

JOINT BASE SAN ANTONIO • MILITARY & FAMILY READINESS CENTER

February–March

CALENDAR OF EVENTS • 2025



- ARMED FORCES ACTION PLAN • CASUALTY ASSISTANCE • DEPLOYMENT READINESS • EMPLOYMENT ASSISTANCE •
- EXCEPTIONAL FAMILY MEMBERS • FAMILY LIFE • FINANCIAL READINESS • INFORMATION & REFERRAL •
- MILITARY & FAMILY LIFE COUNSELORS • MILITARY RELIEF SOCIETIES • PROFESSIONAL DEVELOPMENT •
- RELOCATION READINESS • RESILIENCY • SURVIVOR BENEFIT SERVICES • TEAM BUILDING • TRANSITION ASSISTANCE •
- UNIT FAMILY READINESS • VOLUNTEER OPPORTUNITIES • WORK LIFE • VOTING ASSISTANCE •

THREE LOCATIONS TO SERVE JBSA

FORT SAM HOUSTON - LACKLAND - RANDOLPH

A 508 COMPLIANT DIGITAL VERSION OF THIS PUBLICATION IS AVAILABLE AT JBSA.MIL

JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Centers incorporate services from all branches: Air Force Military & Family Readiness Center (M&FRC), Army Community Service (ACS), and Navy Fleet & Family Support to support the community. M&FRC programs and services support self-reliance, mission readiness, resiliency, and eases adaptation into the military way of life.

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Aid Societies, Financial Relief
Air Force Families Forever
Armed Forces Action Plan
Casualty Assistance
Deployment Readiness
Employment & Career Development
Exceptional Family Member Program
Financial Readiness
Heart Link
Hearts Apart
Information & Referral

Unit Family Readiness
Military & Family Life Counselors
Military Family Team Building
Personal & Work Life
Relocation Services
Resiliency Training
Survivor Benefit Plan
Transition Assistance Services
Volunteer Opportunities
Warriors in Transition
Voting Assistance Program

Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

(FSH)
JBSA-Fort Sam Houston
(210) 221-2705

(LAK)
JBSA-Lackland
(210) 671-3722

(RND)
JBSA-Randolph
(210) 652-5321

All services provided by the JBSA-M&FR Flight are free and open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees (APF and NAF), and DoD contracted employees, unless otherwise stated. The JBSA M&FR flight encourages all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



JBSA-Fort Sam Houston

Mon-Fri 7 AM-4:30 PM

*Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days*



JBSA-LACKLAND

Mon-Fri 7:30 AM-4:30 PM

*Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days*






JBSA-RANDOLPH

Mon-Fri 7:30 AM-4:30 PM

*Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days*

Services & Operational Status

M&FRC offers different modes of services and workshops:

-  **Face-to-Face (F2F):** In-person.
-  **Virtual (V):** Online Synchronous.
-  **Hybrid (H):** Hybrid or In-person and Online Synchronous.

If the workshop modality type is not listed, call to confirm. Services are subject to change based on the current HPCON status. To schedule one-on-one consultation or to register, contact the hosting location:

JBSA-Fort Sam Houston
(210) 221-2705
802fss.fsysr.centerbox@us.af.mil




JBSA-Lackland
(210) 671-3722
802fss.fsfr@us.af.mil





















JBSA-Randolph
(210) 652-5321
randolphmfr@us.af.mil

For up to date information regarding JBSA operations, visit www.jbsa.mil







































CALENDAR OF EVENTS FEBRUARY-MARCH









































JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

Site Legend:  Face-to-Face (In-Person)  Virtual (Online)  Hybrid (Synchronous & Alternating)

	EVENT	FEBRUARY	MARCH	PAGE	SITE
RELOCATION	Guided Tour, Trails & Tales of Fort Sam Houston	13	13	p. 9	 FSH
	Immigration & Citizenship	26	26	p. 8	 FSH
	JBSA Pre-Arrival Orientation	25	25	p. 8	 JBSA
	Newcomer's Orientation	7, 21	7, 21	p. 8	 FSH
	Newcomer's Orientation	5, 19	5, 19	p. 8	 LAK
	Newcomer's Orientation	3	3	p. 8	 RND
	Newly Assigned CC/CCC/CCF	By Appointment	By Appointment	p. 9	 RND
	Supplemental Sponsorship Training	12	12	p. 8	 FSH
	Supplemental Sponsorship Training	Call to Register	Call to Register	p. 8	 LAK
	Supplemental Sponsorship Training	Call to Register	Call to Register	p. 8	 RND
FINANCIAL	Credit & Debt Management	14	--	p. 10	 FSH
	Developing a Spending Plan	18	--	p. 10	 FSH
	Developing a Spending Plan	20	--	p. 10	 RND
	First Duty Station Officer Course	--	18	p. 10	 FSH
	First Duty Station Officer Course	4, 12	4, 12	p. 10	 LAK
	How to Protest and Appeal Property Appraisals	--	18	p. 10	 LAK
	Mandatory Financial Touchpoint	4	4	p. 10	 FSH
	Million Dollar Service Member	--	17-18	p. 10	 FSH
	Moving Out of the Dorms	--	21	p. 11	 FSH
	Moving Out of the Dorms	11	11	p. 11	 LAK

This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

Event		February	March	Page	Site
	PCS Touchpoint CMT	11, 18	25	p. 11	 FSH
	Saving & Investing 101	--	28	p. 11	 FSH
	Understanding TSP for Military & Civilians	18	--	p. 11	 LAK
	Wise Investment Strategies	--	20	p. 11	 RND
	Your Insurance Needs	--	14	p. 11	 FSH
EMPLOYMENT	Acing the Interview	19	19	p. 12	 FSH
	Acing the Interview	4	--	p. 12	 LAK
	Acing the Interview	18	--	p. 12	 RND
	Interview Prep/Mock Board	By Appointment	By Appointment	p. 12	 FSH
	Interview Prep/Mock Board	By Appointment	By Appointment	p. 12	 RND
	Job Search Skills	25	--	p. 12	 LAK
	LinkedIn 101	26	26	p. 12	 FSH
	LinkedIn 101	--	18	p. 12	 RND
	Linkedin with a Recruiter	11	--	p. 12	 LAK
	Ready ,Set, Resume	--	12	p. 13	 FSH
	Ready ,Set, Resume	--	25	p. 13	 LAK
	Salary Negotiation	12	--	p. 13	 FSH
	Salary Negotiation	--	19	p. 13	 LAK
	Salary Negotiation	--	4	p. 13	 RND
	USAJOBS Navigation & Federal Resume	--	5	p. 13	 FSH
	USAJOBS Navigation & Federal Resume	18	--	p. 13	 LAK
	USAJOBS Navigation & Federal Resume	25	25	p. 13	 RND
TRANSITION ASSISTANCE PROGRAM	Individualized Initial Counseling (Step 1)	Call to Register	Call to Register	p. 14	 FSH
	Individualized Initial Counseling (Step 1)	Call to Register	Call to Register	p. 16	 LAK
	Individualized Initial Counseling (Step 1)	Call to Register	Call to Register	p. 16	 RND
	Pre-Separation Counseling (Step 2)	5, 12, 19, 26	5, 12, 19, 26	p. 14	 FSH
	Pre-Separation Counseling (Step 2)	11, 18	11, 25	p. 16	 LAK
	Pre-Separation Counseling (Step 2)	5, 19, 26	5, 19, 26	p. 16	 RND
	DoD Transition Day (Step 3)	3, 10, 24	3, 17, 24	p. 14	 FSH
	TAP Workshop (3-day) (Step 3)	3-5, 24-26	3-5, 17-19, 31-2 Apr.	p. 16	 LAK
	TAP Workshop (3-day) (Step 3)	10-12	17-19	p. 16	 RND
	VA Benefits & Services	4, 11	4, 18, 25	p. 14	 FSH
	DoL Employment Fundamentals of Career Transition	5, 12, 26	5, 26	p. 14	 FSH
	DoL Employment Workshop (2-day)	6-7, 13-14, 27-28	6-7, 27-28	p. 14	 FSH
	DoL Employment Workshop (2-day)	6-7, 27-28	6-7, 20-21	p. 16	 LAK
	DoL Employment Workshop (2-day)	13-14	20-21	p. 16	 RND
	DoL Career & Credential Exploration (2-day)	18-19, 24-25	18-19	p. 15	 FSH
	DoL Career & Credential Exploration (2-day)	--	20-21	p. 16	 LAK

Event		February	March	Page	Site
TRANSITION ASSISTANCE PROGRAM	Employer Day	12	5	p. 15	 FSH
	Managing Your (My) Education (2-day)	13-14	11-12, 18-19	p. 15	 FSH
	CSP Overview	4, 18	4, 18	p. 15	 FSH
	Benefits Delivery at Discharge Workshop & Claims	21	13	p. 15	 FSH
	Benefits Delivery at Discharge Workshop & Claims	13	27	p. 16	 LAK
	Benefits Delivery at Discharge Workshop & Claims	27	27	p. 16	 RND
	Boots to Business	12-13	–	p. 16	 LAK
	Boots to Business	–	5-6	p. 16	 RND
	Mock Interviews with TVC	4	4	p. 15	 FSH
EFMP	Easter Seals	13	–	p. 17	 LAK
	EFMP Couples Cooking Event	8	–	p. 17	 RND
	EFMP Family Connections	14	7	p. 17	 FSH
	EFMP Legal	–	27	p. 17	 LAK
	EFMP Orientation	3	3	p. 17	 RND
	EFMP Tricare	27	–	p. 17	 LAK
	EFMP Equestrian Experience	–	17-21	p. 18	 FSH
	EFMP: What Does it Mean to Me	25	25	p. 18	 FSH
	Lunch & Learn	19	19	p. 18	 FSH
	Lunch & Learn	–	20	p. 18	 RND
	Strike Out Challenges	7	7	p. 18	 FSH
	Strike Out Challenges	–	18	p. 18	 RND
	Valentines Giveaway	14	--	p. 18	 LAK
PERSONAL & FAMILY WORK LIFE	AFAP Focus Group	 12	 12	p. 19	 FSH
	Bundles for Babies	13	–	p. 19	 LAK
	Bundles for Babies	–	5	p. 19	 RND
	Car Seat 101	4	4	p. 19	 FSH
	Key Support Liaison Initial Training	By Appointment	By Appointment	p. 19	 FSH
	Key Support Liaison Quarterly Continuing ED Training	11	–	p. 19	 LAK
	Key Support Program Mentors Training	By Appointment	By Appointment	p. 20	 FSH
	Key Support Program Mentors Training	–	27	p. 20	 LAK
	Key Support Program Mentors Training	By Appointment	By Appointment	p. 20	 RND
	Key Support Program Liaison Immersion Training	By Appointment	By Appointment	p. 20	 FSH
	Key Support Program Liaison Immersion Training	–	27	p. 20	 LAK
	Key Support Program Liaison Immersion Training	By Appointment	By Appointment	p. 20	 RND
	New Unit Leadership Training	25	--	p. 20	 LAK
	Play & Learn Playgroup	11, 25	11, 25	p. 20	 FSH
	Survivor Benefit Plan Group Briefing	5, 11, 19	5, 11, 19	p. 20	 LAK
	Survivor Benefit Plan Group Briefing	13	13	p. 20	 RND
	What to Expect if You Have an Aging Parent	19	--	p. 20	 RND

	EVENT	FEBRUARY	MARCH	PAGE	SITE
MTFB & VOL	Facilitator Class 101	–	10	p. 21	FSH
	Volunteer Awards Nomination Writing Workshop	✂ 12	📶 26	p. 21	FSH
	VMIS OPOC Training	18	18	p. 21	FSH
	Volunteering 101	18	18	p. 21	FSH
DEPLOYMENT	Pre-Deployment Briefing	T & W	T & W	p. 22	LAK
	Pre-Deployment Briefing	Call to Register	Call to Register	p. 22	RND
	Post-Deployment Reunion & Reintegration	T & W	T & W	p. 22	LAK
	Post-Deployment Reunion & Reintegration	Call to Register	Call to Register	p. 22	RND

HOLIDAYS, SPECIAL OBSERVATIONS, & CLOSURES

February 2025

- Teen Dating Violence Awareness Month
- 7 National Wear Red Day
- 14 Valentines Day
- 17 **Washington’s Birthday**
- (Presidents’ Day (All Centers Closed))**
- 19 Coast Guard Reserve Birthday

March 2025

- American Red Cross Month
- Cerebral Palsy Awareness Month
- 3 Navy Reserve Birthday
- 4 Hug a GI Day
- 13 National K9 Veteran’s Day
- 25 Medal of Honor Day

Air Force Families Forever
 Crisis Support
 Deployment Readiness
 Employment Readiness
 Financial Readiness
 Information & Referral
 Personal & Work Life
 Relocation Assistance
 Transition Assistance
 Volunteer Resources

Armed Forces Action Plan
 Casualty Assistance
 Survivor Benefit Plan
 Exceptional Family Member
 Key Spouse Program
 Military Family Team Building
 Personal & Work Life
 Voting Assistance
 Warrior & Survivor Care

Fort Sam Houston

3060 Stanley Road, Bldg. 2797

210-221-2705

Lackland

1550 Wurtsmith Street, Bldg. 5725

210-671-3722

Randolph

555 F Street West, Bldg. 693

210-652-5321

PRESIDENTS’ DAY

FEB. 17 • ALL CENTERS CLOSED



CALL FOR NOMINATIONS

Joint Base San Antonio VOLUNTEER CEREMONY *Awards*

Nomination Deadline: Monday, March 3, 2025

Do you know any amazing JBSA volunteers?

Nominate them to be recognized during the 2025 Annual JBSA Volunteer Awards Ceremony

VOLUNTEER AWARDS

VOLUNTEER OF THE YEAR AWARD (VOYA)

Volunteer service performed during January 1, 2024-December 31, 2024. These awards do not require a minimum number of hours served.

Categories:

- Outstanding Service Members
- Outstanding Youth, ages 13-17
- Outstanding Family Member
- Small Groups
- Outstanding Civilian
- Outstanding Retiree
- JBSA Family of the Year
- Large Groups

VOLUNTEER EXCELLENCE AWARD (VEA)

A lifetime achievement award recognizing exceptional long-term community support that is significant in character, tangible results, and reflects favorably on the United States Armed Forces. Open to federal civilians, family members, and retirees (military or federal) from all military branches, who have not previously received this award.

PRESIDENTIAL VOLUNTEER SERVICE AWARD

The President's Council on Service and Civic Participation recognizes the vital role of volunteers in America's strength and national identity. This award honors individuals whose service positively impacts communities in every corner of the nation and inspires those around them to take action. The Bronze, Silver, Gold, and Lifetime Achievement awards require specific hours per age bracket. Open to United States citizens or lawful permanent residents of the United States who are at least 5 years of age.



Scan the QR code or visit <https://www.jbsa.mil/Resources/Military-Family-Readiness/Volunteer-Resources/> for award criteria instructional guides and to download nomination forms. Submit nomination packets by March 3, 2025, to 802FSS.FSYR.VolunteerServices@us.af.mil or drop them at the JBSA-Fort Sam Houston Military & Family Readiness Center, ATTN: Installation Volunteer Corps Coordinator. Each JBSA-M&FRC offers nomination writing workshops.

The Annual JBSA Volunteer Awards Ceremony is slated for April 22, 2025. For assistance with the nomination process, call the Fort Sam Houston M&FRC at (210) 221-2705, Lackland M&FRC at (210) 671-3722, or Randolph M&FRC at (210) 652-5321.

RELOCATION ASSISTANCE

RELOCATION ASSISTANCE

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

LENDING CLOSET

FSH • Monday-Friday 8 a.m. to 4 p.m.
RND • Monday-Friday 8 a.m. to 4 p.m.
 Closed 1st & 3rd Thursday 1-4 p.m.

The Lending Closet loans essential household goods - like kitchen equipment, sleeping mats, irons, and more - while you're in transit. Permanent party, technical school students, TDY, and civilians may borrow items for up to 30 days. A copy of your orders is needed.



IMMIGRATION & CITIZENSHIP

FSH • Feb. 26 & March 26
Q & A Session: 12-1 p.m.
Naturalization Ceremony: 1:30-2:30 p.m.

Service members and immediate family enrolled in DEERS meet with a Citizenship & Immigration Service Officer (USCIS) for assistance with applications during a Q&A session. Join us in observing service members and their families take the Oath of Allegiance during the Naturalization Ceremony. Registration is not required.

Mode: In-Person.

PLAN MY MOVE - SMOOTH MOVE

Contact your servicing M&FRC

Service members PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this training.

After completion, virtual out-processing tasks can be cleared by M&FRC. Family members are encouraged to attend.

Newcomers

Welcome to Joint Base San Antonio



PCS is a Family Affair

NEWCOMER'S ORIENTATION

FSH • Feb. 7, 21 & March 7, 21 8 a.m. to Noon
LAK • Feb. 5, 19 & March 5, 19 8 a.m. to Noon
RND • Feb. 3 & March 3 8 a.m. to Noon

A mandatory in-processing brief for all military personnel newly assigned to JBSA. Family members are welcome. To register:
JBSA-FSH & JBSA LAK: Contact your CSS or CPO
JBSA-RND: Contact your Unit Personnel Office
Mode: In-Person.

JBSA PRE-ARRIVAL ORIENTATION

JBSA • Feb. 25 & March 25 8-9 a.m. & 5-6 p.m.

Early preparation is key to a smooth PCS. Inbound service members, families, and DoD civilians are introduced to JBSA by learning about local housing, child care, health care, education and school options, employment opportunities, and more prior to their arrival. *Mode: Virtual.*

SUPPLEMENTAL SPONSORSHIP TRAINING

FSH • Feb. 12 & March 12
LAK • Call to schedule an appointment
RND • Call to schedule an appointment

In accordance with AFI 36-3009, the Sponsorship Application & Training (eSAT) at <https://millifelearning.militaryonesource.mil> features a checklist, newcomers' needs assessment, customizable letters, and



more. Family members may become a sponsor by completing the eSAT. Once completed, this optional supplemental training offers additional assistance with information about local resources and tips to support incoming personnel. Registration is required. [Mode: Refer to Table of Contents.](#)

TRAILS & TALES GUIDED TOUR

FSH • Feb. 13 & March 13 9 a.m. to Noon

Located in the heart of San Antonio, Fort Sam Houston hosts the most extensive collection of historic buildings in the Department of Defense! Join us for a guided tour to familiarize yourself with the installation; registration is required. Open to all DoD ID cardholders. [Mode: In-Person.](#)

NEWLY ASSIGNED COMMANDERS, COMMAND CHIEFS & FIRST SERGEANTS

RND • By Appointment

This mandatory briefing fulfills AFI requirements and introduces key personnel as well as the support services offered by the installation's Military & Family Readiness Center. [Mode: In-Person.](#)



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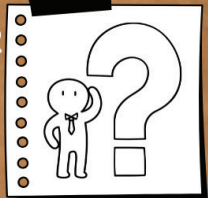


facebook.com/mfrcjbsa

NEW TO JOINT BASE SAN ANTONIO?

GET FAMILIAR

Attend our Newcomer's Orientation and learn about all that JBSA and the surrounding area has to offer!



We have a Military & Family Readiness Center at all three locations!

NEED SERVICES?

Fort Sam Houston

Lackland

Randolph

VISIT M&FRC

Check out all the services we have to offer across JBSA for you, your family, your unit and community!



Unlock your potential and elevate your skills by attending our upcoming classes! Whether you're a beginner eager to learn or an experienced individual looking to enhance your knowledge, these classes offer a unique opportunity for personal and professional growth.

FINANCIAL READINESS

FINANCIAL READINESS

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans

MANDATORY FINANCIAL TOUCHPOINTS

Call to schedule an appointment.

Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey. **Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.**

CREDIT & DEBT MANAGEMENT

FSH • Feb. 14 **10-11:30 a.m.**

Review debt reduction and management strategies, helpful tips to prevent debt from reoccurring, and learn how resolving debt improves your credit. [Mode: In-Person.](#)

DEVELOPING A SPENDING PLAN

FSH • Feb. 18 **10-11:30 a.m.**

RND • Feb. 20 **10-11:30 a.m.**

Establishing a financial plan is a crucial part of budgeting. Review the components of a spending plan and a financial planning worksheet, and discuss tips to control spending, SMART goals, and an ideal budget breakdown. [Mode: In-Person.](#)

FIRST DUTY STATION OFFICER COURSE

FSH • March 18 **9-10:30 a.m.**

LAK • Feb. 4 & March 4 **8-11 a.m.**

LAK • Feb. 12 & March 12 *Enlisted*
8 a.m. to Noon

Mandatory for all non-prior enlisted officers serving at their first duty station

within 90 days of arrival—explore all aspects of finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan, and more. [Mode: In-Person.](#)

HOW TO PROTEST AND APPEAL PROPERTY APPRAISALS

LAK • March 18

8-10 a.m.

Learning how property appraisals impact your mortgage payment and how to protest appraisals and appeal property taxes. [Mode: In-Person.](#)

MANDATORY FINANCIAL TOUCHPOINT

FSH • Feb. 4 & March 4

8 a.m. to 3 p.m.

Each phase of your military journey comes with exciting new milestones and important financial considerations. These mandatory financial touchpoints help you navigate each stage of your journey by covering topics like PCS, Vesting in TSP, Promotion, Continuation Pay, and Divorce. [Mode: In-Person.](#)



MILLION DOLLAR SERVICE MEMBER

FSH • March 17-18

8:30 a.m. to 3:30 p.m.

This two-day interactive program is designed for active duty members, reservists, retirees, and their families, offering in-depth information on financial goal setting, military pay, credit, debt reduction, car buying, consumer protection, home buying, and more. Focused on long-term wealth building, the course enhances financial readiness and overall mission readiness. Federal civilians may also attend on a space-available basis. [Mode: In-Person.](#)

MOVING OUT OF THE DORMS

FSH • March 21 12:30-1:30 p.m.
LAK • Feb. 11 & March 11 8-10 a.m.

Planning to move out of the dorms?



Learn how to create a comprehensive budget and review Basic Allowance for Housing (BAH), associated costs of renting, and renter's insurance.

Mode: In-Person.

PCS TOUCHPOINT CMT

FSH • Feb. 11 8:30-9:30 a.m.
FSH • Feb. 18 & March 25 2:30-3:30 p.m.

A PCS move can be a stressful financial time for you and your family. Moving often means adjusting to change and starting new routines. This is especially true for finances. In an effort to help ease the transition, the M&FRC is offering Financial Readiness training focused on this major event, or "TOUCHPOINT," in your military journey. This is mandatory training IAW DoDI 1322.31, Common Military Training (CMT) and HQDA EXORD 140-21, Army Financial Literacy Training Program, for Soldiers in the grades of E4, O3, WO2 and below who must complete this touchpoint CMT prior to departing their current duty station. *Mode: In-Person.*

SAVING & INVESTING 101

FSH • March 28 1-2:30 p.m.



Discuss the risks and rewards of investing, identify strategies to help reach your investment goals, and review different saving options.

Mode: In-Person.



Take control of your finances with our guidance on budgeting, debt reduction, and investments.
Start building a secure financial future today!

UNDERSTANDING TSP FOR MILITARY & CIVILIANS

LAK • Feb. 18 8-10 a.m.

Get your questions answered: What fund am I in? What if I separate/retire? How much can I put in? Can I really

Mode: In-Person.

WISE INVESTMENT STRATEGIES

RND • March 20 10-11 a.m.

Become more financially secure by learning basic guidelines on investment strategies and review tips to help reach your financial goals. *Mode: In-Person.*

YOUR INSURANCE NEEDS

FSH • March 14 9:30-10:30 a.m.

Learn about the basic types of insurance and what they can do for you including life, health, homeowners and rental insurance as well as SGLI and DIC.

Mode: In-Person.

QUICK TIPS FOR SAVING MONEY

CREATE A BUDGET

EVALUATE SPENDING HABITS

EMERGENCY FUND

LIMIT DEBT

COMPARE PRICES

INVEST FOR THE FUTURE

EMPLOYMENT ASSISTANCE

EMPLOYMENT ASSISTANCE

Employment Assistance helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.

MILITARY FAMILY SUPPORT PROGRAM

Meet with a career counselor from community partner Workforce Solutions Alamo to learn about employment opportunities for military spouses. To schedule an appointment, call (210) 850-2152.

ACING THE INTERVIEW

FSH • Feb. 19 & March 19

LAK • Feb. 4

RND • Feb. 18

1-3 p.m.

1-3 p.m.

10-11:30 a.m.



It's essential to know how to prepare for an interview and interview with confidence. Discover ways to prepare for a job interview, how to make a lasting impression, and discuss different interviewing methods.

Mode: In-Person.

EMPLOYMENT CONSULTATION/ RESUME REVIEW

FSH • By appointment

RND • By appointment

Unlock your potential with our one on one employment consultations and resume review. By appointment, our consultants provide tailored guidance to help you achieve your career goals. Whether you need help reviewing your resume to stand out or preparing for your next interview, we're here to support you every step of the way. Schedule your appointment today and take the next step towards your dream job. *Mode: In-Person or Virtual.*

INTERVIEW PREP/MOCK BOARD

FSH • By appointment

RND • By appointment

Need to ace your job interview? Don't leave anything to chance. Schedule a mock interview with our employment assistance team to gain confidence, master body language, and prepare for behavioral questions. *Mode: In-Person or Virtual.*

JOB SEARCH SKILLS

LAK • Feb. 25

1-3 p.m.

Developing these essential job searching skills can set job seekers apart from the competition and increase their chances of success in the job market. Review the latest tips and trends for prepping a federal resume. Understand how to tailor and target your resume. *Mode: In-Person.*



LINKEDIN 101

FSH • Feb. 26 & March 26

RND • March 18

1-3 p.m.

10 a.m. to Noon

LinkedIn is a great tool to optimize your executive social media presence. Learn how to create your profile, and make it stand out while building your professional network. *Mode: In-Person.*

LINKEDIN WITH A RECRUITER

LAK • Feb. 11

1-3 p.m.

This business and employment-oriented social media site is an excellent resource for finding employment. Learn how to build a profile with professional imagery and brand yourself to attract employers and recruiters. Discover trade secrets from top recruiters from different fields and sector. *Mode: In-Person.*

READY, SET, RESUME

FSH • March 12

LAK • March 25

1-3 p.m.

1-3 p.m.

Knowing what to put on your resume can be confusing. This workshop introduces the different types of resume formats, including the federal style. *Mode: In-Person.*

SALARY NEGOTIATION

FSH • Feb. 12

LAK • March 19

RND • March 4

1-3 p.m.

1-3 p.m.

10-11:30 a.m.

Know your worth! Review ways to determine your earning potential, interviewing tactics, what to do once a job offer is received, and participate in a mock salary negotiation scenario.

Mode: In-Person.



USAJOBS NAVIGATION & FEDERAL RESUME

FSH • March 5

LAK • Feb. 18

RND • Feb. 25 & March 25

9-11 a.m.

1-4 p.m.

12-3:30 p.m.

A detailed federal resume class that covers how to navigate USAJOBS and how to develop a federal resume. Learn how to interpret federal vacancy announcements and become familiar with the USAJOBS website, and tailor your resume. *Mode: Refer to Table of Contents*

**SPRING INTO
SUCCESS! CONNECT
WITH OUR
EMPLOYMENT
TEAM!**

FORT SAM HOUSTON • LACKLAND • RANDOLPH



ARMED FORCES

ACTION PLAN AFAP

**Service Members • Retirees • Teens
• Military Spouses • Gold Star Families •
Reservists • Civilian DoD Employees**

What does Tricare for Life, In-State College Tuition for Military Spouses, Standardized Military ID Cards, Military Spouse Preference for Federal Jobs, Paternity Leave for married soldiers, School Liaison Officers, and Video Surveillance at Child Development Centers have in common?

They were all AFAP issues.

AFAP is a platform to voice ideas and suggestions for improving the standards of living within our military community. It gives patrons an opportunity to identify critical issues and present them to senior leadership for action and resolution.

Issues and ideas can range from healthcare benefits to childcare, recreation to education, employment to entitlements, and more.

Submit an issue!



<https://ims.armyfamilywebportal.com/submit>

Transition Assistance Program

TRANSITION ASSISTANCE PROGRAM

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition.

INDIVIDUALIZED INITIAL COUNSELING

Monday-Friday Call to Register

Those separating or retiring from active duty must meet with a counselor to officially start the transition process. This one-on-one counseling session must occur no later than 14 months before the service member's separation or retirement date. It includes completion of a self-assessment, establishing post-transition goals and developing an Individual Transition Plan. **Core Requirement: Step 1.** *Mode: In-Person.*

FORT SAM HOUSTON TAP

210-916-7322 OR 210-916-6089

PRE-SEPARATION COUNSELING

FSH • Feb. 5, 12, 19, 26 & March 5, 12, 19, 26
8 a.m. to Noon

This class is the second step in the TAP process. Separating and retiring members must attend at least 14 months before their transition date. Meet the by-law requirement for transitioning service members to receive information about benefits, entitlements, and eligibility for additional transition resources. Transition impacts the whole family, and members are encouraged to invite their spouses or caregivers to attend this class with them. **Core Requirement: Step 2, prerequisite: IIC.** *Mode: In-Person.*

DOD TRANSITION DAY

FSH • Executive: Feb. 10 & March 3, 17
Separation: Feb. 3, 24 & March 17, 24

8 a.m. to 4 p.m.

This day is comprised of the following required instructional classes: Managing Your Transition, MOC Crosswalk, and Financial Planning for Transition. **Core Requirement, prerequisite: Pre-Separation Counseling.** *Mode: In-Person.*

VA BENEFITS & SERVICES

FSH • Executive: Feb. 11 & March 4, 18
Separation: Feb. 4, 25 & March 18, 25

8 a.m. to 4 p.m.

This course explains how to navigate your transition journey with the Department of Veterans Affairs. Benefits and services discussed include: supporting yourself and your family, getting career-ready, finding a place to live, maintaining your health, and connecting with your community. **Core Requirement, prerequisite: Pre-Separation Counseling.** *Mode: In-Person.*

DOL EMPLOYMENT FUNDAMENTALS OF CAREER TRANSITION

FSH • Executive: Feb. 12 & March 5
Separation: Feb. 5, 26 & March 26

8 a.m. to 4 p.m.

This course sets the foundation for transitioning from military to civilian careers by introducing essential tools and resources needed to evaluate career options, gain information for civilian employment, and understand the fundamentals of the employment process. **Core Requirement, prerequisite: Pre-Separation Counseling.** *Mode: In-Person.*

DOL EMPLOYMENT WORKSHOP

FSH • Executive: Feb. 13-14 March 6-7
Separation: Feb. 6-7, 27-28 & March 27-28

8 a.m. to 4 p.m.

This 2-day workshop hosted by the Department of Labor provides information

to stay current in a competitive job market by reviewing emerging technology for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Transition Track, prerequisite: Pre-Separation Counseling.**
Mode: In-Person.

DOL CAREER & CREDENTIAL EXPLORATION

FSH • Feb. 18-19, 24-25 & March 18-19
8 a.m. to 4 p.m.

This 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs.

Transition Track, prerequisite: Pre-Separation Counseling.

Mode: In-Person.



MANAGING YOUR (MY) EDUCATION

FSH • Feb. 13-14 & March 11-12, 18-19
8 a.m. to 4 p.m.

This 2-day track helps service members achieve academic success by reviewing credit transfers, researching schools, exploring financial aid assistance, providing vocational education counseling, and more. **Transition Track, prerequisite: Pre-Separation Counseling.**
Mode: In-Person.

CAREER SKILLS PROGRAM OVERVIEW

FSH • Feb. 4, 18 & March 4, 18
1-2 p.m.

Interested in the Career Skills Program(CSP)? Get an overview of the requirements and opportunities within the CSP. *Mode: In-Person.*

BENEFITS DELIVERY AT DISCHARGE WORKSHOP & CLAIMS

FSH • Feb. 21 & March 13
9-11 a.m. & 1-3 p.m.

A representative from the Bexar County Veterans Services Office will provide an

overview of the BDD claims process for transitioning service members and review all required documents and forms. Service members must attend the workshop before scheduling a claim filing appointment.
Mode: In-Person.

MOCK INTERVIEWS WITH TVC

FSH • Feb. 4 & March 4
8 a.m. to 4 p.m.

A Veterans Career Advisor from the Texas Veterans Commission will conduct a custom mock panel interview specific to the career field of the service member's choice. *Mode: In-Person.*

EMPLOYER DAY

FSH • Feb. 12 & March 5
10 a.m. to 1 p.m.

Network with various local hiring officials and mission partners to learn about employment opportunities prior to transitioning out of the military. Interviews may be held on-site, be sure to bring copies of your resume and dress to impress. *Mode: In-Person.*

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Skillbridge hosts a webcast spotlighting approved partners every Wednesday at 1 p.m. on jbsaskillbridge.eventbrite.com. For more information, call your hosting location:
FSH (last names A-M) • (210) 488-4119
FSH (last names N-Z) • (210) 984-2664
LAK • (210) 563-8223
RND • (210) 727-1281.



LACKLAND & RANDOLPH TAP

PRE-SEPARATION COUNSELING

LAK • Feb. 11, 18 & March 11, 25

9 a.m. to Noon

RND • Feb. 5, 19, 26 & March 5, 19, 26

12-3:30 p.m.

This is the second step of the formal transition process, like the Individualized Initial Counseling (IIC), it must also begin no later than 365 days **before** your transition date. Review by-law information to include benefits, entitlements, and resources for eligible transitioning service members. **Core Requirement: Step 2, prerequisite: IIC.** *Mode: In-Person.*

TAP WORKSHOP (3-DAY)

LAK • Feb. 3-5 & March 3-5, 31-April 2

8 a.m. to 4 p.m.

LAK • *Retiree* Feb. 24-26 & March 17-19

8 a.m. to 4 p.m.

RND • Feb. 10-12 & March 17-19

8 a.m. to 4 p.m.

This mandatory 3-day workshop provides a standardized core curriculum. Review common challenges, financial planning, and VA benefits to help service members to depart career-ready. Facilitated by the Department of Labor, Veterans Administration, and M&FRC. After completion, additional workshops aligned with an individual's post-transition plan are offered. **Core Requirement, prerequisite: Pre-Separation Counseling.** *Mode: In-Person.*

DOL EMPLOYMENT WORKSHOP

LAK • Feb. 6-7 & March 6-7

8 a.m. to 4 p.m.

LAK • *Retiree* Feb. 27-28 & March 20-21

8 a.m. to 4 p.m.

RND • Feb. 13-14 & March 20-21

8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor provides information to stay current in a competitive job market by reviewing emerging technology

Transition Assistance Program

for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Transition Track, prerequisite: TAP workshop.**

Mode: In-Person.

DOL CAREER & CREDENTIAL EXPLORATION

LAK • March 20-21

8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs. **Transition Track, prerequisite: TAP Workshop.**

Mode: In-Person.

BOOTS TO BUSINESS

LAK • Feb. 12-13

8:30 a.m. to 4 p.m.

RND • March 5-6

8:30 a.m. to 4 p.m.

This 2-day entrepreneurial education track hosted by the Small Business Administration is for transitioning service members interested in starting their own business. Review opportunities and challenges of business ownership, steps for evaluating business concepts, foundational knowledge for developing a business plan, information on SBA resources available to help access start-up capital, and additional technical assistance. Register online at <https://sbavets.force.com>. **Transition Track, prerequisite: DoD Transition Day.** *Mode: In-Person.*

BENEFITS DELIVERY DISCHARGE WORKSHOP & CLAIMS

LAK • Feb. 13 & March 27

1-2 p.m.

RND • Feb. 27 & March 27

8-9 a.m.

A representative from the Bexar County Veterans Services Office will provide an overview of the BDD claim process; important time frames, required medical documentation and applicable forms. Service members are encouraged to attend the workshop prior to scheduling a Claim filing appointment. *Mode: In-Person.*

EXCEPTIONAL FAMILY MEMBER PROGRAM

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for more information.

families about new services to assist and help EFMP Families navigate issues they may have concerning their exceptional loved ones. [Mode: Virtual.](#)



EFMP ORIENTATION

RND • Feb. 3 & March 3

11 a.m. to Noon

Discover who qualifies as an exceptional family member, how to enroll or dis-enroll, the 3 pillars that make up the program, and how it factors into assignment choices. Learn how the program can support you and your family through respite care, TRICARE, ECHO, education rights, and more. [Mode: In-Person.](#)



EFMP COUPLES COOKING EVENT

RND • Feb. 8

5-7 p.m.

Join us for a special evening of creativity and connection at our Couples Charcuterie Class, hosted by Vogel Personnel. Learn how to design a beautiful and delicious charcuterie board while enjoying quality time with your partner. Whether you're foodies or just looking for a fun date night, this event is the perfect opportunity to bond and build your culinary skills. [Mode: In-Person.](#)

EASTER SEALS

LAK • Feb. 13

11:30 a.m. to 1:30 p.m.

Are you concerned about your young child meeting developmental milestones? Learn what typical development looks like from birth to age three, how to identify potential red flags, and when it's time to make a referral. Explore the services available to families based on their unique needs. ECI is designed to support families in familiar environments where children live, learn, and play.

[Mode: Virtual.](#)

EFMP FAMILY CONNECTIONS

FSH • Feb. 14 & March 7

5-7 p.m.

Feb. 14 • Join EFMP at the Vogel Resiliency Center for a Couples Yoga Class designed to help you and your partner bond, relax, and refresh—just in time for Valentine's Day!

March 7 • Join us for a Healthy Cooking Class! Whether you're a seasoned cook or just getting started, this class is for everyone. [Mode: In-Person at Vogel Resiliency Center.](#)

EFMP LEGAL

LAK • March 27

11:30 a.m. to 1 p.m.

This workshop is hosted by 502 FSG Legal office. The legal office will brief

EFMP TRICARE

LAK • Feb. 27

11:30 a.m. to 1 p.m.

This session is designed to educate families about TRICARE and TRICARE ECHO. In this session, we will be providing a comprehensive overview of these crucial healthcare programs, focusing on their benefits, eligibility criteria, and how to access services. [Mode: Virtual.](#)



EFMP EQUESTRIAN EXPERIENCE

FSH • March 17-21 11:30 to 1 p.m.

Equine therapy can help individuals improve self-esteem, self-awareness, confidence and empathy. Horses have been known to improve behavioral challenges, anxiety, depression, ADHD, and other mental health conditions. Participants must be enrolled in EFMP. Spots are limited. *Mode: In-Person.*



EFMP: WHAT DOES IT MEAN TO ME?

FSH • Feb. 25 & March 25 11:30 to 12:30 p.m.

Whether newly enrolled or just curious about the program, this class guides you in understanding what an Exceptional Family Member is, how to enroll in the program, where to find support, and more. Leaders are encouraged to attend to review the requirements of the program and the resources available to their service members. *Mode: In-Person.*

LUNCH & LEARN WITH EFMP

FSH • Feb. 19 11:30 to 1 p.m.

5 strategies for the Trauma Impact Care Giver

EFMP families will learn about the ways in which trauma impacts caregiving, strategies to promote resilience and how to utilize mental health resources.

FSH • March 19 11:30 to 1 p.m.

Parent involvement in ABA Therapy

Parents will learn and discuss parent involvement in ABA therapy and how to utilize skills and strategies learned in ABA *Mode: Hybrid.*

RND • March 20

ABA & You

11 a.m. to Noon

This informational session will cover unique ABA concepts, the presenter will provide valuable insights into ABA services and programs, highlighting how they can support individuals and enhance outcomes. *Mode: Virtual*

STRIKE OUT CHALLENGES

FSH • Feb. 7 & March 7

5-7 p.m.

RND • March 18

1-3:30 p.m.

EFMP and Hearts Apart Families strike out challenges with an evening of fun and 2 free hours of bowling. Due to a limited number of passes, registered families will be selected by drawing and notified by email. Registration closes 3 days prior to the event. *Mode: In-Person;*
FSH Bowling Center, Bldg. 2521
RND Bowling Center, Bldg. 870

VALENTINES GIVE AWAY

LAK • Feb. 14

11:30 a.m. to 1:30 p.m.

EFMP, Hearts Apart, & AFFF Present: Valentine's Day Bag Giveaway. Join us on Valentines a special Valentine's Day Bag Giveaway. Available to the first 100 families. *Mode: In-Person.*



Personal & Work Life

PERSONAL & WORK LIFE

Personal & Work Life programs provide educational, enrichment, and prevention services to service members, military families, and other DoD ID cardholders. It helps them develop interpersonal, self-care, problem-solving, and help-seeking skills that help build the readiness and resilience needed to thrive throughout the military life cycle.

TEXAS WIC

The national Supplemental Nutrition Program for Women, Infants and Children (WIC) supports expecting parents from pregnancy to delivery to raising a child to 5 years of age. Meet with a clerk, Licensed Vocational Nurse, or Nutritionist at the M&FRC every 1st Tuesday and 3rd Wednesday from 7:30 a.m. to 4 p.m. to learn about nutrition, breastfeeding, counseling services, and more. Open to all JBSA patrons. Call (210) 704-4180 to schedule an appointment. WIC is an equal opportunity program.

AFAP FOCUS GROUP

FSH • Feb. 12 & March 12 10-11 a.m.

Have an idea that could improve the readiness or well-being of the military community? Bring your ideas and join us for a brainstorming session. Discuss what qualifies as an AFAP issue, then submit your issue for future review by military leaders to take action and offer a resolution. *Mode: In-Person and Virtual*

BUNDLES FOR BABIES

LAK • Feb. 13 9 a.m. to Noon

RND • March 5 9-11:30 a.m.

Information is provided on financial planning from conception to college and support programs that are



offered within the community. Active-duty expecting parents are encouraged to attend. This is a Touchpoint requirement.

Mode: In-Person and Virtual

CAR SEAT 101

FSH • Feb. 4 & March 4

9-11 a.m.

Forward-facing, rear-facing, convertible-seat, angles, tether straps, hooks, and anchors - there are many aspects to consider when installing a car seat and adjustments to make as your baby grows. This course provides information about the different types of car seats and reviews the basics of car seat installation to keep your child safe. After the class, sign up for the Car Seat Safety Clinic to have your car seat checked by a Child Passenger Safety Technician and Senior Checker. Service members E-5 and below may be eligible for a free car seat.

Mode: In-Person.



KEY SUPPORT LIAISON INITIAL TRAINING

FSH • By Appointment

This training is mandatory for all newly appointed Key Support Liaisons and Key Support Mentors who have not received the initial training from their previous location. Review the 8 core modules in the standard Air Force Key Spouse training curriculum, roles, and responsibilities.

Mode: In-Person.

KEY SUPPORT LIAISON QUARTERLY CONTINUING ED TRAINING

LAK • Feb. 11

9-11 a.m.

Continuing Education for Key Support Liaisons. All military spouses are welcome to attend. *Mode: Virtual.*

KEY SUPPORT LIAISON MENTORS TRAINING

FSH • By Appointment

LAK • March 27

12-1 p.m.

RND • By Appointment

After completion of the Key Support Liaisons Initial Training, Key Support Mentors are required to take this 1-time mandatory training. The class duration may vary depending on participants and interactive scenarios. Call to Register.

Mode: Virtual.

KEY SUPPORT LIAISON IMMERSION TRAINING

FSH • By Appointment

LAK • March 27

10 a.m. to Noon

RND • By Appointment

Key Support and Key Spouse Mentors who've had a break of service in their role or just PCS'ed to JBSA must attend this refresher training before functioning as a KS or KSM. Mode: Virtual

**During the annual major command spouse conference (March 13-15), the Department of the Air Force announced the Key Spouse Program is changing its name and incorporating new readiness, resource and connectedness objectives designed to help commanders meet the needs of the modern family. The U.S. Air and Space Force Commander's Key Support Program (CKSP) is an official Unit Family Readiness Program designed to enhance readiness and establish a sense of community. This Commander's program promotes partnerships with the unit, the Military & Family Readiness Center (M&FRC) and community agencies.*

The updated program expands opportunities for Airmen, Guardians, federal employees and family members to contribute to their units, allowing anyone interested, irrespective of marital status, to hold roles as long as volunteer duties do not conflict with primary responsibilities. Volunteers will now be identified as Key Support Liaisons, or KSLs. The Military & Family Readiness Center will continue to support the program by providing training for new and experienced KSLs and by providing consultation to leaders.

NEW UNIT LEADERSHIP TRAINING

LAK • Feb. 25

8-11:30 a.m.

An M&FRC in-brief to programs and services available to support units. Briefing required to be given by Director within 60 days of arrival per AFI 36-3009.

Mode: In-Person.



PLAY & LEARN PLAYGROUP

FSH • Feb. 11, 25 & March 11, 25 9-11 a.m.

A fun-filled interactive meet-up to help children, ages 0-5, improve social, cognitive, and motor skills. Parents have an opportunity to network with other parents and must remain on-site. Walk-ins welcome! Mode: In-Person.

WHAT TO EXPECT IF YOU HAVE AN AGING PARENT

RND • Feb. 19

9 a.m. to 1 p.m.

What type of things do you need to consider if you have an aging parent? We will explore identification, evaluation, interventions, and how it may affect your current family dynamics. We will provide resources regardless of where your parent is geographically located as well as relevant Legal, Financial and Medicare information. Mode: Virtual.

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

Military & Family Life Counselors help service members, their families, and significant others by discussing issues from deployment and reintegration, marriage and relationships, stress, anxiety, anger, grief and loss, and other life

concerns. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. Call to schedule a one-on-one consultation or a group meeting.

Fort Sam Houston MFLC, call (210) 421-9387.

Lackland MFLC, call (210) 984-1076.

Randolph MFLC, call (210) 744-4829; (210) 996-4037.

For Child and Youth Behavioral, call (210) 627-0400, 627-5665, or 627-7617.

SURVIVOR BENEFITS

The Survivor Benefit Plan briefing is required by law for all retiring service members and their spouses no later than 60 days (minimum 90 days recommended) prior to their approved retirement date. SBP Counselors make contact 190 days before the approved retirement date to ensure all service members are scheduled for this essential briefing. Call to schedule an appointment or register.

SURVIVOR BENEFIT PLAN GROUP BRIEFING

LAK • Feb. 11 & March 11

LAK • Feb. 5, 19 & March 5, 19

9-10:30 a.m.

1-2:30 p.m.

RND • Feb. 13 & March 13

9-10:30 a.m.

The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel.

Mode: Refer to the Table of Contents.



ARMED FORCES ACTION PLAN AFAP

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• Military Spouses • Gold Star Families •
Reservists • Civilian DoD Employees**

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Submit an issue!



<https://ims.armyfamilywebportal.com/submit>

Military Family Team Building & Volunteer Program

MILITARY FAMILY TEAM BUILDING (MFTB)

MFTB is about mission readiness and family readiness. It helps service members grow as leaders and teaches families how to adapt and embrace challenges. Open to all DoD cardholders on JBSA. Unit training is available by request.

FACILITATOR CLASS 101

FSH • March 10

9-11 a.m.

This professional development course reviews the different personality styles in a group, how to reach a group consensus, and other skills needed to be a successful facilitator. *Mode: In-Person.*

VOLUNTEER SERVICES

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Volunteers support the military and the community through various capacities such as coaches, office assistants, Key Spouses, Ombudsman, SFRG leaders, program assistants, and more. Volunteer Services coordinates with the community to connect patrons with volunteer opportunities. Call for details.

VMIS OPOC TRAINING

FSH • Feb. 18 & March 18

10-11 a.m.

Appointed the Organizational Point of Contact for your unit or organization (OPOC)? This training covers the basics of volunteer recruitment, orientation, retention, and recognition. Training will cover policy, regulations, tracking hours and more capabilities of the Volunteer Management Information System (VMIS). *Mode: In-Person*



VOLUNTEERING 101

FSH • Feb. 18 & March 18

1-2 p.m.

Learn about volunteer opportunities in the community and how to navigate the Volunteer Management Information System. Participants also discuss rules and regulations for volunteering on a military installation. For more information or to reserve a seat call your servicing M&FRC. *Mode: Virtual.*



JBSA VOLUNTEER AWARDS NOMINATION WRITING WORKSHOP

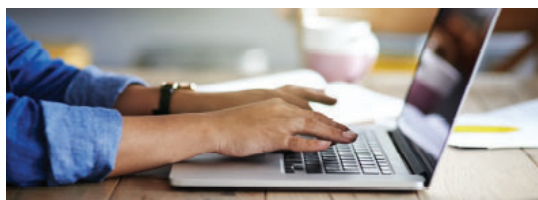
FSH • 8 Feb. 12 & 9 Feb. 26

9-11 a.m.

FSH • 9 Feb. 12

1-3 p.m.

Do you have an extraordinary volunteer? The JBSA Annual Volunteer Awards Ceremony identifies and recognizes outstanding and innovative volunteer efforts by the military community. Review award criteria for the Volunteer of the Year Award (VOYA) and the Volunteer Excellence Award (VEA), nomination forms, and how to write an effective package. Nomination packages are accepted through March 3, 2025. For more information or to reserve a seat, call FSH-M&FRC 210-221-2705, LAK-M&FRC 210-671-3722, or RND-M&FRC 210-652-5321. *Mode: In-Person & Virtual.*



Deployment Readiness & Voting

DEPLOYMENT READINESS

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

PRE-DEPLOYMENT BRIEFING

LAK • Tuesdays & Wednesdays

9-10 a.m.

RND • Call to schedule an appointment

All service members scheduled to deploy, TDY longer than 30 days, or go on a remote assignment are required to attend. Review tips to help prepare for a deployment to include financial management. This training fulfills a DoD Financial Touchpoint requirement. *Mode: In-Person*

POST-DEPLOYMENT REUNION & REINTEGRATION

LAK • Tuesdays & Wednesdays

1-2 p.m.

RND • Call to schedule an appointment

Required for all service members returning from deployment; this training covers reintegration into home life, finances, and provides resources to deal with associated stressors. Spouses are highly encouraged to attend. This training fulfills a DoD Financial Touchpoint requirement.

Mode: In-Person.

FEDERAL VOTING ASSISTANCE PROGRAM


The Federal Voting Assistance Program (FVAP) provides information and guidance to active duty service members, their families, and all eligible voters with

information and guidance on the voting process by contributing to a better understanding of voter rights and absentee voting. For more information, e-mail the corresponding locations at votesam@us.af.mil; votes.lackland@us.af.mil; votes.randolph@us.af.mil for detail.

As a Service member, you can vote absentee while living away from your voting residence.

Here's how: <https://www.fvap.gov/military-voter/overview>.

To check on your voter registration deadlines for your state, visit : <https://www.fvap.gov/guide>.



SUBSCRIBE


Get the latest bi-monthly Calendar of Events Booklet delivered directly to your inbox.

Send an email to

802fss.fsyjbsaevents@us.af.mil

with "add me" in the subject line, or scan the QR code.

Be the first to know about events and workshops!





JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705; 802fss.fsyr.centerbox@us.af.mil

Hours of Operation:

Monday-Friday 7 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center

3931 Okubo Barracks, Bldg. 3639

(210) 916-7322 or 916-6089; 802fss.fsyr.tap@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4 p.m.

Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212

(210) 671-3722; 802fss.fsfr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214

(210) 671-5406 or 671-5408

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693

(210) 652-5321; randolphmfrf@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days



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