



FEBRUARY 14, 2014
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**JBSA
HOTLINES**



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877-995-5247**

**JBSA Sexual Assault Hotline
808-SARC (7272)**

**JBSA Domestic Abuse Hotline
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**JBSA Duty Chaplain
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



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MODERN PENTATHLON HISTORY

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AMEDDC&S Reservist wins Army Small Arms Championship title

By Michael Molinaro
U.S. Army Marksmanship Unit Public Affairs

More than 200 Soldiers competed against each other and Mother Nature at the history-making 2014 U.S. Army Small Arms Championship at Fort Benning, Ga., from Jan. 26 to Feb. 1.

Snow, ice and bone-chilling weather, combined with the highest female participation in two decades and the crowning of a five-time champ, made this year's iteration of the Army's premier marksmanship training event one to remember for years to come.

"It was interesting," said Master Sgt. Russell Moore, an Army Reservist and Department of the Army civilian from Boerne, Texas. "It was great combat weather. It wasn't anything our Soldiers aren't facing around the world. It definitely affected things and you had to plan accordingly. I think it brought out the warrior in everybody."

Cementing his legacy within the lore of the "All-Army," Moore won the overall individual championship for a historic fifth time. He edged out fellow Army Reservist Sgt. 1st Class John Buol in a close battle that came down to the final match.

Moore spends his weekdays instructing combat medics at the U.S. Army Medical Department Center and School at Joint Base San Antonio-Fort Sam Houston. He follows that up on the weekends as an ROTC instructor at the University of Texas at San Antonio with the 4-414th Regiment and said he takes the valuable lessons back to the classroom.

"I've been very happy to take what I learned here and other matches and, whether it's my students or my cadets, to (explain to them) just how important individual marksmanship truly is to the Army."

Hosted by the U.S. Army Marksmanship Unit, active duty, Army Reserve and National Guard Soldiers were split into four main categories: pro, open, novice and cadet. Winners received plaques and coins, and their names were permanently engraved on trophies. Moore and the overall high novice shooter for the week, Capt.

Nicholas Brunnet, were awarded a Secretary of the Army M1 Garand Trophy Rifle for their accomplishment. Team California won the overall team championship.

Snow and ice pelted Fort Benning on the second day of the event, leading to the post closing for a day and a half. USAMU personnel scrambled to adjust the schedule so the Soldiers who attended would still receive enough training to accomplish the general mission of the event.

"The All-Army is designed to

See MARKSMANSHIP, P17



Photo by Michael Molinaro

Army Reservist Master Sgt. Russell Moore fires on a target during the Combined Arms match Feb. 1 at the 2014 U.S. Army Small Arms Championship. Moore held off stiff competition from Soldiers from active duty, Army Reserve and the National Guard to claim his fifth title at the competition.

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Help IMCOM improve; use ICE to make your voice heard about your installation, services, issues

By Russell Matthias
 U.S. Army Installation
 Management Command
 ICE Site Administration

Have you ever felt the need, as a customer, to have your voice heard – whether to recognize great service, point out a concern, or make a recommendation? Now is your chance to share your thoughts and help U.S. Army Installation Management Command provide world class customer service.

Customer feedback is a critical element to ensuring that IMCOM provides the highest quality programs, services and facilities to service members, families and civilian employees – in keeping with their service and sacrifice.

The Interactive Customer Evaluation system is IMCOM's primary means of receiving feedback directly from its customers. In fact, IMCOM receives nearly a half million customer comments each year.

ICE empowers customers to make a difference in how IMCOM delivers products and services, by offering recommendations and bringing up issues. Customer comments also help the command to prioritize and refocus installation services and support to meet changing requirements.

Between August 2012 and July 2013, nearly 393,000 customers rated their satisfaction with IMCOM products and services at 93 percent

overall. There's still room for improvement and with all IMCOM service provider managers engaged, your comments will be seen and heard.

All IMCOM service providers are required to review and follow-up on every comment regardless of whether the customer asks for a response or not.

Though it's not required, we highly encourage customers to provide their con-

tact information when submitting a comment card through ICE, so we can provide immediate feedback.

Every organization strives for 100 percent customer satisfaction and continual feedback helps identify and work on those areas that need improvement.

ICE is available to every customer who uses IMCOM services – Soldiers, Sailors, Coast

Guardsmen, whether they are active duty, Guard, and Reserve, their families, as well as veterans, retirees and civilian employees.

By sharing your honest feedback, together we can work to improve service delivery and achieve IMCOM's goal of providing world class customer service. Visit <http://www.ice.disa.mil> and let your voice be heard.

For any IMCOM customer service related questions, comments or concerns, contact your local garrison ICE program manager, or contact the IMCOM headquarters customer service excellence team at 466-0284, 466-0279 or 466-0255.



Word on the Street What is your favorite way to save money?



**Air Force
 Tech. Sgt.
 Joshua
 Vojtko**
*502nd Air
 Base Wing
 NCOIC
 Resource
 Management*

"I just say no!"



**Air Force
 Senior Master
 Sgt. Vickie
 Perry**
*502nd ABW
 Superintendent
 JBSA Chapel
 Operations*

"I cut down on clothes shopping and watch where I go for lunch – I go somewhere that is less expensive."



**Dennis
 Peterson**
*Management
 Analyst
 802nd Man-
 power and
 Personnel
 Flight*

"Not to spend it. I don't buy what I don't need and keep holiday gift giving to immediate family. I send cards with a family letter instead."



**Army Sgt. 1st
 Class Angel
 Martinez**
*502nd Force
 Support Group
 Operations*

"We're saving the government money by turning off lights and unused equipment, walking instead of driving and not having hot water in this building. We do our own maintenance instead of calling the civil engineer."



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<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

JBSA-Fort Sam Houston Black History Month Celebration

U.S. Army South hosts the Joint Base San Antonio-Fort Sam Houston Black History Month Celebration from 2-3 p.m. Feb. 21 at the Evans Theater, building 1396. The guest speaker is retired Maj. Gen. Julius Parker Jr., the former U.S. Army Intelligence Center commanding general at Fort Huachuca, Ariz. Parker is the highest ranking African American military intelligence officer in the history of the Army.

JBSA Command Chief Enlisted Calls

Chief Master Sgt. Alexander D. Perry, command chief master sergeant for the 502nd Air Base Wing and Joint Base San Antonio, will be conducting enlisted calls at all three JBSA locations. The dates, locations and times are: Feb. 25, JBSA-Lackland, Inter-American Air Forces Academy Auditorium, 2431 Carswell Ave., 9 a.m. for Airmen, 1 p.m. for NCOs and 3 p.m. for senior NCOs; Feb. 26, JBSA-Fort Sam Houston, 502nd Air Base Wing conference room (second floor), building 247, 2080 Wilson Way, 10 a.m. for Airmen, NCOs and senior NCOs; Feb. 28, JBSA-Randolph, Fleenor Auditorium (old base theater), 9 a.m. for Airmen, 10:30 a.m. for NCOs and 1 p.m. for senior NCOs.

USAREC Requests Recruiters Return

Formerly detailed recruiters can earn a \$4,000 bonus if they reclassify to MOS 79R and return to U.S. Army Recruiting Command. NCOs must be a staff sergeant or sergeant, have less than 12 years time in service, and be in an overstrength or balanced MOS. Time of service as a 79R must be a minimum of 36 months. See your career counselor for more information.

BAMC Behavioral Health Seeks Dog Team

The Department of Behavioral Medicine at Brooke Army Medical Center is looking for a qualified and dynamic dog team (dog and owner) to aid in the department's health care mission. They will help provide animal assisted therapy/animal assisted activities to the patients on the inpatient psychiatric ward. Interested owners must be able to present all necessary

502nd ABW kicks off JBSA energy campaign

By Mike Joseph
JBSA-Lackland Public Affairs

The 502nd Air Base Wing launched an energy campaign designating 2014 as an Energy Action Year throughout Joint Base San Antonio during a ceremony Feb. 6 at JBSA-Fort Sam Houston.

Brig. Gen. Bob LaBrutta, 502nd ABW and JBSA commander, signed a proclamation focusing an energy campaign throughout JBSA on reducing consumption and creating efficiencies.

"I call this a 'campaign' for a reason," LaBrutta said. "It's going to take all of us in Joint Base San Antonio – every single person is going to be part of this energy campaign and together we can make a significant difference in reducing utility costs so that those savings can be used for other higher priority requirements.

"Everybody can participate whether it's turning on/off lights in their facilities and the computer peripherals or getting involved in one of these great energy programs we've got coming to a location near you," he said.

LaBrutta called the JBSA energy action campaign one of his top priorities for 2014. He said that in a resource-constrained environment there is a responsibility to maximize available resources.

"We also have an obligation to the American taxpayer to be as efficient as we possibly can within our installations – that includes energy," he said. "I also know the benefits we can gain from this campaign are in real dollars – they come back into our coffers."

LaBrutta was 72nd Air Base Wing commander at Tinker Air Force Base, Okla., from June 2010 to January 2012 when a similar energy awareness campaign was kicked off.

Later in 2012, Tinker signed an \$80.6 million energy efficiency project with Honeywell to improve operations and cut utility costs. The retrofit project is expected to generate more than \$170 million in savings over 20 years, which is also guaranteed by Honeywell through an energy savings performance contract.

"Tinker was able to save \$2 million in utilities costs last year," he said.

Efforts to increase energy awareness at JBSA began last May when LaBrutta took over command.

On arrival, LaBrutta requested some changes be implemented at the 502nd ABW headquarters building on JBSA-Fort

Joint Base San Antonio 2014 Energy Action Year Proclamation

WHEREAS, the 502nd Air Base Wing is committed to ensuring a smaller energy footprint by implementing energy efficiency actions; and

WHEREAS, Joint Base San Antonio is blessed with low energy costs, yet we are the installation with the highest energy consumption in DOD; and

WHEREAS, energy efficiency, resource development and renewable energy offer employment opportunities, mission growth, and potential long-term development benefits for Joint Base San Antonio; and

WHEREAS, JBSA must implement a comprehensive installation energy policy to address its energy issues for coming years through the pursuance of reducing its demand load, enacting a culture change and investigating new renewable energy technologies; and

WHEREAS, by making energy efficiency a priority and executing conservation efforts, JBSA can help reduce the burden of energy costs on its operation budget; and

WHEREAS, every individual at JBSA must think and act with energy conservation in mind, seeking to Power the Force and Fuel the Fight to conserve energy and water that will foster a brighter future for all individuals; and

WHEREAS, 502nd Air Base Wing and our Mission Partners are proud to be part of this Energy Action Year and urge all to do their part to promote energy and water conservation; now

THEREFORE BE IT RESOLVED, that I, Brig. Gen. Robert D. LaBrutta, commander, 502nd Air Base Wing and Joint Base San Antonio, in our tradition to honor and care for our Earth's natural resources during everyday actions and throughout the year, do hereby proclaim 2014 as...

Energy Action Year at Joint Base San Antonio!



Photo by Olivia Mendoza

Brig. Gen. Bob LaBrutta (left), 502nd Air Base Wing and Joint Base San Antonio commander, signed a proclamation that designates 2014 as an Energy Action Year in JBSA during a ceremony Feb. 6 at JBSA-Fort Sam Houston. Representing the JBSA energy team at the signing were Ruben Ramos (second from left), JBSA-Randolph energy manager; Andy Hinojosa, JBSA-Lackland energy manager; Ray, the JBSA energy mascot; James Wimberley, JBSA chief of portfolio optimization; and Lauriebeth Smith, JBSA energy manager section chief.

VISIT NEWS LEADER ONLINE: [HTTP://WWW.JBSA.AF.MIL](http://www.jbsa.af.mil) OR
[HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO](http://www.samhouston.army.mil/pao)

Will you be ready? Radiological incidents: Not a matter of if but when

By Leslie Finstein
 JBSA-Lackland Public Affairs

An ear-splitting “BOOM” rocked the earth, suddenly transforming a beautiful day into chaos. Some are wounded while a few lay dead from the unexpected blast. Some might have wondered if there would be more detonations or whether the explosions were radiological or nuclear. Those impacted by the attack would not know for a while.

Then the first responders roll in ...

This was the scene during the famed Boston Marathon in April 2013 when two pressure-cooker bombs detonated at the highly populated annual event.

Though they were non-radiological, training and preparation provided by the Defense Threat Reduction Agency’s Defense Nuclear Weapons School-Reserve Component located at Kirtland Air Force Base, N.M., ensured that local first responders

from the National Guard were prepared.

The 24th National Guard Weapons of Mass Destruction Civil Support Team from New York and the Massachusetts CST were among the first responders that day. Months prior to the attack both units were trained to respond to radiological and nuclear incidents by the DTRA-RC.

Introduction to Radiological Nuclear Incident Response is the course that those first responders completed.

“IRNIR is a two-day awareness level course developed to increase confidence and skill in responding to and mitigating the consequences of radiological events, as well as weapons of mass destruction,” said Maj. Bruce Hill, DTRA-RC Public Affairs officer.

DTRA-RC is the Department of Defense’s go-to organization for this type of awareness training worldwide and the course will be offered in San An-

tonio Feb. 24 and 25.

The training will be held from 8 a.m. to 4 p.m., Feb. 24 and 25 at the San Antonio Fire Training Academy located at 300 South Callaghan, San Antonio, Texas 78227. It is free to all registered participants. Course materials are provided. For more information and to register, call 505-846-6313 or 505-853-6372.

The course will also be taught Feb. 27 and 28 in Austin and is accredited by the American Council on Education as a continuing education course.

“It is primarily for all U.S. military, federal, tribal, state, and local emergency planners, managers and responders,” Hill said. “San Antonio is a great venue because of the large population, and the number of military and emergency responders in the area.”

DTRA-RC brings the IRNIR course to San Antonio to provide various agencies an opportunity to better prepare themselves

and their respective communities.

It is not the first time DTRA-RC been in the San Antonio area.

“It’s getting harder to find places we haven’t been,” Hill said. “Over the past year alone our Reserve mobile training teams have taught more than 1,000 first responders, military and executives worldwide. Examples include members of NATO Forces, Secret Service, FEMA, U.S. Customs and Border Protection and components of Army North located in the San Antonio area.”

The threat of a radiological or nuclear attack exists everywhere, which is why the DTRA-RC emphasizes the IRNIR course and teaches it to audiences worldwide.

“Responders need to know how to deal with it,” Hill said. “To have this awareness training means you are that much more prepared. Any accident or incident can pose a potential radiological threat.”

BAMC LEADERS SIGN ARMY MEDICINE HEALTHCARE COVENANT



Photo by Robert Shields

Brooke Army Medical Center Commander Col. Kyle Campbell and the new BAMC Command Sgt. Maj. Tabitha Gavia sign the Army Medicine Healthcare Covenant before kicking off the Patient Appreciation Health Fair at San Antonio Military Medical Center Feb. 4. The covenant is a symbol of trust by Army Medicine to partner and provide all Army Medicine patients – Service members, retirees and family members – the quality care and service they earned through years of service and sacrifice.

ACE EVALUATION TEAM VISITS METC



Photo by Lisa Braun

The American Council on Education was invited by the Medical Education and Training Campus headquarters leadership to evaluate the surgical technology and cardiovascular programs from Jan. 27-30. ACE is a national agency that reviews military programs and awards college credit recommendations. These recommended credits are reflected on the military members' Joint Services Transcript, which is recognized by more than 2,200 military-friendly colleges and universities. The ACE evaluation team was comprised by ACE staff and several subject-matter experts selected from postsecondary educational institutions, professional and educational associations, nationally recognized accrediting agencies, colleagues and non-collegiate organizations.

News Briefs

Continued from P3

certification documents at the time of interview. The team's certification must be issued by a licensed evaluator applying a nationally recognized curriculum and must meet several criteria. Contact BAMC Behavioral Medicine, at 916-1011 or 916-2096 to set up the required interview.

Applied Suicide Intervention Skills Training

The Applied Suicide Intervention Skills Training workshop is for those who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. ASIST is open to all Department of Defense cardholders, including family members, and meets the Army requirements for suicide gatekeepers. All ranks are encouraged to attend. ASIST is from 9 a.m. to 4 p.m. and includes small group discussions and skill practice based upon adult learning principles. Training will be conducted the last Thursday and Friday of every other month at Dodd Field Chapel until the end of fiscal year 2014. Attire is civilian clothes, with no uniforms. training dates are March 27-28, May 29-30, July 24-25 and Sept. 25-26. For more information, call 221-2093.

Online Tutoring Available

All kindergarten through grade 12 students in eligible military families can access an official Department of Defense tutoring program at <http://www.tutor.com/military>. The site provides expert tutoring to military families in all core school subjects at no cost. Students work one-on-one with a live tutor online for help from homework to essay writing. A student and tutor work together in a secure and anonymous online classroom that features an interactive whiteboard, file sharing and instant messaging.

Hip and Knee Replacements

The San Antonio Military Medical Center Orthopedic Service announces that hip and knee replacements are available to all TRICARE beneficiaries, including patients over the age of 65. Ask your primary care provider for a referral to the orthopedic clinic at SAMMC. For more information, call 916-6386.

Army, nation celebrates 50th Anniversary of Civil Rights Act

By Staff Sgt. Corey Baltos
Army North Public Affairs

The theme of this year's Black History Month is "Civil Rights in America" and also marks the 50th anniversary of the passage of the Civil Rights Act, a landmark piece of legislation that prohibits discrimination on the basis of race, color, religion, sex or national origin.

However, the passage of this law might never have happened if it hadn't been for millions of African-Americans who served their nation as Soldiers throughout its history.

"Once a person has demonstrated their commitment to the na-

tion by serving in the military, there can be little challenge by those who doubt the quality of African-Americans to deny them their civil rights," said Dr. Isaac Hampton II, U.S. Army South command historian.

The civil rights movement, which gained momentum in the 1950s after the formal desegregation of the armed forces, had its origins during World War I, when African-American Soldiers serving in Europe realized the rest of the world was not like America.

"When the Soldiers came back from France, they had a new mentality," Hampton said. "The

'new negro' – as they were known – wanted change."

African-American participation in World War II would further push the struggle for civil rights forward, as they launched the "double 'V' campaign" in 1942. This campaign called for two victories; the first over the Axis powers and the second that African-Americans receive full citizenship rights at home.

Throughout the war and post-war period, African-Americans used their growing political power to demand integration of the armed forces.

See CIVIL RIGHTS, P8



U.S. Army file photo

African-American World War II selectees board a train to Fort Benning, Ga., July 21, 1941. Selectees were men who were eligible for the draft and had been subsequently selected to serve. Even the process to enlist and ship new recruits was subject to segregation, despite their willingness to fight for their country overseas.

MEET AND GREET AT SAN ANTONIO STOCK SHOW AND RODEO MILITARY APPRECIATION NIGHT



Photo by Sgt. 1st Class Christopher DeHart

Lt. Gen. Perry Wiggins (left) and his wife Annette (right) greets Fred Petmecky (center), one of the executive board members of the San Antonio Stock Show and Rodeo, following the opening ceremony Feb. 7 at the AT&T Center. Wiggins is the commanding general for U.S. Army North and senior Army commander of Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis. Opening night was also Military Appreciation Night, which is every Friday during the rodeo, which wraps up Feb. 23.

SAMMC GATE CLOSURES

The San Antonio Military Medical Center entrance at I-35 will be temporarily closed on two separate occasions to allow for ongoing construction of the new access control point and visitor control center.

The gate closes at 10 p.m. today and re-opens at 10 p.m. Monday. The gate closes again 10 p.m. Feb. 21 and re-opens 10 p.m. Feb. 23.

The primary detour will direct traffic along the frontage road onto Binz Engleman and entering SAMMC at the Binz Engleman/George Beach Avenue gate. This ACP gate will be open through the duration of the closures. For more information, call 916-1493.

Basura Bash helps clean up local waterways

The 4th Annual Joint Base San Antonio-Fort Sam Houston Basura Bash will be held at Salado Creek Park from 9 a.m. to noon Feb. 22,

with volunteer check in at 8 a.m. and a safety briefing at 8:45 a.m.

The annual cleanup of Salado Creek is held in conjunction with the city-

wide cleanup effort for the tributaries of the San Antonio River.

Last year, almost 2,000 volunteers across San Antonio cleaned up 22

tons of trash and collected five tons of metal and 177 tires for recycling in the 20th iteration of the city event.

Event organizers said the largest item they ever pulled out of a local waterway was the bed of a pickup truck, while the most unusual item was a washing machine that appeared to be in good working condition.

Volunteers are encouraged to wear long pants, sturdy shoes, gloves, hats and sunscreen. People can bring their own cleanup gear, such as



waders, trashgrabbers, nets, etc.

On JBSA-Fort Sam Houston, volunteers work along a 3,500-foot stretch of Salado Creek. Fruit and breakfast bars will

be provided at registration and water will also be available for volunteers.

All participants under 18 must have a parent or guardian onsite and drop-offs will not be allowed.

All participants must have a military ID or CAC and sign a waiver to participate.

Volunteers can register online at <http://www.basura-bash.org>.

For more information, call 652-0181.

(Source: Basura Bash Planning Organization)

CIVIL RIGHTS from P6

This goal was realized when President Harry Truman issued Executive Order 9981 in 1948, which established equality of treatment and opportunity in the armed services.

“Executive Order 9981 was a major flashpoint in history,” Hampton said. “One of our most famous and hallowed institutions in America is taking this step to integrate. This was an extremely important step for our nation.”

However, it would take nearly eight years to fully desegregate the Army, largely due to significant institutional resistance from within. The Army didn’t want to change.

“The story of African-Americans Soldiers up to desegregation was in the words of one former Soldier, ‘we were needed, but never wanted,’” said

Hampton. “There was a cultural idea that blacks don’t deserve the honor of leading troops into combat.”

The last segregated units had integrated by 1956 and the momentum for equality and civil rights was quickly moving to the forefront of American society. The momentum continues even today, however it maintains its strength in the actions of those who set it in motion to begin with.

“As we pay tribute to the heroes, sung and unsung, of African-American history, we recall the inner strength that sustained millions in bondage,” said President Barack Obama, taken from the Presidential Proclamation for National African American History Month 2014. “We remember the courage that led activists to defy lynch mobs and register their neighbors to vote.”

Army adjusts retention control points for certain junior enlisted

By C. Todd Lopez
Army News Service

The Army has announced changes to retention control points for Soldiers in the ranks of corporal through sergeant. The changes took effect Feb. 1.

Retention control points, or RCPs, refer to the number of years a Soldier may serve at a particular rank. For example, the retention control point for a staff sergeant is 20 years. He must retire at 20 years, unless he is promoted to sergeant first class.

Army ALARACT 026-2014, "Change to retention control points for enlisted Soldiers serving in the regular Army or under the Active Guard



U.S. Army photo illustration

The Army has announced changes to retention control points for Soldiers in the ranks of corporal through sergeant. The changes took effect Feb. 1.

Reserve Title 10 programs," released Jan 31, spells out the changes in detail.

The new RCP for promotable corporals and specialists is eight years. That is down from 12 years, as spelled out in an earlier 2011 ALARACT. The new RCP

for sergeants is 14 years, up from 13. And the new RCP for promotable sergeants is 14 years, down from 15.

The changes apply to Soldiers serving in the active Army. It also applies to Soldiers in the Army Reserve or Army National Guard who are serving under Active Guard Reserve Title 10 programs, but not reserve Soldiers who are mobilized.

According to Paul Prince, Army G-1 spokesman, Soldiers who are not serving on an indefinite re-enlistment and who reach their RCP during their current enlistment agreement will perform active service until they reach their expiration term of service date.

On the front lines of the Olympics: Training for Modern Pentathlon at Fort Sam Houston

Part 1: A glimpse of history

By L.A. Shively
JBSA-Fort Sam Houston Public Affairs

The U.S. Army was at the front lines training pentathletes for the Olympics, first at the U.S. Military Academy at West Point and later at the Modern Pentathlon Training Center on Fort Sam Houston for more than eight decades.

The Modern Pentathlon

Training athletes to win the five-sport event became an Army tradition when then-Lt. George S. Patton competed in the very first Modern Pentathlon during the 1912 Olympic Games in Stockholm, Sweden.

Patton, a cadet at West Point, was the lone American pentathlete that year, placing fifth overall. His success in the event spurred a cadre of fellow West



Photo by Linda Palmer

Robert Nieman poses for the camera between training bouts at the "Salle d'Armes" in building 604 on Fort Sam Houston. Nieman trained for the Modern Pentathlon team at the Fort Sam Houston Training Center and competed in the 1976 Olympic Games at Montréal, Canada, and in the 1988 Games in Seoul, Korea.

Pointers to focus on preparing for the competition. Although there was no formal program in place at the U.S. Military Academy, competing in the Modern Pentathlon was a natural progression for young cadets training to be officers.

Described as the ultimate test of human endurance and ability, the Modern Pentathlon was based on the ancient Greek Olympian contest between warriors in the eighth century and before.

Baron Pierre de Coubertin, a French aristocrat and the second president of the International Olympic Committee, founded the Modern Pentathlon, but incorporated contemporary military skills required by Soldiers during the late 19th and early 20th centuries: horse riding, fencing, pistol shooting, swimming and cross country running.

Coubertin framed the scenario for Modern Pentathlon around a military courier assigned to deliver a message to troops behind enemy lines from the commander during battle.

The courier receives the message, mounts the nearest horse and gallops away, leaping over any obstacles in his path. As he crosses battle lines, the courier fights the enemy with a sword and a pistol. Losing his horse, the courier swims across a river and, nearing exhaustion, runs toward friendly lines to deliver the message, finally completing his mission.

Even without a formal training program, individual preparation won West Pointers Capt. Richard Mayo, the first American Modern Pentathlon Olympic medalist, the bronze medal in the 1932 Games in Los Angeles; and Lt. Charles Leonard the silver medal in the 1936 Olympic Games in Berlin, Germany.



Courtesy photo

Army Lt. George C. Patton jumping an obstacle during the equestrian segment of the Modern Pentathlon at the 1912 Olympic Games in Stockholm, Sweden. The original Modern Pentathlon required each competitor to ride an unfamiliar horse over a 5,000-meter wooded obstacle course. Patton was the lone American competitor for Modern Pentathlon and placed fifth overall.

Leonard shot the first perfect score in the pistol event that year. It took 44 years for another competitor to equal his feat.

Up until 1952, nearly all of the Modern Pentathletes were U.S. Army officers from West Point, explained retired Army Col. Guy Troy, who graduated from the academy and competed in the Modern Pentathlon during the Olympic Games in Helsinki, Finland, in 1952.

That year the team opened its ranks to enlisted competitors Troy said, calling Army Pfc. Thad McArthur an "accidental Olympian."

McArthur competed in the Army swimming championships and won several events. A number of West Point candidates for the Olympic trials in the Modern Pentathlon were there and invited the private to compete in the trials with them.

McArthur stunned the cadets with strong performances in swimming and running in the trials and joined Troy and Army Lt. Fred Denman as an Olympic teammate. McArthur was the first American enlisted person to compete in the Modern Pentathlon at the Olympics in 1952. He placed first and third in the men's individual running and swimming categories. The team just missed a medal, placing fourth overall.

Modern Pentathlon Training Center

In 1955, the Modern Pentathlon Training Center was launched at Fort Sam Houston establishing the only full-time, in-residence program at one location in the country. The structured program ran 14 hours or more daily.

Pentathletes trained throughout the year. Each sport had its

own coach and the center had an Army officer in charge.

The center's training yielded triple results immediately. The U.S. Modern Pentathlon team won silver in the 1956 Olympic Games in Melbourne, Australia; bronze in the 1960 Games in Rome, Italy; and silver again in the 1964 Games in Tokyo, Japan.

Navy Lt. Robert Beck, the first non-Army officer who trained at the center and joined the Modern Pentathlon team, won individual bronze in Rome at the 1960 Games. He broke the barrier for U.S. Modern Pentathlon gold at the Pan American Games in Sao Paulo, Brazil in 1963.

Following Olympic success, the center's programs grew. A 90-day trial phase was instituted to qualify those interested in full-time training; a program was created for the National Training Squad where athletes, not in



Photo courtesy Fort Sam Houston Museum

(From left) The all-Army team of 1st Lt. Charles Trayford, Sgt. John Tibbets and Pfc. Leslie Bleamaster compete in the 25-meter timed-fire pistol event during the International Modern Pentathlon Training Competition at Fort Sam Houston in 1958.

residence but eligible to represent the U.S. in national championships, could come and train. An Olympic development clinic for youth 14-20 years of age interested in Modern Pentathlon was cultivated and U.S. World Teams' training for athletes competing in the International Military Sports Council, or CISM, championships was established.

Bill Andre was the first civilian to compete in the Modern Pentathlon alongside his Army teammates, Lts. George Lambert and Jack Daniels in 1956. Women made their Olympic debut in the Modern Pentathlon at the Sydney 2000 Games, although they had been competing in the World Modern Pentathlon Championships since 1981.

Along with the various training programs, Fort Sam Houston hosted local and international competitions throughout the years the center was on post including CISM competitions and the Pan American Games. These competitions brought civilian and military athletes, coaches and audiences from all over the world to Fort Sam Houston.

Facilities

Preparing athletes for five disparate sporting events required large and varied environments. Fort Sam Houston's history with horses and the Cavalry provided an already equipped set of sta-

bles and arenas plus a veterinary hospital.

A formal riding course with jumps was located in the MacArthur Parade Field between Dickman and Stanley Roads. Cross country training occurred throughout Salado Creek Park's wooded paths.

Pershing Range, off of W.W. White Road in Salado Creek Park, was used for shooting practice and competitions. Today, the Tri-Service Research Laboratory is located there.

Fencers trained at the "Salle d'Armes" in building 604, where occasional competitions were staged. Today the building serves as office space for the Mission and Installation Contracting Command.

Swimming practice and competitions were held at several locations including the Fort Sam Houston Officer's Club and at the Lone Star Brewery. The Officer's Club is now the Main Resident Center for families who reside on post.

Headquartered in building 187 – the old nurses'quarters on Stanley Road – were USMPTC administrative offices and living quarters for pentathletes. Today the building is vacant.

The Competition

Mimicking "battle conditions" the original Modern Pentathlon required each competitor to

ride an unfamiliar horse over a 5,000-meter wooded obstacle course; fence up to 36 or more opponents individually; shoot a moving silhouette target with a .22 pistol; swim 300 meters and finally run 4,000 meters across country on an unfamiliar, but already blazed course.

Originally the events occurred over five days, now it is completed in one.

Today, pentathletes enter the Olympic stadium like rock stars to heart-pounding music and thundering applause. Tom Lough, a West Point graduate and pentathlete who competed in the 1968 Games in Mexico City, Mexico remembers the moment.

"As soon as the crowd saw it was the U.S.A, the loudest cheer I've ever heard (erupted). It was 'surround sound' 40 years early. I had never heard a sound like that before. It was just an amazing moment." Lough recalled during an interview with Thomas Hunt for the 1968 U.S. Olympic Team Oral History Project, through the H.J. Lutchter Stark Center in Austin.

The first round of Modern Pentathlon competition begins with an "en garde" as fencers position themselves for a bout against each opponent. A score is one hit. If no hit is recorded within a minute the bout is a loss and each fencer moves on to the



Photo courtesy Fort Sam Houston Museum

Flanked by teams from Mexico (left) and Sweden (right) is the first-place team from the U.S. in the swimming competition. The all-Army team includes (from left) Spc. John Holland, 1st Lt. Jack Daniels and Cpl. Richard Stoll. Teams representing Brazil, Mexico, Sweden, Switzerland and the U.S. competed in the Invitational Modern Pentathlon Training Competition held at Fort Sam Houston in 1957. Daniels competed in the Modern Pentathlon at the 1956 Olympic Games in Melbourne, Australia, which won a team silver medal, and in the 1960 Olympics in Rome, Italy, winning the team bronze medal.

next opponent.

Swimming 200 meters follows. After swimming, pentathletes dry off, don riding breeches and compete in the show jumping event. Riders have 20 minutes to finish a 350- to 450-meter course with 12 jumps in the arena. Riders are still paired with unfamiliar horses through a random draw, after which they have 20 minutes and five practice jumps before competition starts.

The final event is a combined shooting and running contest. Air guns replaced pistols and live rounds several years ago. Today laser pistols and electronic targets are used.

A Century of Modern Pentathlon

The Modern Pentathlon celebrated its 100th anniversary at the London Games in 2012. Since its inception, Army sponsorship produced virtually every U.S. pentathlon team member for World, Olympic, Pan American and international competition, so Fort Sam Houston continued to allow training for pentathletes at the center, even after the Army curtailed funding in 1985.

In November 1998, the governing body for Modern Pentathlon, the USA Pentathlon, lost Fort Sam Houston as a training area. Pentathletes now train in Colorado Springs, Colo., and at various centers around the country.

"It was heartbreaking to have the venues moved," said Linda Palmer, an Associated Press photographer who documented training and covered the Modern Pentathlon at the 1984 Olympic Games in Los Angeles and the 2000 Games in Sydney, Australia. Palmer said the teams and their coaches at Fort Sam Houston left an indelible mark on the sport, the surrounding community and brought global attention to San Antonio.

"It was athletic diplomacy during the Cold War," Palmer said.

The thriving program produced successful athlete-citizens. Just as Patton had, many of the Army-trained pentathletes went on to accomplished careers in and out of service, Troy said, adding that, "Fifty percent of the pentathletes prior to WWII became general officers in WWII or later."

Beck believes that Joint Base San Antonio-Fort Sam Houston and San Antonio would benefit greatly if Modern Pentathlon training was centralized in this area again.

"It would be a bridge between the military and civilian worlds and bring super activities back to San Antonio," he said. After serving as an engineer with the Navy, Beck is now a practicing dentist in San Antonio and one of only three U.S. pentathletes to win two Olympic medals.

Arrhythmia cases rising among younger people

By Lt. Col. Alexies Ramirez
BAMC Electrophysiology
Arrhythmia Service director

A 34-year-old surgeon was getting ready for a surgical procedure when he suddenly felt his heart racing. He was feeling well previously, until the symptoms began during an otherwise routine morning at the San Antonio Military Medical Center.

A 42-year-old emergency department staff member was busy working his shift when he felt a fluttering sensation in his chest, accompanied by a shortness of breath and dizziness.

These two examples are common symptoms of a heart rhythm disorder called atrial fibrillation or AFib.

The overall incidence of AFib is increasing

dramatically and healthy young individuals are increasingly diagnosed with this prevalent arrhythmia. It is estimated that by the year 2050, 16 million Americans will be diagnosed with AFib.

Symptoms include fatigue, poor exercise stamina, chest pain, shortness of breath, fluttering sensation in the chest (palpitations) and, at times, fainting spells.

The fact that a growing number of young people are diagnosed with arrhythmia is very concerning; however, AFib is treatable. The greatest ally in the treatment of this prevalent arrhythmia is time; early recognition and early intervention may lead to a greater chance of successful arrhythmia control.

Untreated AFib may

ultimately lead to heart damage, disability due to stroke and for some, reduced life expectancy, especially for older individuals as it is the leading cause of stroke.

The Electrophysiology Arrhythmia Service at SAMMC can help detect the early signs of AFib before it may lead to serious complications.

The service offers a state-of-the-art comprehensive arrhythmia management to include catheter ablations. Catheter ablation is a minimally invasive procedure that uses radiofrequency or heat energy delivered through catheters to modify the heart's electrical signals.

The department also has an active atrial fibrillation program to better understand the epidemiology, causes and the



Photo by Robert Shields

Air Force Lt. Col. (Dr.) Alexies Ramirez, Brooke Army Medical Center Electrophysiology Arrhythmia Service director, performs surgery on a patient at San Antonio Military Medical Center Feb. 5. Ramirez and his team of doctors and technicians complete more than 25 electrophysiology arrhythmia surgeries a month.

impact of AFib.

The EP Arrhythmia Service also takes care of retired beneficiaries with AFib as well as all

TRICARE beneficiaries.

Any eligible person with recognized atrial fibrillation and other forms of arrhythmias

can call 916-5214 or 916-1313 to arrange a consultation and discuss a personalized approach to arrhythmia care.

Protecting your teen

February is National Teen Dating Violence Prevention Awareness Month

By Norma Leal
JBSA-Fort Sam Houston
Family Advocacy Outreach Manager

The statistics are startling.

- 33 percent of female teens in dating relationships have feared for their safety;
- 25 percent of female teens report having been pressured to go further sexually than they wanted;
- 20 percent of female teens in a relationship say they have been hit or beaten by a boyfriend;
- 40 percent of teen girls say they know someone their own age who has been hit or beaten by a boyfriend.

The most alarming statistic is that 66 percent of teens tell no one.

Dating violence comes in many forms. It can be constant name calling and put downs, pressure to use alcohol or drugs, or demands to be constantly available.

Pressure to have sexual contact and even rape are not unusual. A favorite tactic is isolating the teen from friends, family and activities that don't include the abuser.

Digital abuse includes constant texting and instant messaging, use of social media to intimidate and stalking through cell phones.

Scratches, bruises and



other marks are signs of physical abuse.

Indicators a teen may be involved in an abusive relationship include unexplained physical injuries and changes in dress to

cover injuries, making excuses for their partner and emotional outbursts.

Falling grades, use of drugs or alcohol, changes in activities or friends can all be causes for concern.

Parents should also be looking for changes in their teen's mood or personality, the onset of depression/sadness or constant worrying about what the partner will

think. Physical indicators may include changing the way they dress, wear their hair or talk to make the partner happy.

What can parents do? Educate themselves about dating violence. Talk, talk, talk with your teen or preteen.

Let them know you are aware of the prevalence of dating violence and how serious it is. Make sure your teen knows they can call you for a ride home without recrimination if they find themselves in an uncomfortable position – even if alcohol or drugs are involved.

New online GI Bill comparison tool now available

The Department of Veterans Affairs offers an online GI Bill Comparison Tool to make it easier for veterans, service members and dependents to calculate their Post-9/11 GI Bill benefits and learn more about VA's approved colleges, universities and other education and training programs across the country.

"We are pleased that post-9/11 veterans are taking advantage of this significant benefit program," said Under Secretary for Benefits Allison A. Hickey. "The new GI Bill Comparison Tool will help future beneficiaries as they make decisions about what education or training program best fits their needs."

The GI Bill Comparison Tool provides key information about college affordability and brings

together information from more than 17 different online sources and three federal agencies, including the number of students receiving VA education benefits at each school.

The GI Bill Comparison Tool is one item in a series of resources VA is launching in response to President Obama's Executive Order 13607, which directs agencies to implement and promote "Principles of Excellence" for educational institutions that interact with veterans, service members and their families; and to ensure beneficiaries have the information they need to make educated choices about VA educational benefits and approved programs.

Recently, VA also instituted a GI Bill online complaint system, de-

signed to collect feedback from veterans, service members and their families who are experiencing problems with educational institutions receiving funding from federal military and veterans educational benefits programs, including benefits programs provided by the Post-9/11 GI Bill and the DOD Military Tuition Assistance Program.

The executive order, signed April 27, 2012, directs federal agencies to provide meaningful cost and quality information on schools, prevent deceptive recruiting practices and provide high-quality academic and student support services.

The VA works closely with partner institutions to ensure the needs of GI Bill beneficiaries are met. More than 5,000 educational institutions have

agreed to the "Principles of Excellence."

The Post-9/11 GI Bill is a comprehensive education benefit created by Congress in 2008. In general, veterans and service members who have served on active duty for 90 or more days since Sept. 10, 2001, are eligible.

Since 2009, the VA has distributed over \$30 billion in tuition and other education-related payments to more than one million veterans, service members and their families, and to the universities, colleges and trade schools they attend.

The GI Bill Comparison Tool can be found at: <http://benefits.va.gov/gibill/comparison>.

(Source: U.S. Department of Veterans Affairs)

TEEN from P14

Make sure you know where your teen is going and with whom and know the cell phone numbers of friends.

Most of all, listen. If your teen is telling you something is going wrong in their life, make the time to carefully listen.

Resist the urge to offer advice or put down the boyfriend/girlfriend. That can make the teen defend him/her. Seek help from professionals.

If you are interested in more information about helping your tween/teen make healthy decisions, consider taking the class Active Parenting

of Teens through the Family Advocacy Prevention Program. This class focuses on effective communication with your teen, developing courage/self-esteem and helping your teen learn to make good choices.

The three primary concerns of all parents of pre-teens and teens are drugs, sexuality and violence. This class addresses these concerns.

Call Family Advocacy at 292-5967 for more information on upcoming classes.

Other helpful resources are located at <http://www.loveisrespect.org> and <http://www.loveisnotabuse.com>.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



ENERGY from P3

Sam Houston in June 2013 to help reduce its energy consumption. Those changes included raising set points to meet energy policy on average, taking advantage of daylight, reducing hallway interior lighting to safety levels, turning off lights and equipment during off duty hours, and reducing exterior lighting.

Those small changes garnered big savings even though summer months were hotter and winter months were colder in 2013 compared to 2012.

The normalized energy savings for electric and gas were \$840 a month or \$5,880 total, when consumption was compared from June-December 2013 to June-December 2012.

"If everybody gets on board and does their part, just think how many dollars we can save in utility costs across JBSA in a year," LaBrutta said.

The campaign identified six strategic energy goals for implementation across JBSA. The goals are based on executive order mandates, applicable law provisions and Air Education and Training Command directives.

Executive Order 13423 was issued in 2007 to strengthen energy conservation and improve efficiency across all federal agencies, and an extension and expansion of that order (Executive Order 13514) was signed in 2009. The Air Force then tasked all commands to follow the '20/20 by 2020' initiative, which requires a reduction in facility footprint by 20 percent, and utility and sustainment costs by 20 percent by 2020.

According to Ruben Ramos, JBSA-Randolph energy manager and a member of the joint base energy team, the JBSA strategic energy goals provide a framework of objectives and priorities that can be used to develop unit specific initiatives representing the tactical elements of the program.

JBSA's six strategic energy goals:

- **Increase Energy and Water Conservation Awareness:** The success of the JBSA water and energy conservation program is absolutely dependent on eliciting the support of the entire joint base populace. This can only be realized by creating a culture where energy conservation is "a consistent and serious consideration in everything we do."

- **Incorporate Energy and Water Conservation in Operations, Maintenance and Design:** Every unit has a part in achieving this goal. The following are items to be considered in developing units' specific energy and water conservation programs – maintain proper climate control per JBSA energy policy, implement adequate facility lighting controls, implement workplace policies that support JBSA energy conservation efforts, and find ways to "slow the spin" on the meter.

- **Reduce Water Consumption Intensity:** The JBSA populace can help by promptly reporting any water drips or leaks to the 502nd Civil Engineer Squadron, facility maintenance. During any renovations, the 502nd CES will ensure low-flow faucets and toilets have been installed.

- **Install Facility Metering:** As per the saying, "we can't manage what we can't measure," the 502nd CES must play a key role in realizing this objective in an orderly fashion. In particular, the 502nd CES must assess JBSA facilities and develop a carefully prioritized schedule for meter installation based on facility energy consumption and the potential for near-term facility demolition or major refurbishment.

- **Implement Renewable Energy Options:** JBSA continues to actively investigate potential renewable energy production means. Technologies at this point in time are not favorable for implementation of on-site generation due to economic feasibility imitations. It is both fortunate and limiting to be the recipients of relatively low electrical rates. The average rate of electricity per kilowatt hour is in the range of \$0.073. However, partnerships and new technology is rapidly changing and helping JBSA to add renewable energy to its site.

- **Conduct Facility Audits:** Facility managers can greatly support JBSA on this strategic goal by completing their annual audit checklist and returning it to one of the JBSA energy managers.

"We're also going to leverage our partnership with the City of San Antonio, in particular our great relationship with CPS Energy, to help us achieve our goals," LaBrutta said.

"Again, by getting involved, doing our part, and implementing these efficiency measures ... I know this energy campaign plan can make a positive difference and generate huge savings!"



FSHISD Seeks Board of Trustees Members

The Fort Sam Houston Independent School District is looking for nominees for two upcoming openings on the board of trustees. The positions are open to civilian or military, who work or live on Fort Sam Houston. To qualify for a position on the board, volunteers must be qualified voters, 18 years

of age or older, U.S. citizens and have not been convicted of a felony. Trustees must take an official oath-of-office and serve without compensation. Interested applicants should submit a resume to the JBSA Fort Sam Houston School Liaison Office, building 2797, no later than 3 p.m. Thursday. For more information, call 221-2214 or 221-2418 to leave a message.

Army Family Team Building Instructor Training

Tuesday through Thursday, 8:30 a.m. to 2:30 p.m., Military and Family Readiness, building 2797. Call 221-2336 or 221-9196.

Intramural Golf

There will be two coaches meetings, 11 a.m. to noon Wednesday and March 12 at the JBSA-Fort Sam Houston Golf Clubhouse. All team rosters are due April 2. The league begins April 8. Call 808-5701 or 221-7173.

Family Readiness Forum

Wednesday, 11 a.m. to noon, Military and Family Readiness, building 2797. Call 221-0946.

Career Employment Event

The Department of the

See INSIDE, P17

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT

Exhibit C-2

Statement of Revenues, Expenditures, and Changes in Fund Balances - Governmental Funds

Year Ended August 31, 2013

Data Control Codes		10	60	98	
		General Fund	Capital Projects Funds	Other Governmental Funds	Total Governmental Funds
Revenues					
5700	Local and intermediate sources	\$ 78,357	\$ 3	\$ 1,953,180	\$ 2,031,540
5800	State program revenues	10,557,601	-	63,234	10,620,835
5900	Federal program revenues	7,843,028	1,928,332	1,927,630	11,698,990
5000	Total revenues	18,478,986	1,928,335	3,944,044	24,351,365
Expenditures					
Current:					
0011	Instruction	8,933,322	-	2,128,261	11,061,583
0012	Instructional resources and media services	277,572	-	-	277,572
0013	Curriculum development and instructional staff development	207,682	-	260,850	468,532
0021	Instructional leadership	179,675	-	259,679	439,354
0023	School leadership	1,077,582	-	18,361	1,095,943
0031	Guidance, counseling, and evaluation services	466,484	-	261,058	727,542
0033	Health services	194,194	-	209,369	403,563
0034	Student (pupil) transportation	552,800	-	17,019	569,819
0035	Food services	14,778	-	661,571	676,349
0036	Cocurricular/extracurricular activities	567,518	-	-	567,518
0041	General administration	872,531	-	27,821	900,352
0051	Plant maintenance and operations	1,997,148	-	37,167	2,034,315
0052	Security and monitoring services	32,247	-	-	32,247
0053	Data processing services	858,572	-	44,556	903,128
0081	Facilities acquisition and construction	-	2,270,259	-	2,270,259
0093	Payments related to shared services arrangement	1,149,427	-	-	1,149,427
6030	Total expenditures	17,381,532	2,270,259	3,925,712	23,577,503
1100	Excess (deficiency) of revenues over (under) expenditures	1,097,454	(341,924)	18,332	773,862
Other Financing Sources (Uses)					
7915	Transfers in	-	332,476	-	332,476
8911	Transfers out	(332,476)	-	-	(332,476)
7080	Total Other financing sources (uses)	(332,476)	332,476	-	-
1200	Net change in fund balances	764,978	(9,448)	18,332	773,862
0100	Fund balances (deficit) at beginning of year	15,061,102	386,451	59,616	15,507,169
3600	Fund balances at end of year	\$ 15,826,080	\$ 377,003	\$ 77,948	\$ 16,281,031

The financial statement notes are an integral part of this statement.

MARKSMANSHIP from P1

be the ultimate train-the-trainer event for marksmanship," said Lt. Col. Don King Jr, commander, USAMU. "We task these Soldiers to take what they learned this week and take it back to their units to increase the overall combat readiness of our Army."

Among the many highlights of the event was the increased participation of female Soldiers. Over the past decade of war, women have contributed in unprecedented ways to the Army's mission and have proven their ability to serve in an expanding number of roles. Those who attended this year's competition hope it opens the floodgates for more female attendance for years to come.

"This is my first All-Army but won't be my last," said Army Reservist Sgt. 1st Class Annette Habel, an Army Career Counselor hailing from Clairmont, Fla. "This has been so much fun, and I have met so many great people. I volunteered to come compete and am really glad I did.

The (combat pistol)



Photo by Michael Molinaro

Army Reservist Master Sgt. Russell Moore (center) holds a Secretary of the Army M1 Garand Trophy Rifle after winning his fifth overall U.S. Army Small Arms Championship Feb. 1. Moore came out on top after a week of rifle, pistol and combined arms matches against more than 210 Soldiers from the force. He is pictured with Col. Robert Choppa, Infantry School commandant and Lt. Col. Don King, U.S. Army Small Arms Championship commander.

team match was Habel's favorite part of the event, she said. They had to cross the finish line together and shoot together and that's what the Army teaches, to work as a team.

"I foresee that we're going to have more females come out next year and give the guys more competition," she added.

This championship allows Soldiers to test marksmanship proficiency in challenging circumstances without

the actual rigors of war so that when they are deployed they have the confidence and resources to win those battles, King said. The All-Army is really a training event cleverly disguised as a competition.

"I keep coming back because it is not only an opportunity to meet and interact with other Soldiers from the Guard, active duty and Reserve," Moore said. "It allows me to pass on what we have learned over the years

and teach it to novices, especially, to the cadets – our future leaders – and the other Soldiers who compete."

USAMU is part of the U.S. Army Accessions Brigade, Army Marketing and Research Group and is tasked with enhancing the Army's recruiting effort, raising the standard of Army marksmanship and furthering small arms research and development to enhance the Army's overall combat readiness.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 5584 Dodd Blvd.

8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave.

9:20 a.m.-32nd Medical Brigade

Contemporary Service

11:01 a.m.- Contemporary "Cross-roads"

Brooke Army Medical

Center Chapel

Building 3600,

3551 Roger Brooke Rd.

10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel

Building 3600,

3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way
11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation

5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC

12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,

Friday, MPC

8:30 p.m. - Oneg Shabbat,

Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday, AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday, AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,

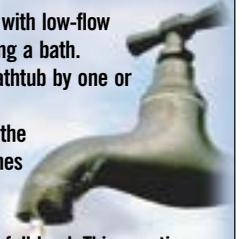
Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

WATER CONSERVATION TIPS

1. Take a shower instead of a bath. Showers with low-flow shower heads often use less water than taking a bath.
2. Reduce the level of the water used in a bathtub by one or two inches.
3. Use a pan of water (or place a stopper in the sink) for washing and rinsing pots, pans, dishes and cooking implements, rather than turning on the water each time a rinse is needed.
4. Never run the dishwasher with less than a full-load. This practice will save water, energy, detergent and money.
5. Check all water line connections and faucets for leaks. A slow drip can waste as much as 170 gallons of water each day, or 5,000 gallons a month, which will add to the water bill.

(Source: 502nd Civil Engineer Squadron)



INSIDE from P16

Navy Office of Civilian Human Resources will hold a career employment event for wounded service members 9 a.m. to 3 p.m. Wednesday at the Soldier and Family Assistance Center, building 3639. Register at the SFAC or call 916-9252 for more information.

Preservation Fort Sam Houston Society

Author Dr. Isaac Hampton II will present The Black Officer Corps: A history of black military advancement from integration through Vietnam Thursday at the Stilwell House, 626 Staff Post. A light lunch will be served at 11:30

a.m. and the presentation begins at noon. Call 224-4030.

Post Deployment Planning

Thursday, 9-10:30 a.m.,
Military and Family Readiness,
building 2797. Call 221-0946.

Child Safety Seat Inspection

Thursday, 1-3 p.m., JBSA-Fort
Sam Houston Fire Department.
Children must be present for
proper weight and height mea-
surements. Registration required,
call 221-0349 or 221-2418.

Avoid Thinking Traps Resiliency Training

Friday, 9-11 a.m., Military and
Family Readiness, building 2797.

Call 221-0946.

Military Saves Info Fair

Feb. 21, 3-7 p.m., Military and
Family Readiness, building 2797.
Call 221-2380.

Mardi Gras Zumba Fest

Feb. 22, 10 a.m. at the Jimmy
Brought Fitness Center. Call
221-1234.

Teen Poetry Slam

This event will be a showcase
for teens that have created poems
intended to bring awareness to
teen dating violence, 6-9 p.m.
Feb. 22 at JBSA-Fort Sam Houston
Military and Family Readiness
Center. Call 292-5967.

Black History Month Celebration

The Joint Base San Antonio
Collect Protestant Gospel Service
will host a Black History Month
celebration 1-3 p.m., Feb. 23 at
the Evans Theater, building 1396.
Call 488-1639.

Harlequin Dinner Theatre presents "Dial 'M' For Murder"

"Dial 'M' For Murder" runs
through March 1 at the Harlequin
Dinner Theatre on Joint Base San
Antonio-Fort Sam Houston. Call
222-9694 for more information.

Polar Bear Aquathon

The Polar Bear Aquathon will
consist of 2 events. A 3-mile run