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LACKLAND TALESPINNER

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Final salute for Daysi

Photo by Airman 1st Class Justine Rho

Military members assigned to the 802nd Security Forces Squadron at Joint Base San Antonio-Lackland render a final salute in honor of Military Working Dog Daysi Feb. 27, at the Holland MWD Hospital. Due to an aggressive cancer and an inoperable malignant tumor, MWD Daysi was euthanized that afternoon. As tradition, a police procession is followed by a final salute to MWDs prior to euthanasia. **See story page 7.**

INSIDE | Commentary 2 & 12 | News 3 | Community Briefs 10 | Sports 13

ONLINE | http://www.jbsa.af.mil

Every March, I mustache myself a question

By Capt. Zach Anderson
931st Air Refueling Group Public Affairs

The razor hovered just above my upper lip. The blade was suspended millimeters from my skin. The consequences of my next move would have lasting ramifications for at least the next thirty days. Even at this moment of reckoning, I wasn't sure which path I would choose.

The day had started like any other Monday: Slap the alarm, get dressed, head to the gym, and then on to work. But this morning was different. This was Monday, March 2, the first official work day of "Mustache March 2015."

Today, the typical morning routine of gym, shower and shave was anything but typical. This morning came with the added weight of a decision that had to be made – a decision that was reflected in the mirror, literally staring me in the face as I stood there with razor in hand.

To shave or not to shave? That is the question.

The pull to drop the razor, rinse the shaving cream off my upper lip and "let it grow" was strong. After all, Mustache March is a part of Air Force heritage, the roots of which go back to the legendary facial hair of Brig. Gen. Robin Olds, a triple-ace fighter pilot attributed with shooting down a total of 17 enemy aircraft in World War II and Vietnam.

Wasn't it in some way my duty as an Airman to do my part to pay homage to this tradition?

Besides, I already had a weekend's worth of stubble in place which made for the beginnings of what could possibly evolve into a truly glorious mustache.

Visions of a perfectly waxed handlebar danced in my head as I imagined taking the top prize for the base "Mustache March Madness" competition. (Granted, the handlebar style wouldn't be within Air Force regulations for dress and appearance, which would mean disqualification from the competition, but still, it would look fantastic!)

On the other hand, my track record for growing a mustache, or facial hair of any type for that matter, is less than stellar.

Prior to joining the military, I made a few ill-fated attempts at a goatee, and during a deployment, I even sported a valiant attempt at what turned out to be a miserable excuse for a mustache.

Unfortunately, all my attempts fell well short of the initial goal of growing luscious, full-bodied whiskers. The results were bad enough my wife informed me that, should I return to the United States from my deployment with said mustache on my upper lip, I could find my own ride home from the airport … and I'd be sleeping on the couch until the growth was removed.

Plus, I'm a public affairs officer. What if I'm needed to give a statement to the media or appear on camera for a TV interview? Would I come across as a professional representative for the Air Force with a scraggly bit of peach fuzz resembling a severely malnourished caterpillar adorning my upper lip?

These thoughts coursed through my mind as I stood there, weighing the pros and cons of participating in the yearly tradition against maintaining my usual, freshly-shorn face. After several moments of agonizing, I made my decision. I pressed the razor to my skin and began to shave.

I simply have to face the facts: I'm no Tom Selleck. Even at the ripe old age of 35, I still can't grow what can be even remotely considered a real mustache.

For this reason, I regretfully will not participate in Mustache March 2015. For those of you who can pull off the mustache, I salute you and give my full support to your brave, month-long endeavor.

May your whiskers sprout thick and true and may no inadvertent slip of a razor blemish their growth. A part of me envies your facial hair generation ability. In a way, I feel like I'm missing out on a part of Air Force heritage and tradition. But in another way, I'm quite pleased with my decision to remain clean shaven.

The fact is, I honestly couldn't have taken sleeping on the couch for an entire month, not even for the sake of tradition.

ICE helps people provide feedback on JBSA services

By Amanda Sanchez
JBSA ICE program manager

If you have ever wanted to tell someone what you think about a service that was provided to you on one of Joint Base San Antonio's locations, or if you have ever wanted to make a suggestion you think would improve service, you need to know about the Interactive Customer Evaluation, or ICE, comment card system.

ICE is a web-based tool that collects feedback on services provided by various organizations throughout Department of Defense.

The ICE system allows customers to submit online comment cards to rate the service providers they have encountered at military installations and related facilities around the world. It is designed to improve customer service by allowing managers to monitor their customers' satisfaction levels through reports and customer comments.

Customers who submit an ICE comment, such as a complaint, compliment or a suggestion for improvement, quickly and easily provide important feedback that may play a critical role in making changes to services provided throughout JBSA. Submitting an ICE comment can take less than a minute and can be done from any computer or device with internet access.

When an ICE comment is submitted, an email is instantly sent to the appropriate service provider manager for action. Leaders can then utilize information in

See ICE Page 4

TALESPINNER

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Deadline for story submissions is noon Wednesday the week prior to publication.

News in Brief

ATTENTION ALL PERSONNEL

The 59th Medical Wing Commander regrets to announce the death of Master Sgt. Sheilah Player, assigned to 59th Medical Operations Squadron, Joint Base San Antonio-Lackland, who passed away Feb. 12. To settle the estate of the deceased, Capt. Evan Smith, assigned to 59th Medical Operations Squadron, JBSA-Lackland, has been appointed as summary courts officer. Anyone having a claim for or against the estate of Player should call 292-5647.

502ND AIR BASE WING COMMANDER'S CALLS

March 27: 10 a.m. at the JBSA-Lackland Bob Hope Theater.

March 30: 1 p.m. at the JBSA-Randolph Fleenor Auditorium.

April 3: 10 a.m. at the JBSA-Fort Sam Houston Evans Theater.

TXDOT, JBSA PARTNER ON TRAVEL OPTIONS STUDY

The Texas Department of Transportation and Joint Base San Antonio have partnered on a study of employee commute preferences to better understand regional congestion patterns. The Active Travel Demand Management Travel Options Study is sponsored by TxDOT to promote travel option programs to employers, employees and other stakeholders along the most congested corridors in the San Antonio area. The goal is to describe the benefits, both for employers and employees, of alternative scheduling such as telecommuting, flextime, compressed work weeks, and ridesharing options such as carpooling, vanpooling and using public transportation. The project team will document strategies already in place, and provide recommendations and a framework for the travel options that will work best for employees. The commuter survey portion of this study is a means of understanding individual commute patterns, such as how long it takes and how individuals go about meeting their travel needs on a daily basis. As congestion increases in the San Antonio metro area, the TxDOT and JBSA are interested in learning about what other options you might be interested in. Input from customers is the foundation of the study and will also let us know how we can better support our employees. The survey is anonymous and only takes a few minutes to provide valuable feedback. The survey link is http://tinyurl.com/JBSAcommute. Call 652-3477 or 652-5307.*(Source: 502nd Logistics Readiness Squadron)*

A smooth PCS is all about preparing and planning ahead

By Air Force Staff Sgt. AnnieLiz Navarro
Joint Personal Property Shipping Office

A move cannot begin without orders, but that doesn't mean you can't plan ahead. With the peak personal property moving season of May through August quickly approaching, people are encouraged to start proactively planning their moves.

When first notified of a permanent change of station assignment, immediately visit the Defense Personal Property System website at http://www.Move.mil. It contains a wealth of information covering many relocation topics. The majority of service members can use this site to set-up and manage their personal property shipments.

DPS website topics include personally procured move information, Department of Defense service policies for personal-property moves, a transportation office locator, loss and damage claims filing information and an authorized weight allowance table

As a start, validate your weight allowance using the table in the "It's Your Move" pamphlet at http://www.Move.mil or the "Plan My Move" pamphlet at https://apps.militaryonesource.mil. Service members can find basic entitlement information, shipment estimating tools, as well as "do's and don'ts" info that can prevent people from incurring personal debt due to excess costs.

Once PCS orders are in hand, set up your move online using http://www.Move.mil or immediately contact your installation transportation office. Being proactive will maximize your potential to receive your desired move dates.

If you are retiring, separating or if this is your first move, contact the local installation transportation office to receive one-on-one counseling. A counselor will provide a detailed explanation of entitlements and transportation service providers performance requirements. Listen carefully and ask lots of questions.

The months of May through August are the busiest months for personal property shipments. Prepare early and be as flexible as you can in offering alternate dates for packing/pick-up of your property.

Courtesy photo
With the peak personal property moving season of May through August quickly approaching, people are encouraged to start proactively planning their move.

Additionally, never schedule a pick-up or delivery on the same date you will be vacating or gaining access to your residence. Also, do not schedule two different shipments for pick-up or delivery on the same day. A conflict that causes you to be unavailable during the agreed upon pickup or delivery date can – and will – be billed to you.

Once movement dates are confirmed, the TSP will contact you to conduct a pre-move survey. Make sure you ask for this to occur at least five days prior to your initial pack date. Expect one pack day for every 4,000 pounds of estimated weight.

If you believe you have exceeded your weight allowance, request a reweigh with your TSP prior to accepting delivery of your property.

To ensure your pack and pick-up dates go unhindered, clean residence and furniture, unplug appliances, remove pictures from walls and move items from crawl spaces.

In addition, separate professional gear from the rest of your personal property and ensure the TSP annotates it on your inventory. If documented at time of pick up, professional gear does not count against your authorized weight entitlement.

During packing up and pick up, safeguard passports, luggage, etc., and remove unused or unwanted items lying around the house. Time is money to the TSP and if not segregated, they will pack items you didn't intend to ship.

Claims for personal property loss and/or damage can also be filed via http://www.Move.mil. Military members and DOD employees have 75 days from their property delivery date to initiate a claim. If there are issues settling a claim, contact the service-specific claims office. This information is available at http://www.move.mil/dod/claims_css/dod_claims.cfm.

Remember to file claims directly with the TSP. If an agreement cannot be reached on the monetary value between you and the TSP, or you discover additional damage at a later date, contact your service claims office for mediation or assistance.

For more information, call the Joint Base San Antonio-Fort Sam Houston Transportation Office at 221-1605, the JBSA-Lackland PPPO at 671-2821 or the JBSA-Randolph PPPO at 652-1848/1849.

Courtesy photo
As soon as members get their orders, the Department of Defense's Defense Personal Property System portal website at http://www.Move.mil is a good first stop.

AFMOA's new lean approach

By Tech. Sgt. Rolando A. Guerrero
Air Force Medical Operations Agency

The Air Force Medical Operations Agency took a step toward creating a robust process improvement culture by implementing Lean Management Rounds Feb. 27.

Lean Management Rounds are an extension of the Air Force Problem Solving model and create a vehicle for senior leaders to speak with front-line staff about their challenges. The venue also allows senior leaders to coach lean thinking and assist if additional resources are needed.

"We needed to change the way we approached our problems" stated Brig. Gen. Lee E. Payne, AFMOA commander. "I, too, needed to re-evaluate how I lead and asked my staff to do the same."

The launch was preceded by 16 weeks of planning.

"We knew we needed our senior leaders' buy-in to this different approach," Beth Kohsin, director of transformation said. "During this process, we kept our leadership informed and laid out a plan to educate our staff."

The Office of Transformation's team of Air Force Smart Operations Black Belts began the arduous task of planning and educating 27 different rounding sites.

Additionally, one-on-one coaching sessions were conducted to assist personnel in clarifying the goal and identifying the ways to measure and track that goal.

At the conclusion of the Lean Management Rounds, Payne and his directors met to discuss what they learned and if any additional assistance was needed.

"It was nice to be able to coach our personnel and to see them make the connection ... you could see the light bulbs come on," said Colonel Roseanne Warner, director of Air Force nursing operations.

Armed with this new approach, AFMOA coaches and partners with 75 military treatment facilities worldwide and provides service to facilities that care for military members.

Photo by Tech. Sgt. Rolando A. Guerrero

Brig. Gen. Lee E. Payne, Air Force Medical Operations Agency commander, receives a Lean Management Round briefing from Lt. Col. Megela Campbell Feb. 27 at Joint Base San Antonio-Lackland.

ICE from Page 2

ICE comments to identify what is being done well and should be sustained, and what needs improvement. Comments can even help leaders make decisions to redirect resources to better meet customer needs.

ICE allows customers to submit comments anonymously or to include contact information and request a response.

When a customer provides contact information, they will receive a personalized response to their input, from a manager, within three business days of submitting the comment. Providing contact information with your comment allows leaders to not only provide a response, but to gain more information about comments which may need further explaining.

You can submit an ICE comment by visiting http://ice.disa.mil. Once on the page, select CONUS under Army or Air Force, then JBSA. Service providers can be selected from their service category or by selecting the "Show All" link near the bottom of the page.

If you can't find your service provider, submit a comment to the link titled "Site Suggestions, Questions, Comments" and your comment will be routed to the appropriate service provider.

Submit an ICE comment today and you could be a voice for major change and improved capabilities at JBSA. For questions or more information about ICE, call 221-2543.

Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

- JBSA-Fort Sam Houston: 466-4630
- JBSA-Lackland: 671-6397
- JBSA-Randolph: 652-7469

JBSA Sexual Assault Prevention and Response

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25th AF announces Larson Award winners for 2014

By Wayne Amann
25th Air Force Public Affairs

It's official - 25th Air Force has confirmed its top enlisted performers for 2014.

Sixty operations and support technicians enterprise-wide were notified Feb. 23 they were tabbed as medal winners in the 35th Annual Maj. Gen. Doyle E. Larson Awards competition, recognizing the top technicians in 20 career fields vital to the accomplishment of the intelligence, surveillance and reconnaissance mission.

In the past, it was customary for the winners to gather here for the traditional recognition banquet. However, for a number of reasons outside local control, 25th AF was not able to bring all the medalists to the Alamo City.

The banquet was shelved this year, but not the numbered air force's commitment to recognize its best.

"The lack of a formal ceremony does not diminish, in any way, the importance and significance of these prestigious awards," wrote Maj. Gen. John Shanahan, 25th AF commander in his email announcing the winners to the enterprise.

Photo/illustration by Gloria Vasquez

Maj. Gen. Doyle E. Larson is the 14th commander in the history of 25th Air Force. The awards competition bearing his name is a stringent process in which ISR professionals, airman first class through technical sergeant, demonstrate their technical expertise and academic excellence relating to their job specialties.

Twenty-Fifth Air Force is working with the winners' commanders to ensure the recipients are recognized as fully as possible at their respective units.

More than 8,500 of the best qualified airman first class through technical sergeant technicians in key ISR and mission-enabling jobs, test at the unit level.

Approximately 600 who then test at the numbered air force level vie for a Larson Award.

NAF-level testing is comprised of 75 to 100 knowledge and experience-based questions worth 200 points.

In keeping with the competition's theme, each Larson finalist is awarded a gold, silver or bronze medal for showcasing their job specialty expertise.

Occasionally, repeat winners have a chance to "three-peat," which automatically retires them from further Larson competition.

Meanwhile, the top 10 percent of all competitors, make the awards honor roll. Each receives a certificate of appreciation recognizing their dedication and commitment as ISR professionals.

"This is our most prestigious,

See LARSON Page 7

Final salute in honor of MWD Daysi

Airman 1st Class Justine Rho
502nd Air Base Wing Public Affairs

Military members assigned to the 802nd Security Forces Squadron stand at attention bordering the walkway to the entrance of the Holland Military Working Dog Hospital Feb. 27 at Joint Base San Antonio-Lackland. The sound of distant police sirens anticipates the final salute in honor of MWD Daysi.

Staff Sgt. Paul Olmos, 802nd SFS MWD handler, leads his partner MWD Daysi down the walkway as attending military members render a salute to their comrades.

Since her narcotic detection certification in January 2014, MWD Daysi displayed potential and endurance as she and her handler grew into a solid team.

"Daysi and Olmos were an ideal team pairing," said Tech. Sgt. Kevin Nelson, 802nd SFS kennel master. "Olmos was Daysi's first official handler and she was his first dog. Their relationship is immense because this was their first experience as a MWD team."

The MWD team displayed great potential as they trained for and participated in the annual Texas Toughest Dog competition.

"Daysi became one hell of a runner," Olmos said. "We ran though an obstacle course and up hills for a total of four miles. There were times when she dragged me up those hills. We became stronger together and I'll never forget that."

The bond between handler and dog is created through time and dedication; in turn, displaying the value of MWDs in the security forces career field.

"All of the handlers are here on the weekends training with their dogs," Nelson explained.

"I'm single and I don't have immediate family here, so I'd come on the weekends just to visit her and take her on runs," Olmos said. "I couldn't even tell you how much time we've spent together."

This January, MWD Daysi's certification was canceled when trainers noticed a display of discomfort in her left leg. Initial medical procedures didn't reveal anything significant and physical therapy was prescribed. During a follow-up exam, the growth of a tumor became apparent.

Photo by Benjamin Faske
Staff Sgt. Paul Olmos, military working dog handler assigned to the 802nd Security Forces Squadron at Joint Base San Antonio-Lackland, had been partnered with MWD Daysi since September 2014. MWD Daysi was narcotic detection certified and assigned to the 802nd SFS post her certification in January 2014. Due to an aggressive cancer and an inoperable malignant tumor, MWD Daysi was laid to rest Feb. 27.

Veterinarians informed the unit that MWD Daysi had an aggressive form of cancer and a malignant tumor, explained Nelson. The tumor was pushing on a nerve and causing her pain. Due to the location, doctors were unable to operate, which would cause the cancer to spread to the rest of her body.

"The news of Daysi's declining health hit us hard; this sort of news always does," Nelson said. "Euthanasia of MWDs is a last resort and we try to approach every option available before it comes to that. Most of our dogs get adopted out or continue on with their service in a civilian police department."

On her last day, Feb. 27, those that worked closely with MWD Daysi escorted her to the veterinary clinic. A police procession blared sirens that resonated throughout the base. Military bearings were tested that afternoon.

"These dogs are our brothers and sisters in arms as well," said Nelson.

"Through all the training we've done together and the long 12-14 hour days; it was just me and her," Olmos said. "She's my partner."

Photo by Airman 1st Class Justine Rho
Senior Airman Chelsea LaFever, military working dog handler assigned to the 802nd Security Forces Squadron at Joint Base San Antonio-Lackland, says her final farewell to MWD Daysi.

2015 Total Force Climate Survey slated for March

Air Force Personnel Center Public Affairs

Total Force Airmen will have an opportunity to express their opinions to Air Force leadership during the 2015 Total Force Climate Survey slated for March 13-April 27.

The purpose of the survey is to assess the opinions and perceptions of Air Force active duty, Air National Guard, Air Force Reserve and civilian personnel on a wide range of issues including job satisfaction, available resources and unit performance, said Brenda Gainey, acting Air Force Survey Office chief.

"As with past surveys, unit leaders will have access to their units' results to enable them to improve their organization and the organization's ability to accomplish the mission. Every Airman's input is very important to the process. Leaders need honest feedback from the Air Force's most valuable resource - Airmen," she said.

Since 1999, the Total Force Climate Survey has evolved with the goal of reducing how long it takes to complete the survey while optimizing the amount of information collected. The survey includes the opportunity to comment on how to improve the unit, and the recognition and resources sections have been expanded.

The survey office will send individual email invitations in stages beginning March 13. Aggregated reports by Personnel Accounting Symbol Code will be available to commanders whose units have at least 10 respondents. For units with fewer than 10 participants, responses will be included in the parent unit's report. Results are expected to be available after June, and leaders will be encouraged to brief results to their organization within 30 days.

"Your feedback will directly impact leaders' decisions on issues that affect the Total Force" Gainey said. "That's why it's critical that all Airmen take time to complete the survey."

For more information about the survey and to view the results of the previous survey, go to the Air Force Portal at https://www.my.af.mil, enter "Air Force Survey Office" in the search window, select the survey office link and click on the "Total Force Climate Survey" link in the left hand column.

For more information about Air Force personnel programs go to myPers at https://mypers.af.mil. Individuals who do not have a myPers account can request one at https://www.retirees.af.mil/shared/media/document/AFD-120510-068.pdf.

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LARSON from Page 5

mission-focused award program for the professional technicians executing ISR and cyber missions around the globe every day," Shanahan said. "The winners in every category truly exemplify the Air Force's core value of excellence in all we do."

The Larson Awards program originated in 1979, the year the general assumed command of the United States Air Force Security Service, which later became the Electronic Security Command, both earlier iterations of 25th AF.

Coupling his vision and technical prowess, Larson improved the performance of the organization's global cryptologic mission, setting the foundation for what 25th Air Force is known for today.

The award program began as a way to officially recognize the command's enlisted operations and support technicians. Since then, all eligible units conduct annual preliminary testing, or alternative selection methods, to determine who qualifies for agency-level testing.

The tests are administered in June and July by unit test proctors.

"Join me in congratulating these outstanding Airmen," Shanahan said. "Their technical expertise and professionalism exemplify the most skilled and dedicated among our ranks. What they do each and every day ensures the successful execution of our ISR operations and related missions. Every one of these winners should be proud of this remarkable accomplishment!"

Fitness experts coach MTIs on fitness fundamentals

By Jose T. Garza III
JBSA-Lackland Public Affairs

Photo by Jose T. Garza III

Dr. Mark Cucuzzella (center), the chief medical consultant for the Air Force Marathon at Wright-Patterson Air Force Base, Ohio, demonstrates proper body positioning for running with basic military training leaders and instructors March 12 at the Pfingston Reception Center Auditorium on Joint Base San Antonio-Lackland. Cucuzzella conducted three seminars on basic running and strength fundamentals with BMT leaders and instructors in hopes of reducing injuries in BMT.

A group of fitness experts instructed military training instructors and Reid Clinic providers on basic running and strength fundamentals March 11-13 at Joint Base San Antonio-Lackland.

Lt. Col. Dr. Mark Cucuzzella, the chief medical consultant for the Air Force Marathon at Wright-Patterson Air Force Base, Ohio, led three seminars on building movement and endurance, the importance of interval training, building the aerobic system and strategies to reduce injuries March 11 and 12 at the Pfingston Reception Center Auditorium. He also worked with instructors and leaders on posture, mobility, strength and running form.

Kevin Edgerton, 342nd Training Squadron head strength and conditioning coach, and Shawn Dassie, a University of Incarnate Word instructor and a former strength and conditioning trainer for various NFL, NBA and MLB athletes, also provided strength training tips.

The experts conducted a special outdoor run session with Reid Clinic Services providers March 13.

The objective of the seminar was to impart fitness fundamentals to instructors to pass down to trainees in hopes of reducing the amount of injuries occurring in Air Force Basic Military Training.

"We don't want to break our trainees down," said Dr. Nathaniel Nye, a 559th Training Health Squadron medical doctor with a sports medicine fellowship, who coordinated Cucuzzella's visit here. "We want to build them up and make them stronger and teach them the correct movement patterns. We are training our military training instructors and leaders to provide the best physical training coaching to our trainees day in and day out."

Roughly 35,000 trainees go through BMT each year and 12.5 percent of the 67,000 trainees that went through BMT in 2013-2014 were injured, according to recent epidemiology research founded by Nye. Of the 12.5 percent, 20 percent of them did not graduate.

Nye added that 90 percent of those injuries are lower extremity, attributing it to a variety of factors.

"They (trainees) have poor baseline fitness and are not doing a lot of running at home and they move their body in ways it shouldn't be moved," Nye said.

"Science has proven that people who run with poor mechanics load their joints and tendons in ways that are not designed to be moved, causing abnormal stressors, breaking down their tendons and joints. Vitamin D deficiency, iron deficiency and poor nutrition are also factors. Poor footwear and bad genes can also be a part of it," Nye said.

Cucuzzella has been aware of injuries occurring in BMT for more than a decade.

"A lot of these injuries are self-inflicted, meaning they are happening under supervised duty time," he noted. "We have to step back and ask if there is a better way we can train people without hurting 20 to 40 percent of them in the process."

Training squadron leaders are ready to do their part in trimming injuries and helping trainees improve their fitness.

Lt. Col. Paul Burger, 320th Training Squadron commander, said some trainees don't come from physical backgrounds and immediately struggle with fitness after entering BMT.

"If we can help alleviate injuries by coaching them on better running techniques that they can use past the eight weeks they are here in BMT, that would be great," Burger said. "Helping them have a positive mindset and not focusing on mental errors can hopefully encourage them to improve."

Master Sgt. Leslie Masson, 326th TRS MTI, also wants to encourage positive thinking in the process.

"Sometimes they say they can't do certain exercises and we have to try and turn it around for them to think more positively about their fitness," she explained.

Staff Sgt. Jared Galloway, 323rd TRS MTI, is also on board to assist trainees in improving their fitness and encouraging them to think with a positive mindset.

"I am going to focus on helping trainees with their alignment as far as posture," he noted. "When I see them doing something wrong, I am going to give them tips on how to perform better. If I can teach them the proper way of running while letting them know it is okay to slow down, I think that will be beneficial."

Nye estimated that the Air Force can save an estimated $4 million in medical costs in two years if the amount of injuries occurring in BMT is reduced by 10 percent.

He hopes to coordinate training seminars every six months, and invite Cucuzzella to return to JBSA-Lackland to conduct another seminar.

"BMT is the place we have to start to make an impact," Cucuzzella said. "We have to teach the trainees early instead of treating symptoms (from injuries) later on."

BMT HONORS

Congratulations to the following 105 Airmen for being selected as honor graduates among the 1060 Air Force basic military trainees who graduated today:

320th Training Squadron
–Flight 151
Levi Amell
Jordan Cole
Justin Mcmath
Justin Mosbey
John-Paul Nance
Jacob Repp
Caleb Summers
Dillon Wagner
–Flight 152
Ronald Fedro
Jesse Gellerson
Derek Klaus
Jake Parker
Derek Preese
Johnny Vang
Drevin Williams
–Flight 159
Jeffrey Huebner
Andrew Malcolm
–Flight 160
Benjamin Johnson
Nicholas Voshall
–Flight 163
Tyler Amos
Ian Duffy
Clyde Smith
Ryan Smith
Nicholas Wake
Zachary Wallace
Justin Wilmoth
–Flight 164
Leah House
Lauren Reinhart

321st Training Squadron
–Flight 153
Ian Adams
Thomas Hankins
Dylan Hettinghouse
Austin Hitchens
Miller Charles
–Flight 154
Melissa Auchterlonie
Sierra Basti
Stacey Berrigan
Hilary Hamburger
Molly Rosen
Priscilla Starr
–Flight 161
Bryden Armstrong
Nathan Chandler
–Flight 162
Danielle Clemons
Taylor Graves
Bryana Johnson
Meagan Mackie
Emily Ruecker
–Flight 165
Casey Deen
Tristan Mcdonald
Jonathan Sayers
Matthew Thomas
–Flight 166
Daniel America
Zachary Rausch
Mason Voge
Davi Von
–Flight 170
Thomas Quinlan
Stefan Stephenson-Shipp
Adam Williams

322nd Training Squadron
–Flight 173
Reid Borchardt
John Brazell
Abram Burkhart
Eric Case
Samuel Collier
Andrew Dennis
Christopher Gardner
Winston Hendricks
Austin Jefferson
Stephen Mcclain
Nikalaus Robinson
Beaudean Savina
Tyler Smith
David Western
–Flight 174
Kelsey Boeckman
Kirsten Brandes
Michelle Eliptico
Alves Gonzalez
Madelynn Kilpatrick
Sara Lewis
Katherine Mason

331st Training Squadron
–Flight 155
Kenneth Jessie
Michael Slavens
David Smith
Eric Sowersby
Matthew Strobel
Wilson Tiburtino
–Flight 156
Christian Hackett
Kyle Jones
Timothy Snead
–Flight 157
Corey Barton
Brandon Hoy
Kyle Skitka
Taylor Whetzel
–Flight 158
Lauren Clinton
Kristen Schoeffel
Ashley Washington
–Flight 167
Joshua Anderson
Jeremy Britton
De Paoli Pietro Sproviero
Jordan Lidrazzah
Tyler Lukasiak
Drew Thurau
–Flight 168
Gershom Slonim
–Fight 172
Jacob Garretson
Mason Hulen
Trevor Parish
Andre Spycher

Top BMT Airmen
Mackie Meagan
321st TRS, FLT 162
Mcdonald Tristan
321st TRS, FLT 165

Most Physically Fit
–Female Airmen
Rachel Shetler
331st TRS, Flight 158
Kristen Schoeffel
331st TRS, Flight 158
Melissa Auchterlonie
321st TRS, Flight 154
Cassi Dornon
321st TRS, Flight 162
Sarah Gilbert
320th TRS, Flight 164
Katlynn Schoch
320th TRS, Flight 164
Rachel Jensen
320th TRS, Flight 164
Britney Graves
320th TRS, Flight 164
–Male Airmen
Nicholas Groeper
331st TRS, Flight 155
John-Paul Nance
320th TRS, Flight 151
Ryan Cox
321st TRS, Flight 153
Gustavo Morin
320th TRS, Flight 152
Charles Hayward
321st TRS, Flight 165
Michael Salinardi
331st TRS, Flight 172
Tucker Boyd
320th TRS, Flight 163
Jordan Gilchrist
331st TRS, Flight 171
–Female Flights
321st TRS, Flight 162
321st TRS, Flight 154
331st TRS, Flight 158
320th TRS, Flight 164
–Male Flights
331st TRS, Flight 157
320th TRS, Flight 152
320th TRS, Flight 151
320th TRS, Flight 160
331st TRS, Flight 155
321st TRS, Flight 161
320th TRS, Flight 159
321st TRS, Flight 153
331st TRS, Flight 156
331st TRS, Flight 172
331st TRS, Flight 171
321st TRS, Flight 165
320th TRS, Flight 163
321st TRS, Flight 166

Top Academic Flights
321st TRS, Flight 162
331st TRS, Flight 157
321st TRS, Flight 161
321st TRS, Flight 153
331st TRS, Flight 155
331st TRS, Flight 156
321st TRS, Flight 154
320th TRS, Flight 152
320th TRS, Flight 160
320th TRS, Flight 159
320th TRS, Flight 151
331st TRS, Flight 158
322st TRS, Flight 173
331st TRS, Flight 167
322nd TRS, Flight 174
321st TRS, Flight 166
331st TRS, Flight 168
320th TRS, Flight 163
321st TRS, Flight 170
321st TRS, Flight 165
331st TRS, Flight 172
321st TRS, Flight 169
331st TRS, Flight 171
320th TRS, Flight 164

ICE Interactive Customer Evaluation

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes five minutes or less to submit a comment at http://ice.disa.mil.

Local Briefs

FRIDAY

42ND FREEDOM FLYER REUNION AND 18TH ANNUAL POW/MIA SYMPOSIUM

Joint Base San Antonio-Randolph's 560th Flying Training Squadron will host the 42nd Freedom Flyer Reunion and the 18th Annual Prisoner of War/Missing in Action Symposium.

The following events will take place to honor the 195 Air Force POW throughout the fellow services held during the Vietnam War:

Wreath-laying ceremony and Missing-Man flyby - 12:15 p.m. in Washington Circle

18th Annual POW/MIA Symposium -1:30 p.m. in the Fleenor Auditorium

SATURDAY

COUPLES' RELATIONSHIP ENHANCEMENT WORKSHOP

Learn new ways to communicate and improve relationships from 8 a.m. to 4 p.m. at the Freedom Chapel.

Email lacklandcouples2015@gmail.com to register or call Wilford Hall Mental Health Clinic at 292-7361 for additional information.

WEDNESDAY

FRONTLINE SUPERVISOR COURSE

Class will be held from 1 p.m. to 4 p.m. in room 4A45 (fourth floor) at the Wilford Hall Ambulatory Surgical Center.

This course for new supervisors (NCOs, civilians and officers) provides in-depth training for helping Airmen in distress.

Per AFI 90-505, the training is mandatory for supervisors in Security Forces (3P0X1), Intel (1N0X1), and manned Aircraft Maintenance (2A0X1) and must occur within 90 days of assuming supervisory duties.

Supervisors in any other career field and those who have previously attended but want a refresher can also register.

Register by visiting https://cs3.eis.af.mil/sites/OO-ED-AE-15/default.aspx.

SY 15 MENTOR TRAINING FOR LOCAL SCHOOLS

During this class, participants will find out everything they need to know about being a successful mentor. At completion of this training and requirements, mentors will be placed in a school within the local area. Class will be at building 1249 from 11 a.m. to 1 p.m.

THURSDAY

EFMP-JBSA-LACKLAND WORKSHOP-HEALTHY SLEEPING HABITS, PARENT SUPPORT GROUP

This class is developed to learn possible healthy sleep habits for the whole family to include children with special needs. Class will be held at the CAMP Facility (next door to the Fisher House) from noon to 1:30 p.m.

MARCH 27

PARENTING ORDER LEGAL CLINIC

Class will be from noon to 2 p.m. at the Military & Family Readiness Center (building 693) at Joint Base San Antonio-Randolph.

INFORMATIONAL

DINING FACILITIES PRICE CHANGE

The below rates apply to dining facilities not using the a la carte pricing system: Slagel, Rocco, B5107, B5105, Medical Readiness DFAC and all BMT facilities.

Breakfast = $3.45
Lunch = $5.55
Dinner = $4.85

In addition, Meals-Ready-to-Eat and flight meals are $5.55 each.

For additional information on dining facilities to include hours, contact information and address, visit http://www.jbsa.af.mil/library/diningfacilities.asp

THE LACKLAND GATEWAY THEATER IS OPEN

For upcoming movie dates and times, call the movie line at 671-3985 or view the schedules at https://www.shopmyexchange.com/reel-time-theatres/Lackland-AFB.

THERE IS SOMETHING FISHY AROUND HERE

The San Antonio Aquarium is open and JBSA-Lackland Information, Tickets and Travel has discount tickets. Experience this attraction that has exhibits low enough for children of all ages to reach out and touch stingrays. See a variety of sharks, starfish, reptiles and more. It is an interactive, educational experience for all. Call for additonal information 671-3059.

SEE THE SPURS WORK THEIR MAGIC

Spurs 2015 game tickets are on sale at Joint Base San Antonio ITT offices. Come by the offices to get the tickets without the fees or go to http://www.spurs.com/lacklanditt and use the promo code LACKLAND, http://www.spurs.com/fortsamhoustonitt and use the promo code FORTSAM or http://www.spurs.com/randolphitt and use the promo code RANDOLPH. Call JBSA-Fort Sam Houston at 808-1378, JBSA-Lackland at 671-3059 and JBSA-Randolph at 652-5142.

NEW CLASSES AT FREEDOM CHAPEL

Three new women's studies are being offered at the Freedom Chapel Monday mornings and Wednesday evenings. For childcare reservations or details, email lacklandsistersinchrist@gmail.com.

VANPOOL SEEKS NEW DRIVERS

The vanpool is actively seeking new drivers. Vanpool departs from Randolph Park & Ride at IH-35 and Loop 410 at 5:45 a.m. and drops riders off at Wilford Hall Ambulatory Surgical Center and the Defense Language Institute at JBSA-Lackland.

Contact the vanpool coordinator at mary.hokana@us.af.mil for additional information.

PROFESSIONAL FRAMING AVAILABLE

The Joint Base San Antonio-Lackland Frame Shop professionals are available to assist patrons in making the best selection to frame personal items. Call 652-5142 for more information.

CHAPEL SERVICES

—PROTESTANT WORSHIP SERVICES

Freedom Chapel – Building 1528

Contemporary Service	Sun.	9:30 a.m.
Religious Education	Sun.	11:00 a.m.
Gospel Service	Sun.	12:30 p.m.
Spanish Service	Sun.	3:00 p.m.

LITURGICAL SERVICE
Airman Memorial Chapel – Building 5432
Sun. 8:00 a.m

CHURCH OF CHRIST
New BMT Reception Center – Building 6330
Sun. 7:30 a.m. (Rm. 175)

SEVENTH - DAY ADVENTIST
Gateway Chapel – Building 6300
Sat. 12:30 p.m.

CHRISTIAN SCIENCE
New BMT Reception Center – Building 6330
Sun. 7:30 a.m. (Rm. 112)

—ORTHODOX CHRISTIAN

Airmen Memorial Chapel – Building 5432
Sun. 9:30 a.m.

—WICCA

New BMT Reception Center – Building 6330
Sun. 9:00 – 11:00 (Auditorium)

Freedom Chapel – Building 1528
Wicca Open Circle 1st Tues. 6 – 7 p.m.

—REFUGE STUDENT CENTER

Building 9122 (Tech Training & TDY Students)

Wednesday	6 – 8 p.m.
Thursday	6 – 8 p.m.
Friday	6 – 11 p.m.
Saturday	12 – 9 p.m.
Sunday	11 – 5 p.m.

—JEWISH

Airmen Memorial Chapel – Building 5432

Sabbath & Kiddush	Fri.	4:30 p.m.
Religious Education	Sun.	1:30 p.m.

—ROMAN CATHOLIC

Freedom Chapel – Building 1528

Religious Education	Sun.	9:00 a.m.
Mass Sat. 5:00 p.m.	Sun.	11:00 a.m.
Reconciliation	Sat.	4:oo – 4:45 p.m.
Daily Mass	Mon., Tues. & Thur.	11:30 a.m.

Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

Global Ministry Center – Building 7452
Jumu'ah Prayer Fri. 1:30 p.m. – 2:30 p.m.

—BUDDIST

New BMT Reception Center – Building 6330
Sun. 10 a.m. (Rm. 175)

—ECKANKAR

Gateway Chapel – Building 6300
1st, 3rd, and 5th Saturdays 12:30 p.m.

—BAHA'I

Gateway Chapel – Building 6300
1st, 3rd, and 5th Sun. 11:00 a.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Gateway Chapel – Building 6300

Religious Education	Tues.	6:30 p.m.
LDS Institute	Thurs.	6:30 p.m.
LDS Service	Sun.	1:00 p.m.

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911

JBSA-LACKLAND KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.af.mil
My Air Force Life	http://www.MyAirForceLife.com

IAAFA 72nd ANNIVERSARY 5K RUN

Faculty and students of the Inter-American Air Forces Academy at Joint Base San Antonio-Lackland race though a 5K celebrating the 72nd Anniversary of the academy, March 13. IAAFA was founded March 15, 1943 as the Central and South American Air School at Albrook Field, Panama Canal Zone. The academy was relocated and reopened at JBSA-Lackland Jan. 11, 1993. The anniversary celebrations continued with a cake cutting ceremony following the 5k.

Photos by Airman 1st Class Justine Rho

Col. Monica Partridge (far left), commandant of the Inter-American Air Forces Academy at Joint Base San Antonio-Lackland, and Chief Master Sgt. Benjamin Miranda, IAAFA superintendent, stand with the top finalists of the IAAFA 72nd Anniversary 5K held March 13 at the school grounds. The academy was found March, 15 1943. The anniversary celebrations continued with a cake cutting ceremony.

HOUSTON RODEO ARMED FORCES APPRECIATION NIGHT

Courtesy photo

Tech. Sgt. Josh Keyse, 342nd Training Squadron pararescue indoctrination course instructor and Tech. Sgt. Will Lawson, 342nd TRS battlefield Airman training instructor, rappel the American flag from a height of approximately 270 feet into the Reliant Stadium in Houston, March 4 in support of the Houston Stock Show and Rodeo Armed Forces Appreciation Night.

Financial readiness equals mission readiness

By Ingrid Bruns
Fort George G. Meade, Md

As a long-time military spouse, I have held various jobs – and I know many of you can relate. I served as a military and family life counselor at an Airman and Family Readiness Center and had the privilege of working with fellow military families to create budgets, develop debt-payment plans, manage credit and save toward goals.

I remember one military spouse in particular who came to see me while her Airman was deployed. She "handled the family finances just fine" by doing what the couple had always done (even before the deployment).

She came to see me after hearing about how the readiness center offers free financial counseling at a spouse meeting. She thought she and her husband could be better at paying down debt and saving for a trip to see family when her husband returned. I only met with her twice, but together we developed a plan she knew she could follow and commit to by making minor tweaks to her everyday expenses during the deployment.

I happened to see her again shortly before he came home and she gave me a big hug and shared with me she had managed to save enough for the visit home and pay off some of the credit card debt.

I do hope that she and her Airman were able to stay on track and reach their goals – healthier finances usually means healthier Airmen.

The financial well-being of our military community is a significant readiness issue. Today's complex financial environment and uncertain future demand we have the knowledge to make informed choices about budgeting, saving, credit and debt, the Thrift Savings Program, and many more "fact of life" issues. To further complicate financial readiness plans, our military lifestyle includes frequent relocations and deployments. But our way of life doesn't have to hinder our ability to manage family finances successfully.

There are a wide variety of resources available to help put us on the path to financial freedom. Whether you prefer a classroom setting, an online experience, a multimedia approach, or an individual consultation in person or virtually, there is a solution to help meet your needs.

Military & Family Readiness Centers provide educational opportunities to help you take charge of your finances. There are classes and workshops on specific topics, but you can also meet with a certified financial counselor to get personal assistance with your unique goals.

Emergency financial assistance organizations, such as the Air Force Aid Society can meet immediate financial needs in an emergency situation. The Society provides interest free loans and grants based on the individual situation for needs such as: basic living expenses, emergency travel, vehicle expenses, funeral expenses, medical/dental care, child care/respite care, or moving expenses.

Courtesy graphic

Military OneSource "Money Matters" provides financial calculators, articles, DVDs and CDs to help with topics, such as financial wellness, how-to strategies, sample budgets, mortgages and foreclosures. Financial consultants are available all day, every day to provide up to 12 sessions (per person, per issue) of no-cost, confidential financial counseling with a certified financial professional. Counselors are available online and by phone at 800-342-9647.

Several non-profit organizations, such as The USAA Educational Foundation and the Consumer Federation of America's Military Saves program, provide financial education, resources and programs to service members and their families. These programs aren't about selling you products. They are strictly educational and focus on setting financial goals, managing credit and debt, saving and investing, and risk management.

Financial woes can negatively affect your personal and family well-being and it can critically injure the effectiveness of your mission readiness. These resources are ideally used as a preventive measure rather than a corrective measure, but like the spouse I worked with years ago, you must be proactive in identifying what you need assistance with and seeking it out.

In spite of any perceived stigma, seek out help and take action for your financial security. Use the resources exclusively available to you as a military community to help you make effective financial decisions and improve your financial capability. Always remember that financial readiness is critical to mission readiness.

(The appearance of hyperlinks or inclusion of information for local businesses, activities or resources does not constitute endorsement by the U.S. Air Force or the Defense Department of the external website or the info, products or services contained therein.)

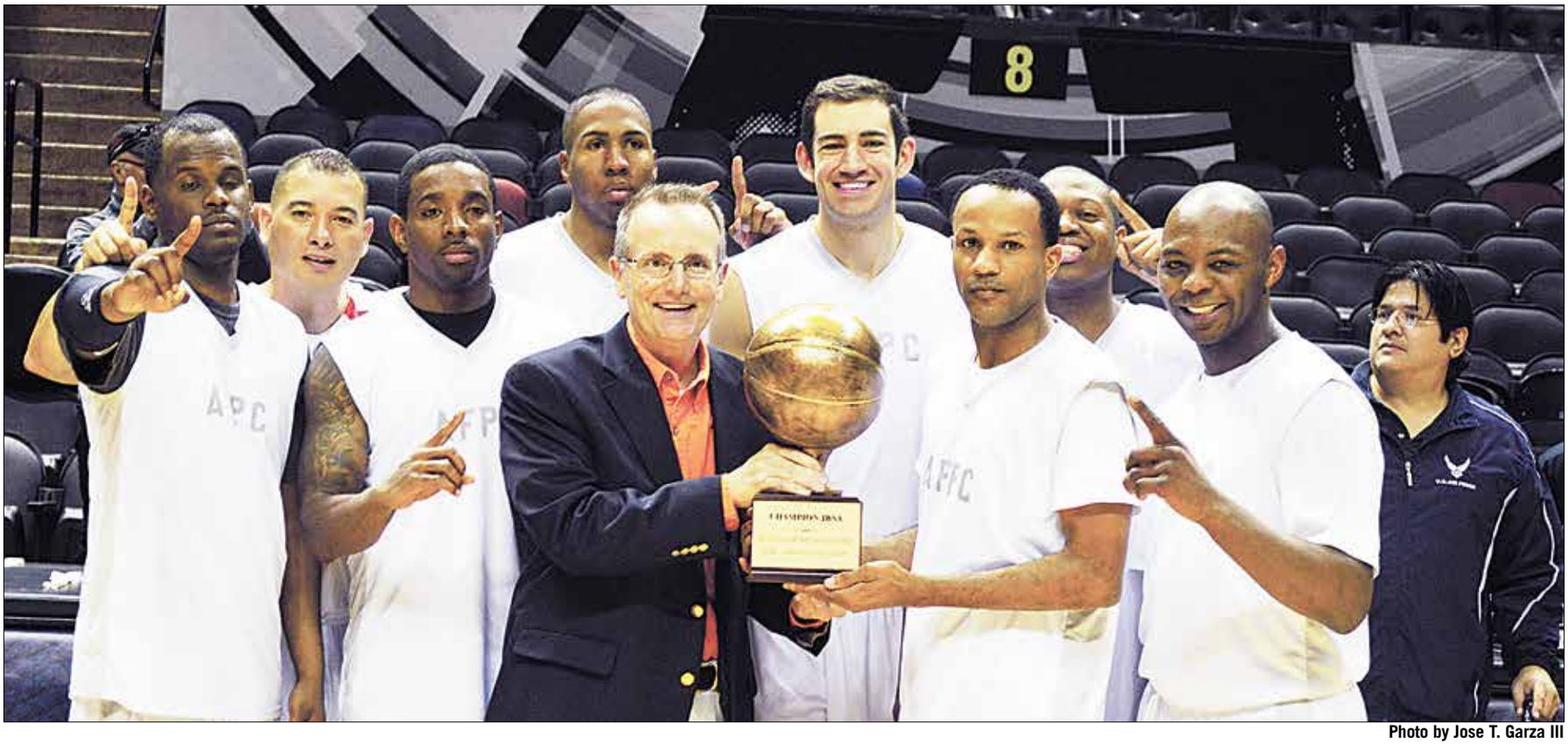

Photo by Jose T. Garza III

Bill Snodgrass (center), Air Force Personnel Center executive director, presents the Joint Base San Antonio Intramural Basketball Championship to the AFPC intramural basketball team March 6 at the AT&T Center. The team defeated the 502nd Force Support Squadron, 59-34, March 6 at the AT&T Center.

AFPC makes history on pro basketball court

By Jose T. Garza III
JBSA-Lackland Public Affairs

The Air Force Personnel Center intramural basketball team from Joint Base San Antonio-Randolph was anxious to make history, and they did.

The team defeated the 502nd Force Support Squadron, 59-34, March 6 at the AT&T Center making them the first to win the JBSA Intramural Basketball Championship on the home court of 2014 NBA Champions San Antonio Spurs and San Antonio Silver Stars.

The game coincided with the Spurs versus Denver Nuggets matchup later in the evening as part of Military Appreciation Day festivities. Due to the Nuggets' prolonged practice session, tip off was delayed 30 minutes.

AFPC exhibited its enthusiasm to make history from the onset with a vast 27-7 run. The team went into halftime with a 28-12 lead.

"We were anxious more than anything because we play basketball daily throughout the season from November to March and we were ready to get it going and claim another championship under our belt," said guard Staff Sgt. Michael Gunter, AFPC knowledge operator. "The feeling of the unknown, and how we were going to perform in front of our peers in a new setting made us anxious."

The FSS deficit would be no smaller than 14 in the second half. A layup from Capt. Carlos Colon, AFPC director of staff, extended the team's lead to 33 - it's largest of the game – at 57-24.

Master Sgt. Jeremy Gilchrist, superintendent of knowledge management, led AFPC with 17 points, and 1st Lt. Willie Whitley, AFPC programming factors team leader, added 11 points.

"We have been playing for three years now," Gunter said. "We know one another really well and know that our team chemistry is going to kick in. We always have confidence in each other. We never get down on any player, and we always build each other up. "We had to continue to attack FSS and not step off the gas pedal."

Producing a dominant performance in the same arena that the Spurs have won two of their five championships was not lost on the team.

"It was amazing to be on the same court that the greatest players in the world play on," said Gunter.

"It's pretty crazy to play at the AT&T Center," added 2nd Lt. Adam Brakeville, AFPC data analyst. "It's awe-inspiring because of the magnitude of this place. To be in the same arena that some of best players in the world have played in is amazing."

The event was coordinated between Ken Hack, Fitness Center at the Medical and Education Training Campus sports and fitness director and a former Spurs employee, and Britni Henderson, Spurs Sports & Entertainment liaison.

Both Hack and Henderson were thrilled to give both teams a different platform to showcase their talents.

"I am happy for the players on both teams and to see their smiling faces," Hack said.

Henderson added, "We definitely wanted the military community to know that we support them all year long and today was a unique opportunity to show them the 'flashy' side of what we have here."