



WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

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JBSA honors veterans sacrifices

Retired Air Force Lt. Col. Michael P. Hoffman, Fort Sam Houston National Cemetery Memorial Service Detachment volunteer, helps provide a proper military burial June 10 at the cemetery.

Photo by Airman 1st Class Lauren Ely



Courtesy graphic

AF launches security campaign, page 4



Photo by Senior Airman Stormy Archer

JBSA focuses on recycling, page 6



Courtesy graphic

Adoption process assistance, page 8

COMMENTARY

Why I serve: defending what is important

By Lt. Col. Curt Castillo

5th Flying Training Squadron commander
Vance Air Force Base, Okla.

Ever since I was a young child I have been fascinated with airplanes and flight.

While in kindergarten, I lived in Enid, just north of Vance Air Force Base, Okla., where for hours I would stand in my front yard and watch the T-37s and T-38s fly overhead.

I loved the flying so much I even told my mother, "I'm going to fly those airplanes someday." For me it was about the airplanes. However, that changed when I met Capt. Mickelson, Gen. James Robinson Risner and Col. Silva.

Mickelson was my kindergarten teacher's husband and a T-38 instructor pilot. He was serving in the aftermath of the Vietnam War when opinions of the military were at an all-time low.

When I met him, he was professional and proud. His appearance and demeanor were perfectly within regulations and he was the personification of "excellence in all we do" as

an Air Force officer and pilot.

Silva was my ROTC commander and a Vietnam-era F-4 pilot. Silva carried a strong sense of duty. Despite his college friends moving to Canada to evade the Vietnam War draft, Silva chose to put "service before self" so that his friends could have the right to choose not to.

Risner spoke at my church in Tulsa, Okla., a year after his release from the Hanoi Hilton, where American prisoners of war were held by North Vietnam.

He shared stories of the horrible torture he endured while in captivity yet shared that his faith in God and faith in his fellow Airmen helped him persevere. Risner displayed great courage and "integrity first" even when his life was in jeopardy so that his men might have hope for rescue and survival.

I don't pretend to compare my service with that of patriots like Mickelson, Risner or Silva. However I do understand that any and all service means a great deal to the American citizens we serve.

Veterans Day tradition continues at Fort Sam Houston National Cemetery

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

A long-standing tradition continues Friday at Fort Sam Houston National Cemetery as hundreds of visitors pay tribute to the contributions and sacrifices of our nation's veterans.

The annual Veterans Day ceremony will take place at 10 a.m., preceded by a musical prelude at 9:30 a.m., at the national cemetery's assembly area. The event will feature guest speaker Allen Clark, a West Point graduate, Purple Heart recipient and retired Army captain who formerly served as director of the National Cemetery System.

"This ceremony is a way of honoring our brothers and sisters in the armed services – those who have passed on and those who are still living – for their sacrifices in preserving the freedoms we all enjoy," said retired Air Force Master Sgt. Tom Earnest, Fort Sam Houston Memorial Services Detachment Honor

Guard vice commander and event master of ceremonies.

Another highlight of the ceremony is a U.S. Citizenship and Immigration Services naturalization ceremony featuring active-duty members who will be sworn in as citizens. U.S. Magistrate Judge John Primomo of the Western District of Texas will preside over the ceremony, Earnest said.

Music during the ceremony will be provided by Army North's 323rd Army Band "Fort Sam's Own" at Joint Base San Antonio-Fort Sam Houston, which will perform prior to the event, and the Texas Children's Choir of San Antonio.

Also during the ceremony, members of the Southside High School Junior ROTC will present the colors and members of the Fort Sam Houston MSD Honor Guard will provide three volleys of rifle fire and sound taps.

Other Veterans Day weekend activities are planned at JBSA-Lackland and JBSA-Randolph.

See **VETERANS DAY P7**

When I hear "thank you for your service" from appreciative civilians, I realize what they are truly saying is "thank you for your integrity to preserve the rights and freedoms of our great country."

"Thank you for your selfless service to protect her citizens and the ones we love.

"Thank you for your excellence in doing your job well so you can safely return home to the ones who appreciate you."

So why do I serve?

I decided to serve because I wanted to honor Mickelson, Silva, Risner and Airmen like them. Airmen who have served with integrity, selflessness and excellence before these were Air Force Core Values.

I have served to defend what is important to our American ideals and the legacy of liberty. I have served because I love America.

I continue to serve because I want to positively shape and mentor the future leaders of our Air Force and of our great nation.

Why do you serve?

WINGSPREAD

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Photo by Airman 1st Class Lauren Ely
Retired Air Force Lt. Col. Michael P. Hoffman, Joint Base San Antonio-Randolph Retiree Activities Office deputy director, displays a photo of himself from his time in the Corps of Cadets at Texas A&M University in the late 1960s June 7 at JBSA-Randolph.

Retiree Activities Office director Lindgren continues to serve

By David DeKunder

Joint Base San Antonio-Randolph Public Affairs

As director of the Joint Base San Antonio-Randolph Retiree Activities Office, Jon Lindgren takes great satisfaction in being part of a group of dedicated volunteers who are helping military retirees.

Lindgren, a retired Air Force chief master sergeant, is one of 20 volunteers at the Retiree Activities Office who assist and serve the needs of military retirees, spouses, widows and widowers – from all service branches – by providing them information on several programs and services they can utilize and how they can go about obtaining benefits.

Lindgren said there are three reasons he enjoys being a part of the Retiree Activities Office, which he has been a volunteer at for eight years.

“One, is the reward for helping people,” he said. “Second, it’s something to do, and third, there is a great team (of volunteers) here.”

Whether it’s been in the military, the government sector or volunteering, service has been a big part of Lindgren’s life. He served for 30 years in the Air Force and 18 years working at the U.S. Department of Energy before retiring in 2004.

Raised in a military family, Lindgren enlisted in the Air Force in 1955, a year after completing high school in Gainesville, Ga. His father, William, a World War II veteran, served for 32 years in the Army, retiring as a master sergeant.

After completing basic training at then-Lackland Air



Photo by Joel Martinez

Retired Air Force Chief Master Sgt. Jon Lindgren serves as the director of the Joint Base San Antonio-Randolph Retiree Activities Office

Force Base, Lindgren went to technical school at Lowry Air Force Base, Colo., in 1956 to learn about nuclear weapons maintenance. That same year, he was assigned to Plattsburgh Air Force Base, N.Y., where he started working in nuclear weapons maintenance.

Lindgren worked with nuclear weapons during the height of the Cold War, working on maintenance crews that put the first nuclear Atlas missile on alert in 1959 and the first Minuteman I nuclear missile on alert during the Cuban Missile Crisis in 1962.

“My career field was classified,” Lindgren said. “I couldn’t tell my parents what I did for 20 years in the service.”

National Military Family Month: honoring heroes on home front

By Ashley Palacios

Joint Base San Antonio-Randolph Public Affairs

On Oct. 28, President Barack H. Obama signed a Presidential Proclamation declaring November to be “National Military Family Month.”

Since 1993, the month of November has been an opportunity to honor the commitment, sacrifice, dedication and service of military members and their families who give so much to the service of our nation.

“We must always be there for our service members and their families – just as they are there for us,” Obama said in his proclamation. “Through the thickest of fights and the darkest of nights, our extraordinary military families – our heroes on the home front – stand alongside our patriots in uniform, and in their example we see the very best of our country’s spirit. During Military Family Month, let us thank them for their tremendous devotion to duty and for their unyielding sacrifice. Let us honor their resolve and patriotism and uphold our solemn responsibility to ensure the priorities of our nation reflect the priorities of our military families.”

Maree Scanlan, whose husband is currently deployed, has been a military spouse since 2009. After seven years of being part of the Air Force family, she describes military life as a series of ups and downs.

Scanlan said being part of the Air Force family has allowed her to meet new people, experience new cultures and travel. Her worldview has been expanded in a way that wouldn’t have been possible had she lived in the same place her entire life.

But as all military families know, life in the Air Force has its challenges too.

Scanlan said it’s difficult to pack up and move to a new place, a new school, a new city, with new people. Dealing with the unknown, the deployments and having to rearrange family routines are some of the hardest parts of military family life.

“My kids are resilient but it’s still hard on them,” Scanlan said. “Change is scary and difficult. They have to leave their friends, family and way of life to start all over, but I also see how it’s building character, making them more resilient, teaching them to accept change, be problem solvers and overcome challenges.”

Scanlan’s advice to other military families who may be struggling, is to stay positive and be proactive.

“It will all be OK,” Scanlan said. “It’s tough, but you and your spouse have to rely on each other. As a spouse, be willing to be part of the military life, the base and the community. Don’t be scared of change and remember to stay flexible as a family.”

Scanlan said she’s proud to be part of the Air Force

In 1966, before being deployed to Vietnam, Lindgren went to the U.S. Navy Explosive Ordnance Disposal School in Maryland. He served in Vietnam from 1966-67 as a member of an explosive ordnance disposal crew.

During his service in the Air Force, Lindgren was stationed at several locations in the U.S., including Vandenberg Air Force Base, Calif., and Malmstrom Air Force Base, Mont., and overseas, including Japan, Korea and Goose Bay, Labrador, in Canada.

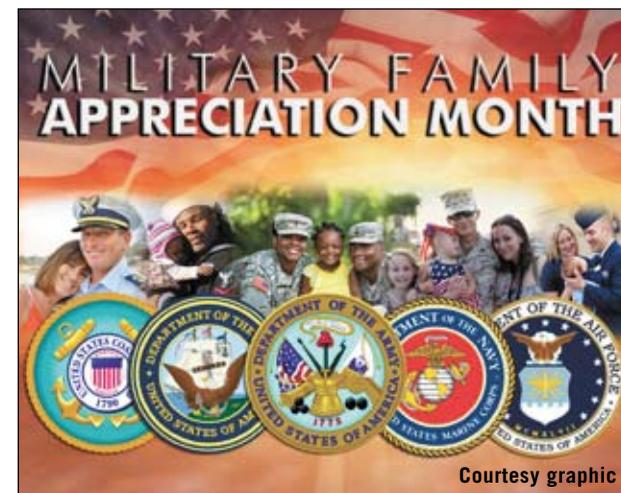
In 1985, Lindgren retired from the Air Force and joined the Department of Energy: working in the weapons program in Albuquerque, N.M. The weapons program developed and tested nuclear weapons.

“The entire nuclear community is a world on its own,” he said. “You can’t find anything else that compares to it – the information, the classification and the way things are done.”

Jay Johnson, a retired Air Force chief master sergeant, said Lindgren is a strong leader who knows what needs to be done to make sure the Retiree Activities Office is serving the needs of military retirees, spouses, widows and widowers.

“He has a good perception of what we need to do and how to go about doing it,” Johnson said. “He puts the thread through the needle and sews it altogether, brings it together and that is what you need in an operation like this.”

Lindgren has been married to his wife, Joan, for 48 years and has two children and four grandchildren. He has served for three years on the Converse City Council, which will end when he leaves the council this month.



Courtesy graphic

family. Moments like seeing her young daughter with her hand over her heart as Retreat played remind her why their service is important.

“My husband and I joke that the Air Force is the first wife, but really, we’re just like any normal family,” Scanlan said. “No family is perfect. Every family has their ups and downs, their good days and bad days, their challenges and their successes; ours is no different.”

By Mike Martin
Secretary of the Air Force Public Affairs

The Air Force message is clear -- October may be National Cybersecurity Awareness Month, but with the continuous advancement of technology and evolving cyber threats, one month of cybersecurity awareness is no longer enough.

In a memorandum sent to Air Force personnel, Lt. Gen. William J. Bender, the Air Force's chief information officer, said he was establishing the Chief Information Security Office, or CISO, and beginning a yearlong Cyber Secure campaign in October to address cybersecurity throughout the service.

"We must position cyber at the forefront of our thinking, planning, and operations," Bender said. "Cybersecurity depends on every Airman, regardless of rank or job description. Every time you log onto a system, click on a link, download a file or plug one device into another, we risk exposing our systems to exploitation."

In other words, when it comes to cyberspace, everything is connected.

"Every Airman who plugs an unauthorized device into a network or circumvents a security control on a maintenance loader needs to understand that he or she is creating vulnerabilities for our enemies to exploit," Bender said.

Maj. Gen. Cedric D. George, the Air Force deputy chief of staff for logistics, said it's important to emphasize at every echelon of command that data and information are primary reasons we must take cybersecurity seriously.

"Data remains a strategic, operational and tactical asset," George said. "It's as important to logisticians as fuel. No Jet Propellant 8, no airpower; no secure and synthesized log data, no airpower -- period. We need every Airman to understand that cybersecurity awareness and the mission systems we connect to are inextricably linked, and we must be cyber secure."

Air Force leadership also emphasized that the cyber domain is much more than the internet.

"While the internet is part of cyberspace, it is not all of cyberspace," Bender said. "Any computer system capable of

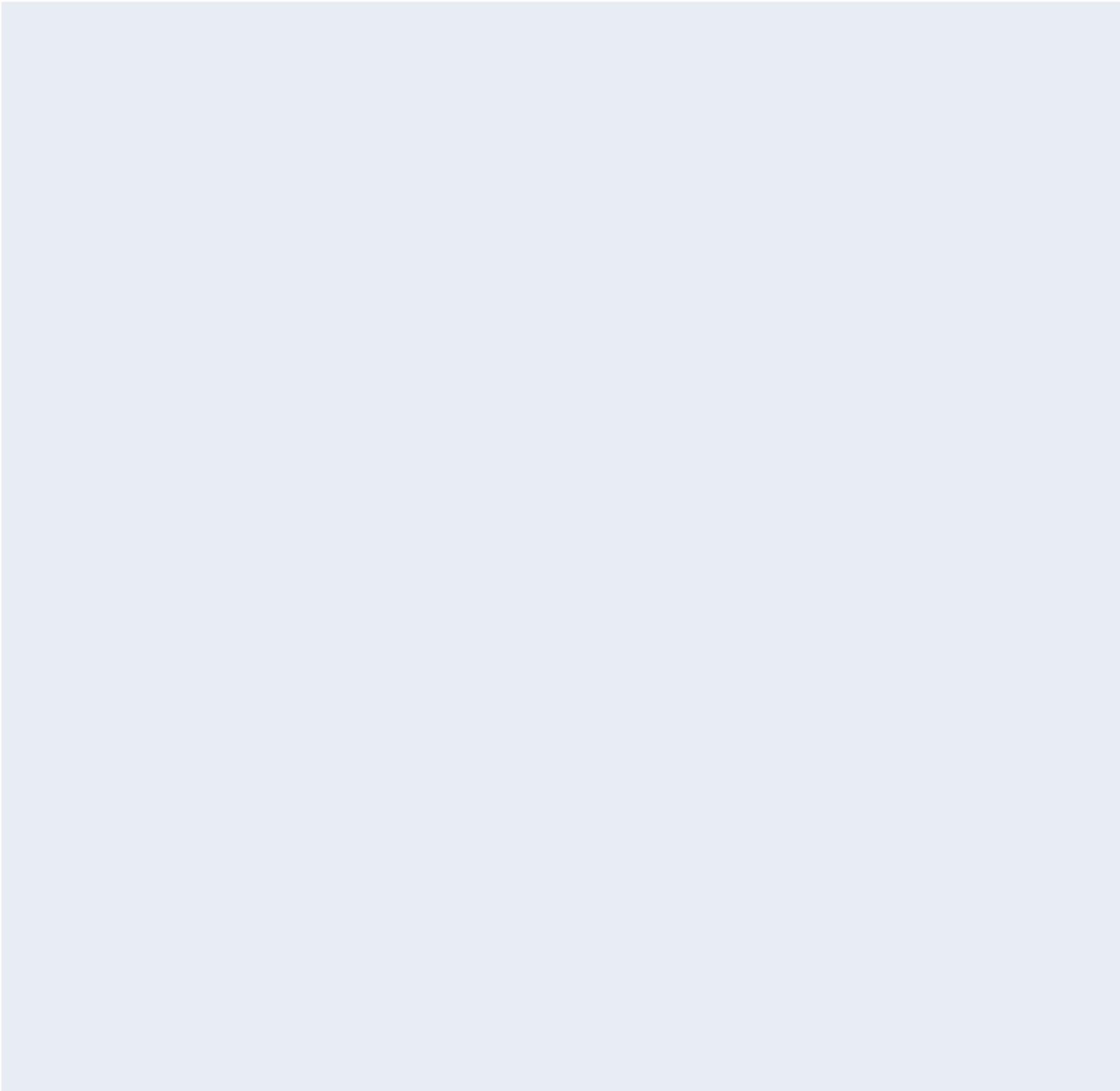
communicating with other computer systems in some way is part of cyberspace. A desktop computer, an avionics computer on an aircraft, a smart phone, an industrial controller, and the processors on a modern car are all part of cyberspace, although only some of them are routinely connected to the Internet. Most modern military equipment -- from a humble truck to a B-2 Raider bomber -- has some form of processor and is thus reliant upon and a part of cyberspace."

Bender called on Airmen across the total force to start considering cybersecurity as part of their normal routine in the same way they're accustomed to thinking about physical safety.

"It is not just the cyberspace warriors who need to adapt; operators and support personnel who focus on the physical domains also need to practice operating effectively in an environment of constant change where not everything works as expected," he said. "Everyone in the total force must learn to think of cyberspace as a war-fighting domain. Mission assurance is not something created by technical experts alone."



Courtesy graphic



By Senior Airman Stormy Archer
Joint Base San Antonio-Randolph
Public Affairs

Members of the 502nd Civil Engineer Squadron are setting out to raise awareness about the Joint Base San Antonio recycling program Monday during America Recycles day.

America Recycles Day educates people about the importance of recycling to the economy and environmental well-being, and aims to turn occasional recyclers into “everyday” recyclers.

“We’re running out of space, even here in Texas. We are a big state with a lot of land, but even our landfills are getting full,” Jesse Salinas, 502nd CES assistant qualified recycling program manager, said.

If we don’t recycle and take care of the land we have now, your great grandchildren will only be able to see it in a picture, he added.

JBSA members can help out by checking buildings on a weekly routine basis, moving trailers which have cardboard fenced in, collecting bins

and emptying them and shredding paper daily. Bottles and cans should be empty and washed out and large bottles and cans should be crushed to save space. Don’t place chemicals, solvents or other hazardous liquids or oils in recycling bins. Remember to break down cardboard boxes.

Avoid throwing bags of mixed items in the recycling bin like lunch bags. Recycling bins are not for trash.

Recycling helps to conserve natural resources and reduce greenhouse gas emissions that contribute to global warming. According to the Environmental Protection Agency, recycling one ton of aluminum cans saves the energy equivalent of 36 barrels of oil or 1,655 gallons of gasoline. Recycling one aluminum can saves enough energy to power a television set for three hours.

“If you don’t recycle, we are going to run out of resources and the Earth won’t be able to sustain us anymore,” Salinas said.

For more information on the JBSA recycling program, call 671-4800.



Photo by Senior Airman Stormy Archer

John Perez (left) and Russ LePage, 502nd Civil Engineer Squadron motor vehicle operators, shred paper Nov. 2 at the Joint Base San Antonio-Lackland Recycling Center.

VETERANS DAY from P2 —

The Skylark Bowling Center at JBSA-Lackland will offer a special rate of \$1 per game per person and \$1 shoe rental from 11 a.m. to 4 p.m. today. The JBSA-Randolph Bowling Center will celebrate Veterans Day all weekend with a special rate of \$2.50 per game per person and \$2.75 shoe rental from 2-10 p.m. today, noon to 7 p.m. Saturday and 1-4 p.m. Sunday.

The Rambler Fitness Center at JBSA-Randolph will honor veterans with an open house from 11 a.m. to 1 p.m. today in recognition of their service. Veterans will tour the facility to see how the equipment and programs can improve their quality of life. Staff members will be on hand to answer questions.

The Randolph Oaks Golf Course will host a one-person scramble today, with tee times from 7-9 a.m. The cost to enter is \$10 along with green fees and cart rental.

Heart Link connects spouses, strengthens community

By Ashley Palacios
Joint Base San Antonio-Randolph Public Affairs

Adjusting to military life can be a daunting and overwhelming process, especially for military spouses.

Heart Link seeks to ease this transition by introducing and explaining many aspects of military life to spouses.

According to the Air Force Aid Society, which funds the Heart Link program, the objective of Heart Link is to strengthen military families and enhance mission readiness. Understanding that spouses play an important role in re-enlistment decisions, which ultimately impact retention rates, a major program goal is to help spouses, especially those who have been with the Air Force five years or less, acclimate to the Air Force environment.

The Heart Link program includes orientation activities consisting of presentations from base agencies, interactive games and exercises that should, by the end of the day, leave spouses feeling they are an important and respected part of the Air Force team. A program highlight is a visit from the wing commander who presents a coin to each

spouse for completing the program.

According to Brandy Wright, Joint Base San Antonio-Randolph Military & Family Readiness Center community readiness consultant, Heart Link is important because it normalizes the Air Force lifestyle for new spouses.

“Heart Link is a very special opportunity for spouses to learn so much about the Air Force,” Wright said. “I have been a military spouse for 14 years and I still learned quite a few things when I went through Heart Link.

“It’s a chance for spouses to meet and interact with other spouses, learn about finance, protocol, Air Force acronyms and other do’s and don’ts of the Air Force,” Wright continued. “We even teach them basic military protocol and the right attire for various Air Force events they may attend.”

Criselda Smith, JBSA-Randolph Military & Family Readiness Center community readiness consultant, noted the impact of the military spouse.

“If you look at the Heart Link logo you’ll

see a heart at the center,” said Smith. “In same way, the military spouse is the heart of the Air Force. They have a huge impact on their spouse’s career.”

Currently, only 19 percent of service members stay until retirement. A major factor in the decision to separate from the Air Force is typically the family.

“Often times, the military lifestyle of frequent moving and leaving family and friends can make spouses feel lonely or depressed, but the Air Force wants them to know how much they are valued,” Smith said. “They’re part of a bigger family now and this is their welcome home.”

Air Force spouses interested in attending future events at JBSA-Randolph can call 652-5321. Air Force spouses interested in attending the Jan. 18, 2017, event at JBSA-Lackland can call 671-3722. Air Force spouses assigned to JBSA-Fort Sam Houston can attend at either of the aforementioned locations.



Reimbursements, tax credits assist military families in adoption process

By Robert Goetz
Joint Base San Antonio-Randolph Public Affairs

National Adoption Awareness Month is observed every November to direct attention to the thousands of children in the United States and abroad who await a permanent, loving family.

Although adopting a child is a rewarding and joyful experience, the adoption process itself can be challenging in a number of ways, especially for military members, who face realities such as deployments and permanent changes of station to overseas locations.

One of those realities is adoption's financial burden: adoption fees and expenses that can add up to thousands of dollars.

Fortunately for military members, an adoption expense reimbursement of up to \$2,000 per child can lighten that burden. In addition, like all taxpayers, they may claim a tax credit of up to \$13,460 per child for qualified adoption expenses.

"The adoption expense reimbursement is a big advantage for military members," said Pete Myers, 502nd Security Forces and Logistics Support Group Judge Advocate senior civil law attorney. "They may be able to claim up to \$2,000 per child for qualifying adoption expenses."

A publication of the Air Force Judge Advocate General's School at Maxwell Air Force Base, Ala., "The Military Commander and the Law," outlines the adoption expense reimbursement procedure, Myers said.

The procedure involves the military member contacting the local military personnel flight for guidance and copies of the application form, Department of Defense Form 2675, and providing required documentation; the unit commander's certification of the claim's



validity; and the MPF's forwarding of the member's package to the Defense Finance and Accounting Service for review, decision and payment.

The adoption expense reimbursement also has time limitations.

Members must be on active duty when the adoption becomes final and must also be on active duty and have served at least 180 consecutive days on active duty when they file a claim. They also must file no later than one year after the adoption is final or one year after the child's U.S. citizenship in a foreign adoption.

The tax credit of up to \$13,460 for qualified expenses paid to adopt an eligible child also benefits adoptive military parents.

"However, if the adoptive parents' modified adjusted gross income is more than \$201,010, the credit is reduced," said LaMarr Queen, 502nd SFLSG JA senior

civil law paralegal and Joint Base San Antonio-Randolph tax program coordinator. "If their modified adjusted gross income is \$241,010 or more, they can't take the credit."

The credit may be allowed for the adoption of a child with special needs even if the adoptive parents do not have any qualified expenses, Queen said.

"Qualified adoption expenses are reasonable and necessary expenses directly related to and whose principal purpose is for the legal adoption of an eligible child," he said. "These expenses include adoption fees, court costs, attorney fees, travel expenses while away from home and expenses to adopt a foreign child."

Queen defined an eligible child as any individual under 18 years old or one who is physically or mentally incapable of caring for himself or herself.

He also noted the adoption credit is a nonrefundable credit that is applied directly to the taxes the person owes.

"Once your tax goes to zero, the remainder of the credit goes away," Queen said. "However, in some cases, part of the credit may carry over to the next tax year and the credit will be applied to the next year's return."

Military members are also reminded their adopted children are eligible for TRICARE benefits, Myers said.

"As soon as the adoption is complete, the child is immediately eligible for health care," he said. "The military member has 60 days to register the child into the Defense Enrollment Eligibility Report System. During that period, the child is entitled to health care."

In addition, service members are eligible for 21 days of permissive temporary duty in connection with the adoption, Myers said.



First two enlisted pilots complete solo flights

Master Sgts. Alex (left) and Mike, 1st Flying Training Squadron Remotely Piloted Aircraft Initial Flight Training students, stand in front of a DA-20 Katana after completing an Air Force first enlisted solo flight in the DA-20 at Pueblo Memorial Airport, Colo., Nov. 3. The first Enlisted Pilot Initial Class students took their first solo flight instruction during the 1st FTS training. RPA IFT includes 41 hours of classroom training and 21 hours of pilot training and officer development.

(Editor's note: Only first names are used when referencing RPA students.)

Photo illustration by Staff Sgt. Cory Payne



Jessica Carrillo (right), Joint Base San Antonio-Lackland Blood Donor Center phlebotomist, sanitizes the arm of U.S. Army Spc. Jonathan Alexander, Brooke Army Medical Center medical laboratory technician, before he gives blood Oct. 5 at JBSA-Randolph.

Photo by Airman 1st Class Lauren Ely

This holiday season, be in the blood-donating mood

By Jose T. Garza III

Joint Base San Antonio-Lackland Public Affairs

The Joint Base San Antonio Blood Donor Centers are encouraging the military community to donate blood this upcoming holiday season.

The period between Thanksgiving and the new year is considered one of the slowest times to draw in blood donors, said Tracy Parmer, Armed Services Blood Bank Center blood donor recruiter, because they are in the process of uprooting to a new permanent duty station or participating in holiday activities.

“We can only draw in people that have base access,” she said. “We don’t have another population we can go to.”

Blood donations support medical aid efforts in Afghanistan, San Antonio Medical Military Center, Audie L. Murphy Memorial Veterans Administration Hospital and trauma centers across the country.

“Each person is vital,” said Palmer about the need

for blood donations. “If all you need is one unit of blood then it’s my job to ensure that one unit is there when you need it. Blood is one of the most selfless things you can give because someone may need it in the worst moment of their life and their life is dependent on it.”

Interested donors can visit the JBSA-Lackland Blood Donor Center between 8 a.m. to 2 p.m. or Akeroyd Blood Donor Center at JBSA-Fort Sam Houston from 7:30 a.m. to noon, Monday through Friday. For convenience, donors have the option to request a blood-draw procedure at their place of work.

“I say one donation saves one life but affects a million,” she continued. “Everybody in your life is affected by the unit of blood you received to save your life. The one unit that saves a life becomes an amazing thing because you get to live and affect everyone around you.”

There is a significant need for platelets, Palmer noted, as the blood donor center is required to collect 12 a day. Platelet donors are advised to

schedule an appointment as there only six machines available for procedures, which last about 90 minutes.

A typical blood donation procedure can be completed in 45 minutes to an hour.

Palmer encourages ineligible patrons to support the blood donor center in other capacities.

“Be a point of contact for your squadron by finding at least two donors in your office,” she explained. “Send people to the blood donor center when there’s an emergency need. People can call to volunteer to be on our various teams – an O-negative team, O-positive team and A-positive team – so that they can be on call in the event there are patients who need blood from those types. Answer the phones at work for the Airmen who are designated to donate blood. Everybody can help.”

To schedule an appointment, for information on eligibility requirements or for more details, call the JBSA Blood Donation Center at 292-8145 or the Akeroyd Blood Donor Center at 295-4655.

MOVIE LISTINGS

JBSA-Randolph Fleenor Theater Schedule

<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
7 p.m. The Girl On The Train (R)	3 p.m. Doctor Strange 3D (PG-13) 7 p.m. The Accountant (R)	3 p.m. Middle School: The Worst Years Of My Life (PG)

Joint Base San Antonio-Randolph News Briefs

The Hangar Doors Are Open luncheon

The Hangar Doors Are Open luncheon is 11:30 a.m. Wednesday at the Joint Base San Antonio-Randolph Kendrick Club. Call 462-7608 for details.

Businesses designated off limits

All 502nd Air Base Wing and Joint Base San Antonio military members are forbidden to enter any establishments named Cracker Box Palace, Planet K, Players Club of San Antonio, MJM Autohaus or VIP Spa. This includes all locations in Bexar, Atascosa, Bandera, Comal, Guadalupe, Kendall, Medina and Wilson counties. These businesses are perceived as damaging to the military mission. For more information, call 652-5727.

Save the Date: Taj open house

The 502 Security Forces and Logistics Support Group will host an open house from 11 a.m. to 2 p.m. and 6-8:30 p.m. Dec. 13 at Joint Base San Antonio-Randolph's Taj Mahal, building 100.

JBSA USO grand opening

To celebrate the grand opening of the United Service Organizations, or USO, location at Joint Base San Antonio-Fort Sam Houston, a picnic is planned from 10 a.m. to 2 p.m. Friday at the JBSA-Fort Sam Houston Community Center,

building 1395 on Chaffee Road. Live entertainment will be provided.

AAFES Sweepstakes

Army & Air Force Exchange Service shoppers will be automatically entered in the worldwide sweepstakes through Dec. 31 each time they use their military star card to pay for purchases at any AAFES location or on shopmyexchange.com. Each transaction counts as one entry.

Three grand-prize winners will have their military star card bill paid in full up to \$8,200, with a minimum prize of \$2,500. Ten second-prize winners will be awarded a \$1,000 credit on their card statement, while 25 third-place winners will receive a \$500 credit. Winners of the Your Holiday Bill Is On Us sweepstakes will be randomly selected and announced on or about Jan. 30.

The Wingman Café now open

Joint Base San Antonio-Randolph's dining facility, "The Wingman Café," is open Monday-Sunday: Breakfast, 6-9 a.m.; Grab n' Go, 9-10:30 a.m.; Lunch, 10:30 a.m.-1:30 p.m.; Grab n' Go, 1:30-4:30 p.m.; Dinner, 4:30-6:30 p.m. It will also be open weekends and holidays: Breakfast, 6:30-9 a.m.; Grab n' Go, 8:30-10:30 a.m.; Lunch, 10:30 a.m.-1:30 p.m.; Grab n' Go, 1:30-4:30 p.m.; Dinner, 4:30-6:30 p.m. For more information, call 652-5533.

Great American Smokeout events kick off Thursday

By David DeKunder

Joint Base San Antonio-Randolph Public Affairs

Activities encouraging smokers to give up smoking and end their addiction to tobacco will be held throughout Joint Base San Antonio Wednesday through Nov. 18 for the Great American Smokeout, an annual event sponsored by the American Cancer Society.

Brooke Army Medical Center Health Promotions and BAMC Pulmonary Clinic at JBSA-Fort Sam Houston will host the Great American Smokeout from 10 a.m. to 2 p.m. Thursday at the BAMC Medical Mall.

Stephanie Soileau, Army Public Health Nursing BAMC Health Promotion director, said the event will include demonstrations of artificial lungs dyed black to represent what smoking does to the lungs, models of lungs with tar accumulation and information on programs and resources to help smokers kick the habit and carbon monoxide breath screening for smokers.

Smokers at the event will learn and pick up information about the monthly smoking cessation classes held at JBSA-Fort Sam Houston. The four-week class is held from 12:30-2 p.m. on Tuesdays.

Individuals who sign up for the smoking cessation class will have a chance to win a turkey, to signify going "cold turkey" to quit smoking. The turkeys are being donated by the JBSA-Fort Sam Houston Commissary.

Soileau said the smoking cessation class covers sev-

eral topics on smoking and health.

"We cover stress, nutrition, the importance of exercise, medications that can help smokers, the benefits of quitting smoking, the long term-risks of continuing to smoke and second-hand smoke," she said.

The smoking cessation class includes information on resources and a starter pack to help smokers quit.

Smokers who complete the class can come in for follow-up visits with BAMC Health Promotion to assess how they are progressing in their effort to quit smoking. Class participants have access to nicotine replacement therapy, in which Soileau can prescribe medication to assist smokers in quitting.

To sign up for the smoking cessation class, call BAMC Health Promotions at 916-7646.

JBSA-Lackland Health Promotions will be handing out information on resources and services available throughout JBSA to active-duty members, military family members, retirees and Department of Defense ci-



vilians who want to give up smoking at the diabetes health fair from 9 a.m. to 3 p.m. Nov. 16 in the Wilford Hall Ambulatory Surgical Center Atrium.

Claudia Holtz, JBSA-Lackland Health Promotions Program manager, said anyone who comes by the Health Promotions table at the fair will have a chance to win a door prize.

Holtz said the resources available at JBSA-Lackland for smokers include one-on-one counseling through the Behavior Health Optimization Program, in which individuals can be referred to the program through a health provider.

JBSA-Lackland Health Promotions provides information about awareness on the health risks of smoking, including symptoms and nutritional behaviors, and other alternatives to smoking that are just as addictive, including e-cigarettes, Holtz said.

At JBSA-Randolph, Great American Smokeout activities will be held during a two-day period.

See **SMOKEOUT P12**

Air Force takes initial steps to reduce training unrelated to primary missions

By Tech. Sgt. Robert Barnett
Secretary of the Air Force Public Affairs

The Air Force plans to reduce training not related to Airmen's primary jobs in order to address concerns that excessive and non-mission related demands are impacting Airmen's ability to focus on and accomplish their core duties, officials announced Oct. 31.

As part of ongoing efforts to take care of Airmen and revitalize squadrons, Air Force leadership recently directed the "Airmen's Time" task force to review 42 ancillary training courses (i.e., training outside of an Airman's core job). Functional training requirements were not part of this review.

According to the official memorandum, of those 42 courses, the Air Force will eliminate 15 stand-alone training courses and streamline 16 courses reducing associated training time.

In a recent survey, Airmen identified 10 courses as the most burdensome. The service will eliminate or significantly reduce nine of them as part of this initiative.

Air Force leaders emphasized while this is another positive step following the recent announcement eliminating some additional duties, more work remains.

"We've taken some modest steps to ensure we use our Airmen's time in the smartest way, but this is a journey," said Air Force Chief of Staff Gen. David L. Goldfein. "We'll continue to be deliberate about what we cut or streamline, but more is required as we continue to focus our efforts on the business of warfighting, respecting our Airmen's time and still meeting the necessary requirements to take care of our mission and our force."

The courses reviewed include total force awareness

training, which is required of all Airmen on an annual basis; selected force training, which is targeted to specific groups, including commanders, civilians and supervisors; event-driven training, which is triggered by some event, such as moving to a new assignment or duty station; and basic Airman readiness training, which is expeditionary-focused training required of all Airmen every three years.

While each of these training modules provide important information, the review found many of the requirements duplicated information already provided in other trainings. These reductions will, in many cases, eliminate redundant requirements across the service.

"This initiative represents the next step in giving time back to our Airmen," said Air Force Secretary Deborah Lee James. "All these training requirements were created to provide valuable information to our Airmen. The intent was right, but as the lists of requirements increased, our Airmen spent more time away from their core duties."

Reducing ancillary training, according to Air Force leadership, is not intended to reduce emphasis on the need to have well-trained and educated Airmen. Instead, the effort is specifically designed to give the Air Force greater flexibility in how it meets and implements these requirements.

"Our Airmen are certainly busy and that dynamic will likely not decrease in the foreseeable future. We understand that dynamic, and we're willing to accept some risk where we can to better balance our Airmen's time," said Chief Master Sgt. of the Air Force James A. Cody. "Computer-based training impacts our Airmen's time,

so we're looking at what we can eliminate, consolidate or substantially relax to cut the demand."

The Air Force believes the initiative will benefit the total force by not only allowing active-duty Airmen more time to focus on their core mission but also giving Air National Guard and Air Force Reserve Airmen more time to focus on honing their core skill sets during drill, unit training assembly and annual tour periods. The initiative builds upon a similar effort from the Guard in 2015.

"Our Airmen have repeatedly stepped up to increased deployment tempos and manpower shortages," Goldfein said. "Reducing the number of hours our Airmen spend on non-critical training requirements goes directly to the heart of secretary James's priority of taking care of Airmen and our efforts to revitalize the squadron and is another small step in the right direction. Squadrons are the engines of innovation and esprit de corps and the warfighting core of our Air Force, and today, we are giving back time so our Airmen can better focus on their core mission."

Changes will be implemented between January and April 2017; however, Airmen are no longer required to complete the courses set for elimination. To ensure the revisions are implemented in a timely manner, all applicable Air Force instructions will be updated to reflect these changes no later than Jan. 1, 2017, and the Advanced Distributed Learning Service will be updated no later than April 1, 2017.

Headquarters Air Force will also establish a screening process to review new policies in order to identify areas that create additional duties or training requirements for Airmen in units. The goal is to prevent unchecked growth of these functions in the future.

Randolph Chief's Group awards prize



Courtesy photo

Airman 1st Class Obanuru Ratliff (center), 359th Medical Support Squadron outpatient records technician, and chiefs from the Randolph Chief's Group stand with Ratliff's new Xbox Oct. 14 at Joint Base San Antonio-Randolph. The Xbox was a grand prize from the Randolph Chief's Group as a thank you for the enlisted population of their support to the Air Education and Training Command mission.

SMOKEOUT from P11

On Thursday, someone dressed in a cigarette costume will go to smoking areas around JBSA-Randolph and give out information to smokers encouraging them to "Quit Like A Champion," said Aracelis Gonzalez-Anderson, JBSA-Randolph Health Promotions coordinator.

During the Turkey Trot, from 11 a.m. to 1 p.m. Nov. 18 at the JBSA-Randolph Rambler Fitness Center track, Health Promotions will have a table at the event with information and handouts. Also, individuals can put in their names to win a turkey.

"You win in so many ways when you 'Quit Like A Champion,' for yourself, your family and all those around you," Gonzalez-Anderson said. "We are encouraging people to be champions with their healthcare and quitting smoking makes them a champ."

According to the American Cancer Society, approximately 40 million adults in the U.S. still smoke and the tobacco use remains the single largest preventable cause of disease and premature death in the U.S.

Every year more than 480,000 Americans die from illnesses attributed to tobacco use, causing 1 in 5 deaths in the U.S., says the American Cancer Society. Smoking is linked to about 30 percent of all cancer deaths in the U.S., including 80 percent of all lung cancer deaths. Lung cancer is the leading cause of cancer death for both men and women.

Contact numbers for JBSA tobacco cessation programs include BAMC Health Promotion Center, 916-7646; BAMC Pulmonary Clinic, 916-0945/2153; Lackland Health Psychology, 292-5968; and Randolph Tobacco Cessation Program, 652-2300, option 1.

San Antonio readies 'Celebrate America's Military' events

From 502nd Air Base Wing Public Affairs

Since 1970, the San Antonio Chamber of Commerce has organized Celebrate America's Military, or CAM, an annual tribute to the military. The two-week celebration during the month of November features events presented with community partners, making it the largest event of its kind nationwide.

The following events are open to the public:
Texas A&M University-San Antonio Celebrate America's Military

Date/time: Friday, 8:30 a.m.

Location: Patriots' Casa, Texas A&M-San Antonio, One University Way

Texas A&M University-San Antonio will honor service members with a flag raising along with a wreath-laying ceremony on Veterans Day at the Patriots' Casa. This event is free and open to the public.
Moment of Silence and National Roll Call Texas A&M University-San Antonio

Date/time: Friday, 9 a.m.

Location: Patriots' Casa, Texas A&M-San Antonio, One University Way

Texas A&M University at San Antonio will honor service members with a moment of silence and National Roll Call on Veterans Day at the Patriots' Casa. This event is free and open to the public.
Fort Sam Houston National Cemetery Veterans Day Ceremony

Date/time: Friday, 9:30 a.m.

Location: Fort Sam Houston National Cemetery, 1520 Harry Wurzbach Road

Music prelude begins at 9:30 a.m. with ceremony at 10 a.m. Guest speaker is Allen B. Clark Jr., West Point graduate and Vietnam veteran.

Bexar County Buffalo Soldiers Commemorative Ceremony

Date/time: Friday, 1:30 p.m.

Location: San Antonio National Cemetery, 517 Paso Hondo St.

Comprised of former slaves, freedmen and Black Civil War veterans, the historic Buffalo Soldiers persevered through difficult conditions to become some of the most elite and most decorated units in the U.S. Army. The annual Bexar County Buffalo Soldiers Commemorative Ceremony at the San Antonio National Cemetery honors these past heroes with a keynote speaker, the reading of a memorial list, military honors and taps and a benediction. Speaker is Rear Adm. Rebecca McCormick-Boyle, commander, Navy Medicine Education and Training Command.

San Antonio Spurs Veterans Appreciation Night

Date/time: Friday, 7:30 p.m.

Location: AT&T Center, One AT&T Center Parkway

The San Antonio Spurs host the Detroit Pistons with tip-off at 7:30pm. All military and friends of CAM can access this special offer by going to <http://spursgroups.com/2016veteransday> and using the OFFER CODE: MILITARY. Tickets purchased through this offer will receive a special military-themed T-shirt at the game. Instructions on where to pick up T-shirt will be emailed to the address provided at the checkout 48 hours prior to the game. Children 24 months and younger get in free.



Courtesy graphic

U.S. Military Veterans Parade and Wreath Laying at the Alamo

Date/time: Saturday, 10 a.m. wreath laying, parade at noon

Location: Alamo Plaza

The U.S. Military Veterans Parade Association presents the annual Veterans Parade in downtown San Antonio, during the San Antonio Chamber of Commerce's Celebrate America's Military Week. Representatives from each branch of the military services and special guests speak briefly then carry wreaths to the entrance of the Alamo in recognition of the nation's and Texas veterans. Line the downtown streets and wave your American flag and show your pride as veterans past and present are honored. For more parade information, visit http://www.usmvp.com/index-PARADE_DATE.html. Honorary parade marshal is World War II Navy veteran Susano Ortiz and grand marshalls are District 26 Sen. Jose Menendez and District 19 Sen. Carlos Uresti.

Army West Point Tailgate Party

Date/time: Saturday, 10 a.m. to 1:30 p.m.

Location: Alamo Beer Company, 202 Lamar St.

Pricing: Tailgate, free; barbecue plate and iced tea, \$10; souvenir beer glass (beer discounted with purchase), \$10; parking, \$10; shuttle bus to/from game (one mile from tailgate to stadium), \$6. Kids' activities include free Fun Zone. For stadium game tickets, contact Army West Point at 845-938-2526. For more information and tailgate registration, visit <https://secure.west-point.org/wpsst/armytailgate>.

For information regarding tailgate registration, email wpsst@live.com.
Segs4Vets Mobilizing America's Heroes 5K Run/Walk

Date/time: Sunday; registration, 7:30-8:30 a.m.; event, 9 a.m. to noon

Location: Freetail Tap Room, 2000 S. Presa St.

Segs4Vets (www.Segs4Vets.org) provides mobility devices to military members severely injured while serving overseas in Operation Enduring Freedom and Operation Iraqi Freedom. Segs4Vets started in 2005 and has since awarded over 1,400 mobility devices to men and women who have served our country. This event will feature a 5K run/walk beginning at the Freetail Tap Room, with an awards ceremony and door prizes afterwards. For more information, email at Segs4Vets5k@gmail.com or call 913-2563.

San Antonio Rampage Military Family Night

Date/time: Nov. 18, 7:30 p.m.

Location: AT&T Center, One AT&T Center Parkway

The San Antonio Rampage hoczvkey team hosts the Charlotte Checkers with the puck dropping at 7:30 p.m. All military and friends of CAM can access this special discounted ticket offer by going visiting <http://spurs-groups.com/novemberhockey> and using the offer code MILITARY. Children 24 months and younger get in free.

The Stars Behind The Stripes

Date/time: Nov. 19, 6 p.m.

Location: La Fontana Springs, 27618 Natural Bridge Caverns Road

A night of wining and dining presented by AUSA, myKlick and friends. This special dinner is to honor the spouses and significant others who support the members of the armed forces. For more information, visit myklick.city/myklick-10000strong-event-stars-behind-the-stripes/.

To advertise in the Wingspread, call 250-2052.