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LACKLAND TALESPINNER

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37th Training Wing welcomes new commander

Photo by Johnny Saldivar

Maj. Gen. Mark Brown (left), 2nd Air Force commander, passes the guidon to Col. Roy Collins, incoming 37th Training Wing commander, during the 37th TRW change of command ceremony May 20 at Joint Base San Antonio-Lackland's Gateway Club. Collins comes to JBSA-Lackland from Minot Air Force Base, N.D., where he was the 5th Bomb Wing Mission Support Group commander. The 37th Training Wing is the Air Force's largest training wing, encompassing 22 locations worldwide including the Department of Defense's Military Working Dog Training Academy, the Inter-American Air Forces Academy and Air Force Basic Military Training, which educates, trains and transitions more than 38,000 civilians into Airmen annually.

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New mantra must be 'People first, mission always'

By Senior Master Sgt. Claus Peris
660th Aircraft Maintenance Squadron
Travis Air Force Base, Calif.

If you've been around long enough, you've heard the phrase "Mission first, people always."

Today's Airmen are busy. Whether its high ops tempo, constant deployments or low manning, our Airmen are being asked to do more and more every day. Nothing is more important than accomplishing the mission – except for taking care of the people you supervise.

For me, the phrase should read, "People first, mission always." Unfortunately, over the years I've seen supervisors at every level becoming more and more disconnected from our Airmen. It's time for us to re-engage, reconnect and interact with our people.

Supervisory actions speak volumes. How you interact, communicate and recognize your people sets the foundation for your relationships.

Do you recognize the Airmen's accomplishments with an email or do you leave your desk, seek them out, look them in the eye, shake their hands and thank them in front of their peers? Face-to-face interaction takes more time, but creates better relationships.

As supervisors, we need to train our Airmen to become independent thinkers.

Instead of a culture of conformity older leaders struggle to maintain, why not foster a climate that allows its members to use their experience and knowledge to make decisions at appropriate levels? Who knows better how to improve a product or process, the technician with boots on the ground or the supervisor that never leaves his desk?

Good ideas have no rank; the newest Airman may have the solution to your problems. It could also lead to mistakes, but allow your people to fail from time to time. Good Airmen make mistakes; great supervisors see them through the process of learning and growth that comes from making mistakes.

As I have moved up in the ranks, I realize the single biggest impact I can make to the mission and my unit is to take care of my Airmen.

This does not mean doing the job for them, but giving them what they need to get the job done. You don't have to be their best friend, turn a blind eye to unprofessionalism or hook up your Airmen at the expense of the mission.

It means providing the guidance, resources and, many times, the top cover to allow them to succeed. It means mentoring folks when they make mistakes, rewarding them when they excel, celebrating accomplishments in public and addressing improvements in private. It means treating people with respect and dignity while keeping the bar high and supporting your Airmen as they accomplish something they never thought was within their reach.

It means, in the end, to ensure your Airmen are better when they leave the unit than when they came in. If you are able to deliberately develop your Airmen this way, the mission will be accomplished.

Leading the Airmen of today can be one of the most challenging yet rewarding tasks. Today's Airmen are noticeably different than the Airmen who stepped off the bus with me 22 years ago at then-Lackland Air Force Base, Texas.

Today's Airmen are skilled multitaskers, agile decision makers and social networkers, eagerly cooperative and extremely flexible to change. They are hungry to learn and apply their knowledge and want nothing more than to be a part of something bigger than themselves. As present day leaders, we must take every measure to ensure we develop their full potential.

Mission sets vary across a wide array of career fields, but the mission is and always will be there. The hard part is ensuring our Airmen stick around and go the distance.

Let's refocus on our supervisory relationships with our Airmen, get involved, mentor and groom future leaders. "People first, mission always" should be the new charge.

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DOD Hotline 800-424-9098, http://www.dodig.mil/hotline

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Deadline for story submissions is noon Wednesday the week prior to publication.

News in Brief

JBSA-LACKLAND TRAFFIC LIGHTS WILL BE UPDATED

Partial road closures are scheduled for traffic light upgrades at Joint Base San Antonio-Lackland. The intersection of Kenly Avenue and Truemper Street will be partially closed 7:30 a.m. to 5:00 p.m. Tuesday. The intersection of Carswell Avenue and Truemper Street partial closure will be 7:30 a.m. to 5:00 p.m. Wednesday.

JBSA ARMED FORCES AGAINST DRUNK DRIVING HOSTS TOUGH ENOUGH EVENT

To promote suicide prevention and safety awareness, the Joint Base San Antonio Armed Forces Against Drunk Driving organization is hosting a 24-hour fitness event. From 4:30 p.m. June 3 to 4:30 p.m. June 4 at JBSA-Lackland's Warhawk track and anyone with base access is invited to participate.

Participants will complete laps around the track in pairs to compete for prizes.

For more information, call 214-213-2503 or 281-608-2225.

VOLUNTEERS NEEDED FOR NATIONAL OBSERVANCES

The equal opportunity office is looking for volunteers to arrange events for future observances. The observances include Lesbian, Gay, Bisexual, and Transgender Pride Month in June; Women's Equality Day Aug, 26; Hispanic Heritage month, which runs from Sept. 15 to Oct. 15; and Native American Month in November. For more details, call the Equal Opportunity office at JBSA-Lackland at 671-4284, JBSA-Fort Sam Houston at 295-0552 or JBSA-Randolph at 652-3705.

STARBASE KELLY SUMMER PROGRAM

The 433rd Airlift Wing is sponsoring Starbase Kelly, which offers a free summer educational program to children associated with Joint Base San Antonio-Lackland, completed either the fourth or fifth grade and have not attended before.

The program includes aircraft tours, scientific experiments, teamwork, goal setting, rocket building, computer-aided design and computer flight simulation.

Two sessions are offered June 13-17 and June 20-24. They will be held 9 a.m. to 2:30 p.m. at the 433rd AW ramp in building 909. Children must bring their own lunch.

Register via e-mail by submitting the child's name, address, home telephone and school grade completed this year. Also, include the sponsor's name, organization, duty phone and the requested session. To register or for additional information, e-mail starbasekelly@gmail.com or call 925-5397.

Roberson impressed by 59th MDW warrior medics

By Shannon Carabajal
59th Medical Wing Public Affairs

Photos by Staff Sgt. Jason Huddleston

Lt. Gen. Darryl Roberson (right), commander of Air Education and Training Command, talks with 59th Medical Wing Airmen during an all call gathering May 11 at the Wilford Hall Ambulatory Surgical Center, Joint Base San Antonio-Lackland. The general talked about his focus areas and shared his leadership philosophy with the wing.

To see first-hand how the 59th Medical Wing is "setting the standard" for innovation throughout the Department of Defense, Lt. Gen. Darryl Roberson, commander of Air Education and Training Command, toured the Wilford Hall Ambulatory Surgical Center May 11 for an inside glimpse of the organization.

The general met with senior leadership and spoke with Airmen across the 59th MDW to gain a deeper perspective of the wing's medical and training missions. His wife, Cheryl, and Chief Master Sgt. David Staton, AETC Command chief, accompanied Roberson who said he was impressed with the innovative spirit present throughout the wing.

"It's been a great visit. You are looking at ways of making things better in your areas and I encourage you to keep that up," Roberson said.

The tour included stops at several clinics, and visits to the Airman Medical Transition Unit, the wing's En-Route Patient Staging System, the pilot unit, and the new WHASC facility currently under construction.

Roberson also gained insight on the wing's Gateway Innovation Center and how innovative problem-solving techniques taught at the center are inspiring Airmen to challenge the status quo and look for ways to improve and enhance patient care.

"I spent the day listening and learning about what you guys are doing – awesome, awesome stuff going on," he said. I love the innovative attitude and the efforts that are going on around the 59th Medical Wing."

Later, the general talked about his focus areas and leadership philosophy during an all call gathering in the WHASC auditorium.

"Because leadership is so important, every time I get the opportunity to speak to AETC Airmen, I want to talk about my personal philosophy of leadership," Roberson said.

"I want to share with you what I call my core leadership philosophy, the three Cs: competence, care and character," he said.

Competence, Roberson explained, is leading from the front and leading by example. Leaders must be ready, qualified and competent in their job to earn the trust of their followers. Leaders must also show genuine care for Airmen, the Air Force and the nation. Lastly, leaders must demonstrate character.

"Character is a little stronger than just integrity. It is a willingness and a strength to do what you know is right," he said.

The general also addressed the importance of airpower and the significance that the command and 59th MDW play in combat and national defense.

"For the medical community, airpower starts here. I want you to be airpower advocates. There's no country in the world that can do what we do," he said.

Staton also spoke during the all call, offering insight into enlisted professional military education programs, including Course 15, the NCO Academy Distance Learning Course; developmental special duty opportunities; and changes to the enlisted evaluation system.

"If you are a supervisor, make sure you know how the evaluation system works. We are building better Airmen," he said.

For Staton, whose two daughters were born at Wilford Hall, visiting the 59th MDW was also an opportunity to say thank you to the Air Force medical community.

"I have a special place in my heart for you guys. I know how hard you work. I've been around medics before, I've deployed with you and I've seen you save lives," he said. "Thank you. Keep doing what you're doing."

Col. Mark Ervin, 59th Medical Wing Operational Medicine chief, briefs Lt. Gen. Darryl Roberson, commander of Air Education and Training Command, on the capabilities of the Tactical Critical Care EvacuationTeam-Enhanced May 11 at the Wilford Hall Ambulatory Surgical Center, Joint Base San Antonio-Lackland. From left to right are Roberson; Maj. Gen. Bart Iddins, 59th MDW commander; Ervin; and Capt. Rachel Hubbs, 959th Medical Group nurse.

Welsh releases 2016 reading list

By Staff Sgt. Alyssa C. Gibson
Secretary of the Air Force Public Affairs Command Information

The Air Force chief of staff published his 2016 professional reading list May 13.

"This year's reading list addresses every Airman on our total force team," said Gen. Mark A. Welsh III. "The profession of arms, Air Force heritage and developing Airmen are topics that apply to all of us."

This year's list contains books, TED Talks, films, art, work from Air Force photojournalists, journals and – for the first time – military-themed blogs.

One of this year's books recommended by Chief Master Sgt. of the Air Force James A. Cody, "At All Costs," was written by Air Force Reserve Chief Master Sgt. Matt Proietti.

"I'm delighted the book was included in the reading list because it means more people will hear about Chief (Master Sgt. Richard) Etchberger's life," Proietti said. "He was a remarkable GI, one worthy of emulation well before he performed heroic actions at the end of his life."

A TED Talk on this year's list, given by cultural innovator Vern Myers, is a compelling presentation about unconscious bias.

"With thoughtful leadership, General Welsh has put together a powerful list of diverse content that will challenge each Airman to expand her or his worldview," Myers said. "With this valuable information, Airmen will be equipped to break down stereotypes, to understand the life experience of people different from themselves, and to foster a more inclusive, fair and high-performing Air Force. I'm honored to be part of this important list."

Print selections of the books will be arriving in base libraries in the coming weeks, but Airmen can find many of the works available electronically through Air Force Libraries' OverDrive system.

Other items on the list are:

Books

• "Hit the Target: Eight Men Who Led the Eighth Air Force to Victory Over the Luftwaffe;" published in 2015 by Bill Yenne

• "The Air Force Way of War: U.S. Tactics and Training after Vietnam;" published in 2015 by Brian Laslie

• "Skunk Works;" published in 1996 by Ben Rich and Leo Janos

• "Blind Spot; published in 2013 by Mahzarin Banaji and Anthony Greenwald

• "The Blue Zones Solutions: Eating and Living Like the World's Healthiest People;" published in 2015 by Dan Buettner

• "The Mission, the Men and Me;" published in 2008 by Pete Blaber

• "Once an Eagle; published in 1968 by Anton Myrer

• "Team of Rivals;" published in 2005 by Doris Kearns Goodwin

• "The Boys in the Boat;" published in 2014 by Daniel James Brown

• "The Power of Professionalism;" published in 2011 by Bill Weirsma

• "Leadership and Self-Deception;" published in 2000 by the Arbinger Institute

• "Focus: The Hidden Driver of Exellence;" published in 2013 Daniel Goleman

• "Linchpin: Are You Indispensible?;" published in 2010 by Seth Godin

Videos

• "Das Boot: The Director's Cut;" released in 1997 and directed by Wolfgang Petersen

• "Glory; released in 1989 and directed by Edward Zwick

• "Return with Honor;" released in 1998 and directed by Freida Lee Mock and Terry Sanders

• "Taking Chances;" released in 2009 and directed by Ross Katz

• "The Pacific;" released in 2010 by HBO Studios

The complete 2016 reading list can viewed at http://static.dma.mil/usaf/csafreadinglist/index.html.

JBSA-Lackland Youth Center named best in AETC

By Jose T. Garza III
JBSA-Lackland

The Joint Base San Antonio-Lackland Youth Center was named the Best Youth Center in the Air Education and Training Command for 2015 by AETC officials.

Thomas Lynds, who teaches science classes at the center, credited the three JBSA Youth Centers' joint success in serving the military community with a variety of resources, programs and services throughout the year.

"We survey our clients to see what services they would like delivered," he said. "The three centers get together and make sure we have resources available to deliver the services where they are needed most. For example, JBSA-Lackland has more pre-teens and teenagers than younger children. Our average daily attendance for teens is pretty high compared to other installations around the world."

The youth center serves 3,200 children annually with various programs, which contributed to the award recognition.

During the year, 375 coaches volunteered 93,000 hours for the 1,500 children who participated in its sports programs.

While praising the sports programs, Lynds also touted its school age care, recreational and teen programs. Moreover, he acknowledged the staff members' diverse training in child safety as another reason for its success.

"Their knowledge contributes to the youth centers being the grassroots for educational and life lessons," he added.

"We teach children that education will get them somewhere," Lynds said. "Sometimes they don't understand what is being taught in school. When they come here, we teach them how those theories turn into real-life lessons. From those real-life lessons, we plant a seed, water it and watch it grow. We mentor and coach children all day long."

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Preventing child abduction takes planning and teamwork

By Senior Airman Krystal Wright and Jeremy Gerlach
JBSA-Lackland Public Affairs

Courtesy photo

Whether dropping their kids off at school or going shopping, traveling in public areas with children, even during daylight hours, can be a potential worry for parents.

Of the more than 9,000 kidnappings between 2005 and 2014, most occurred between 2 and 7 p.m., with many occurring while the child was traveling to or from school, according to a National Center for Missing and Exploited Children study.

May 25, which President Ronald Reagan declared as National Missing Children's Day in 1983, was an annual opportunity to remind parents and guardians to remain vigilant at all costs, said Jacob Galindo, 802nd Security Forces police instructor.

"A lot of people think, 'it'll never happen to me' – but in San Antonio, it happens more often than you think," Galindo said.

While most abductions in Bexar County happen during the frenetic rush of the winter holidays – where the stress of juggling family and work schedules can lessen parents' situational awareness – the summer months can be dangerous too.

"People from the outskirts of the county come into the malls and parking lots in the city and that's usually when the rise in these crimes occurs," Galindo noted. "People who leave their kids in cars, people running around without an eye on their children – that's where problems start."

Geography, according to Galindo, might be one reason for these lapses in attention to child safety. Parents who live in "nicer" areas of town shouldn't assume crime doesn't occur there, too.

"People are abducting kids; it doesn't matter to them where they are." Galindo cautioned. "Just because you are living or shopping in a nice area of town, that doesn't mean it's safe to leave your kids alone."

Still, should an abduction occur, parents need to be prepared. It's always a good idea to keep a mental checklist of identifying factors that can help police find a missing child.

"A lot of parents think they can remember what their kids are wearing, what they look like," Galindo noted. "But when their kids go missing, all that short-term memory goes out the door because of the stress."

A handy tool for parents to have at all times is an ID sheet for each child, complete with a picture, fingerprints, and a list of physical characteristics. Parents can download and print these forms from NCMEC's website at http://www.missingkids.org/ChildID.

"This is really handy for parents to print out and distribute," Galindo said. "Keep this at home so you have it just in case."

While tools like an ID sheet can help find missing children, the ideal way to deal with child kidnappings is to prevent them in the first place.

Although "stranger danger" seems like an easy way to teach children basic personal safety, according to NCMEC, it actually puts them at a disadvantage.

Children sometimes need to turn to people they don't know for help and children who are taught stranger danger may be afraid to ask helpful strangers for assistance when they need it. Lost children should be taught to ask for assistance from a store clerk, police officer or parent with children. These people are strangers, but in this situation, children should be encouraged to talk to them. It may be hard for younger children to understand the difference between strangers who may be able to help them and strangers who could potentially hurt them.

Also, perpetrators can be people the child knows or strangers who use tactics to interact and lure even children who have been taught to be wary of strangers.

Instead of focusing on people, parents are advised to teach their children to recognize and respond to threatening situations and tactics would-be abductors use.

Would-be abductors attempt to lure children with offers of ice cream, modeling contracts, or other goodies and, according to NCMEC, too many times these tricks are successful. In these situations, even children who know better often ignore their safety rules. Would-be abductors know that while many children are taught to avoid strangers, they may not be taught to recognize abduction tactics.

Galindo and NCMEC advise to parents to teach children the following tactics:

- They should not accept gifts without their parents' permission. Use teachable moments, like when a friend or relative offers a gift, to practice this concept.
- Animals are used to lure children into vehicles or homes. Teach them to never enter anyone's vehicle or home without your permission.
- Children shouldn't be asked for help by an adult, like looking for a lost pet or for directions. Have them practice saying "I can't help you" in a firm voice and walking away.
- Teach children to stand at least one to two arms' lengths away while interacting with unknown adults.
- Teach children to always check with their parent or the adult in charge before going anywhere with anyone even if they are accused of doing something wrong. Instruct them to immediately tell their parents if someone approaches them or tries to take them away.
- Instead of instructing them to never talk to strangers, teach them not to approach just anyone. If they need help, look for a uniformed police officer, a store clerk with a nametag or a parent with children.
- Teach children to get permission from their parents or the adult in charge before going anywhere with anyone instead of telling them to stay away from unknown people even if told there is an emergency. Have them practice saying, "I can't go with you until I check with my mom/dad/teacher" in a firm voice and walk away.
- If parents can't pick up their kids and have to send another adult, have a secret password for school and event pickup that kids can easily remember.

According to NCMEC, 83 percent of children who escaped their would-be abductors kicked, yelled and pulled away to escape.

"We should teach kids to be vocal and loud, letting them know they're not going to get in trouble for making noise or defending themselves," Galindo said. "It's more important to be noticed, and it's better to be safe than sorry."

Self-defense classes are available for children and adults at the Youth Center. Tang Soo Do classes are held Tuesday and Thursday but times vary. It's $50 for ages 4-7 and $55 for ages 8 and older. Karate classes are held on Wednesday with varying times. Its $60 per 10-week session per child while family groups with 3 or more are $150.

Call 671-2388 to register or for more information.

802nd FSS Outbound Assignments plays vital role in PCS process

By Jeremy Gerlach
502nd Air Base Wing Public Affairs

Receiving orders to permanently change stations, or PCS, and the lifestyle shift that comes with it can be stressful.

The 802nd Force Support Squadron Outbound Assignments office is a six-person team that annually out-processes more than 1,200 Airmen from Joint Base San Antonio-Lackland. Their primary goal is being proactive to help Airmen understand and engage with their PCS orders in a timely and stress-free manner, said Roberto Hernandez, outbound assignments team lead.

"There are approximately 1,200 individuals who are going to bases throughout the Air Force, filling slots that need to be manned," Hernandez said. "We're talking doctors, pilots, firefighters and policemen. None of these individuals would get there if we didn't complete this process."

Moving that many people is no small feat, since each PCS order issued is a highly-personalized case, dependent on factors arising from joint spouse, preference overseas, humanitarian or personnel reliability program assignments, according to Hernandez

With so many moving parts to the process, the outbound assignments team works to help Airmen navigate the PCS process.

The PCS process starts with a notification email inviting Airmen to an initial assignment briefing. These meetings provide Airmen with a personalized checklist detailing training and certification they'll need to acquire to successfully complete their PCS orders. The breifings are held 8 a.m. Tuesday for stateside moves and 8 a.m. Thursday for overseas moves.

Airmen receive a checklist of necessary actions to out-process them from the base and when they are completed, they are scheduled for a second meeting to finalize their orders.

This process might seem simple on paper, but Hernandez cautions Airmen – especially those going overseas - to take

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JBSA defenders pay tribute to fallen colleagues at Police Week ceremony

By David DeKunder
JBSA-Randolph Public Affairs

In recognition of National Police Week, Joint Base San Antonio security forces squadrons remembered colleagues and law enforcement officers killed in the line of duty at a ceremony May 17 at JBSA-Randolph Heritage Park.

The ceremony held on JBSA Police Awareness Day was hosted by the 902nd Security Forces Squadron at JBSA-Randolph and included members from the 343rd Training Squadron and 802nd Security Forces Squadron, both from JBSA-Lackland.

Senior Airman Timothy Hobson, 902nd SFS acting police services NCO in charge and co-coordinator for JBSA Police Awareness Day, said the ceremony was a remembrance to those law enforcement officers who have died in the line of duty while also recognizing the contributions of JBSA security forces squadrons and area law enforcement departments.

The ceremony included introductory remarks from Maj. Julia Jefferson, 902nd SFS commander; William Pue city of Live Oak Assistant Police Chief; and Chief Master Sgt. Mark Hammack, 343rd TRS Security Forces Academy chief enlisted manager.

Jefferson said a proclamation that President John F. Kennedy signed in 1962 designated May 15 as Peace Officers Memorial Day and the week in which that date falls as National Police Week.

"National Police Week pays special recognition to those law enforcement officers who have lost their lives in the line of duty for the safety and protection of others," Jefferson said. "National Police Week is a collaborative effort of many organizations across the nation dedicated to honoring America's law enforcement community throughout the week."

Pue said 133 police officers died in the line of duty in 2015 and 35 so far this year. Since 1791, Pue said

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Photo by Staff Sgt. Marissa Garner
Security forces Airmen from the 343rd Training Squadron ceremonially fold the flag during the 2016 Joint Base San Antonio Police Week Retreat Ceremony May 20 at the Air Force Security Forces Museum Annex at Joint Base San Antonio-Lackland.

Court-martial, crimes and punishments at Joint Base San Antonio

The Joint Base San Antonio Judge Advocate General completed two Air Force courts-martial during the month of April 2016. The results of a court-martial are not final until the clemency and/or appeals process is completed.

Airman 1st Class Mary F. Davis from the 344th Training Squadron at JBSA-Lackland was tried by a summary court-martial consisting of a summary court-martial officer (acting as a judge) April 21 at JBSA-Lackland. Davis pled and was found guilty of one specification of damaging government property in violation of Article 108 of the Uniform Code of Military Justice; one specification of assault in violation of Article 128, UCMJ; and one specification of drunk and disorderly conduct, in violation of Article 134, UCMJ. The summary court martial officer sentenced Davis to confinement for 10 days, restriction to JBSA-Lackland for 40 days, forfeiture of $1,044 pay for one month and reduction to Airman Basic.

Airman Basic Christian I. Hooker from the 342nd TRS at JBSA-Lackland was tried by a summary court-martial consisting of officer members March 25 at JBSA-Lackland. Hooker pled and was found guilty of one specification of wrongful use of cocaine in violation of Article 112a, UCMJ. The members sentenced Hooker to six months confinement, forfeiture of $1,044 pay per month for six months and a reprimand.

After sentencing, members can request clemency. In some cases, this can change the outcome of their case and/or sentence to something less severe. Acquittals are final results. All courts-martial are open to the public. The U.S. Air Force Public Docket website is available at http://www.afjag.af.mil/docket/index.asp.

During April 2016, JBSA commanders administered 16 nonjudicial punishment actions under Article 15 of the UCMJ.

The punishments imposed reflect the commander's determination of an appropriate punishment after considering the circumstances of the offense and the offender's record.

A suspended punishment does not take effect unless the offender engages in additional misconduct or fails to satisfy the conditions of the suspension. The suspension period usually lasts for six months unless a lesser amount is specified. Administrative discharge may also be an option for commanders after the conclusion of an Article 15, depending on the circumstances.

The following are some of the nonjudicial actions that closed out in April:

Failure to go – A staff sergeant failed to report to work at his appointed time on several occasions. The member received a reduction in grade to senior airman, suspended forfeiture of $1,241 pay per month for two months and a reprimand.

Dereliction of duty: willful, misuse of government travel card and false official statement – A senior airman willfully failed to limit the use of their government travel card to authorized official travel. Additionally, the airman made a false official statement regarding the use of her government travel card. The member received a six month suspended reduction to airman first class, forfeitures of $1,041 pay and a reprimand.

Failure to go and false official statement x 4 – A senior airman failed to report to work on several occasions. She explained these absences with lies about being diagnosed with oral cancer and having surgery to remove cysts. The member received a reduction in grade to airman, suspended forfeitures of $878 pay per month for two months and a reprimand.

Misbehavior of a sentinel – An airman first class abandoned his post while on duty. Punishment consisted of a reduction to the grade of Airman, 10 days extra duty and a reprimand.

Provoking speech – An Airman in technical training, continuously provoked another Airmen to hit her, which resulted in a physical altercation. The member received forfeitures of $724 pay per month for two months, 30 days restriction and a reprimand.

Absent without leave and dereliction of duty: willful – An airman first class in technical training failed to report for several days upon returning from another base. He also traveled excessively within a 24-hour period, contrary to his travel itinerary. The member received a suspended reduction in grade to airman, forfeiture of $184 and a reprimand.

Dereliction of duty: willful – An airman distributed highlighted, testable material to another student. The member received suspended forfeiture of $409 pay, seven days restriction, seven days extra duty and a reprimand.

Underage drinking and dereliction of duty: willful – An airman basic in technical training unlawfully possessed and consumed alcohol while under the age of 21. The member received forfeiture of $783 pay per month for two months, 30 days restriction and a reprimand.

Underage drinking – An airman first class in technical training unlawfully possessed and consumed alcohol while under the age of 21. The member received a reduction to airman, suspended forfeiture of $878 pay, 30 days extra duty and a reprimand.

(Source: 502nd Air Base Wing Legal Office)

Band of the West plans musical journey for Memorial Day concert

By Staff Sgt. Marissa Garner
JBSA-Lackland Public Affairs

The United States Air Force Band of the West will honor fallen Armed Forces members with a free Memorial Day concert titled, "Freedom Isn't Free, a Patriots Journey," 7 p.m. Friday at San Antonio's Majestic Theater.

With a goal of honoring the service and ultimate sacrifice of those who servied in the Armed Forces, the band plans to take attendees on a musical journey through the process of joining the military and the challenges faced by both the serving member and the family, said Master Sgt. John Rider, Band of the West NCO in charge of the concert band.

"For our Memorial day concert, we're telling a story," said Rider, tuba player who has played in various Air Force Bands since 1992. "What we're trying to walk the audience through musically is the journey as a young person joining the military and how they became inspired to join. What we want to happen is for the audience to relate to this character and have them reflect on their own service."

As the NCO in charge, Rider is responsible for ensuring events such as this concert, as well as other performances for the career band go off without a hitch. For this concert, he ensured the music and logistics were coordinated in a way that paid homage to both fallen, former and currently serving service members, he said.

"We began planning this concert about four months ago," Rider said. "We practice for a total of about 20 hours together. Then on the day of the event, we're at the venue, about nine hours before show time, ensuring that when the audience shows up they receive a fantastic show."

The first half of the concert will feature music selected to help audience members reconnect with feelings they had before joining the Armed Forces, or being involved with the military in some capacity. The program will then progress into a more serious tone, Rader said.

"The second half is deeper," he elaborated. "The fictional character has decided to join the military and begins to experience the sacrifices of his service made by both he and his family. We hope that in some way, the attendees can feel and relate to this character."

"This journey is a lot more personal," agreed Tech. Sgt. Miles Hudlow, Band of the West saxophone player. "We like to touch the hearts and minds of people and this program runs straight to the heart."

"It's designed to do that," Rider added. "It's a day of reflection to remember what made you come in and serve. It's different for everybody.

The concert is free and open to all, but tickets are highly encouraged. Tickets are available at the Joint Base San Antonio Information, Tickets and Travel offices; the Majestic Theater box office; located at 224 E Houston St. in San Antonio, or online at https://www.eventbrite.com/e/freedom-isnt-free-a-patriots-journey-tickets-25008686655?aff=es2.

Photos by Senior Airman Lynsie Nichols

Airman 1st Class Alycia Cancel (left), Air Force Band of the West Top Flight vocalist, and Staff Sgt. Henry Roberson III (right), Top Flight bass player, sing a duet for students at the 76th Annual School Safety Patrol Rally May 17 at San Antonio's Alamo Dome. The event, which the San Antonio Police Department and the Kiwanis Club of San Antonio sponsored, recognizes school safety patrols for their volunteer work.

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records indicate more than 22,400 officers have lost their lives while serving.

Law enforcement officers who perished knew they were putting themselves in danger but proceeded to do their duty anyway, Pue said.

"These are the heroes, knowing that danger, who unselfishly put themselves in harm's way to protect others," Pue said. "We experience these acts of heroism by our military and civilian law enforcement every day. They keep our nation safe here and abroad."

Hammack said security forces members and law enforcement officers work with each other through mutual strength and shared resources. He said those same things can help both military and civilian law enforcement officers get through both the visible and invisible scars – physical and psychological – they carry from their jobs.

"This awareness, a concerted effort to balance resiliency continuously is the key to remaining focused and alert – to survive," Hammack said. "Thank you for honoring those with visible and maybe invisible scars, whether it's physically, psychologically or emotionally. We are proud of what you do – stay strong."

Samantha Ponton-McAfee, 902nd SFS entry controller, said she was touched by the remarks given at the ceremony.

"It reminds you . . . it's not just a job, it's a passion for people," Ponton-McAfee said. "These aren't people who are just going from a 9-to-5 job. These are people who are sacrificing their lives, livings and family for something greater than themselves."

Tech. Sgt. Seth Stockwell, 343rd TRS instructor supervisor for the Security Forces Officer Course at JBSA-Lackland, wore a bracelet at the ceremony in memory of Airman 1st Class Kcey Ruiz, an Air Force security forces member who died in a C-130 aircraft crash in October 2015 in Jalalabad, Afghanistan. Stockwell was Ruiz's instructor in technical school.

"It's very humbling knowing I pushed her through school," Stockwell said. "I gave her all of the training she needed to be a successful security forces member."

Other activities at the ceremony included a K-9 demonstration put on by members of the 902nd SFS military working dog section and a vehicle and weapons display. After the ceremony, JBSA security forces members enjoyed food and the squadrons played against each other in a flag football game.

BMT HONORS

Congratulations to the following 72 Airmen for being selected as honor graduates among the 722 Air Force basic military trainees who graduate today:

321st Training Squadron

–Flight 383
Jared Clower
Sean Furlong
Devan Gordon
Reed Mcclure
Kyle Thompson

–Flight 384
Johnnie Barnhart
Mackinley Eckert
Kyle Greyshock
Wayne Kline
David Nocera
Brandon Quilici
Ian Reich
Avrahm Thorne

–Flight 385
Taylor Clark
Hernando Ortega III
Dallin Richardson
Christopher Sampract
Samuel Sanchez
Elrik Sawall
Sean Xayavong

–Flight 386
Jessica Moon
Ashley Putzier
Jessica Ramos

322nd Training Squadron

–Flight 376
Bakhtyar Alam
Tyler Charlton
Patrick Lacy
James Paul
Dennis Pilgrim

–Flight 377
Nicholas Cotton
Matthew Davidson
Ian Fox
Bendino Galderio
Andrew Hall
David James
James Jenkins
Matthew Pomales
Kenneth Sallet
James Schirmer

–Flight 378
Sabrina Greer
Samantha Sanders

323rd Training Squadron

–Flight 379
Michael Evans
Joseph Sablan

–Flight 380
Derek Witt

–Flight 381
Jon Antes
Gavin Gordon
Michael Lytkowski

–Flight 382
Jessica Ankeny
Erica Dean
Kristen Heller
Rachael Sides
Rebecca Simpson
Fairalee Smith

331st Training Squadron

–Flight 371
Luke Collins
Allan Leone
Kyle McGaffick
Nicholas Scoggins
Travis White

–Flight 372
Chance Huxtable
Trevor Jenkins
Brian Roscover
Adam Sigrist

–Flight 373
Kelvin Coleman
Bradley Fenton
William Harris
Clint Hazlett
Brian Kim
Connor O'Connell-Keleghan
Derek Pyles
Alec Trevino

–Flight 374
Keila Auriene
Lashanda Luckey
Brieanne Smith

Top BMT Airman
Matthew Pomales
322nd TRS, Flight 377

Most Physically Fit

–Female Airmen
Janique Camp
322nd TRS, Flight 378
Jasmine Smalls
323rd TRS, Flight 382
Samantha Sanders
322nd TRS, Flight 378
Makayla Anderson
322nd TRS, Flight 378

–Male Airmen
Brian Daft
322nd TRS, Flight 375
Brian Roscover
331st TRS, Flight 372
Justice Graham
323rd TRS, Flight 381
Caleb Bedrosian
323rd TRS, Flight 379

–Female Flights
323rd TRS, Flight 382
322nd TRS, Flight 378
321st TRS, Flight 386
331st TRS, Flight 374

–Male Flights
323rd TRS, Flight 381
322nd TRS, Flight 377
322nd TRS, Flight 376
331st TRS, Flight 372
331st TRS, Flight 371
323rd TRS, Flight 379
322nd TRS, Flight 375
321st TRS, Flight 384
323rd TRS, Flight 380
321st TRS, Flight 383
321st TRS, Flight 385
331st TRS, Flight 373

Top Academic Flights
321st TRS, Flight 385
331st TRS, Flight 373
322nd TRS, Flight 377
331st TRS, Flight 374
323rd TRS, Flight 380
323rd TRS, Flight 379
323rd TRS, Flight 381
331st TRS, Flight 371
323rd TRS, Flight 382
321st TRS, Flight 384
331st TRS, Flight 372
322nd TRS, Flight 378
322nd TRS, Flight 376
321st TRS, Flight 383
322nd TRS, Flight 375
321st TRS, Flight 386

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a proactive approach in meeting these requirements. While most stateside transfers are relatively straightforward, overseas requirements can present challenges. Service members can expect additional tasks such as training for things like weapons certification, or completing medical clearances for dependents traveling abroad.

These overseas standards, even in the last few years, have become even more stringent, Hernandez noted.

"The threat overseas has increased," he explained. "Initially, we had a 'minimal' number of high and medium-threat bases overseas, but, the number of these bases has tripled over the past year alone."

With all these hoops to jump through, Airmen can expect the entire process to take about two months, Hernandez said.

The outbound assignments team recommends members turn in the necessary documents at the earliest possible date after notification of assignment. For example, a service member has an assignment with a report date of March 31, 2017, and sets the projected departure date for March 1, 2017. That person should then turn-in all required documents at least 10 calendar days prior to Jan. 1, 2017, to afford ample time to process orders within the aforementioned 60-day timeline Hernandez said.

"The importance of what we do is huge, even though it's kind of behind-the-scenes paperwork," Hernandez noted. "Without this office, the Air Force wouldn't be able to fill the manning requirements for each of its installations."

59th Medical Wing expands medicine disposal program to JBSA-Lackland

By Capt. Ave Fields
59th Diagnostics and Therapeutics Squadron

The 59th Medical Wing is expanding its medicine disposal program, a patient safety initiative allowing beneficiaries to drop off unused medications year round, to Joint Base San Antonio-Lackland.

Thanks to a recent change in Drug Enforcement Administration regulations, patients can drop off expired, unused, or unwanted medications at secure medication collection points at the JBSA-Lackland Satellite Pharmacy, the Reid Clinic Pharmacy, and at the Wilford Hall Ambulatory Surgical Center Pharmacy lobby area. Blue steel bins called MedSafe cabinets secure the unwanted medications.

"Before this new regulation, no pharmacy could legally accept any dispensed prescriptions. The MedSafe cabinet is much more convenient for our patients," said Lt. Col. Rodney Jorstad, pharmacy flight commander.

Medications play a critical role in health care. When those medications are no longer needed, it is important to properly dispose of them to reduce accidental exposure, intentional misuse, or harm to the environment. Unused medications in homes create a public health and safety concern because they are highly susceptible to accidental ingestion, theft, misuse and abuse, according to the DEA.

In the past, patients who brought expired, unused or unwanted medications to dispose of to the pharmacy were turned away or had to wait for the bi-annual DEA-sponsored Drug Take Back Day.

Patients can deposit unused medication, without containers, in the MedSafe, using a plastic bag provided next to the cabinet. Liquid bottles must be four ounces or less and sealed in a plastic bag. The bins are not for sharps, syringes or inhalers.

See DISPOSAL Page 20

LOCAL BRIEFS

FRIDAY

POOLS OPENS

The Warhawk Fitness Center Pool opens for the summer from 4-7 p.m. The daily pool pass is $3 for adults or $2 for children 10 years old and younger. A season pass is $35 for technical training students, $45 for civilians and all other sevice members, $85 for a family of three, with the option to add additional members at $10 each and $50 for a family of three for members E-1 thru E-4.

Daily swimming fee and seasonal pool passes are required for recreational swimming.

Family season passes are limited to sponsors and their dependents. Season pool passes are available for purchase at the Skylark Aquatics Center, building 6482.

For additional information, call 671-3780.

SATURDAY

FLEA MARKET

Find bargains and treasures 8 a.m. to noon at the Skylark Community Center quarterly Flea Market at the Warhawk Fitness Center parking lot.

Shoppers can enjoy browsing, music and food. Vendors can rent spaces for $10 and tables for $5 each.

For additional information, call 671-3191.

TUESDAY

WOUNDED WARRIOR BENEFITS INFORMATION FAIR

Wounded warriors and caregivers are invited to a Wounded Warrior Benefits Information Fair 9 a.m. to 1:30 p.m., Arnold Hall Community Center. They will meet with representatives from the Military & Family Readiness Center, American GI forum, Operation Homefront, Veterans Affairs, Better Business Bureau and Solider & Family Assistance Center. Attendees will learn about available services, Social Security Disability Insurance and more. To register or for more information, call 671-3722.

WEDNESDAY

BUILDING A HEALTHY MARRIAGE

Patrons will review what it takes to build a healthy marriage and develop communication skills, conflict resolution strategies and personal boundaries.

The course will be held 1-2:30 p.m. at the Military & Family Readiness Center, building 1240. To register, call 671-3722.

JUNE 3

SCHOOL IS OUT FOR SUMMER

Pre-teens, ages 9-12, are invited to a free afternoon with snow cones, games and fun to celebrate the end of school 3-5 p.m. at the Youth Center. Youth Program members with current cards will receive a prize.

For additional information, call 671-2388.

JUNE 4

KARAOKE NIGHT

Sing or just enjoy the entertainment and a frosty beverage in the Gateway Club's Lone Star Lounge featuring DJ Dee Dee. Karaoke night is 8 p.m. to midnight June 4 and 18.

For additional information, call 645-7034.

JUNE 6

YOUTH GOLF CLINICS

Youths ages 8-18 are invited to learn the game of golf in one of two sessions offered at the Gateway Hills Golf Course.

The two sessions are June 20-24 at 8:30-9:30 a.m. and 10-11 a.m. Each session has four days of instruction and one day of play with lunch.

The classes cover golf basics, grip, stance, swing, chipping and putting. Classes are $150 per person.

Deadline to sign up is June 6. Each session is limited to 12 golfers.

For additional information and to sign up, call 671-3466.

JUNE 8

CAR BUYING

Purchasing a car can be a stressful experience. Learn the ins and outs of car buying and review financing and predatory lending.

The Air Force Federal Credit Union is facilitating this workshop, which will be held 11:30 a.m. to 12:30 p.m. at the Wilford Hall Ambulatory Surgical Center Annex, building 4600.

JUNE 18

PARENTS' NIGHT OUT

Youth Programs offer the "Give Parents a Break/Parents" Night Out program 1-5 p.m. Kids, ages 5 (in kindergarten) to 12 years old, will be provided snacks and entertained with activities and games. The cost is $25 per child with a multiple-child discount or free with "Give Parents a Break" referral.

For additional information, call 671-2388.

JUNE 28

TRAVELING LEGO MAKERSPACES

MakerSpaces allows students to collaboratively and creatively extend their learning by putting their imagination to the test with Legos, robots and circuits 4 p.m. at the Joint Base San Antonio-Lackland Library. Admission is free, reservations are not required.

Visit http://www.jbsalibraries.org for more information.

HIRING FAIR

All Department of Defense ID cardholders are welcome to attend a hiring fair 9 a.m. to 1 p.m. at Arnold Hall.

This is an opportunity to meet with prospective employers actively looking to fill open positions. Patrons should bring copies of their resume and dress to impress.

To register, call 671-7322.

CHAPEL SERVICES

—PROTESTANT WORSHIP SERVICES

Freedom Chapel – Building 1528

Contemporary Service	Sun.	9:30 a.m.
Religious Education	Sun.	11:00 a.m.
Gospel Service	Sun.	12:30 p.m.
Youth Ministry	Mon.	6:00 p.m.

—LITURGICAL SERVICE

Airman Memorial Chapel – Building 5432

	Sun.	9:45 a.m
Religious Education	Sun.	10:45 a.m.

—CHURCH OF CHRIST

New BMT Reception Center – Building 6300

Sun. 7:30 a.m. (Rm. 175)

—SEVENTH-DAY ADVENTIST

Gateway Chapel – Building 6300

Sat. 12:30 p.m.

—CHRISTIAN SCIENCE

New BMT Reception Center – Building 6300

Sun. 7:30 a.m. (Rm. 113)

—ORTHODOX CHRISTIAN

Airmen Memorial Chapel – Building 5432

Sun. 8:00 a.m.

—PENTECOSTAL

Religious Education Building 6300

Sun. 8:00 & 9:30 a.m. (Rm. 112)

—WICCA

New BMT Reception Center – Building 6330

Sun. 9:00 – 11:00 a.m. (Auditorium)

Freedom Chapel – Building 1528

Wicca Open Circle 1st Tues. 6 – 7 p.m.

—REFUGE STUDENT CENTER

Building 9122 (Tech Training & TDY Students)

Wednesday	6 – 8 p.m.
Thursday	6 – 8 p.m.
Friday	6 – 11 p.m.
Saturday	12 – 9 p.m.
Sunday	11 – 5 p.m.

—JEWISH

Airmen Memorial Chapel – Building 5432

Sabbath & Kiddush	Fri.	4:30 p.m.
Religious Education	Sun.	1:30 p.m.

—ROMAN CATHOLIC

Freedom Chapel – Building 1528

Religious Education	Sun.	9:00 a.m.
Adult Religious Education	Sun.	9:15 – 10:15 a.m.
Mass Sat. 5:00 p.m.	Sun.	11:00 a.m.
Youth Ministry	Sun.	4:00 p.m.
Reconciliation	Sat.	4:00 – 4:45 p.m.

Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

Global Ministry Center – Building 7452

Jumu'ah Prayer Fri. 1:30 p.m. – 2:30 p.m.

—BUDDHIST

New BMT Reception Center – Building 6330

Sun. 10:45 a.m. (Rm. 175)

—ECKANKAR

Gateway Chapel – Building 6300

1st, 3rd, and 5th Saturdays 12:30 p.m.

—BAHA'I

Gateway Chapel – Building 6300

1st, 3rd, and 5th Sun. 11:00 a.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Gateway Chapel – Building 6300

Religious Education	Tues.	6:30 p.m.
LDS Institute	Thurs.	6:30 p.m.
LDS Service	Sun.	1:00 p.m.

—LUTHERAN CHURCH MISSOURI SYNOD

Gateway Chapel Building 6300

Every third Sun. 3:30 p.m.

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911

JBSA-LACKLAND KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.mil
My Air Force Life	http://www.MyAirForceLife.com

DIAMOND SHARP

Staff Sgt. Paul G. Jones

Unit: *66th Training Squadron Detachment 3*
Duty title: NCO in charge of administration
Time in service: 8 years
Hometown: Atlanta, Ga.

"At Detachment 3, a geographically-separated Survival, Evasion, Resistance and Escape unit, Staff Sgt. Paul Jones is the expert for all things administrative. He has been instrumental in ensuring all of the computer technology equipment was refreshed and replaced as required as well as leading 10 students in gathering and dispositioning of the equipment appropriately. Furthermore, Jones mastered Enlisted Evaluation System and Virtual Personnel Center actions flawlessly regard to ensure all unit personnel's performance reports were submitted in a timely manner. He accomplished this while performing security checks and preparing billeting/shuttle services for more than 400 members on temporary duty to the sole level B SERE training in the Department of Defense during the last month."

– Master Sgt. Nicholas T. Wentworth
Detachment 3, 66th Training Squadron Additional Duty First Sergeant

Airman 1st Class Francisco Melendez-Espinosa

Unit: *3rd Combat Camera Squadron*
Duty title: Combat broadcast journalist
Time in service: 11 Months
Hometown: Guaynabo, Puerto Rico

"Airmen 1st Class Francisco Melendez-Espinosa distinguished himself during Exercise Scorpion Lens at McCrady Training Center at Fort Jackson, S.C. The nine-day course merged weapons and tactics training with combat camera job qualification training. Melendez-Espinosa achieved professional as well as personal goals by conquering small-squad tactics training and completing the confidence course. The joint Air Force and Army exercise included 82 personnel, five units and 117 hours of tactics and documentation training. It helped him grow as a true team player and resulted in him being coined by 1st Combat Camera Squadron commander for his efforts. Lastly, Melendez-Espinosa was chosen to attend the National Association of Broadcasters annual convention in Las Vegas, where he familiarized himself with some of the broadcasting industries' newest equipment and techniques for future use in the squadron. He is truly a shining example of an Airman and a vital part to the success of the 3rd CTCS."

– Master Sgt. Rico L. Sison
3rd CTCS, Additional Duty First Sergeant

Staff Sgt. Michael Willman

Unit: *343rd Training Squadron*
Duty title: Opposing forces NCO
Time in service: 9 years
Hometown: Columbus, Ohio

"As a 343rd Training Squadron opposing forces NCO, Staff Sgt. Michael Willman provides training simulations that allow U.S. Air Force Security Forces Academy students to train against challenging sparring partners who represent the wide range of possible opponents security forces members face in conflict. His expert skills enable the training that prepares future defenders for real-world combat operations. Willman supports 1,400 security forces Airmen and 260 instructors. Additionally, he supports the training of 208 officers and NCOs in the Combat Leaders Course and Security Forces Officer Course. Furthermore, as the squadron motorcycle safety representative, he has received numerous accolades from the Joint Base San Antonio-Lackland safety office for his program management. Willman was selected as a wing mission briefer, serving as the first impression for not only the Air Force, but the 37th Training Wing and all of its members. He continues to excel as a member of this team and is a true asset to the 343rd TRS."

– Master Sgt. Nathan M. Pigza
343rd Training Squadron First Sergeant

SAN ANTONIO HONORS ARMED FORCES DAY

Photo by Sgt. Maj. Matt Howard

Military members render salutes while civilians hold their hands over their hearts as the U.S. Army North's 323rd Army Band, "Fort Sam's Own," plays the Marines' Hymn during the Armed Forces River Parade May 21 at the San Antonio Riverwalk. To kick start the parade, the band played each services' song along with the National Anthem.

Airmen and Sailors from Joint Base San Antonio cheer as floats pass by during the Armed Forces River Parade May 21 at the San Antonio Riverwalk. The parade is an annual event held in San Antonio to honor service members past and present.

Above and left photos by Johnny Saldivar

The 2016 Fiesta Ambassadors float by during the Armed Forces River Parade May 21 at the San Antonio Riverwalk. Two ambassadors from the Army, Air Force, Navy, Marines Corps and Coast Guard are selected to represent U.S. forces in San Antonio during April's Fiesta and at other community functions throughout the year.

AETC from Page 4

To continue to better serve youth's needs on and off base, the youth center partners with the local YMCA, Boys and Girls Club and 4-H.

4-H is considered United States' largest positive youth development and youth mentoring organization, empowering 6 million young people with programs designed to help them become responsible citizens leading healthy and productive lives, according to their website, http://www.4-h.org.

Lynds calls the partnerships a "win-win."

"Our children get to integrate with those organizations' children and see how they are pursuing their education while they get to see the military children's lifestyle, which includes families moving every two to three years," he said. "Of course, the military children will see how civilian youth grow up in a neighborhood from birth. It's a little bit of a culture change and it's pretty cool."

Lynds encourages Department of Defense families to visit youth centers to understand the positive impact they can have on children.

"We were recognized for a reason," he said. "That reason is the impact we have on the community. They just need to come into one of our centers and see what it is we can do for their families. It will blow their minds."

For more information about JBSA-Lackland Youth Center programs, call 671-2388. Front office hours are 6 a.m. to 6 p.m. Monday through Friday. The youth center is located at 2361 Selfridge Avenue, building 8420.

DISPOSAL from Page 17

Once the MedSafe cabinets are full, the 59th MDW will ship the contents to a DEA-licensed company to handle and properly dispose of medications. The DEA's preferred method of disposal is incineration because it renders the medicine irretrievable. In addition, incineration prevents the medications from entering our water system.

The MedSafe cabinets are accessible at each pharmacy during normal duty hours: Satellite Pharmacy, 8 a.m. to 5 p.m.; Reid Clinic, 7 a.m. to 4:30 p.m.; and the Wilford Hall Pharmacy lobby, 7 a.m. to 5 p.m. A MedSafe cabinet is also available at the Randolph Clinic Pharmacy at JBSA-Randolph, Monday through Friday from 7:30 a.m. to 4:30 p.m.

For additional information, call the 59th MDW pharmacy staff at 292-2218.

One of the best things about **ICE** is that people can let service providers know when they do a great job, not just for poor service.

ICE Interactive Customer Evaluation

It takes five minutes or less to submit a comment at http://ice.disa.mil.

JBSA WORKS UP A SWEAT AT AEROBATHON

Photos by Senior Airman Stormy Archer

Tony Horton, P90X creator and personal trainer, encourages participants during his Horton's Hardcorps 22 workout at Joint Base San Antonio-Randolph's Rambler Fitness Center's Aerobathon May 21. The event included two workouts hosted by Horton, as well as kick boxing, Zumba, cycling, circuit training, yoga and other aerobic sessions led by fitness instructors from all JBSA locations.

Members from around Joint Base San Antonio complete exercises during the JBSA Aerobathon May 21 at JBSA-Randolph.

Lynette Gotay-Cui, Rambler Fitness Center Zumba instructor, leads a Zumba class during the Aerobathon at Joint Base San Antonio-Randolph May 21. The Aerobathon was put on in recognition of May being National Physical Fitness and Sports Month.

Summer is coming: Risk assessment is the key to safety

By Senior Airman Stormy Archer
JBSA-Randolph Public Affairs

With warmer months quickly approaching, Joint Base San Antonio members are reminded to keep risk management a part of their recreational activities.

Fourteen Airmen lost their lives last year to mishaps that occurred during the 101 days between Memorial Day and Labor Day. This year's Summer Safety Campaign, formerly known as the 101 Critical Days of Summer, will focus on safety awareness and risk assessment in order to help save lives.

"The Summer Safety Campaign began more than 30 years ago and continues to this day due to a common rise in mishaps during the summer months," said Travis Kilpack, 502nd Air Base Wing occupational safety manager. "With school out for all ages and with warmer weather we tend to get out of the house more and take more vacations, or go to the beach, boating, etc. Combine these activities with alcohol and you increase the risk."

Courtesy graphic

Many mishaps can be avoided by reducing the amount of alcohol consumed during events and performing regular risk assessments.

"It's not complicated," Kilpack said. "Take the time to analyze the activity and determine the risk. Are you well prepared? Are you in proper athletic shape, do you have the right equipment? Plan accordingly. If you are driving, make a plan for stops and appropriate rest. If you are boating, wear sunscreen, lifejackets and take a boating class."

While everyone is responsible for their own actions, it is the responsibility of every Airman, Soldier, Sailor, Marine and civilian member of JBSA to look out for each other.

"If you see someone who is doing something unsafe, don't be afraid to speak up and stop them," Kilpack said. "Sometimes it's a simple, 'Hey, put your helmet on.' or asking, 'Hey, can I give you a ride home or get you a cab?' Sometimes it takes real courage to stop someone from doing something dangerous, particularly in a group setting, but we should never be afraid to do and say the right thing. Someone's life may depend on it."

Stay tuned to our website at http://www.jbsa.mil and our Facebook page at Lackland-JBSA this summer as a new safety topic is covered every week during our Summer Safety Campaign.