night in the living room, the possibilities are endless. These units fill up fast, so call 830-964-3576 to make a reservation.

Clubs

Big Game Party held

Join the JBSA-Randolph Kendrick Club for the best "Big Game" party in South Texas. Gil's Pub opens on Feb. 2 at 4 p.m. During the game, great prizes are given away to members. The food special is eight delicious wings and fries for only \$7 and beverage specials are also available during the game. For more information, call 210-652-3056.

Brunch is offered at the club

The JBSA-Randolph Parr Club hosts Sunday Brunch Feb. 9, from 10 a.m. to 1 p.m. The cost is \$23 for members, \$25 for nonmembers, \$12 for members' children, 6-12 years, \$15 for nonmembers' children, 6-12 years, and free for children 5 years and younger. Brunch consists of breakfast items, lunch items, action stations, salad a seafood station and assorted desserts. For more information, call 210-658-7445.

Bingo fun is at the club

Join the JBSA-Randolph Kendrick Club for Bingo Extravaganza Feb. 10 and 24 with \$15,000 in total jackpots, a complimentary buffet at 5 p.m. and Early Bird bingo at 6 p.m.

Birthday Bingo is held Feb. 11, 7 p.m. Birthday members receive one free machine and cake. This event is for Randolph Club members only and an ID card is required.

Bingo takes place every Sunday at 3 p.m. and Monday—Thursdays at 7 p.m. in the Ballroom. Admission is free for members and nonmembers pay \$10. Members have the chance to win the full jackpot and nonmembers can win a half jackpot. Don't forget to play every Tuesday and Wednesday to qualify for the monthly member prize giveaways. For more information, call 210-652-3056.

January birthdays are celebrated with a buffet

Celebrate your February birthday with us at the JBSA-Randolph Parr Club for a complimentary lunch buffet on Feb. 19 from 11 a.m. to 1:30 p.m. The buffet offers salad, two vegetables, two starches, two entrees and soup. There is no cost for the birthday member. The cost is \$12 for adult guests and \$6 for their children 6-12 years old. Club members that are not celebrating are invited as well and the cost is \$10 for adults, \$5 for their children 6-12 and kids five and younger eat free. Coupons are not accepted. For more information, call 210-658-7445.

Guests fly into the Auger

Come to the JBSA-Parr Club Feb. 21 at 5 p.m. Join the party at the Auger Inn for "old school" camaraderie, free light refreshments and great music. Meet your neighbors folks from other squadrons and leadership. No cover to join the fun. For more information, call 210-658-7445.

JBSAFSS

Community Services

Big game party held

The JBSA-Lackland Skylark Community Center is hosting a big game party Feb. 2 from 4-10:30 p.m. Come be FANatical and view the game on 10 TVs while you cheer for your favorite team and enjoy good food, drink specials, games and fun prizes. This is open to all DOD ID cardholders. For more information, call 210-671-3191.

Dance lessons offered

JBSA-Fort Sam Houston Sam Houston Community Center hosts adult dance lessons Feb. 13 and 27, 6-8 p.m. The cost is \$10 per person or \$15 per couple. A variety of dance styles will be taught in a 2 hour class format. The bar will be open to purchase drinks and reservations are required no later than three days in advance. For more information or to make reservations, call 210-808-6262 or 210-808-6263.

Quarterly flea market held

Find bargains and treasures at the JBSA-Skylark Community Center's quarterly flea market in the Skylark Bowling Center's parking lot Mar. 7 from 8 a.m. to noon. Enjoy shopping, food and music. Sellers can rent spaces for \$10, canopies for \$10 and tables for \$5 each. Vendors are needed. Vendors must register in person Feb. 1-29 with cash only. For more information, call 210-671-3191.

Community Programs

The Harlequin Theater puts on a show

The JBSA-Fort Sam Houston award winning Harlequin Theater presents "The Unexpected Guest" till Feb. 15. This Agatha Christie mystery weaves its way through a tangled web of lies that reveals family secrets and chilling motives as the ghosts of a past wrong begins to emerge.

Cost for military is \$20, Civilians \$22 and students \$18. These shows are sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. Make your reservations today. Group rates available and shows are open to the public. To make reservations and for more information on the show, season tickets, flex passes and children's tickets, call 210-222-9694.

Equestrian Center

Patrons learn the art of horseback riding

The JBSA-Fort Sam Houston Equestrian Center offers riding lessons by appointment, no experience required. The Equestrian Center offers horseback riding lessons for beginners and advanced riders in both English and Western style riding. Therapeutic riding lessons are also available and taught by certified instructors. Horses, saddles, helmets and tack for lessons are provided. Patrons must be at least seven years old. The price is \$40 for group lessons, \$50 for semi-private lessons and \$60 for a private lesson. Lessons are available most days of the week and in the evenings. For more information and to schedule a lesson, call 210-224-7202

Trail rides offered

Come to the JBSA-Fort Sam Houston Equestrian Center

and schedule a trail ride. No experience is required, and times are available every Saturday and Sunday at 10 a.m., 12:30 p.m. and 2 p.m. Trail rides are available for patrons age 7 and older for \$30. Adults must accompany children under the age of 13. Riders must be at least 4 feet, 6 inches tall and weigh no more than 200 pounds. Weekday trail rides, group rides and team-building rides are available during the week by appointment for \$40. To make reservations, call 210-224-7207.



Fitness

Patrons run a 5k in valentine attire

Show all the love and dress up in Valentine attire Feb. 8, 8 a.m., for the JBSA-Fort Sam Houston Jimmy Brought Fitness Center's Valentine's Day 5K Run and Walk. Meet directly behind the fitness center, bldg. 320, on Reynolds Road. This is a free event and open to all DOD ID cardholders, family, guests and leashed pets. For more information, call 210-221-1234.

Racquetball tournament held

The JBSA-Lackland Chaparral Fitness Center invites all DOD ID cardholders age 16 and older to come out Feb. 12 from 11:30 a.m. to 1 p.m. to compete in a free double elimination doubles racquetball tournament. Sign up deadline is Feb. 10. For more information, call 210-671-2401.

Patrons take part in a pull-up competition

Head over to the JBSA-Lackland Gillum Fitness Center Feb. 13 from 11 a.m. to 2 p.m. to compete in a pull up competition. No sign up is required. Please speak to Fitness Center staff to participate. This is a free competition. For more information, please call the Gillum Fitness Center at 210-977-2353.

Patrons push their limits

The JBSA-Randolph Rambler Fitness Center hosts a special run and bike event on Feb. 14 at 8 a.m. at Heritage Park. Push your limits by running a 5K, then biking 10 miles and then running 1.5 miles more. For more information, call 210-652-7263.

Athletes join an exclusive club

Join us at the JBSA-Rambler Fitness Center on Feb. 14 during normal business hours and try to join the 100-Ton Club. The Club consists of members who have lifted 100 tons or more in one day. That's right; patrons must lift 100 tons of weight on any free weight or plate loaded machine in one day. Stop by the front desk and pick up a 100-ton log book to track the weights lifted throughout the day. The 100 tons are made up by taking the amount of weight used for an exercise times the number of repetitions for that exercise. Then add up the totals of every exercise performed throughout the day. If the goal of 100 tons is achieved at some point during the day, then just turn in the log book to the front desk to become a member of the magnificent Rambler 100-Ton Club and earn a T-shirt. For more information, call 210-652-7263.



Patrons start the day with dodgeball

Come to the JBSA-Medina Fitness Center Feb. 21 at 7 a.m. to take part in a dodgeball tournament. Each team consists of ten players and each challenge consist of three 10-minute games. The first team to eliminate the opposing

JBSAFSS

team's members is the winner. If neither team has been eliminated at the end of 10 minutes, the team with the greatest number of players remaining will be declared the winner. The team that wins two of the three challenges moves on to the next round. Deadline to register is Feb. 17. To sign up, email Aprill Evert at aprill evert@us.af.mil, call 210-671-4477 or sign up in person at Medina Fitness Center.

Patrons participate in a lifting contest

Men and women lift 1000 lbs., and 500 lbs., respectively, in a combined bench press, dead lift and squat challenge at the JBSA-Fort Sam Houston Medical Education Training Center Fitness Center Feb. 22 at 1:30 p.m. Check-in is at 10 a.m. sharp and start time is 11 a.m. Prizes are awarded for the heaviest lifts. This challenge is free and open to all DOD ID cardholders age 16 and older. Register at the METC Fitness Center. For more information, call 210-808-5709.

Golf

Big game tournament held

The JBSA-Lackland Golf Course hosts a two player scramble Feb. 2 at 8:30 a.m. Prizes awarded to best gross and net players. Teams are given percentage of low players handicap. Deadline to sign up is Jan 31. Entry fee is \$40 per person and includes prizes and food after play. All players are entered to win a new large screen TV, which is given out after the game. For more information, call 210-671-2006.

Golfers compete in a scramble

The JBSA-Fort Sam Houston Golf Course Warrior Golf Scramble is held Feb. 7, 12:30 p.m. The cost is \$25 for members and \$35 for nonmembers. The fee includes green fee, golf cart, prize money, and social after the round. For more information, call 210-222-9386.

Date night held at the golf course

Enjoy a romantic meal for two at the JBSA-Fort Sam Houston Golf Course Feb. 15, 6-8 p.m. The cost per couple is \$65 with a choice of beef, chicken or fish with sides, a Caesar salad and delectable dessert for two. Reservations are encouraged. Limited to 50 couples. Please call the catering office at 210-221-5863 for questions or to make your reservation.

Golfers compete in a tournament

JBSA-Fort Sam Houston Golf Course is conducting a SWEEPS competition on federal holidays during 2020. The second of these events is Feb. 17, 8 a.m. to noon for the President's Day holiday. Any player having a tee time between the hours of 8 a.m. to noon on a federal holiday is eligible to participate. The entry fee is \$5 per two person team and you can partner with as many players as you want for an additional \$5. For more information, call 210-222-9386.

Presidents Day brings a challenge

The JBSA-Lackland Golf Course challenges all to come out Feb. 17 starting at 8:30 a.m. for an This is an individual stroke plate (Par 3) tournament. Entry fee is \$20 per player with prizes awarded to gross and net players. Fee does not include green fee and cart fee. Players are given a certain percentage of handicap for event. Deadline to sign up is on

Feb. 14. For more information, call 210-671-3466.

The JBSA-Randolph Golf Course invites everyone to come out Feb. 17 from 7-9 a.m. on Presidents Day for an individual low net, low gross tournament. This tournament also serves as a JBSA Cup qualifier. The entry fee is \$10 per person plus green fees and cart rental. To sign up or for more information, call 210-652-4653.



Monthly golf tournament held

Come out and enjoy the second JBSA-Fort Sam Houston Golf Course Monthly Men's Golf Tournament and JBSA Ryder Cup Qualifier Feb. 18, 8 a.m. Entry fee is \$25 plus applicable fees. The tournament is open to everyone that has a Golf Handicap and Information Network* (GHIN) Handicap. Lunch is provided after the round and prizes are awarded for the top finishers. The JBSA Fort Sam Houston Ryder Cup Team competes in a Ryder Cup format in October 2020 against JBSA Lackland and JBSA Randolph Ryder Cup teams. For questions or to enter, call 210-222-9386.

Ladies take golf lessons

Ladies, this is a free, yes a free, program.

The JBSA-Fort Sam Houston Golf Course is offering
Lessons for Ladies every Saturday, 10:15-11 a.m. One of the
golf pros will work on your swing, putt and drive. This is a
great way to either improve your game or find out if golf is
for you. For more information, call 210-222-9386.

Information, Tickets and Travel

Caribbean party held

Join the JBSA-Lackland Leisure Travel office for the

Sandals and Beaches Caribbean Night held at the Gateway Club. The evening includes door prizes, giveaways, Caribbean cuisine and refreshments. Get all the latest information needed to plan your next Caribbean vacation. This is a FREE event but reservations must be made by Feb. 24. For more information, call 210-671-7111, or e-mail your RSVP to info@travelbba.com.

Disney® offers discounts to military

Patrons can purchase tickets from all of the JBSA Information, Tickets and Travel facilities. Disney* is once again providing the Military Salute Tickets to eligible service members Jan. 1 to Dec. 18. The number of tickets that can be purchased is six per military member or retiree ID card. The military member or retiree must accompany their party at the gate to activate the tickets. These are special order tickets and can take up to 14 days for delivery. For more information, call the JBSA-Fort Sam Houston ITT at 210-808-1378, the JBSA-Lackland ITT at 210-671-3059 or the JBSA-Randolph ITT at 210-652-5142.

Casino trips are scheduled all year long

Come to the JBSA-Randolph Information, Tickets and Travel office to sign up for a trip to the Coushatta Casino in Kinder Louisiana. The package includes motor coach transportation from JBSA-Randolph, friendly service from the bus driver and our tour guides, hotel accommodations, continental breakfast and a \$23 casino voucher. The cost is \$130 single occupancy or \$65 per person for double occupancy per tour. The 2020 tour dates are March 17-18, May 12-13 and Nov. 17-18. To sign up, visit us at the Community Services Mall, bldg. 895 or for more information call 210-652-5142 option 1.

The JBSA-Randolph Information. Tickets and Travel office invites you to take a turn-around tour to the Kickapoo Casino, the biggest casino in Texas. Trip includes round trip motor coach transportation, friendly service from the bus driver and tour guides and a \$15 casino voucher. Dates for 2020 are on Feb. 9, April 19, June 14, Aug. 9, Oct. 18 and Dec. 13. The cost per tour is \$35 per person. To sign up visit us at the Community Services Mall, bldg. 895, or for more information, call 210-652-5142 option 1

Patrons attend sporting events at a discount

The JBSA-Lackland Information, Tickets and Travel office offers up to 20% off all Spurs and Rampage home games, with no service fees. Choose your seats and print from Isome. www.spurs.com/lacklanditt. Use promo code: LACKLAND. For more information, call 210-671-3059.

Military & Family Readiness

Workshop helps nominate volunteers for awards

Review criteria for nominating a volunteer to be recognized during the JBSA-Annual Volunteer Awards Ceremony and how to submit a nomination packet during the Volunteer Awards Nomination Writing workshop, Feb. 7 at the JBSA-Randolph Military & Family Readiness Center, Feb. 12 at the JBSA-Fort Sam Houston M&FRC, and Feb. 14 at the JBSA-Lackland M&FRC. All nominations must be submitted by Feb. 21. To register call

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JBSA-Randolph 210-652-5321, JBSA-Fort Sam Houston 210-221-2705, or JBSA-Lackland 210-671-3722.

Workshop provides professional development skills

Whether providing a desk-side briefing to a commander or a diverse audience, the Briefer Training Course addresses how to prepare for and present an effective briefing. BTC is slated for Feb. 12, 8:30 a.m. to 4 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center, and open to all DOD ID cardholders. Registration is required, call 210-221-2705.

Support group for single parents offered

Long- and short-term single parents learn about resources, network with other parents, and participate in open discussions Feb. 12, 11:30 a.m. to 1 p.m. at the JBSA-Lackland Youth Center. A light lunch is provided for registered participants. Call 210-671-3722.

Participants discover home buying strategies

The JBSA-Fort Sam Houston Military & Family Readiness Center hosts a Home Sweet Home: Home-Buying Strategies workshop Feb. 13 from 11:30 a.m. to 1:30 p.m. Lunch is provided for registered participants. Call 210-221-2705.

Participants learn to unlock professional connections

Learn to build a professional profile and maximize networking capabilities during a LinkedIn & Professional Branding workshop, Feb. 18 from 1-3 p.m. at the JBSA-Lackland Arnold Hall Community Center. To register, call 210-671-3722.

Transition assistance now offered for spouses

The JBSA-Randolph Military & Family Readiness Center hosts TAP Too, Feb. 20, 8 a.m. to 3 p.m., a workshop specifically designed to prepare military spouses for the transition from military to civilian life due to the retirement or separation of their service member. Discuss topics that impact our transitioning population, psychological aspects of change, different financial obligations, and more. To register call 210-652-5321.

Military spouses create federal resumes

The JBSA-Randolph Military & Family Readiness Center hosts Ten Steps to Federal Resume Writing for Military Spouses, Feb. 21, 10 a.m. to noon, to help build a federal resume and navigate usajobs.gov. To register, call 210-652-5321.

Students learn money smarts

High school students attend a Money Smarts Youth Rally, Feb. 26, 4:30-6 p.m. at the JBSA-Randolph Youth Center, to learn about the value of money and how it affects all aspects of life. For details, call 210-652-5321.

Outdoor Recreation

Campers rented for the Rodeo

Rodeo season is just around the corner. Avoid expensive hotel bills and rent a camper from the JBSA-Lackland Outdoor Recreation office from Feb. 6 to 23. They have a large assortment of campers, utility trailers and horse trailers to accommodate your rodeo needs. For more information, call 210-925-5532 or 210-925-5533.

Concealed handgun license class offered

The JBSA-Camp Bullis Rod-N-Gun Recreation Center, bldg. 6215, provides License to Carry classes Feb. 8 and 22, 8 a.m. to 1 p.m. Successful completion of this class is required to apply for a Texas CHL. To register, go to: http://www.chlregistration.com and select "Register for Class" and then select "Dan Willis - Leatherneck Arms." Class details are available on-line at http://www.jbsatoday.com.

Archery takes on a new dimension

The Camp Bullis Rod-N-Gun Recreation Center hosts a 3-D archery competition Feb. 22 and 23. Competition registration is 8-10 a.m. and Fun Shoot registration is 8-11 a.m. The Fun Shoot cost is \$5 for E1-E4, active duty or medically retired, \$15 per person for all others ages 13 and older and youth ages 12 and younger shoot for \$5. The competition fee is \$10 for E1-E4, active duty or medically retired. For more information, call 210-295-7577.

Boater's safety class offered

The JBSA-Randolph Community Services Mall encourages you to take advantage of all the great boating available at JBSA Recreation Park @ Canyon Lake. However, boater's safety certification is required for all rentals of boats at the park. Outdoor Recreation in the Community Services Mall (building. 895) offers the classes Monday, Wednesday and Friday from 9 a.m. to 2 p.m. for only \$2 per person. Please allow at least two hours to complete this course. Call 210-652-5142, option 2 for more information.

Youth and Children

Youth register for T-ball

Registration for First Steps T-Ball is held at the JBSA-Fort Sam Houston W. Ed Parker Youth Center and the Patch/Chaffee Youth Center Feb. 3 to Mar. 6 for children ages 3-4. The cost is \$40 per child. All youth must submit a copy of their immunization record (including current flu vaccine) and current annual physical at the time of registration. Skill building begins March 23. For more information or to sign up. call 210-221-5519.

Registration for youth T-Ball and Baseball is held Feb. 3 to Mar. 6 at all JBSA Youth Programs for children ages 5-13. The cost is \$55 per child. Practice begins Mar. 23. All youth must submit a copy of their immunization record (including current flu vaccine) and current annual physical at the time of registration. For more information, call JBSA-Fort Sam Houston at 210-221-5519. For JBSA-Lackland, call 210-671-2510 and for JBSA-Randolph, call 210-652-2088.

Spring break camp registration opens

Registration for the 2020 Spring Break Camp begins Feb. 10 for all three JBSA Youth Programs facilities. Request your spot by logging into MilitaryChildCare.com and select the preferred location. Once a slot is offered, parents need to visit Youth Programs to complete the registration. Fees are based on total family income and all required paperwork must be on file in advance to include immunization records with a current flu vaccination. Offers will be made until camps are full. Spring Break Camp runs March 9 through

 For more information, call JBSA-Fort Sam Houston Youth Programs at 210-221-5151. JBSA-Randolph Youth Programs at 210-652-3298 and JBSA-Lackland Youth Programs at 210-671-2388

Youth play till midnight

The madness continues with snacks, music, basketball and lots of fun at the JBSA-Fort Sam Houston W. Ed Parker Youth Center Feb. 15. Ages 9-10 play from 4-6 p.m., ages 11-12 play from 6-9 p.m. and ages 13-18 play from 9 p.m. to midnight. For more information, call 210-221-3502.

Talent show held

The JBSA-Fort Sam Houston W. Ed Parker Youth Center, Bldg. 1630, hosts the Youth Talent Show. Feb. 15, 3-5 p.m. If you can sing, dance, play an instrument, read poetry or a story, whistle a tune, tumble across the stage or just stand and recite, come show us what you have. This is a family friendly event and an opportunity for all youth and families to perform. Perform your talent or come to watch the show. For more information on the talent showcase, call 210-221-3502.

Parents are offered a break

Youth Programs can give parents that much needed break through the GPAB or PNO Programs. Cost is \$25 per child with a sibling discount or free with a Give Parents a Break referral. The last day to register is the Wednesday prior to the event. See below for more details.

JBSA-Fort Sam Houston hosts Parents Night Out on Feb. 21, from 6-10 p.m. These events take place at the CDC Annex, bldg. 1720, for children ages 6 weeks to 5 years old and at the School Age Program, bldg. 1703, for children (Pre-K) 5 to 12 years of age. To sign up, call CDC Annex 210-221-3835 Main CDC 210-221-5139 or 210-221-5151 for the School Age Program.

JBSA-Lackland hosts Give Parents a Break/Parents Night Out Feb. 22, from 1-5 p.m. For reservations for youth ages 5-12, call 210-671-2388 and for infants/children ages 6 weeks to 4 years, call 210-671-2366.

JBSA-Randolph hosts Give Parents a Break/Parents Night Out Feb. 21 from 6-10 p.m. To register children ages 3-12, call 210-652-3298 and for ages 6 weeks to 2 years, call 210-652-1140.

STAY CONNECTED

Stay current on Joint Base San Antonio 502d Force Support Squadron events, specials and daily activities. https://www.jbsatoday.com



LACKLAND

Air Force Band of the West Airman passionately serves local community

By Senior Airman Dillon Parker

502ND AIR BASE WING

Airman ist Class Ed Knoeckel, an Air Force Band of the West pianist, showcases the unit's values of determination and compassion through his musical talents and impactful volunteer work with local foster children.

Performing on keyboard for the unit's pop, jazz and concerts bands is Knoeckel's primary duty, however, he continuously goes above and beyond as an Airman, said Chief Master Sgt. Martha Garcia, Band of the West Band Manager.

Recent examples of Knoeckel's excellence both on and off duty include him earning his Doctorate in Composition and continually providing a safe place for local foster children awaiting a permanent home.

Knoeckel said the decision to earn a doctoral degree was made due to his passion for research, and his desire to grow as a composer and musician.

"Thankfully I got accepted to George Mason University's Doctorate in Composition program and it was just an amazing experience," said Knoeckel. "My education really helped me become a better communicator, and gave me some of the skills needed to revise and adjust some of our music to suit our variable mission needs."

His adaptable composition skills are well-suited to the unique and diverse mission requirements of the Band of the



Edward Knoeckel (right), U.S. Air Force Band of the West pianist, prepares for rehearsal, Nov. 26, 2019, at Joint Base San Antonio-Lackland.

Airman 1st Class

SARAYUTH PINTHONG

West. In addition to supporting several different types of military ceremonies, the band performs at education outreaches, workshops and clinics in high schools, retirement villages, parades and various veteran events, said Knoeckel.

"I really love our broad mission here," said Knoeckel. "We reach a broad range of audiences in the community including schoolchildren, veterans and retirees. I consider myself a jack of all trades, and it's really inspiring and challenging to meet the needs of our diverse mission."

Mirroring the Band of the

West's commitment to serving a wide range of community members, Knoeckel volunteers in the community in a multitude of different ways.

"My wife and I started talking about what we could do to help in the community and we decided to become certified through a local foster organization," said Knoeckel. "While we aren't quite in a place to give full-time foster care, we try to help foster families out by providing the caregivers with home respite care."

Home respite care involves taking foster children in for a weekend or just for a day or two to give the caregivers an opportunity for a break, said Knoeckel.

"Whenever foster caregivers need a date night or just time to relax, they contact us and we'll either connect them to other providers or the kids can stay at our house," said Knoeckel. "We try to give them an opportunity just to breathe and rebalance when needed."

In addition to providing home respite care, Knoeckel also volunteers at local hospitals to provide companionship for kids without families that can be present.

"Whenever there's a foster kid admitted to the hospital they call out for sitters so someone can be there for them," said Knoeckel. "A lot of these kids come out of abusive homes or they're sick or malnourished and they just need someone to be there to hold them and sing to them. I just try to be a light for them as much as I can, it really touches your heart. Some of these kids have seen so much in their short lives."

"We are incredibly proud of Knoeckel's selfless contributions to the mission and our people," said Garcia. "As an unsung hero, he provides so much to our mission and our community."

The New Year can lead to a better you

By Staff Sqt. Joseph Linzy 502ND AIR BASE WING PUBLIC AFFAIRS

With 2020 underway, many people have fitness goals they would like to accomplish this year and Claudia Holtz. Ioint Base San Antonio-Lackland's Health Promotions Manager, is here to help.

Holtz has 13 years of experience in health and wellness at IBSA-Lackland and knows what it takes for New Year's fitness resolutions to be successful.

"This is not just for the time being, it's a natural lifestyle change," Holtz said, "It takes a while for us to learn those changes to keep that habit going."

When changing your lifestyle by implementing fitness into your daily schedule, Holtz believes it is important to write down goals that are specific, measurable, attainable, realistic and timely. These are known as SMART goals.

Before going to the gym and using every machine available, Holtz recommends completing a wellness consultation to understand your fitness habits. Health Promotions also has the latest technology to help you develop a plan to achieve fitness resolutions.

Holtz says, regardless of your goals, she recommends using the Bod Pod, a body fat composition test. For more in-depth testing, Holtz suggests using the InBody testing which yields similar results to the Bod Pod, but testing is broken down by different sections of the body.

"That's good for people who've been in rehab and they're imbalanced somehow,"

These tests also help to understand your strengths and weaknesses to reduce the risk of injury.

So what are some things you can do to ensure your fitness goals will be reached?

Sleep is an important factor in fitness. Holtz says that a lack of sleep can lead to increased weight gain. She recommends at least seven hours of uninterrupted sleep.

Also, having a well-balanced diet is key to seeing results. For members who work long hours, Holtz suggests preparing meals for the workweek to avoid eating out.

She adds that you should also consume at least 1 gallon of water per day so that your body does not confuse thirst for hunger, which causes overeating.

For those who are always away from home, Health Promotions offers many options for eating while traveling. They have a variety of workouts to do when gym equipment is not available.

Holtz says if you are not seeing results, get a reassessment screening or retrieve information from other places on IBSA-Lackland. The Military & Family Readiness Center, Behavioral Health and the Nutrition Clinic are all valuable resources.

Know that you do not have to work towards your goals alone.

Holtz says it is best to surround vourself with people who support your goals, so dependents and family members are also eligible to visit Health Promotions. Holtz says she loves meeting new people and is ready to help you reach your goals.

"This is my passion," Holtz said. "I live and breathe this.'

Health Promotions is located at the IBSA-Lackland Warhawk Fitness Assessment Center. For more information, visit https://jbsatoday.com/LAK-Warhawk -Fitness-Center.



With 2020 underway, many people have fitness goals they would like to accomplish this year and Claudia Holtz, Joint Base San Antonio-Lackland's Health Promotions Manager, is here to help.

RANDOLPH

12th MXG focuses on hiring for upcoming missions

By Airman 1st Class Shelby Pruitt

502ND AIR BASE WING PUBLIC AFFAIRS

The U.S. Air Force maintainer career field at JBSA-Randolph is a strictly civilian, fast-paced, 24/7 operation which includes aircraft mechanics, aircraft engine mechanics, avionic technicians, egress technicians and many more positions.

Since the beginning of last year, the 12th Maintenance Group has made a huge hiring push. The need for maintainers is a direct result of several new missions being assigned to JBSA-Randolph and the 12th MXG, including the arrival of the T-7 Red Hawk. in 2021.

Roderick "Hutch" Hutchinson, 12th MXG flight programs and resources supervisor, is primarily in charge of the hiring process.

"I plan, coordinate, and oversee resources involving manpower, human relations, transportation, facilities and information technology needs for the unit," he said.

To keep manning sustained, a five-year 'Direct Hiring Authority' initiative was implemented in May 2019. This allows the 12thMXG to physically go out to recruit. Hutchison and the 12th MXG team use multiple hiring techniques.

"We reach out to the local communities, colleges and universities to set up meet and greets, discussing who we are and what we do," he said. "We also use the Air Force Civilian Service Talent and Acquisition Team by attending their sponsored hiring events."

Through these techniques, the 12th MXG has successfully



AIRMAN 1ST CLASS SHELBY PRUIT?

Seven Hallmark University College of Aeronautics graduates, and new hires for the 12th Maintenance Group, Joint Base San Antonio-Randolph, show off their new 12th MXG gear during their graduation ceremony Jan. 23.

recruited 112 new hires since January 2019 and just recently, seven Hallmark University graduates.

"I never would have thought about working for the 12th Flying Training Wing if it hadn't been presented to me that one day in class," said Bethany Dickey, one of the new hires. "It was the best opportunity for me with interesting work, job security and a chance to be a part of something bigger."

Members of the 12th MXG attended the class's graduation Jan. 23. There, they presented the new hires with official 12th MXG hats, shirts and coins, and gave them the opportunity to meet 12th MXG leadership.

"The ceremony was nicer than anything I've ever seen done here," Dickey said. "I know it was beneficial for students watching too, because they see that people ahead of them are getting jobs and what they are doing isn't for nothing — it's incredibly motivating."

This ceremony is the first of its kind for the 12th MXG, although they expressed interest in adopting this event for every new hire. A significant part of the hiring push is the amount of females hired. Primarily, the Air Force maintenance career field is male dominate but four out of the seven new members are female.

"It's cool because in class, we kind of formed a group and worked together through the class; and now, we get to move onto this opportunity together as well." Dickey said.

In addition to hiring personnel who obtain a certification in the field or have prior experience, the 12thMXG also offers a developmental program called "Grow your Own." This is solely for people who have the aptitude to learn the trade and join the maintainer ranks.

"We train and provide classes to these individuals, all while assigning them to intern with a current mechanic to learn hands-on from a professional in a one-on-one setting," Hutchison said. "Eventually, the apprentices rank up and begin to complete tasks on their own.

For more information about joining the 12th MXG team, call 210-652-6804.

AF civilian celebrates half-century of service

By Angelina Casarez

AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

It was 1965 and she was in her early 20s working as a city employee in the welfare department when she saw an opportunity to work for the federal government as an Air Force civilian.

During that time, Mary O. Price saw limited options for women in the workplace; but several months after applying, she got the call she hoped for and was hired as a general schedule two, or GS-2. Little did she know her career would extend more than a half-century.

"I was excited, not only for a new opportunity but for more pay," Price said.

Her federal service career began as a clerk typist at the former Kelly Air Force Base in San Antonio, Texas, working in an air terminal unit.

"We used key punch processors for aircraft manifests," Price said, recalling the verification process for cargo, specifically hazardous materials. "I remember using a teleprinter to send and receive messages to and from bases so they would know when aircraft departed or arrived."

Teleprinters in the 1960s were similar to manual typewriters while keypunch machines produced Braille-like cards. Both have very different functionalities than today's smartphones or tablets.

During the Vietnam era in the mid-1960s, Kelly Air Force Base was an air materiel port that began supporting Southeast Asia on a 24-hour basis, supplying parts within the United States and overseas.

After a few years of working in San Antonio, Price took a short break before accepting another federal service job at Sheppard AFB in Wichita Falls, Texas. After getting married to an Air Force non-commissioned officer who



Mary O. Price is presented the Certificate of Service from Chief Master Sqt. Clinton Wilkerson, friend and presiding official of Price's retirement ceremony, Jan. 10 at Joint Base San Antonio-Randolph, Texas, Price retired after 52 years of dedicated service.

was a KC-135 aircraft maintenance instructor, her family got orders to Dyess Air Force Base in Abilene, Texas.

Sheppard provided technical training for many of the Air Force's newest Airmen. Price recalled her leadership calling on her often as a subject matter expert to train and mentor technical school students in the administrative career field.

Although Price didn't serve on active duty, she attributes a lot of her success to learning and understanding military lingo.

"My focus has always been supporting the troops. knowing how to speak their

language and understanding the acronyms," Price said. "I've always felt like I'm part of their team."

In 1973, Price returned to San Antonio, working at Randolph Air Force Base. As a wife and mother, she balanced home life with two children while attending night and weekend classes. In 1985, she accomplished a significant milestone when she completed her bachelor's degree in Liberal Arts at Southwest Texas University, in San Marcos, Texas.

Price says that one of the most memorable experiences of her career was crossing paths with Brig. Gen. Kenneth R. Fleenor, for whom an auditorium is named at Randolph Air Force Base.

According to his Air Force biography, Fleenor's aircraft was shot down on Dec. 17, 1967, and he was captured over North Vietnam near Hanoi where he remained a prisoner of war for more than five vears.

After repatriation in 1973, he held several positions at Randolph Air Force Base, was promoted to brigadier general in 1978 and retired from the Air Training Command in

Price is grateful for her opportunities to meet senior leaders, especially Fleenor.

Although selfies didn't exist in the 1970s, her memories of planning briefings and ensuring protocol for senior leader dignitaries, including Fleenor, have staved with her. Every time there's a briefing in the Fleenor Auditorium, it's a joyful reminder for Price that she is part of history.

On Jan. 10, more than 100 civilian and military Airmen and her family gathered to honor Price's 52 years of service and celebrate her retirement from the Air Force.

Although Price didn't give much thought to pursuing a career expanding a half-century, she loved the jobs she held and the Airmen she met. That's what kept her going.

Chief Master Sgt. Clinton Wilkerson, her friend and the presiding official of Price's retirement ceremony. described Price as someone who has seen the evolution of the Air Force.

"She's walked the path of the past and is telling those Airmen's stories today, in the present," said Wilkerson.

"For Mary it has always been about the Airmen. It's always been about her young troops," Wilkerson continued. "Her leadership called upon her to lead those Airmen and she did just that."

Price has spent the past 20 years at the Air Force's Personnel Center working in human resources, and although it's a bittersweet departure, Price says she'll be nearby and ready to visit the Airmen she's helped lead.

As she said her final goodbye to the service that she's loved for so many years, she left behind one final bit of advice to her Airmen. affectionately known as "kiddos."

"We are here to support each other," Price said. "Treat everyone the way you wish to be treated and pass on your knowledge. Keep doing what vou're doing, it's important,"

JBSA gatecrashers drop 3 years in a row, 502nd SFG reports

By Brian Lepley

502ND AIR BASE WING

Height of morning rush hour, Joint Base San Antonio -Randolph, Jan. 21, main gate. A retired Air Force NCO hands his ID card over at 7:40 a.m.

Less than two hours later a Bexar County Sheriff is taking the man out of the 902nd Security Forces Squadron's jail cell.

The handheld scanner pinged the individual's card, revealing several pending charges in a neighboring state.

Department of Defense installation security has had a tough several weeks. Active shooting incidents Dec. 4 at Pearl Harbor, Hawaii, and Dec. 6 at Pensacola, Florida, took six lives and injured nine. At Joint Expeditionary Base Fort Story, Virginia, Nov. 30, a gate runner flew through the exit gate, striking a security vehicle and killing its Sailor occupant.

The 502nd Security Forces Group is responsible for JBSA security, security that starts at



SABRINA FINE

Airman 1st Class Deshaunte London, 902nd Security Forces Squadron, scans an ID card on Joint Base San Antonio-Randolph.

each installation gate.

Col. Jeffrey Carter, 502nd SFG commander, reported this month that unauthorized entry attempts fell for the third straight year at JBSA.

"There was a 35 percent drop from the 2018 totals with 56 breach events occurring at our gates last year," he said. "By location, Fort Sam Houston had over half (29) of those, which we attribute to the fact its roadway system is still designed as part of the surrounding city roadway system. People who are lost find their way to our gates there."

The number of breach attempts was 86 in 2018, which

fell from 98 in 2017.

"We've tightened up procedures for our expert military and civilian Defenders at the gates in how they deal with drivers that have no access rights," Carter said. "The bollards, the flashing lights, the tiger teeth have all been effective.

"We've had some drivers with ruined tires from the tiger teeth trying to get in through the exit."

Airman 1st Class DeShaunte London has spent two years at the Randolph gates as a 902nd SFS member. He chalks up potential gate breaches mostly to not being aware of the military's vigilance.

"You have people that used to be in the military that try to get on with a VA card or say they used to be stationed here and want to look on base," he said. "People say they forgot their ID card. You deal with pretty much every person you can think of."

Smart phone apps seems to have made both some base employees forget the rules as well. "The delivery service guys, like GrubHub, Door Dash, they can't get a pass or get through because the person that ordered the food isn't here to get them a pass," London said. "People just order and think they're going to get it, but no."

Then there's the folks like the gentleman on Jan. 21 who believed his retiree ID card wasn't going to be linked to his criminal wrongdoing. Without fail, Carter says, anyone attempting to access JBSA gates with pending charges will be turned over to local police.

"The DBIDS (Defense Biometric Identification System) is going to flag anyone that has wants or warrants," said Capt. Nathan Bratka, 902nd SFS operations officer. "It will flash red, list the record, whether charges are still pending. We had 87 instances of that at our Randolph gates in 2019."

Employing multiple measures like technology, people, and deterrents like tiger teeth, speed humps and lighting, Carter and his Airmen keep IBSA gates secure.

JBSA-Randolph dentists offer free exams, cleanings

By Brian Lepley

502ND AIR BASE WING PUBLIC AFFAIRS

"Give Kids A Smile" Day offers free dental exams and cleanings to children age 13 and below of active duty and retired military Feb. 21 at the dental clinic at Joint Base San Antonio-Randolph.

"First dental checkups can have a huge impact on children. Early detection can also avoid serious dental problems in the future," said Lt. Col. (Dr.) Stephen Gasparovich. "We want to create a positive first impression on the children so that they look forward to seeing a dentist regularly while helping parents help their children form healthy dental habits."

The Centers for Disease Control and Prevention report that one in four children ages 2 to 11 has untreated cavities in their baby teeth. Gasparovich warns that delaying a child's first dental visit can allow cavities to develop.

"Preventive care is critical to maintaining good dental health and overall well-being," Gasparovich added.

Appointments can be made by calling 210 652-1846. Space is limited.

