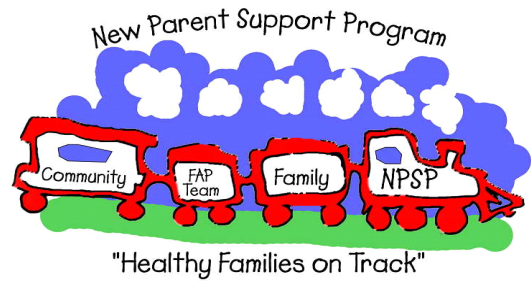


New Parent Support Program Car Seat Class 101



Need help on which car seat is best for your baby or child? Would you like to learn more about the best practice for car seat safety? We can help. Attend the NPSP Car Seat 101 class. Schedule at Lackland AFB:

- 10 Jan 2023
- 7 Feb 2023
- 7 Mar 2023
- 4 Apr 2023
- 2 May 2023
- 6 Jun 2023
- 11 Jul 2023
- 1 Aug 2023
- 5 Sep 2023
- 3 Oct 2023
- 7 Nov 2023
- 5 Dec 2023

SAFE KIDS GUIDE			
<p>1 5 point harness Infant Bucket or Convertible</p>	<p>2 5 point harness Convertible Car Seat Or Forward Facing Only</p>	<p>3 High Backed, Low Backed and Buckle, No Buck</p>	<p>4</p>
REAR-FACING	FORWARD-FACING	BOOSTER	SEAT BELT
0-4 YEARS	3-7 YEARS	5-12 YEARS	8-12+
5-45 lbs (check your seat for the exact weight) CHILD'S HEAD SHOULD BE 1" BELOW TOP OF SEAT	33-65+ lbs (check your seat for the exact weight; 5 point harnesses are safest during impact) CHILD'S HEAD SHOULD BE 1" BELOW TOP OF SEAT	WEIGHT OR HEIGHT ABOVE LIMIT FOR HARNESSSED SEAT (Child should remain awake during rides, sit properly and not regularly lean to either side)	4'9" + (The State minimum is 8 years and 80lbs but most children are safer in a booster until 8-12 years)

Free education on child safety

- ⇒ **How does it fit your car?**
- ⇒ **How does it fit your child?**
- ⇒ **Is it easy to use?**
- ⇒ **When do I switch my child to a new seat?**

To register, contact the New Parent Support Program at **210-292-5967**

Time: 1330 - 1530

Your child's safety comes first!

**Wilford Hall
Ambulatory Surgical
Center (WHASC)**

**Location:
3rd Floor, Wing B
Mental Health,
Conference Room
3K051**

