

JOINT BASE SAN ANTONIO
JUNE-JULY 2022 CALENDAR OF EVENTS



MILITARY & FAMILY READINESS CENTERS

EMPLOYMENT ASSISTANCE • RELOCATION READINESS • RESILIENCY
• INFORMATION & REFERRAL • TEAM BUILDING • DEPLOYMENT
READINESS • EXCEPTIONAL FAMILY MEMBERS • ARMED FORCES
ACTION PLAN • TRANSITION ASSISTANCE • SURVIVOR BENEFIT
SERVICES • UNIT FAMILY READINESS • FEDERAL VOTING
ASSISTANCE • WORK LIFE • VOLUNTEER OPPORTUNITIES • FAMILY
LIFE • MILITARY & FAMILY LIFE COUNSELORS • SURVIVOR BENEFIT
SERVICES • CASUALTY ASSISTANCE • FINANCIAL READINESS

THREE LOCATIONS TO SERVE JBSA
FORT SAM HOUSTON - LACKLAND - RANDOLPH

JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Flight is dedicated to providing a full range of quality programs and services that promote self-reliance, mission readiness, resiliency and ease adaptation into the military way of life.

We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Air Force Aid Society	Unit Family Readiness
Air Force Families Forever	Military & Family Life Counselors
Armed Forces Action Plan	Military Family Team Building
Casualty Assistance	Personal & Work Life
Deployment Readiness	Relocation Services
Employment & Career Development	Resiliency Training
Exceptional Family Member Program	Survivor Benefit Services
Financial Readiness	Transition Assistance Services
Heart Link	Volunteer Opportunities
Hearts Apart	Voting Assistance Program
Information & Referral	Warriors in Transition

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. For more information about a program or service, call:

(FSH) JBSA-Fort Sam Houston (210) 221-2705	(LAK) JBSA-Lackland (210) 671-3722	(RND) JBSA-Randolph (210) 652-5321
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Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

All services provided by the JBSA-M&FR Flight are open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees (APF and NAF), and DoD contracted employees, unless otherwise stated.



JBSA-Fort Sam Houston
Mon-Fri 7 AM-4:30 PM
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days



JBSA-LACKLAND
Mon-Fri 7:30 AM-4:30 PM
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days



JBSA-RANDOLPH
Mon-Fri 7:30 AM-4:30 PM
Closed: 1st & 3rd Thursday 1-4:30 PM,
Federal Holidays & AETC Family days

Services & Operational Status

The JBSA-M&FRC operational status and health and safety protocols will change based on installation guidance and the HPCON level. Registration and appointments are required to guarantee service availability. All registered participants will be notified of any schedule changes or cancellations if they occur.

- Routine:** No change, standard operational procedures.
- Alpha:** Standard operations with safety precautions (masks optional, social distance encouraged).
- Bravo:** Reduced in-person operations and an increase in virtual services (JBSA health & safety protocols enforced).
- Charlie:** May be limited to virtual services only (JBSA health & safety protocols enforced).

M&FRC offers different modes of services and workshops:

Face-to-Face (F2F): In-person.

Virtual (V): Online Synchronous.

Hybrid (H): In-person and Online Synchronous.

If the workshop modality type is not listed, call to confirm. Services are subject to change based on the current HPCON status. To schedule one-on-one consultation or to register, contact the hosting location:

Fort Sam Houston (210) 221-2705 802fss.fsyrc.centerbox@us.af.mil	JBSA-Lackland (210) 671-3722 802fss.fsyrc@us.af.mil	JBSA-Randolph (210) 652-5321 randolphmfr@us.af.mil
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For up to date information regarding JBSA operations, visit www.jbsa.mil/coronavirus.

CALENDAR OF EVENTS JUNE-JULY 2022

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

EVENT		JUNE	JULY	PAGE	LOCATION
RELOCATION	Bluebonnet Spouse Café	--	13	p. 7	JBSA-FSH
	First Move for Military Spouses	23	28	p. 7	JBSA-FSH
	Immigration & Citizenship	22	27	p. 7	JBSA-FSH
	Connection (Newcomer's Orientation)	W	W	p. 16	JBSA-LAK
	Newcomer's Orientation	3, 17	15	p. 7	JBSA-FSH
	Newcomer's Orientation	13, 27	11, 25	p. 22	JBSA-RND
	Newly Assigned CC/CCC/CCF	21	19	p. 16	JBSA-LAK
	Newly Assigned CC/CCC/CCF	7	12	p. 22	JBSA-RND
	Supplemental Sponsorship Training	16	21	p. 7	JBSA-FSH
FINANCE	Car Buying	9	--	p. 22	JBSA-RND
	Car Buying	--	14	p. 8	JBSA-FSH
	Car Buying	--	28	p. 17	JBSA-LAK
	Consumer Protection	--	21	p. 9	JBSA-FSH
	Credit & Debt Management	7	5	p. 8	JBSA-FSH
	Debt Reduction & Credit Building	23	--	p. 17	JBSA-LAK
	Divorce & Financial Readiness	27	25	p. 8	JBSA-FSH
	First Child Financial Planning	21	19	p. 8	JBSA-FSH

This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

Event		June	July	Page	Location	Event		June	July	Page	Location
FINANCE CONT.	Home Buying	9	–	p. 16	JBSA-LAK	TRANSITION ASSISTANCE CONT.	DoL Employment Workshop (2-day)	9-10	–	p. 24	JBSA-RND
	Home Buying	–	8	p. 8	JBSA-FSH		DoL Employment Workshop (2-day)	9-10, 16-17	14-15, 28-29	p. 18	JBSA-LAK
	How to Budget	14	12	p. 8	JBSA-FSH		DoL Career & Credential Exploration (2-day)	9-10	7-8	p. 11	JBSA-FSH
	Marriage & Financial Readiness	–	18	p. 9	JBSA-FSH		DoL Career & Credential Exploration (2-day)	16-17	–	p. 18	JBSA-LAK
	Officer First Duty Station Financial Training	8	20	p. 16	JBSA-LAK		DoL Career & Credential Exploration (2-day)	–	21-22	p. 25	JBSA-RND
	Officer First Duty Station Financial Training	14	12	p. 22	JBSA-RND		Employment Fundamentals of Career Transition	1, 16, 27	13, 15, 20, 27	p. 11	JBSA-FSH
	Promotions & Financial Readiness	–	11	p. 8	JBSA-FSH		Entrepreneurship: Boots to Business (2-day)	21-22	–	p. 19	JBSA-LAK
	Retirement Planning for Military & GS	23	–	p. 23	JBSA-RND		Entrepreneurship: Boots to Business (2-day)	–	13-14	p. 24	JBSA-RND
	Retirement Planning Starter - TSP Vesting	8	13	p. 8	JBSA-FSH		Managing Your (My) Education (2-day)	13-14	18-19	p. 11	JBSA-FSH
	Saving and Investments	10	–	p. 8	JBSA-FSH		VA Benefits & Services	13, 15, 30	12, 14, 19, 26	p. 10	JBSA-FSH
	Understanding Your Credit Report and Score	–	21	p. 23	JBSA-RAN		VA Benefits & Services	24	29	p. 24	JBSA-RND
EMPLOYMENT	Acing the Interview	7	–	p. 23	JBSA-RND	EFMP	Conversational Corner	24	22	p. 12	JBSA-FSH
	Acing the Interview	15	–	p. 9	JBSA-FSH		EFMP Orientation	13, 27	11, 25	p. 26	JBSA-RND
	Conversational Interviewing Skills	–	20	p. 10	JBSA-FSH		EFMP Orientation	–	28	p. 20	JBSA-LAK
	Employer Panel Q&A	–	12	p. 17	JBSA-LAK		Effective Toilet Training	30	–	p. 19	JBSA-LAK
	Federal Employment Seminar	–	26	p. 17	JBSA-LAK		Horsemanship Classes	13-17, 27-30	5	p. 12	JBSA-FSH
	Hiring Fair	14	–	p. 17	JBSA-LAK		Lunch & Learn	–	20	p. 12	JBSA-FSH
	LinkedIn 101	22	27	p. 9	JBSA-FSH		Painting with a Splash	–	29	p. 12	JBSA-FSH
	LinkedIn 101	–	12	p. 23	JBSA-RND	PERSONAL, FAMILY & WORK LIFE	Briefer Training Course (BTC)	22	–	p. 14	JBSA-FSH
	Ready, Set, Resume	8	–	p. 9	JBSA-FSH		Bundles for Babies	8	–	p. 26	JBSA-RND
	Ready, Set, Resume	–	19	p. 23	JBSA-RND		Car Seat 101	7	5	p. 13	JBSA-FSH
	Renovating your Resume	–	13	p. 10	JBSA-FSH		Communication Training	22	–	p. 26	JBSA-RND
	Resume Roundtable	7	–	p. 17	JBSA-LAK		Conversational Corner	10, 24	8, 22	p. 13	JBSA-FSH
	Salary Negotiation	14	–	p. 23	JBSA-RND		Facilitator Training Course (FTC)	–	27	p. 14	JBSA-FSH
	Tips for Writing a Federal Resume	28	–	p. 17	JBSA-LAK		Four Lenses Temperament Discovery	22	–	p. 13	JBSA-FSH
	USAJobs Navigation & Federal Resume	1	6	p. 9	JBSA-FSH		Heart Link: Military Spouse Orientation	–	28	p. 20	JBSA-LAK
	USAJobs Navigation & Federal Resume	28	26	p. 23	JBSA-RND		Play & Learn Playgroup	14, 28	12, 26	p. 13	JBSA-FSH
	Your Pathways to Employment	27	25	p. 9	JBSA-FSH		Pre-Teen Talks for Parents	–	14, 21, 28	p. 13	JBSA-FSH
	Volunteering 101	21	19	p. 14	JBSA-FSH		ScreamFree Marriage	–	6, 13, 20	p. 13	JBSA-FSH
TRANSITION ASSISTANCE	Individualized Initial Counseling	Call to Register	Call to Register	p. 10	JBSA-FSH		Single Parent Support Group	–	6	p. 20	JBSA-LAK
	Individualized Initial Counseling	Call to Register	Call to Register	p. 18	JBSA-LAK		Survivors Benefits Plan Briefing	9	14	p. 25	JBSA-RND
	Individualized Initial Counseling	Call to Register	Call to Register	p. 24	JBSA-RND		Time Hacks	–	19	p. 13	JBSA-FSH
	Pre-Separation Counseling	1, 15, 22	6, 13, 27	p. 24	JBSA-RND		Virtual Friday Q&A for Military Spouses	F	F	p. 13	JBSA-FSH
	Pre-Separation Counseling	6, 13	11, 25	p. 18	JBSA-LAK		Virtual Friday Q&A for Military Spouses	F	F	p. 20	JBSA-LAK
	Pre-Separation Counseling	7, 21	5, 22, 27	p. 10	JBSA-FSH		Virtual Friday Q&A for Military Spouses	24	22	p. 26	JBSA-RAN
	DoD Transition Day	8, 14, 22	11, 13, 18, 25	p. 10	JBSA-FSH		Volunteering 101	21	19	p. 14	JBSA-FSH
	TAP Workshop (3-day)	6-8	18-20	p. 24	JBSA-RND		What to Expect When Caring for an Aging Parent	21	–	p. 13	JBSA-FSH
	TAP Workshop (3-day)	6-8, 13-15	11-13, 25-27	p. 18	JBSA-LAK		What to Expect When Considering Adoption	–	19	p. 14	JBSA-FSH
	DoL Employment Workshop (2-day)	2-3, 28-29	14-15, 21-22, 28-29	p. 11	JBSA-FSH		Unit Voting Assistance Officer Training	–	21	p. 27	JBSA-RND

EVENT	JUNE	JULY	PAGE	LOCATION
UNIT FAMILY READINESS				
R.E.A.L. Command Team Training	7	5	p. 15	JBSA-FSH
R.E.A.L. Command Family Readiness Representative (2-day)	--	26-27	p. 15	JBSA-FSH
Key Spouse Initial Training	--	13	p. 26	JBSA-RND
Key Spouse Initial Training	--	14	p. 20	JBSA-LAK
Key Spouse Continuing Education	22	--	p. 20	JBSA-LAK
Key Spouse Continuing Education	--	20	p. 27	JBSA-RND
Key Spouse Mentoring Training	--	6	p. 26	JBSA-RND
Key Spouse Mentoring Training	--	13	p. 15	JBSA-FSH
Key Spouse Refresher Training	22	--	p. 20	JBSA-LAK
Key Spouse Refresher Training	--	20	p. 26	JBSA-RND
DEPLOYMENT				
Couples & Deployment	--	19	p. 15	JBSA-FSH
Deployment & the Single Service Member	14	--	p. 15	JBSA-FSH
Kids & Deployment	28	12	p. 15	JBSA-FSH
Operation Junior Expeditionary Team (OPJET)	17	--	p. 6	JBSA-LAK
Pre-Deployment Briefing	Th	Th	p. 14	JBSA-FSH
Pre-Deployment Briefing	7, 21	12, 26	p. 21	JBSA-LAK
Pre-Deployment Briefing	14, 28	12, 26	p. 27	JBSA-RND
Post-Deployment Reunion & Reintegration	M	M	p. 21	JBSA-LAK
Post-Deployment Reintegration Brief	Tu	Tu	p. 27	JBSA-RND
Post-Deployment Reunion & Reintegration	Th	Th	p. 14	JBSA-FSH

HOLIDAYS, SPECIAL OBSERVATIONS, & CLOSURES

June 2022

PTSD Awareness Month
National Safety Month
14 Army Birthday
19 **Juneteenth**
20 **Juneteenth Observed**
(All Centers Closed)
23 Coast Guard Auxiliary Birthday
27 National PTSD Awareness Day

July 2022

National Parks & Recreation Month
Disability Pride Month
Month of the Military Consumer
1 **AETC Family Day (All Centers Closed)**
4 **Independence Day**
(All Centers Closed)
25 National Hire a Veteran Day
29 Army Chaplain Corp Anniversary



OPERATION JUNIOR EXPEDITIONARY TEAM

Registration Deadline: June 10

June 17

9 a.m. to 1 p.m.

OPJET is a mock deployment experience for youth resembling what their parents encounter when leaving home for a deployment. From

receiving orders and in-processing to equipment demonstrations, military youth, ages 6-12, participate in activities that bring realities of the deployment process to life.

Open to all military branches. Registration is required. Children attending Youth Programs will need to register with their Youth Center, all others will register through M&FRC. A parent or an adult escort is required to remain on-site. Call (210) 671-3722 or email 802fss.fsfr@us.af.mil for details.

JBSA-FORT SAM HOUSTON

INFORMATION & REFERRAL

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Information & Referral helps DoD ID cardholders and their families connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call to register or for more information.

LENDING CLOSET

Monday-Friday

7 a.m. to 4 p.m.

Closed 1st & 3rd Thursday

1-4:30 p.m.

The Lending Closet loans essential household goods like kitchen equipment, sleeping mats, irons, and more, while you're in transit. Permanent party, technical school students, TDY, and civilians may borrow items for up to 30 days. A copy of your orders is needed.

SUPPLEMENTAL SPONSORSHIP TRAINING

June 16 & July 21

9-11 a.m.

Appointed unit sponsors, Soldier & Family Readiness Groups, Key Spouses, and others who are interested in becoming a sponsor must complete the Sponsorship Application & Training (eSAT) online at <https://myhub.militaryonesource.mil>. Once completed, this optional supplemental training provides additional information on local resources and tips to support incoming personnel. Registration is required. *Mode: In-Person.*

IMMIGRATION & CITIZENSHIP

June 22 & July 27

1:30-2:30 p.m.

Service members and their immediate family who are enrolled in DEERS meet with a Citizenship & Immigration Service Officer (USCIS) for assistance with applications during a Q&A session. Registration not required, call for details. *Mode: In-Person.*

FIRST MOVE FOR MILITARY SPOUSES

June 23 & July 28

1-2 p.m.

Are you preparing for your first move? Register for a discussion about exploring your new installation, finding employment, tips for moving with kids and selecting a new school, planning for a Special Needs family member, childcare, financial effects of moving, and more. *Mode: Hybrid.*

Welcome

NEWCOMER'S ORIENTATION

June 3, 17 & July 15

8 a.m. to Noon

A mandatory in-processing brief for all military personnel newly assigned to JBSA-Fort Sam Houston. Family members are welcome. Service members must coordinate attendance with their Unit Personnel Office. *Mode: In-Person.*

BLUEBONNET SPOUSE CAFÉ

July 13

10 a.m. to Noon

This relaxed, in-person event is open to all military spouses. Meet other spouses, learn interesting facts and valuable skill-sets while enjoying refreshments in a café-like environment. This is a perfect opportunity for newly arrived spouses to discover new surroundings and resources. *Mode: In-Person.*

FINANCIAL READINESS

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Financial Readiness can assist with developing an individual plan to achieve financial goals. Specialized services include money management, credit and financial planning, insurance and consumer issues, and information on emergency assistance. Financial literacy training is offered to address the DoD mandatory financial touchpoints required across the military lifecycle. Call for more information or to register.

CREDIT & DEBT MANAGEMENT

June 7 & July 5 **9-11 a.m.**

Learn how credit scores are calculated, key factors to improve your score, and discuss associated costs.

RETIREMENT PLANNING STARTER - TSP VESTING

June 8 & July 13 **9-11 a.m.**

Are you taking full advantage of your Thrift Savings Plan (TSP)? Become familiar with contribution limits, tax-deferred investments, and rates of return. Learn what options are available after separating from the military or civil service. This training fulfills a DoD Financial Touchpoint requirement.

SAVING & INVESTMENTS

June 10 **9:30-10:30 a.m.**

Discuss the risks and rewards of investing, identify strategies to help reach your investment goals, and review different saving options.

HOW TO BUDGET

June 14 & July 12 **9:30-11:30 a.m.**

Participate in this hands-on, guided process to learn how to create a spending plan worksheet. Attendees must bring a copy of their current LES, spouse's income information (if applicable), a list of monthly expenses, and debt information such as the total balance owed, monthly payment, and annual percentage rate (APR).

FIRST CHILD FINANCIAL PLANNING

June 21 & July 19 **9-11 a.m.**

Military families planning for the arrival of their first child or first adoption receive financial planning tips. This training fulfills a DoD Financial Touchpoint requirement.

DIVORCE & FINANCIAL READINESS

June 27 & July 25 **1-2 p.m.**

Untangling household income and financial obligations is a process. Review tips to help navigate the financial process, like establishing a spending plan based on new potential expenses and income, updating all account beneficiaries, reshaping retirement funds, and more. This training fulfills a DoD Financial Touchpoint requirement.



HOME BUYING

July 8 **11:30 a.m. to 1:30 p.m.**

Get tips to help with purchasing a home and resolving mortgage issues. Discuss differences between renting and owning and learn about the home-buying process, choosing a Realtor, and the closing process. Get advice on how to resolve mortgage payment issues and alternatives to foreclosure.

PROMOTIONS & FINANCIAL READINESS

July 11 **1-2 p.m.**

You put in the extra effort and worked hard for that promotion. Shouldn't you do the same for your financial future? Discover tips to help make the most of your new financial opportunity and learn how to set up spending goals, reduce excessive debt, grow your retirement, set emergency funds, and more. This training fulfills a DoD Financial Touchpoint requirement.

CAR BUYING

July 14 **11:30 a.m. to 1:30 p.m.**

Review topics associated with purchasing a new or used car to avoid sales traps, dealer scams, and predatory lending.

MARRIAGE & FINANCIAL READINESS

July 18 **1-2 p.m.**

Did you know money is one of the top issues that cause relationship problems? Get tips to help create a new household spending plan that works for both of you; review debts, credit reports and scores; discuss emergency funds; and more.

This training fulfills a DoD Financial Touchpoint requirement.



CONSUMER PROTECTION

July 21 **11:30 a.m. to 1:30 p.m.**

Learn ways to minimize the odds of becoming a victim of fraud, how to report issues, protect your assets, and fix your credit.

EMPLOYMENT READINESS

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Employment Readiness helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.

MILITARY FAMILY SUPPORT PROGRAM

Meet with a career counselor from Workforce Solutions Alamo to learn about employment opportunities for military spouses. To schedule an appointment, call (210) 850-2152.

MICROSOFT OFFICE 2016

Improve proficiency and maximize productivity while using Microsoft Word, Excel, PowerPoint, Access and Outlook with free hands-on instruction. One-on-one consultations and unit or group training is available upon request. Call to schedule an appointment.

USAJOBS NAVIGATION & FEDERAL RESUME

June 1 & July 6 **1-3 p.m.**

Learn the building blocks of a successful federal resume and put them into action. Discuss the federal hiring process, eligibility, preferences, navigating the site, and using it as leverage for an effective application process. *Mode: In-Person.*

READY, SET, RESUME

June 8 **1-2 p.m.**

Knowing what to put on your resume can be confusing. This workshop introduces the different types of resume formats, including the federal style. *Mode: In-Person.*

ACING THE INTERVIEW

June 15 **1-2 p.m.**

It's essential to know how to prepare for an interview and interview with confidence. Discover preparation tips and review commonly used platforms. *Mode: In-Person.*

LINKEDIN 101

June 22 & July 27 **1-3 p.m.**

Looking for a job? LinkedIn is a must for your social media toolbox! Learn about the benefits and create a professional profile that showcases your abilities and accomplishments. *Mode: In-Person.*



YOUR PATHWAYS TO EMPLOYMENT

June 27 & July 25 **9-11 a.m.**

Discover your path to employment by setting a foundation for success. Meet with Workforce Solutions, Texas Workforce Commission, USO, NAF & Civilian Personnel, CSP, and M&FRC to learn about local resources, services, and workshops that best support your employment goals. *Mode: Virtual.*

RENOVATING YOUR RESUME**July 13****1-2 p.m.**

When was the last time you updated your resume? If it's been a while, the format you're using could make you look outdated. Get practical tips to help modernize a general resume. *Mode: In-Person.*

CONVERSATIONAL INTERVIEW SKILLS**July 20****1-2 p.m.**

Get past your interview jitters and awkward starts by learning how to turn the interview into a conversation. Get tips to help prepare for a job interview, leave a positive lasting impression, and gain insight on appropriate attire. *Mode: In-Person.*

TRANSITION ASSISTANCE PROGRAM

JBSA-FSH • Joint Transition Readiness Center, Bldg. 3639
(210) 916-7322 or 916-6089

TAP is a mandatory program for all service members separating or retiring from the military and must begin no later than 365 days prior to their transition. The program provides training opportunities and information to help service members meet their post-military goals. Services include self-assessment tools, pre-separation counseling, benefits overview, job search training, resume review, career options, academic and educational guidance, and more. Call or email 802fss.fsyrr.tap@us.af.mil to schedule an appointment or sign up.

INDIVIDUALIZED INITIAL COUNSELING**Monday-Friday****Call to Register**

Those separating or retiring from active duty must meet with a counselor to officially start the transition process. Service members complete a personal self-assessment to develop their Individual Transition Plan to identify their unique needs and establish post-transition goals.

This one-on-one counseling session must start no later than 365 days before their separation or retirement date. **This is the first step of the Transition process.**

PRE-SEPARATION COUNSELING**June 7, 21 & July 5, 22, 27 9-11 a.m. & 1-3 p.m.**

This is the second step of the formal transition process. Pre-Separation Counseling, just like Initial Counseling, must start no later than 365 days before your transition date. Review by-law information to include benefits, entitlements, and resources for eligible transitioning service members. Caregivers and spouses are encouraged to attend pre-separation counseling with their service member. **Prerequisite: Individualized Initial Counseling.** *Mode: Virtual.*

DOD TRANSITION DAY

Executive: June 8 & July 11, 25 8 a.m. to 4 p.m.
Separation: June 22 & July 18 8 a.m. to 4 p.m.
SFAC/MEB: June 14 & July 13 8 a.m. to 4 p.m.

This day is comprised of the following required instructional classes: Managing Your Transition, MOS Crosswalk, and Financial Planning for Transition. **These classes are a requirement. Prerequisite: Pre-Separation.** *Mode: In-Person.*

VA Benefits and Services

Executive: June 13 & July 12, 26 8 a.m. to 4 p.m.
Separation: June 30 & July 19 8 a.m. to 4 p.m.
SFAC/MEB: June 15 & July 14 8 a.m. to 4 p.m.
Also available on tapevents.mil

This course explains how to navigate your transition journey with the Department of Veterans Affairs. Benefits and services discussed include: supporting yourself and your family, getting career-ready, finding a place to live, maintaining your health, and connecting with your community. **Prerequisite: DoD Transition Day.** *Mode: In-Person.*

EMPLOYMENT FUNDAMENTALS OF CAREER TRANSITION

Executive: June 1 & July 13, 27 8 a.m. to 4 p.m.
Separation: June 27 & July 20 8 a.m. to 4 p.m.
SFAC/MEB: June 16 & July 15 8 a.m. to 4 p.m.

This course sets the foundation for transitioning from military to civilian careers by introducing essential tools and resources needed to evaluate career options, gain information for civilian employment, and understand the fundamentals of the employment process. **Subject to individual plans, this class may be required; prerequisite: DoD Transition Day.** *Mode: In-Person.*

DOL EMPLOYMENT WORKSHOP

Executive: June 2-3 & July 14-15, 28-29
Separation: June 28-29 & July 21-22
8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor provides information to stay current in a competitive job market by reviewing emerging technology for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Subject to individual plans, this class may be required; prerequisite: DoD Transition Day.** *Mode: In-Person.*

DOL CAREER & CREDENTIAL EXPLORATION**June 9-10 & July 7-8 8 a.m. to 4 p.m.**

A 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs. **Subject to individual plans, this class may be required; prerequisite: DoD Transition Day.** *Mode: In-Person.*

MANAGING YOUR (MY) EDUCATION**June 13-14 & July 18-19 8 a.m. to 4 p.m.**

This 2-day track helps service members achieve academic success by reviewing credit transfers, researching schools, exploring financial aid assistance,

providing vocational education counseling, and more. Held at the Education Center, Bldg. 2269. **Subject to individual plans, this class may be required; prerequisite: DoD Transition Day.** *Mode: In-Person; Education Center, Bldg. 2269.*

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Weekly Skillbridge showcase webcasts are held every Wednesday at 1 p.m. to spotlights of approved partners. For more information, call your hosting location: FSH (210) 488-4119, LAK (210) 563-8223, or RND (210) 727-1281.

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-FSH • M&FRC, Bldg. 2797
(210) 421-9387, 679-0529

Military & Family Life Counselors help service members, their families, and significant others by discussing issues from deployment and reintegration, marriage and relationships, stress, anxiety, anger, grief and loss, and other life concerns. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. For Child and Youth Behavioral, call (210) 627-0400, 627-5665, or 627-7617.

PERSONAL FINANCIAL COUNSELOR

Personal Financial Counselors provide free and anonymous financial counseling services to service members and their

families. Some evening and weekend times are available. To schedule a consultation, call (210) 238-2407.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for details or to register.

HORSEMANSHIP CLASS

June 13-17, 27-30 & July 5 8:30 a.m. to Noon
Horses have been known to help children with many different types of disabilities engage in physical activity and improve mental health. This 3-hour horsemanship class will teach special needs youth, ages 7-18, how to care for and handle horses. Registration is required and open through June 8 or until all seats are filled. Select one date per registered EFM. Families must be enrolled in EFMP. *Mode: In-Person; Equestrian Center.*

CONVERSATIONAL CORNER

Join the conversation as we cover a range of subjects open to diverse perspectives and experiences.

Water Safety

June 24 9-10:30 a.m.
Join us for a candid conversation about water safety and your EFM.

Disability Pride

July 22 9-10:30 a.m.
In observance of disability pride month, join us in a conversation about celebrating our different abilities.

EFMP LUNCH & LEARN

Join us in sharing helpful resources and ways to overcome challenges. Call to register.

Understanding your Child's

Individualized Education Plan (IEP)

July 20 11:30 a.m. to 1 p.m.

Become an advocate for your child's education by learning about the different types of accommodation and modification programs. Review the special education process, goals, and other support services to help your child succeed in school.

PAINTING WITH A SPLASH

July 29 6-8 p.m.

Registration deadline: July 22

Get ready for an evening of learning and painting. This workshop focuses on learning personality traits for better communication while painting wooden plaques. Open to registered EFMP families (adults and children ages 14 and up). *Mode: In-Person.*

PERSONAL & WORK LIFE

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

PWL collaborates with many helping agencies to provide education and promote family preparedness through readiness support. Call to register.

TEXAS WIC

The national Supplemental Nutrition Program for Women, Infants and Children (WIC) supports expecting parents from pregnancy to delivery to raising a child up to 5 years of age. Meet with a clerk, Licensed Vocational Nurse, or Nutritionist to learn about nutrition, breastfeeding, counseling services, and more. Open to all JBSA patrons. WIC is an equal opportunity program. Due to COVID-19, WIC services are facilitated online and voucher pick-up is available by appointment only. To schedule an appointment, call (210) 704-4180.

VIRTUAL FRIDAY Q&A FOR MILITARY SPOUSES

Fridays (Not held July 1) 2-2:30 p.m.

Join us each week to receive valuable resources and talk with experts as we explore ways to get and stay connected. *Mode: Virtual.*

CAR SEAT 101

June 7 & July 5 9-11 a.m.

Forward-facing, rear-facing, convertible-seat, angles, tether straps, hooks, and anchors - there are many aspects to consider when installing a car seat and adjustments to make as your baby grows. This course provides information about the different types of car seats and reviews the basics of car seat installation to keep your child safe. After the class, sign up for the Car Seat Safety Clinic to have your car seat checked by a Child Passenger Safety Technician and Senior Checker. Service members E-5 and below may be eligible for a free car seat. *Mode: In-Person.*

CONVERSATIONAL CORNER

June 10, 24 & July 8, 22 9-10:30 a.m.

Pour a cup of coffee, pull up a chair, and grab a laptop or cellphone to join us for a conversation. Topics will cover a range of subjects open to diverse perspectives and experiences. *Mode: Hybrid.*

PLAY & LEARN PLAYGROUP

June 14, 28 & July 12, 26 9-11 a.m.

A fun-filled interactive meet-up to help children, ages 0-5, improve social, cognitive, and motor skills. Parents have an opportunity to network with other parents and must remain on-site. *Mode: In-Person; M&FRC Auditorium.*

WHAT TO EXPECT WHEN CARING FOR AN AGING PARENT

June 21 10 a.m. to 1 p.m.
Explore warning signs that may help identify if extra care is needed, tips for holding an intervention, getting financial

and special care records in order, caregiving options, and resources to help with caring for an aging parent. *Mode: Virtual.*

FOUR LENSES TEMPERAMENT DISCOVERY

June 22 8:30-11:30 a.m.

During this interactive workshop, learn to identify temperament styles and how each one measures self-worth. Expose attitudes and probable motivation behind behavior while learning to identify natural talents, improve communication, and embrace diversity. *Mode: In-Person.*



July 6, 13, 20 10 a.m. to 1 p.m.

Learning to stay calm in the face of common marital conflicts is the key to creating and enjoying deep, lifelong connections. This 3-part series offers an opportunity to challenge previous notions about what marriage should be and how to appreciate all that is right now and what will be in the future. *Mode: Hybrid.*

PRETEEN TALKS FOR PARENTS

Bullying & Texas Law July 14 10-11 a.m.
Social Media & Your Teen: July 21 10-11 a.m.
Advertisement Influence: July 28 10-11 a.m.

Have a preteen in your life? Parents explore options to help break the ice and start meaningful conversations with their preteens. Having open talks can help remove barriers, build trust, and help your tween feel comfortable talking about complex subjects. *Mode: Hybrid.*

TIME HACKS

July 19 9:30-11 a.m.

#LiveYourBestLife! Have you ever asked yourself, "Where did the day go?" Discover tips to help live an intentional life and hack away distractions. *Mode: Hybrid.*



WHAT TO EXPECT WHEN CONSIDERING ADOPTION

July 19 1-3:30 p.m.

Explore warning signs that may help identify if extra care is needed, tips for holding an intervention, getting financial and special care records in order, care giving options, and resources to help with caring for an aging parent. *Mode: Virtual.*

MILITARY FAMILY TEAM BUILDING (MFTB)

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

MFTB is about mission readiness and family readiness. It helps service members grow as leaders and teaches families how to adapt and embrace challenges. Open to all DoD cardholders on JBSA. Unit training is available by request.

BRIEFER TRAINING COURSE

June 22 1-3 p.m.

Whether providing a desk-side briefing to a commander or tasked to present information to a diverse audience, this professional development course is designed to address how to prepare for and present an effective briefing.

FACILITATOR TRAINING COURSE (FTC)

July 27 8 a.m. to 3 p.m.

This professional development course reviews different personality styles in a group, tips for reaching a group consensus, and other skills needed to be a successful facilitator.



VOLUNTEER SERVICES

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Volunteers support the military and the community through various capacities such as coaches, office assistants, SFRG leaders, program assistants, and more. Volunteer Services coordinates with the community to connect patrons with volunteer opportunities. Call for details.

VOLUNTEERING 101

June 21 & July 19 1-2 p.m.

Learn about volunteer opportunities in the community and how to navigate the Volunteer Management Information System. Participants also discuss rules and regulations for volunteering on a military installation. *Mode: Virtual.*

DEPLOYMENT READINESS

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

PRE-DEPLOYMENT BRIEFING

Thursdays 8-10 a.m.

All service members scheduled to deploy, TDY longer than 30 days, or go on a remote assignment are required to attend. Review tips to help prepare for a deployment to include financial management. This training fulfills a DoD Financial Touchpoint requirement.

POST-DEPLOYMENT REUNION & REINTEGRATION

Thursdays 10 a.m. to Noon

Required for all service members returning from deployment; this training covers reintegration into home life,

finances, and provides resources to deal with associated stressors. Spouses are highly encouraged to attend. This training fulfills a DoD Financial Touchpoint requirement.

DEPLOYMENT & THE SINGLE SERVICE MEMBER

June 14 2:30-3:30 p.m.

How will you store your vehicle? Who will look after your pet? What will happen to your home? Single service members learn about options to help manage their personal affairs and keep their property and belongings secure.

KIDS & DEPLOYMENT

June 28 3-4 p.m.
July 12 2:30-3:30 p.m.

Develop a foundation for helping your child of any age navigate the emotional stress of a deployed parent. Get examples for including your child in an open and positive conversation, anticipate common reactions, tips for coping, and talk about unanticipated, real-life situations that have developed.

COUPLES & DEPLOYMENT

July 19 2:30-3:30 p.m.

Deployment is a regular part of the military. Still, it can be a challenge for even the most seasoned military couple. Preparing together is key for supporting each other and strengthening your relationship from a distance. Discuss ways to improve communication, review common emotions and reactions, and get your financials in order.

KEY SPOUSE MENTOR TRAINING

July 13 9-10 a.m.

Are you a new Key Spouse Mentor? After the Key Spouse Initial Training, KS Mentors are encouraged to take this 1-time mandatory training. The class duration may vary depending on participants and interactive scenarios.



R.E.A.L. COMMAND TEAM TRAINING

June 7 10 a.m. to Noon
July 5 9-11 a.m.

Commanders and First Sergeants receive insight into the Soldier & Family Readiness Group operations and learn about the roles between the command team and the SFRG leaders. Review the basics of SFRG funding, volunteer management, and recruiting concepts.

R.E.A.L. SFRG LEADERS TRAINING

July 5 9-11 a.m.

Soldier & Family Readiness Group Leaders review roles, expectations, and responsibilities within the SFRG and Command, as well as how to set-up, maintain, and handle the challenges within the SFRG arena.



FEDERAL VOTING ASSISTANCE PROGRAM

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

The Federal Voting Assistance Program provides information and guidance to service members, their families, and all other U.S. civilian DoD employees by contributing to a better understanding of voter rights and absentee voting. For more information, email 802fss.fsyrr.vote@us.af.mil.



INFORMATION & REFERRAL

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Information & Referral help patrons connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Relocation Assistance is available to service members and their families through the process of a permanent change of station (PCS). Take charge of your PCS by visiting [Plan My Move at installations.militaryonesource.mil](http://PlanMyMove.militaryonesource.mil) to learn about entitlements, benefits, planning tools, and more. Call for more information or to register for a class.

PLAN MY MOVE

Contact your Unit Personnel Coordinator or Commander Support Element

Service members (E4 and below and O2 and below) PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this online training. After completion, virtual out-processing tasks can be cleared by M&FRC. Family members are encouraged to attend.

CONNECTION (NEWCOMER'S ORIENTATION)

Wednesdays 7:30 a.m. to 3 p.m.
The Welcome Center at Mitchell Hall, Bldg. 2300 is the initial step of in-processing and integration for both active duty and federal employees assigned to JBSA-Lackland. Contact your Unit Personnel Coordinator or Commander Support Element for additional details. Registration

is required; visit www.signupgenius.com/go/10c0f44acac28a1ffc8-jbsalackland. Mode: In-Person.

NEWLY ASSIGNED COMMANDERS & FIRST SERGEANTS BRIEFING

June 21 & July 19 8-11:15 a.m.

Newly assigned Commanders, Command Chiefs, and First Sergeants: this mandatory briefing satisfies AFI requirements while introducing key personnel from installation support agencies such as Family Advocacy, Military & Family Readiness, and Sexual Assault Prevention Response.

FINANCIAL READINESS

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Financial Readiness provides resources, information, and addresses money management issues ranging from basic budgeting to long-term investment planning and debt reduction. Individual and group briefings are available. Call to register.

OFFICER FIRST DUTY STATION MANDATORY FINANCIAL TRAINING

June 8 & July 20 10 a.m. to Noon

Mandatory for all non-prior enlisted officers serving at their first duty station within 90 days of arrival—explore all aspects of finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan, and more.

HOME BUYING

June 9 10 a.m. to Noon

Get tips to help with purchasing a home and resolving mortgage issues. Discuss differences between renting and owning

and learn about the home-buying process, choosing a Realtor, and the closing process. Get advice on how to resolve mortgage payment issues and alternatives to foreclosure.

DEBT REDUCTION & CREDIT BUILDING

June 23 10 a.m. to Noon

Review debt reduction and management strategies, helpful tips to prevent debt from reoccurring, and learn how resolving debt improves your credit.



CAR BUYING

July 28 10 a.m. to Noon

Review topics associated with purchasing a new or used car, avoid sales traps, dealer scams, and predatory lending.

EMPLOYMENT READINESS

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Employment assistance helps patrons build essential skills for locating and securing employment. Services include resume writing assistance and review, job or career counseling, information on local employment possibilities, and education and volunteer opportunities. Call to register.

MILITARY FAMILY SUPPORT PROGRAM

Meet with a career counselor from Workforce Solutions Alamo to learn about employment opportunities for military spouses. To schedule an appointment, call (210) 850-2152.

RESUME ROUNDTABLE

June 7 11 a.m. to 2 p.m.

Want to know what employers look for on a resume? Do you know how to get past the HR gatekeepers? Or how to translate your military skills and experience to civilian language? Get tips to help articulate your accomplishments, training, credentials, and more. Connect with

industry professionals, both federal and private sector, to discover how to improve your resume and get one step closer to being hired! Mode: Hybrid.

HIRING FAIR



HIRING FAIR

June 14 10 a.m. to 2 p.m.

Get jump start on your hunt for employment and meet face to face with various companies to learn about available positions. Bring copies of your resume and get hired at the fair! Open to all DoD ID cardholders. Mode: In-Person; Arnold Hall Community Center, Bldg. 5506.

TIPS FOR WRITING A FEDERAL RESUME

June 28 1-3 p.m.

Review the latest tips and trends for preparing a federal resume and explore the USAJobs website. Learn how to read vacancy announcements, understand the Knowledge, Skills, and Abilities (KSA) process, and build a resume to target a job. Mode: Hybrid.

EMPLOYER PANEL Q&A

July 12 11 a.m. to 1 p.m.

Explore new horizons and discover valuable insight and advice from a panel of JBSA - Alliance employers seeking to hire service members and their spouses. Uncover career and training opportunities to help take your career to the next level and meet your professional goals. Mode: Hybrid.

FEDERAL EMPLOYMENT SEMINAR

July 26 9 a.m. to 2 p.m.

Crack the code of the federal hiring process by learning how it is different

from the private sector. Gain a better understanding of federal job announcements, learn how to build a complete profile, and brush up on the latest interviewing techniques. Get tips to help with networking and create a professional image or brand for yourself on LinkedIn. *Mode: Hybrid.*

TRANSITION ASSISTANCE PROGRAM

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

TAP is a mandatory program for all service members separating or retiring from the military and must begin no later than 365 days prior to their transition. The program provides training opportunities and information to help service members meet their post-military goals. Services include self-assessment tools, pre-separation counseling, benefits overview, job search training, resume review, career options, academic and educational guidance, and more. Call to schedule an appointment or sign up.

INDIVIDUALIZED INITIAL COUNSELING

Call for Schedule Details & Appointments.

Service members begin their transition process by completing a personal self-assessment to identify post-transition goals and develop their Individual Transition Plan (ITP). Those separating or retiring from active duty must complete this mandatory one-on-one counseling no later than 365 days **before** their separation or retirement date. **This is the first step of the Transition process.**

PRE-SEPARATION COUNSELING

June 6, 13 & July 11, 25 8-10:30 a.m.

This is the second step of the formal transition process. Pre-Separation Counseling, just like Initial Counseling, must start no later than 365 days before your transition date. Review by-law information to include benefits,

and resources for eligible transitioning service members. Caregivers and spouses are encouraged to attend pre-separation counseling with their service member. **Prerequisite: Individualized Initial Counseling.**

TAP WORKSHOP

June 6-8, 13-15 & July 11-13, 25-27

8 a.m. to 4 p.m.

This mandatory 3-day workshop provides a standardized core curriculum. Review common challenges, financial planning, and VA benefits to help service members to depart career-ready. Facilitated by the Department of Labor, Veterans Administration, and M&FRC. After completion, additional workshops aligned with an individual's post-transition plan are offered. **Prerequisite: Pre-Separation Counseling.**

VA BENEFITS & SERVICES

Currently available on tapevents.mil

This course explains how to navigate your transition journey with the Department of Veterans Affairs. Benefits and services discussed include supporting yourself and your family, getting career-ready, finding a place to live, maintaining your health, and connecting with your community. **Prerequisite: Pre-Separation Counseling.**

DOL EMPLOYMENT WORKSHOP

June 9-10, 16-17 & July 14-15, 28-29

8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor provides information to stay current in a competitive job market by reviewing emerging technology for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Subject to individual plans, this class may be required; prerequisite: TAP workshop.**

DOL CAREER & CREDENTIAL EXPLORATION

June 16-17

8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor guides those

pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs. **Subject to individual plans, this class may be required; prerequisite: TAP workshop.**



from the U.S. Small Business Administration

June 21-22

8 a.m. to 4 p.m.

A 2-day entrepreneurial education track hosted by the Small Business Administration discusses opportunities and challenges of business ownership. Review steps for evaluating business concepts, foundational knowledge for developing a business plan, information on SBA resources available to help access start-up capital, and additional technical assistance. Register online at <https://sbavets.force.com> **Subject to individual plans, this class may be required; prerequisite: TAP workshop.**

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Weekly Skillbridge showcase webcasts are held every Wednesday at 1 p.m. to spotlights of approved partners. For more information, call your hosting location: FSH (210) 488-4119, LAK (210) 563-8223, or RND (210) 727-1281.

SURVIVOR BENEFITS

JBSA-LAK • Bldg. 5616

(210) 671-3243, 671-3216, 671-3796

The Survivor Benefit Plan (SBP) briefing is required by law for all retiring service members and their spouses no later than 120 days prior to their approved retirement date. SBP Counselors make contact 180 days before the approved retirement date to ensure all service members are scheduled for this essential briefing. Call for details or to schedule an appointment.

RECORD OF EMERGENCY DATA

DD Form 93, Record of Emergency Data, or RED - no matter how you refer to it - it's a vital part of your military personnel records. Updates should be made at least annually and always upon life changes (new address, marriage, divorce, birth of a child, and other changes to beneficiaries). It's the service member's responsibility to keep it current in vMPF. When was the last time you updated yours? For more information call (210) 671-3796, 671-3243, 671-3216 or email 802fss.fsfc@us.af.mil.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

EFMP is a mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to active-duty personnel and their family members. Call for more information.

EFFECTIVE TOILET TRAINING

June 30

Noon to 1 p.m.

Do you know what signs to look for indicating your child is ready to start potty training? Learn tips and tricks to help you and your little one succeed. *Mode: Virtual.*

EFMP ORIENTATION

July 28

Noon to 1:30 p.m.

Discover who qualifies as an exceptional family member, how to enroll or dis-enroll, the 3 pillars that make up the program, and how it factors into assignment choices. Learn how the program can support you and your family through respite care, TRICARE, ECHO, education rights, and more. *Mode: Virtual.*

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-LAK • Bldg. 5725, Rm. 135
(210) 984-1076, 238-5528

Military & Family Life Counselors help service members, their families, and significant others address issues from deployment and reintegration, marriage and relationships, communication challenges, stress, anxiety, anger, grief and loss, and other daily life issues. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. For Child and Youth Behavioral, call (210) 627-0054, 540-5033, or 439-8723.

PERSONAL & WORK LIFE

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Personal & Work Life collaborates with many helping agencies to provide education and promote family preparedness through readiness support. Call to register for a class.

VIRTUAL FRIDAY Q&A FOR MILITARY SPOUSES

Fridays (Not held July 1)

2-2:30 p.m.

Join us each week to receive valuable resources and talk with experts as we explore ways to get and stay connected. *Mode: Virtual.*

SINGLE PARENT SUPPORT GROUP

July 6

11:30 a.m. to 12:30 p.m.

Long- and short-term single parents receive information on community resources, network with other parents, and participate in open discussions. *Mode: Virtual.*



HEART LINK: MILITARY SPOUSE ORIENTATION

July 28

9 a.m. to 2 p.m.

Spouses new to the military or new to JBSA receive information about the military mission and military lifestyle. Review topics to help adapt like acronyms, protocol, and local community resources. *Mode: In-Person.*

KEY SPOUSE REFRESHER TRAINING

June 22

10-11 a.m.

Key Spouses and Key Spouse Mentors who've had a break of service in their role or just PCS'ed to JBSA must attend this refresher training before functioning as a KS or KSM. *Mode: Virtual.*

KEY SPOUSE CONTINUING EDUCATION

June 22

11 a.m. to Noon

This quarterly training complements the Key Spouse Initial Training by providing networking opportunities and continued education. Training may be facilitated through various methods such as in-person or different computer-based platforms like podcasts, webinars, or Military OneSource. *Mode: Virtual.*

KEY SPOUSE INITIAL TRAINING

July 14

9 a.m. to 2 p.m.

All newly officially appointed Key Spouses or Key Spouse Mentors must complete an Initial Training, facilitated by M&FRC or self-paced online, before acting as an official KS or KSM. The KS Program Initial Training (classroom and virtual) consists of 8 standardized modules.

Mode: In-person.



VOLUNTEER SERVICES

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Volunteer Services provide volunteers with opportunities based on interest and agency needs. Volunteers support the military through various capacities such as coaches, office assistants, program assistants, and more. Call to sign up or for information.

DEPLOYMENT READINESS

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3722

Deployment Readiness helps service members and their families prepare for deployment through trainings and support groups that assist with the unique challenges of a deployment cycle.

POST-DEPLOYMENT REUNION & REINTEGRATION

Mondays (Not held June 20 & July 4) 9-10 a.m.

Required for all service members returning from deployment; this training covers reintegration into home life and provides resources to deal with associated stressors. Spouses are highly encouraged to attend.

PRE-DEPLOYMENT BRIEFING

June 7, 21 & July 12, 26

9-10 a.m.

When deploying, it's vital to have all your personal and family affairs in order. This briefing provides helpful information to assist with all phase of deployment. This is a mandatory briefing for all service members scheduled to deploy, TDY longer than 30 days, or go on a remote assignment. Spouses encouraged to attend.



FEDERAL VOTING ASSISTANCE PROGRAM

JBSA-LAK • M&FRC, Bldg. 5725
(210) 671-3723

The Federal Voting Assistance Program (FVAP) provides services to Active Duty members, their families, and all eligible voters with information and guidance on the voting process. For more information, email lackland.vote@us.af.mil.



ARMED FORCES ACTION PLAN AFAP

Service Members • Retirees • Teens
• Military Spouses • Gold Star Families •
Reservists • Civilian DoD Employees

What does Tricare for Life, In-State College Tuition, Standardized Military ID Cards, Military Spouse Preference for Federal Jobs, Paternity Leave for married soldiers, School Liaison Officers, and Video Surveillance at Child Development Centers have in common?

They were all AFAP issues.

Voice your ideas and suggestions to improve the standards of living within our military community. Identify critical issues for action and resolution.

Issues and ideas range from healthcare benefits to childcare, recreation to education, employment to entitlements, and more!

Scan the QR code and click 'Submit an Issue.'



go.usa.gov/x9m9d

JBSA-RANDOLPH

INFORMATION & REFERRAL

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Information & Referral helps patrons connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Relocation Assistance offers an array of services to assist with a permanent change of station (PCS). One-on-one appointments are available to provide information that ensures your move is as smooth as possible. Visit Plan My Move at planmymove.militaryonesource.mil and Military Installations at installations.militaryonesource.mil for more tips.

SPONSORSHIP TRAINING

In accordance with AFI 36-2103, the Sponsorship Application & Training (eSAT) at <https://myhub.militaryonesource.mil> features a checklist, newcomers' needs assessment, customizable letters, and more. Once completed, contact M&FRC for additional information. Family members may become a sponsor by completing the eSAT.

LOAN LOCKER

Monday-Friday 8 a.m. to 4 p.m.
Closed 1st & 3rd Thursday 1-4:30 p.m.

In need of a few items until your household goods arrive? Visit the Loan Locker to borrow basic items while your household goods are in transit. A copy of your orders is required.

NEWLY ASSIGNED COMMANDER, COMMAND CHIEF & FIRST SERGEANTS BRIEFING

June 7 & July 12 8 a.m. to Noon

Commanders, Command Chiefs, and First Sergeants; this mandatory briefing satisfies AFI requirements while introducing key personnel from the Military & Family Readiness Center, Equal Opportunity, Family Advocacy, HIPAA, Sexual Assault Prevention and Response, and Legal.

NEWCOMER'S ORIENTATION

June 13, 27 & July 11, 25 8 a.m. to Noon

Mandatory in-processing for all newly assigned JBSA-Randolph military and civilian personnel. Spouses are welcome to attend. Contact your CSS to register.

FINANCIAL READINESS

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans.

CAR BUYING

June 9 10-11:30 a.m.

Review topics associated with purchasing a new or used car to avoid sales traps, dealer scams, and predatory lending.

OFFICER FIRST DUTY STATION MANDATORY FINANCIAL TRAINING

June 14 & July 12 10 a.m. to Noon

Mandatory for 2d Lt., 1st Lt., and Capt. assigned to their first permanent duty station. Explore finances to include

pay, entitlements, insurance, credit management, Thrift Savings Plan, and more. This training fulfills the DoD requirements of the Financial Touchpoint. *Mode: In-person.*

RETIREMENT PLANNING FOR MILITARY & GS

June 23 10-11:30 a.m.

Whether you're just starting a career or a seasoned veteran, saving for retirement is crucial. Discover the secrets of a successful retirement plan. Facilitated by Broadway Bank.

UNDERSTANDING YOUR CREDIT REPORT & SCORE

July 21 10-11:30 a.m.

Credit affects all aspects of your life, from applying for a job to obtaining a loan and more. Discover what information is on a credit report, how to read it, and how a credit score is calculated. Learn how to get a free credit report, correct common errors, and avoid credit repair scams. Facilitated by RBFCU.



EMPLOYMENT READINESS

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Employment Assistance offers job search and referral services for employment opportunities. Services include employment and education information, volunteer opportunities, and assistance in resume writing. Call to register.

MILITARY FAMILY SUPPORT PROGRAM

Meet with a career counselor from Workforce Solutions Alamo to learn about employment opportunities for military spouses. To schedule an appointment, call (210) 850-2152.

ACING THE INTERVIEW

June 7 9-10:30 a.m.

It's essential to know how to prepare for an interview and interview with

confidence. Discover preparation tips and review commonly used platforms.

SALARY NEGOTIATION

June 14 9-10:30 a.m.

Review ways to determine your earning potential, interviewing tactics, what to do once a job offer is received, and participate in a mock salary negotiation scenario.

USAJOBS NAVIGATION & FEDERAL RESUME WRITING

June 28 & July 26 9-11 a.m.

Learn the building blocks of a successful federal resume and put them into action. Discuss the federal hiring process, eligibility, preferences, navigating the site, and leveraging the site's features for a more effective application process.

LINKEDIN 101

July 12 9-11 a.m.

Looking for a job? LinkedIn is a must for your social media toolbox! Learn about the benefits, how to create a professional profile that showcases your abilities and accomplishments.



READY, SET, RESUME

July 19 9-11 a.m.

Knowing what to put on your resume can be confusing. This workshop introduces the different types of resume formats.

TRANSITION ASSISTANCE PROGRAM

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

TAP is a mandatory program for all service members separating or retiring from the military and must begin no later than 365

days prior to their transition. The program provides training opportunities and information to help service members meet their post-military goals. Services include self-assessment tools, pre-separation counseling, benefits overview, job search training, resume review, career options, academic and educational guidance, and more. The Individualized Initial Counseling and the Pre-Separation Counseling are also mandatory for those planning to re-enlist. Call to schedule an appointment or sign up.

INDIVIDUALIZED INITIAL COUNSELING

Call for details & appointments.

Service members begin their transition process by completing a personal self-assessment to identify post-transition goals and develop their Individual Transition Plan (ITP). Those separating or retiring from active duty must complete this mandatory one-on-one counseling no later than 365 days before their separation or retirement date. Airmen may schedule appointments as early as 36 months prior to retirement or separation.

Mode: In-person.

PRE-SEPARATION COUNSELING

June 1, 15, 22 & July 6, 13, 27 Noon to 3:30 p.m.

This is the second step of the formal transition process. Pre-Separation Counseling, just like Initial Counseling, must start no later than 365 days before your transition date. Review by-law information to include benefits, entitlements, and resources for eligible transitioning service members. Caregivers and spouses are encouraged to attend with their service member. Airmen may schedule appointments as early as 48 months prior to retirement or separation. **Prerequisite: Individualized Initial Counseling.** *Mode: In-person.*

TAP WORKSHOP

June 6-8 & July 18-20 8 a.m. to 4 p.m.

This mandatory 3-day workshop provides a standardized curriculum for service member separating or retiring. Discuss common challenges, financial

planning, and VA benefits to help service members depart career-ready. Facilitated by the Department of Labor, Veterans Administration, and M&FRC. After completion, additional workshops aligned with an individual's post-transition plan are offered. **Prerequisite: Pre-Separation Counseling.** *Mode: In-person.*

VA Benefits and Services

June 24 & July 29 8 a.m. to 3 p.m.

This is the same briefing given on the second day of the TAP Workshop. Learn about VA services, disability compensation, and GI Bill benefits. This class is also offered through Transition Online Learning at tapevents.mil/courses. **Prerequisite: Pre-Separation Counseling.** *Mode: In-person.*

DOL EMPLOYMENT WORKSHOP

June 9-10 8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor provides information to stay current in a competitive job market by reviewing emerging technology for networking and searching for employment. Learn how to build an effective resume and brush up on interviewing skills. **Subject to individual plans, this class may be required; prerequisite: TAP workshop.** *Mode: In-person.*



BOOTS to BUSINESS

from the U.S. Small Business Administration

July 13-14 8:30 a.m. to 4:30 p.m.

A 2-day track hosted by the Small Business Administration discusses business ownership opportunities and challenges. Review steps for evaluating business concepts, business plans, resources, and more. Register with M&FRC and online at <https://sbavets.force.com>. **Subject to individual plans, this class may be required; prerequisite: TAP workshop.** *Mode: In-person.*

DOL CAREER & CREDENTIAL EXPLORATION

July 21-22 8 a.m. to 4 p.m.

A 2-day workshop hosted by the Department of Labor guides those pursuing career technical training. Discuss different vocational fields and identify the skills needed to develop an action plan for achieving career goals. Review accredited training institutions and credentialing programs. **Subject to individual plans, this class may be required; prerequisite: TAP workshop.** *Mode: In-person.*

DOD SKILLBRIDGE CAREER SKILLS PROGRAM

The DoD SkillBridge, Career Skills Program on JBSA provides transitioning service members opportunities to help turn their military skills into post-service careers by connecting with apprenticeships, internships, and certification training during their final 180 days of active duty service. There are over 60 different opportunities ranging from career fields in healthcare, IT, finance or accounting, management, engineering, government, law enforcement, and more. Weekly Skillbridge showcase webcasts are held every Wednesday at 1 p.m. to spotlights of approved partners. For more information, call your hosting location: FSH (210) 488-4119, LAK (210) 563-8223, or RND (210) 727-1281.

CASUALTY ASSISTANCE & SURVIVOR BENEFITS

JBSA-RND • M&FRC, Bldg. 693 (210) 652-2104, 652-5321, 652-3192

The Casualty Assistance Representatives provide dignified and humane casualty notification, efficient, thorough reporting, and compassionate follow-up assistance to the next-of-kin of fallen active-duty Air Force members. Additional services include assistance with the processing of Family Servicemembers' Group Life Insurance (FSGLI), Traumatic Injury

Protection Program (TSGLI), Emergency Family Member Travel Program (EFMT), and the Survivor Benefit Plan (SBP). Call for details or to schedule an appointment.

RECORD OF EMERGENCY DATA

RED is one of the most critical forms in your military personnel record - When was the last time you updated yours? Updates should be made at least annually and always upon life-changing events (marriages, divorce, birth, changes of beneficiaries, and addresses). Don't delay - it's your responsibility to keep it current in vMPF. For more information, call (210) 652-2104 or 652-3192.

SURVIVOR BENEFITS PLAN BRIEFING

June 9 & July 14 9-10 a.m.

The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel. Call (210) 652-2104 or 652-3192 to register.

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-RND • M&FRC, Bldg. 693 (210) 744-4829 or 996-4037

Military & Family Life Counselors help service members, their families, and significant others address deployment and reintegration issues, marriage and relationships, stress, anger, grief and loss, and other daily life challenges. Consultations are anonymous, no records kept. Unit briefings or trainings are also available. Call to schedule a one-on-one consultation or a group meeting. For Child and Youth Behavioral, call (210) 627-0338 or 627-0525.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

EFMP is a mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to active-duty and retired personnel and their family members. Call for information.

EFMP ORIENTATION

June 13, 27 & July 11, 25 Noon to 1 p.m.

Whether newly enrolled or curious about the program, this class guides you in understanding the 3 arms that make up the Exceptional Family Member Program: Medical (EFMP-M), Assignments (EFMP-A), and Family Support (EFMP-FS). Review the specific role each section plays and how they can help your family.

PERSONAL & WORK LIFE

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

P&WL partners with many helping agencies to provide education and promote family preparedness through readiness support. Call to sign up or for details.

BUNDLES FOR BABIES

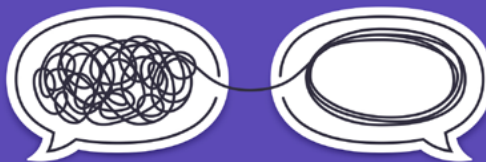
June 8 9-11 a.m.

In partnership with the Air Force Aid Society, information is provided on budgeting for a baby, dental and pediatric clinics, the New Parent Support Program, and more. Active-duty expecting parents are encouraged to attend. Patrons affiliated with the Air Force, Navy, Marine Corps, or Coast Guard receive a gift, courtesy of AFAS. Registration required. This training fulfills a DoD Financial Touchpoint requirement. *Mode: Virtual.*

COMMUNICATION TRAINING

June 22 10-11 a.m.

Why is it easy to communicate with some people but not everyone? Being able to communicate effectively is one of the most critical life skills. Identify components of communication, roadblocks of communicating, and how to improve communication through effective strategies and assertiveness skills. Held in partnership with MFLC's. *Mode: virtual.*



VIRTUAL FRIDAY Q&A FOR MILITARY SPOUSES

June 24 & July 22 2-2:30 p.m.

Join us to receive valuable resources and talk with experts as we explore ways to get and stay connected. *Mode: Virtual.*

KEY SPOUSE MENTOR TRAINING

July 6 9-10 a.m.

Are you a new Key Spouse Mentor? After the Key Spouse Initial Training, KS Mentors are encouraged to take this 1-time mandatory training. The class duration may vary depending on participants and interactive scenarios.

KEY SPOUSE INITIAL TRAINING

July 13 9 a.m. to 3:30 p.m.

All newly officially appointed Key Spouses or Key Spouse Mentors must complete an Initial Training before acting as an official KS or KSM. Review the 8 standardized modules.

KEY SPOUSE REFRESHER TRAINING

July 20 9-10 a.m.

Key Spouses and Key Spouse Mentors who've had a break of service in their role or just PCS'ed to JBSA must attend this refresher training before functioning as a KS or KSM.

KEY SPOUSE CONTINUING EDUCATION

July 20 10:30 to 12:30 p.m.

This quarterly training complements the Key Spouse Initial Training by providing networking opportunities and continued education. Training may be facilitated through various methods such as in-person or different computer-based platforms like podcasts, webinars, or Military OneSource.



VOLUNTEER SERVICES

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Volunteer Services provide volunteers with opportunities based on interest and agency needs. Volunteers support the military through various capacities such as youth coaches, office assistants, program assistants, and more. Call to sign up or for more information.

DEPLOYMENT READINESS

JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

Deployment Readiness helps service members and their families prepare for unique challenges of deployment and provides support through courses and support groups. Registration is required.

POST-DEPLOYMENT REINTEGRATION BRIEF

Tuesdays 9-9:30 a.m.

All military members returning from deployment, remote assignments or TDY's longer than 30 days, are required to attend. Spouses are encouraged to attend. One-on-one sessions are available by request.

PRE-DEPLOYMENT BRIEFING

June 14, 28 & July 12, 26 10-10:30 a.m.

All service members scheduled to deploy or go on a remote assignment are required

to attend. Members are educated on M&FRC, DoD, and 3rd party services available during all stages of deployment. Spouses are encouraged to attend. One-on-one sessions are available by request.

FEDERAL VOTING ASSISTANCE PROGRAM

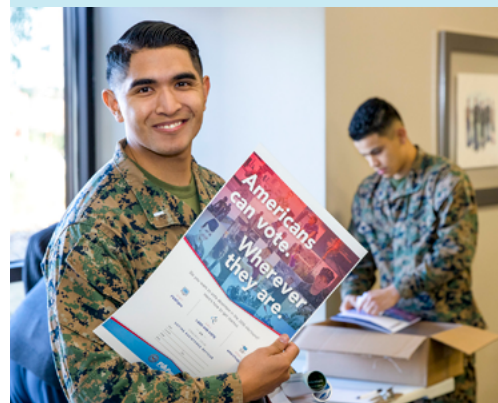
JBSA-RND • M&FRC, Bldg. 693
(210) 652-5321

The Federal Voting Assistance Program (FVAP) provides information to service members, their family, and overseas citizens. Services include assistance with voter registration, absentee voting, how to fill out forms, and more. FVAP is open Monday through Friday from 7:30 a.m. to 4:30 p.m., email randolph.vote@us.af.mil for details.

UNIT VOTING ASSISTANCE OFFICER TRAINING

July 21 10-11:30 a.m.

Newly appointed Unit Voting Assistance Officers (UVAO) are required to complete this training per DoDI 1000.4. Learn about role responsibilities, the absentee voting process, resources for conducting a successful program, how to submit quarterly reports, and finding help from the Federal Voting Assistance Program. To register, email randolph.vote@us.af.mil.





JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705

Hours of Operation:

Monday-Friday 7 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center
3931 Okubo Barracks, Bldg. 3639
(210) 916-7322 or 916-6089

Hours of Operation:

Monday-Friday 7 a.m. to 4 p.m.

Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212
(210) 671-3722

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214
(210) 671-4057

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693
(210) 652-5321

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 1-4:30 p.m. (staff training)

Closed for all Federal holidays & AETC Family days



www.jbsa.mil/Resources/MilitaryFamilyReadiness



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