

FORT SAM HOUSTON News Leader

MARCH 7, 2014
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**JBSA
HOTLINES**



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**JBSA Sexual Assault Hotline
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**JBSA Domestic Abuse Hotline
367-1213**
**JBSA Duty Chaplain
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



FINDING THE WAY AT SAMMC

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Forward Operating Base Todd sign from Afghanistan presented to parents

By Staff Sgt. Corey Baltos
U.S. Army North (Fifth Army) Public Affairs

In late September 2013, Mary and David Todd Sr. were presented with a somber, yet unique reminder of their only son, David Jr., a Soldier killed in Afghanistan. It was an "F.O.B. Todd" sign that hung outside the base where he was once stationed.

However, there was one more memento they were looking for – a "Todd Fitness Center" sign from Camp Stone, Afghanistan. They were finally reunited with this memento Feb. 20 when it was presented to them by Col. Keith Detwiler, chief of staff of U.S. Army



Photo by Staff Sgt. Corey Baltos

Col. Keith Detwiler (right), chief of staff for U.S. Army North (Fifth Army), poses with the Todd family, Stephanie, David and Mary, Feb. 20 after presenting them with the sign that hung over the fitness center at Camp Stone, Afghanistan. The fitness center was named after the Todd's son, Sgt. 1st Class David Todd Jr., who was killed Aug. 20, 2008, in Afghanistan.

See TODD, P14

C-130 HERCULES TRAVELS ACROSS SAN ANTONIO



Photo by Marilyn C. Holliday

An Air Force C-130 Hercules cargo aircraft makes its way up Texas State Highway Loop 1604 to its final destination at Joint Base San Antonio-Camp Bullis Sunday. *See story and more photos on pages 10 and 14.*

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Defense secretary Hagel outlines proposed budget reducing troop strength, force structure

By Nick Simeone
American Forces Press Service

Defense Secretary Chuck Hagel has proposed cuts in military spending that include further reductions in troop strength and force structure in every military service in the coming year as part of an effort to prioritize U.S. strategic interests in the face of reduced resources after more than a decade of war.

At a Pentagon news conference detailing President Barack Obama's proposed Pentagon budget for fiscal 2015, Hagel called the reductions – including shrinking the Army to its smallest size since before World War II and eliminating an entire fleet of Air Force fighter planes – “difficult choices” that will change defense institutions for years to come, but designed to leave the military capable of fulfilling U.S. defense strategy and defending the homeland against strategic threats.

Under a Pentagon budget that will shrink by more than \$75 billion over the next two years – with deeper cuts expected if sequestration returns in fiscal 2016 – Hagel and other senior defense and military officials acknowledged that some of the budget choices will create additional risks in certain areas.

Some of that risk, Hagel said, is associated with a sharp drawdown in the size of the Army, which the proposed budget calls for reducing to as low as 440,000 active-duty soldiers from the current size of 520,000, while ensuring the force remains well trained and equipped.

The cuts are made with the assumption the United States no longer becomes involved in large, prolonged stability operations overseas on the scale of Iraq and Afghanistan.

“An Army of this size is larger than required to meet the demands of our defense strategy,”

Hagel said. “It is also larger than we can afford to modernize and keep ready.”

But, he said, the smaller force still would be capable of decisively defeating aggression in one major war “while also defending the homeland and supporting air and naval forces engaged in another theater against an adversary.”

The budget request calls for special operations forces to grow by nearly 4,000 personnel, bringing the total to 69,700, a reflection of the asymmetrical threats the nation is likely to face in the future, Hagel said.

The restructuring and downsizing are in line with a two-year budget agreement that the president and Congress worked out in December, which limits defense spending to \$496 billion.

Hagel warned Feb. 24, that if the budget for fiscal 2016 returns to the steep, automatic spending cuts imposed by sequestration, “we would be gambling that our military will not be required to respond to multiple major contingencies at the same time.”

Asked to define that increased risk, a senior Defense Department official expressed it simply. “If the force is smaller, there’s less margin for error,” the official said. “Let’s face it – things are pretty uncertain out there.”

The proposed budget also envisions a 5 percent



Photo by Marine Corps Sgt. Aaron Hostutler

Defense Secretary Chuck Hagel briefs reporters on his recommendations to President Barack Obama for the fiscal 2015 budget Feb. 24 at the Pentagon.

reduction in the Army National Guard and Army Reserve.

“While it is true that reserve units are less expensive when they are not mobilized, our analy-

tive force, while Black Hawk helicopters would be transferred to the National Guard, part of a broader realignment of Army aviation designed to modernize the fleet and increase capability.

Within the Air Force, the defense budget calls for saving \$3.5 billion by retiring the A-10 Thunderbolt II fleet and replacing it with the F-35 Lightning II by the early 2020s.

“The A-10 is a 40-year old, single-purpose airplane originally designed to kill enemy tanks on a Cold War battlefield,” Hagel said. “It cannot survive or operate effectively where there are more advanced aircraft or air defenses.”

In addition, the service also will retire the 50-year-old U-2 Dragon Lady surveillance plane in favor of the unmanned Global Hawk.

Hagel warned that much deeper cuts in Air

“This is the first time in 13 years we will be presenting a budget to Congress that is not a war footing budget.”

*Defense Secretary
Chuck Hagel*

is shows that a reserve unit is roughly the same cost as an active-duty unit when mobilized and deployed,” Hagel said.

In addition, the Army Guard’s Apache attack helicopters would be transferred to the ac-

See **HAGEL**, P16



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<http://www.samhouston.army.mil/pao>

News Briefs

Hardee Road closure

Hardee Road between Stanley and Scott Roads will be closed to through traffic through July 7 to complete repairs of the roadway and sections of the sidewalk. Motorists are encouraged to follow the detour route to Schofield Road. The parking lot north of Hardee Road will remain open and accessible. Construction will occur in two phases. For more information, call 808-6335.

Hiring Heroes Career Fair

Joint Base San Antonio-Fort Sam Houston hosts the biannual Hiring Heroes Career Fair from 9 a.m. to 2 p.m. Wednesday at the Sam Houston Community Center. The career fair provides an opportunity for wounded warriors, transitioning service members, spouses and veterans to network, collect information and speak face-to-face with more than 45 Department of Defense, federal and private sector recruiters and employers about civilian career opportunities. Those attending are encouraged to have their resumes reviewed beforehand. For more information, call 571-372-2123. For resume assistance, call the Army Career and Alumni Program office at 221-1213.

FSHISD Seeks Members For Board of Trustees

The Fort Sam Houston Independent School District is soliciting nominations for two upcoming openings on the board of trustees. The position will be filled by someone, civilian or military, who either works or lives on Joint Base San Antonio-Fort Sam Houston. To qualify for a position on the board, volunteers must be qualified voters, 18 years of age or older, U.S. citizens and have not been convicted of a felony. All trustees must take an official oath of office and serve without compensation. Interested applicants should submit resumes to the school liaison office by 3 p.m. Thursday. Call 221-2214 or 221-2418.

Defense Technology and Intelligence Career Fairs

Several defense technology and intelligence career fairs are scheduled for Joint Base San Antonio locations. All experienced professionals – whether military, contractors or civilians – with backgrounds in cyber security, finance, linguistics, logistics, information tech-

Interactive kiosks to help visitors find their way at San Antonio Military Medical Center



Photo by Robert Shields

Keith Sunnerville uses the new Wayfinder kiosk to help him locate his destination at the San Antonio Military Medical Center recently. The new technology is an interactive touch screen map kiosk that helps patients navigate their way throughout the medical center easily and quickly. There are six Wayfinders located at all SAMMC main entrances.

By Robert Shields
BAMC Public Affairs

With more than 2 million square feet and nearly 300 destinations at San Antonio Military Medical Center, it's easy to make a wrong turn.

Fortunately, Brooke Army Medical Center is providing help with a new technology called the Wayfinder, an interactive touchscreen map kiosk that helps patients navigate their way throughout the medical center easily and quickly.

BAMC Army chief technology officer Maj. Chadwick Fletcher explained that there are several different ways the Wayfinder helps get people to their destination.

"It's a simple process,"

Fletcher said. "Anyone can go up and type in a key word or a title on the computer monitor, search for their specific location in the hospital and the Wayfinder will give animated directions or even print out a map for them at the nearest information desk."

Fletcher said the Wayfinder has a unique feature for those who aren't interested in paper maps, but something that will work on their smartphones.

"One of the features we brought into the device was a QR code or Quick Response Code," he said. "This allows the Wayfinder to bring up the printed directions and then transfer the information to a smartphone using the

phone's QR App."

Marcos Garcia, information services supervisor, agreed that the new Wayfinder is a welcome addition and should make visits to SAMMC go a little smoother.

"Sometimes our information folks and volunteers get very busy answering phones. On an average, they receive between 200 and 300 phone calls a day," Garcia said. "The Wayfinder isn't here to replace our people, but it is a helping hand. It's an added service to provide information for our patients and staff at all times."

There are six Wayfinders located at all SAMMC main entrances and are ready to assist and guide patients to wherever they need to go.

Word on the Street

What is your favorite book?



Navy Seaman Recruit
Naquan Sanders

Medical Education and Training
Campus Student

"Eon" by Alison Goodman
"I love fantasy and science fiction books and this has a great storyline."



Army Pvt. Janen Pheine
METC Student

"Catcher In The Rye"
by J.D. Salinger
"Salinger is an excellent writer and I really like his style. It's a classic."



Air Force Airman
Brandon Musgrave
METC Student

"Fight Club"
by Chuck Palahniuk
"The character development in the story is amazing. It is nonstop mystery and excitement. The book really dives into people's fears."



Susan Artiglia
Librarian, Keith A. Campbell
Memorial Library

"Whatever book I am reading right now. I wish I had more time to read!"

Photos by Steve Elliott

JBSA-FORT SAM HOUSTON BIDS FAREWELL TO RETIRING SOLDIERS, CIVILIAN



Photo by Staff Sgt. Corey Baltos

Soldiers and family members thanked nine Soldiers and one civilian for their service to the nation during a retirement ceremony Feb. 27 at the U.S. Army North Quadrangle. The retirees are (from left): Col. Larry Cade, Southern Regional Medical Command; Jo Ann Robertson, U.S. Army Medical Command; Lt. Col. Sonja Martinez, U.S. Army North (Fifth Army); Chief Warrant Officer 3 Larry McDonald, 90th (Aviation) Support Battalion; 1st Sgt. Jeffery DeGarmo, Camp Walker, Korea; 1st Sgt. Johnny Bryson, San Antonio Recruiting Battalion; Sgt. 1st Class Robert Rose, U.S. Army North; Sgt. 1st Class Barney Muller, U.S. Army North; Sgt. 1st Class Rick Newman, 410th Contracting Support Brigade and Staff Sgt. Julian Grim, Brooke Army Medical Center.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes five minutes or less to submit a comment at <http://ice.disa.mil>.



ARMY NORTH COMMANDER SPEAKS TO MILITARY ORDER OF THE PURPLE HEART

Lt. Gen. Perry Wiggins, commanding general, U.S. Army North (Fifth Army), and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, speaks to members of the Military Order of the Purple Heart-Alamo Chapter 1836 Feb. 21 during their Founders Day Dinner at the Fort Sam Houston Golf Club.



Photo by Staff Sgt. Corey Baltos

Wiggins, who is also a member of the organization, thanked them for their willingness to continue to serve the nation. "You understand that there is something bigger," he said. "Those of us who raised our right hands did it because we wanted to make a difference." The dinner celebrated both the 282nd birthday of the founder of the Purple Heart, Gen. George Washington, and the 32nd anniversary of the MOPH Alamo Chapter. The chapter is the largest chapter in the nation, representing nearly 700 members in the greater San Antonio area.

News Briefs

Continued from P3

nology and many more are welcome to attend. Locations, times and dates are: Joint Base San Antonio-Lackland Gateway Club, 10 a.m. to 2 p.m. Tuesday; JBSA-Lackland Security Hill, Kisling Community Center, 10 a.m. to 2 p.m. Wednesday; JBSA-Randolph Parr Officers' Club, 10 a.m. to 2 p.m. Thursday and JBSA-Fort Sam Houston's Sam Houston Community Center, 10 a.m. to 2 p.m. March 14. The fair is open to those who already have access onto a military installation, as the event organizer cannot provide access. For more information, visit <http://www.TransitionCareers.com>.

Volunteers Needed As Patients For Medical Readiness Training

The 937th Training Support Squadron's Medical Readiness Training Center at Joint Base San Antonio-Camp Bullis needs volunteers to serve as patients during medical readiness training from 10 a.m. to 3 p.m. Wednesdays and 8 a.m. to 3 p.m. Thursdays on March 19-20, April 16-17, April 30-May 1, May 14-15, June 11-12, June 25-26, July 30-31, Sept. 17-18 and Sept. 24-25. Volunteers will be moulaged to have fake injuries, such as gunshot wounds, stab wounds, etc., and can be in civilian or military clothing, although it is preferable to wear old civilian clothing. Call 808-3406 or 808-3410.

Military Tax Assistance Centers Open For Business

The Military Tax Assistance Centers on Joint Base San Antonio-Fort Sam Houston are open through the April 15 tax filing deadline. Those eligible for services include active duty service members and their dependents, as well as military retirees and their dependents. Civilian employees and contractors are not eligible for services unless they fit into one of the above categories. "Gray area" retired reservists are not eligible for services until they begin receiving retired military pay. Taxes are completed on an appointment-only basis at two tax sites: the main site located at 2271 Reynolds Road (in the 502nd Force Support Group Legal Office trailer) and the San Antonio Military Medical Center site. For the main site, call 295-1040 and for the SAMMC MTAC site, call 916-1040.

Budge Dental Clinic staff help local school observe National Children's Dental Health Month

By Esther Garcia
AMEDDC&S Public Affairs

About 800 students in grades pre-kindergarten through fifth grade at Fort Sam Houston Elementary School learned how to brush, floss and eat well-balanced meals to keep their teeth in good condition during a dental fair held at the school Feb. 21 in recognition of National Children's Dental Health Month.

Each February, the American Dental Association sponsors National Children's Dental Health Month to raise awareness about the importance of oral health. According to ADA, developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums.

Sponsored by the Budge Dental Clinic on

Joint Base San Antonio-Fort Sam Houston and with support by the Army Medical Department Center and School's Department of Dental Science and Preventive Dentistry Department, the children switched between four stations to learn more about oral hygiene.

In one station the students lined up to receive a visual dental health screening by Budge Dental Clinic staff, including Army Capt. Kurt Goodell, Dr. Taheia Turner and Torri Espinoza-Logan. The screening did not take place of a regular check-up, since no x-rays were taken, nor were any instruments used.

"The kids are excited to show us their wiggly teeth and they talk about getting money from the tooth fairy said Goodell, a dentist for two years. "This is a good program



Photo by Esther Garcia

Evan Garcia, a student at Fort Sam Houston Elementary School, shows off his pearly whites to Army Capt. Kurt Goodell from the Budge Dental Clinic during an visual examination at a dental fair Feb. 21 held at the school.

and the kids are having some fun. We are creating some awareness for oral health and hopefully provide some feedback to the parents."

If the staff observes something unusual with a child's teeth, then a form is sent to the parents recommending the child be considered

for a thorough checkup. Overall, Goodell said he is impressed with the oral health of the kids.

At another station, the students learned how to brush and floss. Using an oversized toothbrush and dentures, Spcs. Kristyn Ollison and Sara Newton, both attending the AMEDDC&S Preven-

tive Dentistry Course, demonstrated the proper technique to brush and floss each day and encouraged the students to do so after meals and before bedtime.

Navy Petty Officer 2nd Class Oscar Carrera, registered dental hygienist Michele Cerda, Soldiers Pfc. Sarah Sierra, Spc. Billy Kinnaman and Sharol Ramirez, all from the Budge Dental Clinic, talked about reducing sweets and sodas, how often to change a tooth brush and what foods keep their teeth clean. The children were also told how important it is to brush before bedtime to get the bugs out of their mouth.

"We have been supporting this program for more than 20 years," said Norma Espinoza, who recently retired from the AMEDDC&S

See DENTAL, P17

RODEO RIDERS STOP AT WARRIOR AND FAMILY SUPPORT CENTER



Photo by Sgt. Lee Ezzell

Spc. Jason Walker (left) of Forest Grove, Ore., talks with visiting cowboys and the rodeo queen Feb. 21 at the Warrior and Family Support Center on Joint Base San Antonio-Fort Sam Houston. The guests from the recent San Antonio Stock Show and Rodeo signed posters and joined the wounded warriors and their families for a barbecue lunch.

JBSA-FORT SAM HOUSTON BLACK HISTORY MONTH CELEBRATION



Photo by Sgt. Mahlet Tesfaye

Members of the Bexar County Buffalo Soldiers Association talk with a U.S. Army South Soldier during the Joint Base San Antonio-Fort Sam Houston African American/Black History Month observance at the Evans Theater Feb. 21.

Become a CID Special Agent

The U.S. Army Criminal Investigation Command is seeking highly motivated active duty Soldiers interested in law enforcement.

As the Department of Defense's premier investigative organization, CID is responsible for conducting criminal investigations in which the Army is, or may be, a party of interest.

CID Special Agents conduct criminal investigations that range from death to fraud, on and off military reservations and when appropriate, with local, state and other federal investigative agencies.

The non-waiverable prerequisites the service member must meet include U.S. citizenship, a minimum age of 21, minimum of two years and maximum of 10 years military service, minimum



**U.S. Army
CID illustration**

Skilled Technical score of 107 or higher (110 or higher if tested prior to January 2, 2002), consistently meets the height and weight standards prescribed in Army Regulation 600-9 and consistently passes the Army Physical Fitness Test, 36 months of service obligation upon completion of the CID Special Agent Course, as well as suitable character, integrity, reputation, discretion and stability as established by a single scope background investigation.

The Joint Base San Antonio-Fort Sam Houston CID office is located at 2164 Wilson Way, building 268. Visit between 8:30 a.m. and 5 p.m. or call 221-9795.

(Source: U.S. Army Criminal Investigation Command)

C-130 Hercules travels across San Antonio

By Airman 1st Class
Kenna Jackson
JBSA-Randolph Public Affairs

While it's common to see military aircraft in the sky, San Antonio drivers shared the road Sunday with a retired, partially disassembled Air Force C-130 Hercules cargo aircraft as it was towed on highways between Joint Base San Antonio-Lackland and the Medical Readiness Training Center at JBSA-Camp Bullis.

The aircraft's four-hour road trip was successfully accomplished through combined efforts of members from the 502nd Trainer Development Squadron at JBSA-Randolph, JBSA-Lackland Security Forces, San Antonio Police Department, Texas Highway Patrol and World Wide Aircraft Recovery.

"The move was definitely a team effort, one that took us about five months to plan and execute," said Reimo Estrada, 502nd Trainer Development Squadron project manager. "Everything came together though, and we deliv-

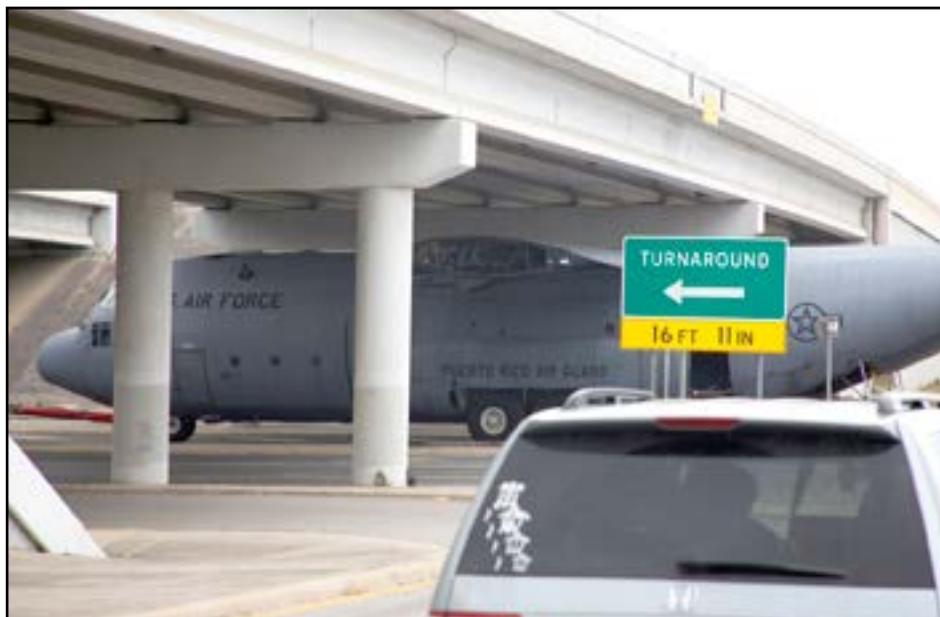


Photo by Dan Solis

An Air Force C-130 Hercules cargo aircraft maneuvers under Texas State Highway Loop 1604 and Interstate 10 to its final destination at Joint Base San Antonio-Camp Bullis Sunday. It took about four hours to transport the aircraft across San Antonio. The C-130 was diverted from decommissioning by the Puerto Rico Air National Guard and is now set to be a simulator trainer for about 1,300 students per year participating in the aeromedical evacuation and patient staging course at the Medical Readiness Training Center at JBSA-Camp Bullis.

ered the aircraft with no issues."

Once equipped to immerse the medics in a combat environment, the aircraft will become a vital training tool used by the 937th Training Group's aeromedical evac-

uation and patient staging course students. AEPS is a week-long course where instructors teach students to load, transport and treat patients aboard a C-130 in contingency, humanitarian and disaster relief environments.

Sunday's move of this 116-foot asset entailed only the fuselage of the bulky aircraft. According to Kevin Haley, 502nd TDS director, other major parts of the C-130 have been transported to JBSA-Camp Bullis



Photo by Dan Solis

An Air Force C-130 Hercules cargo aircraft makes its way up Texas State Highway Loop 1604 to its final destination at Joint Base San Antonio-Camp Bullis Sunday. It took about four hours to transport the aircraft across San Antonio.

since Feb. 12.

"For the replacement aircraft to be prepared and moved the contractor had to remove the C-130's engines, wings, and horizontal and vertical stabilizers to facilitate overland transportation to JBSA-Camp Bullis," Haley said. "There, the contractors will re-assemble the aircraft and restore it to its non-flying original electrical, electronic and mechanical, functional and operational status."

According to Lt. Col.

Charles Cambron, 937th Training Support Squadron, MRTC flight commander, the required plane was scheduled for decommissioning from the Puerto Rico Air National Guard and it was diverted to JBSA-Camp Bullis, by way of JBSA-Lackland.

Utilizing designated funds from the Readiness Training Oversight Committee, 502nd TDS fabricators will reconfigure the plane into a state-of-the-art trainer.

See C-130, P14



Photo by Dan Solis

An Air Force C-130 Hercules cargo aircraft makes its way up Texas State Highway Loop 1604 to its final destination at Joint Base San Antonio-Camp Bullis Sunday. It took about four hours to transport the aircraft across San Antonio.



Photo by Airman 1st Class Alexandria Slade

Those responsible for the transport of the retired and partially disassembled Air Force C-130 Hercules cargo aircraft at Joint Base San Antonio-Lackland gather before travelling across San Antonio to the aircraft's final destination at JBSA-Camp Bullis Sunday.

Forward surgical teams hone skills at U.S. Army Institute of Surgical Research Burn Center pre-deployment training

By Steven Galvan
USAISR Public Affairs

Forward surgical teams are a highly skilled group of critical care providers who give combat wounded medical attention within a war zone during the first hour, also known as the “golden hour” of injury.

Deployed to support overseas contingency operations, FSTs are composed of 20 critical care team members who train for months prior to deploying to ensure a cohesive and effective team to care for wounded warriors and prepare them for the next level of medical attention.

The 126th FST from Fort Hood, Texas, is preparing for a deployment in 2014 and recently honed their critical care skills with a five-day pre-deployment training at

the U.S. Army Institute of Surgical Research Burn Center.

Army Maj. Scott A. Phillips, burn center senior critical care nurse specialist and chief of the USAISR Clinical Education Department, helped design the training to expose the FST on crucial care for combat wounded burn casualties.

“Everything we do is to benefit Soldiers on the battlefield,” Phillips said. “Our job is to get the FSTs trained on burn care since they provide critical medical treatment as forward as possible in a war zone.”

Designing realistic hands-on training was the goal of Phillips, who has firsthand experience in a deployed war zone setting.

“Burn patients have to be properly resuscitated within the first 72 hours

of injury,” he said. “Too much or too little fluids can be fatal. Our goal is to train FSTs who do not have much experience with working on burn casualties on how to properly resuscitate them.”

One of the tools used to accomplish proper resuscitation is the incorporation of the Burn Navigator in the training. The Burn Navigator (Burn Resuscitation Decision Support System) is designed to assist non-burn care providers with recommendations on how to properly resuscitate a burn casualty and assist in avoiding problems related to over- or under-resuscitating by medical care providers who do not routinely care for burn patients.

Army Maj. Jodelle Schroeder, the 126th FST chief and critical care nurse specialist, said that the exposure to burn care



Photo by Steven Galvan

Army Maj. Scott Phillips (left) shows Army Maj. Jodelle Schroeder how to use the Burn Navigator to assist with resuscitating a burn patient during pre-deployment training recently.

training is important for her team.

“It serves two purposes,” Schroeder said.

“First, it gives us an opportunity to work together as a team for a quick evaluation of treatment,

and it exposes us to burn patients so that we will know how to care for a burn patient.”

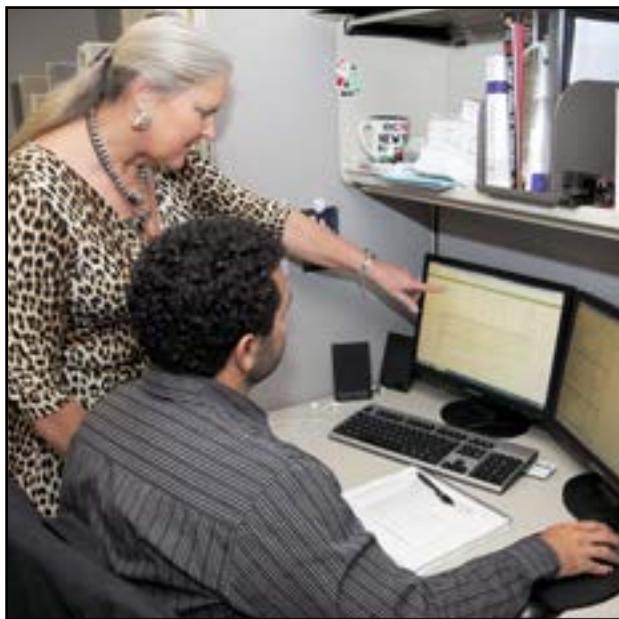


Photo by Steven Galvan

Renee Greer (left), branch chief of the Joint Trauma System Military Orthopaedic Trauma Registry, points out a patient selection to Miguel Ramos, a trauma nurse abstractor, during orientation for the MOTR.

Military Orthopaedic Trauma Registry designed to improve outcome after injuries to extremities

By Steven Galvan
USAISR Public Affairs

Improving wounded warfighters’ battlefield care, rehabilitation, and functional outcomes are some of the objectives of the U.S. Army Institute of Surgical Research Joint Trauma System.

The JTS staff has been assisting in meeting these goals by establishing clinical practice guidelines to be used by trauma surgeons assigned to forward surgical teams and combat support hospitals in war zones.

Thirty-nine CPGs have been established at the JTS and are available to deployed surgeons to help guide them with health care decisions based on specific injuries. The CPGs were developed based on data gathered and analyzed from the Department of Defense Trauma Registry from more than 150,000 combat-related injuries from overseas contingency operations during the last decade.

“Clinical practice guidelines provide a roadmap for the best

treatment algorithm for a particular injury or medical condition,” said Army Maj. (Dr.) Daniel Stinner, orthopaedic trauma surgeon and director, USAISR Skeletal Trauma Research Consortium.

In keeping with outcome improvements as a priority, the JTS established the Military Orthopaedic Trauma Registry specifically designed to capture data related to combat extremity injuries.

According to Renee Greer, MOTR branch chief, orthopaedic or extremity injuries remain

the most common combat injury and consume the greatest amount of military medical resource utilization and result in the highest number of long-term disabilities for our warriors.

“Because of this, a military specific, focused orthopaedic trauma registry supplementing the DOD Trauma Registry in conducting data-driven drill-down and targeted process improvement was needed,” Greer said.

“The MOTR captures

TODD from P1

North (Fifth Army).

“We share a common bond as Soldiers and I wanted you to have the sign because it belongs to you,” Detwiler said. The colonel had used the Todd Fitness Center nearly every day while he was stationed at Camp Stone in 2010.

The Todd family was overjoyed to finally have this longed-for sign.

“We are all back together again, the four of us,” said a tearful Mary Todd as she, her husband and their daughter, Stephanie, finally held the sign. “I never thought I would see this sign.”

Sgt. 1st Class David Todd Jr. was killed in 2008 while leading a reaction force that extracted 12 of his Soldiers who had been pinned down during a firefight in Badghis Province, Afghanistan.

“One of the other Soldiers in his unit told me that after patrols, David would go to the gym to

relax and relieve stress,” said Mary Todd.

David Todd Sr. added that his son was very much a physical fitness buff.

While serving as a Reserve Officer Training Corps instructor at Tulane University, Todd organized an iron man competition for the cadets. As tribute to him and his passion for physical fitness, the gym at Camp Stone was renamed in his honor.

The Army made it a point to bring back any signs after the camp was shut down that were named after fallen Soldiers so they could present them to the families.

“When you name a building after someone it becomes more than a building,” said Lt. Gen. Perry Wiggins, commanding general of Army North, and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis. “It is a place that means something. When these buildings are shut down, we need to do

what is right. This sign belongs to you.”

The younger Todd began his career in the Army as a cavalry scout May 16, 1991, shortly before his 19th birthday.

While serving as a ROTC instructor at Tulane University, he volunteered to join a military transition team. These teams advise, teach and support Afghan security forces. In April 2008, he was assigned to Afghan Regional Security Integration Command-West.

He visited his parents in late June of that year and returned to Afghanistan in July. That would be the last time his parents would see their son.

“When we received that knock on the door, our whole lives changed,” said Mary Todd. “My little man was gone. I was so sure he was going to come home alive.”

The sign’s homecoming completes a quest that Mary Todd began more than a year ago when she contacted the Soldiers in her son’s unit, Company



Photo by Staff Sgt. Corey Baltos

Army Col. Keith Detwiler, chief of staff for U.S. Army North (Fifth Army), looks at a montage of photos of Sgt. 1st Class David Todd Jr. Feb. 20 in his office as Lt. Gen. Perry Wiggins and Command Sgt. Maj. Hu Rhodes look on. The photos were compiled by Todd’s mother as a way to remember her son who was killed in Afghanistan Aug. 20, 2008. A forward operating base and a fitness center in Afghanistan were named in his honor. Todd’s parents, Mary (left) and David Sr., were given the “Todd Fitness Center” sign as a memorial of their son. Wiggins is the commanding general of U.S. Army North and senior Army commander of Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis. Rhodes is the senior Army enlisted leader for U.S. Army North, JBSA-Fort Sam Houston and JBSA-Camp Bullis.

D, 101st Forward Support Battalion, 1st Brigade, 1st Infantry Division, based out of Fort Riley, Kan., to see if they knew where the signs were.

While Todd is gone,

his memory lives on in the signs that now hold treasured places in his parent’s house and in his son, a sniper currently serving with the 101st Airborne Division in

Afghanistan.

“Some people live their whole lives and don’t make a difference,” Wiggins said to the family. “Your son made a difference.”

C-130 from P10

“Students in the AEPS course will practice loading and unloading patients on our flightline, as well as putting their clinical skills to the test while running patient scenarios during in-flight simulations,” Cambron said. “The C-130 is equipped to simulate the sounds, sights, feel and even smells of actual flight to better prepare our deployers to be more effective for our patients downrange.”

About 1,300 students will be trained during the course each year, according to Cambron. He added that several medical specialties, to include doctors, nurses, administrative staff, medical techni-

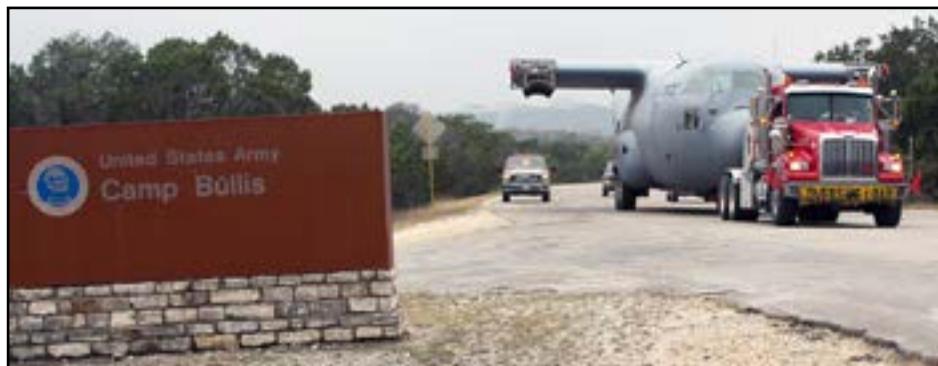


Photo by Marilyn C. Holliday

The retired C-130 Hercules cargo aircraft arrives at Joint Base San Antonio-Camp Bullis and heads to its final destination at the Medical Readiness Training Center Sunday. At the MRTC, 937th Training Group, headquartered at JBSA-Fort Sam Houston, instructors will eventually train about 1,300 military students each year who are participating in the aeromedical evacuation and patient staging course. The 502nd Trainer Development Squadron members at JBSA-Randolph were responsible for the aircraft’s four-hour move and will also accomplish the simulation project inside the aircraft that will simulate sights, sounds and smells of a medic’s combat environment.

cians, officers and enlisted will take the course.

The simulation project is expected to take another two months to

complete. In the next few weeks, the team will be busy putting the C-130 back together and ensuring that everything works

properly before beginning the process to simulate explosions, smoke and even temperature changes, according to Estrada.



Photo by Dan Solis

A retired C-130 Hercules cargo aircraft was partially disassembled and transported across major highways in San Antonio from Joint Base San Antonio-Lackland to the Medical Readiness Training Center at JBSA-Camp Bullis Sunday.

“All the players’ determination, whether active duty, civilians or contractors have made this project a success, and

their efforts will directly affect the lives of our patients we’re sent to bring home,” Cambron said.

USAISR from P11

specific orthopaedic information such as injury patterns, fracture characteristics, treatment and complications associated with combat extremity injuries.”

“Through the MOTR, a significant amount of data will be acquired that will improve our knowledge of the clinical outcomes associated with battlefield extremity injuries,” Stinner added. “This data can then be used to develop orthopaedic CPGs that can direct non-orthopaedic physicians to provide injury specific optimized care for soldiers with extremity injuries.”

Just as the DOD Trauma Registry was designed for trauma surgeons, the MOTR was designed by and for orthopedic surgeons to catalog injury specific information such as a mangled extremity

severity scale, fracture classification, orthopedic complications and current procedural terminology codes.

Greer emphasized that as a clinical module of the DOD Trauma Registry, the previously collected trauma data is also available to the orthopedist to review for each case.

“The MOTR collects both retrospective and concurrent information about orthopedic injuries and treatments as the patient moves through the continuum of care from point of injury through various inpatient care facilities,” she said.

“Ultimately, these patients may require evaluation and treatment from an orthopaedic surgeon, but improving our ability to diagnosis and initiate treatment of extremity injuries as close to the point of injury as possible will lead to better overall

care for our wounded warriors,” Stinner said.

The concept of the MOTR was started in 2006 and came to fruition in August 2013.

Since that time, more than 150 extremity trauma records have been entered into the MOTR database – mostly from injured warfighters in Afghanistan.

“We will eventually include training injury patients’ data,” Greer said.

While the DOD Trauma Registry has data from every type of battlefield injury, the MOTR will be more precise when queried for extremity injury data.

“We’re very excited about this concept,” Greer said. “This is an area that hasn’t been adequately mined and we have the opportunity to have positive effects on a lot of extremity wound outcomes.”

Be safe at the stove! JBSA fire department urges home cooking safety

By Michael A. Guzman
Joint Base San Antonio
Assistant Fire Chief

Cooking brings family and friends together, providing an outlet for creativity and relaxing, but if not done safely it can be dangerous.

Home fires, as a result of cooking, continue to be the most common type of fire experienced in U.S. households. They are the leading cause of home fire injuries. Most cooking fires in the home involve the stovetop.

Across Joint Base San Antonio, there has been a recent increase in stove fires. Following a few kitchen safety tips can prevent these fires and keep individuals and families safe.

Cook with caution:

- Never leave cooking unattended. Stay in the kitchen, especially if cooking in grease or if the oven is at a high temperature. Turn off the burner or oven if it’s necessary to leave the house.

- Keep combustibles such as dish towels, pot holders, paper towels, etc. away from the stove.

- Keep appliances serviced and clean. Dump the crumb tray and clean out the crumbs periodically from the toaster or toaster oven. Wipe out the microwave. Clean the oven.

- Unplug electric appliances when not in use. Toaster ovens, mixers and coffee makers continue to draw electricity even when they’re not on. If the wiring is old or faulty a fire

could break out.

- Install a smoke detector near, but not in, the kitchen. Small amounts of smoke or steam that cooking sometimes generates could trigger the alarm frequently, placing it nearby allows it to sense a kitchen fire.

- Use caution when lighting the pilot light or burner on a gas stove. Follow the manufacturer’s instructions

- Don’t use metal in the microwave. The sparks can seriously damage your microwave or start a fire.

- Don’t overfill cooking utensils with cooking oil. The oil can splatter and cause a fire.

- Wipe up spills and don’t cook on a dirty

See FIRE, P17



participants are eligible to compete in the Special Olympics competition March 14. Space is limited. Call 221-2962.

Spring Break Camp at the Middle School Teen Center

Spring break camp is Monday through March 14. Trips and activities are planned to keep youth busy during spring break. Camp takes place at Joint Base San Antonio-Fort Sam Houston Middle School Teen Center. Call 221-3630.

H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Middle School Teen Center, building 2515. Playgroup for children under age 5. Call 221-0349.

Hearts Apart Support Group

Tuesday, 11:30 a.m. to 1:30 p.m., Military and Family Readiness Center, building 2797. Call 221-0946.

Immigration Services

Tuesday, Noon to 2 p.m., Military and Family Readiness Center, building 2797. Call 221-9698.

Overseas Orientation

Wednesday, 10-11 a.m. or 2-3 p.m., Military and Family Readiness Center, building 2797. Call 221-9698.

EFMP Movie Day "The Croods"

Wednesday, 1-3 p.m., Military and Family Readiness Center, building 2797. Call 221-2962.

Detecting Icebergs Resiliency Training

Wednesday, 1-3 p.m., Military and Family Readiness Center, building 2797. Call 221-0946.

Mandated Army Unit Family Advocacy Training

Wednesday, 2-4 p.m., Military

and Family Readiness Center, building 2797. Sessions consist of 30-minute increments every half hour. Call 221-0349 or 221-2418.

Intramural Golf

Wednesday, there will be a coaches meeting, 11 a.m. to noon at the JBSA-Fort Sam Houston Golf Clubhouse. Team rosters due April 2 and I league begins April 8. Call 808-5701 or 221-7173.

Mandated Army Unit Family Advocacy Training

Thursday, 8-10 a.m., Military and Family Readiness Center, building 2797. Sessions consist of 30-minute increments every half hour. Call 221-0349 or 221-2418.

Army Family Team Building Advisory Council

Thursday, 9-10:30 a.m., Military and Family Readiness Center, building 2797. Call 221-0918.

Key Caller Training

Thursday, 9 a.m. to 4 p.m., Military and Family Readiness Center, building 2797. Call 221-0946.

Demonstration of the New Employee-Manager Portal

As a part of the Defense Civilian Personnel Advisory Service marketing strategy for the new Employee-Manager Portal, Defense Connect Online will host a demonstration at 7 a.m. and noon every Friday through March 30. To connect to the DCO, visit <https://connectcol.dco.dod.mil/r7z4nfv0s0u/>. The sessions last about 15 minutes and participants must have headphones or speakers connected to their computer to hear the presentation. There will be no telephone dial-in for the presentation. The demonstration will focus on the presentation of employee and manager information and functionality. For

more information, call 221-2526.

Middle School Lock-In

Youth can take part in a middle school lock in from 9 p.m. Saturday until 7 a.m. Sunday at the Joint Base San Antonio-Fort Sam Houston Middle School Teen Center. Cost is \$10. Call 221-3630.

Pre-Deployment Training

March 14, 9 a.m. to 3 p.m., Military and Family Readiness Center, building 2797. Call 221-0946.

Women Encouraging Women

March 14, 11 a.m. to 1 p.m., Military and Family Readiness Center, building 2797. Bring a bag lunch and come talk with other women. Call 221-0349.

Spring Into Savings

March 14, learn how to trim your wallet and your waistline, discuss meal planning and couponing and learn from guest speakers from 11 a.m. to 1 p.m. at the Military and Family Readiness Center, building 2797. Call 221-0349.

3-on-3 Basketball Tournament

March 14, 9 a.m., JBSA-Fort Sam Houston Jimmy Brought Fitness Center. There is a 32 team limit with a registration deadline of March 14. Cost is \$15 per team and open to all Department of Defense ID cardholders ages 18 and up. Call 221-1234.

St. Patrick's Day 9-Pin Tournament

March 15, JBSA-Fort Sam Bowling Center is having a nine-pin tournament. The entry cost is \$30 entry, \$10 to lineage and \$20 to the prize fund. Call 221-3683.

General Resume Writing

March 17, 9 a.m. to noon, Military and Family Readiness Center,

building 2797. Call 221-2380.

Madness in March Bracket Contest

Starting March 17, participants can stop by the front desk at the Fitness Center on the Medical Education and Training Campus and pick up their NCAA college basketball bracket. Brackets must be turned in by 9 a.m. March 20. The individual who selects the most correct games will win a \$50 gift card. This event is open to all Department of Defense ID cardholders ages 18 and up. Call 808-5709.

Child Safety Seat Inspections

March 20, the JBSA-Fort Sam Houston Fire Department will inspect children's safety seats from 1-3 p.m. for recalls, functionality and proper installation. Registration is required. Children must be present for proper weight and height measurements. Call 221-0349 or 221-2418.

Exceptional Family Member Program Job Fair

March 28, a job fair for exceptional family members will be held 4-7 p.m. at the JBSA-Fort Sam Houston Military and Family Readiness Center, building 2797. Preparation rallies will be conducted for those who submit application forms prior to the event. Call 221-2962.

9th Annual Cowboys for Heroes

March 29, 11 a.m. to 5 p.m., at the JBSA-Fort Sam Houston Equestrian Center. This event features authentic Cowboy cooking on 1800s-style chuck wagons. Live horseback riding performances, mutton-busting, photo opportunities with a live longhorn, live musical entertainment, pony rides, petting zoo and much more. This is a free

event and is open to all DOD ID cardholders. Call 221-1718.

Community Extravaganza Fair

April 28, the Community Extravaganza Fair, formerly known as Newcomer's Extravaganza, takes place 9-11 a.m. at the Fort Sam Houston Golf Club, 1050 Harry Wurzbach. Department of Defense ID cardholders can visit with representatives from post agencies and local businesses to learn more about Joint Base San Antonio-Fort Sam Houston and the San Antonio area. Call 221-2307.

Volunteer Sports Officials Needed

The Joint Base San Antonio sports and fitness programs are seeking volunteers to officiate intramural sport games at JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph. Volunteer officials need to be a certified in the sport they officiate. Certifications may be obtained through local official associations and chapters, and must remain current by attending a yearly rules clinic. Volunteer officials should be willing to officiate at least once a week and officiate all games on that day. In addition, showing up 30 minutes before and staying 30 minutes after will ensure the intramural program runs smoothly. Officials will be required to attend a rules meeting prior to season start. For more information, call 221-1367 or email douglas.w.stanley2.civ@mail.mil.

Massage Therapy At Jimmy Brought Fitness Center

The Jimmy Brought Fitness Center is offering massage therapy sessions. There will be a licensed massage therapist on site helping patrons to release and unwind from the rigorous routine of the workday. Various packages and discount prices are available. Call 221-1234.

Thrift Shop Closure

The Thrift Shop at Fort Sam Houston, located at 3100 Zinn Road, next to Outdoor Recreation, is closed Monday through March 15 for spring break. When the shop reopens for business March 19 and 20, the hours of operation will change to 9:30 a.m. to 2:30 p.m., with consignment hours from 9:30 a.m. to 1 p.m. Saturday opening for March changes from March 15 to March 22. In addition, the monthly Saturday operation will switch from the third Saturday each month to the first Saturday beginning April 5.

EFMP Equestrian Camp and Special Olympics Competition

Monday through Friday, 9 a.m. to 3 p.m., Equestrian Center, building 3550. Call 221-2962.

Couples Enrichment

Monday, 11:30 a.m. to 1 p.m., American Red Cross, building 2650. Three-part series centering on reconnecting with your partner. Call 221-0349.

ScreamFree Marriage

Monday, 1:30-4:30 p.m., American Red Cross, building 2650. This four-part workshop offers the opportunity to challenge previous notions about what marriage should be. Call 221-0349.

EFMP Equestrian Camp and Special Olympics

Monday through Thursday, an Exceptional Family Member equestrian camp will be held at JBSA-Fort Sam Houston Equestrian Center. All

HAGEL from P2

Force structure and modernization will be necessary if sequestration is not avoided in 2016.

Among other proposals in the budget request:

- The Army will cancel the Ground Combat Vehicle program;
- The Navy would be

able to maintain 11 carrier strike groups, but any steep future cuts could require mothballing the aircraft carrier USS George Washington;

- Half of the Navy's cruiser fleet, 11 ships, will be placed in reduced operating status while they are modernized and given a longer lifespan;

- The Navy will continue buying two destroyers and attack submarines per year;
- The Marine Corps will draw down from about 190,000 to 182,000, but would have to shrink further if sequestration returns;
- An additional 900 Marines will be devoted to

securing U.S. embassies; and

- The Defense Department is asking Congress for another round of base closings and realignments in 2017.

Hagel said most of the recommendations in the budget were accepted by senior military officers.

Army Gen. Martin E.

Dempsey, chairman of the Joint Chiefs of Staff, said the spending plan reflects a balancing of the military while ensuring it remains the world's finest.

"It reflects in real terms how we're reducing our cost and making sure the force is in the right balance," Dempsey said.

Dempsey and Hagel will testify on the budget before Congress next week. Lawmakers will have the final say on spending decisions.

"This is the first time in 13 years we will be presenting a budget to Congress that is not a war footing budget," Hagel noted.

OUTSIDE THE GATE

Fiesta of Gems

The Southwest Gem and Mineral Society hosts the 53rd annual "Fiesta of Gems" from 10 a.m. to 6 p.m. March 15 and 10 a.m. to 4 p.m. March 16 at the San Antonio Events Center, 8111 Meadow Leaf Drive. Cost is \$5 for adults, \$3 for seniors and military, \$2 for students (with ID) and \$1 for children under 12 years of age. Parking is \$3. There will be 28 vendors offering books, gem samples, artistic creations, jewelry-making supplies and fine jewelry. In addition to exhibits, there will be children's games, hourly door prizes, silent auctions and demonstrations with how-to instruction. For more information, visit <http://www.swgemandmineral.org>.

Standing Their Ground: Tejanos at the Alamo

An exhibit titled "Standing Their Ground: Tejanos at the Alamo" is featured at the Alamo, 300 Alamo Plaza through June 6. Fans of Texas history can learn about the Tejano contributions to the Alamo and Texas history. The exhibit is free and open to the public from 9 a.m. to 5:30 p.m. every day. For more information, visit

DENTAL from P6

Department of Dental Science.

"We have a skit and talk about good foods, bad foods, brushing, flossing and going to the dentist."

Dressed as the tooth fairy, Army Sgt. Elizabeth Ibabao led the skit, which included Army Spcs. Artiana Bolls, Qwameshia Gaines, Agnes Powell and Pfc. Andrea Sims dressed as superheroes representing teeth, fluoride, floss and overall dental care coming to the rescue of Army Spcs. Dominici Owens, Darnel Williams, Marcus Jackson, who acted as mock

<http://www.thealamo.org>.

South Texas Alamo Irish Festival

The Harp & Shamrock Society of Texas will host the Annual South Texas Alamo Irish Festival 11 a.m. to 11 p.m. Saturday at the University of the Incarnate Word. Tickets are \$5 for adults and free for active duty military with a valid ID and children under age 12. Free parking will be available on the campus of UIW. For more information, visit <http://www.harpandshamrock.org> or call 896-1598.

Boardwalk on Bulverde St. Patrick's Day Celebration

Boardwalk on Bulverde, San Antonio's original food truck park, located at 14372 Bulverde Road, has its 3rd Annual St. Patrick's Day Celebration from 6 p.m. to midnight March 14, noon to 11 p.m. March 15 and from noon to 8 p.m. March 16. For more information, call 402-2829 or visit <http://www.boardwalkonbulverde.com>.

2014 Joint Services Luncheon

The Spouses' Club of the Fort Sam Houston Area will host the Texas Timeless and Classic 2014 Joint Services Luncheon 10 a.m. to 2 p.m. Monday at the Pearl Stable and Brewery, 312 Pearl Parkway, building 2. Guest speaker is Tara Crooks, co-founder of the Army Wife Network, author and motivational speaker. Cost is \$25 for

patients with tooth decay and missing teeth.

"We enjoyed coming out here to talk to the kids about oral hygiene," Sims said. "We let them show us how they brushed and flossed and then we gave them tips how to improve their habits."

"This program has been in place for 22 years. I think it is a benefit for the kids," said teacher Amy Chicon.

At the end of the dental fair, each student took home a bag filled with dental literature and included a coloring book, toothbrush and floss courtesy of Budge Dental Clinic.

the meal only or \$40 with a copy of the book "1001 Things to Love About Military Life." Reservations or cancellations must be made by Sunday. For more information, visit <http://www.scfsh.com> or call 236-9400.

Diamonds and Denim Dinner, Auction

The Wilford Hall Auxiliary presents the 3rd annual Diamonds and Denim dinner and auction at 6 p.m. March 22 at the Oak Hills Country Club, 5403 Fredericksburg Road. Cost is \$40 per person. RSVP by March 16 to rvspwha@gmail.com. Dress is casual denim with as much "bling" as you want to wear.

Women's Survivor Group

A women's survivor group has been created for women who have experienced sexual trauma. The goal is to increase survivors' understanding of their responses to victimization and the impact on their lives. The group offers a safe, open atmosphere for discussion and support to facilitate understanding of sexual victimization and the healing process. The group meets from 6:30-8 p.m. Mondays at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, building 2, Suite 201. Call 521-7273.

Teen Survivors' Group

A teen survivors' group has

FIRE from P15

stove. Grease buildup is flammable. A clean stove is a fire-free stove.

- Always roll up long sleeves and tie back long hair when cooking.
- Have a "kid-free zone" of at least 3 feet around the stove and areas where hot food or drink is prepared.

If there is a fire:

- Just get out. Close the door to contain the fire.

- Call 911 after escaping the home.
- If attempting to fight the fire, be sure others are getting out and there is a clear way out.



FORT FREEBIES FOR SALE
FOR SALE: Dining room table and six chairs (two with arms). Also has leaf, \$325 OBO. Call 659-8629.

been created for teens who have been victims of sexual trauma. The group's goal is to help teens learn and talk about sexual abuse in a safe environment and help survivors connect to others who have been in similar situations. Females from 13 to 17 years of age who are currently attending individual psychotherapy are encouraged to attend. A therapist's recommendation is required. The group meets from 6-7:30 p.m. Wednesday at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, building 2, Suite 201. Call 521-7273.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
 Building 2200, 2301 Wilson Way
 8 and 11 a.m. - Traditional
Dodd Field Chapel
 Building 1721, 5584 Dodd Blvd.
 8:30 a.m. - Samoan
 10:30 a.m. - Gospel

Army Medical Department Regimental Chapel

Building 1398, 3545 Garden Ave.
 9:20 a.m. - 32nd Medical Brigade Contemporary Service
 11:01 a.m. - Contemporary "Crossroads"

Brooke Army Medical Center Chapel

Building 3600,
 3551 Roger Brooke Rd.
 10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel Building 3600,
 3551 Roger Brooke Rd.
 11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way
 11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation
 5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD
 8:30 a.m. - Morning Mass, BAMC
 9:30 a.m. - Morning Mass, MPC
 11:30 a.m. - Morning Mass, BAMC
 12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship, Friday, MPC
 8:30 p.m. - Oneg Shabbat, Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday, AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday, AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services, Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

Weekly Weather Watch

	Mar 7	Mar 8	Mar 9	Mar 10	Mar 11	Mar 12
San Antonio Texas	72° Partly Cloudy	68° Isolated T-Storms	64° Showers	74° Partly Cloudy	78° Sunny	76° Sunny
Kabul Afghanistan	57° Partly Cloudy	60° Mostly Sunny	61° Partly Cloudy	60° Partly Cloudy	59° Sunny	59° Partly Cloudy

(Source: The Weather Channel at www.weather.com)

WATER CONSERVATION TIPS

1. Use drip irrigation systems for bedded plants, trees and shrubs or turn soaker hoses upside down so the holes are on the bottom. This helps avoid evaporation.
2. Use only a little water in the pot and put a lid on it for cooking most foods. Not only does this method save water, but food is more nutritious since vitamins and minerals are not poured down the drain with the extra cooking water.
3. When possible, use the lowest water level setting on the washing machine for light or partial loads.
4. Use cold water as often as possible to save energy and to conserve the hot water for uses cold water cannot serve. This is also better for clothing made of synthetic materials.
5. Learn to repair faucets so drips can be fixed promptly. It is easy to do, costs very little and can mean a substantial savings in plumbing and water bills.

(Compiled by 502nd Civil Engineer Squadron)

