

JBSA LEGACY

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JOINT BASE SAN ANTONIO

MARCH 30, 2018



PHOTO BY MINNIE JONES

A 433rd Airlift Wing Reserve Citizen Airmen aircrew prepare to discuss the mission of the wing and the C-5M Super Galaxy at the "Sky's the Limit-Girls Fly Too" Airshow at Abbotsford International Airport in British Columbia, Canada, on March 10.

Alamo Wing supports Canadian airshow

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JBSA welcomes Microsoft Software, Systems Academy

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When it comes to alcohol, practice makes imperfect

By Randall S. Wallace

JBSA-LACKLAND ALCOHOL AND
DRUG ABUSE PREVENTION AND
TREATMENT (ADAPT) PROGRAM

I know the title of this article goes against a common cliché. Parents, teachers, coaches, and instructors have instilled in our minds in order for us to be perfect, we must practice. Why? Because “practice makes perfect.”

I began playing the saxophone in the sixth grade. I had to invest much time, dedication, discipline and money into practice in order to become proficient. Practice was rarely fun, but it was always hard work.

In the process of time, my skills improved and I could play with a band. Because of this, I generally agree with the old cliché.

However, I have come across one activity in which practice makes imperfect ... drinking alcohol.

In sports, stagnant novices rarely commit sufficient time to hone their skill. They typically see practice as too boring and time-intensive. Stagnant novices partake in the activity only when convenient and rarely spend large sums of money concerning the skill.

Conversely, professionals establish routines. Practice becomes a lifestyle. They invest money in tools/aids to enhance their skills. As a result, mistakes are eliminated, or at least minimized, and abilities are increased. This is a common result of true practice.

Recently retired NBA player Kobe Bryant had a legendary practice routine. One aspect of his routine was to make 400 shots a day. As an amateur player, I don't think I've shot that much in a month. Does this concept translate to drinking?

Imagine practicing 10 shots

COMMENTARY

of liquor every Friday and Saturday in order to increase your abilities, some of you don't need to imagine.

Novice drinkers would likely pass out before getting to the eighth drink. Their natural defenses, or average tolerance level, would protect them from ingesting more alcohol by knocking them unconscious. This is known as passing out and it prevents further bodily damage (just watch out for the suffocating vomit). The next day, the beginner decides less is more and becomes satisfied with “amateurism.”

The mythical “Alcohol Master” may not feel intoxicated even after 10 drinks, which is assumed to be increased skill. Truthfully, the body's natural defense mechanisms have been short-circuited. This malfunction leads to crescendo drink-

ing and mistakes such as hangovers, injuries, fights, DUI, poor health, physical addiction and other ailments. The more you practice drinking, the more mistakes are made.

When it comes to drinking, you are at your best as a “stagnant novice.” High tolerance is not a skill. It is often a sign of excessive time, dedication, discipline and money being misplaced into alcohol.

If you have a routine of binge drinking and have increased your tolerance, break the routine. This is not true practice. You can never become a “good” heavy drinker. If you cannot get better with increased practice, stop working so hard to improve.

If you are thinking to yourself, “I have fun when I drink” or “drinking is not hard work,” then you just proved my point. As I stated earlier in this article, true practice is rarely fun and always hard work.

JBSA LEGACY

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Learn the dangers of opioid pain medications

By Greg Chadwick

AFMC HEALTH AND WELLNESS

Pain is the most common reason people seek medical treatment.

According to the National Institutes of Health, more than 1 in 10 Americans have chronic pain or pain every day for the preceding three months. When used as directed by your physician, opioid medications safely help control acute pain.

However, there are risks when the medications are used incorrectly. The National Institute on Drug Abuse reported more than 17,000 deaths were attributed to overdosing on commonly prescribed opioid medications in 2016, the latest year for which statistics are available.

And for every death, more than 30 people are admitted to the emergency room as the result of opioid complications.

“Using opioid pain medications can have some serious side effects,” states Steven Callon, Air Force Materiel Command Drug Demand Reduction Program Manager.”

Prescription opioids can be an effective form of pain management but carry serious risks of addiction and overdose, especially with prolonged use. This question-and-answer guide explains why they are danger-

ous.

What are opioid medications? Prescription opioids are powerful pain-reducing medications often prescribed following surgery or injury, or for painful health conditions such as cancer.

How do opioids affect the brain and body? Opioid drugs work by binding to opioid receptors in the brain, spinal cord and other areas of the body. They reduce the sending of pain messages to the brain and inhibit the transmission of pain signals. They also affect the brain areas that control emotion, which helps diminish the effects of a painful stimulus. For this reason, opioids medications can be addictive.

What are possible side effects of prescription opioids? Possible side effects that may occur are: developing a tolerance to the drug, causing you to take more of the medication for the same level pain relief; physical dependence; increased sensitivity to pain; constipation; nausea; vomiting; dry mouth; sleepiness and dizziness; confusion; depression; itching and sweating.

Why are opioids dangerous? Respiratory depression is the chief hazard associated with prescription opioids. Opioids can slow down breathing, depriving the body of oxygen which can lead to accidental over-

dose or death. It is dangerous to combine opioids with other medicines or drugs that cause sleepiness, in particular alcohol, sleeping pills and anti-anxiety medications because this can increase the respiratory depression caused by opioids.

What treatment options are available to manage pain without prescription opioids? Talk with your doctor about ways to manage your pain that don't involve prescription opioids, such as physical therapy and exercise, massage therapy, cognitive behavioral therapy, meditation and relaxation, acupuncture, chiropractic and yoga.

What support services are available for someone struggling with prescription opioids? If you or someone you know is struggling with opioid pain medications, free confidential consultations and referrals are available for AF civilian employees, members of the military, and their family members. Services are available 24 hours a day, 7 days a week.

Civilian employees may contact the Employee Assistance Program at (800) 222-0364, or visit the EAP website at FOH4You.com.

Active-duty personnel can contact Military OneSource at 800-342-9647, or visit militaryonesource.mil.

Courts-martial, crime and punishment at JBSA

From Joint Base San Antonio Legal Offices

The Joint Base San Antonio Judge Advocate General completed three Air Force courts-martial during the month of February. The results of a court-martial are not final until the clemency and/or appeals process is completed.

All courts-martial are open to the public and a list of upcoming courts-martial can be found at the United States Air Force Judge Advocate Generals website at <http://www.afjag.af.mil/About-Us/Docket>.

U.S. vs Airman Basic, 343rd Training Squadron, JBSA-Lackland: The airman was tried by a general court-martial Feb. 12 at JBSA-Lackland. The airman was tried by military judge, on a specification of attempting to commit lewd acts with a child and a specification of attempting to receive child pornography in violation of Article 80 of the Uniform Code of Military Justice; a specification of abusive sexual contact in violation of Article 120, UCMJ; and three specifications of sexual assault in violation of Article 120(b), UCMJ. The airman pled and was found guilty of all charges and specifications and was sentenced to forfeiture of all pay and allowances, 50 months confinement and a dishonorable discharge.

U.S. vs. Airman First Class, 343rd Training Squadron, JBSA-Lackland: The airman was tried by a special court-martial Feb. 22, by Military Judge, on a specification of dereliction of duty for underage drinking in violation of Article 92, UCMJ; a specification of being drunk and disorderly in violation of Article 134, UCMJ; and four specifications in violation of Article 112a, UCMJ, for distributing alprazolam and marijuana, using marijuana and possessing marijuana. The airman pled and was found guilty of all charges and specifications and was sentenced to reduction to E-1, forfeiture of \$600 pay per month for three months, 100 days confinement and a bad conduct discharge.

U.S. vs. Airman, 802nd Security Force Squadron, JBSA-Lackland: The airman was tried by a general court-martial Feb. 20 by a panel of officers and enlisted and was found not guilty of two specifications of sexual assault in violation of Article 120, UCMJ.

During the month of February, JBSA Air Force and Army commanders administered a number of non-judicial punishment actions under Article 15 of the UCMJ.

The punishments imposed reflect the commander's determination of an appropriate punishment after considering the circumstances of the offense and the offender's record.

A "suspended" punishment does not take effect unless the offender engages in additional misconduct or fails to satisfy the conditions of the suspension. The suspension period usually lasts six months unless a lesser amount is specified.

The following are some of the Air Force and Army non-judicial punishment actions that closed out during February.

Assault with unloaded firearm: An airman basic in technical training committed assault on another airman by touching an unloaded firearm to his neck and pulling the trigger. The member received a forfei-

ture of \$799 pay per month for two months (with one month suspended), 30 days base restriction and a reprimand.

Dereliction of duty; false official statement: An airman first class was derelict in her duties in that she used another Airman's URE answers as her own for an exam and altered a quarters slip with intent to deceive. The member received reduction to airman (suspended), base restriction for 21 days and a reprimand.

Dereliction of duty: An airman basic in technical training willfully failed to refrain from drinking alcohol while in basic training phase and failed to return to his dorm room by call to quarters. The member received a forfeiture of \$819 pay per month for two months (with one month suspended), 30 days base restriction and a reprimand.

Underage drinking: An airman basic in technical training drank under the legal age of 21. The member received a reduction to airman (suspended), a forfeiture of \$819 pay per month for two months, base restriction for 30 days and a reprimand.

Underage drinking; use of false ID: An airman basic in technical training drank under the legal age of 21 and presented a false ID to do so, representing himself to be of legal drinking age. The member received a forfeiture of \$965 pay per month for two months (with one month suspended) and a reprimand.

Dereliction of duty: An airman first class was found parked in a mobile patrol vehicle, armed and asleep while on duty. The member received extra duty for 30 days, reduction to airman (suspended) and a reprimand.

Dereliction of duty: A senior airman was found parked in a mobile patrol, armed and asleep while on duty. The member received reduction to airman first class (suspended), forfeiture of \$500 pay per month for two months (with one month suspended) and a reprimand.

Disrespect toward a superior commissioned officer: An Army sergeant first class (E-7) was found guilty of one specification of disrespect toward a superior commissioned officer. The NCO received a forfeiture of \$578 for one month.

Adultery: An Army master sergeant was found guilty of one specification of adultery and a forfeiture of \$1,000 for one month.

Absence without leave and previous over indulgence: An Army sergeant (E-5) was found guilty of one specification of absence without leave and one specification of previous over indulgence. The sergeant received a reduction to specialist (E-4), forfeiture of \$1,260 suspended for 30 days, extra duty for 30 days, restriction for 30 days to the limits of the company area, dining/medical facility, and place of worship and an oral reprimand.

Accessory after the fact: An Army private (E-1) was found guilty of one specification of being an accessory after the fact. The private received a forfeiture of \$382 for one month, was suspended for 180 days, had extra duty for 7 days, restriction for 7 days to the limits of the company area, dining/medical facility, and place of worship and an oral reprimand.

Failure to obey order or regulation: An Army

private first class (E-3) was found guilty of one specification of failure to obey order or regulation. The private received extra duty for seven days and an oral reprimand.

Larceny and wrongful appropriation: An Army specialist was found guilty of two specifications of larceny and wrongful appropriation and received the following punishment a reduction to private first class.

Wrongful use of a controlled substance: An Army sergeant was found guilty of one specification of wrongful use of a controlled substance and received a reduction to specialist, forfeiture of \$1,267, suspended for 30 days, extra duty for 45 days and a written reprimand.

Failure to obey order or regulation: An Army Sergeant First Class (E-7) was found not guilty of failure to obey an order or regulation.

Fleeing the scene of an accident: An Army specialist was found guilty of fleeing the scene of an accident and received a reduction to private first class, forfeiture of \$507, suspended for 90 days, extra duty for 14 days, restriction for 14 days to the limits of the company area, dining/medical facility, and place of worship and an oral reprimand.

False official statement and wrongful use of a controlled substance: An Army specialist was found guilty of two specifications of false official statement and one specification of wrongful use of a controlled substance and was reduced to private, assigned extra duty for 45 days and received an oral reprimand.

Failure to obey order or regulation, indecent language and disorderly conduct: An Army private (E-2) was found guilty of one specification of failure to obey order or regulation, indecent language and disorderly conduct. The private received a reduction to private (E-1), suspended for 90 days, forfeiture of \$382, suspended for 90 days, extra duty for 14 days, restriction for 14 days to the limits of the company area, dining/medical facility and place of worship and an oral reprimand.

Absence without leave: An Army specialist was found guilty of two specifications of absence without leave. The specialist received a forfeiture of \$581.

Failure to obey order or regulation: An Army specialist was found guilty of two specifications of failure to obey order or regulation. The specialist received extra duty for 14 days, restriction for 14 days to the limits of the company area, dining/medical facility, and place of worship and an oral reprimand.

Failure to obey order or regulation: An Army sergeant was found guilty of one specification of failure to obey order or regulation. The sergeant received a forfeiture of \$772, suspended for 180 days, extra duty for 14 days and suspended for 180 days.

The punishments imposed reflect the commander's determination of an appropriate punishment after considering the circumstances of the offense and the offender's record. Officers may not be reduced in rank as a punishment. A suspended punishment does not take effect unless the offender engages in additional misconduct or fails to satisfy the conditions of the suspension. The suspension period usually lasts for six months unless a lesser amount is specified.

JBSA confronts child abuse with activities throughout April

By Robert Goetz
502ND AIR BASE WING PUBLIC AFFAIRS

Child abuse is an all-too-common problem, affecting nearly 700,000 children in the United States annually, according to the National Children's Alliance, an organization that serves as a voice for abused children.

The problem of child abuse — and how to prevent it — will come into sharp focus throughout Joint Base San Antonio during April, when the installation observes Child Abuse Prevention and Awareness Month.

The month will be filled with activities ranging from festivals that celebrate the family to events that help parents build healthy relationships with their children and train adults to prevent and recognize child sexual abuse.

JBSA's Family Advocacy Program, which works every day to protect children, will be at the forefront of the month's events.

"There are a lot of resources for parents at JBSA that help them improve communication with their children," said Gina Ramirez, JBSA-Randolph outreach/resiliency coordinator.

In addition to Family Advocacy, those resources include chaplain offices, mental health services, Military and Family Life Counselors, child development and youth centers, and Military OneSource.

"Family Advocacy's emphasis is on prevention," Ramirez said.

The "Cardboard Kids" will be in the spotlight April 5, national Wear Blue Day in support of child abuse prevention. On that day, 2-foot-tall cardboard figures representing victims of child abuse will be placed at various locations throughout JBSA and remain on display for the rest of the month.

ChildSafe San Antonio, a trauma-focused care center for child victims and child survivors of abuse and neglect, created the Cardboard Kids Campaign to raise awareness of child abuse.

Another installation-wide event is a parenting workshop from 9 a.m. to 3 p.m. April 21 at JBSA-Lackland's Skylark Community Center.

"The workshop is a part of the Family Endeavors Operation: Parent Strong enrichment program for military families with children up to age 17," said Chantelle Stoops, JBSA-Lackland FAP outreach manager.

The workshop will be a blend of topics that Family Advocacy recognizes as common stressors of parenting, Stoops said.

"The workshop will engage parents through activities, discussion and problem-solving," she said. "Family Advocacy and Family Endeavors hope that parents leave the workshop with the tools necessary to overcome parenting challenges."

Two family-oriented events with participation by the FAP are scheduled April 7: Baseball Opening Day and Month of the Military Child Celebration from 9 a.m. to 2 p.m. at JBSA-Fort Sam Houston's Dodd Field Youth Sports Complex and Famaganza from 10 a.m. to 2 p.m. at JBSA-Randolph Youth Programs. JBSA-Lackland's Celebrate Kids festival is planned from 10 a.m. to 2 p.m. April 14 at the Lackland Youth Center.

The JBSA-Fort Sam Houston FAP will collaborate with Clarity Child Guidance Center, a nonprofit mental health treatment center specializing in children ages 3-17, on the Strong Minds and Happy Hearts event from 8 a.m. to noon April 7 at TriPoint Center, 3233 N. St. Mary's St. in San Antonio. The event will address

the mental, emotional and behavioral problems of children, how parents can work with their schools, how military families can get help and other topics.

Another event geared specifically to adults is scheduled from 11:30 a.m. to 1:30 p.m. April 9 in the JBSA-Randolph Medical Clinic dental conference room. Stewards of Children training teaches adults how to prevent, recognize and react responsibly to child sexual abuse.

"This video-based training is for parents, teachers, Military and Family Life Counselors, mental health professionals, pediatricians and others," Ramirez said.

During two preschool story time events — 10 a.m. April 4 at the JBSA-Randolph Library and 10 a.m. April 12 at JBSA-Fort Sam Houston's Campbell Memorial Library — children will hear a story and participate in a craft activity while parents receive information on child abuse prevention and reporting.

The month will conclude with the United Way Kids Festival from 11 a.m. to 3 p.m. April 28 at Lockwood Park, 801 N. Olive St. in San Antonio. The free community event will feature more than 65 booths with information and children's activities.

Joint Base San Antonio APRIL 2018 Sexual Assault Awareness and Prevention Month

April 3rd - Proclamation Ceremony, Sexual Assault Awareness and Prevention Month

1330, Student Academic Center, JBSA-Fort Sam Houston (Open to All)
Senior leaders from each service branch will come together to mark April as Sexual Assault Awareness and Prevention Month (SAAPM) for the Joint Base San Antonio community. Guest speakers, recognitions and refreshments. For more information, call 808-8977.



April 5th - "Drive Out Sexual Assault" Golf Tournament

Gateway Hill Golf Club, JBSA-Lackland, 1130 Check In, 1230 Start Time (Open to All)
Join Come join us for the 6th annual "Drive Out" Sexual Assault golf tournament, an event to heighten awareness and show support to those affected by sexual assault. The format is a four person scramble with prizes for 1st, 2nd, and 3rd place finishers, longest drive and closest to pin. To register, email usaf.jbsa.502-abw.mbx.502-abw-sarc-workflow@mail.mil or contact JBSA office at 671-7273. Registration ends 22 March 2018.

April 5th - "Take Back Our City" San Antonio Sexual Assault Awareness and Prevention Art Exhibit

1900-2100, (Open to All) Location: San Antonio College, 1819 N. Main Ave., San Antonio, TX 78212
JBSA in partnership with the Rape Crisis Center will display sexual assault-themed artwork to raise awareness and spark conversation about sexual assault. Event includes literature and resources, live music, slam poetry, and a candlelight vigil. For more information and location, please contact (210) 221-7577.

April 7th - 4th Annual Student Poetry Slam

1730, METC Student Activity Center (basement), JBSA-Fort Sam Houston (Audience participation Open)
Use Your Words to Heal and Prevent Sexual Harassment and Sexual Assault. This poetry competition will feature original works by Army, Air Force and Navy students while their peers judge from the audience. Free food, drinks and door prizes. For more information, please contact 875-1284 or 542-4115.

April 7th and 8th April - "Strike Out Sexual Assault" Bowling Events, (Open to Students ONLY)

4/7 - 1545, Lackland Skylark Bowling Center, 1610 Luke Blvd., JBSA-Lackland
4/8 - 1230, Fort Sam Houston Bowling Center, 2521 Schofield Road, JBSA-Fort Sam Houston
Come Join the JBSA Community and come "strike out" sexual assault! An event to heighten awareness and show support to those affected by sexual assault. Each participant will leave with bowling goodies and have a chance to win prizes. Register by 30 March 2018. Fort Sam Houston: Army: (210) 643-4061, Navy: (336) 972-3595, Air Force: Contact MTL at Air Force Dorms Lackland: Contact your Military Training Leaders or call 671-7273.

April 14th - 3rd Annual Student SAAPM Color Run (Open to Students ONLY)

0900 - Registration, 0900 Race Time, METC Fitness Center, JBSA-FSH
Hosted by the Navy METC, the SAAPM Color Run aims to raise awareness about sexual violence and spread the message of the teal ribbon campaign to students in training. All service branch technical/AIT students are welcome. Please wear white t-shirt. For more information contact 210-916-3847.

April 19th - SHARP/SAPR Summit

0700 - Registration Fort Sam Houston Community Center, JBSA-FSH (By Invitation Only)
ARNORTH hosts a joint leader and first responder summit to discuss current topics in sexual assault awareness and prevention. Nationally known speaker specializing in crimes of interpersonal violence followed by live interactive training that allows leaders an immediate sense of what inclusion feels like, while providing tangible behaviors and skills set that they can model throughout their command. For more information, contact 210-295-0560 or 221-0596.

April 21st - JBSA Color Run SAAPM 5K Run/Walk

0700 - Registration: 0800 - Races start, Aquatics Center, JBSA - Fort Sam Houston (Open to All)
5K "Paint the Post Teal" Color Run/Walk. A SAAPM Color Run to raise public awareness about sexual violence and spread the message of the teal ribbon campaign. Wear a white t-shirt. To register - www.athletelguld.com/running/fort-sam-houston-tx/2018-paint-the-post-teal-for-saapm-2018. Call 432-272-9995 for more information.

April 26th - "Survivor Challenge"

1300 - 1500, JBSA-Randolph, HQ AFPC starting point with end at Rambler Fitness Center (Open to All)
JBSA version of the Amazing Race competition. The Survivor's Challenge is a team event that includes mental and physical challenges at varying locations around JBSA-Randolph. Teams will be challenged in the areas of SAPR and Resiliency. The event will incorporate SOCIAL, MENTAL, SPIRITUAL, and PHYSICAL Pit Stop challenges. Prizes will be awarded for top three teams. Team slots are limited! For more info, call 652-4386 or email usaf.jbsa.502-abw.mbx.502-abw-sarc-workflow@mail.mil.

April 28th - SAAPM March Against Sexual Assault/Commemorate Denim Day

1200, Student Activity Center March (Open to All); Gathering following the March (Open to Students ONLY)
Join the JBSA Community out in a "march" against sexual assault! Sponsored by the Peer Advisers for Change (PAC) program, this event is meant to heighten awareness and show support to those affected by sexual assault. Following the march, there will be a gathering for all Students (Technical Training/AIT/A School) at the Student Activity Center where there will be music, games and refreshments. For more information contact JBSA SAPR office at 210-808-6316 or 808-8981.

Throughout April, All JBSA Locations

Sexual Assault Awareness Information Tables
Sexual assault awareness information will be distributed JBSA wide at various locations throughout the bases during April. Staff will share info about sexual assault realities, victim services and prevention tips.

Sexual Assault Awareness Ribbon and Flag Displays

Teal is the color representing Sexual Assault Awareness Month
All JBSA locations will have teal ribbons and flags or special teal lighting to demonstrate support to those JBSA survivors recovering from sexual assault or abuse.



PROTECTING OUR PEOPLE PROTECTS THE MISSION
DEPARTMENT OF DEFENSE 2018 SAAPM THEME

JBSA SAPR Hotline
210-808-7272

JBSA-Lackland
210-671-7273

JBSA-Fort Sam Houston
210-808-8990

JBSA-Randolph
210-652-4386

NAVY
210-221-1496

ARMY
210-221-0598

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COURTESY GRAPHIC

A TRICARE MESSAGE

Changes coming to the TRICARE Retiree Dental Program

From TRICARE Communications

Do you have TRICARE Retiree Dental Program, or TRDP, coverage now? If so, then you need to know that the TRDP will end on Dec. 31.

Not to worry — anyone who was in TRDP this year or would have been eligible for the plan will be able to choose a dental plan from among 10 dental carriers in the Federal Employees Dental and Vision Insurance Program, or FEDVIP.

You can begin reviewing program options now at <http://www.opm.gov/fedvip>. You'll be able to enroll in FEDVIP during the 2018 Federal Benefits Open Season, which runs from Nov. 12 to Dec. 10; coverage will begin on Jan. 1, 2019.

Previously, FEDVIP wasn't available to Department of Defense beneficiaries, but it will now be available to those who would have been eligible for TRDP. As a bonus, they will also be able to enroll

in FEDVIP vision coverage, along with most active duty family members.

More than 3.3 million people are currently covered by FEDVIP. You can choose from dental plans offered by 10 different carriers. To enroll in FEDVIP Vision, you must be enrolled in a TRICARE health plan. You can decide if one of four vision plans meets your family's needs.

You may only enroll in a FEDVIP plan outside of open season if you experience a Qualifying Life Event that allows you to do so. Any election in a FEDVIP plan remains in effect for the entire calendar year.

For more information, visit the FEDVIP website at <https://tricare.benefeds.com> and sign up for email notifications. You'll get an email when new information is available and key dates approach. Future updates will include eligibility information, plans, carriers, rates, educational webinars and more.

DOD official meets service members, veterans at career fair

By David DeKunder

502ND AIR BASE WING
PUBLIC AFFAIRS

A Department of Defense official who oversees human resources policies, programs and services for the civilian workforce met with transitioning service members and veterans during a visit to Joint Base San Antonio March 20-22.

Ronna Garrett, member of the Senior Executive Service and director of the Defense Civilian Personnel Advisory Service, or DCPAS, gave opening remarks at the Hiring Heroes Career Fair March 21 at the Sam Houston Community Center, located at Joint Base San Antonio-Fort Sam Houston. She also met with local DCPAS staff members and

human resources directors to discuss emerging policies and other top priorities for the Department of Defense civilian workforce.

As DCPAS director, Garrett is responsible for the development and oversight of human resource policies, programs and services for 950,000 DOD civilian employees worldwide.

Garrett spoke to approximately 35 human resource leaders at a conference attended by commanders and agencies within JBSA. The topics focused on simplifying human resources policies, streamlining processes, and standardizing practices for the hiring, retention and development of the DOD's civilian workforce.

"It's an opportunity for us to

gather as human resource professionals to discuss the challenges we have with the operations now so that I can hear what the needs are," Garrett said. "It's a conversation. I don't have a set agenda. I do have a few messages to start the conversation, but it is intended to be a dialogue with the human resources professional community."

Garrett said meeting with human resources professionals on the local level helps DCPAS develop the best policies and guidelines for the hiring of and taking care of the Department's civilian workforce.

"Our job is to ensure that we have clear and simple human resources policies," she said. "When I'm out talking to folks in the human resources community, I ensure that we talk about how to operationalize policy in the simplest way. Ensuring we get the right talent at the right time for mission critical occupations; for example, cyber and STEM (science, technology, engineering and math) and developing the right hiring authorities and right polices to ensure we make it as easy as possible on the commanders and supervisors to get the right talent."

In her remarks at the Hiring Heroes Career Fair, Garrett thanked the many employers, companies and governmental agencies who were there to give information about career opportunities to transitioning, ill, injured and wounded service



Ronna Garrett, Department of Defense Civilian Personnel Advisory Service executive director, gives the opening remarks at the Hiring Heroes Career Fair March 21 at Joint Base San Antonio-Fort Sam Houston.

members, veterans and military spouses.

She emphasized the attributes and skills that transitioning service members and veterans can bring to the civilian workforce, including dedication, leadership, loyalty and selfless service. Garrett is a military spouse whose husband served for 20 years and retired from the U.S. Army.

"In my mind, we owe a debt of gratitude to warfighters and the sacrifices they make to defend our nation's freedom," she said. "I'm hoping you'll what the candidates bring to the table. I want you to have a conversation with the warfighter, the family member and spouse, and find out what their goals are, what your mission is and what you

need for your company and corporation and marry the two. I promise you, you won't be disappointed."

Garrett praised the efforts of both the San Antonio and JBSA communities for the support they provide to service members and veterans and their families.

"San Antonio is a great community in support of the warfighter and their families," Garrett said. "It's a great place to live if you happen to be assigned to the joint base, but it's also a great place to retire for federal government employees and our warfighter families as well. The community is very supportive in transition from their active-duty careers and employing family members. They understand the sacrifice."



PHOTOS BY MICHAEL WATKINS

A recruiter with the Travis County Sheriff's Office talks to a visitor during the Hiring Heroes Career Fair March 21 at Joint Base San Antonio-Fort Sam Houston.

FORT SAM HOUSTON

JBSA welcomes Microsoft Software and Systems Academy

MSSA provides a 19-week training course for in-demand careers

By Steve Elliott

502ND AIR BASE WING
PUBLIC AFFAIRS

A new chapter in cooperation between industry and the military to assist military members in their transition to civilian life opened at Joint Base San Antonio-Fort Sam Houston March 23, as a ribbon-cutting ceremony was held at the Military & Family Readiness Center to welcome the new Microsoft Software & Systems Academy, or MSSA.

Leaders from the military, corporate and academic fields gathered to highlight the opening of the new training center designed to prepare service members for jobs in the civilian information technology sector.

The academy will be located at nearby JBSA-Randolph, and provide service members who are leaving the military with IT-related training and certifications.

MSSA is one of the few industry programs that trains active-duty U.S. service members for technology jobs and is a cornerstone for the Department of Defense Skillbridge Program, which links transitioning service members with civilian training programs. The MSSA venture includes Embry-Riddle Aeronautical University, or ERAU, as the primary

learning partner.

The MSSA provides a 19-week (or two nine-week terms) training course for high-demand careers in cloud development, cloud administration, cybersecurity administration or database and business intelligence administration, provides transitioning service members and veterans with critical career skills required for today's growing technology industry.

"You will be learning skills you can leverage for a lifetime," said Brig. Gen. Heather Pringle, commander, 502nd Air Base Wing and Joint Base San Antonio, to the student ready to begin the training. "This is an all-in effort, and we have great support from state and local governments, as well as all our JBSA mission partners. I can't wait to see what you will accomplish."

"Today is a milestone achievement for Microsoft and Joint Base San Antonio," said Lori Ham, Microsoft sales director, U.S. South Central Education. "It is a reflection of Microsoft's commitment to hire veterans and transitioning service members. We understand the skills and qualities veterans bring. Leadership is in your blood."

"The world of IT is wide open," said Dr. John Watret, chancellor of Embry-Riddle Aeronautical University-Worldwide. "We are committed to your success. The transition from military to civilian life is an important stage in your life and the knowledge and skills you receive will prepare you well for the challenges ahead."

"A lot of people call San

Antonio the 'new Silicon Valley,'" said Col. David Rough, commander, 502nd Force Support Group. "There is already a great cyber community here. These students will be able to leverage this multi-faceted training into high-paying positions when they are done." JBSA welcomes Microsoft Software and Systems Academy

By Steve Elliott
502nd Air Base Wing Public Affairs

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MICHAEL WATKINS

From left: Jon Henry and Arnold Juvera from Microsoft; Brig. Gen. Heather Pringle, 502nd Air Base Wing and Joint Base San Antonio commander; Dr. John Watret, Dr. John Watret, chancellor of Embry-Riddle Aeronautical University-Worldwide; and Lori Ham, Microsoft sales director, U.S. South Central Education, cut the ribbon to open the newest Microsoft Software & Systems Academy.

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SMA visits soldiers, tours Vogel Resiliency Center

By Sgt. 1st Class
Shelman Spencer
U.S. ARMY NORTH PUBLIC
AFFAIRS

Sgt. Maj. of the Army (SMA) Daniel A. Dailey visited Joint Base San Antonio-Fort Sam Houston on March 23 and his stops included the U.S. Army Medical Department Center & School, the Vogel Resiliency Center and visits with wounded warriors at Brooke Army Medical Center.

Dailey started the first part of his visit by observing medics going through Advance Individual Training, or AIT, to become battlefield medics, as they navigated through realistic simulated training.

"The simulation center is absolutely critical," Dailey said. "It's as close to an environment as possible to a real-life experience."

JBSA-Fort Sam Houston is the home of the military medic, instructing all branches of service in medial proficiency in today's joint environment.

"We are truly blessed. People lack confidence in the next generation – that's been going on since history began," Dailey said. "That's a mispercep-



SGT. 1ST CLASS SHELMAN SPENCER

Sgt. Maj. of the Army Daniel A. Dailey speaks with Lt. Col. Christine L. Edwards, senior nutritionist at the Vogel Resiliency Center's teaching kitchen, about healthy cooking techniques and habits on March 23.

tion. The young men and women I see doing the training here today at JBBSA-Fort Sam Houston are physically fit, they're bright, they're highly intelligent, they absorb information at a rate twice that of my generation and I have all the confidence in the world we are going to be just fine."

Dailey toured the Vogel Resiliency Center to see how the new facility is improving Army readiness and resilience for Soldiers, along with improving resiliency for all

service members assigned to the Joint Base San Antonio area.

One of the Dailey's priorities is a push for more training and education in financial readiness.

"This VRC is good, but I think we've just touched the true requirement. We have to get way ahead of the bang. We have to truly embrace things like financial training and education for our Soldiers," Dailey said.

"We have to truly embrace transition assistance – not just out of service

but also between duty locations," he continued.

"If you really want to get after it, it takes time and resources. It may take time away from training, but if it builds readiness, then it's worth it."

"He's incredibly energized and cares so much for the Soldiers," said Patricia Ruizwigger, Vogel Resiliency Center director. "He really wants nothing more than to help out the Soldiers. He really wants to make our Soldiers truly ready, not having to worry about those things at home. At the very core of this all the time is finance, first and foremost."

The Army is continuously looking at new methods for improving quality of life and readiness for the next generation of Soldiers.

"Sgt. Maj. Dailey be-

lieves in order to get to the readiness of Soldiers, we need to think out of the box and do things differently, approach things differently and not be afraid of the bureaucracy that hamstring our way. He believes this is a cutting-edge way to do that," said Robert Naething, deputy to the commanding general for U.S. Army North.

"He said the Vogel Resiliency Center is one of the cutting-edge places that are doing that," Naething added. "That's looking at how we do things more holistically and differently for the Soldier to get at finances, health and wellness to help them and their families ready for deployment."

JBSA School Liaison Offices provide resources

By David DeKunder

502ND AIR BASE WING

PUBLIC AFFAIRS

Change is a constant reality for military children, who move an average of six to nine times during the time they are going to school from kindergarten through 12th grade.

Students of Joint Base San Antonio service members are no different from the average military child, having to deal with the constant challenges and stresses of transitioning from school to school as a part of military life.

But a portion of these military schoolchildren in the San Antonio area will be changing schools not because one of their parents is being transferred to a new duty location, it is because the neighborhood or area they live in is being placed into a new school attendance zone.

The JBSA Military Child Education Program-School Liaison Office, which serves the needs of 35,000-plus military connected students, K-12, who are enrolled in 28 school districts in the San Antonio area and within JBSA, provides resources and information to service members about the process school districts use to redraw school attendance lines.

Nita Ford-Hightower, JBSA-Fort Sam Houston School Liaison Office, said several area school districts are having to redraw their attendance boundaries because of a growing student population, the opening of new schools and to alleviate overcrowded classrooms in existing schools.

"With San Antonio being such a rapidly growing city, we're having schools being built almost every year," Ford-Hightower said. "What the districts don't want is the overcrowding in the classrooms. They try to keep the classrooms small or at a reasonable size."

Lori Phipps, JBSA-Lackland School Liaison Office, said school attendance boundaries



COURTESY GRAPHIC

"Transitioning is stressful to begin with, but add in the size of footprint that our JBSA community has and it becomes overwhelming sometimes. Our office can help ease that stress and provide resources and information to help make their dependent educational transfer successful."

Angela Green, JBSA-Randolph School Liaison Office

are constantly changing and that members of the school liaison office notify incoming JBSA service members and their families about schools that could be rezoned in the future.

"We continue to educate our inbound military families as often as possible to ensure that situational awareness of the areas with potential attendance rezoning factors," Phipps said. "We encourage our families to find a school first and a house second to alleviate the issue. However, moving into our largest districts the potential remains as they are opening up new schools annually to absorb the growth."

The largest independent school districts in the San Antonio area Phipps is referring to are Northeast, NorthSide, Judson and Schertz-Cibolo-Universal City, which are experiencing growth.

Phipps said each school district's board of trustees is responsible for the process for redrawing school attendance boundaries. Typically, districts mail out notices of proposed school rezoning plans to affected parents and students or they will give the notices to children at school to take home.

Also, districts could post information on proposed redrawing of school attendance lines on their websites, newsletters that are distributed to the district's residents and to the local news media.

Districts schedule public



JOEL MARTINEZ

Angela Green, Military & Family Readiness Center school liaison officer at Joint Base San Antonio-Randolph, prepares documents for a customer.

forums and hearings for parents and students to ask questions and express their viewpoints on proposed rezoning of school attendance lines. The dates and times are usually listed in notices and posted on the district's website.

In most instances, proposed changes in school attendance lines are made by district administrators and/or recommended by a district advisory committee. Ultimately, the school board decides whether to approve, modify or reject any proposed school attendance boundaries.

"The districts do not take boundary changes lightly and do keep in perspective our military families and their

transitions," Phipps said.

If a neighborhood or area is placed into a new school attendance zone, Ford-Hightower said parents should talk to their prospective school district representatives if they have any questions or concerns.

In addition, parents can contact the JBSA School Liaison Office, which can help connect parents to the contacts and administrators they need to talk to at the new school their child will be attending.

Angela Green, JBSA-Randolph School Liaison Office, said service members and their families need to be proactive and contact the school liaison office to get the most up to date information on schools and

school districts in the San Antonio area.

"Transitioning is stressful to begin with, but add in the size of footprint that our JBSA community has and it becomes overwhelming sometimes," Green said. "Our office can help ease that stress and provide resources and information to help make their dependent educational transfer successful."

Service members whose children are attending schools in the San Antonio area can contact the JBSA School Liaison Office at JBSA-Fort Sam Houston at 210-221-2256/2214; JBSA-Lackland at 210-671-8388; or JBSA-Randolph at 210-652-5321/3112.



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Events

April

Bowling

Easter bowling buy-one get-one special offered

Spend Easter at the JBSA Bowling Centers

April 1, during normal business hours. Bowl one game for \$2.75, and get a second game free. This special does not include rental shoes. For more information, call JBSA-Fort Sam Houston at 210-221-3683 or 210-221-4740 and JBSA-Randolph at 210-652-6271.

Military children honored with a bowling special

The JBSA Bowling Centers celebrate the Month of the Military Child with child discounts Sundays in April, noon to 5 p.m., at the JBSA-Fort Sam Houston Bowling Center and 1-4 p.m., at the JBSA-Randolph Bowling Center. Children, 12 years and younger, bowl up to three free games when accompanied by an adult, 18 years and older, who bowls the same number of games. Adults may bowl for the special rate of \$2.75 per game. This special does not include rental shoes. For more information, call JBSA-Fort Sam Houston at 210-221-3683 or 210-221-4740 and JBSA-Randolph at 210-652-6271.

Lunch is combined with bowling

Stop by the JBSA-Fort Sam Houston Bowling Center Tuesday through Friday, 11 a.m. to 2 p.m., for a lunch special and a friendly bowling competition. Games and rental shoes are \$1.50 each. For more information, call 210-221-3683.

Bowling gets cosmic

Be sure to check out JBSA Bowling Centers for Cosmic Bowling music and light show every Saturday, 7-11 p.m., at the JBSA-Fort Sam Houston Bowling Center and 7-10 p.m., at the JBSA-Randolph Bowling Center. For more information, call JBSA-Fort Sam Houston at 210-221-3683 or 210-221-4740 and JBSA-Randolph at 210-652-6271.

Clubs

Easter Sunday brunch buffet offered

Bring the entire family to the JBSA-Lackland Gateway Club for Easter Sunday Brunch April 1, 10:30 a.m. to 2 p.m. Cost is \$24.95 for adult members, \$10.95 for members' children, 6-11 years, \$25.95 for adult nonmembers and \$11.95 for nonmembers' children, 6-11 years. Children 5 years and younger eat for free. No coupons are accepted for this event. Entrées include Rosemary-crust prime rib with au jus, herb-roasted turkey with cranberry chutney, bourbon-glazed ham, crab meat-stuffed tilapia topped with a white wine sauce and roast lamb with mint jelly. Sides include mixed wild rice, whipped potatoes, giblet and brown gravy, five-cheese macaroni, parsley red potatoes, cranberry pecan stuffing, corn O'Brien, roasted

asparagus with red pepper strips, green beans almandine and dinner rolls. Salads include whole salmon with shrimp and capers, Caesar salad, traditional tossed salad, fresh fruit, roasted vegetables, deviled eggs, jalapeno halves stuffed with cream cheese, salmon and shrimp crostini, cubed cheese display with gourmet crackers, potato salad, coleslaw, macaroni salad, ambrosia, stuffed cherry tomatoes and Greek salad with black olives and feta cheese. Breakfast items include build-your-own omelets, fluffy scrambled eggs, crispy bacon, link pork sausage, biscuits and country gravy, pancakes with hot maple syrup, crepes with strawberry topping, home-fried potatoes, cheese grits and oatmeal. Desserts include an ice cream bar, double-chocolate fountain, peach and cherry cobbler, miniature desserts, assorted cakes and pies and Easter treats. For more information, call 210-645-7034.

Bingo fun is at the club

Join the JBSA-Randolph Kendrick Club for Bingo Extravaganza April 2 and 16 with \$15,000 in total jackpots, a complimentary buffet at 5 p.m. and Early Bird bingo at 6 p.m.

Birthday Bingo is held April 18, 7 p.m., at the JBSA-Randolph Kendrick Club. Birthday members receive one free machine and cake. This event is for Randolph Club members only and an ID card is required.

Bingo takes place at 3 p.m. every Sunday. Bingo is also held Monday through Thursday at 7 p.m. Play April 21, at 3 p.m. Come to the JBSA-Randolph Kendrick Club in the ballroom. Admission is free to members and \$10 for nonmembers. For more information, call 210-652-3056.

Nightlife entertainment offered at the club

Join the JBSA-Lackland Gateway Club for entertainment throughout March. DJs spin favorite tunes at Variety Night, 5 p.m. to 1 a.m., in the Lone Star Lounge. DJs include DJ J Rock April 6, DJ Tony Style April 13 and 27, DJ LJU April 20. Relax in the lounge or enjoy the cooler weather out on the patio with pool tables and big-screen televisions. For more information, call 210-645-7034.

Club appreciates members

The JBSA-Lackland Gateway Club hosts Customer Appreciation Night in the Fiesta Ballroom with entertainment provided by DJ LJU April 10, 5-8 p.m. The cost for members is \$12.50 and nonmembers pay \$15.50. The menu features a salad bar, tortilla soup, beef and chicken fajita station, tequila lime shrimp kabobs, jumbo cheese enchiladas, Spanish rice, borracho beans, pork tamales, chocolate flan, Mexican cookies and raspberry cheese cake. For more information, call 210-645-7034.

Club offers Sunday brunch

Club members and all Department of Defense ID cardholders are invited to enjoy brunch at the historic JBSA-Randolph Parr Club April 15, 10 a.m. to 1 p.m. The cost is \$23 for members, \$25 for nonmembers, \$12 for members' children, 6-12 years, \$15 for nonmembers' children, 6-12 years, and free for children 5 years and younger. For more information, call 210-658-7445.

Guests fly into the Auger

Join the party at the JBSA-Randolph Parr Club Auger Inn for "old school" camaraderie, free light refreshments and great music April 20, 5 p.m. Meet neighbors, folks from other squadrons and leadership. There is no cover to join the fun. For more information, call 210-658-7445.

April birthdays are celebrated with a buffet

The JBSA-Randolph Parr Club offers a complimentary buffet every month for members with birthdays in that month. Members with April birthdays are honored April 25, 11 a.m. to 1:30 p.m. This is free for birthday members. Cost is \$10 for members without a birthday in April, \$5 for members' children, 6-12 years, \$12 for nonmembers and \$6 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. Coupons are not accepted. For more information, call 210-658-7445.

Mother's Day reservations start now

Show mothers they are loved and purchase tickets for the JBSA-Randolph Parr Club Mother's Day Brunch May 13, with seating times at 10 a.m., 10:30 a.m., 12:30 p.m. and 1 p.m. Members can make reservations beginning April 23 and nonmembers beginning May 1. The price is \$28 for adult members, \$14 for members' children, 6-12 years, \$32 for adult nonmembers and \$16 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. All mothers and grandmothers are entered into a drawing for a chance to win a gift basket. Drawings are held the following day and winners are notified. Reservations and prepayments are required. Refunds are issued no later than May 8. Coupons are not accepted. To make reservations or for more information, call 210-658-7445 between 10 a.m. to 3 p.m.

Weekly food specials offered

Stop by the JBSA-Randolph Kendrick Club for weekly food specials. Every Tuesday enjoy \$1.50 beef or chicken tacos in Gil's Pub from 5:30-7:30 p.m. On Wednesdays, in a sports bar atmosphere, enjoy flavorful 50 cent wings from 4:30-7 p.m. A minimum of 10 wings must be purchased. For more information, call 210-652-3056.

JBSA FSS

Patrons unwind on Fridays

Unwind after a busy work week Fridays at the JBSA-Randolph Kendrick Club. Come early at 5 p.m. and stay late for food, professional bartenders and dance music with DJ Scandalous. The Grill is open from 4-9 p.m. For more information, call 210-652-3056.

Community Programs

The Harlequin Theatre puts on a show

Join the JBSA-Fort Sam Houston Harlequin Theatre for "Not So Broadway" through April 14. This innovative revue honors favorite Broadway songs from productions such as "Wicked," "Chicago," "The Book of Mormon," "Jersey Boys," "Grease," "Matilda," "Dreamgirls" and more through engaging performances.

The JBSA-Fort Sam Houston Harlequin Theatre invites guests to a showing of "Moon Over Broadway" April 27 to May 19. This comedy centers on George and Charlotte Hay, two fading Broadway stars of the 1950s. Unfortunately for George and Charlotte, everything that could go wrong, does go wrong.

Make reservations today. Group rates are available. These shows are sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 210-222-9694.

Flea market available for buyers and sellers

Head to the JBSA-Randolph Child Development Program, building 1072, parking lot April 14, 8 a.m. to 1 p.m., for a flea market. The Outdoor Recreation Center in the Community Services Mall, building 895, rents spaces for \$10. Tables are available to rent for an additional \$4. The selling of firearms, animals, arts and crafts or food and beverage items are not permissible. For more information, call 210-652-5142.

Fitness

Customers are appreciated

The JBSA-Randolph Rambler Fitness Center hosts Customer Appreciation Day April 6, 11 a.m. to 1 p.m., to thank customers for choosing the Rambler Fitness Center for workouts. Tours of the facility are available for guests to become more familiar with various workout areas. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. Fitness Center events are open to all valid Department of Defense ID cardholders. For more information, call 210-652-7263.

To thank customers for making the fitness center a wonderful place, the JBSA-Fort Sam Houston Jimmy Brought Fitness Center hosts a Customer Appreciation Day April 11. Partons are invited to enjoy activities, giveaways, facility tours, equipment tutorials and light refreshments during the following times: 6-8 a.m., 11 a.m. to 1 p.m. and 5-7 p.m. For more information, call 210-221-1234.

Participants get jumping

Join the JBSA-Lackland Chaparral Fitness Center April 9, during normal business hours, for a jump rope challenge. Participants have two minutes to record as many jumps as possible. Ask a staff member to monitor time and

jumps. The person with the highest total wins. For more information, call 210-671-2401 or 210-671-2361.

TAKE A BREAK @ CANYON LAKE

APRIL 28
10 A.M. TO 3 P.M.

One Rule: CHILLAX!

FREE!
Entry to all 1000+ activities

WATER SPORT ACTIVITIES
BOAT TOURS
FREE TENT CAMPING EXPERIENCE
(MUST PRE-REGISTER)
PRIZES AWARDED THROUGHOUT THE DAY
FOOD AND DRINKS
SERVED 11 A.M. TO 2 P.M.
AND MUCH MORE!

To register for the tent camping experience, call Lupe Valadez at (210) 221-5618 or for more information, call Laura Belyeu at (210) 652-7355.

Wallyball tournament held

The JBSA-Lackland Gillum Fitness Center hosts a wallyball tournament April 13, 7-9 a.m. Each game of this double-elimination tournament lasts 15 minutes or up to 25 points, whichever comes first. Teams must have five players. For more information, call 210-977-2353.

Indoor triathlon gets participants moving

Sign up at the JBSA-Lackland Warhawk Fitness Center for an Indoor Triathlon April 13, 4:30-10 p.m. Each participant must complete a 10-mile bike ride, five-mile run and two-mile row. Participants are timed at the start of the first event until the completion of all three events. The best time, male and female, earns a reserved locker for 90 days at the Warhawk Fitness Center. For more information, call 210-671-2016.

Color is back

Participate in the Sexual Assault Awareness and Prevention Month Color Run or Walk 5K at the JBSA-Fort Sam Houston Aquatic Center April 21. The 5K starts at 8 a.m., and the 100-meter Kids Dash starts at 8:30 a.m. Participants have color thrown on their body during the run. This event is open to all Department of Defense ID cardholders. Pets may join. This event is held in partnership with the 32nd Medical Brigade SHARP. For more information, call 210-875-1284 or 210-808-5709.

Players participate in shoot-out and three-point contest

The JBSA-Lackland Medina Fitness Center hosts an inaugural classic shoot-out and three-point contest April 21, 9 a.m. The winning team in the three-on-three, double-

elimination, shoot-out tournament is crowned champion. A three-point contest is held after half of the tournament games are played. The deadline for registering teams and three-point contestants is April 13 and the bracket is released April 16. Team and individual awards are presented to top finishers in each event. Interested teams and individuals contact Mr. Jesmon Walker at 210-671-4477 or visit the Medina Fitness Center for registration. For more information, call 210-671-4477.

Half Marathon held

The JBSA-Randolph Rambler Fitness Center hosts the fourth annual JBSA Half Marathon April 29, 7:30 a.m., starting on Harmon Drive and ending at Heritage Park. To register go to <https://runsignup.com/Race/TX/RandolphAFB/HalfMarathonJBSA>. The registration deadline is April 25. This event is sponsored by Randolph-Brooks Federal Credit Union and Budweiser®. No federal endorsement of sponsors intended. Fitness Center events are open to all valid Department of Defense ID cardholders. For more information, call 210-652-7263.

Registration Deadline
APRIL 25

5TH ANNUAL MARATHON HALF

JOINT BASE SAN ANTONIO RANDOLPH • APRIL 29

Starting Line
HARMON DRIVE

For full details visit:
MYJBSA-FSS-MWR.COM
(210) 652-7263

SCAN QR CODE FOR REGISTRATION LINK
[HTTPS://RUNSIGNUP.COM/RACE/TX/RANDOLPHAFB/HALFMARATHONJBSA](https://runsignup.com/Race/TX/RandolphAFB/HalfMarathonJBSA)

RBFCU **FORCE**

Golf

Golfers compete in a scramble

Golfers are invited to play in the monthly JBSA-Fort Sam Houston Golf Course Warrior Four-Person Scramble April 6, with a 12:30 p.m. shotgun start. Cost is \$25 for members and \$35 for nonmembers. The fee includes green fee, golf cart, prize money and a social after the round. For more information, call 210-222-9386.

Blind draw tournament combines scores

Head to the JBSA-Randolph Oaks Golf Course for the Masters Blind Draw Tournament and the JBSA Cup qualifying tournament April 7, 7-9 a.m. This is an

individual, low-net, low-gross tournament. Scores are combined with a Professional Golfers Association pro from the Masters. Entry fee is \$10 per person. Call or stop by the pro shop to sign up. For more information, call 210-652-4653.

Masters golf tournament held

The JBSA-Lackland Gateway Hills Golf Course hosts a Masters Pick a Pro Golf Tournament April 7, with an 8 a.m. shotgun start. Partners are drawn from the competitors making the cut in the 2018 Masters Golf Tournament. The cost is \$20 plus green and cart fees. Sign up by April 4. For more information, call 210-671-3466.

Golfers participate in a demo day

The JBSA-Fort Sam Houston Golf Course offers a Demo Day April 14, 11 a.m. to 5 p.m. Golfers take advantage of this opportunity to try the newest golf clubs from major vendors. Club fitters are available and there is special pricing for orders placed during the event. For more information, call the Pro Shop at 210-222-9386.

Two person scramble offered

The JBSA-Fort Sam Houston Golf Course hosts a Member and Guest Two-Person Scramble April 22, with a 12:30 p.m. start. The cost is \$25 for members and \$35 for nonmembers. Price includes cart, prizes and a social after the event. Guests receive a free green fee to come back and play another round. For more information, call 210-222-9386.

Couples enjoy a scramble

Come enjoy an afternoon on the golf course with a friend, coworker or significant other April 22, 1 p.m., at the JBSA-Fort Sam Houston Golf Course for a couples' scramble. The cost is \$30 for member teams and \$50 for nonmember teams. Price includes green fee, cart, prize fund and a social after the round. To sign up, call 210-222-9386.

Golfers play a yellow-ball scramble

The JBSA-Lackland Gateway Hills Golf Course hosts a three-player, yellow-ball scramble April 28, 8 a.m. The cost is \$20 plus green fees and cart fees. Sign up no later than April 25. For more information, call 210-671-3466.

Information, Tickets and Travel

Renaissance faire takes visitors back in time

Pick up discounted tickets at JBSA-Lackland Information, Tickets and Travel office and step into the Renaissance era at the Sherwood Forest Faire. The Faire is open weekends through April 22 in McDade, Texas. Enjoy music, craft demonstrations, libations, food, games, jousting and beautiful costumed villagers. Visitors are welcome to dress in period costumes and become completely blended as part of the Renaissance experience. Cost is \$20 for adults and \$10 for children, 6-12 years. Children 5 years and younger are free. For more information, call 210-671-6059.

Sandals Ocho Rios vacation package available

The JBSA-Lackland Information, Tickets and Travel Leisure Travel office offers a way to start the summer off with a six-night, seven-day vacation, traveling from

San Antonio to Montego Bay, Jamaica June 3-9. This all-inclusive package includes round trip airfare, airport transfers and all-inclusive hotel accommodations. Rates start at \$2,000 per person, based on a family of four. An \$800 per person deposit and a \$10 service fee are due at the time of booking. Final payment is due April 19. For more information, call 210-671-7111.

JBSA - FORT SAM HOUSTON MACARTHUR PARADE FIELD

APRIL 14
11 A.M. to 3 P.M.

CHUCK WAGONS	FAMILY HAY RIDES
MECHANICAL BULLS	MUSIC PROVIDED BY OMO SOUNDS
PONY RIDES	FREE AUTHENTIC COWBOY-COOKED MEAL
PETTING ZOO	

LUNCH 11 A.M. to 2 P.M.
DESSERT 2 P.M. UNTIL 3 P.M.

OPEN TO ALL DOD ID CARDHOLDERS
FOR MORE INFORMATION, CALL COMMUNITY PROGRAMS (210) 652-5763

Costa Rica vacation package offered

The JBSA-Lackland Information, Tickets and Travel Leisure Travel offers a Costa Rica four-night, five-day all inclusive package Oct. 4-8. Travel from San Antonio to the Riu Guanacaste Beach Resort area, via Liberia Airport. The price includes round trip airfare, airport transfers, all inclusive hotel accommodations and travel protection. Rates start at \$1,200 per person. A \$200 per person deposit and a \$10 service fee are due at the time of booking. Final payment is due Aug. 20. For more information, call 210-671-7111.

Discounted sports tickets available

JBSA-Fort Sam Houston Information, Tickets and Travel office offers discounted Spurs, Rampage and Stars tickets. Discounted tickets are also available online by going to <http://spurs.com/fortsamhoustitt> and using the discount code: FORTSAM. For more information, call 210-808-1378.

Tickets for Texas attractions offered

If heading to the Houston or Corpus Christi area, stop by the JBSA-Fort Sam Houston Information, Tickets and Travel office for discounted tickets to the Houston Space Center, Texas State Aquarium, U.S.S. Lexington or the Aransas Queen Casino Boat. For more information, call 210-808-1378.

Military & Family Readiness

Caring for an aging family member

Representatives from the Alamo Area Council of Governments, Bexar Area Agency on Aging and the Military & Family Readiness Centers host a Role Reversal: Caring for Those Who Cared for You workshop April 10, 9 a.m. to noon, at the JBSA-Randolph M&FRC and April 11, 9-11:30 a.m., at the JBSA-Lackland M&FRC to provide patrons with information on humanitarian reassignments, secondary dependency, cyber caregiving options, stress management, TRICARE for life and more. To reserve a seat, call JBSA-Randolph at 210-652-5321 or JBSA-Lackland at 210-671-3722.

Workshop offers home buying strategies

The JBSA-Fort Sam Houston Military & Family Readiness Center hosts a workshop to provide home buying strategies April 12, 9-11 a.m. Participants are provided fundamental information to help ease the buying process. To reserve a seat, call 210-221-2705.

Military families reconnect with a camp out

Key Spouses, Family Readiness Groups, Ombudsman, Hearts Apart and all other military families are invited to join Military & Family Readiness for a Military Family Team Building Camp Out April 13-15 at the JBSA Recreation Park @ Canyon Lake. Registration forms are available at <http://go.usa.gov/x9hYJ>. Register before April 2; limited space is available. For more information, call 210-221-2705.

Picnic to celebrate volunteers held

Join the JBSA-Randolph Military & Family Readiness Center for a Volunteer Appreciation Picnic April 13, 11 a.m. to 1 p.m., to celebrate current JBSA volunteers and those interested in learning about volunteer opportunities. To reserve a seat, call 210-652-5321.

Support group for single parents offered

Long- and short-term single parents learn about resources, network with other parents and participate in open discussions April 18, 11:30 a.m. to 1 p.m., at the JBSA-Lackland Youth Center. A light lunch is provided to registered participants. For more information, call 210-671-3722.

Volunteers are recognized with a ceremony

Join the Military & Family Readiness Center as they recognize volunteer contributions during the annual JBSA Volunteer Awards Ceremony April 18, 1-3 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. Volunteers play an integral role in the community and make a significant impact on the lives of others. For more information, call 210-221-2705.

Participants get familiar with Thrift Savings Plan

Participants review different aspects of a Thrift Savings Plan April 19, 10-11:30 a.m., at the JBSA-Randolph Military & Family Readiness Center. To register, call 210-652-5321.

Managing student loans workshop held

A Managing Student Loans workshop is scheduled for April 19, 11:30 a.m. to 1 p.m., at the JBSA-Lackland Military & Family Readiness Center to inform patrons about repayment options, the Servicemember Civil Relief Act and more. To reserve a seat, call 210-671-3722.

Guided tour of Fort Sam Houston

JBSA-Fort Sam Houston houses the largest collection of historical buildings in the Department of Defense. Reserve a seat for Trails and Tales, a guided tour of Fort Sam Houston April 27, 8-11 a.m., to learn about the installation's rich history. Due to limited seating, registration is required. To reserve a seat, call 210-221-2705.

Outdoor Recreation

Concealed handgun license class offered

The JBSA-Camp Bullis Rod-N-Gun Recreation Center offers concealed handgun license classes April 14 and 28, 8 a.m. to 1 p.m. Successful completion of this class is required for a Texas CHL. To register for a class, visit <http://www.chlregistration.com>. Once on the website, select "register for class." Then select "Dan Willis-Leatherneck Arms." Class details are available online at <http://www.myjbbsa-fss-mwr.com>. For more information, call 210-363-2332.

Bikers hit the road

Join the JBSA-Lackland Outdoor Recreation for a spring ride through the Texas Hill Country April 21, 10 a.m. Depart Kelly Field Club, building 1676, at Port San Antonio and travel to Leakey, Texas. Gas and lunch are at the rider's expense on this 200-mile round trip. The ride is open to the public and all Department of Defense ID cardholders. Patches available while supplies last. For more information, call 210-925-5532.

Archery takes on another dimension

The JBSA-Camp Bullis Rod-N-Gun Recreation Center hosts a 3-D archery competition April 28-29, 8 a.m. to 1 p.m. Registration is 8-10 a.m. The fun shoot registration is 8-11 a.m. Fun shoot cost is \$5 for E1-E4, active duty or medically retired, \$15 per person for all others, 13 years and older and youth, 12 years and younger, shoot for \$5. The competition fee is \$10 for E1-E4, active duty or medically retired and \$20 per person for all others, 13 years and older. For more information, call 210-295-7577.

Half price fishing boat special

Rent a fishing boat at the JBSA Recreation Park @ Canyon Lake for half price in April. Bring a fishing pole or purchase equipment and bait from the country store. Participants must have taken the Boater's Safety Course through the State of Texas to rent a boat. JBSA offers the course at the JBSA Recreation Park @ Canyon Lake or the Outdoor Recreation locations on JBSA installations. For more information, call 1-830-226-5357.

Boat storage available

The JBSA Recreation Park @ Canyon Lake offers boat owners a place to store boats with several options to suit boat owners' needs. Watercrafts can be stored in the

water at the marina or in a dry-storage facility. For more information, call 1-800-280-5357.

Youth and Children

Youth register for t-ball

Register youth, 3-5 years old, for First Steps t-ball at JBSA-Lackland Youth Programs April 2-13, 8:30 a.m. to 5:30 p.m. This is a parent-child program that helps build confidence in children while enabling them to have fun and learn basic baseball skills. The instructional program is open to all Department of Defense children on and off JBSA-Lackland. First Steps teaches the basic fundamentals of baseball in harmony with the gross motor movements of pre-school and early school age children. Parents are required to participate as an extension of the instructor so the element of fear is eliminated. A current physical and immunization record are required at the time of registration. Cost is \$35 for six weeks of instruction for one hour a week. For more information, call 210-671-2388.

Month of the Military Child is celebrated

Join JBSA-Fort Sam Houston Youth Programs April 7, 9 a.m. to 2 p.m., to "Celebrate our Future" with the Month of the Military Child Celebration, which includes the Baseball Opening Day. The event includes class demonstrations games, music, food and a variety of fun activities. The baseball opening ceremonies begin at 9 a.m., followed by baseball, softball and t-ball games. The event also includes a sneak peak of the "Shrek the Musical Junior." This event is sponsored by Legal Shield. No federal endorsement of sponsors intended. For more information, call 210-221-3502 or 210-221-4492.

Join JBSA-Lackland Youth Programs in recognizing and celebrating military youth April 7, 10 a.m. to 2 p.m. Everyone is invited to participate in games, crafts and learning about facilities that help serve JBSA families. This event is free and open to all families. For more information, call 210-671-2388.

The JBSA-Randolph Youth Programs hosts Famaganza April 7, 10 a.m. to 2 p.m., in celebration of the Month of the Military Child. All Department of Defense ID cardholders can bring their families to enjoy activities including face painting, inflatables, games, arts and crafts, entertainment, information booths, giveaways, demonstrations and more. This is a free event and lunch is served. This event is sponsored by Randolph Brooks Federal Credit Union. No federal endorsement of sponsors intended. For more information, call 210-652-3298.

Youth put on a show

JBSA-Fort Sam Houston Youth Programs presents performances of "Shrek the Musical Junior" April 12 and 13, 7 p.m., and April 14, 4 p.m. and 7 p.m., at the Fort Sam Houston Elementary School Cafeteria. These performances include over 30 military youth that have been rehearsing since October and are excited to bring the musical extravaganza to the community. For more information, call 210-221-3502.

Youth skate the night away

Skate the night away with JBSA-Fort Sam Houston Youth Programs April 13, 5-7 p.m., at the Patch and Chaffee

Youth Center, building 2515. This is a free family event and skates are provided, if needed. For more information, call 210-221-3630.

Parents offered a break

JBSA-Lackland Youth Programs offers parents a break through the Give Parents a Break or Parents' Night Out program April 15, 1-5 p.m. Children, 5 years, and in kindergarten, to 12 years, are provided snacks and entertained with activities and games. The cost is \$25 per child with a multiple-child discount or free with a GPAB referral. Late pickup is subject to \$5 for the first five minutes, then \$3 for every minute after that. A minimum number of participants is required. Call 210-671-2388 to register children 5-12 years, and to register children 6 weeks to 4 years call 210-671-3675.

Basketball is played until midnight

Youth, 11 years and older, are invited to participate in Midnight Madness April 21, 7 p.m. to midnight, at the JBSA-Fort Sam Houston Youth Center. Youth, 11-13 years, play 7-9 p.m. Youth, 14-18 years, play 9 p.m. to midnight. For more information call, 210-221-3502.

Youth participate in mega teen lock-in

Youth, 13-18 years, are invited to come out and experience a Mega Teen Lock-in with all three JBSA Youth Programs April 27-28, 9 p.m. to 6 a.m., at the JBSA-Randolph Youth Center. The cost for this event is \$15 per youth. Sign up no later than April 20 at any JBSA Youth Programs. For more information, call JBSA-Fort Sam Houston Youth Programs at 210-221-3630, JBSA-Lackland Youth Programs at 210-671-2388 or JBSA-Randolph Youth Programs at 210-652-3298.

Summer camp registration continues

Parents are invited to register children, 5 years, and in kindergarten, through 12 years, for Summer Break Camp at JBSA-Lackland Youth Programs on <http://www.militarychildcare.com>. School-Age Care school year paperwork must be completed and on file prior to registration. The cost varies by household income. For more information, call 210-671-2388.

JBSA-Randolph Youth Programs School Age Summer Camp Registration continues. Slot requests are handled through <http://www.militarychildcare.com>. Camp is open to youth 5-12 years. Fees are based on total family income, and all required paperwork must be on file including immunization records with a flu vaccination. For more information, call 210-652-2088.

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<http://www.myjbbsa-fss-mwr.com>



502d FORCE SUPPORT SQUADRON

LACKLAND

Airman transforms hardship into motivation

By Lori A. Bultman

25TH AIR FORCE PUBLIC AFFAIRS

As a young and homeless man, Brian experienced hardships no teen should ever endure, but through hard work and determination, the future Airman discovered he was capable of doing much more than he thought he could.

It all started when the teen's mom began having medical heart issues. She would go in an ambulance and be gone for weeks, he said. The rent wouldn't get paid and he would be evicted from their home.

"I would stay with a friend or on the street. I was moving from house to house, in my car, in a friend's attic," he said. "I didn't have money to take care of myself or my mom."

It was a hard life for such a young man, but Brian remembers his mother often saying, "The same water that softens the potato hardens the egg."

"We are not victims of our circumstance, we are shapers of it," he said. "I could have found someone to blame for the things that happened to me, but no one can change what is going on in your life but you. I had to earn, and own, what was mine and what was given to me. I could have continued on that path or fight and change and go a different direction."

Brian said his mom motivated him by asking him one, simple question, "What's next?"

"She made me have a goal every step of my life," he said. "From being a protector, to being a straight A student, to making the football team, she would always ask, 'What's next?'"

Brian had another mentor and motivator in high school, his first sergeant in the Army

25th Air Force

Formerly homeless, Airman transforms hardships into Motivation

"I could have found someone to blame for the things that happened to me, but no one can change what is going on in your life but you." — Tech. Sgt. Brian

PHOTO ILLUSTRATION BY GEORGE SERNA

Junior Reserve Officer Training Corps.

"I started running when I was in JROTC, and 1st Sgt. Torres ran with us. He was probably in his 40s and he could out run all of us high school kids," Brian said. "I thought, if the first sergeant could do it, I could do it."

After graduating from high school, Brian worked in construction for a while, but it was a rough job that didn't pay inexperienced workers very well.

"I didn't have certifications in anything, and I wasn't making enough to support myself and my mom," he said.

That was when Brian decided to leverage his four years of JROTC experience to better himself and his situation.

"The JROTC groomed me to

be ready for the military," he said.

He joined the U.S. Air Force in 2007 and became an intelligence analyst. Brian, who is now a technical sergeant, intends to stay in the military until he retires, but his current goal is to become a first sergeant.

"First sergeant is the job I was meant to do in the Air Force. I could help all the time and really make a difference in people's lives," he said. "I want to be my Airman's protector, their advocate, their light."

Brian said his personality makes him very approachable, one of the qualities of a good first sergeant.

"I am extroverted, and I think my social cues let Airmen know I care," he said. "As a

supervisor, I sweat the small stuff. I get engaged with Airmen and try to know the details of their lives so I can understand them better."

It was his understanding of his Airmen that led him recently to start a new program.

"Marriages, divorces, buying a house; people need help for those moves the Air Force doesn't pay for. Those short moves that happen during an assignment," Brian said. "So, I started the Air Force Moving Assistance Program."

Through the program, volunteers assist Airmen who need help loading and unloading their belongings during a local move.

Working hard to help others is something Brian believes in, and is thankful he can provide.

"I found out how much hard work could pay off," he said. "Hard work will never be replaced by computers and robots. If we didn't have hard workers we wouldn't have all the innovations we have today."

Through it all, this proud and motivated Airman credits his mom with making him into the compassionate person he is today.

"My mom is a wonderful woman. She raised me in sickness and in health, worked seven days a week, and worked from home when she couldn't afford child care," he said. "My mom focused my drive and kept me determined, and hopefully, through what I am today and what I am doing for my country, my debt can be repaid to her."

Alamo Wing supports Canadian airshow

By Minnie Jones

433RD AIRLIFT WING PUBLIC AFFAIRS

The 433rd Airlift Wing ended a two-day tour supporting the Abbotsford International Airport at "Sky's the Limit—Girls Fly Too," Airshow, March 10-11 in Abbotsford, British Columbia, Canada to celebrate a week of International Women's Day.

The C-5M Super Galaxy and 15 crew members arrived late in the evening March 9 in British Columbia. They were joined by other Air Force Reserve Wings at the Airshow, including the 445th Airlift Wing, Wright-Patterson Air Force Base, Ohio; The 514th Air Mobility Wing from Joint Base McGuire-Dix-Lakehurst, N.J.; and the 507th Air Refueling Wing, Tinker Air Force Base, Okla. The 150th Special Operations Wing, Kirkland Air Force Base, N.M., implemented a combined showing of the Total Force Initiative, by including the New Mexico Air National Guard on the trip.

After landing, the crew prepared the massive C-5M for "show-and-tell," with future aviators and other aviation enthusiasts.

According to The Sky's the Limit—Girls fly too website; the annual event continues to make history as the world's largest outreach event designed to inspire future female leaders in



MINNIE JONES

Staff Sgt. Kristine Thomas (center), 433rd Contingency Response Flight loadmaster and affiliation instructor, is flanked by two members of the Royal Canadian Mounted Police, Courtney Twolan (left) and Lorelei Jeffrey, during a tour of the C-5M Super Galaxy aircraft March 10 at the Abbotsford International Airport in Abbotsford, British Columbia, Canada.

aviation, aerospace, marine and defense. Admission was free to everyone.

"This experience was great," said Staff Sgt. Kristine Thomas, 433rd Contingency Response Flight Loadmaster and affiliation Instructor. "I was inspired and amazed at how fearless the girls were, especially when climbing the up the ladder, into the cockpit of the C-5M."

"This was my first Sky's the Limit—Girls fly too airshow, and this was an amazing opportu-

nity for children and young girls to be inspired to become aviators. I wish that we (San Antonio) could do something like this here; to have an airshow like this would be an amazing opportunity for young girls, to inspire and show them, that there are opportunities in aviation," Thomas said.

Also on their website, Canada included facts regarding women in aviation; it states that 5.8 percent out of 25,413 professional pilots in Canada

are women. Only 2.3 percent of the 7,278 aircraft engineers are women, which makes up only 4 percent of all technical trades, and less than 3 percent are in the top command positions in the Canadian Forces.

In a message from Premier John Horgan of the Province of British Columbia, "women should never feel as though certain careers are beyond their reach, and events like the airshow are crucial in defeating the misconception that some

are exclusive to men."

Hogan also wrote, "The Sky's the Limit — Girls fly too" outreach events, and other initiatives are aimed to change the perception and awaken new interests by providing females of all ages with fun, interactive, and hands-on introductions into the STEM (science, technology, engineering, and math) program based fields."

"This airshow was great, because it inspires a new generation of aviators, and when the time comes, they will be able to replace us in these roles in the future. 'The Sky's the Limit — Girls fly too,' airshow went a long way in actively getting women involved in aviation," said Lt. Col. Gary Edwards, deputy operations commander, 68th Airlift Squadron. "The Abbotsford community was fantastic to us. It was wonderful watching all the aircrews bond quite well, and it was great meeting the local people from the city of Abbotsford and beyond who came out here to see our aircraft and meet our crew members."

"The 433rd Airlift Wing's participation in airshows provides us an opportunity to interact with our nation and foreign counterparts, and gives us the ability to develop and strengthen those relationships," Edwards said.

59th Medical Wing flexes integrated healthcare capability

By Staff Sgt. William Blankenship

59TH MEDICAL WING PUBLIC AFFAIRS

A water main broke at Joint Base San Antonio-Randolph March 14, resulting in no fresh water at the Randolph Clinic.

Rather than shutting down and canceling appointments, the 359th Medical Group practiced patient centeredness and quickly shifted operations by leveraging the resources of the entire 59th Medical Wing.

"In our continuous effort to become a high reliability organization, we have a

commitment to resilience, which is particularly important for a military healthcare system," said Lt. Col. Jeanette Waterson, 359th Medical Operations Squadron's commander.

"By practicing what it means to be an integrated healthcare organization, we were able to quickly modify operations to ensure the best possible care to our patients," Waterson said. "Under the leadership of Col. Robert Bogart, 59th MDW's Medical Operations Group Commander and Col. Kyle Pelkey, 59th MDW's Dental Group Commander, our fellow Warrior

Medics at JBAS-Lackland and the North Central Federal Clinic provided the support that enabled us to continue seeing patients at alternate locations throughout San Antonio."

The 59th Medical Wing Texting Service showcased why many are very excited about the new communication tool. As wing leadership became aware of the situation, staff and beneficiaries who had signed up for alerts to be messaged to their mobile device instantly became aware of their multiple appointment updates and options.

"The best part about the 59th Medical Wing Texting Service is that it does not require beneficiaries to accomplish any kind of registration process, or to download any app onto their phones," said Candido Ramirez, the 59th MDW's Director of Staff.

"Users simply opt-in by texting 59MDWALERT to 99000. The next time patient care is interrupted within the 59th Medical Wing, they will receive a text message directly to their phone with specific information. It really is that simple!"

JBSA-Lackland public health Airman connects in Afghanistan

By Staff Sgt. Divine Cox

455TH AIR EXPEDITIONARY WING
PUBLIC AFFAIRS

According to the World Health Organization, Afghanistan has the fourth highest malaria burden and accounts for 4 percent of confirmed cases in the WHO Eastern Mediterranean (EMRO) region. More than 75 percent of Afghans live in areas at risk of malaria transmission.

There are 63 districts at high risk and 135 districts at medium risk of malaria. Bagram Airfield, Afghanistan, which is located in eastern Afghanistan, has the highest level malaria burden.

It is experts like Staff Sgt. Nikola Bozic, 455th Expeditionary Medical Group public health technician, who help protect all personnel on base from a vast array of illness and disease by minimizing health risks within our community. He is currently deployed from Joint Base San Antonio-Lackland.

"My job here is to support the joint mission in regards to doing preventative health for the entire population on BAF," Bozic said. "I am the only U.S. Air Force public health representative for the area of responsibility, but I am very thankful to have the Army Preventative Medicine here to assist me, as well as the Army Veterinarians."

Bozic stated that every day is different and some days are a lot busier than others.

"You never know what's coming your way each day," Bozic said. "I stay extremely busy. Depending on what I find during inspections, my days can be great or they can be very long trying to resolve any discrepancies I find."

As a public health technician, he and his team are responsible for educating Airmen on safety procedures and food inspection as well as investigating hazardous materials and sanitary standards. They perform public health activities ensur-



Staff Sgt. Nikola Bozic, 455th Expeditionary Medical Group public health technician, checks for expired food during his routine food inspection of the Grady dining facility Feb. 15 at Bagram Airfield, Afghanistan.

ing that Airmen remain healthy.

"It is my job is to prevent disease in the population," Bozic said. "I am here to prevent the actual illnesses and anything that can affect the health of our population. The way I do that is mostly through education and reaching out to the community. Once the member is educated and is provided that medical intelligence about the different diseases and illnesses that are in the environment, they can use that information we provide to prevent themselves from getting whatever that threat may be."

According to Maj. Nancy Lester, Craig Joint Theater Hospital public health officer, Bozic and the role he fills is critical to success of the mission of the hospital as well as the entire AOR.

"Due to his fluency in Serbo-

Croatian language, Bozic has easily forged authentic and highly productive work relationships with most of the Balkan country contractors ensuring optimal food safety and sanitation," Lester said. "Bozic performs monthly food and public facility inspections. He works with facility managers and their frontline staff to ensure we uphold local, Air Force, and Department of Defense standards for total force health."

In addition to inspecting the dining facilities, Bozic also inspects the gyms, laundry facilities, and incinerators.

Inspections can result in identifying discrepancies that may pose possible health threats and those are not easy to relay to facility workers with language and cultural differences.

"With Bozic's background

and language skills, he easily communicates what the discrepancy is and how to address it while maintaining vital work relationships," Lester said. "With the size and population of this installation, often times, Bozic must consult and work with Army Veterinary Staff and Army Preventive Medicine to ensure that as a joint service health team (Task Force Medical - Afghanistan), we are safeguarding the total populace of BAF from preventable injuries and illness."

Hailing from San Antonio, Bozic is originally from Bosnia and has been in the Air Force for five years.

"After finishing my first year in college in Bosnia, my mom asked me to come visit her," Bozic said. "Once I got to Texas, I fell in love with the U.S. I loved the people and all the opportunities that were afford-

"I am here to prevent the actual illnesses and anything that can affect the health of our population. The way I do that is mostly through education and reaching out to the community."

Staff Sgt. Nikola Bozic, 455th Expeditionary Medical Group public health technician

ed to me. Because of that, I joined the world's greatest Air Force."

Currently serving on his first deployment, Bozic said he has enjoyed it so far.

"I was excited when I found out I was deploying here," Bozic said. "I wanted this deployment for a long time because it gives me an opportunity to test myself. You think you know your job home station, but when you deploy, that's when you test yourself and find out if you really know your job."

Bozic said he came into the Air Force open general, but thanks the person who picked public health for him because he loves it.

"It's definitely the right job for me," Bozic said. "I absolutely love my job. It's amazing going out into the community, building that relationship with people. The connection you build with the manager and workers is amazing."

"Every part about this deployment has been great. It has been a great learning experience. Using all the knowledge I have learned and being able to apply it and help out the local community here and the Bosnian unit has been amazing."

RANDOLPH

POWs/MIAs honored during Freedom Flyer Reunion

By Senior Airman Gwendalyn Smith

502ND AIR BASE PUBLIC AFFAIRS

Members of the 560th Flying Training Squadron hosted the 45th annual Freedom Flyer Reunion and 21st annual POW/MIA symposium March 22-23 at Joint Base San Antonio-Randolph.

The event included a wreath-laying ceremony at the base of JBSA-Randolph's Missing Man Monument, which honors all prisoners of war and missing in action service members from the Vietnam War. During the ceremony, Col. Joel Carey, 12th Flying Training Wing commander, and retired U.S. Air Force Reserve Col. Robert Certain, Freedom Flyer #200, were featured guest speakers.

"Thank you all for taking time out of your days to come out, support and be part of what we think is a very important event to the 12th Flying Training Wing and the United States Air Force," Carey said. "It's good to just take a moment and remember. The 12th Flying Training Wing is proud to be a part of this as the source of America's air power. We stand on the shoulders of many who have served and shed their blood, sweat and tears through the years to give us what we have today. We take the role of carrying that torch on very seriously."

During the Vietnam War, it was tradition for the pilot's last flight in Southeast Asia to be their "champagne" flight, where they would be met by their peers and celebrated for their safe return. For POWs, this flight was never accomplished.

After the Vietnam War ended, the 560th FTS hosted a pilot requalification program for those POWs who wanted to

return to flying.

"Some of them were captive for many years and all they wanted when they returned was to get back in the air and flying again, so the Air Force put together this program to get them flying again," said Maj. William Harris, 45th Freedom Flyer Reunion director. "It's a celebration of tradition and what it meant to have those folks back home and returned with honor."

The first flight with the 560th was designed to resemble what their freedom or champagne flight was supposed to be like.

Since May 21, 1973, the 560th FTS has flown 201 former POWs so they could finally have their much-deserved welcome home.

"The freedom flights are my favorite part," Harris said. "Once you've tasted flight, pretty much all you want to do is continue to fly, so it's really awesome to give these individuals the opportunity to get back in the skies."

Following the wreath-laying ceremony, the 21st annual POW/MIA Symposium was held in the JBSA-Randolph Fleenor Auditorium. This gave former POWs the opportunity to share their stories and experiences with all attendees.

"It's always a special present for me to be with the men who kept their honor as we lived in the hardships of incarceration in Vietnam," Certain said. "Forty-five years ago, most of the Vietnam POWs left Vietnam and returned after many years of captivity. All of us brought home memories of those who fought with us in the air, the



PHOTOS BY SEAN WORRELL

U.S. Air Force Reserve Col. Robert Certain, Freedom Flyer #200, speaks at the 45th annual Freedom Flyer Reunion on March 23 at Joint Base San Antonio-Randolph.

sea, on land, those who were with us in prison and especially those who had fallen in battle in that foreign and hostile place. Today we remember all those who did not return from battle, in this and subsequent conflicts against the enemy of freedom and human dignity. The virtues by which they and we lived and fought are core values of the U.S. Airmen, integrity above all, service before self and excellence in all we do.

"We owe a debt of gratitude for the past and a debt of commitment to the future. On this day, we give thanks to God for those men and women who answered our nation's call to rise above their own doubts and fears to step into the chaos of war, to battle with evil, to restore the peace, safeguard civilization and when necessary to lay down their lives for us."



One of the 560th Flying Training Squadron's T-38C Talons, repainted in the gray, green and tan colors of the Vietnam-era F-4 Phantom II, is on display during the 45th annual Freedom Flyer Reunion.

UNIQUE PLACES TO SEE AROUND JBSA

Chapel remains one of JBSA-Randolph's 'jewels'

The structure is distinguished by six stained-glass windows – its 'rose window' harkens back to the Spanish colonial period

By Robert Goetz
502ND AIR BASE WING
PUBLIC AFFAIRS

Built in the image of Missions Concepción and San Jose in San Antonio, the main chapel at Joint Base San Antonio-Randolph has served the spiritual needs of the base community since it was completed in 1934.

Not only does the chapel retain its original mission, it has remained largely unchanged since it was the last

"It's one of the great buildings on Randolph to visit if you want to see historic architecture in almost pristine state. This is a historic base with a historic campus and the chapel is very much like it was in 1934 when it was opened originally."

Gary Boyd, Air Education and Training Command historian

building constructed during JBSA-Randolph's initial construction phase, said Gary Boyd, Air Education and Training Command historian.

"It's one of the great buildings on Randolph to visit if you want to see historic architecture in almost pristine state," he said. "This is a historic base with a historic campus and the chapel is very much like it was in 1934 when it was opened originally."

Situated on Washington Circle across Northeast Drive from the Taj Mahal, the chapel, built at a cost of \$66,000, was finished a few years after most of the initial construction at Randolph was completed because it was not considered "mission-essential," Boyd said.

The structure is distinguished by its six stained-glass windows – none of them original to the building – and its "rose window" that, like the structure itself, harkens back to the Spanish colonial period.

"The chapel is known for having six of the most original stained-glass windows in all of the Air Force and all of the military, each of them dedicated to different memorializations," Boyd said.

Two of the stained-glass windows are dedicated to the memory of Mrs. Gertrude Lahm, wife of Brig. Gen. Frank Lahm, who commanded the Gulf Coast Air Corps Training Center at Randolph during the base's initial construction, and Maj. Gen. Augustine Warner Robins, another former commander of the Air Corps Training Center at Randolph.

Other windows are dedicated to the memory of those who died serving their country: flight surgeons, San Antonio Aviation Cadet Center graduates, instructors and enlisted members.

The rose window on the west facade of the chapel, above the building's main entrance, is a copy of Mission San Jose's fa-



The pulpit view of the interior of Chapel 1 at Joint Base San Antonio-Randolph. Some of the Air Force's most important people were married in the chapel, including Maj. Thomas McGuire, who was killed in action on Jan. 7, 1945.

mous rose window, Boyd said.

"The Spanish loved to have a light that was an embodiment of the stars and the sun," he said. "They came up and shone directly onto the altar. The rose window here at our base chapel is stained glass and beautiful and one of the very best pieces of its type within the Air Force."

Another unique feature of the chapel is the absence of a cupola on the right tower.

"They left it unfinished because the Spanish would not tax a building that was unfinished," Boyd said. "In deference to that tradition, they left it the same way here at Randolph, so you get a feel for hundreds of years of history when, in fact, it's only about a century old."

One of the little-known facts about the chapel is that some of the leading figures in the Air Force's history have been married there, including Maj. Thomas McGuire, Boyd said.

McGuire died for his country in early 1945.

"Every time you sit in one of the pews, you feel a link and a direct kinship with the history of the Air Force," Boyd said. "Tom McGuire was the second leading ace in Air Force history, and other aces have been married there as well. We don't have a direct catalog of all the main events and some of the large funerals and weddings that have happened there, but when you look at the history of Randolph, which is now almost 90 years old, you feel kind of a wave of history when you go in the chapel."

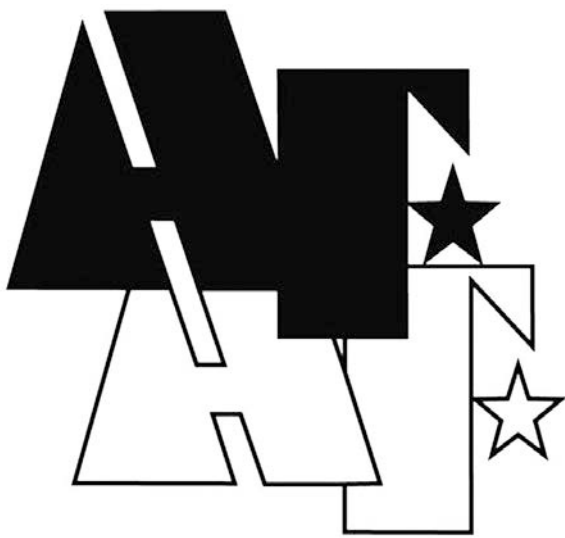
Boyd called the chapel one of Randolph's "great jewels."

"They spared no expense on our chapel or Randolph," he said. "It was built at the height of the Depression, and the idea was to keep people employed and to inspire Airmen who were coming through, and it certainly does that."



PHOTOS BY SEAN WORRELL

Built in the image of Missions Concepción and San Jose in San Antonio, the main chapel at Joint Base San Antonio-Randolph has served the spiritual needs of the base community since it was completed in 1934.



AFAF now underway

By **Danielle Knight**

502ND AIR BASE WING PUBLIC AFFAIRS

The 2018 Air Force Assistance Fund Campaign at Joint Base San Antonio kicked off March 26 and runs until May 4.

Unit Air Force Assistance Fund project officers will be making contact with active-duty personnel about the program. Other personnel wishing to make a donation should contact their unit AFAF project officers for more information.

The goal for this year's Air Force Assistance Fund is 100 percent contact with the 22,616 eligible personnel across Joint Base San Antonio and a fundraising goal of \$342,293 across all installations and mission partners.

Each year, there is an effort through the entire Air Force to raise money for four Air Force charities: the Air Force Aid Society, Air Force Enlisted Village, Blue Skies of Texas (formerly Air Force Villages Charitable Foundation), and the General and Mrs. Curtis E. LeMay Foundation.

The Air Force Aid Society provides Airmen and their families worldwide with emergency financial assistance, education assistance and various base-level community enhancement programs.

The Air Force Enlisted Village supports Teresa Village in Fort Walton Beach, Florida, and Bob Hope Village in Shalimar, Florida, near Eglin Air

Force Base. The fund provides homes and financial assistance to retired enlisted members' widows and widowers who are 55 and older. It also supports Hawthorn House in Shalimar, which provides assisted living for residents, including 24-hour nursing care.

Blue Skies of Texas (formerly Air Force Village) has a core charitable mission to care for retired Air Force officers and their spouses, widows or widowers and family members. Communities are located in San Antonio. The new name Blue Skies of Texas celebrates the Air Force heritage.

The General and Mrs. Curtis E. LeMay Foundation provides rent and financial assistance to widows and widowers of officer and enlisted retirees in their homes and communities through grants.

For more information on the Air Force Assistance Fund and how to donate, visit <http://www.afassistance-fund.org>.

For more information about the AFAF, or questions on how to donate, please contact your installation or unit project officer. Points of contact:

- » Joint Base San Antonio: 1st Lt. Thomas Korzon - 210-808-3010
- » Fort Sam Houston: Master Sgt. Chris Grube - 210-221-9616
- » Lackland: Master Sgt. Laurie Johnson - 210-671-3836
- » Randolph: Staff Sgt. Daniel Owen - 210-652-7074