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A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



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GOO GOO DOLLS VISIT WFSC PAGE 6



BAMC CANCER SURVIVORS DANCE PAGE 9

Army South trains Paraguayan special forces in combat casualty care



Photo by Eric Lucero

A Paraguayan special operations cadet provides security while his team provides medical care for simulated casualties during a tactical combat lifesaver course June 20 led by U.S. Army South in Asuncion, Paraguay. The course was broken into two separate two-week classes focusing on tactical combat casualty care guidance and casualty evacuations under fire. For article and more photos, turn to Pages 12-13.

Army North bids farewell to deputy commanding general

By Staff Sgt. Corey Baltos
Army North Public Affairs

The U.S. Army North (Fifth Army) team said goodbye to one of its own June 26 during a tattoo ceremony at the Fort Sam Houston Theater.

Maj. Gen. William Roy, Army North deputy commanding general, is leaving the team to take command of Joint Task Force-Civil Support at Fort Eustis, Va.

Roy arrived at Army North less than a year ago, assuming the position as deputy commanding general Aug. 1, 2013. Prior to this assignment, he worked at the Pentagon as the deputy director of operations, readiness and mobilization, Headquarters, Department of the Army, Office of the Deputy Chief of Staff for operations, plans and training.

“Will (Roy) is the epitome of humility,” said Lt. Gen. Perry

Wiggins, commanding general for Army North and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, during the ceremony. “I told him when he arrived that it would take about six months to fully understand our mission, but he didn’t believe me.”

Wiggins went on to say that while he was saddened to see Roy

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Commentary: Demonstrate inspired leadership

By Lt. Col. Scott M. Foley
Commander, 802nd Security Forces
Squadron JBSA-Lackland

While serving in Iraq with the Multinational Corps-Iraq in 2008, I came across a memorandum titled "Demonstrate Inspired Leadership."

This memorandum had a profound effect on me and would greatly influence my leadership philosophy going forward and would be a foundation of my command of three security forces squadrons. I will take a moment to summarize it and how it has changed my leadership philosophy.

The memorandum from the MNC-I commanding general was a philosophy he imparted onto all coalition forces serving under his leadership. It spelled out clearly and concisely the challenging and difficult missions every Soldier, Sailor, Marine and Airman in the coalition forces were tasked to perform as we pursued a free Iraq for the Iraqi people.

He expected integrity, the warrior ethos and up holding honor while respecting the dignity and human rights of every person by his subordinates. He demanded the highest ethical standards at all times, including while serving on the battlefield.

Some of my favorite lines of the memorandum go something like this "...our commitment to the moral and ethical standards of our profession of arms in a democratic society is an important strength we enjoy over a

We must treat each other, the general public and our adversaries with dignity and respect as this is a necessary component in maintaining the sole care, control and custody of all Joint Base San Antonio personnel, facilities and assets assigned.



*Lt. Col. Scott M. Foley
Commander, 802nd Security Forces Squadron Joint Base San Antonio-Lackland*

dishonorable and savage enemy. As you maintain the moral high ground in this demanding environment, I remind you that our conscience, family, friends and legal codes demand nothing less. The moral superiority and credibility of our nations and their armed forces are too valuable of a commodity to squander."

As I read this memorandum in 2008, I thought how the meaning of his words captured the essence of serving and belonging to a larger cause than me. Keep in mind; I had already been serving our country and the best Air Force in the world for the last 20 years of my life.

But no matter how long you have served it is never too late to refocus and strive to be a better person and leader for the men and women you have been honored to lead. I challenge all readers of this article with making that a personal goal. Never stop learning and striving to better yourself.

Back to 2008 ... at this point in time I decided right then that "demonstrating inspired

leadership" would be the foundation of my leadership and commander's intent for the Airmen at my future assignments, which included 96th SFS at Eglin Air Force Base, Fla.; 633rd SFS at Joint Base Langley-Eustis, Va.; and today the 802nd SFS).

I would, and have, continued to challenge my defenders to live on the moral high ground while ensuring we are professional, we know our jobs and we do our jobs.

We have a philosophy here in the 802nd SFS and that is to live with honor and to leave a legacy of excellence, as an individual, team, section, flight and as a squadron family.

I believe demonstrating inspired leadership is vital to the success of our military and our nation. We must do our part.

Daily, every officer, civilian leader, senior noncommissioned officer and NCO must teach each other to embody the warrior ethos, to remember that the efforts of the U.S. Air Force and other services; must remember we are a member of a distinct and long history of American warriors who

collectively have dedicated their life or even just an enlistment to bettering the profession of arms, their service and our country.

Freedom has never been free. We must remember the membership is larger than ourselves, that we collectively represent the profession of arms who must uphold honor while respecting each other, those serving and those we provide a service too. The highest ethical standards must guide our actions at all times and at all places.

I believe each individual who signs on the dotted line and, most importantly, raises their right hand and pledges to protect and serve our great country must know that unethical behavior and an undisciplined military member reduces our effectiveness and ability to ensure unhindered operations.

We must treat each other, the general public and our adversaries with dignity and respect as this is a necessary component in maintaining the sole care, control and custody of all Joint Base San Antonio personnel, facilities and assets assigned.

Unethical behavior does nothing but detract from our efforts. Indeed, our moral compass separates us as Soldiers, Sailors, Airmen, Marines and Coast Guardsmen from our civilian communities that we swore to protect.

If we demonstrate inspired leadership at all levels, we, as a team, can leave a chapter in history for JBSA as a legacy of excellence. We know any unethical behavior on our part, no matter how minor, destroys our legitimacy and needlessly creates a lack of confidence in our abilities to protect and serve.

Our adversaries would like nothing more than for us to abandon our warrior ethos. We can never give in or stoop to their level.

For the defenders I humbly lead, every day they are making significant progress toward our goal of being a combat effective defender team built on trust, commitment, competence and cohesion.

As you maintain the moral high ground in this demanding environment, I remind you that our conscience, family, friends and legal codes demand nothing less.

We cannot, and will never accept behavior which is legally, morally or ethically questionable. The moral superiority and credibility of our JBSA family is too valuable a commodity to squander.

Now go forth, practice demonstrating inspired leadership and I will see you on the high ground! Carpe Diem!



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News Briefs

106th Signal Brigade Change Of Command, Responsibility

The 106th Signal Brigade change of command and change of responsibility ceremony is from 8-9 a.m. July 24 at the north side of the Quadrangle at Joint Base San Antonio-Fort Sam Houston. Col. Patrick Glinn will take over for Col. Jay Chapman as commander. Glinn most recently served in Southwest Asia as the G3 operations officer for the 335th Signal Command (Theater) (Provisional), supporting the U.S. Army Central Command. Command Sgt. Maj. Mathew Acome will take over for Command Sgt. Maj. Jennifer L. Taylor as command sergeant major.

Army OCS Structure Interview Panel Board

The 502d Force Support Squadron's Military Personnel Branch conducts an Army Officer Candidate School Structure Interview Panel Board at 8 a.m. Oct. 22 at building 2263, 2263 Stanley Road, room 117B. All Soldiers must have a bachelor's degree. There is a new age requirement in that Soldiers cannot be over the age of 33. For a complete listing and checklist of the OCS requirements and forms, visit <https://www.hrcapps.army.mil/site/protect/branches/officer/Operations/Accessions/OCS/index.htm>. All OCS applicants must see their S1/G1 prior to submitting their OCS packets. All packets must be turned in to By Oct. 16. For more information, call Vivian Albarico at 221-0885.

WHASC Step Saver Cart Drivers Needed

The 59th Medical Wing Volunteer Service Office needs licensed drivers at least 20 years of age to transport patients to and from clinic entrances and parking lots in the vicinity of the Wilford Hall Ambulatory Surgical Clinic, Joint Base San Antonio-Lackland. Carts operate from 8 a.m. to 4 p.m., Monday through Friday. Training is available. Call 292-6591.

New Privately Owned Vehicle Shipment Contract Implemented

International Auto Logistics is the new Department of Defense

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Army North welcomes new battalion command team

By Staff Sgt. Corey Baltos
Army North Public Affairs

U.S. Army North said farewell to its battalion commander and welcomed a new battalion command team June 25 as the Headquarters and Headquarters Battalion held a combined change of command and change of responsibility ceremony at the Jimmy Brought Fitness Center.

Lt. Col. Zoltan Krompecher relinquished command of the battalion to Lt. Col. Stephen Fabiano. Also during the ceremony, Command Sgt. Maj. Daren Warren assumed responsibility as the senior enlisted leader for the battalion.

Lt. Gen. Perry Wiggins, commanding general of U.S. Army

North and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, said the change of command was bittersweet.

"Z" (Zoltan Krompecher) was the first Army North battalion commander to be command selected for this assignment," said Wiggins, who went on to praise Krompecher's leadership skills as he managed a battalion spread throughout the United States.

"Army North is a different beast," Wiggins added. "We have a very mature population, which brings great abilities to the table, but also brings great challenges."

Due to the scope of the Army North mission,

portions of the unit are spread across the United States. In addition to the Soldiers and civilians at JBSA-Fort Sam Houston, the battalion is also responsible for the defense coordinating elements assigned to the 10 Federal Emergency Management Agency regions in the continental United States and Puerto Rico.

"It's been an absolute honor and privilege to serve the Soldiers, civilians and families of Army North over the past two years," Krompecher said. "We have been proud to have been part of this great battalion and assist with its unique mission to serve and protect our homeland."

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Photo by Army Staff Sgt. Corey Baltos

Lt. Col. Zoltan Krompecher (left) passes the battalion colors to Lt. Gen. Perry Wiggins June 25 during the U.S. Army North (Fifth Army) Headquarters and Headquarters Battalion change of command ceremony. In passing the guidon to Wiggins, the commanding general of U.S. Army North and senior Army commander for Joint base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, Krompecher officially relinquished command of the battalion.



Photo by Larry Coffey

Navy Capt. Joel Roos (left) salutes Navy Capt. Denise Smith after officially turning over command of the Navy Medicine Training Support Center June 19 during a change of command ceremony at the Navy Hospital Corps students barracks at JBSA-Fort Sam Houston.

Navy Medicine Training Support Center command changes hands

By Larry Coffey
Navy Medicine Education and Training Command Public Affairs

Command of the Navy Medicine Training Support Center changed hands June 19 when Navy Capt. Denise Smith relieved Navy Capt. Joel Roos during a change of command ceremony at Navy Hospital Corps students barracks at Joint Base San Antonio-Fort Sam Houston.

NMTSC serves as the Navy component command to the Hospital Corps Schools at the Medical Education and Training Campus and

other medical programs in the San Antonio area, providing administrative and operational control over Navy staff and students.

Smith reports from the Navy Medicine Education and Training Command, also based at JBSA-Fort Sam Houston, where she served as the deputy commander since November 2012.

Smith, from West Springfield, Pa., is a graduate of Philipsburg State General Hospital School of Nursing and has bachelor's and master's degrees in Nursing from The Pennsylvania

State University.

She was commissioned an ensign in the Naval Reserve in May 1986 and served at the Naval Reserve Naval Hospital Jacksonville. Smith was recalled to active duty in August 1990 in support of Operation Desert Shield/Storm, and sent to Naval Hospital Camp LeJeune, N.C., and then to Naval Medical Center, Portsmouth, Va. She remained on active duty and has since served at Naval Hospital Guam; National Naval Medical

See NMTSC, P11

JBSA-FORT SAM HOUSTON BIDS FAREWELL

Retirees in the Joint Base San Antonio-Fort Sam Houston June Retirement Ceremony gather in front of the Fort Sam Houston Theater before the start of their retirement ceremony June 26. The retirees are (front row left to right): Lt. Col. Clay Miller, 187th Medical Battalion; Cynthia Barksdale, San Antonio Recruiting Battalion; Lt. Col. Herman Haggray Jr., 32nd Medical Brigade; Sgt. 1st Class Edgar Barrera, Warrior Transition Battalion; Col. Bryan Bain, Military Intelligence



Photo by Army Sgt. Lee Ezzell

Readiness Command; Master Sgt. Mary Scott, 187th Medical Battalion; 1st Lt. Veronica Newton, San Antonio Military Medical Center; (middle row left to right) Col. Timothy Hodge, U.S. Army South; Col. Anuli Anyachebelu, U.S. Army Medical Command; Sgt. 1st Class Larry Brown, 264th Medical Battalion; Master Sgt. Clarence Arvie, 4th Sustainment Command (Expeditionary); Lt. Col. James Gosey, 3rd Medical Training Brigade; Sgt. 1st Class Marquette Brooks, Combat Training Company, Fort Leonard Wood, Mo.; Command Sgt. Maj. Donna Balderston, U.S. Army Sergeants Major Academy; (top row left to right) Lt. Col. Calvin Downey, U.S. Army North (Fifth Army); Lt. Col. Michael Brough, U.S. Army North (Fifth Army); Master Sgt. Gregory Winn, Camp Parks, Calif.

COMPANY F, 232ND MEDICAL BATTALION PRESENTS U.S. FLAG AT WNBA GAME

To celebrate the 239th Army Birthday and 237th Flag Day, 41 Soldier medics assigned to Company F of the 232nd Medical Battalion at Joint Base San Antonio-Fort Sam Houston presented the U.S. flag at the AT&T Center during the National Anthem at the June 14 San Antonio Stars WNBA game. The Soldiers were selected by the company's leaders based on their academic performance and Soldier skills to conduct the living flag. Soldiers attending advanced individual training at the U.S. Army Medical Department Center and School participate in community events to thank the San Antonio community for their support of the military.

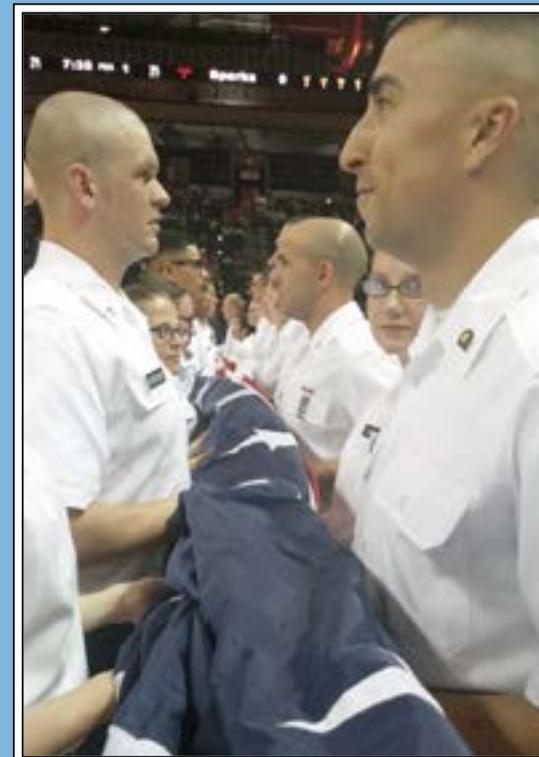


Photo by Army Staff Sgt. Anthony Alvarez

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go so soon, he was heartened because Roy will continue to be part of the Defense Support to Civil Authorities mission.

“Putting Will in command of that formation is the best thing for our military,” Wiggins said. He went on to say that Roy has done, and will continue to do, great things in the Army.

Roy, who was commissioned as a field artillery officer in the New Hampshire National Guard in 1982, has commanded Soldiers at every level, from platoon to brigade, and has held key positions in the Army National Guard.

During his final farewell to the Soldiers and civilians of Army North, Roy said that he had hoped to spend two years here so he could fully understand the DSCA mission, but it wasn't to be.

“I spent more time learning about this mission, than I did working,” said Roy. He went on to say that he looked forward to continuing to work with Army North as JTF-CS



Photo by Army Staff Sgt. Corey Baltos

Lt. Gen. Perry Wiggins (left), commanding general for U.S. Army North (Fifth Army), and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, pins the Legion of Merit medal on Maj. Gen. William Roy, deputy commanding general Army North, June 26, during a tattoo ceremony for Roy at the Fort Sam Houston Theater.

commander.

JTF-CS was established in October 1999 and is assigned to U.S. Northern Command. It is responsible for planning and integrating Department

of Defense support to civil authorities in critical life-saving and life-sustaining operations during a chemical, biological, radiological or nuclear incident within the United States.

Exchange, sponsor to award \$25,000 to American Hero of the Year

America's heroes come in all forms, from the troops fighting on the frontlines to families holding down the home front. To honor these men and women, the Army & Air Force Exchange Service is teaming up with Dickies to salute the American Hero of the Year with \$25,000.

All active-duty and retired U.S. military personnel and their family members are eligible to win a grand prize of \$25,000 or one of four runner-up prizes of \$1,000. Nominations can consist of a video less than 5 minutes, a photo and essay of up to 500 words or a standalone essay. Nominations should tell what being an American hero means to the nominee and why they are a true American hero.

“American heroes walk among us every day, and I'm sure this contest will yield heartwarming stories of this sacrifice and service,” said Exchange Chief of Staff Col. Tom Ockenfels. “The \$25,000 grand prize is a tribute to all service members and their families and the qualities they embody.”

Entries will be accepted through July 17. Entrants can visit <http://www.shopmyexchange.com/homewardbound> and click on the Dickies American Hero of the Year logo to access an application.

A panel of judges will determine the finalists, who will be named Aug. 4. Public voting at <http://www.military-hero.com> from Aug. 4 through Sept. 6 will determine the winner.

News Briefs

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global privately owned vehicle provider. There will be no break in service for turn-in, pick-up, or storage of POVs. For vehicle processing center locations and contact information, visit <http://www.pcsmypov.com>. Any POV that was shipped prior to May 1, with the previous contractor (American Auto Logistics), will be fully processed with AAL at the previous VPC locations, and delivered to its authorized destination. For more information, call the Personal Property Processing Office at Joint Base San Antonio-Fort Sam Houston at 221-1605, at JBSA-Lackland at 671-2821 or at JBSA-Randolph at 652-1848.

Temporary Lane Closures On Garden Avenue

Garden Avenue between Wilson Road and Hardee Road will be rebuilt this summer to restore the pavement. The construction, which will occur through Sept. 11, will not allow two-way traffic during that time. However, access to driveways along both sides of Garden Avenue will remain open the entire time. The contractor will work on one side of the street while the other side will remain open for one-way traffic. After that lane is completed, it will open up and the other lane will then be rebuilt. Motorists are encouraged to follow the signs posted for the detour route.

Volunteers Needed As Patients For Medical Readiness Training

The 937th Training Support Squadron's Medical Readiness Training Center at Joint Base San Antonio-Camp Bullis needs volunteers to serve as patients for medical readiness training. Patients are needed from 10 a.m. to 3 p.m. Wednesdays and 8 a.m. to 3 p.m. Thursdays from July 30-31, Sept. 17-18 and Sept. 24-25. Volunteers can assist for one hour or an entire day. Volunteers will be moulaged to have fake injuries, such as gunshot wounds, stab wounds, etc. Volunteers can be in civilian or military clothing, although it is preferable to wear old civilian clothing as the materials used for simulated injuries may stain. Call 808-3406 or 808-3410.

Rock band Goo Goo Dolls visits Warrior Family Support Center, Center for the Intrepid

By Sgt. Lee Ezzell
Army North Public Affairs

John Rzeznik and Robby Takac, founding members of the multi-platinum Goo Goo Dolls rock band, took time out of their summer tour June 23 to visit the Warrior Family Support Center and the Center for the Intrepid at Joint Base San Antonio-Fort Sam Houston.

The musicians were surrounded by fans at the WFSC and took time to sign autographs and pose for photos with the wounded warriors and their families.

"We were expecting something more institutionalized," Takac said. "This is really just a relaxed environment. It feels like a really big home."

Rzeznik was impressed with the amount of attention to detail that was evident during their tour.

"The fact that someone decided to have plants that attract butterflies is amazing," Rzeznik said. "That much attention to detail makes you feel comfortable as soon as you walk through the doors."

The Goo Goo Dolls and their tourmates,

the Plain White T's and Daughtry, are autographing a guitar at each of their tour stops that will be raffled after the show. The proceeds from these raffles will be donated to the Warrior Family Support Center once their tour is complete.



Founding members of the rock band the Goo Goo Dolls, guitarist John Rzeznik (left) and bassist Robby Takac, are given a tour of the prosthetics floor at the Center for the Intrepid June 23 by prosthetic technician Lance Suggs (right). The Center for the Intrepid has made many major advances in prosthetic and limb rehabilitation techniques through efforts to improve the lives of wounded warriors.



Photos by Sgt. Lee Ezzell

John Wolf (center), assistant director of the Warrior and Family Support Center, discusses the Purple Heart medal mosaic located at the WFSC June 23 with founding members of the popular rock band the Goo Goo Dolls, Robby Takac (left) and John Rzeznik (right). The band performed at the Whitewater Amphitheater in New Braunfels June 23.

GEMS camp makes learning math, science fun

By Steven Galvan
USAISR Public Affairs

Developing our country's future mathematicians and scientists begins in school classrooms. The Army is doing its part in exposing young students to real-world military research with hands-on activities designed to show them the joy of scientific discovery.

Now in its third year, the U.S. Army Institute of Surgical Research is hosting three Gains in the Education of Math-

ematics and Science camps during June and July for San Antonio middle school students at Joint Base San Antonio-Fort Sam Houston.

The four-day sessions are laboratory-based camps that provide students the opportunity to participate in scientific experiments and learn basic laboratory skills.

Stephanie Truss and Kathy Ryan, Ph.D., USAISR GEMS program coordinators, planned the laboratory activities that they thought would be engaging and excit-

ing for the students, also known as interns.

"We have the luxury of designing the activities to actual research being conducted here," Truss said. "Most of the students do not have this type of hands-on activities, or if they do, the activities are not as extensive in their schools, so it's good for them."

Activities at the USAISR expose interns to subjects such as electricity, cardiology, blood typing, types of bacte-



Photo by Steven Galvan

GEMS intern Khalil Sample looks through a microscope to determine if bacteria grew from a swab sample the day before in an activity called "The Dirtiest Place."

See GEMS, P21

BAMC cancer survivors celebrate with 50s-style dance

By Maria Gallegos
BAMC Public Affairs

Brooke Army Medical Center held its 8th Annual Cancer Survivors "50s style" celebration at San Antonio Military Medical Center June 21 for more than 700 cancer survivors who came to celebrate their victory with their families, friends, and staff.

"Each year, BAMC presents this special day to honor and celebrate survivors, families, friends and staff," said Susie Ferrise, surgical oncology nurse case manager of the general surgery clinic and BAMC Cancer Committee team. "We want our survivors and their families to have a good time, network with other survivors and know how much we appreciate them."

Sponsored by the BAMC

Cancer Committee, the event featured a dance contest, best costume awards, door prizes and informational tables regarding survivorship issues, education and support.

"This event is all about you," said Air Force Lt. Col. Peter Learn, General Surgery Staff surgeon and Cancer Committee chair. "We congratulate you and your loved ones for overcoming one of the most difficult times of your lives."

Col. Mark Swofford, BAMC deputy commander of administration, emphasized the importance of celebrating their success every day.

"This is a celebration of those who survived, an inspiration for someone who was recently diagnosed," said Swofford, who is a son, grandson and nephew of cancer survivors. "It's a

chance to gather support for families and outreach from all the organizations, not only the medical team, but also the support organizations that rally around those who are going through difficult times.

"I dealt with cancer personally, not like one of you who have been diagnosed," Swofford said, "but I have dealt with it personally in terms of the shocking news, the way it hits you and the worry you feel for your loved ones. After you take all that into consideration and then you see the fortitude of the survivors, the celebration begins, you get better. That's what this day is all about. It's celebrating your success every single day."

Mary Roberts celebrated her third year as a cancer survivor after being diagnosed with melanoma when



Photo by Maria Gallegos

Cancer survivors dance to music played by the 323rd Army band "Fort Sam's Own" during Brooke Army Medical Center's 8th Annual Cancer Survivors Day celebration at June 21 San Antonio Military Medical Center.

she went in for a mole exam on her leg.

She advised everyone to never give up and "to always wear sun-

screen because you never know."
"For everyone who has

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SAUSHEC HONORS MEDICAL GRADUATES



A joint military color guard presents the colors during the San Antonio Uniformed Services Health Education Consortium graduation ceremony June 6 at the Lila Cockrell Theatre in San Antonio. Close to 300 medical professionals from the U.S. Armed Forces graduated during the event. SAUSHEC is one of the largest graduate medical education programs in the nation with more than 35 programs and 600 residents in training.



Photos by Air Force Staff Sgt. Kevin Iinuma

U.S. Air Force Lt. Col. Vikhyat Bebart (second from right) accepts the 2010 Gold-Headed Cane Award from (left to right) Maj. Gen. Jimmie Keenan, commanding general of the Southern Regional Medical Command and the San Antonio Military Health System market manager; Maj. Gen. Bart Iddins, 59th Medical Wing commander and SAMHS vice market manager; and Col. Kyle Campbell, Brooke Army Medical Center commander. Bebart, a 59th MDW emergency physician, received the award June 6 at the Lila Cockrell Theatre in San Antonio. The annual award recognizes one military doctor from the U.S. Armed Forces who embodies excellence in patient care, academic achievement, clinical research and operational medicine.



Photo by Larry Coffey

Navy Capt. Denise Smith is "piped ashore" as the new Navy Medicine Training Support Center commanding officer at the conclusion of the June 19 change of command ceremony held at the Navy Hospital Corps students barracks at JBSA-Forst Sam Houston. Smith relieved Capt. Joel Roos.

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Center, Bethesda, Md., which included a deployment on the USNS Comfort (T-AH 20) in support of Baltic Challenge; the Naval Health Clinic New England in Newport, R.I.; Naval Hospital Naples, Italy; Naval Health Clinic Cherry Point, N.C.; and the Navy Medicine National Capital Area at Bethesda.

Smith thanked the Navy Medicine leaders during the ceremony for their confidence in selecting her as the NMTSC commanding officer, commended Roos for "turning over a well oiled and functioning team," then she addressed her new staff.

"I am excited about joining the team," Smith said. "I have heard great things about the command and know we can be successful, both professionally and personally, and that is what I want for you. I know by working together, we will accomplish this and more."

Smith went on to thank

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"Twenty-nine years ago, Drill Sergeant Posey taught me the simple formula on how to Soldier: be in the right place at the right time, wear the right uniform and have the right attitude. Nothing has changed since then," said Krompecher, who is departing JBSA-Fort Sam Houston to attend the Air War College at Maxwell Air Force Base, Ala.

her parents, her daughters and other family members who traveled from several out-of-state locations to attend the ceremony.

Roos will report to Yokosuka, Japan, as the U.S. Navy's 7th Fleet surgeon. He has been the NMTSC commanding officer since January 2013.

"We have a wonderful group of dedicated instructors who return here

Fabiano received his commission as an infantry officer after graduating from West Point in 1997. After serving in a variety of different infantry assignments, he transferred to the logistics corps in 2003. His most recent assignment was as a staff officer for the U.S. Army NATO Brigade in Sembach, Germany.

Warren joined the Army in 1986 as an automated logistical specialist

and has served in every level of noncommissioned officer leadership from squad leader to battalion command sergeant major. Most recently, he served as the logistics sergeant major for the 25th Infantry Division, Schofield Barracks, Hawaii. Warren replaces Command Sgt. Maj. Alvin Chaplin, who departed Army North in May to become the senior enlisted leader for the Army Chaplain Corps.

for duty strictly to bring back what they have learned in the fleet," Roos said. "I am immensely impressed with what you do and your ongoing commitment to Navy Medicine. However, training our corpsmen requires more than just clinical instruction. It requires a team of dedicated individuals willing to provide behind the scenes support – administrative staff,

barracks maintenance, Navy training instructors, religious and legal support, and many other unsung heroes. All of you have worked hard and performed exceptionally well."

Roos also thanked his mission partners, the Air Force's 502nd Air Base Wing, the Army's 32nd Medical Brigade and the Air Force's 937th Training Group.

Providing security was one part of a simulated medical evacuation exercise June 20 for Paraguayan special operations cadets as part of a tactical combat lifesaver course led by U.S. Army South in Asuncion, Paraguay.

Army South trains Paraguayan special forces in tactical combat casualty care

By Eric Lucero
Army South Public Affairs

The eerie whistle of a mortar round pierces the calm as the unmistakable cracks of incoming rounds augment the disarray that surrounds you.

To the seasoned combat veteran, the experience of a fight and years of training to acclimate to the sights and sounds of battle can allow that Soldier to operate at peak performance.

However, one sound alone has the ability to rattle nerves and send fear into even the most seasoned Soldier.

“Medic!”

Amid the chaos, a voice sends the alarm that a comrade is down. Instantly, with no regard for his own safety, the medic moves through harm’s way to get to his fallen brother. Now is the time to put his years of training and experience to use. It is time to save a life.

It was with this scenario in mind that U.S. Army South recently conducted a tactical combat lifesaver course subject matter expert exchange with Paraguayan military forces June 16-27.

The course was broken into two separate two-week classes focusing on tactical combat casualty care guidance and casualty evacuations under fire.

Paraguay sent more than 80 special forces soldiers and members of the National Anti-Drug Secretariat, Paraguay’s anti-narcotics department of the national police, to take advantage of the knowledge U.S. medics acquired during their experiences in Iraq and Afghanistan.

“They’re doing plenty of real-world missions right now and this training will greatly assist the Paraguayan forces in saving lives and maintaining a combat-ready force,” said Sgt. 1st Class Efrain Perez, operations and plans noncommissioned officer for U.S. Army South’s assistant chief of staff for medicine.



Sgt. 1st Class Arnold Zarza, assigned to the Defense Medical Readiness Training Institute on Joint Base San Antonio-Fort Sam Houston, prepares to lead a team of Paraguayan special forces soldiers toward a landing Paraguayan air force UH-1 Huey helicopter June 20 during a simulated medical evacuation exercise as part of a tactical combat lifesaver course led by U.S. Army South in Asuncion, Paraguay.



Paraguayan special operations cadets in Asuncion, Paraguay, huddle around a simulated casualty June 20 as they provide medical treatment during a tactical combat lifesaver course led by U.S. Army South. Moving in small, five-man teams, each group was asked to engage the enemy, move to a simulated casualty, assess the fallen soldier, and treat and evacuate him under fire.



A Paraguayan special operations medic prepares to insert an intravenous catheter into a simulated casualty while onboard a Paraguayan air force UH-1 Huey helicopter during a tactical combat lifesaver course, June 20 in Asuncion, Paraguay.

The Paraguayan military and security forces maneuver routinely in operations against guerilla organizations such as the Paraguayan People's Army, an insurgency group operating in remote areas of the country, or against narcotics cartels.

In a struggle against deadly opposition, the Paraguayans hope the combat medical care knowledge gained in the exchange can literally be the difference between life and death.

Each two-week class started with classroom instruction detailing critical skills such as checking a casualty for wounds, treating for shock, applying tourniquets and how to administer IVs.

Later, the students were tasked with taking the knowledge learned and applying it in a simulated firefight.

"The Soldiers who are training in this exchange are teammates," said 1st Lt. Pablo Solis, Joint Battalion of Special Forces for Paraguay.

"Within a team, trust is essential. This information they have learned during these classes will allow our Soldiers to operate with the utmost trust in each other's ability to perform expedient medical care in the event we sustain casualties during operations."

Moving in small, five-man teams, each group was asked to engage the enemy,

move to a simulated casualty, assess the fallen soldier, and treat and evacuate him under fire.

To add to the reality of the training, the Paraguayan air force agreed to support the exchange by providing aerial MEDEVACs via a UH-1 Huey helicopter. The medics that boarded the aircraft with the simulated casualty were tasked with securing the wounded soldier, then administering an IV catheter while the helicopter was in flight.

In these scenarios, seconds mean lives. As the teams maneuvered through their tests, confidence grew and the actions performed became less about trying to solve a new puzzle, and more about muscle memory.

Army South conducts several medical SMEEs throughout the year with numerous partner nation forces within the command's area of responsibility. These exchanges allow each army to gain a deep appreciation for one another and build cohesive practices that allow for a smooth transition should the need arise for a multinational coalition force to deploy.

"It's important to conduct exchanges like this to maintain our relationship with Paraguay and at the same time pass along information that can make a significant impact for both of our countries," said Perez.

"New global challenges require combined efforts from different forces from different countries," said Solis. "This exchange provides us an opportunity to learn from each other so that we can work well together in the future."



Paraguayan special operations cadets rush simulated casualties toward a Paraguayan air force UH-1 Huey helicopter June 20 during a medical evacuation exercise led by U.S. Army South.



Photos by Eric Lucero

Paraguayan special operations cadets provide medical treatment June 20 during a tactical combat lifesaver course led by U.S. Army South in Asuncion, Paraguay. Paraguay sent more than 80 special forces soldiers and members of the National Anti-Drug Secretariat, Paraguay's anti-narcotics department of the national police, to take advantage of the knowledge U.S. medics acquired during their experiences in Iraq and Afghanistan.

Army announces 33,000 positions now available to women

By David Vergun
Army News Service

Secretary of the Army John M. McHugh signed a directive June 20 authorizing more opportunities for women to serve in a wider range of roles within the Army.

This authorization results in the opening of about 33,000 positions in units that were once closed to women, said Col. Linda Sheimo, chief of the Command Programs and Policy Division at the Directorate of Military Personnel Management, Army G-1.

The 30-day congressional notification required by law before implanting this change in policy was completed April 7, 2014.

"Soon, our formations down to company level, will begin having female Soldiers arrive for duty to serve in positions once

closed to women, said Lt. Gen. Howard B. Bromberg, deputy chief of staff, Army G-1.

"However, this will not happen overnight; we will continue to incrementally fill these positions with Soldiers who have the ability, are qualified, and have the proven performance to complete the mission," he said.

As a part of the incremental strategy, the directive states "female leaders will be assigned first to provide a support network for junior female Soldiers and to offer advice to the unit's male leadership."

"The decision to open these positions to female Soldiers was made after U.S. Army Training and Doctrine Command completed extensive validation studies, including physical fitness requirements," Sheimo said.

"Nevertheless, women as well as men who do not meet the standards will not be allowed into these MOSs (military occupational specialties)," she emphasized, explaining that the standards are fair and transparent.

"This initiative further aids Army leaders to select the best qualified Soldiers for each position within the Army profession," Sheimo said. "The Army's efforts across various spectrums will also ensure all Soldiers have the opportunity to serve successfully."

The deputy chief of staff, Army G-1 will issue additional personnel assignment guidance and unit training requirements in follow-on military personnel messages, according to the directive.

This change in policy means there are no more

units in the Army that are closed to women. A closed unit was one that was expected to see combat. Because of this, women could not serve in those units -- even if they served in MOSs that were open to women.

With the change, women can serve anywhere in the Army -- even in combat units -- within an MOS

that is open to women.

The new directive does not include changes to closed occupations in the Army -- the 14 MOSs in the Army that are currently closed to women. Those MOSs are: engineer (12B enlisted), field artillery (13B/D/F), infantry (11A/B/C/Z) and armor (19A/B/C/D/K/Z). Additionally, the new Army

directive does not affect the special operations community.

More MOSs could be open for women in the future, Sheimo said. By Jan. 1, 2016, the Army will have completed validation studies for all 14 MOSs closed to women and will pass its recommendations for review to the Office of the Secretary of Defense.

JBSA-Fort Sam Houston part of Army environmental study on force reductions

The Department of the Army has completed a Supplemental Programmatic Environmental Assessment for Army 2020 force structure realignment and is making a draft Finding of No Significant Impact available for public comment after studying 30 Army installations, including Joint Base San Antonio-Fort Sam Houston.

The assessment looked at the environmental impact of potential Army force reductions in 14 environmental resource areas such as air quality and noise. Socio-economic impact was also one of the 14 areas assessed, and impact for JBSA-Fort Sam Houston was

rated "less than significant."

The Army is inviting public comment on the FNSI. Comments can be sent in writing to: U.S. Army Environmental Command, ATTN: SPEA Public Comments, 2450 Connell Road (building 2264), Joint Base San Antonio-Fort Sam Houston, TX 78234-7664; or by email to usarmy.jbsa.aec.nepa@mail.mil. Comments will be accepted until August 25.

The SPEA and FNSI can be viewed electronically at the U.S. Army Environmental Command's website at <http://aec.army.mil>, in the National Environmental Policy Act documents section. A hard copy

can also be viewed at the San Antonio Public Library, located at 600 Soledad St. in downtown San Antonio.

For the purposes of the assessment, the Army analyzed a potential population loss at Fort Sam Houston of more than 5,900 personnel (3,949 Soldiers and 1,985 Army civilians.) The 5,900 number was determined through a mathematical formula based on the loss of 70 percent of active component Soldiers and 30 percent of Army civilians. This number is not an actual projected cut, but a "worst case scenario" to ensure the

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CANCER from P17

cancer, there is hope. Not to give up – you will get through cancer, there is life after cancer and God is with you always. God will help you through it all,” Roberts said. “Your friends and family are always with you; be strong through strength and prayer.”

Angela Gamble was diagnosed four months ago with breast cancer and now is cancer-free after numerous chemotherapy treatments. She recommends all women to check their breasts periodically for lumps and not to skip mammogram checkups.

“Every woman should have a mammogram and do self-breast exams.

Anytime you feel a lump, don't wait ... go get it checked out right away, because it can grow quickly,” she said. “Early detection of breast can-



Photo by Maria Gallegos

Danny Lowe (center), 13, was recognized as the youngest cancer survivor during Brooke Army Medical Center's 8th Annual Cancer Survivors Day celebration at San Antonio Military Medical Center June 21. His mother, Mary Jean Schweiter-Lowe (left), and his sister, Cecily Lowe, are also pictured. Sponsored by BAMC Cancer Committee, the event featured a dance contest, best costume awards, door prizes, and informational tables regarding survivorship issues, education and support.

cer improves the chances that breast cancer can be diagnosed at an early stage and can be treated successfully.”

The BAMC Cancer

Program is accredited by the Commission on Cancer and has received numerous accolades for its high-quality cancer care.

Armed Services Blood Program seeks eligible donors

By Amaani Lyle
American Forces Press Service

Eligible service members, beneficiaries, contractors, government service workers and retirees may be able to save lives globally through their ongoing blood donations, the Armed Services Blood Program director said.

Navy Capt. Roland Fahie said the program includes the Army, Navy and Air Force but supports the entire Defense Department medical health system, including the Coast Guard and the reserve components.

“Though we’re at war, we have to make sure the blood supply remains safe even in conditions which can be austere,” Fahie said. “We support

surgeries around the world, wherever blood is needed, in whatever type or amount and in the right amount of time.”

The Armed Services Blood Program coordinates with the services to ensure the delivery of safe blood and helps them implement their policies on safe collection.

“We all work together as a unit to collect, test, ship and manage the entire distribution system of blood and blood products throughout the Armed Services Blood Program,” he said.

But Fahie noted that military people and family members can be prone to any of several travel-related and medical restrictions in

accordance with Food and Drug Administration guidance to the Defense Department. The policies, he explained, are based on FDA regulations and other regulatory organizations such as the American Association of Blood Banks and the College of American Pathologists.

Fahie said ASBP’s strict adherence to the policies mandate that all donor centers and transfusion services within the program are licensed by the FDA to collect, test and ship blood and blood products globally.

As the military moves out of operations in Iraq and Afghanistan, the captain said, State Department hospitals remain in the areas of

responsibility, where they continue to treat people and rely on the ASBP not only for blood and blood products, but also for technical assistance.

Meanwhile, ASBP’s transfusion medicine and business practices have evolved for the better since Operation Enduring Freedom and Operation Iraqi Freedom, Fahie said.

“We are the expeditionary explorers of transfusion practices and guidelines in the theater or in trauma situations,” he added.

The captain recounted that from World War II to Vietnam to modern-day conflicts, transfusion-related death rates have dropped from 60 percent to 16 percent to 10

percent for very specific reasons.

“We’ve been getting fresher blood to them faster at the point of injury because of the logistics we have in theater to move blood forward,” Fahie said. “We can now transfuse blood en route, we can transfuse blood at any theater hospital or even with a special forces unit and OEF/OIF really helped us shape the way that we practice transfusion medicine.”

Whether for war or humanitarian assistance, ASBP may need to travel to an area at risk for infectious diseases or where there could be a travel restriction already in place, the captain said.

Fahie also pointed out the issue of unpredict-

ability of FDA testing for certain diseases such as Middle Eastern Respiratory Syndrome, while ongoing caution remains for long-threatening diseases like malaria.

“The challenge is to educate recruits because a lot of the blood [warfighters] receive on the battlefield when injured is coming through the Armed Services Blood Program,” he said.

Fahie said officials have considered realigning the program’s marketing efforts to be closer to training bases to reach populations who haven’t yet been to regions that might preclude donations.

Fahie also noted

See BLOOD, P20

Army dentists fight uphill battle against sugar, tooth decay

By Col. (Dr.) Georgia Rogers,
Consultant to the Surgeon General
for Dental Public Health

Sugar is being called “the new tobacco.” Its many forms have been linked to the increasing rates of diabetes, heart disease, nonalcoholic fatty liver disease, and other chronic diseases in the United States.

Army dentists have been fighting on the front lines against sugar for decades. Despite their best efforts, tooth decay continues to be the main cause of dental disease and non-battle injuries among deployed Soldiers. From 2000 to 2008, the oral health of Department of Defense recruits worsened.

The 2008 Tri-Service Oral Health Survey revealed that Army recruits

have higher numbers of untreated cavities compared to other DOD recruits.

A study at the largest Army installation showed that about one third of Soldiers develop new treatment needs every year.

Army Soldiers have better access to education about oral hygiene and proper nutrition, fluoridated water, fluoride toothpaste, and dental care than many Americans.

But Army dentists report that these defenses can’t compensate for Soldiers’ snacking habits and the popularity of soft drinks, sports drinks, energy drinks, sweetened coffee, sweet tea and coffee boutique drinks.

Army dentists are all too familiar with the

rampant decay that results when a Soldier sips on sugary drinks throughout the day. Drinks that contain high amounts of sugar, caffeine and citrus flavors often cause extensive tooth decay, likely due to the combination of high sugar content and organic acids.

Young Soldiers often don’t pay attention to the sugar, calories, or caffeine in their drinks.

The amount of sugar, caffeine, and carbohydrates per serving listed on a single can of an energy drink may not seem that bad, but the can actually contains two servings so you must multiply by two. The most popular energy drink purchased has 13 teaspoons, and the most popular soda has more

than 18 teaspoons of sugar.

Caffeine and sugar have both been shown to be addictive and Soldiers are just as vulnerable to the caffeine rush and sugar high as other Americans.

During deployment or intense training courses, Soldiers can come to depend on these drinks to stay awake and alert or to relieve boredom. They return home with souvenirs that they would rather not have – a mouthful of new cavities.

Col. Johnette Shelley, director of Health and Wellness at Army Dental Command, recommends Soldiers practice the following countermeasures to protect themselves from decay:

1) Replace sugared beverages with sugar-free

alternatives, plain water, mineral water or unsweetened coffee or tea.

2) Fruit juice contains sugar and acid also, so limit juice to 6 ounces of calcium-fortified juice per day. Eat fresh fruit to meet daily fruit intake goals.

3) Drink sugary or acidic drinks quickly, within 15 minutes, rather than sipping on them for an extended period of time.

4) Limit meal, beverage and snack intake to no more than five times per day. Combine sugary beverages or juice with a meal, ideally near the beginning of the meal.

5) Try to drink sugary, erosive drinks cold to minimize the acidic effects.

6) Use a straw that reaches to the back of

the tongue to keep the drink away from your teeth.

7) Drink plain water immediately following the sugared drink to “wash” it off of the teeth and neutralize the acid from the drink. Chew sugar-free or xylitol gum to help neutralize acid as well.

8) Wait at least 20 minutes after drinking sugary beverages or 100% fruit juice before brushing teeth with fluoridated toothpaste.

9) Do not rinse your mouth after brushing. Just spit several times to remove the excess toothpaste. Also, don’t eat or drink anything for at least 20-30 minutes after you brush so the fluoride will stay on your teeth as long as possible and protect them better.

Grill safety tips: Keeping the flames on the grill

By Airman 1st Class Kenna Jackson
JBSA-Randolph Public Affairs

According to a 2013 study conducted by the Hearth, Patio and Barbecue Association 80 percent of all U.S. homes have a grill or smoker.

Ninety-seven percent of grill owners have used their grill in the past year and about 14 million new grills were shipped in 2013.

“Fire in the grill, under hot dogs and burgers, is a welcome sight at the family cookout,” said Staff Sgt. Gary Lund, 502nd Air Base Wing ground safety technician. “But fire anywhere else can make your barbecue memorable for all the wrong reasons.”

National Fire Prevention Association records show grill-related fires cause an average of 15 deaths, 120 injuries and \$75 million in property loss and damage each year.

More than a quarter of the fires was started in courtyards, patios, terraces and screened-in porches. Twenty-four percent start on exterior balconies and open porches.

In hopes of ensuring safety and eliminating fatalities and injuries, the 502nd Air Base Wing ground safety office and fire department issues these safety reminders:

Propane Grill Safety Tips

- Make sure grill propane tanks are not leaking
- When turning off grill, make sure to turn off the bottle first and let the gas run out
- Never leave grill unattended

Charcoal Grill Safety Tips

- Before leaving, make sure coals are completely burned out
- When discarding coal or embers, make sure they are completely burned out before

throwing them away in a metal container

- Never leave grill unattended

General Grill Safety Tips

- Make sure grill is relatively clean before using
 - Never use grill indoors, which includes garages, breezeways, carports, porches or under any surface that will burn
 - Keep grill at least 10 feet away from houses or buildings
 - Keep fire extinguisher nearby
 - Keep children and pets at least three feet away from grill
 - Before leaving grill, make sure flames are fully extinguished
 - Never leave grill unattended
- Cody Fein, 502nd Civil Engineer Squadron Fire Emergency Services assistant fire prevention chief, urged

JBSA residents to make safe cooking a priority at every cookout, no matter how experienced the chef.

“Safety is very important, and we’re not putting these tips out there because we feel that you don’t know them,” Fein said. “We issue them because we find a lot of people are overly confident and have grown complacent.”

So, before taking out the franks and patties, remember these few simple tips and be safe while grilling, Fein said.

For more information on grill safety, visit the JBSA Fire Emergency Services page at <http://www.jbsa.af.mil/library/jbsafireemergencyservices/index.asp> or call the JBSA-Randolph Fire Prevention Office at 652-6915, the JBSA-Lackland Fire Prevention Office at 671-5253 or the JBSA-Fort Sam Houston Fire Prevention Office at 221-3465.

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mandated SPEA covers any cuts the fort may see in the future.

Final decisions as to which installations will be selected for reductions in Soldiers and Army civilians have not yet been made. The SPEA’s analysis of environmental and socioeconomic impacts will help decision-makers as they identify specific units and organizations to be affected by reductions over the 2015-2020 timeframe.

The original Programmatic Environmental Assessment (PEA) was completed in January 2013 and analyzed force reductions of the Army’s active component to an end strength of 490,000 Soldiers. Fort Sam Houston was not studied as part of the 2013 PEA, but since then the 2014 Quadrennial Defense Review mandated analysis of potential future cuts resulting in a possible end strength of 420,000, and the SPEA was initiated and Fort Sam Houston was included.

(Sources: U.S. Army Environmental Command and the U.S. Army North public affairs offices.)



Weird Animals Vacation Bible School

A summer kids' event called Weird Animals Vacation Bible School will be hosted from July 13-17 at the Dodd Field Chapel. At Weird Animals, kids will learn about some of God's most creative creations. They'll participate in Bible-learning activities, sing songs, play teamwork-building games, make and dig into treats, experience Bible adventures, collect Bible Memory Buddies to remind them they are one of a kind, and test out Sciency-Fun Gizmos they'll take home and play with all summer long. Each day begins with a meal for all participants and volunteers, then concludes with The Tail End — a celebration that gets everyone involved in living what they've learned. Family members and friends are encouraged to join in daily for this special time at 8 p.m. The program is for children from pre-kindergarten to fifth grade (completed) and run from 5:30 to 8:30 p.m. All children must possess independent toileting skills. Register at <http://www.groupvbapro/vbs/ez/jbsa>. For more information, call 221-5943.

Learn How To Be More Suicide Alert

As a safeTALK-trained suicide alert helper, you will be better able to move beyond common tendencies to miss, dismiss or avoid suicide; identify people who

have thoughts of suicide; apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers. Class maximum is 40. At JBSA-Lackland, classes are 1-4:30 p.m. July 17 at Freedom Chapel, building 1528; 1-4:30 p.m. Aug. 7, Gateway Chapel, building 6300; and 8-11:30 a.m. and 1-4:30 p.m. Sept. 25, Freedom Chapel, building 1528. To attend, call 671-2911.

Infant Massage

Monday, July 21 and 28, 9:30-11:30 a.m., Dodd Chapel. This three-part class helps to decrease your baby's stress, stimulate brain and sensory development, increasing circulation and helping your baby to sleep better. Call 221-0349 or 221-2705.

Teen Talk

Teens are invited to participate in Teen Talk at the JBSA-Fort Sam Houston 9-10 a.m. at the Middle School Teen Center or 1-2 p.m. at the Youth Center. Teens will learn about managing money Monday; communication July 21 and building leadership qualities July 28. Call 221-0349.

Microsoft 2007 Excel

Tuesday, 9-11 a.m., Military & Family Readiness Center, building 2797. Learn how to enter basic formulas and use simple functions such as SUM, MIN and AVERAGE and create a chart. Call 221-2518 or 221-2517.

Hearts Apart Support Group

Tuesday, 11 a.m. to 1 p.m., Military & Family Readiness Center, building 2797. This is a support

group for spouses of geographically separated military couples. Call 221-0946 or 221-2418.

Immigration And Naturalization Services

Tuesday, 11:30 a.m. to 2 p.m., Military & Family Readiness Center, building 2797. An Immigration and Naturalization Service representative will answer questions about immigration and citizenship. Call 221-2705 or 221-2418.

Air Force Master Resiliency Training

Wednesday, 9-11 a.m., Military & Family Readiness Center, building 2797. The topic is accomplishing goals, to gain a sense of purpose and feeling of control. Call 221-9848 or 221-2705.

Bring Baby Home

Wednesday and July 23, 9 a.m. to 1 p.m., Military & Family Readiness Center, building 2797. This two-part class teaches new parents how to care for your newborn baby. Dads are welcome and encouraged to attend. Call 221-0349 or 221-2705.

Overseas Orientation

Wednesday, 9:30-11 a.m. or 1:30-3 p.m., Military & Family Readiness Center, building 2797. Topics include entitlements, reimbursements, household goods shipments, recognizing and dealing with the emotional stress of relocation, employment, and education. Call 221-2380 or 221-2418.

PAWS For Reading Summer Reading Program

Thursday, 10 a.m. at the Keith A. Campbell Memorial Library, 3011

Harney Path. "PAWS To Read" is the theme for the Department of Defense-wide Summer Reading Program. The program has reading incentives for all levels, including children, young adult and adults. On July 10, a guest speaker from the National Parks Service helps participants discover animal tracks and create their own. Call 221-4702.

AFTB Advisory Council Meeting

Thursday, 9-10:30 a.m., Military & Family Readiness Center, building 2797. Meeting to discuss the Army Family Team Building program, class schedules, needs of the community and marketing. Open to all members of the JBSA Community. Call 221-9196 or 221-2336.

Anger Awareness

Thursday, 9-11 a.m., American Red Cross, building 2650. Learn to identify triggers, expressions of anger and techniques to effectively control anger. Call 221-0346 or 221-2705.

Army Master Resiliency Training

Thursday, 1-3:30 p.m., Military & Family Readiness Center, building 2797. Learn to identify character strengths in yourself and others to build on the best of yourself and others. Call 221-9848 or 221-2705.

Women Encouraging Women

July 11, 11 a.m. to 1 p.m., Military & Family Readiness Center, building 2797. This month the group will discuss getting back on track with career and education goals. Call 221-0349 or 221-2705.

Key Caller Training

July 14, 8 a.m. to 4 p.m., Military & Family Readiness Center, building 2797. This training defines the responsibilities of the Family Readiness Group Key Caller and provides information on performing this role. Call 221-0946 or 221-2418.

Budget Basics

July 15, 2-3:30 p.m. at the JBSA-Randolph Military & Family Readiness Center. What is a spending plan? What needs to go into a spend plan? Come to our class and learn the answers to these and other budget questions. Get help in creating a personalized spending plan to fit your needs. Call 652-5321.

Airman Pre-Separation Briefings

July 15, 9 a.m. to noon, Military & Family Readiness Center, building 2797. Airmen separating or retiring must attend this mandatory briefing. They can schedule their pre-separation appointment up to 24 months before their retirement date or up to 12 months prior to their separation date. Call 221-2705.

Family Readiness Forum

July 15, 11 a.m. to noon, Military and Family Readiness Center, building 2797. This forum provides Family Readiness Group leaders and support assistants the opportunity to discuss, network and share lesson learned. Call 221-0946 or 221-2418.

AFTB Facilitator Training

July 16 and 17, 8:30 a.m. to 3 p.m., Military & Family

Readiness Center, building 2797. This Army Family Team Building training will teach people to be facilitators. Learn how to work with small groups to encourage discussion, participation and to solve problems. Call 221-9196 or 221-2336.

Resume Writing Technique

July 16, 9-11:30 a.m., Military & Family Readiness Center, building 2797. Learn techniques that will assist you in preparing a non-federal style resume. Call 221-2705.

EFMP Support Group

July 16, noon to 1 p.m., Military & Family Readiness Center, building 2797. Exceptional Family Members

Army Family Advocacy Pro- gram Unit Training

July 16, 2-4 p.m., Military & Family Readiness Center, building 2797. Mandated Army Unit Family Advocacy Training in accordance with Army Regulation 608-18 regarding domestic and child Abuse identification, reporting, and prevention. Also covers Lautenberg Amendment, restricted and unrestricted reporting and victim compensation. Sessions consist of 30 minute increments, starting at the half hour. Call 221-0349 or 221-2705.

Air Force Master Resiliency Training

July 17, 9-11 a.m., Military & Family Readiness Center, building 2797. Learn to identify and capitalize on your strengths. Call 221-9848 or 221-2705.

BLOOD from P18

that while the ASBP works closely with the American Red Cross, the American Blood Centers and other civilian blood collection agencies to assist with requirements they cannot fill, there are important distinctions.

"We're the only distribution system that's going to get you blood on the battlefield -- and it's going to come through

the Armed Services Blood Program," Fahie said. "[Donations] impact our mission of being able to support the warfighter anywhere."

The captain explained that ASBP resources are pre-positioned globally to ensure rapid response from casualty receiving and hospital ships, aircraft, Marine elements and myriad other locales. Though it's widely known that the program sup-

ports people while at war, Fahie related that hospitals still must operate while not at war to provide global assistance.

While most healthy adults are eligible to give blood, some people may be deferred from donating temporarily, indefinitely, or permanently, Fahie said.

Though deferral criteria have been established for the protection of those donating and for

those receiving transfusions in accordance with FDA regulatory requirements, a temporary deferral should not discourage donors from coming back, the captain said.

Generally, blood donors must weigh at least 110 pounds; be at least 17 years of age, though the age may vary by state; have been feeling well for at least three days; be well hydrated; and have eaten some-

thing prior to donating.

According to the ASBP website, blood donor travel-related deferral criteria do not apply to organ and bone marrow or hematopoietic stem cell donation, and those ineligible to donate blood due to travel to disease-prevalent areas may still be eligible to donate organs and bone marrow.

Visit the Organ Procurement and Transplantation Network for

information on becoming an organ donor and the C.W. Bill Young Department of Defense Marrow Donor Program to learn how to join the National Bone Marrow Donor Registry for additional ways to save a life.

At Joint Base San Antonio-Fort Sam Houston, contact the Akeroyd Blood Donor Center at 295-4989 or visit <http://www.militaryblood.dod.mil/fsh/>.

OUTSIDE THE GATE

2nd Infantry Division Reunion

The Second (Indianhead) Division Association is searching for anyone who served in the Army's 2nd Infantry Division at any time. For information about the association and the 93rd annual reunion in Omaha, Neb., from Sept. 16-20, call 224-225-1202.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets

at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

Warrant Officer Association meeting

The July meeting of the Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will be at 5:30 p.m. July 21 July at the Longhorn Cafe, 1003 Rittiman Road, at the corner of Rittiman and Harry Wurzbach. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. For more information, call 413-1965 or 257-0931.

Weekly Weather Watch

	Jul 4	Jul 5	Jul 6	Jul 7	Jul 8	Jul 9
San Antonio Texas	 94° Partly Cloudy	 94° Partly Cloudy	 95° Partly Cloudy	 94° Partly Cloudy	 97° Sunny	 96° Partly Cloudy
Kabul Afghanistan	 89° Mostly Sunny	 90° Sunny	 92° Sunny	 94° Sunny	 95° Sunny	 95° Sunny

(Source: The Weather Channel at www.weather.com)

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service

11:01 - Contemporary "Crossroads"

Brooke Army Medical Center Chapel

Building 3600,
3851 Roger Brooke Rd.
10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,

Friday, MPC

8:30 p.m. - Oneg Shabbat,

Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday,
AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

*For worship opportunities of faith groups not listed here,
please visit the JBSA-Fort Sam Houston Chaplain's website at
<http://www.jbsa.af.mil/jbsachapel/samhouston.asp>.*

Fourth of July Weekend Base Service Closures

Find holiday closure information for July 4 and 7
for all Joint Base San Antonio locations on line.

[http://www.jbsa.af.mil/library/announcements/
closures.asp](http://www.jbsa.af.mil/library/announcements/closures.asp)

GEMS from P6

ria, DNA, surgical knots and suturing techniques, dentistry, as well as hair, fiber and fingerprint analysis.

The interns make it through the camp with the help of two resource teachers who are full-time licensed teachers and four college students, or near-peers, to mentor the young interns.

"We present what they know and have learned in school and show them how they can use it in the future as researchers in military labs like this one," said Leigh Anne McIver, GEMS resource teacher.

Ashlyn Rathburn, a Texas State University elementary education major, is a near-peer who said that it is important for students at this age to be exposed to these types of activities.

"It is a great experience for all of us," she said. "We learn from each other."

GEMS interns Khalil Sample and Natalie McVay both said that the camp was fun and they would recommend it to their friends.

"We don't get to do this in our school," Sample said.

Each camp is designed for 24 interns, divided into two laboratory classrooms. The small groups

allow for a lot of one-on-one interaction between the staff and students. Resource teacher Maria Anzaldúa enjoys the small classroom atmosphere because it gives her the opportunity to keep the students engaged in their activities.

"If we don't, then it's easy for them to lose interest," she said.

In addition to the hands-on activities, the interns hear from US-AISR researchers about potential career paths in science, as well as their current research projects.

McIver added that this one-of-a-kind experience will be invaluable for the interns' future.

"They get to see what research is being conducted here and may someday say that they knew about it before it became known to the public," McIver said.

GEMS is one of several programs developed by the Army Educational Outreach Program to offer summer educational activities for middle and high school students who have an interest in becoming scientists and might have an interest in working for the Army or Department of Defense.

The GEMS summer camps are offered at various Army laboratory facilities throughout the United States.

MICC ACQUISITION FORECAST OPEN HOUSE



Photo by Daniel Elkins

Gary George explains the Army contracting process during an acquisition forecast open house June 19 at the Fort Sam Houston Theater on Joint Base San Antonio-Fort Sam Houston. The open house attracted approximately 200 representatives from small and large businesses throughout Texas. Attendees learned about contracting opportunities available for the remainder of the fiscal year, as well as recurring opportunities to support the Army with contracted goods and services. George is the acting director of the Mission and Installation Contracting Command-Fort Sam Houston contracting office.