

JBSA LEGACY

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JOINT BASE SAN ANTONIO

JUNE 29, 2018



PHOTO BY JOEL MARTINEZ

Jeremy Peterson, 12th Flying Training Wing Maintenance Group Munitions Flight inspector, inspects a time delay initiator June 18 at Joint Base San Antonio-Randolph.

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munition needs** *Page 16*



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through deployment**
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DOD partners with LinkedIn

From DOD News Service

The Defense Department's Spouse Education and Career Opportunities program is launching a new partnership with LinkedIn — the virtual professional networking platform.

Military spouses will soon have access to a free LinkedIn Premium membership, valid for one year, every time they have a permanent-change-of-station move, including access to more than 12,000 online professional courses through LinkedIn Learning, as well as access to LinkedIn's military and veterans resource portal.

The membership is also available for the spouse of a service member who is within six months of separation from the military.

"The partnership with LinkedIn will offer military spouses a great opportunity to advance their careers during their times of transition," said Eddy Mentzer, associate director of family readiness and well-being in DOD's Office of Military Community and Family Policy. "Spouses will be able

to access a global network of professionals any time, from any place. They can plan their next career step before they move, as soon as they have orders for a permanent change of station."

A premium account includes enhanced insights comparing users to other applicants, on-demand learning, and use of the InMail feature, where users can send direct messages to LinkedIn members they're not connected to. As corporate interest in hiring military spouses steps up, DOD and LinkedIn will be using the military spouse LinkedIn group to connect spouses to each other and employers.

"It is important for military spouses to see LinkedIn Premium as more than just enhanced networking. LinkedIn has developed a learning path specific to military spouses to help them find and succeed in remote, flexible, and freelance work opportunities," Mentzer said. "Additionally, LinkedIn provides enhanced resources for spouses that own and operate their own business as well as for employers to search the military

spouse community for potential employees."

The LinkedIn partnership is designed to help military spouses overcome a common challenge — sustaining steady employment. The number one contributing factor to military spouse unemployment is continual relocation from duty station to duty station.

On average, active-duty military personnel move once every two to three years, more than twice as often as civilian families, and military spouses move across state lines 10 times more frequently than their civilian counterparts.

"Empowering our community of military spouses to reach their personal and professional goals is part of maintaining a healthy military community," said A.T. Johnston, deputy assistant secretary of defense for military community and family policy. "We encourage military spouses to take advantage of the LinkedIn Premium membership opportunity as just one of many tools available to them through the SECO program."

Military spouses interested in the LinkedIn Premium upgrade

can visit MySECO (<https://myseco.militaryonesource.mil/>) for more information and to learn how best to maximize this new service. Eligible military spouses are expected to have access to the LinkedIn Premium membership later this summer.

The DoD established the SECO program to provide education and career guidance to military spouses worldwide, offering free comprehensive resources and tools related to career exploration, education, training and licensing, employment readiness and career connections.

This program also offers free career coaching services six days a week. This program may further develop partnership with private sector firms such as LinkedIn for purposes of enhancing employment opportunities for military spouses pursuant to authority in Section 1784 of Title 10, United States Code.

The formation of such partnerships does not signify official DoD endorsement of any such private-sector entity or its products or services. Learn more about the SECO program by visiting Military OneSource (<https://www.militaryonesource.mil/>) or calling 800-342-9647 to speak to a SECO career coach.

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Soldiers to be eligible for tuition assistance right after AIT

By David Vergun
ARMY NEWS SERVICE

Soldiers will no longer have to wait one year after completing their Advanced Individual Training to receive tuition assistance.

Soon, tuition assistance will be available immediately for Soldiers of all components after AIT. This assumes they meet existing eligibility requirements and have no flags like disciplinary problems or failure of the Army Physical Fitness Test, according to Pamela Raymer, chief, Army Continuing Education System, Human Resources Command.

Officers who have completed the Basic Officer Leaders

Course and warrant officers who have graduated from the Warrant Officer Basic Course will immediately be eligible for tuition assistance as well, she added.

The second part of the change is that Soldiers who wish to pursue a master's degree will no longer have to wait 10 years to apply for tuition assistance, Raymer said.

Instead, enlisted Soldiers who have successfully completed the Advanced Leader Course, warrant officers who have graduated from the Warrant Officer Advanced Course and officers who have graduated from the Captains Career Course or

equivalent will immediately be eligible, irrespective of component, she said.

This policy change takes effect Aug. 5, according to Army Directive 2018-09 (Army Tuition Assistance Policy) of June 6. The directive was signed by Secretary of the Army Dr. Mark T. Esper.

All other existing tuition assistance policy, such as Soldiers being able to take up to 16 semester hours each fiscal year at the rate of \$250 per semester hour, remains the same, Raymer said.

Unfortunately, less than 20 percent of Soldiers in all components use tuition assistance, she said.

"We're hoping this new

policy will encourage more Soldiers to sign up for tuition assistance, as this will help them professionally when they're in the Army and increase their employability when they separate," Raymer added.

Raymer suggested that Soldiers in an active duty status might want to use tuition assistance and save their GI Bill for when they leave the service because it includes a housing stipend that could benefit them.

Also, they might want to pass along that benefit to a family member.

Soldiers should contact their installation education office for more details.

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A VETERAN'S STORY

Living with Post-Traumatic Stress Disorder

By Debbie Aragon

AIR FORCE INSTALLATION AND MISSION SUPPORT CENTER PUBLIC AFFAIRS

Post-traumatic stress disorder carries him into the depths of fear and pain; reliving images of death and destruction.

Closing his eyes to night terrors at sundown and fighting through daily anxiety attacks eventually pushed him to the brink of suicide so he could put an end to the never-ending cycle.

It wasn't until his second suicide attempt that Air Force veteran and Air Force Installation and Mission Support Center support agreement manager Ryan Kaono took steps to face his invisible scars and reach out for help.

It was 2010 and he hadn't slept in more than four days, knowing he'd get flashbacks of what he'd experienced during deployments to Saudi Arabia and Iraq.

"They were terrible," Kaono said. "I would wake up screaming and my wife would be scared. Out of desperation, I decided I was going to end it."

Kaono's wife, Alessa, said it was very difficult for her to watch her husband suffer with no real diagnosis.

"You feel helpless," she said. "I described it as having an animal or child unable to speak yet you know they're feeling something. You see a look in their eyes that they're suffering but you don't know what you can do to help them."

Exhausted and going through myriad feelings, Kaono swallowed numerous prescription drugs in the hopes of not waking up. Something inside him, however, made him reach out to his commander for help, letting her know what he'd done.

He was admitted to the Los Angeles Veterans Affairs hospital for a few days of observation and diagnosed with PTSD. This began his journey of living with the disorder instead

of being a slave to it.

His diagnosis came with some relief but angst as well.

"I was scared yet relieved at the same time," Alessa said. It was a roller coaster of emotions. I was happy he was finally diagnosed but both he and I knew it would be a long and difficult journey at times."

Even today, two deployments replay in the mind of the former security forces military working dog handler and logistician.

Khobar Towers, Saudi Arabia

In June 1996, Kaono was working a gate at Khobar Towers, Saudi Arabia, when a vehicle-borne improvised explosive device detonated on the other side of the compound, killing 19 and wounding countless others.

"When the actual blast went off, it was chaos everywhere," Kaono said. "I had to stop and put that part behind me. I needed to focus and ensure that the folks who had been injured or disoriented ... were taken care of."

For years, he continued pushing the many visions of pain and suffering he'd seen there to the back of his mind where they festered.

In total, the Hawaii-native had 11 deployments as a security forces defender by the time he found himself at Ramstein Air Base, Germany, struggling with anger issues.

"I would quickly get frustrated; I would have bouts of just frustration and real anger," he said.

While on a smoke break outside of central security control one day, Kaono lost consciousness and fell to the ground. Controllers inside the building were able to see what happened and his officer-in-charge ran to his aid.

When he regained consciousness, his captain was



ARMANDO PEREZ

Ryan Kaono, a support agreement manager with the Air Force Installation and Mission Support Center, shares a laugh with a videographer during an interview while his service dog, Romeo, keeps a steady eye on the photographer. Romeo helps Kaono quickly recover from bouts of anxiety and night terrors related to enemy attacks while he was deployed to Saudi Arabia and Iraq.

leaning over his chest, trying to wake him.

He was quickly taken to the hospital where he suffered with partial paralysis in his legs for about 10 hours and the inability to use his body from the base of his neck to his fingertips for three days.

His medical team diagnosed him with syncope; the uncontrollable loss of consciousness with no real explanation.

"From that, they determined I couldn't deploy, I couldn't carry a weapon so I couldn't really be a security forces member anymore," Kaono explained. "I was force retrained for medical reasons into logistics."

Balad Air Base, Iraq

Fast forward to 2005 when

he was able to hit the aircraft causing secondary explosions with more damage.

While everyone in the room was running for cover, Kaono gathered up classified materials to stow in a safe.

"It wasn't my first mortar attack so I really didn't think anything of it," he said.

With the sensitive documents in the safe, Kaono turned to leave to seek shelter when a mortar pierced the aluminum trailer and exploded, sending him 15-20 feet in the air before slamming his head and right shoulder into a concrete Jersey barrier.

"It felt essentially like 'The Matrix.' I'm floating through the air and everything is going in slow motion. I see shrapnel and dust and everything just going around me," he said.

Once he hit his head, he was snapped back to reality and felt the severe pain of what would later be diagnosed as a traumatic brain injury.

"I went to the hospital there at Balad and they checked me out and told me I had a concussion but that was about it; nothing really life threatening so I didn't get sent home," he said.

When he eventually rotated back to Homestead, he went through a standard post-deployment physical health assessment where he initially struggled with discussing what he'd endured. When he was able to talk about it, the doctor said he entered what was considered a fugue state — a complete loss of what was going on around him.

"I essentially was staring off into nothingness for a period of time suffering a flashback," he said.

"From there, they said I had a possibility of PTSD and they sent me on my way."

Five years later, after his extreme cries for help, his PTSD diagnosis came.

Kaono served as first sergeant and deployment manager for the 93rd Aircraft Maintenance Squadron in Balad, Iraq.

As a dual-hatted logistics planner and first sergeant in the Reserve, he was responsible for making sure unit members arrived safely at their deployed location, were able to get their jobs done and would return home to Homestead Air Reserve Base, Florida, when their deployment was over.

While in a meeting with senior leaders, the base began taking mortar fire that impacted closer and closer to Kaono's trailer and two fully-loaded F-16s nearby.

"They were trying to walk (mortars) up our runway to our loaded aircraft," Kaono said, with the expectation that they'd

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PTSD

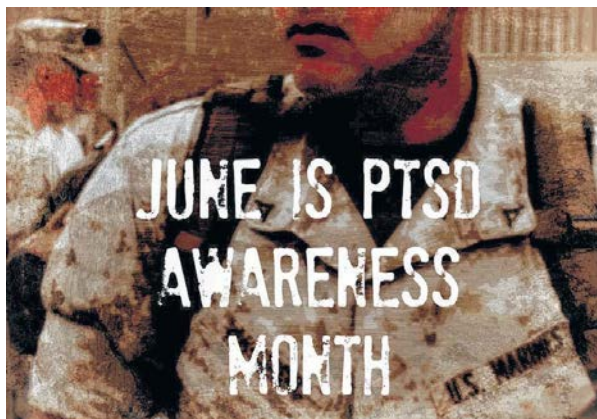
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PTSD, the daily struggle

“PTSD and living with it is a daily struggle,” Kaono said. “We’re always cognizant of it. Those who are around us may see us and see absolutely nothing’s wrong. We don’t typically have external signs of our disability but emotionally and mentally, we still have to deal with it.”

In the years between 1996 and today, Kaono said there were times when he would just shut himself away because he didn’t want to be a burden on anyone. There were also times when he could go to work and feel that people would think there was nothing wrong with him because he looked fine.

“That just reinforced the issue that I had,” he said. “To me, one of the main issues of dealing with PTSD is that people don’t (realize) ... they don’t see you missing a limb, they don’t see you scarred, they don’t see you burned and so to the outside world you look like



COURTESY GRAPHIC

you’re no different — you’re not special, you have no issue, no disability to really claim.”

In order to live his life, Kaono has to acknowledge his PTSD and what caused it every single day.

“If I continued down the path that I was on previously, where I just let it consume me, I wouldn’t be here today,” he said.

The U.S. Department of

Veterans Affairs estimates 31 percent of Vietnam veterans, 10 percent of Gulf War veterans, 20 percent of Iraqi war veterans and 11 percent of veterans from the war in Afghanistan live with PTSD.

To be able to help them, Kaono recommends people educate themselves on the disorder.

“Find out what post-traumatic

stress is, see what it does, look at the studies that show why there are 22 people per day committing suicide because they can’t handle the stress anymore. Don’t just pass us off as being fine ... that’s the worst thing that people can do.”

On top of everything else, dealing with the stigma of having PTSD is a struggle for the Kaono family.

“When people hear the word PTSD they think of the negative news articles out there. Ryan may have PTSD, but it doesn’t make him any less of a human being,” Alessa said.

“We’re not asking people to walk on eggshells around us,” Kaono said. “Treat us as if you would treat anybody else ... we are still people. We still hold jobs. We still have families. We still have responsibilities and if you don’t give us the opportunity to meet those responsibilities, you’re not helping us.”

Editor's Note: This is part 1 of Ryan Kaono's story about living with PTSD.

FORT SAM HOUSTON

USAISR Burn Center volunteer recognized

Burn victim named United Way San Antonio Volunteer of the Year

By Dr. Steven Galvan

U.S. ARMY INSTITUTE OF SURGICAL
RESEARCH PUBLIC AFFAIRS

The United Way of San Antonio and Bexar County presented Sandra “Sandy” Montelongo with the 29th Annual Military Volunteer of the Year award June 6 for volunteering at the U.S. Army Institute of Surgical Research Burn Center at Joint Base San Antonio-Fort Sam Houston.

The USAISR Burn Center is collocated with Brooke Army Medical Center, which provides volunteers to the Burn Center through the Office of Volunteer Services. Montelongo, a Red Cross volunteer, was the BAMC Office of Volunteer Service Volunteer of the Year which put her in the running for the San Antonio-wide award.

“As I saw all the nominees and the different categories of volunteer service at the United Way Volunteer of the Year Awards ceremony, I was happy to see I am a part of a large group of caring people in the City of San Antonio who help others in need, and that makes me feel great that our city has a big heart,” Montelongo said.

“I was happy to accept this award on behalf of my grandfather, who recently passed away,” she added. “He was an inspiration for me because he worked hard his whole life to provide for his family. He often shared his wisdom with me and taught me to consider other people and their needs. He had his own plumbing business and wouldn’t charge families who couldn’t afford his services. I

believe that he and my little sister in heaven have always guided me. They are my angels and I can smile that my sister has her grandfather with her now.”

Montelongo took the words of wisdom from her grandfather to heart and has been a volunteer in the burn community at several cities throughout the U.S. for more than 15 years. She knows firsthand the impact volunteers make on the recovery and life after a burn for burn survivors.

“My sister and I were severely and intentionally burned when we were children and my little sister didn’t make it,” she said. “I was treated at Shriners’ Hospital for Children in Galveston and was given the best care by all the healthcare professionals there. I remember my nurses at Shriners’ were so loving and often made me smile. Many years later, I decided to give back to my burn community the way my family, doctors and nurses helped me during my recovery.”

Montelongo is currently a full-time graduate student at the University of Texas Health Science Center at San Antonio earning a Master’s Degree in Occupational Therapy. She is spending the summer doing fieldwork rotation at the John S. Dunn Burn Center, collocated with Memorial Hermann-Texas Medical Center in Houston and will complete all requirements for her masters in December.

“Working at the USAISR Burn Center or Brooke Army Medical Center is at the top of my list,” Montelongo said. “Volunteering at the USAISR



DR. STEVEN GALVAN

Capt. Jefferson Hunter (from left), U.S. Army Institute of Surgical Research Burn Center Progressive Care Unit Officer-in-Charge; Michael Dulevitz, chief, Brooke Army Medical Center Office of Volunteer Services; Sue Dodson, executive director, Texas Burn Survivor Society; Sandra “Sandy” Montelongo; Paula Davidson, USAISR Burn Intensive Care Unit volunteer coordinator, stand together at the 29th Annual United Way of San Antonio and Bexar County Volunteer of the Year awards ceremony June 6.

Burn Center is an amazing experience because it is the best in the world in burn care and in my hometown of San Antonio.”

This is Montelongo’s second masters. She earned a Master of Arts in Public Communications and Media Studies at Fordham University in New York. She worked full-time for many years across the U.S. in cities like New York and Miami for the National Basketball Association, the National Football League and MTV while never missing a chance to volunteer at various burn survivor community organizations.

“I’ve had some amazing experiences. I’ve lived in different parts of the U.S. and have traveled the world with my work, and volunteer work, but the best part is that I get to share my experiences to inspire or

help others, and use my media/marketing background to help organizations and non-profits with their marketing efforts such as Texas Burn Survivor Society,” Montelongo added. “I get to work with the San Antonio Fire Department fire fighters and educate my community on burn prevention, fire safety and overall awareness.”

Montelongo also said that the best part of volunteering with burn survivors is connecting with them and their families. She shares the healing process, her experience and understanding and coping with loss whether it’s self-image or the loss of a family member.

“Because I was burned at a young age, I can relate to most people of all ages who have been injured or have experienced a

burn injury,” she said. “For example, when a family visits the USAISR Burn ICU, they may have to wait a short while to see a patient because that patient may be undergoing a procedure. While in the waiting room, I may share I’m a burn survivor and/or studying OT so that I can help patients recover from their burn injuries in the near future. At that moment, families express what they are going through and ask me all sorts of questions, or want to have a conversation about anything. I sense that being there and having that connection helps comfort them even if for a brief moment.”

Paula Davidson, Red Cross volunteer and Burn Center Volunteer Coordinator,

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Students learn life skills at Vogel Resiliency Center workshop

By David DeKunder

502ND AIR BASE WING
PUBLIC AFFAIRS

Young adults learned about life skills and got a hands-on experience preparing a meal at the Resiliency Day workshop hosted by the Vogel Resiliency Center at Joint Base San Antonio-Fort Sam Houston June 15.

Fourteen young adults who are high school students or graduated from high school in the San Antonio area attended the workshop. The Resiliency Day course was open to young adults whose parents or family members are JBSA members.

Life skills and topics covered during the workshop included stress management, time management, personal safety, health and nutrition, which included a cooking class in the Vogel Resiliency Center, or VRC, teaching kitchen.

"The young adults are learning good information and skills they can carry throughout life," said Leslie Noel, Joint Base Substance Abuse Program prevention coordinator.

Noel said the life skills the young adults learned are applicable regardless of what direction they take after high school, whether it's going to college or working full-time.

"The purpose for Resiliency Day for high school students was to create or enhance their resiliency skills and knowledge," she said.

The students and young adults who participated in the workshop learned about life

skills through activities and group discussions.

Robert Collins, a Steele High School senior, said he learned about different causes of stress and stress prevention by attending the workshop.

"I learned about ways to handle stress and ways to organize my time better," Collins said.

Victoria Ortiz, a senior at Brennan High School, said the tips she learned about stress management, nutrition and organization at the workshop are things she can use when she goes to college.

"Going to college, we will be surrounded by stress," Ortiz said. "Hearing the tips was very beneficial and helpful for the future."

"I have personally taken away (from the workshop) is that stress is manageable and that there are ways to manage it, like deep breathing and meditation," said Jade Born, a senior at Stacey Junior/Senior High School located at JBASA-Lackland.

For their lunch, the students prepared a delicious, nutritious meal of chicken, wraps, ramen noodles and yogurt under the guidance of Sgt. 1st Class Raphael Bonair, U.S. Army North military culinary specialist.

Bonair said he instructed the students on how to utilize ingredients that are both nutritious and versatile and can be used in different types of meals.

"We show them multi-faceted ingredients that can be

incorporated in hot and cold meals," Bonair said. "They learn a lot more on how to cook certain ingredients they can use for a lifetime. Once they do that, the sky's the limit. With that they stretch their knowledge of different ingredients for different dietary needs."

Lt. Col. Christine Abraham, Medical Education and Training Campus Ancillary Services department chair, volunteered at the workshop teaching the students cooking skills.

"One of the things we try to focus the kids on is that cooking can be creative and is a great way to care for others and themselves," Abraham said. "They have pride in what they have created and try foods they maybe wouldn't have tested before."

Alex Nance, a student at East Central High School, said as an experienced cook, the cooking session gave her the opportunity to try different foods and flavors in the meals she prepares.

"The ramen noodles I made before were plain and boring," Nance said. "The people here showed us a way to open up our food palate (for the ramen noodles)."

Born said she liked being able to try different things when it came to the cooking part of the workshop.

"It's very interesting because you get hands-on experience with cooking stuff you haven't done before," she said. "You add other things to spice up what you are cooking. You don't have to stick to the recipe."



DAVID DEKUNDER

Victoria Ortiz cuts a bell pepper in a cooking class during the Resiliency Day workshop June 15 at the Vogel Resiliency Center at Joint Base San Antonio-Fort Sam Houston.

Noel said the Resiliency Day workshop was the first ever held at VRC, which opened its doors Jan. 5. She said she hopes to conduct more resiliency classes throughout the upcoming school year and

expand those classes to middle school students.

"From the feedback I received from the students, they actually enjoyed it," Noel said. "They reiterated to me the key points they learned at each section."

VOLUNTEER

From page 6

described Montelongo in the volunteer of the year nomination package as "one of the most vivacious and motivated volunteers that the Red Cross could ever dream of having because she is constantly looking for new ways to aid

people and her community. Her service to the USAISR is just one of the many outstanding outreach programs that she is vested in, but it is her heart and her history that makes her so valuable to the Burn ICU where she currently gives much of her time willingly and graciously."

Montelongo's award came with a \$1,000 donation to her favorite charity which she

designated to the Texas Burn Survivor Society in San Antonio.

She chose that program because she has volunteered there for more than five years and has seen its programs in action and how those programs benefit military and civilian burn survivors from all over Texas. Some of those programs include camps for kids and

young adults, scholarship programs, to wounded Warrior rehabilitation and family retreats. She added that she's honored to have received this award and encourages everyone to give back to their communities.

"Serving others makes you feel good," Montelongo said. "If you are passionate about something, you can find an

organization and share your God-given talents while serving others, if you have a personal experience with key learnings, you can share it with others so that they can succeed, or if you have access to resources, share it with folks who need it. You may not realize it, but you may be uplifting someone with your words, your efforts, or just your presence."

Members of Task Force Hope attend event in El Salvador

By Army Sgt. Walter H. Lowell

106TH PUBLIC AFFAIRS DETACHMENT, NEVADA NATIONAL GUARD

Service members with Combined Joint Task Force-Hope, Operation Beyond the Horizon 2018, El Salvador, attended a Friendship Day celebration at one of its construction sites June 15.

The U.S. Embassy in El Salvador hosted the event and was the second annual celebration to date.

Beyond the Horizon 2018 is a multiagency training operation that promotes regional partnerships, cooperation and coordination among military organizations, governments and non-governmental agencies while conducting civic action programs and providing focused humanitarian assistance.

Tobias Bradford, U.S. Embassy public affairs counselor, El Salvador, co-hosted the event with U.S. Ambassador in El Salvador Jean Elizabeth Manes, who was in attendance and toured the site during the celebration.

"This event is part of our U.S.-Salvadoran Friendship day festivities. June 15 is officially recognized by both governments as a day of U.S. and Salvadoran friendship," Bradford said.

He said that the U.S. embassy was looking for a location to celebrate Friendship Day with embassy colleague volunteers, service members with Task Force Hope and the local community.

"This is a school site in the area of Zacatecoluca," he said. The area has much crime, is very poor and has a local community that is willing to get involved in finding a way to improve it.

Capt. John Haskell commands the BTH 2018 civil affairs team, assigned to the 43th Civil Affairs Battalion, U.S. Army Reserves, Lubbock,

Texas, and helped organize the event.

Haskell said there are three other school worksites BTH 2018 is working on as well as the location at Friendship Day.

One site, like the one at San Marcos De La Cruz, is an addition to an existing structure.

The other two are new schools where an existing school no longer exists or was moved. Additionally, there is another building site where BTH 2018 is building a free-standing addition to a medical clinic.

"The military is trying to source all the building materials locally if possible," he said. "We have reached out to 16 non-government organizations

in the greater San Salvador area."

He said the NGOs are providing drinking water and physicians training exercises and school supplies such as desks and furniture for the future schools to make sure students can immediately use them after the U.S. Forces have left.

"It was very humbling," said Airman 1st Class Marvin Blood, a security forces airman, assigned to the 138th Fighter Wing, Oklahoma Air National Guard. BTH 2018 was the first time the young Airman had ever been outside the United States.

He took part in the Friendship Day event and assisted in the cleanup around the school grounds along with local volunteers, embassy workers and the schoolchildren.

"I had a friend translating for me, and it was great to be able to speak to some of the kids that were there," Blood said.

"We helped clear a lot of the debris from the old building that was around," he added. Piles of old sheet metal and other garbage littered the original school building.

"Everybody was helping out; it was awesome," he said. "It's so much better now. The cleanup benefits the children because it teaches them to respect the building, so they can continue to use it for a long time. I respect what I have back home a lot more now."

"Salvadorans want to see our partnership have a concrete impact in their lives," Bradford said.

"If there is anything that is going to make a difference for the future of El Salvador, it's going to be education and improving educational conditions for young Salvadorans. This is going to improve an entire generation of individuals locally, not just at this school, but at all four of the

schools that Beyond the Horizon is working on."

Bradford said that when these young people see their parents and teachers working side by side with Americans, it creates the ability to humanize and relate to each other.

"I think Friendship Day goes a long way in showing tangible proof to the surrounding communities the U.S. military and the host nation of El Salvador are partners in this and the U.S. Ambassador and American ambassador's involvement strengthens that," Haskell said.

Beyond the Horizon 2018 is a combined readiness exercise between U.S. Army South and El Salvador providing medical campaigns and construction projects for communities throughout the La Paz Department in the Central American country.

It brings together active duty, Reserve and National Guard service members from across the U.S. alongside host nation partners all working together on this humanitarian effort.



SGT. WALTER LOWELL

Salvadoran students arrange plants near the construction site of a new school building during Friendship Day at a Beyond the Horizon 2018 site June 15 in El Salvador.



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Events

July

Aquatics

Patrons compete in a triathlon

Join the JBSA-Fort Sam Houston Aquatic Center for the second summer triathlon July 8, 7 a.m. The triathlon can be completed as an individual or as a relay and includes a 300-meter swim, 10-mile bike and 2-mile run. The cost is \$20 per person. Registration deadline is July 5. Packet pickup begins at 5:30 a.m. on race day. For more information, call 210-221-4887.

Dive in movie night offered

Bring the family for a fun night floating in the pool and watching family friendly movies at the JBSA-Lackland Warhawk Pool Tuesdays, 7:30-10 p.m. Participants need to bring their own clear colored tubes. Cost is \$3 for adults, \$2 for children 10 years and younger and free for season pass holders. For more information, call 210-671-3445.

Volleyball is played Thursday nights

Join the JBSA-Lackland Warhawk Pool Thursdays, 7:30-10 p.m., in the pool for pick-up water volleyball games. Balls are available at the pool. There are no referees, so please play fair and when forming teams, make sure everyone that has come to play has a chance and both sides have a mix of all ages. If there are a lot of people, the winning team stays on after each game. For more information, call 210-671-3445.

Bowling

Beat the heat with bowling

Beat the heat this summer at the JBSA-Fort Sam Houston Bowling Center. Bowl nine games and get tenth free with the Frequent Bowlers punch card July 1 through Sept. 3. Punch card holders are also entered to win prizes all summer long. For more information, call 210-221-4740.

Bowl with a DJ

Check out the cosmic bowling music and light show at the JBSA-Fort Sam Houston Bowling Center July 7, 5-10 p.m., featuring a live DJ. For more information, call 210-221-4740.

Bowling offers a change to win SeaWorld® tickets

Bring the family bowling at the JBSA-Lackland Skylark Bowling Center on Saturdays in July for a chance to win a Family Pack to SeaWorld. Pack includes four admission tickets. For more information, call 210-671-1234.

Kids bowl for free

The JBSA Bowling Centers invite registered kids to receive two free games of bowling; rental shoes are not included. Register at www.kidsbowlfree.com, select Military Bowling Centers then select the JBSA-Location

desired. Once registered view the available times to receive the two free games of bowling. For more information, call the JBSA-Fort Sam Houston Bowling Center at 210-221-3683 or 210-221-4740, the JBSA-Lackland Skylark Bowling Center at 210-671-1234 or the JBSA-Randolph Bowling Center at 210-652-6271.

Strike Club offers bowling fun

Come party with the JBSA-Randolph Bowling Center at the Strike Club every Saturday, 6-10 p.m. The Strike Club features cosmic lights combined with newly installed LED CenterPunch Deck lighting, LED lane capping and enhanced with three projection screens playing music videos. For more information, call 210-652-6271.

Clubs

Bingo fun is at the club

Join the JBSA-Randolph Kendrick Club for Bingo Extravaganza July 2 and 16 with \$15,000 in total jackpots, a complimentary buffet at 5 p.m. and Early Bird bingo at 6 p.m.

Bingo takes place at 3 p.m. every Sunday and at 7 p.m. Monday through Thursday. Play July 14 and 28, 3 p.m. Come to the JBSA-Randolph Kendrick Club in the ballroom. Admission is free to members and \$10 for nonmembers.

Birthday Bingo is held July 18, 7 p.m., at the JBSA-Randolph Kendrick Club. Birthday members receive one free machine and cake. This event is for Randolph Club members only and an ID card is required. For more information, call 210-652-3056.

Entertainment offered at the club

The JBSA-Lackland Gateway Club invites patrons to relax in the Lone Star Lounge or hang out on the patio with pool tables and big-screen televisions Fridays, 5-11 p.m. Entertainment is provided by DJ LJU July 6, DJ Tony Style July 13 and 27 and DJ J Rock July 20. For more information, call 210-645-7034.

Club offers Sunday brunch

Club members and all Department of Defense ID cardholders are invited to enjoy brunch at the historic JBSA-Randolph Parr Club July 15, 10 a.m. to 1 p.m. The cost is \$23 for members, \$25 for nonmembers, \$12 for members' children, 6-12 years, \$15 for nonmembers' children, 6-12 years, and free for children 5 years and younger. For more information, call 210-658-7445.

Guests fly into the Auger

Join the party at the JBSA-Randolph Parr Club Auger Inn for "old school" camaraderie, free light refreshments and great music July 20, 5 p.m. Meet neighbors, folks from

other squadrons and leadership. There is no cover to join the fun. For more information, call 210-658-7445.

Club appreciates members

The JBSA-Lackland Gateway Club hosts Customer Appreciation Night in the Fiesta Ballroom with entertainment provided by DJ LJU July 24, 5-7 p.m. The cost for members is \$12.50 and nonmembers pay \$15.50. The menu features a salad bar, lobster bisque soup, beef tenderloin with port wine sauce, Chicken Gentle Home, grilled pork chops Marsala, rosemary roasted potatoes, rice pilaf, asparagus spears with red peppers, braided baby carrots, snow peas, fresh fruit cups, caramel cheesecake with mixed berries and turtle brownies. For more information, call 210-645-7034.

July birthdays are celebrated with a buffet

The JBSA-Randolph Parr Club offers a complimentary buffet every month for members with birthdays in that month. Members with July birthdays are honored July 25, 11 a.m. to 1:30 p.m. This is free for birthday members. Cost is \$10 for members without a birthday in June, \$5 for members' children, 6-12 years, \$12 for nonmembers and \$6 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. Coupons are not accepted. For more information, call 210-658-7445.

Weekly food specials offered

Stop by the JBSA-Randolph Kendrick Club for weekly food specials. Every Tuesday enjoy \$1.50 beef or chicken tacos in Gil's Pub from 5:30-7:30 p.m. On Wednesdays, in a sports bar atmosphere, enjoy flavorful 50 cent wings from 4:30-7 p.m. A minimum of 10 wings must be purchased. For more information, call 210-652-3056.

Patrons unwind on Fridays

Unwind after a busy work week Fridays at the JBSA-Randolph Kendrick Club. Come early at 5 p.m. and stay late for food, professional bartenders and dance music with DJ Scandalous. The Grill is open from 4-9 p.m. For more information, call 210-652-3056.

Community Programs

R4R zip lining and skydiving experience offered

The JBSA-Lackland Skylark Community Center invites all JBSA Airmen to zip line through the Texas Hill Country in Helotes, Texas July 14 or Aug. 4 and skydive in Luling, Texas July 21 or Aug. 11. There is no cost however, registration is required for each event. For more information, call 210-671-3191 or 210-671-2021.

JBSA FSS

Equestrian Center

Horsemanship camp offered for youth

The JBSA-Fort Sam Houston Equestrian Center offers a Youth Horsemanship Camp, July 9 through Aug. 7, for children, 7-17 years, interested in learning basic horse skills. The camp runs from 9 a.m. to 3 p.m., Monday to Friday. The cost is \$275 per week and participants need to bring lunch. Registration is ongoing and camps run weekly. For more information or to sign up, call 210-224-7207.

Fitness

Runners celebrate freedom

Join the JBSA-Fort Sam Houston Jimmy Brought Fitness Center July 7, 7 a.m., for the Freedom 5K run or walk. Show freedom colors and come dressed in red, white, and blue. This is a free event and open to all Department of Defense ID cardholders. Pets are permitted on the run route and must be on a leash. For more information, call 210-221-1234.

Independence Day is celebrated with a run or walk

Celebrate the country's independence at the Stars and Stripes 5K run or walk July 3, 7:30 a.m., with the JBSA-Randolph Rambler Fitness Center at Eberle Park. This event is sponsored by Randolph Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 210-652-7263.

Indoor Biathlon offers encourages daily workout

Participate in the Indoor Biathlon July 9-13, during normal business hours, at the JBSA-Randolph Rambler Fitness Center. Each participant completes a 15-mile run and a 30-mile bike ride. Pick up a challenge booklet from Fitness Center staff. As each challenge is completed, have a fitness team member initial the item and move on to the next one. Once all activities are completed, turn the booklet in to staff. This event is sponsored by Randolph Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 210-652-7263.

Men and women compete in lifting challenge

The Fitness Center on the JBSA-Fort Sam Houston Medical and Education Training Campus hosts the first ever Ryder Fest on the RealRyder Spin Bikes July 14, 10:30 a.m. to 12:30 p.m. Enjoy two hours of realistic riding on stationary bikes and experience the new beginning of indoor spinning. This event is free and all Department of Defense ID cardholders. Sign up no later than July 12. Limited spots are available. For more information, call 210-808-5709.

Golf

New golfers get golf ready

Take a lesson from a pro and get golf ready at JBSA-Lackland Gateway Hills Golf Course. These adult beginner classes focus on the basics including the golf swing, stance, grip, chipping, putting, driving and playing. Classes are held 5:30-7 p.m. on the following dates: July 2, 9, 16, 23, 30 and Aug. 20, 22, 24, 27, 29. The cost is \$150 per person with plenty of on-course experience and includes a set of clubs. For more information, call 210-671-3466.

Independence Day comes with golf

The JBSA-Randolph Oaks Golf Course hosts a two-person 6-6-6 tournament July 4, with 7-9 a.m. tee times. The format is a scramble on holes 1-6, best ball on holes 7-12 and modified alternate shot on holes 13-18. Cost is \$20 plus green fee and cart fee. Find a partner and sign up by calling or stopping by the Pro Shop. For more information, call 210-652-4653.

Firecracker open held

Join the JBSA-Fort Sam Houston Golf Course for the Firecracker Open July 4, 8 a.m. This four-person scramble costs \$25 for members, \$35 for nonmembers and includes green fee, cart rental, prize money and a social after the round. For more information, call 210-222-9386.

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FORCE

Flag golf tournament held

Patrons are invited to play in the JBSA-Lackland Gateway Hills Golf Course Flag Golf Tournament July 4, with tee times starting at 8:30 a.m. The cost for this individual stroke tournament is \$20 plus green fee and cart rental. Golfers begin the round with a set number of strokes, handicap plus par for the course, and a flag. Wherever the last shot lands after the allotted number of strokes is where the flag is placed. The golfer that plays the farthest wins the tournament. For more information, call 210-671-3466.

Golfers compete in a scramble

Golfers are invited to play in the monthly JBSA-Fort Sam Houston Golf Course Warrior Four-Person Scramble July 6, with a 12:30 p.m. shotgun start. Cost is \$25 for members and \$35 for nonmembers. The fee includes green fee, golf cart, prize money and a social after the round. For more information, call 210-222-9386.

Golf camps offered for youth

Youth, 6-14 years, can learn the game of golf at the JBSA-Lackland Gateway Hills Golf Course July 9-13, 8:30-9:30 a.m. The classes cover golf basics, grip, stance, swing, chipping and putting. The cost is \$100 if youth bring their own clubs or \$200 for youth with no clubs. For more information, call 210-671-3466.

Golfers play with the pros

The JBSA-Randolph Oaks Golf Course hosts the British Open Blind Draw Tournament July 21, with 7-9 a.m. tee times. This is an individual, low-net, low-gross tournament. Scores are combined with a Professional Golfers Association pro from the British Open. Entry fee is \$10 plus green fee and cart rental. For more information, call 210-652-4653.

Across the Pond tournament held

The JBSA-Lackland Gateway Hills Golf Course hosts the Across the Pond tournament July 21. Tee off any time before 10 a.m. A Professional Golf Association Pro is drawn from the round of the British Open to combine scores with the golfer. The entry fee is \$10 per player plus green fee and cart rental. For more information, call 210-671-3466.

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Couples enjoy a scramble

Come enjoy an afternoon on the golf course with a friend, coworker or significant other July 23, 1 p.m., at the JBSA-Fort Sam Houston Golf Course for a couples' scramble. The cost is \$30 for member teams and \$50 for nonmember teams. Price includes green fee, cart, prize fund and a social after the round. To sign up, call 210-222-9386.

Information, Tickets and Travel

Fiesta brings a cultural experience

The JBSA-Lackland Information, Tickets and Travel and the JBSA-Randolph ITT offers discount tickets for Fiesta Noche Del Rio performed at the Arneson River Theater on the San Antonio River, Friday and Saturday, 8:30-10 p.m., through Aug. 12. Local artists perform the music, songs and dance of Mexico, Spain, Argentina and Texas. Cost is \$13.75 for adults and \$6.75 for children 6-14 years. Youth, 6 years and under, are free. For more information, call 210-652-5142.

Kinder Casino trips

Travel to the Grand Casino Coshatta in Kinder, La., with the JBSA-Randolph Information, Tickets and Travel. The trip includes round-trip motor coach transportation, hotel accommodations, a \$23 voucher from the casino and friendly service from the bus driver. The bus departs at 7:30 a.m. and returns at approximately 9 p.m. the next day. Cost is \$65 for double occupancy or \$130 for single occupancy. The remaining 2018 trip schedule is July 10-11, Sept. 11-12 and Nov. 6-7. For more information, call 210-652-5142, option 1.

Carnival Western Caribbean Cruise offered

The JBSA-Lackland Information, Tickets and Travel Leisure Travel offers a cruise from Galveston to Mohogany Bay, Belize and Cozumel Dec. 9-16. Rates start at \$680 per person for an inside cabin, \$815 per person for an ocean view and \$990 per person for a balcony. Gratuities are not included. A \$250 per person deposit and a \$10 service fee are due at time of booking. Final payment is due Sept. 21. Patrons can get a booking bonus of \$100 on-board credit and an ITT travel pack, one per stateroom. For more information, call 210-671-7111.

Cost-saver group tour to Italy offered

The JBSA-Lackland Information, Tickets and Travel Leisure Travel offers a trip to Rome, Florence and Venice March 9-16, 2019. Rates start at \$2,100 per person, including airfare. Additional discounts are available through the ITT. A \$200 non-refundable land only deposit per person and a \$10 service fee is required at booking. Final payment is due Jan. 4, 2019. For more information, call 210-671-7111.

Tickets for Texas attractions offered

If heading to the Houston or Corpus Christi area, stop by the JBSA-Fort Sam Houston Information, Tickets and Travel office for discounted tickets to the Houston Space Center, Texas State Aquarium, U.S.S. Lexington or the Aransas Queen Casino Boat. For more information, call 210-808-1378.

Local attraction tickets available

JBSA-Fort Sam Houston Information, Tickets and Travel office offers discounted tickets for local attractions like the San Antonio Zoo, Buckhorn and Rangers Museum, Laser Quest, ZDT Amusement Park, Ripley's Believe it or Not®, Natural Bridge Caverns and more. Discounted tickets to the San Antonio Tours includes the Tower of Americas Observation Deck, Trolley Hopper, Rio River

Boat and more. ITT also has discounted tickets for Six Flags® Fiesta Texas and SeaWorld®. For more information, call 210-808-1378.



ITT is the summer fun headquarters

Before heading out this summer check with the JBSA-Lackland Information, Tickets and Travel for discounted tickets prices to local area and state attractions as well as out of state attractions. ITT constantly has new tickets so check with them before buying elsewhere. ITT offers email ordering, which allows tickets to be sent by email or FedEx for anyone outside of the San Antonio area. For more information, call 210-671-3059.

Military & Family Readiness

Participants discover home buying strategies

The JBSA-Lackland Military & Family Readiness Center hosts a How to Buy a House workshop July 9, 1-3 p.m., providing fundamental information to help ease the buying process. To register, call 210-671-3722.

Workshop provides professional development skills

Whether providing a desk-side briefing to a commander or tasked to provide information to a diverse audience, the Briefing Training Course addresses how to prepare for and present an effective briefing. BTC is slated for July 17, 8:30 a.m. to 3:30 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center and is open to all Department of Defense ID cardholders. Registration is required. To register, call 210-221-2418.

PCS preparation seminar offered

The JBSA-Randolph Military & Family Readiness Center hosts a Smooth Move Relocation workshop July 17, 10 a.m. to noon. This is mandatory for E1-E4 PCS'ing for the first time and all ranks PCS'ing Outside the

Continental United States for the first time. To register, call 210-652-5321.

Workshops offered for Key Spouses

Newly appointed Key Spouse Mentors attend the Key Spouse Mentor Training July 18, 9-10 a.m., at the JBSA-Randolph Military & Family Readiness Center, and all newly appointed Key Spouses attend a mandatory Key Spouses Initial Training July 30-31, 5:30-8:30 p.m., at the JBSA-Fort Sam Houston M&FRC. To reserve a seat, call JBSA-Randolph at 210-652-5321 or JBSA-Fort Sam Houston at 210-221-2705.

Digital couponing becomes easier

Participants review mobile apps for couponing and ways to save on traveling, dining out, military discounts, rebates and more during the Couponing in the 21st Century workshop July 18, 10-11:30 a.m., at the JBSA-Randolph Military & Family Readiness Center. To reserve a seat, call 210-652-5321.

Service members become teachers

Military personnel meet with Region 20 Education Services July 25, 9-11:30 a.m., at the JBSA-Lackland Military & Family Readiness Center for information on teaching as a second career in public schools. To register for the From Camo to the Classroom workshop, call 210-671-3722.

Service members prepare finances before deployment

A Deployment and Your Money workshop is slated for July 26, 10-11 a.m., at the JBSA-Lackland Military & Family Readiness Center. Review tips for organizing financial obligations and financial protection laws. To register, call 210-671-3722.

Unit Readiness Prevention Trainings Offered

Military & Family Readiness has partnered with Army Suicide Prevention, Army Substance Abuse Prevention, and Family Advocacy offering an opportunity to complete multiple mandatory trainings in one session on July 26, 1-3 p.m., at the JBSA-Fort Sam Houston Vogel Resiliency Center. To reserve a seat, call 210-221-2418.

Outdoor Recreation

Concealed handgun license class offered

The JBSA-Camp Bullis Rod-N-Gun Recreation Center offers concealed handgun license classes July 14 and 28, 8 a.m. to 1 p.m. Successful completion of this class is required for a Texas CHL. To register for a class, visit <http://www.chlregistration.com>. Once on the website, select "register for class." Then select "Dan Willis-Leatherneck Arms." Class details are available online at <http://www.myjbsa-fss-mwr.com>. For more information, call 210-363-2332.

Zip lining adventure offered

JBSA-Lackland Outdoor Recreation invites patrons to Zip Line in Helotes July 14 and Nov. 17. The cost to soar over the Texas Hill Country is \$20 per person and is on a first-come, first-served basis. For more information or to reserve a spot, call 210-671-5532.

Archery takes on another dimension

The JBSA-Camp Bullis Rod-N-Gun Recreation Center hosts a 3-D archery competition June 28-29, 8 a.m. to 1 p.m. Registration is 8-10 a.m. The fun shoot registration is 8-11 a.m. Fun shoot cost is \$5 for E1-E4, active duty or medically retired, \$15 per person for all others, 13 years and older and youth, 12 years and younger, shoot for \$5. The competition fee is \$10 for E1-E4, active duty or medically retired and \$20 per person for all others, 13 years and older. For more information, call 210-295-7577.

Airmen play paintball for free

JBSA-Lackland Outdoor Recreation hosts a free paintball event for airmen and families through the R4R program July 29, 9 a.m. to 3 p.m. Participants must be 10 years and older to play. Each player receives one paintball marker, one bag of paintballs with 500 rounds, one mask, compressed air refills and limited clothing. Preregister at Outdoor Recreation, building 871. For more information, call 210-925-5532 or 210-925-5533.

Sunset cruises offered at the lake

Head to the JBSA Recreation Park @ Canyon Lake Friday evenings in July for a sunset cruise on the lake. Cast off from the Hancock Cove Marina at 7:30 p.m. and take a scenic ride around the lake on the chartered pontoon boat. This ride lasts approximately one and a half hours. Cost is \$10 for adults and \$6 for children 12 years and younger. Guests may bring drinks and snacks, but Styrofoam and glass are prohibited. Reservations are required. For more information, call 1-830-226-5357 or 1-800-280-3466.

Patrons play light grabbing game

The JBSA Recreation Park @ Canyon Lake invites customers to play the light grabbing game on the NEOS wall. The NEOS wall combines aerobic exercise with speed and dexterity of video games. It delivers a workout comparable to jogging or a game of soccer and promotes competition and teamwork while building agility, coordination, strength and stamina. The NEOS wall has eight different games with three different difficulty levels. For more information, call 1-830-226-5357 or 1-800-280-3466.

Now accepting boat rental reservations

The JBSA Recreation Park @ Canyon Lake is now accepting reservations for boat rentals. There is a \$25 deposit fee for reservations and reservations can be made up to 30 days in advance. A valid Department of Defense ID and Boater's Safety card must be presented before the rental boat is checked out. For more information, send an email to jbsamarinasuper@gmail.com. To reserve a boat, call 830-964-3544.

The weather is great for being outdoors

The JBSA Outdoor Recreation locations have the equipment to enhance summer plans with sporting and camping goods for whatever plans are made. Take the family or go camping with friends with travel trailers that can sleep five to eight people. Hit the water with one of the wide array of speedboats, fishing boats and pontoon boats. For parties, barbecues and group gatherings, Outdoor Recreation has popcorn machines,

chocolate fountains, champagne fountains and margarita mixers as well as sporting equipment for the more active bunch. Add more fun with bouncy castles and sumo wrestling suits. For more information, call JBSA-Fort Sam Houston ODR at 210-221-5224, JBSA-Lackland ODR at 210-925-5532 and JBSA-Randolph ODR at 210-652-5142.

Youth and Children

Fall soccer registration begins

Register youth, 5-17 years, for fall soccer with the JBSA-Lackland Youth Programs July 1-31. A current immunization record, physical and up to date Youth Programs membership are required to register. For more information, call 210-671-2388.

Sports registration begins

Register youth for JBSA-Randolph Youth Sports July 5 to Aug. 11. Flag Football is for youth 5-18 years; cost is \$50 per child. Volleyball is for youth 9-18 years; cost is \$50. Cheerleading is for youth 5-18 years; cost is \$45. First Steps soccer is for youth 3-4 years; cost is \$35; this is a six-week introductory sport. For more information, call 210-652-3298.

The JBSA-Fort Sam Houston Youth Sports invites youth to register for flag football or cheerleading Aug. 1 for the fall season. Cost is \$50 per child. Registration is held at the Youth Center, building 1630. A shot record and health assessment is required at the time of registration. For more information, call 210-221-5513 or 210-221-4492.

Youth go to the movies

The JBSA-Fort Sam Houston Youth Center invites teens to the movies July 7. Sign up by July 6. Permission slips are required. After the movies teens play a game of Truth or Dare in honor of Tell the Truth day.

Youth, 11-13 years, are invited to enjoy an afternoon at the movies July 21 with the JBSA-Fort Sam Houston Youth Center. Movie and times are announced July 13. Sign up no later than July 20. For more information, call 210-221-3502.

Parents offered a break

JBSA Youth Programs offers parents a break through the Give Parents a Break or Parents' Night Out program July 7, 1-5 p.m. at JBSA-Lackland and July 13, 6-10 p.m. at JBSA-Randolph Children, 5 years, and in kindergarten, through 12 years, are provided snacks and entertained with activities and games. The cost is \$25 per child with a multiple-child discount or free with a GPAB referral. Late pickup is subject to \$5 for the first five minutes, then \$3 for every minute after that. Pre-registration and a minimum number of participants is required. For JBSA-Lackland, call 210-671-2388 to register children 5-12 years, and to register children 6 weeks to 4 years call 210-671-3675. For JBSA-Randolph, call 210-652-2088 to register children 5-12 years, and to register children 6 weeks to 4 years call 210-652-1140.

Youth participate for free

Celebrate recreation and summer fun and participate in the JBSA-Randolph Youth Programs for free July 9-14. Youth Programs has a lot of activities, programs, camps and classes to enjoy over the summer and during the

school year. Stop by Youth Programs, building 585, to check out everything offered. For more information, call 210-652-3298.

Fathers and Daughters dance the night away

JBSA-Lackland Youth Programs invites open recreation youth and teens are invited to come enjoy games and snacks to celebrate the summertime season at an apple pie social July 13, 6-8 p.m. Participants must show their current membership card for Youth Programs in order to attend the event. For more information or to make reservations, call 210-671-2388.

National Hot Dog Month is here

Celebrate National Hot Dog Month with the JBSA-Fort Sam Houston Youth Programs July 14, 3 p.m. Youth Programs staff are making hot dogs with all the fixings for youth and their families. For more information, call 210-221-3502.

School age before and after school registration begins

Beginning July 16, slot requests for the 2018-2019 Before and After School Age Program for children 5-12 years can be submitted by logging on to www.militarychildcare.com. Once a slot is offered, parents need to visit Youth Programs to complete the registration. Cost varies by total family income and all required paperwork must be on file in advanced to include immunization records with a flu vaccination. For more information, call JBSA-Fort Sam Houston School Age Program at 210-221-5151, JBSA-Lackland School Age Program at 210-671-2388 or JBSA-Randolph School Age Program at 210-652-2088.

Families are invited to Bistro Night

Dinner is served at the JBSA-Fort Sam Houston Youth Center July 18. The night features a family game night or a family movie night after dinner. Call 210-221-4492 to make reservations. For more information, call 210-221-3502.

JK Rowling is celebrated

Celebrate JK Rowling's Birthday with the JBSA-Fort Sam Houston Youth Programs July 30 to Aug. 3, 3 p.m., with a different Harry Potter movie each day. Celebrate the wizarding world by honoring the author with cake and ice cream on Aug. 3, 4 p.m. For more information, call 210-221-3502.

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LACKLAND

AF protects Airmen, environment with new firefighting foam

By Shannon Carabajal
AFMISC PUBLIC AFFAIRS

The transition to an environmentally responsible firefighting foam at King Salmon Air Force Station, Alaska, on June 14 marked the completion of the Air Force's

move to replace legacy foam in fire vehicles and stockpiles across the service.

Replacing the legacy Aqueous Film Forming Foam is an important milestone for the Air Force as the service takes aggressive measures to reduce the risk of

mission-related contamination to drinking water sources. The new foam is PFOS free, only contains trace amounts of PFOA, and meets the military specifications for firefighting, according to Air Force Fire Chief Jeff Wagner.

"The health and welfare of

our Airmen and our on- and off-base communities are top priorities for our Air Force Civil Engineer Center team. Completing the transition to a new AFFF formula reduces the potential risk of drinking water contamination from PFOS and PFOA, as the Air Force effort to identify and respond to past AFFF releases continue," Wagner said.

Widely used in the past – both commercially and by the Department of Defense – the legacy AFFF contained perfluorooctanesulfonic acid (PFOS) and perfluorooctanoic acid (PFOA), two perfluorinated compounds that persist in the environment and may be a potential health concern. On May 19, 2016, the Environmental Protection Agency established lifetime health advisory levels of 70 parts per trillion for PFOS and PFOA in drinking water.

The Air Force awarded ICL Performance Products a \$6.2 million contract for 418,000 gallons of Phos-Chek 3 percent in August 2016. In total, 176 bases transitioned to the new firefighting foam.

"The new AFFF protects our Airmen, our aircraft and our infrastructure. The foam provides essential burn-back resistance, protection against vapor release and rapid extinguishment," said Kevin Matlock, fire emergency services program manager with AFCEC's Readiness Directorate.

To further protect the environment, the Air Force limits the use of AFFF to emergency responses, treats all releases as hazardous spills and takes immediate action to ensure containment and removal. The service began retrofitting fire vehicles with an Eco-logic system which enable fire protection testing without AFFF discharges

"The new AFFF protects our Airmen, our aircraft and our infrastructure. The foam provides essential burn-back resistance, protection against vapor release and rapid extinguishment."

Kevin Matlock, AFCEC's Readiness Directorate fire emergency services program manager

earlier this year. The initiative – which includes retrofitting approximately 850 fire trucks – should be finished by December 2018, Matlock said.

Additionally, the Air Force will replace AFFF contained in aircraft hangar fire protection systems in conjunction with hangar renovations. Unlike mobile fire trucks, AFFF in hangars are contained in a stationary location – a more controlled environment. The projects are expected to be finished by the end of 2018, according to Jack Arthur, fire protection engineer with AFCEC's Operations Directorate.

For more information about the Air Force response to PFOS/PFOA, visit <http://www.afcec.af.mil/WhatWeDo/Environment/Perfluorinated-Compounds/>.



COURTESY PHOTO

Tech. Sgt. Brian Virden (left) and Master Sgt. Bryan Riddell, both with the 611th Civil Engineer Squadron from Joint Base Elmendorf-Richardson, Alaska, replace legacy firefighting foam at King Salmon Air Station, Alaska, with Phos-Chek 3 percent, a C6-based Aqueous Film Forming Foam, June 14. The new AFFF protects Airmen, aircraft and infrastructure while reducing the risk of mission-related contamination to drinking water sources.

OpJET helps military families through deployment

By Mary Nell Sanchez

502ND AIR BASE WING

PUBLIC AFFAIRS

A child of a military member can face many challenges. When a parent is deployed, the child worries about when they'll see their loved one again.

Questions and concerns were addressed when the 802nd Force Support Squadron held their annual Operation Junior Expeditionary Team (OpJET) event, June 22 at Joint Base San Antonio-Lackland. OpJET provides children the opportunity to see a mock deployment and gives them an idea what their parents experience when they report for duty away from home, as well as the process when they return.

"I think that because she's going to a place that's dangerous, I'm probably going to start praying for her," said 11-year old Chadwin Silva, son of U.S. Army Maj. Charlie Silva.

Chadwin's mom Amarylly, is about to be deployed for the

first time to Southeast Asia. The civilian military servant, who works at JBSA-Fort Sam Houston Military & Family Readiness Center wants to make sure Chadwin and his two sisters are prepared for the six-month separation.

"I don't want them to be concerned. I want them to know that I am going to a safe place," Amarylly said.

More than 50 children participated in activities which included combat demonstrations, gear fitting and physical training. Military working dog training demonstrations, Security Forces training, processing booths and other activities provided children a front seat to what their parents experience firsthand.

"They may not really understand what all that [deployment] is or what it looks like...Is it enough to keep mom or dad safe?" said Tech. Sgt. Anthony Garrow, 802nd FSS readiness NCO.

Chadwin's father, Maj. Silva has been deployed three times during his Army career and



AIRMAN 1ST CLASS DILLON PARKER

Participants in the Operation Junior Expeditionary Team (OpJET) event, "return home" June 22 at Joint Base San Antonio-Lackland.

will stay behind to take care of the family's children.

"There's equipment, there's weapons, there's protective equipment and he [Chadwin] needs to know that when we go out there in harm's way we're being taken care of," Maj. Silva said.

OpJET is one of the largest programs in the Air Force. OpJET is a component of the

Hearts Apart program available to all military families. Hearts Apart was created to keep families connected with the military men and women serving abroad.

"At any given time, I have about 200-250 families that I reach out to on a monthly basis," Garrow added.

New families receive a basket containing a teddy bear, post

cards to write parents who are deployed, journals to write about the experience, and a movie that addresses the deployment process for children and parents to watch together.

"It helps lesson the blow...They [children] get to understand what's going to happen in the next six or seven months," said Garrow.

Joanna Rios agrees. The school age coordinator for the JBSA-Lackland Youth Program said a better understanding of deployment is crucial.

"It [OpJET] gives them the whole picture of what happens to mom and dad when they are deployed," said Rios.

Some children can't help but be concerned they'll never see their loved one again.

"They worry about their parents coming back," Rios said.

Programs that keep military children educated about their parent's role during a deployment are planned throughout the year, with project OpJET being the primary summer event.



STAFF SGT. LAUREN M. SNYDER /

U.S. Air Force Civil Air Patrol cadets climb the rear section's stairs to the 433rd Airlift Wing C-5M Super Galaxy aircraft's upper deck June 8 at Joint Base San Antonio-Lackland.

AF Academy, Civil Air Patrol cadets fly high

Flight participants visited the cockpit and talked to the crew

By Staff Sgt. Lauren Snyder

433RD AIRLIFT WING PUBLIC AFFAIRS

Members from the Three Rivers Composite Squadron Civil Air Patrol from Grape Creek, Texas along with cadets from the U.S. Air Force Academy, Colorado Springs, Colorado, visited here to check out the mission of the 433rd Airlift Wing and catch a flight onboard a C-5M Super Galaxy on June 8.

CAP cadets, senior members, along with Air Force Academy cadets, met with Col. T.K. Smith, 433rd Airlift Wing commander, received a mission brief, met with aircrew members and witnessed an aerial refueling during an incentive flight.

The cadets and those who

accompanied were welcomed aboard the giant aircraft for a three-hour nonstop flight from San Antonio to the Lafayette, Louisiana, area and back.

"I've just started this year; I'm 13," said Cadet Senior Airman Calie Reyes, San Angelo Composite Squadron, Civil Air Patrol. "I learned about the Civil Air Patrol from my sister. I saw pictures of her in her uniform and I just wanted to do it because it looked so cool."

"Cadets range from 12 to 21, and after 18 you can become a senior member," Reyes said. "It's super fun. We fly airplanes; I've gotten to do that already, and it's really cool. Getting to fly a plane at 13 isn't something that happens very often."

Flight participants had a chance to

visit the cockpit, talk to the crew and soak up the atmosphere as they rode the behemoth aircraft.

The Civil Air Patrol is a congressionally chartered, federally supported non-profit corporation that serves as the official civilian auxiliary of the United States Air Force. Its congressionally mandated missions are aerospace, education and cadet programs.

The United States Air Force Academy is a military academy for officer cadets of the United States Air Force. Its mission is to educate, train, and inspire men and women to become officers, preparing them to serve their country and succeed in 21st-century careers.

JBSA-Lackland hosts Air Force Rugby trials

By **Airman 1st Class Dillon Parker**

502ND AIR BASE WING PUBLIC AFFAIRS

The Air Force Men's Rugby Team held trials at Joint Base San Antonio-Lackland June 18-22 to select players for the upcoming Armed Forces Men's Rugby Championship Aug. 23-27 in Glendale, Colorado.

The trials include four daily practice sessions and culminate with participation in a tournament held in Austin. The best 16 players will be chosen for the tournament that will put all five service branches against each other.

"We're going to create the best team possible for the tournament," said Maj. Saleem Razvi, Air Force Rugby Team Officer in Charge. "I'm really optimistic about our team this year because these guys are out here pouring their hearts into it and giving us all they have."

One of the athletes trying out this year, 1st Lt. Calvin Johnson, 625th Operations Center Branch Deputy chief, shares Razvi's optimism about the team's prospects having participated in the past couple Armed Forces

tournaments.

"The past three years we've finished second to Army," said Johnson. "We've been so close year after year, but we're really confident that this is going to be the year we take home first [place] for the Air Force because of the work we're putting in."

While team members are focused on winning, the coach, Theo Bennett, highlighted the indirect impact of rugby and Air Force sports.

"To create a better rugby player who can put points up on the board is one thing, but we're also trying to create better Airmen," said Bennett. "Rugby is an intense sport, it builds physical as well as mental toughness. Obviously you have to be physically fit to be successful but it's more than that, you have to have a lot of intelligence to be successful as a player and as a team. Decision-making, situational awareness and leadership are all qualities we strive to build."

When the Armed Forces tournament is over, Bennett hopes that



AIRMAN 1ST CLASS DILLON PARKER

Airmen try out for the 2018 Armed Forces Men's Rugby Championship roster during a practice on the Warhawk Fitness Center football field June 20 Joint Base San Antonio-Lackland.

rugby will continue to be a part of the athlete's lives.

"We want to instill a love for the sport in these Airmen," said Bennett. "If they can keep up the same energy and enthusiasm for the sport, the values it teaches will only spread and become a greater part of their lives."

RANDOLPH

12th Maintenance Group team covers munition needs from ammo to training missiles

By Robert Goetz

502ND AIR BASE WING
PUBLIC AFFAIRS

The 12th Maintenance Group has an indispensable role in ensuring the reliability and safety of the trainer aircraft that define Joint Base San Antonio-Randolph's flying mission.

It also has a role that not only benefits the 12th Flying Training Wing, but other high-profile organizations at JBSA.

The 12th MXG Munitions Flight provides the 12th FTW's fighter and flying training squadrons, the 902nd Security Forces Squadron and other units with the explosives they need to carry out their missions.

"We supply our customers with all of their munitions,

from small arms ammunition to training bombs and missiles," said Patrick Fox, 12th MXG Munitions Flight chief. "A lot of units depend on us for munitions items to maintain their proficiency, whether it's for daily tasks, real-world events or mobility issues."

One of the flight's main responsibilities is supporting the 12th FTW's flying mission, Fox said.

"We provide all the explosives required for each aircraft, usually the ejection system," he said. "Pilot safety is extremely important. In case of a catastrophic event, we want to make sure the pilot can get out safely."

The flight works closely with a variety of flying training squadrons in the 12th Operations Group, supplying them with some of today's best

precision-guided trainers, Fox said.

Among them are the Joint Direct Attack Munition guidance kit for the 435th Fighter Training Squadron and the Hellfire training missile for the 558th Flying Training Squadron.

The 902nd SFS is another frequent customer, Fox said.

"We always want our security forces to have everything they need to maintain security on base," he said.

The flight provides security forces with all the munitions they need, including ammunition for combat arms training, Fox said.

"The squadron also requires explosives like dynamite and TNT for its canine training; that's how they hone their skills," he said.

Some of the flight's other customers are the 12th FTW Safety Office's Bird Aircraft Strike Hazard program and the Air Force Office of Special Investigations, Fox said.

"Our munitions tentacles go out to a wide variety of people," he said.

The flight's mission changed significantly when the Air Force started sourcing aircraft munitions from the Martin-Baker Aircraft Company Ltd., a British manufacturer of ejection seats, Fox said.

"Our tempo has increased because these items are still relatively new to the Air Force and are constantly evaluated and swapped out," he said. "They're used for our T-6 and T-38 aircraft."



Wyatt Holliday, 12th Flying Training Wing Maintenance Group Munitions Flight inspector, prepares some cartridges, impulse ammunition for storage, June 18 at Joint Base San Antonio-Randolph.

Every organization that uses munitions has a yearly allocation, Fox said.

"We maintain oversight of those balances until an item is expended or turned back in," he said. "If a unit's mission increases, we work with them to provide the necessary documentation and get the allocation increased."

The munitions team strives to acquire the latest items for its customers, Fox said.

"We want them to see the latest in the field," he said.

Precision-guided trainers are an example.

"Up until four or five years

ago, we had no precision-guided trainers at Randolph," Fox said. "We worked hard to acquire those trainers."

Another function of the flight is to provide safe parking for commercial drivers hauling explosives.

"It serves a vital purpose to support those vehicles," Fox said.

That capability will be enhanced in the next few years.

"We're working with the 502nd Civil Engineer Squadron

AMMO continues on 19



PHOTOS BY JOEL MARTINEZ

Jeremy Peterson, 12th Flying Training Wing Maintenance Group Munitions Flight inspector, inspects a time delay initiator June 18 at Joint Base San Antonio-Randolph.

12th Maintenance Group promotes leadership development

By Tech. Sgt. Ave I. Young

502ND AIR BASE WING
PUBLIC AFFAIRS

The 12th Maintenance Group at Joint Base San Antonio-Randolph is growing leaders with its own civilian professional development workshop, a weeklong workshop about leading people.

Noting the lack of professional development programs for civilians, Robert West, 12th MXG director, approached Dr. Robert Hamm, 12th MXG deputy director and Brian Hall, 12th MXG maintenance operations division chief, with the charge to develop this program in 2015.

"It took us about a year to put the program together," Hamm said. "We needed to conduct a lot of research, draft the lesson plans and we needed to get qualified on each block of instruction. We went on line



SENIOR AIRMAN STORMY ARCHER

Brian Hall, 12th Maintenance Group operations division chief, discusses leadership principles with members of the 12th MXG in 2017 at Joint Base San Antonio-Randolph.

with the program late in 2016."

The program is built to leverage the experiences of the participants to demonstrate application of the various components of leadership and professionalism.

"The majority of our workforce are wage-grade employees," Hamm said. "There are very talented and

skilled technicians responsible for the care of the 12th Flying Training Wing's aircraft, support equipment and components. While their job is very important, there are very few leadership and professionalism training opportunities for this very important segment of our workforce."

The goal is to help attendees discover who they are as leaders and identify their strengths and areas for improvement.

"When we put the course together, we took the best programs out there today, picked what we felt would serve our employees best and combined everything into a one-week workshop," Hamm said.

Hamm and Hall went to several leadership training schools to conduct their research, including John Maxwell, Profession of Arms Center for Excellence and the Arbinger Institute.

"We also give the students all the material we used to develop the course as a takeaway to go back, review and refresh their minds," Hall said.

By investing in the development of future leaders, the 12th MXG is ensuring their

ability to support the 12th FTW's mission well into the future.

"While we are starting to see locally developed leadership and professionalism sessions crop up across Air Education and Training Command, we are not aware of a five-day workshop like the one we are providing," Hamm said.

An estimated 140 employees have completed the program to date. The 12th MXG offers the workshop to 12 employees once a quarter.

"The workshop takes time, time to prepare and time to present. It takes employees away from production," Hamm said. "But we believe that the investment in the professional development of our workforce is worthwhile. Employees that understand how to lead, not manage, will help us provide a workplace where everyone is happier and more productive."

JBSA-Randolph's thrift shop holds a world of treasures

By Airman Shelby Pruitt

502ND AIR BASE WING PUBLIC AFFAIRS

"It's truly a labor of love," said Barbara Bryant, manager of the Joint Base San Antonio-Randolph Thrift Shop, about her experience running the thrift shop.

The thrift shop has been in operation for almost 80 years. Barb, as she likes to be called, started managing the shop about 12 years ago.

Dependents, civilians, officers, enlisted and everyone with base access are welcomed to shop there.

Along with donations, the thrift shop also offers consignments, and 25 percent of the profit is kept for the shop.

Most of the money received at the thrift shop is given back to military children scholarships, Girl Scouts, Boy Scouts, charitable donations and many more outlets.

"Last year, we raised \$34,500 in college scholarships and other entities," Barb said. "You think these \$2 items are just small change, but it adds up."

The JBSA-Randolph Thrift Shop is run by more than 63 volunteers and a handful of paid positions.

"When people compliment my work, I'm like 'Well it's because of these ladies' and they say 'No, no, somebody has to drive the boat,'" Barb said. "I say, 'Okay, I'm driving the boat but they're following me.'"

Anyone with access on base can become a volunteer. The process starts at the shop with a simple

orientation and scheduling.

"I used to be a customer when I worked at (JBSA) Randolph," said Cynthia Hennessey, a thrift shop volunteer for nearly 15 years. "The ladies (here) were so nice that I decided after I retire that I would come and volunteer."

Volunteering is work, and according to Hennessey, a lot of ladies come in as more of a social time and camaraderie.

"We have a good time together," she said.

When asked about the atmosphere of the shop, Robert Wagner, a longtime customer, described it as friendly.

"They all know my name," Wagner said. "Other stores I've been to, you're just somebody there to do business. Here, they talk to you about what you're going to do, where you're going on vacation and where they're going. They really try to get the people who work here to know who you are. That's one of Barbara's top things, making sure you know who your customer is and try to remember their name, because people like that."

Another aspect that sets the JBSA-Randolph Thrift Shop apart from the rest is the "list" Barbara has of items each customer generally wants or is looking for. When something is donated to the thrift shop that is under a customer's name, the staff saves it for that person.

"I've brought some things in sometimes and she says 'Oh I want that,' because she knows somebody



SHELBY PRUITT

Longtime customer Sybil Tate scans the jewelry counter June 18 at the thrift shop on Joint Base San Antonio-Randolph.

else wants it. In fact, before it even gets on the shelf, she's back here taking care of her customers," Wagner said. "That's beyond what they really have to do as a thrift store."

Customers and staff of the thrift shop continue to rave about the atmosphere and quality of the shop.

"I personally think a lot comes from Barbara because she is the one consistent person that is always here. She will not take credit for this, but she is really, really good," said Tracey Howe, a chairman at the thrift shop, said. "It's kind of like a trickle-down effect and she backs you up with whatever you need."

AMMO

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to create a new download pad for commercial vehicles,” Fox said.

The flight comprises eight civilians – with a ninth member joining the team this summer. They are responsible for more than 400 line items worth in excess of \$1.2 million, and their duties include receipt of munitions, inventory, deliveries and maintaining a stockpile.

Each team member brings a wealth of experience to the job, including an active-duty background for most, Fox said.

“All of us are career munitions professionals,” he said. “Most of us have more than 20 years of experience.”

The flight’s buildings include an

administrative office, a maintenance and inspection facility where containers are opened and items are inspected, and two storage facilities where munitions are stored.

“Our 11-bay storage facility, which opened in 2008 and covers 4,500 square feet, was a significant upgrade over the previous structure,” Fox said. “It enhanced our ability to store explosives and eliminated the need to use storage facilities at JBSA-Lackland. That’s great for us and our customers on Randolph.”

The munitions team takes pride in ensuring their customers have the right item when they need it to keep their mission going, Fox said.

“We have a saying: the right munitions to the right place at the right time,” he said.



JOEL MARTINEZ

Jeff Henderson, 12th Flying Training Wing Maintenance Group Munitions Flight inspector, checks a detonating cord assembly June 18 at Joint Base San Antonio-Randolph.