

Start with the Arts camp culminates



Photo by Benjamin Faske

Jackson Borgos throws front kicks while Derek Rubi, and Danica Rubi wait their turn as self-defense instructor Dennis Fullerton teaches proper technique at the Freedom Chapel June 12 at Joint Base San Antonio-Lackland. The JBSA Exceptional Family Member Program hosted a week-long summer camp entitled "Start with the Arts," which culminated in a showcase performed in front of their families.

A picture is worth a thousand words

By Col. Leah G. Lauderback

National Air and Space Intelligence Center

There is a picture frame on my desk holding a casual snapshot of my wife and me. There's nothing particularly special about the small, silver frame. But in my 22 years in the Air Force, it's the first time I've ever had a picture of anyone on my desk at work. Seeing my loved one during the duty day is such a joy. It puts a smile on my face, especially during those tough days, and it reminds me there is more to life than work.

Having a picture of my spouse on my desk is not something I take for granted because less than five years ago, it would not have been possible.

I am a gay Airman who served the first portion of my Air Force career under the "Don't Ask, Don't Tell" policy. Instituted on Feb. 28, 1994, DADT prohibited discriminating against homosexual or bisexual service members or applicants, but also barred openly gay, lesbian or bisexual persons from military service.

As pride month is celebrated across the nation and within the Department of Defense, I would like to take this opportunity to explain, from one Airman's perspective, what it meant to have DADT repealed

on Sept. 20, 2011.

In 1994, I was just beginning my career in the Air Force. There's only one word to describe my early years as an Airman under DADT – paranoia. Each day, I lived with the fear of exposure and losing my career. I worried a phone call to the office by my then-girlfriend would raise suspicion. The risk of being spotted together in town made dinners out a rare treat. I couldn't share my weekend plans with fellow Airmen and rarely let them know if I had done something by myself or with friends outside of work.

With each new assignment, I felt compelled to find one person with whom I could share my secret. Opening up to someone I trusted gave me peace of mind. It was comforting to know there was someone to call my girlfriend if anything ever happened to me. Reaching out to a wingman also improved my resiliency by giving me an outlet for communication. Once someone knew my secret, I could open up to them and share stories about my other life.

I won't blame DADT for my relationships ending time after time, but it certainly didn't make it easier for me to build something lasting. As military members, we rely on our support system of family, friends

and loved ones. When you're unable to bring your significant other to an Airman leadership school graduation or a dining-out, it makes for a lonely evening.

Overall, I'm a better, more complete Airman since the repeal of DADT. My work-life balance improved dramatically with the introduction of a wonderful woman whom I married a little more than a year ago. We enjoy everything about the military life, and we do it together. We have been welcomed with open arms at every event we attend – both military and civic. My general officer supervisors congratulated me and immediately welcomed my wife into the family. Similarly, the Airmen I see every day around base and in the office ask how we are, what are we doing this weekend and what fun things have we experienced in the community. This is special to me and makes me love the Air Force even more!

Today in the Air Force, all Airmen, regardless of sexual orientation, may serve openly. And while orientation remains a personal and private matter, it's also not something you have to hide, and for that I am grateful. The repeal of DADT gave me the opportunity to serve this great nation as my whole-self. And it allowed me to put a small, silver picture frame in a place of honor -- front and center on my desk.

The Warrior philosophy

By Lt. Col. Sterling Pendleton

14th Flying Training Wing Staff Judge Advocate
Columbus Air Force Base, Miss.

Former Air Force Chief of Staff Gen. Michael Moseley stated, "the warrior ethos exhibits a hardness of spirit, and moral and physical courage."

We logically associate physical courage with the warrior ethos; yet, as Moseley understood, moral courage is just as important as physical courage to the warrior. Moral courage underpins who we are and what we stand for, guiding us in making difficult decisions.

Warrant Officer Hugh Thompson, Jr., displayed this courage during the Vietnam War. On March 16, 1968, U.S. Soldiers entered a small village known as "My Lai" and killed hundreds of civilians, many of whom were rounded-up, herded to an irrigation ditch, and shot at point blank range.

Some of the Soldiers did not participate in the atrocities, yet no one on the ground did anything to stop the killings. Thompson

and two crew members were flying reconnaissance over My Lai when they spotted the bodies. Thompson landed twice, realized a massacre was taking place and confronted the perpetrators. He later testified before Congress during a military inquiry and court martial. That decision might seem obvious with the benefit of hindsight, but at the time he risked alienating his superiors and potential career advancement. It would have been much easier for Thompson to ignore the war crimes, like everyone else. But he was driven not by popular sentiment or selfish interests; he was impelled to act because it was right.

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News in Brief

TRICARE'S BREAST PUMP POLICY UPDATES EFFECTIVE WEDNESDAY

TRICARE's breast pump policy was recently updated to include coverage of breast pumps and supplies, and breastfeeding counseling. These supplies and services will be retroactively covered as of Dec. 19.

According to officials, breastfeeding has long been a recommended healthy choice. The American Academy of Pediatrics recommends exclusive breastfeeding for the first six months for most children and continued breastfeeding for at least the first year as foods are introduced. TRICARE's breastfeeding support benefit is considered to be preventive care. Therefore the equipment, supplies, and services covered under this benefit are exempt from cost shares and copays.

The coverage is for all pregnant TRICARE beneficiaries, as well as beneficiaries who legally adopt and intend to personally breastfeed. To be covered, the breast pump and supplies must be obtained from a TRICARE authorized provider, supplier or vendor. For manual or standard electric breast pumps and associated supplies (includes breast pump kits), this includes any civilian retail store or pharmacy. If payment is out of pocket for a covered breast pump, a completed claim form with a copy of the prescription for the breast pump, along with a receipt for reimbursement must be submitted.

SERVICE STAR AUTHORIZED ON GWOT EXPEDITIONARY MEDAL

Active duty, Air National Guard and Air Force Reserve Airmen who earned the Global War on Terrorism Expeditionary Medal for more than one of the five Department of Defense approved GWOT-EM operations may now wear a service star device on the medal and service ribbon for the second and subsequent awards.

The policy is retroactive to Sept. 11, 2001 and covers the following approved operations and inclusive dates:

- Operation Enduring Freedom, Sept. 11, 2001-date to be determined
- Operation Iraqi Freedom, March 19, 2003-Aug. 31, 2010
- Operation Nomad Shadow, Nov. 5, 2007-date to be determined
- Operation New Dawn, Sept. 1, 2010-Dec. 31, 2011
- Operation Inherent Resolve, June 15, 2014-date to be determined

For example, an Airman awarded the GWOT Expeditionary Medal for an Operation

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Military medical leaders express concerns over health care reform

By Terri Moon Cronk
DOD News, Defense Media Activity

Senior Department of Defense medical leaders addressed health care reform on Capitol Hill June 11, expressing concern over potential impacts on military medical readiness and overall readiness.

Appearing before the House Armed Services Committee's military personnel subcommittee were Dr. Jonathan Woodson, assistant secretary of defense for health affairs, and top medical officials from the services: Army Lt. Gen. Patricia D. Horoho, Air Force Lt. Gen. (Dr.) Mark A. Ediger and Navy deputy surgeon general Rear Adm. (Dr.) C. Forrest Faison III.

Military health care reform was examined as part of the overall Military Compensation and Retirement Modernization Commission, which sent its recommendations to President Barack Obama in January.

"We agree with the commission's findings of overarching challenges facing military medicine and concur with many recommendations," Woodson said, adding that some of its recommendations are now in place.

Woodson described strategies that are now in place to make the military health care system "better, stronger and more relevant for the future," and stressed the critical nature of military readiness, ensuring quality health care and using money wisely in the Military Health System.

"We've undertaken a comprehensive review of our medical infrastructure and resources," he said, "and we've presented a modernization plan that proposes to place our most-skilled professionals in the military communities where they are likely to keep those skills sharpest."

The Military Health System has reformed governance and stood up the Defense Health Agency to enhance collaborative work affordably among the three medical services, Woodson told the panel. "We're making it easier to access care in the system by focusing on quality, safety and making perfor-



Courtesy graphic

mance data more transparent," he said.

Woodson said he agrees with commission's recommendation to reform the TRICARE military health plan, and told the panel that work is already underway.

The surgeons general said that while they support the objectives of the commission's findings, they have concerns about elements that threaten readiness and military medical skills.

"Fewer than one of five service members evacuated from Iraq and were injured in battle," Horoho noted. "During Operation United Assistance, the major threat to soldiers was endemic infectious diseases. The Army already uses joint infrastructures for medical readiness. The Army does not support establishing a four-star readiness command," a commission recommendation and a point echoed by Ediger and Faison.

Though the surgeons general support affordable health care and increased choices for patients, "to establish TRICARE choice would negatively impact the readiness of our entire health care team and present financial challenges for active-duty families and retirees" Horoho said.

"To put military treatment facilities in competition with the private sector would drive up administrative costs and significantly detract from the operational mission of our medical facilities," Ediger agreed.

The Air Force surgeon general said requiring airmen and their families to

"navigate a complex system of insurance marketplace on a recurring basis" could increase their stress.

"The Military Health System is working hard to recapture its (patient) workload into the direct-care system," Faison said, adding that offering commercial insurance to military patients would compete with that goal.

"Nonactive-duty beneficiaries comprise 67 percent of our total beneficiary population, 83 percent of our inpatient care and 79 percent of our high-acuity workload," Horoho emphasized.

"These patients are vital to sustain our graduate medical and health professionals' education programs," she said. "The loss of these inpatients from our direct health-care system would pose tremendous risk to our training and negatively impact our medical force readiness posture."

Ediger and Faison agreed that the lack of military patients would harm medical training and affect overall readiness.

"We believe resilient families with excellent health care support greatly enhances the resilience of all of our airmen," Ediger said. "Significant progress in the Military Health System, as Dr. Woodson pointed out, has occurred. And we are a progressive system of health and readiness as a result."

"We need to recognize what sets us apart from civilian medicine: that we are a rapidly deployable, fully integrated medical system," Faison said. "This allows us to support combat casualty care with unprecedented battlefield survival rates."

"The Army needs a medically ready force," Horoho said, with Ediger and Faison in agreement. "Commanders need to know Soldiers will be ready to deploy," she added.

"When wounded soldiers hear the rotor blades of a medevac helicopter, they need to continue to have confidence that our providers are trained and ready," Horoho said. "Any radical departure presents significant risk to a system that has produced record levels of both combat casualty survival and readiness."

Enrollment for Westover Medical Home clinic begins Wednesday

By Lori Newman

Brook Army Medical Center Public Affairs

The Westover Medical Home on the Northwest side of San Antonio is scheduled to open in August. TRICARE beneficiaries who would like to enroll at the new medical home can do so starting Wednesday.

"We encourage people to enroll as soon as possible, so they will be sure to obtain a spot at the new location," said Anthony O'Bryant, clinic administrator.

Beneficiaries who sign up for care at the new clinic will need to see their provider at the JBSA-Fort Sam Houston Clinic or the Taylor Burk Clinic at Camp Bullis until the clinic opens.

"People may be a little inconvenienced

in the interim, but we feel it will benefit them in the long term," O'Bryant said.

The 12,500-square-foot community-based medical home will house 13 board-certified providers with varied backgrounds and a multitude of experience to serve their patients. People will also have the benefits of on-site laboratory capabilities and a drive-through pharmacy.

The address is 10010 Rogers Crossing, which is located off State Highway 151 and Westover Hills Boulevard.

"We use a team approach to health care with licensed vocational nurses, registered nurses and physicians all working together to take care of our patients," O'Bryant said. The clinic will see patients from two weeks old and up.



Courtesy photo

The Westover Medical Home on the Northwest side of San Antonio is located at 10010 Rogers Crossing, off State Highway 151 and Westover Hills Boulevard.

"We hope that the addition of this new patient-centered medical home on the Northwest side of San Antonio will be of great value to our military beneficiaries on that side of town," O'Bryant said.

"We want our military beneficiaries to take advantage of what military medicine offers. We want to be their first choice for health care," he added. "Our intent is always to provide the best access to military medicine for our beneficiaries."

Westover is one of nearly a dozen military medical clinics across San Antonio and one of several community-based medical homes designed to offer convenient, high quality care to military families throughout the region.

TRICARE beneficiaries who would like to enroll to any of the clinic locations or move to the new Westover location can visit <https://www.humanamilitary.com/> or call 1-800-444-5445. Those people 65 years or older can call 808-2721 to enroll.

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Enduring Freedom deployment and a second medal for an Operation Inherent Resolve deployment would wear the medal or service ribbon with one service star device.

Although the policy is retroactive, conversions are not authorized. Airmen who initially earned the GWOT-EM and elected to accept the Iraqi Campaign, Afghanistan Campaign or Air Force Expeditionary Medal instead cannot convert back to the GWOT-EM and add a service star for subsequent awards.

Airmen awarded the GWOT-EM who have completed a subsequent deployment to a

qualifying area/operation should take supporting documents to their local military personnel section to have their records updated to reflect the award of a service star to their GWOT-EM. Supporting documents include contingency exercise deployment orders or completed paid travel vouchers, or decoration citations which indicate the deployment dates, deployment area and/or name of the operation.

For additional information about Air Force personnel programs go to <https://mypers.af.mil>. Individuals who do not have a myPers account can request one by following these instructions on the Air Force Retirees Services website.

Bexar County Sheriff's Office conducts SWAT seminar with IAAFA students



Photo by Jose T. Garza III

Staff Sgt. Natividad Jurado Jr., Inter-American Air Forces Academy international force protection instructor, answers questions about the armored vehicle provided by the Alamo Area Council of Governments for use in the Special Reactions Team training seminar June 15. The seminar at the IAAFA Training Center was conducted by the Bexar County Sheriff's Office SWAT team, and covered the training the team performs and the equipment they use.

By Jose T. Garza III
JBSA-Lackland Public Affairs

The Bexar County Sheriff's Office SWAT unit conducted a Special Reactions Team training seminar with Inter-American Air Forces Academy students from six different countries June 15 at the IAAFA Training Center.

The students – who were from Panama, Colombia, Chile, Uruguay, Paraguay and Honduras – were allowed to interact with the SWAT team and experience how they are trained and equipped, in addition to touring the SWAT team vehicle.

The SRT course is part of a revamped training course, covering introduction to terrorism, human rights, use of force, weapons training, pre-planning and tactical considerations, intelligence gathering, handgun, rifle, vehicle assault, cylindrical vehicle assault, exterior movement, containment and entry, building clearing and close quarter combat, active shooter and concepts of operations.

“The priority goal and mission of an SRT is to save the lives of hostages, suspects and police officers,” said Capt. Roberto Cornier, IAAFA International Force Protection Flight. “The members got to see what types of equipment and techniques other countries SWAT teams use and how the team forms.”

Sgt. Jerry Garza, BCSO SWAT Team,

was impressed with the students' questions during the Q&A.

“They asked if what we do is full time and it is not; we do civilian work and gang unit work,” he said. “They also asked about the kind of ammunition we use, why we use it and what other weapons we have.”

The IAAFA students can apply their knowledge of civilian police tactics such as “house to house maneuvers into their missions,” which occur mostly in the open field, Garza said .

Garza looks forward to BCSO continuing its relationship with IAAFA, noting plans for the unit to train with them on tactical weapons maintenance and usage.

Cornier revealed the training is scheduled for the next six weeks at either the Medina Training Annex or Joint Base San Antonio-Camp Bullis with the goal of exchanging weapons and firing techniques between the two organizations.

“This is an important step for the BCSO because their mission set is currently expanding beyond city operations as they continue to support neighboring cities,” he said. “The IAAFA team is very excited to work with local law enforcement organizations in order to exchange tactics and techniques. This joint training allows each respective team to improve operational procedures in order to save lives otherwise in danger.”

Manage the Risk on Fourth of July Weekend

The Fourth of July is a great opportunity for family and friends to relax and enjoy a little summer fun in the sun. Unfortunately, with the excitement that comes with a little time off, there is a tendency to overlook the risk factors that may be involved in activities. Adopting a risk management plan before setting out for a holiday celebration is an important part of ensuring a safe holiday weekend. Forethought and common sense must be exercised with any activity.

To meet the challenge of this extended Fourth of July weekend, keep in mind the following tips to minimize risks and prevent injury or even death to you or one of your family members:

Alcohol

- Moderation, moderation, moderation; drink responsibly and know when enough is enough.

Barbecue Safety

- Follow manufacturer's instructions for lighting and extinguishing gas grills. Gas buildup has led to explosions where people have been severely burned. For those charcoal grill users, what really burns the hair off your face is adding lighter fluid to hot coals. Lighter fluid turns to a heavy gas at a relatively low temperature. While liquid lighter fluid burns, evaporated (gaseous) lighter fluid explodes. Follow the instructions exactly and don't let lighting charcoal become a game.

Boating Safety

- Take a boating safety course.
- File a float plan. A float plan includes a description of the boat, a list of who is on board, a description of the safety equipment on board, along with a description of where you are going and when you plan to return.
- Never exceed the boat's maximum capacity and wear a personal flotation device.
- Keep an eye on the weather and avoid alcohol when operating a boat.



Swimming

- Swim where lifeguards are present. They are trained to identify hazards and assist swimmers.
- Never dive unless the water depth is known and obstacles are identified. A bad decision can leave a swimmer paralyzed for life.

Fireworks

- The Consumer Product Safety Commission estimates that 240 people on average go to the emergency room every day with fireworks-related injuries in the month around the July 4th holiday. In most cases, it is best to leave fireworks to professionals. If fireworks are legal in your community, it is still important to use caution. Always follow the manufacturer's instructions for use. Careless use of fireworks can cause serious pain, injury or death.

Driving

- Make sure vehicles are in excellent

operating condition before a road trip.

- Carry a roadside emergency kit, first aid kit and extra water.
- Buckle up. It is a simple habit and can mean the difference between walking away from a crash or being carried off on a stretcher; it's also the law.
- Keep children safe. The back seat is the safest place for children to ride, and all children must be restrained with the correct safety equipment.
- Don't speed. Excessive speed reduces a driver's ability to steer safely around curves or objects in the road. You never know what's around that next corner: A deer, stalled car or a pedestrian in the roadway.
- If you are operating a motorcycle, training, protective equipment and maintaining control of the vehicle are critical to safe cycling. We make a number of choices each day but these choices can mean the difference in walking away

from a mishap or being carried away. Most military members involved in fatal motorcycle mishaps are the result of excessive speed and loss of control.

- Most importantly, do not drink and drive and don't get into a vehicle with a driver who has been drinking. A designated driver is your best alternative and if that plan falls through, and you need a plan B, consider using a group such as JBSA Armed Forces Against Drunk Drivers for a safe ride home. They can be contacted at AFADD.JBSA@us.af.mil.
- For situational awareness, Texas Department of public Safety has a roadside assistance hotline for use to report non-life-threatening situations on Texas roads and highways. The number, 1-800-525-5555, is printed on the back of virtually all Texas driver licenses and ID cards. Examples of when a motorist should call the roadside assistance hotline include stranded with car problems, hazardous road conditions, debris in the roadway, suspicious activity at a rest area, and obviously intoxicated or dangerous drivers. DPS then passes the info to the appropriate local police agency.

Off-road Driving

- Ensure you have the proper training if you're thinking about off-road driving.
- Know the conditions and route so speed can be altered as necessary in areas with limited visibility or poor road conditions.
- Maintain proper speed and wear personal protective equipment

Whatever your plans are for this holiday, please take some time to consider the risk involved in your activities and take the action necessary to lower that risk to an acceptable level.

Tragedy can strike when least expected — identifying and managing risks will help keep you and your loved ones safe this holiday.

(Source: 37th Training Wing Safety Office.)

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JBSA Fire Emergency Services offers safety tips for using fireworks on July Fourth

By David DeKunder
JBSA-Randolph Public Affairs

Fireworks displays will light up the skies in areas around Joint Base San Antonio locations next week as service members and their families observe the July Fourth holiday.

While the sight of fireworks shooting and popping up in the air can provide for a spectacular display, JBSA Fire Emergency Services officials are urging service members and their families to be careful and use common sense if they plan to handle or be around fireworks to celebrate the holiday.

James Smith, JBSA Fire Emergency Services fire prevention inspector at JBSA-Randolph, said fireworks can cause injuries or property damage if they are not used properly.

Each year an average of 240 people are taken to hospital emergency rooms in the U.S. with injuries from fireworks within the month around Independence Day, according to the National Fire Protection Association.

Smith said the possession and use of fireworks are banned at JBSA locations and within the city limits of several area cities around JBSA locations, including San Antonio.

Weather conditions will determine whether or not fireworks are permitted in unincorporated areas of Bexar County. Service members should know and follow

local laws concerning the possession and use of fireworks.

Smith said he advises JBSA service members and families not to use fireworks and instead go to a public fireworks display sponsored by professionals.

But if service members and their families decide to use fireworks in the areas where it's legal, he said several precautions need to be taken to prevent injuries to those who will handle or be near fireworks.

First, children should never be allowed to play with or ignite fireworks by themselves without adult supervision, Smith said.

The NFPA said that children ages 5 to 14 have the highest risk of being injured by fireworks.

Fireworks should be lit on a smooth, flat surface away from a building, house, grass and flammable materials, Smith said. Avoid areas with dry grass that could catch fire quickly.

Firecrackers should be lit on the ground, not when they are being handled as to avoid injuries and burns to the hands and other parts of the body. Before lighting a firecracker, Smith said individuals should be kept at a safe distance and out of the range of the fireworks.

If a firecracker doesn't go off the first time, do not try and light it again, Smith said.

"If you attempt to light one and it doesn't go off, don't see what's wrong

with it," he said. "You don't know if it's a dud or whether it's a delayed explosion."

Smith said people should know the type of fireworks they are using and what they will do, whether they shoot up, spin around or explode.

Make sure a bucket of water, garden hose or fire extinguisher is accessible in case of a fire.

Smith said firecrackers should never be lit inside homes and vehicles.

He said fireworks should not be thrown or used like a weapon by pointing them at individuals or property. Do not light them in metal or glass containers or put them in a fire pit, where the sparks and embers could shoot out, possibly injuring and harming people in the vicinity.

Follow the weather conditions, such as if it's dry or windy, to determine if it would be safe to use fireworks in those conditions, Smith said. Never drink alcohol when handling and setting off fireworks and purchase the fireworks from a reliable, licensed fireworks dealer.

Smith said common sense is essential in making sure individuals use fireworks responsibly.

"If it doesn't look right or feel right, don't do it," he said.

For more information about fireworks safety visit the NFPA website at <http://www.nfpa.org/education> or call the JBSA-Fire Prevention offices at JBSA-Randolph, 652-6915; JBSA-Lackland, 671-2921; and JBSA-Fort Sam Houston, 221-2727.



One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes five minutes or less to submit a comment at <http://ice.disa.mil>.



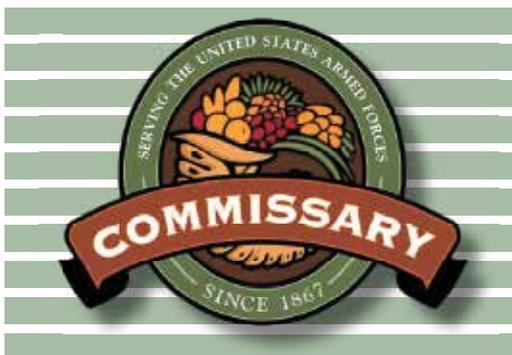
Commissaries serve as Feds Feed Families collection sites

By Jessica Rouse
Defense Commissary Agency Public Affairs

Commissaries are serving as collection points for the Feds Feed Families campaign, which began June 1 and ends Aug. 31 at participating stateside military installations.

During the campaign, participating installations help collect items most needed by food pantries and then donate them to area food banks.

"This marks our sixth consecutive year participating in this campaign, and what

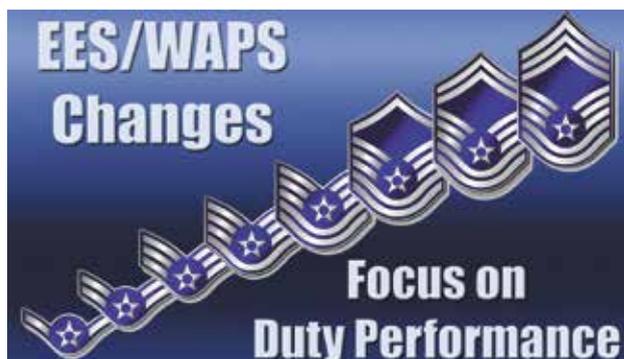


could be better than helping provide food

for those in need around us," said Randy Eller, the Defense Commissary Agency's deputy director of logistics.

Last year, DeCA collected almost 1 million pounds of food donated at commissaries and given to area food banks. That represented 30 percent of the Defense Department's total Feds Feed Families' donations. Many stores featured donation packages provided by commissary vendors for patrons to purchase and donate on the spot.

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Enlisted evaluation, promotion systems to use new process

With static closeout dates for each rank in place, the Air Force announced it will update the enlisted performance report forms and utilize new forced distribution and senior rater stratification restrictions to round out the incremental changes to enlisted evaluation and promotion systems with performance as the driving factor in promotions.

For technical sergeants and below, forced distribution limits the top two promotion recommendations a commander is authorized to give to promotion-eligible Airmen.

The restrictions under forced distribution are tied to historical promotion rates in each grade designed to ensure those Airmen receiving a top tier promotion recommendation have a distinct advantage for promotion. The total number of forced

distribution quotas is based on the total number of promotion-eligible Airmen a commander has in a specific grade on the SCOD.

“The revised enlisted evaluation system provides ratees with meaningful feedback on rater expectations, a reliable, long-term cumulative record of performance and a clear indication of their promotion potential,” said Lt. Gen. Sam Cox, deputy chief of staff for manpower, personnel and services. “With nearly 90 percent of Airmen receiving ‘truly among the best’ assessments, a better means of identifying the top performers was absolutely necessary.”

New regular Air Force promotion eligibility cut-off dates for promotions to master sergeant and technical sergeant took effect this past fall to correlate with the new SCODs and in support of the master sergeant promotion process and forced distribution requirements scheduled for implementation beginning in November 2015.

Airmen who are not eligible for promotion on their EPR static closeout date will receive an assessment of performance without a promotion recommendation.

“This is one of the key steps we need to take to truly ensure performance counts and that the promotion system is about performance first,” said Chief Master Sgt. of the Air Force James Cody. “There has to be a level of discernment when it comes to promotions; this step gives us the tools to do just that.”

For senior NCOs, stratification restrictions will limit the number of stratifications a senior rater may give to their master sergeant and senior master sergeant promotion eligible populations.

Endorsement by senior raters will be restricted beginning with senior master sergeant EPRs closing out in July 2015. Senior raters will be restricted to endorsing only the top 10 percent of their master sergeant promotion-eligibles for promotions

to senior master sergeant, and the top 20 percent of their senior master sergeant promotion-eligibles for promotions to chief master sergeant.

The forced distribution process was built with similarities to the senior airman below-the-zone promotion process. There will be large units, with enough Airmen to earn outright promotion allocations, and small units which will roll-up nominated promotion eligibles to an enlisted forced distribution Panel led by the senior rater.

Once the EFDP selects the eligibles who will receive the top promotion recommendations, the remaining eligibles will receive outright promotes. Airmen receiving “promote” recommendations from the EFDP or directly from their unit continue to have significant opportunities for promotion as overall promotion percentages exceed the allocations controlled under forced distribution.

Although changes to the EES are a total force initiative, the Air Reserve component will not enforce forced distribution across their junior enlisted promotion eligible grades; however, both the Air Force Reserve and Air National Guard will utilize senior rater endorsement restrictions across the senior NCO grades.

Three teams of personnel experts will be visiting Air Force bases worldwide to conduct town halls including leadership briefings and question and answer sessions on the enlisted evaluation and promotion system changes. The town halls began at Joint Base Andrews, Md., June 11 with all team visits scheduled to be complete by late July.

Airmen with questions are encouraged to attend briefings at their installation or the installation nearest them. For installation briefing times and locations, contact the local military personnel section or public affairs office or visit the Air Force Personnel Center website or <http://mypers.af.mil>.

(From Secretary of the Air Force Public Affairs)

MARINE CORPS FORCES CYBERSPACE COMMAND COMMANDER VISITS 24TH AIR FORCE



U.S. Air Force Lt. Col. William Rondeau (right) from the 624th Operations Center briefs U.S. Marine Corps Maj. Gen. Daniel J. O'Donohue, Marine Corps Forces Cyberspace Command commander and U.S. Air Force Maj. Gen. Ed Wilson, 24th Air Force commander during O'Donohue's visit to Joint Base San Antonio-Lackland, June 15. Each service possesses unique missions regarding cyber operations; however there is also a shared risk and responsibility by all stakeholders within cyberspace. O'Donohue's visit presented the opportunity for the sharing of lessons learned, collaboration, and integration of forces which allows for increased efficiency and experience within this vital mission set.

Photo by Master Sgt. Luke P. Thelen

Patient feedback improves processes, boosts satisfaction rate at pediatrics clinic

By Staff Sgt. Jason Huddleston
59th Medical Wing Public Affairs

Thanks to customer feedback, the patient check-in process at the pediatrics clinic on Joint Base San Antonio-Randolph just got easier.

One mother, frustrated with having to complete lengthy forms for every appointment, submitted a comment card asking for a change in the process. Filling out the same information for each appointment was a difficult and tedious task, especially for people with multiple children, she explained. Shortening the forms, or removing the need to complete them, would definitely improve the patient experience.

The clinic staff also recognized the problem, so they worked with the patient to come up with a solution and simplify the check-in process.

Information collected on the forms is important for patient care. It helps technicians and providers accurately and easily transfer necessary information to a patient's electronic record, said Staff Sgt. Codi Goodwin, 359th Medical Group Personnel Administrative Services.

"Our check-in process included in depth, question-based forms and took parents a while to complete so they were not always finished before being called back for the appointment. I routed the patient's feedback idea to our squadron commander and was given permission to modify the forms," Goodwin explained.

The clinic added a simple statement to the top of the forms: "Please complete all shaded areas. Please complete all other areas if this is your first visit, or for any changes."

Some questions on the forms must always be filled out, including current medications and current medical conditions, but eliminating the requirement to complete every area was a welcome change for patients, Goodwin said.

"The mother was very pleased and I saw a great change in customer satisfaction. In six months, our satisfaction rate increased from 52 percent to 89 per-



Photo by Staff Sgt. Corey Hook

Patients who receive care in 59th Medical Wing facilities can provide feedback through the Interactive Customer Evaluation. Patient feedback is helping the wing improve processes while continually providing patient-centered quality health care.

cent," she said.

Patient feedback and recommended changes – no matter how small or simple – help the 59th MDW improve processes as it works toward its goal of continually providing patient-centered quality health care, said Chief Master Sgt. Scott Warnberg, 59th MDW customer service representative.

"Getting direct feedback from patients about their experiences with our health care system gives us the critical information we need to focus our improvement

efforts in ways that are important to them," he said.

Patient feedback forms are available at every 59th MDW clinic. Customers can also submit feedback through the wing's website. Visit <http://www.59mdw.af.mil> and click on the ICE link under Patient Feedback in the column on the right of the page.

"I encourage all our patients to take a moment at the end of each visit to fill out a comment card or access our ICE website to let us know what we are doing well and where we need to improve," Warnberg said.

COMMISSISARIES from Page 7

"2014 was a great campaign year for us," Eller said. "Our customers should be really proud – a large number of people were helped."

Since the campaign's inception in 2009, more than 24 million pounds of food have been donated.

Once the items have been collected, installation officials will work with their commissary to deliver the items to their local food bank.

The most needed items for donations include:

- Canned vegetables - low sodium, no salt
- Canned fruits - in light syrup or its own juices

- Canned proteins - tuna, salmon, chicken, peanut butter and beans
- Soups - beef stew, chili, chicken noodle, turkey or rice
- Condiments - tomato-based sauces, light soy sauce, ketchup, mustard, salad dressing or oils
- Snacks - individually packed snacks, crackers, trail mix, dried fruit, granola and cereal bars, pretzels, and sandwich crackers
- Multigrain cereal
- 100 percent juice - all sizes, including juice boxes
- Grains - brown and white rice, oatmeal, bulgur, quinoa, couscous, pasta, and macaroni and cheese

- Paper products and household items - paper towels, napkins and cleaning supplies
- Hygiene items - diapers, deodorants (men and women), feminine products, toilet paper, tissues, soap, toothpaste and shampoo

"We want to make a difference in the communities surrounding our stores," Eller said. "And our patrons and employees help us do that."

This year, no goals have been set, but DOD is urging participants to do their best to top their past donations.

For more information on this campaign, visit <http://www.usda.gov>.

LOCAL BRIEFS

JULY 31

FINAL FRIDAY

The Gateway Club will host a Final Friday event to "party the month away" at the Maverick Lounge from 5-8 p.m. Entertainment will be provided by DJ LJU.

INFORMATIONAL

GATEWAY GOLF COURSE GRILL CLOSING.

The Golf Course Grill, located at the Gateway Hills Golf Course on Joint Base San Antonio-Lackland closed Tuesday for renovations.

Construction is estimated to last about two months.

The golf course will continue to operate as usual. Snacks and drinks will continue to be available at the pro shop. For any questions, contact 671-3466.

THRIFT SHOP BAG SALE

The Lackland Thrift Shop will be open from 10 a.m. to 4 p.m. Thursday and June 30 with a \$5 Bag Sale both days. The shop closes July 1-9 and will re-open July 11-30 for sales only. Store hours are Tuesday through Thursday from 10 a.m. to

2 p.m., for additional information, call 671-3608.

CAR SEAT CLINIC

Family Advocacy is partnering with SafeKids USA to provide a child safety seat clinic at the Joint Base San Antonio-Lackland Fire Station, located at 1910 Kenly Ave., building 2325, Thursday from 9:30 to 11:30 a.m.

Safety seat check ups, installation education and recall checks are included.

Only military ID cardholders are eligible and the child must be a dependent. New car seats are provided only if current seat is outdated or on the recall list.

Children must be present and under 4 feet 9 inches or 100 pounds. Only one seat will be replaced per child. Registration is required; no walk-ins.

Provide the following information: child's name and age, weight and height, number of children and make and model of vehicle. To register, call 292-5967.

JBSA FAMILY ADVOCACY PROGRAM CARE LINE

Assistance is available to those in need of services related to the

prevention of family maltreatment in the community.

To report incidents of spouse or child abuse and to coordinate an emergency response for victims of domestic violence, call 292-5967. This line is monitored 24 hours per day, seven days a week.

DINING FACILITIES PRICE CHANGE

The below rates apply to dining facilities not using the la carte pricing system: Slagel, Rocco, B5107, B5105, Medical Readiness DFAC and all BMT facilities.

Breakfast – \$3.45

Lunch – \$5.55

Dinner – \$4.85

In addition, Meals-Ready-to-Eat and flight meals are priced at \$5.55 each. For details on dining facilities to include hours, contact information and address, visit <http://www.jbsa.af.mil/library/diningfacilities.asp>.

CAR CARE AVAILABLE FOR SPOUSES

The JBSA-Lackland Military & Family Readiness Center gives spouses of deployed members free vouchers for a free basic oil change and vehicle safety inspection at the Auto Hobby Shop.

Call 671-3549 for additional

information.

SHAPE UP WITH FREE WORKOUT CLASSES

The JBSA-Lackland Gillum Fitness Center offers high-energy cardio programs. Total body toning classes Monday, Wednesday and Friday, 11:30 a.m. to 12:30 p.m.

Stand-up fighter workout Tuesday and Thursday offers a combination of mixed martial arts, basic boxing, Muay Thai and ground defense boxing techniques focusing on cardiovascular aerobics and stress relief.

These classes are free. For additional information, call 977-2353 or 977-2354

STARBASE KELLY SUMMER PROGRAM

The 433rd Airlift Wing sponsors the Starbase Kelly summer program, a free summer educational program, for children who are associated with Joint Base San Antonio-Lackland and who have completed either the fourth or fifth grade and have not attended the program before.

The program includes aircraft tours, scientific experiments, teamwork and goal setting, rocket building and launching, computer aided design and computer flight simulation.

Two sessions are offered, July 13-17 and July 20-24. Program hours are 9 a.m. to 2:30 p.m.

The sessions will be held on Starbase Kelly at the 433rd Airlift Wing ramp in building 909. Children attending will need to bring a lunch.

To register, submit the child's name, address, home telephone, and school grade completed this year via email. Include the sponsor's name, organization, duty phone and the session being requested.

Submit registration information, to starbasekelly@gmail.com. For more information, call 925-5397.

QUARTERLY SCHOLARSHIP APPLICATION

The Security Hill 5/6 at Joint Base San Antonio-Lackland is accepting applications for their quarterly scholarship. All active duty Airmen E-4 and below assigned to JBSA-Lackland are eligible to apply. The winner will be announced a week after the end of each quarter. Submissions must be received before the end of each quarter; late submissions will not be accepted. Download the form at, <http://us.af.mil>. Deadlines are June 30, Sept. 30 and Dec. 31. For more information, call 977-5993.

CHAPEL SERVICES

—PROTESTANT WORSHIP SERVICES

Freedom Chapel – Building 1528

Contemporary Service Sun. 9:30 a.m.
Religious Education Sun. 11:00 a.m.
Gospel Service Sun. 12:30 p.m.
Spanish Service Sun. 3:00 p.m.

LITURGICAL SERVICE

Airman Memorial Chapel – Building 5432

Sun. 8:00 a.m.

CHURCH OF CHRIST

New BMT Reception Center – Building 6330

Sun. 7:30 a.m. (Rm. 175)

SEVENTH - DAY ADVENTIST

Gateway Chapel – Building 6300

Sat. 12:30 p.m.

CHRISTIAN SCIENCE

New BMT Reception Center – Building 6330

Sun. 7:30 a.m. (Rm. 112)

—ORTHODOX CHRISTIAN

Airmen Memorial Chapel – Building 5432

Sun. 9:30 a.m.

—WICCA

New BMT Reception Center – Building 6330

Sun. 9:00 – 11:00 (Auditorium)

Freedom Chapel – Building 1528

Wicca Open Circle 1st Tues. 6 – 7 p.m.

—REFUGE STUDENT CENTER

Building 9122 (Tech Training & TDY Students)

Wednesday 6 – 8 p.m.

Thursday 6 – 8 p.m.

Friday 6 – 11 p.m.

Saturday 12 – 9 p.m.

Sunday 11 – 5 p.m.

—JEWISH

Airmen Memorial Chapel – Building 5432

Sabbath & Kiddush Fri. 4:30 p.m.

Religious Education Sun. 1:30 p.m.

—ROMAN CATHOLIC

Freedom Chapel – Building 1528

Religious Education Sun. 9:00 a.m.

Mass Sat. 5:00 p.m. Sun. 11:00 a.m.

Reconciliation Sat. 4:00 – 4:45 p.m.

Daily Mass Mon., Tues. & Thur. 11:30 a.m.

Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

Global Ministry Center – Building 7452

Jumu'ah Prayer Fri. 1:30 p.m. – 2:30 p.m.

—BUDDIST

New BMT Reception Center – Building 6330

Sun. 10 a.m. (Rm. 175)

—ECKANKAR

Gateway Chapel – Building 6300

1st, 3rd, and 5th Saturdays 12:30 p.m.

—BAHA'I

Gateway Chapel – Building 6300

1st, 3rd, and 5th Sun. 11:00 a.m.

—THE CHURCH OF JESUS CHRIST OF

LATTER-DAY SAINTS

Gateway Chapel – Building 6300

Religious Education Tues. 6:30 p.m.

LDS Institute Thurs. 6:30 p.m.

LDS Service Sun. 1:00 p.m.

JBSA-LACKLAND

KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.af.mil
My Air Force Life	http://www.MyAirForceLife.com

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911

BMT HONORS

Congratulations to the following 63 Airmen for being selected as honor graduates among the 634 Air Force basic military trainees who graduated today:

320th Training Squadron

–Flight 343

Christian Castaneda
Robert Condrey
Alexis Gonzalez
Isaiah Green-Cardwell
Aaron Hooks
David Zongker
–Flight 344
Debra Cordell
Kayla Corn
Sharlyn Thames
Anabel Wells
Ann Wilthew

321st Training Squadron

–Flight 353

Nathan Gracialatorre
Aaron Sizemore
William Tittle
–Flight 354
Kennedy Houser

322nd Training Squadron

–Flight 349

Zachary Campbell
Jared Chandler
Ryan Hills
Christopher Mesch
Darius Pasilaban
Michael Uribe
Tyler Vangrootenbruel
–Flight 350
Kyle Aird-Oharran
Jared Allen
Samuel Butler
Nicholas Flores
Montana Highley
Anthony Nordstrom
Branden Olson

Concepcion Rodelo
Alexander Streets
Jonathan Waggoner
Keith Wilkins
–Flight 351
Alexander Crume
Drew Davis
Nathaniel Monge
Ryan Perry
Bryce Pierce
Patrick Rooy
–Flight 352
Juanita Morales

323rd Training Squadron

–Flight 345

Alonso Lopez
Tristen Stovall
–Flight 346
Eric Ines
Kenneth Reed
Durkin Ross

331st Training Squadron

–Flight 347

Brandon Adams
Nicholas Allen
Antoine Brown
Thomas Cadwell
Nicholas Compagni
Nicholas Esposito
Naweed Hashimi
Ryan Kuroiwa
Brandon Martin
Cory Mattocks
Jacob Moore
Andrew Richter
Jacob Shields
Joseph Skinner
–Flight 348
Aaron Anderson
Terry Gilman
Jeffrey Urquhart
Nicholas Wilde

Top BMT Airman

Michael Uribe
322nd TRS, Flight 349

Most Physically Fit

–Female Airmen

Brandy Jones
320th TRS, Flight 344
Kennedy Houser
321st TRS, Flight 354
Emmalee Roybal
320th TRS, Flight 344
Juanita Morales
322nd TRS, Flight 352
–Male Airmen
Aaron Hooks
320th TRS, Flight 343
Tyler Moore
322nd TRS, Flight 351
Conner Shaffer
322nd TRS, Flight 350
Ryan Perry
322nd TRS, Flight 351

–Female Flights

322nd TRS, Flight 352
321st TRS, Flight 354
320th TRS, Flight 344

–Male Flights

320th TRS, Flight 343
331st TRS, Flight 347
323rd TRS, Flight 345
322nd TRS, Flight 351
322nd TRS, Flight 350
322nd TRS, Flight 349
323rd TRS, Flight 346
331st TRS, Flight 348
321st TRS, Flight 353

Top Academic Flights

322nd TRS, Flight 349
322nd TRS, Flight 350
331st TRS, Flight 347
321st TRS, Flight 353
331st TRS, Flight 348
323rd TRS, Flight 345
323rd TRS, Flight 346
321st TRS, Flight 354
320th TRS, Flight 343
322nd TRS, Flight 351
320th TRS, Flight 344
322nd TRS, Flight 352

WARRIORS from Page 2

Of course, moral courage is not limited to wartime. Many years before My Lai, before the founding of this country, John Adams exhibited such courage when he agreed to defend the British soldiers who carried out the Boston Massacre. These soldiers had just killed five colonists, enraging the populace.

Although opposed to British tyranny, Adams agreed to represent the British soldiers knowing that taking the case would bring criticism and accusations of aiding the enemy.

He also knew that taking the case might cause his practice to suffer or even put his family in danger. But he

believed so strongly in the rule of law, as opposed to mob justice, he agreed to represent the soldiers. Like Thompson, Adams chose to do the right thing, despite the costs.

These striking examples demonstrate the importance of moral courage. As they show, following the “moral compass” is not always easy, but we have not chosen an easy profession.

At some point in your career, as an Air Force warrior you will be confronted with a situation requiring moral courage, such as politely speaking-up and disagreeing with a supervisor or intervening to prevent potential injury or misconduct.

How will you respond? Will you embody the warrior ethos?

FOSTER a PUPPY

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need:

- time and patience to raise a puppy age 12 weeks to six months,
- a stimulating and safe home environment, and
- a desire to help raise a military working dog.

Call 671-3686



Fraud, Waste or Abuse

Report suspicious activity concerning fraud, waste or abuse and employee or management misconduct.

Report suspected FWA to your local inspector general, the 502nd Air Base Wing IG or the DOD FWA Hotline.

502 ABW/IG FWA Hotline 808-1000, <http://www.jbsa.af.mil/fwa.asp>
DOD Hotline 800-424-9098, <http://www.dodig.mil/hotline>

Airmen's Week: Transition from trainee to Airman

By Tech. Sgt. Joshua Strang
Air Education and Training Command Public Affairs

Capstone Week officially changed its name to Airmen's Week May 11, to better reflect the training and trainee mindset expected of the week following basic military training.

"The name Capstone Week was a working title," said Kevin Adelsen, the Air Education and Training Command Airmen's Week program manager. "The name change does not mean a change in strategy. It symbolizes a trainee's transition from basic military training to earning the title of Airman."

During the inaugural week of Capstone, Airmen and training staff were polled for ideas. The top five names were given to Gen. Robin Rand, the AETC commander, who chose the final name.

Col. William Fischer, the 737th Training Group commander, said the new name mirrors the training and mental-

ity of the Airmen who graduate from the course.

"The name Airmen's Week reflects the idea that the week belongs to the Airmen as they go through the program," Fischer said. "We encourage them to take ownership of their first professional military education experience."

More than 7,000 Airmen have attended Airmen's Week since it began on March 23 and the feedback from the Airmen has been very positive.

"Airman after Airman has stated that they feel better equipped for the challenges of the Air Force after taking the course," Fischer said. "However, the Airmen have also made suggestions to improve the training. We take that feedback very seriously because it helps us identify where we need to refine lessons to reach our target audience."

Fischer explained that the addition of Airmen's Week is one of the first steps in implementing the chief of staff of the

Air Force's broader culture of excellence initiative.

"We created an opportunity to enhance Airmanship skills in a post-BMT week, focused on character development," Fischer said. "BMT teaches them what they must know, be able to do and how to behave. Airmen's Week teaches them to think critically. The course strengthens their resilience and makes them more self-aware."

Brig. Gen. Trent Edwards, the 37th Training Wing commander, said Airmen's Week is helping to change the culture of Airmen and shaping the future of the Air Force.

"Airmen's Week reinforces the fact that an environment of professionalism, dignity and respect is absolutely mission critical," Edwards said. "Ultimately, we hope to give our Airmen the strength, character and resiliency to make decisions that are consistent with our Air Force core values. The goal of

Airmen's Week is to produce more professional, resilient Airmen, inspired by our heritage, committed to the Air Force core values, and motivated to deliver airpower for America."

Fischer added that through this educational construct, Airmen are given opportunity to self-reflect and self-actualize in order to internalize the Air Force core values.

With Airmen's Week focused on character development, measuring success of the program isn't as quick and easy as a grading a written exam.

"Our measure for success is not a test score this week, but better Airmen for the operational Air Force," Fischer said. "We look forward to feedback from the field on how the program is doing."

Fischer said that Airmen's Week helps AETC stay committed to ensuring the Air Force has the finest, highly disciplined, educated and critically thinking warriors in the world.

DOD sends blended military retirement proposal to Congress

By John D. Banusiewicz
DOD News, Defense Media Activity

A Defense Department proposal submitted to Congress June 10 would create what Pentagon officials called a "blended defined benefit and defined contribution" military retirement system.

Pentagon spokesman Army Col. Steve Warren told reporters that the proposal includes elements the department believes are necessary to promote retention, to maintain the all-volunteer force, and to protect service members who retire due to disability.

"The department carefully reviewed proposals offered by the Military Compensation and Retirement Modernization Commission as well as Congress," Warren said. "And in crafting its final recommendation, the department con-

sidered all elements of current and potential retirement plans and built a blended system that – in the military judgment of the Department of Defense – best enables us to maintain the readiness of the all-volunteer force."

Officials believe the proposal will help to give the department the flexibility it needs to manage the force into the future, the colonel said, while helping to ensure that 85 percent of service members will start long-term retirement savings.

Highlights of the proposal include:

- Creating a defined contribution element through the Thrift Savings Plan for service members;

- DOD automatically contributing an amount equal to one percent of a service member's basic pay to the Thrift Savings Plan account from entry into service

through separation or retirement, with vesting after completion of two years of service and additional matching contributions of up to five percent of basic pay starting after completion of four years of service and continuing through separation or retirement; and

- Each service having the ability to offer a bonus, called Continuation Pay, to members with eight to 16 years of service, with each service setting the rate of Continuation Pay.

"This change to a blended retirement system is a key step in modernizing the department's ability to recruit, retain and maintain the talent we require of our future force," Warren said. "We know that future service members will require more choice and flexibility in compensation and retirement."

The proposal also provides additional

options for attracting and managing a military force that requires ever-increasing, diverse and technical skill sets in an evolving global economy, he added.

Navy Lt. Cmdr. Nate Christensen, a Defense Department spokesman, said that under the plan, about 85 percent of service members who enter the force will receive some form of a portable retirement benefit.

Future service members would receive 80 percent of the current defined benefit – retirement pay, which effectively is a pension – if they serve for 20 years, and would have the opportunity to achieve nearly equivalent or better retirement benefits when they reach retirement age, he added.

"This plan enables us to recruit and retain our superb all-volunteer force in the 21st century," Christensen said.

LACKLAND GATEWAY THEATER SCHEDULE

FRIDAY – THURSDAY

Friday

• 6 p.m. Tomorrowland (PG)

Saturday

• Noon Tomorrowland (PG)
• 3 p.m. Pitch Perfect 2 (PG-13)
• 6 p.m. Poltergeist (PG-13)

Sunday

• Noon Tomorrowland (PG)

• 3 p.m. Poltergeist (PG-13)

Thursday

• 4 p.m. Tomorrowland (PG)

Movie Line: 671-3985 or View schedules at:

<https://www.shopmyexchange.com/reel-time-theatres/>

Program Note

Locate the *Day of the Week* and *Date* and *Read* across for specific show times.

We have one movie screen, one movie per show time. Doors open 30 *minutes* prior to each show time.



UPCOMING

FALL BOWLING LEAGUES FORMING

The Skylark Bowling Center fall leagues are forming. Stop by and join one of the fun leagues including: Monday Night Senior League, Ladies Happy Rollers, Fuzz and Assoc. League (mixed adults), Old Timers League, Morning Intramurals, Heroes League and Friday Night Stompers. Call 671-1234 for details.

YOGA CLASS

Improve flexibility, strength and balance while enhancing your posture, coordination and mental focus. The class is at 11 a.m. Saturdays, and is \$3 per person, per class. Call 671-4477 for details.

Scoreboard

SOFTBALL

NATIONAL LEAGUE

NL WEST	W	L
1. 502nd OSS	4	1
2. 624th OC	4	2
3. 502nd FSG	3	2
4. NTTC	3	2
5. 717th MI Bn	3	3
6. 59th MLRS	0	5

NL CENTRAL	W	L
1. 343rd TRS-SB	6	1
2. 802nd SFS-Blue Team	3	1
3. 37th TRSS	3	3
4. 341st TRS	1	5
5. 502nd CONS	1	5

NL EAST	W	L
1. AFLCMC	6	0
2. 453rd EWS	3	1
3. 149th FW	2	2
4. 688th CW	2	3
5. 502nd LRS	1	2
6. CGCU-TX	0	7

AMERICAN LEAGUE	W	L
AL EAST		
1. 737th TRG	5	1
2. NIOC	5	1
3. 802nd SFS-White	7	2
4. 369th RCG	3	3
5. 92nd IOS	2	3

AL WEST	W	L
1. 35th IS	4	2
2. DISA	5	3
3. 33rd NWS	4	4
4. Lady Warhawks	3	5
5. IAAFA	1	5
6. 433rd AMXS	0	8

AL CENTRAL	W	L
1. 543rd ISRG	5	0
2. 690th COG	5	2
3. 502nd CEF	3	3
4. 668th ALIS	3	6
5. 543rd SPTS	2	5
6. 559th MDG	2	6

Gatorball sets ‘right frame of mind’ for 502nd CONS



Senior Airman Michael Burkett, 502nd Contracting Squadron contract administrator, kicks a soccer ball while Senior Airman Timothy Hull (left), 502nd CONS contract administrator and Tech. Sgt. T.V. Miller, 502nd CONS NCO in charge of Simplified Acquisitions Flight (right) look on during a game of Gatorball June 12 at the Defense Language Institute English Language Center Soccer Field.

Story and photos by Jose T. Garza III
JBSA-Lackland Public Affairs

Gloomy clouds are aloft and a slight breeze travels through the Defense Language Institute English Language Center soccer field on an early Friday morning.

Airmen from the 502nd Contracting Squadron are enjoying themselves with some friendly Gatorball, a sport that combines the rules of soccer, basketball and touch football.

The squadron plays every Friday at 7:30 a.m. as part of a group physical training session; the game sets the tone for the rest of the day.

“Starting my day with Gatorball puts me in a good mood for the rest of the day,” said Master Sgt. Bobbie Dobberstein, a contracting specialist with the 502nd CONS. “The sport makes me want to take on Fridays.”

“(The sport) sets us all up in the right

frame of mind to push through the entire workday,” said Cory Williams, 502nd CONS contracting officer. “It’s good to come out here as a unit and participate in some friendly competition. Gatorball gives us an opportunity to be competitive, release stress and build team spirit.”

The rules of Gatorball are simple: players may advance the ball by dribbling or passing with the feet, passing with the hands and running with the ball.

Lt. Michelle Ivey, a 502nd CONS contracting specialist, believes Gatorball is a “good morale builder.”

“It builds camaraderie because we have to work together to get the ball up the field,” Ivey said. “Working together no matter what our ranks or ages are is a good way to accomplishing goals.”

Ivey added the sport helps builds teamwork and communication, which they can apply to their jobs.

“Communication is the biggest thing

because there are rules that change frequently, and to be able to speak with each other frequently and get points across is important,” Ivey said. “We learn communication and practice it here on the field.”

Dobberstein said the weekly PT session allows her to get acquainted with her fellow Airmen and know their personalities.

“I can see who’s aggressive, who’s on the sidelines, who’s the first to cheer on their squadron mates when they score and who’s the first to bend down and help their fellow Airmen when they trip and fall,” she said.

Ivey extends an invitation to any unit who wants to play Gatorball with the 502nd CONS.

“We would love to play other squadrons,” she said. “As long as they get with us beforehand so we can make sure we have enough jerseys, any squadron is welcome to play with us.”

For additional information on Gatorball availability, call 671-1761.