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**JBSA Sexual Assault Hotline
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**JBSA Domestic Abuse Hotline
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**JBSA Duty Chaplain
221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING – JOINT BASE SAN ANTONIO-FORT SAM HOUSTON


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San Antonio civic leaders commit to Army listening session

 By Staff Sgt. Corey Baltos
Army North Public Affairs

San Antonio Mayor Ivy Taylor and U.S. Congressmen Lamar Smith will join Army leaders and the San Antonio Chamber of Commerce at a listening session at 1:30 p.m. Tuesday with representatives from the Department of the Army to discuss possible troop reductions at Joint Base San Antonio-Fort Sam Houston.

“The people of San Antonio – Military City USA – need to let their voices be heard when Army leaders from the Pentagon come to the city on Tuesday,” said Robert Naething, deputy to the commanding general, U.S. Army

North (Fifth Army).

The listening session, which is open to the public, takes place at the exposition hall next to the Freeman Coliseum, 3201 E. Houston St.

Following the remarks, there will be presentations on how a potential reduction in force will affect the whole of San Antonio. Topics will include healthcare, education, veteran’s community support and tourism.

JBSA-Fort Sam Houston is one of 30 installations directed by the Army chief of staff to hold community listening sessions to allow the Army to collect and consider community input to better inform Army leadership how and where

force structure changes will be made by determining how they will affect the installations as well as the community.

This listening session will allow Army officials to explain what the Army is doing and how they are determining where cuts will be made, as well as get input from the local community before the final decision is made.

In a 2014 assessment report, the Army estimated it may need to further reduce its personnel from a war-time high of 570,000 to 420,000 by 2020. If this does happen, JBSA-Fort Sam Houston and JBSA-Camp Bullis stand to

See LISTENING, P8



U.S. Army photo

Medical Advanced Individual Training students from Joint Base San Antonio-Fort Sam Houston take part in pre-game ceremonies before the kick-off of a recent Army-sponsored All-American Bowl high school all-star football contest at the Alamodome. JBSA-Fort Sam Houston is one of 30 installations directed by the Army chief of staff to hold community listening sessions to allow the Army to collect and consider community input to better inform Army leadership how and where force structure changes will be made by determining how they will affect the installations as well as the community.



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 U.S. Congressman
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Commentary: Women's History Month, Rosie the Riveter and me

By Staff Sgt. Alexandra M. Longfellow
509th Bomb Wing Public Affairs
Whiteman Air Force Base, Mo.

As we recognize Women's History Month this month, I am struck by the thought that heroes and role models do not have to be one single person but, in fact, can be several people. For me, this truth is especially relevant.

During World War II, many women opted to take on male dominated trades to support their families while their hus-

bands fought in the war. This was a stark change from an era in which women typically held a position as housewives.

It was during this time that "Rosie the Riveter" was born. In 1942, Veronica Foster, who had in the previous year become the face of Canadian women in the war effort as "Ronnie the Bren Gun Girl," donned the red bandana and rolled up her sleeves for Canada's neighbors to the south.

"Rosie the Riveter," as she was known in the U.S.,

was soon the iconic image of women entering the workplace and taking up industrial jobs in support of their nation.

Originally, it was meant to represent the millions of women employed at shipyards and manufacturing plants who were developing the nation's military arsenal and assembling war supplies. The poster itself evolved into a multi-dimensional inspiration.

Shortly thereafter, Redd Evans and John Jacob Loeb wrote a song in tribute to

Rosie, which became very popular.

"All the day long, where rain or shine, she's part of the assembly line. She's making history, working for victory, Rosie the Riveter"

Even today, Rosie's signature expression and inherent strength are an inspiration to millions of Americans, myself included.

I first learned about Rosie when I was seven. My mom

See ROSIE, P8

Air Force taking applications for summer jobs

By Janis El Shabazz
Air Force Personnel Center Public Affairs

The Air Force will hire hundreds of students and others through the summer hire program which kicked off March 13.

There are 300-plus positions available locally throughout Joint Base San Antonio-Randolph, JBSA-Fort Sam Houston, JBSA-Lackland and even a few at Canyon Lake.

Participation in the program varies from base to base, but all listings will be posted at <https://www.usajobs.gov/>. The summer hire program will end Sept. 25.

Clerical, lifeguard, recreation aid, computer clerk, general laborer positions and more are available.

Most summer hire positions are open to people eligible for the Pathways Summer Intern Program, but some may be open to Veteran Recruitment Appointment, 30 percent or more disabled veterans, reinstatement, military spouse and disability-eligible applicants or to the general public.

"Program participants will gain valuable real world experiences and job skills that can make landing that first permanent job much easier," said Robbie Brown, AFPC Civilian Force Integration Directorate.

Student applicants must be enrolled in an accredited high school or enrolled/accepted for enrollment as degree-seeking students, taking at least a half-time course load in an accredited technical, vocational, two- or four-year college or university, graduate or professional school.

All Pathways summer interns will be required to complete a Pathways participant agreement.

VRA applicants must be disabled veterans or veterans who served on active duty in the armed forces during a war, or in a campaign or expedition for which a campaign badge has been authorized, or veterans who -- while serving on active duty -- participated in a United States military operation for which an armed forces service medal was awarded, or a recently separated veteran.

To qualify under the veter-

ans' 30 percent disabled hiring authority, individuals must have served in the military, be able to produce proof of service and disability (DD Form, Certificate of Release or Discharge from Active Duty, 214 Member 4 copy and Veterans Affairs Disability Rating), and have a service-connected disability of 30 percent or more.

Announcement information:

- Clerical - GS-0399-01/05 - Job Announcement Number: SUM-AFPC-1356764-EAT

This position is being re-announced. Applicants who applied under announcement SUM-AFPC-1351423-LJD must reapply.

- Student Trainee (Lead Recreation Aid Lifeguard), GS-0199-04 - Job Announcement Number: SUM-AFPC-1356209-LAP.

- Student Trainee (Lifeguard), GS-0199-02/04 - Job Announcement Number: SUM-AFPC-1357435-LAP

This vacancy is being re-announced. Candidates who applied for Announcement # SUM-AFPC-1349696-LJD must self-nominate for this Announcement in order to

receive consideration.

- Laborer - Summer Hire, WG-3501-01/04 - Job Announcement Number: SUM-AFPC-1356909-EAT. This position is being re-announced. Applicants who applied under announcement SUM-AFPC-1348133-LJD must reapply.

Job seekers should call 800-525-0102 (if hearing impaired, call TTY/TTD 800-382-0893) for more information. Applicants located outside the U.S. will first dial a toll-free AT&T direct access number for the country they are in, then 800-525-0102. When the phone system answers, press 2 for civilian employees, then follow the prompts. For a list of the AT&T toll free access numbers, go to <http://www.usa.att.com/traveler/index.jsp>.

For more information about Air Force personnel programs go to myPers at <https://mypers.af.mil>.

Individuals who do not have a myPers account can request one at <http://www.retirees.af.mil/shared/media/document/AFD-120510-068.pdf>.



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News Briefs

502nd Air Base Wing Commander's Calls

Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, is holding a series of commander's call at JBSA locations. The first is at 10 a.m. Friday at the Bob Hope Theater on JBSA-Lackland. The next is at 1 p.m. Monday at Fleenor Auditorium on JBSA-Randolph. The final commander's call is at 10 a.m. April 3 at the Evans Theater on JBSA-Fort Sam Houston.

Notice To JBSA Facility Managers

Joint Base San Antonio facility manager training is scheduled for the following dates and places JBSA-Fort Sam Houston at 8:30 a.m. Tuesday in building 4197, civil engineer training room; JBSA-Lackland at 8:30 a.m. Wednesday in building 7356 auditorium at the Inter-American Air Forces Academy Training Center; and JBSA-Randolph at 8:30 a.m. Thursday in building 100, Fleenor Auditorium. The training is for all primary and alternate facility managers who require initial and annual refresher training. Facility managers should bring an updated letter of designation signed by the appointing official. For questions or concerns, call 671-3485.

Telephone Sponsorship Access No Longer Authorized

With the implementation of Air Force Manual 31-113, Installation Perimeter Access Control, dated February 2015, telephonic sponsorship for installation access is no longer authorized. Effective April 4, Joint Base San Antonio-Fort Sam Houston visitor centers will no longer accept telephonic sponsorship for any category of visitor, vendor or contractor requesting access to the installation. The only authorized means of sponsorship will be by ".mil" government email or by physically going to the visitor center with the access request. JBSA-Fort Sam Houston has two operational visitor centers, with the Walters Visitor Center located adjacent to the Walters Entry Control Point at 2150 Winfield Scott Road, building 4179, and the Scott Visitor Center located adjacent to the Harry Wurzbach East Entry Control Point at 3701 Winfield Scott Road, building 2843. For more information, visit <http://www.jbsa.af.mil/library/visitorinformation.asp> or call 221-1108 or 221-2756. Requests for sponsorship can be sent by email to usaf.jbsa.502-abw.list.502-sfs-fsh-visitor

See NEWS BRIEFS, P6

'Respect The Red Line:' Air Force Sexual Assault Prevention and Response training released

By Karen Izdepski
JBSA Sexual Assault Prevention and Response Advocate Programs Director

The Air Force Sexual Assault Prevention and Response program recently released the new Air Force requirements for annual SAPR training.

The Air Force's goal for fiscal year 2015 SAPR training is to generate increased peer-to-peer, commander-to-unit, and sexual assault response coordinator-to-military member engagement on the topic of sexual assault prevention throughout the year.

To foster change, the annual training format has been modified with the intent to generate continuous dialogue about sexual assault prevention and response within the Air Force community.

To that end, Air Force SAPR has developed a curriculum titled "Respect the Red Line." Fiscal year 2015 SAPR

training has two components which must be completed by Sept. 30 – a large group module and three small group modules.

The large group module is led by SAPR-trained personnel and is approximately 90 minutes. The small group modules (10-15 airmen per session) are unit led and are approximately 20 to 30 minutes each.

These small group modules are led by unit facilitators selected by the unit commander. At least two of the three (minimum) modules must include "Male Victimization" and "How to Talk to a Survivor."

There are 10 optional topics such as "Rape Culture," "Bystander Intervention," "Neurobiology of Trauma," and "Successful Convictions," to name a few, that a unit may choose from to complete the minimum of three total small group modules.

A schedule for the large

group modules and register can be found by using the Share Point sites listed below. All JBSA locations will offer these large group modules for the remainder of the fiscal year. Unit facilitators of the small group modules can also find training materials on these sites, along with other supportive materials.

Annual training is mandatory for all Air Force military members, Department of Defense civilians and non-appropriated fund employees. DOD contractors are highly encouraged to attend.

Individuals who are uncomfortable receiving SAPR training may work with their unit training managers and their local SAPR advocacy center to complete training or to request a waiver.

SAPR advocacy centers can be reached by calling 671-7273 at JBSA-Lackland, 808-8990 at JBSA-Fort Sam Houston or 652-4386 at JBSA-Randolph.



Courtesy Graphic

Sexual Assault Awareness Month is observed nationally during the month of April. The Department of Defense theme this year is, "Live Our Values: Step Up To Stop Sexual Assault." The underlying message is simple; everyone has a role in preventing sexual assault. Remember that bystander intervention is an effective tool for reducing opportunities to commit this crime.

To register for the Air Force SAPR large group modules and to find Air Force SAPR small group module curriculums, visit https://jbsa.eis.aetc.af.mil/SAPR/jbsa-rnd_sapr_trng/default.aspx for JBSA-Randolph; https://jbsa.eis.aetc.af.mil/SAPR/jbsa-fsh_sapr_trng/default.aspx for JBSA-Fort Sam Houston; and https://jbsa.eis.aetc.af.mil/SAPR/jbsa-lak_sapr_trng/default.aspx for JBSA-Lackland.

Acquisitions, accessions form Soldier support continuum

By Daniel P. Elkins
MICC Public Affairs

From the time young men and women develop a propensity to serve their nation to the years following fulfillment of their military commitments, contracting serves an enduring role in the support of Soldiers and their families.

It is that continuum that set the dialogue between the command sergeants major from the Mission and Installation Contracting Command and Army Recruiting Command during a March 10 visit to Joint Base San Antonio-Fort Sam Houston.

MICC Command Sgt. Maj. Stephen Bowens is the senior enlisted adviser for an organization responsible for contracting good and services in support of the Soldiers, and Command Sgt. Maj. Willie Clemmons of USAREC is responsible for providing the strength of the Army by developing agile Army recruiters to access the nation's best and brightest.

"One of Army Recruiting Command's best partners is the Mission and Installation Contracting Command," said Clemmons, the USAREC com-



Photo by Daniel P. Elkins

Command Sgt. Maj. Stephen Bowens (right) briefs Command Sgt. Maj. Willie Clemmons and other senior enlisted leaders from the U.S. Army Recruiting Command on how the U.S. Army Mission and Installation Contracting Command at Joint Base San Antonio-Fort Sam Houston contracted goods and services is the genesis and revelation of Soldiers accessed into the Army by recruiters. Bowens is the MICC command sergeant major and Clemmons is the USAREC command sergeant major.

See MICC, P21

American Heart Association recognizes Army Surgeon General Horoho as Heart Hero for Performance Triad concept

By **Stephanie P. Abdullah**
Army Medicine

The American Heart Association recognized Lt. Gen. Patricia D. Horoho, Army surgeon general and commanding general of U.S. Army Medical Command, with its Heart Hero award at the annual Heart Ball, which was held Feb. 28 at the Mandarin Hotel in Washington, D.C.

Now in its 6th year, the American Heart Association's Heart Hero program recognizes local contributors to the field of health, who have also served in the

military or are currently serving.

Its aim is to highlight commitment to duty and passion for medicine within the military and outside.

Horoho was nominated in recognition of the Performance Triad and its visibility throughout the Army.

Prevention of cardiovascular disease is the American Heart Association's largest platform and the Performance Triad's focus on prevention through better sleep, activity and nutrition behaviors, supports those efforts.

"Better sleep, activity and nutrition behaviors help improve the readiness of our Army Family," said Horoho, who is the first female and first nurse to serve as the U.S. Army surgeon general.

"We are moving away from that disease model of care and we are really turning that around and focusing more on improving, restoring and maintaining," she said.

Horoho was nominated by Army cardiologist Lt. Col. Todd Villines, who is also the president of the American Heart Association board

of directors.

Retired Army Reserve Col. William C. Devries and Col. Frederick Lough of the Army Medical Corps were also honored.

"They are at the tip of the spear, improving outcomes as a result of their strong leadership in research, education, and healing; which has made them true heroes and we salute them by telling their story," said Cheryl Campbell, senior vice president of CGI Federal and board chair for the American Heart Association's Greater Washington Region.



Photo by Stephanie Abdullah

Lt. Gen. Patricia Horoho (center), Army surgeon general and commanding general of U.S. Army Medical Command, poses during the 2015 Heart Ball reception with former U.S. Surgeon General Regina Benjamin (left) and American Heart Association's Greater Washington Region Board Chair Cheryl Campbell (right).

New Air Force Medical Service plan will dramatically change today's health systems

By Larine Barr
Air Force Surgeon General
Public Affairs

With the goal to move from health-care to health, the Air Force Medical Service has created a dynamic plan, which promises to revolutionize health and human performance systems as they exist today.

The Human Performance Concept of Operations, created by Air Force medical planners, strives to not only prevent or ameliorate disease, but to promote performance.

The plan centers on three pillars of human performance: sustainment, optimization and enhancement, and will serve Total Force beneficiaries, to include retirees and family members.

"I consider this plan to be foundational for the future of the AFMS, as it will help establish how we support a changing and evolving Air Force," said Lt. Gen. Thomas Travis, Air Force Surgeon General.

According to project manager, Col. Anthony Tvaryanas, 711th Human Systems Integration Directorate, Wright-Patterson Air Force Base, Ohio, the plan was driven by the emerging view that health is more than achieving some degree of health status, such as avoiding or controlling communicable and chronic diseases, and beneficiaries now want health as a resource for doing the things they

want or need to do to perform.

"To provide the best health outcomes and maximal value to the nation, we must move from episodic, disease-centric care structures to population health oriented systems, and within these population health systems there must be a focus on human performance," Tvaryanas said.

"Performance within working populations can be defined as human availability, being present and fit for duty," he said. "Within many non-active duty populations performance may translate to more individually targeted goals. For instance, performance may mean fitness for work in non-military jobs, quality of life, or activities of daily living."

The new framework will reorganize AFMS in-garrison healthcare around three new and integrated systems: the Air Force Medical Home; Human Performance Operations Center; and the Clinic Innovation, Test, and Evaluation System. The concept of operations lays out key components that will be needed to understand the performance requirements of populations served by the AFMS, evidence-based interventions to sustain human performance, and the type of delivery platform required to carry out the mission.

"This re-design effort, conducted using a systems engineering ap-

proach, also provides a significant opportunity to address the human systems integration of our medical personnel within our health delivery systems, thereby optimizing their performance," Tvaryanas said.

As described in the plan, beneficiaries will be identified as members of subpopulations that have shared health and performance risks and/or needs.

Future Air Force Medical Home primary care teams will be tailored to specifically meet these needs and address the full cycle of care.

Similar to an Air Operations Center, the Human Performance Operations Center will gather, analyze and disseminate information and maintain a strategic view of population health and performance. It will also enable teams to deliver integrated sets of evidence-based interventions as well as coordinate the efforts of the primary care team with other AFMS capabilities.

The Clinic Innovation, Test, and Evaluation System will ensure that the Air Force Medical Home is focused on continuous learning and process improvement.

Critical to the success of the Air Force Medical Home, is a human performance integration team, a voice at each installation, which will ensure two-way communication between the base and the HPOC.

See AFMS, P7

News Briefs

Continued from P3

control-center-owner@mail.mil.

JROTC Blood Drive

The Robert G. Cole High School Junior ROTC is holding a blood drive from 2:30-6:30 p.m. Thursday. Hosted by Brooke Army Medical Center, the blood drive takes place next to the JROTC building on the south side of the campus and is open to all those who wish to donate. For more information, call 368-8730, ext. 7018.

Fire Explorers Program

An open house for students from 14 to 20 years of age interested in joining the Joint Base San Antonio-Fort Sam Houston Fire Explorers program is from noon to 2 p.m. April 4 at the main fire station at 3201 Schofield Road, building 3830. For more information, call 913-5334 or visit <http://exploring.learningforlife.org/services/career-exploring/fire-service/>.

Bicycle Registration

More than 23 bicycles were reported stolen in 2014 on Joint Base San Antonio-Fort Sam Houston, according to 502nd Security Forces Squadron officials. From 9 a.m. to 1 p.m. April 18, the 502nd SFS Crime Prevention Unit will register bicycles at the Military & Family Readiness Center, building 2797. Bike owners don't have to bring their bicycles, just have basic information available at time of registration, such as a description and the serial number on the frame. For more information, call 221-0729.

Cyber Readiness Inspection

From Aug. 31 through Sept. 4, the Defense Information Systems Agency will conduct a Command Cyber Readiness Inspection for the Joint Base San Antonio-Fort Sam Houston area of responsibility. The inspection focus will be on unclassified (NIPRNet) and classified (SIPRNet) networks and supporting traditional security practices. To ensure JBSA-Fort Sam Houston passes successfully, every unit and network user is responsible for being knowledgeable on proper cyber security, traditional security and physical security practices. For more information, contact your unit's G2/S2/Security Manager.

Correction

On Page 3 of the March 13 News Leader, the caption for article about the 264th Medical Battalion NCO should read that the cytototechnology training takes place at the Medical Education and Training Campus.

Scalding injuries can happen at any age

By Ricardo S. Campos
Joint Base San Antonio
Fire Emergency Services Fire
Prevention Office



His name was Manual Amador, a bright, young, active and handsome child. He was the son of my wife's grandmother and grandfather. Being the first-born child of the family, he was the apple of everyone's eye.

During the early 1900s, washing clothes was done in a hot iron pot outside and the clothes were hung to dry on a string across two trees or poles. My wife's grandmother was hanging the clothes when she heard a horrific cry coming from the direction of the boiling pot.

The worst-case scenario caught her eye as her son had fallen into the boiling pot. She frantically rushed to him and cradled him.

At the same time, her husband ran over and immediately grabbed his son from the arms of his wife. The frantic couple ran more than two miles to the nearest country doctor. Unfortunately, the child passed away the next day.

A scalding injury can happen at any age. Chil-

dren, older adults and people with disabilities are especially at risk.

Hot liquids from bath water, hot coffee and even microwaved soup can cause devastating injuries. Scald burns are the second-leading cause of all burn injuries.

According to the National Fire Prevention Association, there were 70,800 scalding non-fire burn injuries reported to hospital emergency rooms in 2012, up from 68,700 in 2011.

The National Scald Prevention Steering Committee notes that children are at particularly high risk for burn injuries due to their immature motor and cognitive skills, inability to self-rescue and dependence on adults for supervision and danger-avoidance interventions.

Older adults are similarly more vulnerable due to decreased

reaction time, impaired mobility and effects of pre-existing health conditions.

The NFPA provides the following safety tips to prevent scalding injuries:

- Teach children that hot things can burn. Install anti-scald devices on tub faucets and shower heads.

- Always supervise a child in or near a bathtub.

- Test the water at the faucet. It should be less than 100 degrees Fahrenheit, or 38 degrees Celsius.

- Before placing a child in the bath or getting in the bath yourself, test the water.

- Test the water by moving your hand, wrist and forearm through the water. The water should feel warm – not hot – to the touch.

- Place hot liquids and food in the center of a table or toward the

back of a counter.

- Have a "kid-free zone" of at least three feet around the stove and areas where hot food or drink is prepared or carried.

- Open microwaved food slowly, away from the face.

- Never hold a child while you are cooking, drinking a hot liquid or carrying hot foods or liquids.

- Never heat a baby bottle in a microwave oven. Heat baby bottles in warm water from the faucet.

- Allow microwaved food to cool before eating.

- Choose prepackaged soups whose containers have a wide base or, to avoid the possibility of a spill, pour the soup into a traditional bowl after heating.

Scald treatment:

- Treat a burn right away.

- Cool the burn with cool water for three to five minutes.

- Cover the burn with a clean, dry cloth.

- Get medical help if needed.

NFPA safety officials also warn that prepackaged microwavable

soups are a frequent cause of scald burn injuries (especially noodle soups) because they can easily tip over, pouring hot liquid (and noodles) on the person.

Officials at the NSPSC said hot water will burn skin at temperatures much lower than its boiling point of 212 degrees Fahrenheit or 100 degrees Celsius.

It only takes two seconds of exposure to 148 degrees Fahrenheit/64 degrees Celsius water to cause a burn serious enough to require surgery. Officials recommend that water heaters be set at 120 degrees Fahrenheit/48 degrees Celsius, or just below the medium setting. A safe bathing temperature is 100 degrees Fahrenheit.

To learn more about scalding prevention, visit the NFPA website at <http://www.nfpa.org/education> or the National Scald Prevention Steering Committee website at <http://www/flashsplash.org> or call the local fire prevention offices at Joint Base San Antonio-Fort Sam Houston at 221-2727; at 671-2921 for JBSA-Lackland and at 652-6915 for JBSA-Randolph.

Heroes for Health Day celebration held at Fort Sam Houston schools

By Jayne Hatton
Associate Superintendent
Fort Sam Houston Independent
School District

Students at Fort Sam Houston Independent School District schools joined thousands of students throughout Bexar County as local heroes partnered

with every area Bexar County public school district in a unified goal to get all students moving in a healthy direction.

"Organized by the Bexar County School Board's Coalition and 'Go Public-Love your Bexar County Schools' Coalition, Heroes for

Health Day emphasized the importance of health and fitness for students enrolled in area schools," said Dr. Gail Siller, FSHISD superintendent. "Our students were led by two of our military heroes, Col. (Dr.) Barbara Bowsher from Brooke Army Medical Center

adolescent medicine and Lt. Col. Lisa Lute, BAMC Chief of Public Health Nursing."

At Fort Sam Houston Elementary School, Lute focused her message on sleep, activity and nutrition – key actions that influence health. Students responded to an inter-

active presentation followed by physical activity.

"Working together, we can promote better health at a younger age and ultimately better healthy behaviors to last a lifetime," Lute said. "Our goal is for

See HEROES, P16

AFMS from P5

The integrator will maintain continuous situational awareness of population health and human performance, coordinate preventive and performance services, and facilitate a community approach to population health and human performance sustainment.

In February, planners rolled out the first stage of the effort, called the Base Operational Medicine Cell (BOMC 1), which will restructure Flight and Operational Medicine Air Force wide into separate primary care and occupational medicine clinics.

Additional BOMC iterations in BOMC 2 and 3 will be orchestrated over the next three years, and result in creating two value streams: occupational medicine and Airman availability.

“BOMC is essential

for the success of the new system,” said Lt. Col. Lynn Berry, chief of Flight and Operational Medicine Standardization, Air Force Surgeon General, and AFMS Air Force Medical Home team lead. “It’s the first of many iterative steps to evolve the current MTFs to the Air Force Medical Home, which is the backbone of the plan at the base level.”

Planners set up feasibility test sites for the BOMC 1 concept at Seymour Johnson Air Force Base, N.C., Joint Base McGuire-Dix-Lakehurst, N.J., and at Ramstein Air Base, Germany, to validate standard clinic products created at Keesler Air Force Base, Miss., which is serving as the innovative test bed experimenting with future iterations of BOMC.

“Initially there will be little change noted by beneficiaries, but when

BOMC is fully implemented, they will see proactive, streamlined, and patient-centered exam workflows,” Berry said. “Additionally, complete operational dispositions will be performed by a dedicated staff to improve quality and unit/mission responsiveness. Lastly, return to work and case management programs will be implemented for service members with significant duty limitations. In other words, there will be a dedicated, highly trained team performing all the military assessments and examination with a return to work function.”

Once established, the new system will help to change Air Force culture and lead to realizing the new AFMS vision: “Our supported population is the healthiest and highest performing segment of the United States by 2025.”

LISTENING from P1

lose 3,949 Soldiers and 1,985 civilians over the next five years.

If family members are included, JBSA-Fort Sam Houston and JBSA-Camp Bullis would lose nearly 15,000 individuals as a result of downsizing a substantial portion of the JBSA-Fort Sam Houston and JBSA-Camp Bullis workforce.

The estimated direct financial impact to the greater San Antonio area would be approximately \$382 million.

"It is undeniable that a reduction of almost 15,000 people in our local military family would hurt," said Richard Perez, president and CEO of the San Antonio Chamber of Commerce.

"It would ripple out into the community in many ways; those individuals have jobs here, they own homes, their kids attend

school, they shop, work and play in our city. We are Military City USA – we cannot let them go without a fight," he said. Perez will be one of the featured speakers at the listening session.

Naething said possible cuts to the Army in San Antonio would reverberate throughout the local community, especially in tourism dollars.

"The military is probably the (San Antonio) airport's biggest customer due to all the recruits that come to San Antonio to attend basic and initial training, and the families that visit them," Naething said.

"That is why it is very important for the citizens of San Antonio to attend this listening session Tuesday and have their voice heard on the importance of the Army and Fort Sam Houston to the San Antonio community," Perez said.

ROSIE from P2

handed me a magazine to look through and I saw the bright yellow and blue background overlaid with a girl showing her muscles. I was so intrigued by the girl in the red polka-dot bandana.

From that moment on, I constantly asked my parents who she was, what she did and why she did it. I wanted to be exactly like her when I grew up.

I pushed myself hard in high school. During those years, we learned my mother had brain cancer, while my father's health would go from bad to worse. I needed to learn to support myself in any and every way possible. I needed to be independent. I applied myself at school, extra-curricular activities and several different jobs.

My parents signed the papers for me to enter the Air Force at the age of 17. Three weeks after I graduated high school, I was on a plane

headed to San Antonio, Texas, for basic military training.

Although I do not get my hands dirty on an assembly line every day the way Rosie did, I still pull my hair back tight and use my hands to get the job done for our military and to provide for my family.

Every time I felt I could not do something, whether in BMT or at my duty station, I remembered the millions of women who rose above and conquered what others thought they could not.

My mother passed away while I was at my first duty station and shortly after that my father passed. During those times, I kept a positive attitude. I needed to; it was who I was and who I needed to be.

I had a can-do attitude and knew I was not alone. Thinking of Rosie helped me get back up on my feet and continue to do good things with my life and become a better Airman, a better me.

I am a single mother of two children, full-time student and

a military career woman. I give 100 percent in every aspect in my life. I am a real life Rosie.

I have a tattoo of Rosie on my right arm as a symbol of how I became who I am today. Rosie taught me that all people, not just women, can do anything they want as long as they set their mind to it – and history shows that.

World War II represented a major turning point for women as they eagerly supported the war effort. The long-term significance of the change brought about by the war provided the foundation for the contemporary women's movement.

Although women have made tremendous progress during the past 50 years, Rosie the Riveter still stands as a beacon of inspiration and determination.

The "We Can Do It" poster means so much to women in America – a symbol that illustrates both a proud legacy and the challenges they will continue to face and conquer in the future.

Medical Education and Training Campus students save life as first responders

By Lisa Braun
METC Public Affairs

For six Air Force students attending the Medical Education and Training Campus at Joint Base San Antonio-Fort Sam Houston, being at the right place at the right time saved a life.

Airmen 1st Class Ryan Nelson, Jennifer Bagby and Efrain Gonzales, students in the Basic Medical Technician Corpsman Program, along with Airmen 1st Class Christopher Grant, Miron Little and Airman Radcliffe McDonald, students in the Dental Assistant program, are being lauded as heroes after coming to the aid of a man suffering a medical emergency at a local restaurant Feb. 28.

The group was dining at the Longhorn Steakhouse in San Antonio when Nelson heard a man fall while in the restroom.

"When I heard the sound of his head hit the floor, I immediately knew

that someone fell and hit their head hard," Nelson said.

The first thing Nelson did was attempt to open the stall door, but it was blocked by the man who fainted in front of it. He could only open the door about two inches and could see the man's feet.

"I heard someone else in the bathroom and asked if the man who fell was awake. He told me 'no.'"

Not being able to help the man himself, Nelson asked the other person to get the Airmen he had come to the restaurant with. After being told of the situation, the Airmen sprang into action.

"Within seconds, Airman Gonzalez, Airman Bagby and Airman Grant were in the bathroom performing CPR. I heard the man begin to breathe before the EMTs had arrived," Nelson stated.

After two full cycles of chest compressions and ventilations, the patient began to respond. They



Photos by Lt. Col. Melissa Meister

Airman 1st Class Jennifer Bagby hugs her former patient during a ceremony to honor Airmen for their lifesaving actions March 4. Next to Bagby are Airmen 1st Class Efrain Gonzales and Christopher Grant and Airman Radcliffe McDonald. (Not pictured are Airmen 1st Class Ryan Nelson and Miron Little).

placed him on his side to maintain air flow.

While Gonzalez, Bagby and Grant were performing CPR, Little had instructed the restaurant staff to call 911 and to get the Automated

External Defibrillator.

He then helped McDonald comfort the patient's distraught family.

The San Antonio Emergency Medical Services arrived within approximately 10 minutes of the 911 call and took over treating the patient before transporting him to a local medical facility.

Due to their teamwork and quick response to an emergency situation, the patient not only survived but he and his family gratefully met with the rescuers just four days later on March 4.

The Airmen were recognized for their lifesaving actions in front of the student dormitory by their fellow Air Force students and Col. Kendra Mathews, 37th Training Wing vice commander.



File photo

As an Army Health Readiness Center of Excellence, the Army Medical Department Center & School at Joint Base San Antonio-Fort Sam Houston will play an expanded role supporting the Army to lead the design, integration, education and training of new and innovative approaches to health and the Army Health System.

Army Medical Department Center & School designated as Army Center of Excellence

The Army Medical Department Center & School at Joint Base San Antonio-Fort Sam Houston was designated as the Army's Health Readiness Center of Excellence Feb. 19 by Headquarters, Department of the Army.

As an Army Health Readiness CoE, the AMEDDC&S will play an expanded role supporting the Army to lead the design, integration, education and training of new and innovative approaches to health and the Army Health System.

The designation enables the command to focus on medical capability development and integration functions and serve the Army as a single agency with which to coordinate the medical and health needs of Soldiers and their families.

The Health Readiness Center of Excellence also establishes operational conditions for command to establish a university model and degree granting authority for

the AMEDDC&S as an academic institution.

An Army Health Readiness CoE under the U.S. Army Medical Command maintains a focus on combat casualty care and aligns with other Training and Doctrine Command CoEs in terms of the authority and responsibility for developing medical readiness and health concepts, identifying medical readiness and health capability gaps, and defining and refining future Soldier medical and health requirements established by TRADOC.

The designation as the Army Health Readiness CoE establishes a partnership with TRADOC while maintaining the uniqueness of the Army Medical Department. This distinction recognizes that the AMEDDC&S plays an integral and critical role in supporting Army global engagements and the Army future force.

(Source: AMEDDC&S
Public Affairs)



Airmen 1st Class Jennifer Bagby, Efrain Gonzales, Ryan Nelson and Christopher Grant, and Airman Radcliffe McDonald meet with their former patient and his family following a ceremony March 4 to honor their lifesaving actions. (Not pictured is Airman 1st Class Miron Little).



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Events

April

Arts and Crafts

Professional framers to the rescue

JBSA has professional framers to assist customers in making the best selection to frame personal items at JBSA-Lackland and JBSA-Randolph. For more information, call 671-5503 for JBSA-Lackland and 652-5142 for JBSA-Randolph.

Auto Hobby Shop

Technicians help make car ownership easy

Technicians at the JBSA-Lackland Auto Hobby Shop perform Texas vehicle safety inspections for \$7 (pass or fail) and issue a certificate to present when vehicle registration is due. The shop also performs tire alignments starting at \$65 and vehicle air conditioning system servicing starting at \$40. For more information, call 671-3549.

Vehicles shine at the car wash

Keep vehicles looking great at the 24-hour car wash located between the JBSA-Lackland Auto Hobby Shop and the Mini-Mall, building 7025. This coin-operated facility features a do-it-yourself pressure wash area plus vacuums. For more information, call 671-3549.

Spouses of deployed members receive free car care

The JBSA-Lackland Military and Family Readiness Center gives spouses of deployed members free vouchers for a free basic oil change and vehicle safety inspection at the JBSA-Lackland Auto Hobby Shop. For more information, call 671-3549.

Bowling

The Easter Bunny bowls with children

Kids are invited to the JBSA-Lackland Skylark Bowling Center to bowl with the Easter Bunny April 4, 11 a.m. to 2 p.m. The cost is \$6 per child and includes one game of bowling, shoe rental and a goody bag. For more information, call 671-1234.

Bowlers celebrate Month of the Military Child

Children ages 12 and younger bowl for free at the JBSA-Randolph Bowling Center April 5 and 12, 1-4 p.m., when accompanied by an adult 18 and older that bowls an equal amount of games. This special does not include shoe rental. For more information, call 652-6271.

Bowling centers make improvements

The JBSA-Randolph Bowling Center is closed for renovation April 13 to May 31. For more information, call 652-6271.

The JBSA-Fort Sam Houston Bowling Center is closed for installation of a fire suppression system. It is expected to reopen in late June. For more information, call 221-4740.

Community Programs

Country music takes over the theater

Attend the country music revue "Deep in the Heart of Texas" at the JBSA-Fort Sam Houston Harlequin Dinner Theatre through April 25. The show spans the decades with hits from all-time country greats such as Patsy Cline, Hank Williams, Loretta Lynn, Kitty Wells, Johnny Cash, Kenny Rogers, Dolly Parton, The Dixie Chicks, Reba McEntire and more. This show is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 222-9694.

Shoppers find a warehouse of bargains

Shop the JBSA-Randolph Bargain Warehouse April 8 in building 1139. E1-E6 can start shopping from 8-9 a.m. All other customers shop 10 a.m. to 2 p.m. Only checks and cash are accepted as payment. A limited number of people are allowed in the building at one time, so participants should be prepared to stand in line. For more information, call 652-5142, option 2.

Spouses invited to information fair

The JBSA-Fort Sam Houston Military & Family Readiness Center holds a free Military Spouse Information Fair April 9, 9 a.m. to noon, in building 2797. During this event, newly arrived spouses and family members can meet with support agencies from JBSA. For more information, call 221-2705.

Buyers spring clean and save

JBSA-Randolph Outdoor Recreation hosts a flea market April 11, 8 a.m. to 1 p.m., at the JBSA-Randolph Child Development Program parking lot. Sellers can rent a space for \$15 which includes one six-foot-long table. Additional tables cost \$4. Sellers may reserve space at Outdoor Recreation located in the Community Services Mall. The selling of firearms, animals, arts and crafts or food and beverage items is not permitted. For more information, call 652-5142.

Community hosts information fair

The JBSA-Fort Sam Houston Golf Club hosts a Community Extravaganza Fair April 28, 9-11 a.m. All Department of Defense ID cardholders are welcome to visit with representatives from various agencies and local businesses to learn more about JBSA and the surrounding area. For more information, call 221-2606.

Clubs

Get an early start at the pre-Easter buffet

Guests are invited to the JBSA-Lackland Gateway Club Food Court April 2, 11 a.m. to 3 p.m., to enjoy

delicious Easter food for \$9.95 per person. Chow down on champagne-basted turkey with cranberry chutney, baked ham with orange glaze, baked tilapia with white wine sauce, fried chicken and rosemary garlic roasted beef and several sides. For more information, call 645-7034.

Guests love night life at the club

The JBSA-Lackland Gateway Club has a wide variety of entertainment available all month. Kick the month off at the Maverick Lounge April 3, 5-8 p.m., featuring DJ LJU Sounds. Variety Nights take place in the Lone Star Lounge April 3, 10, 17 and 24, 5 p.m. to 1 a.m. DJ Doggin' Dave Productions plays a wide variety of music while patrons hit the dance floor or hang out on the patio with pool tables and big-screen televisions. Patrons may also sing karaoke with DJ Dee Dee or enjoy the entertainment and a frosty beverage in the Lone Star Lounge April 4 and 18, 8 p.m. to midnight. Patrons are invited to celebrate mid-month April 10, 5-8 p.m., in the Maverick Lounge with DJ LJU Sounds. Spend the last Friday of the month at the Maverick Lounge April 24, 5-8 p.m., with music featuring DJ LJU Sounds. Reminisce about the good old days at Oldies Night at Lone Star Lounge April 25, 6-11 p.m., while enjoying music by Doggin' Dave Productions. For more information, call 645-7034.

Enjoy Easter brunch with the family

Attend Easter brunch at JBSA-Lackland's Gateway Club April 5, 10:30 a.m. to 2:30 p.m. The menu features rosemary crusted prime rib au jus, champagne-based turkey with cranberry chutney, bourbon-glazed ham, port-glazed roasted Cornish hen, roasted pork loin with maple-mustard crust and seafood lasagna. Enjoy a variety of sides, salads and desserts. Prices are \$19.95 for adult members, \$21.95 for adult nonmembers, \$9.95 for members' children (ages 6-11), \$10.95 for nonmembers' children and children 5 and younger eat for free. To purchase tickets or for more information, call 645-7034.

Make reservations now for the Easter buffet at the JBSA-Randolph Parr Club April 5. Seating times begin at 10:30 a.m. and are every 30 minutes until 2:30 p.m. The price is \$24.95 for adult members, \$12.50 for members' children (ages 6-12), \$27.95 for adult nonmembers and \$14.50 for nonmembers' children. Children 5 and younger eat for free. Reservations and prepayments are required. The Easter Bunny makes an appearance to hand out candy. Children ages 12 and younger may enter a drawing to win an Easter basket. For more information, call 652-4864.

JBSA FSS

Mothers are treated to brunch

Make reservations for a Mother's Day brunch at the JBSA-Randolph Parr Club beginning April 8. The brunch is May 10 and seating times begin at 10 a.m. and are every 30 minutes until 2:30 p.m. The cost is \$24.95 for adult members, \$12.50 for members' children (ages 6-12), \$27.95 for adult nonmembers and \$14.50 for nonmembers' children. Children 5 and younger eat free. Mothers and grandmothers are entered into a drawing to win a spa treatment gift certificate. Reservations and prepayments are required. For more information, call 652-4864.

Kendrick Club hosts bingo fun

JBSA-Randolph Kendrick Club hosts a bingo extravaganza April 6 and 20 with \$15,000 in total jackpots, a complimentary buffet at 5:30 p.m. and early bird bingo at 6 p.m. For more information, call 652-3056.

Join the JBSA-Randolph Kendrick Club for birthday bingo April 14. JBSA-Randolph club birthday members get one free bingo machine, cake and complimentary champagne. ID and club card are required. Birthday bingo players may enter a drawing for \$30 worth of Randolph Club Bucks.

Clubs celebrate administrative professional day

Bring office staff to Gil's Pub in the JBSA-Randolph Kendrick Club or Air City Bar & Grill in the JBSA-Randolph Parr Club for lunch April 22, 11 a.m. to 1:30 p.m., and receive \$5 off the entire ticket (when \$25 or more is spent). For more information, call 652-3056.

Gamers take a chance at Monte Carlo night

All Department of Defense ID cardholders are invited to the JBSA-Randolph Parr Club Monte Carlo Night April 24, 6:30-11 p.m. The cost is \$20, which includes light refreshments from 6:30-8:30 p.m., \$2,000 in chips (no real money is used during the event) and two tickets to play Plinko for a chance at additional chips. At 10 p.m. patrons may use their winnings to bid on prizes such as a LED Smart TV, X-Box 1 Connect Bundle, tablet, e-reader, Go Pro, Beats wireless headphones and much more. Reservations and prepayments are required. Refunds are not issued after 4 p.m. April 21. This event is sponsored by THE GUNN AUTOMOTIVE GROUP, Randolph-Brooks Federal Credit Union, First Command and Silver Eagle Distributors. No federal endorsement of sponsors intended. For more information, call 652-4864.

The club honors members

The JBSA-Lackland Gateway Club honors club members with a special buffet dinner in the Fiesta Ballroom April 28, 5-8 p.m. Entertainment is provided by Doggin' Dave Productions. Cost is \$10.50 for members and \$12.50 for nonmembers. For more information, call 645-7034.

Fitness

April brings runners/walkers for 5K

Join the JBSA-Lackland Gillum Fitness Center's "Run the Hill" 5K April 1, 3 p.m. The 5K begins at Stapleton Park and ends at Gillum track. To sign up or for more information, call 977-2354.



Come for the coffee, stay for breakfast or lunch.
Open Monday through Friday, 7 a.m. to 1 p.m.

and
Saturday, from 8 a.m. to noon.

Sam Houston Community Center
Bldg. 1395 Chaffee Road
JBSA-Fort Sam Houston

We Proudly Brew
STARBUCKS COFFEE



Customers are appreciated

Join the JBSA-Randolph Rambler Fitness Center April 2, 11 a.m. to 1 p.m., as they show their appreciation to customers. Tours of the facility will be available so that patrons can become familiar with the workout areas and join the fitness staff in celebrating a fit tomorrow. For more information, call 652-7263.

Patrons get fit with circuit

Spring into fitness at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center's Circuitron April 7, 11:30 a.m. to 1:30 p.m. Circuit training is a form of conditioning that works well for developing strength, endurance, flexibility and coordination. For more information, call 221-1234.

Experts share fitness tips

"Ask the Expert" to get fitness advice at the JBSA-Fort Sam Houston's Jimmy Brought Fitness Center April 7, noon to 1 p.m. Stop by the desk across from the weight room to consult with a sports dietitian about nutrition, dietary supplements, hydration and other fitness health related questions. For more information, call 221-1234.

Families stay fit together

Bring the family to the JBSA-Randolph Rambler Fitness Center for Military Family Fitness Night April 8, 6-8 p.m. Enjoy half-court basketball, volleyball and other military fitness activities. For more information, call 652-7263.

Participants take time to shine in a color run

Join JBSA-Fort Sam Houston's Fitness Center on the Medical Education and Training Campus for a Color Run/Walk April 11, 9 a.m. The cost is \$10 and the event is open to all Department of Defense ID cardholders 16 and older. Pets are welcome. For more information, call 808-5709.

Craftsmen team up and ship off

Compete in the Fiesta Cardboard Regatta at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center's indoor pool April 18, 9 a.m. Teams consist of four participants and one alternate. Prizes are given for first and second place winners. Individual awards are given in the following divisions: Titanic Award (most spectacular sink), Pride of the Fleet Award (most creative design), Team Spirit (most enthusiastic) and Ugly Duckling (ugliest boat). Entry fee is \$15 per boat and special rules and regulations apply to boat designs. This event is open to all Department of Defense ID cardholders ages 13 and older. Teams must register by April 11. For more information, call 221-1234.

Power lifters compete for the win

The JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus hosts a combined lift competition April 18, 10 a.m. Lifters compete in bench, squat and dead lift. Cost is \$5 and the event is open to all Department of Defense ID cardholders 16 and older. For more information, call 808-5709.

Basketball players compete in a shoot-out

The JBSA-Lackland Kelly Fitness Center holds the "Hot Shot" challenge April 24, 11 a.m. This is a free event that tests basketball shooting skills with a one-minute timed basketball shoot-out. The winner earns the "Hot Shot" title. For more information, call 925-4848.

Runners take part in the JBSA Half Marathon

The JBSA-Rambler Fitness Center is hosting the JBSA Half Marathon April 26, 7:30 a.m. The one-way, flat route takes runners across scenic and historical JBSA-Randolph. The course starts on Harmon Drive, goes by the Taj

FIESTA & FIREWORKS

JBSA-FORT SAM HOUSTON
MACARTHUR PARADE FIELD

APRIL 1-9 P.M.
19

For more information, please call 652-5763.

Mahal, around Perimeter Road, winds through housing and concludes at Air Heritage Park. The cost is \$25 and all paid participants receive a commemorative T-shirt and all finishers receive a medal. The top female and male runners in each category receive trophies. Registration forms can be picked up from any JBSA fitness center. Completed registration forms can be dropped off at the JBSA-Randolph Rambler Fitness Center, the Fitness Center on the Medical Education and Training Campus and Jimmy Brought Fitness Center on JBSA-Fort Sam Houston and the JBSA-Lackland Health and Wellness Center. The deadline for registration is April 22. Packets may be picked up April 25, 10 a.m. to 2 p.m., at the JBSA-Randolph Rambler Fitness Center or from 6-7:15 a.m. April 26 at the beginning of the event inside the main gate of JBSA-Randolph. This event is open to all Department of Defense ID cardholders. For more information, call 652-7263.

Students join spring soccer league

The JBSA-Fort Sam Houston Medical Education and Training Campus Student Intramural Sports Office is accepting letters of intent for teams interested in the Spring Coed Soccer League. Team entry requires a letter of intent from the unit organization signed by the sports advisory representative and must be submitted by April 27. Units may have more than one team; no play roster is required. Cadre must be present at all games. The coaches and rules meeting is April 30, noon, in room 115. League play begins May 5 and all games are played at Pershing Ball Park. For more information, call 808-5707.

Golf

Golfers get 2015 annual memberships

JBSA-Lackland Gateway Hills Golf Course's annual membership renewal begins April 1. Members receive free handicap services, preferred tee times, no green fees for club sponsored events, merchandise discounts and reciprocal play at other JBSA golf courses. For more information, call 671-2517.

Warriors take on golf scramble

Golfers are invited to play in JBSA-Fort Sam Houston Golf Course warrior four-person scramble April 3, 12:30 p.m. The cost is \$25 for members and \$35 for nonmembers and includes 18 holes of golf, green fees, golf cart and dinner. Gift certificates are presented to the winners of the longest drive and the closest to the pin. First-, second- and third- place winners also receive gift certificates. For more information, call 222-9386.

Golfers team up with the masters

Sign up for the JBSA-Lackland Gateway Golf Course Masters Golf Tournament April 11 and 12, with tee times starting at 8 a.m. Cost is \$30 plus green and cart fee. Partners are drawn from competitors making the cut in the 2015 Masters Golf Tournament. Entry deadline is April 8, 5:30 p.m. For more information, call 671-2517.

Head to the JBSA-Randolph Oaks Golf Course for the Masters Blind Draw Tournament April 11, 7-9 a.m. Partners are drawn from competitors making the cut in the 2015 Masters Golf Tournament. Entry fee is \$10 per person plus green fees and cart rental. To sign up, call 652-4570.

Pro shop provides re-gripping discount

Stop in at the JBSA-Lackland Gateway Hills Golf Course Pro Shop and check out the selection of golf grips. Receive an additional 10 percent discount when re-gripping 10 or more clubs during the month of April. Receive 15 percent off with a valid membership card. For more information, call 671-2517.

**JBSA-LACKLAND
SPRING RIDE
APRIL 25**



 **Free commemorative patch. Limited quantity.**

10 a.m. departure from Kelly Field Club, Bldg. 1676, Port San Antonio. All motorcycles are welcome on this free, 200-mile ride to Leaky, Texas. Gas and lunch are at riders expense. Event is open to all military active duty, retirees and Department of Defense ID holders and their guests. For information call 925-5532 or on line to <http://www.myjbsa-fss-mwr.com>.

Information, Tickets and Travel

Tourists take trips around the world

JBSA-Lackland Information Tickets and Travel offers a Las Vegas deal April 20-23. This package includes Las Vegas Strip accommodations for three-nights (four-days), airfare and airport transfers. Rates start at \$540 per person. Full payment and a \$10 service fee are due at booking, and cancellation protection is available.

Take a Memorial Day getaway with JBSA-Lackland Information Tickets and Travel to Costa Rica with an all-inclusive package May 21-25. Travel is from San Antonio to Guanacaste Beach Resort area, via Liberia Airport,

Costa Rica. This package includes round trip airfare, transfers, all inclusive hotel accommodations and travel protection. Rates start at \$1,340 per person. A \$400 deposit and \$10 service fee is due at booking and the final payment is due April 3.

Enjoy a tour of Spain and Portugal with JBSA-Lackland Information Tickets and Travel June 26 to July 9. Travel to Barcelona, Valencia, Granada, Costa Del Sol, Seville, Lisbon and Salamanca. Rates start at \$3,500 per person (includes airfare). Additional discounts are available. Payments include a \$200 non-refundable land only deposit per person and a \$10 service fee per booking. If airfare is

purchased via Trafalgar, a \$350 non-refundable air deposit is required at the time of booking. Final payment is due April 17. For more information, call 671-3059.

Check the out-of-town attractions

Don't feel like staying in town, then visit the JBSA-Fort Sam Houston Ticket Office to check out the available tickets for attractions like Disneyland, Disneyworld, Universal Studios and Bush Gardens. For more information, call 808-1378.

Amusement seekers look for a thrill

Take a short drive to Seguin to experience ZDT's Amusement Park with unlimited fun year-round. The park offers large exciting thrill rides, go-karts, roller coaster simulator, silo climb, bungee trampoline, rock climbing wall and video games. Children, ages 2 and younger, are free to play in the Toddler Zone and Jungle Play land. JBSA Information, Tickets and Travel offices have "Extreme Wristbands" for everyone age 3 and older for \$21. For more information, call JBSA-Fort Sam Houston at 808-1378, JBSA-Lackland at 671-3059 and JBSA-Randolph at 652-5142, option 1.

Visit local historical caverns

Pick up tickets at the JBSA-Fort Sam Houston's Ticket Office for the Natural Bridge Caverns' Discovery Tour, which offers a high-energy, educational, fun and family oriented experience. Patrons can pan for precious stones, take the ultimate leap of faith from the Canopy Challenge, go caving on one of the adventure tours or just experience nature. Active-duty military members are eligible for a free tour. Purchase tickets for family and friends for \$16.75 for adults and \$10 for children ages 3-11. For more information, call 808-6262.

Water lovers head to Schlitterbahn

Schlitterbahn New Braunfels features world famous attractions, river adventures, kids' water playgrounds, and beautiful spots to relax and share a picnic. The JBSA-Fort Sam Houston Ticket Office has discounted season passes for \$134 per adult and \$90 for youth 3-11 and individuals 55 and older. For more information, call 808-1378.

Library

Story time is a hit with preschoolers

Join the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library for weekly story time, Tuesdays, 10 a.m. During story time preschoolers listen to stories, do arts and crafts, sing songs and participate in fun-filled age-appropriate activities. For more information, call 221-4702.

Outdoor Recreation

Kids take a dive for Easter eggs

The JBSA-Lackland Skylark Aquatic Center holds the annual underwater Easter Egg Hunt April 4, 11 a.m., for youth ages 5-11. Children, 5-7 years participate 11 a.m. to noon; youth 8-10 years participate noon to 1 p.m. and youth 11-13 years participate 1-2 p.m. Two different egg hunts take place for each age group with prizes for all participants and a special visit from the Easter Bunny. Cost is \$2 per participant. For more information, call 671-3780.

The content and layout in the Force Support Squadron section of this newspaper was provided by the Joint Base San Antonio FSS Marketing Team. No federal endorsement of sponsors intended.

JBSA FSS

Archers compete for the win

The Camp Bullis Rod-N-Gun Recreation Center hosts a 3-D archery competition April 25-26, 8 a.m. to 1 p.m. Registration is 8-10 a.m. and the course needs to be completed by 1 p.m. There is a \$15 fee for the fun shoot, a \$5 fee for kids 12 years and younger or \$20 fee for the competition shoot. For more information, call 295-7529 or 295-7577.

Sportsmen participate in a spring fling

JBSA-Camp Bullis Rod-N-Gun Recreation Center invites all sportsmen to the Spring Fling April 25, 10 a.m. to 2 p.m. The event includes free hot dogs, hamburgers, drinks and equipment displays by various outdoor vendors. In addition, there are displays of types of rental equipment available from JBSA-Fort Sam Houston Outdoor Recreation Center such as boats, RV campers, bikes kayaks and camping equipment. The archery range is also available during this event so visitors can take aim at the 3D targets. For more information, call 295-7529.

Fishermen hit the lake

Rent a fishing boat for half price during April at the JBSA Recreation Park at Canyon Lake. Patrons can bring a favorite fishing pole or purchase equipment during business hours. Live minnows, worms, catfish dough bait and chicken livers are available for purchase. The boater safety course is required to operate any boat from the marina. The course can be taken at guest reception at the lake for \$2 per person. Allow at least two hours to review the video and take the test. For more information, call 830-964-3576 or 800-280-3466.

Student Activity Center

Students gather at the club for DJ night

All JBSA-Fort Sam Houston Medical Education and Training Campus students are invited to enjoy the greatest sounds of today's music, featuring a live DJ in Club Zero April 10 and 17, 6:30-10 p.m. Club Zero has a large dance floor and comfortable sitting areas. This is sponsored by The Gunn Automotive Group. No federal endorsement of sponsor intended. For more information, call 466-5049.

Youth and Children

Renegades register for t-ball

Little Renegades is a parent-child program that helps build confidence in children 3-5 years old while having fun and learning basic baseball skills. Registration takes place at JBSA-Randolph Youth Programs, building 585, April 1-30. Children must be 3 by May 1. The cost is \$35 per child and the program starts in mid-May. Youth Sports is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 652-3298.

Youth attend a job fair

The JBSA-Fort Sam Houston Military and Family Readiness Center, building 2797, holds a teen and young adult job fair April 3, 1-4 p.m. Teens and young adults meet face-to-face with employers, learn about the available jobs and discover new resources. This is free and open to dependants of active-duty military, Reservists, Guard,

retirees and Department of Defense civilians. Registration is required. For more information, call 221-2962.

Children register for baseball

JBSA-Lackland Youth Programs is taking registration for children ages 3-5 through April 3 for "First Steps" baseball Monday through Friday, 8 a.m. to 5:30 p.m. at the front desk of building 8420. "First Steps" is an instructional program for all Department of Defense children on- and off-base. The program teaches basic fundamentals of baseball in harmony with the gross motor movements of preschool and early school-age children. Parents are required to participate as an extension of the instructor. The registration fee is \$35 per child, and children must have a current physical and shot records at the time of registration. For more information, call 671-2388.

No membership needed to participate

There is no membership needed to participate in clubs, activities or open recreation April 6-11 at JBSA-Randolph Youth Programs. Check out the preteen game room, the Teen Zone or join in activities and club meetings. The free week does not include instructional classes, league sports or school age care programs. Membership is \$36 per year. For more information, call 652-3298.

Preteens attend spring social

JBSA-Lackland Youth Programs offers preteens, ages 9-12, a safe and friendly environment to hang out, enjoy games, have fun and listen to music April 10, 7-9 p.m. Snacks are available for purchase and admission is \$3. For more information, call 671-2388.

Parents take a well-deserved break

JBSA-Lackland and JBSA-Randolph Youth Programs staff understand parents could use some time alone, away from work and away from the kids. The Give Parents a Break/Parents' Night Out program does just that.

JBSA-Lackland's program, April 10, 6:30-10:30 p.m., is \$25 per child or free with a GPAB referral and is for children ages 5 (in kindergarten) to 12. Preregistration is required. Late pickup is subject to an additional \$5 fee for the first five minutes and \$3 for every minute after that. For more information, call 671-2388.

JBSA-Randolph's program is April 18, 6-10 p.m., and costs \$25 per child or is free with a GPAB waiver. The event takes place at the Child Development Center Annex for children 2 years and younger and at Youth Programs for children 3 years and younger. Register by April 15. For more information, call 652-3298.

Military children are celebrated

JBSA-Fort Sam Houston hosts the baseball opening ceremony at Pershing Ball Park April 11, 9 a.m., to celebrate Month of the Military Child. Pizza, games, children's activities and other fun events are provided for youth and families. This event is sponsored by THE GUNN AUTOMOTIVE GROUP and Lenny's Subs. No federal endorsement of sponsors intended. For more information, call 221-3381.

Youth programs presents a festival for families

In celebration of Month of the Military Child, JBSA-Randolph Youth Programs hosts the annual spring

Famaganza for Department of Defense ID cardholders April 11, 10 a.m. to 2 p.m. Activities include face painting, inflatables, games, arts and crafts and entertainment as well as information booths with giveaways, demonstrations and handouts. Famaganza is free and includes lunch. This event is sponsored by THE GUNN AUTOMOTIVE GROUP and Randolph-Brooks Federal Credit Union. No federal endorsement of sponsors intended. For more information, call 652-3298.

Families enjoy the outdoors

JBSA-Lackland Youth Programs host the annual Family Camp Out April 11-12. Families have an opportunity to enjoy the outdoors while camping with activities that includes games and a family style cookout. Cost is \$35 per family and includes the park entrance fee, tent and various supplies. Registration is required by April 3. For more information, call 671-2388.

Guests attend a celebration fair

JBSA-Lackland Youth Programs celebrates the Month of the Military Child with the Celebrate Kids Fair April 18, 10 a.m. to 2 p.m. Families join the free fun and games at the Youth Center. This event is sponsored in part by THE GUNN AUTOMOTIVE GROUP, Air Force Federal Credit Union and Security Service Federal Credit Union. No federal endorsement of sponsors intended. For more information, call 671-2388.

Children have a blast during summer

Register kids for the JBSA-Randolph Youth Programs Summer Camp 9 a.m. to 3 p.m. Priority one families (single or dual active duty assigned to JBSA-Randolph) register April 20-24. Priority two families (active duty or Department of Defense employees assigned to JBSA-Randolph; both parents must be employed full time or a full-time student enrolled for at least six hours or actively seeking employment) register April 27-May 1. Priorities three through six register May 4 until registration is full. Registration packets are available April 1 and summer camp take place June 8-Aug. 21. For more information, call 652-2088.

Parents attend council meeting

Parents are invited to join the JBSA-Fort Sam Houston Child Development Program's Parent Advisory Council April 21, 11:30 a.m. to 12:30 p.m. This meeting provides an environment for parents to voice concerns about children related issues. For more information, call 221-5002.

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502d Force Support Squadron events,
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<http://www.myjbsa-fss-mwr.com>



Modest beginnings lead to bright future for Army nurse

By Elaine Sanchez
BAMC Public Affairs

When Marielos Vega was a child living on a coffee plantation in Costa Rica, she dreamed of being a nurse. She'd take empty medicine bottles and dole out pretend prescriptions to her siblings.

But growing up in her modest house, with no electricity or septic system, she chalked up her goals to just childhood fantasies. She was, after all, needed at home to care for her five brothers and sisters.

Vega never imagined she'd one day be standing in the largest U.S. Army hospital in the world, honored with a promotion to major and for her exemplary work as a nurse.

"I feel very honored and grateful to have achieved so much in such a short time in the military," she said.

Vega was 12 years old when her mother took her three younger siblings and left without a word, never to return. She was left to care for her two older brothers and father around the clock. She recalls waking up at 4 a.m. each day to make breakfast and pack lunches before her father went to work, then walking an hour each way to school and back.

"At 14, I had to drop out of school; it became too much," she said.

A beloved aunt who lived close by invited Vega to come live with her. Seeing no future on the plantation, she packed her sparse belongings and left home.

Her aunt found her work as a housekeeper with a wealthy family in San Jose. Vega cleaned

and ironed for them Monday through Saturday for the next five years.

At 19, her cousin invited her to come with him to New Jersey for the summer and Vega jumped at the opportunity.

"I had heard about others who came to the U.S. and made good money," she said. "And I was ready for a change."

She spoke only Spanish, but was fortunate to find work with a woman who was fluent in the language. Elayne Dimond, whose doctor husband had passed away years earlier, welcomed the help with housework and her two children, Paul and Jessica.

As the summer waned, Vega prepared to return to Costa Rica. However, Dimond had different plans as she sat down with Vega to discuss her future.

"I'll never forget that moment," she said. "She told me she didn't see a future for me in Costa Rica. She invited me to stay with her and she'd help me go to school, and I gratefully accepted."

Before she could consider college, Vega first had to earn her GED diploma. She breezed through the program in three months and started college as a biology major, the start of her nursing path. To help improve her English, her host family placed labels on nearly every item around the house and to do well in college Vega repeatedly listened to her recorded lectures.

In her senior year, Vega was accepted into her school's newly established nursing program and graduated in 2000 with her bachelor's de-



Photo by Robert T. Shields

Maj. Marielos Vega (right) listens to Sherry Moore's heart while Lt. Col. (Dr.) James Watts (left) looks on March 17 in the cardiology department at Brooke Army Medical Center at Joint Base San Antonio-Fort Sam Houston.

gree in nursing.

She picked up work as a family medicine nurse at New Jersey Medical School, now part of Rutgers University, and swapped out her student visa for a work visa. Vega hired a lawyer to help facilitate her citizenship, but had made no progress by the time her visa expired in late 2008. Instead, she returned to school to earn her master's degree in nursing.

As she neared the end of her degree program and visa expiration, Vega was at a dead end. She was about to give up when a radio ad about a new military pilot program caught her attention. The Department of Defense had just launched Military Accessions Vital to National

Interest, which offered a fast track to U.S. citizenship to eligible visa holders in the health care field in exchange for a military commitment.

"I applied and everything fell into place very quickly," she said. "I was in the Army in just a few months and accepted for citizenship about four months later."

Vega vividly recalls the day she took the oath of allegiance in front of family and friends in Newark, N.J., and the tears in everyone's eyes.

"For the first time in a long time, I felt free," she said. "I could finally let the fear of being sent back to a place with unhappy memories go. I belonged here."

Vega reported to Brooke Army Medical Center at Joint Base

San Antonio-Fort Sam Houston – her first duty station – in September 2010 and was later handpicked to work in cardiology where she could foster her passion for research.

But after more than four years here, it's time for Vega to move on. Next up is a prestigious job working for the Chief Nurse of the Europe Regional Medical Command and the Consultant to the Surgeon General on Nursing Research in Sembach, Germany.

At her promotion last month, Lt. Col. (Dr.) James Watts, assistant chief of Cardiology and chief of the Heart Failure Service, had one word to describe Vega: fearless.

"She's attacked every challenge we've given her with vigor and a fearless

character," Watts said. "We could all learn a lot from her."

Vega rarely talks about her humble beginnings, choosing to keep her focus on the future.

"The past is the past," she said. "It was tough, but it gave me the ability to overcome obstacles. I wouldn't be where I am today if I didn't live my journey."

Above all, she's grateful for the help Dimond, who she now considers her mother, gave to a teenager from another country with few prospects for the future.

"I'm very grateful for her support, and plan to pay it forward and be a mentor to many young officers," she said. "We are meant to help each other. That's what life is all about."

HEROES from P6

everyone in the family to make healthy lifestyle choices.”

Lute and her health promotions team have established a new partnership to support the launch of a 10-week challenge for students, families and staff at Fort Sam Houston schools.

Speaking with Robert G. Cole High School students enrolled in a sports medicine elective class, Bowsher stressed the importance of sleep, activity and nutrition with added emphasis on eating a healthy breakfast.

“Students who eat breakfast function better physically and emotionally, have better concentration and more energy throughout the day,” Bowsher said. “Breakfast is the golden opportunity to fortify a body with nutrients that positively impact school performance.”

Bowsher also leads the Cole School Based Health Clinic and is a member of the District’s School Health Advisory



Col. (Dr.) Barbara Bowsher shares the importance of sleep, activity and nutrition with Robert G. Cole High School students. Bowsher works at Brooke Army Medical Center adolescent medicine.

Council. Working closely with the school’s athletic trainer, she provides direction and guidance with concussion protocols and regularly engages with students in classes focused on health and activity.



Photos by Jayne Hatton

Lt. Col. Lisa Lute, chief of Public Health Nursing at Brooke Army Medical Center, speaks with Fort Sam Houston Elementary School students recently about sleep, activity and nutrition.

Women play huge role in World War II aviation efforts

By Martha Lockwood
Air Force News Service

The Air Force's acceptance of women into the force dates back to long before the first "Women's History Week" celebration in 1978.

In 1942, the U.S. Army Air Corps took the unheard-of step of forming and employing two women's aviation units. That same year, a unit of flight nurses who had not yet quite finished their training, were sent into North Africa on Christmas Day following the Allied invasion in November of that year.

And the history of women – civilian and military – was forever changed.

Originally, the idea of using women pilots was first suggested in 1930, but was considered "unfeasible," according to information maintained at the National Museum of the Air Force in Dayton, Ohio.

Then, in mid-1942, an increased need for World War II combat pilots, favored the use of experienced women pilots to fly aircraft on non-combat missions.

Two women's aviation units – The Women's Auxiliary Ferrying Squadron (WAFS – with a capital S) and the Women Airforce Service Pilots (WASP) were formed to ease this need.

More than 1,000 women participated in these programs as civilians attached to the USAAC, flying 60 million miles of non-combat military missions.

These two units were merged into a single group, the Women Airforce Service Pilots program in August 1943,

breaking ground for U.S. Air Force female pilots who would follow in their footsteps decades later.

Of the more than 25,000 women who applied for pilot training under the WASP program, 1,830 were accepted, 1,074 were graduated, and 916 – including 16 former WAFS – remained when the program was disbanded in December 1944. WASP assignments were diverse as flight training instructors, glider tow pilots, towing targets for air-to-air and anti-aircraft gunnery practice, engineering test flying, ferrying aircraft and other duties.

Although WASPs had the privileges of officers, they were never formally adopted into the USAAC. In November 1977 – 33 years after the WASP program was disbanded – President Jimmy Carter signed a bill granting World War II veterans' status to former WASPs.

It was a slightly different story for flight nurses who were members of the military from the beginning.

As it was with so many advances and innovations resulting from World War II, the USAAC radically changed military medical care, and the development of air evacuation and the training of flight nurses were advanced to meet this need.

After the invasion of North Africa in November 1942, the need for flight nurses exceeded the supply, and women who had not yet finished their training were called into action and sent to North Africa on Christmas Day.



Graphic by Sylvia Saab

Finally, in February 1943, the first class of Army Nurse Corps flight nurses graduated.

Unlike their stateside-counterparts in WASP, flight nurses – nicknamed "Winged Angels" – in the Army Nurse Corps served in combat. They were especially vulnerable to enemy attacks because aircraft used for evacuation could not display their non-combat status.

These same aircraft were also used to transport military supplies. In anticipation and preparation for almost any emergency, flight nurses were required to learn crash procedures, receive survival training, and know the effects of high altitude on a vast array of pathologies.

Of the nearly 1.2 million patients air evacuated throughout the war, only 46 died en route. About 500 USAAC nurses (only 17 died in combat)

served as members of 31 medical air evacuation transport squadrons throughout the world.

When President Harry Truman signed The National Security Act of 1947, creating the Department of Defense, the U. S. Air Force became a separate military service. At the time, a number of Women's Army Corps members continued serving in the Army but performed Air Force duties.

The following year, some WACs chose to transfer to the Women's Air Force when it finally became possible to do so.

Originally, the WAFS were limited to 4,000 enlisted women and 300 female officers, all of whom were encouraged to fill a variety of ground duty roles – mostly clerical and medical – but were not to be trained as pilots, even though the USAAC had graduated the first class of female pilots in April 1943, dur-

ing wartime.

In 1976, when women were accepted into the Air Force on an equal basis with men, the WAF program ended, but not before many milestones were achieved and marked along the way in preparation for today's Air Force woman.

The first WAF recruit was Sgt. Esther Blake who enlisted on July 8, 1948, in the first minute of the first day that regular Air Force duty was authorized for women. She had been a WAC and she transferred in from Fort McPherson, Ga.

The first recruits reported to Lackland Air Force Base in 1948. When basic training was desegregated in the Air Force the following year, many African-American women recruits joined, even though the integration of quarters and mess had not yet been achieved.

At first, WAFs wore

men's uniforms with neckties. It was "a look" that didn't last long, and winter uniforms for WAFs were modeled after flight attendants' uniforms, using the same material as the men's winter uniforms.

The necktie was abandoned early on and was replaced with tabs on the collar. The summer uniform – a two-piece dress made of cotton-cord seersucker – didn't fare as well. Ill-fitting, it required frequent ironing. It would be years before a suitable women's uniform would be achieved.

In its 10-year lifespan, from 1951 to 1961, the 543rd Air Force Band was served by 235 women musicians, with approximately 50 members at any one time. This band, the WAF Band as it was known, along with the all-male Air Force Band, served as ambassadors of the Air Force simultaneously.

The WAF band marched in both of President Dwight D. Eisenhower's inaugural parades and they played for President Kennedy's inauguration, among other concert engagements throughout the nation. The band was deactivated in 1961. Some say that it was a victim of its own success.

It was during this same time period – 1956 – that a WAF section was introduced into the college-level Reserve Officers' Training Corps program, and by 1959 four universities were running ROTC WAF sections. By 1970, they had achieved a national presence.

Concurrent with the expansion of the ROTC

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women's cadet program. Congress passed Public Law 90-130 in 1967, lifting grade restrictions and strength limitations on women in the military.

And with the end of Selective Service in 1973, recruiting practices changed. Shortly afterwards – 1976 – the separate status of WAF was abolished, and women entered pilot training as military personnel for the first time.

The WASPs and WAFs of World War II had come in to service as civilians with pilots' licenses.

Our country's bicentennial year also saw women entering the service academies, which had not been opened to them prior to President Gerald Ford's administration.

By 1993, women were receiving fighter pilot training and Lt. Gen. Susan J. Helms (then Maj. Helms), a member of the first class of the U. S. Air Force Academy to graduate women, was also the first American military woman in space as part of the Space Shuttle Endeavor team.

Coming, full circle, the final chapter for the WAF and WASP of World War II was achieved in 1977, when President Carter awarded members full status as veterans, complete with benefits. Today, there are approximately 300 of the original Women Air Force Pilots still living.

The milestones cited above are just that – the highlights of women in service to their country. Each day, women in the

Air Force distinguish themselves and honor those who have gone before them by doing the jobs that matter to us all – performing in professional, administrative, technical and clerical positions.

Women make up 19 percent of all Air Force military personnel and 30.5 percent of all civilian personnel. Of the female officers, 55 percent of the female officers are line officers, and 45 percent are non-line. Of the 328,423 active duty personnel, 62,316 are women, with 712 female pilots, 259 navigators and 183 air battle managers.

(Martha Lockwood is the chief of Air Force Information Products, Defense Media Activity. This story was originally published March 1, 2013.)

Women's History Month: Did You Know?

On Oct. 24, 1901, Annie Edison Taylor, a schoolteacher from Michigan, becomes the first person to go over Niagara Falls in a barrel.

On May 21, 1932, Amelia Earhart becomes the first woman to fly solo over the Atlantic, traveling from Harbor Grace, Newfoundland, to Ireland in approximately 15 hours.

On July 7, 1972, Juanita Kreps becomes the first woman director of the New York Stock Exchange. In 1977, she became the first woman appointed at U.S. Secretary of Commerce.

On Sept. 25, 1981, Sandra Day O'Connor becomes the first female Supreme Court justice.

On March 9, 1990, Dr.



O'Connor



Novello



Mutter

Antonia Novello is sworn in as U.S. Surgeon General, becoming the first woman and the first Hispanic to hold that job.

On Jan. 23, 1997, Madeleine Albright is sworn in as U.S. Secretary of State. She is the first woman in this position, as well as the highest-ranking woman in the U.S. government.

In 1998, Marine Maj. Gen. Carol A. Mutter was the first woman of

any service branch to achieve three-star status when she was promoted to lieutenant general. Prior to that promotion, she was in command of the 3rd Force Service Support Group in Okinawa, the first woman to command a Fleet Marine Force unit at the flag level.

(Source: Dr. Isaac Hampton, U.S. Army South command historian)

U.S. Army Institute of Surgical Research hosts summer math, science camps for middle, high school students

The U.S. Army Institute of Surgical Research at Joint Base San Antonio-Fort Sam Houston is one of 12 Army laboratories to host the four-day Gains in Education of Mathematics and Science camps for middle and high school students this summer.

This is the fourth year USAISR has hosted the GEMS camp since the program began in the early 1990s at the Walter Reed Army Institute of Research in Washington, D.C. It's the first year the program is being offered to high school students.

Sponsored and funded by the U.S. Army Medical Research and Materiel Command, the USAISR's parent command, and part of the Army's Education Outreach Program, GEMS is a laboratory-based camp that provides interns the opportunity to participate in scientific experiments and trains them in basic labora-

tory skills.

The Army developed GEMS to offer summer educational activities for students who have an interest in becoming scientists.

USAISR offers the program to give students the opportunity to explore new pursuits in the life sciences and expand upon their current interests with unique hands-on experiences.

Organized by age, grade and experience level, GEMS students focus on research topics ranging from science, engineering and mathematics to computational sciences, computational biology, biomedical sciences, chemistry and biology.

Past activities were designed to expose interns to subjects in electricity, cardiology, blood typing, types of bacteria, DNA, surgical knots, dentistry, along with hair, fiber and fingerprint analysis.

Sessions for the



Justin Nguyen, a former GEMS Gains in Education of Mathematics and Science camp intern compares a bite mark and teeth impression during the crime scene investigation activity June 20, 2013.



Photos by Steven Galvan

Former Gains in Education of Mathematics and Science camp mentor Andrew Benavides (right) explains the procedures for collecting bacteria samples for "Where's the Dirtiest?" activity during a GEMS session in June 2012 at the U.S. Army Institute of Surgical Research at Joint Base San Antonio-Fort Sam Houston.

GEMS I course for grades 6 through 8 are June 15-18, June 22-25 and July 6-9. Sessions for the GEMS II advanced course for grades 9 and 10 are June 15-18, June 22-25 and July 6-9.

There is also an essay requirement for the application and applicants will also need to prepare several short essays on several topics.

These topics include listing the science activities in which the student has participated and providing additional details on those that were of particular enjoyment. The essay should be no more than 3,000 characters.

Applicants are also asked to describe their major academic, career

and research areas of interests, using no more than 2,000 characters. The final essay about advanced placement or college courses and the scores and/or grades received is optional.

Applications are being accepted through May 1 by visiting <http://www.event.com/d/5rqnf7>. After you review the website, copy and paste the essays by clicking on the "Apply Now" link. Selected applicants will be notified by May 15 by email.

For more information, call 539-5548 or send an email to usarmy.jbsa.medcom-aisr.list.gems-program@mail.mil.

(Source: USAISR Public Affairs)



Former GEMS intern Brielle Mallory views a strand of hair for a hair analysis June 18, 2012.

INSIDE THE GATE

Parenting Order Legal Clinic

Friday from noon to 2 p.m. at the Joint Base San Antonio-Randolph Military & Family Readiness Center, building 693 at 555 F Street West. Officials from the Judge Advocate General's office and Texas Attorney General's office will answer questions about family care plans, visitation, paternity and child support. Bring any court order available to the clinic. Call 652-6781 for more information.

Cowboys for Heroes

Saturday from 11 a.m. to 4 p.m. at the Joint Base San Antonio-Fort Sam Houston Equestrian Center. Lasso up some fun for the 10th Annual Cowboys for Heroes event, featuring free authentic cowboy cooking on 1800s-style chuck wagons, live horseback riding performances, mutton busting,

family hay rides, pony rides, two mechanical bulls, trick roper, photo opportunities and much more. Open to all Department of Defense ID cardholders. Registration for youth mutton busting is required and must be done day of the event. This event is sponsored in part by THE GUNN AUTOMOTIVE GROUP. No Federal endorsement of sponsor implied or intended. For more information, call 857-8385.

Take Aim at Sportsman's Range

Hours for the Sportsman's Range at Joint Base San Antonio-Camp Bullis are 10 a.m. to 2 p.m. Saturdays and Sundays, weather permitting. Cost to shoot is \$10 per Department of Defense ID cardholder and \$15 per non-DOD ID cardholder. A DOD ID cardholder can purchase an annual pass for \$60. Cardholders are allowed to sponsor two non-DOD ID cardholder guests. Guests must be in the same vehicle as the sponsor. Call 295-7577.

Military and Family Life Counselors

Military and Family Life Counsel-

ors address a variety of issues such as stress, anxiety and deployment. MFLCs are licensed mental health professionals who provide situational, problem-solving counseling anonymously and confidentially. No written records are kept and it is free to military and family members. Contact a MFLC at Joint Base San Antonio-Fort Sam Houston at 517-6666 general number, 243-4143 for Army students and 488-6804 for Air Force and Navy students; at JBSA-Lackland, call 540-5025 or 540-5030 for adults, 627-0054 or 540-5033 for children and youths; and at JBSA-Randolph, call 627-1223 or 426-1412 for adults, 627-0338 or 627-0525 for children and youths.

Thrift Shop

The Thrift Shop at Joint Base San Antonio-Fort Sam Houston is operated by the Spouses' Club of the Fort Sam Houston Area and profits go towards scholarships and grants. The shop is open Wednesdays, Thursdays and first Saturday of each month from 9:30 a.m. to 2:30 p.m. for shopping and

9:30 a.m. to 1 p.m. for consignment from Department of Defense ID card holders. Donations also accepted. The shop is located at 3100 Zinn Road, one block south of Outdoor Recreation and one block behind the Family Medicine Clinic. Call 221-5794.

Loan Locker/Lending Closet

The loan locker provides temporary loans of household items to incoming and departing permanent party personnel (first priority), students (second priority) and temporary duty, retirees and civilians (third priority) assigned to the area. Items available include: high chairs, pack and plays, strollers and booster seats, pots and pans, dishes, silverware, coffee pots, baking dishes, irons, ironing boards, toasters, vacuum cleaners, tables and chairs. Bring a copy of your orders. There is a 30-day time limit. To utilize the Lending Closet at Joint Base San Antonio-Fort Sam Houston, call 221-1681. The Loan Locker at JBSA-Randolph is open Wednesdays 9 a.m. to 2 p.m., call 652-5321 for details.

OUTSIDE THE GATE

'No Soldier Left Behind'

The Brave Diamond Warriors Productions presents a play titled "No Soldier Left Behind" at 8 p.m. April 16 and 17 at the Carver Community Cultural Center, 226 N. Hackberry St. Tickets are \$25, \$35 and \$5, with children 12 years old and under admitted free. Call 207-2234 for reservations.

Texas Military Polo Club

Interested in a challenge and know how to ride a horse? The Texas Military Polo Club is offering polo lessons. For more information, call 512-484-4384 or visit <http://www.facebook.com/texasmilitarypolo>.

Briscoe Museum Military Salute

The Briscoe Western Art Museum, located at 210 W. Market St. in San Antonio, offers a military salute program that allows year-round free admission for active duty military

and up to four members of their family. The program begins Saturday from noon to 4 p.m. with entertainment by the 323rd Army Band "Fort Sam's Own" Intrepid Winds combo, guided tours, snacks and refreshments. For more information, visit <http://www.briscoemuseum.org>.

New San Antonio Women's Basketball Team

The San Antonio Crusaders is a women's professional development league basketball team that starts their season May 2, competing in Mid-South Division of the Women's Blue-Chip Basketball League. The Crusaders will compete against Dallas Lady Diesel, Houston Sparks, Shreveport Suns and Texas Storm. The WBCBL league was founded in 2004 as a way to provide highly competitive basketball for women in the United States and give them exposure to play at the next level. The Crusaders will be competing at the Antioch Sports Complex, 314 Eross Street in San Antonio. For more information, visit <http://sacrusadersball.com> or <https://www.facebook.com/sanantoniocrusadersball>.

MICC from P3

mand sergeant major at Fort Knox, Ky. "We spend a lot of dollars in the civilian community - advertising, meals, promotional items, our vehicle fleet - in order to make our recruiting goals. The MICC provides us a great service."

Bowens said that the shared core competency creates a collective effort between not only their two commands but also any Army organization whose reach extends beyond their respective commands.

"Recruiting represents a synergy that exists within the Army and broadens the outreach of any geographically dispersed organization," Bowens said. "The reliance on fellow Soldiers who are located in communities all across our nation to provide effective leadership when and

where necessary is even more critical in an era of constrained resources."

The Army Materiel Command has the only contingency contracting capability in the Department of Defense, providing support to warfighters from more than 100 locations worldwide. The MICC serves as the training ground for many of the contracting Soldiers and civilians who support combatant commanders.

"As we look toward the Army of 2025, the two most important things other than leadership development is the talent management by USAREC and being good stewards of resources, which is what we do for the Army," Bowens said.

Bowens said USAREC's ability to identify and recruit the highest qualified individuals for the all-volunteer Army allows the MICC to attract and retain a ready resource

of some of the brightest Soldiers who meet one of the most stringent certification processes in the service.

"The young, professional NCOs we have in the MICC today are a prodigy of the last 13 years of recruiting," Bowens said. "These Soldiers who are shaping the Army today will be its leaders tomorrow."

Contracts executed by MICC civilian and uniformed personnel support Soldiers from before they even raise their right hand in a formal oath to defend the U.S. Constitution until a solemn farewell when they are laid to rest.

"Contracting truly supports the lifeline of a Soldier," Bowens said. "It is there from the very beginning to the very end."

MICC contracted services and supplies are woven throughout the commitment of service

by Soldiers and their families. They include contracts for advertising, promotional items and virtual recruiting in support of USAREC; meals, lodging and transportation in support of the U.S. Military Entrance Processing Command; food services and housing; training instruction; base operations support; and Soldier for Life transition assistance program services in support of the U.S. Army Human Resources Command.

Additionally, one of the most visible contracts executed and administered by the command is in support of the Arlington National Cemetery.

A mutual approach to doing business has led to a complimentary benefit between the MICC and USAREC - one that Bowens said represents the sharing of ideas and resources called for by the Army's top leaders

to mitigate increasing budget constraints.

"It's important that Army leaders are strategically in alliance," Bowens said. "This synergy creates a win-win for our workforce and family members, because it allows people to be taken care of in a timely manner."

That extended reach benefitted the contracting command during the MICC organizational day and an oath of enlistment ceremony before a San Antonio Spurs audience in 2014. Recruiters from the 5th Recruiting Brigade at JBSA-Fort Sam Houston provided manned activities during the organization day as well as more than 60 future Soldiers for the ceremonial enlistment officiated by the MICC commanding general at the Spurs' Military Appreciation Night.

Bowens said that form

of strategic outreach has also proven to be more timely and effective in addressing some personnel matters while keeping temporary duty expenses at a minimum.

"This synergy creates a win-win for our workforce and family members by allowing the command to better leverage the use of resources and travel," Bowens said. "If anything happens to any Soldier, Army civilian or a family member, we can reach out to other commands and ask senior leaders to assist us while at the same time maximizing our own resources at a savings to the service and American public."

The MICC command sergeant major added that such a reciprocal benefit minimizes the gaps between commands while reinforcing good stewardship of resources and fiscal responsibility.