



JANUARY 10, 2014  
VOL. 56, NO. 1

**JBSA  
HOTLINES**



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**JBSA Sexual Assault Hotline  
808-SARC (7272)**

**JBSA Domestic Abuse Hotline  
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**JBSA Duty Chaplain  
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



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**U.S. ARMY ALL-AMERICAN BOWL**

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## San Antonio's first baby of 2014 makes his arrival at SAMMC

By Elaine Sanchez  
Brooke Army Medical Center Public Affairs

As fireworks lit up the sky over downtown San Antonio, an Army couple rang in the New Year with a new addition to their family at San Antonio Military Medical Center's labor, delivery and recovery ward.

Born at 12:03 a.m., the birth of Zane Huesca Rodriguez not only marked the first baby of the year for SAMMC, but also the first of the year for San Antonio.

Proud parents Sgt. 1st Class Alfonso Rodriguez of the Army National Guard and his wife, Larabeth, called the first baby news "surreal."

"When the nurses let us know we were the first in the city, we couldn't believe it; we were in shock," said Larabeth, while holding her sleepy 7-pound, 15-ounce son.

Just hours earlier, the couple had been sightseeing downtown with their other two children and Larabeth's cousin. They had just left the Alamo and were on a boat ride on the Riverwalk when the contractions first hit.

"We walked around for a while and then figured it was time to come here," said Larabeth, noting that New Year's Eve was her original due date.

With a potential delivery at hand, the staff grew excited as midnight – and the possibility of a first baby – drew near. Shortly after midnight, when they heard the good news, cheers and shouts erupted in the hall.

"We were so excited for the



Photo by Robert Shields

Local media interview Alfonso and Larabeth Rodriguez about their new son, who was San Antonio's first baby of 2014, in the labor, delivery and recovery ward at San Antonio Military Medical Center. Zane Huesca Rodriguez was born at 12:03 a.m. Jan. 1, and weighed 7 pounds, 15 ounces.

parents and their beautiful baby," said Army Capt. Susan Holmen, a L and D resident, who was accompanied by staff physician Air Force Lt. Col. Deirdre McCullough and Army Capt. Diana Villa-Zanakretzer, an OB/GYN chief resident. "The delivery was a team effort and everyone did a fantastic job."

Along with the title of San Antonio's first baby of 2014, the Rodriguez family also received an abundance of gifts from local hospitals and other organizations.

These included a \$10,000 scholarship to the University of the Incarnate Word, a car seat, gift cards, a baby blanket and gift baskets.

"All we did was have a kid and my beautiful wife did all of the

work," said proud dad Alfonso. "This is all very surreal."

"I'm just happy we have a beautiful, healthy baby boy," he added, "and I'm very grateful for the amazing staff here."

BAMC opened its labor, delivery and recovery ward Sept. 6, 2011, after assuming the inpatient mission from then-Wilford Hall Medical Center. SAMMC welcomed nearly 1,700 babies in 2013 and more than 3,600 since 2011.

The labor, delivery and recovery ward has risen to the top in just a few years. It's now rated as the No. 1 L and D ward in the Department of Defense for inpatient satisfaction. Additionally, SAMMC's inpatient services are rated among the top 25 percent in the nation for customer satisfaction.

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# Air Force's newest leader takes charge

By Staff Sgt. David Salanitri  
Air Force Public Affair Agency

The Air Force's 23rd Secretary of the Air Force was formally sworn in, Dec. 20, in the Pentagon.

Deborah James assumed the position of the Air Force's highest ranking leader, making her the second female in Air Force history to serve in the role.

As James takes on her new duties, she said she knows there will be challenges, inheriting the service at a time filled with uncertainties, from the budget to management of the force.

"I think our Air Force is in great shape given that we've been living through some difficult times," James said during her first interview as



Photo by Scott M. Ash

Timothy Beyland (left) swears in Deborah Lee James as the 23rd Air Force secretary Dec. 20, 2013, at the Pentagon. James is responsible for the affairs of the Department of the Air Force, including the organizing, training, equipping and providing for the welfare of its more than 690,000 active-duty, Guard, Reserve and civilian Airmen and their families. Beyland is the administrative assistant to the secretary of the Air Force.

secretary. "I'm enormously optimistic about the future of our Air Force. We have nothing but op-

portunities to face in the upcoming years."

While James said she is confident the Air

Force will prevail moving forward, she noted that the service's manning will look different in the future.

"I'm equally certain that we will become a smaller Air Force; we will remain a capable Air Force with top notch people," she said. "We're going to remain No. 1."

Over the next five years, the Air Force is slated to cut roughly 25,000 Airmen.

Recently, Air Force officials announced programs that will aid the service to achieve such cuts in manning.

With these force management programs beginning, James said senior Air Force leaders are working to give Airmen as much information as they can, as fast

as they can.

"We are going to be as transparent as possible and get them information as quickly as we can," James said. "We don't want them to be consumed by worries of the future."

As she begins her tenure as the SecAF, James said she wants Airmen to know she is 100 percent dedicated to serving them.

"I am totally committed to every Airman," she said. "My top job is to be their advocate here in Washington and around the globe."

Before being nominated by President Barack Obama on Aug. 1, James was president of the Technology and Engineering Sector at Science Applications International Corporation.

## Veterans Affairs warns of marketing scam

By Claudette Roulo  
American Forces Press Service

The Department of Veterans Affairs recently posted an alert on its Facebook page warning of a marketing scam targeting veterans.

A marketing company has purchased telephone numbers that differ by one digit from the VA's national call center and the GI Bill call center. Callers who misdial and reach the fraudulent numbers will be offered a gift card in exchange for personal and financial information – including credit card

information.

According to the warning, after the caller's information is obtained, they may even be transferred to the VA number they were attempting to reach.

The VA will never ask for credit card or banking information over the phone. Law enforcement authorities have been notified of the situation.

The VA's national call center number is 800-827-1000, and the GI Bill call center's number is 888-442-4551. VA's customer service numbers can be verified online at <https://www.iris.custhelp.com/>.

## Did you know?

Joint Base San Antonio is the largest joint base in the Department of Defense, made up of three primary locations, eight other operating locations and more than 200 mission partners. The Air Force is the lead for JBSA and established the 502nd Air Base Wing to provide installation support across all JBSA locations. The Air Force commander also serves as the JBSA commander. The decision to create a joint base dates back to a recommendation made by the 2005 Base Realignment and Closure Commission. The 502nd ABW took over responsibility for JBSA Jan. 31, 2010.

### COMBINED FEDERAL CAMPAIGN POINTS OF CONTACT

The 2013 Combined Federal Campaign has been extended and now runs through Wednesday. The points of contact for Joint Base San Antonio are:

**502nd Air Base Wing:**  
1st Lt. Amanda McGowin, 221-4321  
Alternate: Master Sgt. Mason Wilson,  
671-6705

**502nd Force Support Group:**  
Manny Henning, 221-1844  
Alternate: Duane Dunkley, 221-2207

**502nd Installation Support Group:**  
1st Lt. Brandon Langel, 671-2528  
Alternate: Master Sgt. Robert Brinson, 671-5511

**502nd Security Forces and Logistics Support Group:**  
Matt Borden, 652-3797  
Alternate: Master Sgt. Ennis Fowler, 652-6915  
Alternate: Master Sgt. Shawn Waghorn, 652-3088



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<http://www.jbsa.af.mil>  
<http://www.samhouston.army.mil/pao>

## News Briefs

### Giant Voice Tests

The 502nd Air Base Wing Giant Voice mass notification system will undergo several readiness tests at Joint Base San Antonio-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph between 10 a.m. and noon Tuesday, Jan. 14 to ensure mass notification is audible and understandable across JBSA.

### 502nd ABW Annual Awards Banquet

The 502nd Air Base Wing Annual Awards Banquet is from 6-9 p.m. Jan. 17 at the Gateway Club, located at 1650 Kenly Ave. on Joint Base San Antonio-Lackland. Dress is mess dress or semi-formal uniform for military and black tie/formal for civilians. Cost is \$30 for E-1 through E-4 and O-1 through O-2/GS-1 through GS-7. For E-5 through E-8 and O-3 through O-5/GS-8 through 13, cost is \$35. For E-9 and O-6/GS-14 and above, cost is \$40. Club members receive a \$2 discount. Dinner options are six-ounce ribeye, chicken supreme with cream cheese and herbs or vegetable lasagna. Call Tech. Sgt. Jonathon Green at 652-8298 for more information.

### Commander Calls

The 502nd Air Base Wing and Joint Base San Antonio commander, Brig Gen. Bob LaBrutta is hosting three commander calls: Monday, Jan. 13, 10 a.m., JBSA-Lackland, Bob Hope Theater; Tuesday, Jan. 14, 10 a.m., JBSA-Randolph, Fleenor Auditorium and Wednesday, Jan. 15, 10 a.m., JBSA-Fort Sam Houston, building 1467, Academic Support Building.

### Community Town Halls

The 502nd Air Base Wing and Joint Base San Antonio commander, Brig Gen. Bob LaBrutta is hosting three Community Town Halls to discuss issues currently affecting JBSA: Jan. 21, 6 p.m., JBSA-Fort Sam Houston, Evans Theater; Jan. 22, 6 p.m., JBSA-Randolph, Fleenor Auditorium; Jan. 23, 6 p.m., JBSA-Lackland, Bob Hope Theater.

### WHASC Pain Clinic Closure

The pain management clinic at the Wilford Hall Ambulatory Surgical Center is closed. All pain management services will be rendered at the San Antonio Military Medical Center. For

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# MCRMC stops in San Antonio to hold public hearings, town hall meeting

By Lori Newman  
JBSA-Fort Sam Houston  
Public Affairs

The Military Compensation and Retirement Modernization Commission made a stop at Joint Base San Antonio Jan. 6 and 7 to hear testimony from key military and civilian leaders regarding military compensation and quality of life programs offered to service members and their families.

“The purpose of the commission is to make sure we conduct a comprehensive review of compensation and retirement programs, then to make recommendations to Congress

and the president next year as to how to modernize those programs,” said Alphonso Maldon Jr., chairman of the MCRMC.

The commission is focusing on four key areas – paid compensation, health care, retirement and quality of life for military members and their families.

The MCRMC’s goal is to make recommendations to ensure the long-term health of the all-volunteer force, provide for a high quality of life for service members and their families and to ensure that the compensation

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Photo by Lori Newman

(From left) Chief Master Sgt. Brian O’Mullan, representing the command chief, Air Force Intelligence, Surveillance and Reconnaissance Agency; Chief Master Sgt. Craig S. Recker, command chief, 37th Training Wing; Maj. Gen. Margaret B. Poore, commander, Air Force Personnel Center; Lt. Gen. Perry Wiggins, commander, U.S. Army North (Fifth Army) and senior Army commander, Fort Sam Houston and Camp Bullis; Brig. Gen. Robert LaBrutta, commander, 502nd Air Base Wing and Joint Base San Antonio; and Chief Master Sgt. Rhonda S. Buening, command chief, 67th Cyberspace Wing participant in a public hearing Jan. 6 at the Military and Family Readiness Center at JBSA-Fort Sam Houston.

## Burn Resuscitation Decision Support System team earns award

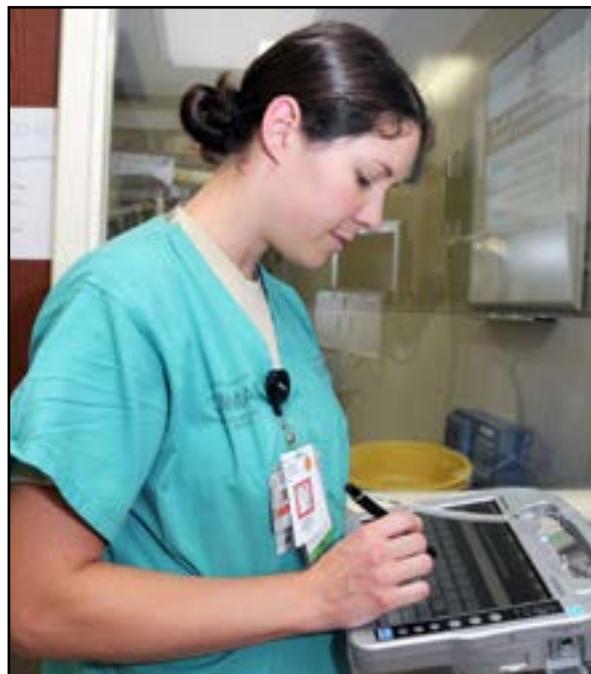


Photo by Steven Galvan

Capt. Danielle Schaaf, a staff nurse at the U.S. Army Institute of Surgical Research Burn Center intensive care unit, uses the Burn Navigator to input patient data.

By Steven Galvan  
U.S. Army Institute of Surgical  
Research Public Affairs

The U.S. Army Institute of Surgical Research Burn Resuscitation Decision Support System team was selected as the winner of the U.S. Army Medicine Wolf Pack Award for the first quarter of fiscal year 2014.

“The Institute of Surgical Research was recognized for their development of the Burn Navigator, a Food and Drug Administration-approved device that allows burn patients to be more safely managed,” said Lt. Gen. Patricia D. Horoho, Army surgeon general and commanding general of the Army Medical Command. “This technology is the first

of its kind and assists clinicians with decision making when managing fluid resuscitation of the severely burned patient.”

According to USAISR director of research David G. Baer, Ph.D., the Burn Navigator, also known as the burn resuscitation decision support system-mobile, is the only medical device to ever start as a research project within the U.S. Army Medical Research and Materiel Command, and then go through advanced development, FDA clearance and exit the decision gate process into fielding.

Baer added the BRDSS-M fully has transitioned to Full Rate Production, which means the device has

been manufactured and deployed to the field.

“The Army will buy and field the first nine devices, with additional purchases to follow for outfitting all units and training centers,” added Baer. In addition to military use, several U.S. burn centers are in the process of acquiring the device to assist in treating their most challenging patients.

“We are extremely proud of the efforts of this extraordinary team,” added Col. (Dr.) Michael A. Weber, commander USAISR. “This team truly supports our mission of optimizing combat casualty care through their dedication to developing a device that will

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## ARMY VICE CHIEF OF STAFF VISITS JBSA-FORT SAM HOUSTON



**Photo by Sgt. Lee Ezzell**

Lt. Gen. Perry Wiggins (left) briefs Gen. John Campbell (right), vice chief of staff of the Army about Army North's role in homeland defense Jan. 3. Campbell stopped by U.S. Army North (Fifth Army) during a visit to San Antonio for the U.S. Army All-American Bowl, which was held at the Alamodome Saturday. Wiggins is the commanding general, Army North and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis.



## News Briefs

Continued from P3

appointments in January and February, call 292-7160.

### Online Tutoring Available

All kindergarten through grade 12 students in eligible military families can access a Department of Defense tutoring program at <http://www.tutor.com/military>. The site provides expert tutoring to military families in all core school subjects at no cost.

### School Safety Tracker App

In an effort to provide a safe and nurturing learning environment for students and staff, the Fort Sam Houston Independent School District has introduced the FSHISD Safety Tracker App. The app, available for iPhones and Android devices, allows users to submit safety concerns they might have with the district and schools. Users can submit text messages, images or video and the submissions can be anonymous if desired. School administrators will receive notification of the submissions and will review all tips entered through the system. Directions for download can be found on the district's website at <http://www.fshisd.net>.

### Technology Expo

Military, civilian, and contractor personnel are invited to see the latest in test equipment, electronic design, engineering and measurement solutions, supply chain solutions, systems integrators, IT consulting and staffing, application development, GIS mapping software, advanced video conferencing and more. Hosted by the Network Enterprise Center, the expo will be at the Sam Houston Community Center, JBSA-Fort Sam Houston, Jan. 27, 10 a.m. to 2 p.m. For a list of exhibiting companies or to request a company, email [Lee@ncsi.com](mailto:Lee@ncsi.com) or call 443-561-2412. To pre-register visit <http://www.federalevents.com>.

### Hip and Knee Replacements

The San Antonio Military Medical Center Orthopedic Service announces that hip and knee replacements are available to all TRICARE beneficiaries, including patients over the age of 65. Ask your primary care provider for a referral to the orthopedic clinic at SAMMC if you are a candidate for hip or knee replacement surgery. For more information, call 916-6386.

# Wounded troops rev up to restore cars, lives

By Elaine Sanchez  
Brooke Army Medical Center  
Public Affairs

Wounded troops soon will be trading their rifles for wrenches as they gear up to participate in a newly launched car restoration and repair program dubbed "Automotivation."

After more than a year without a site, the program raised the garage door on its new location in Northeast San Antonio during a grand re-opening Dec. 9.

Through the program, seasoned mechanics share automotive savvy with wounded service members from Brooke Army Medical Center and veterans from throughout the city.

"Working on cars is good physical and mental therapy," said Janis Roznowski, director of the nonprofit organization Operation Comfort, which sponsors the program. "It teaches them skills they can take into the world and offers them a safe place to open up to others who understand what they're going through."

Roznowski dreamed up the idea for an automotive skills/therapy program in 2006 after visiting a Soldier recovering at BAMC whose hands had been badly burned in Iraq.

"He said he hoped his hands would be well enough to work on a car with his dad when he returned home," she recalled. "He was worried about disappointing his father. I wanted to help in any way I could."

Roznowski had already launched a number of successful sports

programs, including sled hockey and cycling, but decided to shift to a different direction. She rented a garage, loaded it with two donated project vehicles – a 1984 Ford Bronco and a 1954 Dodge Power Wagon – and asked Army veteran Chris Leverkusn to oversee the program.

L Leverkusn, who had lost his right leg below the knee in a blast in Iraq, drew from general automotive knowledge and dove right in to help.

First up was helping a group of wounded service members tear down the Bronco. Rather than build it back up, they opted to pull the body off of the Dodge and put it on the Bronco's frame.

"It took a core group of 15 to 20 guys, plus at least 100 more who were hands-on in some way and then five years to build," he said.

This hybrid of vehicles, now fondly referred to as "The Beast," was on hand at the grand opening – as was their next project, a donated 1966 Cobra kit car built from the ground up in two years.

L Leverkusn proudly showed off both cars to a group of Soldiers and veterans who had turned out for the ceremony. He raised the hood of the Cobra as Army Staff Sgt. Troy Drebenstedt, of BAMC's Warrior Transition Battalion, checked out the tricked-out engine.

However impressive, these automotive transformations are nothing compared to the transformation he has seen within the wounded service members, Leverkusn said during a



Photo by Robert Shields

Army Staff Sgt. Troy Drebenstedt, of Brooke Army Medical Center's Company C, Warrior Transition Battalion, peers under the hood of 1966 Cobra kit car during the grand opening of the Automotivation program in northeast San Antonio Dec. 9.

lull in the ceremony.

Through the program, "guys went from being quiet and antisocial to talking to anyone about anything and becoming great peers to fellow service members," he said. "We saw quite a few who realized they could do a lot more than they initially thought."

Army veteran Vic Hash credits the program with helping his own and countless others' recoveries. Injured in Afghanistan in 2010, Hash was being treated at BAMC when he first heard about the auto program. The experienced mechanic and welder, who rebuilt his first engine on a farm at age 12, pitched in to help and is now the program's lead mechanic.

"Guys would come in without arms and ask

to learn to weld or to woodwork," he recalled. "We'd figure it out. It helped me and I know it helped others get our minds off of the negative stuff."

He recalled a wounded Sailor, a double amputee with severe burns, who stopped by the garage week after week for six months – but only to observe.

"He eventually came up and wanted to help," Hash said. They gave him a modified wheelchair so he could work on an engine and he stuck with the program for months.

"The last time I saw him, he was on his trike working out, sweating and engaging," he said. "That's the point – to get these guys re-engaged

in life. Instead of sitting at home playing a video game or being an introvert and bored and angry, they're out there doing something."

Now housed in their new location, Leverkusn and Hash said they're revved up for a new influx of budding car enthusiasts.

They already have a project lined up: the restoration of a World War II-era WC-54 Army ambulance that belongs to the Army Medical Department Center for History and Heritage here. Along with the 1942 Dodge Power Wagon, AMEDD will also pass on a second Dodge for parts.

"This is a great opportunity to help wounded service members

# Academy of Health Sciences grad school holds research day

By Phil Reidinger and Esther Garcia

Army Medical Department Center and School Communication Office

For the first time, military and civilian researchers – along with graduate students – within central and southern Texas gathered Dec. 11 at the Army Medical Department Center and School for the Academy of Health Sciences Graduate School's third Annual Research Day to share healthcare research findings and build new collaborations.

Participating civilian academic organizations included the University of Texas at San Antonio; University of Texas Health Science Center at San Antonio; University of Texas School of Public Health; University

of the Incarnate Word; St. Mary's University; Texas State University; Texas A&M University and Baylor University.

After remarks by Col. Josef Moore, AHS Graduate School dean, and Maj. Gen. Steve Jones, AMEDDC&S commanding general, keynote speaker, Col. Russ Kotwal, director of trauma care delivery, Joint Trauma System, U.S. Army Institute of Surgical Research, addressed those in attendance.

Participants then attended several break-out sessions with presenters from the Air Force, St. Mary's University, Texas State University, UTHSC-SA, and University of the Incarnate Word covering topics on forming effective military and civilian academic research



Photo by Esther Garcia

Twenty-six posters covering various topics were on display in Blesse Auditorium at the Academy of Health Sciences Graduate School's third Annual Research Day Dec. 11.

collaborations, conducting inter-professional education and research and other key research

topics.

Military and civilian researchers presented 26 posters that covered a di-

verse selection of topics.

"The Effects of Epinephrine and Vasopressin on Survival from Cardiac

Arrest Following Desipramine Overdose in a Porcine Model," presented by Don Johnson, AHS Graduate School Program director of research, won for best poster presentation.

"Development of a Traumatic Brain Injury Assessment Score using Novel Biomarkers Discovered Through Profiling," presented by Maj. John Buonora, emergency medicine, received the best platform presentation award.

"I am very excited to be here, said Dr. Leslie LaRo Hayes, marriage and family therapist at St. Mary's University.

"I was able to see the medical side and hear the different views and conversations of the various topics."

## Enlisted retention board convenes at JBSA-Randolph in June

By Debbie Gildea

Air Force Personnel Center Public Affairs

An enlisted retention board will convene at Joint Base San Antonio-Randolph in June to consider eligible senior airmen through senior master sergeants for retention, said Air Force Personnel Center officials.

The enlisted retention program is one of several expanded force management programs that have been or will be implemented this year, said Lt. Col. Rick Garcia, AFPC Retirements and Separations Branch chief.

Other fiscal 2014 programs include a chief master sergeant retention board, officer force shaping board; enhanced selective early retirement

board; a reduction in force board and officer and enlisted voluntary separation pay incentives.

Airmen eligible to be considered by the retention board can apply for voluntary separation (or retirement if they are eligible) in lieu of board consideration. Airmen approved must separate by Jan. 31, 2015, or retire by Feb. 1, 2015. AFPC will accept applications beginning Tuesday through April 3, 2014.

The retention board will review enlisted members' records, consisting of enlisted performance reports, decorations and a retention recommendation form to select individuals for retention. The board will consider Airmen who are in overmanned Air Force

specialties, Garcia said.

Senior airmen, staff sergeants and technical sergeants who are in an overmanned specialty with a Jan. 1, 2013 or earlier date of rank may be eligible for this board. Eligible Airmen may be able to apply for voluntary separation and may be eligible for voluntary separation pay if they have more than six years of service.

If they have more than 15 years of service, they may be eligible for early retirement under the Temporary Early Retirement Authority program.

Airmen who apply for voluntary separation pay must agree to serve in the Individual Ready Reserve for at least three years following separation from active duty.

Master sergeants and senior master sergeants who have at least 20 years of total active federal military service by Oct. 31, 2014, in an overmanned specialty and have a Jan. 1, 2013, or earlier date of rank, may be eligible for this board.

Eligible master and senior master sergeants who voluntarily retire must do so no later than Jan. 1, 2015.

"While retention boards are not uncommon for officers, enlisted boards are new," Garcia said. "So, senior raters should be aware that they must prepare and sign a retention recommendation form for each of their senior NCOs eligible for the board."

Squadron commanders must prepare and

sign a retention form for all eligible senior airmen through technical sergeants.

Airmen who apply for separation or retirement in lieu of meeting the retention board may be able to use the limited active-duty service commitment waiver process, which is described in Personnel Service Delivery Memorandum 13-64, accessible on the myPers website at <https://mypers.af.mil>.

In addition, Airmen can apply for separation or retirement if they have between 18 and 20 years of service by Jan. 30, 2015, even though they will not meet the retention board. No Airmen may apply if they are under investigation, under civil charges, pending

disciplinary action, pending involuntary discharge, under appellate review, projected for separation or have submitted a separation or retirement application that has been coordinated by their commander and is pending approval.

Airmen selected for separation are authorized Transition Assistance Program benefits, including permissive temporary duty, 180 days extended medical care for themselves and their families and an identification card for two years that grants commissary and exchange privileges.

All separating and retiring Airmen must attend a transition assistance program offered at their

See RETENTION, P17

# JBSA graphic artists visually enhance customer projects

By Alex Salinas

Joint Base San Antonio-Randolph  
Public Affairs

Chances are likely informational brochures, posters and signs throughout Joint Base San Antonio were crafted by the hands of a 502nd Air Base Wing graphic artist, who works in conjunction with installation mission partners to enhance artwork, inform the population and help tell the military service stories.

“Graphics support at JBSA is considered a customer-oriented service with progressive and innovative visual information support centers at all three JBSA locations,” said Lino Espinoza, JBSA-Randolph graphics section chief.

Products and services graphics offers include training aids; 2-D and 3-D displays; exhibits; signs and digital graphics; brochures, booklets and tri-folds; wide format



Photo by Richard McFadden

A graphics designer laminates a poster Dec. 12 at Joint Base San Antonio-Randolph. Office hours for the graphics department at all three JBSA locations are 7 a.m. to 4 p.m. Monday through Friday.

printing for posters and banners; design artwork and logos; and lamination.

“We essentially take a customer’s ‘stick figure’ rendition and turn it into a quality, industry-standard final print or image,” Espinoza said.

Using a variety of design software, graphic artists are tasked with copying and scanning images and artwork; transferring images electroni-

cally; converting slides and images to various file formats; scanning and writing images, text and graphics to compact discs; and printing graphics and photography from smaller to larger formats.

“Sometimes projects can take five minutes; other times they can take months,” said Tony Ervin, JBSA-Randolph graphic artist. “It all depends on the scope.”

With graphic artists at three locations, the number of products produced is about 5,000 per quarter.

A recent innovative project involved transforming a JBSA-Randolph squadron’s flying training manual from print to digital copy for a computer tablet with buttons hyperlinking to different sections of the manual, Ervin said.

“We’re all about innovation,” he said. “Turning a presentation into an interactive PDF keeps us up with the times and keeps us relevant.”

At JBSA-Fort Sam Houston, dubbed the

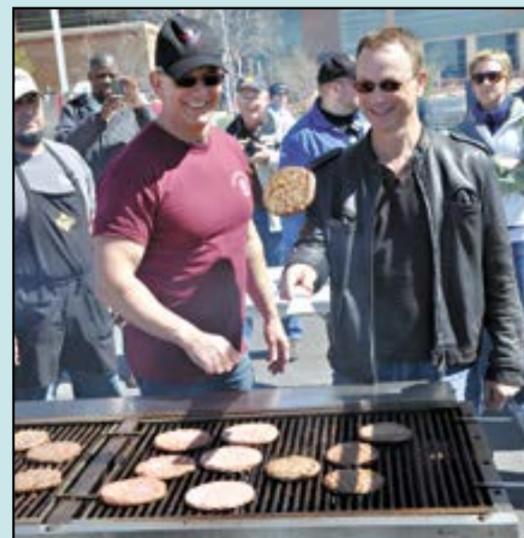


# LOOKING BACK AT 2013



**Photo by Robert Shields**

(From left) Outgoing Brooke Army Medical Center commander Maj. Gen. M. Ted Wong and incoming BAMC commander Col. Kyle Campbell render salutes during the playing of the national anthem at the BAMC change of command and responsibility at MacArthur Parade Field Jan. 24.



**Photo by Robert Shields**

Chef Robert Irvine (left) watches as actor Gary Sinise flips a burger before the show at Brooke Army Medical Center campus March 6. The event included a two-hour concert from Sinise's "Lt. Dan Band" and a classic barbecue prepared by Irvine, host of the television show "Restaurant: Impossible."



**Photo by Sgt. 1st Class Christopher DeHart**

Representatives of the Warrior and Family Support Center, the Returning Heroes Home organization, U.S. Army North (Fifth Army) and a host of wounded warriors, past and present, and their families take part in the April 8 opening ceremony for Freedom Park at the WFSC.



**Photo by Kathy Salazar**

Service members on Joint Base San Antonio-Fort Sam Houston enjoy a free breakfast May 14 during Mission Breakfast. The J.M. Smucker Company donated the breakfast items because the JBSA-Fort Sam Houston Commissary won a display competition the previous September.



**Photo by Joel Martinez**

Gen. Edward A. Rice Jr. (left), commander of Air Education and Training Command, passes the guidon to Brig. Gen. Robert D. LaBrutta (right), during the 502nd Air Base Wing and Joint Base San Antonio change of command ceremony May 29 at JBSA-Fort Sam Houston's MacArthur Parade Field. LaBrutta replaced Brig. Gen. Theresa C. Carter, who was promoted to major general and is now The Civil Engineer, Headquarters U.S. Air Force, Washington, D.C.



**Photo by Eric Lucero**

Marine Corps Gen. John F. Kelly (second from right), U.S. Southern Command commander, hands the U.S. Army South colors to Maj. Gen. Joseph P. DiSalvo, the incoming Army South commanding general, during a change-of-command ceremony in front of Army South headquarters June 24.



**Photo by Rich McFadden**

(From left) Air Force Chief of Staff Gen. Mark A. Welsh III, Gen. Edward A. Rice Jr., outgoing Air Education and Training Command commander, and Gen. Robin Rand, incoming AETC commander, arrive at the AETC change of command ceremony at Joint Base San Antonio-Randolph Oct. 10.



**Photo by Staff Sgt. Corey Baltos**

Maj. Gen. Perry Wiggins, then deputy commanding general, U.S. Army North (Fifth Army), smiles as his father, Lamar, and wife, Annette, slide lieutenant general shoulder boards on his uniform during his promotion ceremony Sept. 4 at the historic Quadrangle. Immediately following the promotion, Wiggins assumed command of Army North during a change of command ceremony.



**Photo by Lori Newman**

Ben Paniagua, recreation director for the new Student Activity Center on the Medical Education and Training Campus at Joint Base San Antonio-Fort Sam Houston, cuts the ribbon Nov. 25 with the help of Brig. Gen. Robert LaBrutta, JBSA and 502nd Air Base Wing commander, and other senior leaders including Maj. Gen. Stephen Jones, U.S. Army Medical Department Center and School commander, and Rear Adm. William Roberts, METC commandant. The \$21.2 million, 62,000-square-foot facility features three levels, a snack bar, club, student business center, coffee bar, gaming lounge, music rooms and movie theater to serve the more than 6,000 students at JBSA-Fort Sam Houston.



**Photo by Steve Elliott**

Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, salutes the flag during the playing of the national anthem during the 502nd Air Base Wing transformation ceremony at Joint Base San Antonio-Fort Sam Houston Dec. 4.



**AUTO from P6**

tory," said retired Army Col. Bob Driscoll, chief of the AMEDD Center for History and Heritage.

"It's a massive undertaking," Hash noted. "We're going to completely take it apart and restore it, down to the paint and original markings. Once we get it up and running, we'll give it back to the AMEDD Museum."

Lt. Col. Eric Edwards, BAMC WTB commander, said he's expecting a few dozen Soldiers to initially join. The WTB, he explained, is completing a contract that will allow Automotivation to be recognized under the Career, Education and Readiness Program, which provides work studies, educational opportunities and internships for medically eligible Soldiers.

"Given that the

AMEDD Museum is contributing a World War II vintage ambulance to be repaired, our contract will recognize this project as another CER opportunity," he said. "The therapeutic benefits and socialization gained in this type of environment will certainly prove to have a positive impact during their rehabilitation phase of transition."

Hash said he's simply looking forward to getting back under the hood again.

"It's a huge mental boost to see a service member learn how to do something that they thought they couldn't," he said, "and to see a guy with no arms doing woodworking with a huge grin on his face."

Above all, the service members are not just restoring vehicles," he said, "they're restoring themselves."

**GRAPHICS from P8**

"Home of Military Medicine," creating training products for medical services is an important mission-related task for the graphics team.

"JBSA-Fort Sam Houston is a large educational and training location with more than 900 buildings," said Richard Valdez, JBSA-Fort Sam Houston visual information manager. "Training aids such as posters and brochures are needed

to break down various training. We are a part of training that includes all military branches of service."

Goals for all three JBSA graphics sections include attempting to create more mission-related and training products and saving the military services more money by continuing to digitize products, Espinoza said.

When requesting a graphics service, customers must fill out an Air Force Form 833, which

should then be emailed to their desired location's corresponding work-box.

To digitally access an AF Form 833, visit <http://www.jbsa.af.mil>, scroll to "Library" at the top of the website, click on "Multimedia," then click "AF Form 833" at the bottom of the page.

Items not authorized for production are: souvenirs, personal and farewell gifts, mementos, office photos and other products for personal use.

Office hours for the

graphics department at all three locations are 7 a.m. to 4 p.m. Monday through Friday.

To send electronic AF 833 forms or get more information, email [randolphmultimedia@us.af.mil](mailto:randolphmultimedia@us.af.mil) or call 652-4226 for JBSA-Randolph; 502abw.pam.lacklandmultimediacenter@us.af.mil or 671-2907 for JBSA-Lackland; and [usaf.jbsa.502-abw.mbx.visual-information@mail.mil](mailto:usaf.jbsa.502-abw.mbx.visual-information@mail.mil) or 221-5453 for JBSA-Fort Sam Houston.

# U.S. ARMY ALL-AMERICAN BOWL 2014



**Photo by Steve Elliott**

Members of the 3rd U.S. Infantry Regiment, known as "The Old Guard," bring the colors onto the field before the start of the U.S. Army All-American Bowl at the Alamodome Jan. 4.



**Photo by Steve Elliott**

Students from Joint Base San Antonio-Fort Sam Houston take in the action at the U.S. Army All-American Bowl at the Alamodome Jan. 4. They were part of the more than 40,000 attendees at the game



(Left) Master Sgt. Kimberly Green from the U.S. Army North Public Affairs office gives out ARNORTH items at the command's booth in the U.S. Army Strong Zone outside the Alamodome after the U.S. Army All-American Bowl Jan. 4.

**Photo by Steve Elliott**



**Photo by Tim Hips**

University of Florida-bound quarterback Will Grier of Davidson Day High School in Davidson, N.C., completed four of eight passes for 109 yards for the East in the 2014 U.S. Army All-American Bowl. The West prevailed, 28-6.



**Photo by Staff Sgt. Corey Baltos**

Sgt. Joshua Stahl, Company B, Warrior Transition Battalion, Brooke Army Medical Center, acknowledges the crowd at the Alamodome Jan. 4 during a recognition ceremony before the start of the U.S. Army All-American Bowl. Stahl and his family were recognized for their contribution and sacrifice to the nation. Stahl, who enlisted in the Army in 2007, was wounded in 2011 while serving in Afghanistan with the 3rd Brigade Combat Team, 10th Mountain Division. Pictured with Stahl and his wife, Truda, and their children, Haden, Lycris and Airika.



**Photo by Sgt. Corey Baltos**

U.S. Army Vice Chief of Staff Gen. John F. Campbell (right) flips a coin to determine which team gets the ball first at the U.S. Army All-American Bowl.



**Photo by Pfc. Brian Lang**

2014 U.S. Army All-American Bowl linebacker Nyles Morgan (right) greets Sgt. 1st Class Ryan McCaffrey, 2013 Army Reserve Drill Sergeant of the Year with the 98th Training Division, during pregame warm-ups at the Alamodome Jan. 4. Morgan is from Crete-Monee High School in Crete, Ill., and played on the West team, notching three tackles.

## OPERATION COOKIE CAPER AT AIR FORCE STUDENT DORM



**Photo by Airman 1st Class William Zavis**

More than 750 Air Force students participated in an evening social with cookies and hot chocolate Dec. 16, provided by the staff and family members of the 937th Training Group to help kick off the holiday season. Chaplain (Capt.) David Leonard and his wife Valorie, the "White Ropes" chaplain student leaders and Mike Sullivan, husband of 937th TRG Commander Col. Annata Sullivan, coordinated the second annual "Operation Cookie Caper" at the Air Force dormitory on Joint Base San Antonio-Fort Sam Houston. Squadron commanders, superintendents and their spouses took time to chat with the students and spread cheer after a final formation.

## SCIENCE CLUB STUDIES DNA



**Photo by Barry Napp**

Janet Martin, a project officer with the U.S. Army Environmental Command, discusses DNA and learned and behavioral traits with a fifth-grade science club student Dec. 11 at Fort Sam Houston Elementary School. The club members learned about DNA and built a model out of licorice, marshmallows and tooth picks. USAEC sponsors the monthly science club meeting and helps students learn and experience different scientific subjects.



### Word Level 1

Today, 9-11 a.m., Military and Family Readiness, building 2797. Call 221-2517.

### New Year! New You! Women Encouraging Women Event

Today, 11:30 a.m. to 1:30 p.m., Military and Family Readiness, building 2797. Get advice and tips on beauty resolutions for revitalizing yourself. Door prizes will be raffled to participants. Call 221-0349.

### ScreamFree Parenting

Today, 5:30-7 p.m., Military and Family Readiness, building 2797. Call 221-0349.

### General Resume Writing

Monday, 9-11 a.m., Military and

Family Readiness, building 2797. Call 221-0427.

### Get Lean 2014

Individuals or two-person teams can participate in the Get Lean 2014 weight loss challenge. Prizes will be awarded to the top two individuals and teams with the highest percentage of Fat Loss (based on BMI). Open to DOD ID card holders ages 16 and up. Minimum start weight is 130 pounds. Mandatory workshop and initial weigh-in for the Fitness Center on the Medical Education Training Campus will be Monday at 7:30 a.m. or 5:30 p.m. Mandatory workshop and initial weigh-in for the Jimmy Brought Fitness Center will be Wednesday at 7:30 a.m. or 5:30 p.m. Registration packets are available at both fitness centers. Call 808-5709 or 221-1234.

### H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Middle School Teen Center, building 2515. Call 221-0349.

### Hearts Apart

Tuesday, 11:30 a.m. to 1:30 p.m., Military and Family Readiness, building 2797. Call 221-0946.

### Immigration Services

Tuesday, noon to 2 p.m., Military and Family Readiness, building 2797. Call 221-9698.

### Resiliency and Master Resiliency Competencies

Wednesday, 10-11:30 a.m., Military and Family Readiness, building 2797. Call 221-0946.

### Army Family Advocacy Program Unit Training

Wednesday, 2-4 p.m., Military and Family Readiness, building 2797. Call 221-0349.

### Army Family Advocacy Program Unit Training

Thursday, 8-11 a.m., Military and Family Readiness, building 2797. Call 221-0349.

### Pre-Deployment Planning

Thursday, 9 a.m. to 3 p.m., Military and Family Readiness, building 2797. Call 221-0946.

### Child Safety Seat Clinic

Thursday, 1-3 p.m., Fort Sam Houston Fire Station, building 3830. Call 221-0349.

### Excel Level 1

Jan. 17, 9-11 a.m., Military and Family Readiness, building 2797. Call 221-2517.

### New Squadron Commanders and First Sergeants

JBSA Family Advocacy Program is required to provide new squadron commanders and first sergeants a desk side briefing within 90 days of arrival or assumption of command per DD 6400.1, even if temporary or as an additional duty. The briefing includes information on FAP services/classes, in an effort to assist them in promoting mission and family readiness. Call Family Advocacy at

292-5967 to set up an appointment and for more information.

### Computer Lab

The computer lab is available 8 a.m. to 4 p.m. Monday to Friday at Military and Family Readiness, building 2797. Call 221-2705 or 221-2418.

### How We Roll

Monday through Friday, 9-11 a.m. at Fitness Center on the Medical Education and Training Campus, the "How We Roll" program provides parents and strollers use of the indoor track. Mondays from 9-10 a.m., a fitness trainer is available for assistance and instruction. Call 808-5709.

### Fitness on Request Kiosk

The Fitness Center on the Medical Education and Training Campus hosts an innovative group fitness system including free virtual classes ranging from 20 to 60 minutes. Call 808-5709.

### Belly Dancing Class

Learn the art of belly dancing 6 p.m. Wednesdays at the Jimmy Brought Fitness Center. The class is free and open to all DOD ID cardholders. Call 221-1234.

### JBSA-Fort Sam Houston Ticket Office

The ticket office located in the Sam Houston Community Center, building 1395, Chaffee Road, is open 9 a.m. to 4 p.m. Tuesday through Friday. Call 808-1378.

### JBSA-Camp Bullis Sportsman Range

The Joint Base San Antonio-Camp Bullis range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

## METC instructors plead guilty to selling military property, false statements

By Capt. Anna Virdell

502nd Force Support Group  
Legal Office

Two enlisted instructors of the 383rd Training Squadron at the Medical Education and Training Campus were recently sentenced for the theft and illegal resale of thousands of dollars worth of textbooks purchased for

student use.

In courts-martial proceedings held at Joint Base San Antonio-Randolph, Air Force Tech. Sgt. Veronica Copenhaver and Staff Sgt. Vanetta Jackson pled guilty to sale of military property and providing false official statements to the 502nd Security Forces Squadron.

The sergeants used

their instructor status to gain access to new emergency medical technician textbooks purchased for student use in the Basic Medical Technician Corpsman Program.

Over the course of several months in 2012, the two instructors stole thousands of dollars worth of textbooks and sold them to the online book dealer

Bookbyte.

In September 2012, the illegal sales were uncovered and a lengthy investigation between the Bookbyte fraud department and the 502nd SFS resulted in convictions in both cases.

"These results prove the old adage that crime does not pay," said Capt. Morgan Bumbarger,

502nd Force Support Group Legal Office, who served as the trial counsel on the cases. "The sentences Copenhaver and Jackson received send a strong message that crimes of dishonesty will not be tolerated in the Air Force."

In addition to guilty findings, Copenhaver received a reduction in rank

to airman basic, confinement for six months, a two-thirds forfeiture of pay for six months and a fine of \$3,000.

Jackson received a reduction in rank to airman basic, confinement for seven months, two-thirds forfeiture of pay for seven months and a fine of \$1,183.

## Timely ICE feedback helps improve worldwide customer service

By Alex Salinas

Joint Base San Antonio-Randolph  
Public Affairs

At Joint Base San Antonio, people have the opportunity to voice their experiences with services ranging from dining and lodging to security and transportation with the Interactive Customer Evaluation website, better known as ICE.

The digital suggestion

box allows Department of Defense customers worldwide to post suggestions via electronic comment cards to rate products and services provided by DOD offices and facilities worldwide.

"Customer service is even more important as we move forward in this tight fiscal environment," said Shelta Reese, JBSA marketing director.

"Customers are the

cornerstone to many activities, so we need to ensure we provide the level of service that will keep them coming back."

To give feedback on ICE, customers must visit <http://ice.disa.mil/>, select the correct military branch and location, and then click on a service category.

From there, they choose a service provider

on an alphabetized list and rate them on qualities such as timeliness of service from "excellent" to "awful."

They also have the option to leave comments and recommendations up to 4,000 characters long.

"Most comment cards have less than 10 questions," Reese said.

"Leaving personal contact information is not required unless custom-

ers would like a response. If customers ask for a follow-up response, service providers will do so within three business days."

Customer comments are always taken into consideration, Reese said, as managers strive to improve their operations.

According to JBSA's ICE webpage, "our vision is to be 'our customers' first choice."

If a specific service cannot be found, submit comments using the "Site Suggestion, Questions, Comments" link located at the bottom of the page. Remember to checkmark "Response Requested" and provide contact information for a manager to follow up on comments.

To access the JBSA ICE site, visit [http://ice.disa.mil/index.cfm?fa=site&site\\_id=1024&dep=DoD](http://ice.disa.mil/index.cfm?fa=site&site_id=1024&dep=DoD).

**MCRMC from P3**

and retirement programs are fiscally sustainable.

Five of the nine member commission visited San Antonio, including Maldon, former Congressman Christopher Carney, retired Gen. Peter W. Chiarelli, 32nd vice chief of staff, U.S. Army, Michael Higgins and former Under Secretary of Defense (Comptroller) Dov Zakheim.

Commission members spoke with the panel regarding recruiting, retention and programs offered to service members and their families.

Lt. Gen. Perry Wiggins, commander, U.S. Army North (Fifth Army) and senior Army commander, Fort Sam Houston and Camp Bullis asked the commission to take into account how the Army has evolved from the time it began recruiting an all-volunteer force to the present. He also asked them to consider the state of the economy.

“As the economy starts to pick up I think

we need to have programs in place. We have to have benefits in place that maintain quality people joining our ranks because that’s the strength of our Army,” Wiggins said.

Maj. Gen. Margaret B. Poore, commander, Air Force Personnel Center, agreed adding that people join the military for many different reasons. “Protecting the benefits that entice people to come into the military is extremely important,” she said.

“We also have to be just as concerned regarding retention,” said Brig. Gen. Robert D. LaBrutta, commander, 502nd Air Base Wing and Joint Base San Antonio.

“What we need to do is create a package that is going to be more competitive...because once the economy changes for our country, and it will change, we have got to be able to retain (service members with) the skill sets we need for the Department of Defense and

for the security of this nation,” LaBrutta said.

LaBrutta said he wasn’t sure if the package offered today would be enough to sustain a quality force once the economy improves.

Military families are also concerned about medical, health, pay and retirement benefits, he added.

The panel agreed that even faced with fiscal challenges the military still needed to remain competitive when it came to recruiting and retention.

They also addressed quality of life issues asking the panel what challenges they faced within their organizations.

Terrye Haegerty, director of the 502nd Force Support Squadron, responded by saying one of the biggest challenges is budget cuts and how funds are managed.

Another challenge brought forth by Lynn McCollum, division chief, Family Programs, U.S. Army was the need for updated technology to

deliver key programs to service members and their families.

The panel agreed that fitness, youth services and child care, and military and family readiness are critical to service members and their families, along with deployment readiness, transition assistance and financial readiness.

During discussion about health care, Maj. Gen. Jimmie Keenan, commander of South Regional Medical Command and director of the San Antonio Military Health System and Maj. Gen. Byron Hepburn, 59th Medical Wing commander and SAMHS deputy director, addressed partnerships between the SAMHS and the South Texas Veterans Health Care System and surrounding area health care facilities.

Other topics of discussion were electronic records management, training, standardization of appointment systems, a combined formulary for prescription medica-

tions and TRICARE.

The MCRMC also met with members of the private health community which included representatives from Scott & White Health, BCBS of Texas, Cigna HealthSpring and Humana.

A town hall was also held Jan. 6 at the Audie

L. Murphy Memorial VA Hospital.

MCRMC will present their recommendations to Congress and the president Feb. 1, 2015.

For more information about the commission, visit <http://www.mcrmc.gov/>.

**AWARD from P3**

help save lives of those wounded on and off the battlefield.”

The original BRDSS technology was developed for use at the burn center intensive care unit about seven years ago by Jose Salinas, Ph.D, USAISR research task area program manager for comprehensive intensive care research. Salinas helped develop the BRDSS algorithm that generates recommendations of fluid intake for burn patients.

It was designed to assist in avoiding problems related to over- or under-resuscitating by medical care providers who do not routinely care for burn patients. The Burn Navi-

gator offers the tool in a mobile tablet that meets military specifications.

“This much needed medical capability represents a huge advancement in medical science that will benefit the Army Medical Department and the nation well into the future,” Horoho said. “Congratulations to Team ISR for its vision and outstanding achievement.”

The Wolf Pack Award is a quarterly award presented by the Army Surgeon General/U.S. Army Medical Command commanding general and acknowledges the team work of Department of Defense civilian and military health care teams to significantly advance Army medicine.

**RETENTION from P7**

local Airman and Family Readiness Center. The TAP includes congressionally-mandated pre-separation counseling, a required five-day TAP workshop, veterans benefits briefings, which include details on disability, one-on-one assistance to develop an individual transition plan and a capstone review, which requires commander concurrence that the member has met all career readiness standards.

Other related services include employment resources, financial planning/management, spouse employment assistance, relocation

assistance and general information and referral.

“We highly encourage all Airmen affected by force management programs to sign up early for a TAP class,” Garcia said. “Force management coupled with routine separations and retirements activity will have a significant impact on availability. So waiting until the results of the board may prevent getting into a conveniently-scheduled class.”

For complete eligibility requirements, application instructions and retention form information, go to myPers at <https://mypers.af.mil> and enter PSDM 13-129 in the search window.

**CHAPEL WORSHIP SCHEDULE**

**PROTESTANT SERVICES**

**Sundays**

**Main Post (Gift) Chapel**

Building 2200, 2301 Wilson Way  
8 and 11 a.m. - Traditional

**Dodd Field Chapel**

Building 1721, 5584 Dodd Blvd.  
8:30 a.m. - Samoan

10:30 a.m. - Gospel

**Army Medical Department**

**Regimental Chapel**

Building 1398, 3545 Garden Ave.  
9:20 a.m. - 32nd Medical Brigade

**Contemporary Service**

11:01 a.m. - Contemporary “Crossroads”

**Brooke Army Medical**

**Center Chapel**

Building 3600,  
3551 Roger Brooke Rd.

10 a.m. - Traditional

**CATHOLIC SERVICES**

**Daily Mass**

Brooke Army Medical Center Chapel  
Building 3600,

3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

**Main Post (Gift) Chapel**

Building 2200, 2301 Wilson Way  
11:30 a.m., Monday through Friday

**Saturday**

**Main Post (Gift) Chapel**

4:45 p.m. - Reconciliation

5:30 p.m. - Evening Mass

**Sunday**

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC

12:30 p.m. - Morning Mass, DFC

**JEWISH SERVICES**

8 p.m. - Jewish Worship,

Friday, MPC

8:30 p.m. - Oneg Shabbat,

Friday, MPC

**ISLAMIC SERVICE**

1:15 p.m. - Jummah, Friday, AMEDD

**LATTER DAY SAINTS SERVICES**

1 p.m. - LDS Worship, Sunday,  
AMEDD

**BUDDHIST SERVICES**

1 p.m. - Buddhist Services,

Sunday, AMEDD

*For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain’s website at <http://www.samhouston.army.mil/chaplain>.*

**WATER CONSERVATION TIPS**

1. Start a compost pile. Using compost when planting adds water-holding organic matter to the soil.
2. Use sprinklers that throw big drops of water close to the ground. Smaller drops of water and mist often evaporate before they even hit the ground.
3. Listen for dripping faucets and toilets that flush themselves. Fixing a leak can save up to 500 gallons a month.
4. More plants die from overwatering rather than underwatering. Only water plants when necessary.
5. Cook food in as little water as possible. This will also retain more of the nutrients.

*(Compiled by 502nd Civil Engineer Squadron)*

