



WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

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COMMENTARY

ALCOHOL ABUSE, DUI

Just not worth it, everyone loses

By Capt. Brad Ervin

96th Medical Group Alcohol Drug Abuse
Prevention and Treatment program manager
Eglin Air Force Base, Fla.

I am a licensed clinical social worker. I have been lucky enough to work with kids, adolescents and adults in a variety of settings, ranging from community mental health centers; outpatient clinics; inpatient psychiatric units; drug and alcohol programs and a jail/prison forensic unit.

Within the Alcohol and Drug Abuse Prevention and Treatment program, or ADAPT, we see a variety of substance abuse problems, including alcohol and drugs. However, we see a much higher amount of alcohol-related referrals, by far. ADAPT averages about 230 referrals a year. This number is too many.

Nationally, one in three people will be involved in an alcohol-related car crash in their lifetime. Drunk driving now accounts for 32 percent of all traffic fatalities. This year, an estimated 11,773 people will die in drunk driving crashes – one sister, brother, friend, mom or dad every 45 minutes. The numbers are scary, saddening and completely preventable.

In our Air Force, drunk driving and its ramifications are directly tied to our mission readiness. It's a critical time for us to change our drinking culture.

In today's society there is a culture of high alcohol consumption. We drink to celebrate; socially; at sporting events or just because it's Tuesday. Every other television commercial appears to promote alcohol use.

The military is no exception to this culture of high alcohol use. About two-thirds of Americans, including military members, drink alcohol at least occasionally. Most of those use alcohol moderately and will never have a problem.

It is important to understand alcohol is a drug and can be very dangerous.

One of the repeated problems I see with people who have been referred to ADAPT is when heavy drinking happens, even the best plans fall apart.

We recommend making a solid plan while sober and at home. Remembering and executing that plan after five drinks



Photo illustration by Samuel King Jr.

Ensuring a military member's awareness of the limitations and consequences of alcohol abuse and driving under the influence can have on a career could prevent them from crossing the line of another drink or the decision to get behind the wheel.

can become difficult. A great plan does not make it safe to drink excessively or spend the entire day, or night drinking. Drinking can be a part of the experience, as long as it is done in moderation. It must not be the focal part of events, celebrations, outings or down time. This is where the culture needs to change.

Each standard drink increases the average-sized person's blood alcohol concentration by approximately .02 percent per drink for men and approximately .03 percent per drink for women. We all metabolize alcohol at about the same rate regardless of gender, height or weight.

It takes approximately 1½ to two hours to metabolize each standard drink consumed. Drinking more than four

drinks for men and more than three drinks for women is strongly discouraged.

We all know a culture takes time to change. With shared attitudes, values, goals, practices and everyone realizing that when you drink and drive, everyone loses, we can turn our negative trends into something positive!

As Airmen, we have collaboratively taken a moral oath to protect and defend the citizens of the United States and our local community. Every time we get behind the wheel of a vehicle alcohol-impaired, we put those same citizens into harm's way and break the trust of those we've vowed to protect. Be prepared, be knowledgeable, be a good wingman, and be ready to "Fly, Fight and Win."

WINGSPREAD

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SecDef ensures future military readiness during JBSA visit

By Senior Airman Stormy Archer
Joint Base San Antonio-Randolph Public Affairs

Secretary of Defense Ash Carter traveled to Joint Base San Antonio Nov. 16 during a trip focused on ensuring the readiness of the U.S. military and the effectiveness of the training and equipment provided to today's warfighters.

While at JBSA, Carter spoke with Airmen who had just completed basic training at JBSA-Lackland, visited Brooke Army Medical Center at JBSA-Fort Sam Houston and took part in a T-1A Jayhawk orientation flight at JBSA-Randolph.

"Today we looked at a number of ways we are building the force of the future, to make sure that it is as fine as the force we have today," Carter said. "That means recruiting, it means training, it means retaining and it means taking care of service members. We saw that entire arc today."

Carter explained to the recent basic military training graduates that countries all around the world like working with American military members; not only because they are competent, well trained, disciplined and powerful on the battlefield, but also because of the things that America stands for.

"I am so pleased to lead the finest fighting force the world has ever known," Carter said. "The key reason for that is the people like yourselves. You have some very tough task masters here, but that's because you are learning from the best the world has to offer, so you can become the best the world has to offer."

During his visit to BAMC, the Army's largest and busiest medical center, Carter personally thanked wounded and ill service members and their families along with BAMC staff for their service and sacrifice.

"Taking care of our service members is important, especially our wounded, ill and injured," Carter said.

The secretary ended his visit at JBSA-Randolph where future Air Force instructor pilots are being trained and where future enlisted remotely piloted aircraft pilots will train.

"There is so much going on here in San Antonio which is relevant to our force of today and the force of the future," Carter said. "I am committed to that and I am confident that our armed forces will remain what it is today, which is the best in the world."

"I am so pleased to lead the finest fighting force the world has ever known. The key reason for that is the people like yourselves. You have some very tough task masters here, but that's because you are learning from the best the world has to offer, so you can become the best the world has to offer."

Secretary of Defense Ash Carter



Defense Secretary Ash Carter speaks to U.S. Air Force basic military training trainees Nov. 16 at the Pflugston Reception Center, Joint Base San Antonio-Lackland.

Photo by Sean Worrell



Left: Defense Secretary Ash Carter speaks to U.S. Air Force battlefield airman trainees Nov. 16 during his visit to Joint Base San Antonio-Lackland.

Photo by Sean Worrell

JBSA ushers in holiday season with tree-lighting ceremonies

By David DeKunder

Joint Base San Antonio-Randolph Public Affairs

Active-duty members and their families, retirees and Department of Defense civilians will be able to get into the Christmas spirit next week with tree-lighting ceremonies and activities to be held at Joint Base San Antonio locations.

JBSA-Lackland will kickoff the Christmas festivities with a tree lighting ceremony from 6-8 p.m. Tuesday outside the Gateway Club. The U.S. Air Force Band of the West will perform prior to and after the tree lighting. The event includes an appearance from Santa Claus, with children and adults getting the opportunity to tell Santa Claus what they want for Christmas and to get their pictures taken with him.

Refreshments, including drinks and cookies, will be served.

The tree-lighting ceremony marks the beginning of the Christmas season at the installation, Capt. Wade Burkett, 502nd Civil Engineer Squadron director of operations at JBSA-Lackland, said.

JBSA-Randolph will celebrate the Christmas season from 6-10 p.m. Thursday by turning on the tree lights at Washington Circle, in front of the Taj Mahal, building 100. Prior to the tree lighting, the Randolph High School band will perform starting at 5:30 p.m., and the Randolph Elementary School

choir will sing Christmas songs.

Tech Sgt. Taylor Hydrick, JBSA-Fire Emergency Services NCO in charge of logistics, will emcee the tree-lighting ceremony, and Brig. Gen. Heather Pringle, 502nd Air Base Wing and JBSA commander, will make remarks.

Second Lt. Timothy Pereira, JBSA-Randolph Company Grade Officers Council community service coordinator, said children at the event will be able to write letters to Santa Claus, sit on his lap and take pictures with him.

In addition, children will be able to decorate a gingerbread man and eat it, Pereira said.

Pereira said every member of the JBSA community is welcome to attend the tree-lighting ceremony and participate in the activities following the ceremony.

"It is a fun activity for the whole JBSA community," he said. "Anybody who likes the holidays will have a great time."

The tree lighting at JBSA-Fort Sam Houston will be from 6:30-9 p.m. Dec. 2 at the Main Post flagpole, on the corner of Taylor and Stanley roads. Lt. Col. Kenneth Haftorson, 502nd Force Support Group deputy garrison chaplain, will give the blessing before the tree is lighted.

Lt. Gen. Jeffrey Buchanan, U.S. Army North (Fifth Army) commander, will give the opening remarks. He will be introduced by Pringle. After his remarks, Buchanan will be joined by five children who have a

parent who is being deployed and will assist him in turning on the tree lights.

After the tree is lit, Santa Claus will arrive on a fire truck provided by the 502nd CES. Santa Claus will be accompanied by Mrs. Claus and two elves who will be available for pictures with children and adults.

Abbie Pollard, 502nd Force Support Squadron Community Programs and Partnership specialist, said the event will include a snow slide with inflatable boards, a hayride for children and adults, a tent with activities for children and a screen that will show Christmas movies.

"It's a fun event to get people into the spirit of Christmas," Pollard said. "People have small snowball fights and slide down the snow slide. There's things for adults and children, and no matter how old you are, you want a picture with Santa Claus."

There will be appearances by Ethel, a mule, and Lester, a donkey, from the JBSA-Fort Sam Houston Equestrian Center, who will be dressed up as elves for children and adults to take pictures with them, and an appearance from the Grinch.

Free cookies and hot cocoa will be provided by JBSA-Fort Sam Houston Marketing, and Starbucks will be serving free coffee.

The 323rd Army Band will play Christmas music before the tree lighting and OMG Sounds will provide Christmas music during the rest of the event.

2016 Airman Cookie Drive

The Joint Base San Antonio-Randolph Chapel is hosting the 2016 Airman Cookie Drive at the Chapel Annex, building 103, Dec. 6 from 7:30 a.m. to 4 p.m. Donations of homemade baked goods or other sweets, gallon-sized Ziplock bags and individually wrapped candy are needed. Volunteers are also needed Dec. 6 to help with collection of the donated treats. Call 652-6121 for more information or to sign up as a volunteer.

MOVIE LISTINGS

JBSA-Randolph Fleenor Theater Schedule

Friday

7 p.m.

Moana 2D 1st Run (PG)

Saturday

3 p.m., 7 p.m.

Moana 2D 1st Run (PG)

Sunday

3 p.m.

Moana 2D 1st Run (PG)

Airman reflects on cancer battle, gives back with 'passion project'

By Airman 1st Class Lauren Ely
Joint Base San Antonio-Randolph Public Affairs

At 28 years old, Staff Sgt. Nathan Combs never imagined he would be in a hospital room at Joint Base San Antonio-Lackland Wilford Hall Ambulatory Surgical Center receiving chemotherapy.

But in December 2005, that's exactly where he found himself.

Sitting across the room from him was a retired Marine, flexing his arm muscles while he read a magazine and received his chemo treatment too. The Marine looked over to Combs and smirked.

"You know what, kid? It's all about how you look at it."

Now just over a decade later, Combs, now a technical sergeant, is cancer free. And he'll never forget the words that Marine spoke to him.

"People can look at cancer negatively," Combs, 902nd Security Forces Squadron NCO in charge of resource protection, said. "It does a lot of damage in this world; it kills a lot of people, it takes our family members away and the treatment for it is just as bad.

"Cancer made me reassess every-

thing in my life," he continued. "It really changed the path I decided to take."

Combs was diagnosed with stage II non-seminoma, which is a cancer that affects the testicle. According to the University of New Mexico's Comprehensive Cancer Center, this type of cancer is curable in almost 90 percent of cases, but surgery to remove the tumor and chemotherapy are recommended.

The chemotherapy is something Combs remembers all too well.

"I got radiation treatment every day, five days a week, and then on Fridays, I doubled up," Combs said. "Within a week it took away my appetite. I went from about 190 pounds to about 135 between the surgery and completion of treatment. It definitely kicked my butt."

Combs' chemo treatment lasted for about a month, and during that time, he said he couldn't eat anything with a tomato base. Pasta? Pizza? Forget it.

"I love pasta and pizza, but I couldn't do it," he said. "It just wouldn't agree."

There was one Mexican restaurant outside the Valley Hi gate at JBSA-Lackland where Combs could always stop to eat. He said his go-to was always



Airman 1st Class Lauren Ely

Tech. Sgt. Nathan Combs, 902nd Security Forces Squadron NCO in charge of resource protection, was diagnosed with testicular cancer in 2005 while serving as a military working dog handler at Joint Base San Antonio Randolph. Combs was notified in spring 2015 that he was considered cancer-free.

a lengua, or cow tongue, burrito.

"I would stop there and scarf down a lengua burrito before or after treatment because if I waited any amount of time, I would not be able to do it," he said. "A lot of people are like, 'That's gross. Lengua, oh my gosh, how do you eat that?' And I'm like, it's good. You just eat it."

Another downside to his chemo was losing his hair, Combs said. He still remembers the moment it first began to fall out about 2½ weeks in to treatment.

At the time, Combs had a motorcycle, and would drive himself to-and-from treatment. He recalls it being a clear, windy day and getting an eyelash caught in his eye.

"I wiped my eye with the back of my hand and half of my eyebrow and all of my eyelashes were on the back of my hand," Combs said. "I just sat on my motorcycle and buried my head on my arms and I started crying. It reminded me that it was not going to be an easy kind of fight. It scared me again. It made it very, very real."

When he was first diagnosed, Combs said he didn't know how to deal with it. His father had passed away in August 2001 from cancer, so he didn't want to lean too much on his mother, who had taken care of his dad and worked full-time throughout his treatment.

————— See GIVING BACK P11



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Events

December

Aquatics

Life Guard Lessons Offered

Train to save with JBSA-Lackland Skylark Aquatics Center Dec. 17-20. Classes are \$160 per student and are open for ages 15 and older. Students must pass a prerequisite swim test. Students completing the 32 hour course are American Red Cross certified in lifeguard, first aid and CPR. For more information, call 671-3780.

Skylark Aquatic Center open for business

The JBSA-Lackland Skylark Aquatic Center remains open for lap swimming on Monday, 11:30 a.m. to 1 p.m. and Tuesday - Friday 11 a.m. to 1 p.m. Open swimming continues Monday - Friday 4-7 p.m. and Saturdays 1-5 p.m. For more information, call 221-3780.

Arts and Crafts

Framing

The JBSA-Randolph Community Services Mall has expert framers on staff to help with custom framing orders. In addition the custom frame shop matches any off-base price on a comparable custom framing job with no sales tax. For more information, call 652-5142.

Auto Hobby

Auto Hobby keeps vehicles moving

The technicians at JBSA-Lackland Auto Hobby keep cars in top-notch condition. The full service department can provide many vehicle maintenance services including tune-ups, battery tests, oil changes, CV axles, front end service, alignments and state inspection. The self-service side gives do-it-yourselfers a place to work on a vehicle and access to tools that may not be on hand in home garages. For more information, call 671-3549.

Bowling

Bowl with the Grinch

The Grinch comes out of seclusion Dec. 17, noon to 2 p.m. at the JBSA-Lackland Skylark Bowling Center. Children, ages 18 and younger are invited to take pictures with the Grinch and bowl one free game while parents bowl for \$1 per game and \$1 for shoe rental. For more information, call 671-1234.

Bowling with Santa and the Grinch

The JBSA-Randolph Bowling Center hosts Santa and the Grinch on Dec. 17 from 10 a.m. to 1 p.m. The cost for this event is \$12 per child and includes two games of bowling with rental shoes and a goodie bag for the children. Photo opportunities are between 9-10 a.m. for \$6. For more information, call 652-6271.

Christmas Break Bowling Special

Get out of the house during Christmas break and have some bowling fun at JBSA-Randolph Bowling Center Dec. 21-23 from 10 a.m. to 4 p.m. the cost is \$2.50 per game per person with \$2.50 shoe rental. For more information, call 652-6271.

Christmas Eve Day

Join JBSA-Randolph Bowling Center Dec. 24. The Bowling Center will open from noon to 4 p.m. Bowling will cost only \$1.50 per game, per person with \$2.50 shoe rental or treat your family to a fun-filled day with our Rent a Lane special. This special includes two hours of bowling, a 20-ounce soda each and a large pizza but does not include rental shoes for \$50. For more information, call 652-6271.

Military Bowling Championship Tune-Up Tournament

Join JBSA-Randolph Bowling Center on Dec. 28 at 7 p.m. for the Military bowling Championship Tune-Up Tournament. The tournament will be a four-game scratch singles format. Cost is \$50 and prizes will be given put based on the number of entries. To sign up, call 652-6271.

New Year's Eve Celebration

Celebrate the end of the old year and the beginning of the New Year at JBSA-Randolph Bowling Center on Dec. 31 at 8 p.m. for an adults'-only party. Patrons enjoy three games of Colorama bowling with cash prizes. The cost is \$30 per person and includes a complimentary glass of Champagne for each person to toast in 2017 with breakfast served afterwards. Reservations will be accepted beginning Dec. 1. There is limited space so make reservations early. The Bowling Center will be open from 10 a.m. to 6 p.m. for open bowling. For more information, call 652-6271.

Party packages offered

The JBSA Bowling Centers offer multiple party packages to enjoy during normal business hours. The JBSA-Fort Sam Houston Bowling Center offers three party packages to choose from while JBSA-Randolph has two party packages to enjoy. For more information, call the JBSA-Fort Sam Houston Bowling Center at 221-3683. For the JBSA-Randolph Bowling Center call 652-6271.

Clubs

Night life

Join the JBSA-Lackland Gateway Club for entertainment throughout December. Kick off the beginning of the month Dec. 2, 5-8 p.m., in the Maverick Lounge featuring Doggin' Dave Productions. Enjoy bar food, cold drinks, friends and music. Sing or just enjoy the entertainment Dec. 3 and 17, 8 p.m. to midnight with DJ Dee Dee at Karaoke Night in the

Lone Star Lounge. DJs spin your favorite tunes at Variety Night, 5 p.m. to 1 a.m., in the Lone Star Lounge. DJs include DJ J Rock on Dec. 2, DJ LJU Dec. 9 and DJ Tony Style Dec. 16. Final Friday is Dec. 16 this month with Doggin' Dave Productions providing the entertainment. For more information, call 645-7034.

Holiday Lunch Buffet

Join the JBSA-Lackland Gateway Club for a holiday lunch buffet Dec. 8, 11 a.m. to 3 p.m. for \$10.95 per person. The all-you-can-eat buffet includes roast turkey with wild rice, sausage and apple stuffing, cranberry chutney, glazed ham with rum raisin sauce, fried chicken, pork chops Marsala, baked tilapia with herb butter, yams with marshmallows, whipped potatoes with brown and gibley gravy, four-cheese macaroni and cheese, brandied yams, green beans with red peppers, glazed baby carrots, Waldorf salad, fresh fruit, holiday slaw, freshly baked rolls and a soup and salad bar. Desserts include green velvet cake, Christmas cakes and cookies, pumpkin pie, apple cobbler, bread pudding, candy canes and beverages. For more information, call 645-7034.

Kids play bingo with Santa

JBSA-Randolph Kendrick Club host Kiddie Bingo with Santa Dec. 11, 11 a.m. to 12:30 p.m. Children ages 12 and younger play for free with door prizes awarded. The adults can enjoy the Gil's Pub grill menu. Five games of bingo will be played. There is a complimentary buffet for children 12 and younger with chicken tenders, macaroni & cheese, cookies and fruit punch. This event is open to all Department of Defense ID cardholders. For more information, call 652-3056.

Bingo events held at the Club

The JBSA-Randolph Kendrick Club hosts Birthday Bingo Dec. 13. Birthday members get one free machine, cake, champagne and lots of fun. This event is for Randolph Club members only. ID and club card are required. For more information, call 652-3056.

December birthdays are celebrated with a buffet

The JBSA-Randolph Parr Club offers a complimentary buffet every month for members with birthdays in that month. Members with birthdays are honored Dec. 14. The buffet includes salad, two vegetables, two starches, two entrées, soup and birthday cake. Cost \$11.95 for members without a birthday in December, and \$5.95 for members' children, 6-12 years, \$13.95 for nonmembers and \$7.95 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. For more information, call 652-4864.

Holiday Meals to Go

Save some time during the hustle and bustle of the holidays by taking advantage of the JBSA-Lackland Gateway Club Holiday Meals-To-Go through Dec. 17. The price for a roast turkey 12-14 pounds is \$50 for members or \$55 for nonmembers and for a glazed Virginia pit ham 9-11 pounds it is \$55 for members or \$60 for nonmembers. Save even more time when ordering an entire meal. Roast turkey meals are \$80 for members or \$85 for nonmembers and ham meals are \$90 for members or \$95 for nonmembers. Sides include cornbread dressing, whipped potatoes with gravy, sweet potatoes, corn O'Brien, green beans almandine, cranberry chutney and apple pie. Orders must be placed at least two days in advance. Please add \$15 per order to pick up freshly prepared hot meals specifying at the time of order. The last day to order is Dec. 15 and the last day for pick up is Dec. 17. No coupons accepted. For more information, call 645-7034.

Brunch with Santa

JBSA-Randolph Parr Club host brunch with Santa Dec. 18, 10 a.m. to 1 p.m. Santa will be available for photos and will have candy canes for all the children and listen to their Christmas wishes. All children are invited to enter for the prize drawings. For more information, call 652-4864.

New Year's Eve Celebration

Ring in 2017 at the JBSA-Randolph Parr Club. Doors to the International ballroom open at 6:30 p.m. The main dinner buffet will be offered from 7:30-9 p.m. followed by a dessert bar from 9:30-11 p.m. and a glass of champagne at midnight to ring in the New Year. This celebration costs \$85 per person for club members or \$95 per person for nonmembers or guests and includes an all-you-can-eat breakfast served at midnight. Cash bars are available throughout the evening. The recommended dress for these events is cocktail attire. Lodging reservations may be made at the same time you make your party reservations. The cost for lodging is \$60 (standard room) and transportation will be provided to and from the club. JBSA-Randolph club members may make reservations starting Dec. 1 at 10 a.m. to choose their table and make payment. All others may make reservations starting Dec. 8. Prepayments are required and refunds will not be issued after 5 p.m. on Dec. 18. Coupons, club bucks or gift certificates are not accepted as payment for this event. This event is open to all Department of Defense ID card holders. For more information, call 652-4864.

Community Centers

Flea Market

The JBSA-Lackland Skylark Community Center hosts a flea market Dec. 3, 8 a.m. to noon at the Warhawk Fitness Center parking lot. Sellers can set up their merchandise for buyers looking for a bargain. Reservations for space are available for \$10 and tables for \$5 each. For more information, call 671-3191.

Equestrian Center

Horse back riding lessons offered

JBSA-Fort Sam Houston Equestrian Center offers horseback riding lessons for beginners and advanced riders in both English and Western-style riding. Therapeutic riding lessons are also available and taught by certified instructors. Horses, saddles and tack for lessons will be provided if needed. Patrons must be at least seven years old. The cost is \$60 per hour for a private lesson, \$175 for five group lessons, \$225 for five semi-private lessons and \$250 for five private lessons. For more information, call 224-7207.

Trail rides

The JBSA-Fort Sam Houston Equestrian Center provides trail rides by appointment. No experience required. Rides depart at 8:30 a.m., 10 a.m., 12:30 p.m. and 2 p.m. on Saturdays and Sundays. Trail rides are available for patrons ages seven and older for just \$30. Adults must accompany children under the age of 13. Riders must be at least 4 feet 6 inches tall and weigh no more than 200 pounds. For more information, call 224-7207.

Pony rides

JBSA-Fort Sam Houston Equestrian Center offers parent-led pony rides on Saturdays and Sundays 10 a.m. to 2 p.m. for patrons ages 6 and younger, for \$10. Adults must accompany their children and availability is on a first-come, first-served basis. For more information, call 224-7207.

Horse boarding

JBSA-Fort Sam Houston Equestrian Center has stalls and paddocks available to board customer's horses. Owners must comply with the JBSA-Fort Sam Houston

Veterinary Treatment Facility's vaccination and quarantine requirements to board horses. Stallions are not allowed. The cost to rent a 10 foot by 10 foot stall is \$120 per month and 20 foot by 50 foot paddocks are \$45 per month. Trailer storage, feed and turn out services are also available. For more information, call 224-7207.

Fitness

Joe Hall Basketball

The JBSA-Lackland Chaparral and Warhawk Fitness Centers play hosts to the 41st Annual Joe Hall Memorial Men's Basketball Tournament Dec. 3-4, 8 a.m. Spectator admission is free and open to JBSA personnel. Play is limited to the first 10 paid teams to sign up. Team fee is \$400 and NCAA rules apply. For more information, call 671-2401.

ZUMBA® Fest

Join JBSA-Fort Sam Houston Dec. 3, 10:30 a.m. to 12:30 p.m. at Zumba® Fest. The first 10 people to register receive a free tote bag. Snacks and beverages provided. The cost is \$10 per person, and is open to all Department of Defense ID cardholders. For more information, call 808-5713.

Indoor Marathon

JBSA-Randolph Rambler Fitness Center host this self monitored program based on honor system. Participants are to try to complete 26.2 miles running or walking within one week from Dec. 5-9. Participants may pick up cards to log mileage at the front desk. All of these events are sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. Fitness Center events are

open to all valid Department of Defense ID cardholders. For more information, call 652-7263.

One-on-One

The JBSA-Lackland Kelly Fitness Center hosts a one-on-one basketball tournament Dec. 7, 11:30 a.m. The first to win five games wins this single-elimination tournament. For more information, call 925-4848.

Holiday 10-Mile Bike Ride

JBSA-Randolph Rambler Fitness Center host Holiday 10-mile bike ride. All bikers are welcomed to come and cycle those holiday calories away Dec. 17, 8 a.m. at Eberle Park. Challenge yourself to stay in shape while completing the 10-mile course. All of these events are sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. Fitness Center events are open to all valid Department of Defense ID cardholders. For more information, call 652-7263.

Golf

Compete in Warrior golf scramble

Come out to the JBSA-Fort Sam Houston Golf Course Dec. 2, with a 12:30 p.m. shotgun start. Golfers are invited to play in the monthly Warrior Four-Person Scramble. Cost is \$25 for members and \$35 for nonmembers. This fee includes 18 holes of golf, shared golf cart rental, prizes and social. Prizes are for the winners of longest drive and closest to the pin. Team prizes are for low net and gross. For more information, call 222-9386.

Gateway Cup Championship

Sign up for the Gateway Cup Championship at JBSA-Lackland Gateway Hills Golf Course, Dec. 10-11. The cost for this triple-point event is \$30 per player with a 8 a.m. shotgun start. For more information, call 671-3466.

Winter scramble

JBSA-Fort Sam Houston hosts Winter Scramble Dec. 16, 1 p.m. Sign up for this fun scramble using the red, white and blue format. The cost is \$25 for members and \$35 for nonmembers. The fee includes cart, prizes and closing social. For more information, call 222-9386.

Thursday Steak Nights

Take a break from the kitchen on Thursday and dine at the JBSA-Lackland Green Side Grill. Dinner is served from 4-7 p.m. or until the steaks run out. Make reservations before noon on Thursday and cost is \$15 or after noon on Thursday and cost is \$17. The meal includes a steak, potato, vegetable, dinner roll, dessert and a fountain drink. For more information, call 671-2006.

Wake up to a sunny morning at the golf course

The JBSA-Lackland Gateway Hills Golf Course now serves breakfast Tuesday through Saturday, 6:30-10:30 a.m. For more information, call 671-3466.

Information, Tickets and Travel

Hill Country Holiday Lighting Tour With Bethlehem

Tickets for the JBSA-Lackland Information, Tickets and Travel's eighth annual Hill Country Holiday Lighting Tour Dec. 10 are selling fast with few tickets left. The tour

departs at 11 a.m. for shopping or dining in Fredricksburg, "Main Street Bethlehem" and "Christmas On Main" in Burnet and the "Walkway of Lights" on the banks of Lake Marble Falls. Cost is \$37 per person and covers transportation costs only. There is no additional fee for Bethlehem or Walkway of Lights. Itinerary subject to change without notice. Main Street Bethlehem may be canceled without notice due to inclement weather. For more information, visit <http://www.myjbsa-fss-mwr.com/lackland/calendar> or call 671-3059.

JBSA-FORT SAM HOUSTON
FROSTY 5K WALK RUN
JAN 28
7 a.m.
Prize Wheel • Hot Cocoa after run
METC Fitness Center • Sign in 6:30 a.m.
No registration required • Dogs welcome!
Open to DOD ID Cardholders & families

For more information, call 808-5713
[facebook.com/FortSamMWR](https://www.facebook.com/FortSamMWR)
FORCE Support Squadron
MWR

A Charlie Brown Christmas

JBSA Information, Tickets and Travel offers tickets for A Charlie Brown Christmas, a great holiday treat for all ages Dec. 16- 23 at the Majestic Theater. Mezzanine and box seat tickets are \$21 and orchestra seats are \$30 with no Ticket Master fees. Prices subject to change without notice. For more information, call JBSA-Lackland at 671-3059, JBSA-Fort Sam Houston at 808-1378 or JBSA-Randolph at 652-5142.

Nutcracker

The JBSA Information and Ticket Offices have tickets for the Moscow Ballet at the Majestic Theater Dec. 26 and 27. Ticket prices are \$35, \$45 or \$60. For more information and section details, call JBSA-Fort Sam Houston 808-1378, JBSA-Lackland 671-3059, JBSA-Randolph 652-5142.

Valero Bowl

JBSA Information and Ticket Offices have tickets for 2016 Valero Bowl at the Alamodome Dec. 29. Ticket prices are \$30 per ticket in the upper level. For more information, call JBSA-Fort Sam Houston at 808-1378, JBSA-Lackland at 671-3059, JBSA-Randolph at 652-5142.

Kinder Casino trips

Travel to the Grand Casino Coshatta in Kinder, La., with JBSA-Randolph Information, Tickets and Travel. The trip includes round trip motor coach transportation, hotel accommodations, \$23 voucher from the casino and friendly service from the bus driver. The bus departs at 7:30 a.m. and returns at approximately 9 p.m. the next day. Cost is \$65 for double occupancy or \$130 for single occupancy. The 2017 trip schedule is Jan. 10-11, Mar. 14-15, May 9-10, July 11-12, Sept. 12-13 and Nov. 14-15. For more information, call 652-5142.

Monster Jam

JBSA-Lackland Information, Tickets and Travel has Monster Jam tickets on sale now for the Jan. 21, 7 p.m. and Jan. 22, 2 p.m. shows at the Alamodome. Prices range from \$17 to \$107 and include a pair of ear plugs with each ticket purchased, while supplies last. Ages 2 and older must have a ticket. Prices subject to change without notice. Register to win two free tickets to Monster Jam plus a "Hot Wheels - pirate take down" toy set. Drawing to be held Dec. 16. For more information, call 671-3059.

Caribbean Cruise

JBSA-Lackland's Information, Tickets and Travel Leisure Travel office offers a Carnival seven-day western Caribbean Cruise, Jan. 28 - Feb. 7, 2017. Cruise from Galveston to Falmouth, Jamaica, Grand Cayman and Cozumel. Rates start at \$504 per person for an inside cabin, \$604 per person for an ocean view and \$784 per person for balcony. Gratuities not included. Final payment is due at booking. For more information, call 671-7111.

Library

Holiday Storytime

Join JBSA-Fort Sam Houston Library Dec. 4, 2-3 p.m. Come listen to Holiday stories, decorate and eat cookies and drink some hot cocoa. With a special appearance by Santa Claus. For more information, please visit the website at jbsalibraries.org or call 221-4387.

4 Young Adults

Join JBSA-Fort Sam Houston Library Dec. 10, 1-2 p.m. Ages 10-17 Enjoy a different activity each month. Create crafts and play games with other young adults. For more information, please visit JBSA-Fort Sam Houston library website at <http://www.jbsalibraries.org> or call 221-4387.

Tween time

JBSA-Fort Sam Houston Library hosts Tween time Dec. 11, 2 p.m. Open to all Department of Defense ID cardholders between toddlers and teens. Enjoy a story and different fun activities solve mysteries, create crafts and play games. For more information, visit the website at <http://www.jbsalibraries.org> or call 221-4387.

Military and Family Readiness

Career event provides opportunities

Military spouses, Gold Star spouses, service members, and veterans prepare for a networking reception, Dec. 1, 7-9 p.m. at the USAA Bank Lobby and a hiring fair Dec. 2, 10 a.m. to 1 p.m. at the JBSA-Fort Sam Houston Military

& Family Readiness Center. The two-day career event features networking opportunities, career planning, resume assistance and professional photos for personal branding. To register or for more information, visit <http://www.hiringourheroes.org>, or call 652-5321.

Training for Unit Family Readiness

Key Spouses and Key Spouse Mentors attend an end of year Texas style round up Continuing Education workshop of the year, Dec. 1, 9 a.m. to noon and a Key Spouse Refresher Training Dec. 13, 9-10 a.m., at the JBSA-Lackland Military & Family Readiness Center. A Family Readiness Group Forum is slated for Dec. 13, 11 a.m. to noon at the JBSA-Fort Sam Houston M&FRC. To register, call JBSA-Randolph at 652-5321 or JBSA-Fort Sam Houston at 221-2418.

Parents prepare for baby

Participate in the Bundles for Babies workshop at the JBSA-Randolph Military & Family Readiness Center Dec. 2, 8:30 a.m. to 12:15 p.m. or the JBSA-Lackland Military & Family Readiness Center Dec. 6, 1-4:30 p.m. Active-duty expecting parents receive information on financial planning from conception to college, support programs offered within the community and parenting skills. For more information, call JBSA-Randolph 652-5321 or JBSA-Lackland 671-3722.

Workshop helps parents in transferring youth

JBSA-Lackland Military & Family Readiness Center hosts workshop. Participants with children in grades K through 12 prepare for permanent change of station by reviewing information about transferring to a new school and discuss the different emotional responses youth may have when changing schools, Dec. 6, 1-3 p.m. at the JBSA-Lackland Military & Family Readiness Center. For more information, call 671-3722.

Patrons learn about changes to Social Security

The U.S. Social Security Administration facilitates a Social Security & You workshop, Dec. 7, 10 a.m. to noon, at the JSBA-Lackland Military & Family Readiness Center. For more information, call 671-3722.

Workshop helps nominate volunteers for awards

Review the new nomination form for the 2017 Volunteer of the Year Award, and learn how to write a winning nomination packet, Dec. 7 and 17, 9-11 a.m. at the JBSA-Fort Sam Houston Military & Family Readiness Center. Nominations submitted on forms from previous years will not be accepted. All nominations for the VOYA and Volunteer Excellence Award, must be submitted no later than Feb. 24. For more information, call 221-2705.

Outdoor Recreation

Special Winter Boat Rates

Now through February 2017 spend time on the open water. JBSA-Lackland Outdoor Recreation offers all weekend boat rentals at half off regular rates through February 2017. This offer covers boat orders picked up on Friday between 8 a.m. to 3 p.m. and returned the following Monday between 8 a.m. to 3 p.m. Offer does not include canoe or kayak rentals. For more information, call 925-5532.

Outdoor Recreation for the Holidays

Let JBSA Outdoor Recreation, or ODR, make the holidays less stressful. There is no need to cram everyone under one roof or pay outrageous hotel room fees for holiday guests. Outdoor Recreation has an assortment of campers to accommodate between four to eight people that are perfect for keeping guests close and allowing everyone a little elbow room. Outdoor Recreation has catering needs covered for a memorable holiday feast including banquet tables and chairs, turkey roasters, chafing dishes and more. For a day watching holiday bowl games there are ice chests, drink chillers and nacho cheese dispensers as well as assorted games to keep the kids busy. For more information, call the JBSA-Lackland ODR at 925-5532, JBSA-Fort Sam Houston ODR at 221-5224 and JBSA-Randolph ODR at 652-5142.

Half Price Bunkhouses and Bungalows

Rent one of the bunkhouses or bungalows for half price at JBSA-Recreation Park @ Canyon Lake. The cost is \$12.50 for the bunkhouse or \$17.50 for the bungalows per night during the month of December. Enjoy the cool crisp air at the lake during the day and at night bask in the warmth of this cozy one room bunkhouse or bungalow. The bungalow is equipped with a refrigerator, sink, microwave, a full-size bed, bunk beds and sleeps four, air conditioning, heating, and a bathroom with a hot shower. The bunkhouse is equipped with air conditioning, heating and a refrigerator and will sleep four. Customers must bring their own linen for both accommodations. JBSA-Recreation Park @ Canyon Lake is a popular place in the winter months so make reservations early. For more information, call 1-800-226-5357.

Half price boat special

Rent any boat at the JBSA-Recreation Park @ Canyon Lake for half price in December. Cost includes all required safety equipment such as life vests, but does not include fuel. The rentals are on a first-come, first-serve basis. Participants must have taken the Boater's Safety Course through the State of Texas. JBSA offers the course at the JBSA Recreation Park @ Canyon Lake or the Outdoor Recreation locations on JBSA installations. For more information, call 1-830-226-5357.

Youth and Children

December School Age Program Holiday Camp

Registration for the December holiday camp at JBSA-Randolph Youth Programs takes place Dec. 5-15. The holiday camp runs Dec. 21-30. This program is open to youth K-6th grade, ages 5-12 years. Placement is based on eligibility priority. Fees are based on total family income and all required paperwork must be on file. For more information, call 652-3298.

Winter Craftapalooza

JBSA-Randolph Youth Programs hosts Winter Craftapalooza Dec. 7 from 5-7 p.m. youth, ages 5 and older, can have a fun day of creating gifts for the holidays. The cost is \$2 for nonmembers and free to members. Sign up by Dec. 2. For more information, call 652-3298

Teen night for Christmas lights

Join JBSA-Fort Sam Houston Dec. 9, 7-10 p.m. building 1630 Teens are invited to participate in this trip to downtown San Antonio to see the holiday lights. Interested teens must sign up by Dec. 7. For more information, call 221-3502

Middle school lock-in

JBSA-Fort Sam Houston Youth programs hosts Lock-In Dec. 9-10, 9 p.m. to 7 a.m. building 2515. This lock-in is open to all JBSA-Fort Sam Houston youth in grades 6-8. The cost is \$15 per person. For more information, call 221-3630 or 221-3164.

Youth participate for free

Celebrate recreation and fall fun and participate in the JBSA-Randolph Youth Programs for free Dec. 12-17. Youth Programs has a lot of activities, programs, camps and classes to enjoy during the school year. For more information, call 652-3298.

Winter Holiday Break Camps

Join JBSA-Lackland Youth Programs Dec. 19-23 - Registration now through Dec. 5. Dec. 27-30 - Register now through Dec. 12. Camp hours are 6 a.m. to 6 p.m. and cost varies by household income. SAC school year paperwork must be completed and on file prior to registration. AETC Family Days result in a 6:30 a.m. opening and a 4:30 p.m. closing. For more information, call 671-2388.

Middle School Teen Center Winter Camp

Join JBSA-Fort Sam Houston Dec. 19-Jan. 3, 6 a.m. to 6 p.m. Building 2515. The Middle School Teen Center will provide winter camp for ages 11-17. For more information call 221-3630 or 221-3164.

Youth Programs Fall Camp

Dec. 19 through Jan. 3, 6 a.m. to 6 p.m., JBSA-Fort Sam Houston holds Fall Camp for youth grades 8 and up or ages 13 and up at building 1630. For more information, call 221-3502.

SMART Girls

Girls, ages 9-18 are invited to join JBSA-Lackland Youth Programs for SMART Girls Mondays, 4:40 p.m. These are free girls only meetings with discussions, workshops and fun activities to promote self-esteem, self-awareness and deterrents to avoid peer pressure. Join the #GIRLSTRONG MOVEMENT. Smart Girls for younger girls are held in School Age Program. For more information, call 671-2388.

STAY CONNECTED

Stay current on Joint Base San Antonio
502d Force Support Squadron events,
specials and daily activities.

<http://www.myjbsa-fss-mwr.com>



Successful load operation is the benchmark for the 502nd LRS

By Jeremy Gerlach

Joint Base San Antonio-Lackland Public Affairs

Whenever worldwide crises require a rapid, humanitarian response from the U.S. Air Force, the 502nd Logistics Readiness Squadron at Joint Base San Antonio-Lackland is ready to answer the call.

The squadron successfully processed and loaded more than nine tons of medical cargo onto an aircraft at Kelly Air Field Nov. 12 bound for Honduras. The cargo is scheduled to be assembled into a mobile medical facility that will bring much-needed aid to over 2,000 men, women and children in that country.

The cargo was shipped as part of the Jeremiah Denton Amendment, a Department of Defense provision that allows the U.S. Air Force to ship privately donated humanitarian assistance cargo to foreign countries using military transportation on a space-available basis.

"This mission shows just how far we can reach," said Staff Sgt. Joseph Costancio, 502nd LRS senior controller of air terminal operation center. "We don't just reach into the United States; we can get to places like Honduras on a couple days notice if it's really needed."

From Nov. 9 to Nov. 12, Costancio, along with Lt. Col. Thomas Miner, 502nd Security Forces and Logistics Support

Group commander, oversaw the loading operation for the Honduras project. The cargo arrived mid-week from Houston on a flatbed truck as a single 40 foot container at 16,800 pounds net weight. Costancio's crew used a crane to lift the package off the flatbed and separated the cargo onto five separate pallets, all with a total weight of 18,000 pounds.

By the end of their mission, the squadron had inspected the transporting aircraft for air worthiness, marked and weighed the cargo, and established a load plan. Just after noon that day, the team then pushed the cargo onto the aircraft, manned by personnel from the 701st Airlift Squadron, and the plane departed for its destination.

"Everything went pretty smoothly," Costancio said. "When it comes to humanitarian missions, we have to be constantly ready to send out aid, cargo or passengers, if need be."

While Costancio's team regularly ships military cargo, privately-donated supplies can pose additional challenges for the 502nd LRS.

"This isn't a normal movement for us," Costancio explained. "With private supplies you are relying on a bunch of different, moving pieces and partners."

————— See 502ND LRS P12

GIVING BACK from P6

"I would come to the kennels and sit in my dog's run, which is the kennel area, and he would just lay in my lap," Combs, who was a former military working dog handler, said. "I attribute a lot of the positive thoughts during that time to my close friends and family. And definitely to that dog."

After enduring and surviving his own cancer experience, Combs was inspired to help a friend during theirs by donating blood. Since then, and for the last six years, he has become a regular blood donor and attempts to lead blood drives every 90 days.

"After my cancer situation, I started thinking more about people other than myself," Combs said. "That's the primary reason why it has become my passion project. I can save up to three people's lives just from the blood I'm

able to donate, so why not?"

Combs believes his experience with cancer changed him for the better and gave him a new perspective. He even credits his fight with the disease as being the most significant experience of his life - aside from the birth of his child.

"It took a very frustrated, angry young man and turned him into a very happy, positive older guy these days at 39," he said.

Combs advises other men that knowledge is the best weapon against cancer and not to let the "macho" view of something abnormal going on to deter them from seeking help.

"I would rather do without and live longer," Combs said. "Because there's a lot of cool stuff to see, and there's a lot more waves to surf."

And like the Marine said, it's all about how you look at it.

JBSA M&FRCs offer support groups for single parents

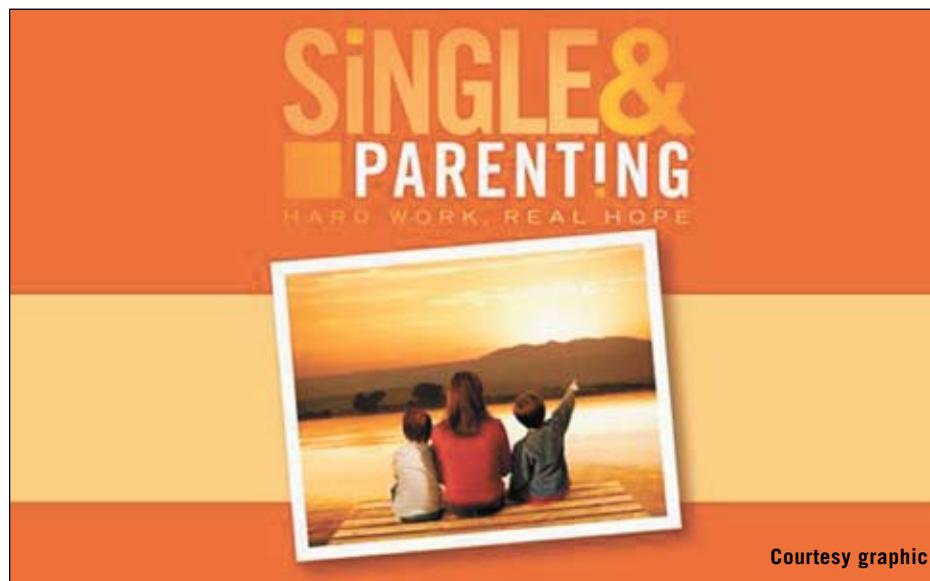
By Ashley Palacios
Joint Base San Antonio-Randolph Public Affairs

Single parents on active duty can experience feelings of isolation as they deal with the stressors that affect them and their families.

However, Joint Base San Antonio Military & Family Readiness Centers are addressing the concerns of single parents and offering them a support network to help them better cope with the challenges they face.

“The primary purpose of the Single Parent Support Group is to let single parents know they’re not alone,” said Danielle Dennis, JBSA-Lackland M&FRC community readiness consultant. “We want to let single parents know there are others who understand and can help them with what they’re going through. It’s all about bringing people together.”

Tech. Sgt. Gabriela Sales, JBSA-Randolph Chapel resource management NCO in charge, recently discovered the single parent group and described the support of the group as what interested her in attending.



“Being a single parent is so hard, and being active duty makes it even more challenging,” Sales said. “It’s tough to balance my career and personal life on my own. The things that used to be simple, such as doctor appointments and after school activities, become

extremely difficult on your own.”

Recognizing the unique set of challenges facing single parents, the group aims to address these specific concerns while also helping them build a social network to stay connected with other single parents, Dennis said.

Members who are moving to a new installation, for example, have to deal with out- or in-processing while also addressing the needs of their children without help from a spouse. In addition, appointments for their children, housing, utilities, furniture delivery, vehicle maintenance and other needs are challenges single parents have to face alone.

“Being responsible for so much on my own takes a toll on me emotionally,” Sales said. “It would be nice to know I have people who would support me and understand what I’m going through.”

502ND LRS from P11

“We usually only get this type of assignment twice a year, and when we do, get it it’s almost always a humanitarian mission.”

These partners included volunteers from Texas A&M University, private cargo shippers from Houston and airlift coordinators from Charleston, S.C.

“Once we get word that we’re handling a shipment like this, we’re immediately coordinating with a bunch of different parties involved,” Costancio explained. “We’ve got to stay coordinated.”

During Single Parent Support Group meetings, representatives from JBSA’s helping agencies address topics of interest to single parents, such as effective communication, conflict resolution and building resiliency in children. The group can also offer a listing of child care providers or recommend teenagers who are first aid qualified. Parents are also given the opportunity to bring up their own concerns for group discussion.

Sales said she wants to ensure she remains positive and resilient and makes the time to take care of herself so she can be the best mom for her children.

“It’s just me, so if I’m not there for my kids, who will be?” Sales asked. “Most days are hard and challenging but we find a way to make it through and laugh together. They make me happy every single day.”

Although the Single Parent Support Group focuses on active-duty members, contractors and Department of Defense civilians who are single parents are also welcome to attend. Spouses who are separated from their partners due to deployment, remote assignment or extended temporary duty can also benefit from participation in the support group.

The next Single Parents Support Group meetings take place on JBSA-Lackland Dec. 2 from 11:30 a.m. to 1 p.m. and JBSA-Randolph Dec. 15 from 12 p.m. to 1p.m. Single parents interested in joining the Single Parent Support Group or attending the monthly sessions can contact the JBSA-Lackland M&FRC at 671-3722 or JBSA-Randolph at 652-5321. Members at JBSA-Fort Sam Houston can attend meetings at either of these locations.

The squadron’s ability to deliver aid on such a tight timeframe is also instrumental, Costancio noted.

“The fact that we turned this around on a short timetable speaks for itself,” he explained.

Working over a weekend wasn’t a big deal for the crew, which worked until Nov. 12 to get the shipment out on time, according to 502nd LRS reports.

“We needed a couple extra bodies outside of normal work hours, but our people stepped up,” Costancio said. “It was cool to see us handle the project that quickly.”

Deadlines near for timely delivery of holiday packages

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

The holiday rush at U.S. Postal Service locations is near at hand, so it's advisable for the families of active-duty members who are serving abroad to mail cards, letters and packages to their loved ones as soon as possible.

For the timely delivery of priority and first-class mail by Christmas Day, the USPS recommends mailing cards, letters and packages to Air/Army Post Office, Fleet Post Office and Diplomatic Post Office ZIP codes in the Middle East no later than Dec. 2 and to other APO/FPO/DPO ZIP codes no later than Dec. 9.

"Mail early," said Jeff Sanna, USPS sales and services associate at the Joint Base San Antonio-Randolph postal facility. "You can also expect long lines, so use patience and judgment."

The Postal Service will meet the holiday rush by expanding delivery days, Sanna said.

"USPS will be delivering mail seven days a week, possibly starting the week after Thanksgiving," he said.

For packages sent to military members serving overseas, the Postal Service offers a discounted postal cost of \$16.75 on its largest priority mail flat-rate box. The price includes a \$2 per box discount for mail sent to APO, FPO and DPO destinations worldwide. Priority mail flat-rate boxes are available at no cost at post offices and online at shop.usps.com.

Military care kits, which are based on items most frequently requested by military families, are available by calling 800-610-8734. The kit includes two priority mail APO/FPO/DPO flat-rate boxes, two priority mail medium flat-rate boxes, priority mail tape, priority mail address labels and appropriate customs forms.

The USPS advises special care in sending packages to APO and FPO addresses. The service member's full name should be included in the address, along with the unit, APO/FPO address and nine-digit ZIP code, but not the country's name. A return address is required.

For domestic delivery of cards, letters and packages by Dec. 25, mail-by dates are Dec. 15 for USPS retail ground, Dec. 20 for first-class mail, Dec. 21 for priority mail and Dec. 23 for priority mail express.

Hours at JBSA USPS locations are 8:30 a.m. to 5 p.m. Monday-Friday and 9 a.m. to noon Saturday at JBSA-Fort Sam Houston, 1804 Stanley Road; 8:30 a.m. to 4:30 p.m. Monday-Friday and 9:30 a.m. to 12:30 p.m. at JBSA-Lackland, 2261 Hughes Ave.; and 8:30 a.m. to 2 p.m. Monday-Friday at JBSA-Randolph, 355 B Street West, Suite 3.

Sanna also advised postal customers to have their documentation for overseas packages ready by the time they reach the counter in the post office.

"No matter how long the lines are, we'll serve the last customer who's in line by closing time," he said.



Photo by Melissa Peterson

Kenneth Collins (left), United States Postal Services sales and services associate, receives a package from Joe Beach, 502nd Air Base Wing Public Affairs graphic artist, Nov. 15 at the Joint Base San Antonio-Randolph Post Office.

Joint Base San Antonio-Randolph News Briefs

Pecan harvesting

The Joint Base San Antonio-Randolph Housing Offices and the 902nd Security Forces Squadron are asking residents who reside on JBSA-Randolph to harvest pecans only from their own yard. Those who live off base are asked to refrain from harvesting any pecans from the installation.

Businesses designated off limits

All 502nd Air Base Wing and Joint Base San Antonio military members are forbidden to enter any establishments named Cracker Box Palace, Planet K, Players Club of San Antonio, MJM Autohaus or VIP Spa. This includes all locations in Bexar, Atascosa, Bandera, Comal, Guadalupe, Kendall, Medina and Wilson counties. These businesses are perceived as damaging to the military mission. For more information, call 652-5727.

Save the Date: Taj open house

The 502nd Security Forces and Logistics Support Group will host an open house from 11 a.m. to 2 p.m. and 6-8:30 p.m. Dec. 13 at Joint Base San Antonio-Randolph's Taj Mahal, building 100.

JBSA-Randolph Burger King closure

Due to plumbing issues, the Joint Base San Antonio-Randolph Burger King will remain closed. The repairs are the estimated to be completed on Dec. 2.

RFISD seeks trustee members

Randolph Field Independent School District is soliciting resumes for upcoming opening on the Board of Trustees. Eligibility for the position requires the applicant to be living or employed at JBSA-Randolph. Trustees must take an official oath of office and serve without compensation. For more information on submitting a resume no later than Dec. 2, call 652-5321.

Diabetic-friendly cooking class

There are 30 first-come, first-serve seats available for a special edition of Kitchen Addiction: Diabetic-friendly Cooking. This event will be held Dec. 8 from 11 a.m. to 12 p.m. and again at 12-1 p.m. at Joint Base San Antonio-Randolph Health Promotions, building 999. For more information, call 652-3641.

902nd Security Forces Squadron takes Turkey Bowl title

By Jose T. Garza III

Joint Base San Antonio-Lackland Public Affairs

The 902nd Security Forces Squadron captured the Turkey Bowl championship with a 48-7 rout of the Air Force Security Forces Center Nov. 12 at Joint Base San Antonio-Lackland Warhawk Field.

The championship was the squadron's first, but "it won't be our last," said Chief Master Sgt. Benjamin Reynolds, 902nd SFS security forces manager. He praised his teammates for their teamwork and humility.

"Football is an American tradition and so is winning," he said. "There's no greater feeling than trouncing your rivals at this country's greatest sport in honor of the principles and dedication that founded this country and gives it the strength to continuously prosper."

A total of six SF units across JBSA competed in the annual Turkey Bowl.

"This tournament provides an opportunity for the security forces squadrons to break bread during this time of year when they need it most," said Senior Master Sgt. George Bibb, 502nd Security Forces Squadron operations superinten-

dent and the tournament's organizer. "All Defenders love competition, but we also know we are all on the same team."

Members of the 902nd SFS shared Bibb's sentiments.

"People get to see folks from previous military duty assignments or those they work with in the JBSA community," said Maj. Brandon Edge, 902nd SFS Defender. "The tournament offered an opportunity for the squadrons to display teamwork."

Reynolds called the Turkey Bowl a "great opportunity" for fellow Defenders to have fun and understand the battles they encounter on a daily basis.

"I'm sure this tournament will spark new rivalries and help improve teamwork, increase physical fitness, and interaction amongst JBSA Security Forces Squadrons," he said.

"The winning teams gets to show off the Turkey Bowl trophy that was earned for defeating other Security Forces units from across JBSA for 364 days," said Bibb.

Bibb looks forward to a "bigger and better" Turkey Bowl next year when the security forces squadrons once again clash for JBSA supremacy.