

FORT SAM HOUSTON News Leader



SEPTEMBER 13, 2013
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**JBSA
HOTLINES**



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877-995-5247**

**JBSA Sexual Assault Hotline
808-SARC (7272)**

**JBSA Domestic Abuse Hotline
367-1213**

**JBSA Duty Chaplain
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



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Photo by Staff Sgt. Corey Baltos

Maj. Gen. Perry Wiggins, deputy commanding general, U.S. Army North (Fifth Army), smiles as his father, Lamar, and wife, Annette, tackle pinning lieutenant general rank on him during his promotion ceremony Sept. 4 at the historic Quadrangle. Immediately following the promotion, Wiggins assumed command of Army North during a change of command ceremony.

Army North welcomes new commanding general

By Staff Sgt. Corey Baltos
Army North Public Affairs

The Army tapped one of U.S. Army North's own to be the next to lead the command.

Lt. Gen. Perry Wiggins took command of Army North (Fifth Army) from Lt. Gen. William Caldwell IV during a ceremony Sept. 4 in the historic Quadrangle and also assumed responsibility as the senior Army commander for Fort Sam Houston and Camp Bullis.

Caldwell served as the commanding general since

Dec. 30, 2011.

Before Wiggins could assume command however, there was an important matter to perform – his promotion to lieutenant general. The promotion ceremony, which took place just before the change of command, was presided over by Caldwell. It was Caldwell's last official duty as commanding general of Army North.

Caldwell said Wiggins' promotion gave him confidence in the Army's leadership.

"When people like you are selected – Soldiers who are well-rounded, with true integrity,

deep character, passion for the mission – I feel confident that we will be better than we've ever been," said Caldwell.

Following the promotion ceremony, Gen. Charles Jacoby Jr., commander of the North American Aerospace Defense Command and U.S. Northern Command, presided over the change of command ceremony.

As tradition dictates, Caldwell relinquished command by passing the unit's colors to Jacoby, who then passed the colors to

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CFC: Even small donations make a big difference

By 1st Lt. Amanda McGowin
Joint Base San Antonio
CFC Coordinator

In uncertain financial times, to include sequester budget cuts and civilian furloughs, even the smallest donation can have a large and lasting impact when it comes to the Joint Base San Antonio Combined Federal Campaign, which runs through Oct. 18.

I'm optimistic that even with the hardships that our civilian teammates have endured, many of them are still willing to help those less fortunate than themselves.

The goal for all CFC representatives is to spread the word that even small donations can make a big impact.

For example, just \$1 per month can provide 84 meals to hungry Texans or 500 diabetes risk tests; \$2 per month can provide three cancer screenings or train a nurse on high-risk prenatal care; and \$4 per month provides support to 80 cancer survivors, provide a spay/neuter surgery to a homeless animal at a local shelter or contribute to research that helps find cures to numerous diseases.

There are so many

more examples of what a few bucks can do, but the bottom line is this: can you go with one less cup of premium coffee a month? One less soda? One less lunch out?

I challenge everyone, military and civilian alike, to find out how they can make a difference in our community, and CFC is one of those convenient tools to do so.

The Combined Federal Campaign is the once-a-year workplace campaign available to federal employees which eliminates year-round on-the-job solicitations while allowing employees a convenient way to give to the charitable organizations of their choice.

The goal for the entire San Antonio area is to raise \$5.5 million. The goal for CFC donations for JBSA, its mission partners and tenant organizations, is to raise \$4 million. Units are encouraged to hold fundraising events, but they must benefit the CFC.

With more than 2,700 local, national and international charities and federations participating in CFC, there are three ways to give: payroll deduction, cash or check. Donations can also be given anonymously.

According to the United Way of San Antonio, there has been a steady 3 percent decrease in CFC participation each year since 2009. Officials believe this is because employees are not being educated about their options in participating in the CFC or they do not fully understand the CFC. The United Way of



To access the 2013 San Antonio Area Combined Federal Campaign charitable agency brochure online, visit <http://www.cfc-sanantonio.org> or <http://www.cfctoday.org> or <http://tiny-or/.org/e30AACka>.

San Antonio found that the No. 1 reason people don't donate is that they are not asked.

This year, the JBSA CFC Committee is focusing on making meaningful contact and education. We want 100 percent of employees contacted, 100 percent educated and given a 100 percent opportunity to donate.

In past years, employees who were out of office on the day the CFC agency listing and pledge forms were handed out, have come back to their office with CFC material simply left on their desk, without any contact. We want unit points of contact to make one-on-one contact with employees who were unavailable on their unit's CFC day.

Employees can have confidence in the CFC program, as every charity and federation in the agency listing has to apply to participate in CFC and must demonstrate

sound fiscal management, exhibit high integrity of conduct, serve the community as a human health and welfare organization and have no affiliation or link to terrorism.

Every organization also undergoes a financial audit, their IRS Form 990s are reviewed and they must have IRS determination of non-profit status.

Employees should also have confidence that their donations are going to the organizations they designate. All data entries are verified and the database will not accept invalid codes.

The CFC and United Way of San Antonio are also audited annually. If an employee does not wish to designate a donation to a specific organization, he or she can have confidence that the donation will be evenly disbursed to all organizations participating in the CFC, as opposed to going only toward overhead.



The 2013 Combined Federal Campaign runs through Dec. 15. The following is a list of points of contact for Joint Base San Antonio:

502 Air Base Wing:

1st Lt. Amanda McGowin, 221-4321
Alternate: Master Sgt. Mason Wilson, 671-6705

502nd Mission Support Group:

Manny Henning, 221-1844
Alternate: Duane Dunkley, 221-2207

802nd MSG:

1st Lt. Brandon Langel, 671-2528
Alternate: Master Sgt. Robert Brinson, 671-5511

902nd MSG:

Matt Borden, 652-3797
Alternate: Master Sgt. Ennis Fowler, 652-6915
Alternate: Master Sgt. Shawn Waghorn, 652-3088



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<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

Hiring Heroes Career Fair

Joint Base San Antonio-Fort Sam Houston hosts the bi-annual Hiring Heroes Career Fair from 9 a.m.-2 p.m. Wednesday at the Sam Houston Community Center Career at 1395 Chaffee Road. The career fair offers opportunities for wounded warriors, transitioning service members, veterans and military spouses to network, collect information and speak to more than 40 Department of Defense, federal and private sector recruiters and employers. Bring resumes. For more information, call 221-1213.

Oktoberfest at Quadrangle

A traditional Oktoberfest celebration will be hosted at the Quadrangle from 6-8 p.m. Sept. 24. A meal of bratwurst, sauerkraut, German potato salad, German beer and other goodies is included. Music supplied by the 323rd Army Band "Fort Sam's Own." Prices are \$20 for E-1 through E-6 or GS-2 through GS-6; \$25 for E-7 through O-4 and GS-7 through GS-13 and \$30 for O-5 or GS-14 and above. For couples, prices are \$35, \$45 and \$55 under the preceding categories. For reservation, send an email to scsfshreservations@gmail.com.

Supply Request Cutoff

The 502nd Logistics Readiness Supply fiscal year 2013 request processing cutoff is 11 a.m. Sept. 25. After the cutoff, all high priority requests will be worked offline. For more information, call 221-9827.

'Ready and Resilient' Soldier Show 2013

The 2013 U.S. Army Soldier Show "Ready and Resilient" is coming back to the Fort Sam Houston Theater to give their final public performances at 6:30 p.m. Wednesday and Thursday. This high-energy, 75-minute song-and-dance production is free and open to Department of Defense military ID cardholders and their guests. Seating is on a first-come, first-seated basis. Doors open at 5:30 p.m. For more information, call 466-0684 or visit <http://www.ArmyMWR.com/SoldierShow>.

West Point Admissions Briefing

Any enlisted member from any service interested in applying for the U.S. Military Academy in West

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Navy students speak out against drug, alcohol abuse

By Petty Officer 1st Class
Keegan Marcantel
Navy Medicine Training
Support Center

The Navy command with oversight of the instructors and students from the Navy's largest enlisted rating sponsored an event Aug. 28 at Joint Base San Antonio-Fort Sam Houston to highlight the pitfalls of drug and alcohol abuse.

The Navy Medicine Training Support Center's Coalition of Sailors Against Destructive Decisions hosted an evening talent show attended by more than 300 hospital corps students and instructors, said Petty Officer 1st Class Don Giuy, talent show coordinator and an NMTSC medical laboratory instructor at the Medical Education and Training Campus.

The 18 student performances included



Photo by Petty Officer 1st Class Keegan Marcantel

The Navy Medicine Training Support Center's Coalition of Sailors Against Destructive Decisions held a talent show to heighten awareness of its theme of "Substance Abuse, Drug and Alcohol Prevention and Awareness."

dance routines, singing, musical acts and poetry, Giuy said. The talent show was put on to help heighten awareness of

the CSADD August campaign theme, "Substance Abuse, Drug and Alcohol Prevention and Awareness."

"The talent show provided entertainment and an opportunity for Sailors to come together and display their per-

sonalities and talents," Giuy said. "This resulted in an atmosphere where students could discuss issues that regularly impact Sailors."

The NMTSC CSADD chapter has a reputation for creativity. Giuy said this is due in large part to the founding of the student subcommittee comprised entirely of Sailors from the hospital corpsman student population.

These students attend Hospital Corpsman "A" and "C" schools at METC, alongside their Army and Air Force counterparts.

"The student subcommittee bridges the gap between students and staff members," Giuy said. "It allows for better communication and awareness of the issues that the junior

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Injured Soldier honored in Purple Heart ceremony

By Robert Shields
BAMC Public Affairs

Spc. Giovanni S. Cook was honored for his bravery during a Purple Heart ceremony at the Warrior and Family Support Center Sept. 6.

Col. Kyle D. Campbell, commander of Brooke Army Medical Center, opened the ceremony followed by Lt. Gen. Robert P. Lennox, principal deputy director, Cost Assessment and Program Evaluation, Office of the Secretary of Defense, who presented the medal and certificate.

"I want to say how proud I am to be here. This is my third Purple Heart presentation and

it's an honor for me to be here today to honor Spc. Cook's courage and personal sacrifice," Lennox said. "Only one percent of the nation today serves and we owe you a great deal of thanks for your service."

Cook was injured July 13 when his vehicle was struck by an improvised explosive device while he was conducting a mounted patrol in Afghanistan.

"I would like to thank all the Soldiers who have received Purple Hearts in the past and the fortunate ones that are able to be here with us today," Cook said.

"Thank you for supporting my family and obviously the hospital's

support," Cook added. "And thank you for supporting my unit, which is now home safely."

Following the ceremony, Lennox visited with wounded warriors at the Center for the Intrepid, toured the Burn Center and visited with inpatients and their families at San Antonio Military Medical Center.

The Purple Heart is awarded to members of the Armed Forces of the United States who are wounded by an instrument of war in the hands of the enemy and posthumously to the next of kin in the name of those who are killed in action or die of wounds received in action.



Photo by Robert Shields

Lt. Gen. Robert P. Lennox, principal deputy director of Cost Assessment and Program Evaluation, presents the Purple Heart medal to Spc. Giovanni S. Cook during a ceremony at the Warrior and Family Support Center Sept. 6. Cook was injured July 13 when his vehicle was struck by an improvised explosive device while conducting a mounted patrol in Afghanistan.

Donating blood: First-time donor gives his perspective

By Mark Salcedo
Akeroyd Blood Donor Center

There are a lot of reasons why many people don't donate blood – medical and travel restrictions, deployments and fear of needles or pain are among them.

Cecil Johnson, a recent first-time donor with the Armed Services Blood Program, hopes by telling his story, others will overcome their fears, roll up their sleeves and donate.

Johnson, an information technology specialist with the Network Enterprise Center on Joint Base San Antonio-Fort Sam Houston, had similar reservations about donating blood.

A few months back, Johnson received an email from the Akeroyd Blood Donor Center at JBSA-

Fort Sam Houston. The blood donor center was looking for O-negative blood donors and Johnson fit the bill. The center needed additional blood donors for several trauma patients who had been treated at the San Antonio Military Medical Center.

Johnson doesn't shy away from admitting that he is not a big fan of needles or the sight of blood, especially his own. However, he knew that his donation to the ASBP would help save the lives of others who desperately needed it. He made the call and scheduled an appointment.

"Before I donated, I made sure I maintained a healthy diet by eating iron-rich foods, such as red meat, fish, poultry, beans, spinach and raisins," Johnson said. "I

avoided fatty foods such as hamburgers, fries and ice cream. I also made sure I got a good night's sleep the night before."

On the day of donation, Johnson said he ate a healthy, low-fat breakfast and drank some extra water so that he would stay hydrated during and after his donation. He also said he made sure he wore comfortable clothes that had sleeves that could be raised above the elbow.

All of his preparations paid off. After arriving at the blood donor center, Johnson answered a few pre-screening questions, provided his medical history and had his vital signs and iron levels checked by a blood collections team member. Then, he took a seat and "readied himself" for his



Photo by Mark Salcedo

Sgt. Johnny Carter, medical lab noncommissioned officer from the Akeroyd Blood Donor Center, performs a fingerstick to check Cecil Johnson's iron level. Johnson is an information technology specialist with the Network Enterprise Center at Joint Base San Antonio-Fort Sam Houston.

first blood donation.

"My anxiety was kicking in (at this point), but I was past the point-of-no-return and knew there was no turning back," Johnson said. "After a few minutes, my name was called. I nervously got

up and was escorted by a junior enlisted Soldier to a room containing what looked like big blue lounge chairs.

"Now, I've heard that blood donor needles were big, but it wasn't that bad," Johnson continued.

"The noncommissioned officer overseeing the staff drawing my blood was patient and calmly explained what I could expect, which greatly reduced my anxiety. I laid back, relaxed and talked to the staff to keep my mind focused on other things."

Before he knew it, Johnson had completed his first blood donation to the ASBP.

"It was over in less than five minutes. The Soldier removed the needle, sealed and labeled the bag containing my donation, placed a bandage on my arm and told me to help myself to some punch and cookies in the recovery room," Johnson said. "I was also given a cool T-shirt — sweet!

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ARNORTH from P1

Wiggins, thus bestowing him with the authority of command and formally recognizing him as the commanding general of Army North.

"I consider ourselves (he and his family) truly blessed to remain a part of the Army North team," Wiggins said. "We get to stay in San Antonio, Military City U.S.A., and we get to keep our great friends in the process. It just doesn't get any better than that."

As the commanding general of Army North, Wiggins will lead the Army Service Component Command, and as U.S. Northern Command's Joint Forces Land Component Command, in working with its partners in conducting homeland defense operations, theater security cooperation activities and civil

support operations.

Jacoby expressed confidence in Wiggins' ability to command the organization dedicated to protecting the homeland.

"Lt. Gen. Wiggins is uniquely qualified to take the reins of command," he said. "The Army North team is truly 'the strength of the nation.' You will take this command to places it's never been."

Caldwell also touched on Wiggins' distinctive preparedness for command of Army North.

"He is an exceptional Soldier, very versed and knowledgeable on our homeland mission," Caldwell said.

Wiggins brings a tremendous amount of experience in assuming command of Army North. He served as the deputy commanding general on two occasions – most recently from January of

this year to the present and previously from April 2009 to October 2011.

"We got to test drive Perry around the parking lot for a while," joked Jacoby.

Wiggins said he felt truly humbled and privileged to serve under Caldwell as well as with numerous others during his time in the service.

"I want to thank you personally, but understand in my heart, and really in my whole soul, I appreciate everything that you've done for me throughout my career," Wiggins said. "I will always remember this day."

As he closed out his first official act as commanding general, Wiggins made one final promise to his Soldiers, the Fort Sam Houston community and to the nation: "I won't let you down."

News Briefs

Continued from P3

Point, N.Y., can attend an admissions briefing from 5:30-7 p.m. Sept. 20 at the Evans Theater, 1396 Garden Ave. To qualify for admission, service members must be recommended by their commander, be a U.S. citizen, be unmarried, have no legal obligations to support dependents and be between the ages of 17 and 22 by July of the year entering West Point. For more information, call 845-938-5717.

Lincoln Military Housing Closures

The Lincoln Military Housing satellite offices at Watkins Terrace and Harris Heights will be closed from 8 a.m.-5 p.m. Sept. 30. Those residents needing assistance can contact the main office at 407 Dickman at 270-7638. For maintenance assistance, call 225-5564. For all other emergencies, call 911.

Navy Birthday Ball 5K Run/Walk

A 5-kilometer run/walk to support the 238th Navy Birthday Ball is Sept. 28 at Olmos Basin Park, 500 Devine Road, with registration at 6 a.m. and a start time of 7:30 a.m. Early entry fee is \$30 and \$35 the day of the event. The first 150 registered participants receive a T-shirt, sport bag and water bottle. Proceeds go to buy tickets for junior-level Sailors. For information, call 808-1445 or 808-6374. Click on <http://www.sanantonionavyball.com> to register online.

TRAVCO Takes Over Travel Services on FSH

Beginning Sept. 30, TRAVCO will assume commercial travel office services for Joint Base San Antonio-Fort Sam Houston. Carlson Wagonlit Travel/SATO will ticket approved reservations for departures through Sept. 30. All unticketed reservations for travel beginning Oct. 1 will be transferred to TRAVCO. TRAVCO cannot make changes to reservations ticketed by CWT, nor can they initiate refunds for unused tickets issued by CWT. Therefore, after Sept. 30, travelers who need to change reservations ticketed by CWT will first need to contact TRAVCO at 855-804-4943 to make new reservations, then contact CWT at 866-282-0499 to cancel and initiate refunds on the previously ticketed reservations. For more information, call 652-1154.

470th Military Intelligence Brigade trains Louisiana Guard unit at JBSA-Camp Bullis

By Gregory Rippes
470th Military Intelligence
Brigade Public Affairs

Soldiers from the Louisiana National Guard's 415th Military Intelligence Battalion recently completed a collective training exercise at the Intelligence and Security Command Detention Training Facility on Joint Base San Antonio-Camp Bullis.

The IDTF, which mirrors the theater internment facility in Afghanistan, is staffed by civilians and Soldiers of the 470th Military Intelligence Brigade, headquartered on JBSA-Fort Sam Houston. The facility and its staff provide a full range of training in interrogation operations by incorporating realistic scenarios, up-to-date intelligence resources and state-of-the-art equipment.

Members of the 415th MI Battalion, like other Soldiers training at the IDTF, conducted their annual training in what has come to be called the Active Training Model.

"Rather than a bombardment of mind-numbing slide presentations that may offer little to no return on investment, the Active Training Model provides Soldiers an opportunity to lead and to run operations in a fast-paced operational-like environment," said Troy Martin, IDTF human intelligence training developer.

"The goal is for Soldiers to receive a brief, intensive orientation before immersion into

interrogation operations in a simulated, strategic-level environment."

Martin said the IDTF staff uses the Active Training Model to put Soldiers and their units in a collective "do" mode as quickly as possible.

"Soldiers will not exhaust precious training opportunities learning about their jobs," Martin explained. "Soldiers develop their proficiencies by actually doing their jobs under stressful, challenging, realistic conditions."

Linguists playing detainees and interpreters provided one key element of realism.

"The linguists that served as interpreters and detainees added a level of realism that we could not have replicated with U.S. service members," said Lt. Col. Gary Joseph Whipple, 415th MI Battalion commander.

"Additionally, having subject matter experts from the 470th MI Brigade there as observer/controllers, as well as the 201st MI Battalion sending home a few key individuals from Afghanistan early to help train us, assisted greatly."

Although the 415th MI Battalion does not anticipate overseas deployment in the near future, it deployed to Iraq in 2005 and to Afghanistan in 2011.

On the latter occasion, the 415th relieved the 201st MI Battalion, one of the 470th MI Brigade's subordinate units. In 2010, prior to deployment, the 415th conducted post-mobilization

training at the IDTF for validation by 5th Army.

"This was the first time a National Guard unit was validated at the IDTF," Whipple said. "With a lot of help from the IDTF staff, we pioneered reserve component interrogation training plans and execution."

"The 415th MI Battalion Soldiers had never experienced any kind of collective interrogation training like we received at the IDTF," Whipple continued. "The IDTF staff worked with the battalion in developing a 'crawl, walk, run' methodology to the deployment ramp-up. We began working with the 201st in theater throughout 2010, months before the mobilization, to get the latest updates."

The 415th MI Battalion was originally designated as a linguist battalion, but provided tactical human intelligence teams for deployments to Bosnia, Uzbekistan, Kosovo, the Sinai, Kuwait, the United Arab Emirates (2001-2004), Iraq (2004-2006) and Afghanistan (2003-2004, 2009).

The battalion also supported operations in Guantanamo Bay, Cuba, as well as in Kuwait and Kosovo. In addition, the governor of Louisiana called up the National Guard battalion to respond to the Deepwater Horizon oil spill and to natural disasters such as Hurricanes Katrina, Rita, Gustav, Ike and Isaac.

Martin noted that ensuring Soldiers who are



Photo courtesy of 415th Military Intelligence Battalion

Soldiers from the 415th Military Intelligence Battalion conduct a mock interrogation during an exercise at the Intelligence and Security Command Detention Training Facility at Joint Base San Antonio-Camp Bullis.

juggling military service and civilian careers can attain the highest state of readiness possible is a major challenge of National Guard components.

"Much of the time during battle assembly weekends is spent on maintenance of weapons and vehicles, developmental counseling and periodic briefings and classes. Individual and collective mission essential task training may be abbreviated or inconsistent," Martin said. "The 415th has risen above the challenge to get the

training they need."

Whipple credited the success of the battalion's training at the IDTF to his Soldiers' dedication, the input of veteran interrogators and analysts, as well as the IDTF staff.

"The IDTF staff once again came through for us and worked on a plan with the battalion staff to create an austere training environment with the architecture and systems in place that the battalion needed to accomplish the goals that were set," he said.

Some businesses off-limits for protection of armed forces

By Alex Salinas
Joint Base San Antonio-Randolph
Public Affairs

There are a handful of businesses in the local area that are off-limits to armed forces members,

without exception.

According to an Air Education and Training Command memorandum dated Aug. 31, 2011, all 502nd Air Base Wing and Joint Base San Antonio military members are

forbidden to enter any establishments named Cracker Box Palace, Planet K, Players Club of San Antonio and Voodoo Tattoo Parlor.

This also includes all locations in Bexar, Atascosa, Bandera, Comal, Guadalupe, Kendall, Medina and Wilson counties.

These businesses are areas where suspicious activity has been reported that is perceived as damaging to the military mission.

"These establishments were placed off-limits by the San Antonio Armed Forces Disciplinary Control Board to help maintain the health, safety, morals, welfare, morale and discipline of the Armed Forces personnel," the memorandum states.

Entering areas deemed

as "off-limits" or "blacklisted" may result in losing a military career, said Mance Clark, JBSA-Randolph antiterrorism officer.

However, the bigger picture is not just avoiding the blacklisted spots, but reporting suspicious activity whenever and wherever it happens, Clark said.

"The purpose is to provide a safe and secure environment for military and civilians on our installations," Clark said. "Antiterrorism is not a one-man job. Report suspicious activities if you see any.

"The base populations are integral to the reporting process because reports may help protect others from potential



the location where it occurred."

The Armed Forces Disciplinary Control Board, which first placed the establishments off-limits in 1997, meets quarterly to ensure safety and security is a top military priority.

"The bottom line is to always report suspicious activity," Clark said.

threats."

Suspicious activities include but aren't limited to underage buying of alcohol, child labor, drug trafficking and the presence of gangs.

The key is reporting criminal activity without trying to stop it.

"Even if you don't have a uniform on, never get involved," Clark said.

"As calmly as you can, call 911 and provide details of the type of activity you have witnessed and

Someone who witnesses a suspicious or unusual activity on a JBSA location, such as a stranger lingering in a parking lot, should call the appropriate non-emergency number.

At JBSA-Fort Sam Houston, call 221-2244/2222. For JBSA-Randolph, call 652-5700/5509 and for JBSA-Lackland, 671-3030/2018.

For all emergencies, call 911.

WOMEN OF QUALITY REMEMBERED, HONORED

Bexar County Sheriff Susan Pamerleau recounts her journey to her current position during the Joint Base San Antonio-Fort Sam Houston Women's Equality Day celebration Aug. 28 at Military and Family Readiness. "It's great to celebrate a woman's right to vote, but we have to take it past that step," Pamerleau said. "We have to get involved and encourage young women to get involved as well."

Pamerleau was the guest speaker for the event. She is a retired Air Force major general with 32 years of service and has lived in Bexar County for the past two decades.



Photo by Sgt. 1st Class Christopher DeHart

NAVY from P3

enlisted students feel are important and central to their lives. Additionally, it allows the CSADD to create events the students will appreciate and be enthusiastic about attending.”

Performances were judged by three instructors. Between acts, the CSADD Student Subcommittee members delivered statistics and positive messages to the audience. At intermission, three Sailors, serving restriction for alcohol-related incidents, took the stage and described their experiences and the consequences as a result of their actions.

Seaman Jordan Paramore won first place, Seaman Derrick Ash took second and Seaman Robert Hall was third.

NMTSC commanding officer Navy Capt.

Joel Roos and Command Master Chief Petty Officer Shanon Best also spoke with the students following the talent show.

Students described the evening as fun, educational and a break from routine.

“The talent show was a lot of fun,” said Seaman Kaylin Jones, an occupational therapy “C” school student. “It took my mind off of training and the stressful things related to being a student. The Sailors were more involved and passionate about the training topic. It was nice to hear it from the students, rather than the instructors.”

Petty Officer 2nd Class Jasmin Davila, also an occupational therapy “C” school student, said she enjoyed all the talent and performances, and the instructor interaction

with the crowd.

“It was just the whole experience,” Davila said. “People were paying better attention. It was not death by PowerPoint. It was better to hear from the students because you know they care and they don’t have to do it.”

NMTSC is a subordinate command of Navy Medicine Education and Training Command, also based at Joint Base San Antonio-Fort Sam Houston. NMETC manages formal Navy Medicine education and training services, and is part of the Navy Medicine team, a global health care network of Navy medical professionals around the world.

Navy Medicine personnel deploy with Sailors and Marines worldwide, providing critical mission support aboard ships, in the air, under the sea and on the battlefield.

Loop 1604 ramp to northbound I-35 closed

Texas Department of Transportation crews have closed the ramps from Loop 1604 onto northbound I-35 to allow safe construction of support structures on a new northbound exit ramp from I-35 to Forum Parkway.

The ramps will remain closed for about a month.

Traffic will instead exit Pat Booker Road and follow the frontage road through the Forum Parkway intersection before entering northbound I-35. This closure will impact traffic on Loop 1604 in both directions.

Timing of the signal at Forum Parkway will be adjusted to accommodate the heavier traffic flow from the closure.

Local residents and commuters are advised to try alternate routes – like FM 2252 through Garden Ridge or FM 78 through Converse – to reach their destinations.

The ramps from Loop 1604 onto northbound I-35 will be reopened by early October. The northbound exit to Forum Parkway from I-35, which has been closed since late January, should be finished before

the holiday shopping season.

The new Forum Parkway exit will be a braided-style ramp, with exiting vehicles bridging over traffic from Loop 1604 to northbound I-35. The effort is part of the \$24 million expansion of I-35 through Selma and Schertz, adding an auxiliary lane in each direction between Loop 1604 and FM 3009.

For more information, contact TxDOT Public Information at 615-5932.

(Source: Texas Department of Transportation)

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



VISIT NEWS LEADER ONLINE: [HTTP://WWW.JBSA.AF.MIL](http://www.jbsa.af.mil) OR
[HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO](http://www.samhouston.army.mil/pao)

Small business information tech contract at SAMMC saves millions

By Daniel P. Elkins
 Mission and Installation
 Contracting Command
 Public Affairs

A triage-like approach to executing a contract for information technology support services at the San Antonio Military Medical Center is meeting the customer's critical needs while reducing costs by almost a third.

Just as members of a hospital staff sort patients for urgent care, contracting experts from the Mission and Installation Contracting Command classified the IT requirement as a small business set-aside and awarded the contract through a competitive process.

Hunter Davenport, a MICC contract specialist, said the decision to set aside the contract for small business came from researching acquisitions similar to the size and scope. Public notices released on the Federal Business Opportunities website seeking sources yielded 69 responses.

"Thirty-two small business respondents were determined to be capable of performing the work as a prime contractor based on past performance and IT disciplines provided," Davenport said.

He said the market research contributing most to the decision was information on existing

information technology contract vehicles for small businesses that allow the flexibility to meet the dynamic needs of a Department of Defense medical environment.

"The staff did some excellent market research reviewing the different contractors and contract vehicles available," said Deanna Ochoa, the MICC small business specialist at Joint Base San Antonio-Fort Sam Houston.

"When the customer was worried about seeking only small businesses to do the work, they encouraged the customer to review the contractors' qualifications and brought them on board with the

proposed strategy."

The contract was awarded to Actionet Inc. of Vienna, Va., a small disadvantaged woman-owned business, which began performance in April. It was awarded for one year and includes two option years that, if exercised, would provide IT services through March 2016 at an overall cost of \$15.9 million.

The contract was competed using the General Service Administration's Small Business Alliant government-wide acquisition contracts, which is set aside for small business. GWACs are task order or delivery order

See MICC, P15

Interservice Respiratory Therapy Program students Spcs. Jack Howell and Luenna Ward perform an intubation procedure on a newborn infant during a practical exercise for the RESP 110 Neonatal and Pediatric Respiratory Care course.

Photo by Lori Newman



METC

Interservice Respiratory Therapy Program

offers students certification, associate's degree

By Lori Newman
JBSA-Fort Sam Houston Public Affairs

(Editor's Note: This is the second in a series of articles highlighting some of the consolidated enlisted medical training programs offered by the Medical Education and Training Campus at Joint Base San Antonio-Fort Sam Houston.)

The Medical Education and Training Campus Interservice Respiratory Therapy Program, in consortium with Thomas Edison State College, offers students the ability to become nationally credentialed respiratory therapists and graduate with an associate's degree in applied science in respiratory care.

The Army's respiratory therapy program began in 1975 at Brooke Army Medical Center and moved to the Army Medical Department Center and School in 1985.

In 2011, the program transferred to METC as a result of the 2005 Base Realignment and Closure Commission's decision to co-locate all enlisted medical training for the Army, Air Force, Navy and Coast Guard.

The IRTP is open to Army and Army Reserve Soldiers and Navy hospital corpsmen



Photo by Robert Shields

SAMMC's Medical Intensive Care Unit Instructor and Registered Respiratory Therapist Miguel Calvillo, evaluates X-rays with Interservice Respiratory Therapy Program students.



Photo by Robert Shields

Elliot D. Buffington, a patient in SAMMC's Surgical Intensive Care Unit, receives trach care from SICU student, Army Sgt. Richard McCollough as SICU Instructor and Registered Respiratory Therapist, Raul Questell oversees the cleaning.

and is accredited by the Commission on Accreditation for Respiratory Care.

"Because of this accreditation, our students can not only get their certification they can also become registered respiratory therapists," said Harry Román, IRTP director.

"Everybody wants to come to this course because they can get an associate degree and take the test and become a certified respiratory therapist," he said.

The program is only for in-service personnel and is not open for initial-entry training.

Soldiers must have a minimum of six semester hours of college, to include three hours of English Composition I and three hours of humanities, from a regionally accredited college or university, or submit a passing CLEP score in both subjects. Sailors must have all 15 semester hours of academic pre-requisite courses before acceptance into the program.

The course is 11 months for Army personnel. The first three months, Soldiers take classes in college math, psychology and English Composition II and receive a general medical orientation.

After that, they join their Navy counterparts for four months of didactic training at METC and four months of hands-on clinical training through Brooke Army Medical Center.

Students learn aerosol/humidity

therapy, ventilation therapy, pulmonary function testing, infection control, cardiopulmonary drug administration and critical patient care performed under the direction of a physician.

During the clinical phase, students rotate to different locations within San Antonio Military Medical Center and they visit other local medical facilities. The students must perform everything they learned in the classroom on actual patients.

"They spend approximately two weeks working the floors, then do two-week rotations in the medical intensive care unit, surgical intensive care, the burn unit and the pediatric ICU," Román said.

"Sometimes it's easier for the students to do things in the classroom, because they don't have a real patient with feelings, family members, doctors and nurses and the instructors," said Luis Medina, Phase II clinical supervisor.

"The instructors really don't touch the patients, the students do."

"It's a tough course, but by the time the students finish the clinical phase they are ready," Medina said. "I have a lot of pride in the program."

Spc. Asofaafetai Tukia, an Army Reservist from American Samoa, said he chose the program because they don't have respiratory therapists in the hospital at home.

"This will be a new addition to the

hospital and I'm serving my country," he said.

Petty Officer 2nd Class Christian Loving has been interested in respiratory therapy since he came into the Navy.

"I love this field," Loving said. "From the moment I got here until today, I feel like I've learned a whole lot more than what I came in with. It just makes me want to do even bigger and better things after I leave. It's a great program."

The program culminates with Soldiers and Sailors taking the National Certified Respiratory Therapy exam. Román tracks the success of the program through student, supervisor and instructor surveys.

"We are always looking at the curriculum and try to make changes to improve it," he said. "It's an ongoing process."

Since the program moved to METC, the success rate for the national certification exam continues to rise. In 2011, 91 percent passed the CRT exam, this year they are tracking at a 100 percent pass rate.

"Our goal is to make sure everybody graduates from this course," Medina said. "A lot of these students go on to physician assistant school, nursing school or even medical school."

For more information about this program, visit <http://www.metc.mil/academics/irtp/>.

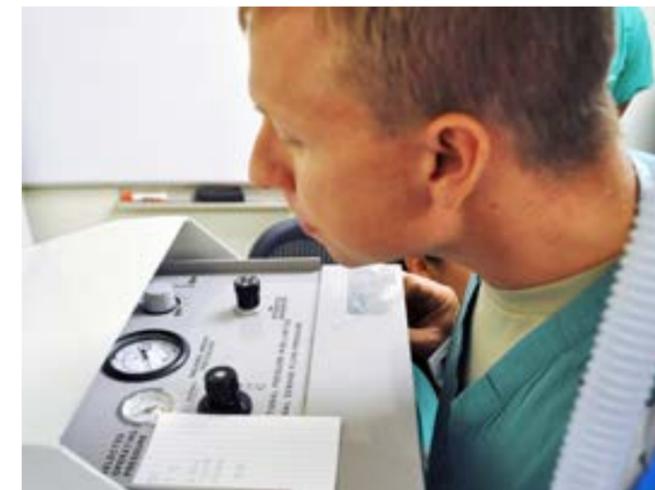


Photo by Robert Shields

(Above) Army Sgt. Travis Brassfield, an Interservice Respiratory Therapy Program student at San Antonio Military Medical Center, makes sure he gets the proper readings on a piece of training equipment called the Volumetric Diffusive Ventilator.



Photo by Robert Shields

(Right) Pfc Aimee Navarro and Sgt. Jason Schmidlen, provide ventilation manually through a process called "bagging" while Spc. Tae Kim prepares an Adult 840 Ventilator used for respiratory failure.



Photo by Lori Newman

Interservice Respiratory Therapy Program students Navy Petty Officer 1st Class Eugene Nixdorf, Navy Hospitalman Shawnee Van Damme and Army Spc. Brandon Rhodes apply a nasal continuous positive airway pressure device on an infant patient simulator during a practical exercise for the RESP 110 Neonatal and Pediatric Respiratory Care course.

MICC from P10

contracts for information technology established by one agency for government-wide use.

A large business held the previous contract for similar services since October 2004, with a cost to the government for \$7.6 million last year alone. The small business contract award also significantly beat an independent government cost estimate of \$27 million for three years.

"In our current fiscal environment it is important to meet SAMMC's expectations for awarding a contract that enables a seamless transition of services. The end user stressed a desire not to sacrifice service to promote savings," Davenport said.

"The savings were a result of competitive pricing along with

experienced contractors maximizing resources and skills to provide the government with the best value for our money."

The contract set-aside for small business also allows the command to move closer to meeting its small business goals, established by higher headquarters.

The fiscal 2013 MICC goal for total small business eligible dollars awarded is 45.8 percent. The command has achieved 42.8 percent of that goal heading into the final seven weeks of the fiscal year.

SAMMC is the largest inpatient medical facility in the Department of Defense. The hospital staff provides inpatient care in a 2.1 million-square-foot, 425-bed medical treatment facility. The state-of-the-art center is a certified Level 1 trauma center that receives more

than 5,700 emergency room visits each month.

The IT support also is critical in the hospital's sustainment of 89 accredited educational programs to include graduate medical education, nursing and emergency medical technician basic certification along with additional programs in administration and allied health specialties.

"This is a true small business success story, not only proving that a small business can provide the same quality services that a large business can, but also can do it at a substantial savings," Ochoa said.

The MICC is responsible for providing contracting support for the warfighter at Army commands, installations and activities located throughout the continental United States and Puerto Rico.

VISIT NEWS LEADER ONLINE: [HTTP://WWW.JBSA.AF.MIL](http://www.jbsa.af.mil) OR
[HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO](http://www.samhouston.army.mil/pao)

ARMY LEADS BOERNE'S 108TH KENDALL COUNTY PARADE

(Right) Color guard members (from left) Pvt. Shadee Ferguson, Spc. Heather Ellwein, Staff Sgt. Douglas Smith, Pfc. Angel Marquez and Pvt. Chris Manuel Rodriguez carry the U.S. flag and the Army flag to lead the parade down Main Street Aug. 31 in Boerne, celebrating the 108th Annual Kendall County Fair and Rodeo. Following close behind is the 323rd Army Band "Fort Sam's Own," led by drum major Staff Sgt. Luke Jefferson.

The county fair, held from Aug. 30 to Sept. 2, included a rodeo, live entertainment, a parade, carnival, food and drinks. This annual event showcases agriculture products and livestock from Kendall County and the surrounding Hill Country area.



Photos by Esther Garcia



(Left) Brig. Gen. John Poppe, deputy chief of staff of the U.S. Army Medical Command, and his wife, Julie, wave to the crowd from inside a World War I ambulance as it is towed down Main Street in Boerne. The parade is part of the 108th Annual Kendall County Fair and Rodeo.

Army South hosts Brazilian delegation's Fort Hood visit

By Frederick Hoyt
Army South Public Affairs

U.S. Army South hosted a delegation from the Brazilian army during a visit to III Corps headquarters and various units of the 1st Cavalry Division at Fort Hood Aug. 20. Army foreign liaison officers representing Colombia and Chile from Army South headquarters, Joint Base San Antonio-Fort Sam Houston, were also on the tour.

The three-day visit was part of an agreement made last year between the Brazilian and U.S. armies during bilateral staff talks, which included a visit to a major combat arms installation.

After receiving a briefing on the history and operations of Fort Hood, the group spent the first day touring the Close Combat Tactical Trainer and Warrior Skills Trainer facilities.

These state-of-the-art simulation training centers use some of the

Army's most advanced virtual technology to train Soldiers individually and collectively in weapons systems, tanks and tactical combat maneuvers.

"One of the purposes of this trip is to learn a little bit more about tank simulators which will help us to improve our simulators back in Brazil," said Lt. Col. Marcello Yoshida, a Brazilian foreign liaison officer to Army South.

"For us, tank simulation training is very important and also a very cost-effective way to train soldiers."

The Brazilian army is entering a period of modernization that includes both heavy armored vehicles and doctrine.

Representatives from the Brazilian Center of Armored Instruction and Headquarters for Doctrinal Modernization saw the simulation technologies and methods the U.S. Army incorporates into training and equipping the modern-day Soldier.

"Events like these are very important because they not only help strengthen interoperability between armies, but the more doctrine that is shared, the better both armies are able to work together in the future," said Maj. Robert Hammack, Army South's Brazilian foreign area officer.

On day two, participants visited a heavy armored training facility, observed a Bradley fighting vehicle live-fire exercise and participated in an after-action review that assessed Soldier and equipment performance.

They also toured the 3rd Cavalry Regiment motor pool and received an in-depth presentation on the Stryker heavy armored wheeled vehicle.

"These kinds of visits are very important for both armies because we develop a stronger relationship," Yoshida said. "With this kind of relationship, we can improve not only our systems, but



Photo by Frederick Hoyt

The Brazilian army delegation tours the 3rd Cavalry Regiment motor pool during its visit to Fort Hood.

the defense of the region.

"We also build mutual trust and greater cooperation, and can use many of the shared ideas to improve our doctrine. One result is that we can

work better and more effectively together which is useful for both of our armies," Yoshida added.

As the Army Service Component Command to U.S. Southern Command,

Army South works closely with partner nation armies throughout the western hemisphere to enhance security cooperation and mitigate transnational threats.

MICC OPENS NEW TRAINING FACILITY



Photo by Daniel P. Elkins

Members of the Mission and Installation Contracting Command, civic leaders and the Army Corps of Engineers gathered Monday for a ribbon-cutting ceremony at the command's new multipurpose acquisition training facility at Joint Base San Antonio-Fort Sam Houston. The new facility consists of classrooms, as well as conference and work spaces designed to support Defense Acquisition University training both locally and regionally while saving temporary duty time and costs. Renovations to the 2,914-square-foot facility located behind the Long Barracks got under way at the end of 2011 and cost \$2.6 million.

COLE COUGARS LOSE TO RANDOLPH RO-HAWKS



Photo by Jane Casarez

The Cole High School Cougars football team takes the field in a local rivalry game with the Randolph High School Ro-Hawks football team Sept. 6. The Ro-Hawks defeated the host Cougars, 35-24. Cole senior Colin Campbell said, "We fought hard and we learned some lessons that will serve us well as we prepare for Poth High School." Cole is now 0-2 and plays a non-league game Friday against the Poth High School Pirates in Poth, Texas. The Ro-Hawks are 1-1 and play the Karnes City Badgers Friday.

JBSA's social media sites provide forums for organizations, individuals

By Robert Goetz
Joint Base San Antonio-Randolph
Public Affairs

Department of Defense installations have increasingly turned to social media websites such as Facebook and Twitter to communicate information, but these sites also benefit organizations and individuals who share a

bond with the military.

Joint Base San Antonio's social media sites provide "an open forum and encourage followers to share their JBSA photos and experiences," said Laura McAndrews, JBSA-Randolph community and media relations chief.

"If your organization has information you'd like shared on our pages,

please send it to public affairs and we'll work to find the best way to package it up and get it out," she said.

McAndrews also said organizations that wish to have their own page to communicate with members should "do so as a closed group or private page."

Although general Air Force guidance is for public affairs shops only at wing level and above to maintain social media pages since they are responsible for the release of information, Airmen are also welcome to share their own accounts and are encouraged to tag the official pages, McAndrews said.

However, the fourth edition of the Air Force Social Media Guide, a publication of the Air

Force Public Affairs Agency, reminds Airmen all regulations that normally apply to them also govern them when they're using social media platforms.

McAndrews, who said the focus of the installation's social media pages is to tell the JBSA story in an engaging and professional manner, said posters should maintain propriety in telling their stories or relaying information.

"We do not allow graphic, obscene, explicit or racial comments, nor do we allow comments that are abusive, hateful or intended to defame anyone or any organization," she said. "We do not allow comments that suggest or encourage illegal activity."

McAndrews said postings on JBSA social media

sites "should be official and releasable information."

"The pages are monitored by public affairs, so if someone posted inappropriate content, it would be removed," she said. "If necessary, we could also block the individual."

Whether service members are on or off duty, their words and actions represent the military.

Simply put, as a member of the military, you are held to a higher standard than your peers, according to the media guide, McAndrews explained.

"This applies to photos involving alcohol or risky behaviors, sharing questionable or inappropriate material, and speaking disrespectful words in violation of the

Uniform Code of Military Justice," she said.

JBSA's social media pages "are just another means of getting out information," McAndrews said.

"We share news stories, events, celebratory information, crisis communication and more," she said.

These sites continue to grow, McAndrews added.

"Between our multiple social media platforms, we have more than 17,700 followers and our messages reach up to one million monthly and we continue to grow every day," she said. "If you like to get your information via Facebook (<http://www.facebook.com/JointBaseSanAntonio>) or Twitter (http://www.twitter.com/JBSA_Official), feel free to check us out."



FACEBOOK

<http://www.facebook.com/JointBaseSanAntonio>
<http://www.facebook.com/JBSAFortSamHouston>
<https://www.facebook.com/pages/Lackland-JBSA/114646985221400>
<http://www.facebook.com/JBSARandolph>



TWITTER

http://www.twitter.com/JBSA_Official
<http://www.twitter.com/JBSAFSH>
<http://www.twitter.com/JBSALackland>
<http://www.twitter.com/JBSARandolph>



YOUTUBE

<http://www.youtube.com/user/JointBaseSanAntonio>



Ladies Night Out

Friday, 6-9 p.m., JBSA-Randolph Parr Club. Cost is \$15/members and \$20/non-members. Drink specials, taco bar, music, shopping and drawings will be available. Call 652-4864 or 658-7445.

Racquetball Court Resurfacing

Jimmy Brought Fitness Center racquetball court resurfacing begins Monday. Both courts are closed simultaneously throughout the project. Estimated date for reopening is Oct. 7. Call 221-1234.

General Resume Writing

Monday, 9 a.m.-noon, Military and Family Readiness, Building 2797. Call 221-0516/0427/9216.

Credit and Debt Management

Tuesday, 9-11 a.m., Military and Family Readiness, Building 2797. Call 221-2380 or 221-2418.

Pre-Deployment Training

Tuesday, 10-11 a.m. or 1-2 p.m., Military and Family Readiness, Building 2797. Call 221-0946/2418.

Identity Theft

Tuesday, 2-4 p.m., Military and Family Readiness, Building 2797. Call 221-2380 or 221-2418.

Family Readiness Group Leadership Academy

Wednesday and Thursday, 8:30 a.m.-4 p.m., Military and Family Readiness, Building 2797. Call 221-0946 or 221-2418.

Employment Search Orientation

Wednesday, 1-2 p.m., Military and Family Readiness, Building 2797. Call 221-0516/0427/9216

Army Family Advocacy Program Unit Training

Wednesday, 2-4 p.m., Military and Family Readiness, Building 2797. Call 221-0349 or 221-2705.

Living by faith, "Dating 2.0"

Wednesday, Sept. 25 and Oct. 1, 5-8:30 p.m., Dodd Field Chapel. Call 221-0349 or 221-2705.

Army Family Advocacy Program Unit Training

Thursday, 8-11 a.m., Military and Family Readiness, Building 2797. Call 221-0349 or 221-2705.

Safety Car Seat Clinic

Thursday, 9:30-11:30 a.m., JBSA-Fort Sam Houston Fire Station, Building 3830. Call 221-0349 or 221-2705.

Web-Based First Termer Financial Readiness

Thursday, noon-4 p.m., Military and Family Readiness, Building 2797. Call 221-2380 or 221-2418.

Employment Assistance Program Job Fair

Oct. 3, 2-6 p.m., Military and Family Readiness, Building 2797. Call 221-0516/0427/9216.

Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents "Bad Seed" Thursday through Nov. 2. This is the story of a mother's realization that her young daughter has committed a murder. For more information, call 222-9694.

JBSA Force Support Survey

As part of Joint Base San Antonio, Fort Sam Houston wants your feedback on how to better serve you, the customer, on the best types of media we can use to get the word out about JBSA Force Support/MWR programs and events. Your feedback is very important. Take five minutes to fill out this survey at <http://jbsamedia-survey.questionpro.com>.

Computer Lab

The computer lab is available 8 a.m.-4 p.m. Monday-Friday at Military and Family Readiness, Building 2797. Call 221-2705 or 221-2418.

How We Roll

Monday through Friday, 9-11 a.m., Fitness Center on the Medical Education and Training Campus, the "How We Roll" program provides parents and strollers use of the indoor track. Mondays from 9-10 a.m., a fitness trainer is available for assistance and instruction. Call 808-5709.

Fitness on Request Kiosk

The Fitness Center on the METC hosts an innovative group fitness system including free virtual classes ranging from 20-60 minutes. Call 808-5709.

SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

Equipment Rentals

The Outdoor Equipment Center has all the items needed for a

backyard party, unit organizational day, or weekend getaway. Rental items include canoes, boats, campers, camping equipment, outdoor games, barbecue pits and more. Call 221-5225.

World Climb Tower Challenge

Sign up at the Jimmy Brought Fitness Center for the World Climb Tower Challenge. Call 221-1234.

Catfish Pond Open

Saturday and Sunday, 8 a.m.-2 p.m. through the end of September, JBSA-Camp Bullis, cost is \$3 per pound. Call 295-7577.

Sweetheart Deals at the Bowling Center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games per person and \$1 shoe rentals every Sunday, Tuesday, Wednesday and Thursday. Knock down a red pin on a Wednesday or Friday between 11 a.m. and 1 p.m. and win a free game. Call 221-4740.

JBSA-Fort Sam Houston Ticket Office

The ticket office is open 10 a.m.-5 p.m. Tuesday through Friday and 10 a.m.-2 p.m. Saturday and offers discount tickets for local events and theme parks. Call 808-1378.

Sportsman Range

The JBSA-Camp Bullis range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, Building 1705. The cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional income at home, full or part time. Call 221-3828.

School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Visit <http://www.fortsammwr.com/youth/slo.html> or call 221-2214 or 221-2256.

Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, Building 1222 on Harney Path. Call 221-4702.

Thrift Shop Open

The JBSA-Fort Sam Houston Thrift Shop at 3100 Zinn Road, run by the Spouses' Club of the Fort Sam Houston Area is open 9 a.m.-2 p.m. Wednesday, Thursday and the third Saturday of each month. Consigned items are taken from 9 a.m. to 1 p.m. Donations are taken anytime during regular business hours. Call 221-5794/4537 or click on <http://www.scfsh.com>.

Pet Consult Services Available

The JBSA-Lackland Veterinary Treatment Facility provides animal behavior consult services for family pets. The VTF's military animal behavior resident can assist pet owners with understanding their pet's behavior, and preventing, managing, or resolving pet behavioral problems. Common problems may include aggression, fear, anxiety, hyperactivity, inappropriate elimination and tail chasing. Call 671-3631 or 671-2245.

FSHISD WEEKLY CAMPUS ACTIVITIES MONDAY-SEPT. 20

<p>Fort Sam Houston Elementary School <i>Tuesday</i> Constitution Day: 8 a.m. at the flagpole. Wear red, white and blue. <i>Wednesday</i> Patriot Day: Wear red, white and blue. <i>Thursday</i> Fall school pictures. <i>Sept. 20</i> Fort Sam Houston Independent School District school board meeting, 11 a.m., Professional Development Center.</p>	<p><i>Tuesday</i> High school volleyball vs. Marion, 5 p.m. varsity, 6 p.m. junior varsity and 7 p.m. for 9th grade. <i>Thursday</i> Middle school football vs. Yorktown, 5 p.m. for 7th grade, 6:30 p.m. for 8th grade. Junior varsity football vs. Yorktown, 8 p.m. <i>Sept. 20</i> FSHISD school board meeting, 11 a.m., Professional Development Center. Cole grades 6-11 school pictures. Varsity football at Yorktown, 7:30 p.m. Cole H.S. volleyball vs. Brooks, 4:30 p.m. junior varsity, 5:30 p.m. varsity. <i>Sept. 21</i> UTSA Romo Classic at National Shooting Complex, 5931 Rofft Road, time TBA.</p>
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AIR FORCE BALL TICKETS ON SALE



The 2013 San Antonio Air Force Ball takes place Sept. 20 at the Grand Hyatt, 600 E. Market St. in San Antonio. The social starts at 6 p.m. and the main event starts at 7 p.m. Military attire is mess dress or semi-formal and civilian attire is formal/black tie. Retired Maj. Gen. Alfred K. Flowers, the longest-serving Airman in Air Force history and the longest-serving African American in the history of the Department of Defense, will be the guest speaker. For tickets call JBSA-Fort Sam Houston, 466-2583, 808-2659 or 916-5014; JBSA-Lackland, 671-6706, 977-5839, 969-5416 or 671-3560; JBSA-Randolph, 565-9521; 565-4861 or 652-3365.



OUTSIDE THE GATE

Warrant Officer Association Meeting

The September meeting of the Lone Star Silver Chapter of the U.S. Army Warrant Officer Association is at 5:30 p.m. Monday at the Longhorn Cafe, 1003 Rittiman Road, at the corner of Rittiman and Harry Wurzbach. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. For more information, call 475-2565

AMEDDC&S and 32nd Medical Brigade Reunion

The 2013 "Old School" Army Medical Department Center and School and 32nd Medical Brigade reunion is Nov. 9. There will be a variety of sporting events in the morning followed by a reception with dinner and dancing beginning at 5:30 p.m. at the San Antonio Airport Hilton. Email 32ndmedbde@

gmail.com to register or for more information visit the Facebook page at "2013 Center Brigade Reunion."

Women's Survivor Group

A women's survivor group has been created for women who have experienced sexual trauma. The goal is to increase survivors' understanding to their response to victimization and the impact on their lives. The group offers a safe, open atmosphere for discussion and support to facilitate understanding of sexual victimization and the healing process. The group meets from 6:30-8 p.m. Mondays at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, Building 2, Suite 201. Call 521-7273 for more information.

Teen Survivors Group

A teen survivors' group has been created for teens who have been victims of sexual trauma. The group's goal is to help teens learn and talk about sexual abuse in a safe environment and help survivors connect to others who have been in similar situations. Females from 13 to 17 years of age who are currently attending individual

psychotherapy are encouraged to attend. A therapist's recommendation is required. The group meets from 6-7:30 p.m. Wednesday at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, Building 2, Suite 201. Call 521-7273 for more information.

SeaWorld Offers Waves of Honor

SeaWorld Parks & Entertainment is honoring the men and women of the U.S. armed services through its Waves of Honor™ military salute program. Any active duty military, activated or drilling reservists, or National Guardsman representing any of the five service branches is entitled to one complimentary admission and as many as three direct dependents to SeaWorld® and Busch Gardens® Parks, and Sesame Place® for members of U.S. armed forces through 2013. The service member must register, either online at <http://www.wavesof-honor.com> or in the entrance plaza of a participating park and show a valid active military identification. All dependents 10 and older must present a valid military dependent identification for entry into the park.

Dependents may take advantage of the offer without their service member, though an adult must accompany minor dependents. There is also an offer for veterans to receive a half-price admission in the website. That offer is available exclusively online or at participating military bases and not available at the front gate.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way

8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.

8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave.

9:20 a.m. - 32nd Medical Brigade

Collective Service

11:01 - Contemporary "Crossroads"

Brooke Army Medical

Center Chapel

Building 3600,

3851 Roger Brooke Rd.

10 a.m. - Traditional

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation

5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC

12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,

Friday, MPC

8:30 p.m. - Oneg Shabbat,

Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jumah, Friday,

AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,

AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,

Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

AKERROYD from P4

After 15 minutes in the recovery room, I headed out feeling great about what I had just done."

After his donation, Johnson said he drank four eight-ounce glasses of water, avoided alcohol for the next 24 hours and didn't do any heavy lifting or vigorous exercise.

Although side effects are rare, Johnson was advised that if he felt dizziness or lightheadedness after his donation, he should stop what he was doing and lie down until he felt better.

"Donating blood through the ASBP gives me a great feeling that I'm helping military service members and their families," said Johnson, who still says he isn't a big fan of needles. "That fact alone diminishes my fear. I hope my story will

convince others, like me, to overcome their fear, and to donate a little bit of themselves for a good cause."

The Network Enterprise Center will be hosting an ASBP blood drive from 9 a.m. to noon Sept. 25. The Akeroyd Blood Donor Center's mobile blood unit will be collecting blood donations outside Building 2265, 2406 Gun Shed Road.

"Our intent is to get as much participation as possible from all of the occupants in building 2265 and other units within the immediate area," Johnson said of the upcoming blood drive. "The ASBP needs donors and by giving a little of ourselves, our donations will give sick or injured troops and their families a second chance at life. O-negative donors are especially needed be-

cause their blood may be transfused to a person of any blood type in an emergency."

For more information or questions about donating, call the ASBP blood donor recruiter directly at 295-4655 or 295-4989.

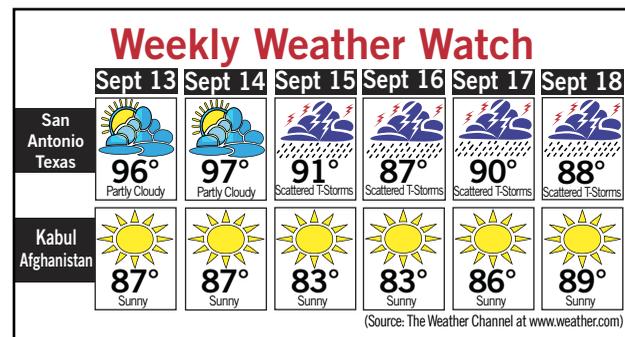
Walk-in donors are always welcome. The center is open Monday through Friday from 7:30 a.m. to noon and the center is located at 1240 Harney Road, behind Budge Dental Clinic on JBSA-Fort Sam Houston.

To find out more about helping the Armed Services Blood Program or to schedule an appointment to donate, visit <http://www.military-blood.dod.mil>. For more information, visit <http://www.facebook.com/militaryblood>, <http://www.flickr.com/militaryblood> or <http://www.twitter.com/militaryblood>.



FOR SALE: 1994 Oldsmobile Cutlass Supreme convertible, needs work to be roadworthy \$1,200 OBO; classic 1972 Pontiac Grand Prix, no engine, but has automatic transmission, primer body color, \$1,500; classic 1966 Pontiac GTO, need work on automatic transmission, nice body in primer with no rust, \$7,000 OBO; classic 1968 Pontiac GTO, rolling chassis, no engine, no transmission, needs full restoration \$3,000 OBO. Call 488-0826.

FOR SALE: Painting in 20.5-by-24.5-inch frame, from Kirtland's of a soldier kneeling to pray as a guardian angel watches over him. \$75. Call 445-2118.



WATER CONSERVATION TIPS

1. Install covers on pools and spas and check for leaks.
2. Use the garbage disposal sparingly. Compost instead and save gallons of water every time.
3. Plant during the spring or fall when the watering requirements are lower.
4. Keep a pitcher of water in the refrigerator instead of running the tap for cold drinks, so that every drop goes in you, not down the drain.
5. Check your water meter and bill to track your water usage.

(Source: 502nd Civil Engineer Squadron)

