

LACKLAND

A PUBLICATION OF THE 502nd AIR BASE WING

# TALESPINNER



JOINT BASE SAN ANTONIO-LACKLAND, TEXAS • Vol. 70 No. 25 • June 28, 2013

*A call to action*

# 502nd ABW stands down to stand up to sexual assault



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Photo by Melissa Peterson

Brig. Gen. Bob LaBrutta, Joint Base San Antonio and 502nd Air Base Wing commander, conducted commander's calls at all three JBASA locations, describing the significant toll sexual assault takes on the Department of Defense and sharing his stance on sexual assault and harassment. **Story, Page 4.**

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<http://www.jbsa.af.mil>

# Fourth of July a time to remember and reflect

By Brig. Gen. Bob LaBrutta  
JBSA and 502nd Air Base Wing, commander

Next Thursday, we will gather with friends and family to celebrate the birth of our nation – the United States of America – and our Declaration of Independence that was based on the foundation of freedom for all!

What could be better than paying tribute to our nation, while enjoying the fruits of an extended holiday weekend as we begin the summer?

As we take time to commemorate our Fourth of July holiday, let's take a moment to consider the courage it took for the founders of our country to make a formal break from Great Britain and the risks our forefathers took in suggesting such a bold act.

The message from King George III was very clear and unambiguous – that treason would be met with death. However, following lengthy – often contentious and emotional arguments – on July 2, 1776, the founders of our nation voted and the Declaration of Independence was read aloud in public on July 4, 1776.

If we think back even further to the days before the Declaration, following the bloody battles at Lexington and Concord in 1775, it became clear that in order to secure our independence, an organized army needed to be formed.

The Continental Congress approved the Continental Army on June 14, 1775. John Adams nominated then Col. George Washington to command it. The newly appointed General Washington accepted the nomination and we just celebrated the 238th birthday of the U.S. Army two weeks ago.

Regardless of service component, all of us should stand proud that our Army was the fulcrum that secured our independence and today is an integral team member and mission partner of Joint Base San Antonio!

All of us who are serving our country as Soldiers, Sailors, Marines, Airmen, Coast Guardsmen and Department of Defense civilians now carry the responsibility and tradition of our founders, sharing the hardships and sacrifices often required of those who serve this great country.

Spouses and children share that sac-

rifice, anxiously waiting for parents who are currently deployed to distant regions around the world, frequently in harm's way.

Just like those who served before us, Battle Buddies, Devil Dogs, Shipmates and Wingmen watch over one another and our families both on the home front and down range.

During this 4th of July holiday weekend, I ask you to join me in ensuring we keep all of those members and families in our thoughts and prayers as we celebrate the freedoms they are securing for all of us at home.

On July 4th and throughout the weekend, amid the barbecues, pool parties and mega-sales at area stores, please take time to reflect on the true meaning of the holiday.

The torch of freedom was lit by our forefathers through the Declaration of Independence and you and I proudly carry the torch forward today.

In closing, I leave you with the last couple of stanzas from a poem written by Ralph Waldo Emerson in 1904. It's called "A Nation's Strength":

"Not gold but only men can make  
A people great and strong;  
Men who for truth and honor's sake  
Stand fast and suffer long.  
Brave men who work while others sleep,  
Who dare while others fly...  
They build a nation's pillars deep  
And lift them to the sky."

Let's take time to remember and reflect! Have a safe and wonderful Fourth of July holiday!

## Clinical study under way to determine PTSD therapy's effectiveness

By Robert Goetz  
JBSA-Randolph Public Affairs

Joint Base San Antonio medical facilities are taking part in a clinical study to determine the effectiveness of two evidence-based treatments for deployment-related post-traumatic stress disorder in a primary care setting.

Coordinated by Lt. Col. Jeffrey Cigrang, U.S. Air Force School of Aerospace Medicine senior scientist, through the South Texas Research Organizational Network Guiding Studies on Trauma and Resilience consortium, also known as STRONG STAR, the clinical study began in the fall and now includes more than 20 participants at three JBSA locations.

"This is groundbreaking intervention for treating people in a primary care setting," Jennifer Mitchell, 359th Medical Operations Squadron behavioral health consultant, said. "We're using two evidence-based treatments for PTSD called prolonged exposure and cognitive processing therapy."

Mitchell, a licensed psychologist who is part of the primary care team at the Randolph Medical Clinic, said the study will determine the effectiveness of this treatment protocol – brief cognitive behavioral therapy for PTSD in primary care.

"But actually the overall goal is to expand the treatment options for PTSD to include treatment in a primary care setting, and increase access to care for active duty and veterans," she said.

The treatment involves four 30-minute sessions over a four- to six-week period. San Antonio Military Medical Center and Wilford Hall Ambulatory Surgical Center are the other JBSA collaborators in the clinical study.

Participants in the study must have PTSD symptoms stemming from service in Operation Iraqi Freedom, Operation Enduring Freedom and Operation New Dawn, Mitchell said. They qualify for the study based on a screening performed at the primary care facility.

"They don't have to meet a full diagnosis for PTSD," she said.

Lt. Col. (Dr.) Timothy Kosmatka, Randolph

See PTSD Page 16

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Deadline for submissions  
is noon Thursday the week prior  
to publication.

## NEWS IN BRIEF

### FRIDAY

#### LISD BOARD OPENING

The Lackland Independent School District has an upcoming opening on its board of trustees to be filled by anyone living or employed at Joint Base San Antonio-Lackland.

Today is the resume submission deadline, and must be submitted electronically to the Lackland School Liaison Office at Lackland.slo@us.af.mil.

For more information, call the Lackland SLO at 671-3722.

#### BAND OF THE WEST CONCERTS

The United States Air Force Band of the West concert band will perform free Independence Day tribute concerts in the local area.

The schedule includes:

Friday – New Braunfels Civic/Convention Center, 7 p.m., doors open at 6 p.m.;  
Sunday – Kerrville Cailloux Theater, 3 p.m. Tickets are available at all Bank of the Hills walk-in locations;

Tuesday – Schertz Civic Center, 7 p.m., doors open at 6 p.m. Tickets are available at the Schertz Civic Center, Monday through Friday, 8 a.m. to 5 p.m.; and  
July 5 and July 6 – SeaWorld San Antonio, free with park admission, 7 p.m. each night.

For additional information, call the Band of the West at 671-3934.

### JULY 23

#### RETIREMENT PLANNING SEMINAR

A seminar for employees in the Federal Employee Retirement System seminar is July 23, 8:30 a.m. to 4 p.m., at Education Services Center 20, 1314 Hines Avenue.

The seminars provide information on the federal retirement system, Thrift Savings Plan, Social Security benefits, Federal Employees' Group Life Insurance and survivor benefits.

For additional information and registration, visit <http://sanantoniodef.org>.

### INFORMATIONAL

#### NEW MAIN EXCHANGE HOURS

The Main Exchange's new hours of operation are 8:30 a.m. to 9 p.m. For additional information, call 674-6465.

#### TALESPINNER SUBMISSION DEADLINE

To submit items for community briefs, email [tale.spinner@us.af.mil](mailto:tale.spinner@us.af.mil) by noon Friday the week prior to publication.

## 59th Medical Wing celebrates 20 years of excellence



Courtesy photos

By Howard Halvorsen  
59th Medical Wing History Office

Wilford Hall U.S. Air Force Medical Center became a numbered wing 20 years ago on July 1, 1993, the same day Air Training Command merged with Air University to forge the new Air Education and Training Command of today.

The transformation from a medical center to the 59th Medical Wing was one of several changes the Air Force was making under then Air Force Chief of Staff Gen. Merrill A. McPeak.

Sharply reduced military budgets and a post-Cold War strategic mindset drove the Air Force to drastically restructure its organizational makeup. McPeak sought to strengthen the chain of command, clarify accountability for mission accomplishment and preserve Air Force heritage, all while reducing the size of the Air Force by half between 1990 and 1995.

So where does the 59th Medical Wing trace its lineage?

The hospital was first designated the 3700 Medical Squadron on Aug. 25, 1948 and organized the following day. The hospital was re-designated on several occasions during the following decade. It was re-designated the 3700 Station Medical Squadron on Nov. 1, 1948; the 3700 Medical Group on June 27, 1950; the 3700 USAF Hospital on Oct. 16, 1953, and then the

USAF Hospital, Lackland, on July 1, 1958.

On March 2, 1963, the medical facility was renamed Wilford Hall USAF Hospital; and on July 1, 1969, the Wilford Hall USAF Medical Center.

The 59th Medical Wing may not be the first medical wing in U.S. Air Force history, but Air Force leaders were in quite a quandary when they sought to find a number designation for a medical wing.

Drawing on the lineage and heritage of a fighter or bomber wing that had a high kill count in previous wars would not have been fitting. Also, Air Force senior leaders did not want a wing number whose emblem depicted bombs and explosions or a motto reading "Death From Above" or something of the sort.

Consequently, the 59th Medical Wing gains its lineage and heritage from a unit that was originally established on Aug. 21, 1941 as the 59th Observation Group. Its first mission was to look for German submarines off the eastern seaboard. The wing changed names a few times, and was called the 59th Fighter Group while training pilots in Georgia, but the unit was mostly dormant since 1944.

Most importantly, the wing had no menacing motto; and thankfully, the emblem depicted nothing more threatening than soft, white clouds.

The facility in which most of the 59th MDW units reside remains to-

day. Wilford Hall is named after the great Maj. Gen. (Dr.) Wilford Hall, whose most notable contribution to Air Force medicine was in the field of aeromedical evacuation. The Air Force's flagship hospital was given his name a year and a day after Hall passed away.

Regardless of the name, the 59th Medical Wing was and remains the envy of the military medical world. No other medical unit has a string of accomplishments that includes providing medical support for the fledgling NASA Mercury project, the care of returning prisoners of war from Vietnam, treating foreign heads of state, operating worldwide in humanitarian and war missions, and being at the forefront in training, research and innovation with programs like the Critical Care Air Transport Teams and their global aeromedical evacuation mission.

With the recent establishment of the San Antonio Military Health System, the 59th MDW is poised for even greater accomplishments as integrated military medicine and civilian medical partnerships are forged within the San Antonio area.

The 59th Medical Wing's emblem, which exemplifies the importance of its mission, proved to be prophetically fitting. In fact, the old 59th Fighter Group motto may say it best: Exemplar – which roughly translates from Latin to mean "setting the high standard for others to follow".

# 502nd ABW stand down aims to stamp out sexual assault

By Staff Sgt. Marissa Tucker  
JBSA-Lackland Public Affairs

The 502nd Air Base Wing observed a Sexual Assault Prevention and Response Stand Down Day as a means to opening up dialogue on the matter and to clearly outline senior leadership's zero tolerance policy related to this criminal behavior.

Brig. Gen. Bob LaBrutta, Joint Base San Antonio/502nd ABW commander, conducted commander's calls at all three JBSA locations Monday, describing the significant toll sexual assaults take on the Department of Defense and sharing his stance on sexual assault and harassment.

"The intent here today is to put it on the table," LaBrutta said. "Airmen share a special bond and we have to be able to trust each other. Not only is there a trust between us, there's a trust between the American people and us to do our jobs- and unfortunately, right now, we're not living up to those expectations."

During the stand down, the general spoke about three characteristics that he believes 502nd ABW members need to keep in mind as together they identify and prevent current and future cases of sexual misconduct throughout the ranks from occurring – conviction, courage and commitment. By applying these standards of character, Air Force

members of JBSA will take an active role in protecting each other from potential predators.

"I need your conviction to understand that sexual assaults and sexual harassments are occurring in our family, in our house every single day. It's not a big Air Force ... somewhere else problem, it's happening here," he said.

"Through courage and commitment, let's come up with ideas and recommendations that can be rolled together so we can not only eliminate this problem in the 502nd Air Base Wing and Joint Base San Antonio, but so that we can help the CSAF and CMSAF eliminate this problem on an Air Force level."

While brainstorming ideas is a start to solving the problem, LaBrutta added that taking action when inappropriate behavior occurs is paramount.

Dr. Charlotte Moerbe, sexual assault response coordinator, agrees that examining personal behaviors can change the culture and help stop sexual assault.

"The behaviors and attitudes that we demonstrate every day create the environment that influences the occurrence of sexual assault," she said.

"It is seen in formal and informal actions. Do we call out behaviors and attitudes that do not align with our Air Force core values? Stepping in to stop inappropriate behaviors, including sexist jokes and

gestures, helps set the tone that we do not tolerate predatory behaviors."

LaBrutta also disclosed the statistics on reported sexual assaults across JBSA and noted that statistically, only one in 10 instances of sexual assault are reported.

"These numbers should stun you. These numbers should surprise you. These numbers should enrage you," he said.

In accordance with the Secretary of Defense's guidance to provide interactive commander's calls to discuss sexual assault, LaBrutta not only provided his stance on ridding all JBSA locations of sexual assault and harassment, but also provided one Airman, a member of the 502nd ABW who was a sexual assault victim, the opportunity to tell her story.

As a senior airman, she experienced ongoing sexual harassment and assault from a senior leader. After several other victims came forward, the senior leader was finally found guilty of misconduct.

She shared her story as a cautionary tale for supervisors and peers to look out for their fellow Airmen and to support victims of sexual abuse, not further victimize them.

"We need to actively challenge our beliefs about

See **STAND DOWN** Page 16

## Fireworks Safety

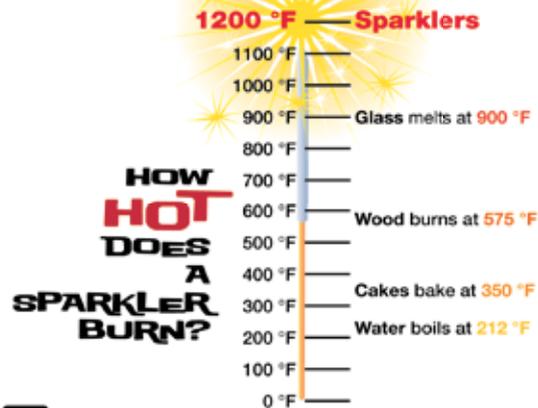
Fireworks during the Fourth of July are as American as apple-pie, but did you know that more than twice the number of fires are reported on that day than on any other day of the year in the United States? Two out of five of these fires are caused by fireworks. The good news is you can enjoy your holiday and the fireworks, with just a few simple safety tips:

### PROCEED WITH CAUTION!

- » Leave fireworks to the professionals. Do not use consumer fireworks.
- » The safest way to enjoy fireworks is to attend a public display conducted by trained professionals.
- » After the firework display, children should never pick up fireworks that may be left over, they may still be active.

### CONSUMER FIREWORKS

include sparklers and firecrackers. The tip of a sparkler burns at a temperature of more than **1,200 degrees Fahrenheit**, which is hot enough to cause third-degree burns.



**NFPA** Your Source for SAFETY Information  
NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

### FACTS

- 1 Each July Fourth, thousands of people, most often children and teens, are injured while using consumer fireworks.
- 1 The risk of fireworks injury is highest for children ages 5-14.
- 1 More than 80% of emergency room fireworks injuries involve fireworks consumers are permitted to use.

[www.nfpa.org/education](http://www.nfpa.org/education)

## Joint Base San Antonio Gate Hours

### JBSA-Lackland

Phase I - began June 17

#### Base Operations

Automated PIN code access entry only  
Growden Gate 4 a.m. to 8 p.m. daily

Phase III - begins Monday

#### Luke West

Inbound 6 a.m. to 2 p.m.  
Monday through Friday  
Outbound 3:30 to 5:30 p.m.  
Monday through Friday

#### Security Hill

Inbound 6 a.m. to 2 p.m.  
Monday through Friday  
Outbound 3:30 to 5:30 p.m.  
Monday through Friday

Phase IV - begins July 8

#### Selfridge West Closed

#### Selfridge East

Inbound 6 a.m. to 2 p.m.  
Monday through Friday  
Outbound 3:30 to 5:30 p.m.  
Monday through Friday

### JBSA-Randolph

Begins July 8

Main Gate (no change) 24/7

East Gate (no change)

Inbound 6:30 to 8:30 a.m.  
Monday through Friday

Outbound 3:30 to 5:30 p.m.

Monday through Friday

West Gate 6 a.m. to 6 p.m.

Monday through Friday

Closed Weekends and Holidays

### JBSA-Fort Sam Houston

Phase I - began June 2

Wilson Gate 6 a.m. to 10 p.m.

Monday through Friday

Closed weekends and holidays

SAMMC Beach Gate 6 a.m. to 7 p.m.

Monday through Friday

Closed weekends and holidays

Harry Wurzbach West Gate Closed

New Braunfels Outbound only 3:30 to 5:30 p.m.

Monday through Friday

Phase II - began June 16

Holbrook Gate Closed

Nursery Gate 6 a.m. to 10 p.m. daily

Winans Gate 6 a.m. to 10 p.m. daily, open by a patrol 4:30 to 6 a.m. to allow house residents access to Harry Wurzbach. Winans and Nursery new hours have no impact to the elementary school bus route.

Jadwin Gate Posting reduced and no privately owned vehicles

Phase III - Begins Sunday

Personnel posted at all remaining gates will be reduced. Security patrols may be reduced as available manpower dictates.

# Officials give tips to keep JBSA safe during July 4 weekend

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

Parades, family gatherings, community celebrations and spectacular fireworks displays make Independence Day one of our nation's most festive holidays.

However, the Fourth of July is also one of the most critical of the Air Force's Critical Days of Summer. It's a day that often turns deadly - on the highways, at pools and beaches, and in backyards - so it's important to keep safety in mind at all times, Joint Base San Antonio safety officials said.

One of the most dangerous activities during the Fourth of July weekend is discharging fireworks.

"Fireworks today are the safest they have ever been, but they are still dangerous and can cause serious injuries if handled incorrectly," Marvin Joyce, JBSA-Randolph safety and occupational health specialist, said.

Joyce said people should only buy legal fireworks from vendors authorized to sell them, never modify or alter the fireworks, and read and follow all the directions on the fireworks.

"You should find a safe area to discharge the fireworks, one that is outdoors and free from overhead obstructions," he said. "You should also make sure the discharge area is cleared of debris and other flammable products, and choose a flat, level surface."

Other safety measures are having a bucket of water or water hose on standby; waiting 10 minutes before retrieving a dud, then placing it in the bucket of water; and never attempting to re-light a dud.

Children should never be allowed to set off fireworks, Joyce said.

"There should be adult supervision at all times," he said.

Safety officials recommend viewing commercial fireworks displays, but if

people choose to discharge fireworks on their own, they should do so only in "safe areas." Fireworks are prohibited at JBSA as well as in the city of San Antonio and other local communities, but Bexar County has designated several safe areas.

Safety is equally important on the road.

"Historically, July 4 is also the deadliest day of the year on our nation's roadways," Michael Horstman, JBSA-Lackland occupational safety and health manager, said. "Avoid being a statistic and follow the laws of the road."

"Wear your seatbelt and avoid distractions while driving - cellphone use, reaching for an object in the vehicle, adjusting the stereo and other vehicle controls, eating and personal grooming," he said. "If your plans include alcohol, ensure you have a designated driver."

Horstman said drivers should make sure every passenger is wearing a seat-

belt and children are properly secured in a child car seat.

Keeping children safe in the water is also a major concern during the July 4 weekend.

"According to the Consumer Product Safety Commission, there were 25 drowning incidents over the Fourth of July weekend in 2011 that involved children younger than 15," Horstman said.

"Keep your children supervised and stay within an arm's reach of children when they're in the water," he said. "Know your abilities and water conditions before going in. If in doubt, stay out."

Horstman said people should "follow known safety measures" wherever they are this holiday weekend.

"Avoid dangerous things and don't let a brief lapse in judgment lead to tragedy," he said. "Make sure you have a plan, have a wingman and be a wingman."

**BMT HONORS**

Congratulations to the following 60 Airmen for being selected as honor graduates among the 609 Air Force basic military trainees who graduated today:

**321st Training Squadron**  
*Flight 419*

Patrick Bissett  
Kent Melendez  
Christopher Morrison  
Nicholas Wise  
*Flight 420*  
Jordan Davidson  
Callie Mitchell  
Kacie Palmer

**322nd Training Squadron**  
*Flight 417*

Jan-Allen Bowley  
Anthony Gilkeson  
Tyler Holzworth  
Eric Hughes  
Tobias Richards  
*Flight 418*  
Donald Decker

Nicholas Eckstrom  
Justin-Cory Nesbitt

**323rd Training Squadron**  
*Flight 423*

Cody Ashcraft  
Neil Brown  
Nicholas Cipta  
Christopher Kleppe  
Korey Reinhardt  
Rory Riggs II  
Benjamin Young  
*Flight 424*  
Eric Burns  
Charles Harp  
Alexander Marris  
Jonathan Smith  
Sean Traynor

**324th Training Squadron**  
*Flight 427*

Kyle Adams  
Michael Collins  
Christopher Johnson  
Christopher Wacker  
*Flight 428*  
Rikki M. Barnett

Anjane E. Davie  
Lauren E. Otero  
**326th Training Squadron**  
*Flight 426*

Bradley Hanks  
Grason Moore  
Daniel Simoes  
Jacob Stutzer  
James Warren

**331st Training Squadron**  
*Flight 421*

Jared Boles  
Dillon Bosma  
John Campolo  
Timothy Davis  
Reece Fleming  
Mitch Hankins  
Benjamin Hoffman  
Eric Llaguno  
Loren Love  
Brandon Moberly  
Charles Ruppert  
James Tarbutton  
Sergio Tavizon  
*Flight 422*  
Jessica Cherry

Hailey Conway  
Brandi Graves

**Top BMT Airman**

Michael Johnson  
326th TRS, Flight 425

**Most Physically Fit**  
*Male Airmen*

Tyler Cross  
324th TRS, Flight 427  
John Campbell  
331st TRS Flight 421  
Malachi Underwood  
326th TRS, Flight 426  
Michael Waterhouse  
324th TRS, Flight 427

*Female Airmen*

Emily Stanzyk  
324th TRS, Flight 428  
Cerde Audrianna  
320th TRS, Flight 410  
Kate Westerham  
321st TRS, Flight 420  
Alexis Tripodi  
331st TRS, Flight 422

*Male Flights*

331st TRS, Flight 421  
323rd TRS, Flight 423  
324th TRS, Flight 427  
321st TRS, Flight 419  
326th TRS, Flight 426  
326th TRS, Flight 425  
323rd TRS, Flight 424  
322nd TRS, Flight 417  
322nd TRS, Flight 418

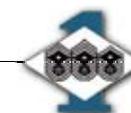
*Female Flights*

324th TRS, Flight 428  
321st TRS, Flight 420  
331st TRS, Flight 422

**Top Academic Flights**

323rd TRS, Flight 423  
321st TRS, Flight 419  
331st TRS, Flight 421  
323rd TRS, Flight 424  
322nd TRS, Flight 418  
322nd TRS, Flight 417  
326th TRS, Flight 425  
324th TRS, Flight 427  
331st TRS, Flight 422  
324th TRS, Flight 428

# DIAMOND SHARP



Senior Airman Jesse Velasquez  
*Unit: Cryptologic System's Division*  
**Duty title:** Maintenance Technician  
**Time in service:** 5 years 10 months  
**Hometown:** Houston



"Senior Airman Jesse Velasquez is comfortable leading from the front. Without prompting he consistently takes an active role in ensuring the mission of the Communications Security work center is at the forefront of his duties. Velasquez has serviced 506 pieces of cryptographic equipment in the past month, which is employed worldwide in support of the encrypted communication of our troops and coalition partners and represents an excess of \$3.7 million in Department of Defense assets. Work center productivity has reached a higher efficiency of 96 percent, shattering our 85 percent on-time standard. In addition to his impeccable work ethic, he stands above his peers by the support he provides his unit and base. He regularly volunteers at the Airman's Attic sorting donations and helping to clear their inventory by passing excess materials to the Salvation Army. Velasquez has provided support of his coworkers through involvement with the booster club by collecting funds for luncheons and dedicating his time to prepare meals. Velasquez serves as a model for his fellow Airmen and his contagious attitude has motivates all around him to excel."

- **Master Sgt. Lawrence M. Snyder**  
*First Sergeant, AFLCMC/Det 6*

Tech. Sgt. Russell J. Cantrell  
*344th Training Squadron*  
**Duty title:** NCO in charge  
 Basic Loadmaster Course  
**Time in service:** 17 years  
**Hometown:** Vernon, Texas



"Tech. Sgt. Russell Cantrell has distinguished himself as NCO in charge of the Basic Loadmaster Course in the 344th Training Squadron. He successfully directed and coordinated the efforts of 12 loadmaster instructors to re-write the 1A2 Specialty Training Standard validating 57 objectives to ensure the \$3.4 million course meets fiscal year 14 requirements. Russell managed the loadmaster three-level technical training course overseeing 11 instructors conduct 2,695 hours of Community College of the Air Force accredited training which produced 204 new loadmasters for the Air Force. Additionally, Cantrell continuously sought out opportunities for leadership development by completing the AFS021 eight-step problem solving seminar and earning six credit hours towards his Education & Instructional Specialist master's degree. Furthermore, Cantrell organized and coordinated four morale boosting events where he mentored 350 tech training Airmen and raised \$3,100 for a local high school. His community efforts were recognized by the president of the San Antonio Professional Loadmaster Association. Finally, Cantrell was singled out by Chief Master Sergeant of the Air Force James A. Roy for his significant contributions to the Air Force."

- **Master Sgt. Tiwanda L. Griffin**  
*First Sergeant, 344th TRS*

Airman 1st Class Erika Villarreal  
*802nd Force Support Squadron*  
**Duty title:** Student Actions Counselor  
**Time in service:** 11 Months  
**Hometown:** Houston



"Airman 1st Class Erika Villarreal is a highly motivated, proactive and selfless Airman. She has been recognized on a weekly basis by the 343rd Training Squadron as being reliable, extremely efficient, professional and "rare." She has taken lead on numerous high visibility projects to include more than 800 individual updates directly affecting the Air Force's largest nuclear administration qualification and assignments mission; duties previously assigned to senior airmen and above. She also voluntarily created continuity for processes not assigned to her in order to assist her peers. Aside from her primary duties, she also volunteers as a mentor with the Big Brothers Big Sisters program and continues to find innovative ways to challenge herself while completing her upgrade training. It is for these reasons and the scope of her impact that Villarreal is truly Diamond Sharp."

- **Master Sgt. Timothy Petch**  
*First Sergeant, 802nd Force Support Squadron*

THE UNITED STATES AIR FORCE  
**BAND OF THE WEST**  
 JOINT BASE SAN ANTONIO-LACKLAND, TEXAS

PRESENTS  
**TOP FLIGHT**

**SCHERTZ ANNUAL JUBILEE**

*Preserving our Past + Honoring our Present + Celebrating our Future*

**Wednesday, July 3 ~ 6:30pm**

Pickrell Park  
 703 Oak Street  
 Schertz, TX 78154

Concert is Free and Open to the Public  
[WWW.BANDOFTHWEST.AE.MIL](http://WWW.BANDOFTHWEST.AE.MIL)

## Exercises begin July 15

All Joint Base San Antonio locations are scheduled to participate in Emergency Evaluation Team exercises July 15-16 to test the 502nd Air Base Wing's ability to respond to a specific contingency, and NOT a real emergency situation. Exercise messages will be delivered via email and giant voice. Messages will also be posted to the Straight Talk Line and social media sites.

All exercise related messages will begin and end with the words "Exercise-Exercise-Exercise." Members of the base community should be alert and report suspicious activity to the security forces. Please follow instructions of security and emergency response personnel. Be patient and expect delays in traffic flow and at the entrances to most facilities.

Staff Sgt. Terry D. George  
*Headquarters Air Force Security Forces Center*  
**Duty title:** Action Officer, Innovations Branch  
**Time in service:** 6 years 11 months  
**Hometown:** Forney, Texas



"As an action officer assigned to the Headquarters Air Force Security Forces Center Innovations Branch, Staff Sgt. Terry George exploited his extensive deployment experience while standing up a targeted Security Forces Comprehensive Airman Fitness program called Defender's Edge. His superior leadership was instrumental toward implementing a train-the-trainer resilience course targeting over 40,000 Security Forces members worldwide. He was also influential to the success of a security forces craftsman course service test at the 343rd Training Squadron. During this service test, he expertly instructed four key resilience modules to 323 personnel, gleaned valuable feedback to tailor future formal resilience training. Additionally, George partnered with 10 major commands and the Air Force Security Forces Test and Evaluation Office to test upgrades to the Department of Defense Biometric Identification System. He identified six shortfalls impacting 185 installations and paved the way for enhanced automated entry systems impacting more than 2 million personnel daily. Furthermore, George leads from the front as a unit physical training leader and was handpicked to become a certified security forces combatives program basic instructor. Finally, in his off-time he read three books about wartime resilience (On Killing, On Combat, and Warrior Mindset), significantly expanding his knowledge base and broadening his leadership capabilities."

- **Master Sgt. Joshua P. Olearnek**  
*First Sergeant, HQ AFSFC*

# Longest serving SECAF retires

By Desiree N. Palacios  
Air Force News Service

Five years to the day from when he entered the position, the longest-serving secretary of the Air Force stepped down during a farewell ceremony here June 21.

Donley was confirmed as the 22nd secretary of the Air Force Oct. 2, 2008. He served as the acting secretary since June 21 of that year, as well as for seven months in 1993, making him the longest-serving secretary in the Air Force's history.

"America is stronger because Mike Donley chose to serve. You leave us now focused on the continued delivery of airpower for America," Air Force Chief of Staff Gen. Mark A. Welsh III said. "The Air Force remains ready to provide Global Vigilance, Global Reach, and Global Power for America because of your leadership and your clear, consistent commitment to our core values of integrity, service and excellence. We've all been privileged to know you, and honored to follow you."

In addition to Welsh, Secretary of Defense Chuck Hagel and Deputy Defense Secretary Ash Carter honored Donley at the ceremony, where hundreds gathered to say thanks and farewell.

The defense secretary said Donley's

leadership as the Air Force's top civilian rested on hard work, constant attention, and the trust and confidence of his subordinates.

"If we had more of the Mike Donley attitude and sense of purpose in our country today, we'd probably all be a little better off," Hagel said. "I have been impressed (and) inspired. He has never shied away from taking the big issues on, straight up."

During his tenure, Donley's accomplishments include reinvigorating the nuclear enterprise by, among other things, successfully standing up the first new Air Force major command in 17 years – Air Force Global Strike Command. He helped to ensure modernization of the force remained a priority by overseeing the successful award of the KC-46A tanker, initiated work on the long range strike family of systems and continued F-35A Lightning II development and its transition to pilot training.

He placed major emphasis on recapturing acquisition excellence with the establishment of the acquisition continuous process improvement plan and the successful implementation of the efficient space procurement strategy. He also was pivotal in standing up 24th Air Force to focus the service's cyber efforts, and he helped set the stage for total force integration, to find the right

mix of capabilities that will maximize operational effectiveness across the active and Reserve components.

Carter credited Donley with rebuilding the morale and reputation of the Air Force, "brick by brick," and described him as a man of great character.

"He has reestablished the reputation and morale of our Air Force and has gone from there to build it higher and higher and higher," Carter said. "You are everything we want in a leader and a man of great integrity and humility."

Welsh thanked Donley and his wife, Gail, for their constant focus on taking care of Airmen and their families.

"Gail, your influence has been felt across our Air Force. Thank you for your genuine love of our Airmen and the 178,000 spouses" who benefited from that never-ending advocacy, Welsh said. He also thanked Hagel and Carter for joining the Air Force "as we celebrate a great American, a true patriot, and I believe a consummate Airman...my boss, my partner, and my friend."

After a pass in review by the U.S. Air Force Honor Guard and the U.S. Air Force Band, Donley reflected on his tenure and how much Airmen have impressed him over the years.

"I am most grateful to have had this opportunity to meet, to know, and to represent America's Airmen...the liv-

ing engine of our Air Force who have stepped forward, generation after generation, to sustain and advance American airpower," Donley said. "Our total force Airmen manage an incredibly diverse mission set and utilize the most technologically advanced systems, all of which come together to provide Global Vigilance, Reach and Power, for America."

Donley took the opportunity while on stage, to offer one last appeal.

"To members of Congress continuing to struggle with the nation's fiscal and defense priorities... on behalf of our Airmen, please repeal sequestration...," he said. "And always feel free to add a few more resources to the U.S. Air Force... consistent with the president's budget certainly."

Before leaving the podium, Donley asked how the Air Force can be worthy of the "incredible" Airmen who volunteer to serve the nation.

"My answer is simple," he said. "We must lead our Air Force and our military in a way that continues to sustain our most valuable assets: the trust of the American people, the confidence of our partners and allies, and the fear and respect of any potential adversary. Ladies and gentlemen, it has been an honor to serve with you in the world's finest Air Force."

Under Secretary Eric Fanning will serve as the acting secretary of the Air Force until the president nominates and the Senate confirms a replacement. Fanning will also continue to serve as under secretary during this time.

## CHANGE OF DIRECTORSHIP-MILITARY WORKING DOG HOSPITAL

Photos by Melissa Peterson  
U.S. Army Col. Kelly Mann, the outgoing director of the Daniel E. Holland Military Working Dog Hospital, gives his final remarks during a change of directorship ceremony June 20. Mann is retiring after more than 20 years of service and plans to enter a doctorate of psychology veterinary fellowship program to study advanced diagnostic imaging techniques in support of cancer research.



U.S. Army Lt. Col. Cheryl Sofaly, the incoming director of the Daniel E. Holland Military Working Dog Hospital, addresses her staff for the first time during a change of directorship ceremony June 20. Sofaly will oversee and coordinate the medical care and welfare of all military working dogs at Joint Base San Antonio-Lackland.

**STAND DOWN** from Page 4

sexual assault," Moerbe said. "Society's focus is usually on the victim's behavior, as if to excuse what the perpetrator did. We also question whether or not the victim is being truthful, because it may be easier for us to believe we have liars among us rather than rapists."

There are several avenues for reporting sexual assault. Moerbe wants victims to

know they should never feel alone or too embarrassed to come forward.

She also noted that every member of the defense community must do their part to stop sexual harassment and assault.

"It's happening within our family, it's happening every single day and we can no longer stand aside and not do anything about it," LaBrutta said. "I need each one of you to step up and know that the only number from here on out is zero. Together

we will eliminate this criminal behavior from occurring in our house, in our family, in our Air Force"

For more information on sexual assault prevention, call the JBSA SAPR office at 808-6316.

To speak to a victim advocate or make a sexual assault report, call the Sexual Assault Hotline at 808-SARC (7272) or the DOD Safe Helpline at (877) 995-5247.

**PTSD** from Page 2

Family Health Clinic medical director, said a primary care facility is an appropriate setting for PTSD patients to begin their recovery.

"PTSD is unfortunately becoming much more commonplace among patients for many reasons," he said. "Additionally, we are finding more cases as providers are becoming more astute at picking up the signs and symptoms of PTSD. The ability to get a patient seen more quickly in the environment of a primary care clinic they are already comfortable and familiar with is a tremendous benefit to help our patients begin the recovery process."

Mitchell said a primary care facility is also fitting because behavioral health is already integrated into services.

"It reduces the stigma for seeking help," she said.

STRONG STAR, which is striving to prevent the development of chronic PTSD through their research and treatment protocols, will evaluate the sessions and determine if the intervention helped patients manage their symptoms effectively, Mitchell said.

"A preliminary study with 30 participants from 2010-11 showed they had positive outcomes," she said.

The clinical study will conclude once 60 patients have completed their sessions, Mitchell said.

Primary care facilities do not offer long-term treatment, she noted, but resources such as mental health flights and Military OneSource are available to patients.

"It's not long-term, but it's a nice segue to more intensive care," Mitchell said.



**Be Responsible!  
Seat Belts Save Lives!  
Buckle Up And  
Wear Yours!**

## LOCAL BRIEFS

### JULY 15

#### VACATION BIBLE SCHOOL

Freedom Chapel will hold vacation Bible school July 15 through July 19, 5:30-8:30 p.m.

Registration is being accepted for children ages kindergarten through completed fifth grade.

For additional information, contact Rev. Beth Key at 671-6208.

### JULY 16

#### DROP-IN DENTAL SCREENINGS

Drop-in dental screenings are offered to children of active-duty members and retirees by the JBSA-Lackland Pediatric Dental Department at the Dunn Dental Clinic, 8-10:30 a.m., July 16. No appointment is necessary.

Children under 13 years of age will receive a dental screening exam, an assessment of the child's dental condition, and appropriate treatment recommendations or alternatives.

Parents should bring a copy of the child's treatment plan or referral letter from their private dentist.

For additional information, call 671-9836.

## INFORMATIONAL

#### LACKLAND THRIFT SHOP CLOSURE

The Lackland Thrift Shop will be closed for the entire month of July, and reopen Aug. 6.

For additional information, call 671-3608 or visit <http://www.lacklandosc.org>.

#### RETIRED ENLISTED ASSOCIATION MEETING

Retired Enlisted Association Chapter 80 meetings are held at the Gateway Club every fourth Wednesday of the month at 1 p.m.

For additional information, call 658-2344.

#### MAD HATTERS VOLUNTEERS

The Mad Hatters, a group of male and female volunteers, use their needle skills to make hats for recovering cancer patients dealing with hair loss from therapy in support of the military community.

The group not only makes adult hats but has expanded to pediatric patients. The Mad Hatters also make bonnets, mittens and bunting along with lap afghan blankets for wounded warriors.

The Mad Hatters meet every second Tuesday of the month, 9:30 a.m. to 1:30 p.m., at Freedom Chapel.

Persons interested in joining the group can call Patti Bouchard at 673-5185, the Wilford Hall Ambulatory Surgical Center Office of Volunteer Services at 292-6591 or email [wnfc6164@att.net](mailto:wnfc6164@att.net).

#### SAPR OFFERS ANNUAL TRAINING

The JBSA-Lackland Sexual Assault Prevention and Response office offers annual training every Wednesday.

The annual training is in addition to the training Community Advocates offer to units.

The classes are at 10 a.m. and 2 p.m. in the SAPR classroom, Building 9020, Room 204.

Attendees must pre-register; walk-ins are not permitted.

To register, email [37TRW.CVK@us.af.mil](mailto:37TRW.CVK@us.af.mil).

For additional information, call 671-7273.

#### PTSD EDUCATION CLASSES

The Wilford Hall Ambulatory Surgical Center Mental Health Clinic conducts Post Traumatic Stress Disorder education classes every first and second Wednesday of the month, 3-4:30 p.m.

The walk-in, two-part classes

teach participants how to recognize normal reactions to trauma and the signs of possible PTSD. Classes also provide information on what to expect with the various treatment options available.

Classes are open to service members who may or may not have yet been diagnosed with PTSD. The classes are also open to family members who are TRICARE beneficiaries of service members who may have PTSD.

No advance sign-up is required and participants do not need to be seen at the clinic to attend. Check in at the clinic's front desk on the fourth floor.

For additional information, call Senior Airman Ashlee Thoryk at 292-7361.

#### LIBRARY OPERATING HOURS

JBSA-Lackland Library operating hours are Monday-Wednesday, 9 a.m. to 8 p.m.; Thursday, 9 a.m. to 7 p.m.; Friday, 9 a.m. to 6 p.m.; Saturday, 11 a.m. to 5 p.m.; and Sunday, closed.

The library has also consolidated all services to the main branch, including the patient library located at Wilford Hall Ambulatory Surgical

Center. For more information, call 671-3610.

#### STARBASE KELLY SUMMER PROGRAM

Starbase Kelly, sponsored by the 433rd Airlift Wing, offers a free summer educational program to children who are associated with Joint Base San Antonio-Lackland, and who have completed either the fourth or fifth grade.

The program includes aircraft tours, scientific experiments, teamwork and goal setting, rocket building and launching, computer aided design, and computer flight simulation.

Two sessions are offered, July 15-19 or July 29-Aug. 2. Program hours are 9 a.m. to 2:30 p.m.

The sessions are held at the 433rd AW ramp in Building 909. Children need to bring lunch.

Register via email by submitting the child's name, address, home telephone and grade completed this year. Include the sponsor's name, organization and duty phone, and the session requested to [starbase@clear.net](mailto:starbase@clear.net).

For additional information, e-mail Starbase Kelly or contact Ron Jackson at 925-5397.

## CHAPEL SERVICES

### PROTESTANT

#### Freedom Chapel -Building 1528

*Sunday*  
Contemporary Service 9:30 a.m.  
Religious Education 11 a.m.  
Gospel Service 12:30 p.m.

*Wednesday*  
AWANA 6 p.m.

#### Hope Chapel -Building 10338

*Sunday*  
Contemporary Service 11 a.m.  
Spanish Service 12:30 p.m.

#### Airmen Memorial Chapel -Building 5432

*Sunday*  
Liturgical Service 8 a.m.

### DENOMINATIONAL

#### BMT Reception Center -Building 7246

*Sunday*  
Church of Christ 7:30 a.m.

#### Gateway Chapel -Building 6300

*Saturday*  
Seventh-day Adventist 12:30 p.m.

#### Education Classroom -Building 5200

**Rm. 108**  
*Sunday*  
Christian Science 7:30 a.m.

### ROMAN CATHOLIC

#### Freedom Chapel -Building 1528

*Sunday*  
Religious Education 9 a.m.  
Mass 11 a.m.

*Monday - Friday*  
Daily Mass 11:30 a.m.

#### Hope Chapel -Building 10338

*Saturday*  
Reconciliation 4:30 p.m.  
Mass 5:30 p.m.

### ORTHODOX CHRISTIAN

#### Airmen Memorial Chapel -Building 5432

*Sunday*  
Religious Education 8 a.m.

### WICCA

#### BMT Reception Center -Building 7246

*Sunday*  
Military Open Circle 12:30 p.m.

#### Freedom Chapel -Building 1528

*1st Tuesday*  
Military Open Circle 6 p.m.

### JEWISH

#### Airmen Memorial Chapel -Building 5432

*Friday*  
Sabbath & Kiddush 4 p.m.

*Sunday*  
Religious Education 12:30 p.m.

### ISLAMIC

#### Global Ministry Center -Building 7452

*Friday*  
Jumma Prayer 1:15 p.m.

*Sunday*  
Religious Education 9 a.m.

#### BMT Reception Center -Building 7246

*Sunday*  
Buddhist 10 a.m.

#### Gateway Chapel -Building 6300

*First, third and fifth Saturdays*  
Eckankar 12:30 p.m.

*First, third and fifth Saturdays*  
Baha'i 11 a.m.

### OTHER FAITH GROUPS

#### THE CHURCH OF LATTER-DAY SAINTS

##### Hope Chapel -Building 10338

*Tuesday*  
Religious Education 6:30 p.m.

*Thursday*  
LDS Institute 6:30 p.m.

*Sunday*  
LDS Service 8 a.m.

## JBSA-LACKLAND KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	<a href="http://www.lacklandesc.org">http://www.lacklandesc.org</a>
Force Support Squadron	<a href="http://www.lacklandfss.com">http://www.lacklandfss.com</a>
Lackland ISD	<a href="http://www.lacklandisd.net">http://www.lacklandisd.net</a>
Officers' Spouses' Club	<a href="http://www.lacklandosc.org">http://www.lacklandosc.org</a>
JBSA Public website	<a href="http://www.jbsa.af.mil">http://www.jbsa.af.mil</a>
My Air Force Life	<a href="http://www.MyAirForceLife.com">http://www.MyAirForceLife.com</a>

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911 • Hope Chapel - 671-2941

# WHAT'S HAPPENING

## Family Support Events

ALL CLASSES, SEMINARS, MEETINGS AND EVENTS ARE HELD AT THE AIRMAN AND FAMILY READINESS CENTER, BUILDING 1249, UNLESS NOTED BELOW. CALL AFRC AT 671-3722 FOR ADDITIONAL INFORMATION.

### FRIDAY

- ▶ Transition Assistance Program, 7:45 a.m. to 4 p.m.
- ▶ Air Force Basic Military Training spouse and parents' seminar, BMT Reception Center, Building 7246, noon. For details, call 800-973-7630 or 671-4057

### MONDAY

- ▶ Family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.
- ▶ Post deployment briefing, required for all Airmen returning from deployment, 802nd Logistics Readiness Squadron IDRC briefing room, Building 5160, 2:30-3 p.m.

### TUESDAY

- ▶ American Veterans national service officer available by appointment, 8 a.m. to noon. Call 773-354-6131.

### THURSDAY

- ▶ The Airman and Family Readiness

Center is closed for the July 4th holiday.

### JULY 5

- ▶ The Airman and Family Readiness Center is closed for Air Education and Training Command Family Day.

### JULY 8

- ▶ Family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.
- ▶ Post deployment briefing, required for all Airmen returning from deployment, 802nd Logistics Readiness Squadron IDRC briefing room, Building 5160, 2:30-3 p.m.

### JULY 9

- ▶ American Veterans national service officer available by appointment, 8 a.m. to noon. For additional information, call 773-354-6131.
- ▶ Pre-separation briefing, mandatory for all members retiring, pre-registration required, 9 a.m. to noon.

### JULY 10

- ▶ Newcomer's orientation briefing, mandatory for personnel new to JBSA-Lackland, Gateway Club, 8 a.m. to 2:30 p.m.
- ▶ Officers' first duty station personal financial readiness briefing, mandatory within 90 days of arrival at JBSA-Lackland, 9-11 a.m.

### JULY 11

- ▶ Pre-separation briefing, mandatory for all members separating voluntarily, pre-registration required, 9 a.m. to noon.
- ▶ Air Force Basic Military Training spouse and parents' seminar, BMT Reception Center, Building 7246, 1 p.m. For additional information, call 800-973-7630 or 671-4057.

### JULY 12

- ▶ Air Force Basic Military Training spouse and parents' seminar, BMT Reception Center, Building 7246, noon. For details, call 800-973-7630.

### JULY 15

- ▶ Family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.
- ▶ Resume writing techniques, 11:30 a.m. to 1:30 p.m.
- ▶ Post deployment briefing, required for all Airmen returning from deployment, 802nd Logistics Readiness Squadron IDRC briefing room, Building 5160, 2:30-3 p.m.

### JULY 16

- ▶ American Veterans national service officer available by appointment, 8 a.m. to noon. For details, call 773-354-6131.

### JULY 17

- ▶ Newcomer's orientation briefing, mandatory for personnel new to JBSA-Lackland, Gateway Club, 8 a.m. to 2:30 p.m.
- ▶ Federal employment process by the Office of Personnel Management, 1-4:30 p.m.

## Monthly Meetings

### ENLISTED SPOUSES' CLUB

The Lackland Enlisted Spouses' Club meets every third Tuesday of the month at the Balfour Beatty Community Center, 6:30-8:30 p.m. For more information, visit <http://www.lacklandesc.org>.

### OFFICERS' SPOUSES' CLUB

The Lackland Officers' Spouses' Club meets monthly. For dates and times, or more information, visit <http://www.lacklandosc.org>.

### MILITARY COUNCIL OF CATHOLIC WOMEN

The Military Council of Catholic Women meets the first Friday of the month, 9:30 a.m., at Freedom Chapel. For additional information, call 671-4208.

**On the web**  
<http://www.lacklandfss.com>



Adrian Gonzalez, left fielder for the 802nd Force Support Squadron softball team, runs to first base while teammate Roy Sanders watches on during the team's American League regular season finale versus the 37th Training Support Squadron Monday. The 802nd FSS won 14-1.

# 802nd FSS primed for JBSA playoffs

Story and photo by Jose T. Garza III  
JBSA-Lackland Public Affairs

As defending Joint Base San Antonio intramural softball champions, the 802nd Force Support Squadron softball team is aware of the huge target on its back every year in the regular season and the playoffs.

It is cognizant that opposing teams are gunning to dethrone them.

"Teams play against us at a higher standard because they know we have won the past couple of years," 802nd FSS outfielder Brian Goetz said.

The team withstood the opposition's best hits this season, finishing its American League regular season with an 11-2 record capped off by a 14-1 defeat of the 37th Training Support Squadron Monday.

FSS pitcher Gilbert Cornejo said the losses this year have been because of lineup changes due to some players missing games.

"(The changes) put us in a bind because it put people in positions that they are not used to playing," he said.

With a playoff berth all but clinched, Cornejo is confident his team is ready to reign atop JBSA for the third consecutive year.

"We have to hit to win like every team has to do," he said. "We have to have all our players in the lineup. When everybody shows up, I believe there is no one that can compete with us."

Cornejo is also cognizant that "defense wins championships."

Dan Miller, last year's Commander's Cup MVP as part of the JBSA-Lackland Warhawks varsity softball team, attributes the team's continued success to one word-team.

"Every game we play, we battle through whether we are up or down," Miller said. "We always seem to do well as a team."

"It's all about the team so we all get along real well."

The FSS' cohesiveness also stems from not putting pressure on itself, realizing that playing softball is about having fun.

"We joke, have fun with each other, and we don't take anything too seriously," Cornejo said. "Even though sometimes we are down, we will still be having fun and making fun of each other. It's softball."

## HAVE BOOK, WILL TRAVEL KICKS OFF AT LIBRARY

Photo by Daisy Gonzalez

The library kicked off the annual DOD summer reading program on June 11 with fun activities centered around this year's theme "Have Book, Will Travel." Pictured is Daisy Gonzalez, library program technician, tells the children about the upcoming events as the library will visit a different country or continent every week. Children earn prizes all summer long just by reading books and attending programs at the library. Programs are held every Tuesday and Wednesday from 10-11 a.m. For more information call or visit the library.



## NCOs selected for Nurse Enlisted Commissioning Program

By Lt. Col. Holly L. Ginn  
937th Training Group Chief Nurse Executive

Three noncommissioned officers of the 937th Training Group have been selected for the Air Force's Nurse Enlisted Commissioning Program (NECP). This was a very competitive program with only 48 selections in the Air Force this year. The NECP offers active duty enlisted personnel the opportunity to earn a bachelor of science degree in nursing and become a commissioned officer in

the Air Force Medical Service Nurse Corp.

Tech. Sgt. Dahlia Gonzalez, a former Basic Medical Technician Corpsman Program instructor who recently transferred to Joint Base San Antonio-Lackland, will be attending Wayland Baptist University in San Antonio. She plans to focus on mental health nursing.

Tech. Sgt. Jason Jeffers, a Biomedical Equipment Technician, will be attending the University of Texas Health Science Center at San Anto-

nio. "I love being in the OR (operating room) and I plan on working towards a certified registered nurse anesthetist program after I graduate," Jeffers stated. "I can't wait to work in patient care. I have worked on medical equipment my whole career and I am ready to provide the best medical care in the world."

Tech. Sgt. Josue Perez-Gonzalez is an instructor at the Medical Readiness Training Center at JBSA-Camp Bullis and will also be attending Wayland Baptist University. He plans on

pursuing a path to becoming an advanced practice registered nurse in either anesthesia or mental health.

Those selected for the program will attend college full-time at an accredited university while remaining on active duty. Upon successful completion of both the bachelor's degree in nursing and the National Council Licensure Examination, NECP students will be commissioned, attend officer training and nurse transition program before transferring to their permanent duty location.

## Air Force Medical Service website focuses on Men's Health Month

By Lt. Col. Constance L. Smith  
Center of Excellence for Medical Multimedia

The Air Force Medical Service supports Men's Health Month to heighten the awareness of preventable health problems and encourage early detection and treatment of diseases among men, such as prostate cancer.

Each year thousands of men are diagnosed with prostate cancer. More than 30 million men suffer from prostate conditions that negatively affect their qual-

ity of life.

The Air Force Center of Excellence for Medical Multimedia Men's Health website <http://www.menshealthatoz.org/> offers a guide to prostate health and various conditions that can affect the health of men. It provides a sensitive and informative exploration of men's health issues, including benign prostatic hyperplasia, or BPH, a condition that involves an enlarged prostate. The program provides specific information covering risk factors, symptoms, diagnosis, treatment,

side effects of treatment and life after treatment.

Other website topics include diagnostic techniques used by health care professionals and insights about the recovery process, while 3-D Animation provides a tool to help patients clearly understand the information. The CEMM Men's Health website also offers a section with real patients and survivors sharing courageous stories about their own experiences.

AFMS officials encourage men to

seek regular medical advice and early treatment for disease and injury prevention.

Other available sites deal with low-back pain, men and women's health, asthma and skin cancer and more. A full list of sites can be found at [www.cemmlibrary.org](http://www.cemmlibrary.org).

The CEMM promotes the Air Force surgeon general's vision of "Trusted Care Anywhere," and makes available products to both military treatment facility staff and their patients.