

For current, automated information during a natural disaster, crisis or emergency, call 466-4630 at Joint Base San Antonio-Fort Sam Houston, 671-6397 at JBSA-Lackland, or 652-7469 at JBSA-Randolph.

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO – FORT SAM HOUSTON



TRAINING IN LITHUANIA

PAGE 3



GUARDIANSHIP FOR VETERANS

PAGES 10-11



JBSA WATER CONSERVATION

PAGE 13

Army specialist receives pair of Purple Hearts for combat service

By Rebekah Almquist
BAMC Public Affairs

Spc. Matthew C. Spang was honored for multiple combat wounds with two Purple Heart medals during a ceremony at the Warrior and Family Support Center July 1.

Lt. Gen. William B. Caldwell IV, U.S. Army North commanding general and senior Army commander of Fort Sam Houston and Camp Bullis, recognized the rarity of a dual Purple Heart ceremony and thanked Spang for his selfless service.

“They cannot find any time since 9/11 that we’ve done a ceremony like this. There is no recollection,” Caldwell said.

“Spc. Spang’s perseverance and commitment to the mission has been shown.”

Spang was wounded on two separate instances in November and December of 2011 while serving in Afghanistan with the 95th Engineer Company, 65th Engineer Battalion, 130th Engineer Brigade.

It was during the second roadside bomb blast he sustained severe damage to his legs resulting in a double amputation.

Trey Kleberg, civilian aide to the Secretary of the Army, presented the award to Spang.

He also received two certificates along with the Purple Heart medal and bronze oak leaf cluster pin. The oak leaf cluster recognizes Spang’s second Purple Heart.

After he is done with rehabilitation, Spang plans on returning to his wife and two young children in Colorado Springs, Colo.

“I want to be a good father – that’s my number one goal.”

Caldwell also recognized July 1 as being the 40th anniversary of America’s all volunteer Army. He said Spang embodies what it means to serve.

“Our volunteer Army is repre-

sentative of the type of young men and women who want to serve their nation, be a part of something bigger and better than who they are. Spc. Spang gets that,” he said.

“We are a better Army today because of what you have done.”



Photo by Robert Sheilds

Lt. Gen. William B. Caldwell IV (left) passes the Purple Heart medal with oak leaf cluster to Trey Kleberg, civilian aide to the Secretary of the Army, to pin it on recipient Spc. Matthew C. Spang during a ceremony at the Warrior and Family Support Center July 1. Caldwell is U.S. Army North commanding general and senior Army commander of Fort Sam Houston and Camp Bullis.

“We are a better Army today because of what you have done.”

Lt. Gen. William B. Caldwell IV, U.S. Army North commanding general and senior Army commander of Fort Sam Houston and Camp Bullis in awarding two Purple Hearts to Spc. Matthew C. Spang

Editorial Staff

JBSA/502nd Air Base Wing
Commander

Brig. Gen. Robert D. LaBrutta

JBSA/502nd ABW
Public Affairs Director
Todd G. White

JBSA-FSH Public Affairs Officer
Karla L. Gonzalez

Editor
Steve Elliott

Associate Editor
Leslie A. Shively

Writer/Editor
Lori Newman

Layout Artist
Joe Funtanilla

News Leader office:

2080 Wilson Way
Building 247, Suite 211
Fort Sam Houston
Texas 78234-5004
210-221-2030
DSN 471-2030

News Leader Advertisements:

Prime Time
Military Newspapers
2203 Hackberry
San Antonio, TX 78210
210-534-8848

News Leader email:

usaf.jbsa.502-abw.mbx.
fsh-news-leader@mail.mil

This Air Force newspaper is an authorized publication for members of the Department of Defense. Contents of the News Leader are not necessarily the official views of, or endorsed by, the U.S. government or Department of Defense. It is published weekly by the 502nd Air Base Wing and Joint Base San Antonio-Fort Sam Houston Public Affairs Office, 2080 Wilson Way, Building 247, Suite 211, Fort Sam Houston, Texas 78234-5004; 210-221-2030, DSN 471-2030. Printed circulation is 10,000. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected. The editorial content of this publication is the responsibility of the Director of Public Affairs. The News Leader is published by Prime Time, Inc., Military Newspapers, 2203 Hackberry, San Antonio, Texas 78210, (210) 534-8848, a private firm in no way connected with the U.S. government, under exclusive written contract with the 502nd Air Base Wing and JBSA-Fort Sam Houston Public Affairs Office. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Air Force. Stories and photos for publication consideration may be e-mailed to usaf.jbsa.502-abw.mbx.fsh-news-leader@mail.mil by close of business Friday.

Attention! There are superheroes in our midst

By Dewey Mitchell

Brooke Army Medical Center
Public Affairs

We Americans love our superheroes, as evidenced this summer with the return to the big screen of two favorites from my youth, the Lone Ranger and Superman.

Times were much simpler back in the '50's and there were a lot fewer choices on television, but the character traits of courage, loyalty, honesty, charity and kindness kept us coming back for the next episodes.

As a child, I would learn that my dad left college the weekend after Pearl Harbor to enlist, then became a pilot and flew 183 combat missions, dropping paratroopers and gliders from his C-47 in Western Europe.

He was one of three out of 39 from his basic flight school who survived the war. He became my hero.

Fast forward to today where we at Brooke Army Medical Center serve a large population of heroes,



Courtesy photo

Wounded warriors work on core strengthening at the Center for the Intrepid, where today's heroes can rehabilitate and join their families for meals and activities of all kinds.

from World War II to the Global War on Terror, who are all endowed with those same character traits, after serving bravely and sometimes with great loss to protect our freedoms.

That's the motivation that keeps us working hard every day to serve those who have sacrificed so much for us. It's a privilege, and they inspire us with their great spirit.

But we're not alone today and we know it. The people of San An-

tonio and a huge number of Americans have shown their admiration and appreciation by building the Center for the Intrepid and the Warrior and Family Support Center, where today's heroes can rehabilitate and join their families for meals and activities of all kinds.

Donations continue to pour in to support our recovering warriors, more than \$3 million in gifts and services over the last two years.

This can be in the form of a hunting trip to Alaska, a fishing trip in the Gulf, a ski adventure in Colorado or a surfing trip to California to name a few.

The show of support doesn't stop there though.

Our heroes are visited by presidents, first ladies, governors, top military and civilian leaders in the Department of Defense, movie stars and professional athletes from a variety of sports.

The San Antonio Spurs

are frequent visitors and have played wheelchair basketball and built a strong bond.

Further evidence that the public today values our returning heroes is the amount of media attention they receive.

News media from across the nation travel to San Antonio to cover their hometown hero who is recovering at BAMC. Local media continue to cover every Purple Heart awarded to a Soldier, Sailor, Airman or Marine.

So, when you and your family are out enjoying the latest superhero creation from Hollywood this summer, remember that you live amongst a large population of heroes who have helped protect the nation and the freedom and prosperity we all enjoy today.

And to all our superheroes, take a look in the mirror and know that you can honestly sing the line from Donovan's hit song in the late '60's: "Superman and Green Lantern ain't got nothing on me..."

My seat belt saved my life – not once, but twice

By Lori Newman
JBSA-Fort Sam Houston
News Leader

The National Highway Traffic Safety Administration launches its Click it or Ticket campaign around Memorial Day each year and the 101 Critical Days of Summer are when most accidents happen.

Although the Click It or Ticket campaign is the most successful seat belt enforcement campaign ever, helping to increase

the national seat belt usage rate. The primary audience continues to be men ages 18 to 34, which research shows are less likely to wear seat belts.

Seat belts are there to protect you and your loved ones.

I can personally say wearing my seat belt saved my life – not once, but twice.

Living in rural Minnesota, winter driving can be treacherous.

One winter morning I was on my way to work when I hit a patch of black ice. My new little pickup spun around, the wheels on the passenger side clipped a snow bank, and the truck flipped over 1 1/2 times landing on the passenger side.

The whole thing happened in a few seconds, but it felt like slow motion to me.

Thankfully, another motorist saw what happened and stopped to help

me. I wasn't hurt, but my pickup was pretty banged up.

After six weeks in the body shop, she was good as new.

Two weeks later, I was coming home after having dinner with my dad. At the edge of our small town was a bar. As I passed the bar, a pickup truck was waiting to turn out onto the two-lane highway leading into town.

I didn't think much

about it. The road leading to our house was on the left about a half mile up from the bar.

As I approached my road, I stopped to wait for the oncoming traffic to pass so I could make the turn. I happened to look in my rearview mirror and realized the truck was quickly coming up behind me and wasn't going to stop.

All I could do was take

See SEAT BELT, P15



Joint Base San Antonio
<http://www.facebook.com/JointBaseSanAntonio>
Joint Base San Antonio-Fort Sam Houston
<http://www.facebook.com/JBSAFortSamHouston>



Joint Base San Antonio
http://www.twitter.com/JBSA_Official
Joint Base San Antonio-Fort Sam Houston
<http://www.twitter.com/JBSAFSH>



<http://www.jbsa.af.mil>
<http://www.samhouston.army.mil/pao>

News Briefs

Town Hall Meetings

Town hall meetings have been announced for housing residents, dormitory residents and senior leaders working and living on Joint Base San Antonio. Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and JBSA commander, will be on hand to address questions from the audience. The schedule is:

- JBSA Lackland, Wednesday, 6 p.m. at the Bob Hope Theater
- JBSA Randolph, Thursday, 6 p.m. at the Foulois Theater
- JBSA-Fort Sam Houston, July 24, 6 p.m. at the Evans Theater

Chaplain Corps Anniversary

The 502nd Mission Support Group Installation Chaplain's Office is sponsoring the 238th U.S. Army Chaplain Corps Anniversary Celebration at 10:30 a.m. Thursday at the Dodd Field Chapel. Guest speaker is Sgt. Maj. Stephen A. Stott, U.S. Army Chaplain Corps Regimental Sergeant Major. Lunch will be served at 11:30 a.m. and all are welcome to attend.

Commander's Action Line

The Action Line is your avenue for addressing issues you've been unable to resolve through your chain of command or an appropriate agency. It also allows you to give feedback and recognize outstanding people and units. Leave your name and telephone number or email address so officials can obtain more information to help resolve the issue. To submit an Action Line comment, email your local public affairs office at JBSA-Fort Sam Houston, usaf.jbsa.502-abw.mbx.fsh-public-affairs-office@mail.mil; at JBSA-Lackland, 502abw.paola.inbox@us.af.mil; and at JBSA-Randolph, randolphpublicaffairs@us.af.mil.

Pools implement swimming fees

All swimming pools throughout Joint Base San Antonio have implemented swimming fees, except for lap swimming and training. Fees are: \$2 for all-day child pass (10 years and under), \$3 all-day daily entry per adult, \$35 all-season military student pass, \$45 all-season individual season pass, \$85

See NEWS BRIEFS, P6

937th Training Support Squadron mobile medical course conducted in Lithuania

By Col. Annata R. Sullivan
Commander, 937th Training Group
JBSA-Camp Bullis

Members of the 937th Training Support Squadron at Joint Base San Antonio-Camp Bullis conducted a mobile Expeditionary Medical Support Course during Saber Strike 2013 in Pabrade, Lithuania, June 3-14.

Saber Strike 2013 was a multi-national military exercise conducted at various locations in Lithuania, Latvia and Estonia, involving approximately 2,000 personnel from 14 countries.

Major contributors to the exercise included Lithuania, Latvia, Estonia, Finland, France, Great Britain, North Atlantic Treaty Organization Multi-National Corps Northeast, Poland and the United States.

The goal of the exercise is to pro-



Photo by Alfredas Pliadis, Lithuanian Ministry of Defense

U.S. and Lithuanian medics demonstrate their expeditionary medical support capability during a field training exercise demonstration in Pabrade, Lithuania. Lithuanian President Dalia Grybauskaitė also observed the training event.

mote regional stability, strengthen international military partnerships, enhance multinational interoperability and prepare participating nations for multi-national

contingency operations worldwide.

The eight-member instructor team from JBSA-Camp Bullis included EMEDS Element Chief Maj. Roger

Bermea along with Maj. Leticia Bland, Tech. Sgt. Melissa Rodriguez, Tech. Sgt. Marketta Batiste, Staff Sgt. Adam Myers, Staff Sgt. Mohammed Huq, Staff Sgt. Jazan

Harris and Staff Sgt. William Barnett.

The team conducted the course for 26 Airmen of the 31st Medical Group from Aviano Air Base, Italy, with all students and foreign military using the EMEDS tents and equipment during the joint exercise.

Bland also briefed the Lithuanian President Dalia Grybauskaitė and representatives from 15 NATO countries. Bermea and the instructors also took the VIPs for a walking tour of the EMEDS site while multi-national military students participated in patient scenarios.

The entire EMEDS cadre received commemorative coins from the commander for Pabrade Camp, stating the EMEDS brief and walk-through was the highlight of the Lithuanian president's visit.

Quality of life issues needed for Armed Forces Action Plan

By Cindy Lamb
Armed Forces Action
Plan Coordinator

Change is inevitable in the military community. With reductions in the numbers and resources, being able to take care of and maintain a standard quality of life for service members and their families becomes more of a challenge.

To bridge the gap between the capabilities of the services and the expectations of Military and Family Readiness Center custom-

ers, military and family members can contribute ideas to the Armed Forces Action Plan.

Whatever the issue, if it affects a service member or their family's quality of life, the AFAP team wants to know about it. We all have a voice, let yours be heard.

Originally called the Army Family Action Plan, it became the Armed Forces Action Plan in 2012 to reflect the people who make up the Joint Base San Antonio community.

Members of all military branches, both active and retired – as well as family members – are invited to participate and help improve the quality of life for all service members and their families.

Since 1983, 691 issues have entered the AFAP process, resulting in 128 legislative changes, 179 policy changes and 200 improved programs and services. About 90 percent of the issues submitted remain at the local level and affect change to installation

programs and services.

The JBSA AFAP conference takes place in November 2013. While issues are collected throughout the year, the JBSA-Fort Sam Houston AFAP team is collecting issues through Aug. 30, specifically for inclusion in this year's conference.

Each AFAP success story originated as an idea someone decided to pursue. Anyone who has an idea about a policy item that could change, a quality of life service that could be improved or any other particular

service, it's time to "Inspire Change...One Voice at a Time."

Everyone is encouraged to submit those issues and suggest a solution. For more information or to volunteer as a delegate, facilitator, recorder, transcriber or issue support, call 221-9196 or 221-0918, or stop by the Military and Family Readiness Center at 3060 Stanley Road, Building 2797, Joint Base San Antonio-Fort Sam Houston. People can also send an email to jbsa.afap@gmail.com.

News Briefs

Continued from P3

all-season family pass (for three persons, \$10 each additional family member) and \$65 for eight swimming lessons. For pool parties of less than 50, cost is \$75 per hour, which includes two lifeguards. For 50 or more people, an addition \$25 an hour is charged, which includes an additional lifeguard. For more information, call the Aquatic Center at 221-4887 or the Jimmy Brought Fitness Center at 221-1234.

AFOSI Mobile App

Suspicious or illegal activity can be anonymously reported directly to the Air Force Office of Special Investigations using a mobile phone application or by texting 'AFOSI' and the tip to 274637 (CRIMES) in an SMS text message. Of special concern to Air Force officials are violent crimes against Air Force members, sexual assaults and drug use. Once downloaded, a video describes the app's features to emphasize its secure use and value to the Air Force and other community law enforcement agencies. Individuals can find the app in both the Android and Apple store as "TipSubmit Mobile." The direct link to the anonymous Internet tip line is <https://www.tipsubmit.com/WebTips.aspx?AgencyID=1111>.

CPAC Furlough Call Center

The Joint Base San Antonio-Fort Sam Houston Civilian Personnel Advisory Center has a Furlough Call Center at 466-3065 or 221-1425. People can also send an email to usarmy.jbsa.hqda-cpac.mbx.inquiry@mail.mil. For the latest furlough information, visit the CPAC website at <http://www.samhouston.army.mil/cpac/>.

Wounded Soldier and Family Hotline

The Army chief of staff and the secretary of the Army established the Wounded Soldier and Family Hotline to give Soldiers and their families a place to share their concerns on the quality of care received. Army leadership can also determine if resources are devoted to solving medical-related issues in timely and comprehensive fashion. Call 800-984-8523 or 295-3700.

BAMC summer youth volunteer program sees record 30 percent growth this year

By Rebekah Almquist
BAMC Public Affairs

More than 80 San Antonio area youth are dedicating their summer to Brooke Army Medical Center as Red Cross volunteers.

The volunteers, all high school students, attended a volunteer orientation at the San Antonio Military Medical Center June 18 to meet their supervisors and visit their new work areas.

Michael Dulevitz, chief of BAMC Volunteer Services, said the program grew by 30 percent this year.

"This is the largest enrollment we've ever had," Dulevitz said. "The staff created 94 positions. The previous highest enrollment was last year with 64 positions. The growth is amazing."

Volunteers have the opportunity to shadow a number of professionals

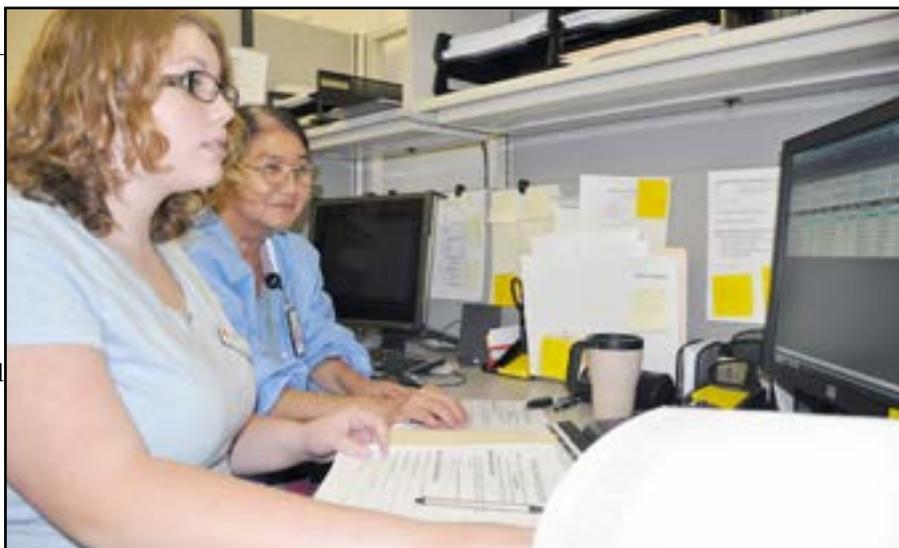


Photo by Robert Shields

Elizabeth Taylor, 15, a Brooke Army Medical Center summer hire, processes medical images with Teresia Castilleja, a San Antonio Military Medical Center film services specialist. Taylor will work with Castilleja over the next several months importing and exporting radiology film images, ensuring military and civilian doctors have a morgue library of all patient medical images and x-rays.

at BAMC from pediatric nurses to pharmacists.

While positions in nursing, orthopedics and emergency care fill up first, Dulevitz said the program allows youth to gain valuable experience – regardless

of their department.

"You can read things in books, you can hear teachers talk about things or hear things on the news," Dulevitz said, "but until you come and do it, you don't know what it's really like.

This is real world."

Alexander Font, a 15-year-old youth volunteer, is working for BAMC's Tumor Registry Service this summer. Font said he is surprised by the real-world experience given

to students and plans on signing up again next year.

"When they gave the presentation I realized it's more than just filing paperwork," Font said. "They are teaching us about integrity and honesty. They really put a lot of trust in us to take care of other people."

The program also acts as community outreach to thank San Antonio for its ongoing support. BAMC is the only hospital in the area that offers summer internships to students.

The Summer Youth Program is made possible by a partnership with BAMC and the San Antonio American Red Cross. Parents may sign up their youth in the Office of Volunteer Services each year starting on a designated day in May.

The program concludes Aug. 6 with a BAMC Youth Recognition Ceremony.

LEADERSHIP REACTION COURSE

Soldiers from Headquarters and Headquarters Company, 106th Signal Brigade took part in a leadership reaction course at Joint Base San Antonio-Camp Bullis June 28. Officers, chief warrant officers, NCOs and Soldiers completed 17 timed events during the course, which tests a group's abilities to perform obstacles involving teamwork, mental problems and intense physical situations. (Right) Sgt. Brandie Jackson helps set up her group to use a 15-foot rope to move a 50-pound ammunition can without it touching the ground. (Far right) Staff Sgt. Deundra Moody climbs to the top of an obstacle to help the team set up the movement of the ammo can.



Photos by Spc. Daniel Ogburn

VISIT NEWS LEADER ONLINE: [HTTP://WWW.JBSA.AF.MIL](http://www.jbsa.af.mil) OR
[HTTP://WWW.SAMHOUSTON.ARMY.MIL/PAO](http://www.samhouston.army.mil/pao)

ARMY NORTH SOLDIERS RUN, CELEBRATE NATION'S INDEPENDENCE



Photo by Staff Sgt. Corey Baltos

Soldiers from U.S. Army North (Fifth Army) conduct an early celebration of Independence Day with a morning run around post July 3. As a show of patriotism, the Soldiers wore red, white or blue t-shirts during the run. Sgt. Benjamin Roberts, Headquarters Support Company, Headquarters and Headquarters Battalion, U.S. Army North, leads the way with the American flag. Roberts is assigned to the Army North caisson section.

ADULT GUARDIANSHIP

Planning early avoids pitfalls, scams, financial exploitation



Courtesy photo

By L.A. Shively
JBBSA-FSH Public Affairs

financial exploitation, Cross warned, using guardianships and fiduciary appointments in order to get access to pensions and other benefits.

Most often, relatives serve as unpaid guardians or fiduciaries, but courts may hire non-relatives or attorneys to oversee elderly veterans' and retirees' care and assets and act as the decision makers if families are unable, unwilling or fighting over responsibilities.

For-profit companies and non-profit organizations have flourished around the increasing use, by courts, of governmental or professional guardians and by veterans who need assistance with claiming VA benefits.

During a seminar, Cross and colleagues organized to educate seniors on "gray-collar" crime, she said financial abuse is one of the fastest-growing crimes targeting seniors, with estimates of losses reaching \$3 billion.

One scam has consultants offering to help veterans navigate the VA's claims process. As part of their fees, they convince the veteran to sign a contract guaranteeing them that first benefit check.

What most veterans don't know is that after a claim is approved, the VA issues an initial check for several thousand dollars, covering the lag time between claim submission and approval – a process that averages about a year.

These consultants also convince veterans to assign to them powers of attorney, thus allowing access to bank and investment accounts, credit cards and other financial instruments.



Photo by L.A. Shively

Retired Army Lt. Col. Robert LaCaff (left) speaks with elder law attorney Kelly Cross (right). Cross assisted LaCaff when he left an allegedly illegal personal care home and was moved into a nursing home. Cross found a relative to take over guardianship for LaCaff who suffers from dementia.

"Bowie had no name and no Social Security number. That means no benefits, no medical care coverage and no prescriptions," Cross recalled, adding that his situation and lack of funds pre-

sented a hurdle to finding placement and care after discharge from the hospital. She found a non-profit nursing home willing to admit the indigent man and a physical therapist to perform a free

evaluation so Bowie could get out of his bed.

Several months later he was readmitted to the hospital after a wheelchair-to-wheelchair fight. Interestingly, that fight was instrumental in recovering the homeless man's identity.

Cross said he was so relaxed from the sedatives he had been given during treatment for his injuries from the fight, that he answered "Fred Bowie" and gave a Social Security number almost automatically when she asked him. Ten minutes later, he rattled off a military identification number.

The information was genuine. "Within a day we found his mom, two sisters and his brothers-in-law," Cross said.

"We found his disability check. We found his honorable military discharge. His whole life was put back together and his family came to his side."

Guardianships do not always have such cheery resolutions and though guardianship is designed to help and protect vulnerable people from abuse, it can also be a vehicle for exploitation.

Air Force veteran Joy Powers was driving on U.S. 83 toward Leaky, Texas, when she suddenly veered her truck off of the road and rolled several times. Powers suffered a broken neck and wrist, with massive bleeding in her brain as a result of the accident.

Three weeks later she woke up in a nursing home. Two lawyers showed up at her bedside and, though she was alive and cognizant, they designated her as ward of the court and placed her into guardianship.

Under guardianship, a person may lose control of individual liberties, property rights and financial assets.

"I couldn't go to the bank. I couldn't get any of my own money. I couldn't vote if I wanted to. I couldn't even go get my own doctor care," Powers explained in an article in the

San Antonio Current.

The Air Force veteran recovered from her injuries and, although Powers eventually regained her rights, she lost more than \$30,000 in fees to the

court-appointed attorneys she never wanted or hired, plus she is fielding a claim for an additional \$10,000 as a result of the months-long court battles to prove her competency.

Cross urges military members and those who have left the service to make sure wills, trusts, medical and financial powers of attorney are executed while still possessing mental clarity and to give copies to those entrusted as future decision makers to avoid the situation Powers found herself in when she regained consciousness after her accident.

Cross recommended finding an attorney, knowledgeable with estate law, who can help decide who will best supervise affairs, should incapacitation occur.

The Judge Advocate General's office can assist military members with preparing all of these documents which may, in turn, alleviate the need for a guardianship in the future.

In order to execute estate planning documents, you must be of "sound mind," explained Stephanie Hebert, a legal assistance attorney with the 802nd Mission Support Group/Judge Advocate at Joint Base San Antonio-Lackland.

"There's no doubt that planning for incapacitation – after it has already happened – puts a huge burden on the family," she said.

Hebert stressed the importance of making estate planning and end-of-



Photo by L.A. Shively

Retired Army Lt. Col. Robert LaCaff points out some of the Army patches in his collection. The veteran was recently reunited with a relative after leaving an allegedly illegal private care home.

life decisions early, then communicating those desires to family members, prior to incapacitation. She said that often caregivers (usually adult children) will accompany already debilitated parents into an attorney-client meeting expecting to participate with preparing the legal documents.

"Because each client has a right to confidentiality, we insist that the client meet privately with the attorney. Caretakers often get upset with us, but if a client does not have mental capacity to explain to us why they are here, we simply cannot prepare the documents," Hebert said.

"Had these same documents been prepared before the client became incapacitated, the agents, executors and beneficiaries would have the legal authority to act consistently with the client's previously-made choices."

Estate planning documents are prepared at no cost for active-duty service members, their dependents, military retirees and may require more than one appointment for completion.

"The alternative is costly, requiring at least two attorneys, medical opinions, and monitoring by the court," Hebert explained, adding that fees and costs for a guardianship could easily exceed \$5,000.

For more information, call the legal office at JBBSA-Fort Sam Houston at 808-0169, JBBSA-Lackland at 671-3362, or JBBSA-Randolph at 652-6781.



Texas Veterans Commission
<http://www.tvc.state.tx.us>;
Acts as the state appointed advocate of Texas veterans.

National Center on Elder Abuse

<http://www.ncea.aoa.gov> or 1-855-500-3537; Provides up-to-date information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation.

United Way – 211

<http://www.unitedwaysatx.org/get-help>; Dial 2-1-1 to connect to community services such as food and clothing, legal help, medical care, dental care, employment, child care, housing, counseling/mental health, income tax preparation and much more.

Texas Department of Aging and Disability Services

<http://www.dads.state.tx.us> or 1-888-902-9990; Administers long-term services and supports for people who are aging or with disabilities. DADS licenses and regulates providers and administers Texas guardianship program.

Bexar Area Agency on Aging

<http://www.aacog.com>, or call 1-800-960-5201 or 362-5236; Provides help for seniors 60 and over with benefits, care coordination, caregiver support, nutrition, senior centers, transportation and more.

National Do Not Call Registry

<http://www.donotcall.gov> or 1-888-382-1222; Register

phone numbers to reduce telemarketing calls.

Texas Chapter of the National Academy of Elder Law Attorneys

<http://www.texasnaela.com>; Legal education and advocacy to promote and protect the needs of seniors and people with disabilities in Texas; directory of elder law attorneys.

Texas Legal Services Center

<http://www.tlsc.org> or 1-800-622-2520; Operates a legal hotline program that gives self-help legal advice to Texas residents who are over age 60 or who receive Medicare. Has programs that assist low-income people with problems accessing health care, low income victims of violent crimes, persons who have suffered abuse or neglect in residential care facilities, identity theft and pensions problems and leave a message.

National Association of Professional Geriatric Care Managers

<http://www.caremanager.org>; A volunteer nonprofit association whose aim is to advance professional geriatric care management through education, collaboration and leadership.

Adult Protective Services

http://www.dfps.state.tx.us/adult_protection or call 1-800-252-5400; Investigates reports of abuse, neglect and exploitation of adults who are elderly or have disabilities.

Air Force directive prompts water conservation at JBSA

By Alex Salinas
Joint Base San Antonio-
Randolph Public Affairs

While the San Antonio area is susceptible to extreme climate conditions of all kinds, especially drought, Joint Base San Antonio takes the lead to conserve water year-round.

"We are mandated to reduce our water use intensity by 2 percent per year from a baseline water use of 2007 to 2020," said Aaron Farmer, JBSA water conservation manager.

"The goal for the Air Force is to reduce its total water use intensity by a total of 26 percent."

To do this, all JBSA locations have tapped into recycled water.

"We purchase recycled water from the Cibolo Creek Municipality Authority on JBSA-Randolph and from the San Antonio

Water System on JBSA-Fort Sam Houston and JBSA-Lackland," Farmer said.

"There's also onsite water recycling, which includes reusing water at vehicle wash racks and capturing rainwater or air conditioning condensate for irrigation use."

In addition, sticking to the JBSA Drought Management Plan, which is similar to the SAWS drought restrictions, helps limit water use at locations like Randolph, where 193 million gallons of water were pumped for residential, commercial and industrial use in 2012, said JBSA-Randolph energy manager Ruben Ramos.

While the number seems high, "our water intensity (or gallons divided by square feet) is the second lowest compared to other bases in Air Education and Training

Command," which is 37 gallons per square foot, Ramos said.

Currently, JBSA is in Stage II of water restrictions. The JBSA Drought Management Plan can be viewed at <http://www.jbsa.af.mil/shared/media/document/AFD-120516-024.pdf>.

Water-saving projects in blueprint stages across all JBSA locations are also in place to support the Air Force mandate.

The replacement of shower heads, toilets, urinals and sink faucets with more energy-efficient models is planned for 80 facilities at JBSA-Lackland.

"The large fixture replacement project will save about 22 million gallons of water per year and pay for itself in two years, with annual savings of \$150,000 after payback," Farmer said.

At JBSA-Fort Sam

Houston, an Energy Conservation Investment Program-reuse water project will substitute potable water with reused water at cooling towers and for irrigation purposes, Farmer said.

JBSA-Randolph is looking for an economical approach to apply water for irrigation in the area inside of the south taxiway, harvest rainwater on select buildings, construct sub-soil irrigation systems and collect condensate from heating, ventilation and air-conditioning equipment, according to JBSA resource efficiency manager Bruce Dschuden.

While Mother Nature plays a part in reducing the amount of water used in larger, water-cooled HVAC systems and for irrigation, "most of water use is nondiscretionary, which means that we continue to use the same

amount of water based on mission requirements regardless of the weather," Farmer said.

"Although it seems cooler than the previous year, the reality is that we had 6 percent less heating degree days this year than last year," Ramos added.

Heating degree days are a measurement that reflects the demand for energy needed to heat a building.

"Also, the amount of cooling degree days has been 6 percent higher than last year," Ramos added.

"This data shows us that this year's winter has been warmer, but longer."

While weather officials predict a cooler summer than last year, "we would need an extraordinarily cool summer to mitigate the drought," Dschuden said.

"Changing the 'culture' is the best bang for the buck," Farmer said. "If everyone on JBSA saved one gallon of water a day, we could save 30 million gallons per year."

Not letting water run during hand washing or tooth brushing, reducing shower times by one to two minutes and washing larger loads of clothes at once are some methods that can save hundreds of gallons of water per month.

"It's not just about taking shorter showers or turning off the water when we brush our teeth; it's also about quickly repairing leaks, reporting water waste and teaching each other and our children to use less," Farmer said.

"We need our JBSA family and mission partners to help conserve water in any and every way they can."

ARMY NORTH DEDICATES TREE IN HONOR OF FORMER COMMANDER'S WIFE

Maj. Gen. Perry Wiggins, deputy commanding general, U.S. Army North (Fifth Army), speaks about the importance of the Army spouse and the role they play in a Soldier's success during a tree dedication ceremony in the Quadrangle June 20 in honor of Karen Clark, wife of retired Lt. Gen. Robert Clark. Clark was commanding general for Army North from 2003 to 2006.



Photo by Sgt. Lee Ezzell

DOLPH LUNDGREN VISITS SOLDIERS AT CFI

Dolph Lundgren, actor and martial artist, spars with Brooke Army Medical Center's Lt. Col. Anthony Johnson, chief of Department of Orthopedics and Rehabilitation, while wounded service members and staff look on at the Center for the Intrepid July 3. Lundgren, who was the 1980 and 1981 European Karate champion, also worked out with a few of the wounded service members before touring the CFI.



Photo by Robert T. Shields

JBSA youth teams debut in PGA-sponsored golf league

By Alex Salinas
Joint Base San Antonio-
Randolph Public Affairs

A team of youngsters from each Joint Base San Antonio location hit the links for competition in a local PGA Junior Golf League, an experience that not only enhances their golf skills but teaches teamwork.

This is JBSA's first year participating in the league, which ends this month.

Three teams from JBSA and two other clubs from the city play against each other in a handful of weekend matches. Upon the league's ending, JBSA golf officials plan to assemble an "all-star" team of players to send to a regional meet in August.

"The program is unique because it operates like Little League Baseball and

allows kids to work together in a team setting," said Troy Gann, Randolph Oak Golf Course director of golf.

Gann said his squad of 16 youth practices every Thursday and rotates in two-person groups during matches.

"The idea is to send out twosomes who substitute every three holes (called a flag)," said Joseph Mendez, JBSA-Fort Sam Houston golf course director, whose team consists of 13 players.

Pairing children not only reinforces their reliance on a team, but prepares them for middle school and high school golf competition, said JBSA-Lackland golf course operations manager Brandon Ellis.

Mendez said the junior golf league's debut ben-

efits Air Force members and their family for two reasons: It helps socialize children in the manner of a club, and it gives parents an affordable option.

"At \$50 per child, parents are excited to have kids involved in a sport that is considered cost-prohibitive," Mendez said. "The cost covers practices, matches and trophies."

The first match pitted Randolph against Fort Sam Houston, while Lackland played the Northcliffe Golf Club, based in Cibolo.

"I anticipate this getting bigger next year," Gann said. "The kids are all smiles and the parents are having a great time."

For more information, call the Fort Sam Houston golf course at 222-9386, Lackland golf course at 671-2517 and Randolph golf course at 652-4653.



Jared Jinenez, PGA Junior Golf League member, takes a practice swing during practice June 27 at the Randolph Oaks Golf Course.



Photos by Airman 1st Class Alexandria Slade
Sophia Jinenez, PGA Junior Golf League member, putts the ball June 27 at the Randolph Oaks Golf Course, while her teammate, Karina Duran, waits for her turn.

INSIDE THE GATE

Triathlon No. 2

Registration is open for Triathlon No. 2 for all DOD cardholders. The event will be held Sunday starting at 6 a.m. at the Aquatic Center. Triathlon No. 2 includes a 200-meter swim, five-mile bike ride and one-mile run. The entry fee is \$20 and helmets are required for the bike ride. Call 221-4887.

General Resume Writing

Monday, 9 a.m.-noon, Military and Family Readiness Center, Building 2797. Call 221-0516 or 221-2418

Safety Seat Clinic

Monday, 1-3 p.m., JBSA-Fort Sam Houston Fire Station, Building 3830. Call 221-0349.

Budgeting

Monday, 2-4 p.m., Military and Family Readiness Center, Building 2797. Call 221-2380 or 221-2418.

Key Caller Training

Tuesday, 8 a.m.-4 p.m., W Military and Family Readiness Center, Building 2797. Call 221-0946 or 221-2418.

Saving and Investing

Tuesday, 9-11 a.m., Military and Family Readiness Center, Building 2797. Call 221-2380/2418/

H.U.G.S. Playgroup

Tuesday, 9 to 11 a.m., Middle School Teen Center. Call 221-0349.

Armed Forces Team Building Leadership Development

Wednesday and Thursday, 8:30 a.m.-2:45 p.m., Military and Family Readiness Center, Building 2797. Call 221-9849 or 221-2705.

Web-based First Term Financial Readiness

Wednesday, noon-4 p.m., Military and Family Readiness Center, Building 2797. Call 221-2380/2418

Post-Deployment Planning

Thursday, 10-11:30 a.m., Military and Family Readiness Center, Building 2797. Call 221-0946/2418.

EFMP Support Group

Thursday, 11:30 a.m.-12:30 p.m., Military and Family Readiness Center, Building 2797. Call 221-1616.

Teen Resilience Workshop

The Comprehensive Soldier and Family Fitness Training Center holds a teen resilience workshop from 1 to 3 p.m. July 23 at Building 2620 at the corner of Schofield and Scott Roads. The workshop is open to all high school grades. Check <http://csfprep.army.mil> for more information and Call 808-6089 to make a reservation.

Back 2 School Health Fair

A health fair and on-site immunization clinic will be held 10 a.m.-2 p.m. July 26 in the pediatric hallway, first floor, new tower at San Antonio Military Medical Center. All military kids are invited to this free event featuring entertainment, treats and face painting. Call 916-5118 or 916-5142.

Computer Lab

The computer lab is available 8 a.m.-4 p.m. Monday-Friday at Mil-

tary and Family Readiness Center, Building 2797. Call 221-2705 or 221-2418.

Summer Camp

Child, Youth and School Services will offer summer camp for grades Kindergarten through 12. For registration details, call 221-4871.

Youth Horsemanship Camp

Registration is open at the Fort Sam Houston Equestrian Center. This camp is open to youth ages 7-17, and runs Monday-Friday, 9 a.m.-3 p.m. Sessions are in one-week intervals throughout the summer, \$25 deposit, cost is \$225. Call 224-7207.

PGA Junior Golf League

Registration is open at the Fort Sam Houston Golf Club for junior golfers, ages 9-13, for the summer PGA Junior Golf League. This is a team scramble format open to all skill levels. The fee is \$50 and includes range balls, team jerseys, golf balls, PGA bag tags, a weekly practice session and tournament. Call 222-9386.

Swimming Lessons

All lessons are taught in accordance with American Red Cross standards. Every participant will receive eight days of lessons. The dates for the sessions are Monday-Friday, June 24-July 5, July 8-19 and July 22-Aug. 2. For rates and registration, call 221-4887.

Moms and Tots Stroll

Monday, Wednesday and Friday, 9-11 a.m., Fitness Center on the METC, stroll on the indoor track and win prizes. Mondays from 9-10 a.m., a fitness trainer is available for assistance and

instruction. Call 808-5709.

SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

Army Lodging Furniture Sale

Privatized Army Lodging will be hosting a furniture sale on gently used items such as couches, chairs, desks, dressers, lamps, and artwork. The sale will be held at the Powless Guest House parking lot from 1 to 6 p.m. Aug. 5 and 10 a.m. to 1 p.m. Aug. 6. All proceeds from the sale will be donated to the Fisher House.

Cheer Coaches Needed

JBSA-Fort Sam Houston Youth Sports is looking for volunteers to coach children 5-12 years of age for the 2013 cheer season. Volunteer coaches must be at least 21 years old and willing to commit for the entire season, August through November. All volunteer coaches are required to complete an application and consent to a background check. Call 221-5519 or 221-4492.

Equipment Rentals

The Outdoor Equipment Center has all the items needed for a backyard party, unit organizational day, or weekend getaway. Rental items include canoes, boats, campers, camping equipment, outdoor games, barbecue pits and more. Call 221-5225.

World Climb Tower Challenge

Sign up at the Jimmy Brought Fitness Center for the World Climb Tower Challenge. Call 221-1234.

Bowl to Win Prizes

The JBSA-Fort Sam Houston Bowling Center is offering the opportunity for bowlers to win prizes this summer. Receive "Bowling to Win" entry forms with your paid games through Aug. 26. Drawings for prizes will be held Aug. 23 during Bowler Appreciation Week. Call 221-4740.

\$1 Bowling

The JBSA-Fort Sam Houston Bowling Center offers \$1 games per person and \$1 shoe rentals every Sunday, Tuesday, Wednesday and Thursday. Knock down a red pin on a Wednesday or Friday between 11 a.m. and 1 p.m. and win a free game. Call 221-4740.

Fort Sam Houston Museum

The Fort Sam Houston Museum is open 10 a.m. to 4 p.m. Wednesday through Sunday. The museum will close in September to move to their new location in the Quadrangle. Call 221-1886.

JBSA-Fort Sam Houston Ticket Office

The ticket office, located in the Sam Houston Community Center, offers discounted tickets for Schlitterbahn water parks, Six Flags Fiesta Texas, SeaWorld, Aquatica and Universal Studios Orlando. The ticket office is open 10 a.m.-5 p.m. Tuesday through Friday and 10 a.m.-2 p.m. Saturday. Call 808-1378.

Sportsman Range Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, Building 1705. The cost is \$80

for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional income at home, full or part time. Call 221-3828.

Parent Central Customer Service

JBSA-Fort Sam Houston Parent Central assists walk-in patrons from 8 a.m. to noon and 2 to 4 p.m. for registration and 12:30 to 1 p.m. for out processing and payments. Parent Central is located in the Military and Family Readiness Center, Building 2797, on Fort Sam Houston. Call 221-4871.

School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Visit <http://www.fortsammwr.com/youth/slo.html> or call 221-2214.

Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, Building 1222 on Harney Path. Call 221-4702.

SEAT BELT from P2

my foot off the brake before he hit me.

In my mind I was thinking, "Oh no, here I go again. Please God, don't let the truck roll."

Thankfully, the truck didn't roll but the other driver hit me so hard the bed of my truck folded up like an accordion. The axle dug chunks out of the pavement as it bounced across the road

and landed in a cornfield.

The impact actually made the radio fly out of the dashboard.

Once again, I was shaken but not hurt.

I tried to open the doors but they wouldn't open. A volunteer firefighter was first on the scene. He kept telling me not to move, help was on the way.

The fire department arrived and used the jaws of life to open the door.

By that time, my husband was there and I was able to walk up to the road. No one could believe I wasn't seriously injured.

The man who hit me wasn't so lucky; he had a severe head injury and a broken arm. He wasn't wearing his seat belt and he was drunk.

In 2011, there were 10,180 vehicle fatalities where passengers were unrestrained in a vehicle and there were 27

alcohol-impaired driving fatalities per day according to the Fatality Analysis Reporting System, a nationwide census used to provide the NHTSA, Congress and the public yearly data regarding fatal injuries suffered in motor vehicle traffic crashes.

The bottom line – wear your seat belt and don't drink and drive. It can save your life. I know, it saved mine twice.



Photo by Lori Newman

This was what remained of a pickup truck hit from behind by a drunk driver. The driver of this truck, Lori Newman, walked away unharmed because she was wearing her seat belt.

OUTSIDE THE GATE

SeaWorld Offers Waves of Honor

SeaWorld Parks & Entertainment is honoring the men and women of the U.S. armed services through its Waves of Honor™ military salute program. Any active duty military, activated or drilling reservists, or National Guardsman representing any of the five service branches is entitled to one complimentary admission and as many as three direct dependents to SeaWorld® and Busch Gardens® Parks, and Sesame Place® for members of U.S. armed forces through 2013. The service member must register, either online at <http://www.wavesofhonor.com> or in the entrance plaza of a participating park and show a valid active

military identification. All dependents 10 and older must present a valid military dependent identification for entry into the park. Dependents may take advantage of the offer without their service member, though an adult must accompany minor dependents.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a

puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686.

Festival People en Español

Festival People en Español brings fans an exciting Labor Day Weekend with the hottest stars and music Aug. 31 and Sept. 1 at the Henry B. Gonzalez Convention Center, 200 E. Market St. from 9 a.m. to 5 p.m. each day. Free activities include telenovela stars, autograph signings, beauty makeovers, a kid's zone and more. Concerts by Gloria Estefan, Alejandro Fernandez, Demi Lovato, Wisin Y Yandel, Frankie J, 3BallMITY and more take place at the Alamodome, 100 Montana St., starting at 6 p.m. each day. Military members and their families receive 15percent off their concert ticket purchases with discount code F13MIL at TicketMaster.



FOR SALE: Woman's golf iron set and cart bag, \$150; couch, \$50; stackable electric washer and gas dryer, \$175; exercise bike, \$25; small dresser, \$25. Call 241-1291.
FOR SALE: Brand new Rascal wheelchair, \$700. Call 661-3765.
FOR SALE: Polaris 280 pool cleaner, with all accessories (new pressure relief valve, new scrubber, bag, sweep hose, feed hose, filter, hose floats and back up valve), \$76; New Penmate Vari Kennel for large gogs, 40x27x30 inches, in original carton \$76; kennel for small dog; Moen two-handle kitchen faucet, with sidespray, chrome finish \$28; new five-gallon container of semi-transparent deck stain, \$85; handcrafted three-pot flower hangers, \$8. Call 313-0061.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan
10:30 a.m. - Gospel

Army Medical Department Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service

11:01 - Contemporary "Crossroads"

Brooke Army Medical Center Chapel

Building 3600,
3851 Roger Brooke Rd.
10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3851 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel
4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jumma, Friday,
AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

*For worship opportunities of faith groups not listed here,
please visit the JBSA-Fort Sam Houston Chaplain's website at
<http://www.samhouston.army.mil/chaplain>.*

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



5TH RECRUITING BRIGADE CHANGE OF RESPONSIBILITY



Photo by James Frost

The U.S. Army 5th Recruiting Brigade on Joint Base San Antonio-Fort Sam Houston held a change of responsibility ceremony at the Alamo in downtown San Antonio July 2. During the ceremony, brigade commander Col. L. Wayne Magee Jr. (second from left) officially recognized Command Sgt. Maj. Manuel D. Atencio (second from right) by passing the noncommissioned officers' sword to Atencio, symbolizing that he is now officially charged with the duties and responsibilities of the 5th Recruiting Brigade. Sgt. Maj. Jason Caswell (far right) also took part in the ceremony. Atencio took over for Command Sgt. Maj. Maurice A. Thorpe (far left) who has left the brigade to become an instructor at the Sergeants Major Academy at Fort Bliss, Texas.

JULY 4 CEREMONY COMMEMORATES SPAIN'S CONTRIBUTIONS TO AMERICAN REVOLUTION

Brig. Gen. Kirk F. Vollmecke, commanding general of the U.S. Army Mission and Installation Contracting Command, and MICC Command Sgt. Maj. Rodney Rhoades, joined civic and veterans organizations in presenting floral wreaths at the 28th Annual Fourth of July patriotic ceremony held at the Fort Sam Houston National Cemetery in honor of the service members from the American Revolution to the current



Photo by Esther Garcia

Wars. Sponsored by the Order of the Granaderos y Damas de Galvez, the order educates the public about Spain's contributions to the American Revolution. Keynote speaker Vollmecke spoke about the accomplishments of Spain's Gen. Bernardo de Galvez. "It is an honor for me to wear the uniform of an American Soldier," Vollmecke said. "I cherish the loyalty and selfless service of all those who served in the military before me and with me."