A PUBLICATION OF THE 502nd AIR BASE WING

LACKLAND TALESPINNER

JOINT BASE SAN ANTONIO-LACKLAND, TEXAS • Vol. 72 No. 29 • JULY 24, 2015

BMT Flights Integrate

Photo by Joshua Rodriguez

For the first time in Air Force Basic Military Training, Airmen march in integrated Heritage Flights during the Air Force Basic Training Graduation Parade July 17 at Joint Base San Antonio-Lackland. The Heritage flights, named after enlisted members in Air Force history, are part of a new initiative to completely gender integrate all facets of Air Force Basic Training and instill honor, as well as a deep understanding of the core values and appreciation for Airmen who paved the way for today's Air Force. See pages 10-11 for article and more photos.

INSIDE | News 2 Community Briefs 9 Sports 17 ONLINE | http://www.JBSA.mil

Five social media tips for military leaders with personal accounts

By Capt. Tyler Mitchell
120th Public Affairs Attachment
Indianapolis, Ind.

Five years ago an article like this probably wouldn't exist because so many leaders in the military either didn't understand social media or didn't want to have anything to do with it.

Times are changing.

Facebook alone now has more than 1.44 billion active monthly users, many of which are leaders in the military community.

Leaders are people too. They want to share information and communicate like anyone else. Leadership comes with responsibilities. As a leader, you need to consider what you post onto your personal account.

Here are five tips to help you use social media on your personal time while being employed by the military.

1) Protect your unit's brand

Like it or not, when the civilian community sees your posts, they look at you as someone representing the military. Many Americans know what rank equals in military status. Perhaps you should think twice before you wear your uniform for your next big profile picture.

What you say on the Internet can be used for Uniform Code of Military Justice action if your organization sees fit. If you're going to post comments to open pages, think about the themes and messages your organization wants people to know.

2) Choose friends wisely

Who follows you on social media? What advantage is there to have all of your subordinates able to comment on your posts and see what you think constantly? Separate your business from pleasure while using your personal account.

Before you engage in a conversation online, think about if that conversation would happen in uniform. Doing this will help you protect your subordinates and yourself from awkward conversations the next time you meet in person about irresponsible posts to the Internet.

3) Know the capabilities of what you use

Understand the social media platform you're using. For example, if you post a photo, you need to understand where it can be seen and who can see it. Essentially, you need to go hard or go home.

Be an expert and professional when it comes to communicating online. Take time to educate yourself on the various settings for your chosen social media.

4) Set the example

If your subordinates visited your social media account, what is the perception they would receive? Does your account reflect all of your talk about values and mission accomplishment like the way you talk at meetings? Are you a whiner?

Perception is everything. Many service members and their families look at leaders as role-models.

Think about what example you set for the people that want to someday be in your position. Social media is a great opportunity to inspire people. Use it to your advantage.

5) Tell your people your expectations

It's one thing to set the example but to tell your service members what the expectations are goes even further. Many service members are not told the do's and don'ts of social media.

Many service members are only trained on not violating operation security through social media. They post what they feel and sometimes don't know about the implications.

If you engage service members early in their career and talk about expectations, the less likely you will need to deal with issues in the future.

Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

• JBSA-Fort Sam Houston: 466-4630
• JBSA-Lackland: 671-6397 • JBSA-Randolph: 652-7469

JBSA Sexual Assault Prevention and Response

JBSA SEXUAL ASSAULT HOTLINE • 808-SARC (7272)
DOD SAFE HELPLINE • (877) 995-5247
JBSA CRISIS HOTLINE • 367-1213
JBSA DUTY CHAPLAIN • 365-6420

Connect With Us!

JBSA-LACKLAND ON THE SOCIAL NETWORKING SCENE

Follow us on Twitter at: *http://twitter.com/JBSALackland*

Or just go to our website at: *http://www.jbsa.mil* ***and look for social media.***

Follow us on Facebook at: *Lackland-JBSA*

E-mail us at: *Lackland.jbsa@gmail.com*

TALESPINNER

Joint Base San Antonio-Lackland
Editorial Staff

Brig. Gen. Bob LaBrutta
502nd Air Base Wing/JBSA
Commander

Todd G. White
502nd ABW/JBSA
Public Affairs Chief

Oscar Balladares
502nd ABW
Media Operations Section Chief

Senior Airman Lynsie Nichols
Photojournalist journeyman

Jose T. Garza, III
Sports/Staff Writer

Dorothy Lonas
Page Design/Illustrator

Office
2230 Hughes Ave.
JBSA-Lackland, Texas
78236-5415
(phone) 671-2908
(fax) 671-2022
Email: tale.spinner@us.af.mil

Straight Talk: 671-6397 (NEWS)

For advertising information:
EN Communities
P.O. Box 2171
San Antonio, TX 78297
250-2440

This newspaper is published by EN Communities, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with JBSA-Lackland, Texas. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Talespinner are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, or the Department of the Air Force.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the Department of the Air Force or EN Communities, of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the Public Affairs Office of the 502nd Air Base Wing. All photos, unless otherwise indicated, are U.S. Air Force photos.

Deadline for story submissions is noon Wednesday the week prior to publication.

News in Brief

DWELL TIME, FITNESS EXEMPTIONS FOR NEW AIR FORCE MOTHERS INCREASE TO ONE YEAR

The six month deferment for female Airmen to accomplish their fitness assessments following childbirth has been increased to 12 months to align with recent changes to the deployment deferments, Air Force officials announced July 14.

The deployment deferment policy, as part of the Air Force's 2015 Diversity and Inclusion initiatives, increases the deferment from deployment, short tour or dependent-restricted assignment, and temporary duty to one year, unless waived by the service member.

The one-year deferment applies to female Airmen who gave birth on or after the effective date of March 6 to provide predictability with minimal disruption to Airmen and the deployment process.

As dwell times for deployment, permanent change of station and TDY increase, so too will the exemption from the current fitness assessment for female Airmen following pregnancies lasting 20 weeks or more (delivery, miscarriage, etc.). The service does not anticipate significant mission or readiness impacts associated with extending this action.

AIR FORCE GUIDANCE MEMORANDUMS WILL BE AVAILABLE DETAILING THE CHANGES TO BOTH POLICIES IN THE COMING WEEKS.

The Air Force continues to research opportunities, in conjunction with the Department of Defense, to extend the maternity and convalescent leave period, similar to the recent changes announced by the Secretary of the Navy.

Airmen currently receive six weeks (42 days) of maternity leave, in line with the Department of Defense policy. By direction of the President, federal agencies can advance up to six weeks of paid sick leave to federal employees with a new child.

TRANSFERRING TRICARE PRIME ENROLLMENT

People moving to a new location can transfer their TRICARE Prime enrollment by phone, online or by mail.

The easiest way to transfer a TRICARE Prime enrollment is to call the current regional contractor to begin the process.

For those moving to a new region, the regional contractor will send information to the new regional contractor, who will follow

See NEWS IN BRIEF Page 16

Joint Chiefs of Staff chairman releases National Military Strategy

By Jim Garamone
DOD News, Defense Media Activity

The chairman of the Joint Chiefs of Staff cannot predict exactly where the next threat to the United States and its interests may come from, but he knows it will happen faster than in the past and the U.S. military must be prepared.

The National Military Strategy released July 1 by Army Gen. Martin E. Dempsey provides the blueprint for how the military will use its forces to protect and advance U.S. national and security interests.

"Globalization, diffusion of technology, and demographic shifts are driving rapid change as state actors and transregional networks challenge order and stability," said Dempsey. "This strategy addresses these dynamics and our strategy to ensure that our force remains the best-led, trained and equipped military on the planet."

The National Military Strategy follows the release of the 2015 National Security Strategy in February this year, as well as the 2014 Quadrennial Defense Review.

The strategy recognizes that the application of military power versus traditional state threats is far different than military power against non-state actors. It also posits that the most likely scenario is prolonged campaigns rather than short, intense battles.

The strategy also states that as a "hedge against unpredictability with reduced resources we may have to adjust our global posture."

According to the strategy document, the U.S. military also must be ready to counter "revisionist states" such as Russia that are challenging international norms as well as violent extremist organizations such as the Islamic State of Iraq and the Levant.

"We are working with allies to deter, deny and – when necessary – defeat potential state adversaries," the document says. But at the same time, the U.S. military is building and leading an extensive network to take on ISIL.

Globalization is allowing people and technology to move around the world in a way never seen before, complicating an already complex security situation, according to the strategy. Globalization has positive effects in stimulating trade and making many nations prosperous, but it also can exacerbate social tensions, cause competition for resources and may engender political instability.

Technology speeds everything up. The strategy noted that individuals and groups, today, have more information at their beck and call than governments had in the past.

While the document notes Russia's contributions in some security areas such as counternarcotics and counterterrorism, it also points to that nation's willingness to use force to achieve its goals.

"It also has repeatedly demonstrated that it does not respect the sovereignty of its neighbors," the strategy states. "Russia's military actions are undermining regional security directly and through proxy forces."

Photo by Petty Officer 1st Class Daniel Hinton

Chairman of the Joint Chiefs of Staff Army Gen. Martin E. Dempsey (right) and Defense Secretary Ash Carter brief the press at the Pentagon July 1.

But Russia is not the only country of concern in the strategy document.

Iran's nuclear program worries American allies in the region and beyond, according to the strategy. Iran sponsors terrorist groups in the region and is active in Syria, Iraq, Yemen and Lebanon.

North Korea remains an outlaw state that has developed atomic weapons and is building missiles capable of reaching the United States.

China is in a different class, but could be a threat to the United States, according to the strategy. It is a rising great power and the strategy encourages China "to become a partner for greater international security."

Still, Chinese actions in the South China Sea are worrisome.

It is a complex strategic environment and the U.S. military cannot focus on one threat to the exclusion of all others, according to the strategy.

"The U.S. military must provide a full range of military options for addressing both revisionist states and violent extremist organizations," the strategy says. "Failure to do so will result in greater risk to our nation and the international order."

Identity theft: it can happen to you

By April Grant
Navy Office of the Chief of Information

Identity theft, when a person wrongfully uses your Social Security number or other personally identifiable information to commit fraud, can happen to anyone. But it doesn't have to happen to you.

Taking the proper precautions beforehand can help reduce your chances of being at risk.

Once thieves have your personal information they can drain your bank account, run up charges on your credit cards, open new utility accounts, or get medical treatment on your health insurance.

An identity thief can file a tax refund in your name and get your refund and, in some cases, give your name to the police during an arrest. And the road to recovery can be a long one.

Here are some tips on how to avoid becoming a victim:

• Keep your documents in a safe place at home, and lock your wallet or purse in a safe place at work.

• Limit what you carry with you, when you go out take only the identification, credit and debit cards you need.

• Opt out of prescreened offers of credit and insurance by mail by calling 1-888-567-8688 or go to ouptoutprescreen.com

• Make sure you know who is getting your personal or financial information. Don't give out personal information on the phone, through the mail or over the Internet unless you've initiated the contact or know who you're dealing with.

• Monitor your account statements and immediately report any unusual activity to your financial institution

If you are a victim of identity theft, the time to act is now. Go to http://www.idenitytheft.gov to find out what steps you need to take.

For the latest news and frequently asked questions regarding the Office of Personnel Management data breach, visit https://www.opm.gov/news/releases/2015/07/opm-announces-steps-to-protect-federal-workers-and-others-from-cyber-threats/ and https://www.opm.gov/cybersecurity.

Working group to study implications of transgender service

A Department of Defense working group will study the policy and readiness implications of welcoming transgender persons to serve openly in the military and its work will presume they can do so unless objective and practical impediments are identified, Defense Secretary Ash Carter announced July 13 in Washington, D.C.

In a statement announcing the working group, Carter said that over the last 14 years of conflict, the Defense Department has proven itself to be a learning organization.

"This is true in war, where we have adapted to counterinsurgency, unmanned systems and new battlefield requirements such as mine-resistant, ambush-protected vehicles," Carter said. "It is also true with respect to institutional activities, where we have learned from how we repealed 'Don't Ask, Don't Tell' from our efforts to eliminate sexual assault in the military and from our work to open up ground combat positions to women.

"Throughout this time," he continued, "transgender men and women in uniform have been there with us, even as they often had to serve in silence alongside their fellow comrades in arms."

The Department of Defense's current regulations regarding transgender service members are outdated and are causing uncertainty that distracts commanders from DOD's core missions, the secretary said.

"At a time when our troops have learned from experience that the most important qualification for service members should be whether they're able and willing to do their job, our officers and enlisted personnel are faced with certain rules that tell them the opposite," he added. "Moreover, we have transgender soldiers, sailors, airmen, and Marines – real, patriotic Americans – who I know are being hurt by an outdated, confusing, inconsistent approach that's contrary to our value of service and individual merit."

Carter said he issued two directives today to deal with this matter.

First, DOD will create a working group to study over the next six months the policy and readiness implications of welcoming transgender persons to serve openly. Brad Carson, acting undersecretary of defense for personnel and readiness, will lead the group, which will be composed of military and civilian personnel representing all the military services and the Joint Staff and will report directly to Deputy Defense Secretary Bob Work.

"At my direction," Carter said, "the working group will start with the presumption that transgender persons can serve openly without adverse impact on military effectiveness and readiness, unless and except where objective, practical impediments are identified."

Second, the secretary said, he is directing that decision authority in all administrative discharges for those diagnosed with gender dysphoria or who identify themselves as transgender must be elevated to Carson, who will make determinations on all potential separations.

"As I've said before, we must ensure that everyone who's able and willing to serve has the full and equal opportunity to do so, and we must treat all our people with the dignity and respect they deserve," Carter said. "Going forward, the Department of Defense must and will continue to improve how we do both. Our military's future strength depends on it."

(Source: DOD News, Defense Media Activity)

TRICARE beneficiaries get online chat function

TRICARE beneficiaries may now use a new online chat function through http://www.HumanaMilitary.com.

To chat with a beneficiary service representative, log in to the secure portal, enter your User ID and password (or Department of Defense self-service logon) and click the "Chat Available" image. You will then be asked to select a reason for your contact.

Moments later, a representative will be online to assist you. The hours of operation are 8 a.m. to 6 p.m. Mondays through Friday,

The new chat function enhances your customer service experience by providing a fast and to-the-point interaction with a beneficiary service representative, the flexibility to continue your daily routine and still get the information you need for your health concerns and a simple alternative for beneficiaries with special needs to easily get answers to their health care questions.

(Source: http://www.TRICARE.mil)

New Joint Base San Antonio website

The Joint Base San Antonio website has a new look and includes easier access to family-related resources. Visit the new site at http://www.JBSA.mil.

Airman keeps San Antonio, Laughlin safe

By Tech Sgt. Steven R. Doty
47th Flying Trainin Wing
Public Affairs
Laughlin Air Force Base, Texas

Photo by Tech Sgt. Steven R. Doty

Master Sgt. Christopher Enfinger, an Air Force Reservist assigned to the 47th Security Forces Squadron, works at Laughlin Air Force Base, Texas, as an alternate operations superintendent. When not serving in his reservist capacity, Enfinger is one of 25 officers, detectives and sergeants assigned to the San Antonio Police Department Gang Unit. The unit is responsible for tracking, documenting and monitoring more than 10,000 gang members and over 30 different gangs throughout San Antonio.

Last year in San Antonio, just a couple of hours down the road from Laughlin Air Force Base, more than 1,600 arrests were made. Of those arrests, more than 580 were gang related and more than 200 firearms were taken off the streets. The credit for pushing gangs off of "military city's" streets goes to the San Antonio Police Department Gang Unit – and to one Laughlin Air Force Base Airman.

When not in his Airman battle uniform, Air Force Reserve Master Sgt. Christopher Enfinger, a 47th Security Forces Squadron alternate operations superintendent, serves as a patrol officer assigned to the SAPD Gang Unit with the monumental task of tackling gang-related activity.

"Our team is responsible for locating and documenting gang members and responding to any incidents that have indicators of gang-related activities in a safe and effective manner," Enfinger said. "Additionally, because we have the freedom to move around the entire city, we're available if law enforcement or first responders require additional police presence."

As one of only 25 officers, detectives, and sergeants assigned to track and monitor more than 10,000 gang members and over 30 different gangs in San Antonio, the job is an ongoing emotional and physical challenge for the 15-year Airman.

Nevertheless, he attributes the dedication and commitment he taps into every day to his experiences and training as a security forces combat arms instructor in the Air Force.

"The training we go through in the Air Force, from basic training to technical training, to the way we support and assist each other, makes working in a civilian entity that much easier," he said. "Structure, discipline and leadership, with the addition of supervision, served as added benefits for making the transition into SAPD very comfortable for me and advantageous for my new colleagues."

The SAPD is not the only beneficiary to transitioning skills, in fact, Enfinger also brings a great deal back to the Air Force and his fellow security forces personnel whenever honoring his service commitment.

"I bring the leadership, supervisory and structure roles from the Air Force back to the SAPD, the 'how we do what we do' piece," Enfinger said. "I am able to bring back a great deal of real-world experiences, updated techniques, tactics and procedures, and training methods in areas like 'active shooter,' in real time that they may not otherwise get. It's this kind of service and commitment exchange that truly motivates me."

Service and commitment are not new concepts for Enfinger. He previously served eight years on active duty in the Air Force and then transitioned to the Air Force Reserves. He's also worked for the SAPD for the past five years, and pride is a necessity in this patriot's life.

"The pride is there, just in different ways," Enfinger said. "In one way, I'm responsible for working with a team (the Air Force) who is responsible for protecting on a global scale; and in another, I work with a team (the SAPD) who is responsible for protecting a city. Either way, I serve in a uniform predicated on protecting lives – that's my pride."

In addition to pride, maintaining civil order and discipline in a city that serves as a sort of hub, or focal point, for so many military service members and their families, motivates Enfinger to keep the streets safe.

In particular, many of Enfinger's fellow Airmen from Laughlin Air Force Base routinely travel to San Antonio for weekend retreats, holiday vacations and various other personal and professional occasions. Keeping them safe is a priority he takes to heart.

"The fact that San Antonio has such a large community presence of police, fire and military personnel – It's very important to me that I am a part of what is helping protect my own," he said.

Air Force releases first-term Airman retraining quotas

By Debbie Gildea
Air Force Personnel Center Public Affairs

Eligible first-term enlisted Airmen interested in retraining opportunities can review the fiscal year 2016 online retraining advisory on myPers. Air Force officials approved 1,599 fiscal 2016 first-term Airman retraining quotas in 45 Air Force specialty codes.

Airmen can retrain into a variety of AFSCs, including cyber, intelligence, pararescue, flight engineer, missile and space facilities, and more. Most are open to all eligible Airmen, but some – such as the aerospace medical service, and flight and operational medical technician AFSCs – require prior qualifications, so interested Airmen need to review the requirements on the myPers retraining page.

"The FTA retraining program allows first-term Airmen, including staff sergeants who are in their first enlistment, to retrain in conjunction with a re-enlistment into skills where a shortage exists," said Chief Master Sgt. Bernadette Gregory, the Enlisted Skills Management Branch chief. "This is a great opportunity for first-term Airmen to pursue a different career field while enabling the Air Force to maintain a healthy balance in all enlisted career fields."

When an Airman can apply for retraining depends on the length of enlistment, four or six years, and stateside or overseas location. Airmen should refer to instructions on the myPers retraining page for details.

The online retraining advisory is located on the myPers enlisted retraining home page under the "Tools" section. In addition to the advisory, the section includes an application link with information, application process instructions and links to documents necessary to submit an application.

Once Airmen submit their retraining request, they will get an email within 20 duty days establishing their eligibility for the requested AFSC. Retraining applicants who have not received that message by the 20th duty day can contact the Total Force Service Center via the "contact us" link on myPers. Applicants can also track their training requests on myPers under the "My Account" link.

For more information about Air Force personnel programs go to https://mypers.af.mil. Individuals who do not have a myPers account can request one by following the instructions at http://www.retirees.af.mil/mypers.

Air Force continues to work with DOD, OPM on cybersecurity incident

The Air Force maintains its commitment to protect personal information from cyber threats by continuing efforts with the Department of Defense and the Office of Personnel Management to assist those impacted by the recent cyber incident involving federal background investigation data.

OPM and an interagency response team, including investigators from the FBI and the Department of Homeland Security, concluded that sensitive information, to include Social Security numbers, was stolen from background investigations of 21.5 million individuals.

"We sincerely regret this has happened and that so many people were impacted by having their key information at risk," said Secretary of the Air Force Deborah Lee James. "Cybersecurity and protecting personal information of our personnel will always be a top priority for the Air Force. We will continue to support the DOD and OPM to ensure our personnel are protected."

While background investigation records do contain some information regarding mental health and financial history provided by applicants and people contacted during the background investigation, there is no evidence that health, financial, payroll or retirement records of federal personnel or those who have applied for a federal job were impacted by this incident, for example – annuity rolls, retirement records, (http://www.)USAJobs.gov and Employee Express.

OPM will offer affected individuals credit monitoring services and identity theft insurance. This comprehensive, three-year membership includes credit report access, credit monitoring, identity theft insurance and recovery services and is available immediately at no cost to affected individuals identified by OPM.

In addition to assisting OPM and DOD, the Air Force remains committed to protecting its own information systems from attack. The Air Force privacy and information assurance officers work directly with program managers or system owners to ensure those systems which contain personal identifiable information have the proper security controls in place to prevent unauthorized access.

"I want to stress again that our total force and their families need to be informed on how adversaries attempt to gain access to our information," said Lt. Gen. William J. Bender, information dominance chief and chief information officer for the Office of the Secretary of the Air Force. "We must be vigilant and act to deter them: guard information by practicing good operations security, follow basic computer security practices and alert the proper security offices of anything suspicious."

The Air Force has created a toolkit of information for cybersecurity and safety at www.af.mil/cybersecurity.aspx.

Additional information from OPM is available at https://www.opm.gov/cybersecurity/. This site contains details about what information was breached and what remedial actions and assistance will be made available.

(Source: Secretary of the AIr Force Public Affairs)

37TH TRSS CHANGE OF COMMAND

U.S. Air Force photo by Johnny Saldivar/released

Col. Thomas Sherman, 37th Training Group commander, passes the guidon to Lt. Col. Garry L. Elliot, incoming 37th Training Support Squadron, during the 37th TRSS change of command ceremony July 13, at Joint Base San Antonio-Lackland. The passing of the guidon marks the beginning of Elliot's tour as commander of the 37th TRSS. He replaced Lt. Col Charmaine Martin who commanded the 37th TRSS since August 2013.

BMT HONORS

Congratulations to the following Airmen for being selected as honor graduates among the 623 Air Force basic military trainees who graduated today:

Most Physically Fit

– Female Airmen
Heather Fitzhenry
323rd TRS, Flight 402
Cheyanne Bernier
321st TRS, Flight 404
Mary Florkiewicz
323rd TRS, Flight 402
Brittany Robertson
331st TRS, Flight 398

– Male Airmen
Anthony Cooper
331st TRS, Flight 394
Creighton Raabe
331st TRS, Flight 394
Ethan Murtha
331st TRS, Flight 379
Tyler Hill
331st TRS, Flight 380

– Female Flights
323rd TRS, Flight 402
321st TRS, Flight 404
331st TRS, Flight 398

– Male Flights
331st TRS, Flight 394
322nd TRS, Flight 396
331st TRS, Flight 393
322nd TRS, Flight 395
322nd TRS, Flight 400
322nd TRS, Flight 399
321st TRS, Flight 403
323rd TRS, Flight 401
331st TRS, Flight 397

Top Academic Flights
323rd TRS, Flight 401
321st TRS, Flight 403
331st TRS, Flight 393
322nd TRS, Flight 395
322nd TRS, Flight 399
322nd TRS, Flight 396
331st TRS, Flight 394
322nd TRS, Flight 400
331st TRS, Flight 397
321st TRS, Flight 404
323rd TRS, Flight 402
331st TRS, Flight 398

Wilford Hall Ambulatory Surgical Center's family health clinic adds 1,000 appointments per month

By Staff Sgt. Michael Ellis
59th Medical Wing Public Affairs

Through process improvements and increased efficiencies, 59th Medical Wing group practice managers found a way to add 12,000 more appointment slots in a single clinic over the next year.

One of the wing's busiest clinics, the Wilford Hall Family Health Clinic provides quality, patient-centered care to 36,000 TRICARE beneficiaries annually. When a recent surge of provider turnovers led to a shortage of appointments in the clinic, wing GPMs began looking for a solution.

GPMs monitor access to care and identify factors negatively impacting that access, explained Maj. Ryan Yates, 59th MDW group practice manager.

"As members of the group staff, we act as advisors to the clinics. We advise, counsel and generate the reports and analysis for clinic, group and wing leaders. With the information we provide they are able to make the final decision as to which recommendations to implement," he said.

High turnover rates in the family health clinic resulted in a significant decrease in appointment slots as the outgoing providers saw fewer patients leading up to their departure.

Meanwhile, new providers worked according to transition schedules. During this orientation period which normally lasts a few weeks, new providers see fewer patients to allow them time to complete inprocessing and credentialing.

"We offered provider-by-provider analysis for each doctor in family practice and presented courses of action on how to minimize the impact on patient care and ensure they are on track with the Air Force's prescribed minimum number for patient-centered medical home clinics," Yates said.

Yates and his team briefed the situation and solutions at many different levels.

"When roadblocks hindering the improvement process arose, we got creative, devised new metrics and ways to show our access issues."

Wing GPMs also brainstormed solutions to increase the time allotted for administrative tasks and to devote to new processes like MiCare (https://www.micare.va.gov/Portal/Index.aspx), an online service offering efficient electronic exchange between patients and their healthcare team.

Changes resulting from the GPMs observations and analysis include increasing clinic leaders' patient load, standardizing time allotted for administrative duties, and restructuring staff schedules to bring more providers on each shift.

As changes were made and other limiting factors were eliminated, the clinic recaptured lost time and put it back in patient care. The successful efforts at the clinic reflect the wing's dedication to continually looking for ways to better the patient experience and increase access to care.

To make an appointment at the clinic, call the Consult & Appointment Management Office at 916-9900.

TRICARE beneficiaries can also make an appointment online – and access their personal health data or communicate with their health care providers – through the patient portal at https://www.tricareonline.com/portal/page/portal/TricareOnline/Portal. For more information about the Family Health Clinic, visit http://www.59mdw.af.mil/departments(clinics)/familyhealth.asp.

Photo by Air Force Staff Sgt. Josie Walck

The efforts of a team of group practice managers at the 59th Medical Wing, Joint Base San Antonio-Lackland, are slated to add 1,000 additional appointment slots per month in the Family Health Clinic. The Family Health Clinic is one of the busiest clinics around the wing and provides care to 36,000 TRICARE beneficiaries annually.

LOCAL BRIEFS

FRIDAY
EES/WAPS briefing team visits JBSA-Randolph

Personnel from Headquarters Air Force and the Air Force Personnel Center will visit Joint Base San Antonio-Randolph from 8-9:30 a.m. and 10-11:30 a.m. at the Fleenor Auditorium, 12:30-2 p.m. and 2:30-4 p.m. at the Air Force Personnel Center commander's conference room to share information about enlisted evaluation system and weighted airman promotion system changes. For more information about the changes, visit http://mypers.af.mil, select "enlisted" under the active duty, guard or reserve drop down menus, and then select "evaluations" in the left hand column.

SATURDAY
9-Pin No-Tap Tournament

The Skylark Bowling Center offers bowlers a chance to bowl in a 9-pin no-tap tournament. Bowlers play five games across ten lanes for a fee of $25 per person. Sign-ups start at noon Saturday and the tournament starts at 1 p.m. For more information, call 671-1234.

MONDAY
EES/WAPS briefing team visits JBSA-Lackland

Personnel from Headquarters Air Force and the Air Force Personnel Center will visit Joint Base San Antonio-Lackland at the Bob Hope Theater from 8-9:30 a.m., 10-11:30 a.m., 12:30-2 p.m. and 2:30-4 p.m. to share information about enlisted evaluation system and weighted airman promotion system changes. For more information about the changes, visit http://mypers.af.mil, select "enlisted" under the active duty, guard or reserve drop down menus, and then select "evaluations" in the left hand column.

JULY 31
Parents' night out

This program provides children ages 5 (in kindergarten) to 12, activities, games, entertainment and snacks for an enrollment fee of $25 per youth with multiple child discounts or free with "give parents a break" referral. Program runs from 6:30-10:30 p.m. Late pickup is subject to $5 fee for first five minutes. then $3 for every minute after that. For more information, call 671-2388.

FINAL FRIDAY

The gateway club will host a final Friday event to "party the month away" at the Maverick Lounge from 5-8 p.m. Entertainment will be provided by DJ Liu.

AUGUST 7
Teen back to school hang-out

Back to school is around the corner. Come to the JBSA-Lackland Teen Center from 9-11 p.m. to watch movies, dance or play games. Moves shown are based on availability with a new DVD release. Refreshments will be provided. The cost is $3 per person with membership card and $5 per person without a membership card. All youth, 13-18, are welcome to attend. For more information, call 671-7343.

Informational

Gateway golf course grill closing

The golf course grill, located at the gateway hills golf course on Joint Base San Antonio-Lackland is closed for renovations. Construction is estimated to last about two months. The golf course will continue to operate as usual. Snacks and drinks will continue to be available at the pro shop. For any questions, contact 671-3466.

Car seat clinic

Family Advocacy is partnering with Safekids USA to provide a child safety seat clinic at the Joint Base San Antonio-Lackland Fire Station, located at 1910 Kenly Ave., building 2325, Saturday from 9:30 to 11:30 a.m. Safety seat checkups, installation education, and recall checks are included. Only military ID cardholders are eligible and child must be a dependent. New car seats are provided only if current seat is outdated or on the recall list. Children must be present and under 4 feet 9 inches or 100 pounds. One seat will be replaced per child. Registration is required; no walk-ins. Have the following information: child's nam, age, weight and height, number of children and make and model of vehicle. To register, call 292-5967.

JBSA family advocacy program

Assistance is available to those in need of services related to the prevention of family maltreatment in the community. To report incidents of spouse or child abuse and to coordinate an emergency response for victims of domestic violence, call 292-5967. This line is monitored 24 hours per day, seven days a week.

Dining facilities price change

The below rates apply to dining facilities not using the a la carte pricing system: Slagel, Rocco, B5107, B5105, Medical Readiness DFAC and all BMT facilities.

Breakfast – $3.45; lunch – $5.55; dinner – $4.85

In addition, meals-ready-to-eat and flight meals are priced at $5.55 each. For details on dining facilities to include hours, contact information and address, visit http://www.jbsa.af.mil/library/diningfacilities.asp.

Domestic abuse victim advocate program

Crisis intervention and support

See COMMUNITY, P16

CHAPEL SERVICES

—PROTESTANT WORSHIP SERVICES

Freedom Chapel – Building 1528

Contemporary Service	Sun.	9:30 a.m.
Religious Education	Sun.	11:00 a.m.
Gospel Service	Sun.	12:30 p.m.
Spanish Service	Sun.	3:00 p.m.

LITURGICAL SERVICE
Airman Memorial Chapel – Building 5432
Sun. 8:00 a.m

CHURCH OF CHRIST
New BMT Reception Center – Building 6330
Sun. 7:30 a.m. (Rm. 175)

SEVENTH - DAY ADVENTIST
Gateway Chapel – Building 6300
Sat. 12:30 p.m.

CHRISTIAN SCIENCE
New BMT Reception Center – Building 6330
Sun. 7:30 a.m. (Rm. 112)

—ORTHODOX CHRISTIAN

Airmen Memorial Chapel – Building 5432
Sun. 9:30 a.m.

—WICCA

New BMT Reception Center – Building 6330
Sun. 9:00 – 11:00 (Auditorium)
Freedom Chapel – Building 1528
Wicca Open Circle 1st Tues. 6 – 7 p.m.

—REFUGE STUDENT CENTER

Building 9122 (Tech Training & TDY Students)

Wednesday	6 – 8 p.m.
Thursday	6 – 8 p.m.
Friday	6 – 11 p.m.
Saturday	12 – 9 p.m.
Sunday	11 – 5 p.m.

—JEWISH

Airmen Memorial Chapel – Building 5432

Sabbath & Kiddush	Fri.	4:30 p.m.
Religious Education	Sun.	1:30 p.m.

—ROMAN CATHOLIC

Freedom Chapel – Building 1528

Religious Education	Sun.	9:00 a.m.
Mass Sat. 5:00 p.m.	Sun.	11:00 a.m.
Reconciliation	Sat.	4:00 – 4:45 p.m.
Daily Mass	Mon., Tues. & Thur.	11:30 a.m.

Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

Global Ministry Center – Building 7452
Jumu'ah Prayer Fri. 1:30 p.m. – 2:30 p.m.

—BUDDIST

New BMT Reception Center – Building 6330
Sun. 10 a.m. (Rm. 175)

—ECKANKAR

Gateway Chapel – Building 6300
1st, 3rd, and 5th Saturdays 12:30 p.m.

—BAHA'I

Gateway Chapel – Building 6300
1st, 3rd, and 5th Sun. 11:00 a.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Gateway Chapel – Building 6300

Religious Education	Tues.	6:30 p.m.
LDS Institute	Thurs.	6:30 p.m.
LDS Service	Sun.	1:00 p.m.

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911

JBSA-LACKLAND KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.mil
My Air Force Life	http://www.MyAirForceLife.com

Air Force Basic Military Training implements gender-integrated Heritage Flights

By Staff Sgt. Marissa Garner
37th Training Wing Public Affairs

Following the success of launching Airmen's Week, the 737th Training Group executed another major change in Air Force Basic Military Training, marching male and female Airmen together in combined "Heritage Flights" July 17 signifying their transition in becoming a part of the world's greatest Air Force.

These Airmen learn they are following in the footsteps of the enlisted heroes for which their flights are named. They are also no longer one Airman, in one training flight, but are now key Airmen in the United States Air Force.

As such, this is the first time the basic military trainees were combined with a flight of Airmen possessing similar Air Force specialties, regardless of gender, said Lt. Col. Christopher Fuller, 737th TRG deputy commander.

"The Airmen's Run, Coin Ceremony and graduation parade give a vivid depiction of the way Air Force BMT is heading; a fully integrated training environment to better prepare Airmen for the operational Air Force," he said.

"For right now and the foreseeable future, we will reorganize trainees in their last week of training from their respective training squadron flights into career field determined heritage flights, and these groups will go on to train together during Airmen's Week," Fuller said. "So, during graduation week festivities and going down the bomb run, you will see gender-integrated flights. It's great for family and friends to see their Airmen in units reflecting the Air Force they have joined.

"Men and women have trained together for years at BMT in many aspects, but we wanted to do more and the time is now," said Fuller. "In the operational Air Force, this is reality. The Air Force Academy, Officer Training School and technical training is already fully integrated and so we saw no reason for BMT to wait any longer and took a major step forward toward full gender integration."

"Our military training instructors are a great example of how we value diversity and team work in BMT," said Capt. Bethany Parker, 737th TRG Standardization and Evaluations officer in charge. "More than 25 percent of the military training instructor corps are female, indicative of the where the rest of the Air Force would like to be. They work as a team, regardless of gender, allowing every trainee exposure to great male and female enlisted leaders."

All these changes in BMT are in line with Chief Master

Photos by Joshua Rodriguez

For the first time in Air Force Basic Military Training, Airmen march in integrated Heritage Flights during the Air Force Basic Training Graduation Parade July 17 at Joint Base San Antonio-Lackland. The Heritage flights, named after enlisted members in Air Force history, are part of a new initiative to completely gender integrate all facets of Air Force Basic Training and instill honor, as well as a deep understanding of the core values and appreciation for Airmen who paved the way for today's Air Force.

Sgt. of the Air Force James Cody's vision for enhancing the culture of Airmen to continue treating each other with dignity and respect by instilling the necessity and purpose of core values in producing extremely diversified warrior Airmen of character, Fuller said.

The initiative for greater gender integrated training was championed by 2nd Air Force Commander Maj. Gen. Mark Brown and former Air Education and Training Commander Gen. Robin Rand. A team from the 37th Training Wing, consisting of military training instructors, civilian training experts and senior leaders then developed an execution plan to train and better posture Airmen for what they will experience in the operational Air Force.

"It's about preparing them to work as part of a team, and without doubt, the best, most efficient teams are the ones that capitalize on the strengths of all members," said Dr. Laura Munro, 737th TRG training director. "We are preparing the Airmen for the active duty Air Force they will experience and how it operates day to day."

As a result of developing the most efficient plan to integrate the flights, the idea for Heritage Flights was born. These 14 flights bear the names of some the most influential enlisted members in Air Force history to include 12 former chief master sergeants of the Air Force who are responsible for shaping today's Air Force; the first woman to enlist in the Air Force, Staff Sgt. Esther Blake; and the first enlisted Airman to receive the Medal of Honor, Staff Sgt. Maynard Smith.

"We chose Heritage Flights because we want to educate our Airmen on enlisted heritage," said Tech. Sgt. Angela Carter, who helped design the construct of the flights. "Those heroes paved the way and shaped the Air Force into what it is today. They learn more about these prominent members when they arrive at Airmen's week, so it is only fitting that we begin to introduce them in BMT."

"Because of the introduction of the heritage flight, the Airmen get the opportunity to work as a team with many diverse backgrounds and cultures, as well as the opposite gender," said Maj. Jerry Hambright, 326th TRS director of operations. "They also get to hear different perspectives in these same diverse groups on the ethical and moral topics. Airmen's Week is the foundation for developing the culture of professionalism, dignity, and respect expected across the Air Force through gender integration and practicing how we fight together as a team."

The graduating Airmen not only display excellence, resulting from the quality in their training, by quickly adjusting to drill and maneuver procedures with a new group after six and a half weeks, they are also encouraged to understand and exemplify the courage and dedication of the member who the flight is named after.

As the heritage flights mark one of the first steps toward complete gender integration, members of the 737th TRG anticipate no change to the tempo of training.

"It makes no real difference to military training instructors who they are training and how they form up. We train great Airmen, bottom line," Fuller said. "BMT – it all starts here."

Air Force revolutionizes study material delivery for FY16

Secretary of the Air Force Public Affairs

Airmen studying for career development and promotion opportunities will begin to receive study materials solely online by Oct. 1, 2017.

Electronic delivery of Career Development Course volumes and Weighted Airman Promotion System study references have been in place for several years with a majority of the materials accessible on Air Education and Training Command websites.

"Air Education and Training Command's e-WORLD websites provide Airmen the opportunity to download study materials for use globally with the click of a mouse," said Chief Master Sgt. Scott Lumpkin, the Chief of Air Force Enlisted Force Development. "The electronic format also gives courseware developers the ability to add interactive content, making learning material more interesting, with the goal of increasing student comprehension."

The Electronic WAPS Online Reference Library Database (e-WORLD) is currently available to .mil users only at http://cdc.aetc.af.mil. Once downloaded to their military desktop, Airmen can e-mail the WAPS materials or burn them to a CD in order to transfer them to a personal electronic device.

The complete Enlisted Promotions References and Requirements Catalog is also available online at https://www.omsq.af.mil/TE/EPRRC.pdf, along with the Professional Development Guide at http://pdg.af.mil.

A phased approach will be used to ensure every Air Force Specialty Code is prepared for electronic delivery of its study material. The three phased approach focuses on the target of complete electronic delivery of unclassified CDCs by Oct. 1, 2017. The process for electronic delivery of classified CDCs will remain unchanged. Career Field Managers for those AFSCs transitioning over the next several months will execute specific plans as the printing and shipping processes are phased out.

Since February 2012, the primary WAPS study material -- the PDG -- has been available online in a variety of electronic formats through the Advanced Distributed Learning Service and AETC Airman Advancement Division websites. The Airman Advancement Division will no longer print or distribute the PDG beyond fiscal year 2015.

In fall 2015, the PDG will be published electronically as Air Force Handbook 1, Airman. The handbook will support the enlisted promotion system with the publication of individual study guides from each enlisted promotion testing grades (staff sergeant to chief master sergeant). These study guides will be available along with other tools to support all mobile devices this fall.

"The transition to electronic study materials is a step forward we need to take to ensure a fiscally-responsible approach," said Chief Master Sgt. of the Air Force James A. Cody. "The online libraries and easy-to-use formats will give Airmen the flexibility they need to study when and where they want to, while still delivering the education and information they need to succeed in their Air Force careers."

The transition to electronic delivery of materials will save the Air Force approximately $5.9 million annually. Unit commanders (through their unit WAPS monitor) will have the option to authorize printing of eCDCs and eWAPS on a case-by-case basis to support study effectiveness or mission requirements. Print options from non-common access card enabled devices will be available for those Airmen interested in using personal resources to obtain hard copy study materials.

For more information on the transition to eDelivery, Airmen can visit the myPers website at https://mypers.af.mil.

Third largest wideband enterprise terminal upgrade in progress

By Justin Oakes
66th Air Base Group Public Affairs

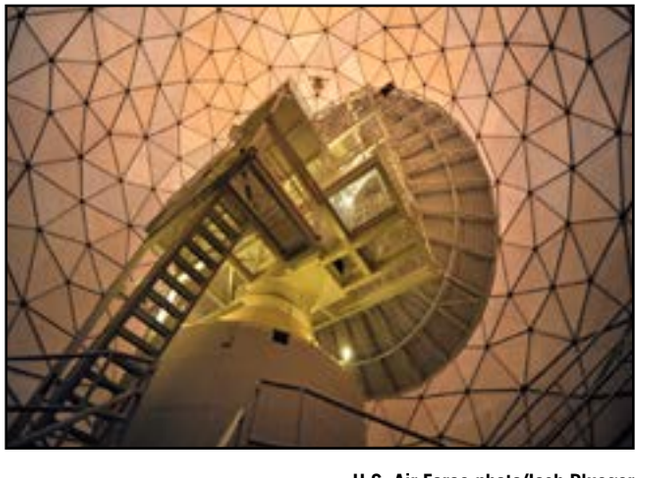
A key system that helps ensure the global free flow of information throughout all military branches and other government agencies is undergoing a major overhaul.

Led by a team at Hanscom AirForce Base, the Air Force Wideband Enterprise Terminal system is receiving its third largest upgrade to date, known as the Modernization of Enterprise Terminals.

Using a variety of satellites to transfer both classified and unclassified data, these terminals provide the backbone for the Global Information Grid and keep Airmen connected across the globe. Structurally, AFWET are heavy- or medium-fixed Wideband Global, Defense Satellite Communication System terminals comprised of a radome, electronics and a 38-to 60-foot dish antenna.

Recently, the program team completed the first successful MET kit installation for the AFWET system located at Ramstein Air Base, Germany, signifying the modernization effort is well on its way.

See WIDEBAND, P16



U.S. Air Force photo/Josh Plueger

An Air Force Wideband Enterprise Terminal stands poised under a protective covering on Offutt Air Force Base, Neb. AFWET terminals communicate with a variety of satellites and keep military branches and other government agencies connected worldwide. The system is currently undergoing its third largest modernization led by a program management team from Hanscom Air Force Base, Mass.

Office of Personnel Management acts to protect federal workers, others from cyber threats

U.S. Office of Personnel Management officials announced July 9, the results of the interagency forensics investigation into a recent cyber incident involving federal background investigation data and the steps OPM is taking to protect those affected.

In late May, as a result of ongoing efforts to secure its systems, OPM discovered an incident affecting background investigation records of current, former and prospective federal employees and contractors, officials said.

The forensics investigation determined that the types of information in these records include identification details such as Social Security numbers; residency and educational history; employment history; information about immediate family and other personal and business acquaintances; health, criminal and financial history; and other details.

Some records also include findings from interviews conducted by background investigators and fingerprints. Usernames and passwords that background investigation applicants used to fill out their background investigation forms also were stolen.

Since learning of the incident affecting background investigation records, OPM and the interagency incident response team concluded that sensitive information, including the Social Security numbers of 21.5 million individuals, were stolen from the background investigation databases. This includes 19.7 million people who applied for a background investigation and 1.8 million non-applicants – predominantly spouses or cohabitants of applicants, officials said.

There is no information at this time to suggest any misuse or further dissemination of the information that was stolen from OPM's systems, they added.

"While background investigation records do contain some information regarding mental health and financial history provided by those that have applied for a security clearance and by individuals contacted during the background investigation, there is no evidence that separate systems that store information regarding the health, financial, payroll and retirement records of federal personnel were impacted by this incident," OPM officials stated in a news release.

This incident is separate, but related to a previous incident discovered in April affecting personnel data for current and former federal employees, officials said. OPM and its interagency partners concluded "with a high degree of confidence" that personnel data for 4.2 million individuals had been stolen, officials said.

"This number has not changed since it was announced by OPM in early June, and OPM has worked to notify all of these individuals and ensure that they are provided with the appropriate support and tools to protect their personal information," the news release stated.

Assistance for those affected

To protect those affected, OPM is providing a comprehensive suite of monitoring and protection services for background investigation applicants and non-applicants who had their Social Security numbers or other sensitive information stolen.

For the 21.5 million background investigation applicants, spouses or cohabitants with Social Security numbers and other sensitive information that was stolen from OPM databases, OPM and the Defense Department will work with a private sector firm specializing in credit and identity theft monitoring to provide services tailored to address potential risks created by this particular incident for at least three years, at no charge.

In the coming weeks, OPM will begin to send notification packages to these individuals, which will provide details on the incident and information on how to access these services. OPM also will provide educational materials and guidance to help them prevent identity theft, better secure their personal and work-related data, and become more generally informed about cyber threats and other risks presented by malicious actors.

Other individuals whose name, address, date of birth, or other similar information may have been listed on a background investigation form, but whose Social Security numbers are not included, could include immediate family members or other close contacts of the applicant.

In many cases, the information about these individuals is the same as information generally available in public forums, such as online directories or social media, and therefore the compromise of this information generally does not present the same level of risk of identity theft or other issues, officials said.

The notification package that will be sent to background investigation applicants will include detailed information that applicants can provide to people they may have listed on a background investigation form. The information will explain the types of data that may have been included on the form, best practices people can exercise to protect themselves, and the resources publicly available to address questions or concerns, officials said.

OPM launched a new, online incident resource center on July 10, at https://www.opm.gov/cybersecurity to offer information regarding the OPM incidents, as well as direct individuals to materials, training, and useful information on best practices to secure data, protect against identity theft, and stay safe online.

This resource site will be regularly updated with the most recent information about both the personnel records and background investigation incidents, responses to frequently asked questions, and tools that can help guard against emerging cyber threats, officials said. A call center will follow in the weeks to come, they added.

In June, OPM identified 15 new steps to improve security, leverage outside expertise, modernize its systems and ensure internal accountability in its cyber practices.

This included completing deployment of two-factor "strong authentication" for all users, expanding continuous monitoring of its systems, and hiring a new cybersecurity advisor.

More details are available in the OPM news release at https://www.opm.gov/news/releases/2015/07/OPM-Announces-Steps-to-Protect-Federal-Workers-and-Others-From-Cyber-Threats/.

(Source: DOD News, Defense Media Activity)

AETC weaves core values into Air Force DNA: rethinking recruiting, training, education

By Air Education and Training Command Public Affairs

Courtesy photo

New Airmen take the oath of enlistment at an air show in Lakeland, Fla., April 25. An Air Education and Training Command oversight initiative works to protect Airmen in training following the discovery of unprofessional behavior within the basic military training environment. Through this initiative, Air Force leaders help ensure better transparency and accountability and gather information necessary to proactively shape professional expectations for Airmen.

In 2012, the Air Education and Training Command launched an aggressive oversight initiative to protect Airmen in training following the discovery of unprofessional behavior within the basic military training environment.

Through this initiative, Air Force leaders help ensure better transparency and accountability and gather information necessary to proactively shape professional expectations for Airmen. The central body responsible for this new oversight authority is the Recruiting, Education and Training Oversight Council, one of three significant AETC initiatives since 2012, which help sustain a culture of mutual respect, strength of character and pride. The Profession of Arms Center of Excellence and Airmen's Week are also foundational components of shaping Airmen of character.

In 2013, the scope of RETOC was extended beyond Basic Military Training to the entire AETC enterprise, sparking an increased expectation and level of accountability for how the Air Force recruits, train and educate Airmen.

The RETOC, based out of Joint Base San Antonio-Randolph, but comprised of members throughout AETC, systematically analyzed the command's recruiting, technical training, flying training and education mission areas. This analysis formed the beginning of a continuous cycle of improvement designed to inspire Airmen and create a healthier organizational culture.

"Simply put, our goal is to produce technically competent Airmen well versed in our core values and rich heritage," said Gen. Robin Rand, the AETC commander. It's important our Airmen are being shown what 'right' looks like."

"The true health of an organization is measured by how it responds to adversity," Rand added. "Within AETC, we've taken and will continue to take proactive steps to shape positive change across the command as well as throughout the entire Air Force."

The RETOC provides a steady mechanism through which AETC can make continuous changes to correct and safeguard against potentially harmful conditions. It has already proven to be hugely successful as RETOC initiatives provided gains in essential support to military training instructors at BMT, including improved manning levels, morale and welfare, work hours, stress levels and family life.

These initiatives are aimed at enhancing professional behavior, aligning workplace accountability with the Air Force core values of integrity, service and excellence, and providing world-class operations within an environment of dignity and respect.

As RETOC methodically expanded from analyzing BMT issues into a review of AETC's entire technical training portfolio, results showed improvements in a host of areas, to include the selection, development and training of instructors, higher visibility on instructor misconduct allegations, improved student professional mentorship, and better attention and understanding of student-on-student misconduct.

Following the technical training review, a team of experts was assembled to assess AETC's flying training culture. Team members con-

See AETC, P15

Comprehensive Airman Fitness on the go

By Airman 1st Class Luke Hill
2nd Bomb Wing Public Affairs

The Wingman Toolkit, an outreach and communication tool designed to ensure Airmen have quick and easy access to the latest Comprehensive Airman Fitness programs and resources, now has a mobile app available to download.

The app provides resources to improve mental, physical, social and spiritual fitness, all at the touch of a finger.

"The toolkit provides resources like videos, stories and testimonies that help Airmen improve CAF," said Jeffrey Maiette, a 2nd Bomb Wing community support coordinator. "It also has tools that help Airmen implement CAF concepts into their daily activities. They can track physical training workouts and scores, set up spiritual reminders that help keep a positive mindset and it even has tools that help track sleep patterns."

Many Airmen are already taking advantage of the toolkit's many resources.

"For me, the best feature is the 'count your blessings' portion of the app," said Master Sgt. Joshua Copeland the 2nd Communication Squadron information technology project manager. "It provides a place to document all the great things that happen over the course of the day and gives me time to reflect back on why it was good and who helped make it good. I use this feature several times a day as good things happen."

Airmen are also seeing benefits in their personal and professional life.

"The app has reminder options you can set," said Senior Master Sgt. Jeremy Shay, the Air Force Global Strike Command fabrication functional manager. "I have pop-ups set for after the end of the duty day. I use this as a way to help me refocus on my family and the things they look to me for after a long day of work. The app has definitely helped me not bring the stress I feel from impending changes into my daily interactions with my wife and daughter."

Overall, CAF concepts can result in more resilient Airmen, which means they can accomplish the mission more effectively.

"CAF isn't about a program, it's about a lifestyle," Maiette said. "This new app gives Airmen a genuine hands-on way to apply CAF concepts and empowers them to follow through on things they've learned through CAF."

AETC from P14

ducted group discussions and interviews with more than 300 people at several AETC flying training installations, including instructor pilots, students, family members, commanders, chaplains, and inspector general offices.

The groups examined topics ranging from abuse of authority to coercion, resourcing, student isolation and reporting channels. These observations led to 16 recommended improvements and changes to profession of arms training within AETC, all of which are now tracked and assessed by the RETOC body.

Next, the RETOC reviewed Air Force Recruiting Service operations across the U. S. This analysis yielded numerous actions to transform and consolidate recruiting units, eliminate one-person offices and improve oversight, effectiveness and quality of life for recruiters.

Currently, AETC is reviewing operations at the Air University at both its Maxwell Air Force Base, Ala., and Wright Patterson Air Force Base, Ohio, campuses. The Air University provides professional military education and professional continuing education courses and programs aimed to ensure the proper balance of lessons in Airmanship, the art of war, leadership and the profession of arms, and meet specific professional development requirements.

"RETOC ensures that the lessons we teach on leadership and professionalism in our courses are practiced in our dealings with students and with one another," said Lt. Gen. Steve Kwast, Air University commander. "Professionalism is as central to our developmental mission as warfighting – it's just that important."

Born out of the momentum of the RETOC and devised as a way to connect professional development opportunities throughout the entirety of an Airman's career, the Profession of Arms Center of Excellence (PACE) was established in March 2015.

The mission of the center is to thread professionalism, education and training throughout the ranks of all Airmen, inspiring integrity, service and excellence at the center of everything they do. The center provides leaders with tools that enhance a greater level of commitment, loyalty and trust within the Air Force's operational units. By fostering better leaders and cultivating stronger character within each Airman, the center aims to shape a common identity across the Air Force, one based on core values and the unique requirements of the profession of arms.

Also in March 2015, the addition of Airmen's Week to BMT created a place to reinforce core values and character development for new enlisted Airmen. The week immediately following graduation from BMT provides the Air Force's newest warriors with focused, guided and interactive discussions and challenges.

It serves to give Airmen the opportunity to examine their personal values and decision-making framework to better embrace the profound importance of what it means to be an American Airman. Airmen's Week focuses on the pride, commitment and loyalty required of Airmen and provides them an opportunity to more fully understand the immense personal responsibility required in the profession of arms.

The RETOC, Profession of Arms Center of Excellence and Airmen's Week are important new initiatives aimed at shaping better Airmen, and a better service and future. These initiatives underscore AETC's commitment to Air Force core values. These values serve as a compass for the command's journey, only possible through hard work and commitment.

"By focusing on sustained quality in manning, resources and leadership, we can help remove some of the institutional challenges that allow programs to slip below our Air Force values," Rand said. "The key to effective recruiting, education and training programs throughout AETC relies on the leadership of those responsible for accomplishing our mission, quality leaders shaping quality Airmen. Through the oversight of the RETOC, direct engagements with commanders, and a heightened expectation for superior leadership, AETC is shaping a better future for our Airmen and our Air Force."

News in Brief

NEWS from P3

up to complete the enrollment transfer after arrival at the new location.

The new regional contractor will assign a primary care manager best suited to a beneficiary's needs and the location of your work or home and can inform you if the US Family Health Plan is available in your new area. For more information about USFHP, visit http://www.tricare.mil/usfhp.

For those needing care for an existing medical issue before the transfer is processed, contact the primary care manager or the regional contractor for the region you are moving from for referral and prior authorization.

For stateside regional contractor contact information, contact the TRICARE North Region at 877-874-2273, the TRICARE South Region at 800-444-5445 or the TRICARE West Region at 877-988-9378. For overseas contact information, visit http://www.tricare.mil/overseas.

Stateside TRICARE Prime beneficiaries can also transfer your enrollment online using the Beneficiary Web Enrollment website at https://www.dmdc.osd.mil/appj/bwe. For more information, visit www.tricare.mil/bwe. TRICARE Prime enrollment through BWE is only available to beneficiaries in the United States.

Beneficiaries can also transfer their TRICARE Prime enrollment or change a PCM by completing the TRICARE Prime Enrollment, Disenrollment, and Primary Care Manager Change Form (Department of Defense Form 2876) and mailing it to the new regional contractor using the address listed on the form. To download DD Form 2876, visit http://www.tricare.mil/forms.

Decorations processing now initiated through virtual Personnel Center

Supervisors of active-duty Airmen can now use the virtual Personnel Center via myPers to initiate and track decorations throughout the review and approval process.

"The online application allows for automated routing and approval, in addition to prepopulating certain personnel data in the forms," said Christine Stingley, the military future operations branch requirements and testing chief. "vPC also allows for the electronic review and processing into a members record."

Active-duty decorations will be initiated, processed and tracked through the vPC application dashboard. Initially, automated processing will include the Meritorious Service Medal, Air Force Commendation Medal, Air Force Achievement Medal, Aerial Achievement Medal, Combat Readiness Medal and Military Outstanding Volunteer Service Medal.

Adding automated decoration processing on myPers through the vPC improves Airmen's access to personnel processes. It also saves members time since it includes pre-populated certificates and memorandums, online "Décor 6" forms, automatic updates to the Military Personnel Data System and automatic transfers to official records.

A process for active-duty evaluations was implemented in vPC in May. Senior raters are able to submit active-duty evaluations and track the process through the myPers website on all officer and initial evaluations that closed out on or after June 30 and for enlisted evaluations beginning with the July 31 senior master sergeant static closeout date.

Video tutorials and user guides for commanders and supervisors are available on myPers under the "I Would Like To" section. Select the "View vPC Information" for tutorials and guides on using vPC. After reviewing instructions, Airmen can also visit the vPC Dashboard page.

For more information about Air Force personnel programs go to the myPers website at https://mypers.af.mil/.

Individuals who do not have a myPers account can request one by following these instructions on the Air Force Retirees Services website at http://www.retirees.af.mil/mypers/index.asp.

(Source: Air Force Personnel Center Public Affairs)

COMMUNITY from P9

services to domestic abuse victims, 24 hours a day, seven days a week. If you or someone you know has experienced domestic violence, help and support is available at 367-1213.

Car care available for spouses

The JBSA-Lackland Military & Family Readiness Center gives spouses of deployed members vouchers for a free basic oil change and vehicle safety inspection at the auto hobby shop. Call 671-3549 for additional information.

Shape up with free workout classes

The JBSA-Lackland Gillum Fitness Center offers high-energy cardio programs to get gym enthusiasts in great shape. The total body toning classes are Monday, Wednesday and Friday, 11:30 a.m. to 12:30 p.m., and target strength and cardiovascular fitness.

The Stand-Up Fighter Workout on Tuesday and Thursday offers a combination of mixed martial arts, basic boxing, Muay Thai and ground defense boxing techniques focusing on cardiovascular aerobics and stress relief. These classes are free. For additional information, call 977-2353 or 977-2354.

WIDEBAND from P12

"AFWET is a system of systems, and the MET upgrade modernizes approximately 60 percent of the terminals," said Shawn Patterson, the AFWET program manager, who has spent more than a decade working on the program. "We are steadily ramping up and expect to have another three installations completed shortly."

The Ramstein Air Base terminal is the first of 32 systems the Air Force is responsible for updating; however, MET is a Defense Department initiative, which will impact an estimated 90 fielded joint terminals altogether.

Since the AFWET program team performs implementation and integration organically – meaning without the use of prime contractors – they take advantage of partnering with other services to reduce cost.

For example, the Air Force was able to benefit from research and development performed by other military branches. In addition, the Hanscom Air Force Base program team utilizes a government off-the-shelf approach, which helps maintain a joint standard, promotes a standardized software baseline and results in lower prices on joint terminal purchases with the Army.

"Savings have been quite substantial -- in the millions of dollars," Patterson said. "Since this is an enterprise system, and not specifically for Airmen only, capability as well as cost falls to all of the services."

The AFWET program team's primary focus is the MET modernization; however, they are also responsible for the overall life cycle of the terminals, which includes modernizing and sustaining the remaining 40 percent of the terminals.

"We are the product support integrator," Patterson said. "Addressing other sustainment issues outside the MET modernization is all part of keeping the system alive."

There are 25 targeted sustainment actions currently underway with an additional 15-25 slated for next fiscal year, according to the AFWET program manager.

Some of the sustainment actions include reliability and software modifications, technical refreshes on alarm systems, modem upgrades and updating fiber communications, terrestrial equipment and routers.

With each completed MET and sustainment effort, the life span of the AFWET system is extended.

"The successful installation of the first MET upgrade marks an important milestone in the progress of the AFWET program," said Col. Todd Krueger, the Space, Aerial and Nuclear Networks Division senior materiel leader. "Patterson and his team have done an outstanding job of preparing for worldwide installation and support while focusing on affordability. They are delivering critical global connectivity for the joint warfighter."

UPCOMING

2015 INTRAMURAL FLAG FOOTBALL SEASON

The 2015 Joint Base San Antonio-Lackland Intramural Flag Football season is around the corner, and letters of intents have been distributed to unit representatives. Turn in letters of intent by Aug. 3. If interested in entering the player's pool, contact Brett Cannon at 671-1880.

JBSA-LACKLAND INTRAMURAL SOCCER TOURNAMENT

Joint Base San Antonio-Lackland is looking to build up interest in an intramural soccer program via tournament featuring unit teams. The base will host the tournament Aug. 7, 8 and 9, and games will be seven on seven. Teams can have a maximum of 12 members on the team. If teams don't have enough players to fill a team, they can select three players from the player's pool. For roster and player's pool forms and more information, contact Brett Cannon at 671-2401/2361.

RAMBLER 120 TEAM CHALLENGE

Joint Base San Antonio's premiere adventure race, the Rambler 120 Team Challenge, is coming to the JBSA Recreation Park at Canyon Lake, Texas Sept. 19. Assemble a team and start training for the 22-mile bike race through the Texas Hill Country, six-mile run across Canyon Lake dam and two-mile raft event along the shoreline. Sign up before Aug. 1 and save – early bird fees are $100 for Xtreme teams and $150 for Relay teams. After Aug. 1, the registration fee increases to $120 for Xtreme teams and $180 for Relay teams. Interested participants can register and pay online at https://www.athleteguild.com/adventure-racing/canyon-lake-tx/2015-rambler-120-team-challenge.

502nd FSG intramural softball team eyes championship

By Jose T. Garza III
JBSA-Lackland Public Affairs

The 502nd Force Support Group intramural softball team is in the hunt for their first Joint Base San Antonio Intramural Softball title in three years.

The team is attributing their recent success to improved hitting fundamentals and enjoying the competition.

"If you don't hit, you don't win. Plain and simple," said catcher Master Sgt. Michael Richardson, 502nd Installation Support Group command section superintendent who has played with the team since 2009.

The team won the all-Joint Base San Antonio Intramural Softball title in 2012 and the JBSA-Lackland championship in 2011. They reached the base intramural semifinals in 2013 and 2014.

Pitcher Gilbert Cornejo, Gillum Fitness-Center manager, said their focus on hitting basics has kept them competitive in the league and in the mix to make the playoffs.

Thanks to their hard work and commitment to their vision, the team has had no problem producing runs this season.

They are currently third in the JBSA-Intramural Softball National League in runs scored, averaging 10.2 a game.

Their 8-2 record has them in the lead in the NL West by two and a half games over the 502nd Operations Support Squadron.

Cornejo said the entire lineup has contributed to the team's production this season, but he also attributes the team's success to having one of the top defenses in the league.

The team is in a three-way tie for fourth place in the National League in runs allowed, with 6.7 runs a game.

"All I have to do is throw the ball down the plate and let the opponents hit it because I know our defense will do the work," Cornejo said.

Another source for the team's present and potential future success, said catcher Master Sgt. Michael Richardson, a 502nd Installation Support Group command section superintendent, is its mixture of veterans and young guys on the team.

He added that the team was comprised of mostly new talent last season, but this year some veterans from the team's past seasons have returned to build up the team's leadership skills and experience.

Photo by Jose T. Garza III

502nd Force Support Group third baseman Brett Cannon (center), Chaparral Fitness Center operations manager, forces out 343rd Training Squadron pitcher and outfielder Jeffrey Robley (left), Security Forces Apprentice Course instructor, July 15 at the Warhawk Field. The 502nd FSG are currently in first place of the Joint Base San Antonio-Lackland Intramural Softball National League

However, for the 502nd FSG to reach the playoffs, Richardson said it has to focus on playing one game at a time.

"Though it can be difficult at times we can't focus on our opponent, but instead on our strengths and what we do well as a team," he said. "When we bring our 'A' game to the table no one can deny us."

Perhaps what fuels the FSG's competitive spirit is their ability to have fun on the field.

Outfielder Daniel Ayon, Medina Fitness Center operations manager, said the team jokes around and has fun, which helps to relax them before and during the game.

Third baseman Brett Cannon, Chaparral Fitness Center operations manager, agreed.

"Intramural softball is an avenue to enjoy ourselves and have fun with our buddies," he said.

Cornejo said the team will play with great effort, hit the ball hard and play defense in their pursuit of their next JBSA intramural championship.