

# JBSA LEGACY

WWW.JBSA.MIL

JOINT BASE SAN ANTONIO

NOVEMBER 30, 2018



PHOTO BY DEBBIE ARAGON

Capt. Mark Bishop nears the end of the bridge obstacle of the proving rig during the first Inter-service Alpha Warrior Final Battle Nov. 17 at Retama Park in Selma, Texas.

## AF proves mettle at first Alpha Warrior battle

Page 16



### Mission Thanksgiving a success with Soldiers

Page 3



### Instructor pilots shape next gen American airpower

Page 20

# Holiday safety: To drink or not to drink

From Defense Health Agency  
HEALTH.MIL

Parties and special occasions usually involve games, music and alcoholic beverages. They are times of festivity and fun. For someone concerned about alcohol intake or battling substance abuse, social events may seem threatening. But it is possible to participate in activities that include alcohol.

## Get the facts about risky drinking

The first step to understanding your alcohol limits is to know the facts, signs and symptoms about alcohol abuse. The Psychological Health Center of Excellence gives examples of alcohol misuse and facts about risky driving:

- ▶ Drinking more or for a longer time than you intend
- ▶ Continuing to drink even though it makes you feel depressed or anxious
- ▶ Experiencing symptoms of withdrawal when you don't drink
- ▶ Experiencing interference with daily activities, family, friends and work
- ▶ Having to consume more drinks than you once did to get the same effect

## Set your limits

If you're not practicing abstinence, but want to be mindful of your drinking

behavior, there are ways to set limits. Tracking your daily drink intake may be a helpful way to manage substance use, but can be difficult to practice in social situations. Before going to the party, have a plan and remember to be S.M.A.R.T:

- ▶ **Specific.** Set a drink type and number limit for yourself. If you decide to drink a beer, ask yourself what type of beer, stick to that brand and style and don't go over your limit. Every alcohol beverage has a different alcohol content, which changes your body's response.
- ▶ **Measurable.** Understand how your body processes alcohol to determine your specific limitations. Look at the standard drink calculator to see how different types of drinks will affect your body.
- ▶ **Attainable.** Is your goal realistic for your lifestyle? Set a goal that you are confident and positive about achieving.
- ▶ **Relevant.** Ask yourself if your goal applies to your current surroundings. If you are at a wine-tasting event, know how much wine is enough for you.
- ▶ **Time-based.** Set a drinking cut-off time and length of time between each drink. Determine how many drinks is a safe number for you.

## Choose your surroundings

Choosing your surrounding can be the best way to combat pressure. If you are

battling substance abuse, consider attending an alcohol-free holiday party or host your own alcohol-free small gathering.

It's also OK not to go to a party if you feel it could harm your sobriety.

## On-the-go support: mobile apps

There are several mobile apps that can help you assess and manage your alcohol use. Some mobile apps can help you learn healthier ways to cope with certain triggers, such as stress. Here a few to consider:

- ▶ **Pier Pressure**, developed by Navy Alcohol and Drug Abuse Prevention, offers resources to help practice responsible drinking behaviors in real life to include: a blood alcohol content (BAC) calculator; calorie and alcohol content calculators for beer, wine, spirits and popular cocktails; safe drinking tips; and direct access to local taxi searches and popular ride-sharing apps
- ▶ **VetChange**, developed by the Department of Veterans Affairs, is for veterans and service members who are concerned about their drinking and how it relates to post-traumatic stress after deployment, and for all people who are interested in developing healthier drinking behaviors.

You can overcome substance abuse by knowing the facts, sticking to your goals, informing others of your intentions, having good support and creating a positive environment for long-lasting change.

# TRICARE open enrollment gives choices to beneficiaries

By David DeKunder

502ND AIR BASE WING PUBLIC AFFAIRS

Beneficiaries of TRICARE who want to make changes to their health care coverage are now able to do so during the TRICARE enrollment period that started Nov. 12.

TRICARE Open Season gives enrollees in the TRICARE Prime or TRICARE Select plans the opportunity to review their health care options and make changes in coverage based on their needs.

The enrollment period ends Dec. 10.

Vice Adm. Raquel Bono, Defense Health Agency director, said the TRICARE Open Season enrollment period gives beneficiaries a choice in what they want to do with their health care coverage.

Bono spoke about the new enrollment period process during a news conference in San Antonio Nov. 10.

"In this enrollment period, people have the opportunity to choose or elect to either stay with the plan that they're on, or they can switch," Bono said. "So if they were in TRICARE Prime and they have a changing

health need that would make it more advantageous for them to switch to TRICARE Select, they can do that during open enrollment season."

Information on TRICARE plans and enrollment is available at [TRICARE.mil/openseason](http://TRICARE.mil/openseason). Enrollment changes made in TRICARE plans take effect Jan. 1.

TRICARE beneficiaries who are satisfied with the plan they currently have don't need to take any action during the enrollment period. Their plans will be enrolled automatically.

Other changes in TRICARE include retiree dental coverage and vision coverage for military family members.

On Dec. 31, the TRICARE Retiree Dental Program will end. Retirees can continue dental coverage by enrolling in the Federal Employees Dental and Vision Insurance Program during the Federal Benefits Open Season, which runs through Dec. 10.

Bono said retirees who enroll in FEDVIP will have a choice of 10 dental plans to choose from.

"They can select that plan that best meets their family's needs," Bono said.

On average, costs for retiree dental plans in San Antonio through FEDVIP range from \$20 to \$40 per month for an individual plan, and \$60 to \$120 a month for a family plan. These costs are compared to the TRICARE Retiree Dental Program, which is \$32.25 per month for an individual and \$115 for a family plan.

Starting next year, military family members who are enrolled in TRICARE will be eligible for vision coverage, also through FEDVIP. Family members of both active-duty and retirees can enroll for vision coverage during the Federal Benefits Open Season period.

Information on FEDVIP plans and costs is available at

<http://www.TRICARE.benefeds.com>.

Information on the open season for FEDVIP is at <http://www.TRICARE.mil/openseason>.

Enrollment changes made during the Federal Benefits Open Season in both retiree dental coverage and vision for family members will go into effect Jan. 1.

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COURTESY PHOTOS

John Smelik (center left), a retired U.S. Marine, and son-in-law Travis Briggs (center right), retired Air Force, have hosted Soldiers for Mission Thanksgiving for the last 17 years.

# Mission Thanksgiving a success with Soldiers, local families

From U.S. Army Medical Center and School, Health Readiness Center of Excellence Public Affairs

A heartfelt "thank you" goes out to the more than 300 Military City Community Families who hosted nearly 900 Joint Base San Antonio and U.S. Army Medical Department Center & School, Health Readiness Center of Excellence, Soldiers this Thanksgiving.

This is a 20-year partnership conducted by the 32nd Medical Brigade with the community and the installation.

San Antonio area families were given the opportunity to express their warmth and hospitality to Soldiers from JBASA-Fort Sam Houston and Airmen and trainees from Joint Base San Antonio-Lackland by hosting the military members in their home for a holiday meal with a family atmosphere.

For many military members at JBASA, Thanksgiving is their first major holiday away from home and their families. The support of local community members demonstrates the appreciation San Antonians have for their service and sacrifice.



Members of the 32nd Medical Brigade cadre help support the Mission Thanksgiving event Nov. 22 at Joint Base San Antonio-Fort Sam Houston.



Maj. Gen. Patrick Sargent (left), commanding general, U.S. Army Medical Department Center & School at Joint Base San Antonio-Fort Sam Houston, wishes Soldiers a "Happy Thanksgiving" Nov. 22 before they depart with their sponsors for Mission Thanksgiving.

# Throwback to WWII, Army Greens uniform aims to instill pride

## From Army News Service

The Army plans to issue a new World War II-style uniform starting the summer of 2020, as senior leaders look to sharpen the professional appearance of Soldiers and inspire others to join them.

The Army Greens uniform, a version of the uniform once worn by the Greatest Generation, will now be worn by today's generation as they lead the service into the future.

"As I go around and talk to Soldiers ... they're very excited about it," said Sgt. Maj. of the Army Daniel A. Dailey. "They're excited for the same reasons why we wanted to do this. This uniform is very much still in the minds of many Americans."

The Army Service Uniform will revert to a dress uniform for more formal events, while the Operational Camouflage Pattern uniform will still be

used as a duty uniform.

The Army does not plan to get rid of the ASU or have Soldiers wear the Army Greens uniform in the motor pool, Dailey said Monday during a media roundtable at the Pentagon.

"The intent is to not replace the duty uniform," he said. "You're still going to have a time and place to wear the duty uniform every day."

Ultimately, it will be up to the unit commander what Soldiers will wear.

"It's going to be a commander's call," said Brig. Gen. Anthony Potts, who is in charge of PEO Soldier, the lead developer of the uniform.

"Each commander out there will have the opportunity to determine what the uniform is going to be."

The new uniform will be cost-neutral for enlisted Soldiers, who will be able to purchase it with their clothing

allowance.

One approved change the female board recommended was the slacks and low-quarter dress shoes instead of the skirt and pumps for female Soldiers.

While the uniform is issued with an all-weather coat, there will be optional jackets for Soldiers to purchase and wear.

An Eisenhower or "Ike" waist-length jacket will be available as well as a green-colored tanker jacket and a leather bomber jacket.

Options for headgear will include the garrison cap and the beret, both of which will be issued. Soldiers will also have the option to purchase a service cap.

Soldiers who do wear the uniform will help honor those who came before them.

"This nation came together during World War II and fought and won a great war," Dailey said. "And that's what



RONALD LEE

*Soldier models of the proposed Pink and Green daily service uniform display the outfit's overcoat as they salute during the National Anthem at Lincoln Financial Field in Philadelphia, Penn., during the Army-Navy Game Dec. 9, 2017.*

the secretary and the chief want to do, is capitalize on that Greatest Generation, because there's another great

generation that is serving today and that's the Soldiers who serve in the United States Army."



# Federal laws keep marijuana illegal for military

By Senior Airman Elijah Tiggs

319TH AIR BASE WING PUBLIC AFFAIRS

Although the legalization of recreational and/or medicinal use of marijuana is growing at the state level, it is important to understand that federal law has not changed concerning the matter. This notice is intended to serve as a reminder that the use of marijuana, cannabidiol, cannabinoid derivatives, and THC-infused products is prohibited for military members. Wrongful use and/or possession of these substances is unlawful under the Uniform Code of Military Justice via Article 12A.

Additionally, AFI 90-507, Military Drug Demand Reduction Program, para. 1.1.6 states as follows: Studies have shown that products made with hemp seed and hemp seed oil may contain varying levels of tetrahydrocannabinol (THC), an active ingredient of marijuana, which is detectable under the Air Force Drug Testing Program. In order to ensure military readiness, the ingestion of products containing or products derived from hemp seed or hemp seed oil is prohibited. Failure to comply with the mandatory provisions of this paragraph by military personnel is a violation of Article 92, UCMJ. Violations may result in administrative disciplinary action without regard to otherwise applicable criminal or civil sanctions for violations of related laws.



AIRMAN 1ST CLASS TAYLOR CURRY

Being that UCMJ actions can be applied to situations concerning the possession or use of marijuana products and byproducts, the Air Force's Judge Advocate office strongly advises Airmen be aware of what products they use.

"From a legal perspective, the big takeaway is that we want our Airmen to be savvy consumers," said Capt. Christina Zanic, 319th Air Base Wing Judge Advocate office chief of military justice. "Products containing cannabidiol and marijuana extracts are quickly growing in popularity and accessibility. Despite this, it's always important for Airmen to understand the law as it applies to them as a military member."

When using electronic cigarettes, vape products, etc., it is important to thoroughly research them and carefully read the labels to ensure that no cannabinoids or other marijuana derivatives are included in the ingredients. Additionally, please exercise caution when using other products that could potentially contain CBD or THC, such as dietary supplements, foods or beverages.

More information can be found at

<https://www.opss>

[.org/faqs/cannabidiol-are-products-cbd-legal](https://www.opss.org/faqs/cannabidiol-are-products-cbd-legal).

If you have any legal questions concerning this matter or other UCMJ Articles contact your local Judge Advocate office. If you need assistance after being charged with an offense against the UCMJ, contact your agency's Area Defense Counsel. If you have any questions about the Air Force Drug Testing Program, contact your installation's Drug Demand Reduction center.

## Air Force Safety goes mobile

By Keith Wright

AIR FORCE SAFETY CENTER PUBLIC AFFAIRS

The Air Force Safety Center released a mobile version of the Airman Safety App, Nov. 15, enabling Airmen at installations Air Force-wide to voluntarily report safety issues with their devices as they encounter them.

A capability designed to advance the Airman Safety Action Program, this simple proactive tool utilizes every Airman as a sensor to identify hazards in their workplace and throughout the installation for the purpose of mishap prevention.

"We are leveraging technology to capture those unintentional errors, hazardous situations and high-risk activities that may not be identified through traditional safety reporting channels," said Kevin Tibbs, AFSEC Airman Safety Action Program manager. "The Safety Center receives more than 60 reports a month that may not have been revealed otherwise."

Submissions to ASAP using the

Airman Safety App are designed to encourage open reporting of safety concerns and information that might be critical to identifying precursors to accidents.

This includes initiating reports identifying the existence of hazards, events or conditions negatively affecting nuclear surety and chronic, work-related occupational illnesses.

As of Nov. 1, more than 4,500 ASAP reports have been filed since 2009. Of those, 858 in fiscal year 2018 were remote submissions via the URL-based app. The Airman Safety App, once downloaded from the major app stores – Apple or Android – is accessible anywhere, anytime and focuses on minimizing the most common obstacles, making reporting quicker and easier to accomplish.

"The main advantage of the downloadable app versus the web-based app is that it is self-contained," said Frank Svet, AFSEC Analysis and Cyberspace Operations Division deputy chief. "It does not need a data

connection or a browser to enter and store inputs to the application, while the web-based app requires a data connection to reach the URL initially via a browser, then the app is cached and can be utilized from that point on without a data connection."

The application brings a modernized touch to the Air Force's safety reporting by providing a paper-free connection between the submitter and the safety professional at their own installation saving countless hours in the process. Additionally, the report will be instantaneously available for that safety office to triage the issue and start mitigating identified hazards.

"Whether it's a young Airman at the gate or a pilot in the plane, feedback is important to closing the loop," added Tibbs. "Not only does the submitter receive a response to their issue through active messaging, but ASAP helps 'next generation' Airmen by passing on valuable lessons learned across the force."

Air Force personnel with a Common Access Card can access the ASAP scoreboard on a protected website in order to see what others are reporting and to see what remedial actions have

been taken to address those identified hazards.

While the majority of the functionality of the URL-based app will be replicated on the downloadable app. One enhanced feature enables air crew to default to aviation-only questions. Another feature will enable the user to submit test/practice reports to the Air Force Safety Automated System simulations environment.

The downloadable app was a cost-effective initiative developed and tested in-house by AFSEC personnel to provide Airmen with advanced reporting options and improve the center's ability to capture hazards at installations around the world.

"Technology has transformed how Airmen send and receive information now more than ever," said Douglas MacCurdy, AFSEC's Analysis and Cyberspace Operations Division chief. "This app capitalizes on these advancements and takes our mishap prevention efforts to the next level by providing users with real-time access to submit safety hazards and issues."

Download the Airman Safety App on the Apple App Store and the Google Play Store.

# FORT SAM HOUSTON

## Sutherland Springs remembered one year later

Three former Sutherland Springs patients attended the presentation

By Lori Newman

BROOKE ARMY MEDICAL CENTER  
PUBLIC AFFAIRS

Brooke Army Medical Center held two ceremonies to honor the victims of a mass shooting that took place in a small rural community near San Antonio and the staff members who treated them.

The first ceremony was held Nov. 5, the first anniversary of the shooting, which happened on a peaceful Sunday morning in a church in Sutherland Springs. That day a lone gunman took the lives of 26 people and wounded 20 others. Of those who were wounded, BAMC received eight victims – six adults and two children.

BAMC Commanding General Brig. Gen. George Appenzeller provided remarks, followed by a blood drive and a banner signing.

“We thought it would be fitting to hold a blood drive today, because blood is what saves lives in these kinds of situations,” Appenzeller said. “Many people survive because of blood donated at other times. Blood drives are critical to our nation and they are critical to the survival of our trauma patients. Without blood, people like those who were injured in Sutherland Springs may have died.”

The general said even though he and Command Sgt. Maj. Thomas Oates were not at BAMC during the time of the shooting, they have spoken to many staff members who were.

“What was most impressive was how the BAMC family came together,” the general said. “They came without being called, because it was the right thing to do.”

“I can’t stress how proud Command Sgt. Maj. Oates and I are of each and every one of you, and how proud we are to be part of this organization,”



JASON W. EDWARDS

*Juan “Gunny” Macias (right) hugs David Colbath (left) during a ceremony Nov. 8 at Brooke Army Medical Center. Macias and Colbath both survived the mass shooting in Sutherland Springs Nov. 5, 2017. They both recovered from their injuries at BAMC along with 6 others who were injured during the shooting.*

Appenzeller said. “Everyone who came here survived and that is a testament to the hard work, skill, compassion and dedication of every member of the BAMC team.”

The Akroyd Blood Donor Center Armed Services Blood Program received 48 donors and collected 31 units of blood as a result of the blood drive.

After the Sutherland Springs shooting, BAMC received a banner from Sunrise Hospital in Las Vegas as a demonstration of support and appreciation for our staff. Sunrise Hospital received nearly 200 victims after the 2017 Vegas shooting. They wanted to “pay it forward” to another hospital that cared for victims after a mass shooting.

BAMC decided to “pay it forward” by having staff and patients sign a banner of support for Clear Lake Regional Medical Center in Webster, Texas. They also received eight patients – all

students – in the wake of the Santa Fe High School Shooting last May.

Brig. Gen. Jeffrey Johnson, Regional Health Command-Central commanding general, presented a certificate of appreciation from Texas Governor Greg Abbott to Appenzeller Nov. 8 during a second ceremony.

Three former Sutherland Springs patients attended the presentation, David Colbath, Juan “Gunny” Macias and Zack Poston. All had multiple injuries from the shooting and recovered at BAMC.

“This is very emotional for me to have a chance to see these folks once again,” Johnson said, trying to hold back his emotions.

“While BAMC is renowned for its emergency response within the community, the tragedy that rocked the small community of Sutherland Springs and indeed, our nation, remains an especially poignant moment in our

BAMC history that will not be forgotten,” Johnson said. “As the BAMC commander at the time, I was tremendously proud as I observed our BAMC team respond with determination to do what we could to mitigate the devastation of this tragedy, one patient at a time.”

Johnson said, when tragedy strikes, it is easy to become disheartened or despairing.

“We have the honor of watching individuals – like David, Juan, Zach and the many trauma victims from the surrounding area – whether military or civilian, who have survived the worst event in their life,” Johnson said. “The team of providers here at BAMC are incredibly skilled professionals, and they truly epitomize compassion, care and commitment.”

Macias didn’t plan to speak, but he said the general’s honest words gave him the courage to try.

“First I would like to thank God for the many blessings I have received since the shooting,” Macias said.

“To the ER doctors and nurses ... I can’t begin to thank you. We have our lives because of all of you,” he said choking back his tears.

He praised several individual staff members and Johnson for the care they provided to him and his family.

“You gave my family comfort and confidence that everything was going to be alright,” Macias said. “God bless all of you. Keep up the great work.”

Colbath also thanked the staff who were involved with his care.

“The people who work here are here because they want to be, and I can’t imagine there being any other reason because I was touched with love, and caring hands, caring hearts and people who really wanted to do their job and did a great job doing it,” Colbath said. “I tell everyone, the world’s greatest trauma center is in San Antonio, Texas. It’s called Brooke Army Medical Center.”

“I want you all to know that you all do a great job, and I’m glad that I was brought here,” he concluded.

# MICC Field Directorate Office at FSH welcomes new director

By **Ryan Mattox**

MISSION AND INSTALLATION CONTRACTING  
COMMAND PUBLIC AFFAIRS

Members of the Field Directorate Office-Fort Sam Houston welcomed their new director Oct. 22 at Joint Base San Antonio-Fort Sam Houston.

Col. Jason Jefferis assumed the position of director and principal assistant responsible for contracting duties from April Miller-Dietrich, who had been performing those duties since the deactivation of the 412th Contracting Support Brigade in April 2017.

“It is my task to continue to lead this exceptional organization and build upon the great work in support of the command’s efforts to operationalize contracting and establish a renewed focus on contract administration,” Jefferis said.

Jefferis comes to the FDO-Fort Sam Houston after his deployment for Operation Resolute Support in Afghanistan. He served as the deputy director for resource management and senior procurement adviser to the

Afghanistan National Defense Security Forces and National Procurement Authority with the Combined Security Transition Command-Afghanistan, an executive-level agency responsible for oversight of all contracts in country.

“I am truly humbled and honored by the opportunity to continue to serve in this capacity,” Jefferis said. “Command at any level is a privilege, but command of an organization so intricately linked to many of the Army’s largest enterprise-wide initiatives is truly a special opportunity. The outstanding work of this organization impacts the greater Army on a daily basis all across our formations; from our newest recruits, to the readiness of our most seasoned warfighters, and ultimately to the care of their families at all stages of their Army journey.”

Jefferis was commissioned as a second lieutenant and Field Artillery Officer after graduation from the United States Military Academy at West Point, New York, in June 1996. Since that time he has completed various assignments of increased authority at the command and staff



BEN GONZALES

*Col. Jason Jefferis is the new director and principal assistant responsible for contracting for the Mission and Installation Contracting Command Field Directorate Office-Fort Sam Houston.*

level including deployments to Kuwait, Iraq and Afghanistan. He joined the Army Acquisition Corps in 2004.

This assignment is the third for

Jefferis with the MICC. He previously served as commander of the 902nd Contracting Battalion at Joint Base Lewis-McChord, Washington, and more recently as the deputy chief of staff for operations at the MICC headquarters from July 2015 to June 2016.

FDO-Fort Sam Houston is made up of three large contracting offices at Fort Sam Houston, Fort Knox, Kentucky, and Fort Belvoir, Virginia. MICC-Fort Belvoir serves the five Army installations in the National Capital Region.

These offices plan, integrate, award and administer more than 6,000 contracts in excess of \$1.2 billion for customers including Arlington National Cemetery, Assistant Secretary of the Army for Installations, Energy and Environment, Office of the Assistant Chief of Staff for Installation Management, Installation Management Command, Army North, Army Human Resources Command, U.S. Medical Entrance Processing Command, the Military District of Washington and many elements of the Army Staff.





# Joint Base San Antonio FORCE SUPPORT SQUADRON

## Monthly Events

## December

### Bowling

#### Pro Shop offers gifts for everyone

The JBSA-Randolph Bowling Center Pro Shop offers 10 to 25 percent off selected balls, bags and shoes now through Dec. 23. Stop in and check out the new equipment and pick up something for that hard to please person. For more information, call 210-652-6271.

#### Bowl with a DJ

Come to the JBSA-Fort Sam Houston Bowling Center Dec. 1, 5-10 p.m., to enjoy the glowing light show with a live DJ mixing today's high tempo hit music at Cosmic Bowling with a DJ Night. For more information, call 210-221-4740.

#### Bowl with Santa and the Grinch

The JBSA-Randolph Bowling Center hosts Santa and the Grinch Dec. 15, 10 a.m. to 1 p.m. The cost is \$15 per person and includes two games of bowling with rental shoes and a goodie bag for the children. Photo opportunities are only available 9-10 a.m. for \$8. For more information, call 210-652-6271.

#### Bowl with the Grinch

The Grinch comes out of seclusion Dec. 15, 11 a.m. to 2 p.m., at the JBSA-Lackland Skylark Bowling Center. Children, 12 years and younger, bowl one game, receive shoes and a bag of candy for \$5. Pre-registration is highly encouraged. The cost is \$3 per person. For more information, call 210-671-1234.

#### Bowlers play in a tournament

The JBSA-Lackland Skylark Bowling Center hosts a 9-Pin, No-Tap Tournament Dec. 15, 5 p.m. The entry fee is \$20 if paid by Dec. 13. After the deadline, the cost is \$25. Prizes for both men and women categories are awarded immediately following the completion of the tournament. For more information, call 210-671-1234.

#### Special bowling rate offered over Christmas break

Come out to the JBSA-Randolph Bowling Center Dec. 17-21, 10 a.m. to 4 p.m. for the special Christmas break rate of \$2.75 per game, per person with \$2.50 shoe rental or rent the lane for \$15 per lane, per hour for up to 6 bowlers per lane with \$2.50 shoe rental. For more information, call 210-652-6271.

#### The day after Christmas brings a bowling special

Join JBSA-Randolph Bowling Center Dec. 26, 10 a.m. to 8 p.m., with the special bowling rate of \$2.75 per game, per person with \$2.50 shoe rental or take advantage of the "Rent-a-Lane" special. This special includes two hours of unlimited bowling, shoe rental, a 20-ounce soda each

and a large pizza and costs \$50. For more information, call 210-652-6271.

#### Military Bowling Championship Tune-Up Tournament

The JBSA-Randolph Bowling Center hosts the Military Bowling Championship Tune-Up Tournament Dec. 27, 6 p.m. The tournament is a four-game scratch singles format on the Las Vegas Military Championship oil pattern. Cost is \$50 and prizes are given based on the number of entries. The tournament is open to all eligible bowlers whether going to the Annual Military Championship Tournament or not. To sign up, call 210-652-6271.

#### New Year's Eve blowout held for youth

The JBSA-Lackland Skylark Bowling center hosts a Youth New Year's Eve Blowout Dec. 31, 2-4 p.m. This glow bowl blowout is open to youth, 17 years and younger and includes shoe rental, pizza and noise makers. The cost is \$10 per child if registered by Dec. 24 and \$15 per child for registration after Dec. 24. For more information, call 210-671-1234.

#### New Year's Eve Celebration held

Celebrate the end of the old year and the beginning of the New Year at the JBSA-Randolph Bowling Center Dec. 31, 8 p.m., for an adults'-only party. Patrons enjoy three games of Colorama in Cosmic with cash prizes. The cost is \$35 per person and includes a complimentary glass of Champagne for each person to toast in 2019 with breakfast served afterwards. Reservations are accepted beginning Dec. 1. There is limited space so make reservations early. The Bowling Center is open from 10 a.m. to 6 p.m. for cosmic bowling for \$2.75 per person, per game and \$2.50 shoe rental. For more information, call 210-652-6271.

### Clubs

#### Bingo fun is at the club

Bingo at the JBSA-Randolph Kendrick Club takes place Monday through Thursday, 7 p.m., Sundays, 3 p.m. and Saturday, Dec. 1 and 15, 3 p.m., in the ballroom. Admission is free to members and \$10 for nonmembers.

Join the JBSA-Randolph Kendrick Club for Bingo Extravaganza Dec. 3 and 17 with \$15,000 in total jackpots, a complimentary buffet at 5 p.m. and Early Bird bingo at 6 p.m.

The JBSA-Randolph Kendrick Club hosts Kiddie Bingo with Santa Dec. 9, 11 a.m. to 12:30 p.m. Children, 12 years and younger, play five games of bingo for free, can win door prizes and get a complimentary buffet with chicken tenders, fries, cookies and fruit punch. The adults can order items from the Gil's Pub Grill menu. This event is open to all Department of Defense ID cardholders. Doors open early for members at 10:30 a.m. and 11 a.m. for all others.

Birthday Bingo is held Dec. 12, 7 p.m., at the JBSA-Randolph Kendrick Club. Birthday members receive one free machine and cake. This event is for Randolph Club members only and an ID card is required. For more information, call 210-652-3056.

#### December birthdays are celebrated with a buffet

The JBSA-Randolph Parr Club offers a complimentary buffet every month for members with birthdays in that month. Members with December birthdays are honored Dec. 5, 11 a.m. to 1:30 p.m. This is free for birthday members. Cost is \$10 for members without a birthday in December, \$5 for members' children, 6-12 years, \$12 for nonmembers and \$6 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. Coupons are not accepted. For more information, call 210-658-7445.

#### Patrons enjoy a holiday lunch buffet

Celebrate the holidays with a special buffet at the JBSA-Lackland Gateway Club Dec. 13, 11 a.m. to 3 p.m. for \$11.95 per person. The buffet features roast turkey with wild rice sausage apple stuffing, glazed ham with rum raisin sauce, fried chicken, pork loin marsala, baked fish with lemon dill, whipped potatoes with gravy, brandied yams, four-cheese macaroni, green beans with red peppers, glazed baby carrots and pistachios, broccoli spears with red pepper strips, fresh baked rolls, soup and salad bar, red velvet cake, Christmas cakes and cookies, apple cobbler, carrot cake and beverages. For information, call 210-645-7034.

#### Children have brunch with Santa

The JBSA-Randolph Parr Club hosts brunch with Santa, Dec. 16, 10 a.m. to 1 p.m. Santa is available for photos and has candy canes for the children and all children are invited to enter the prize drawings. The cost is \$23 for members, \$25 for nonmembers, \$12 for members' children, 6-12 years, \$15 for nonmembers' children, 6-12 years, and free for children 5 years and younger. For more information, call 210-652-4864.

#### Weekly food specials offered

Stop by the JBSA-Randolph Kendrick Club for weekly food specials. Every Tuesday enjoy \$1.50 beef or chicken tacos in Gil's Pub from 5:30-7 p.m. On Wednesdays, in a sports bar atmosphere, enjoy flavorful 50 cent wings from 4:30-7 p.m. A minimum of 10 wings must be purchased. For more information, call 210-652-3056.

#### Patrons unwind on Fridays

Unwind after a busy work week Fridays at the JBSA-Randolph Kendrick Club. Come early at 5 p.m. and stay late for food, professional bartenders and dance music



# JBSA FSS

with DJ Scandalous. Social hour food served 5-6 p.m. and the Grill is open from 4-9 p.m. For more information, call 210-652-3056.

## Community Programs

### Community Center hosts a flea market

Shop for bargains or treasures at the JBSA-Lackland Skylark Community Center quarterly flea market at the Skylark Bowling Center parking lot Dec. 1, 8 a.m. to noon. Sellers can rent spaces for \$10. Tables are \$5 each. Payment for reservations must be paid in cash and in person at the Skylark Community Center. For more information, call 210-671-3193 or 210-671-2021.

### Boogie with the Harlequin Theatre this holiday

The JBSA-Fort Sam Houston Harlequin Theater invites patrons to celebrate the Christmas spirit with energetic music during "Boogie Woogie Christmas" by award-winning creator and director Shawn Kjos Dec. 1-22. Boogie Woogie Christmas ignites the spirit with favorite holiday music from the 1940s and 1950s. Shows run Thursdays through Saturdays, 8 p.m. For more information or to make reservations, call 210-222-9694.

### Community Center offers holiday solutions

The holiday season is in full swing at the JBSA-Fort Sam Houston Sam Houston Community Center and it truly is the most wonderful and busy time of the year. This year a to-go turkey special is available for those overwhelmed by the holidays. Delivery is available. Place orders for one of the critically acclaimed roasted turkeys or come in to meet with the caterers about hosting an event right here. Let the talented chef and skilled service staff take care of all the holiday needs and just enjoy celebrating with family and friends. For more information or to place an order, call 210-808-6262 or 210-808-6263.

## Fitness

### Patrons run in ugly holiday sweaters

Join the JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus Dec. 1, 9 a.m., for the Ugly Holiday Sweater 5K at the Navy Aquatic Center Parking Lot. Wear an ugly holiday sweater and enter a drawing to win prizes. This event is free and open to all Department of Defense ID cardholders, family, guests and pets are invited as well. For more information, call 210-808-5709.

### Participants complete an indoor marathon

The JBSA-Randolph Rambler Fitness Center hosts an Indoor Marathon Dec. 3-7. This marathon, where participants try to complete 26.2 miles running or walking within one week, is a self-monitored program based on the honor system. Participants can pick up cards to log mileage at the front desk. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. Fitness Center events are open to all valid Department of Defense ID cardholders. For more information, call 210-652-7263.

### Fitness Center appreciates members

To thank customers for making the fitness center a wonderful place, the JBSA-Fort Sam Houston Jimmy Brought Fitness Center hosts a Customer Appreciation Day Dec. 12. Patrons are invited to enjoy activities, giveaways, facility tours, equipment tutorials and light refreshments during the following times: 6-8 a.m., 11 a.m. to 1 p.m. and 5-7 p.m. For more information, call 210-808-5709.

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OUR f**

### Patrons compete in a volleyball tournament

The JBSA-Lackland Gillum Fitness Center hosts a volleyball tournament Dec. 14, 7-9 p.m. Teams for this double elimination tournament are comprised of five players. Interested participants must sign their teams up at the Gillum Fitness Center by Dec. 12. For more information, call the 210-977-2353.

### Bikers complete 10-Mile Holiday Bike Ride

Join the JBSA-Randolph Rambler Fitness Center for a Holiday 10-mile bike ride Dec. 15, 8 a.m., at Heritage Park. All bikers are welcomed to come and cycle those holiday calories away and challenge themselves to stay in shape. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. Fitness Center events are open to all valid Department of Defense ID cardholders. For more information, call 210-652-7263.

## Golf

### Holiday sales offered

Check out the holiday sale at the JBSA-Fort Sam Houston Golf Course Professional Shop Dec. 6, 11 a.m. to 4 p.m. While taking advantage of the savings, customers enjoy light refreshments and play games. For more information, call 210-221-9386.

Stop by the JBSA-Lackland Gateway Hills Golf Course Dec. 15-16, to get 15 percent off all in stock merchandise. Some exclusions apply. Spend \$150 and get entered to win free annual green fees. For more information, call 210-671-3466.

### Golfers compete in a scramble

The JBSA-Fort Sam Houston Golf Course hosts the Warrior Scramble Dec. 7, 12:30 p.m. Cost is \$25 for members and \$35 for nonmembers. The price includes green fee, golf cart, prize money and a social after the round. For more information, call 210-222-9386.

### Golfers compete in cup championship

The JBSA-Lackland Gateway Hills Golf Course hosts a 36-hole individual stroke play tournament Dec. 8-9, 8 a.m. The entry fee is \$30 and does not include greens fee and cart rental. Register by Dec. 5. Golfers must have played in a minimum of four events throughout the year to qualify for end-of-year payouts. For more information, call 210-671-2006.

JBSA-Lackland Skylark Bowling Center

## Bowl with the Grinch

**Dec. 15** **11 a.m. to 2 p.m.**



Youth ages 12 and younger receive one game, rental shoes and a bag of candy for \$5.

Bldg. 647E, Luke Blvd.

### Juniors participate in a holiday golf camp

Youth are invited to join the JBSA-Randolph Oaks Golf Course for a Holiday Junior Golf Camp Dec. 26-30, 10:30 a.m. to noon for youth 8-12 years and 1-2:30 p.m. for youth 12-15 years. Cost is \$40 per player and includes a rule book, balls and instruction by Professional Golf Association Teaching Professional, Charles Bishop. Classes are limited to 10 players. Gift certificates are available. For more information, call 210-244-3415.

### Thursday is steak night

Take a break from the kitchen and dine at the JBSA-Lackland Gateway Hills Golf Course Green Side Grill



Thursdays, 4-7 p.m., for Steak Night. Make reservations before 2 p.m. on Thursday and pay \$16 per person. For reservations made after 2 p.m. on Thursday, the cost is \$18 per person. The meal includes steak, potato, vegetable, dinner roll, dessert and a fountain drink. For reservations, call 210-671-2006.

#### Patrons enjoy Mulligan's Grill

Mulligan's Grill at the JBSA-Randolph Oaks Golf Course is open daily from 6 a.m. to 2 p.m. Stop in for a hearty breakfast, daily lunch specials or order from the grill menu. Come enjoy the view and "escape from the base" without leaving the base. For more information, call 210-652-4852.

#### Information, Tickets and Travel

##### Annual Hill Country Holiday Lighting Tour offered

The JBSA-Lackland Information, Tickets and Travel is selling tickets for their annual Hill Country Holiday Lighting Tour Dec. 8, 11 a.m. to 11 p.m. The tour starts with shopping or dining in Fredericksburg. In Burnet, walk through the village of "Bethlehem" and afterwards walk a block to Burnet's town square for "Christmas On Main." In Marble Falls, stroll through the "Walkway of Lights" featuring over two million holiday lights. The day winds up back at JBSA-Lackland around 11 p.m. The cost is \$40 per person and covers transportation only. There is no additional fee for Bethlehem or Walkway of Lights. For more information, call 210-671-3059.

##### Patrons vacation in New York

The JBSA-Lackland Information, Tickets and Travel Leisure Travel office offers a New York City Vacation Dec. 16-20. The package includes accommodations and round trip airfare to one of the three main airports. Rates start at \$140 per person. Full payment and a \$10 service fee are due at booking. For more information, call 210-671-7111.

##### Cost-saver group tour to Italy offered

The JBSA-Lackland Information, Tickets and Travel Leisure Travel office offers a trip to Rome, Florence and Venice March 9-16, 2019. Rates start at \$2,100 per person, including airfare. Additional discounts are available through the ITT. A \$200 non-refundable land only deposit per person and a \$10 service fee is required at booking. Final payment is due Jan. 4, 2019. For more information, call 210-671-7111.

##### Cost-saver group tour to Italy offered

The JBSA-Lackland Information, Tickets and Travel Leisure Travel office invites patrons to travel round-trip with Royal Caribbean from Miami to St. Kitts, St. Thomas and CocoCay Bahamas June 15-22, 2019. Rates start at \$1,600 per person for inside, \$1,650 per person for ocean view and \$2,163 per person for balcony. Gratuities and airfare are not included. Payments of \$250 per person and a \$10 service fee are due on March 17, 2019. For more information, call 210-671-7111.

##### Dallas Cowboy packages available

JBSA-Lackland Information, Tickets and Travel offers Dallas Cowboy game packages starting at \$300 per person and includes ticket, tailgate party with free food and drinks,

transportation from the hotel to the game and a one-night hotel stay. The package does not include transportation from San Antonio. For more information, call 210-671-3059.

##### Monster Jam tickets are here

JBSA-Lackland Information, Tickets and Travel has Monster Jam tickets. For more information and prices, call 210-671-3059.

##### Local attraction tickets are available

The JBSA-Randolph Information, Tickets and Travel offers tickets for local San Antonio attractions that operate year round. Stop in for tickets to attractions like Ripley's Believe It or Not®, Louis Tussaud's Waxwork, Haunted Adventure, the Guinness World Records Museum, Extreme Escape, Natural Bridge Caverns, Natural Wildlife Park, K1 Speed, Go Rio San Antonio Boat Rides, ZDTs, the San Antonio Zoo and Mirror Maze. For more information and prices, call 210-652-5142.

#### Military & Family Readiness

##### Key Spouses attend training

The Key Spouses Initial Training, Dec. 6, 8:30 a.m. to 2:30 p.m., is mandatory for all newly-appointed Key Spouses and highly recommended for Key Spouse Mentors. To register, call the JBSA-Randolph Military & Family Readiness Center at 210-652-5321.

##### Parents prepare for baby

Active-duty expecting parents receive information on financial planning from conception to college, support programs offered within the community and parenting skills during the Bundles for Babies workshop Dec. 7, 8:30 a.m. to 12:15 p.m., at the JBSA-Randolph Military & Family Readiness Center. To register, call 210-652-5321.

#### Workshop offers insight on military retirement

Service members in their last re-enlistment before retirement or planning to retire are encouraged to attend the Four to Go workshop Dec. 10, 9 a.m. to 3 p.m., at the JBSA-Lackland Military & Family Readiness Center. To register, call 210-671-3722.

#### Brief focuses on rights for children

The Exceptional Family Member Program invites parents to a know-your-rights training at the JBSA-Fort Sam Houston Military & Family Readiness Center Dec. 1, 11:30 a.m. to 1 p.m. An education attorney from Disability Rights Texas covers the special education process including identification, evaluation, Admission Review and Dismissals, goals, behavior and other support services. For more information, call 210-221-2705.

#### From the battlefield to the classroom

Military personnel in pursuit of teaching as a second career in public schools are encouraged to attend Troops to Teachers Dec. 13, noon to 2 p.m., at JBSA-Fort Sam Houston Solider for Life, building 2263, room 117. Participants receive referral and placement assistance, identity required certifications, and review employment opportunities. For more information, call 210-221-1213.

#### Holiday celebration includes a visit from Santa

JBSA Military & Family Readiness invites all JBSA Exceptional Family Member Program and Hearts Apart families to the All is Calm, All is Bright Holiday Celebration Dec. 14, 6-9 p.m., at the JBSA-Lackland Arnold Hall Community Center. Take selfies with Santa while enjoying refreshments, games, music and activities. To reserve a seat call 210-671-3372 or email 802FSS.FSFR@us.af.mil by Nov. 30.

#### Franchising workshop offered

Participants look at business ownership and franchise opportunities while weighing out benefits and challenges Dec. 19, 1-3 p.m., at the JBSA-Lackland Military & Family Readiness Center. To reserve a seat, call 210-671-3722.

#### Outdoor Recreation

##### Winter weekend boat special offered

If spending time on the open water suits holiday preferences, all weekend boat rentals are half off regular rates now through February 2019 at JBSA-Lackland Outdoor Recreation. Rentals can be picked up on Friday between 8 a.m. to 3 p.m. and returned Monday between the same times. This offer does not include canoe or kayak rentals. For more information, call 210-925-5533.

##### Concealed handgun license class offered

The JBSA-Camp Bullis Rod-N-Gun Recreation Center offers concealed handgun license classes Dec. 8 and 15, 8 a.m. to 1 p.m. Successful completion of this class is required for a Texas CHL. To register for a class, visit <http://www.chlregistration.com>. Once on the website, select "register for class." Then select "Dan Willis-Leatherneck Arms." Class details are available online at <https://www.jbsatoday.com>. For more information, call 210-295-7577 or 210-295-7529.



### Trees for Troops

The JBSA-Lackland Outdoor Recreation hosts Trees for Troops, a program supplying free Christmas trees to military members and their families each December. Once confirmed, times and dates are announced. For more information, call 210-925-5532 or 210-925-5533.

### Half Price Bunkhouses and Bungalows

Rent one of the bunkhouses or bungalows for half price at the JBSA-Recreation Park @ Canyon Lake during December. The cost is \$12.50 for the bunkhouse or \$22.50 for the bungalow per night. The bungalow is equipped with a refrigerator, sink, microwave, a full-size bed, bunk beds and sleeps four, air conditioning, heating, and a bathroom with a hot shower. The bunkhouse is equipped with air conditioning, heating and a refrigerator and sleeps four. Customers must bring their own linen for both accommodations. The JBSA Recreation Park @ Canyon Lake is a popular place in the fall and winter month so make reservations early. For more information, call 1-830-226-5357.

### Half price boat special

Rent any boat at the JBSA Recreation Park @ Canyon Lake for half price in December. This special runs Sunday through Thursday and is on a reservation only basis. Cost includes all required safety equipment such as life vests, but does not include fuel. Participants must have taken the Boater's Safety Course through the State of Texas. JBSA offers the course at the JBSA Recreation Park @ Canyon Lake or the Outdoor Recreation locations on JBSA installations. For more information call 1-830-964-3544.

### Play paintball in the winter

Winter weather in south central Texas brings great opportunities to play paintball at the JBSA-Lackland Outdoor Recreation paintball field. Gather friends, family and coworkers and come out for a great time. The paintball program is the perfect opportunity for morale functions, team cohesion challenges, squadron events and birthday parties. The paintball field is on a reservation-only basis. Minimum group size needed to participate are 15 players. The group price \$20 per player and includes one mask, one paintball marker, field fees, air refills and one bag of paintballs, 500 count, per player. For more information or to make reservation, call 210-671-5333.

### Youth and Children

#### Register kids for School-Age Program Winter Camp

Register at the JBSA-Fort Sam Houston School-Age Program for Winter Camp now through Dec. 17. The camp is Dec. 26 through Jan. 7. Parents must sign up on <http://www.militarychildcare.com>. Fees are based on total family income. Priority for space is based on the family priority that was set up when the account was created. Once a space is offered, parents must go to the Youth Programs office to complete the registration process for camp. For more information, call 210-221-5151.

#### Youth participate for free

Celebrate recreation and fun and participate at JBSA-Randolph Youth Programs for free Dec. 3-8. Youth can

participate in clubs, activities and open recreation. If youth want to become members the cost is \$40 per year. Stop by Youth Programs, building 585, to check out everything offered. For more information, call 210-652-3298.

#### Youth make winter crafts

The JBSA-Randolph Youth Programs invites youth, 5 years and older, to create gifts or decorations for the holidays at the Winter Craftapalooza Dec. 6, 5-7 p.m. The cost is \$5 per person. Sign up by Dec. 1. For more information, call 210-652-3298.

#### First Steps Basketball offered

Register children, 3-5 years, for First Steps Basketball now through Dec. 7 at JBSA-Lackland Youth Programs. Children learn the fundamentals of basketball in a non-game or team format. Parents are required to participate in the learning sessions. The cost is \$35 for six weeks of instruction for one hour a week. Sessions run Jan. 5 to Feb. 9. A current immunization record is required at the time of registration. For more information, call 210-671-2388.

#### Youth have fun at a lock-in

JBSA-Fort Sam Houston Youth Programs invites youth to hang out all night for a fun time with friends and enjoy games, music, good food and a trip Dec. 7-8, 9 p.m. to 7 a.m. at the Patch and Chaffee Youth Center. The cost is \$15 per youth and a signed permission slip is required. Sign up deadline is Dec. 3. For more information, call 210-221-3630.

#### Parents offered a break

JBSA Youth Programs offers parents a break through the Give Parents a Break or Parents' Night Out program Dec. 8, 1-5 p.m. at JBSA-Lackland and Dec. 15, 1-5 p.m. at JBSA-Randolph. Children, 5 years, and in kindergarten, through 12 years, are provided snacks and entertained with activities and games. The cost is \$25 per child with a multiple-child discount or free with a GPAB referral. Late pickup is subject to \$5 for the first five minutes, then \$3 for every minute after that. Pre-registration and a minimum number of participants is required. For JBSA-Lackland, call 210-671-2388 to register children 5-12 years, and to register children 6 weeks to 4 years, call 210-671-3675. For JBSA-Randolph, call 210-652-2088 to register children 5-12 years, and to register children 6 weeks to 4 years, call 210-652-1140.

#### Youth help in Santa's Workshop

Youth, 9-18 years, are invited to the JBSA-Fort Sam Houston Youth Center, building 1630, Dec. 8, 2-4 p.m. for Santa's Workshop. This is an opportunity for youth to make Holiday gifts and decorations for their parents, grandparents or any other special person in their life. Sign up is required by the Thursday prior to the event and the cost is \$3 per participant, per workshop. For more information, call 210-221-3502 or 210-221-4492.

#### Celebrate winter with a dance

Celebrate winter at JBSA-Lackland Youth Programs as they host a Youth Winter Dance Dec. 14, 6:30-8:30 p.m. for preteens and 8:45-10:45 p.m. for teens. Santa might be stopping by for a photo opportunity. The cost for members

is \$3 and membership card must be shown. Students without a membership card pay \$5. Youth without a membership to the Youth Center can stop by the front desk to sign up for free. For more information, call 210-671-2388.

#### Charlie Brown holiday party held

Join the JBSA-Fort Sam Houston Youth Center, building 1630, Dec. 14, 7-10 p.m. for a Charlie Brown Holiday Party for youth, 9-13 years. The evening includes music, games, food and fun with friends. The cost is \$1 and three cans of food or \$5 per person. For more information, call 210-221-3502 or 210-221-4492.

#### Youth attend a winter camp

JBSA-Fort Sam Houston Youth Programs hosts a Youth Winter Camp Dec. 24 through Jan. 4, 6 a.m. to 6 p.m., at the JBSA-Fort Sam Houston Patch and Chaffee Youth Center. Sign up deadline is Dec. 21. The cost is \$100 per person and includes breakfast, lunch, snacks and field trips. For more information, call 210-221-3630.

#### Youth sports volunteers needed

Adult volunteer coaches are needed for upcoming sport seasons at all JBSA Youth Sports Program. For more information, call JBSA-Fort Sam Houston at 210-221-5513 or 210-221-4492, JBSA-Lackland at 210-671-2388 or JBSA-Randolph at 210-652-2088 or 210-652-3298.

#### Youth participate in instructional programs

Instructional lessons are offered at JBSA-Fort Sam Houston Youth Programs for children, 6 months to 18 years. Instruction times vary per activity. Available classes include: Taekwondo, tumbling, piano, drum, gymnastics and dance. For more information, call 210-221-4492 or sign up at Youth Programs, building 1630.

JBSA-Lackland Youth Programs offers instructional programs for youth of all ages. Available programs include: tumbling, gymnastics, guitar, piano, Tang Soo Do, and karate. Classes are held in building 8210 but registration takes place at Youth Programs. If youth or parents have a class idea, bring it to Youth Programs to see if they can fit it into the schedule. For more information, call 210-671-2388.

JBSA-Randolph Youth Programs offers instructional classes for all age groups and levels. Classes offered include: piano, dance, guitar, gymnastics and martial arts. For more information on classes offered, prices and times, stop by Youth Programs, building 585, or call 210-652-3298.

## STAY CONNECTED

Stay current on Joint Base San Antonio 502d Force Support Squadron events, specials and daily activities.

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# LACKLAND

## Reserve Citizen Airmen flex skills at exercise

By Tech. Sgt. Carlos J. Treviño  
433RD AIRLIFT WING

More than 200 Airmen from 120 different unit type codes participated in the final portion of the 433rd Airlift Wing's 2018 Annual Readiness Assessment training exercise at Joint Base San Antonio-Lackland Nov. 17. The objective of the assessment was to evaluate the wing's normal pre-deployment readiness process as well as their deployment skills in a hostile environment.

The exercise began with Reserve Citizen Airmen donning mission-oriented protective posture suits to operate in an environment after an attack.

After a hostile incident, members assigned to post attack reconnaissance

teams surveyed the area looking for chemical and biological agents, unexploded ordnance and a drone carrying a suspicious payload.

"We used these props to evaluate the teams' response to different hostile events that may be encountered while deployed," Lt. Col. Fred McMahon, 433rd Airlift Wing inspector general said.

McMahon's job was to evaluate mission execution for both specific events and help with the various scenario setups.

Aircrew and aircrew flight support technicians went through their scenarios away from their normal workspace-the flight line.

"This is great training for these Airmen and for us as well, training is paramount," Senior Master Sgt. Jonathan Afrido, 433rd Operations Support



MASTER SGT. KRISTIAN CARTER

*Tech. Sgt. James M. Gonzales, 433rd Civil Engineer Squadron explosive ordnance disposal specialist, sets up a portable X-ray system to inspect a suspicious package held by a Talon explosive ordnance disposal robot during a wing-wide readiness exercise Nov. 17 at Joint Base San Antonio-Lackland.*

Squadron aircrew flight equipment superintendent said. "It has to get done. It's very important for Airmen to know what to do in these situations if they get attacked in a chemical environment in a war time situation."

Some members performed survival skills events such as self-aid and buddy care for simulated injuries. Other members performed practical skillsets in protective gear like aircraft cargo loading,

base defense, explosive ordnance disposal, and fire and emergency services.

The wing inspection team, safety team, and emergency management team oversaw the exercise execution to monitor and evaluate more than a dozen simultaneous events to support the commander's objectives. Other

SKILLS continues on 18

## AF proves mettle at first interservice Alpha Warrior battle



SARAYUTH PINTHONG

*The first Inter-Service Alpha Warrior Battle took place Nov. 17 at the Alpha Warrior Proving Grounds, Retama Park in Selma. The Air Force took home the title of interservice champions with a team finish time of 2:17:33.*

By Angelina Casarez

AIR FORCE INSTALLATION AND MISSION  
SUPPORT CENTER PUBLIC AFFAIRS

A team of six Air Force men and women bested the Army and Navy to capture the first-ever Inter-Service Alpha Warrior Final Battle held at Retama Park on the outskirts of San Antonio Nov. 17.

Capt. Mark Bishop of Air Mobility Command, Capt. Noah Palicia of Pacific Air Forces, Capt. Jennifer Wendland of Air Force Global Strike Command, 1st Lt. Stephanie Frye of PACAF, 1st Lt. John Novotny of AMC, and Senior Airman Stephanie Williams of U.S. Air Forces in Europe completed the course in 2:17:33 to win the championship, a 10-pound trophy and armed forces bragging rights for the next year.

Fashioned after the popular American Ninja Warrior TV competitions, Alpha Warrior tested the competitors' strength, coordination

and endurance through more than 20 obstacles.

The two-day event featured Air Force finals on Nov. 16 and the inter-service finals the next day. Air Force Installation and Mission Support Center and the Air Force Services Activity hosted the event.

In kicking off the finals Nov. 17, Maj. Gen. Brad Spacy, AFIMSC commander, talked about how teammates would pull each other through.

"These young Soldiers, Sailors and Airmen are going to push through this course and they're going to get to a point somewhere where they think they can't make it, and they're going to get through it and their teammates are going to get them through it. In the end, someone will be the winner, but they're all going to win together," he said.

It wasn't too surprising the previous day's Air Force Final Battle first place

BATTLE continues on 18



## AF RESERVE COMMAND ACTIVATES FIRST CYBER WING



LT. COL. ALYSIA HARVEY

*Maj. Gen. Ronald "Bruce" Miller (left), 10th Air Force commander, passes the guidon to Col. Lori Jones during a ceremony Nov. 18 at Joint Base San Antonio-Lackland, in which the 960th Cyberspace Wing was activated. The 960th CW is the first and only cyberspace wing in the Air Force Reserve Command, and it will consist of 16 direct-reporting units and more than 1,200 personnel in 10 Air Force Specialty Codes. The missions of these units encompass full-spectrum cyber operations: combat communications; command and control of all cyber activities, which includes defensive cyber operations, DCO – Response Actions, and Department of Defense Information Network Operations across Air Force, joint and partner networks; cyber defense analysis; Initial Qualifications Training for cyber operations across six weapons and dynamic support to authorized Offensive Cyber Operations.*

## SKILLS

From page 16

inspections were conducted in the months prior to the exercise that evaluated readiness to deploy (medical, mobility, and training requirements).

The wing inspection team was able to evaluate all of the objectives. We planned this ARA to be highly efficient and condensed — we saved valuable resources, to include Airmen's time according to McMahon.

The exercise concluded with the participants boarding busses in MOPP

gear for a ride to Stillman Park for lunch. After stepping off the bus, they went through decontamination stations where they were trained on how to remove their MOPP gear without exposure to any chemical or biological agents.

"This type of training benefits the Force Support Squadron Airmen because they are able to get the training they need for any future deployments," Capt. Thanya Martinez, 433rd Force Support Squadron operations officer said.

The FSS Airmen were successful in setting up their two tents to serve and feed 150 Reserve Citizen Airmen according to Martinez.

## BATTLE

From page 16

male and female athletes, Palicia from Yokota Air Base, Japan, and Williams from Royal Air Force Lakenheath, United Kingdom, came out on top again in the individual category. Palicia finished with the overall fastest time at 16:57.9. Williams finished at 24:03.2.

"The competition was really tough but I'm really pumped that the Air Force is able to do this," Palicia said. "It feels incredible to be part of the first interservice battle."

He said the team walkthroughs and understanding proper technique really helped them complete the obstacles.

Navy Lt. Cmdr. Ryan Bareng, who is no stranger to fitness programs, said the atmosphere motivated him.

"I wasn't only getting motivated by my teammates but actually had Air Force and Army guys rooting me on," he said. "It's been one team-one fight mentality this whole time and it's been inspiring to be alongside our sister services."

The finals provided an opportunity for friendly competition while building camaraderie and esprit de corps among

the competitors, said Army Sgt. Cameron Edwards.

"The event was challenging," Edwards said. "It was the first event that I've been around Navy and Air Force together. It was a very unique time together. We competed not only against — but with — each other through the end."

The program expanded from an Air Force-only event in 2017 to include Army and Navy competitors in its second season.

"This event has been a year in the making," said Col. Donna Turner, AFSVA commander. "Airmen had to compete at the installation-level and regionals where the top two male and females were selected to compete in the Air Force Final Battle. The top six male and females moved on to our first interservice battle."

"We have a phenomenal partnership with Alpha Warrior, to be able to bring this type of training and tactical fitness to our armed forces," she said.

"This is the new way to train. This is functional fitness put into a complex environment where Airmen have to think, as well as be fit and strong. We call it the revolution in fitness and this is the way of the future," Spacy said.



# RANDOLPH

## Veteran instructor pilots shape next gen American airpower

By 2nd Lt. Austen Jarboe  
502ND AIR BASE WING PUBLIC AFFAIRS

Wouldn't it be nice if life came with a reset button? You could decide against gas station sushi at 2 a.m., recall that angry email to your boss and even find the right words to get the prom date you always wanted. If only you could learn from your embarrassing mistakes in real time and be given a second chance to redeem yourself.

That reset button does exist for the pilots studying with the 12th Training Squadron at Joint Base San Antonio-Randolph.

Flight simulators provide a risk-free environment for pilots to experience a wide range of maneuvers and emergency situations without ever leaving the ground. The wrong choice, which could have catastrophic implications in the air, can be easily rewound to give student pilots another chance to develop their skills.

"A simulator can range from a desktop computer with a joystick and a keyboard to something you sit down in and fly, and there's everything in between," said Lt. Col. John Platt, 12th TRS director of operations.

The 12th TRS simulators feature fully functioning cockpits with wraparound visuals for the optimal training experience.

The high-definition quality of the simulator experience helps to immerse the pilot in the scenario they are executing.

"When you're in there flying, sometimes you feel like you're moving even though you're not," Platt said.

The flight simulators at the 12th TRS provide safe and effective training solutions for pilots while lowering the overall costs of flight training.

"There is no substitute for actually flying an airplane," Platt said. "However, the more training we can do on simulators, the more money the Air Force can save on flying aircraft."

The 12th TRS simulator shop supports every airframe currently flying at JBSA-Randolph.

"T-1, T-6, T-38, and Intro to Fighter Fundamentals (IFF) are the four disciplines that we teach here," said Frank King, 12th TRS simulator lead.

As the Air Force faces pilot shortages across multiple airframes, the training pipeline is full of pilots eager to train.

"If you look at our ops tempo in the last couple of months, we are just blowing everything up with the number of sims and academics that we're teaching," King said. "We're at the highest ops pace that I've seen, and I've been here since 2010."

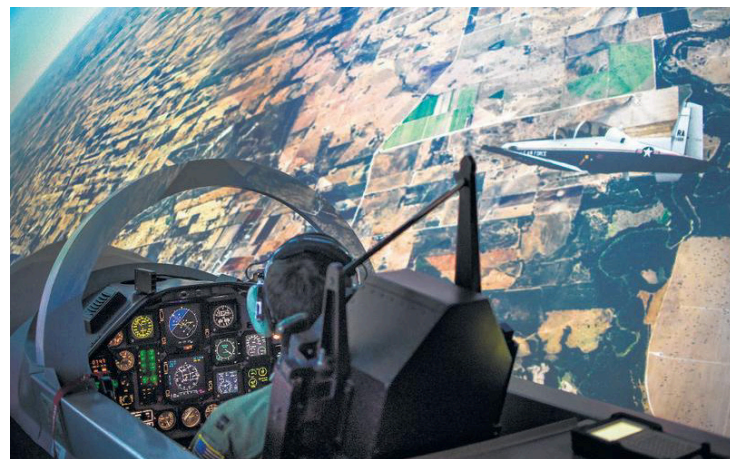
The simulator mission is essential to producing quality aviators of the future; however, the instructors at the 12th TRS face the same manning issues that affect flying units across the Air Force.

"I have 50 instructors, but I'm down two in IFF, down two in the T-6 and have a guy about to retire in the T-1 at the end of the month," King said. "So quick math, five out of 50, I'm 10 percent undermanned right now and in the coming year, we'll probably see some more people retire."

The instructor pilot shortage is exacerbated by the high salaries and big opportunities offered by the civilian sector.

"The people that we want to hire here are now going to the airlines and they're going to the airlines in big numbers," King said. "As long as the airlines are hiring, we are going to be in a battle for manning here."

The ideal candidates the 12th TRS



2ND LT. ANDREW FISHER

*A U.S. Air Force student pilot flies a T-6A Texan II in formation inside a simulator Nov. 8 at Joint Base San Antonio-Randolph. Simulators enhance spatial awareness and communication skills that are essential for formation flight.*

covets have a unique skill set that makes them valuable to any organization that needs veteran pilots.

"Every one of us has been an instructor pilot in the Air Force; you can't do this job if you haven't been an instructor," King said.

The wealth of experience currently within the simulator shop is what makes them an exceptional cadre.

"I've got guys that have flown B-1s, B-52s, F-15Cs, guys that flew Aggressors at Nellis, C-17s, KC-135s, C-5s, really every aircraft in the Air Force inventory," said King. "The only thing we don't have is an instructor who flew the SR-71."

Civilian airlines can sometimes offer larger pay and other benefits, but nothing compares to the impact the cadre at the 12th TRS has on the future of the force.

"As a foundation, what we do here echoes throughout generations of the Air Force," King said.

Much of the mission is focused on training new instructor pilots who will teach the next wave of Air Force aviators.

"The instructor pilots that we help mold here, we're the first people that they come in contact with, so we set an example as an instructor, by our knowledge, how we present ourselves," said King. "That carries over to the flightline and whatever we've given them,

they're going to now teach to that next generation."

The instructor pilots at the 12th TRS can have an almost exponential impact on the future of the Air Force.

"Truthfully, there's pride associated with that, that we're teaching pilots who will teach the next pilots who will eventually take our place," King said.

Perhaps even more important than the high-definition visuals and advanced technology of the simulators are the thousands of flight hours and countless stories shared by the seasoned instructor cadre.

"If the students come over here and want to talk about something, we're glad to share our experience with them," King said. "We can really provide not only the 'what,' but the 'why' behind flying in the Air Force."

As it ventures deeper into the 21st century, the Air Force needs to retain all the knowledge and experience it can from its veteran pilots. Hopefully, the opportunity to shape the future of thousands of new pilots will be a strong enough draw to retain the homegrown talent of these experienced aviators.

The future of American airpower is at stake and, much like flying a real aircraft, there is no reset button if things do not go as planned.

# USAF, RCAF exchange pilots and expertise

By Senior Airman Stormy Archer  
502ND AIR BASE WING PUBLIC AFFAIRS

Members of the Royal Canadian Air Force visited the 559th Flying Training Squadron Nov. 15-16 at Joint Base San Antonio-Randolph.

The visit allowed pilots from United States and Royal Canadian Air Forces to share knowledge and expertise related to pilot training in the T-6A Texan II and CT-156 Harvard II.

“Being here to exchange ideas helps us stay relevant and makes sure we are not missing out on something we could be doing better,” said RCAF Maj. Marc-Andre Lefebvre, 559th FTS standards and evaluation pilot.

Lefebvre is a member of the RCAF taking part in a pilot exchange program between the 559th FTS at JBSA-Randolph and the 15th Wing in Moose Jaw, Saskatchewan.

“For me the biggest takeaway of this exchange is the ability to view the exact same problem from a different perspective,” Lefebvre said. “That is invaluable to me because it has made me a better aviator. When I go back home, I can take that knowledge and share it and make our instructors in



SENIOR AIRMAN STORMY ARCHER  
*Members of the 559th Flying Training Squadron and Royal Canadian Air Force 15th Wing gather for a photo in front of a T-6A Texan II Nov. 16 at Joint Base San Antonio-Randolph. The 15th Wing flies a similar aircraft, the CT-156 Harvard II, and engages in a pilot exchange program with the 559th FTS in order to share knowledge and expertise related to pilot training in both airframes.*

Canada better pilots.

“Hopefully the reverse is also true and my presence here has allowed the instructors here to consider new

techniques as well.”

Lefebvre, who has been with the 559th FTS for more than two and a half years, invited the RCAF pilots to

JBSA-Randolph to see how members of the 559th were innovating the way they train new pilots, with a focus on how they are implementing virtual reality to enhance training.

“We wanted to see what the USAF is doing in terms of innovating and how they are trying to improve their pilot training systems,” said RCAF Capt. Adam Sobchuck, 15th Wing. “Some of the things they are doing with VR can really help save time and money.”

The exchange of pilots and knowledge has helped both organizations progress and stay on the leading edge of pilot training in the T-6A Texan II and CT-156 Harvard II.

“Through this program, I have had the privilege to develop faster as an aviator because it allowed me to look at the same problem differently,” Lefebvre said. “We all land the aircraft in a similar way, but the process to get there is slightly different. Now I’m better equipped to teach a new student. If they don’t understand one way attacking a problem, I can use the tools I have acquired here to help them understand how to resolve whatever issues they are having.”

## Retiree Appreciation Day serves veterans, families



SENIOR AIRMAN STORMY ARCHER  
*Capt. Jessica Defazio (left), 359th Medical Group dentist, speaks to a retiree and spouse during the Retiree Appreciation Day event Nov. 3 at Joint Base San Antonio-Randolph.*

By Senior Airman Stormy Archer  
502ND AIR BASE WING PUBLIC AFFAIRS

The Joint Base San Antonio-Randolph Retiree Activities Office held an event honoring Retiree Appreciation Day Nov. 3.

The event allowed military retirees and their spouses to get in touch with resources available to them and reinforced the partnership between JBSA and the retiree community.

“We have one of the largest retiree populations in the United States here in the JBSA area,” said Brig. Gen. Laura Lenderman, 502nd Air Base Wing and JBSA commander. “We couldn’t do what we do here at JBSA without your support. Not only do we thank you for your service in the past, we thank you for what you continue to do for us.”

The event gave retirees information on how to get ID cards, space available

travel, pharmacy, medical, legal, financial and other services.

“The objective is to bring together all of the services retirees may need, or want, and help them get it,” said Jon Lindgren, JBSA-Randolph Retiree Activities Office director. “I want every retiree out there to know that the retiree office is available to them and to come use it. We are here for them, but if they don’t come then we can’t help them.”

For more information on the JBSA Retiree Activity Office visit <http://www.jbsa.mil/retireeactivitiesoffice>.

Those who are interested in volunteering at the RAO can call 210-652-6880. The RAO accepts volunteers from all services including spouses to work in their office. Volunteering requires a commitment of 3-4 hours per week and requires a background check.





KAREN ABEYASEKERE

U.S. Air Force Chief Master Sgt. Juliet Gudgel (second from left), Air Education and Training Command command chief, gathers with (from left) Tech. Sgt. Joshua Lopez, Senior Airman Cory Irvine, and Senior Airman Michael Ricci, 100th Logistics Readiness Squadron forward area refueling point operators, during a FARP demonstration Nov. 14 at RAF Mildenhall.

# AETC command chief visits Team Mildenhall

By Airman 1st Class Alexandria Lee  
100TH AIR REFUELING WING PUBLIC AFFAIRS

Chief Master Sgt. Juliet Gudgel, command chief master sergeant of Air Education and Training Command, visited RAF Mildenhall, England, Nov. 14, 2018, to gain insight on what training currently looks like for Airmen.

Air Education and Training Command is reimagining how Airmen are developed, through a shift in education, training and capitalization of experiences in a new concept: The Continuum of Learning.

"The challenge is the same throughout every career field, learning the balancing act between teaching what is current and what is long lasting," said Chief Master Sgt. Charles Frizzell, 59th Medical Wing command chief.

Frizzell's visited RAF Mildenhall with the AETC command chief, and they had lunch with first-term and newly retrained Airmen at the Gateway

Dining Facility and learned more about their experience firsthand.

"Airmen lead the way to better learning," Frizzell said. "You all highlight the shortcomings in our training program so that we know and fill in the gaps that are left. If it is not operationally relevant, we need to revise and make sure you have all of what you need to continue to lead the world's greatest Air Force."

The purpose of Continuum of Learning is to integrate education, training and experience in ways that allow Airmen to learn anytime, anywhere throughout their careers.

"Our goal is to be as innovative and as effective as possible," Gudgel said. "Introducing new techniques like 'gamification,' essentially adapting video game learning style to the newer generation. There is a change coming and happening, so allow the change to go through and give us feedback. The Airmen have to let us know what they need, so we can provide."



AIRMAN 1ST CLASS ALEXANDRIA LEE

From left: U.S. Air Force Master Sgt. Troy French, 100th Maintenance Squadron aircraft fuels system section chief; Chief Master Sgt. Charles Frizzell, 59th Medical Wing command chief; and Chief Master Sgt. Juliet Gudgel, Air Education and Training Command command chief, prepare to test out the maintenance squadron's confined space trainer Nov. 14 at RAF Mildenhall, England.