



WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

No. 33 • AUGUST 23, 2013



**Ro-Hawks
lace up for
new season**

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INSIDE: LABOR DAY SAFETY, P2 ... DEPLOYMENT READINESS, P4 ... DRIVING IN WASHINGTON CIRCLE, P8

Labor Day safety to conclude CDOS campaign

By Airman 1st Class Alexandria Slade
Joint Base San Antonio-Randolph Public Affairs

As summer comes to a close, the Critical Days of Summer campaign is set to conclude with Labor Day safety.

Labor Day symbolizes the end of summer, the beginning of football season and a celebration for workers and their families, Staff Sgt. Gary Lund, 502nd Air Base Wing ground safety technician, said.

Common recreational activities during this holiday can vary from barbecues to traveling and camping – all of which can be dangerous if the proper procedures to manage one's safety are not taken.

Lund said the usual risks of Labor Day weekend include "long road trips, summer hazards and alcohol consumption."

No matter what plans are in store for the holiday weekend, Joint Base San Antonio members should always have a plan and utilize the wingman, or battle buddy, concept, Lund said. If one is planning on leaving the local area, notify a second party and avoid traveling alone.

Alcohol consumption is a factor that should be carefully considered and planned around at all times.

"Use the wingman philosophy," Marvin Joyce, 502nd ABW safety and occupational health specialist, said. "Watch over each other, know your limits, make a plan and designate a driver. If you're going to drink, do so responsibly and drink enough water to stay hydrated."

Along with alcohol consumption, other



Photo by Staff Sgt. Daryl Knee

Volunteers barbecue hotdogs for families of deployed members during the 52nd Force Support Squadron Airman and Family Readiness Center's Deployment Dinner Aug. 8 at the bowling alley pavilion.

potential hazards include cooking food on or around open flames, and water mishaps.

To lessen the danger of recreational activities during Labor Day weekend, Joyce said to "maintain constant supervision."

"Make sure barbecue grills are in good working condition and if participating in water activities, set safety rules for the whole group based on their swimming capabilities," he said.

While traveling to and from events or different areas, "follow all road

rules," Lund said.

Travel preparation should include a survival kit, vehicle tune-up, alternate plans for bad weather and adequate rest, he said. Airmen age 26 and below traveling long distances must fill out an Air Education and Training Form 29B. Soldiers should use the Ground Risk Assessment Tool found at <http://safety.army.mil> that will provide the user with an automated DA Form 7566 that can be updated, saved and emailed.



Air Force Ball

Photo by Don Lindsey

Airmen in historic military uniforms gather at the 2012 Air Force Ball. The 2013 San Antonio Air Force Ball takes place Sept. 20 at the Grand Hyatt, 600 E. Market St. in San Antonio. The social starts at 6 p.m. and the main event starts at 7 p.m. Military attire is mess dress or semi-formal and civilian attire is formal/black tie. Retired Maj. Gen. Alfred K. Flowers will be the guest speaker. Tickets are \$40 and available with cash payment from the following individuals: JBSA-Fort Sam Houston, Senior Master Sgt. Vickie Perry at 466-2583, Master Sgt. Lacitra Barnett at 808-2659 or Master Sgt. Kristen Hess at 916-1014; JBSA-Lackland, Tech. Sgt. Araceli Alarcon at 671-3560 for Airmen through technical sergeants, Master Sgt. Fordham Terrill at 977-5839 or Master Sgt. Anthony Foremski at 969-5416 for top three enlisted ranks and 1st Lt. Sara-Grace Ramos at 671-6706 for officers; JBSA-Randolph, Tech. Sgt. Brian Jenkins at 652-3365 or Staff Sgt. Jamario Liggins at 565-9217 for Airmen through technical sergeants, Senior Master Sgt. Shannon Burrier-Morris at 565-4861 for top three and 1st Lt. Adam Staricha at 565-9251 for officers. To pay with a credit or debit card (with a \$1.50 surcharge per ticket), click on <http://2013afball.ecwid.com> or <https://www.facebook.com/SanAntonioAirForceBall>.

ON THE COVER

Randolph High School cross country team athletes train for time during an early morning practice at the high school track Aug. 15 in preparation for their first meet of the 2013 season, Saturday. For the complete story, see page 11. Photo by Rich McFadden

WINGSPREAD

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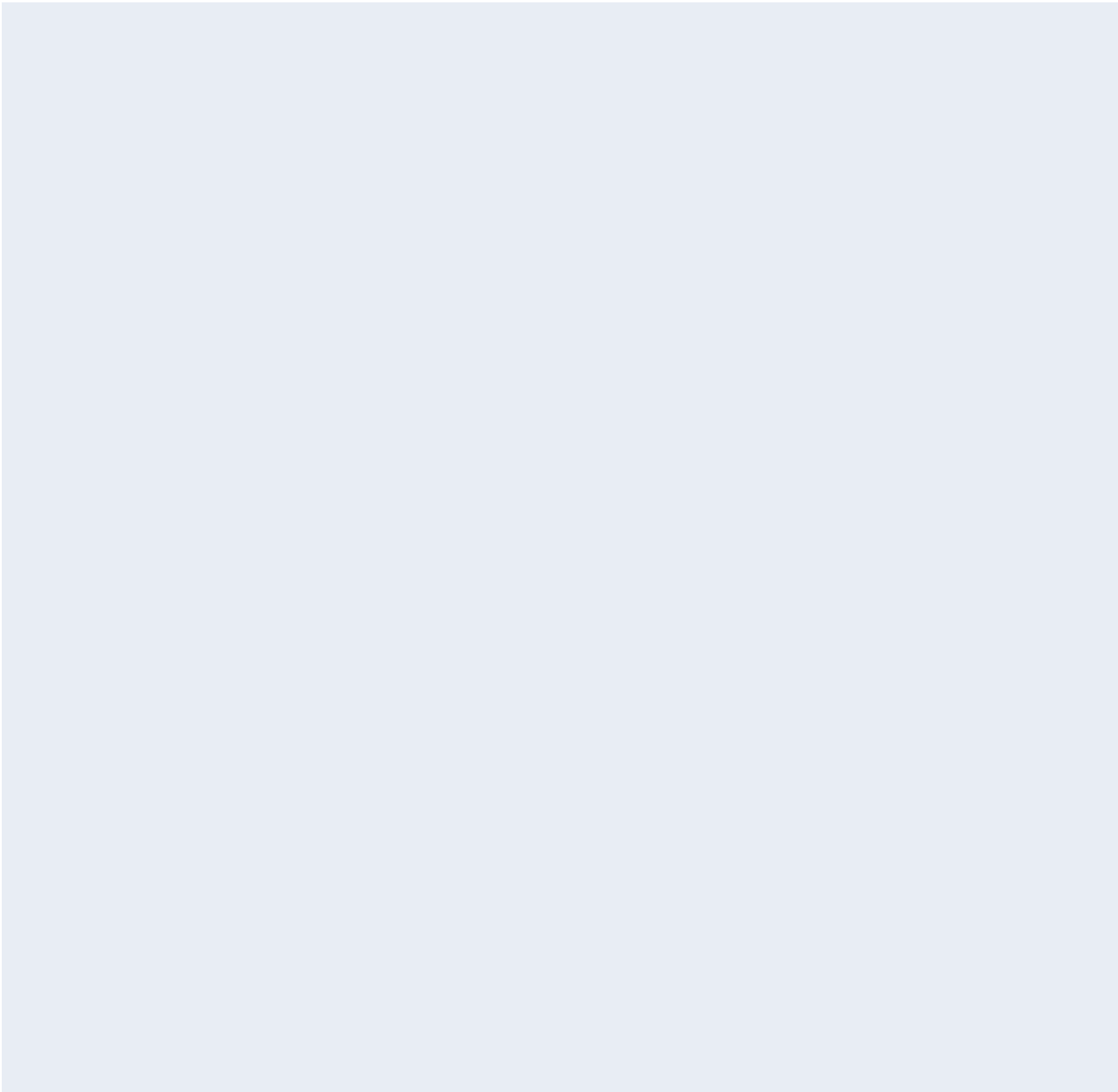
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NEWS

JBSA deployment readiness centers update process

By Robert Goetz
Joint Base San Antonio-Randolph Public Affairs

Successfully streamlining processes across all locations is one of the goals of Joint Base San Antonio transformation.

For deployment readiness centers at JBSA-Lackland and JBSA-Randolph, that means a common deployment process with minimal effect on the customer, Stafford James, JBSA installation deployment officer, said.

“The goal is to have a common standardized deployment process for the entire JBSA enterprise,” he said. “We’re establishing a deployment process working group with mission partners to determine best practices and the best location to make sure the facility meets the needs of its customers.”

Randolph’s 27,820-square-foot Del Toro Deployment Readiness Center on the west flightline, which Curlie Alexander, alternate JBSA IDO, called “a one-stop shop” for deploying members, is now serving as the joint base’s deployment headquarters – the installation deployment readiness cell, or IDRC.

“As we move to transformation,” James

said, “we’re operating under one readiness cell while maintaining deployment capability and support at each location. We’re trying to make it as streamlined as possible.”

The Randolph facility, housed within Hangar 71 following a renovation more than three years ago, includes a state-of-the-art computer system, video cameras to monitor deployment processing, a suite of briefing rooms for deployers, a 10,000-square-foot area for mobility gear and a 3,200-square-foot vault for weapon and ammunition storage.

“The IDRC manages command and control for deployment operations, base support planning, support agreements and the Air Expeditionary Force Reporting Tool,” Alexander said. “All our taskings flow from DCAPEs – the Deliberate Crisis Action Planning Execution Segments computer system. With transformation, all the taskings will come here and will be dispersed to all locations.”

Last year, facilities at Lackland and Randolph processed more than 2,100 deployers. With JBSA transformation, the



Photo by Joel Martinez

Curlie Alexander (right), 902nd Logistics Readiness Squadron alternate installation deployment officer, assists Maj. Jason Kelly, 359th Aerospace Medical Squadron flight surgeon, Aug. 7 during the Joint Base San Antonio-Randolph readiness center deployment line.

process now includes providing support to JBSA-Fort Sam Houston.

“We’re working with our Army partners at Fort Sam Houston,” James said. “Right now we’re working with them in

pre-deployment planning for cargo movement requirements.”

Expertise and precision are required at each step of the deployment process.

See **READINESS P13**

WWII bomber group vets reunite at JBSA-Randolph



Photo by Airman 1st Class Alexandria Slade

Members of the 381st Bomb Group (Heavy) Memorial Association conclude their visit to Joint Base San Antonio-Randolph with a luncheon hosted by Col. Gerald Goodfellow, 12th Flying Training Wing commander, Aug. 9 at the Randolph Parr Club.

By Airman 1st Class Alexandria Slade
Joint Base San Antonio-Randolph Public Affairs

World War II veterans and members of the 381st Bomb Group (Heavy) Memorial Association observed pieces of aviation history during their visit to Joint Base San Antonio-Randolph Aug. 9.

“We visited JBSA-Randolph’s historic buildings and learned about the current mission,” Dr. Kevin Wilson, group historian, said. “Many 381st veterans served at JBSA-Randolph either before or after their deployment to England (During WWII).”

After visiting the historic Taj Mahal, Chapel 1, 560th and 99th Flying Training Squadrons, the day concluded with a luncheon hosted by Col. Gerald Goodfellow, 12th Flying Training Wing commander.

At the luncheon, Goodfellow spoke about current Air Force bomber operations overseas, and throughout the day, the veterans shared personal stories, lessons and experi-

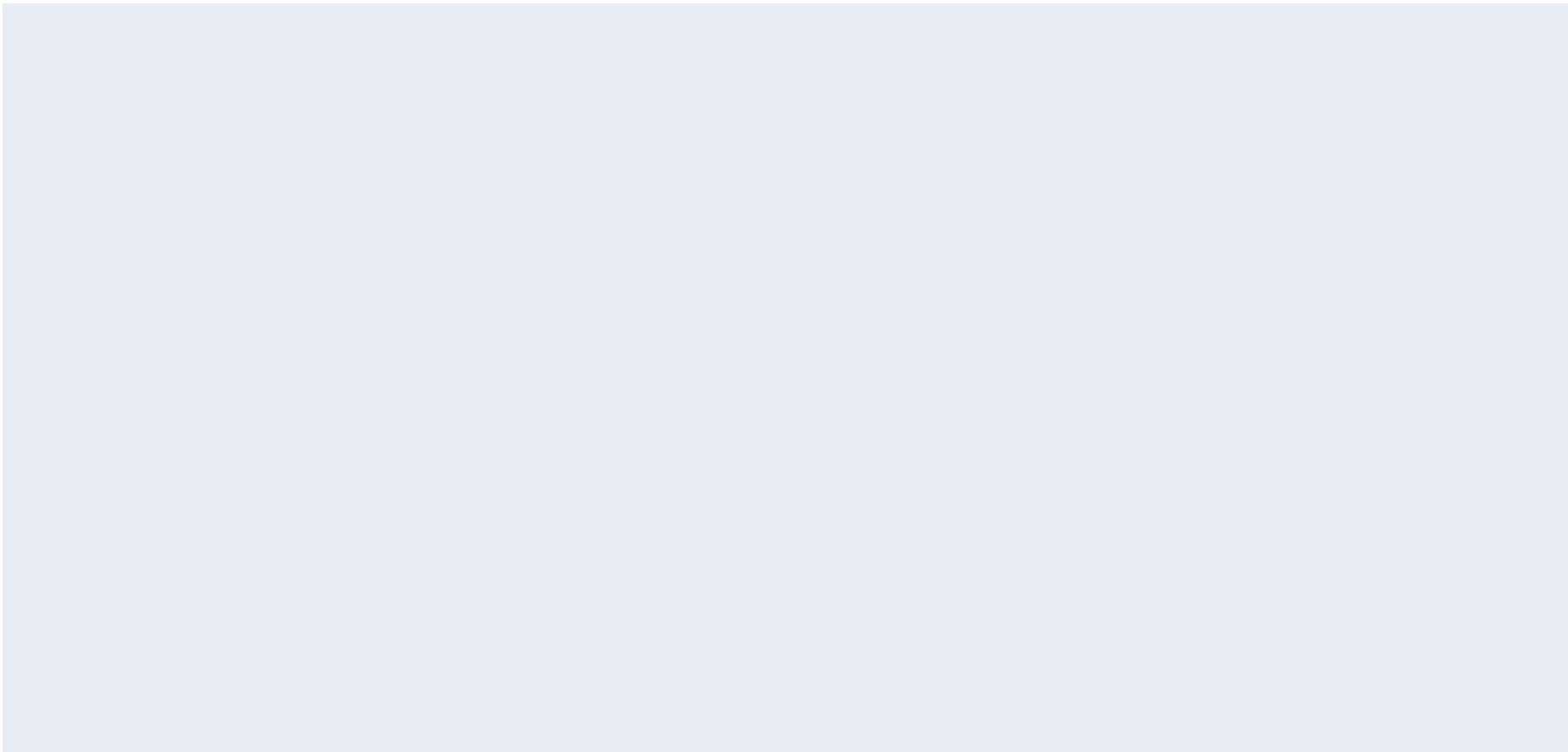
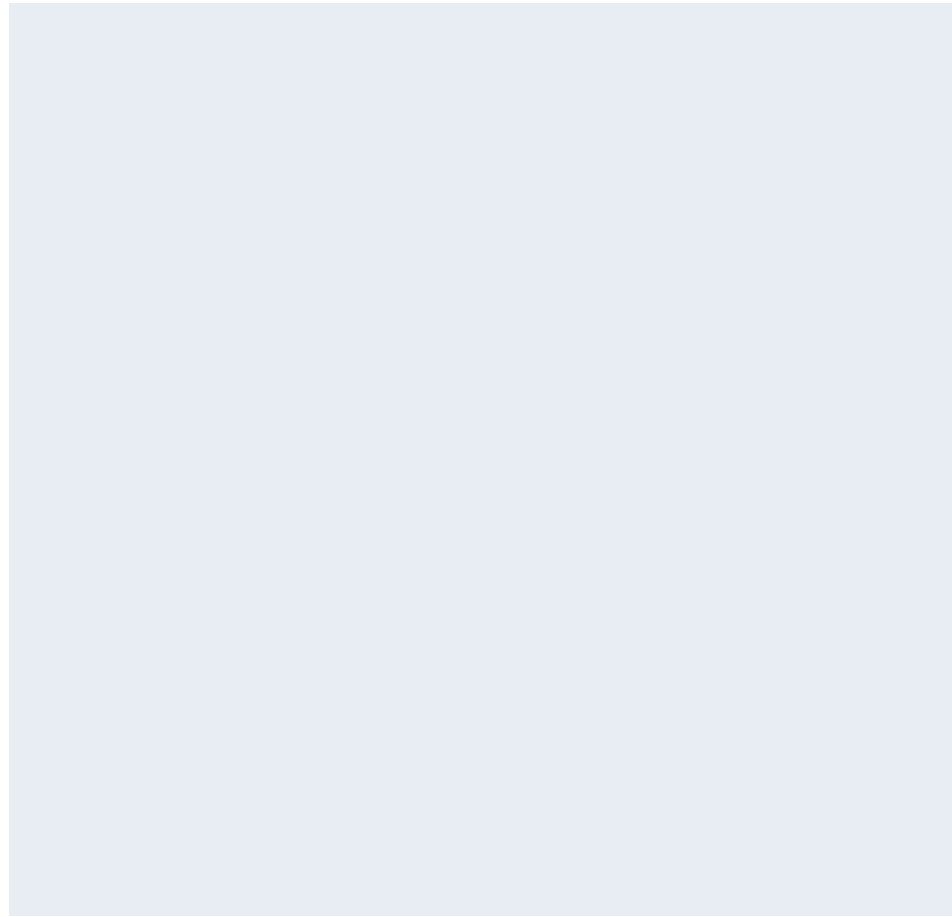
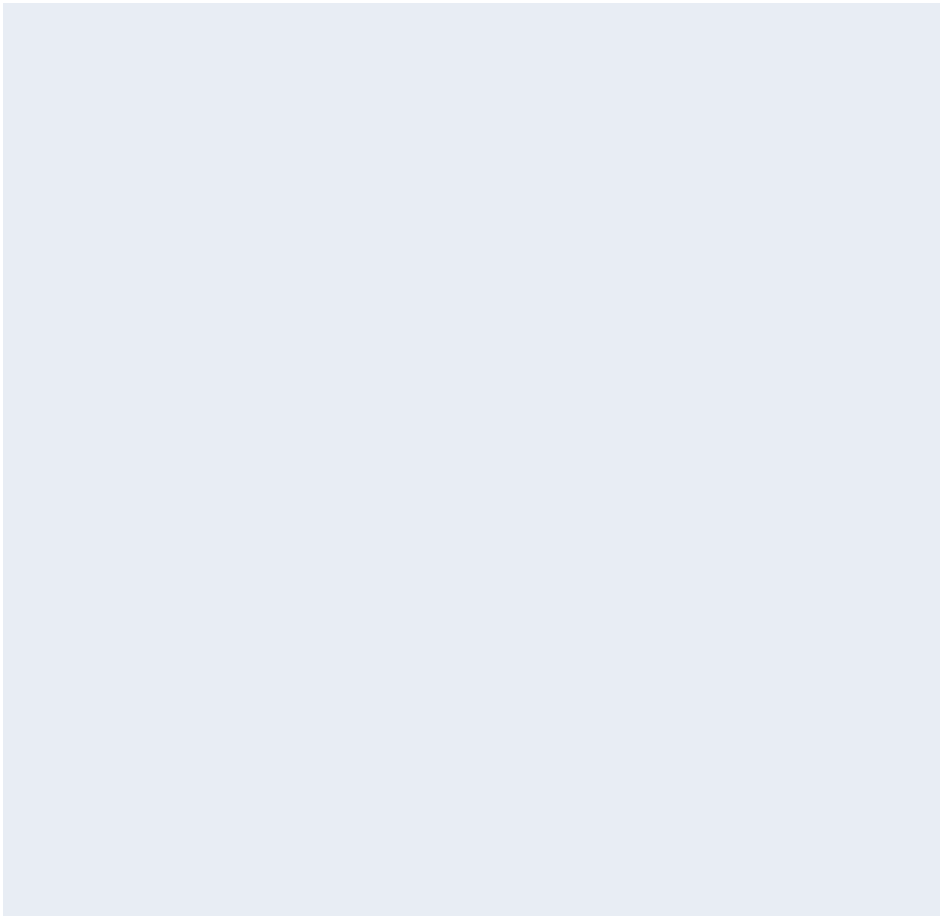
ences – relating past missions to current Air Force operations.

“My counsel is to be attentive, take care of your fellow men and know what is right and wrong,” Alexander Strohmayer, 381st BG and WWII veteran, said.

At one point, when the group was still active, more than 8,000 service members served with the 381st BG, 619 of whom were killed in action, Wilson said.

The memories of the group are currently shared by 750 members, which include veterans, descendants and friends.

“There are great lessons to be learned from these men,” Goodfellow said. “There are lessons of courage, how warriors should act in combat and the importance of honor in what these veterans have done. They faced tremendous odds, resulting in many fighters not returning home; but those who are here now and those who have passed will always be great examples.”



'Jack and the Beanstalk' concludes youth programs' theater camp

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

One of Joint Base San Antonio-Randolph Youth Programs' most popular summer camps concluded Aug. 16 when some 60 students staged two performances of the centuries-old fairy tale "Jack and the Beanstalk."

The performances were the culmination of a weeklong residency for two tour actor/directors from the Missoula Children's Theatre of Missoula, Mont., who provided students in grades 2-12 with all the tools they needed – from choreography, costumes and props to lessons on acting, applying makeup and basic lighting – to stage the production at Fleenor Auditorium.

"It's an introduction to theater," Delia Gonzalez, 902nd Force Support Squadron Youth Programs child and youth program assistant, said. "It's awesome for the kids."

The Missoula Children's Theatre has been touring for 39 years, sending teams of two tour actor/directors, or TADs, to schools, military installations, community theaters and arts programs throughout

the United States as well as 17 other countries. Its mission is the development of life skills in children through participation in the performing arts.

"It's a big confidence builder for the kids," Tawsha Jones, one of the TADs who visited Randolph, said. "It's a great experience for them."

Nick Wineman, another TAD who paired with Jones to facilitate the camp, said the weeklong session can have a dramatic impact on children's lives, allowing some to shed their shyness and blossom as performers.

"We see kids who are introverted get up on stage and completely shock their parents," he said.

Both Wineman and Jones, who are experienced actors, cut their teeth with the Missoula Children's Theatre program when they were younger.

"We did this as kids," Wineman said. "The experience of theater was a big stepping stone for me."

Wineman eventually earned a bachelor of fine arts degree in theater at the University of South Dakota while Jones is working toward a degree in theatrical design.



Photo by Don Lindsey

Children who participated in the weeklong Missoula Children's Theatre program, hosted by Joint Base San Antonio-Randolph Youth Programs, gather on stage after their performance of "Jack and the Beanstalk" Aug. 16 at the Randolph Fleenor Auditorium.

Gonzalez said she is impressed with the TADs' ability to accomplish so much in such a short time.

"They're very well-organized," she said. "They really have it down."

Chris Kiser, 902nd FSS Youth Programs school age coordinator, said auditions began Monday morning and, by afternoon, the students were already rehearsing.

"It's really neat to see how it goes from one giant audition to a great production with two high-quality shows," he said.

Gonzalez said the Missoula Children's Theatre, which has been visiting Randolph for years, is a much-anticipated session.

"Parents call in advance to see when Missoula Children's Theatre is coming," she said.

Students who are part of a Missoula production also look forward to participating in future sessions.

"Jack and the Beanstalk" was the fourth Missoula Children's Theatre play for Seth Vander Hamm, who played the lead role of Jack in this year's production. He has also participated in Missoula sessions at Whiteman Air Force Base, Mo., and Ellsworth AFB, S.D.

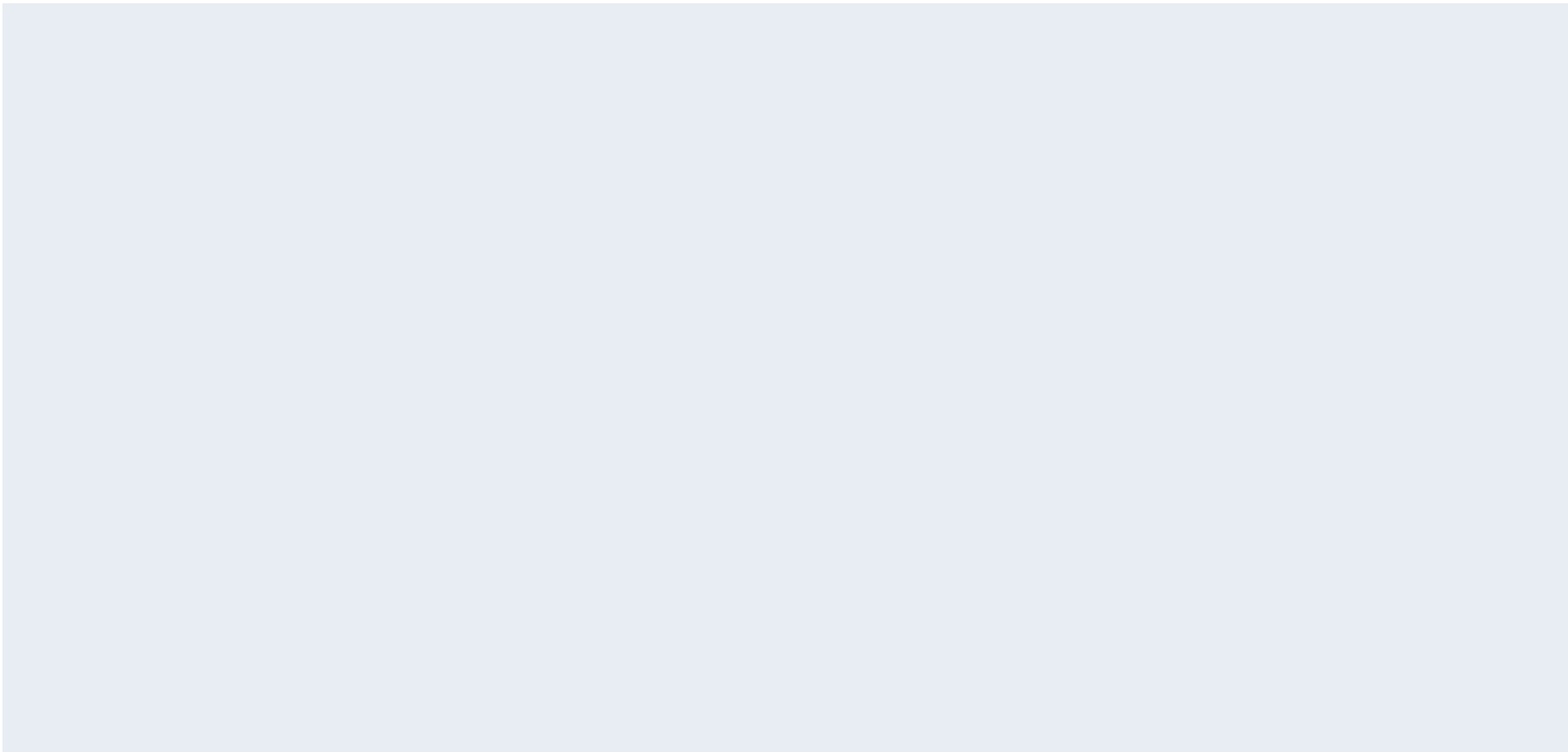
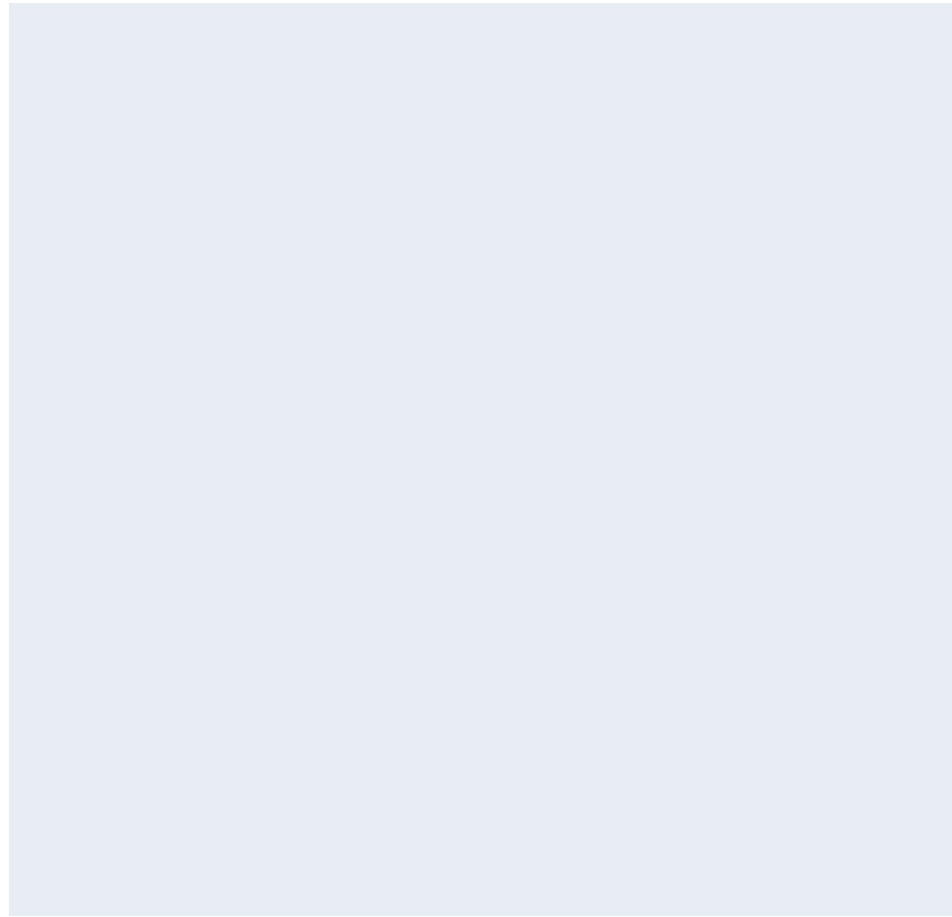
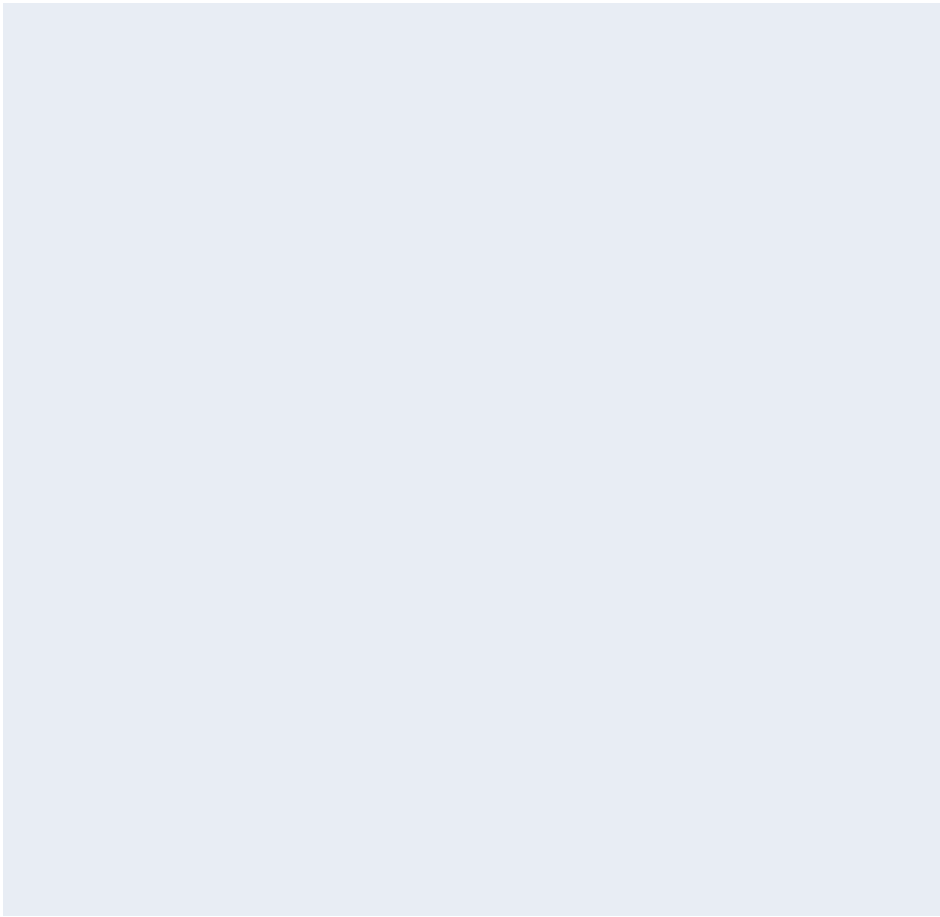
"I would definitely say they've done a good job molding me and helping me in my acting," he said.

Vander Hamm said he's "hooked" on theatrical productions as a result of his participation in Missoula Children's Theatre.

"Once you get that feeling, and you're able to get on stage and express yourself, it's a lot of fun," he said.

JBSA Sexual Assault Prevention and Response

If you would like to report a sexual assault, call the 24/7 JBSA Sexual Assault Prevention and Response hotline at 808-7272 or the Department of Defense Safe Helpline at 877-995-5247. You don't have to be alone.



Motorists urged to drive defensively in Washington Circle

By Alex Salinas
Joint Base San Antonio-Randolph Public Affairs

For the scores of motorists who enter and leave Joint Base San Antonio-Randolph around the clock, chances are likely they will encounter Washington Circle.

Not knowing the traffic rules, coupled with an indeterminate number of newcomers who may be unfamiliar with the circle, puts other motorists at risk for collisions, Linda Howlett, 502nd Air Base Wing ground safety manager at Randolph, said.

The best ways to avoid mishaps are learning the laws governing the roundabout and driving defensively, Howlett said.

“The key to Washington Circle is to never assume other people know the rules,” she said. “It’s not a matter of if, but when someone will drive it incorrectly.”

Traffic in the circle travels one way, counterclockwise, whether a motorist enters it from Harmon Drive or one of its four other feeder roads.

“When you enter the circle, if you plan on exiting the first or second exit, stay in the outside lane,” Staff Sgt. Edward Grant, 902nd Security Forces Squadron police services NCO in charge, said earlier this year. “If you’re leaving the circle on the third exit or beyond, stay in the inside lane until you approach the exit.”

When motorists depart the circle onto Harmon Drive, especially from one of the feeder roads – which happens most at the end of the business day – they tend to use both lanes as exits when they should only use the outside lane as a single exit, Howlett said.

Other mistakes include drivers abruptly changing lanes within the circle and not getting into the correct lane to exit. If two vehicles are side-by-side, the vehicle in the outside lane has the right-of-way,

“Give people the benefit of the doubt. If you notice someone driving incorrectly, look out for his blind spot and make sure to yield and not cut him off. It’s not worth getting stressed about.”

Linda Howlett

502nd Air Base Wing ground safety manager at Randolph



Driving around Washington Circle safely

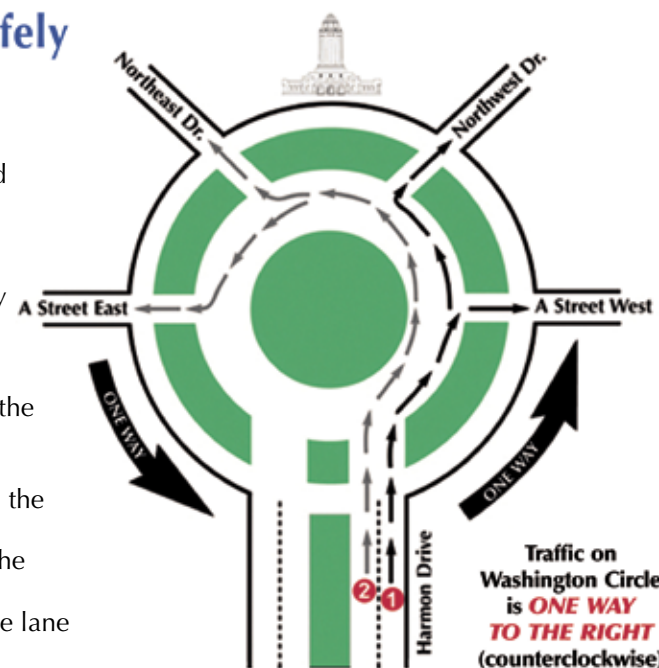
Base safety and security officials want people to be aware of the procedures for driving in and out of Joint Base San Antonio-Randolph's Washington Circle.

Officials want to ensure motorists know which lanes they should be in when entering and exiting the circle.

The biggest safety issue occurs when vehicles try to directly exit the circle from the left lane instead of moving to the right lane in advance of their exit turn. Officials urge people to drive defensively and use caution in and around Washington Circle.

TRAFFIC RULES FOR WASHINGTON CIRCLE

- Traffic entering the circle must yield to traffic already in the circle.
- When entering the circle:
 - 1 If you are exiting at the first or second exit, stay in the outside lane or right lane.
 - 2 If you are exiting at the third exit or beyond, use the inside or left lane until ready to exit
- If two vehicles are side by side, the vehicle in the outside lane has the right of way.
- All traffic must signal for turns when exiting the circle.



and all traffic must signal for turns out of the circle, Howlett said.

“Give people the benefit of the doubt,” she said. “If you notice someone driving incorrectly, look out for his blind spot and make sure to yield and not cut him off. It’s not worth getting stressed about.”

The speed limit on Harmon Drive is 25 mph, which counts for Washington Circle,

but due to yields and defensive driving, motorists will naturally slow down.

“The circle can be intimidating during peak traffic hours, so people can always use other gates to leave Randolph,” Howlett said.

There is a standard roundabout sign placed near Washington Circle, but motorists shouldn’t expect additional signs

“because we want them paying attention to the roads, not the signs,” she said.

According to the 902nd SFS Reports and Analysis team, no accidents have been reported in Washington Circle this year and rarely have accidents occurred there in the past.

“Traffic circles work very well when they are done right,” Howlett said.

AAFES seeks customer feedback to improve shopping experience

Army and Air Force Exchange Service

The Army and Air Force Exchange Service is constantly seeking opportunities to improve on the Exchange benefit. As part of this effort, the Department of Defense’s oldest and largest Exchange service relies on an ongoing Customer Satisfaction Index to provide localized, real-time snapshots of the job Exchange facilities are doing to improve the value of the support provided to military members and their families.

The survey, which addresses customer service, pricing, sales associate availability, merchandise assortment and many more key issues, is administered at half of Exchange main stores twice a year.

Joint Base San Antonio-Randolph shoppers’ opportunity to participate in the 2013 Customer Satisfaction Index is Aug. 31-Sept. 21. During this time, troops and their families are encouraged to visit the Exchange to provide feedback on locally available

services. Beyond improving the Exchange benefit, shoppers who participate will also receive a coupon for \$5 off their next purchase at the Exchange.

“We want to hear from as many Randolph Exchange shoppers as possible,” said the Exchange’s Sales Manager, Tonya Yancey. “Efforts like the CSI are critical to not only improving the shopping experience, but also bolstering the dividend the Exchange annually delivers to the community as healthy exchange operations produce greater returns for Air Force quality of life programs.”

59th MDW Outstanding Airman strives to make difference

By Alexis Culver
59th Medical Wing Public Affairs

A mental health technician from the 59th Medical Wing was recently recognized as one of the 12 Outstanding Airmen of the Year.

Air Force Staff Sgt. Casey L. Anderson's achievement is another recognition added to her list as one of the command's outstanding enlisted Airmen of the Year for 2013, Air Education and Training Command's Mental Health Airman of the Year, and the 59th MDW Airman of the Year.

The Outstanding Airman of the Year award recognizes 12 honorees selected for their superior leadership, job performance and personal achievements by an Air Force selection board at the Air Force Personnel Center.

"General Hepburn (Air Force Maj. Gen. (Dr.) Byron Hepburn), myself and the entire 59th MDW team are absolutely honored to have the privilege to serve alongside such a phenomenal Airman as Staff Sgt. Anderson," said Air Force Chief Master Sgt. Maurice James, 59th Medical Wing command chief. "She is an incredible mental health technician, but an even more amazing Airman, who totally embraces the whole person concept that the Air Force ardently desires of its Airmen."

"I believe she is the right choice to represent the 59th MDW, AETC, the Air Force Medical Service and the Air Force, and without a doubt she's doing an outstanding job," he added.

Since being recognized as one of the 12 Outstanding Airmen, Anderson continues to receive support from her family, friends, leaders, peers and patients.

"It has actually humbled me to make sure I'm representing the Air Force and mental health in a positive light," Anderson said. "It puts pressure on to make sure



Photo by Staff Sgt. Kevin Iinuma

Senior Airman Casey Anderson, recently promoted to staff sergeant, discusses a psychological test July 12 at the Joint Base San Antonio-Lackland Wilford Hall Ambulatory Surgical Center.

that you're just that much more on top of your game, which isn't a bad thing, it's a challenge."

One challenge Anderson is facing since the recognition is breaking the stigma associated with seeking mental help.

"Mental health used to have a stigma," Anderson said. "People think there are huge ramifications to seeking help and that's simply not the case. There has been a huge shift in our culture, and I want all our Airmen to know that it's ok to seek help."

Giving back to her community is also important to Anderson. For over two years, Anderson has been coaching approximately 30 children in a cheer and tumbling program she created at the youth center on Joint Base San Antonio-Lackland.

She is also passionate about briefing Airmen on suicide prevention at the First Term Airman Course, the hospital newcomer's orientation and other 59th MDW units.

Anderson's efforts to help others, both on and off duty, are catching the attention of her supervisors.

"She earned it, by no means was it given," said Air Force Staff Sgt. Navon Martin, NCO in charge of Specialty Services at Wilford Hall Ambulatory Surgical Center. "She's very passionate about everything she does. We get compliments all the time on how well she does from the different areas she briefs."

Anderson will receive the award in September at the annual Air and Space Conference and Technology Exposition in Washington, D.C.

"I want to use this as more than just an award," Anderson said. "I feel I can make a change and I'm in a position to do so. If I use my words and actions wisely, a piece of my voice will make a difference."

"I just want to say thank you," she added. "I know this opportunity wouldn't have been given without the support of those around me and I am so grateful. I've realized the opportunities and blessings I've received from my leadership and from people in the hospital. So many people have contributed to this and I couldn't have done this by myself."

Keesler, Sheppard, Vance shine in 'King of the Hill' game

By Tech. Sgt. Beth Anschutz
Air Education and Training Command
Public Affairs

The King of the Hill game has ended and three Air Education and Training Command bases have been spotlighted for best idea, individual participation, and wing participation.

Keesler Air Force Base's idea on "C3 Multi-Functional Device Initiatives," which involved renegotiating print, copy, scan and fax lease agreements, won the final match over Columbus AFB's idea on "Bldg. 406 Corrosion Control."

Capt. Kurt Schmidbauer, AETC command financial analyst, said the contest played out in a very exciting final match on Aug. 12.

"As Columbus cruised to the final round without a single loss, Keesler had

to win three days in a row in the 'loser's bracket' just to make it to the final match," Schmidbauer said. "From that point Keesler defeated Columbus twice in a row to claim the championship."

According to Schmidbauer, over the course of Keesler's five straight wins the base averaged nearly 1,000 base personnel voting per day, a testament to their ability to organize and spread the message on the Cost Conscience Culture initiative.

While more than 15,500 individuals from across AETC voted at least once during the contest, two individuals distinguished themselves by voting each of the 43 days. Thomas Wade, from the 71st Force Support Squadron at Vance AFB, was named the individual participation winner because he correctly predicted the

"We received 106 ideas through the game link, compared to 14 during the entire quarter prior to the game, and received 210 comments on existing ideas."

Capt. Kurt Schmidbauer

Air Education and Training Command financial analyst

winner 29 times out of 43 matches.

The 80th Flying Training Wing at Sheppard AFB was named the wing participation champion. The wing's 100 percent participation rate was unmatched by any other organization in AETC.

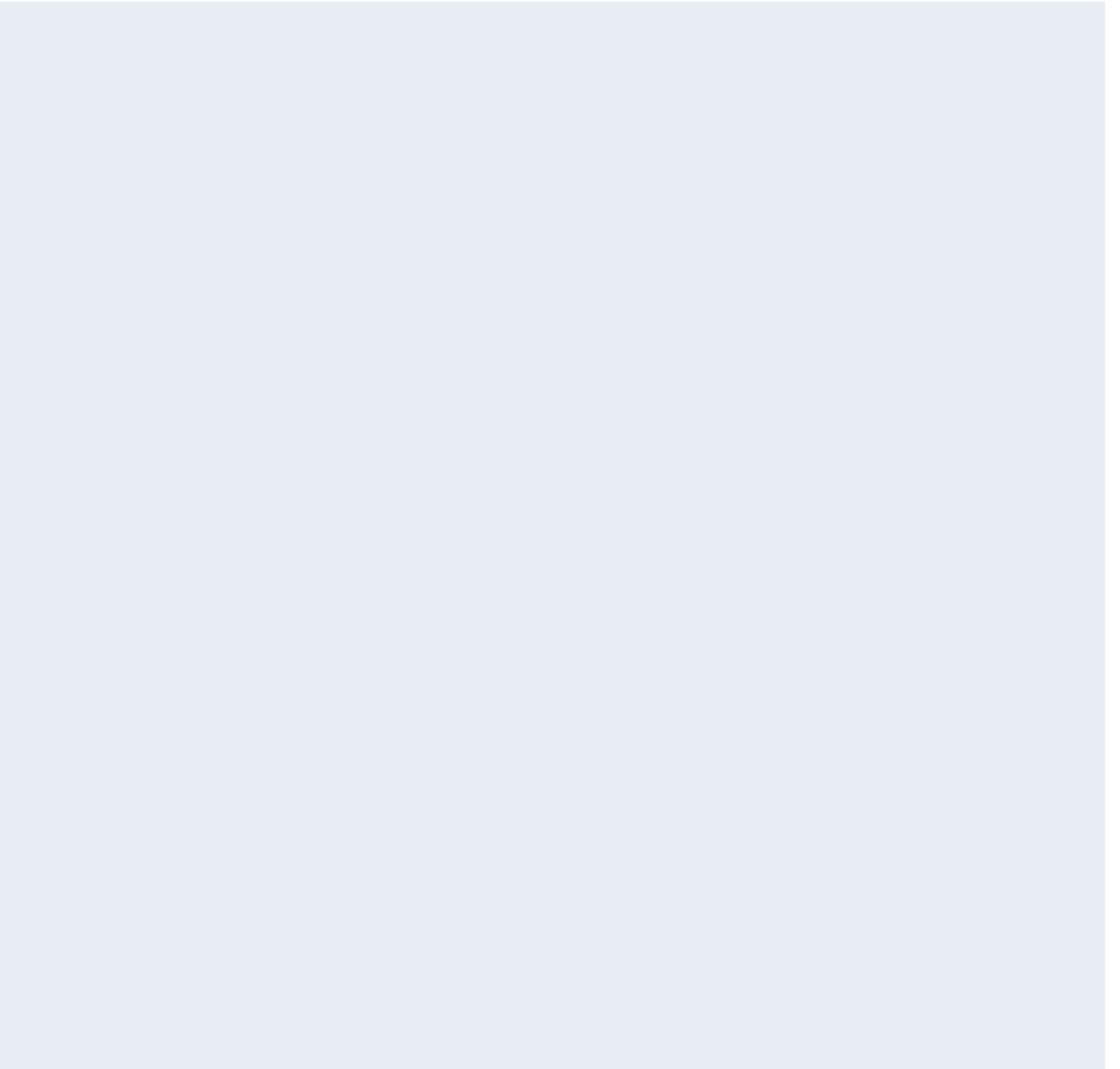
"In the end, we met the goal of spreading the C3 message," said Schmidbauer.

"We received 106 ideas through the game link, compared to 14 during the entire quarter prior to the game, and

received 210 comments on existing ideas."

All the information gathered during the King of the Hill game will add to the idea validation process, which will include a financial and functional review to ensure the idea is valid and does not violate any established directive.

Although the King of the Hill game has ended, the continuation of innovation is what is important to the future of AETC and the Air Force.



Joint Base San Antonio-Randolph

Sports BRIEFS

Marathon training run

The Randolph Fitness Center is hosting an 18-mile run 6 a.m. Saturday at Eberle Park for all runners training for a marathon. This is the last of the three marathon training runs. For more information, call 652-7263.

Commemorative Run

A Joint Base San Antonio 9/11 Commemorative Run is scheduled for 7 a.m.-4 p.m. Sept. 11 at the 1.5-mile track at JBSA-Lackland. For more information about the Robert D. Gaylor NCO Academy-hosted event that is open to all military ID cardholders, contact Tech. Sgt. Debra Flowers at debra.flowers@us.af.mil.

Rambler 120 teams

JBSA's premiere adventure race, the Rambler 120, takes place Oct. 5. Teams that sign up before Saturday will pay last year's fee of \$100 for Xtreme teams (four people) or \$150 for relay teams (five-eight people). After Aug. 24, the fees increase to \$120 for Xtreme teams and \$180 for relay teams. Teams can start training for the 22-mile bike course, the 6-mile run and the 2-mile raft event. The deadline to enter is Sept. 20. Entry forms are available at the JBSA-Randolph Rambler Fitness Center, Building 999 and Community Services Mall, Building 895. A pdf registration packet is available online at <http://www.randolphfss.com>. For more information, call 267-7358.

SPORTS - HEALTH - FITNESS



Photo by Rich McFadden

Randolph High School cross-country team athletes train for time during an early morning practice at the high school track Aug. 15 in preparation for their first meet of the 2013 season, Saturday.

Cross-country team conditions for upcoming season

By Alex Salinas

Joint Base San Antonio-Randolph Public Affairs

It's not the morning practices all through summer vacation, the youth or relative lack of experience of the 2013 Randolph High School cross-country team that make it stand out; it's returning after a two-year stint of inactivity.

Led by rookie coach Charlie Phillips, a lifelong runner, the group plans to re-establish a Ro-Hawk winning tradition, one step at a time.

"I have a team of 10 kids right now, boys and girls, with no seniors and mostly freshmen," Phillips said. "It's a building season."

Using the high school track and surrounding locations with hilly terrain to perform timed-trial runs and even "treasure hunts" for motivation, Phillips believes the brief hiatus did nothing to affect his team's devotion.

"To show up every day at 7:30 a.m. to put in work while some kids sleep until noon, that shows an extreme amount of dedication," Phillips said. "There's no measuring stick from last year, so I want the kids to run as fast as they can and win for themselves."

Yes, if most runners on the roster can consistently record 7-minute miles, that'd

"I have a team of 10 kids right now, boys and girls, with no seniors and mostly freshmen. It's a building season."

Charlie Phillips

Randolph High School coach

be great, Phillips said – a few on the team are already capable – but the 2013 season is about continuing a sport that is "crucial to the high school experience" and development of future athletes.

For some members of the team, this summer was the first time running 5Ks, or 3.1 miles, which is the standard length for a boys' high school cross-country meet.

Ninth-grader, Justin Jones, quickly established himself as a speedy competitor.

"I like the team's small-group dynamic," he said. "I feel I'll be able to contribute and establish myself."

Collin Blair, a junior, also stood out during practices and said he was happy to be part of "getting a good team going."

Waking up early hasn't always been a breeze for the young runners, but for some, motivation was simple to find.

"I just love to run," Noah Krauss, a freshman, said.

For others, it took a little bit of noise.

"An alarm clock really helped me get up; it was invaluable," 10th-grader, Mickey Schneider said.

Before the team's first event Friday in Comfort, Texas, Phillips expects "pre-meet jitters," but said his squad will be ready for the hilly and challenging course.

"No one has been allowed to drink sodas during the season," he said. "Everyone has a diet they follow and they have been taught to recognize pain in their bodies."

"The kids are creating a lifestyle of wellness," he said. "The way they've prepared, it takes a lot of guts."

See a short video clip on the team at JBSA-Randolph's Facebook page at <https://www.facebook.com/JBSARandolph>.

Navy team wins JBSA softball championship

By Jose Garza III
Joint Base San Antonio-Lackland Public Affairs

After being on the short end of this year's Joint Base San Antonio-Lackland softball tournament, losing to the 149th Fighter Wing Gunfighters in the finals, the Navy Information Operations Command was ready for a second chance at softball success.

Tuesday, NIOC clinched the JBSA Intramural Softball Championship in a 9-5 victory over their JBSA-Lackland rivals.

The JBSA Intramural Softball Tournament pulls the top two intramural softball teams from each operating location to compete for the title.

On its way to attaining the base-wide trophy, the NIOC defeated Air Education and Training Command and the United States Army Installation Management Command.

Ben Martinez, NIOC coach and pitcher, was quick to give respect to its opponents.

"(The 149th) is a great team, and it feels good to finally get back in this position," Martinez said. "It seemed like

we were so close last year, and we just couldn't get it done."

Last year, NIOC lost in the base finals to the 343rd Training Squadron, and subsequently, in the second round of the JBSA tournament to AETC.

When the course was set for an all-JB-SA-Lackland softball final, Martinez said the team was happy to get an opportunity to avenge its base finals loss.

"We wanted to see them again because they got us in the (JBSA-Lackland) finals," Martinez said. "We were happy to play them because they are a bunch of good guys. We know them from last season.

"We are happy that revenge is done, and now we will see how next season turns out."

After two years of disappointment, Martinez felt that it was the right time for NIOC to reign atop JBSA.

"We have been playing softball with each other for over three years now," Martinez said. "For most of us, this was our last go at (winning a championship) before we [permanently change stations] so we all wanted to get this championship."

Jesse Rodriguez, the 149th FW Gun-



Photo by Jose Garza III

The Navy Information Operations Command defeated the 149th Fighter Wing Gunfighters, 9-5, Aug. 13 to become all-JBSA Intramural Softball Champions.

fighters head coach, believed his team would have stifled NIOC's championship hopes once again if his team was healthy and intact. He said the team was playing hurt after playing in a national tournament in Florida.

It was "awesome" how the team made

it to the JBSA softball finals despite its struggles, Rodriguez said.

"We all thought it was going to be a real tough struggling with injuries, but we showed up and played our hearts out for the love of the game," Rodriguez said.

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"A lot of experts make up our team, including logistics planners, personnelists and supply personnel," Alexander said. "We all have to make sure the deployer is discrepancy-free."

The most critical link in the deployment process is the unit deployment managers, or UDMs, who are assigned by their squadron commanders and undergo extensive training at the deployment readiness centers.

"They work with each deploying member to ensure they have completed their deployment readiness training and comply with all applicable reporting instructions," Alexander said. "It's a very important function in the entire process."

James said a JBSA installation deployment plan describing deployment operations is serving as a template for the process.

"We're moving toward a common deployment process to support JBSA deployment operations," he said. "It's a huge task."

Edwards Aquifer Level

in feet above sea level as of Aug. 22

CURRENT LEVEL= 634.1'



The Joint Base San Antonio
Drought Management Plan
is available at:

<http://www.jbsa.af.mil/shared/media/document/AFO-130809-013.pdf>

Joint Base San Antonio-Randolph News Briefs**JBSA-Randolph Officers' Spouses Club meeting**

The JBSA-Randolph Officers' Spouses' Club is hosting its annual Special Activities Coffee 10 a.m. Thursday at the Parr Club. For more information, call 566-9066.

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