



# WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

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## Vehicle operations keeps JBSA moving

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Roderick Cato, 502nd Logistic Readiness Squadron motor vehicle operator, prepares to drive a tractor trailer Aug. 12 at Joint Base San Antonio-Randolph.

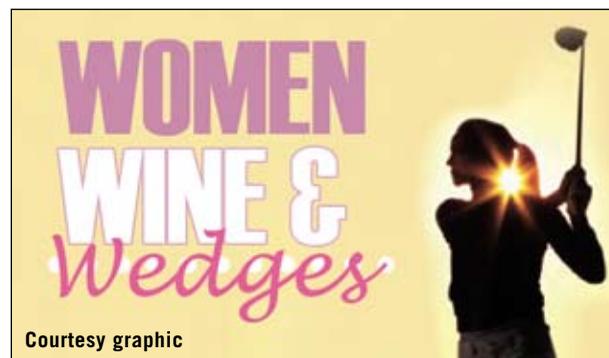


Photo by Joel Martinez



Courtesy graphic

National Preparedness Month, page 3



Courtesy graphic

FSS schedule of events, pages 7-10



Courtesy graphic

Women's equality, page 12

## COMMENTARY

### EXCELLENCE IN ALL WE DO

# Calling all millennials: Fight for your reputation

By Senior Airman Chip Pons  
Air Education and Training Command  
Public Affairs

As the debate over a massive generational gap within the military becomes more prevalent, members within different generational groups should pause and consider what each contributes to mission success, rather than what makes one better than the other.

Yes, I am technically a millennial; however, I am so much more than that and I do not take pride in being associated with the negative stigmas of my youth. I am a husband, son and friend. I have faced obstacles and setbacks unique to only me. I have loved, grieved, failed and succeeded.

But first and foremost, I am an American Airman – a wingman, leader and warrior.

As the next generation of the Air Force, millennials need to fully embrace the legacy and heritage that comes with wearing the uniform. Regardless of age, customs and courtesies go a long way, as do professionalism, mutual respect and integrity.

Instead of labeling us, teach us. Find ways to use our strengths to the advantage of the new Air Force.

Multiple generations of Airmen currently make up the United States Air Force, and much like our varying backgrounds, religious preferences, sexual orientations and races, our generational gap should be seen as an asset, not a hindrance.

There have been articles by several

publications during the past few years criticizing millennials. A recent article in Military Times stated, “Are younger service members – so-called ‘millennials,’ born in 1980 or later – soft? Are they too reliant on technology? Are they buried so deep in social media that face-to-face communication becomes impossible? Are they too busy questioning orders to follow them?”

While this excerpt was used to highlight the plethora of complaints regarding my generation, as a millennial, it’s one of many that I’ve seen and I take offense to this thought. I am proud to be competent with, but never reliant upon technology.

As a photojournalist, I thrive on having the newest technologies at my fingertips. The quality of my job performance hinges on it, and as our world races toward more technological advancements, it is imperative that I stay up-to-date so that I can continue to evolve with them.

I know the difference between indulging in social media and using it to my advantage.

The way we use the internet is changing. Statistics can be drawn from following certain hashtags, trends and posts. Why wouldn’t we, as the world’s greatest air, space and cyber space force utilize various social media platforms to share the Air Force story?

Last year, Chief Master Sgt. of the Air Force James A. Cody spoke at the Air Force Association Air and Space Conference and Technology Exposition and stated that senior leaders must learn about the younger generation as

people, what they bring to the table and leverage it as though there were no tomorrow.

“Whatever that next generation is, they’re going to be better than the generation before them,” Cody said. “We’re going to give them better tools; they’re going to come out better – and if they don’t, then we have failed.”

Growing up, my family instilled in me the idea that each generation stands upon the shoulders of those before them. We work as hard as we do and strive for excellence in all we do so future generations of Airmen can serve in a better Air Force.

This work ethic has been passed down to me by various mentors throughout my career, and it is something that I, as a millennial, urge my peers to take seriously.

Only we are responsible for the reputation that we currently hold. As the Air Force continues to get smaller as each year passes and recent changes to the promotion system take effect, showing that we are more than a stigma is as important as ever. Acknowledge that there is much to be learned from seasoned generations of Airmen and use their mentorship to excel your career to the next level.

While our natural inclination may be to do things “our” way, recognize that we have an opportunity, on both sides of the spectrum, to learn from one another. In doing so, the strength of our Airmen and our Air Force will be tested and challenged, but we will walk away stronger than ever.

## AF military ambassador program accepting applications

By 502nd Air Base Wing Public Affairs

Two articulate, self-confident Air Force, Air Force Reserve or Air National Guard members are needed to serve as military ambassadors at community events to represent Joint Base San Antonio in 2017.

One male and one female ambassador are chosen each year to represent the Air Force at many community events and promote the military’s commitment and relationship with the local communities around South Texas.

“The program strengthens Joint Base San Antonio’s relationship with the local community while educating the public about the Air Force,” said Bill Gaines, 502nd Air Base Wing

Public Affairs civic outreach chief at JBSA-Fort Sam Houston. “The ambassadors are given the opportunity to showcase the professionalism and skills of the Air Force while fostering a positive rapport in the community.”

All E-4 to E-7 Air Force members, 21 years old and older and assigned to JBSA are eligible to apply to be a military ambassador. Nomination packages will be distributed to public affairs offices across JBSA Sept. 5. Once nominated, candidates appear before a selection board of chief master sergeants and former Air Force ambassadors. The selection panel reviews applications, conducts interviews and selects the ambassadors.

Nomination deadline is Oct. 3. For more information, call 808-0002 or 221-0546.

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The deadline for submissions is noon Wednesday the week prior to publication. All submissions can be emailed to [randolphpublicaffairs@us.af.mil](mailto:randolphpublicaffairs@us.af.mil).

# September is National Preparedness Month

By Gregory Wilson  
502nd Civil Engineer Squadron

September is National Preparedness Month, which serves as a reminder to take action to prepare, now and throughout the year, for the types of emergencies that could affect individuals where they live, work and visit.

Due to the success of last year's theme, "Don't Wait, Communicate. Make Your Emergency Plan Today," it is returning in September with an emphasis on preparedness for youth, older adults, people with disabilities and others with access and functional needs.

President Obama's Proclamation for National Preparedness Month was given Aug. 31, 2015.

In this proclamation he stated, "Every year, communities across our country face emergencies – from unforeseen natural disasters to deliberate acts – that test our nation's grit and challenge us to

overcome tragedy."

Obama also said, "While my administration is working to keep all Americans safe, each of us can do our part. Together, we can protect our families and help our communities by planning for emergencies and for the unexpected. Every September, we celebrate our nation's spirit of resilience by redirecting ourselves to the important task of being prepared in the face of any crisis."

Sept. 30, people will join with the federal government to take action as part of America's PrepareAthon!

"I urge Americans to make a plan and participate in this important opportunity to increase their own preparedness," Obama said. "During National Preparedness Month, let us all renew our commitment to ready ourselves, our families, and our communities for any challenge."

For more information from the Federal Emergency Management Agency, visit <https://www.ready.gov/calendar>.

## Focus Week Theme and Resource

- **Week 1: Aug. 28-Sept. 3** – Kickoff to National Preparedness Month  
Visit <http://www.ready.gov/september>
- **Week 2: Sept. 4-10** – Multigenerational Preparedness  
Prepare a family emergency communication plan
- **Week 3: Sept. 11-17** – Community Service  
Get involved in your community
- **Week 4: Sept. 18-24** – Individual Preparedness  
download the FEMA app for information and ideas
- **Week 5: Sept. 25-30** – Lead up to National PrepareAthon! Day  
National PrepareAthon Day!



Photos by Joel Martinez

**Above:** Jerry Watson, 502nd Logistic Readiness Squadron motor vehicle operator, operates a forklift to move a container Aug. 12 at Joint Base San Antonio-Randolph. **Left:** Matthew Callender, 502nd Logistic Readiness Squadron motor vehicle operator, checks the oil level of a van Aug. 12 at JBSA-Randolph.

## ***502nd Logistics Readiness Squadron vehicle operations keeps JBSA moving***

By David DeKunder

Joint Base San Antonio-Randolph Public Affairs

Whether it's transporting military trainees or distinguished visitors to where they need to go, or delivering parts to aircraft maintenance, 502nd Logistics Readiness Squadron vehicle operations is the unit ready to move Joint Base San Antonio personnel and equipment at a moment's notice.

The 502nd LRS vehicle operations consists of 198 active-duty members, Department of Defense civilians and contractors who help serve 266 mission partners throughout JBSA. The department has 350 vehicles in its inventory, including buses, sedans, vans, trucks, tractor-trailers, wrecker recovery vehicles and forklifts.

Vehicle operations includes anything related to ground support and ground transportation at JBSA, said Todd Deane, 502nd LRS vehicle operations manager.

Deane said vehicle operations personnel help shuttle members of the JBSA community, including Basic Military Trainees and technical students at JBSA-Lackland, medical students at JBSA-Fort Sam Houston and pilots at JBSA-Randolph and JBSA-Lackland, to their classes and training, and transports distinguished visitors – commanders and local dignitaries – attending special events at JBSA locations.

“The smaller part of our mission, but the one with the highest visibility, is the distinguished visitor support,” Deane said. “Whether it’s a congressman, senator or visiting general officer, all the ground support is coordinated centrally at JBSA-Randolph and executed at one of the three JBSA sites.”

Over the last 12 months, vehicle operations staff has moved more than 1.7 million passengers and eight million short tons of cargo, said Michael Cox, 502nd LRS vehicle operations supervisor.

With all the recent changes in command at JBSA, Deane said vehicle operations personnel have been quite busy.

“We are doing the immersion visits for all the group commanders and wing commanders and transporting them to all the functions and farewell tours,” Deane said.

Besides providing transportation services, vehicle operations license and certify active-duty members to operate specialized government motor vehicles, including tractor-trailers, buses, vehicle recovery vehicles and forklifts. Cox said each year more than 4,800 active-duty members and civilian mission partners receive certification training to operate a government motor vehicle.

Other functions of vehicle operations include car wash services for those units assigned government vehicles

and the recovery of disabled vehicles that are transported to maintenance facilities at JBSA.

“We recover disabled vehicles anywhere within the local area – buses, trucks, vans and sedans – whatever is broken down,” Deane said. “We go out and do the recovery services on the side of the road and get the vehicles back.”

JBSA vehicle operations have flexible work hours to support their customers, operating 24 hours a day, seven days a week, Deane said.

“Many times we have to assist customers with last minute support,” he said.

Vehicle operations is a member of the JBSA Emergency Operations Center, coordinating the transportation for the evacuation of active-duty members, civilians and JBSA personnel from an area during an emergency, whether it’s a fire, weather or aircraft recovery. In addition, vehicle operations coordinates the transportation of JBSA emergency personnel to an accident or disaster scene.

Despite an annual deployment rate of 30 to 60 percent of its military personnel, vehicle operations is able to provide full support to JBSA wing and multi-service mission partners, Deane said. Several of the unit’s personnel have served in combat zones, some of whom have been awarded the Purple Heart and Bronze Star.

# JBSA School Liaison Offices advocate for military children

By Staff Sgt. Marissa Garner  
502nd Air Base Wing Public Affairs

As the first week of the 2016-17 school year across Joint Base San Antonio has wrapped up, parents and students may be interested to learn about the various educational benefits available to military children, including a specialized office that assists in all things school related.

The personnel of the JBSA School Liaison offices serve the JBSA community by acting as a liaison between any school district that has at least one military child registered to it, to include each installation and homeschooling families, according to Lori Phipps, JBSA-Lackland school liaison.

"We advocate for military students grades K-12, advise our military families on education issues and build alliances within the community to support our military families K-12 education," Phipps said. "Basically, we are the puzzle piece that connects families, schools and our military community."

Along with advocating for military children, JBSA School Liaison Office staff assists commanders, military personnel/DOD civilian employees and families in meeting the demands of the military mission and family by helping develop and maintain partnerships between parents, base leadership, and local schools.

"Our military students often face issues regarding enrollment, such as differences in age requirements, placement of courses or possibly having to repeat courses or being held back a year, attendance (missing school for caregiver's deployments, pcs, etc.), or being eligible to participate in extracurricular activities after missing deadlines," Phipps said. "One of the main issues that our office deals with regularly is graduation requirements and ensuring that our students that are transferring in will graduate on time."

For graduation requirement issues, the SLO staff must coordinate with other agencies to ensure the students have every opportunity to graduate.

One such issue was the JBSA-Lackland SLO staff coordinating with the Lackland Independent School District Special Education District staff to ensure a student who transferred into the district during their senior year was able to fulfill all graduation requirements.

"We coordinated with the school liaison staff to ensure this student graduated on time," said Jessica Crawford, Nationally Certified School Psychologist with Lackland ISD Special Education Services. "For this particular case, we were able to find a solution that allowed the student to walk across the stage here at Lackland, but administratively graduated from his former school."

Along with assisting with administrative issues, the SLO staff also helps connect mentors to students, spon-

sors programs such as Build-A-Backpack, which provides school supplies to military children, compiles and shares scholarship information to the base populous and hosts informational classes to walk through processes that may be confusing for parents. A comprehensive list of programs available through the SLO can be found at <http://www.jbsa.mil/Resources/Military-Family-Readiness/School-Liaison-Office/>.

The SLO staff is prepared to assist with any challenges or issues military students at JBSA may face in order to help them reach their full potential and progress to higher education without worrying about administrative issues outside of their control, not only in elementary and high school, but beyond.

"We work with all higher education facilities in the area and are guest lecturers regularly at University of Texas at San Antonio, Texas A&M and Trinity universities to expose pre-service teachers, counselors and school psychologists to the sensitive needs of military families," Phipps said. "As long as there are military kids in San Antonio, we will be helping however we can."

To ask any questions or for assistance with a school-related issues, contact the SLO at any JBSA location at the phone number below.

- JBSA-Lackland -671-8388
- JBSA-Randolph - 652-5321
- JBSA-Fort Sam Houston: 210-221-2214, 221-2256

# Brushing, flossing and diet keep children's teeth healthy

By David DeKunder  
Joint Base San Antonio-Randolph Public Affairs

With the start of the school year approaching, the last thing children want is to have a painful cavity in their mouth.

But according to the Centers for Disease Control and Prevention, tooth decay is a common occurrence for some children in the U.S. One of five children, ages 5 to 11, and one of seven adolescents, ages 12 to 19, have at least one untreated cavity.

Parents can prevent tooth decay in their children by taking them for annual dental checkups and making sure they brush and floss every day, said Master Sgt. Patricia Nunez, 359th Aerospace-Medicine Squadron Dental Flight chief at Joint Base San Antonio-Randolph.

In addition, Nunez said parents should have their children's teeth cleaned twice a year at the dentist's office.

Nunez said children need to brush their teeth twice a day, for two minutes each time, to help get rid of bacteria that can form on the teeth and cause cavities. She said children should use a toothbrush

with a soft bristle because it is better for their enamel, which is still developing.

Parents can buy toothbrushes with an electric timer that they can set for two minutes, Nunez said. Prices for the electric brushes with a timer start at \$5.

It's very important that children brush their teeth before they go to sleep to prevent bacteria from forming overnight, Nunez said.

"They need to brush their teeth before they go to bed at night because if they do not, then it's breeding time for bacteria in their mouth while they are sleeping," she said.

Parents should teach their children to floss properly so they can get to food particles stuck in between their teeth, Nunez said.

"If you don't floss, food particles build up in between the teeth," Nunez said. "A toothbrush only reaches the front and back of the teeth. Children get cavities in between their teeth because they don't floss."

When buying dental floss for children, she said parents should pick a



Courtesy graphic

thicker floss made of yarn or tape because it will be better on their child's teeth and gums.

Nunez said a healthy diet – including fruits and vegetables and lots of water – can help keep prevent tooth decay. Parents should limit the amount of soda and juice children consume because each of those drinks has high sugar content.

Tooth decay is caused by an infection in which certain types of bacteria use sugars from food to make acids. The acids, over time, can form a cavity in the tooth that can cause pain and could lead to problems with eating, speaking, playing and learning, according to the National Institute of Dental and Craniofacial Research and the Centers for Disease Control and Prevention.



# Joint Base San Antonio

## FORCE SUPPORT SQUADRON

### Monthly Events

September

#### Aquatics

##### Duathlon fun at JBSA-Fort Sam Houston

The JBSA-Fort Sam Houston Aquatic Center hosts a duathlon Sept. 24, 7 a.m. The duathlon starts at Pershing Ball Park and consists of a 2-mile run, 10-mile bike then closes with another 2-mile run. Cost is \$20 per person. Register at the Aquatic Center. For more information, call 221-4887.

#### Bowling

##### Karaoke at the Skylark

Stop by and lend an ear or a voice to the entertainment during karaoke at JBSA-Lackland Skylark Bowling Center Primo's Lounge Sept. 1, 15 and 29. Festivities begin at 6 p.m. For more information, call 671-1234.

##### End of Summer Labor Day celebration

Join the JBSA-Randolph Bowling Center for a special Cosmic Bowling Sept. 3, 7-10 p.m. in celebration of the Labor Day holiday. A DJ is there to provide music to inspire bowling and there are several fun games from Red Head Pin to the Lucky Train, lots of prizes and Spare Time Grille specials for \$10 per adult and \$5 per child, 10 years and younger. The prizes include a bowling ball and bag, bowling shoes, bowling pin bag, games of bowling and more. So get out of the heat and into the cool bowling center to try some bowling luck for great prizes. This is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-6271.

##### Labor Day Weekend Special Bowling Rate

Come to the JBSA-Randolph Bowling Center to celebrate the end of summer. The special bowling rate for Sept. 3-5 is \$2.75 per game, per person, excluding the Labor Day End-of-Summer Celebration with \$2.50 shoe rental. For more information, call 652-6271.

##### Grandparents Day Bowling Special

Bring the grandparents out for an afternoon of fun and companionship at JBSA-Randolph Bowling Center Sept. 11, 1-4 p.m. Bowling and shoe rental are free for grandparents. Everyone else may bowl for \$2.75 per game per person with \$2.50 shoe rental. For more information, call 652-6271.

##### Tuesdays and Wednesdays are special

It is still hot in September, so come into the JBSA-Lackland Skylark Bowling Center for some cool fun. Get three games of bowling and shoes for \$5 all day Tuesdays. Wednesdays, pay \$1 for a game of bowling and \$1 for shoe rentals all day. Both specials are good throughout September. For more information, call 671-1234.

#### Fall leagues begin Labor Day week

Sign up for a weekly league at the JBSA-Fort Sam Houston Bowling Center. Leagues include Tuesday and Wednesday morning women's trio, Wednesday, Thursday and Friday night mixed teams. For more information, call 221-3683.

#### Party Packages Offered

The JBSA Bowling Centers offer multiple party packages to enjoy during normal business hours. The JBSA-Fort Sam Houston Bowling Center offers three party packages to choose from while JBSA-Randolph has two party packages to enjoy. For more information, call 221-3683.

#### Clubs

##### Meals are prepared to go

The JBSA-Randolph Parr Club offers adult and child portions of meals to go. Staff is staged outside of the main entrance in the drive-through driveway to greet customers, take orders and provide meals. Pick up is 4-5:30 p.m., while supplies last. The Sept. 7 menu includes two slices of homemade meatloaf, one slice for children, mashed potatoes and brown gravy, country style green beans and a dinner roll. Cost is \$9.95 for nonmembers, \$7.95 for members and nonmembers' children and \$5.95 for members' children. For more information, call 658-7445.

##### Football Frenzy Kick Off Bash

The 2016 season kicks off at JBSA-Randolph Kendrick Club Sept. 8, 6:30 p.m., at Gil's Pub and patio with the Denver Broncos hosting the Carolina Panthers. An eight-ounce rib eye steak, fries and Chef's choice of vegetable is available for \$8.45 for nonmembers and \$6.45 for members. The evening also includes \$1 off all Budweiser® beverages and door prizes from club bucks, \$25, \$35 and \$50 gift certificates, lunch for two at the Kendrick Club, dinner for two at Air City Bar & Grill, brunch for two, a \$40 value, to a \$75 NFL gift card. Members are entered to win tickets to a regular season NFL game of choice for the next season. Winners randomly drawn and awarded by Feb. 19, 2017. Must be a club member to win prizes. During halftime samples are offered of new football season menu. Prizes and giveaways done through the night and the Bud Light girls present. This is sponsored by Silver Eagle Distributors. No federal endorsement of sponsor intended. For more information, call 652-3056.

##### Sky Lounge hosts live entertainment

Stop by the Sky Lounge in the JBSA-Randolph Parr Club for musical entertainment provided by the Tobias Band Sept. 9, 6:30-10:30 p.m. Enjoy hors d'oeuvres 5-6 p.m. Admission is \$3 for members and \$5 for nonmembers. For more information, call 658-7445.

#### Chef offers dinner specials

The JBSA-Lackland Gateway Club chef creates a special evening dining experience Sept. 9 in the Mesquite Dining Room, 5-8 p.m., with satisfying menus for all. Cost is \$16.95 for members and \$18.95 nonmembers, unless otherwise stated. Enjoy grilled rib eye steak, topped with sautéed mushrooms, seasoned steak fries, grilled corn on the cob, salad and dessert. The Sept. 16 menu includes 16-ounce prime rib with burgundy au jus, baked potato, asparagus spears with red peppers, salad and dessert. Sept. 30 features a New York strip, twice baked potato, mixed vegetables, salad and dessert. For more information, call 645-7034.

#### Fight Night Frenzy

Sept. 10 Fight Night Frenzy takes place in Gil's Pub at the JBSA-Randolph Kendrick Club and is open to all Department of Defense ID cardholders. Watch the UFC® fights on the Kendrick Club's seven large screen TVs for a chance to win a trip for two to a live UFC® fight in Las Vegas. Cost is \$5 for nonmembers and free to club members, must be a club member to win. This is sponsored by Bud Light®. No federal endorsement of sponsor intended. For more information, call 652-3056.

#### Bingo events held at the Club

The JBSA-Randolph Kendrick Club hosts Birthday Bingo Sept. 13. Birthday members get one free machine, cake, champagne and lots of fun. This event is for Randolph Club members only. ID and club card are required. Participate in Labor Day Bingo Extravaganza Sept. 5 at the JBSA-Randolph Kendrick Club and enjoy a complimentary buffet at 1 p.m. and early bird bingo at 2 p.m. For more information, call 652-3056.

#### Night life at Gateway

Join the JBSA-Lackland Gateway Club for entertainment throughout September. Karaoke Night is Sept. 17, 8 p.m. to midnight in the Lone Star Lounge with DJ Dee Dee. We're Half Way There is Sept. 16, 5-8 p.m. in the Maverick Lounge with Doggin' Dave provides the entertainment. DJs spin favorite tunes at Variety Night, Fridays, 5 p.m. to 1 a.m. in the Lone Star Lounge. DJs include DJ Tony Style Sept. 9, DJ LJU Sept. 16 and DJ Rock Sept. 23. For more information, call 645-7034.

#### Jazz and R&B is played on the patio

Join the JBSA-Randolph Kendrick Club on the Nite Club Patio for Jazz and R&B music Sept. 16, 5 p.m., until closing. Social hour is 5-7 p.m. with live music at 6 p.m. by The Show Band. For more information, call 652-3056.

## September birthdays are celebrated with a buffet

The JBSA-Randolph Parr Club offers a complimentary buffet every month for members with birthdays in that month. Members with birthdays are honored Sept. 20, and the buffet includes salad, two vegetables, two starches, two entrées, soup and birthday cake. Cost is \$11.95 for members without a birthday in Sept., \$5.95 for members' children, 6-12 years, \$13.95 for nonmembers and \$7.95 for nonmembers' children, 6-12 years. Children 5 years and younger eat for free. For more information, call 652-4864.

## Guests fly in to the Auger

Join the party at the JBSA-Randolph Parr Club Auger Inn for "old school" camaraderie, free light refreshments and great music Sept. 23, 5 p.m. Meet neighbors, folks from other squadrons and leadership. There is no cover to join the fun. For more information, call 658-7445.

## Customers are appreciated

The JBSA-Lackland Gateway Club hosts Customer Appreciation Night Sept. 27, 5-8 p.m., in the Fiesta Ballroom with entertainment provided by Doggin' Dave Productions. Cost is \$10.50 for members and \$12.50 for nonmembers. The menu includes egg drop soup, build-your-own salad bar, Mongolian barbecue, Chicken Gentle Home, rolled beef stuffed with broccoli, fried rice, steamed rice, shrimp lo mein, stir fried vegetables, egg rolls with plum sauce, strawberry and lemon cakes. For more information, call 645-7034.

## Fiscal New Year's buffet

Celebrate the fiscal year closeout with a special buffet at the JBSA-Lackland Gateway Club Sept. 29, 11 a.m. to 3 p.m. Cost is \$10.95 per person and includes fried chicken, Seafood Newburg over white steamed rice, Chicken Gentle Home, Jack Daniels brisket, whipped potatoes with brown gravy, parsley red potatoes, macaroni and cheese, corn O'brien, fresh leaf spinach, freshly baked rolls, soup and salad bar, peach cobbler, cherry cobbler, bread pudding with bourbon sauce, carrot cake, lemon cake, strawberry cake and chocolate cake. For more information, call 645-7034

## Fiscal New Year Party

The JBSA-Lackland's Gateway Club celebrates the end of another fiscal year in the Lone Star and Maverick Lounges Sept. 30. DJ Tony Style kicks off the evening in the Lone Star Lounge, 5-6 p.m. and is followed by Show Band 6-9 p.m., DJ Tony Style finishes out the evening, 9 p.m. to 1 a.m. The Maverick Lounge features entertainment by DJ LJU, 5-8 p.m. For more information, call 645-7034.

## Community Programs

### Music lessons available

The JBSA-Lackland Arnold Hall Community Center offers lessons in piano and guitar. Guitar classes are Wednesdays, 4-6 p.m., and Saturdays, 9-11 a.m. Cost is \$15 per student for a one-hour session. Students must bring their own instrument. Piano classes are Monday, Tuesday and Thursday, 4:30-7 p.m. Cost is \$20 per student for each 30-minute session. For more information, call 977-2353.

## Fitness

### Freedom 5K Run

JBSA-Randolph Rambler Fitness Center hosts a 5K run or walk at Eberle Park Sept. 11, 7:30 a.m. in remembrance of 9/11 and in celebration of freedom. All events are sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. Fitness Center events are open to all valid Department of Defense ID cardholders. For more information, call 652-7263.

### Challenging event at the Rambler Fitness Center

Participate in the JBSA-Randolph Rambler Fitness Center Indoor Triathlon Sept. 12-16, during normal operating hours. Each participant must complete the 15-mile treadmill, indoor track walk or run, 30-mile stationary bike ride and 5-mile row in order to complete the challenge. Pick up a Indoor Triathlon challenge tracking booklet from the Fitness Center staff. For more information, call 652-7263.

**DOUBLES**  
TOURNAMENT  
Kendrick Club • Sept. 24

Who will be the kings of the Doubles Domino Tournament?  
Sign ups run from Sept. 1 - Sept. 22. If you don't have a partner we can assign one for you. This is a 250 point/Five House game and if there is a tie - play over; (no 5 point spinner game). Upon sign up you will receive the rules of play. You can bring your own dominos or they will be provided, but please bring your own domino holder if that is how you are used to playing. Prizes will be awarded to the top three teams. To sign up call 652-3056.

Members: \$5  
Nonmembers: \$10

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www.myjbsa-fss-mmr.com

**THE FORCE**  
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## Golf

### Compete in Warrior golf scramble

Come out to the JBSA-Fort Sam Houston Golf Course Sept. 2, 12:30 p.m. shotgun start. Golfers are invited to play in the monthly Warrior Four-Person Scramble. Cost is \$25 for members and \$35 for nonmembers. This fee includes 18 holes of golf, green fees, golf cart, dinner and gift certificates for the winners of longest drive and closest to the pin, and for first-, second- and third-place winners of the scramble. For more information, call 222-9386.

## Club Championship

JBSA-Lackland Gateway Hills Golf Course hosts Club Championship tournament Sept. 3-4, 8 a.m. shotgun start. Cost is \$50 plus green fees and cart fee. This is an individual stroke format. For more information, call 671-3466.

## Labor Day Golf Tournament

Join JBSA-Randolph Golf Course on Labor Day, Sept. 5, for an individual low net/ low gross tournament. The cost is \$10 to enter plus green fees and cart rental. Tee times are from 7-9 a.m. Stop by the Pro Shop and sign up. For more information, call 652-4653.

## JBSA-Randolph Championship Golf Tournament

Sign up for the JBSA-Randolph championship Sept. 24 and 25. The number of flights in the open and senior division depend on participation. The open and senior flights pay net and gross so verifiable handicaps are required. Cost is \$70 for members and \$100 for nonmembers. The price includes a fajita lunch upon completion of the first round, a tee gift, green fees, cart fees and gift certificates paid to those who place. Net and gross paid in each flight except the championship flight which is gross only. Tee times are 7-9 a.m. For more information, call 652-4653.

**Bigger & Better Than Ever!**

**Oktoberfest**

JBSA-Lackland Amphitheater Grounds  
(next to Gateway Club)  
Sept. 23 • 4:30-9:30 p.m.

- Free German Dinner for Adults (while it lasts)
- Free Kids Meal (while it lasts)
- Free Admission & Parking
- Giveaways
- Real German Beer on Draft
- Live Music
- Kids Activities - Face Painting, Rock Climbing Wall, Interactive Obstacle Course, Mechanical Bull & More!

Featuring the Houston Superbowl Host Committee's **TOUCHDOWN TOUR!**

- Houston Texans Mock Locker Room
- Life-size Jeopardy Games
- Helmet Wall for Photos
- Football Catch Activation
- Interactive Inflatable
- March Music!

**HOUSTON** **AIR FORCE** **SECURITY SERVICE USA** **CPS** **ENEL**

**THE FORCE** Support Squadron

Open to all active duty military, family members, retirees, DoD civilians, contractors & guests. For more information, call 652-5763. www.myjbsa-fss-mmr.com

## Grid Iron Series

The JBSA-Lackland Gateway Hills Golf Course hosts the Grid Iron Series with the start of the National Football League football. The Grid Iron Series is a football-season long golf league where players blind draw a football team when they sign up. Whomever their team is playing that week is who they play against in 18-hole stroke-play

competition with full handicap. Players earn points for winning the golf match and their football team winning the game, with the player earning the most points being declared the winner. All ties decided by net best ball of holes 16-18.

Players do not need to play together, but they need to start their round before their team finishes their games. All scores must be attested by another golfer. If a team has a bye week, participants do not need to play a match that week.

Players earn points throughout the entire season with the top six players in each division advancing to the playoffs. The four players with the highest point totals get a first-round bye and everyone else re-draws for teams and continue to re-draw for teams each week they advance.

Entry fee is \$10 per week. The winner receives \$12 with the remaining \$8 going towards pay outs at the end of year. For more information, call 671-3466.

### Pro Shop golf bag special

Take 15 percent off all in-stock golf bags in the Pro Shop throughout September in the Pro Shop at the JBSA-Lackland Gateway Hills Golf Course. For more information, call 671-3466.

### Wake up to a sunny morning at the golf course

JBSA-Lackland Gateway Hills Golf Course now serves breakfast Tuesday through Saturday, 6:30-10:30 a.m. For more information, call 671-3466.

## Information, Tickets and Travel

### Dallas Cowboy Packages offered

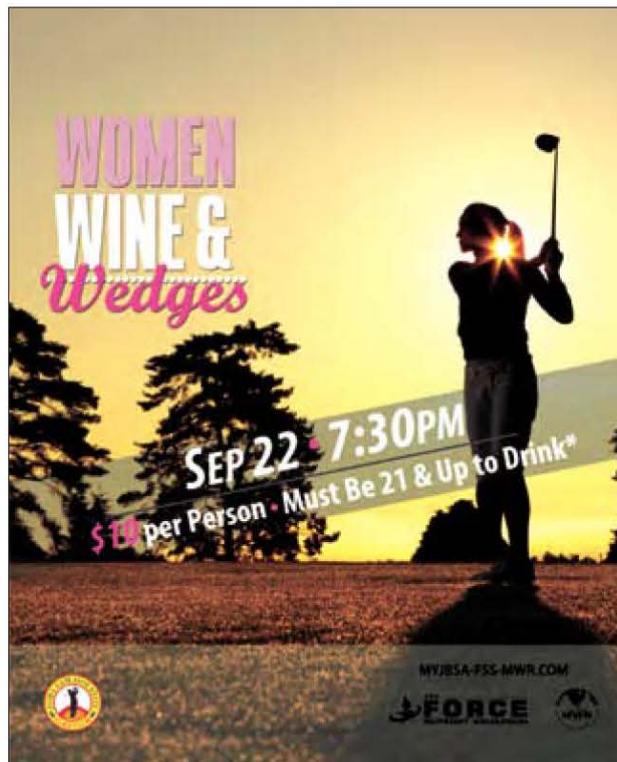
The JBSA-Lackland Information, Tickets and Travel has Dallas Cowboy package deals. This trip includes Cowboys versus Texans on Sept. 1. Three overnight group bus trips include, Sept. 11, Cowboys versus Giants; Oct. 30, Cowboys versus Eagles; and Nov. 24, Cowboys versus Redskins. These bus trips include 400-level seats, a tailgate party with buffet and beverages and snacks on the trip to and from the game. Two-night packages are available for every home game. For more information, call 671-3059.

### Kinder Casino Trips

Travel to the Grand Casino Coshatta in Kinder, La., with Information, Tickets and Travel. The trip includes round trip motor coach transportation, hotel accommodations, \$23 voucher from the casino and friendly service from the bus driver. The bus departs at 7:30 a.m. and returns at approximately 9 p.m. the next day. Cost is \$65 for double occupancy or \$130 for single occupancy. The remaining 2016 trips are Sept. 13-14 and Nov. 15-16. For more information, call 652-5142.

### Vacation Expo comes to JBSA

JBSA-Lackland Information, Tickets and Travel hosts the 2016 Vacation Exposition, Sept. 30, 10 a.m. to 1 p.m. at Arnold Hall Community Center. Stop by for door prizes every hour, free food for everyone, visit with experts from the travel and tour industry to discuss travel specials, hotels, attractions and destinations around the world. For more information, call 671-7111.



### ITT - summer fun headquarters

All JBSA Information, Tickets and Travel is the summer fun headquarters. Discounted tickets to K-1 Speed, Splashtown, Sea World®, Fiesta Texas, ZDTs, Schlitterbaun, San Antonio Zoo and more in and around San Antonio are available. ITT has many discount attractions in the Arlington and Dallas area include the Fort Worth Zoo, Speed Zone, Medieval Times, Six Flags Over Texas and Hurricane Harbor. ITT has discounts in California and Florida plus a wide array of things to do across the nation. Always check with ITT before making vacation plans to save money on attractions and accommodations no matter which direction patrons choose to go. For more information, call the JBSA-Lackland ITT at 671-3059, JBSA-Fort Sam Houston at 808-1378 or the JBSA-Randolph ITT at 652-5142.

### Holiday Paris explorer

JBSA-Lackland Information, Tickets and Travel Leisure Travel office offers an unforgettable week in Paris with an insider's perspective of one of the greatest cities in the world. Dec. 17-25, a native Parisian shares the sights, sounds and numerous hidden gems. Rates start at \$3,100 per person (includes airfare). Additional discounts may be available. Take advantage of an early payment discount valid by Oct. 27, 2016. A \$200 non-refundable land only deposit per person and a \$10 service fee is due at booking. If airfare is purchased via Trafalgar, a \$350 non-refundable air deposit is required at time of booking. For more information, call 671-7111.

### Exotic Western Caribbean group cruises available

JBSA-Lackland Information, Tickets and Travel helps set sail to the beautiful waters of the Western Caribbean. Travel

from Galveston, Texas to Cozumel, Belize and Mahogany Bay Isa Roatan Nov. 12-19. Rates start at \$488 per person for an inside cabin, \$488 for ocean view and \$768 for a cabin with a balcony. Gratuities are not included. A \$250 per person deposit and a \$10 service fee is due at booking. For more information, call 671-7111.

## Arts and Crafts

### Framing

The JBSA-Randolph Community Services Mall has expert framers on staff to help with custom framing orders. In addition the Custom Frame shop matches any off-base price on a comparable custom framing job with no sales tax. For more information, call 652-5142.

## Library

### Story time is at the library

Story time is hosted at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library Thursdays, 10 a.m.; the JBSA-Lackland Library Tuesdays, 10 a.m.; and the JBSA-Randolph Library Wednesdays, 10 a.m. Story time helps reinforce a lifelong love of learning in children and includes stories, songs, rhymes and movement activities. A parent or caregiver is to remain in the library during story time. Registration is not required. For more information, call the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library at 221-4702, the JBSA-Lackland Library at 671-2673 and the JBSA-Randolph Library at 652-5578.

## Military & Family Readiness

### Transitioning service members prepare for future

JBSA patrons separating or retiring from the military are encouraged to attend the Transition Information Program, Sept. 12, 8 a.m. to 12:30 p.m. at the JBSA-Fort Sam Houston, Sam Houston Community Center to learn about veterans education benefits, civilian health care, career transitioning, networking opportunities and housing and property markets. For more information, call 221-1213.

### Hiring Heros career fair held

JBSA-Fort Sam Houston is hosting The Hiring Heros Career Fair Sept. 14, 9 a.m. to 2 p.m., at the JBSA-Fort Sam Houston's, Sam Houston Community Center. The career fair brings government and federal agencies and private sector corporations together to market and offer career opportunities through a Department of Defense initiative to provide continuing outreach, recruitment assistance and services to wounded, ill, injured and transitioning service members, veterans, spouses and primary care givers. For more information, call 221-1213.

## Outdoor Recreation

### Concealed handgun licence class offered

The JBSA-Camp Bullis Rod-N-Gun Recreation Center provides concealed handgun license classes Sept. 3 and 17, 8 a.m. to 1 p.m. Successful completion of this class is required for a Texas CHL. To register for a class, visit <https://www.chlregistration.com>. For more information, call 363-2332.

## Cohesion Challenge

The JBSA-Lackland Outdoor Recreation Center hosts this year's Cohesion Challenge Sept. 16, 8 a.m. Based on Special Forces training that tests physical limits and pushes beyond them, the Cohesion Challenge is a team challenge where there are no cash prizes at the finish. Teams earn a patch. The 2016 challenge is more mental, but not less physical than previous years and requires skills in leadership as well as rapport and team building. The challenge lasts for about five hours and seven miles. Cost is \$10 per participant. For more information, call 925-5533.

## No fleas at the Flea Market

JBSA-Randolph host Flea Market Sept. 24, 8 a.m. to 1 p.m., in the Child Development Program, building 1072 parking lot. To reserve spots contact Information, Tickets and Travel in the Community Services Mall, building 895, cost to rent one six-foot long table is \$15, additional tables are \$4. The selling of firearms, animals, arts and crafts or food and beverage items is not permissible. For more information, call 652-5142.

## Archery takes on another dimension

The JBSA-Camp Bullis Rod-N-Gun Recreation Center hosts a three-dimensional archery competition Sept. 24-25, 8 a.m. to 1 p.m. Registration is 8-10 a.m. and the course must be completed by 1 p.m. The fun shoot is \$15, the competition shoot is \$20 and children 12 years and younger participate for \$5. For more information, call 295-7577.

## The weather is great for being outdoors

With summer winding down and cooler temperatures on the way, fall is a great time to be outdoors. JBSA-Lackland Outdoor Recreation has the equipment to enhance plans with sporting and camping goods for whatever plans made. Take the family or go with friends camping with travel trailers that can sleep five to eight people. Hit the water with one of the wide array of speed boats, fishing boats and pontoon boats. For parties, barbecues and group gatherings we have popcorn machines, chocolate fountains, champagne fountains and margarita mixers as well as sporting equipment for the more active bunch. Add more fun with bouncy castles and sumo wrestling suits. For more information, call 925-5533.

## Annual pass saves money

Annual passes are not just for the summer. Purchase a JBSA Recreation Park @ Canyon Lake annual pass for only \$65. This is a great time of the year to enjoy all of the amenities the park has to offer but with a smaller crowd. This pass gets you into both the Sunny Side and Hancock Cove areas of the park for a full year from when you purchase. Otherwise, the daily entry fee for the park is \$7 per visit, per vehicle. Annual passes include a vehicle and boat/trailer pass and are valid for one year from date of issue. For more information, call 830-226-5357

## Last chance for summer

JBSA Recreation Park @ Canyon Lake has great year round activities. Labor Day is almost here so enjoy the last holiday of the summer season. September and October are great months to come out and enjoy scenic Canyon Lake. The blistering summer heat is starting to give way; yet

the weather is still warm enough to enjoy all the activities the lake has to offer. The season to enjoy all of the water recreation activities like boating and swimming is not around much longer, so come out to stay at the park in one of our many lodging facilities and give the family one last chance to make summer memories. For more information call 800 280-3466.

## Half price boat special

You can rent any boat at the JBSA Recreation Park @ Canyon Lake for half price starting in October. Cost includes all required safety equipment such as life vests, but does not include fuel. The rentals are on a first-come, first-serve basis. Take advantage of this great deal and have a fun and safe day on the lake. Participants must have taken the Boater's Safety Course through the State of Texas. JBSA offers the course at the JBSA Recreation Park Canyon Lake or the Outdoor Recreation locations on JBSA installations. For more information, call 1-830-226-5357.

## Youth and Children

### Become a family child care provider

If you enjoy being with children and are interested in adding to the family income, consider becoming a family child care provider.

JBSA Family Child Care, is looking for individuals interested in supporting other military families by becoming a JBSA Family Child Care provider. Providers are licensed and affiliated to opening-up their home and care for children 2 weeks to 12 years. Most start-up materials and training is provided by the Family Child Care office free of charge. The FCC program is looking for individuals who can care for children during traditional work schedules, swings shifts, evenings and other non-traditional work shifts or schedules. FCC is also looking for individuals to care for children with special needs. The next new Provider Candidate Orientation class is Sept. 6-8 and Oct. 25-27 and advanced enrollment is required.

For more information on all JBSA Family Child Care programs, call 671-3376 for Lackland and Medina Military Community or call 221-3820 for Fort Sam Houston and Randolph Military Community

### Flag football and cheerleading registration ongoing

Register youth for flag football or cheerleading. Season games begin Sept. 10 with JBSA-Fort Sam Houston Youth Programs. Cost for each sport is \$50 per child. Registration is held at Parent Central, building 2530, on Funston Road or at the Youth Center, building 1630. Shot records and a health assessment are required at the time of registration. For more information, call 221-5513.

### Parents are offered a break

The JBSA-Lackland Youth Programs can give parents a break through the Give Parents a Break or Parents' Night Out program Sept. 10, 1-5 p.m. Children, 5 years, and in kindergarten, to 12 years are provided snacks and entertained with activities and games. Cost is \$25 per child with a multiple-child discount or free with GPAB referral. Late pickup is subject to \$5 for the first five minutes, then \$3 for every minute after that. For more information, call 671-2388.

## World-wide day of play

Join JBSA-Randolph Youth Programs Sept. 17, 11 a.m. to 1 p.m., for Nickelodeon's 12th annual world-wide day of play. This special event is designed to influence kids to turn off the television and be active and healthy. Join Youth Programs for fun and games. JBSA-Fort Sam Houston is holding events on Sept. 22, 4:30 p.m. For more information, call JBSA-Randolph at 652-3298 or JBSA-Fort Sam Houston at 221-3502.

## Basketball is played until midnight

Youth 11 years and older are invited to participate in Midnight Madness Sept. 17, 7 p.m. to midnight, at the JBSA-Fort Sam Houston Youth Center, building 1630. Participation is free and youth in grades 6-8 play until approximately 9 p.m. Youth in grades 9-12 play until midnight. Healthy snacks are served during games. For more information, call 221-3502.

## Seeking volunteers

JBSA-Lackland Youth Programs is recruiting parents for the Parent Advisory Board and ASK Council of Accreditation Team. Parents that would like to participate on boards, assist in maintaining the quality of care for military youth provided at JBSA-Lackland Youth Programs. For more information, call 671-2388.

## Classes for the kids

Instructional classes for JBSA-Lackland Youth Programs are held at building 8210. Register for classes at the JBSA Lackland Youth Program Monday-Friday, 8:30 a.m. to 5:30 p.m. at building 8420. Classes include dance, tumbling, guitar, piano, violin, BabyJam, Kinderjam, Toddlerjam, Tang Soo Do and karate. For more information, call 671-2388.

## Youth register for before and after school programs

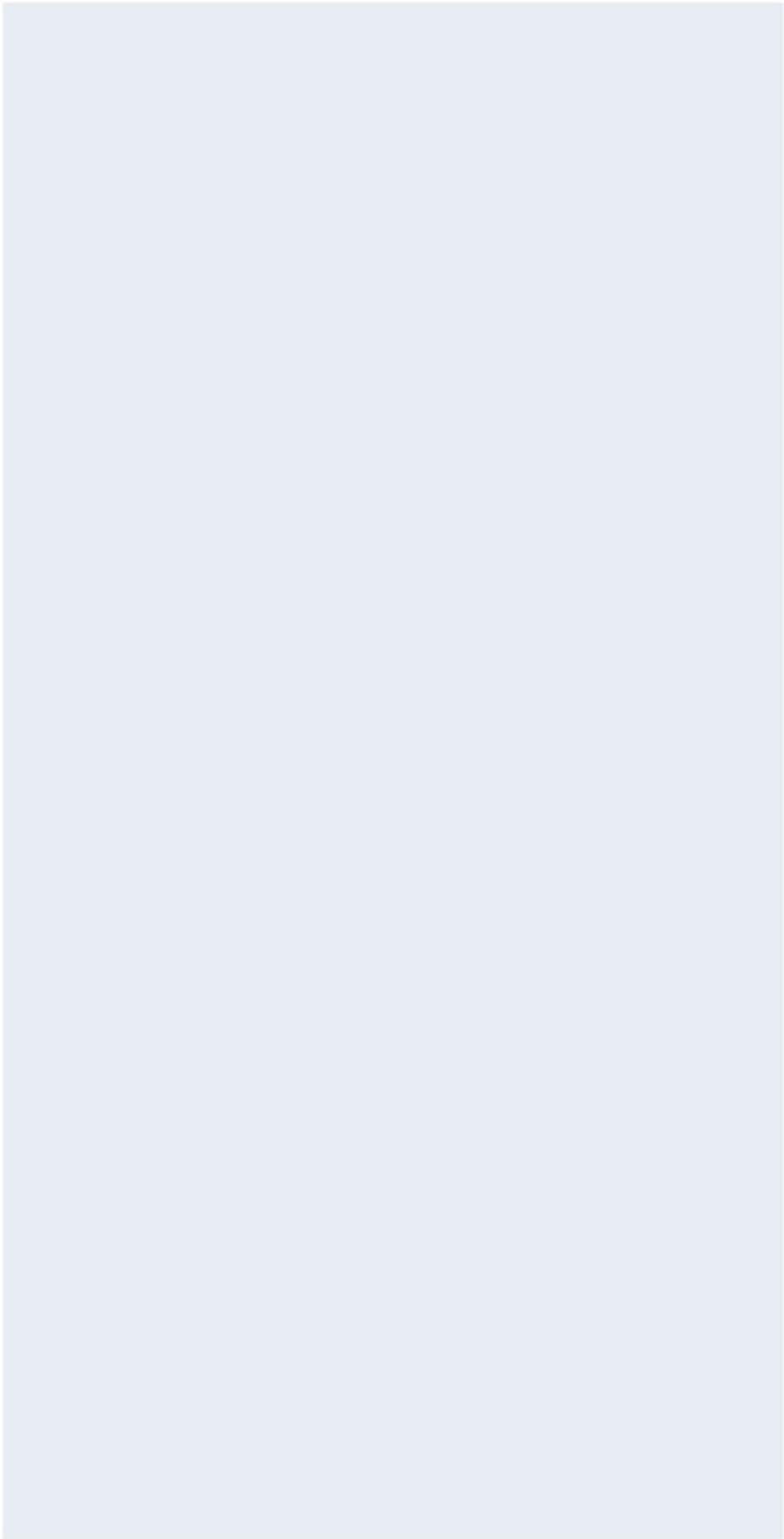
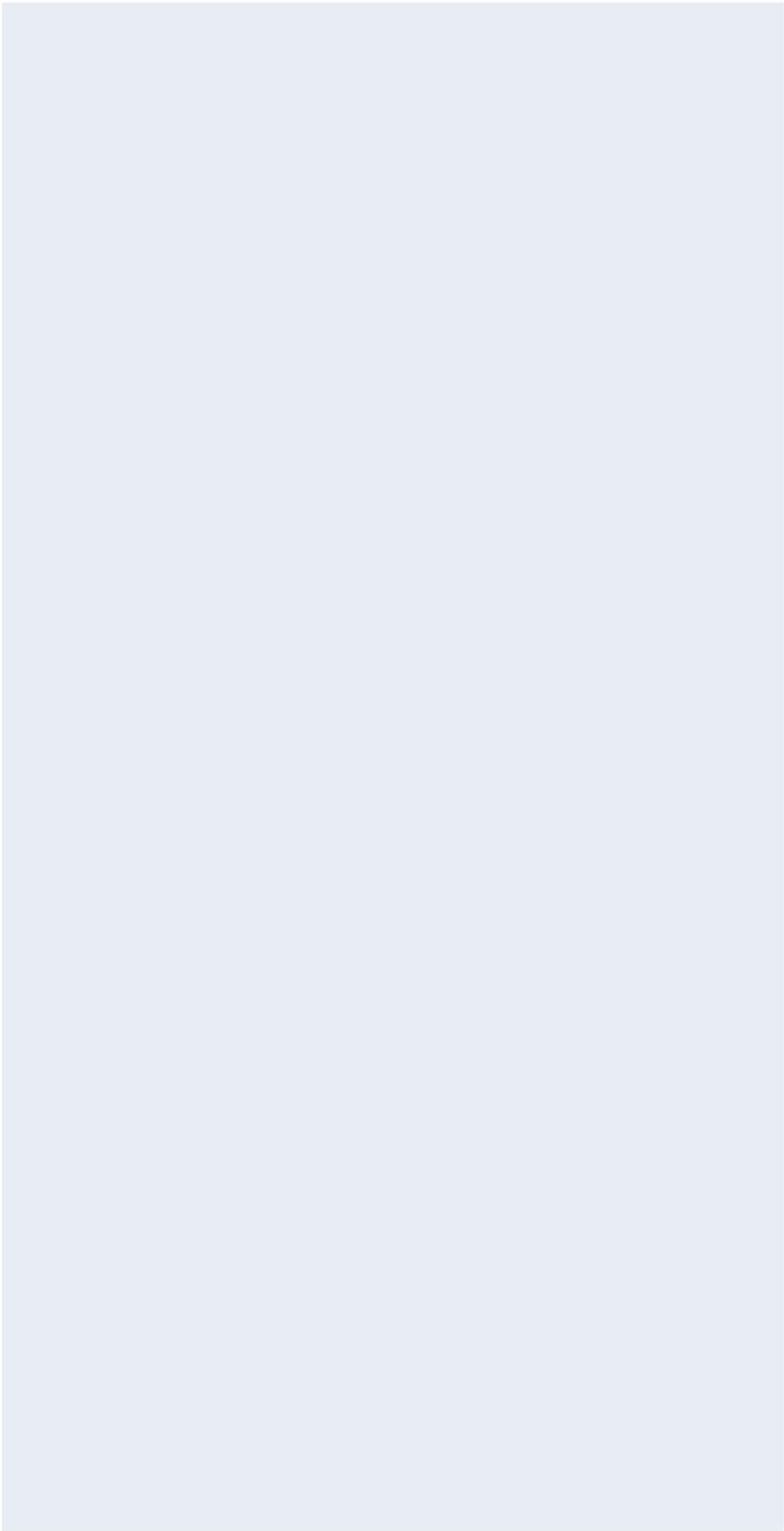
Registration for before and after school care is accepted until all spaces are full at the JBSA-Lackland Youth Programs. Registration paperwork and priority definitions are available at <https://www.myjbsa-fss-mwr.com>. A copy of current shot records and leave and earnings statement are required to register. Children 5 years and older must be enrolled in kindergarten and register at the Youth Center, building 8420. Children 4 years and enrolled in Lackland Independent School District pre-kindergarten must register at the Lackland Child Development Center, building 8210. For more information, call 671-2388.

## STAY CONNECTED

Stay current on Joint Base San Antonio  
502d Force Support Squadron events,  
specials and daily activities.

<http://www.myjbsa-fss-mwr.com>





# September is National Childhood Obesity Awareness Month

By Dan Munford

436th Aerospace Medicine Squadron health promotion dietitian

The World Health Organization has declared obesity a global epidemic. Over the past 30 years, this epidemic has been affecting our children. The obesity rate in America has doubled in children and quadrupled in adolescents over this time frame.

According to the Centers for Disease Control, one in six children in the U.S. has obesity, and they are more likely to become adults with obesity.

Children with obesity are more likely to have pre-diabetes, type 2 diabetes, high blood pressure, high cholesterol levels and they are also at increased risk of developing sleep apnea as well as bone and joint problems.

The CDC estimates that 1 of 3 children born in 2000 or later will suffer from type 2 diabetes at some time in their lives.

Factors that contribute to childhood obesity include: increased consumption of foods high in sugar and fat, increased consumption of sugary beverages, decreased physical activity and increased time engaging in sedentary activities.

One program encouraged by the military to combat



childhood obesity is the 5210 Healthy Military Childhood Campaign.

The 5210 Healthy Military Childhood Campaign targets venues where military families live, work and play. It provides tips on how military families can incorporate the program's principles into their

lives. The campaign focuses on four areas that affect childhood obesity and encourages children to do the following everyday:

- Eat five or more servings of fresh fruits and vegetables
  - Limit their screen time to no more than two hours
  - Engage in at least one hour of physical activity
  - Drink zero cups of soda or sugar-sweetened beverages
- What can parents do to help their child?
- Offer new fruits and vegetables and encourage your child to take at least three bites
  - Keep the TV and video games out of the child's bedroom
  - Take a family walk after dinner
  - Encourage your child to drink more water or 16-24 ounces of low fat milk a day
  - Discuss treatment options with the child's medical provider if she/he is obese

For more information on childhood obesity, visit <https://nccd.cdc.gov/dnpabmicalculator.aspx> or [http://www.militaryonesource.mil/health-and-wellness/healthy-living?content\\_id=282401](http://www.militaryonesource.mil/health-and-wellness/healthy-living?content_id=282401).

## Ode to women of government: thank you

By Alyssa Bracken

502nd Equal Opportunity

As I stepped out of the adobe building, the San Antonio heat hit me like a wall. A plane taxied down the runway only 500 yards from where I was walking, invisible waves rising from the top of the cockpit.

I felt a sweat begin to break on my forehead only a minute after I left the safety of the air conditioning. I had chosen today to wear pants instead of a light skirt, a decision I now regret. I walked a little faster to my car, slipped into the hot box and turned the key into the ignition. Time to go to work.

This scenario involved so many rights which were denied to American women in the past: pants, cars, careers. This span of 30 seconds became possible because hundreds of women took charge and chose to be the change. So who was it, exactly, that fought for my freedom to wear pants, vote and have a career?

As I sifted through articles about iconic actresses, I realized they did not contribute much in the way of women's equality. Women of the military and other government agencies have made the largest footprints in the battle for women's equality.

At Joint Base San Antonio-Randolph, these historic and brave women of the military didn't model dresses. Women took to the workforce, donning the coveralls their husbands left behind. It was as if a swarm of worker bees descended on the hangars of Randolph.

The reservoir of women, known as "Kelly Katies," filled the workplace only to be pushed back into more domicile roles as the men returned from war. During



Courtesy graphic

the subsequent wars, these women gained respect by proving themselves and, eventually, retained their jobs after World War II had finished.

Take a journey with me into a couple of these impressive women's military accomplishments.

Elsa Martinez, a native to San Antonio, was the daughter of an Army sergeant. Due to her father's example, she chose to enlist as soon as she could. She was eligible and qualified enough to gain a top secret security clearance. After boot camp, the military entrusted her with

secrets of national security. She worked with a dozen or so people, mostly males, developing pictures taken by aerial cameras for government usage.

Another inspirational military figure was Marjorie Stinson, who became the first female air pilot in the United States at the age of 19. She was based out of San Antonio and led the way for other female flyers. This brave young woman flew for the military as a stunt flyer and eventually became a teacher for the Royal Flying Canadian Corps.

Women in other areas of government also had an impressive impact on women's equality.

Lila Cockrell was elected and reelected as San Antonio's first female mayor, making her the first woman mayor of a metropolitan city in the United States. Cockrell worked on the City Council and was an active part of desegregation in San Antonio. Today, her leaps in women's and African American equality can be seen throughout the entire city.

The unsung heroes of women's equality displayed strength through adversity and proved their value in the workplace. These women took charge and chose to be the change they wished to see. These women are the reason I can drive my car, pursue my career and wear pants when I feel like it.

I just want to say thank you to all of the inspirational women who serve in the military and government agencies. Thank you for the examples you have shown which empower me to keep striving toward greatness. Each time I decide to wear pants to work or I receive a promotion, I will thank the women who struggled and paved the way.

# Courts-martial, crimes and punishment at JBSA

From Joint Base San Antonio Judge Advocate General

The Joint Base San Antonio Judge Advocate General completed one Air Force court in the month of July 2016. The results of a court-martial are not final until the clemency and/or appeals process is completed.

All courts-martial are open to the public and upcoming courts-martial can be viewed at the U.S. Air Force Judge Advocate General's website at <http://www.afjag.af.mil/docket/index.asp>.

Senior Airman M.A., from the 93rd Intelligence Squadron at JBSA-Lackland, was tried by a general court-martial consisting of officer members from July 11-14 at JBSA-Lackland. M.A. was found not guilty of one specification of sexual assault in violation of Article 120 of the Uniform Code of Military Justice.

After sentencing, members can request clemency. In some cases, this can change the outcome of their case and/or sentence to something less severe. Acquittals are final results. All courts-martial are open to the public.

Visit our USAF Public Docket website at <http://www.afjag.af.mil/docket/index.asp>.

During July 2016, JBSA Air Force commanders administered four non-judicial punishment actions under Article 15 of the UCMJ.

The punishments imposed reflect the commander's determination of an appropriate punishment after considering the circumstances of the offense and the offender's record. Officers may not be reduced in rank as a punishment. A suspended punishment does not take effect unless the offender engages in additional misconduct or fails to satisfy the conditions of the suspension. The suspension period usually lasts for six months unless a lesser amount is specified.

The following are some of the non-judicial punishment actions that closed out in July. Decisions regarding discharge are not included.

**Violation of a lawful order:** A senior airman violated a no-contact order. The member received a reduction to the grade of airman first class suspended through

Dec. 19, 45 days of extra duty with 20 days suspended through Dec. 19 and a reprimand.

**Failure to go x 2:** An airman first class was late to his appointed place of duty on two separate occasions. The member received a reduction to the grade of airman, forfeiture of \$878 pay per month for two months suspended through Dec. 26 and a reprimand.

**Going from place of duty, dereliction of duty-neglect:** A staff sergeant left his place of duty without proper authorization and negligently failed to complete an assigned duty. The member received forfeiture of \$1,200 pay per month for two months with \$600 pay per month for two months suspended through Dec. 31, 30 days extra duty and a reprimand.

**Assault consummated by a battery and disorderly conduct:** A technical sergeant assaulted two individuals and resisted the orders of police when they arrived on the scene. The member received a suspended reduction to staff sergeant, forfeitures of \$791 pay for two months, 14 days extra duty and a reprimand.

## Joint Base San Antonio-Randolph News Briefs

### American idol to perform at JBSA

David Cook, 2008 American Idol winner, performs 7-8:30 p.m. Sept. 9 at the Joint Base San Antonio-Lackland Outdoor Amphitheater. Opening the event at 6:30 p.m. will be the top three winners of the JBSA Talent Search who will perform before David Cook and win prize money.

The free concert is open to JBSA Department of Defense ID cardholders and families. There will be bouncy houses as well as food and beverages. Since this is an outdoor event, attendees are encouraged to bring blankets and chairs as seating will not be provided.

Prior to the concert, David Cook will host a meet and greet from 6-6:30 p.m. at the Gateway Club. As space is limited, those interested in attending the meet and greet can use the following link to enter the raffle to meet David Cook: <https://einvitations.afit.edu/inv/index.cfm?i=303880&k=016141017357>.

### Talent search offers chance to perform

The Joint Base San Antonio Talent Search is looking for performers across JBSA and offering a cash prize and special

showcase opportunity to the top three performers.

The talent search takes place 5 p.m. Aug. 31 at the Arnold Hall Ballroom and is open to service members from JBSA. The top three contestants from the search will win dollar prizes of \$300, \$150 and \$50, and get the opportunity to open for 2008 American Idol winner David Cook during his Sept. 9 concert at JBSA-Lackland Outdoor Amphitheater.

All talents are welcomed, but auditions will be capped at two minutes each. Those interested in performing must register by calling 596-9394 no later than end-of-day Aug. 26.

### Tickets on sale for Air Force Ball

The 69th Annual Air Force Ball is Sept. 16 at the Hyatt Hill Country Resort, 9800 Hyatt Resort Drive, San Antonio, Texas.

The celebration honors the heritage and history of the United States Air Force and provides an opportunity for Airmen to come together, celebrate and remember the successes of the United States Air Force.

RSVP by visiting the digital invitation at <https://e.afit.edu/7706410C77X54FJ> or call 325-2035 or 925-1716.

### Heart Link spouse orientation

The Joint Base San Antonio-Randolph Military & Family Readiness Center is offering "Heart Link," a spouse orientation class for all branches of service from 8:30 a.m. to 2 p.m. Sept. 9 at the M&FRC. The class provides an opportunity for military spouses to become familiar with their new military community and meet with other military spouses. Participants will learn about JBSA, military customs, courtesies, ranks, benefits and services available. To register, call 652-5321.

### Enlisted aides host 'Food for Thought'

The Joint Base San Antonio Enlisted Aides are reaching out to Airmen (E1-E6) to provide them a monthly gourmet meal and mentorship from senior leaders throughout JBSA. The dinner will be by RSVP and capped at the first 15 Airmen who sign up. The kickoff "Food for Thought" event is 6 p.m. Sept. 23 at the JBSA-Randolph Chapel Annex and the guest speaker will be Chief Master Sgt. Brion P. Blais, 502nd Air Base Wing and Joint Base San Antonio command chief master sergeant. Call 347-4353 at JBSA-Lackland and 612-7165 at JBSA-Randolph for more information.

## 'Kids in Motion' health event

The 359th Medical Group is hosting "Kids In Motion," an obstacle course for children, 8 a.m. Saturday at JBSA-Randolph's Heritage Park. Registration begins at 7 a.m. The objective of the obstacle course is to educate youth on how to live a healthy lifestyle through fitness and nutrition. To volunteer at the event or for more information, call the Human Performance Resource Center at JBSA-Randolph at 652-3641.