



WINGSPREAD



**Rambler 120
Adventure
Race draws
27 teams**



INSIDE: BIRDS THREATEN MISSION, P3 ... POW/MIA TRIBUTE, P4 ... FSS EVENTS, P9-12 ... GATE HOURS, P14

COMMENTARY

Taming the 'Tyranny of the Urgent'

By Lt. Col. Aaron Hopper
71st Flying Training Wing Safety Office

Many Airmen lead incredibly busy lives, full of unfinished tasks. We often wish we had more hours in the day to fit it all in. In our professional lives, budgets remain tight, the Air Force is shrinking, and we are challenged to do more with less.

Yet the demands on our time never seem to diminish. We are overdue on annual online training, our shop will be inspected next week, our co-worker just deployed (their work is now ours), our inboxes are full, and we recently accepted another Outlook invitation for a meeting whose purpose is a mystery.

In our personal lives, we rush to juggle kids' activities, clean the house, make ends meet with both parents working, attempt to resolve the latest family drama, and maybe, just maybe, fit in a workout. We work hard. We hurry to complete tasks. But we never seem to have time to finish our "to do" lists.

Moreover, when we collapse exhausted at the end of the day, we are not quite sure whether we spent our time working on the right things. We may even feel guilt or remorse over the way we spent our day or the things we did not do.

Our problem, however, is not the length of a day, but rather the misdirection of our attention and priorities. Even if we had 48 hours in a day, we would quickly fill those hours with additional tasks. The additional time would not guarantee an unhurried or well-ordered life.

In 1967, Charles Hummel, a former president of Barrington College in Rhode Island, detailed this problem in a short essay that he called, "The Tyranny of the Urgent."

In it, he wrote, "We live in a constant tension between the urgent and the important. The problem is

that the important task rarely must be done today or even this week ... (but) the momentary appeal of (urgent) tasks seems irresistible and important, and they devour our energy."

Unfortunately, we live in a fast-paced, high-tech environment, where cell phones, email and social media relentlessly compete for our attention and invade the precious moments we set aside to deal with important matters.

Distractions are rampant and demands for our time are unending. In the midst of all of our busyness, how do we focus on the important and tame the "Tyranny of the Urgent?"

I have a few suggestions:

1. Identify your priorities. What is most important at home and at work? It could be a long-term project that is more important than two dozen unread emails in your inbox. It could be a talk with your teenager that is more important than the extra hour at work you need to meet an urgent suspense.

2. Schedule your priorities. Urgent suspenses always find a way to shove aside the important suspenses when you fail to schedule priorities. If a new fitness goal is your top priority, then block off time on your calendar to work out

3. Don't manage priorities by emails or phone calls. The fact that someone emails or calls you does not mean they require your immediate attention. Voice mail is a wonderful tool. Allow a caller to leave a message, and return the call when the important task is complete. In my home, for example, family meals are sacred. We almost never answer the phone or a text message during a meal, regardless of who is calling.

Do not feel the need to read or answer every email when it arrives or in the order it was received. Scan for priority messages, write down

tasks that arrive by email, prioritize those tasks, then turn off the email and work your list in priority order.

I was assigned to the Pentagon when Gen. Mark A. Welsh became our chief of staff. The first week on the job, he notified us that he checks email only twice per day and we had to visit or call his office if we had a matter that was important enough to warrant his immediate attention. If it works for our chief, it can work for us.

4. Reschedule the urgent. Once your priorities have been scheduled, it will be clear how much time and attention you can devote to urgent, but less important matters. Delegate, reschedule, refuse or request extensions for urgent tasks that are not truly important. If conflicts exist, or another shop believes their urgent request is more important than your priorities, use your chain of command to resolve and/or re-prioritize the conflicts.

5. Remain flexible. At times, there are phone calls and emails that genuinely demand our immediate attention and priority. Though fewer and further between than we might think, we must be able to identify new priorities and reorder our schedules to accommodate tasks that are both urgent and important.

The most important things in our lives are not always the most urgent things. We frequently and easily set aside important tasks to deal with those whose urgency appears to make them important. Our challenge is not so much the amount of time we have, but the way in which we spend that time.

As former astronaut Story Musgrave remarked during a lecture I once attended, "You have time in life to do anything you want, but not time to do everything you want."

ON THE COVER

The Rambler 120 race included running, biking, rafting and a Frisbee event, Saturday at Joint Base San Antonio Recreation Park at Canyon Lake. Twenty-seven teams competed in the 22-mile bike course, 6-mile run, 2-mile rafting course and a Frisbee toss. For more photos and a list of the winners, see page 16.

Photo illustration by Maggie Armstrong

WINGSPREAD

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Tree-trimming program seeks to thin dove population

By Robert Goetz
Joint Base San Antonio-Randolph Public Affairs

A burgeoning white-winged dove population in Joint Base San Antonio-Randolph's central housing area poses daily dangers for aircrews on the east flightline, but a program that began this week seeks to thin the birds' summertime habitat and make the skies safer for aircraft.

Crews from a San Antonio-based contractor have begun the process of pruning some 700 trees inside Main Circle, a project expected to take six months to complete.

"The trees will be trimmed and pruned in a specific way," Mike Pacheco, a U.S. Department of Agriculture wildlife biologist assigned to the 12th Flying Training Wing Safety Office, said. "The purpose is to open up the trees' canopies so they're not so thick. The trees in the housing area have become a perfect nesting ground for white-winged doves."

John Howry, JBSA landscape architect, will oversee the tree-trimming crews as well as an arborist assigned to the project.

"The crews will thin the trees so they don't overlap and birds don't have a place to hide," he said. "There's also the potential of taking some trees out."

Crews will also have to work in some residents' backyards, Howry said, but debris will not be left overnight.

"We also want to make people aware that there may be temporary street detours, but there will be signage and cones," Virgil McGee, 502nd Civil Engineer Squadron lead contract officer representative, said. "We ask that people not park under the trees where trimming is being done."

Residents will be apprised of the tree-trimming program and any temporary street closures by email from Hunt Military Communities, Diane Butler, JBSA-Randolph Housing Element chief, said.

The white-winged dove, with summertime breeding grounds expanding north and ranging from Texas to California, has become increasingly responsible for damaging strikes to 12th FTW aircraft, Pacheco said.

"Every year, the white-winged dove is the number one species that causes damage to aircraft," he said.

See **TREE PRUNING P17**

Photos by Joel Martinez
Photo illustration by Maggie Armstrong



NEWS

Photos by Desiree Palacios

A Patriot Guard motorcyclist leads the procession to welcome those who have returned home and to honor families of those still missing Sept. 18 during Joint Base San Antonio's observance of POW/MIA day at JBSA-Randolph.



JBSA pays tribute to POWs, MIAs with several events

Each year on the third Friday of September, the nation observes National Prisoner of War and Missing in Action Day.

This year, Joint Base San Antonio-Randolph honored the service and sacrifice of those who were POWs as well as those who are MIA with a remembrance breakfast Sept. 16, POW/

MIA remembrance 5K Sept. 17 and a wreath-laying and retreat ceremony Sept. 18 at the JBSA-Randolph Missing Man Monument.

The events were organized by members of the Air Force Sergeants Association, and the wreath laying was hosted by Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and JBSA commander.



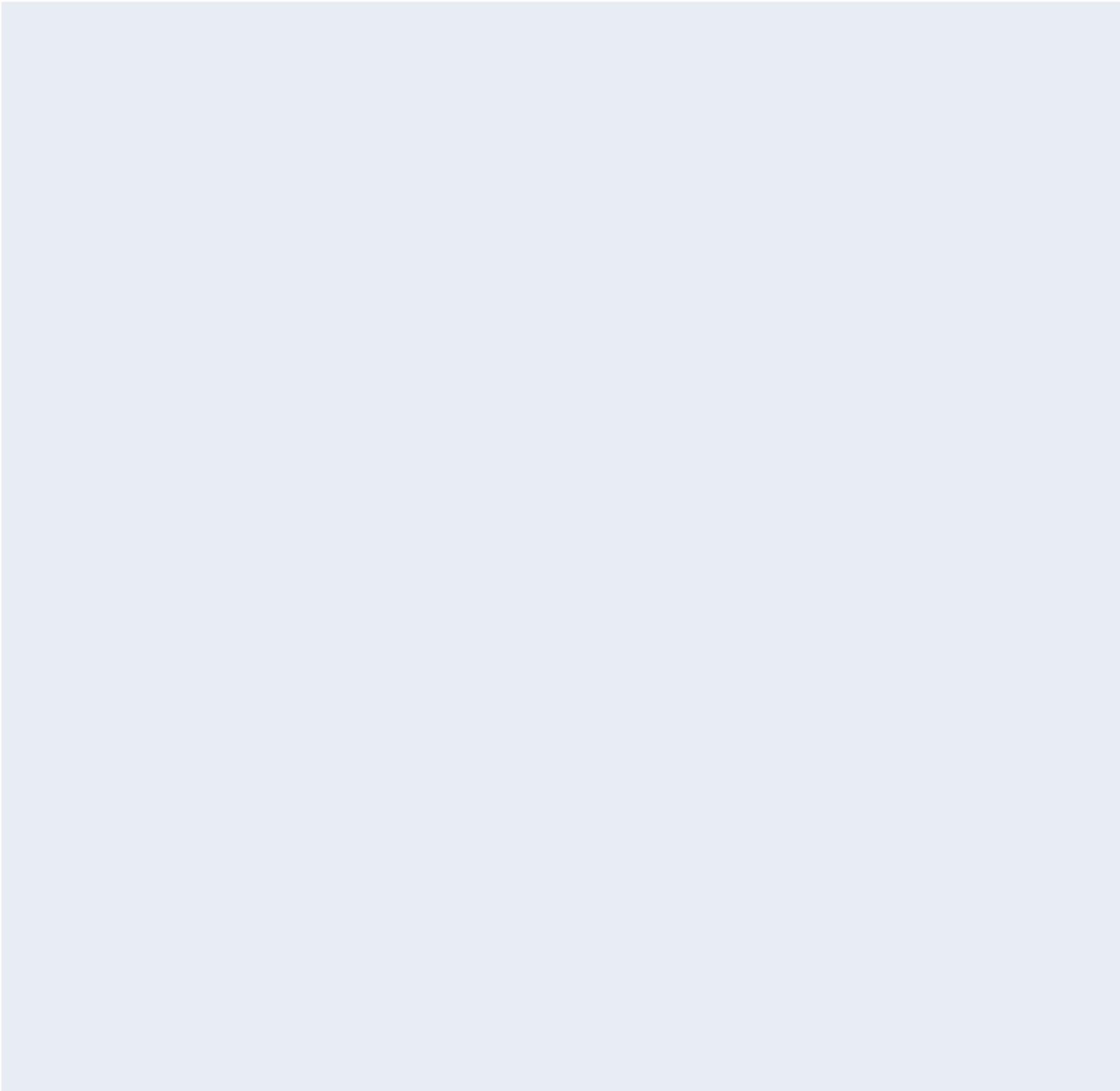
Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, salutes during retreat at Joint Base San Antonio-Randolph's Missing Man Monument Sept. 18 during the wreath-laying and retreat ceremony to honor all prisoner of war and missing in action members.



The audience salutes during the retreat portion of the Prisoner of War and Missing in Action ceremonies Sept. 18 at Joint Base San Antonio-Randolph.



Members of the Joint Base San Antonio Honor Guard fire a 21-gun salute as part of the Prisoner of War and Missing in Action ceremonies Sept. 18 at Joint Base San Antonio-Randolph.



JBSA celebrates AF's 67th birthday



Airman Elijah Grenier, 502nd Communications Squadron, and retired Lt. Col. Ramon Horinek, former Vietnam War prisoner of war, cut the cake during the Joint Base San Antonio celebration of the Air Force's 67th birthday Saturday at the Westin Hotel in San Antonio.

Photos by Desiree Palacios



Left: Tech. Sgt. Carneisha Layton takes a closer look at Air Force uniforms displayed during the Joint Base San Antonio Air Force 67th birthday celebration Saturday at the Westin Hotel in San Antonio.



Air Force uniforms from several decades were worn by service members in depiction of the Air Force's heritage during Joint Base San Antonio's 67th Air Force birthday celebration Saturday at the Westin Hotel in San Antonio. Celebrating the Air Force's birthday is a chance to foster tradition and heritage, build esprit de corps, and commemorate the service's legacy. The Air Force is comprised of more than 680,000 Airmen, made up of active duty, Guard, Reserve and civilians. The Air Force's core missions are rooted in its original roles and responsibilities that were assigned in 1947. Today, the core missions are air and space superiority, intelligence, surveillance and reconnaissance, rapid global mobility, global strike and command and control.

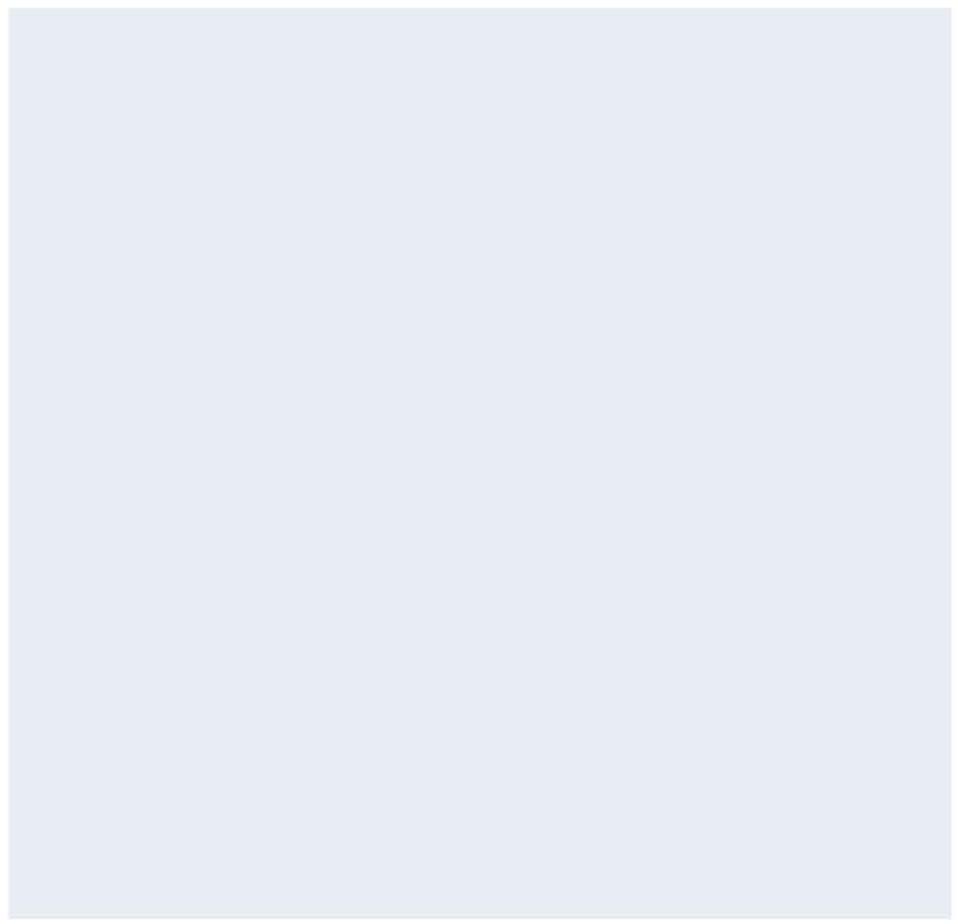
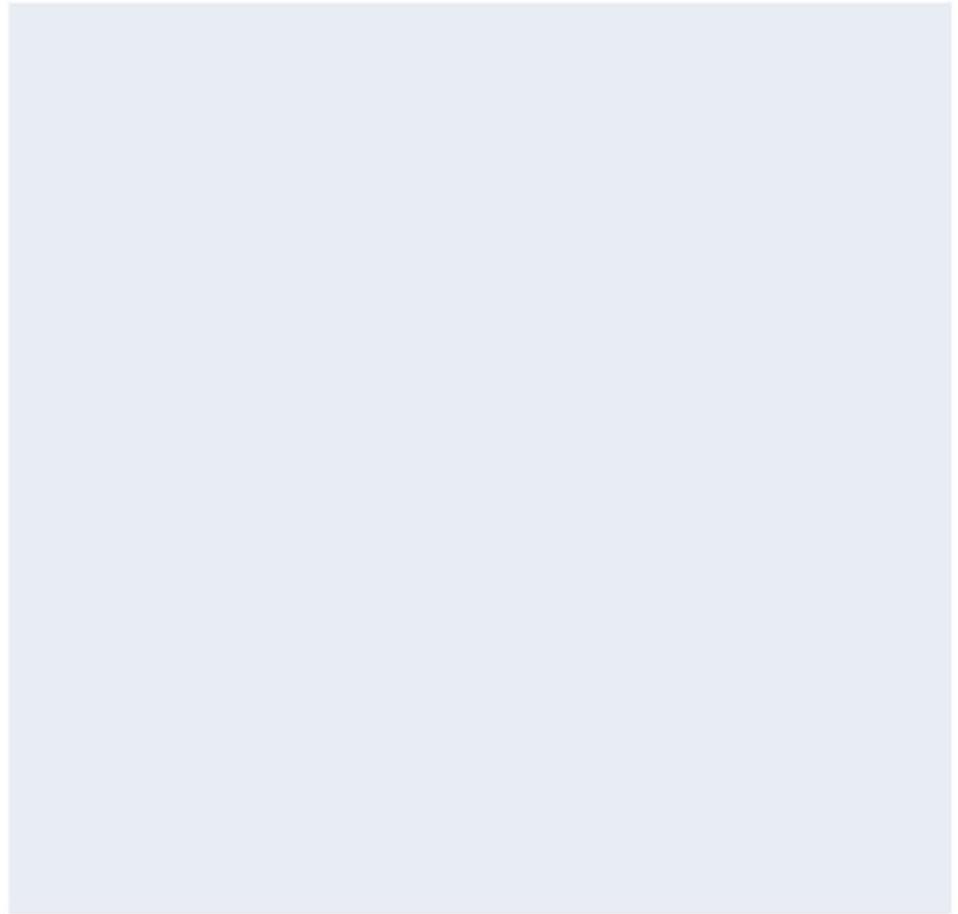
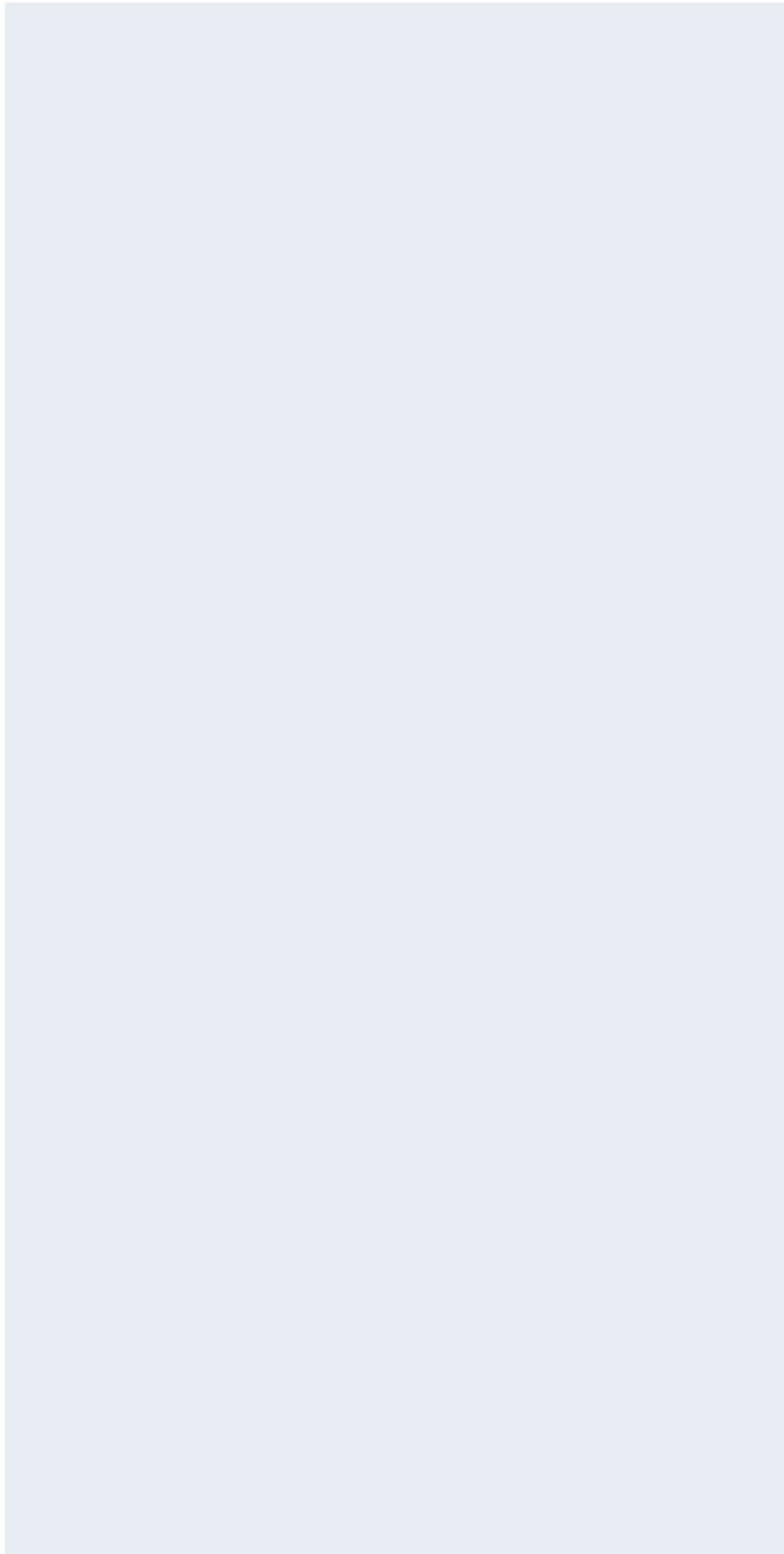
BATTLE of the BADGES

The annual **Battle of the Badges** competition between all Joint Base San Antonio security forces and fire department members takes place 9 a.m. Saturday at JBSA-Randolph's Camp Talon and Eberle Park. All DOD ID cardholders and their families are welcome to attend.

Activities include a vehicle extrication and high-angle rescue demonstration, a Sparky and McGruff meet and greet, a fire truck pull and taser and military working dog demonstrations. There will also be a pizza party and coloring contest.

For more information on the event, call 652-6915.

Graphic by Maggie Armstrong





Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Event

October

Bowling

Bowlers get three games for two

Bowl two games and get one game free on Mondays, Tuesdays and Thursdays in October at the JBSA-Randolph Bowling Center (does not include shoe rental). For more information, call 652-6271.

Bowlers discover specials on Columbus Day

Celebrate Columbus Day Oct. 10-13 at the JBSA-Randolph Bowling Center with a special rate of \$2.50 per game per person and shoe rental is \$2.35. This special excludes Cosmic Bowling. For more information, call 652-6271.

Cosmic lights appear at the Bowling Center

Check out Cosmic Bowling Saturdays, 8-11 p.m., at JBSA-Randolph Bowling Center with music, a light show and an on line juke box. For more information, call 652-6271.

Bowling centers hosts cosmic Halloween events

Tricks and treats are in store at JBSA bowling centers Oct. 25 for some early Halloween fun. The JBSA-Lackland Skylark Bowling Center invites patrons to dress up in costume for a Halloween-themed event from 7-10 p.m. The evening costs \$30 per lane for three hours of Cosmic Bowling and shoes for up to six people. A live band will play throughout the night. For more information, call 671-1234.

Join the JBSA-Randolph Bowling Center for a Cosmic Bowling Halloween party, 8 p.m. to midnight. The evening's festivities include karaoke, games, prizes and candy. The cost is \$30 per hour for a lane for up to six bowlers. For single bowlers the hourly rate is \$8 per person. Shoe rental is not included. Prizes include a bowling ball, a bowling bag, shoes and more. Additionally, there will be a costume contest and prizes will be given out for the best child costume and best adult costume. For more information, call 652-6271.

Bowling specials give an opportunity for a daily break

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday through Friday, 11 a.m. to 2 p.m. For more information, call 221-3683.

Families enjoy bowling on Sundays

Families get a bowling lane for one hour, a large pizza and bowling shoes for \$45 every Sunday, noon to 4 p.m., at the JBSA-Fort Sam Houston Bowling Center. For more information, call 221-3683.

Community Programs

Dogs exhibit their talents and have fun at Doggie Dip

Bring your dogs to the JBSA-Fort Sam Houston Aquatic Center Doggie Dip Oct. 4, 10 a.m. to noon, where they can jump into the pool for fun and compete in the "Best Dressed Dog" contest. Food and refreshments are available for

people and dogs. Owners must show proof of dog's current distemper/lepto and rabies vaccinations. Tags are not an acceptable form of proof. Chows, Doberman Pinschers, Presa Canarios, Pit Bulls, American Pit Bull Terriers, American Staffordshire Terriers, Staffordshire Bull Terrier, Rottweilers, any wolf hybrid, or any mix of the aforementioned breeds are not allowed to take part in this event. Doggie Dip is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 221-1718.

Discovery, love and mishaps fill the Harlequin Theatre

"Where the Boys Are" takes a journey through the 50s and 60s Oct. 16 to Nov. 22 at the Harlequin Dinner Theatre at JBSA-Fort Sam Houston. Six girls sing popular girl-group songs such as "Where the Boys Are," "Stupid Cupid," "Tell Him," "Mr. Lee," "Judy's Turn to Cry" and many more. This event is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 222-9694.

Gather the family for a free movie

Enjoy a free family movie night Oct. 25, 7 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. Free popcorn, cotton candy and snow cones are available during the movie. This event is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 221-1718.

The Community Extravaganza Fair educates patrons

Visit representatives from post agencies and local businesses to learn more about Joint Base San Antonio and the San Antonio area at the Community Extravaganza Fair Oct. 28, 9-11 a.m., at the JBSA-Fort Sam Houston Golf Club. This event is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 221-1139.

Clubs

Thanks for being a club member

To show appreciation to its members, Air Force clubs are giving away two Chevy Silverado vehicles, sponsored by GM Military Discount, a trip for four to Disney World and ten \$500 cash prizes. No federal endorsement intended. Club members are encouraged to register for the Air Force Club Membership Rewards sweepstakes. To enter, club members fill out an entry form found at Force Support Squadron clubs and drop it in the box provided. No purchase is necessary. To see a complete list of eligibility, prize regulations and restrictions go to <http://www.MyAirForceLife.com/giveaway/>. For more information, call the JBSA-Randolph Parr Club at 652-4864, the JBSA-Randolph Kendrick Club at 652-3056 or the JBSA-

Lackland Gateway Club at 645-7034.

Chef prepares fresh fish Friday nights

The chef prepares a special menu for seafood lovers featuring fresh fish every Friday in October at the JBSA-Randolph Parr Club. Entrées vary each Friday from baked salmon Florentine to blackened red snapper with a creole shrimp sauce and will include rice and a vegetable. The price varies ranging between \$13 and \$17 depending on the market price at the time. For more information and for specific menu details for each Friday, call 658-7445.

Patrons relax and enjoy buffet

Enjoy an evening of relaxation and a Southwestern-themed buffet on the JBSA-Randolph Parr Club deck Oct. 1, 4:30-8 p.m. Entertainment is provided by Flood Gage, bar is available from 4:30-8 p.m. and the buffet from 5-7 p.m. The price is \$8 for members, \$13 for nonmembers and \$6.50 for children ages 6-12 years old. Deck night is sponsored by Budweiser. No federal endorsement of sponsor intended. Coupons are not accepted. For more information, call 658-7445.

Live entertainment offered at Sky Lounge

Rob Carter performs Oct. 10 and the Tobias Band Oct. 17 at the JBSA-Randolph Parr Club from 5-11 p.m. with complimentary hors d'oeuvres 5-6 p.m. Admission is \$3 for club members and \$5 for nonmembers. For more information, call 658-7445.

Chef prepares special dinner

The JBSA-Lackland Gateway Club hosts a special chef's dinner Oct. 17, 5-8 p.m., featuring bacon-wrapped filet mignon with Béarnaise sauce, fried tail-on jumbo shrimp, twice-baked potatoes, asparagus spears and a house salad. The price is \$16.96 for members and \$18.95 for nonmembers. For more information, call 645-7034.

Club offers pizza and pints special

Patrons get a 16-inch two-topping pizza and two pints of draft beer at Gil's Pub at the JBSA-Randolph Kendrick Club Oct. 14 and 28, 4:30-8 p.m. The price is \$11.95 per person for members and \$14.50 for nonmembers. For more information, call 652-3056.

Club presents live music

Head to the JBSA-Randolph Kendrick Club's Nite Club patio Oct. 17, 6-10 p.m., for rhythm and blues and jazz by the Black Ties band. A themed buffet is available for \$10.45 a person from 5-8:30 p.m. Club members receive \$2 off the buffet price. No coupons are accepted for this event. For more information, call 652-3056.

Club members gather for Appreciation Night

The JBSA-Lackland Gateway Club hosts Appreciation Night Oct. 21, 5-8 p.m. The buffet dinner features beef tenderloin with port wine sauce, pork chops marsala, roast turkey and much more. Entertainment is provided by DJ Doggin' Dave Productions. The cost is \$10.50 for members and \$12.50 for nonmembers. For more information, call 645-7034.

Children dress up and enjoy bingo

Join the JBSA-Randolph Kendrick Club Oct. 26, 11 a.m., for a children's costume contest and bingo in the ballroom. Children ages 12 and younger play for free and can try to win door prizes. The adults can enjoy the Gil's Pub grill menu. Five games of bingo will be played. There is a complimentary buffet for kids (12 and younger) with chicken tenders, French fries, cookies and fruit punch. The Halloween costume contest will be judged for most original, cutest and scariest. This event is open to all Department of Defense ID cardholders. For more information, call 652-3056.

Celebrate October birthdays with a buffet

Members are invited to celebrate their October birthday at the JBSA-Randolph Parr Club with a free buffet Oct. 29, 4:30-7:30 p.m. The buffet includes salad, two vegetables, two starches, two entrées, soup and birthday cake with ice cream. The cost is \$13.95 for adult guests and \$7.95 for their children 6-12 years old. Club members that are not celebrating are also invited and the cost is \$11.95 for adults, \$5.95 for children 6-12 years old and kids 5 and younger eat for free. For information, call 652-4864.

Diners enjoy a ghoulish lunch at food court

Enjoy a haunting good meal at the JBSA-Lackland Gateway Club Oct. 30, 11 a.m. to 3 p.m., in the food court. This buffet includes entrees such as Baron R. Beef (roast beef au just), Spider Web linguine (linguine with clams and white wine sauce), Rosemary's Baby chicken and much more. The cost is \$9.95 per person for an all-you-can-eat spread. For more information, call 645-7034.

Patrons invited to Halloween bingo and costume contest

Patrons are invited to come dressed in their favorite costume Oct. 30, 7 p.m., to play bingo and for a chance to win door prizes ranging from \$25 to \$50 in club bucks to cheese and wine baskets at the JBSA-Randolph Kendrick Club. A free buffet will be offered from 5-7 p.m. and includes an 8-ounce NY strip steak with onions and mushrooms, baked lemon dill salmon, baked potato bar, rice pilaf, vegetables, salad and dessert. For information, call 652-3056.

Clubs hosts Halloween parties

The JBSA-Lackland Gateway Club hosts an adult Halloween party Oct. 31 in the Lone Star and Maverick Lounges. Patrons are encouraged to dress in costume for an evening featuring Stevie Mac Dance Machine in the Maverick Lounge, 5-9 p.m., and Doggin' Dave Productions in the Lone Star Lounge, 5 p.m. to 1 a.m. For more information, call 645-7034.

The JBSA-Kendrick Club hosts "Let's Disco, Baby" Oct. 31, 5 p.m. Patrons are encouraged to dress in their favorite costume from the 70s and enter for a chance to win a \$75 Force Support Squadron gift card for the first place

Joint Base San Antonio
Oktoberfest
Oct. 17 4-11 p.m.
Oct. 18 3-10 p.m.

Authentic Biergarten
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Children's Activities Tent
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Festive Food
 Bratwurst
 Pretzels
 Wurstschmidt

Live Performances
FRIDAY
 ORG Sound
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 Main Room 8:00 p.m.
 Side Deck 8:00 p.m.
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 ORG Sound
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winner, \$50 in club bucks for second place and brunch for two for third place. For more information, call 652-3056.

Choose the Gateway Club for holiday parties

The JBSA-Lackland Gateway Club is the perfect place to host holiday parties with several venues and a wide selection of food and beverages to choose from. For more information, call 645-7034.

Ladies enjoy food, beverages and music

The JBSA-Randolph Kendrick Club hosts "Ladies Night" every Thursday, 5-10 p.m. with beverage specials, great food and a DJ. For more information, call 652-3056.

Texas Hold' Em takes place at club

Patrons are invited to try their Texas Hold' Em card skills Thursdays, 6:30 p.m., at the JBSA-Randolph Kendrick Club. The first-place winner receives \$20 in club bucks, second place receives \$15 in club bucks, third place gets \$10 in club bucks and bounty receives \$5 in club bucks. For more information, call 652-3056.

Turn in receipts for a chance for club bucks

Customers can turn in receipts from daily purchases at the JBSA-Randolph Kendrick Club for a chance to win \$25 in club bucks. Drawings are Fridays, 6 p.m. For more information, call 652-3056.

Patrons relax and socialize on Fridays

The Nite Club at JBSA-Randolph Kendrick Club has social hour food specials each Friday starting at 5 p.m. and social hour drink prices from 5-7 p.m. While customers enjoy the social hour, they can listen to today's top hits along with classic rhythm and blues, hip-hop, jazz and Latin music

starting at 5 p.m. in addition, Gil's Pub offers country music starting at 5 p.m.

The Auger Inn at the JBSA-Randolph Parr Club is a great place to unwind with coworkers and friends after a hard week at work every Friday, 5-10 p.m. A DJ spins the tunes while complimentary hors d'oeuvres are served from 5-7 p.m.

Equestrian Center

Equestrian center offers trail rides

The JBSA-Fort Sam Houston Equestrian Center offers one-hour trail rides Saturday and Sunday, 8:30 a.m. to 2 p.m., for ages 7 and older. Adults must accompany children under age 13. Riders must be at least 54 inches tall and weigh no more than 200 pounds. The cost is \$30 per person. Reservations are required and may be made in person or by phone. Reservations may also be made for team-building trail rides when time is available. For more information, call 224-7207.

Fitness

Zumba® to find a cure

October is Breast Cancer Awareness Month, so get groovin' to find a cure at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center Oct. 11, 9:30-11:30 a.m. for "Party in Pink." The cost is \$12 per person and all participants will receive a Zumba® T-shirt and two hours of fun. For more information, call 221-1234.

Fitness center offers three-mile relay

Grab a team mate and head to JBSA-Randolph's Eberle Park Oct. 16, 7:30 a.m. The first team member must complete a 1.5-mile run route in order for the second team member

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 New Orleans vs Cincinnati • Nov. 16
 Arizona vs Seattle • Dec. 21
 Super Bowl XLIX at Cardinals Stadium • Feb. 1

All trips include airfare, hotel accommodations, car rental, tickets to the game and more.

This event is open to all DoD cardholders. Must be a club member to win prizes.

FOOTBALL FRENZY | **AIR FORCE** | **JOINT BASE SAN ANTONIO FORCE SUPPORT SQUADRON**

to start running the next 1.5 mile. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

JBSA-Lackland hosts basketball camp

JBSA-Lackland hosts the 2014 All Air Force Basketball Camp Oct. 19 through Nov. 5. Practices and scrimmages are held at the JBSA-Lackland Chaparral and Warhawk Fitness Centers. Spectators are encouraged to attend and support Air Force base teams. For more information, call 671-2725 or 671-2632.

Fitness center celebrates Oktoberfest

Celebrate fall and get a jump start on burning holiday calories at the JBSA-Randolph fitness celebration at Eberle Park Oct. 25, 7:30 a.m. Everyone can participate in the fun, including the young ones. The event includes a 5K run/walk for runners and walkers and a 1.5-mile run/walk for young athletes and parents who would like to participate together. A 10K bike ride starts after the 5K is completed. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

End the silence at the Oktoberfest 5K run

All runners and walkers are invited to participate in the 5K Oktoberfest Fun Run Oct. 25, 8 a.m., to promote Domestic Violence Awareness Month. The 5K starts behind the JBSA-Fort Sam Houston Jimmy Brought Fitness Center. For more information, call 221-1234.

Framing

Selected frames on sale

Selected frames are on sale for 25 percent off Oct. 1-10 at the JBSA-Randolph Frame Shop located in the Community Services Mall, building 895. Estimates cannot be given over the phone. For more information, call 652-5142.

Golf

Golfers invited to scramble

Golfers are invited to play in the four-person scramble Oct. 3 at the JBSA-Fort Sam Houston Golf Club with a shotgun start of 12:30 p.m. Cost is \$25 for members and \$35 for nonmembers. Entry fee includes 18 holes of golf, green fees, golf cart, dinner, gift certificates for the winners of the longest drive, closest to the pin and for first- second- and third- place winners. For more information, call 222-9386.

JBSA searches for champion

It is time to determine the best golfer in JBSA. This championship tournament is a flighted/individual tournament with round one at the JBSA-Randolph Oaks Golf Course Oct. 11, round two Oct. 12 at the JBSA-Fort Sam Houston Salado-Del Rio Course and round three Oct. 13 at the JBSA-Lackland Gateway Hills Golf Course. It is an 8 a.m. shotgun start each day. The overall winner of this tournament is crowned the 2014 JBSA Golf Champion. The registration deadline is Oct. 5. For more information or to sign up, call 222-9386 at JBSA-Fort Sam Houston, 671-2517 for JBSA-Lackland and 652-4653 for JBSA-Randolph.

Discover the golf course on Columbus Day

Join the JBSA-Randolph golf course Oct. 13, 7-9 a.m., for an individual low net/low gross Columbus Day tournament. The fee to enter is \$10 plus green fees and cart rental. To sign up, call 652-4653.

Golf pro shop holds sale

All in-stock shoes are on sale for 10 percent off at the JBSA-Lackland Gateway Hills Golf Course. Patrons are encouraged to shop early for the best selection. For more information, call 671-2517.

Oktoberfest
JBSA-LACKLAND AMPHITHEATER GROUNDS
OCTOBER 3, 2014 • 5-10 P.M.
 Open to all active-duty members, dependents, retirees, DOD civilians, contractors and their guests. Call 671-3906 for more information.

CUSTOMER APPRECIATION DAY

- Free Full German Dinner (while it lasts)
- Free Kids Meal (while it lasts)
- Kids Activities
- Giveaways & Prizes
- Real German Beer on Draft
- Entertainment by Stevie Mac Dance Machine

Wearing lederhosen, dirndl or best Oktoberfest fashion encouraged

Logos: Air Force, USAA, CPS, Sentry Service, Helping Here.

Trainees receive a discount at the golf course

Basic military trainees and their family members have the opportunity to take advantage of the JBSA-Lackland Gateway Hills Golf Course BMT Golf Special Thursday through Sunday. Each player golfs for \$30 which includes greens fee, cart rental and rental clubs. For more information, call 671-2517.

Information, Tickets and Travel

Patrons get discounts for "Fearesta"

JBSA-Lackland Information, Tickets and Travel offers discounted tickets to the newest San Antonio scary attraction, "Fearesta." The frightening experience features Nightmare on Commerce from the creators of the popular Nightmare on Grayson, considered South Texas' most frightening haunted experience. Patrons can purchase tickets at ITT for \$17 to the haunted attraction running every weekend in October until Nov. 1. For more information, call 671-3059.

Fans cheer for big game discounts

The JBSA-Lackland Information, Tickets and Travel has negotiated almost-impossible-to-get packages for the 2015 Super Bowl in Phoenix, Ariz., Feb. 1. Packages include

upper-level end-zone game tickets, the NFL Experience, Super Bowl Tailgate Party with unlimited food, beer, wine and soft drinks, four-nights at the three-star Hospitality Suite Resort, daily hot breakfast and much more. Transportation to Phoenix is not included. Package cost is \$4,699 per person with double occupancy and \$4,349 for single occupancy, four to a room. Game tickets are upgradable for an additional price. For more information, call 671-3059.

Patrons get discounted tickets to Disney's "Frozen"

JBSA-Lackland Information, Tickets and Travel has tickets to Disney on Ice "Frozen" at the Alamodome April 3-5, 2015. Tickets are anticipated to sell out. Prices are \$20, \$26 and \$47 per seat with limited availability. Purchase early for best seating. For more information, call 671-3059.

Amusement parks are more fun without the heat

SeaWorld is open weekends through Dec. 28 and Six Flags is open weekends through Nov. 16. This is a great time to enjoy the parks without the heat or crowds. JBSA-Randolph Information, Tickets and Travel in the Community Services Mall, building 895, has daily passes to SeaWorld for adults and children for \$45. Daily passes to Six Flags for everyone 3 and older are \$39.65. Prices subject to change without notice. For more information, call 652-5142.

Patrons enjoy trip to casino

Book a trip to the Grand Casino, Kinder, La., at the JBSA-Randolph Information Tickets and Travel office. The trip includes round-trip motor coach transportation, hotel accommodations, a \$23 voucher from the casino and a tour guide. The bus departs at 7:30 a.m. Nov. 18 and returns at approximately 9 p.m. Nov. 19. Cost is \$60 for double occupancy or \$120 for single occupancy. Payment is required at the time of sign up. Sign up deadline is Nov. 4. For more information, call 652-5142

Discount tickets available for renaissance festival

The Texas Renaissance Festival is one of the nation's largest, most acclaimed renaissance theme parks where the sights, sounds, tastes and beauty of the 16th Century come alive. The festival runs for eight weekends, October through November. Visit JBSA-Randolph Information, Tickets and Travel in the Community Services Mall, building 895, for ticket information or call 652-5142.

Wurstfest takes place in New Braunfels

Wurstfest is a unique celebration, rich in German culture and full of Texas fun! Patrons are invited to enjoy the 10-day salute to sausage Nov. 7-16 in New Braunfels, with a variety of live entertainment, delicious food and lots of fun. Visit JBSA-Randolph Information, Tickets and Travel in the Community Services Mall, building 895, for discounted tickets. For more information, call 652-5142.

Library

Story time continues at library

The JBSA-Lackland Library hosts free story times every Tuesday in October. Story time for children ages 0-2 is 10-10:30 a.m. and story time for children ages 3-5 is 10:30-11:30 a.m. Registration is not necessary for these events. For more information, call 671-3610.

Library offers language lessons

Learn a new language through the free Transparent Language program offered remotely via the <http://www.jbsalibraries.org> website. A variety of different languages are offered and are accessible to current library account holders. For more information, call 671-3610.

Outdoor Recreation

Get outside and enjoy the fall weather

Fall in San Antonio is beautiful and the temperature is much better for having fun or working outdoors. Tables, chairs, canopies, ice chests and water jugs can be rented from all JBSA-Outdoor Recreation offices for parties, family reunions, picnics and more. For more information, call 221-5224 for JBSA-Fort Sam Houston, 925-5532 for JBSA-Lackland and 652-5142, option 2 for JBSA-Randolph.

Outdoor recreation offers paint ball

JBSA-Lackland Outdoor Recreation operates a field for paint ball play. Patrons can rent equipment which includes markers, barrels, socks, all-day tank refills and field fees for one low price. Paint balls by the case and bag are also sold. Exclusive use and group rates are available. Minimum age to play is 10 years old with parental consent. For more information, call 925-5532 Monday-Friday or 925-2998 on Saturday and Sunday.

Youth and Children

Winter sports registration begins

The JBSA-Lackland Youth Programs conducts registration for winter basketball for youth ages 5-12 Oct. 1-31. A sports physical is due at time of sign up with a \$50 registration fee. For more information, call 671-2388.

Register for youth basketball and cheerleading Oct. 1-31 at JBSA-Randolph Youth Programs. The season runs December through March for boys and girls ages 5-18. The registration fee is \$50 for basketball and \$45 for cheerleading. All players must have a current physical on file by the start of the season. Coaches are needed to help with teams. For more information, call 652-3298

Youth learn modern dance styles

Youth ages 4-13 sign up for modern dance at JBSA-Fort Sam Houston Youth Programs. The four-session dance class focuses on the fundamentals of modern dance. Sessions are once a week, Oct. 4-25, 10-11 a.m. The registration fee is \$45. For more information, call 221-3381.

Youth membership has free week

Youth are invited to check out JBSA-Randolph Youth Programs Oct. 6-11. There is no membership needed this week to participate in clubs, activities and open recreation (does not include instructional classes, league sports and school-age programs). Stop by for a monthly youth programs calendar or check out <http://www.randolphfss.com> to see what is offered. Membership is \$36 per year. For more information, call 652-3298.

Youth celebrate afterschool programs

JBSA-Youth Programs celebrates afterschool programs and the important role they play in the lives of children, families and communities. Organized by Lights on

Afterschool, the events send a message that children need quality afterschool programs. JBSA-Randolph Youth Programs celebrates Oct. 16, 4-5 p.m. Free snow cones are offered during the event. For more information, call 652-3298.

JBSA-Lackland Youth Programs honors the nationwide event Oct. 23, 4-6 p.m. In this free event, attendees will learn about exciting programs that are available. For more information, call 671-2388.

Parents get a night out

Parents can always use some quality time out. JBSA-Lackland and JBSA-Randolph Youth Programs offer an opportunity for a break through the Give Parents a Break/Parents' Night Out program. Parents can go worry-free while the kids are cared for with snacks, activities and games. JBSA-Randolph's night out takes place Oct. 17, 6-11 p.m. and registration is Oct. 1-15. Registration takes place Oct. 1-15 at the JBSA-Randolph Child Development Programs Annex for children, 2 years old and younger and at JBSA-Randolph Youth Programs for children 3 years and older. Child care is free to GPAB waiver holders and all others pay \$20 per child. For more information, call 652-4946.

JBSA-Lackland holds their Parents Night Out Oct. 17, 7-11 p.m. The fee is \$15 per child or free with a GPAB referral. For more information, call JBSA-Lackland Youth Programs at 671-1072 or the JBSA-Lackland Child Development Center at 671-2388.

Preteens masquerade at Youth Programs ball

Preteens are encouraged to dress in costume and attend the JBSA-Lackland Youth Programs masquerade ball Oct. 17, 7-9 p.m. Youth enjoy dancing and the opportunity to win door prizes. The cost to attend is \$3 with a membership card and \$5 without. Snacks are available for purchase. For more information, call 671-2388.

Youth Programs nurtures future leaders

JBSA-Lackland Youth Programs partners with JBSA-Fort Sam Houston Youth Programs for a Torch Keystone Club lock-in Oct. 31, 9 p.m. to 7 a.m., at JBSA-Fort Sam Houston Youth Programs. Youth, ages 11-18 years old, are encouraged to register no later than Oct. 17. The cost to participate is \$20 and includes an evening with friends, food, fun and games. Register at JBSA-Lackland Youth Programs Monday-Friday, 6 a.m. to 6 p.m. For more information, call 671-2388.

Fall Hi Jinx offers safe Halloween fun

Fall Hi Jinx at JBSA-Randolph Youth Program's gym is a free and safe alternative for Halloween participants Oct. 31, 6-8 p.m. Children and youth of all ages can enjoy games, crafts and costume contests with lots of prizes. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-3298.

Instructional classes expand youth knowledge

Youth are encouraged to get involved in one of the JBSA-Randolph Youth Programs instructional classes for ages 18 months to 18 years. There's something for everyone including classes in dance, music, martial arts, piano and gymnastics. For more information, call 652-3298

Youth register for Thanksgiving camp

Families who need child care for their children while they are out of school for the Thanksgiving school break can register at JBSA-Randolph Youth Programs Nov. 3-14. For more information, call 652-3298.

Earn extra income caring for children

JBSA-Lackland Family Child Care offers military spouses the opportunity to add to family income by becoming an FCC provider in their own home. FCC is looking for people to care for infants, toddlers, preschoolers and school-aged children. There is especially a need for children in the Extended Child Care program, as well as children with special needs and chronic health problems. Training is provided with courses offered monthly. For more information, call 671-3376.

Afterschool clubs cater to youth interests

JBSA-Lackland Youth Programs offers intermittent care through after school clubs. Children ages 5 (in kindergarten) to 12 years old have the opportunity to peek their interests in a rewarding learning experience outside the academically graded environment with clubs such as art, cooking, drama, gardening, Legos, photography, Power Hour, robotics, sewing and technology. All required documentation must be on file in order to participate in drop-in/club activities. For more information, call 671-2388.

Volunteers needed in youth programs

JBSA-Lackland Youth Programs is looking for individuals interested in volunteering for special events and sports programs. A greater demand exists for sports coaches and referees. Training is provided. For more information, call 671-2388.

Teens find out what is happening

Looking for more details about the Teen Program? Get up-to-date information and reminders via email. To sign up, visit http://www.lacklandfss.com/youth_sponsor.php. In the message box, be sure to say "Teen Center Mailing List". Mailing list recipients will receive information regarding field trips, youth workshops, parenting teens/preteen workshops, special events, youth contests and youth clubs. Stay in the know - don't be left out. For more information, call 671-2388.



AF to change instructions for oaths

Secretary of the Air Force Public Affairs

The Air Force has instructed force support offices across the service to allow both enlisted members and officers to omit the words “So help me God” from enlistment and officer appointment oaths if an Airman chooses.

In response to concerns raised by Airmen, the Department of the Air Force requested an opinion from the Department of Defense General Counsel addressing the legal parameters of the oath. The resulting opinion concluded that an individual may strike or omit the words “So help me God” from an enlistment or appointment oath if preferred.

“We take any instance in which Airmen report concerns regarding religious freedom seriously,” said Secretary of the Air Force Deborah Lee James. “We are making the appropriate adjustments to ensure our Airmen's rights are protected.”

The Air Force will be updating the

instructions for both enlisted and commissioned Airmen to reflect these changes in the coming weeks, but the policy change is effective now. Airmen who choose to omit the words ‘So help me God’ from enlistment and officer appointment oaths may do so.

The language in previous instructions was based on an Air Force legal interpretation of 10 U.S.C. 502, 5 U.S.C. 3331 and Title 32, which contain the oaths of office.

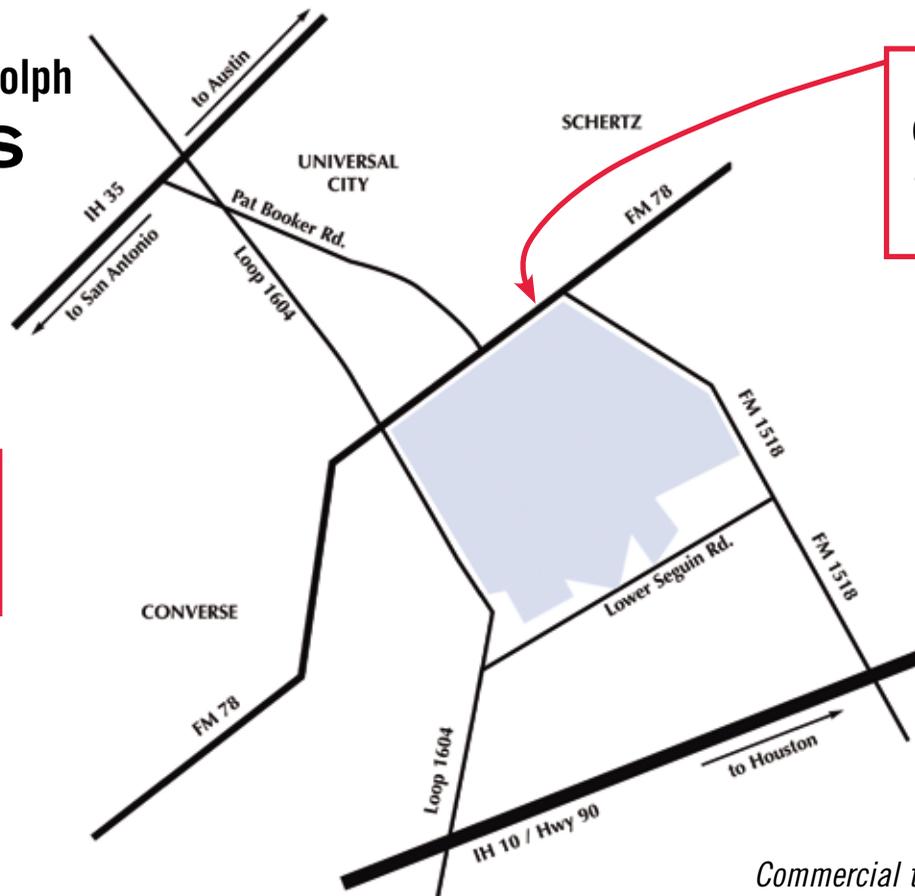
The Air Force requested the review following a ceremony at Creech Air Force Base, Nev., in which an enlisted Airman struck out the words, “So help me God” on the DOD Form 4 and did not include them in his verbal oath. The Airman's unit was unable to process his paperwork due to the guidance in Air Force Instruction 36-2606, Reenlistment in the United States Air Force, which prohibited any omissions. Now that the DOD General Counsel has provided an opinion, the Airman's enlistment paperwork will be processed to completion.

Joint Base San Antonio-Randolph Gate Hours

Main Gate at the intersection
of FM 78 and Pat Booker Road:
Open 24 hours/7 days

West Gate on FM 78:
Open 6 a.m. - 6 p.m.
Monday through Friday

Randolph High School entrance
on Loop 1604:
Open for special events



East Gate on FM 78:
Open 6-8:30 a.m. (inbound only)
and 3-5:30 p.m. (outbound only)
Monday through Friday

South Gate
on Lower Seguin Road:
Open 6-8:30 a.m. (inbound only)
8:30 a.m. - 6 p.m. (normal traffic)
Monday through Friday

The Visitor's Center at
the Main Gate is open
7 a.m. - 6 p.m.
Monday through Saturday

Commercial traffic must use the South Gate

JBSA Sexual Assault Prevention, Response

To report a sexual assault, call the 24/7
Joint Base San Antonio Sexual Assault
Prevention and Response Hotline at
808-7272 or the Department of Defense
Safe Helpline at 877-995-5247.

To advertise in the Wingspread, call 250-2440.

Joint Base San Antonio Combined Federal Campaign Points of Contact

The 2014 Combined Federal Campaign began Sept. 1. The following is a list of points of contact for the 502nd Air Base Wing:

- 502nd Air Base Wing: Master Sgt. Thomas Shockley
- Alternates: Master Sgt. Kerry Thompson, Tech. Sgts. Mark Barnette and Angelica Guerrero, Staff Sgts. Christopher Sutherland, Gary Lund and Henry Roberson.
- 502nd Force Support Group: Maj. Steven Parker
 - 802nd Force Support Squadron: Capt. Linda Aria
 - 502nd Force Support Squadron: Chris Neubeck
 - 502nd Installation Support Group: Michael Guzman
 - 502nd Civil Engineering Squadron: Joseph McCullough
 - 502nd Communication Squadron: Staff Sgt. Rodney Hill
 - 502nd Operations Support Squadron: Staff Sgt. Kerry Prado
 - 502nd Security Forces and Logistic Support Group: Master Sgt. Peter Esparza
 - 902nd Security Forces Squadron: Master Sgt. Orlando Bowman
 - 502nd Logistics Readiness Squadron: Tech. Sgt. Joan Dixon-Scott

Joint Base San Antonio-Randolph News Briefs

Retiree Appreciation Day

The Joint Base San Antonio 2014 Military Retiree Appreciation Day is 8 a.m. to noon Saturday at building 2841 at JBSA-Fort Sam Houston. The event is for retirees and family members of all armed services members and includes representatives from legal services, the Texas Veteran's Commission, South Texas Veterans Affairs, the Texas Department of Insurance and others. A San Antonio Military Medical Center Health Fair will also be held to provide flu shots and accept unwanted or expired medications. For more information, call 652-6880, 671-2728 or 221-9004.

JBSA takes back prescription drugs Saturday

People can turn in unused and unwanted prescription drugs from 10 a.m. to 2 p.m. Saturday during National Prescription Drug Take Back Day at locations throughout Joint Base San Antonio.

Three collection sites will be located at JBSA-Fort Sam Houston. The first is at the medical mall in the San Antonio Military Medical Center. The second is at the community pharmacy, located at corner of Scott and Allen Roads, near the main exchange. Another location is available during the Military Retiree Appreciation Day at building 2841 from 8 a.m. to noon.

There will also be collection sites at the JBSA-Randolph Exchange refill pharmacy located in the main exchange. At JBSA-Lackland, the satellite pharmacy, across from the main exchange, will collect medications. The service is free and anonymous.

All pills should be emptied into a zip-lock or plastic bag and only the bag of pills should be brought to the collection site. Medication bottles can be disposed of through local recycling programs.

Additional local "Take Back" locations can be found at http://www.deadiversion.usdoj.gov/drug_disposal/takeback/.

Absentee Voters' Week

Absentee Voters' Week is Monday through Oct. 6. Voters who have not requested absentee ballot can visit <https://www.fvap.gov/r3/fpca/home> to use a wizard that assists absentee voters with filling in the form based on their particular state/county of residence.

Voters who have not received their ballot by Oct. 4 are encouraged to use the Federal Write-In Absentee Ballot as a back-up ballot. Once completed, voters print out the form, sign and return it to their local election official.

2014 Rambler 120 draws 27 teams



Photo by Airman 1st Class Stormy Archer



Photo by Senior Airman Krystal Jeffers



Photo by Johnny Saldivar



Photo by Johnny Saldivar

For more photos from the Rambler 120, visit our Facebook pages at [JBSA-Fort Sam Houston](#), [JBSA-Randolph](#), [Lackland JBSA](#) and [Joint Base San Antonio](#).

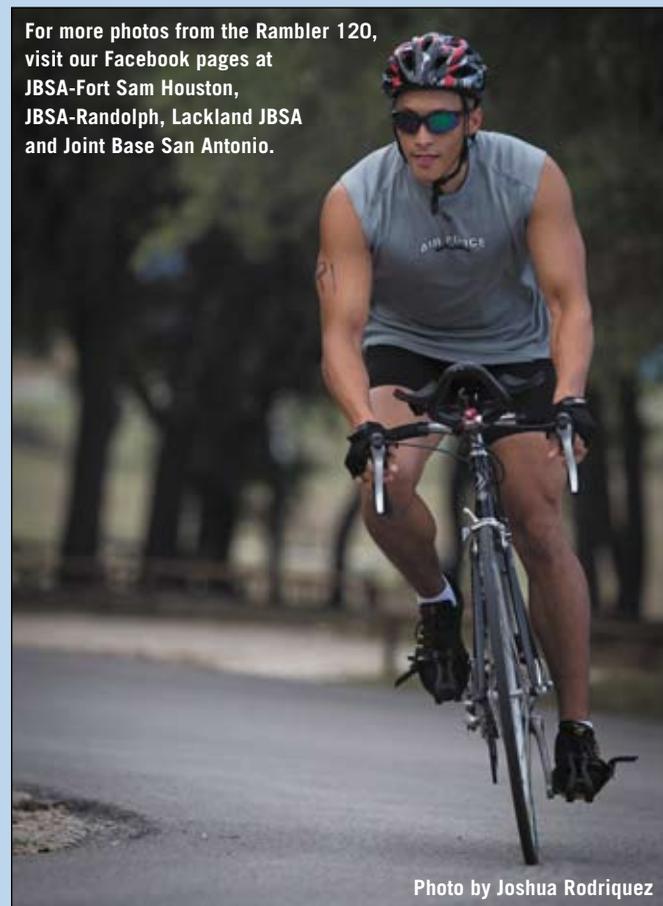


Photo by Joshua Rodriguez

Clockwise from top left: Competitors from across Joint Base San Antonio and beyond gather for a safety briefing before competing in JBSA's premiere 2014 adventure race, the Rambler 120, Saturday at JBSA Recreation Park at Canyon Lake. Participants run the 6-mile trek that included a stretch over Canyon Lake Dam. Teams paddle two miles during the rafting portion of the race. Capt. Marcus Orallo, 433rd Logistics Readiness Squadron, competes in the 22-mile bike course, which meandered throughout the park. All competitors line up at the starting line of the biking portion of the race, the first event of the day. The winning teams were: **ALL MALE XTREME**: Gold - Awesome Sauce from 59th Medical Wing and 47th Medical Group; Silver - Grey Poupon from 91st Network Warfare Squadron; and Bronze- AARP Can Wait from Air Education and Training Command Commander Support Staff; **ALL FEMALE XTREME**: Gold- Diamonds in the Rough from 12th Flying Training Wing; **COED XTREME**: Gold- Rough Riders from Medical Education and Training Campus Medical Lab; Silver - DDR from 91st Network Warfare Squadron; **COED RELAY** and **OVERALL FASTEST RELAY GOLD**: 99th Panthers from 99th Flying Training Squadron; **COED RELAY SILVER** - Roadrunners from UTSA AFROTC Det 842 and **COED RELAY BRONZE**: THA Gunfighters from 149th Fighter Wing; **FINISHER'S AWARD**: Can't Stop, Won't Stop from 319th Training Squadron; **TRIED HARD AWARD** - Beast from 331st Training Squadron.

TREE PRUNING from P3

In fiscal 2012, white-winged dove strikes were responsible for \$133,233 in repairs to the 12th FTW's aircraft, or 17.4 percent of all repair costs, while other species accounted for \$765,116 in damages, according to 12th FTW Safety Office statistics.

The percentage of repair costs caused by white-winged dove strikes increased to 36.1 in fiscal 2013 and 45.8 in the current fiscal year; repair costs attributed to white-winged dove strikes topped \$350,000 each year. This year, one single incident involving white-winged doves caused more than \$244,000 in damages to a T-38 Talon jet aircraft.

Pacheco said the white-winged doves leave their roosts each morning – about the time 12th FTW aircraft are departing for their sorties – to forage for food in the fields south and southeast of JBSA-Randolph, often crossing the east flightline.

As part of their daily duties that revolve around the JBSA-Randolph Bird Aircraft Strike Hazard program, Pacheco and other BASH program representatives use a variety of mitigation techniques to keep birds away from the flightlines as they head for their feeding grounds.

Pacheco attributes the increasing danger of white-winged dove strikes to a population explosion caused, in part, by regional conservation efforts and a welcoming habitat in the central housing area.

“Every summer we observe an exponential growth in population from when the breeding starts in May and June until the fledglings join the adults in leaving the roost to forage in July and August,” he said. “The trees have grown in such a way that they overlap and form a condensed canopy attractive to the doves. The dense canopy serves as shelter from predators and gives the doves a place for perching, nesting and overnight roosting.”

In addition to contributing to flight safety, the tree-trimming program should improve the environment in the central housing area, Pacheco said.

“The birds defecate all over patio furniture, playgrounds, cars, sidewalks, buildings and other structures, creating a negative quality-of-life issue for those living in base housing,” he said. “There will be many benefits to effective tree management in the housing area.”

JBSA government vehicle service stations closure

All Joint Base San Antonio government vehicle service stations will close from 9-11 a.m. Tuesday for 502nd Logistics Readiness Squadron fiscal year 2014 closeout.

All ground fuel support of organizational fuel tanks will be suspended at 9 a.m., please fill up fuel tanks before then.

To advertise in the Wingspread, call 250-2440.