



MAY 9, 2014
 VOL. 56, NO. 18

**JBSA
 HOTLINES**



**DOD Safe Helpline
 877-995-5247**
**JBSA Sexual Assault Hotline
 808-SARC (7272)**
**JBSA Domestic Abuse Hotline
 367-1213**
**JBSA Duty Chaplain
 221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



JOINT BASE SAN ANTONIO PRIDE WEEK

PAGE 2



RESEARCH CHIEF AT SCIENCE DAY

PAGE 6



ENVIRONMENTAL COMMAND ON EARTH DAY

PAGE 10

Army South Soldiers come to aid of local accident victim

By Sgt. Mahlet Tesfaye
 U.S. Army South Public Affairs

Two U.S. Army South Soldiers assigned to the 56th Signal Battalion came to the aid of car crash victims on Interstate 10 in San Antonio April 22.

Master Sgt. John Keenan and Staff Sgt. Jonathan Lloyd, carpooling home from work at about 6:15 p.m., witnessed a car that was hit from behind, lost control and was then hit again by another car.

Keenan, the battalion operations noncommissioned officer in charge,

See **ARSOUTH, P14**



Army Staff Sgt. Jonathon Lloyd assists emergency medical technicians from the San Antonio Fire Department load a gurney onto an ambulance April 22. Lloyd, assigned to the 56th Signal Battalion, was one of two Soldiers to stop and render aid after a car accident on Interstate 10.

Photo by Master Sgt. John Keenan

Fallen local Soldier remembered, honored by 56th Signal Battalion at memorial ceremony



Photo by Kaye Richey

Family, friends and Soldiers from U.S. Army South's 56th Signal Battalion honor Spc. Hernaldo Beltran Jr. during a memorial ceremony April 30 at Dodd Field Chapel on Joint Base San Antonio-Fort Sam Houston.

Family, friends and Soldiers from U.S. Army South's 56th Signal Battalion gathered to say goodbye and honor the memory of Spc. Hernaldo Beltran Jr. at Dodd Field Chapel at Joint Base San Antonio-Fort Sam Houston April 30.

The ceremony included the traditional roll call, rifle squad salute and final tribute with the playing of Taps.

Beltran died April 22 during the Beyond the Horizon-Guatemala exercise when a large tree branch fell on a group of Soldiers as they were taking a break from working on an engineering project in Los Limones, about 53 miles south of Guatemala City.

"Our thoughts, prayers and heart-

See **FALLEN, P5**

Editorial Staff

502nd Air Base Wing/JBSA
Commander

Brig. Gen. Bob LaBrutta

502nd ABW/JBSA
Public Affairs Director
Todd G. White

JBSA-FSH Public Affairs Chief
Karla L. Gonzalez

Managing Editor
Steve Elliott

Associate Editor
L. A. Shively

Writer/Editor
Vacant

Layout Artist
Joe Funtanilla

News Leader office:

2080 Wilson Way
Building 247, Suite 211
Fort Sam Houston
Texas 78234-5004
210-221-2030
DSN 471-2030

News Leader Advertisements:

EN Communities
P.O. Box 2171
San Antonio, TX 78297
210-250-2440

News Leader email:

usaf.jbsa.502-abw.mbx.
fsh-news-leader@mail.mil

This Air Force newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of Defense. It is published weekly by the 502nd Air Base Wing and Joint Base San Antonio-Fort Sam Houston Public Affairs Office, 2080 Wilson Way, Building 247, Suite 211, Fort Sam Houston, Texas 78234-5004; 210-221-2030, DSN 471-2030. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the Director of Public Affairs. The News Leader is published by EN Communities, 301 Ave. E, San Antonio, TX 78205, 210-250-2440, a private firm in no way connected with the U.S. government, under exclusive written contract with the 502nd Air Base Wing and JBSA-Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Air Force. Stories and photos for publication consideration may be e-mailed to usaf.jbsa.502-abw.mbx.fsh-news-leader@mail.mil by close of business Friday.

Joint Base San Antonio Pride Week keeps our corner of America beautiful

By Capt. Lesley N. Lilly
Director, Commander's Action Group
502nd Air Base Wing

In an effort to reinforce installation stewardship as a key component of the culture of excellence, Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, has designated May 12-16 as "Joint Base San Antonio Pride" Week.

This will be a week for members of Team JBSA to showcase their pride across all locations (JBSA-Randolph, JBSA-Fort Sam Houston, JBSA-Camp Bullis, JBSA-Lackland) and join forces with other JBSA mission partners to improve the appearance of our installation.

LaBrutta asks JBSA personnel to pitch in by picking up debris and trash that winter and Texas winds have left behind.

Moreover, he asks members to also remove weeds and prune bushes and trees around their assigned facilities, dormitories and work spaces.

As a result of severe installation support budget reductions that have occurred under sequestration, the base no longer has funding to perform these types of tasks.

Therefore, we'll have to "return to the past" when we used a team approach to accomplish this effort, LaBrutta said.

"When I was an enlist-
ed airman through staff

sergeant, I was required to perform details. During that period, we picked up trash, cigarette butts and took care of not only the grounds but the facilities we occupied. I learned a lot from that time in my career about pride, service and responsibility," LaBrutta said.

In order to execute this massive effort, the 502nd Civil Engineer Squadron will designate "self-help" locations at JBSA-Lackland, JBSA-Fort Sam Houston and JBSA-Randolph to provide clean up and appearance improvement items for organizations to use.

Rakes, brooms, trimmers, trash bags, wheel barrels, gloves and safety goggles will be provided

at the designated locations on a first-come, first-served basis to sign out.

Organizations are asked to augment the items provided to help ensure adequate supplies for JBSA Pride Week.

Filled trash bags should be deposited in one of the designated dumpsters in your area.

Additionally, dumpsters will be available for green waste and regular trash.

For items too large for organizations to safely transport, civil engineers will have curbside service available to assist in removing large debris.

Not only will we be taking care of our installation, participation in this "JBSA Pride Week" makes

Joint Base San Antonio a champion of the Great American Cleanup which is occurring concurrently across the United States during this time period.

For more information, contact your Civil Engineer Customer Support Team Representatives:

- JBSA-Lackland: 671-2339, Ernesto Guzman, building 5497.
- JBSA-Fort Sam Houston/JBSA-Camp Bullis: 221-3471, Jerome Oliver, building 4196, Bay F-4.
- JBSA-Randolph: 652-2242/3808, Frank Speed or George Smoot, building 891, Benchstock.
- 502nd CES Operations Flight: 671-3015, Antony Person, flight chief or Ben Gauna, deputy flight chief.

National Women's Health Month:

Raising awareness, education, empowering women

By Kirk Frady
Army Medicine Public Affairs

In support of National Women's Health Month in May, Army Medicine is looking to raise awareness, educate and empower women to make their health a top priority and encourage them to take steps to improve their physical, mental, emotional and spiritual health.

In 2011, Army Medicine established the Women's Health Task Force – a team of subject matter experts in a

variety of disciplines from the Army, sister services and outside agencies – to address the unique health concerns of women serving in the military.

The WHTF is leading organizational change and shaping education, equipment and care for a unified campaign across commands and services as we expand and advance roles of women throughout the force.

The task force's initiatives are designed to optimize and standardize services to women across all services, including the

development of clinical treatment algorithms for common gynecological conditions, and standardized women's health education for all Soldiers, leaders and providers.

In addition, the Women's Health Service Line was established as part of the Army Medicine 2020 campaign plan and operating company model. The WHSL will align efforts to meet the priorities set by Lt. Gen.



Patricia Horoho, commanding general of Army Medical Command and Army surgeon general.

These priorities include adopting evidence-based practices for coordinated and patient-centric care.

By developing strategy that establishes system-wide services and policies, the WHSL promotes collaboration, decreases redundancy and unwar-

See **HEALTH**, P13



Joint Base San Antonio
<http://www.facebook.com/JointBaseSanAntonio>
Joint Base San Antonio-Fort Sam Houston
<http://www.facebook.com/JBSAFortSamHouston>



Joint Base San Antonio
http://www.twitter.com/JBSA_Official
Joint Base San Antonio-Fort Sam Houston
<http://www.twitter.com/JBSAFSH>



<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

Fort Sam Houston Army Birthday Ball

The Fort Sam Houston Army Birthday Ball is at 5:30 p.m. June 14 at the JW Marriott San Antonio Hill Country Resort and Spa, 23808 Resort Parkway. This is an unofficial event conducted for the entertainment of military and civilian personnel who choose to attend. This event is hosted annually by the Fort Sam Houston and greater San Antonio Area Army Birthday Ball committee. The dress and uniform requirements are formal attire for civilians and the Army service uniform with bow tie or the Army mess blue or dress mess uniform or service equivalent for all active duty military of other services. Tickets are \$70 each and \$140 for couples. Meat and vegetarian options are available for dinner. To buy tickets, visit <http://2014fsh-armyball.weebly.com>. For more information, send email to jbsaarmyball@gmail.com. Last day to buy tickets is May 30.

Temporary Lane Closures On Garden Avenue

Garden Avenue between Wilson Road and Hardee Road will be rebuilt this summer to restore the pavement. The construction, which will occur from Wednesday to Sept. 11, will not allow two-way traffic during that time. However, access to driveways along both sides of Garden Avenue will remain open the entire time. The contractor will work on one side of the street while the other side will remain open for one-way traffic. After that lane is completed, it will open up and the other lane will then be rebuilt. Motorists are encouraged to follow the signs posted for the detour route.

GEMS Program Seeks Students

Students enrolled in sixth through eighth grades can apply for the Gains in the Education of Mathematics and Science Program at the U.S. Army Institute of Surgical Research on Joint Base San Antonio-Fort Sam Houston. Students can explore new pursuits in the life sciences and expand upon their current interests with unique hands-on experiences. Planned session dates are: session 1, June 16-19; session 2, June 23-26; and session 3, July 7-10. Deadline is Friday. There is an essay requirement on science activities the student has participated in. Visit <https://www.cvent.com/events/2014->

See NEWS BRIEFS, P6

Changes coming in approach to sexual assault prevention and response training

By Tech. Sgt. Beth Anschutz
AETC Public Affairs

The Air Education and Training Command will change the approach for this year's annual Sexual Assault Prevention and Response training.

Air Force officials announced the 2014 SAPR training will be broken into two topically-driven modules. The first module will be conducted in the spring and focuses on identifying offenders and the second, delivered in the fall, will focus on understanding victims.

Christine Burnett, AETC sexual assault response coordinator, explained that the

change in approach is not as much about what information is given or how many days of training is required, but about who is facilitating the training.

"This year we are including intense training for small group facilitators who are not SAPR staff," Burnett said. "Their attendance at facilitator's training will give them a better basis of knowledge and skills to be able to lead, not only as a facilitator, but in the future as a leader where this topic is concerned."

The unit-selected facilitators will lead the training, which will be focused on interac-

tion and discussion. Burnett believes this style of training is the best method of presentation to achieve SAPR goals.

"The desired end state is a change in our Air Force culture, not an accumulation of facts and information on an important topic," she said. "While facts and information do play a part in changing attitudes, values, beliefs and behaviors, a shift is best achieved through thoughtful discussions with peers."

Burnett said all Airmen are stakeholders in the prevention of sexual assault. She is thankful for unit leaders who are

proactive in the effort and for the unit facilitators who will bring SAPR messages to life amongst their peers.

"Each new effort is designed to bring everyone into the circle of responsibility for change," she said. "Whether it's stepping in to help a Wingman who needs it, asking a co-worker to cease making demeaning comments, or by modeling the highest degree of professional behavior each and every day, we can be and are, all part of the solution."

Locally, this year's Sexual Assault Prevention and Response annual training, also known as SAPR Stand Down,

requires an increased number of participants for it to be successful.

"This year's training gets many more personnel involved in delivering the message and discussing a solution," said Dr. Charlotte Moerbe, Joint Base San Antonio sexual assault response coordinator. "This kind of effort is exactly what we need in the Air Force if we hope to make positive cultural change and prevent sexual assault. We at JBSA SAPR are standing by ready to assist commanders and their designated facilitators as we meet this challenge."

The JBSA SAPR

See AETC, P16

ARNORTH GENERAL REVIEWS TEXAS MILITARY INSTITUTE CADETS



Maj. Gen. William Roy prepares to return with the commander of troops during a pass in review ceremony May 2 conducted for the 2014 graduating class of the Texas Military Institute. Roy, deputy commanding general for operations for U.S. Army North (Fifth Army), Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, was invited to be the reviewing officer. The institute has had a number of well-known graduates go on to historical significance over the years, including Gen. Douglas MacArthur from 1893-1897, when TMI was named the West Texas Military Academy.



Photos by Army Sgt. 1st Class Christopher DeHart
Maj. Gen. William Roy (right) awaits the commander of troops during a Pass in Review ceremony conducted May 2 for the 2014 graduating class of the Texas Military Institute.

'Soldier for Life' website to be new online home for Army retirees

By C. Todd Lopez
Army News Service

The Army's "Soldier for Life" website, launched May 1, is designed to be a new online home for retired Soldiers.

The Army's web portal "Army Knowledge Online" – better known as "AKO" – has been available to retirees and family members for many years now.

However, the Army is transitioning to a more secure enterprise network for business users – Soldiers, Army civilians and contractors.

Retirees will continue to be able to access important information about the Army, and information pertaining to health, retirement, employment and education benefits online at

<http://www.soldierforlife.army.mil>.

Mark E. Overberg, who serves as deputy chief of Army Retirement Services, said the new website will allow "ongoing communications with the retired community."

In February, the Army Retirement Services office was moved under the newly created Soldier for Life program, Overberg said, because retired Soldiers are "a part of the whole Soldier lifecycle – the last part of the Soldier lifecycle."

Right now on the website, retirees can also opt-in to receive a newsletter that lets them know what's going on in the Army "with a primary focus on news that retired Soldiers care about," Overberg said.

On AKO, retirees and family members had access to web-based email services that gave them a ".mil" email address.

Currently, retirees and family members are no longer able to send email from their AKO accounts or read emails within the site. What they are still able to do, however, is instruct AKO to forward any emails they might receive there to a commercial account.

The AKO website will continue forwarding emails to commercial accounts until Dec. 31.

Overberg suggests retirees and family members set up a free commercial email account to replace what AKO used to provide for them. He said after setting up such an account, they should notify family,

friends and professional contacts about the new e-mail address.

Additionally, he said, retirees and family members should contact any businesses or other websites where the AKO email address is a part of their contact information and update it to reflect the new email address.

One such site in particular to update, Overberg said, is the Defense Finance and Accounting Service's "MyPay" website, where retirees and Soldiers alike can look at their leave and earnings statements and other important documents.

To ensure that DFAS can contact them, retired Soldiers should visit the "MyPay" site and ensure that a new or non-AKO email ad-

dress is listed. Overberg said that today, some 500,000 Army retirees have MyPay accounts. Of those, he said, about 350,000 are still registered there with their AKO-provided email address.

By not signing up for a commercial email service and updating business account information, former AKO users risk not receiving important notifications.

Right now, the Soldier for Life website is extremely new. Overberg said the site is only in phase one of its development. He said there are several ideas about what will be brought aboard as the site's development progresses into phase two.

Future upgrades to the Soldier for Life website might include

a "white pages" feature similar to what was one available on AKO, Overberg said. The difference will be that the white pages-style directory will include only those retirees who "opted in" to the listing.

Also under consideration for inclusion in the next-generation of the site is a "Retired Soldiers Blog," Overberg said.

"The intent of this blog will be to provide a three-way communication: the Army to retired Soldiers, retired Soldiers to the Army and retired Soldiers to other retired Soldiers."

Overberg said that commenters to blog posts will be limited to those who have retired from the Army. "When

See SOLDIER, P5

SOLDIER from P4 somebody posts a comment, we'll want to make sure they are a retired Soldier."

Part of making that happen, he said, is ironing out the technical details of how to authenticate retired Soldiers on the site. That might include integration of services from DOD Self-service Logon.

Overberg also said that the Soldier for Life website has been designed to be easier to use than AKO. He said he has heard complaints from retirees that AKO was too complex – and so they stayed away from the site.

The Soldier for Life program and its website is about more than just retirees. In fact, the retiree program was just recently folded into the SFL program.

"Soldier for Life" is about the entire "life-cycle" from the moment a Soldier shows up at basic training; "Start Strong" to the day they arrive at their first command and begin their Army career; "Serve Strong" to the moment they make the decision to transition from a uniform-wearing Soldier back into a productive member of civilian society; "Re-integrate Strong" to the final separation or retirement from Army service and transition into an example in their community about what it means to be a Soldier; "Remain Strong."

Lt. Col. Wenceslao G. Angulo, who serves as the communications and outreach director of the Army's Soldier for Life program, said SFL and its website aims to serve those in all four phases of being

a Soldier.

"We want to attract talented young men and women to join the Army," he said.

"The new site provides current information and links to resources for all Soldiers, which includes active duty, Army National Guard and Army Reserve," Angulo added.

"We also provide access to information and links to resources for those preparing to transition to civilian life.

With retirement services joining the Soldier for Life program, we can now provide services and information for those who have retired from the Army, but remain Soldiers for life."

For more information about the AKO transition, visit <http://ciog6.army.mil/AKOTransition/tabid/215/Default.aspx>.

FALLEN from P1

felt condolences are with Spc. Beltran's family," said Lt. Col. Nicole Morris, commander of the 56th Sig. Bn. "Our unit mourns the loss of Hernaldo. He was a tremendous Soldier and his commitment to our Army was unwavering. We've lost a member of our family and we'll never forget him."

Originally from El Paso, Texas, Beltran enlisted in the Army Dec. 29, 2009 and completed his basic training at Fort Knox, Kentucky, in 2010. After basic combat training, he attended advanced individual training at Fort Gordon, Georgia.

In July 2010, Beltran arrived to his first duty station with the 56th Signal Bn., where he was assigned to the Radio Platoon and served as a

radio operator.

According to those with whom he served, Beltran was a role model for others.

"His infectious personality and overwhelming drive opened the door to excellence for others to follow," said Capt. Joel Joyce, Headquarters and Headquarters Detachment commander, 56th Sig. Bn. "He also served as an outstanding radio operator and linguist for three Beyond the Horizon missions. His dedication to the mission was a large part of the mission's success."

Sgt. James Pettit, a radio operator with 56th Sig. Bn., and a close friend of Beltran, spoke during the ceremony about their friendship and their time together since Beltran came to the unit.

"I didn't know it then that the path we

would embark on would become more than a friendship," Pettit said.

"It would become a brotherhood. I know this because of how we looked out for each other. Beltran always had everyone else's best interest in heart."

According to the battalion commander, although he is no longer with them physically, Beltran will continue to serve as an inspiration for others within the 56th Signal Battalion.

"As we mourn his loss, we become more and more grateful for the life he led and for his influence on all of us," Morris said. "We plan to continually honor him through our dedication to the difficult and demanding profession which he enjoyed so much."

(Source: U.S. Army South Public Affairs)

News Briefs

Continued from P3

gems-fort-sam-houston-tx/registration-7fdf41dcbf3d46abb04144f72c953934.aspx for an application.

'Flags at Fort Sam' for Scouts

The Alamo Area Council of the Boy Scouts of America sponsor the "Flags at Fort Sam" event honoring American heroes at the Fort Sam Houston National Cemetery's assembly area at 5 p.m. May 23. The cemetery is located at 1520 Harry Wurzbach Road. The assembly area is located on the far east side of the cemetery near the administrative offices. Enter using Nursery Road, but do not park off Harry Wurzbach Road. The scout uniform is recommended and participants should have water, sunscreen, a hat and bring a screwdriver and mallet to help place flags at gravesites. Visit <http://www.AlamoAreaBSA.org/FlagsatFortSam> for information.

Hardee Road Closure

Phase II construction on Hardee Road will require the closure of the intersection of Stanley and Hardee Roads. Access to the Army Medical Department parking lot will be through the intersection of Scott and Hardee Roads. Motorists are encouraged to follow the detour route to Schofield Road. The AMEDD parking lot north of Hardee Road will remain open and accessible from the Scott Road side. Construction should be completed by July 7.

Scott Road Closure From Taylor Road to Schofield Road

Scott Road between Taylor Road and Schofield Road will be closed to through traffic through June 27 to remove and overlay the existing asphalt pavement with new asphalt pavement and replace damaged curbs. Motorists are encouraged to follow the signs posted for detour route. Set up of traffic control devices/signs begins Tuesday.

Intuitive eating research study

Participants are needed for a 10-week intuitive eating research study in person or as an online program. The study will focus on intuitive eating, a new way of looking at weight, health and why we eat. For more information, call 221-7780 or at 253-968-1148.

USAISR research chief speaks at Longs Creek Elementary School annual science day

By Steven Galvan
USAISR Public Affairs

For the past several years, Kathy Ryan, Ph.D., a physiologist and chief of research regulatory compliance at the U.S. Army Institute of Surgical Research at Joint Base San Antonio-Fort Sam Houston, has been speaking to elementary school students about her career and the combat casualty research that she has been involved in.

Ryan was a guest at the annual "Science Day" at Longs Creek Elementary School in San Antonio April 11, where she spoke to approximately 275 second-through fourth-grade students throughout the day.

"In the morning, I spoke to fourth graders about what physiology is and what physiologists do," Ryan said. "I also spoke about some key concepts in cardiovascular physiology."

Ryan then had students develop a hypothesis about what would happen to a pulse rate when changing postures or exercise.

"The students performed the experiment, measuring their pulse rates while standing and then again after performing jumping jacks," she said.

In the afternoon, Ryan used a student volunteer to explore how second- and third-grade students think about scientists. The students were asked what scientists look like and what



Photo by Steven Galvan

Kathy Ryan, Ph.D., a physiologist and chief of research regulatory compliance at the U.S. Army Institute of Surgical Research at Joint Base San Antonio-Fort Sam Houston, has a volunteer student from Longs Creek Elementary School dress up as what second- and third-grade students think a scientist looks like.

they wear.

"The volunteer was dressed accordingly in a lab coat with

'Einstein hair,' goggles, and gloves," Ryan said. "The students' eyes widened considerably

when I pulled out 'extra brains' from a bag. They were actually bags of oatmeal. I then talked about how the anatomy of brains is related to intelligence of different species."

Ryan said that several students from each class were familiar with the San Antonio Military Medical Center, since they were from military families, but were not aware of the institute.

"They had no idea of the research that we do for wounded warriors," she said.

Ryan feels that it is important for students to not only be aware of the institute, but to also give them an understanding of how the research is aimed at optimizing combat casualty care.

USAISR Burn Center staff integral members of American Burn Association

By Steven Galvan
USAISR Public Affairs

The American Burn Association held its 46th Annual Meeting in Boston March 25-28 with 19 staff members from the U.S. Army Institute of Surgical Research Burn Center in attendance.

But even though the number of USAISR attendees was minimal, the presence of the institute was felt throughout the four-day event. Several members presented or moderated plenary and poster presentations (including four of eight nursing correlative

sessions), two members were presented major awards and another was appointed to chair a national committee.

The ABA is committed to advancing burn-related research, education, treatment, rehabilitation, and prevention to improve the lives of those affected by burn injuries.

The annual meeting is designed to provide the optimal occasion to increase knowledge to its members and guests on the state-of-the-art scientific and practice advances in burn care.

"I am very pleased and proud with our performance and con-

tributions to the ABA meeting," said Col. (Dr.) Booker T. King, USAISR Burn Center Director. "It all speaks highly of the people at the burn center and the work that we've submitted."

The two research awards were for clinical research coordinator Reginald "Reg" L. Richard, who received the "Best Paper" award

The "Burke/Yannas Bioengineering Best Paper Award" was presented to Richard for his manuscript titled: "Hierarchical Decomposition of Burn Body Diagram Based on Cutaneous Functional Units



Photo by Steven Galvan

Nicole Caldwell was awarded the "Best in Category" award for her poster at the American Burn Association Annual Meeting.

and Its Utility."

"It's on a Department of Defense-funded study that takes a standard burn body diagram used to document burns and burn severity," Richard

said. "The existing diagram is modified to be more specific for burn rehab and improving patient outcome."

RETIRING SOLDIERS HONORED AT CEREMONY



Photo by Army Staff Sgt. Corey Baltos

Soldiers and family members honored 12 Soldiers for their service to the nation during a retirement ceremony April 24 at the U.S. Army North Quadrangle. The retirees are (from left) Col. John Collins, U.S. Army Medical Department Center & School; Col. Sharon Wisniewski, U.S. Army North; Lt. Col. Steven Turner, 106th Signal Brigade; Lt. Col. Cindy Renaker, U.S. Army Medical Command; Lt. Col. Andrew Reichert, ARNORTH; Lt. Col. Mark Cotton, Southern Regional Medical Command; Maj. Mary Leavitt, 410th Contracting Support Brigade; Maj. John Ladson, San Antonio East Recruiting Company; Chief Warrant Officer 3 Charles Baker, 106th Signal Brigade; 1st Sgt. Oscar Herrera-Hernandez, 199th Infantry Regiment, Fort Benning, Ga.; Sgt. 1st Class Garon Tucker, 106th Signal Brigade and Staff Sgt. Clifford Doggett, U.S. Army South.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not

just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



Making 'every dollar count' through state lodging tax exemptions

By James L. Sisson

Director, Air Force Banking Division
Joint Base Andrews, Maryland

The Air Force encourages you to stop paying taxes.

Well, not your personal taxes, but it turns out that several states exempt uniformed service members and federal government employees from paying state lodging taxes when on official travel orders.

Unfortunately, travelers have to know to ask for these exemptions, and as a result Air Force members pay about \$4.5 million in lodging taxes needlessly in these locations each year.

If you are travelling to Florida, Texas, New York, Pennsylvania, Massachusetts, Missouri, or one of seven other states and territories that offer these exemptions, a few simple steps can save your unit and the Air Force money.

Considering today's fiscal challenges coupled with tomorrow's uncertainties, the Air Force is continuously searching for cost-saving initiatives.

In a memo to Air Force comptrollers, Jamie Morin, assistant

secretary for financial management, said, "The vice chief of staff has taken a key step forward with the 'Every Dollar Counts' campaign and we have received a huge response from Airmen around the world. One idea that caught my attention pertains to state lodging tax exemptions, which could save millions for reinvestment in mission needs."

Eleven states, plus Puerto Rico and the U.S. Virgin Islands, exempt U.S. military members and employees of the U.S. government from paying state taxes on hotel lodging charges, which are directly reimbursable by the U.S. government.

This lodging sales tax exemption applies to both TDY and PCS travel paid using the government travel card.

All government travelers are already exempt from lodging tax if their lodging bill is paid directly by the government using a centrally billed account.

The General Services Administration maintains a website and map with state tax information at <https://smartpay.gsa.gov/about-gsa-smartpay/>

tax-information/state-response-letter.

Some states require a form and some do not. Puerto Rico and six states (Texas, Florida, Massachusetts, New York, Pennsylvania and Wisconsin) do require a form, downloadable from the GSA website.

The U.S. Virgin Islands and five states (Alaska, Delaware, Kansas, Missouri and Oregon) do not require any special forms.

Travelers should take advantage of this tax savings and be aware of these state laws.

If you will be on official travel to one of these locations, visit the GSA website before traveling and obtain the tax exemption form if applicable.

Travelers should also check with the hotel to verify state tax law compliance. If the hotel does not comply, the traveler should consider another hotel.

Approving officials should review travel authorizations and vouchers for strict compliance with this requirement.

If everyone does their part, the Air Force can save millions of dollars.

SGLI premium adjustment takes effect July 1

The Servicemembers' Group Life Insurance program will adjust its monthly premium rate July 1 from 6.5 cents per \$1,000 back to the 2006 rate of seven cents per \$1,000 of insurance, a modest increase to ensure the SGLI program remains in a strong financial position.

The U.S. Department of Veterans Affairs strives to keep SGLI premiums as low as possible while also maintaining the necessary reserve levels to ensure funds are available to pay claims to service members' beneficiaries.

Since the start of the SGLI Program in 1965, monthly premiums have decreased from 20 cents per \$1,000 to the current 6.5 cents per \$1,000. There have been periodic increases and

decreases, but over the past 30 years, premiums have fluctuated only 2.5 cents per \$1,000 of insurance.

Since 2008, as a result of the half-cent reduction and decreases in interest rates, reserve funds have decreased.

Insurance companies hold reserve funds to ensure they can pay future claims. It is common practice in the group insurance industry to adjust premium rates as reserve funds increase and decrease.

VA also uses actuaries, individuals who deal with financial impact of risk, to conduct program experience studies when evaluating and adjusting reserve assumptions; and each year, an independent auditor verifies the accuracy of their reserve calculations.

In order for the program to remain in good financial condition, it is now necessary to increase the premium rate.

For a service member with the maximum \$400,000 of life insurance, this change will mean an increase of two dollars per month.

Individual ready reserve members who are drilling for points toward retirement or who do not receive pay for other reasons will be billed by their branch of service for the higher premium beginning July 2014.

For information on the new rates, visit <http://benefits.va.gov/insurance/sgli.asp>.

(Source: Department of Veterans Affairs)

U.S. Army Environmental Command volunteers for clean-up effort at John James Park on Earth Day

By Barry R. Napp

U.S. Army Environmental Command Public Affairs

As part of Earth Day celebrations, more than 30 volunteers gathered at John James Park near Joint Base San Antonio-Fort Sam Houston April 24 to prepare trees for the summer.

Volunteers from U.S. Army Environmental Command and San Antonio Parks and Recreation employees combined forces to mulch trees, paint equipment and pick up litter at the park, located on the east bank of Salado Creek near Rittiman Road and Interstate 35.

"We mulched around a lot of trees, including the Thornless Retama tree the Army and community leaders planted for Earth Day three years ago," said Meredith Tilley, Parks and Recreation program manager.

"Having a layer of mulch around the trees helps retain water in drought conditions and also helps to beautify the park. We put more than 25 yards of mulch down today and it looks good," she said.

"The tree we planted together for Earth Day is doing quite well. It looks like it has tripled in size," Tilley added. "Our relationship with the Army is important to Parks and Recreation, as well as to our community."

"This event builds on a relationship started in April 2011 during the Earth Day celebration held at the park, which



Photos by Barry R. Napp

Jerod Bledsoe from U.S. Army Environmental Command wheels mulch into place during the annual cleanup April 24 at John James Park in San Antonio.

was hosted by USAEC," said Janet Martin, Environmental Technology and Technical Division, USAEC. "This is incredibly important work and it is imperative we work together with the community to help support and preserve land that is here for all to enjoy now and for future generations."

According to Mark Lawson, Parks and Recreation assistant manager, volunteers are a tremendous help in

maintaining and sprucing up San Antonio parks.

"We have volunteers that remove invasive species, prep trees and put new mulch around them to allow water to more efficiently soak in," Lawson said. "John James Park will reopen early this summer after being closed for over a year. We have replaced lights, the hiking/biking trail has been thinned of invasive species and is much safer, and the



Derrick Lopez and Maggie Daniel from U.S. Army Environmental Command prepare to spread mulch around trees and plants April 24 at San Antonio's John James Park.

park playground equipment is brand new."

USAEC commander Col. Mark Lee acknowledged the event at John James Park as both fun and important.

"We helped the environment today, but building a relationship with our local community was very important also," Lee said. "Taking care of the environment on Army installations worldwide is what we do at USAEC, but giving back to help our local environment and joining the San Antonio team was great."

"We made a tremendous difference and great strides in our ongoing battle with invasive plant species," Tilley said. "Thanks to all for their time and effort to make John James Park a better place for all of us to enjoy."



(From left) Pratyia Lek Siriawat, Rick Weiner and Janet Martin from the U.S. Army Environmental Command paint equipment at John James Park.

Interservice Physician Assistant Program provides rewarding career, critical link in patient care

By Robert Goetz

Joint Base San Antonio-Randolph
Public Affairs

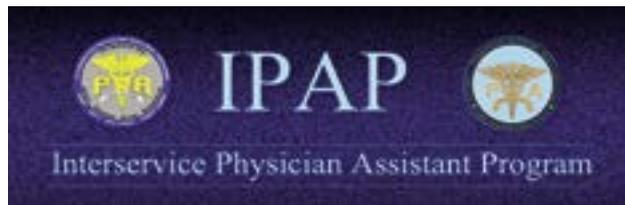
In 1971, the Air Force, Army and Navy started training its first physician assistants, medical professionals who are nationally certified and state licensed to practice medicine with the supervision of a physician.

Twenty-five years later, the armed forces combined its PA training to form the Interservice Physician Assistant Program, which continues to provide the services with a critical link in patient care and its practitioners with a rewarding career that pays dividends even after their active-duty days are over.

Based at Joint Base San Antonio-Fort Sam Houston's U.S. Army Medical Department Center and School, the program consists primarily of enlisted active-duty members who, upon graduation, are commissioned as first lieutenants into the officer corps of their service.

"The Interservice Physician Assistant Program is one of the best opportunities in the Air Force for young Airmen with a hard science aptitude to get trained on active duty and be credentialed for a medical career," said Kevin Smith, Air Force Personnel Center Biomedical Sciences Corps education manager.

Physician assistants' versatility makes them



valuable in the armed services as physician extenders, he said.

Enlisted Airmen and officers who wish to be considered for the program must begin groundwork early, Smith said, accumulating 60 college credits, including core prerequisites such as biology and chemistry, before they begin their IPAP course work.

Students begin the program with Phase 1, the didactic portion at JBSA-Fort Sam Houston, engaging in a rigorous curriculum of 101 semester hours that lasts only 16 months. They receive a bachelor of science degree upon completion of Phase 1 and also finish a master's degree paper during Phase 1 with final presentation during Phase 2.

During Phase 2, the clinical phase that lasts about 13 months, students are assigned to Air Force or Army medical sites all over the United States and move through a variety of clinical rotations to gain specialty knowledge and experience.

"It is a very difficult program, with 100 college credit hours completed in one year," Capt. Warren Stevens, 359th Medical Operations Squadron family

health provider, said. "The most difficult aspect was the time commitment and amount of material to learn in such a short period of time."

Phase 1 comprises nearly 40 courses, which range from biochemistry, microbiology and radiology to orthopedics, rheumatology and dermatology.

Maj. Derrick Varner, IPAP Phase 2 graduate clinical director, said the program was "like no other."

"It was fast and furious, but rewarding," he said. "The continued pace and volume of information, while keeping a balance with family, made it a challenge. Having a supportive spouse was the key."

Applications to the program are accepted no earlier than Oct. 1 and are due by Jan. 25, Smith said. The number of Air Force applicants is typically trimmed from 100 to 60 or less before the IPAP selection board convenes in March annually to choose 36 students for the program; the other service projections are 150 for the Army, 20 for the Navy and four for the Coast Guard.

The selection board features senior officers in the physician assis-



Photo by 4th Infantry Brigade Combat Team Public Affairs

Army 1st Lt. Jamie Mueller, 4th Special Troops Battalion, 4th Infantry Brigade Combat Team, 4th Infantry Division, stitches up an Albanian soldier April 30 at Forward Operating Base Spin Boldak, Afghanistan. Mueller began conducting medical exchanges with Albanian medics in February that has enabled the partnership between the two armies to grow. She completed the Interservice Physician Assistant Program in October 2013 and deployed to Afghanistan four months later.

tant career field, Smith said.

"The board members have a difficult job," he said. "We provide as much intel as we can, including letters that attest to the applicants' character."

The applicants' academic background is an

important consideration, Smith said. But they must also show the ability to handle a grueling academic workload.

"Our most difficult task is evaluating applicants for the pieces of their personality that will make them do the hard work to get the job

done," he said. "They are given so much information so fast. It's trial by fire to see who can make that transition."

Many of the applicants come from the enlisted medical field, Smith said.

"I'd say two-fifths are from the medical field," he said. "They tend to do very well because they already have a medical mindset."

Varner entered the program after serving as a surface freight technician and retraining as a radiology technician; Stevens was an enlisted security forces member at Elmendorf Air Force Base, Alaska, when he was accepted into the program.

Both attested to the impact of the program on their lives.

"I would do it all over again," Varner said. "It has changed the destiny of my family and I get to serve others."

Stevens said he has encouraged several military members to pursue training to become a PA.

"It was definitely an excellent career decision that has opened many doors and opportunities for my future after I separate from active duty," he said.

Smith said a call for candidates for all commissioning programs, including IPAP, is published in June or July each year. Information is available from installation education offices or the Air Force Medical Service Knowledge Exchange website at <https://kx2.afms.mil>.

ARMY NORTH SOLDIER ACCEPTED INTO ORDER OF MILITARY MEDICAL MERIT

Brig. Gen. Dennis Doyle presents Maj. John Nguyen with the Order of Military Medical Merit during Doyle's visit to speak with medical service officers May 1 at the Army Medical Department Center and School's Blesse Auditorium.

Nguyen, the medical plans and operations officer for U.S. Army North (Fifth Army), was nominated for admission into the order because of his commitment to the betterment of Army medicine and dedicated application of his talents. Doyle is the chief of the Army Medical Service Corps. The Order of Military Merit is an organization founded in April 1982 to recognize excellence and promote fellowship and esprit de corps among AMEDD personnel.



Photo by Army Sgt. Lee Ezzell

HEALTH from P2

ranted clinical variance, and ultimately improves the quality and satisfaction of care to women beneficiaries.

The Women's Health Service Line is closely aligned with Soldier 2020 – the Army's plan to integrate women into previously closed military occupational specialties – as part of the Army

Medical Department's enduring effort to support the integration of women into previously closed jobs and units.

Female service members serve in our nation's military, making up 15.8 percent of the force today, including active duty, Reserve and Guard.

The percentage of females continues to grow, up about 4 percent from 20 years ago.

Army Medicine recognizes the magnitude and impact of women's health and appreciates the unique challenges of being a woman in the Army whether Soldier, family member or veteran.

In order for women to be fully integrated and effective members of the team, the Army must ensure women's unique health needs are addressed.

ARSOUTH from P1

said he immediately knew the severity of the situation.

“Once we saw [the accident] happening in front of us, we were concerned about the victim that got hit twice pretty hard,” said Keenan.

Keenan and Lloyd rushed to the car to render aid, without knowing the condition of the driver and whether or not there were other passengers in the car who might need aid.

“We couldn’t open the door but luckily the passenger side window was down so we were able to reach in and check for the driver’s pulse and responsiveness,” Keenan said. “She was bleeding

from her nose and momentarily unconscious. When she awoke, she started screaming because of the pain and the fear of not knowing what had just happened.”

Keenan said that he was afraid for the victim because he didn’t know the extent of her injuries.

“I was thinking we needed to get her to the hospital as quick as possible because I didn’t know what was broken, and what kind of pain she was in,” Keenan said.

Soldiers receive extensive training in first aid and life saving measures while in stressful situations. Keenan and Lloyd credit this training for their quick action.

“My Army training

definitely helped me,” Keenan said. “In Army Warrior Training it’s always check for responsiveness; check for pulse; check for bleeding. We were able to apply those steps in this situation.”

Staff Sgt. Robert M. Hogeland, a U.S. Army South combat medic, said Soldiers’ medical training can be beneficial anywhere, not only on the battlefield.

“Accidents can happen anywhere, at anytime,” said Hogeland. “Quick action by trained Soldiers can truly make a difference in preserving life, limb and eyesight.”

According to Keenan, in addition to his Soldier training, Lloyd has background as an emergency medical technician, so

when the EMTs arrived at the scene, he helped put a neck brace on the victim, load her on the stretcher and load her on the ambulance.

Soldiers are encouraged and expected to live by Army values which include selfless service and duty. It is every Soldier’s obligation to help others in need of assistance without hesitation.

Keenan and Lloyd demonstrated these values when they made a quick decision to offer their assistance to a stranger in need.

“I was happy to help. If anybody sees an accident, hopefully they will help render aid,” Keenan said. “You never know that could be your



Photo by Sgt. Mahlet Tesfaye

Master Sgt. John Keenan (right), 56th Signal Battalion operations noncommissioned officer in charge, looks over documents at work with Chief Warrant Officer Ronald Murray, a battalion network technician, at their office April 29. Keenan and Staff Sgt. Jonathan Lloyd came to the aid of car crash victims on Interstate 10 in San Antonio.

brother, your sister, family, friend or a complete stranger. You should help

because you don’t know when the police or EMS will get there.”

Fort Sam Houston Elementary School hosts Arbor Day celebration

By Barry R. Napp
USAEC Public Affairs

Students and faculty of Fort Sam Houston Elementary School joined with members of the U.S. Army Environmental Command, the 502nd Civil Engineer Squadron and Boy Scout Troop 23 to host Arbor Day at their new rain garden and conservation cabin site April 28.

The students and other groups completed their rain garden and furnished a conservation cabin to show students how to sustain energy and maximize resources.

Rain gardens are shallow vegetated depressions in the soil designed to absorb and filter runoff from hard and impervious surfaces. The conservation cabin was built by students in 1996 and is used to house energy saving and conservation ideas and items.

A USAEC team of

engineers, along with assistant principal Scott Stuller, also installed a solar panel on the conservation cabin.

Cutting a ribbon to symbolize the opening of the rain garden and conservation cabin were Dr. Tonya Hyde, FSHES principal; Dr. Gail Siller, Fort Sam Houston Independent School District superintendent; Col. Mark Lee, USAEC commander; Bryan Hummel, 502nd CES natural resources specialist; Col. William Schiek, assistant scoutmaster for BSA Troop 23; USAEC Command Sgt. Maj. Gene Canada,; and Julie Novak, FSHISD chief financial officer.

“This event capped the Earth Day and Arbor Day celebrations and showed children that conserving energy and reusing scarce resources is important and necessary,” Stuller said. “The rain garden and conservation cabin create opportuni-



Photo by Barry R. Napp

(From left) Bryan Hummel, 502nd Civil Engineer Squadron natural resources specialist; U.S. Army Environmental Command Sgt. Maj. Gene Canada; Julie Novak, Fort Sam Houston Independent School District chief financial officer; Col. William Schiek, assistant scoutmaster for BSA Troop 23; Dr. Gail Siller, FSHISD superintendent; Dr. Tonya Hyde, Fort Sam Houston Elementary School principal; and Col. Mark Lee, USAEC commander, cut a ribbon to symbolize the opening of the rain garden and conservation cabin

ties for children to finish planting, save rainwater runoff and use solar energy for light.”

Since 1971, the U.S. Army has joined the na-

tion in celebrating Earth Day each April at more than 200 installations and organizations around the world.

National Arbor Day

has been celebrated since 1872. It began in Nebraska, a largely treeless plain back in the 1800’s and a day to plant and dedicate a tree to help

nature and the environment. It’s estimated that millions of trees are planted each year on Arbor Day.

FSHISD 2014-2015 non-resident transfer student program underway

The Fort Sam Houston Independent School District is accepting non-resident transfer student applications for the upcoming 2014-2015 school year in pre-kindergarten through grade 12, which will be granted for one school year at a time, on a tuition-free basis.

Transfer decisions are made without regard to race, religion, color, gender, disability, national origin or ancestral language. There are three types of transfer students:

- Current NRT students enrolled in the 2013-2014 school year began applying last Tuesday. This includes students who moved out of Lincoln Military Housing and off the installation.

- First-time NRT applicants interested in ap-



plying for the 2014-2015 school year may begin applying Tuesday.

- Current housing transfer students whose active duty parents will be on the approved Lincoln Military Housing wait list between Aug. 25 and June 5, 2015, and who did not move into quarters by June 6 may apply beginning June 11.

Non-resident transfer

students are children of active duty military parents who do not reside on the installation in Lincoln Military Housing and have successfully completed the non-resident transfer application process.

A resident student who becomes a non-resident due to a parent retiring from military active duty or who

moves out of the district is permitted to continue attending for the remainder of the school year and must apply and be approved for a transfer.

Additionally, a parent may file a request at the office of the superintendent for his or her child to be admitted into district schools if the parent meets one of the following categories:

1. Is serving on active military duty. National Guard and Reserve military members shall be considered to be serving on active military duty only if called to active military duty under title 10 orders.

2. Is awaiting housing on the approved Fort Sam Houston Military Housing wait list, with an approximate move-in date into available quarters within the 2014-

2015 school year.

3. Is employed by the district.

4. Has retired from active duty military service after having been assigned to a military installation in San Antonio and is employed on federal property.

All NRT students need to reapply each year and meet district eligibility criteria.

In approving transfers, the superintendent will consider availability of space, availability of instructional and support staff, the student's disciplinary history, attendance, grades, and any potential adverse effect on resident students.

First priority is given to students who meet the non-resident transfer criteria and are currently enrolled as a NRT student.

Completed applications should be submitted to the office of the superintendent in person at the District Administration Office, located at 4005 Winans Road. Application forms are available on the district website at <http://www.fshisd.net>.

For further information, call 368-8707.

The FSHISD office will have extended hours of operation from 7:30 a.m. to 5:00 p.m. Monday through Thursday and will be closed each Friday, beginning June 9 and ending July 25.

The district office will be closed the week of June 30-July 4.

Regular office hours will resume the week of July 28.

(Source: Fort Sam Houston Independent School District)



Annual Spouse Appreciation Day

Today, this event is designed to say "Thank You" to our military spouses for the jobs they do in support of their service member. Goodie bags, door prize packages and complimentary free mini services such as manicures and massages. This event is open to all military spouses from 1-4 p.m. at the Military & Family Readiness Center, building 2797. For more information, please call 221-2307.

Take Part in Zumba Fest

Saturday, experience the fast paced action of Zumba on a new level from 11:30 a.m. to 1:30 p.m. at the Jimmy Brought Fitness Center. For more information, call 221-1234.

Army Family Advocacy Program Unit Training

Monday, 8-10 a.m., Military & Family Readiness Center, building 2797. Mandated Army Unit Family Advocacy Training in accordance with Army Regulation 608-18 regarding domestic and child Abuse identification, reporting and prevention. Also covers Lautenberg Amendment, restricted and unrestricted reporting and victim compensation. Sessions consist of 30 minute increments, starting at the half hour. Call 221-0946 or 221-2705.

General Resume Writing

Monday, 9 a.m. to noon, Military and Family Readiness Center, building 2797. Learn which resume formats the experts prefer and

how to effectively write summary statements, your employment history and other sections. Call 221-0516 or 221-2705.

H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Middle School Teen Center, building 2515. This interactive playgroup is for parents and children under age 5. Registration is not required. Call 221-0349 or 221-2418.

Immigration and Naturalization Services

Tuesday, noon to 2 p.m., Military & Family Readiness Center, building 2797. An immigration and naturalization service agent will be available. Call 221-1681 or 221-2705.

Interview and Dress4Success

Tuesday, 1:30-3:30 p.m., Military & Family Readiness Center, building 2797. Most employers assess a candidate's value within the first 30 seconds of an interview. Learn how to make those 30 seconds the key to opening employment opportunities. Call 221-0516 or 221-2705.

Rear Detachment Training

Wednesday, 8 a.m. to 3 p.m., Military & Family Readiness Center, building 2797. This training is recommended for RDC's, unit leadership and Family Readiness Group volunteers. It covers how RDC's work with FRG's and the Family Support Network and provides information on how to work with families. Call 221-1868 or 221-0946.

Overseas Orientation

Wednesday, 10-11 a.m. or 2-3 p.m., Military & Family Readiness Center, building 2797. This orientation provides resources and information on necessary, specified topics in order to decrease

difficulties in moving to an overseas location. Call 221-1681 or 221-2705.

Military Spouse Career Fair

Wednesday, 10 a.m. to 1 p.m., Mitchell Hall, JBSA-Lackland. This event is open to spouses of active duty, Guard and Reserve service members, veterans and Gold Star spouses. Register at <http://www.HOH.greatjob.net>.

Family Movie Day "Frozen"

Wednesday, 5-7 p.m., Military & Family Readiness Center, building 2797. Call 221-2705 or 221-2418.

Safety Seat Clinic

Thursday, 9:30-11:30 a.m., JBSA-Fort Sam Houston Fire Station, building 3830. The safety seat clinic's purpose is the inspection and installation of safety seats to ensure children are safely and properly restrained when on the road. Registration is required and the children must be present to be weighed and measured. Call 221-0349 or 221-2705.

Care Team Training

Thursday, 10 a.m. to noon, Military & Family Readiness Center, building 2797. Focuses on the CARE Team's responsibilities and provides guidance on how to handle issues volunteers will face helping families dealing with emergencies. Call 221-1868 or 221-0946.

Sponsorship Training

Thursday, 2-3 p.m., Military & Family Readiness Center, building 2797. This training includes a step-by-step instruction guide, a video and a sample sponsorship letter. Call 221-1681 or 221-2705.

Armed Forces Day 5k Fun Run

May 17, join us in celebrating the sacrifices and dedicated service of our military members all around the globe by taking part in the Armed Forces run at 8 a.m. at the Aquatic Center Parking lot. For more information, call 808-5709.

Fun Times at Family Movie Night

May 17, enjoy free movie night at the Military & Family Readiness Center, building 2797, at 7 p.m. Once a month we bring you the best in family-friendly movies. Free popcorn, cotton candy and snow cones will be offered as you

enjoy the featured movie. For more information, call 221-1718.

Pool Opens for Summer Fun

May 23, the Aquatic Center opens for the season at 4 p.m. It features a 50-meter Olympic size swimming pool, water slides, aqua rock wall, lap lanes and a kiddie pool. The pool is open to all Department of Defense ID cardholders. Cardholders may sponsor up to two guests. Children 12 and younger must be accompanied by an adult. Daily and summer passes are available for purchase at the pool. The pool is also available for private parties and unit training. The Aquatic Center is open Monday-Sunday from noon to 8 p.m. on non-school days and 4-8 p.m. on school days. For more information, call 221-4887.

Friday Night Jazz Returns

Tickets for the next Friday Night Jazz concert at the Fort Sam Houston Theater May 23 are on sale. Featured artists include the Jeff Lorber Fusion with special guest Jimmy Haslip of the Yellowjackets. This event is open to authorized Department of Defense ID card holders and guests. For more information, call 466-2020. Tickets on sale at http://outhousetickets.com/Venue/Fort_Sam_Houston_Theater.

Annual Military Golf Classic

May 24-26, patrons are invited to play in the Memorial Day Military Golf Classic roundabout starting with a scramble May 24 at Joint Base San Antonio-Randolph; May 25 at JBSA-Fort Sam Houston with a modified alternate shot; and May 26 at JBSA-Lackland with a best ball competition. Shotgun start time is 8 a.m. for all 3 days. Register through May 17. For more information, call 222-9386.

Volunteer Sports Officials Needed

The Joint Base San Antonio sports and fitness programs are seeking volunteers to officiate intramural sport games at JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph. Volunteer officials need to be certified in the sport they officiate. Certifications may be obtained through local official associations and chapters, and must remain current by attending a yearly rules clinic. Volunteer officials

should be willing to officiate at least once a week and officiate all games on that day. In addition, showing up 30 minutes before and staying 30 minutes after will ensure the intramural program runs smoothly. Officials will be required to attend a rules meeting prior to season start. For more information, call 221-1367.

Massage Therapy at Jimmy Brought Fitness Center

The Jimmy Brought Fitness Center is offers massage therapy sessions. There will be a licensed massage therapist on site helping patrons to release and unwind from the rigorous routine of the workday. Various packages and discount prices are available. Call 221-1234.

New Squadron Commanders and First Sergeants Program

JBSA Family Advocacy Program is required to provide new squadron commanders and first sergeants a desk-side briefing within 90 days of their arrival or assumption of command per DD 6400.1, even if temporary or as an additional duty. The briefing includes information on FAP services/classes to assist in promoting mission and family readiness. Call 292-5967.

JBSA-Fort Sam Houston Ticket Office

The ticket office located in the Sam Houston Community Center, building 1395, Chaffee Road, is open 9 a.m. to 4 p.m. Tuesday through Friday. Call 808-1378.

JBSA Travel

The Force Support Squadron's Information, Tickets and Travel office has a new website catering to the military community's travel needs at <http://www.jbsatravel.com>. It's a one-stop location for booking air, hotel and car rentals. Patrons who need more information can fill out a travel request online and a leisure travel agent will contact you with all the information to make your vacation dreams a reality. Call 671-3133.

SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381.

Theater Arts Program

Children, ages 4 and up, can take the stage in the Theater Arts Program at School Age Services, building 1705. Cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

Harlequin Youth Academy

Tuesday and Wednesday 5-6:30 p.m., ages 5-18 Instructors are world-travelled performers who have worked at Fiesta Texas, SeaWorld and a number of international cruise lines. Multiple child and military discounts available. For more information, call the Harlequin Dinner Theatre at 222-9694.

Library Story Time

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, building 1222 on Harney Path. Call 221-4702.

Game Time at the Library

Gamers can play Xbox, Wii, PS3 and classic board games at 5 p.m. the second Friday of each month at the Keith A. Campbell Memorial Library, building 1222 on Harney Path. Call 221-4702.

Green to Gold Program Briefing

The 5th Brigade Army ROTC conducts a Green to Gold Program brief at 2 p.m. the second Monday of each month, excluding training/federal holidays at the Post Education Center, building 2248, room 207C. The brief educates active duty Soldiers on the benefits, options, and qualifications of the Army Green to Gold Program. Call the UTSA recruiting officer at 458-5607, St. Mary's University recruiting officer at 436-3415 or the 5th Brigade at 295-2005 or 295-0429.

Army Substance Abuse Program

The Army Substance Abuse Program is located at 1835 Army Blvd., building 2007, and serves all branches of the military, including active duty service members, trainees, Reservists on active duty and those in the Warrior Transition Battalion. The program office is open 7:30 a.m. to 4 p.m. Mondays, Tuesdays, Wednesdays and Fridays. Call 295-4094.

AETC from P3

office offers "Train the Facilitator" courses for command-designated facilitators, who are encouraged to sign up early as class size is limited.

To register, go to <https://jbsa.eis.aetc.af.mil/SAPR/default.aspx> or contact the local SAPR office at JBSA-Fort Sam Houston at 808-6316;

JBSA-Lackland at 671-7273; or JBSA-Randolph at 652-4386.

To find out more about the SAPR down day at your base, contact your local sexual assault response coordinator. For more information about Air Force Sexual Assault Prevention and Response, visit <http://www.sexualassaultpreventionresponse.af.mil>.

OUTSIDE THE GATE

Hearts Apart Support Group

Tuesday, 6-8 p.m., T.G.I. Fridays, 29 NE Interstate 410 Loop. This group is for family members who are geographically separated from their service member. Call 221-0946 to register.

Hamilton Greenbelt Walk

Saturday, the Colorado River Walkers volksmarch club is hosting a 5K and 10K walk starting at the

Lakeway Activity Center, 105 Cross Creek, Lakeway, Texas, starting between 8 and 11 a.m., finishing by 2 p.m. For more information call 512-345-5337 or visit <http://www.coloradoriverwalkers.org>.

'Standing Their Ground: Tejanos at the Alamo'

Through June 6, an exhibit titled "Standing Their Ground: Tejanos at the Alamo" is featured at the Alamo, 300 Alamo Plaza. Fans of Texas history can learn about the Tejano contributions to the Alamo and Texas history. The exhibit is free and open to the public from 9 a.m. to 5:30 p.m. every day. For

more information, visit <http://www.thealamo.org>.

Scout Strong Patriot Run

The annual Flag Day 5k Race and Kids' 1k Fun Run honoring the Armed Forces has partnered with the Boy Scouts of America and Scout Strong initiative to promote a healthy, active lifestyle for the Scouts, families and communities. The Scout Strong Patriot Run will be June 14, starting at the Blue Bonnet Palace at 17630 Lookout Road in Selma. Check in is 7 a.m., race begins at 8 a.m. and there is an awards ceremony at 9 a.m. There are varying levels of sponsor-

ship for teams and individual levels for participants. Registration is also open online at <http://www.AlamoAreaBSA.org/ScoutStrongPatriotRun>. Call 385-8248 for more information.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

USAISR from P6

Richard compared the hierarchical decomposition system for mapping burns and estimating the total body surface area burned to the structure of the U.S. postal ZIP code structure. In a ZIP code, the first number represents a geographical area, the next two numbers identify the regional area, and the last two numbers represent the specific post office.

"It (hierarchical decomposition) breaks it down to smaller subcomponents which helps us (physical therapists) determine the type of rehab needed to the area of the body that is burned," he said.

Richard mentioned that the burn and degree of burn mapping system currently being used in burn centers has not changed in more than 70 years. The current template has the palm of the hand as one segment and the hierarchical decomposition template has 29 separate areas in the same segment as the standard one.

"This allows us to concentrate on doing more rehab to specific areas which can minimize scar contracture," Richard

said. "Burn wound begin to heal itself right after the burn process stops. If we know where to concentrate the rehab then the outcome will be better."

Richard said that he was proud to have this position in research and conduct the type of work that he does.

"It's an honor to do this type of research," he said. "This is the only position in the United States that allows a physical therapist to do research and I am fortunate to be at the USAISR doing it."

Additionally, an abstract by Richard titled "Increased Burn Rehabilitation Treatment Time Improves Patient Outcome" was selected as one of the Top 6 Abstracts during the meeting.

Nicole Caldwell was awarded the "Best in Category" award for her poster titled "Pathogenic Bacteria on Common Access and Identification Cards: A Search for Badge Bugs."

"Since the Department of Defense implemented new security requirements that we must all use a CAC to access a government computer, we decided to do a study to see what types of bacteria were found on them,"

Caldwell said. "Everyone also carries an ID badge to access our work areas in the Burn Center."

Caldwell said that patients in the Burn Intensive Care Unit are at a higher risk for infection and while certain measures are taken for infection control there is no policy for cleansing IDs and CACs.

"We swiped more than 100 CAC and ID cards from employees at the BICU and from the staff at the outpatient burn clinic," she said. "A small percent of the cards had been cleaned during the week that we collected the specimens."

According to Caldwell, there were no significant differences in the bacteria counts between the BICU and outpatient clinic cards, but the rate of bacteria was significantly lower on the cards that had been cleaned in the last week.

"This study shows that if we clean our cards at least weekly we can have a positive effect on contamination rates," she said.

Caldwell got the idea for this study from her supervisor, Lt. Col. Elizabeth Mann-Salinas, USAISR Systems of Care for Complex Patients Task Area Manager.

"She is totally amazing and deserves every bit of recognition there is," Mann-Salinas said. "I could not be more proud of her initiative, academic skill and professionalism."

Another honor went to Mann-Salinas, as she was selected to chair the ABA Committee on Technology, which provides a forum for the ABA to adopt new technologies.

This is the second year since this committee was formed and Mann-Salinas was the co-chair the year it was created. She said that being named chair is a big honor and can envision her role in the committee.

"My vision is to create an ABA app that can be used for training, guiding patient care, and family patient care," she said.

Mann-Salinas also stated that it is important for members of the USAISR to chair or be members of the various ABA committees.

"It is a great platform to get our innovations out to the burn care and research community," Mann-Salinas said. "It is important that we present our work to burn care providers. We have to share and show what the Army and USAISR are innovating."

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 2301 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel
Building 1721, 5584 Dodd Blvd.
8:30 a.m. - Samoan

10:30 a.m. - Gospel

**Army Medical Department
Regimental Chapel**
Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Contemporary Service
11:01 a.m. - Contemporary "Cross-roads"

**Brooke Army Medical
Center Chapel**
Building 3600,
3551 Roger Brooke Rd.
10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3551 Roger Brooke Rd.
11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way
11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday, AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday, AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

*For worship opportunities of faith groups not listed here,
please visit the JBSA-Fort Sam Houston Chaplain's website at
<http://www.samhouston.army.mil/chaplain>.*

Weekly Weather Watch

| | May 9 | May 10 | May 11 | May 12 | May 13 | May 14 |
|-------------------|---|--|--|---|---|--|
| San Antonio Texas |  87° Scattered T-Storms |  90° Partly Cloudy |  91° Partly Cloudy |  89° AM Clouds/PM Sun |  84° Scattered T-Storms |  86° Sunny |
| Kabul Afghanistan |  75° Partly Cloudy |  75° Partly Cloudy |  73° Mostly Sunny |  77° Mostly Sunny |  75° Sunny |  73° Sunny |

(Source: The Weather Channel at www.weather.com)

FIRE SAFETY IS EVERYONE'S BUSINESS

Clothes Dryer Safety

Doing laundry is most likely part of your every day routine. But did you know how important taking care of your clothes dryer is to the safety of your home? With a few simple safety tips you can help prevent a clothes dryer fire:

- Have your dryer installed and serviced by a professional.
- Do not use the dryer without a lint filter.
- Clean the lint filter before or after each load of laundry.
- Remove lint that has collected around the rim.
- Rigid or flexible metal venting material should be used to sustain proper air flow and drying time.
- Make sure the air exhaust vent pipe is not restricted.
- Make sure the right plug and outlet are used and the machine is working properly.
- Don't overload the dryer.
- Turn off the dryer if you leave home or go to bed.

(Source: <http://www.nfpa.org/education>)

**CLASS
6X9.75 1**

**CLASS
6X9.75 1**

6 x 4.75 AD