



WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

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Air Force Chief of Staff visits JBASA-Randolph

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Air Force Chief of Staff Gen. David L. Goldfein delivers a speech during the Air Force Sergeants Association Professional Airmen's Conference and International Convention Aug. 24 at the Grand Hyatt in San Antonio.

Photo by Airman 1st Class Lauren Ely



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Child development center expands, page 9



Photo by Staff Sgt. Michael Ellis

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COMMENTARY

Airmen must navigate financial mind fields

By Michael Blauvelt
33rd Fighter Wing Legal office
Eglin Air Force Base, Fla.

Scams do not die, they hibernate. The best way to protect one's self when they arise again is to know what they were like before they went into hibernation.

Military members will always be a target for insurance scammers. As a Better Business Bureau president once said, "The sharks are circling the bases. Individually our military members don't make a lot of money. Collectively, it's a big payroll."

A decade ago, insurance scams targeting military members, particularly the newest and youngest members, gained national attention. In a 2004 interview on PBS's Newshour, a *New York Times* reporter explained her newspaper's investigation found a "long-standing and deeply rooted problem of sales agents for mutual funds and insurance products getting access to military members and selling them products they don't understand, may not need and may not be suitable for them at all."

The *New York Times* profiled a military member whose entire company was marched to a classroom during basic training and given a "personal finance" briefing hosted by two insurance salesmen who convinced everyone in attendance to buy insurance products which offered minimal value beyond their Servicemember's Group Life Insurance, notwithstanding their much higher costs.



Courtesy graphic

Under public scrutiny, the Department of Defense and many state insurance departments imposed stricter limits on insurers' access to military installations and new restrictions on the sales of policies to the youngest and usually most vulnerable military members. One company involved paid \$12 million in fines and another paid out \$70 million in refunds. Since that time, however, the insurance scam issue has reared its ugly head again on many military installations.

Common insurance scams often begin with a statement that the military member's SGLI benefits are insufficient or insecure. For many military members, however, SGLI provides a sufficient amount of coverage and protection to meet their actual needs.

A former Georgia Insurance Commissioner told *Kiplinger* magazine that "SGLI is a phenomenal insurance product, and it's a great price." SGLI is so well thought of by insurance regulators that Texas warned military members, in a "Red Flag" notice, to be wary of insurance sales pitches that "say or imply that SGLI might not always pay."

Other red flags identified by the Texas Department of Insurance include:

- Being approached by someone or receiving a card or mailer "offering information on your military or Veterans Affairs benefits, or about a military service organization, only later to receive a sales pitch for insurance, investments, savings or retirement."

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WINGSPREAD

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POW/MIA Recognition Week

JBSA-Randolph's POW/MIA Recognition Week is Sept. 12-16. Events planned throughout the week include:

- "A Moment in Time" production takes place 1 p.m. Sept. 12 at the JBSA-Randolph Fleenor Auditorium. For more information, call 612-4692.
- POW/MIA Breakfast, sponsored by the Air Force Sergeant's Association Chapter 1075, takes place 8 a.m. Sept. 13 at the Parr Club Ballroom. The cost is \$12. Contact rafbpow_mia2016@yahoo.com.
- A commemorative 5K Run/Walk, sponsored by

Air Education and Training Command's Top III, takes place 7 a.m. Sept. 14 at Eberle Park.

The cost is \$10. To sign up, visit <https://www.signmeup.com/115846>.

- A retreat ceremony, sponsored by Air Force Personnel Center's Top III, is 4 p.m. Sept. 15 at Washington Circle. For more information, call 565-3951.

- A Missing Man Vigil, sponsored by JBSA-Randolph's Top III, is 7:30 a.m. to 3 p.m. Sept. 16 at Washington Circle. For more information, call 652-8080.



Some forms of identification may be invalid starting Sept. 15

By Toni Smith

Secretary of the Air Force Public Affairs

Individuals will no longer be able to access Air Force installations with a state-issued identification card or driver's license from Minnesota, Missouri, Washington or American Samoa beginning Sept. 15.

This new change aligns the Air Force's installation access policy with requirements of the Real ID Act, which focuses on improving the reliability of state-issued identification documents and helps prevent a person's ability to evade detection by using a fraudulent form of ID.

While IDs that do not meet security and data-collection guidelines will not be accepted, alternate forms of identification will be allowed. Some of the more common alternatives include a valid U.S. or foreign government issued passport, an employment authorization document that contains a photograph, or ID cards issued by federal state or local government agencies that include a photo and biographic information.

According to Air Force officials, all individuals attempting to gain access to an Air Force installation without a Department of Defense ID card will be subject to a routine background check.



Those who do not have the accepted documentation for installation access will not be permitted to enter the base without an approved escort.

"If an individual is escorted, the sponsor is required to be physically present with the individual for the duration of the visit to the base," said Lt. Col. Tony Castillo, Headquarters Air Force branch chief of police services.

"If an individual is escorted, the sponsor is required to be physically present with the individual for the duration of the visit to the base. Installation commanders may still deny access and issuance of access credentials if their background check determines the individual represents a threat or negatively impacts the safety or security of an installation's personnel or resources."

Lt. Col. Tony Castillo

Headquarters Air Force branch chief of police services

"Installation commanders may still deny access and issuance of access credentials if their background check determines the individual represents a threat or negatively impacts the safety or security of an installation's personnel or resources."

For a full list of Real ID Act compliant and non-complaint states, visit <https://www.dhs.gov>.

To advertise in the Wingspread, call 250-2052.

NEWS

Goldfein discusses State of the Air Force during IRSA-Randolph visit

By Airman 1st Class Lauren Ely
Joint Base San Antonio-Randolph Public Affairs

Air Force Chief of Staff Gen. David L. Goldfein discussed the State of the Air Force as the keynote speaker at the Air Force Sergeants Association Professional Airmen's Conference and International Convention Aug. 24 in San Antonio.

Goldfein, who was sworn in as the Air Force's 21st chief of staff July 1, addressed challenges and opportunities he sees for the future of the force. He began addressing these ideas Aug. 9 in the first of a series of papers, "The Beating Heart of the Air Force ... Squadrons!"

"I am honestly more optimistic about the future of our Air Force than I have been in my entire life," Goldfein said. "There's a reason for that and it has to do with the global challenges we face and the importance and the recognition of what the global component brings to the joint team."

Goldfein pointed out the nation's focus on violent extremism put a "demand signal" on the services to make strategic trades and shifts, and he believes among all the services, the Air Force made the largest shifts. Among the major demands on the Air Force are space, cyber, intelligence, surveillance, reconnaissance and the nuclear enterprise.

"We did exactly what the nation required," Goldfein said.

Stating that up until 2014, before threats of Ebola, China, Russia and ISIL became more prevalent, the world was a different place. Goldfein said the Air Force was able to take more risks in capacity "to emerge on the back end smaller but more capable."

However, with these emerging threats, Goldfein said the Air Force has to change again.

"We are too small, too old, less ready and out of balance for what the nation needs of us," Goldfein said. "But the next 10 years provides an unlimited opportunity for us as an Air Force to move the ball forward."

The reason for his optimism, Goldfein said, is there is a greater recognition among the combatant commanders that understand each of their challenges are global and transregional.

"The air component is going to be absolutely central to success," Goldfein said.

"It has become the oxygen that the joint force breathes. If you've got it, you don't even think about it, but if you don't have it, it's all you think about."

Goldfein laid out three key areas he wants to focus on over the next four years before handing over the reins: revitalizing squadrons; building a joint task force warfighting capability into the Air Force's daily battlefield and rethinking how the service presents forces; and taking the lead on helping the nation move forward in the information age of warfare using multi-domain, integrated and command-controlled measures.

"It equals a service that sees itself and others that see us as an independent service that's equally capable of leading or supporting joint combined arms of the future in the global campaigns," Goldfein said.

Before concluding, Goldfein said he would need the help of all Airmen to accomplish these goals.

"The force expects us to deliver, and so I'm going to need your help as we do this together," Goldfein said. "It's worthy work, and I believe if we get those standard three elements, a single person in charge, a written plan and a calendar-based product that keeps us going forward, we're going to make it."

Goldfein also visited Joint Base San Antonio-Randolph and spoke with Maj. Gen. Peggy Poore, Air Force Personnel Center commander, and other officials Aug. 23 to discuss critical Air Force personnel programs and Airmen and Family Programs.

Goldfein's wife, Dawn, used the base visit as an opportunity to have lunch with JBSA Key Spouses to allow for greater understanding of the successes, issues and concerns and overall culture for Air Force families.

Maj. Gen. Garrett Harenca, Air Force Recruiting Service commander, and other officials also met with Goldfein to provide information on methods for recruitment as well as challenges faced for specialty careers such as medical, engineering and special operations.

"This is about opening the door for people to come in," Goldfein said. "This is the greatest treasure in the nation's arsenal, our young men and women that we bring in.

"We mold them; we train them; we groom them; we lead them the best we



Photo by Airman 1st Class Lauren Ely

Maj. Gen. Garrett Harenca (left), Air Force Recruiting Service commander, discusses methods of recruitment with Air Force Chief of Staff Gen. David L. Goldfein during a roundtable meeting Aug. 23 at Joint Base San Antonio-Randolph.



Photo by Sean Worrell

Dawn Goldfein (center), spouse of Air Force Chief of Staff Gen. David L. Goldfein, speaks with Joint Base San Antonio Key Spouses Aug. 23 during her visit to JBSA-Randolph.

can," Goldfein continued. "We marry them up with the greatest treasure on the planet, the greatest technology on the planet, and through our domain of air and space we make the world a better place. That's what we do."

JBSA commander honors LBJ during annual ceremony

By Senior Airman Lynsie Nichols
Joint Base San Antonio-Lackland Public Affairs

Every year since Aug. 27, 1973, a public wreath laying ceremony takes place at Lyndon B. Johnson National Historical Park at the gravesite of former President Lyndon B. Johnson to observe his birthday and the contributions he made to our nation.

This year's ceremony was a continuation of the tradition that was started by Johnson's wife, Claudia 'Lady Bird' Johnson and is now sponsored by the National Park Service. This year's event honored what would have been the 108th anniversary of President Johnson's birth.

During his time as president, Johnson urged the nation "to build a great society, a place where the meaning of man's life matches the marvels of man's labor."

"I can't think of a better location to celebrate these two special occasions, this beautiful land, especially considering the number of national parks that our 36th President touched and the passion that he and Lady Bird shared for protecting our nation's land, air, water and wilderness," said the event's guest speaker, Brig. Gen. Heather Pringle, 502nd Air Base Wing and

Joint Base San Antonio commander. Two days prior to the wreath laying ceremony, the National Park Service celebrated its 100th anniversary.

"With this wreath laying today, we celebrate President Johnson's legacy and in his own words, 'we can draw lessons from the past, but we cannot live it.'"

As a congressman and president, Johnson pursued laws that cut taxes and improved urban renewal, environmental beautification and conservation. He also advocated and achieved the Voting Rights Act, ensuring every American citizen would have an equal right to vote as well as two Civil Rights Acts that helped eliminate segregation by prohibiting employers from using discriminatory practices and outlawing housing discrimination.

Pringle also mentioned the love Johnson and Lady Bird felt for their home on the ranch.

"Though Johnson lived in D.C., he and Lady Bird called Texas home," she said. "This ranch was his retreat and he used it to entertain politicians, advisors and dignitaries."

See LBJ P9



Photo by Johnny Saldivar

Brig. Gen. Heather L. Pringle (right), 502nd Air Base Wing and Joint Base San Antonio commander, and Russ Whitlock (center), Lyndon B. Johnson National Historical Park superintendent, salute the grave of President Lyndon B. Johnson Aug. 27 during a wreath-laying ceremony at LBJ National Historical Park.

Commander signs National Preparedness Month proclamation



Photo by Steve Elliott

Brig. Gen. Heather L. Pringle (front right), 502nd Air Base Wing and Joint Base San Antonio commander, signs a letter proclaiming September as National Preparedness Month, while Army Col. Mark A. Lee (front left), 502nd ABW/JBSA vice commander, looks on Aug. 24 at the 502nd ABW headquarters at JBSA-Fort Sam Houston. Also present were (from left, back row) Lynda Lazo, executive assistant to the 502nd ABW/JBSA vice commander and technical director; Master Sgt. Adrienne Huskey, executive assistant to the 502nd ABW/JBSA command chief; and Capt. Angelie Wanner, 502nd ABW/JBSA executive officer.



Photo by Joel Martinez

Staff Sgt. Charnaë Simon, (left), receives the First Sergeant Diamond Sharp Award from Senior Master Sgt. Matthew Gilbert Aug. 19 at Joint Base San Antonio-Randolph. The Diamond Sharp Award recognizes Airmen who have actively demonstrated their commitment to the Air Force values or have gone above and beyond in helping others.

JBSA members urged to celebrate Labor Day safely

By David DeKunder

Joint Base San Antonio-Randolph Public Affairs

When Labor Day weekend starts Friday, Joint Base San Antonio active-duty members, families and civilians are certain to take advantage of the last holiday of the summer by participating in recreational activities and traveling.

Besides providing an opportunity for JBSA members to relax and have fun, the Labor Day weekend – Sept. 2-5 – also concludes the Air Force Summer Safety Campaign, which focused on safety awareness during the summer months and began during the Memorial Day weekend in May.

Having a safe Labor Day weekend includes taking several precautions that can prevent mishaps, accidents or fatalities from occurring, said Travis Kilpack, 502nd Air Base Wing Safety Office occupational safety manager at JBSA-Lackland.

“The best way to alleviate mishaps is to plan your adventures,” Kilpack said. “Take the time to plan and prepare for the activity.”

Kilpack said common mishaps and accidents which occur to individuals and families during the Labor Day weekend are from sports and recreational activities. He said JBSA members should be careful not to overdo it when it comes to participating in those activities.

When taking a trip to the beach or the lake, Kilpack said swimmers should bring sunscreen and personal flo-

tation devices and wear protective clothing. Also, JBSA members should watch out for each other.

“Don’t be afraid to stop friends and family from getting in over their head,” Kilpack said. “While most of us think about taking someone’s keys if they have been drinking too much, or not allowing someone to drive a boat or fly a plane while drinking, sometimes we hesitate to stop someone from doing something foolish and unsafe when it’s not obvious.”

Safety tips from the American Red Cross on water safety include never swimming alone, swimming in supervised areas, entering feet first in water and never using alcohol while swimming or boating.

Before taking a trip, travelers should check their vehicle to make sure it is working properly and to get it serviced, Kilpack said.

Check the weather before leaving on a trip because it can be different in other areas, Kilpack said.

Also, motorists should be on the lookout for drunk drivers. In 2014, 40 percent of vehicle crash deaths during Labor Day weekend involved drunk drivers, according to the National Highway Traffic Safety Administration.

The NHTSA and law enforcement officials are teaming up this year to crackdown on drunken drivers. “The Drive Sober or Get Pulled Over” enforcement campaign started Aug. 19 and runs through the Labor Day weekend to Monday. The purpose of the law enforcement campaign is to have zero tolerance by bringing awareness to the

dangers of drunk driving, increasing the number of officers on the road and setting up checkpoints.

Kilpack said JBSA members who need a ride after having a drink can call JBSA-Armed Forces Against Drunk Driving at 710-7171 or RUI Designated Drivers at 322-5473. JBSA-AFADD is a group of active-duty members and volunteers from all three JBSA locations who provide rides to service members, Department of Defense civilian employees and military dependents on Friday and Saturday.

In addition, Kilpack said JBSA members can call a cab or ride-sharing service if they have been drinking.

Also, JBSA members should tell their family and friends about their travel plans, including trip dates and locations of where they will be staying, according to the American Red Cross. Travelers should provide contact numbers to family or friends in case of an emergency.

For those JBSA members who plan to stay home and work around the home, Kilpack said there are several precautions they can take to do their projects safely.

“Use the proper tools, make sure your tools and equipment are serviceable and use proper safety equipment such as eye protection, hearing protection and gloves,” he said.

Active-duty members can take the TRIPS, or Travel Risk Planning System, online survey at <https://trips.safety.army.mil>. The survey helps service members recognize and reduce travel risks.

AF military ambassador program accepting applications

Two articulate, self-confident Air Force, Air Force Reserve or Air National Guard members are needed to serve as military ambassadors at community events to represent Joint Base San Antonio in 2017.

One male and one female ambassador are chosen each year to represent the Air Force at many community events and promote the military's commitment and relationship with the local communities around South Texas.

All E-4 to E-7 Air Force members, 21 years old and

older and assigned to JBSA are eligible to apply to be a military ambassador. Nomination packages will be distributed to public affairs offices across JBSA Monday. Once nominated, candidates appear before a selection board of chief master sergeants and former Air Force ambassadors. The selection panel reviews applications, conducts interviews and selects the ambassadors.

The nomination deadline is Oct. 3. For more information, call 808-0002 or 221-0546.



Joint Base San Antonio military ambassadors present a valentine card to Rodrick Killebrew during the 2016 National Salute to Veteran Patients program Feb. 19 at Audie Murphy VA Hospital in San Antonio.

Photo by Melissa Peterson

Congratulations to Joint Base San Antonio's newest staff sergeant selects



Photo by Johnny Saldivar

Joint Base San Antonio-Lackland staff sergeant selectees gather for a group photo after being notified of their selection Aug. 25 at JBSA-Lackland.



Photo by Sean Worrell

Joint Base San Antonio-Randolph staff sergeant selectees gather in front of the "Taj" for a group photo after being notified of their selection Aug. 25 at JBSA-Randolph. Out of 39,064 eligible senior airmen, 16,506 were selected for promotion with a selection rate of 42.25 percent.

Construction doubles space for Child Development Program

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

It's a momentous time for Joint Base San Antonio-Randolph's Child Development Program.

The CDP, which supports the Air Force mission by providing full-day care for children between the ages of 6 weeks and 5 years, will soon reach full capacity.

Following a lengthy construction and renovation project which doubled the space of its two facilities, the CDP will accommodate 282 children – 192 at its main building on New B Street West and 90 at its annex on H Street.

"We're working to get all 20 rooms open at both facilities," said Sarah Fisher, JBSA-Randolph CDP director. "We will be at 100 percent capacity at the annex Tuesday and at the main center in mid-September."

Although it required a temporary downsizing of the program, the construction project created the space to meet a vital need, Fisher said.

"Our waiting list was huge," she said. "Our expanded facilities meet some of that need."

In addition to fulfilling its facility needs, the CDP is meeting its children's needs.

"Both facilities are recently accredited with the National Association for the Education of Young Children," Fisher said. "We received a commended rating in all 10 criteria and were not below a score of 90 in anything."

"I attribute that to our staff's hard work and dedication to children and also to the support of the Air Force," she said.

Fisher, who joined the JBSA-Randolph CDP as a management trainee in the Palace Acquire civilian employment program six years ago, said the CDP's mission is to provide affordable, quality and available child care to the children of active-duty members and Department of Defense civilians.

She believes the CDP, compared with child care facilities in the civilian community, offers a "superior service at a more affordable price."

"We provide three wonderful home-cooked meals," Fisher said. "We have a well-trained staff and offer stability. Our leadership supports us 100 percent. We care for the little people of the big people who are fighting wars."

The CDP also offers spacious rooms with numerous activity centers.

"Our requirement is 35 square feet per child, but we exceed that," Fisher said. "Depending on the age group,

there are 14 to 24 children per room at the main center and eight to 10 per room at the annex."

Care and instruction is provided by a lead caregiver and two child and youth program assistants in each room of the main building, where 2- to 5-year-olds are served, and the annex, which meets the needs of children ages 6 weeks to 2 years.

At the CDP facilities, instruction is focused on play, Fisher said.

"Play is children's work," she said. "It's how their interests are developed."

The program's goals are to foster positive identity and a sense of emotional well-being; enhance social skills; encourage children to think, reason, question and experiment; promote language and literacy development; and build physical development and skills.

Robin Bell, lead caregiver for 3- to 5-year-olds who has been part of the CDP for seven years, said the program's daily structure helps meet those goals.

At the CDP main building, the day begins with breakfast, followed by a community gathering in each room that allows children to sing songs, recite or sing their ABCs and engage in other group activities.

The children then divide into smaller groups and go outside, weather permitting.

"That is when we concentrate on large motor development," Bell said. "The children run, have relay races, ride trikes, build sand castles and play games – everything a 3- to 5-year-old likes to do. They go outside twice a day."

Once inside, children participate in activities that focus on social and cognitive development, Bell said.

"Social development involves learning social skills and how to communicate with their peers," she said. "For cognitive development, we concentrate on academic learning skills."

CDP guidelines require both parents be employed full time or full-time students if they wish to enroll their children in the program, with active-duty members receiving first priority, Fisher said. However, the CDP also offers a part-day program for the children of stay-at-home parents.

Parents will soon be able to request day care for their children at CDP facilities through an online process at militarychildcare.com, Fisher said. Currently, there are families on the JBSA-Randolph CDP's waiting list, but most are in a lower priority category.

"We're still waiting for our 'go-live' date, but families can now set up their profiles on that website," she said.

his vision of that great society," Pringle said in her closing remarks.

The ceremony concluded with memories shared from Libby Hulett, LBJ Park's first curator; Barney Hulett, an Army veteran who served with the helicopter support unit for the White House and as a personal pilot for the Johnson family; and Mike Howard, a retired United States Secret Service Agent who served on protective details for Johnson.

There was also a reading of the names of the 72



Photo by Joel Martinez

Treasea Landreth (right), child youth program assistant, helps Elizabeth Hernandez navigate through a computer program Aug. 17 at the Joint Base San Antonio-Randolph Child Development Center.

Another advantage of the CDP is its fee structure.

Appropriated funds subsidize the program, while parents' fees only pay non-appropriated-fund staff members, Fisher said.

"That's why we offer competitive pricing," she said. "Our fees are based on income, and they range from \$58 per week to \$145 per week, with a 10 percent multi-child discount."

The CDP staff of nearly 90 members consists of the director, two assistant directors, two training and curriculum specialists, a T&C assistant, administrative clerks, lead caregivers and child and youth program assistants, as well as contract employees.

"Since 2013 we've had what feels like a nonstop hiring process, but we are now winding down," Fisher said. "However, we still have some openings. We're looking for qualified staff – people with a love for children and who have experience working with children."

Bell, who has been working with children for 18 years, said her job supports the Air Force mission.

"There's so much I like about my job," she said. "I have an opportunity to take care of other families' children and watch them develop during the time they're here."

LBJ from P5

Johnson was the first President to create a functioning White House away from Washington. He spent approximately 25 percent of his presidency at the ranch and it is documented that he held staff meetings beneath the stately tree in front of the house.

"Today, millions of Americans have a better and more secure place to live, work and raise a family. As for tomorrow, as long as we understand and honor President Johnson's legacy, we can achieve

national park sites created or expanded by President Johnson.

In his book, 'Vantage Point,' Johnson writes, "My deepest attitudes and beliefs were shaped by a closeness to the land and it was only natural for me to think of preserving it."

He goes on to say, "I wanted to leave to future generations a glimpse of the world as God really made it, not as it looked when we got through with it."

Joint Base San Antonio-Randolph News Briefs

Holiday gate hours

The Joint Base San Antonio-Randolph Labor Day gate hours are as follows:

- **Sept. 2:** Visitor Control Center - Closed
Main Gate - Open 24/7
South Gate - 6 a.m. to noon
- **Sept. 5:** Visitor Control Center - Closed
Main Gate - Open 24/7
All other gates will be closed

American Idol to perform at JBSA

David Cook, 2008 American Idol winner, performs 7-8:30 p.m. Sept. 9 at the Joint Base San Antonio-Lackland Outdoor Amphitheater. Opening the event at 6:30 p.m. will be the top three winners of the JBSA Talent Search who will perform before David Cook and win prize money.

The free concert is open to JBSA Department of Defense ID cardholders and families. This is an outdoor event and attendees are encouraged to bring blankets and chairs.

Munitions closure

The 12th Flying Training Wing munitions offices and storage area will be closed Sept. 12-16 to conduct its semi-annual inventory. Only emergency issues can be honored during this time. Call 652-6780 or 652-3361 for questions or concerns.

First Sergeant's Council symposium

The Joint Base San Antonio First Sergeant's Council is hosting the 2016 JBSA-Lackland Additional Duty First Sergeant's Symposium from 7:30 a.m. to 4:15 p.m. Sept. 19-22 at the JBSA-Lackland base theater. Those wishing to attend must call 671-9234 before signing up. This event is limited to 250 participants.

The symposium will provide critical training to current and future Additional Duty First Sergeants and prepare future First Sergeants for their role. RSVP using the following link: <https://invitations.afit.edu/inv/anim.cfm?i=308295&k=01614A0B7252>.

The Power of Forgiveness workshop

The Joint Base San Antonio-Randolph Chapel presents a lecture on the power of forgiveness 9 a.m. Sept. 10 at the JBSA-Randolph Chapel Center. The free event features guest speaker Scarlett Lewis, the mother of Jesse Lewis, who was killed during the Sandy Hook Elementary School tragedy Dec. 14, 2012. Breakfast will be available. To RSVP for the event, call 652-6121.

Lewis will be signing her book, "Nurturing, Healing and Love," at 11 a.m. Sept. 10 at the JBSA-Randolph Base Exchange.

ADAPT program focuses on mitigating substance misuse

By David DeKunder

Joint Base San Antonio-Randolph Public Affairs

Active-duty members, family members and civilian personnel who are struggling with drug and alcohol addiction can seek help through a Joint Base San Antonio program that provides education and treatment to mitigate substance misuse.

The Alcohol Drug Abuse Prevention and Treatment Program, which offers services at JBSA-Randolph and JBSA-Lackland, assists active-duty members, dependents and civilian personnel through programs that emphasize prevention and treatment in order to minimize the consequences of substance misuse, said Capt. James Monaghan, 59th Medical Operations Squadron ADAPT program manager at JBSA-Lackland.

“Our primary aim is restoring function, improving quality of life and returning members to productive and unrestricted duty or to assist them in their transition to civilian life,” he said.

Monaghan also said ADAPT provides resources for service members to connect with community-based services they can use during or after the time they are be-

ing treated in the ADAPT program.

In 2015, ADAPT provided services to 256 military members. So far this year, ADAPT has served 188 service members.

Capt. Michelle Kwandham, 59th MDOS ADAPT social worker at JBSA-Lackland, said ADAPT gives briefings to basic military trainees at JBSA-Lackland and first term airmen – those serving at their first duty location – on the risk factors of substance abuse and Air Force policies on drug and alcohol use.

The briefings include warning signs of alcohol abuse, emphasizing the Air Force’s zero-tolerance drug policy, how to drink responsibly, irresponsible alcohol and drug use and its consequences – including punishment under Article 15 – the myths about drinking and driving and resources active-duty members can turn to if they need help, Kwandham said.

Service members who have concerns about substance use can contact ADAPT directly, their command or medical provider who can refer them to ADAPT.

ADAPT contact numbers are 292-4452 for JBSA-Lackland and 652-2448 for JBSA-Randolph.



JBSA 5th Annual 9/11 Commemorative Run

Joint Base San Antonio is hosting this year's 5th Annual 9/11 Commemorative Run 7 a.m. to 4:11 p.m. Sept. 11 at JBSA-Lackland's Medina Annex track. The free event is open to all Department of Defense ID cardholders and dependents who want to pay tribute to those who perished Sept. 11, 2001. To register, visit <https://www.signmeup.com/115374>. For more information, call 977-5452 or 925-8863.

By Staff Sgt. Michael Ellis
59th Medical Wing Public Affairs

Medics from the Joint Base San Antonio-Randolph Clinic teamed up with an elite emergency response unit from the San Antonio Fire Department to hone their emergency response skills for the Air Force's 2016 Emergency Medical Technician Rodeo Aug. 24-27 in New Mexico.

While these are the first emergency medical technicians from the 359th Medical Group to participate in EMT Rodeo, another team from the 59th Medical Wing, the 959th MDG, placed first at the event last year.

The EMTs from nearby Fort Sam Houston outperformed 21 other teams from 22 installations across the Air Force to claim the 2015 EMT Rodeo title.

"We're the first team from Randolph selected to go," said Airman 1st Class Alex Nester, 359th MDG aerospace medicine technician. "It's an awesome experience and beneficial to get out of the clinic environment and learn vital skills."

The technical rescue team from Fire Station 11, located in downtown San Antonio, has hundreds of hours of specialized training in areas from search and

rescue, swift/high water rescue, structural collapse rescue and more.

Some members, who are Federal Emergency Management Agency instructors, travel around the nation teaching classes. Multiple times a year, the team deploys for weeks across Texas and neighboring states responding to natural disasters.

Over the course of two weeks, the fire department and Airmen trained side-by-side on a variety of skills from simulated patient vehicle extractions and victim carries, to removing occupants from a multi-story building.

"Everything we learn from each other will benefit both of us. With everything that is happening in our modern world, any relationship we can build with another entity, especially between the fire department and the military, benefits the citizens we serve," said SAFD Capt. Luke Schott, Fire Station 11 tactical rescue team.

"This venture gave us the opportunity for joint training. We learned what the military members know and imparted knowledge our guys know. Hopefully, it will benefit them at the upcoming competition," Schott said.

Twenty-four EMT teams competed at the 2016 EMT Rodeo, which started Aug. 24 at Cannon Air Force Base, N.M.



Photo by Staff Sgt. Michael Ellis

Senior Airmen Andrew Hall (left) and Jon Paul Fitzgerald, 359th Medical Group aerospace medicine technicians, practice extracting a simulated patient from a vehicle Aug. 13 at Fire Station 11 in downtown San Antonio.



Courtesy photo

Donated school supplies and backpacks are assembled for distribution to children of active-duty members, retirees and reservists in five area school districts surrounding Joint Base San Antonio locations.

By David DeKunder
Joint Base San Antonio-Randolph Public Affairs

More than 750 schoolchildren received backpacks and school supplies collected during the sixth annual Build-a-Backpack Program drive sponsored by the Joint Base San Antonio School Liaison Office from July 25-Aug. 10.

Donations of 757 backpacks filled with school supplies and 15 boxes of additional supplies benefited 757 children of active-duty members, retirees, reservists and economically disadvantaged students in five area school districts surrounding JBSA locations, said Lori Phipps, JBSA-Lackland School Liaison Office military child education specialist.

The school liaison office distributed backpacks and school supplies to 126 military families with children in kindergarten through 12th grade the week before Aug. 22, the first day of school.

Phipps said the 757 backpacks collected at several JBSA locations were the highest since the Build-a-Backpack Program started in 2010, surpassing the 600 collected last year. She said 15 volunteers helped out in distributing the backpacks and school supplies.

Phipps said she and Angela Green, JBSA-Randolph School Liaison Office military child education specialist, were overwhelmed by the response of JBSA members who participated in the drive and volunteered.

"Green and myself are humbled by the overwhelming generosity that JBSA has shown to our military families in need and children in our local community," she said.

The primary recipients of the backpacks and school supplies are schoolchildren of active-duty members who are deployed, on extended temporary duty or on a remote tour of duty.

JBSA members, groups, squadrons and units who donated backpacks and school supplies had the option of specifying the age group designation, grades K-5 or 6-12, of the child they wanted to donate the items to and writing an encouraging note to the child that was placed inside the backpack.

The children and their families appreciated the backpacks and school supplies that were donated to them by the JBSA community, Green said.

"It was different expressions from huge smiles to tears of joy," he said.

JBSA members got fully behind the Build-a-Backpack Program drive, Green said.

"This year the organizations and individuals who donated were generous and enthusiastic with their giving and supporting the event," she said. "We got so many calls for this drive from folks who wanted to participate and be part of it. It was very successful."

Since the Build-a-Backpack Program started six years ago, 3,257 schoolchildren have received backpacks and school supplies.

JBSA-Randolph youth experience 'Kids in Motion'



Courtesy photo

Children take off from the starting line during the Kids in Motion event Aug. 27 at Joint Base San Antonio-Randolph's Heritage Park. The 359th Medical Group and Human Performance Resource Center hosted the free event in recognition of September's National Childhood Obesity Awareness Month.

JBSA members participate in Camp Gladiator



Photo by Airman 1st Class Lauren Ely

U.S. Army Staff Sgt. Krista Ihde, 341st Training Squadron Advanced Individual Training platoon sergeant, and other participants perform bear crawls during a Camp Gladiator workout Aug. 27 at the Rambler Fitness Center Track. The event featured four 20-minute stations, each representing a different week of the Camp Gladiator program.

NAVIGATE from P2

- Being offered free pizza, movie tickets or another freebie to attend a meeting on or off the installation where you received a sales pitch for insurance, investments, savings or retirement.
- Sales pitches that focus on tax-deferred savings paying a high rate of interest, particularly where life insurance is mentioned.
- Being asked how much you could afford to "save" each month, instead of how much life insurance you need.
- Being pressured to sign up now or rushed through the application.
- Being asked to show your CAC or to access "your myPay account to set up payments to a bank or someone you've never done business with."

According to the Texas Department of Insurance, another common trap for military members is insurers mislead them into believing they are buying a pure investment or savings plan, when they are actually acquiring an expensive life insurance policy with a small death benefit, combined with a side or accumulation fund. Congress has declared these side fund products "entirely inappropriate for most military personnel."

A study by Mother Jones identified another com-

mon insurance scam. Major insurance companies were withholding payouts to the families of deceased military members.

Instead of paying out the entire value of the life insurance policies to the beneficiaries, the insurers were instead issuing "check books" to the beneficiaries, holding the funds on the beneficiaries' behalf, but in theory allowing them to write checks on the account.

In reality, the "check books" were merely IOUs and were routinely refused by merchants. The insurers earned 5 percent interest or more on the proceeds of the policies, but paid the families only 1 to 3 percent interest and pocketed the rest.

Thanks to the light shed on this issue over the past decade, there is far greater awareness of and vigilance for insurance scams, particularly among insurance regulators and military installations. Unfortunately, it is impossible to completely prevent insurance scams, and those that exist often claim multiple victims before they come to the attention of regulators and base leadership.

Another important step is to check any potential insurer with your state's insurance commissioner. The Florida Office of Insurance Regulation (<http://www.floridofir.com>) makes it easy for consumers to find what

they need to know about the various insurance types and to look up firms to determine if they are licensed to sell insurance in Florida. (There is a "How do I?" button in the middle of their homepage that you can click to go to a "How Do I . . ." index of their website's most useful features for consumers.)

What is perhaps most frustrating about these scams is while military members make attractive targets for scammers, they also have access to high-quality, no-cost resources that average consumers do not. Military OneSource provides free, basic financial counseling over the phone (800-342-9647).

The Airman & Family Readiness Center provides personal financial readiness counseling. Military members who believe they may have fallen victim to a scam can speak to a legal assistance attorney for advice.

Military members are an attractive target for insurance scammers. If a member ever sees or falls victim to one, they should reach out to a helping agency quickly. Doing so not only gives everyone more time to assist before the problem gets too big, but also enables the installation and, if necessary, state and federal officials, to shut down the scam before it spreads. When it comes to insurance scams, when in doubt, reach out.

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