


 SEPTEMBER 19, 2014
 VOL. 56, NO. 37

**JBSA
HOTLINES**

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**JBSA Domestic Abuse Hotline
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**JBSA Duty Chaplain
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO-FORT SAM HOUSTON


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Medical Service Corps hold 9/11 remembrance ceremony

 By Esther Garcia
 AMEDDC&S Public Affairs

Members and friends of the Army Medical Service Corps gathered at the Fort Sam Houston National Cemetery Sept. 11 to attend a wreath ceremony in remembrance of six MSC officers who made the ultimate sacrifice defending the nation since the terrorist attacks of Sept. 11, 2001

Hosted by the Office of the Chief, Medical Service Corps, the 9/11 MSC Remembrance Ceremony included keynote speaker Col. Scott Drennon, chief of Leader Training Development, U.S. Army Medical Department Center and School, an invocation delivered by Chaplain (Maj.) Scott Nichols and the sounds of "Taps" from Sgt. 1st

See **REMEMBRANCE, P6**



Photos by Esther Garcia

Col. Scott Drennon (left), chief of Leader Training Development at the U.S. Army Medical Department Center and School, and Col. T. J. Lantz, Medical Service Corps Specific Branch Proponent Office, present a wreath honoring Medical Service Corps officers at a Sept. 11 ceremony at the Fort Sam Houston National Cemetery.



Members of the Medical Service Corps salute during "Taps," honoring MSC officers who died in service to the nation since Sept. 11, 2001. The 9/11 Medical Service Corps Remembrance Ceremony was held at the Fort Sam Houston National Cemetery.

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Download This! Army launches the Performance Triad App (version 1.0)

By **Barbara Agen Ryan** and
Tenille Wilson
Office of the Surgeon General

The Office of the Army Surgeon General and U.S. Army Medical Command has launched a Performance Triad app (version 1.0) for iPhone and Android devices.

The app is available as a free download by searching "Performance Triad" on your smartphone.

The Performance Triad includes the tenets of sleep, activity and nutrition is a key initiative of Lt. Gen. Patricia Horoho, Surgeon General of the Army and MEDCOM commander. It also provides the framework to move Army Medicine from a healthcare system to a System for Health by guiding the force, family members, retirees and Department of the Army civilians toward

readiness, resiliency and optimal well-being.

Army leaders, especially within Army Medicine, are excited about the launch. Lt. Col. Mark Mellott, the System for Health's technical lead, believes tusing technology is key in making this and other health initiatives most effective.

Mellott, along with other members of the Performance Triad, teamed up with the U.S. Army's Public Health Command as well as the Army's Training and Doctrine Command, Combined Arms Support Command and Sustainment Center of Excellence to develop the first version in less than six months.

Relatively easy to use, the app is an invaluable resource tool that offers tailored instructions and educational resources by demographic population.

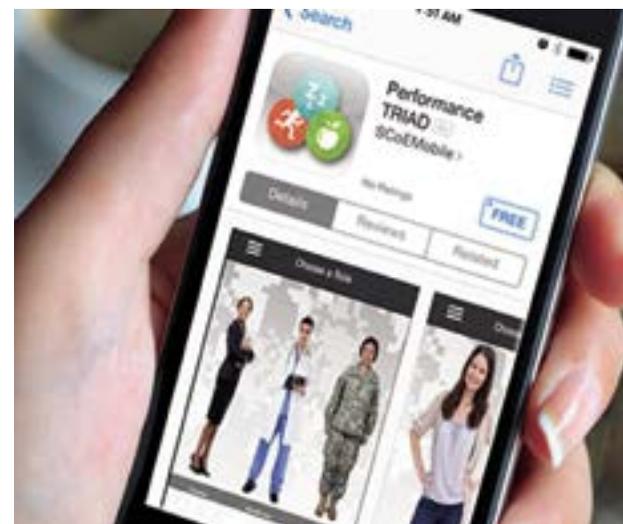
Mellott asserts what

sets the Performance Triad app apart from the other health apps is that information is customized to teach in different ways to specific audiences.

"This app does everything from informing healthcare teams of what to say to their patients regarding good sleep, activity and nutrition practices, to helping the warfighter in the field," Mellott added.

The Performance Triad app links to the Army Wellness Center website to promote their services that are proving to help people lose weight and also learn more about healthy sleep and activity.

Another resource the app links to is to Army H.E.A.L.T.H. at <http://armyhealth.pbrc.edu/>. This helps people to track their eating, activity and setting health goals. Operation Supplement Safety (<http://hprc-online.org/dietary-supplements/opss>) is another popular source, which aims to educate Soldiers and beneficiaries on how to wisely choose supplements.



Army photo

The Performance Triad Team has already received positive feedback about the app and the team is tracking these comments to improve the future versions.

The short-range goal of the app is to have beneficiaries easily access Performance Triad information through their smartphone of choice.

Mellott said future versions of the app will be more interactive and

synchronized with the Comprehensive Soldier and Family Fitness program, as well as the Global Assessment Tool that allows individuals to confidentially assess themselves, based on the five elements of strength which are spiritual, emotional, physical, social and family.

To download the app use keyword search "Performance Triad." For more information about the Army's Performance Triad, visit <https://www.armymedicine.mil>.

(Mike O'Toole contributed to this article.)

COMBINED FEDERAL CAMPAIGN POINTS OF CONTACT

The 2014 Combined Federal Campaign is underway. The following are the points of contact for the 502nd Air Base Wing:

502nd Air Base Wing:

Master Sgt. Thomas Shockley

Alternates: Master Sgt. Kerry Thompson, Tech. Sgts. Mark Barnett and Angelica Guerrero, Staff Sgts. Christopher Sutherland, Gary Lund and Henry Roberson.

502nd Force Support Group: Maj. Steven Parker

802nd Force Support Squadron:
Capt. Linda Aria
502nd Force Support Squadron:
Chris Neubeck

502nd Installation Support Group: Michael Guzman

502nd Civil Engineering Squadron:
Joseph McCullough

502nd Communication Squadron:
Staff Sgt. Rodney Hill
502nd Operations Support Squadron:
Staff Sgt. Kerry Prado

502nd Security Forces and Logistic Support Group: Master Sgt. Peter Esparza

902nd Security Forces Squadron:
Master Sgt. Orlando Bowman
502nd Logistics Readiness Squadron:
Tech. Sgt. Joan Dixon-Scott



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<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

Changes To Tuition Assistance

Effective Oct. 1, military tuition assistance will no longer pay fees. Tuition assistance requests must be approved before the start date of the class. Soldiers should request tuition assistance at least 10 days prior to course start date in order to allow approval. Requests submitted less than 10 days prior to course start date may not be funded by GoArmyEd. For more information, contact an Army education counselor at 221-1738

METC Change of Commandant

The Medical Education and Training Campus change of commandant ceremony takes place at 9 a.m. Wednesday at the Army Medical Department Museum Amphitheater on Joint Base San Antonio-Fort Sam Houston. Air Force Brig. Gen. Robert Miller will take over for Navy Rear Adm. William Roberts as commandant. Miller most recently served as command surgeon and director of medical services and training, Headquarters Air Education and Training Command, Joint Base San Antonio-Randolph. The METC commandant oversees 49 separate basic and advanced Army, Navy and Air Force enlisted medical courses of study and graduates more than 20,000 medics, corpsmen and medical technicians each year; the commandant also serves as Director of the Education and Training Directorate for the Defense Health Agency, Falls Church, Va.

502nd FSG Legal Office Moving, Closed Wednesday-Sept. 26

The 502nd Force Support Group legal office will close Wednesday through Sept. 26 to move its office from the trailer on Reynolds Road to a new location at 2422 Stanley Road, Building 134. It will re-open at its new location Sept. 29. During that week, clients will not be able to make appointments. People needing routine legal assistance can visit or call the legal offices at Joint Base San Antonio-Randolph at 652-6781 or JBSA-Lackland at 671-3367. For legal assistance emergencies, call Army legal services at 221-2282 or 221-2353.

Retiree Appreciation Day

The 2014 Military Retiree Appreciation Day is from 8 a.m. to noon Sept.

See NEWS BRIEFS, P6

UTSA LEADERS VISIT JBSA-FORT SAM HOUSTON



Col. Donald Gajewski (left), director of the Center for the Intrepid on Joint Base San Antonio-Fort Sam Houston, discusses the ability for prosthetics to improve the way of life for wounded warriors during a medical tour for University of Texas at San Antonio president Ricardo Romo and his staff Sept. 8. The medical tour was hosted by Lt. Gen. Perry Wiggins (also pictured), commanding general of U.S. Army North (Fifth Army) and senior Army commander of JBSA-Fort Sam Houston and JBSA-Camp Bullis, to build on the relationship between UTSA and JBSA-Fort Sam Houston.



Photos by Sgt. 1st Class Wynn Hoke

Ricardo Romo (right), president of the University of Texas at San Antonio, presents a photograph of Repair Squadron No. 817, Aviation Section Signal Corps, Fort Sam Houston from 1918, to Lt. Gen. Perry Wiggins, commanding general of U.S. Army North (Fifth Army) and senior Army commander of Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, Sept. 8 in appreciation of the support Fort Sam Houston has shown toward UTSA. Wiggins said the vintage photograph would be placed in the new museum located in the Quadrangle.

412th Contracting Support Brigade honors 9/11 victims

By Staff Sgt. Ryan D. Johnson
607th Senior Contingency
Contracting Team

Members of the 412th Contracting Support Brigade at Joint Base San Antonio-Fort Sam Houston took part in the 2nd Annual San Antonio 9/11 Memorial Climb at the Alamodome.

Members of the 412th CSB joined firefighters, law enforcement and other members of the community Sept. 11 to honor the first responders and victims of the attacks that took place Sept. 11, 2001.

Climbers were routed up and down the stairs inside the lower portion the Alamodome twice to surpass the 110 floors and height of the World Trade Center.

Each firefighter, law enforcement and military participant was asked to carry the name of a first

responder who died in the towers. A bell was rung for them and their name was signed on a memorial flag at the end of the second lap around the Alamodome.

The six 412th CSB participants and the name of the lost first responder whom they represented included Command Sgt. Maj. Jesse Hammond on behalf of police officer Moira Smith; Maj. Manuel Prado on behalf of police officer Thomas Langone; Sgt. 1st Class Kevin Carter on behalf of Capt. William Thompson; Staff Sgt. Ryan Johnson on behalf of Lt. Robert Cirri; and Lysette Sanchez on behalf of police officer Richard Rodriguez. Also joining them in support was Dali Prado.

"To see in person the physical toll it takes for firefighters and police

officers to climb all those steps in full gear gives you a better appreciation for what the New York units had to endure," said Prado, a 412th CSB procurement analyst who also participated in the inaugural climb last year at San Antonio's Tower of the Americas.

Understanding the sacrifices that first responders make during emergency situations, volunteer firefighter and native New Yorker Staff Sgt. Brian Roussel coordinated and planned the brigade's participation for the second consecutive year.

Participants from the 412th CSB were accompanied by more than 900 others at the event to honor the memory of the men and women who sacrificed their lives during the attacks 13 years ago.



Courtesy photo

Members of the 412th Contracting Support Brigade at Joint Base San Antonio-Fort Sam Houston took part in the 2nd Annual San Antonio 9/11 Memorial Climb at San Antonio's Alamodome Sept. 11. Participants included (from left) Command Sgt. Maj. Jesse Hammond, Staff Sgt. Ryan Johnson, Lysette Sanchez, Dali Prado, Maj. Manuel Prado, and (kneeling) Sgt. 1st Class Kevin Carter.

U.S. Transportation Command work on vehicle shipping concerns

By Victor Wherry
502nd Logistics
Readiness Squadron

Over the past several months, service members shipping their privately owned vehicles have experienced some challenges in obtaining the most up-to-date information regarding their vehicle's location and some service members have experienced significant delivery delays.

As a result, the U.S. Transportation Command and the Military Surface Deployment and Distribution Command are working with International Auto Logistics, Inc. to provide a means for our customer's privately owned vehicle issues to be addressed. IAL is a special purpose company designed and built to provide automotive transportation and logistics services to the U.S. Government and related services.

On May 1, International Auto Logistics assumed responsibility for the Global Privately Owned Vehicle Contract, also known as GPC III. Under the terms of the contract, IAL is responsible for processing, transporting and storing vehicles owned by military personnel and Department of Defense civilian employees bound for or returning from overseas duty locations.

Personal property



Photo courtesy Department of Defense

A Soldier and a contractor agent inspect the Soldier's car at a processing center. The Department of Defense is working with its new vehicle shipping contractor to resolve a growing number of complaints about shipment delays.

shipping offices across Joint Base San Antonio have been contacted by customers about the issues they face with delivery and shipment of their POVs. The majority of customer concerns are a result of missing or incomplete in-transient visibility data, failure to meet delivery dates and unanswered emails and phone calls.

In-transient visibility, or ITV, is an organization's capability to provide their customer with maximum visibility and near real-time status on the movement of all classes of supply, from origin to destination.

To address these concerns, the easiest way for customers to check the status of their POV is by visiting <http://www.pcsmy-pov.com> and entering the

shipping instruction number provided by International Auto Logistics, Inc. or calling 855-389-9499, option 2.

In the event a customer does not receive their POV on the required delivery date and cannot resolve their issue through IAL channels, they can contact the USTRANSCOM Inspector General's team directly at usarmy.scott.sddc.mbx.pov-ig-response@mail.mil to assist with POV inquiries.

The Military Surface Deployment and Distribution Command wants customers to know they are aware of and understand the performance issues experienced while shipping privately owned vehicles and solving those issues is their No. 1 priority.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



News Briefs

Continued from P3

27 at building 2841 on Joint Base San Antonio-Fort Sam Houston for retirees and family of all armed services members. The event includes representatives from legal services, the Texas Veteran's Commission, South Texas Veterans Affairs, the Texas Department of Insurance and others. A San Antonio Military Medical Center Health Fair will also be held to provide flu shots and accept unwanted or expired medications. Call 221-9004 or 671-2728 for additional information.

Summer Concert Series

The Summer Concert Series featuring the 323rd Army Band "Fort Sam's Own" takes place at 7 p.m. Sept. 28 at the Army Medical Department Museum Amphitheater at the corner of Stanley and Harry Wurzbach Roads. Maj. Gen. Steve Jones, Army Medical Department Center and School commander, is the host.

AFAP Issue Deadline Extended

The deadline for issues to be submitted has been extended to Oct. 1. Service members of any branch (active duty, Guard or Reserve), retirees, family members and Department of Defense civilians can submit quality of life issues or suggestions for review during the Armed Forces Action Plan conference by emailing usaf.jbsa.502-abw.mbx.502-fss-volunteer@mail.mil or drop suggestions in an AFAP submission box. Boxes can be found at the Military and Family Readiness Center, San Antonio Military Medical Center, Warrior & Family Support Center and in and out processing. Call 221-9196 or 221-0918.

Identification Card

Main Office Relocation

The Joint Base San Antonio-Fort Sam Houston identification card main office has relocated to the first floor of building 2263 at 2484 Stanley road. There is no change in customer service hours. Customers are serviced by appointments only, but emergencies are handled on a case-by-case basis. To make an appointment, visit <http://www.samhouston.army.mil/hra/idcard.aspx>. For more information, call 221-0415/2278.

JBSA Run/Walk For Life Event

September is Suicide Awareness Month and Joint Base San Antonio-

U.S. Army Institute of Surgical Research welcomes new senior enlisted advisor



Courtesy photo
Sgt. Maj. Quinton Rice Jr.

By Steven Galvan
USAISR Public Affairs

Sgt. Maj. Quinton Rice Jr. recently joined the U.S. Army Institute of Surgical Research to become the institute's senior enlisted advisor.

Rice said he was thankful to take this position and looking forward to continuing to bring honor to this organization. He describes himself as humble with a modest philosophy as

a leader.

"I'm simple and I follow orders," he said. "I want to add strength and effectiveness to the command."

Rice brings 30 years of experience to the USAISR. He began his Army career in 1983 as a medical specialist and eventually a pharmacy specialist.

His last job was as the operations sergeant major for the Pacific Regional Medical Com-

mand in Honolulu.

Rice's approach to every new job is to look at what's working and if needed make improvements.

"I do best with talent management," Rice said.

Rice added that retirement from the Army will eventually come, but for now, that's not on his mind.

Having a strong and ready force will be at the forefront of his priorities.

"Readiness is important," he said. "We never know when we'll be called to deploy in support of an operation, so we have to be ready."

Rice said he looks forward to his tour at the Institute and to the support he will get from the staff.

"I want to be part of the team without the spotlight," Rice said. "I am humbled and honored to have this opportunity."

REMEMBRANCE from P1

Class Luke Jefferson, a member of the 323rd Army Band "Fort Sam's Own."

"Our purpose here is to pause, reflect, honor and remember those who have sacrificed in defense of freedom over the last 13 years," Drennan said. "It's hard to believe sometimes, but it's been 13 years since that ill-fated day. Sept. 11, 2001 changed our lives forever.

"The coordinated terrorist suicide attacks upon our nation on that Tuesday morning in New York City and Washington, D.C., started when 19 Al-Qaeda terrorists hijacked four passenger jets loaded with innocent civilians, flying two of them into the twin towers of the World Trade Center, one into the Pentagon and the fourth crashing into a field in Shanksville, Pa.," he added. "In all, almost 3,000 lost their lives that day.

"As we are all aware, the sacrifice's resulting

from 9/11 have been profound and extend well beyond the initial casualties," Drennan continued. "In the wars in Iraq and Afghanistan, we've had 6,700 killed in action and 51,000 wounded in action. The U.S. Army Medical Department's casualties total 205; 24 AMEDD officers and 181 medical enlisted Soldiers."

Among those 24 AMEDD officers are the following six MSC officers:

Lt. Col. Karen Wagner was the first AMEDD casualty of the Global War on Terror. Wagner was one of 184 people killed when American Airlines Flight 77 was hijacked and flown into the south west wall of the Pentagon Sept. 11, 2001. Wagner High School in San Antonio is named in her honor.

Capt. John Teal was a medical plans and operations officer serving with 2nd Brigade, 4th Infantry Division out of Fort Hood, Texas. He became the 32nd casualty in Iraq Oct. 23, 2003,

when an improvised explosive device hit his convoy in Baqubah, Iraq.

Maj. Charles Soltes, serving with the 426th Civil Affairs Battalion out of Upland, Calif., was killed Oct. 13, 2004 by a vehicle-borne explosive device detonated in his convoy near Mosul, Iraq. The Maj. Charles Soltes Jr., O.D. Department of Veterans Affairs Blind Rehabilitation Center in Long Beach, Calif., is named in his honor.

2nd Lt. Emily J.T. Perez was a graduate of the United States Army Military Academy at West Point, N.Y., where she served as the cadet command sergeant major. She was killed Sept. 12, 2006 by an improvised explosive device during operations in Kifl, Iraq.

1st Lt. Ashley White Stumpf was assigned to the 230th Brigade Support Battalion, North Carolina National Guard, but volunteered as a cultural support team member and deployed to Afghanistan with a



Photo by Esther Garcia

Sgt. 1st Class Luke Jefferson, a member of the 323rd Army Band "Fort Sam's Own," sounds "Taps" at a ceremony honoring Medical Service Corps officers who have made the ultimate sacrifice in service and commitment to this nation since Sept. 11, 2001. The 9/11 Medical Service Corps Remembrance Ceremony was held at the Fort Sam Houston National Cemetery.

Joint Special Operations Task Force in 2011. She was killed in Kandahar Province, Afghanistan Oct. 22, 2011.

Lt. Col. David Cabrera was killed Oct. 29, 2011 in Kabul, Afghanistan, when his vehicle was attacked by insurgents. Cabrera was a licensed clinical social worker and assistant professor of family medicine at the Uniformed Services University of the Health

Sciences.

"As we look out over the hallowed ground that surrounds us this morning, over the sea of marble and granite head stones that are the symbol of our fallen heroes and their ultimate sacrifice, I leave you with a short metaphorical quote by Scottish poet Thomas Campbell in 1836: "The patriot's blood is the seed of freedom's tree," Drennan said.

Texas State University hosts Military Appreciation Night

By Sgt. 1st Class Wynn Hoke
Army North Public Affairs

Texas State University in San Marcos, invited more than 300 military service members and their families from Joint Base San Antonio for Military Appreciation Night Sept. 13 against a stout Naval Academy football team.

The evening kicked off with a tailgate party and plenty of food and activities for service members and their families.

"I think it's important to have military appreciation events like this," said Sgt. 1st Class Mathew Hunter Williams from the JBSA-Fort Sam Houston Noncommissioned Officers Academy. "As the war is dying down, it doesn't seem like service members are getting enough recognition as they once were."

"Military Appreciation Day was one of the most important events we have hosted all year long," said Bryan Miller, TSU assistant athletic director for marketing and promotion. "The sacrifice of our men and women in our armed services is something to be honored and recognized. Having them out for this game was just one way we could show our appreciation for what they do."

"We worked for months to make this day special, Miller added. "Several partners, including H-E-B, USAA, Brown Distributing and Texas State University



Photo by Sgt. 1st Class Wynn Hoke

During halftime, Vice Adm. Walter "Ted" Carter (left), the superintendent of the U.S. Naval Academy, administers the oath of enlistment to local area recruits who have enlisted into the Navy. The enlistment was part a military appreciation night hosted by Texas State University during its game with the Navy Midshipmen Sept. 13. Navy went on to win, 35-21

helped put this together. We hope that everyone who attended the game had as much fun as we did putting it on."

After the tailgate party, the game kicked off with a coin toss at midfield by Rear Adm. Rebecca McCormick-Boyle, commander of Navy Medicine Education and Training Command and director of the Navy Nurse Corps.

"I was very impressed by the Texas State University atmosphere, by the Texas State fans and by the local San Marcos community," McCormick-Boyle said. "It's evident that they put a lot of effort into welcoming military personnel and families attending the game, as well as the Naval Academy Midshipmen team. The Texas State team spirit and the pregame activities generated a high energy level for fans and players on both sides of the field. "

Although many of

the military personnel attending were in the Army and Air Force, they put aside the interservice rivalries for the day and cheered on the Navy players.

"It is magnificent to be back again and this stadium is amazing," said Brig. Gen. Bob Labrutta, commander of the 502nd Air Base Wing and Joint Base San Antonio. "The way TSU is opening up their arms and welcoming the Navy, along with the rest of us that are part of the other services here tonight, shows how much they appreciate us."

Labrutta summed up the appreciation effort by saying thank you to TSU and the entire faculty for having a night to celebrate what the military does for the nation.

In the end, Navy's powerful rushing attack was too much for the underdog Bobcats, as the Naval Academy defeated TSU 35-21.

232nd Medical Battalion pays tribute to fellow motorcycle rider

By Capt. Deven R. Gaston and
Sgt. 1st Class Carla L. Lowe
232nd Medical Battalion

Members of the 232nd Medical Battalion's Headquarters and Headquarters Company paid tribute to a fellow motorcycle rider who was lost to an accident earlier this year.

The HHC 232nd Medical Battalion "Highlanders" and Department of Combat Medic Training gathered in tribute Aug. 11 to remember Master Sgt. Lee Edwen Bettis, the former Department of Combat Medic Training chief instructor of instruction team 3 with a motorcycle memorial ride.

Bettis passed away March 29 from injuries sustained in a motorcycle accident.

The riders took part in a 200-mile ride that traveled thru Bexar and



Photo by Sgt. 1st Class Daniel Gonzales

(From left) Staff Sgt. Charlie Foster, Staff Sgt. Kenneth Thomas, Sgt. 1st Class Brian Thompson, Staff Sgt. Chad Hornsby, Staff Sgt. James Vansickle, Maj. Christopher Oliver, Staff Sgt. Scott Stroup, Master Sgt. Richard Giardine, Staff Sgt. Andre Espinosa, Command Sgt. Maj. Jawn Oilar, Staff Sgt. Casey Lowe, Staff Sgt. Christopher Boor and Staff Sgt. Michael Williams gather to honor the memory of Master Sgt. Lee Edwen Bettis, the former Department of Combat Medic Training chief instructor of instruction team 3. Bettis passed away March 29 from injuries sustained in a motorcycle accident.

Guadalupe Counties and eventually ended at Enchanted Rock State Natural Area in Fredericksburg, Texas, chosen because of Bettis' eager-

ness to ride and visit the Texas Hill Country scenery.

While at Enchanted Rock, team members reflected on Bettis' serious

demeanor with a twist of humor and wit that kept things from getting too serious.

The memorial ride not only paid homage

to Bettis, but also promoted the 232nd Medical Battalion Motorcycle Mentorship Program. This mentorship program impacts formations by

proactively mitigating risk and promoting safety and discipline among Army riders. Training, coaching and mentoring create a safe unit riding culture.

San Antonio Salts: Navy Reservists deep in the heart of Texas

Part 1: The Navy Operational Support Center

By L.A. Shively
JBBSA-Fort Sam Houston Public Affairs

A Navy Reservist may joke that his or her duty is a 24-hour, seven days-a-week job with only part-time pay, but when the orders to mobilize come, the civilian side of life is put on hold and the reserve Sailor's commitment becomes an intense, full-time undertaking.

The reserve center, officially known as the Navy Operational Support Center, and its staff are integral to reserve Sailors and Marines for training, career support and especially mobilization.

The Navy Operational Support Center San Antonio has a staff of 34 who support 630 reserve officers and enlisted Sailors assigned to 15 actively drilling units, explained Betsy Griffiths, a human resources assistant in the Personnel Department who handles reserve pay, family-care plan coordination, personnel accounting, certain service record entries and awards updates, among other responsibilities.

Griffiths is also a reserve chief petty officer personnel specialist who drills at NOSC Houston.

"The NOSC provides administrative support to create mobilization-ready Sailors," Griffiths said.

Medical and physical fitness requirements are constantly tracked and updated. Training is provided through both classroom and hands-on instruction that focuses on assimilating reserve and active-duty operations.

"Readiness takes continuous commitment throughout the year," Griffiths said, adding that it is a year-round obligation. She pointed out that training readiness, for instance, means not cramming a year's worth of work into two days.

"You can't expect to do nothing and then all of a sudden be 100 percent ready."

After 9/11, the reserves were heavily relied upon to augment active duty serving in Iraq and Afghanistan as an effort to reduce the strain of the wars on the force.

"We are moving away from the 'weekend-warrior' culture," said Vice Adm. John G. Cotton, then-chief of the



Lt. Cmdr. Greg Bouche is piped aboard during his retirement ceremony. Bouche was commander of NOSC San Antonio prior to his retirement. Retirements, ceremonies, family days and various other events important to Sailors occur throughout the year at Navy Operational Support Center San Antonio.

Naval Reserve during an interview with National Defense Magazine.

Opportunities to employ leadership skills are offered at the NOSC throughout the year, during drill and active duty periods. Units may devote drill time toward leadership classes using role-playing scenarios that put Sailors into situations where they have to make decisions that could affect their careers and those of their subordinates.

Spending a weekend in the field has become the norm, refreshing weapons-handling skills and updating rifle and pistol qualifications, or navigating a fire team through rough terrain.

Sailors in the medical fields, for instance, are attached to the medical department at the NOSC and work with those Sailors who need blood draws, immunizations or dental exams.

Sailors attached to an amphibious construction battalion may spend drill time or active duty aboard a cargo handler transporting goods or fuel from ship to shore.

Mobilization means hitting the deck at top speed and, while most Sailors get several weeks notice, others get just days depending on the assignment.

"It all started with that phone call from my reserve center on my way to work," said Chen Wai Wong. "I remember going over my mental check list for work and making sure I had all of my projects documented and ready to be

handed over."

As a civilian, Wong is a project manager in the information technology and services field and an information systems technician in uniform. He deployed with Naval Mobile Construction Battalion 22



Navy dignitaries often visit Navy Operational Support Center San Antonio to bring news and developments from the fleet. Here, former Chief of Naval Operations Adm. Mike Mullen discusses the way ahead with Sailors and staff during an all-hands call in the drill hall at NOSC San Antonio.



Capt. Albert Garcia pins the Purple Heart onto Senior Chief Petty Officer Robert Westover Jr., a member of Naval Mobile Construction Battalion 23 who was injured in Iraq by an improvised explosive device that detonated near his Humvee. Westover was injured, losing nearly all of his fingers on both hands and was severely burned. He was treated at Brooke Army Medical Center and during his recovery he was awarded the Purple Heart in a Memorial Day ceremony at Navy Operational Support Center San Antonio. Westover's father (left), a 28-year veteran of the Army Rangers and son, Ryan, 18, look on.

to Iraq. This deployment was his first in more than eight years as a drilling Reservist.

Everything was going smoothly for Wong until he got a second call from the NOSC informing him that his departure date was moved forward a week.

"Then it was pedal to the metal time," he said.

Piles of uniforms and gear turned his hallway into a loading zone at home. Although Wong felt he was well-prepared, he relied on other Sailors and his family for support. A fellow Sailor advised to pack lightly and he and his wife, Janine, went over everything each night.

"She supported me so well through the initial phase (of deploying) and remained strong, although I saw and felt her stress," Wong said. "She cried every night at first, but less as time when on. My daughters were cuddlier and my youngest started to say, 'I love you papa!' more than before."

Staff members act as bridges between deployed members, their families and the NOSC, noted Petty Officer 2nd Class Christopher Sistrunk, who has

been in San Antonio for two years. As a full-time support Sailor, he is active duty, but his entire mission is to support the Navy reserve.

"We give them tools they need to get to the active duty side and be able to perform," Sistrunk said.

A Command Individual Augmentee Coordinator, or CIAC, and a Command Ombudsman are also designated liaisons between deployed Sailors, their families and the NOSC.

The CIAC is the first point of contact if a deploying Sailor on individual augmentee orders has problems or questions during deployment.

The ombudsman is a communication link, informational and referral resource and advocates for family members. The position is voluntary. Appointed by the commanding officer, the ombudsman is a spouse of a service member within the command.

Currently, 80 Sailors from NOSC San Antonio are deployed.

Without the NOSC, it would be very difficult for a Sailor living in the interior of the country to maintain his or her readiness and deliver anything of value



Lt. Cmdr. Greg Bouche comforts Master Chief Petty Officer Delfin Dulay's wife and family as they pay last respects. Dulay's family requested his memorial service be held at the NOSC because of the close ties he had with the staff and the Reserve Sailors there. The Navy Operational Support Center San Antonio is an integral part of a Navy Reservist's life and career. Dulay had been a member of the full-time staff at NOSC San Antonio until he transferred to serve aboard U.S.S. Frank Cable (AS 40) where he was critically injured in a boiler explosion. Dulay passed away while being treated at Brooke Army Medical Center.

to their supported command, explained Capt. Steve Brown, commanding officer for NOSC San Antonio.

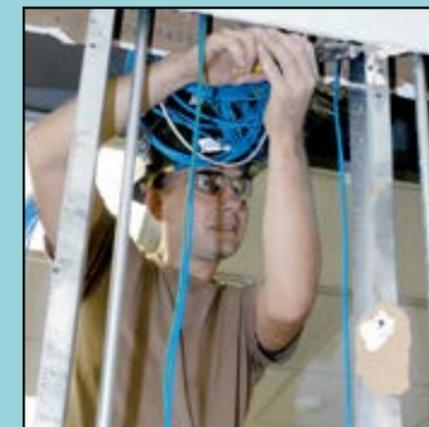
Yvette Loper, a civilian administrative assistant at NOSC San Antonio, said she loves her job.

"It's unique and makes you feel good," Loper said. And, looking inward for a moment she adds, "Yeah. It's helping our Sailors better their careers."

"One of the strengths of the reserve component is that whenever a call goes out, we have people who can respond to that call and fill in where needed," Brown said, adding that his recent request for a senior enlisted leader was filled within an hour.

"That's one of the strengths of our Navy," Brown said. "People are always willing to go outside their comfort zones and help out where there is a need for leadership."

"I want people to know that we do have a very large number of Reservists living in the community – a neighbor, a friend who puts on a uniform once a month – sometimes more often – and this is where we prepare them for that mission."



Photos by L.A. Shively

Petty Officer 2nd Class Joseph Bucholz works on expanding the personnel department office of the Navy Operational Support Center San Antonio by removing an existing wall and creating a pass-through to a computer room. He and several fellow Seabees also rerouted the electrical outlets, phone lines and computer lines joining the two rooms. Here, Bucholz removes the galvanized steel studs that support the wall with metal cutters. Bucholz and his fellow Seabees drill at NOSC San Antonio.

Air Force redesigns air expeditionary force to improve efficiency

The Air Force will deploy Agile Combat Support Airmen under its redesigned air expeditionary force construct Oct. 1.

The primary purpose of the redesign was to look at ways to deploy more ACS Airmen with their units and standardize dwell times across the Air Force as much as possible to present a consistent Air Force capacity to the warfighter.

While the construct was approved in April

2013 by Air Force Chief of Staff Gen. Mark Welsh III, the first deployments under this construct will be October 2014. Under the revised AEF construct, installations will deploy larger numbers of Airmen from the same unit under a 1:2 deploy-to-dwell ratio for active component, ACS Airmen.

The revised construct establishes an 18-month battle rhythm where an Airman may deploy for six months and be home for

12. This will allow wings to more effectively posture their forces to meet global mission requirements as well as continue home station training.

In the past, Airmen deployed as individuals or small elements via “tempo bands” based on their Air Force specialty codes. Those Airmen met down-range from bases across the Air Force.

“Our Airmen have performed superbly in their individual deployments under the current AEF structure for the last 11 years,” Welsh said. “This new construct will facilitate even better teamwork and unit performance during deployed operations. I visited a deployed squadron last year that was manned by 81 Airmen from 41 different bases! While we’ve proven we can be successful with

that approach, we believe the new AEF model is a more efficient way to get the job done.

While there are some other subtle changes, the most noticeable change to ACS Airmen will be a stabilized battle rhythm at 1:2 deploy-to-dwell ratio. Some Airmen will see this battle rhythm as an increase in their deployment vulnerability. Requirements for most skill sets have remained constant. However, those who deployed less frequently may be more vulnerable. Not all Airmen will be selected for deployment in their vulnerability window.

Air Force leadership has worked very hard to secure 1:2 as the standard battle rhythm therefore reducing the number of Airmen who will deploy at rates greater than 1:2. While this is the goal,

there may still be some high-demand specialties that may deploy under a different scheduling construct.

“Previously, Air Force specialty codes played a large role in determining an Airman’s battle rhythm and deployment location; the redesign focuses on aligning Airmen to deploy with their unit,” said Col. Stephen Hart, the chief of war planning and policy division.

“Deploying with members of their own unit increases continuity of work, allows our junior Airmen to deploy with their supervisor, trainers, and enhances the skills and management of wing missions.”

According to Hart, there are benefits to the Airmen and to the service, as it allows the Air Force to better understand its

available capacity and it allows Airmen to have a better idea of when they will be deploying within the given year.

For Airmen maintaining expeditionary readiness, it’s “business as usual.” Airmen should continue preparing themselves and their families for the reality of deployment, and ensure they are ready to go when called.

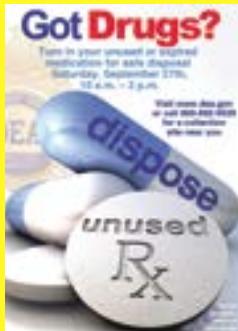
For more information on AEF battle rhythm and individual base dwell times, Airmen should contact their local unit deployment manager or base deployment manager.

(Senior Airman Jason Brown, 633rd Air Base Wing Public Affairs, contributed to this article. Information courtesy of Air Force Public Affairs Agency.)

JBSA takes back unwanted prescription drugs Sept. 27

People can help prevent pill abuse and theft by ridding their homes of potentially dangerous expired, unused and unwanted prescription drugs from 10 a.m. to 2 p.m. Sept. 27 at National Prescription Drug Take Back Day locations throughout Joint Base San Antonio.

Three collection sites will be located at JBSA-Fort Sam Houston. The first is at the medical mall in the San Antonio Military Medical Center. The second is at the community pharmacy, located at the corner of Scott and Allen Roads, near the main exchange. Another location is available during the Military Retiree Appreciation Day at building 2841 from 8 a.m. to noon.



There will also be collection sites at the JBSA-Randolph Exchange refill pharmacy located in the main exchange. At JBSA-Lackland, the satellite pharmacy, across from the main exchange, will collect medications. The service is free and anonymous.

All pills should be emptied into a zip-lock or plastic bag and only the bag of pills should be brought to the collection site. Medication bottles can be disposed of through local recycling programs.

Additional local “Take Back” locations can be found at http://www.deadiversion.usdoj.gov/drug_disposal/takeback/.

Are you, your family prepared for an emergency or disaster?

By J.D. Leipold
Army News Service

Every September for the last 11 years, the Federal Emergency Management Agency kicks off National Preparedness Month and more than 3,000 organizations – national, regional and local, public and private organizations – follow suit to offer information on emergency preparedness efforts by encouraging Americans to be prepared before a disaster or emergency strikes.

Heading up the Army's Emergency Management Program at the Pentagon, Bill Newman said the Ready Army Program, a spin-off from the Ready Government version, focuses on Soldiers, civil-



ians and their families, and helps them to "Prepare Strong."

"It's an outreach program designed to give ideas on how to plan, assist and prepare them for emergencies by having a kit if you need to evacuate – what would be the

things you might want to take with you," he said.

"You want to have a plan for your family while staying informed through your chain of command to keep up with current events."

Each Army family is different and so are

their needs and priorities, Newman added, but obviously the first things people need are food and water, so the first part of preparing strong is to get a kit.

Since the water and electricity might be shut down or not working, he

says plan for one gallon of water per person per day for at least three days, and stock your kit with Meals, Ready-to-Eat, since they're high in calories, which translates to energy.

If you have infants, ensure there's plenty of formula and diapers; a first-aid kit, sanitation supplies such as moist towelettes and a hand-cranked or battery-powered flashlight along with extra batteries of all sizes and solar re-chargers for cell phones.

Newman also suggested having important documents such as wills, medical and financial powers of attorney, property documents and military service records.

He also recommended

placing the important documents in a water-proof bag and backing up all paperwork on a portable computer hard drive.

"Overseas other essentials include passports, cash in the local currency, electrical current converter, international driver's license and birth certificates for children born overseas," Newman said.

Lastly, every family member needs to know where the emergency supply kits are located, he said, and the kits should be updated annually as medicines, food and batteries might need to be replaced.

Newman says families

See PREPARED, P15

Computer messages help in preventing heat-related illnesses

By Robert Goetz
JBSA-Randolph Public Affairs

During the hottest months of the year, computer users throughout Joint Base San Antonio receive email messages from the 502nd Air Base Wing command post that play an important role in mission safety and efficiency.

These messages let supervisors know it's time to protect their Airmen and other workers from the effects of oppressive heat by announcing the wet bulb globe temperature index, a combination of temperature measurements that factor dry air temperature, air movement, relative humidity and radiant heating.

"It's all done to protect the workers," said Maj. Alfred Doby, 359th Aerospace Medicine Squadron bioenviron-

mental engineering flight commander. "It ensures supervisors are providing them with the proper rest cycles to combat heat illness and heat stroke."

Five "flag conditions" are based on the WBGT index, said Airman 1st Class Tyler Brantley, 359th AMDS bioenvironmental engineering technician.

Flag conditions, displayed in five colors, range from white for a WBGT of 78 to 81.9 degrees to black for a WBGT of 90 degrees or more. Messages are not typically relayed to computer users until the flag condition is red, or 88 to 89.9 degrees, Brantley said. Other flag conditions are green, 82 to 84.9 degrees, and yellow, 85 to 87.9 degrees.

A device called a thermal environment monitor, which is placed in an

unshaded location behind the JBSA-Randolph Medical Clinic at the beginning of the day, measures the WBGT, Brantley said.

The monitor includes three temperature elements – a white "wet bulb" that measures humidity and air movement, a black dry "globe" that measures radiant heat from the sun and a shielded thermometer that records ambient temperature.

"It's all done through a digital medium," he said. "In addition, the new device we use does not require water."

Readings are relayed to a remote display inside the bioenvironmental engineering flight and are announced to the JBSA command post when they reach the yellow flag WBGT, Brantley said.

Flag conditions are sent via email messages

from the command post, but some installations also use actual flags, Giant Voice notifications and cellphone texts and voice messages, Doby said. Examples are Air Combat Command and Pacific Air Forces bases.

"That's ultimately where we want to be," he said. "They're pushing the envelope because of their missions."

The flag conditions are especially important for Airmen and civilians who are subjected to heat on a regular basis, Brantley said.

They include people who work in shops on the flightlines, security forces, firefighters and groundskeepers, as well as Airmen who take part in physical training and others who exercise outdoors.

Supervisors monitor the different flag



Photo by Joel Martinez

Airman 1st Class Tyler Brantley, 359th Medical Group, sets up the wet bulb globe temperature instrument for the monitoring of flag conditions Sept. 3 at Joint Base San Antonio-Randolph. The wet bulb globe is a measure of the heat stress in direct sunlight, which takes into account temperature, humidity, wind speed, sun angle and cloud cover-solar radiation.

conditions so they can implement work/rest cycles and water intake based on guidance in Air

Force Pamphlet 48-151, he said. Taking these measures helps prevent heat-related illnesses.

PREPARED from P14

should next come up with a family emergency plan.

If your family is often scattered throughout a local area, consider who will call whom and where you'll meet in an emergency such as a tornado, flood or a hurricane.

Newman noted that when Army families transfer from an installation in the tornado belt to one in the hurricane belt, or even to the snow belt, the emergency plan will need to be reviewed and changed due to weather conditions during the four seasons.

Making an emergency plan involves the five "Ws" of journalism:

Who: Open a family dialogue to discuss preparedness planning and to cover special

needs and pets.

If special medical assistance or transportation for a family member is needed, ask for advice from the local emergency manager.

What: Plan for hazards and regional weather patterns.

Where: Think about where family members will be throughout the day such as home, office, school or in transit. Discuss meeting places.

When: Emergencies can happen when you least expect it, so the best time to make a plan is when you think about it, then it should be reviewed at least biannually or when there are major changes in schedules or activities.

Why: Establishing a practicing family emergency plan will enable your family to respond more quickly to an emergency.

"No matter where you are in the world, there are emergency notifications and actions," Newman said.

"As soon as you can after arriving at a new duty station, check out what mass warning systems are in place."

Local communities are responsible for warning the public after impending danger and Army installations provide on-post mass warding and notification procedures.

Overseas, these procedures often include warning by the host-nation to Army family members living off the installation.

In the U.S., the main agencies that warn of natural hazards are the National Weather Service and the U.S. Geological Survey.

The NWS issues specific terms for natural hazards – a "warning"

that a hazardous event is occurring or imminent, while a "watch" designates conditions are favorable for a hazard to develop or move in.

Newman says within the U.S., other methods of getting the word out include the Emergency Alert System broadcasts on radio and television; interactive, community notification systems; telephones, cellular phones and email.

An administrative broadcast across the Army computer network can also override applications and reach all Army users almost immediately.

If Soldiers, their families and civilians are able to access the Internet, they can report their status online through the Army Disaster Personnel Accountability and Assessment System.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT CALENDAR

FRIDAY

7:30 p.m. – Varsity football vs. TMI-The Episcopal School of Texas, Cole High School, 1900 Winans Road.
"Wear Your Dots" Day, Fort Sam Houston Elementary School, 4351 Nursery Road.

SATURDAY

9 a.m. – Junior varsity volleyball vs. Dilley, Cole High School, 1900 Winans Road.
10 a.m. – Varsity volleyball vs. Dilley, Cole High School, 1900 Winans Road.
9-11:30 a.m. – Cross country meet, The National Shooting Complex, 5931 Rofit Road, San Antonio.

TUESDAY

Fort Sam Houston Elementary Science in Action Day, Fort Sam Houston Elementary School, 4351 Nursery Road.
5 p.m. – Junior varsity volleyball vs. Fox Technical High School, 637 N. Main Ave., San Antonio
6 p.m. – Varsity volleyball vs. Fox Technical High School, 637 N. Main Ave., San Antonio.

THURSDAY

6 p.m. – Junior varsity football vs. Brooks Academy, Cole High School, 1900 Winans Road.

INSIDE THE GATE

Patrons lift 1,000 pounds or 500 pounds, respectively, in a bench press, dead lift and squat. Contestants will earn a T-shirt and the male and female with the most weight lifted will claim the grand prize. This free challenge will be held at the Medical Education and Training Campus for patrons 16 years of age or older. For more information, call 808-5709.

Love Languages Of Couples

Monday, 2-4 p.m., JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797. Learn your partners love language and improve your understanding of each other, while exploring your communication styles together during this three-part class. Call 221-0349 or 221-2418.

Helping Us Grow Securely Playgroup

This interactive playgroup for parents and children up to age 5 meets 9-11 a.m. each Tuesday at the JBSA-Fort Sam Houston Middle School Teen Center. No registration is required. Call 221-0349 or 221-2418.

Military And Family Life Counselors

Military and Family Life Counselors address a variety of issues such as stress, anxiety and deployment. MFLCs are licensed mental health professionals who provide situational, problem-solving counseling anonymously and confidentially. No written records are kept, and it is free to military and family members. To contact an MFLC at JBSA-Fort Sam Houston, call 517-6666 general number, 243-4143 for Army students, and 488-6804 for Air Force and Navy students; at JBSA-Lackland, call 540-5025 or 540-5030 for adults, 627-0054 or 540-5033 for children and youths; and at JBSA-Randolph, call 627-1223 or 426-1412 for adults, 627-0338 or 627-0525 for children and youths.

1000/500 Pounds Of Challenge

Saturday, 9 a.m. to 1 p.m.

Setting Up Children For Success Workshops

The JBSA-Fort Sam Houston Exceptional Family Member Program is offering a series of four 90-minute, free workshops facilitated by the ABA Center for Excellence for military parents and childcare professionals to help children with challenging behaviors. Workshops are 9:30-11 a.m., Tuesday and Sept. 30 at the JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797. Topics include: applied behavior analysis, challenging behaviors, teaching skills in the natural environment and setting up a reward system. Call 221-2962 or 221-0349.

ScreamFree Marriage

Tuesday, 2-4 p.m., JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797. Three-part workshop offers the opportunity to challenge previous notions about what marriage should be and learn to appreciate all that is right now and what will be in the future. Call 221-0349 or 221-2418.

ScreamFree Parenting

Tuesday and Sept. 30, 11:30

a.m. to 1:30 p.m., JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797. This four-part workshop is a principle-based relationship approach to parenting versus a child-centered approach. This approach allows parents to remain calm and connected to their child, so parents can operate less out of fear and more out of their highest principles. Call 221-0349 or 221-2418 to register.

Key Spouse Training

Wednesday, 8 a.m. to noon. This mandatory training for all newly appointed key spouses is highly recommended for new key spouse mentors. Class is open to all Joint Base San Antonio military. Call 221-2705 or 221-0946.

De-Stress for Success

Thursday, 10 a.m. to noon, JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797. This three-part class gets you started on de-stressing your life by providing a foundational understanding of stress, as well as tips for addressing anxiety and worry in all areas of your life. Call 221-0349 or 221-2418.

5 Love Languages of Children

Thursday, 3-4:30 p.m., JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797. Learn how to identify and speak your child's love language, and make them feel loved in a way they understand during this three-part workshop. Call 221-0349 or 221-2418.

Downtown Walking Tour

Thursday, 9 a.m. to 1 p.m. Get a unique perspective of downtown San Antonio during this walking tour. Transportation is provided from the JBSA-Fort Sam Houston Military & Family Readiness Center to the USO downtown. Tour includes the Riverwalk, HemisFair Plaza, La Villita and Market Square. Call 221-2418 or 221-2705.

Family Readiness Group Leadership Academy

Thursday-Sept. 19, 8:30 a.m. to 4 p.m. This two-day training provides family readiness group key position members guidance on their roles and responsibilities within the FRG. Call 221-

2705 or 221-0946.

3D Archery Competition

Sept. 20-21, 8 a.m. to 1 p.m. Join the JBSA-Camp Bullis Archery Range for the final 3D archery competition of the season. Registration is from 8-10 a.m., and the course needs to be completed by 1 p.m. There is a \$20 fee for the competitive shoot with kids 12 and younger \$5. The cost for the fun shoot is \$15. The 3D competitions will resume in January. The archery range at JBSA-Camp Bullis is open Thursday through Monday, 8 a.m. to 4 p.m. They have targets which range from 10-60 yards and the cost is \$5 for a daily pass or \$40 for an annual pass. Call 295-7577.

Party in Pink Zumba Fest

October is Breast Cancer Awareness Month and the Jimmy Brought Fitness Center is holding a Party in Pink Zumba Fest from 9:30-11:30 a.m. Oct. 11. Entry fee is \$12 and includes a T-shirt. There is no pre-registration, so just show up. Call 221-1234.

Spouses' Club Of Fort Sam Houston Area

The Spouses' Club of the Fort Sam Houston Area has a variety of events coming up in the coming months, such as monthly luncheons, community outreach and fun activity clubs such as Bunko, a book club and bingo. The club is open to all ranks, all military services and Department of Defense civilians. For more information, call 705-4767.

SKIES Tennis Program

September through November, SKIES is offering beginner tennis clinics on a monthly basis for youth ages 6-8 and 9-18. Each clinic consists of four sessions, with the session for 6-8 year olds being one hour each and session for 9-18 year olds being 3 hours each. The September sessions for the 6-8 year olds are held every Wednesday, from 4:30-5:30 p.m. and cost \$40. Sessions for the 9-18 year olds are held every Saturday from 2-5 p.m. and cost \$80. All clinics will take place on the courts on the corner of Scott and Hardee Roads. Call 221-3381.

Thrift Shop Hours

The Thrift Shop at Joint Base

San Antonio-Fort Sam Houston is located at 3100 Zinn Road, just one block south of Outdoor Recreation and run by the Spouses' Club of the Fort Sam Houston Area and is open from 9:30 a.m. to 2:30 p.m. Wednesday, Thursday and the first Saturday of each month. Consigned items are taken from 9:30 a.m. to 1 p.m. from military identification card holders. Donations are also accepted. For more information, call 221-4537/5794 or visit <http://www.scfsh.com>.

Youth Tumbling Lessons Offered

The SKIES Instructional Programs offers tumbling for youth 3 to 18 years of age. Cost per child is \$40 to \$45. Home school and group lessons for ages 3-18 are offered on Thursdays and pre-school and private lessons for ages 3-18 are offered on Fridays. Call 221-3381.

Aquatic Center Hours

Hours are Monday through Friday from 4-8 p.m. and Saturday and Sunday from 8 a.m. to 8 p.m. The pool will be closed for the season beginning Sept. 29. Call 221-4887.

'Steel Magnolias' At Harlequin Dinner Theatre

Through Oct. 4, the 502nd Force Support Squadron, the Harlequin Dinner Theatre and the Gunn Automotive Group present "Steel Magnolias." This story is about a group of strong women in a small Louisiana parish and centers on Shelby, who moves from wedding to childbirth to medical complications. No federal endorsement of sponsor intended. For more information, call 222-9694.

Take Aim At Sportsman's Range

The Sportsman's Range at JBSA-Camp Bullis is available for shooting and target practice Saturdays and Sundays from 8 a.m. to noon through Sept. 28. From Oct. 4 through May 31, hours change to 10 a.m. to 2 p.m., weather permitting. The cost to shoot is \$10 per Department of Defense ID cardholder and \$15 per non-DOD ID cardholder. DOD ID cardholders can purchase an annual pass for \$60. All DOD ID cardholders are allowed to sponsor two non-DOD ID cardholder guests. For more information, call 295-7577.

FUTURE NAVY CHIEFS HONOR FALLEN SHIPMATE



Photo by Burrell Parmer

The family of the late Senior Chief Petty Officer Paul Ramirez Jr. stands with Navy recruiters (chief petty officer selectees) after the unveiling of a memorial honoring Ramirez's service held at the headquarters of Navy Recruiting District San Antonio Sept. 12. The Chief Petty Officer Selectee Class of Fiscal Year 2015 replaced the old command bell stand and surrounding landscaping to honor their fallen shipmate.

OUTSIDE THE GATE

Military, Veteran Employment Information Seminar

The U.S. Office of Personnel Management and Texas A&M University-San Antonio have partnered for a one-day free employment, education and information seminar Wednesday on the campus of Texas A&M University, One University Way, San Antonio. The theme this year is "closing the loop" and offers key comments from speakers, several breakout sessions on critical subjects and a career fair. For more information, call 916-9252 or 363-3399.

5K Glow Run, Fun Walk 1K

The Joint Base San Antonio-Lackland 5/6 Organization hosts

their inaugural 5K Glow Run and Fun Walk 1K Oct. 3 at the JBSA-Lackland's 1.5-mile track. Save by pre-registering by Sept. 22. Pre-registration for the 5K is \$20, while late registration is \$25. Fun Walk 1K pre-registration is \$10, late registration is \$15. Sign in, late registration T-shirt pickup is at 6:30 p.m., with the walk starting between 7:30-8 p.m. and the run starting at 8:10 p.m. Children are welcome and all children who complete the Fun Walk 1K will earn a medal at the end. No pets. There will be free snacks and water provided and glow products available for purchase. Headlamps are highly encouraged. For more information, visit <https://www.eventbrite.com/e/jbsa-lackland-56-fun-walk-1k-glow-run-5k-tickets-12259130389>.

Kerrville-Schreiner Park Walk

The Kerrville Trailblazers Volkmarch Club hosts a 5K and 10K walk at Schreiner Park in Kerrville, Texas, starting between 8 a.m. and

noon, finishing by 3 p.m. Saturday, starting at 2385 Bandera Highway.

For information, call 830-895-4070 or visit the club website at <http://www.walktx.org/KerrvilleTrailblazers>.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

2nd Infantry Division Reunion

The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time. For information about the association and the 93rd annual reunion in Omaha, Neb., from Sept. 16-20,

call 224-225-1202.

Enlisted Association

Chapter 80 of the Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the JBSA-Lackland Gateway Club. Call 658-2344.

SeaWorld® Waves Of Honor

The "Waves of Honor" salute to veterans offers 50 percent off single-day admission to the SeaWorld® and Busch Gardens® Parks, and Sesame Place® for veterans and service members, and as many as five guests. Qualified service members and veterans include active duty, retired, honorably separated officers and enlisted personnel of the U.S. military. Tickets must be purchased by Nov. 11 (Veterans Day) and redeemed by Dec. 21. Discounted tickets can be bought in advance at <http://www.wavesofhonor.com> or at participating military bases. Proof of service required.

NEWS BRIEFS from P6

Lackland is holding a 5K run/walk and 5K wheelchair race at the JBSA-Lackland Gillum Fitness Center at building 2086 Saturday. Start time for each event is 8 a.m. for wounded warriors and 8:15 a.m. for competitive and non-competitive racers. Cost is \$15, plus a \$2.50 signup fee, with registration at <http://www.athleteguild.com>, keyword JBSA. For more information, send an email to JBSARunforLife@yahoo.com.

Garrison Supply Turn-Ins

The Joint Base San Antonio-Fort Sam Houston Garrison Supply (W45NQP) will stop processing fiscal year 2014 turn-ins Monday and will stop processing FY2014 requisitions Wednesday. Only emergency requisitions will be accepted after Wednesday. For more information, call 221-5598/3320.

Turn-In/Withdrawal Excess Property Training Course

A class for representatives from all units and departments that generate excess property for disposal/turn-in to the Defense Logistics Agency Disposition Services San Antonio

Field Activity site is offered the first Monday of every month, beginning Nov. 3. The class will be from 8:30-10:30 a.m. at Disposition Services San Antonio, 2999 Parker Hill Road, building 4195, suite 65, on Joint Base San Antonio-Fort Sam Houston. Call 221-4836 to register or for more information.

Military Housing Closures

All Lincoln Military Housing Offices will be closed from 8 a.m. to 5 p.m. Friday for training. For maintenance emergencies, call 225-5564. For other emergencies, call 911.

Parenting Order Legal Clinic

A free clinic for those with questions about paternity, child support or parenting time is offered by the Joint Base San Antonio-Randolph legal office from 11 a.m. to 1 p.m. Thursday at the JBSA-Randolph Military & Family Readiness Center, building 693, 555 F Street West. Representatives from the judge advocate and Texas Attorney General will answer questions, but cannot represent or give legal advice. The legal office staff asks that children not be to this clinic. They do recommend that attendees bring any prior court orders with them. For more

information, call 652-6781.

National Hispanic Heritage Month Observance

The Joint Base San Antonio-Fort Sam Houston National Hispanic Heritage Month observance is scheduled for 11 a.m. to noon Oct. 1 at the Military & Family Readiness Center, building 2797, 3060 Stanley Road. Guest speaker is Richard Perez, president and chief executive officer of the Greater San Antonio Chamber of Commerce. This year's observance is hosted by the Southern Regional Medical Command, begins Monday and runs through Oct. 15 with the theme of "Hispanics: a legacy of history, a present of action and a future of success."

Partial Closure of Scott Road from Schofield to Worth

A contract has been awarded to rebuild Scott Road from Taylor Road to Worth Road. While every effort will be made to minimize impact on drivers, some inconvenience is unavoidable. The multi-phase project's first phase, from Taylor to Schofield is complete. The next phase will rebuild Scott from Schofield to Worth. The road will close to vehicular traffic until Oct. 25. To provide access to the UPS Store, Enterprise Rental Car, cleaners and to the Rocco Dining Facility, Scott

Road will not completely close. The work will be done one lane at a time to allow full-time one-way traffic to the north. Southbound traffic will be detoured along Stanley Road. Traffic control and notification signs will identify the detour route and motorists should follow the signs posted for the detour route. A route to the UPS Store, Enterprise Rental and the cleaners will be provided from Stanley Road through the old San Antonio Credit Union parking lot to the closed section of Harney Road.

Walters Street, Wilson Way Periodic Closures

With construction continuing at the Walters Street Entry Control Point, the intersection of Walters Street and Wilson Way will be closed periodically through Oct. 7. The closures will occur between 8 p.m. and 5 a.m. Monday through Friday. The Walters Street ECP will remain open throughout this time and detour signs will be posted.

Army OCS Structure Interview Panel Board

The 502nd Force Support Squadron's Military Personnel Branch will conduct an Army Officer Candidate School Structure Interview Panel Board at 8 a.m. Oct. 23 at building 2263, 1706

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel
Building 1721, 5584 Dodd Blvd.
8:30 a.m. - Samoan

10:30 a.m. - Gospel
**Army Medical Department
Regimental Chapel**

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Contemporary Service

11:01 - Contemporary "Crossroads"
**Brooke Army Medical
Center Chapel**

Building 3600,
3551 Roger Brooke Rd.
10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel
Building 2200, 2301 Wilson Way

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel
4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass
Sunday

8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Afternoon Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday,
AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

*For worship opportunities of faith groups not listed here,
please visit the JBSA-Fort Sam Houston Chaplain's website at
<http://www.jbsa.af.mil/jbsachapel/samhouston.asp>.*

Stanley Road, Room 117B. All Soldiers, without exception, must have a bachelor's degree and cannot be over the age of 33. Soldiers must also be a U.S. citizen, have a GT Score of 110 or higher, security clearance and cannot have more than six years active federal time. For a complete listing and checklist of OCS requirements and forms, visit <https://www.hrcapps.army.mil/site/protect/branches/officer/Operations/Accessions/OCS/index.htm>. All OCS applicants must see their S1/G1 prior to submitting their OCS packets, which must be turned in by Oct. 9. For more information, call 221-0885.

Lost And Unclaimed Property

Numerous items of personal property have been turned into the 502nd Security Forces Squadron at Joint Base San Antonio-Fort Sam Houston this year, according to Detective Joseph Cruz. Turned in so far have been 30 wallets, 10 bicycles, one scooter, one lap timer, one return duct, one side door connector and one X-ray printer. In order to claim any of the items, bring in a form of

photo identification and be able to identify the property. Call 221-2340.

WHASC Step Saver Cart Drivers Needed

The 59th Medical Wing Volunteer Service Office needs licensed drivers at least 20 years of age to transport patients to and from clinic entrances and parking lots in the vicinity of the Wilford Hall Ambulatory Surgical Center, Joint Base San Antonio-Lackland. Carts operate from 8 a.m. to 4 p.m., Monday through Friday. Training is available. Call 292-6591.

Volunteers Needed For Medical Readiness Training

The 937th Training Support Squadron's Medical Readiness Training Center at Joint Base San Antonio-Camp Bullis needs volunteers to serve as patients for medical readiness training. Patients are needed from 10 a.m. to 3 p.m. Wednesday and 8 a.m. to 3 p.m. Thursday. Volunteers will be mouled to have fake injuries, such as gunshot wounds, stab wounds, etc. Call 808-3406 or 808-3410.