

# FORT SAM HOUSTON News Leader

NOVEMBER 1, 2013  
VOL. 55, NO. 42



**JBSA  
HOTLINES**



**DOD Safe Helpline  
877-995-5247**

**JBSA Sexual Assault Hotline  
808-SARC (7272)**

**JBSA Domestic Abuse Hotline  
367-1213**

**JBSA Duty Chaplain  
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



**MARINE CORPS COMMANDANT VISIT**

**PAGE 6**



**METC ACADEMIC ACCOMPLISHMENTS**

**PAGES 12-13**

## Turn clocks back Sunday

Daylight Saving Time ends in the United States at 2 a.m. Sunday, and that means it's time to "fall back" and turn all the clocks in your house back one hour. For the U.S. and its territories, Daylight Saving Time is not observed in Hawaii, American Samoa, Guam, Puerto Rico, the Virgin Islands, the Commonwealth of Northern Mariana Islands and Arizona. Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks because Daylight Saving Time provides a convenient reminder.



## Military working dog handler receives Purple Heart; NFL legend visits troops

By Nathan Simmons  
59th Medical Wing Public Affairs

Tech. Sgt. Christopher Barker, an Airman from the 59th Medical Wing, received the Purple Heart Oct. 23 at the Wilford Hall Ambulatory Surgical Center.

Barker, an Air Force security forces military working dog handler now assigned to the 59th Patient Squadron, received the medal for wounds sustained while deployed to Iraq in 2006.

Immediately following the medal presentation, 1982 Heisman Trophy winner and former Dallas Cowboy Herschel Walker spoke to Airmen from the 59th Medical Wing about his personal struggles with mental illness.

Walker's 2008 memoir, "Breaking Free: My Life with Dissociative Identity Disorder," outlined his mental health struggles,

See **AIRMAN**, P4



Photo by Senior Airman Chelsea Browning

Tech. Sgt. Christopher D. Barker (right) receives the Purple Heart from Brig. Gen. Byron Hepburn, 59th Medical Wing commander, Oct. 23 in the Wilford Hall Ambulatory Surgical Center auditorium on Joint Base San Antonio-Lackland.

## ARNORTH commanding general leads panel on North American security at AUSA conference

By Sgt. 1st Class Christopher DeHart  
Army North Public Affairs

Lt. Gen. Perry Wiggins, commanding general, U.S. Army North (Fifth Army), and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, led a discussion panel on "Enhancing North American Security/Missions at Home" Oct. 23 during the Association of the United States Army 2013 Annual Meeting and Exposition in Washington, D.C.

The panel included representatives

See **AUSA**, P4



Courtesy photo

Lt. Gen. Perry Wiggins stressed the importance of building trust among partners within the National Response Framework Oct. 23 during the Association of the United States Army 2013 Annual Meeting and Exposition in Washington, D.C. Wiggins, the commanding general of U.S. Army North (Fifth Army) and senior Army commander for Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis, led a panel discussion on "Enhancing North American Security/Missions at Home."

### Editorial Staff

JBSA/502nd Air Base Wing  
 Commander

**Brig. Gen. Robert D. LaBrutta**

JBSA/502nd ABW  
 Public Affairs Director  
**Todd G. White**

JBSA-FSH Public Affairs Officer  
**Karla L. Gonzalez**

Managing Editor  
**Steve Elliott**

Associate Editor  
**L. A. Shively**

Writer/Editor  
**Lori Newman**

Layout Artist  
**Joe Funtanilla**

### News Leader office:

2080 Wilson Way  
 Building 247, Suite 211  
 Fort Sam Houston  
 Texas 78234-5004  
 210-221-2030  
 DSN 471-2030

### News Leader Advertisements:

Prime Time  
 Military Newspapers  
 2203 Hackberry  
 San Antonio, TX 78210  
 210-534-8848

### News Leader email:

usaf.jbsa.502-abw.mbx.  
 fsh-news-leader@mail.mil

This Air Force newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of Defense. It is published weekly by the 502nd Air Base Wing and Joint Base San Antonio-Fort Sam Houston Public Affairs Office, 2080 Wilson Way, Building 247, Suite 211, Fort Sam Houston, Texas 78234-5004; 210-221-2030, DSN 471-2030. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the Director of Public Affairs. The News Leader is published by Prime Time, Inc., Military Newspapers, 2203 Hackberry, San Antonio, Texas 78210, (210) 534-8848, a private firm in no way connected with the U.S. government, under exclusive written contract with the 502nd Air Base Wing and JBSA-Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Air Force. Stories and photos for publication consideration may be e-mailed to usaf.jbsa.502-abw.mbx.fsh-news-leader@mail.mil by close of business Friday.

# Soldiers pay tribute to World War II veterans

By Brig. Gen. Kirk Vollmecke  
 Commanding General, Mission and  
 Installation Contracting Command

Thirty-three men and women were packed and ready for their flight Sept. 27 at Austin-Bergstrom International Airport, Texas. These men and women were not a typical group of people heading onto a flight for a vacation or business ... they were special.

As they made their way through the airport people stopped and cheered. Members of the greatest generation, these men and women were World War II veterans from across southern Texas boarding Honor Flight No. 9 to Washington, D.C.

I was humbled and honored to meet each one of the veterans and hear their stories before they flew to our nation's capitol.

These veterans served in both the European and Pacific theaters and on nearly every battlefield from Normandy to Bastogne and Tarawa Island during World War II. Some were injured during the many battles they fought and some were awarded decorations as high as the Silver Star, but all overcame adversity and the pain of war for love of country.

These heroes are just a fraction of the more than 16 million who answered the call of this nation during World War II and they witnessed more than 290,000 of their fellow Americans pay the ultimate price in combat. Few have suffered or endured the hardship and

pain similar to those who have fought in war.

As I listened to their stories, I felt the pain of burdens carried for nearly 70 years in quiet reflection and internal struggle.

Memorably, I listened to an Army nurse quietly weeping after my remarks to the veterans. I felt touched by her pain, as I told her, "I am sorry for your burden, but I am eternally grateful that you held the hands of so many who died. I am comforted knowing it was your touch that brought peace and comfort to so many of our fallen who passed knowing that they did not die alone."

Honor Flight No. 9 and all the veterans from other wars that escorted these veterans were unified in common purpose and cause. As I reminded all from Honor Flight No. 9, "You are service members for life, and we are eternally grateful for your service."

President George Washington captured the true essence of remembering those who fought for us. He said, "The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional to how they perceive the veterans of earlier wars were treated and appreciated by their nation."

It is their treatment by everyday citizens and the respect and admiration of those citizens that impacts future generations to come. In the company of these 33 men and women, I found a renewed spirit of hope for our humanity



Photo by 1st Lt. Joseph Durlin

Brig. Gen. Kirk Vollmecke meets with World War II veterans Sept. 27 at the Austin-Bergstrom International Airport prior to the veterans' departure for Washington, D.C. The commanding general for the Mission and Installation Contracting Command traveled with veterans from Fredericksburg, Texas, to their departure point and spoke briefly to the veterans, thanking them for the significance of their contributions to this nation. The trip for veterans was part of Honor Flight Austin, which transports World War II veterans to Washington to visit memorials dedicated in honor of their service and sacrifices and returns them home through donations.

and nation.

I can think of no better tribute than to recognize and thank each World War II veteran today, now and forever.

This is your call to action. As citizens, please seek out these heroes and thank them for their love of country and their service. We owe the men and women of our greatest generation our deepest respect and sincere gratitude for their sacrifices, lifetime burdens and internal struggles.

These men and women answered the call to arms with dignity and valor in a time of great need. We, as a nation, can never forget.

Even more so, less than 1 percent of the U.S. population has served or currently serves in our nation's military. Conse-

quently, we as citizens must do more to always remember those who paid the ultimate sacrifice and who shouldered the burden and pain of war so that all of us may enjoy greater peace and liberty.

As a Soldier for more than 29 years, I am so grateful to have met these incredible men and women who served during World War II. They are quiet heroes emblematic of the qualities that make this nation so strong.

As more and more World War II veterans pass each day, time is running out on our chance to hear the war stories of these patriotic Americans. As a nation, we must remember these veterans who inspired so many of us to serve.

Recently, I met Andrew

Carroll, the founder and director of the Legacy Project. His efforts to collect, edit and publish the war letters of heroes and family members bring to life these amazing stories. These intimate readings pay tribute to our veterans and ensure we will never forget their stories. It is their stories that must be told and listened to now.

Veterans Day is approaching, and I challenge all Americans alike to do their part to make this holiday a most memorable one.

At 1:30 p.m. Nov. 11, I will be at the Bexar County Buffalo Soldiers Association commemorative ceremony at the San Antonio National Cemetery, located at 517 Paso Hondo St. I ask everyone from "Military City USA" to come out and honor the veterans who fought for this great nation and for all future generations.

I encourage each citizen to participate in Veterans Day ceremonies while considering sacred duties of trust and commitments to never forget those who served our nation.

Our nation has been at war for more than 12 years. Never forget our military members who serve and support our country today so future generations can continue to have liberty and peace paid for by all veterans.

Please seek out veterans and thank them and all those who have served. May we never lose our profound respect and humility for those who sacrificed so others may enjoy freedom and liberty.



Joint Base San Antonio  
<http://www.facebook.com/JointBaseSanAntonio>  
 Joint Base San Antonio-Fort Sam Houston  
<http://www.facebook.com/JBSAFortSamHouston>



Joint Base San Antonio  
[http://www.twitter.com/JBSA\\_Official](http://www.twitter.com/JBSA_Official)  
 Joint Base San Antonio-Fort Sam Houston  
<http://www.twitter.com/JBSAFSH>



<http://www.jbsa.af.mil>  
<http://www.samhouston.army.mil/pao>

## News Briefs

### North New Braunfels Gate South to Fully Open Nov. 8

The North New Braunfels Avenue gate on the south side of Joint Base San Antonio-Fort Sam Houston will open for both inbound and outbound traffic at 6 a.m. Nov. 8. The gate will be open from 6 a.m. to 6 p.m. Monday through Friday. A new manned entry control point at the location will ensure security and facilitate the movement of traffic onto and off JBSA-Fort Sam Houston.

### Mission Thanksgiving

More than 5,000 students assigned to the Army Medical Department Center and School attending medical training are away from home for the first time during the holidays. Families interested in hosting two Soldiers in their home for Thanksgiving dinner Nov. 28 can send an email to [usarmy.jbsa.medcom.ameddcms.mbx.mission-thanksgiving@mail.mil](mailto:usarmy.jbsa.medcom.ameddcms.mbx.mission-thanksgiving@mail.mil) or call 221-3218 from 8-11:30 a.m. or 1-5 p.m. Monday through Friday.

### Federal Employees Health Benefits Fair

All Federal employees can attend the 2013 Federal Employees Health Benefits Fair 9 a.m. to 3 p.m. Tuesday at the Military and Family Readiness Center, building 2797 at Joint Base San Antonio-Fort Sam Houston; 9 a.m. to 4 p.m. Nov. 12 at Arnold Hall, JBSA-Lackland and 8:30 a.m. to 4 p.m. Nov. 13 at the Military and Family Readiness Center, building 693, JBSA-Randolph. Representatives will be on hand to discuss different insurance options available to employees for the upcoming year. FEHB open season is Nov. 11 through Dec. 9. Air Force employees can call 808-0205; Army employees can call 221-9638 or go to the U.S. Office of Personnel Management website at <http://www.opm.gov/insure/health/index.asp> for more information.

### Warning about OxyElite Pro

The Department of Defense is advising all service members and their families to follow Centers for Disease Control and Prevention as well as Food and Drug Administration guidance to stop using any dietary supplement labeled OxyElite Pro. The DOD is participating in an investigation with the CDC, FDA and Hawaii Department

See NEWS BRIEFS, P6

# JBSA school liaison officers help military students with variety of education issues

By Lori Newman  
JBSA-Fort Sam Houston  
Public Affairs

Joint Base San Antonio school liaison officers assist military families with a wide variety of educational issues whether they are transitioning to or from San Antonio.

"We provide assistance with registration, coordinating education transition related resources and points of contact prior to the family getting here," explained Keith Toney, Joint Base San Antonio-Fort Sam Houston school liaison officer.

School Liaison Services is a Department of Defense program designed to improve the educational environment and academics for military children kindergarten



Courtesy photo

through 12th grade.

The program is available to all branches of the military to provide a link between military families and schools – both on and off the installation.

"We don't discriminate on any branch of the military; we have always been that way. We were joint base before joint base was cool," Toney said.

School liaisons educate parents on local school policies and procedures and collaborate

with parents to ensure their student's academic success.

"Another big issue we assist with is credits," Toney said. "This is very important for students coming to Texas from another state, trying to align their curriculum course work so they don't lose credits.

"The Interstate Compact on Educational Opportunities for Military Children helps level the playing field for students and we utilize that as much as we can," he said.

The compact was developed in 2007 by the Council of State Governments' National Center for Interstate Compacts and the DOD in collaboration with federal and state officials, departments of education and school administrators to ease military families' challenges as they transition between school systems.

It provides for the uniform treatment of military children transferring between school in different districts or

states. By joining the compact, states agree to follow common guidelines in handling issues such as records transfer, immunization requirements, class placement, graduation requirements, exit testing and extracurricular opportunities.

"We have many children with special needs who come here to JBSA-Fort Sam Houston, Lackland and Randolph: so we assist them as well," Toney explained.

For example, a military family contacted Toney because they are moving to a new duty assignment in South Dakota with two special-needs children. The school district in South Dakota told the family the district could not accommodate their

See LIAISONS, P11

## Seabron elected as Texas education board president

By Jayne Hatten  
FHSISD Associate Superintendent

Deborah Seabron, president of the Fort Sam Houston Independent School District Board of Trustees, was recently elected to a one-year term on the Texas Association of School Board of Directors representing Region 20A.

"I am honored to be an additional voice for all districts within Bexar County and Region 20," Seabron said, "and the only voice for the three military school districts within Joint Base San Antonio."

Seabron is a super-

visory management analyst at Joint Base San Antonio-Fort Sam Houston and chief of the 502nd Mission Support Group Commander's Action Group.

She served more than 37 years in various federal positions and with agencies including the Army, Air Force and Internal Revenue Service.

Seabron earned a Bachelor of Science degree in accounting from the University of the Incarnate Word, a master's degree in quality systems management from the National Graduate School, Falmouth, Mass., and is a business leader-



Deborah Seabron

ship studies doctoral candidate at Our Lady of the Lake University.

Seabron's civic engagements include involvement in the Bexar County School Board Coalition, San Antonio Mayor's Commission for the Status of Women, San Antonio VIA Metropolitan Light Rail and

Street Car Commission, SA2020 education subcommittee and the San Antonio Military Transformation Task Force education subcommittee.

Appointed to the Fort Sam Houston ISD board in September 2004, Seabron is board president and also has served as secretary.

Seabron, along with board member Dr. Eustace Lewis, and former board member, Keith Toney, developed the Rising Stars program to mentor elementary students in academics.

"Rising Stars works to increase a student's confidence, creates op-

portunities for students to exercise leadership skills and teaches students appropriate ways to have a voice within their school community," said Dr. Gail Siller, superintendent of Fort Sam Houston ISD.

"Rising Stars is powerful because it asks students for their opinions, values their answers and helps them grow in confidence," Siller said.

The Texas Association of School Board is a nonprofit association established in 1949 to serve local public school districts that represents more than 4.9 million public school students.



(Left) The U.S. Military Working Dog Teams National Monument at Joint Base San Antonio-Lackland was dedicated Monday.

Photos by Benjamin Faske



(Right) Col. Mark D. Camerer, commander 37th Training Wing; Lt. Gen. James Holmes, vice commander Air Education Training Command; John C. Burnam, founder of the U.S. Military Working Dog Teams National Monument; Brig. Gen. John L. Poppe, chief of U.S. Army Veterinary Corps; and Brig. Gen. Bob LaBrutta, Joint Base San Antonio and 502nd Air Base Wing commander, cut the ribbon to the U.S. Military Working Dog Teams National Monument at Joint Base San Antonio-Lackland.

## Military working dog monument dedicated

By Mike Joseph  
JBSA Lackland Public Affairs

The first national monument dedicated to U.S. Military Working Dog teams was unveiled in a ceremony at Joint Base San Antonio-Lackland Monday.

The dedication and unveiling ceremony completes a quest to nationally recognize military working dogs and handlers started in 2001 by John Burnam, a Vietnam scout dog handler and author of two books on military working dogs.

"This is a great day for Joint Base San Antonio and the Department of Defense," said Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and JBSA commander.

"To the working dog members and the dogs in

the audience, this is your day. I'm so glad Joint Base San Antonio-Lackland could be the home of this monument."

The Department of Defense Military Working Dog program, the world's largest training center for military dogs and handlers, has been based at JBSA-Lackland since 1958.

The DOD Military Working Dog Veterinary Service and the Holland Working Dog Hospital, the largest for military working dogs, are also located on JBSA-Lackland.

The monument's main granite pedestal features the U.S. military's four prominent working dog breeds since World War II: Doberman pinscher, German shepherd, Labrador retriev-

er and Belgian Malinois.

A nine-foot tall bronze dog handler represents all U.S. military dog handlers who served in World War II, the Korean War, the Vietnam War, the Gulf War and the war on terrorism. Another design feature is the "Not Forgotten Fountain," a fully functional bronze dog and handler water fountain that epitomizes the bond between dog and handler.

"As a nation we owe our war dogs a tremendous debt of gratitude," Burnam said. "Their selfless service, loyalty and sacrifices to our country must never be forgotten."

The monument is located on the southeast corner of Air Force Basic Military Training parade grounds on JBSA-Lackland.

## AIRMAN from P1

a disorder for which he continues to receive treatment.

Walker spoke to more than 200 Airmen about his life as a boy leading up to his college and NFL days. He also discussed the challenges he faced with Dissociative Identity Disorder, more commonly known as multiple personality disorder.

Walker recounted reading journals he kept from his childhood and being taken aback by the rage and anger that came across in some of his entries.

After deciding to seek help, he saw first-hand the negativity surrounding mental health issues.

"People think that being in the hospital is a sign of weakness," Walker said. "But the Herschel Walker in the hospital is the same Herschel Walker who did all these great things."

Members of the 59th Medical Wing Patient Squadron, a unit comprised of wounded, ill and injured service members, attended a luncheon with Walker and were able to share some of their

experiences.

"To actually get a one-on-one conversation with Herschel, instead of hearing him speak to everyone at once made it really special. You could tell he cared about us," said Staff Sgt. Daniel Crane, who is assigned to the 59th Patient Squadron.

Walker then visited patients at the WHASC's Intensive Outpatient Program, which assists members develop coping skills to better manage emotional and behavioral life challenges.

He spoke openly once more about his prior issues with DID, and his decision to face himself. Walker said that only once he faced his problems, was he able to cope and begin living a happier life.

"When young people get to meet adults who have struggled with mental health issues, and have survived and thrived, it really helps de-stigmatize seeking help," said 59th Mental Health Element Chief Capt. Liz Copeland.

As part of the DOD Patriot Support Program, Walker travels to military installations throughout the country to share his story,

and encourage service members to seek treatment for mental health and substance abuse issues. He has visited more than 65 installations in the past five years.

Walker won the Heisman Trophy in 1982 while playing for the University of Georgia. He set 10 NCAA records and garnered All-American honors for three consecutive years, helping Georgia capture a national championship.

After turning professional, Walker earned Most Valuable Player honors and set the single-season pro football rushing record. Throughout his 13 year career in the NFL, Walker played for the Dallas Cowboys, Minnesota Vikings and Philadelphia Eagles. Returning to Dallas in 1996, he retired from the NFL as a Cowboy in 1997.

Walker spoke with Brooke Army Medical Center patients and staff in San Antonio Military Medical Center's auditorium on Thursday.

He also visited with several wounded warriors at the Center For the Intrepid and patients and staff at the medical center.

## AUSA from P1

from U.S. Northern Command, the Federal Emergency Management Agency, Army National Guard, Army Reserve, U.S. Border Patrol and the District of Columbia Metropolitan Police Department, who discussed their respective agency's missions and roles in enhancing North American Security and in providing support to civil authorities.

"In 99 percent of the cases, the Department of Defense will be supporting another principal fellow agency in the response," Wiggins said. "That's important to understand in the difference of operating in the homeland. In the homeland, the strength of our nation resides in our ability to respond at all levels – local, state and federal. It's that synergy that creates the solution to the things in the homeland that

challenge us in addressing our threats."

Wiggins then turned the forum over to retired Coast Guard Vice Adm. Harvey Johnson Jr., former FEMA deputy administrator and chief operating officer, who served as the forum's moderator.

"The objective (for this forum) is to enhance (everyone's) understanding of how this interagency panel works together using the National Response

Framework as a guide," Johnson said.

Johnson described a complex catastrophe scenario involving a 10-kiloton nuclear device detonating in a major metropolitan area.

If such a devastating event were to occur, and in the event that state and local assets capability and capacity were overwhelmed, federal support would be called upon to assist.

He also spoke of the

significance of Hurricane Katrina and how it turned out to be a landmark event in that it spurred the creation of a guide for each of the agencies to use in the future for handling significant events that threaten the lives and safety of the American people.

It was using this as the backdrop to discussing the scenario that the panel continued forward throughout the forum. Perhaps the most im-

portant points revolved around cooperation and preparedness.

"American people have an expectation we will take care of the Homeland. That's our number-one mission – protecting and preserving our way of life here," Wiggins said. "We rehearse with partners ... for the way ahead, and it's critical we exercise this zero-failure mission. We work hand-in-hand with many partners."



## News Briefs

### Continued from P3

of Health on the acute hepatitis and liver failure of individuals who may have taken OxyElite Pro. As a precaution, the DOD has ordered the removal of all OxyElite Pro products from bases. Service members and their families who believe they have been harmed by the use of this product should contact their health care provider. Health care providers are asked to report any adverse events related to the use of OxyElite Pro to the FDA MedWatch Safety Information and Adverse Reporting Program at <http://www.fda.gov/MedWatch/report.htm>.

#### Air Force Ambassadors

Applications will soon be accepted for the 2014 male and female Air Force Ambassadors. The 502nd Air Base Wing Public Affairs Office will send application information to all Air Force units.

#### JBSA-FSH Visual Information Changes Ordering Process

Joint Base San Antonio-Fort Sam Houston Visual Information will no longer use the Visual Information Ordering Site as the primary method for ordering VI services. The Air Force Form 833 will be required for all service requests and can be downloaded at <http://www.jbsa.af.mil/shared/media/document/AFD-120614.pdf>. Call 221-5453 for more information.

#### Self-Help Service Unavailable at JBSA-FSH Visual Information

Due to budget constraints, Joint Base San Antonio-Fort Sam Houston Visual Information no longer offers self-help services. For a list of services provided, visit <http://www.jbsa.af.mil/library/multimedia.asp> or call 221-5453.

#### Hip and Knee Replacements

The San Antonio Military Medical Center Orthopedic Service announces that hip and knee replacements are available to all TRICARE beneficiaries, including patients over the age of 65. For more information, call 916-6386.

#### Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call the local Straight Talk Line at 466-4630 for Joint Base San Antonio-Fort Sam Houston, 671-6397 at JBSA-Lackland or 652-7469 at JBSA-Randolph.

# Marine Corps commandant visits JBSA Marine detachment, presents medals



Courtesy photos

(Above) Marine Gen. James F. Amos, Marine Corps commandant, talks with Marine wounded warriors and their families Oct. 22 at the Marine Detachment San Antonio Military Medical Center, Wounded Warrior Battalion-East.



Gen. James F. Amos (right), Marine Corps commandant, presents the Navy Marine Corps Achievement medal and certificate to Cpl. Dylan Brown during a ceremony Oct. 22. Brown was wounded in combat during Operation Enduring Freedom.

Sgt. Maj. Michael Barrett, Sergeant Major of the Marine Corps, pins a Purple Heart medal on Gunnery Sgt. Myron Tapio (left) Oct. 22. Gen. James F. Amos, commandant of the Marine Corps, presented the medal and certificate. Tapio, from the 2nd Tank Battalion at Camp Lejeune N.C., was wounded Sept. 8 while on patrol in Afghanistan.



Gen. James F. Amos (right), presents the Navy Marine Corps Achievement medal and certificate to Cpl. Jesse Medina Oct. 22. Medina was wounded in combat during Operation Enduring Freedom.

# Military Postal Service officials announce holiday mailing deadlines

Military Postal Service Agency officials recommend that parcel post packages for service members overseas be mailed by Nov. 12 for delivery by the holidays.

Officials at MPSA, an extension of the U.S. Postal Service, have published a chart at <http://hqdainet.army.mil/mpsa/xmas.htm>

that shows deadlines for various mailing options, broken down by the APO/FPO/DPO numbers of various destinations.

The USPS is offering a discount on its largest Priority Mail Flat Rate.

The price includes a discount for military mail being sent to APO/FPO/DPO destinations world-

wide, officials said.

Priority Mail Flat Rate boxes are available free at local post offices or can be ordered from USPS online.

Postage, labels and customs forms also are available online.

*(Source: American Forces Press Service)*

## APO/FPO/DPO GUIDELINES AND RESTRICTIONS

Shipments are at domestic prices, but customers must fill out a customs form and declare the value of the mail. In addition to the military's guidelines, each country has its own customs regulations regarding incoming mail. Before sending a letter or package overseas, make sure you're aware of the restrictions.

Also be sure to write out the service member's full name in the address. All mail must be addressed to a specific person; addressing mail to "Any Service Member" is no longer permitted.

Include the unit and APO/FPO/DPO (Air/Army Post Office, Fleet Post Office or Diplomatic Post Office) address with the 9-digit ZIP Code if one is assigned. For example...

**CPT JOHN DOE**  
**UNIT 2050 BOX 4190**  
**APO AP 96278-2050**

**SGT ROBERT SMITH**  
**PSC 802 BOX 74**  
**APO AE 09499-0074**

**SEAMAN JOSEPH SMITH**  
**USCGC HAMILTON**  
**FPO AP 96667-3931**

**MSG JANE DOE**  
**CMR 1250**  
**APO AA 09045-1000**

Include a return address. *(Source: U.S. Postal Service)*

# CELEBRATE AMERICA'S MILITARY EVENTS

**Holiday Mail for Heroes Kick Off** – Friday, 10 a.m. at the American Red Cross, 3165 Patch Road, building 2650, JBSA-Fort Sam Houston. Call 582-1951 or visit <http://www.redcross.org/tx/san-antonio>.

**Senior Enlisted Appreciation Reception** – Friday, 5:30-7:30 p.m. at VFW Post 76, 10 Tenth St. Invitation only. Call 229-2105 or visit <http://www.sachamber.org>.

**Saluting America's Heroes** – Saturday, 7:30 a.m. at Texas A&M University San Antonio, One University Way. Free and open to the public. Call 932-6212 or visit <http://www.tamusa.tamus.edu>.

**CAM Birdies for the Brave Golf Tournament** – Monday, 9:30 a.m. at TPC San Antonio, 23808 Resort Parkway. Call 229-2105 or visit <http://www.birdiesforthebrave.org>.

**Air Force Association Combat Breakfast** – Tuesday, 7-8 a.m. at the Kendrick Club, building 1039, JBSA-Randolph. Not a public event, reservation required by Nov. 1 and ticket required. Call 565-0370 or visit <http://www.alamoafa.org>.

**ESGR "Salute to Bosses" Luncheon** – Tuesday, noon-1 p.m. at Double Tree Hotel, 502 W. Cesar E Chavez Blvd. Not a public event, reservation and ticket required. Call 854-5106 or visit <http://www.esgr.mil>.

**Downtown Rotary Club Armed Forces Luncheon** – Wednesday, 11:30 a.m. to 1 p.m. at Scottish Rite Banquet Hall, 308 Avenue E. Not a public event, reservation and ticket required. Call 737-0777 or visit <http://www.rotarysa.org>.

**Spirit of America Dinner** – Wednesday, 6-9 p.m., Hyatt Regency San Antonio Riverwalk, 123 Losoya St. Reservation and ticket required. Call 229-2100 or visit <http://www.sachamber.org>.



**Association of the U.S. Army Luncheon** – Thursday, 11:30 a.m. to 1 p.m., Sam Houston Community Center, 1212 Stanley Road, building 320, JBSA-Fort Sam Houston. Reservations and tickets required. Call 224-2721 or visit <http://www.alamochapterausa.org>.

**U.S. Military Veterans Parade & Wreath Laying** – Nov. 9, 10:30 a.m. to noon, downtown San Antonio, 300 Alamo Plaza. Free and open to the public. Visit <http://usmvpa.com>.

**Military City, USA "Thank You" Run** – Nov. 9, 11:30 a.m., from VFW Post 76 through downtown, past The Alamo to Milam Park for a post celebration and award ceremony. Open to the public. Visit <http://www.athleteguild.com/running/san-antonio-tx/2013-asa-knights-of-columbus-5k-runwalk>.

**San Antonio Symphony Veterans Day Concert "Salute to Service"** – Nov. 10, 7-9 p.m., Majestic Theater, 224 E. Houston St. Free and open to the public, reservation and ticket required. Call 554-1090 or visit <http://www.sasymphony.org>.

**Veterans Day Ceremony** – Nov. 11, 9:30-11 a.m. at Fort Sam Houston National Cemetery. Free and open to the public. Call 210-820-3891 or visit <http://www.cem.va.gov/cems/nchp/ftsamhouston>.

**Bexar County Buffalo Soldiers Commemorative Ceremony** – Nov. 11, 1:30-2:30 p.m. at the San Antonio National Cemetery, 517 Paso Hondo St. Free and open to the public. Call 336-3903 or visit <http://www.bcbsatx.com>.

**Spurs Veterans Day Game** – Nov. 13, 7:30 p.m. at the AT&T Center. San Antonio Spurs vs. Washington Wizards. Discounted tickets available for military in uniform. Call 444-5618 or visit <http://www.spurs.com>.

For more information on CAM, visit <http://www.celebrateamericasmilitary.com>.





## ARMY MEDCOM HEALTH CARE ACQUISITION ACTIVITY CHANGES COMMAND



**Photo by Esther Garcia**

Lt. Col. Marc Bustamente (left) accepts the U.S. Army Medical Command Health Care Acquisition Activity colors from Brig. Gen. John Poppe (center), MEDCOM deputy chief of staff support and chief, Army Veterinary Corps, as outgoing commander Col. Scott Svabek (right) looks on during a change of command ceremony Oct. 10 hosted at Military and Family Readiness, building 2797. The activity provides medical supply and service contracting support to the U.S. Army Medical Command community with a contract portfolio valued at approximately \$2 billion.

## **LIAISONS from P3**

special-needs children.

"The family contacted us and I contacted my Air Force counterpart in South Dakota. Although he is on the other side of the state, he said he would take care of them," Toney said.

"I will continue to follow up with the family until the family is firmly ensconced and the children are comfortable in their new school."

Another aspect of school liaison officers' responsibilities is reaching out to school counselors and informing them about topics unique to military children.

"We work very closely with Education Center Region 20 to reach our counselors in the 23 districts around the San

Antonio area," Toney said. "We keep them up to speed on issues involving our military children."

Education Center Region 20, also referred to as ESC-20, is a regional education service agency within Texas, assisting school districts with improving student performance and increasing the efficiency and effectiveness of school operations. ESC-20 is a non-regulatory agency whose relationship with school districts is collaborative and supportive.

ESC-20 responds to the needs of clients by providing an array of programs and services in the areas of administration, business support, certification and recruitment, curriculum, instruction and assessment, health and safety, professional development, specialized services and

technology.

JBSA school liaisons also collaborate with community organizations such as the University of Texas San Antonio College of Education and Human Development and Big Brothers, Big Sisters of South Texas to help military students.

"We get out there in the community and do things for military students," Toney said.

"We help about 25,000 military connected students."

School liaisons also have information about home schooling children and scholarships.

To contact a school liaison officer, call 221-2214 at JBSA-Fort Sam Houston, 652-5321 at JBSA-Randolph and 671-3722 at JBSA-Lackland or email [jbsa.slo@gmail.com](mailto:jbsa.slo@gmail.com).

## **DEPUTY SECRETARY OF DEFENSE VISITS JBSA**



**Photo by Glenn Fawcett**

Deputy Secretary of Defense Ashton B. Carter (left), speaks with Brig. Gen. Bob LaBrutta, Joint Base San Antonio and 502nd Air Base Wing commander, during a visit with the units at JBSA-Lackland. Carter also awarded Purple Hearts at Brooke Army Medical Center on JBSA-Fort Sam Houston Tuesday.

# METC students attain variety of academic accomplishments

By Lisa Braun  
METC public affairs

In the two years since becoming operationally capable, the Medical Education and Training Campus has good reason to boast about its successes.

A product of the 2005 Base Realignment and Closure Commission decision to co-locate Army, Navy and Air Force enlisted medical training to Joint Base San Antonio-Fort Sam Houston, METC continues to move forward in its mission to train the finest medics, corpsmen and medical technicians.

Students graduating from the tri-service enlisted medical schoolhouse have achieved a variety of academic accomplishments. These accomplishments include a student scoring 100 percent on every course exam, to an entire class achieving a record-breaking grade point

average, and several classes that consistently pass national certification exams at a higher rate than their civilian counterparts.

Airman 1st Class Jamie Cushman, an Air Force medical logistics student, received a perfect score in the course that she completed in June. She achieved 100 percent test scores during the six-week course. This is the first time this has happened in 10 years. Cushman is now a customer service representative at the METC medical logistics department.

A class that graduated from the Navy Dental Assistant Program in July achieved a grade point average of 96.26 percent, a first for the program since being relocated to METC from Great Lakes, Ill. in April 2011. The six-week program covers seven courses that include four weeks of classroom and labs and two weeks of clinical rotations in local medi-

cal facilities. The top graduate scored 99.33 percent.

"Many of METC's successes are directly related to our emphasis on a collaborative work environment, bringing best practices from each of the services, and raising the qualification standards bar and screening process on our faculty," said Navy Capt. Peggy Westerbeck, associate dean for instructional delivery at METC.

"Many of these programs are nationally recognized by professional organizations or are recognized by degree awarding institutions. These recognitions provide many opportunities for our graduates to become certified or obtain degrees," Westerbeck added.

Several programs require or encourage students to take the national certification exam for their specialties, with outstanding results:

Although not a requirement, Air Force Guard and Reserve students who graduate from the METC Ophthalmic Technician Program and sit for the Certified Paraoptometric Technician exam average a 98 percent first-time pass rate. Students in the program are taught everything from anatomy and physiology, medical ethics, ocular pathology, pharmacology and optics to refractive surgery, vision and specialty testing and aseptic technique.

But the successes don't stop with the CPOT exam. According to Air Force Lt. Col. Benjamin Franklin, director of the Ophthalmic Technician Program, for more than two years, all students who started in the Ophthalmic Technician Program have graduated. "Since September 2011 the ophthalmic program has had a 100 percent pass/completion rate," he said. "No failures, no reliefs."

Since the Cardiovascular Technologist program moved to METC in July 2011, students who sat for the Registered Cardiovascular Invasive Specialist certification exam averaged a 98 percent pass rate. The national average is 68 percent.

The METC Inter-Service Respiratory Therapy Program students graduate with an associate's degree in applied science with emphasis in respiratory care. The program culminates with Army and Navy students taking the Certified Respiratory Therapist exam.

"Everybody wants to come to this course because they can get an associate degree and take the test to become a certified respiratory therapist," said Harry Román, Respiratory Therapy Program director.

The success rate for the CRT continues to rise since the program moved to METC. Students who took the CRT exam so far in 2013 have achieved a 100 percent pass rate. The national average is 78 percent.

"Our goal is to make sure everybody graduates from this course," said Luis Medina, Phase II clinical supervisor. "A lot of these students go on to physician assistant school, nursing school or even medical school."

At the conclusion of the didactic and clinical portions of the Surgical Technologist Program, Navy students are required to challenge the Certified Surgical Technologist exam. Since October 2012, graduates of the program who took the

exam have achieved a 100 percent pass rate.

Upon graduating as Army health-care specialists, otherwise known as combat medics or 68-Whiskeys, students are certified to the national standards of Emergency Medical Technician-Basic. Sitting for the National Registry for Emergency Medical Technicians is a requirement for graduation.

One class of students recently achieved a 98 percent pass rate. The

average has been around 85 percent, still well above the national average of 64 percent.

Occupational Therapy Assistant Program graduates are eligible to sit for the national certification examination and qualify for the designation Certified OTA. The program enjoys a 93 percent national board pass rate for all OTA students who take it while the national average is 81 percent.

"Effective communication and empowerment to those involved in teach-

ing the world's finest medics, corpsman and techs is key," Westerbeck said. "That allows us to go beyond providing the basics and develop curricula that deliver a quality program of instruction."

METC is the largest integrated medical training facility in Department of Defense history, encompassing more than 50 programs of instruction, approximately 6,000 average daily student load and more than 21,000 graduates a year.



An Air Force student in the Ophthalmic Technician Program at the Medical Education and Training Campus conducts an "eye exam" on a fellow student as an Army instructor observes. Students who graduate from the METC Ophthalmic Technician Program then sit for the Certified Paraoptometric Technician exam average a 98 percent first-time pass rate.

Photo by  
Dewite Wehrman



Hospital Corpsman First Class Sergio Rodriguez (left) practices with Hospitalman Paige Crocker in preparation for her final "mock" scrub test, a prerequisite for entry into the clinical training portion of the Surgical Technology Program.

Photo by  
Lisa Braun



An Army Junior Reserve Officer Training Corps cadet listens to a simulated patient's lungs while touring the Interservice Respiratory Therapy Program at the Medical Education and Training Campus. The patient simulator is a realistic, full body, wireless adult mannequin used in the IRTP for training respiratory therapy technicians.

Photo by Lisa Braun



Students in the Navy dental assistant program at the Medical Education and Training Campus receive instruction by Hospital Corpsman 2nd Class Bilal Law (right) during the infection control lab.

Photo by Chief Hospital Corpsman Brenda Muscella





# Hagel: new protections are needed for unclassified data

By Claudette Roulo  
American Forces Press Service

Defense Secretary Chuck Hagel recently directed that Department of Defense organizations take additional steps to ensure unclassified controlled technical information is protected from cyber intrusions.

"Stolen data provides potential adversaries extraordinary insight into the United States' defense and industrial capabilities and allows them to save time and expense in developing similar capabilities," Hagel said in a memo dated Oct. 10.

"Protection of this data is a high priority for the department and is critical to preserving the intellectual property and competitive capabilities of our national industrial base and the technological superiority of our fielded military systems," he added.

As the world has become increasingly dependent on electronic data, traditional physical security concepts are no longer valid, said Jennifer Elzea, a Defense Department spokesperson.

"The opportunity to gain access to sensitive unclassified information is simply too unconstrained, and we must rethink how we safeguard our technical information," she said.

Unclassified controlled technical data losses have become a major problem for the nation and its industrial base, Elzea said.

And the problem is getting worse. Data and intellectual property concerning defense systems requirements, concepts of operations, technologies, designs, engineering, systems production and component manufacturing are all being targeted, she said. While the information is unclassified, its loss still represents a sig-

nificant threat to national security.

"The department must be sure that unclassified controlled technical information is protected from network intrusion and that any consequences associated with loss of this information are assessed and minimized," Elzea said.

To that end, the secretary directed that the offices of the undersecretaries of defense for acquisition, technology and logistics, policy, intelligence, and the DOD chief information officer work together to develop any necessary changes to policy, guidance and rulemaking activities to improve the protection of unclassified controlled



Photo by Glenn Fawcett

Defense Secretary Chuck Hagel recently directed that Department of Defense organizations take additional steps to ensure unclassified controlled technical information is protected from cyber intrusions.

technical information that resides on or passes through defense contractor systems or networks.

DOD also has proposed an amendment to its acquisition and contracting regulations, Elzea said. The amendment will add language to defense contracts requiring contractors to incorporate established security standards on their networks, and to report cyber-intrusions

that result in the loss of unclassified controlled technical information.

The change is part of the effort to balance the cost of increased protection with the ability to conduct business operations at an unclassified level, she noted. The department must be able to safely operate at that level.

Other actions directed in the memo include the establishment of a joint analysis cell to assess losses of technical information. The cell, to be led by the undersecretary of defense for acquisition, technology and logistics, will determine the consequences of those losses and develop necessary responses.

In addition, Hagel directed the military departments to identify critical acquisition and technology programs that require additional protection. This process will

include a review of the classification guidance for those programs.

Finally, the DOD CIO, the National Security Agency and the Defense Information Systems Agency will continue to identify the technical standards needed to protect unclassified information in the Joint Information Environment.

"The Department of Defense is committed to protecting our unclassified controlled technical information against the threat of cyber intrusions that target the department and our industrial base," the defense secretary said.

"These actions will ensure that the department provides a cohesive, comprehensive and cost-effective approach to protect priority investments and future defense capabilities while maintaining efficient business operations with our industrial partners," he added.





# Military parenting website assists in communication

By Amaani Lyle  
American Forces Press Service

Service members who deploy or are otherwise separated from their families due to mission needs now have a free online resource allowing them to hone their parenting skills as they reconnect with their children.

Pam Murphy, the Defense Department's lead psychologist for the website, said the launch of <http://www.militaryparenting.org> offers unprecedented, comprehensive and free computer-based training from a service member's perspective on parenting and building strong relationships with their children.

A clinical psychologist with more than 20 years of experience in community and private practice, Murphy said the Integrated Mental Health Strategy Program is a collaborative



DOD photo

Air Force Staff Sgt. Sabrina Siegele and her husband, Air Force Senior Airman Matt Siegele, enjoy time after work with their daughter, Stephanie, at Joint Base Lewis-McChord, Wash. The Siegeles say they like the age-appropriate scenarios of the new MilitaryParenting.org website.

initiative between the Veterans Affairs Department and DOD.

"We initially did an environmental scan of everything within the DOD as well as commercially available, and one of the areas that seemed to be at a deficit was a

comprehensive parenting program that looks at the basics," Murphy said.

She noted that while a plethora of parenting information exists online, it was difficult to identify a free, private "military-centric" program.

"This is one of the first of its kind," Murphy said. The interactive site, she explained, develops and reinforces parenting skills to help families reconnect through in-depth technology solutions that appeal to younger parents.

"Parents in the service member population are generally younger," she said. "Prominent age groups of their children are typically 5 or younger."

Murphy added the site goes beyond the job and hits home in terms of affecting family relationships, building resilience and helping service members to be happy with their lives within the military.

She also noted service members' personalized accounts interwoven into the site make the situations and solutions relatable.

"We included videos of real service personnel to talk about their real-life experiences with parenting, reintegrating and making those everyday decisions," Murphy said.

The website consolidates and simplifies information that was previously accessible across multiple resources, said Senior Airman Matthew Siegele, a protocol specialist, and his wife, Staff Sgt. Sabrina Siegele, noncommissioned officer in charge of knowledge operations, both of whom work at Joint Base Lewis-McChord, Wash.

"We've been through so many parenting classes, counseling and therapy, and a lot of the resources and advice is mirrored on this site," Sabrina said.

"This website is excellent – it's a one-stop shop instead of jumping around to multiple appointments." During family separa-

tions, Murphy said, applications such as Skype and Facetime can help in keeping families connected, but the military parenting website provides ideas for technology-based activities that can help in reuniting parents and children after a deployment.

"A lot of times, kids don't know what to talk about with their parents when they are on the phone or on the computer with them," she said.

Murphy said the website can help military parents reconnect with their children.

"Parents can benefit from this site, and I believe they want their kids to grow up to be happy, healthy, fully functioning adults," she said.

"Here, they'll find strategies and ideas to [get] even better in terms of helping kids to grow, mature and blossom."

## Army Benefits Center hosts pre-FEHB brief via DCO

The Army Benefits Center will host a pre-Federal Employee Health Benefits web broadcast Tuesday through Thursday via Defense Connect Online.

The briefing is designed to review how Army civilian employees access the Employee Benefits Information System; understand how to make your own FEHB open season election using EBIS, and view navigation tips on the ABC-C and OPM websites for FEHB carrier plans, comparisons, providers coverage details and cost.

All DCO times are Central Standard Time. Dates

and times for presentations are:

Tuesday at 9 a.m. and 1:30 p.m. at <https://connectcol.dco.dod.mil/r3b-3vgp4vyg/>

Wednesday at 10:30 a.m. and 2:30 p.m. at <https://connectcol.dco.dod.mil/r98hyg0xc5p/>

Thursday at 9 a.m. and noon at <https://connectcol.dco.dod.mil/r7u-vfc2dcge/>

Officials recommend logging in 10 to 15 minutes prior to start for DCO acceptance.

For additional information, visit <http://www.abc.army.mil> or call the Army Benefits Center at (877) 276-9287.

## Walters Street overnight construction continues

Overnight work continues at the North Walters Street entry control point. This work is being done between 8 p.m. and 6 a.m. Monday through Friday. The Jadwin Gate ECP at Interstate 35, just south of Coliseum Road, is being used as the detour until Nov. 8, when traffic will be routed to the N. New Braunfels ECP until remaining work on the Walters Gate barrier system is completed. For more information, call 466-2669.

# CID urges caution when using myPay or non-DOD apps

The U.S. Army Criminal Investigation Command, commonly referred to as CID, is warning the greater Defense Department community about the potential dangers of using non-DOD sanctioned applications to access Defense Finance Accounting Services, or DFAS, accounts.

A free mobile application, "MyPay DFAS LES," was released July 13 through the Google Play Android app store.

Google estimates that between 10,000 to 50,000 individuals have already downloaded and installed this app on their personal mobile device.

The app purportedly allows users the ability to control their individual military pay account after they



Courtesy photo

The USACIDC, commonly known as CID, is an independent criminal investigative organization that investigates serious, felony-level crime such as murder, rape, sexual assault, robbery, arson, fraud and even cyber crime or intrusions into the Army networks.

enter their myPay login information.

In addition to this app, there are several other third-party non-DOD sanctioned mobile applications available for Android and iPhone devices designed around

DFAS payment processes for DOD military and civilian personnel, retirees and annuitants, as well as other government agencies.

CID cautions that using non-DOD sanctioned applications to access myPay accounts can lead to personal account information being compromised and possibly the theft of funds.

For more information regarding cyber crime and staying safe online, or to report a felony-level crime or provide information concerning a crime, contact your local CID Office or the Military Police or visit the Computer Crimes Investigative Unit webpage at <http://www.cid.army.mil>.

*(Source: CID Public Affairs)*

## Tips to help protect yourself:

- Before downloading, installing or using an application, take a moment to research and review the software developer. This helps in getting an idea about other apps the developer has previously published.
- Apps that imply to allow access to military or government sites should only be installed if they are official apps sponsored by the DOD or another U.S. government agency.
- Review the user ratings and reviews from previous and current customers as to the accuracy of the application's claims.
- Inspect your devices' application permissions screen to see what other information and applications will be accessed by the app. Some apps may be able to access your phone and email contacts, call logs, Internet data, calendar data, data about the device's location, the device's unique ID and information about how you use the app itself. If you're providing information when you're using the device, someone may be collecting it.

## Federal benefits open season enrollment information

The federal benefits open season runs from Nov. 11 through Dec. 9.

During the annual open season, employees can take the actions listed below for the Federal Flexible Spending Account Program or FSAFEDS, the Federal Employees Dental and Vision Insurance Program or FEDVIP and the Federal Employees Health Benefits or FEHB Program.

Employees may:

- Enroll in a flexible spending account, a health care and/or dependent care account, under the FSAFEDS Program. Unlike other programs, employees must reenroll in FSAFEDS each year to participate. Enrollments do not carry over from year to year.

- The maximum annual election for a Health Care Flexible Spending Account and the Limited Expense Health Care Flexible Spending Account is \$2,500 for the 2014 benefit period.

- The maximum annual election for a Dependent Care Flexible Spending Account is \$5,000 for the 2014 benefit period.

- The minimum election for the flexible spending accounts is \$250.

- Enroll in, change, or cancel an existing enrollment in a health plan under the FEHB Program and a dental or vision plan under the FEDVIP Program.

To view the Federal Employees Health Benefits plans visit <http://www.opm.gov/FEHBbrochures>. For more information on dental or vision plans go to <http://www.benefeds.com>.



### Harlequin Dinner Theatre

The Harlequin Dinner Theatre presents "Bad Seed" through Saturday. This is the story of a mother's realization that her young daughter has committed a murder. Shows are Thursday, Friday and Saturday, with dinner served at 6:15 p.m. the show starts at 8 p.m. For more information, call 222-9694.

### Armed Forces Action Plan Conference

Monday through Thursday, 8 a.m. to 4 p.m., Military and Family Readiness, building 2797. Call 221-2705.

### H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Military and Family Readiness, building 2797. Call 221-0349 or 221-0626.

### Saving and Investing

Tuesday, 9-11 a.m., Military and Family Readiness, building 2797. Call 221-2380 or 221-1474.

### Key Caller Training

Tuesday, 9 a.m. to 3 p.m., Military and Family Readiness, building

2797. Call 221-0946.

### Budgeting Class

Tuesday, 2-4 p.m., Military and Family Readiness, building 2797. Call 221-2380 or 221-1474.

### 5 Love Languages for Couples

Wednesday, 5-8:30 p.m., Dodd Field Chapel. Call 221-0349 or 221-0626.

### 5 Love Languages for Teens

Wednesday, 5-7 p.m., Military and Family Readiness, building 2797. Call 221-0349 or 221-0626.

### Unit Family Readiness Training

Wednesday, 9-10 a.m., Military and Family Readiness, building 2797. Call 221-0946.

### Army Special Operations and In-Service Recruiting

Recruiters conduct briefings Tuesday through Thursday, 11:45 a.m. to 12:45 p.m. and 2:30-3:30 p.m., at the education center, building 2248, Room 201. The Army Physical Fitness Test will be at 6:30 p.m. Thursday at the PT field across from building 2797. For more information, call (270) 304-1133.

### Health Fair

The Department of Preventive Health Services and students of the Principles of Military Preventive

Medicine Course will host a Zombie Apocalypse Survival Health Fair 11 a.m. to 1 p.m. Nov. 12 in the basement of Willis Hall, building 2841, the food court area. Call 221-7409 for information.

### Neanderthal Warrior Trail Run

The zombie edition of the annual Neanderthal Warrior Trail Run takes place Nov. 23 at Joint Base San Antonio-Camp Bullis. The run is open to military and civilians, with registration available at <http://register.iaapweb.com>. Participants who register by Nov. 19 get a T-shirt. Event fees is \$20 for military with valid identification; \$30 for civilians without military ID; \$20 per person for teams of five to 10 people; and \$15 per person for teams of 11 or more. Arrival time is 6:15 a.m. and the run starts at 7:30 a.m. For more information, call 295-7710 or 848-2158.

### HIRED! Apprenticeships

Teen's 15 to 18 years old can apply for the 2014 Winter Term, Jan. 13-April 5, apprenticeship program. If selected the teen will work within the 502nd Force Support Squadron facilities and activities on JBSA-Fort Sam Houston. Registration forms are available at Parent Central, building 2797, the Youth Center, building 1630 or the Middle School Teen Center, building 2515. Application deadline is Dec. 9. Call 221-3386.

### Computer Lab

The computer lab is available 8 a.m.-4 p.m. Monday-Friday at Military and Family Readiness, building 2797. Call 221-2705 or 221-2418.

### 'How We Roll'

Monday through Friday, 9-11 a.m., Fitness Center on the Medical Education and Training Campus, the "How We Roll" program provides parents and strollers use of the indoor track. Mondays from 9-10 a.m., a fitness trainer is available for assistance and instruction. Call 808-5709.

### SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

### Equipment Rentals

The Outdoor Equipment Center has all the items needed for a backyard party, unit organizational day, or weekend getaway. Rental items include canoes, boats, campers, camping equipment, outdoor games, barbecue pits and more. Call 221-5225.

### JBSA-Fort Sam Houston Ticket Office

The ticket office located in the Sam Houston Community Center, building 1395, Chaffee Road, is open 9 a.m. to 4 p.m. Tuesday through Friday. Call 808-1378.

### Sportsman Range

The JBSA-Camp Bullis range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

### Hunting on JBSA-Camp Bullis

Now through Jan. 5, DOD cardholders can bow hunt big game and turkey at JBSA-Camp Bullis. Call 295-7577.

### Horseback Riding Lessons

The Equestrian Center offers both private and group lessons for Western and English style. Therapeutic riding lessons are also available and taught by certified instructors. Horses, saddles and tack for lessons will be provided if needed. Patrons must be at least 7 years old. Call 224-7207.

### Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, building 1705. The cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

### Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional

income at home, full or part time. Call 221-3828.

### Parent Central Customer Service

JBSA-Fort Sam Houston Parent Central assists walk-in patrons from 8 a.m. to 5 p.m. Parent Central is located in building 2797, on Fort Sam Houston. Call 221-4871.

### School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Visit <http://www.fortsamhr.com/youth/slo.html> or call 221-2214.

### Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, building 1222 on Harney Path. Call 221-4702.

### Game Time at the Library

Gamers can play Xbox, Wii, PS3 and classic board games 5 p.m. the second Friday of each month at the Keith A. Campbell Memorial Library. Call 221-4702.

### Thrift Shop Open

The JBSA-Fort Sam Houston Thrift Shop at 3100 Zinn Road, run by the Spouses' Club of the Fort Sam Houston Area is open 9 a.m. to 2 p.m. Wednesday, Thursday and the third Saturday of each month. Consigned items are taken from 9 a.m. to 1 p.m. Donations are taken anytime during regular business hours. Call 221-5794/4537 or click on <http://www.scfsh.com>.

### Pet Consult Services Available

The JBSA-Lackland Veterinary Treatment Facility provides animal behavior consult services for family pets. The VTF's military animal behavior resident is scheduling appointments. The Army resident can assist pet owners with understanding their pet's behavior, and preventing, managing, or resolving pet behavioral problems. Common problems may include aggression, fear, anxiety, hyperactivity, inappropriate elimination and tail chasing.

Call 671-3631 or 671-2245.

### Education and Training Office

The 502nd Force Support Squadron Education and Training Office offers a variety of military testing, including Professional Military Education, Career Development Courses and Defense Language Proficiency testing. PME Testing is conducted on Tuesdays, CDC on Wednesdays, and DLPT on Thursdays. Education and Training also offers Armed Forces aptitude testing such as the Armed Forces Classification Test and Armed Forces Officer Qualification Test. Tests scheduled on an as-needed basis. To schedule military testing at JBSA-Fort Sam Houston, call 221-0852.

### Personal Property Processing Office Closed Wednesdays

The Personal Property Processing Office at building 367 is closed from 2-4 p.m. Wednesdays for weekly staff training. For emergencies, please contact the PPPO at Joint Base San Antonio-Randolph at 652-1848, which is fully operational until 3:30 p.m.

### Green to Gold Program Briefing

The 5th Brigade Army ROTC conducts a Green to Gold Program brief 2 p.m. the second Monday of each month excluding training/federal holidays at the Post Education Center, building 2248, room 207C. The purpose of the brief is to educate active duty Soldiers on the benefits, options, and qualifications of the Army Green to Gold Program. Call the UTSA recruiting officer at 458-5607 St. Mary's University recruiting officer at 436-3415 or the 5th Brigade at 295-2005 or 295-0429.

### Army Substance Abuse Program

The Army Substance Abuse Program is located at 1835 Army Blvd., building 2007 and serves all branches of the military, including active duty service members, trainees, Reserves on active duty and those in the Warrior Transition Battalion. The program office is open 7:30 a.m.-4 p.m. Mondays, Tuesdays, Wednesdays and Fridays. For more information, call 295-4094.

## FSHISD WEEKLY CAMPUS ACTIVITIES

### Fort Sam Houston Elementary School

#### Monday

Honor roll party - 2nd grade 1:15-1:35 p.m., 3rd grade 1:40-2 p.m., 4th grade 2:05-2:25 p.m., 5th grade 2:30-2:50 p.m.  
Student council meeting, 3:30-4:30 p.m.

#### Tuesday

FSHISD school board meeting, 11 a.m., Professional Development Center

### Robert G. Cole Middle and High School

#### Wednesday

Cole photography gallery opening at the Walzem YMCA, 6:30 p.m.

#### Thursday

Flu mist clinic, 8:30 am.-noon  
Cole Middle School pep rally during Pride  
Middle School Football vs. George West at Cole, 5 p.m. (7th Grade) and 6:30 p.m. (8th Grade)  
Junior Varsity Football vs. George West at George West, 6 p.m.  
Girls Basketball vs. Kennedy at Cole, 5 p.m. and 6:30 p.m.  
Middle School Girls Basketball vs. Brooks Academy at Cole, 5 p.m. and 6 p.m.

#### Nov. 8

Cole High School pep rally during Pride  
Cole Veterans Day celebration, 9:30 a.m., Cole Gym  
Varsity Football vs. George West at Cole, 7:30 p.m.

# OUTSIDE THE GATE

## Wurstfest Walk

The NB-Marsch-und-Wandergruppe volksmarch club is hosting a 5K and 10K walk Saturday and Sunday in New Braunfels starting behind the Christmas Store, 212 W. Austin St. Walks start between 8 a.m. and noon and finish by 3 p.m. Call 830-226-7035 for more information.

## Meatopia at Pearl Brewery

This meat-centric festival takes place 1-5 p.m. Sunday at Pearl Brewery. To purchase tickets, visit <http://atpearl.ticketbud.com/meatopia?pc=MIL> for a military discount.

## AMEDDC&S and 32nd Medical Brigade Reunion

The 2013 "Old School" Army Medical Department Center and School and 32nd Medical Brigade

reunion is Nov. 9. There will be a variety of sporting events in the morning followed by a reception with dinner and dancing beginning at 5:30 p.m. at the San Antonio Airport Hilton. Email [32ndmedbde@gmail.com](mailto:32ndmedbde@gmail.com) to register or for more information visit the Facebook page at "2013 Center Brigade Reunion."

## Feast of the Heart 5K Run/Walk

The Raul Jimenez Thanksgiving Dinner organizers hold the annual Feast of the Heart 5K run/walk at 9 a.m. Nov. 9 at Traders Village, 9333 Southwest Loop 410. Visit <http://www.rauljimenezdinner.com> for more information.

## Honor Flight Documentary Screening

Honor Flights are the subject of a documentary that will be screened Nov. 11 at Minute Maid Park in Houston. Doors open at 11 a.m.; the screening begins at 2 p.m. Honor Flights transport veterans to Washington, D.C., to visit the memorials erected in their honor. The documentary "Honor Flight:

One Last Mission" focuses on four living World War II veterans and the community that comes together to give them the trip of a lifetime. The screening is free, but tickets are required. For ticket instructions, visit [www.astros.com/vets](http://www.astros.com/vets).

## Female Soccer Players Needed

All female Department of Defense ID card holders and family members are eligible to participate in the Joint Base San Antonio adult women's soccer team, which will play in the Women's Soccer Association of San Antonio. Games will be played Sundays at the S.T.A.R. complex located off Interstate 35. Cost is \$60 per season per player for active duty members and \$80 for non-active duty. Call (412) 721-1061 for more information.

## Women's Survivor Group

A women's survivor group has been created for women who have experienced sexual trauma. The goal is to increase survivors' understanding to their response to victimization and the impact on their lives. The group offers a safe, open atmosphere for discussion and support to facilitate understanding of sexual victimization and the healing process. The group meets from 6:30-8 p.m. Mondays at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, building 2, Suite 201. Call 521-7273 for more information.

## Teen Survivors Group

A teen survivors' group has been created for teens who have been victims of sexual trauma. The group's goal is to help teens learn and talk about sexual abuse in a safe environment and help survivors connect to others who have been in similar situations. Females from 13 to 17 years of age who are currently attending individual psychotherapy are encouraged to attend. A therapist's recommendation is required. The group meets from 6-7:30 p.m. Wednesday at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, building 2, Suite 201. Call 521-7273 for more information.

## SeaWorld Offers Waves of Honor

SeaWorld Parks & Entertainment is honoring the men and women of the U.S. armed services through its Waves of Honor™ military salute program through Nov. 11. Any active duty military, activated or drilling reservists, or National Guardsman representing any of the five service branches is entitled to one complimentary admission and as many as three direct dependents to SeaWorld® and Busch Gardens® Parks, and Sesame Place® for members of U.S. armed forces through 2013. The service member must register, either online at <http://www.wavesofhonor.com> or in the entrance plaza of a participating park and show a valid active military identification. All dependents 10 and older must present a valid military dependent identification for entry into the park. Dependents may take advantage of the offer without their service member, though an adult must accompany minor dependents. There is also an offer for veterans to receive a half-price admission in the website. That offer is available exclusively online or at participating military bases and not available at the front gate.

## Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

## Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686.

# CHAPEL WORSHIP SCHEDULE

## PROTESTANT SERVICES

### Sundays

#### Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way 8 and 11 a.m. - Traditional

#### Dodd Field Chapel

Building 1721, 5584 Dodd Blvd. 8:30 a.m. - Samoan

10:30 a.m. - Gospel

#### Army Medical Department

#### Regimental Chapel

Building 1398, 3545 Garden Ave. 9:20 a.m. - 32nd Medical Brigade

#### Contemporary Service

11 a.m. - Contemporary "Crossroads"

#### Brooke Army Medical

#### Center Chapel

Building 3600, 3551 Roger Brooke Rd. 10 a.m. - Traditional

## CATHOLIC SERVICES

### Daily Mass

Brooke Army Medical Center Chapel Building 3600, 3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

### Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way 11:30 a.m., Monday through Friday

### Saturday

#### Main Post (Gift) Chapel

4:45 p.m. - Reconciliation

5:30 p.m. - Evening Mass

### Sunday

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC

12:30 p.m. - Morning Mass, DFC

## JEWISH SERVICES

8 p.m. - Jewish Worship, Friday, MPC

8:30 p.m. - Oneg Shabbat, Friday, MPC

## ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday, AMEDD

## LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday, AMEDD

## BUDDHIST SERVICES

1 p.m. - Buddhist Services, Sunday, AMEDD

*For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.*



**COMBINED FEDERAL CAMPAIGN POINTS OF CONTACT**

The 2013 Combined Federal Campaign has been extended and now runs through Jan. 15, 2014. The points of contact for Joint Base San Antonio are:

**502nd Air Base Wing:**  
221-4321  
671-6705

**502nd Mission Support Group:**  
221-1844  
AI221-2207

**802nd MSG:**  
1671-2528  
671-5511













**902nd MSG:**  
652-3797  
652-6915  
652-3088



**FOR SALE:** Sewing machine with cabinet, \$50; metal three-drawer filing cabinet, \$30; ladies complete golf set with bag and wheel cart, \$35; bowling ball, \$10; small dresser, \$30. Call 241-1291.

**FOR SALE:** Pro Fit 310 T elliptical, good condition, \$125 obo; DXG Luxe 1080p full HD pocket camcorder with many accessories, \$100 obo. Call 688-2445.

## Weekly Weather Watch

|                   | Nov 1   | Nov 2   | Nov 3  | Nov 4  | Nov 5   | Nov 6  |
|-------------------|---|---|--|--|---|--|
| San Antonio Texas | <br>84°<br>Sunny | <br>77°<br>Sunny | <br>73°<br>Mostly Sunny | <br>73°<br>Scattered T-Storms | <br>81°<br>Isolated T-Storms | <br>69°<br>Partly Cloudy    |
| Kabul Afghanistan | <br>61°<br>Sunny | <br>66°<br>Sunny | <br>67°<br>Sunny        | <br>67°<br>Mostly Sunny       | <br>62°<br>Mostly Cloudy     | <br>56°<br>AM Clouds/PM Sun |

(Source: The Weather Channel at [www.weather.com](http://www.weather.com))

## WATER CONSERVATION TIPS

1. When doing laundry, match the water level to the size of the load.
  2. Teach children to turn faucets off tightly after each use.
  3. Remember to check sprinkler system valves periodically for leaks and keep the heads in good shape.
  4. Install a low-flow showerhead.
- They're inexpensive, easy to install and can save more than 500 gallons a week.**
5. Soak pots and pans instead of letting the water run while scraping them clean.

(Source: 502<sup>nd</sup> Civil Engineer Squadron)

