



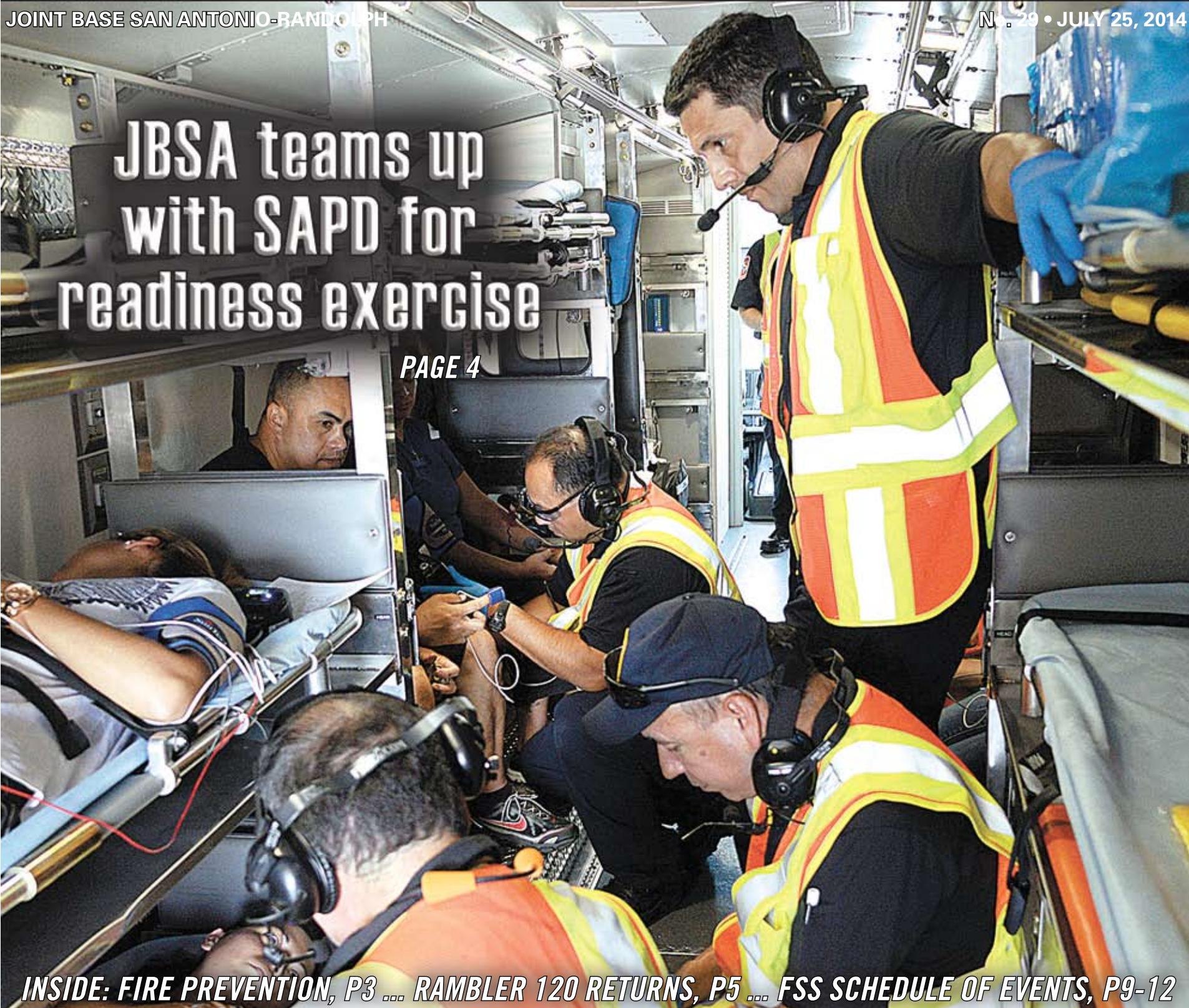
WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

№ 29 • JULY 25, 2014

JBSA teams up with SAPD for readiness exercise

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COMMENTARY

Are you ready to leave military service?

By Master Sgt. C.A. Tony Sargent
81st Medical Support Squadron first sergeant

When Air Force leadership announced they would need to cut about 25,000 Airmen over the next five years, many people wondered if they would be affected.

A variety of programs were announced, including several allowing Airmen the option to retire early. The Air Force also allowed some Airmen the option to receive voluntary separation pay if they met certain requirements.

I personally received an e-mail from the Air Force Personnel Center announcing that I might be eligible for an early retirement option. Although I am ineligible to apply, I entertained the thought of early retirement and quickly realized that, like many of my fellow Airmen, I wasn't prepared to leave.

In these fiscally constrained times, do you have a plan for your future if you're asked to leave military service? (All branches of service are going through force shaping, so please substitute the words Airman and Air Force with the proper term for your branch of service for the remainder of this article.)

Are you financially prepared for transition to civilian life? Leaders need to know their Airmen on a personal level. Does your Airman overspend? Are they living beyond their means? Do they live from one paycheck to the next? Many Airmen do not have an emergency fund established.

Although there are many different thoughts on the amount of money to have in an emergency fund, most would agree the funds should be enough to cover two to three months of living expenses.

If you look at what you pay out monthly, don't be surprised if this amount totals thousands of dollars.

Airmen often don't consider having an emergency fund while serving because we have a "steady" paycheck. Why would I need to have emergency funds? If I need something but can't afford it, I can just wait until my next payday, right?

Not anymore. We need to be prepared for the future and, as many Airmen are finding out, that future may not include serving in the United States Air Force.

Are you marketable in the civil-

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ian sector if the Air Force asks you to become a civilian in the next five years? Fortunately, the Air Force also has tuition assistance. Airmen who are attending college or have already obtained a degree may be ahead of others if no longer allowed to serve. Some might argue that a bachelor's degree is not enough to be competitive in the civilian job market.

However, in my opinion, Airmen looking for a civilian position will outshine those that have not served. Even without degree completion, an employer will see and certainly understand that Airmen have been faithfully attending college while serving their country, not to mention the added work and life experiences.

By the way, college attendance also may have taken place during temporary duty away from home or deployments for months at a time. Also, the majority of Airmen exiting military service will have the Montgomery or post 9/11 GI Bill allowing them to continue pursuit of their degree or possibly begin a graduate degree program.

Are you mentally and spiritually prepared to exit military service? I would argue that being mentally and spiritually ready to take on civilian life is very important for Airmen. After all, these are two of the four pillars of our Comprehensive Airman Fitness. There are many resources available to aid with these pillars to include mental health, Military One Source, the Chaplain Corps and your chain of command.

As a first sergeant, I often ask Airmen if they are mentally and spiritually fit. Chaplains are great to talk to about

any topic and can help with both pillars. You don't have to be of any particular religious faith to share something with a chaplain and sometimes we just need someone to listen.

Most Airmen work closely with their supervisors so you can also speak to them about ideas or problems.

Finally, don't forget about your commanders, superintendents and first sergeants. Most, if not all, have open-door policies. Many have "life lessons" to go along with their counseling sessions. Often times, they might have experienced similar situations in the past to include force shaping. Force shaping has been going on for many years. I'm sure senior leaders have been through many different rounds.

Although most of this information is nothing new to the majority of you, perhaps it will be a reminder to some that we all need to be prepared for whatever the future holds.

Those of us granted the privilege of serving in the United States military need to remember just that; it is a privilege, not a right. Many have personal reasons for joining but please remember that the Air Force still needs you to serve honorably until the last day you're afforded this privilege. Military members make up less than one percent of the United States population.

All who currently serve, as well as those who served before us, should be proud to wear the uniform of their branch of service. We are truly blessed to be a part of this great nation and need to be prepared to transition to civilian life at any time.

Are you ready?

ON THE COVER

City of San Antonio emergency first responders evaluate simulated victims during an active shooter exercise July 15 at building 171 at Port San Antonio. For the complete story, see page 4.

Photo by Benjamin Faske

WINGSPREAD

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Fire prevention; everyone's full-time job

Fires have become far too frequent at Joint Base San Antonio, most recently a building on JBSA-Lackland was destroyed in a fire on July 12. JBSA Fire Emergency Services wants to remind everyone to practice fire safety at home and at work.

- **Every home should have at least one working smoke alarm.**

Install a smoke alarm on every level of the home. Test it monthly, keep it free of dust and replace the battery at least once a year. Smoke alarms themselves should be replaced after ten years of service, or as recommended by the manufacturer.

- **Prevent electrical fires**

Never overload circuits or extension cords. do not place cords and wires under rugs, over nails or in high traffic areas. Immediately shut off and unplug appliances that sputter, spark or emit an unusual smell. Have them professionally repaired or replaced.

- **Prevent kitchen fires**

While cooking, be sure to stay by the stove or oven, an unwatched pot or pan could overheat and start smoking. Pans should also be kept with their handles pointing toward the back of the stove to ensure that no one can knock or pull them over the edge. Always keep a lid nearby to smother a fire in case a pan catches on fire.

- **Use appliances wisely**

When using appliances, always follow the manufacturer's safety precautions. Overheating, unusual smells,

shorts and sparks are all warning signs that appliances need to be shut off, then replaced or repaired. Unplug appliances when not in use. Use safety caps to cover all unused outlets, especially if there are small children in the home.

- **Keep clothes dryers lint free**

Clean the lint filter before and after each load of laundry. Don't forget to clean the back of the dryer where lint can build up. In addition, clean the lint filter with a nylon brush at least every six months or more often if it becomes clogged. Thirty-four percent of fires started by clothes dryers come from failure to clean the lint filter.

- **Smoke outside**

A lit cigarette accidentally dropped onto a piece of furniture, hot cigarette ashes or matches tossed away outside before they are completely out can cause a large fire in seconds. Putting out a cigarette the right way only takes seconds. Smoke outside, use deep sturdy ashtrays and always be sure the cigarette and ashes are no longer hot before walking away.

- **Have an escape plan**

Practice an escape plan from every room in the house. Caution everyone to stay low to the floor when escaping from fire and never to open doors that are hot. Select a location where everyone can meet after escaping the house. Get out, then call for help.

To get more information on fire safety call JBSA-Fire Emergency Services, non-emergency phone numbers;



Photo by Daniel Hernandez

Joint Base San Antonio-Lackland fire fighters work to contain a fire that broke out July 12 in a supply building on JBSA-Lackland.

JBSA-Fort Sam Houston, 221-2727, JBSA-Lackland 671-2921 and JBSA-Randolph, 652-6915 or visit the JBSA-FES website at <http://www.jbsa.af.mil/library/jb-safireemergencyservices/index.asp>.

(Information from U.S. Fire Administration, Federal Emergency Management Agency)

NEWS



A San Antonio S.W.A.T. team member clears an office cubicle of hiding employees July 15, at Port San Antonio. Photo by Benjamin Faske

Joint active shooter exercise tests city, JBSA first responders

By Armando Perez
Air Force Civil Engineer Center Public Affairs

The City of San Antonio and the 502nd Air Base Wing conducted a joint active shooter exercise centered at building 171 at the Port San Antonio July 15-16.

The Air Force Civil Engineer Center, along with the other organizations in the building, participated in the simulated incident to provide first responders with the ability to train and practice their skills in a near realistic environment and better prepare their response for when an emergency situation may occur at a JBSA facility.

The building is one of the city's largest at nearly 460,000 square feet, with various Air Force agencies occupying it.

"The uniqueness of this exercise was the involvement of our other mission partners, including the City of San Antonio emergency management, police and fire departments," said Capt. Eric Holm, AFCEC program manager. "Since building 171 is leased through the City of San Antonio, it was critical to evaluate the training, response and all actions taken with emergency first responders from the City of San Antonio and JBSA."

"The uniqueness of this exercise was the involvement of our other mission partners, including the City of San Antonio emergency management, police and fire departments."

Capt. Eric Holm
Air Force Civil Engineer Center program manager

The purpose of the exercise was to improve staff coordination, validate post-incident management planning and test emergency response management operations.

Exercise role players were evaluated the 502nd Inspector General's Office to assess the 502nd Air Base Wing's ability to provide support and respond during the simulated active shooter event.

Holm and AFCEC security manager Norbert Chavez were in charge of coordinating communication throughout the building to ensure law enforce-

ment, safety, fire and medical personnel initiated their actions during the scenario.

"The overall response was excellent from all agencies participating in the exercise," Chavez said. "With any exercise, there is room for improvement and we will continue to train and ready all personnel for any emergency situation."

Preparation for the exercise took two months, and in that time, JBSA-Lackland and AFCEC emergency and security personnel met with leadership from the City of San Antonio emergency responders.

AFCEC also initiated a SharePoint site for all those in building 171 to provide feedback and comments on the exercise and what could be done to improve response and communication. The comments were then addressed to the 502nd ABW IG office.

"Emergency management at AFCEC did a great job in coordinating this exercise," Chavez said. "Their training program and internal communication to personnel instilled the importance to learn, stay current and be ready which contributed to the success of the exercise."

Through the help and cooperation of leadership throughout building 171, the volunteer turnout for the exercise was helpful to role players who were either first responders or recovery personnel.

Rambler 120 race returns with new division for individuals



Photo by Melissa Peterson

From left: Team Kick Rx members Kimberly Ortmeyer, Carlos Martinez, Oriana Davila and Justin Lusk competed with 36 other teams in the 22-mile bike race portion of the seventh annual Rambler 120 Competition Oct. 20, 2012, at the Joint Base San Antonio Recreation Park at Canyon Lake.

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

After a one-year hiatus, Joint Base San Antonio's adventure race, the Rambler 120 Team Challenge, will return Sept. 20 to the JBSA Recreation Park at Canyon Lake.

The Rambler 120, which is hosted by the 502nd Force Support Squadron, features four- and eight-person teams that engage in a friendly, but hard-fought, competition that challenges participants with a 22-mile bike race, 6-mile run, 2-mile raft race and a mystery event.

The competition, now in its eighth year, was canceled last year because of Department of Defense budget issues and furloughs, but project officer Steve Knechtel, 502nd FSS community programs manager, said organizers have made a few changes to "reinvigorate" the event, which has averaged nearly 300 participants in recent years.

"Every year we try to tweak it and improve it," he said. "We've made three major improvements this year."

One of the improvements was adding a division for recreational racers, Knechtel said. The "Just4Fun" division joins the four-person Xtreme and eight-person relay team divisions that have served as the backbone of the event.

See **RAMBLER 120 P16**

JOINT BASE SAN ANTONIO-RANDOLPH MISSION PARTNER

AFRS command chief reflects on 30 years of service



Photo by Tech. Sgt. Hillary Stonemetz

Chief Master Sgt. William Cavanaugh is all smiles after accepting the position of Air Force Recruiting Service command chief Aug. 30, 2011. After 30 years of service in the Air Force, Cavanaugh retired July 17 at Joint Base San Antonio-Randolph.

By Tech. Sgt. Hillary Stonemetz
Air Force Recruiting Service Public Affairs

After 30 years of service to the Air Force, Chief Master Sgt. William Cavanaugh, Air Force Recruiting Service command chief, retired July 17.

Cavanaugh grew up in North Carolina and worked for his cousin's construction company for a while after he graduated from high school.

"I carried 50-pound bundles of shingles up to rooftops," he said. "It was tough work and it made me realize real quick that I wanted something more out of life. I knew the military provided opportunities, so I went to talk to a Navy recruiter – my dad had served in the Navy."

As fate would have it, the Navy recruiter wasn't in.

"An Air Force recruiting flight chief happened to be in his recruiter's office while the recruiter was on leave and he sold me on the Air Force," he said.

Cavanaugh enlisted as an aircraft maintenance crew chief in November 1984 and was stationed at Eglin Air Force Base, Fla.

"When I was in maintenance, I did some pretty neat things. I participated in a search and rescue mission in a C-130 over the Gulf of Mexico," he said. "I was also named crew chief of the

month several times and awarded master crew chief status which earned me an incentive ride in a T-38. But it's a career field that is easy to feel like you've reached the top in, so I started looking at other opportunities."

After making staff sergeant, the chief decided that he wanted to try his hand at a special duty assignment.

"I wanted to be a military training instructor, but then the recruiter screening team came to Eglin," Cavanaugh said.

"They sold me on recruiting duty and it was a good fit for me. I've been with Air Force Recruiting Service for 26 years."

While some people join the Air Force for patriotic reasons, Cavanaugh said he feels most Airmen mature in that mindset and make the Air Force a career because they come to believe in the ideals of the Air Force and develop a commitment to something bigger than themselves.

"It's one thing to join the Air Force, but if you decide to make it a career it's because your reasons for serving have evolved," he said.

Reflecting on his 30-year career, Cavanaugh has a lot of memories that bring a smile to his face.

See **CHIEF P7**

JOINT BASE SAN ANTONIO-RANDOLPH MISSION PARTNER

59th Medical Wing Warrior of the Week



Photo by Johnny Saldivar

Air Force Tech. Sgt. Sarah Hanaway, 359th Medical Group NCO in charge of medical training programs, teaches basic CPR to Airmen assigned to the 359th MDG July 15 at Joint Base San Antonio-Randolph. Hanaway is a basic life support instructor and teaches resuscitation methods on a mannequin by demonstrating two-inch deep chest compressions and giving breaths with a one-way valve pocket mask. Hanaway is the current Warrior of the Week for the 59th Medical Wing.

CHIEF from P6

“Every job was special,” he said. “When I was a recruiter on the bag, I recruited a young man from Tabor City, N.C., that I lost contact with over the years, but he emailed me recently to let me know that he sewed on the rank of chief master sergeant.”

As the AFRS command chief, Cavanaugh oversaw several improvements to the recruiting career field.

“I recommended the new badge system as well as the new senior and master recruiter levels,” he said. “This system will help grow the next generation of recruiters and identify the right people for leadership positions within AFRS.”

Because the command is so spread apart, communication problems still persist, he said.

“Not every level of recruiting has an appreciation for what the other levels are

doing,” Cavanaugh said. “We need to get better at listening to each other. We have a monthly teleconference to discuss important issues that need to be addressed in the field. The master and senior recruiters give recruiters in the field a voice.”

Despite a challenging couple of years due to sequestration, he wishes to leave AFRS with a parting thought.

“I’m very proud of you,” the chief said. “You’ve exceeded my expectations in dealing with these challenges and have successfully navigated through some very transformative years. As a recruiting force, you are more professional now than when I entered AFRS 26 years ago. Keep up the great work and continue to do the right thing, live up to the expectations our Air Force has of you and strive for excellence in all you do.”

To advertise in the Wingspread,
call 250-2440.

Volunteers clean, spruce up Eberle Park



Photos by Senior Airman Kenna Jackson

Above: Enlisted Airmen spread mulch under the playground equipment during the Eberle Park Renovation project July 12 at Joint Base San Antonio-Randolph. The day's mission also included adding sand to the outside volleyball court, power washing, painting and cleaning up. Volunteers were members of the Randolph Top Three and the Randolph Chief's Group.

Left: Chief Master Sgt. Dana Wood, Air Education and Training Command enlisted professional military education functional manager, scrubs paint from park garbage cans during the Eberle Park Renovation project July 12 at JBSA-Randolph. More than 20 enlisted Airmen participated in the project.



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Event

August

Bowling

Get ready to roll into a fall bowling league

Bowling Centers at all JBSA locations are gearing up for fall leagues. JBSA-Fort Sam Houston Bowling Center has fall leagues for ladies, senior citizens, Christian fellowship, youth and couples beginning the end of August. Leagues play at various times, Tuesday through Friday. For more information, call 221-3683.

Youth at JBSA-Lackland Skylark Bowling Center sign up for fall youth leagues during August. Bowling in leagues gives them the opportunity to bowl in tournaments with the potential to win scholarships. For more information, call 671-1234.

Bowlers can tune up their game for fall leagues with the "Welcome Back League Bowlers" rate of \$1.75 per game, per person Aug. 11-15, 10 a.m. to 4 p.m., at the JBSA-Randolph Bowling Center. Fall leagues begin in September and include Sunday First Nighters, Early Birds, Night Mixed Doubles, ROWL Ladies, Vince Best Memorial, Thursday Morning Ladies, Thursday Night Mixed, Pioneer Senior League and the Ben Friedli Youth Memorial League. For more information, call 652-6271.

Bowling center hosts bands and bowling

Bowl to the sounds of the Palacios Brothers Band at JBSA-Lackland Skylark Bowling Center's Bands and Bowling night Aug. 2, 7-10 p.m. The cost is \$40 per lane with a maximum of five people. Price includes a large pizza and three hours of fun. Reservations are required. For more information, call 671-1234

Brighten up your bowling with Colorama Bowling

Enjoy Colorama Bowling at the JBSA-Randolph Bowling Center Aug. 15, 7 p.m. The cost is \$15 with optional side pots available. For more information, call 652-6271.

Bowl with the pros

The JBSA-Lackland Skylark Bowling Center invites bowling enthusiasts to "Roll with the Pros" Aug. 22-23 for the opportunity to get autographs and watch some of the best bowlers in the game. For more information, call 671-1234.

Music and lights make bowling more fun

Check out the Cosmic Bowling music and light show Saturdays, 8-11 p.m., at the JBSA-Randolph Bowling Center. An on-line juke box is available for bowlers to hear their favorite songs. For more information, call 652-6271.

Community Programs

Blackbeard performs at community center

The JBSA-Lackland Arnold Hall Community Center, in partnership with the Missoula Children's Theatre, holds auditions for "Blackbeard the Pirate" Aug. 4, 10 a.m. to noon, for youth ages 6-18. Those trying out must be present the entire

two hours of the audition and at the rehearsals if selected. There is no guarantee that everyone auditioning will receive a role. Due to time constraints, anyone missing the initial audition will not be considered for the show. The performance is Aug. 8, 3 p.m., at the JBSA-Lackland Arnold Hall. The show is free and open to everyone. For more information, call 671-2619 or 671-2325.

Students gear up for school

Patrons are invited to gear up for the new school year at the Back-to-School Bash Aug. 9, 9-11 a.m., at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library. Free school supplies will be provided on a first-come, first-serve basis while supplies last. Patrons must bring a Department of Defense ID card, their children and backpack to receive supplies. This event is sponsored by The Gunn Automotive Group. No federal endorsement of sponsor intended. For more information, call 221-1718.

Community center presents "Death by Chocolate"

JBSA-Lackland's Performing Arts Group and Arnold Hall Community Center present "Death by Chocolate" Aug. 15, 16, 22 and 23, 7 p.m. The performance is open to all JBSA patrons and the doors open at 6:30 p.m. Tickets cost \$20 per person, \$15 for seniors; ages 65 and older; \$10 for tech school students, graduating basic trainees and their families and \$5 for children, ages 10 and younger. Admission includes complimentary hors d'oeuvres. Reserved seating is available and beverages are available for purchase. For more information, call 671-2619 or 671-2352.

Patrons invited to free movie

Patrons are invited to a free family movie at the JBSA-Fort Sam Houston Military & Family Readiness Center Aug. 16, 7 p.m. Free popcorn, cotton candy and snow cones are also available during the movie. Movie night is sponsored by The Gunn Automotive Group. No federal endorsement of sponsor intended. For more information, call 221-1718.

Harlequin Dinner Theater presents "Encore"

The JBSA-Fort Sam Houston Harlequin Dinner Theater presents "Encore," a Broadway revue featuring more than 25 award-winning musicals through Aug. 23. The show takes place on Thursdays, Fridays and Saturdays. Dinner is at 6:15 p.m. and the show starts at 8 p.m. This production is sponsored by The Gunn Automotive Group and AT&T. No federal endorsement of sponsors intended. For more information or reservations, call 222-9694

Fiesta Noche del Rio celebrates diverse cultures

Fiesta Noche del Rio, which features the music and dance of Mexico, Spain, Argentina and Texas takes place Fridays and Saturdays through Aug. 16 at 8:30 p.m. at the Arneson River Theatre. Stop by the JBSA-Randolph Information, Tickets and Travel in the Community Services Mall to pick

up discounted tickets. Tickets are \$13.75 for ages 15 and older and \$6.85 for children 6-14. For more information, call 652-5142.

Patrons enjoy trip to casino

Travel to Coshatta Casino in Kinder, La. with JBSA-Randolph Information, Tickets and Travel Sept. 16-17 or Nov. 18-19. Trips include round-trip motor coach transportation, accommodations, a \$23 voucher from the casino and tour guide. The bus departs at 7:30 a.m. and returns around 9 p.m. the next day. Cost is \$60 per person for double occupancy or \$120 for single occupancy. Deadline to sign up is two weeks prior to tour date. For more information, call 652-5142.

Clubs

Patrons enjoy prime rib buffet

Enjoy a prime rib buffet Aug. 1, 5-8 p.m., at the JBSA-Lackland Gateway Club. The buffet features rosemary-crust prime rib au jus, chicken Marsala over a bed of fettuccine alfredo, baked redfish with lemon dill, mixed wild rice, rustic whipped potatoes and gravy, asparagus spears with red peppers and freshly baked rolls. The price is \$17.95 for members and \$19.95 for nonmembers. For more information, call 645-7034.

Relax and indulge in good music

Unwind at the JBSA-Randolph Parr Club's Sky Lounge while listening to the music of Rob Carter Aug. 1 and the Tobias Band on Aug. 15, 6:30-10:30 p.m. Complimentary hors d'oeuvres are served from 5-6 p.m. Cost is \$3 for members and \$5 for nonmembers. For more information, call 652-4864.

Bingo players have fun at bingo

The JBSA-Randolph Kendrick Club hosts Bingo Extravaganza Aug. 4 and 18. The total jackpot for each event is \$15,000 with a complimentary buffet at 5:30 p.m. and early bird bingo at 6 p.m. For more information, call 652-3056.

Club hosts annual family night

The JBSA-Randolph Parr Club hosts Family Night Aug. 7, 5-8 p.m., with a buffet for kids that includes macaroni and cheese, smiley fries and chicken tenders. For the adults, there is fruit, corn, mashed potatoes, gravy, country fried steak and dessert. Tunes are provided by DJ Derrick and there will be lots of games and drawings for prizes. Families are invited to come out to play games, dance, jump in the bouncy house and compete in the hula hoop contest. The cost is \$11.95 for members and \$16.95 for nonmembers. For more information, call 652-4864.

JBSA FSS

Children enjoy bingo before going back to school

Bring the children to play bingo at the JBSA-Randolph Kendrick Club Aug. 10, 11 a.m., with a chance to win back-to-school supplies and other goodies. This is free for children of JBSA-Randolph club members. A complimentary buffet of macaroni and cheese, chicken tenders and fries will be available for children up to 12 years old. For more information, call 652-3056.

Club members celebrate with Birthday Bingo

JBSA-Randolph club members with August birthdays can get one free bingo machine, cake and champagne at Birthday Bingo Aug. 12. Randolph members only. ID and club card required. For more information, call 652-3056.

Chill out to some hot music

Join the JBSA-Randolph Kendrick Club Aug. 15, 6-10 p.m., on the Nite Club patio for great rhythm and blues and jazz from the Black Ties band. A themed buffet is available for \$10.45 per person from 5-8:30 p.m. Club members receive \$2 off the buffet price. No coupons will be accepted for this event. For more information, call 652-3056.

Club members gather for Appreciation Night

The JBSA-Lackland Gateway Club hosts Appreciation Night Aug. 19, 5-8 p.m. The buffet dinner features beef fajitas, chicken mole, baked tilapia with mango salsa, cheese enchiladas, Spanish rice, borracho beans, build-your-own taco bar, fresh fruit and flan topped with mixed berries and chocolate cake. The price is \$10.50 for members and \$12.50 for nonmembers. For more information, call 645-7034.

Parr Club closed for special functions

JBSA-Randolph Parr Club Air City Bar & Grill is closed Aug. 22 due to official military function and Aug. 29 due to Fine Dining Night. For more information, call 652-4864.

Club celebrates August birthdays

JBSA-Randolph club members celebrate August birthdays Aug. 27, 4:30-7:30 p.m., at the Parr Club with a free buffet. The buffet includes salad, two vegetables, two starches, two entrées, soup and birthday cake with ice cream. The cost is \$13.95 for adult nonmember guests and \$7.95 for their children 6-12 years old. Club members that are not celebrating are invited as well and the cost is \$11.95 for adults and \$5.95 for children 6-12 years. For more information, call 652-4864.

Club hosts buffet blast from the past

The JBSA-Lackland Gateway Club takes patrons back in time with the Nifty '50s lunch buffet Aug. 28, 11:30 a.m. to 3 p.m. Classic menu items of the era and favorites of today are featured in the all-you-can-eat feast. The cost is \$9.95 per person. For more information, call 645-7034.

Fitness

Two-person teams bike and run

Grab a teammate and meet at JBSA-Randolph's Eberle Park for a two-person Team Biathlon Aug. 2, 7:30 a.m. The first team member must complete a 10-mile bike route so the second team member can start running the 5K. For more information, call 652-7263.

Swim, bike and run to victory

Triathletes can test their endurance and take part in the summer triathlon Aug. 10, 7 a.m., at the JBSA-Fort Sam

JBSA-Fort Sam Houston

SALE

It's the best time to buy BIG and pay small

Flea Market:
Aug. 2, 8 a.m. to Noon at MacArthur Park
221-5225

NAF Sale:
Preview: Aug. 19, 9 a.m. to 2 p.m.
Sale: Aug. 20 & 21, 9 a.m. to 3 p.m.
FSH Logistics Warehouse, Building 4192
221-5225

Camp Bullis Yard Sale:
Aug. 23 & 24, 8 a.m. to 2 p.m.
Camp Bullis Outdoor Recreation Center
295-7577

   
www.FortSamMWR.com

Houston Aquatic Center. Pre-registration is required and the cost is \$20. For more information, call 221-4887.

Fitness center holds sand volleyball tournament

The JBSA-Lackland Gillum Fitness Center hosts a sand volleyball tournament with rally scoring Aug. 15, 7 a.m. Four-player teams must have at least one female. Sign up by noon, Aug. 14. For more information, call 977-2353 or 977-2354.

Participants wanted for Classic Bench Press

Weight lifters compete in the Classic Bench Press Contest Aug. 16, 9 a.m., at JBSA-Fort Sam Houston Jimmy Brought Fitness Center. The meet is open to all Department of Defense ID cardholders 18 years and older. Registration is required with an entry fee is \$30. For more information, call 221-1234.

Runners run 18 miles

The JBSA-Randolph Fitness Center is hosting an 18-mile run Aug. 23, 6 a.m., for all runners training for a marathon. For more information, call 652-7263.

JBSA-Lackland hosts All-Air Force Softball Camp

JBSA-Lackland Fitness and Sports hosts the 2014 All Air Force Men's Softball Camp Aug. 27 through Sept. 12. Athletes representing Air Force bases around the world compete to make the team. All scrimmages take place at the JBSA-Lackland Warhawk softball field. For more information, call 671-2725 or 671-2632.

Patrons enjoy special Zumba®

Patrons receive an official Zumba® T-shirt when participating in the JBSA-Fort Sam Houston Jimmy Brought Fitness Center Zumba® party, Aug. 30, 9:30-11:30 a.m. The cost is \$12 per person. For more information, call 221-1234.

Fitness center offers yoga class

Build strength, flexibility, lung capacity, balance and mindfulness with Hatha yoga classes held at the JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus Mondays, 4:30-5:45 p.m. and Thursdays, 6:15-7:30 p.m. For more information, call 808-5709.

Fitness Assessment Cell sign ups ongoing

Patrons requiring a fitness assessment at JBSA-Lackland should sign up at <https://131.44.122.38/fitnessstest/>. Tests are held Monday through Friday at 6:30 a.m., 7:30 a.m. and 8:30 a.m.; Tuesday and Friday 8:30 a.m. Sessions are reserved for members completing the 2.0 kilometer walk test. Tests are not conducted at JBSA-Lackland the first Wednesday of the month. The schedule is subject to chance. Confirm testing sessions on the provided website.

Fitness center offers 24-hour access

The JBSA-Kelly Fitness Center allows patrons with a Department of Defense common access card 24-hour access to the facility. Staff is present Monday through Friday 6 a.m. to 3 p.m. Members must register their DOD CAC at the JBSA-Kelly Fitness Center to gain access after normal hours. A statement of agreement must be signed at time of registration. Retired military must present a DD Form 2 that includes a DOD identification number versus social security number to register for access. For more information, call 925-4013.

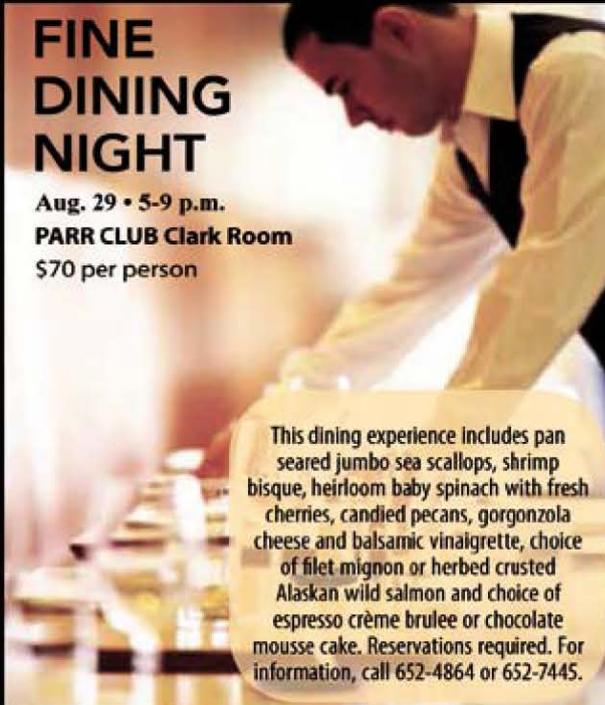
Golf

Warriors invited to scramble

Golfers are invited to play in the JBSA-Fort Sam Houston Golf Course Warrior Four-Person Scramble Aug. 1, with a 12:30 p.m. shotgun start time. The cost is \$25 for members and \$35 for nonmembers and includes 18 holes of golf, green

FINE DINING NIGHT

Aug. 29 • 5-9 p.m.
PARR CLUB Clark Room
\$70 per person



This dining experience includes pan seared jumbo sea scallops, shrimp bisque, heirloom baby spinach with fresh cherries, candied pecans, gorgonzola cheese and balsamic vinaigrette, choice of filet mignon or herbed crusted Alaskan wild salmon and choice of espresso crème brûlée or chocolate mousse cake. Reservations required. For information, call 652-4864 or 652-7445.

fees, golf cart, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Golfers tee off at Randolph Dual

JBSA-Randolph Oaks Golf Course hosts the Randolph Dual Aug. 2-3, 7-9 a.m. The two-person low ball event is flighted based upon Saturday scores. A barbecue dinner takes place Saturday at 6 p.m. with a drawing for a chance to win golf merchandise. Winners of the tournament receive a gift certificate for pro shop merchandise on Sunday. The cost is \$125 per person for members and \$150 per person for nonmembers. For more information or to sign up, call 652-4653.

Golfers take part in Championship Blind Draw

Join JBSA-Randolph Oaks Golf Course Aug. 9 for the Professional Golf Association Championship Blind Draw Tournament, an individual low net/low gross tournament. Players' scores will be combined with a PGA professional. The entry fee is \$10 plus green fee and cart rental. Tee times are 7-9 a.m. To sign up, call 652-4653.

Golfers improve game with lessons

The JBSA-Fort Sam Houston Golf Course offers an adult golf clinic Tuesdays, 5:30 p.m., or patrons can request individual lessons with a professional instructor. For more information, call 222-9386.

Golf course introduces intramural play

Golfers can look forward to playing 9 holes in the afternoons with the introduction of the JBSA-Lackland Gateway Hills Golf Course intramural golf program beginning in August. For more information, call 671-3466.

Information, Tickets and Travel

Score discounted tickets for upcoming shows

JBSA-Lackland Information, Tickets and Travel offers great discounts on upcoming shows. Take advantage of prices starting at \$37 for "The Lion King" showing Dec. 11, 2014 through Jan. 4, 2015; "Marvel Universe Live" Jan. 23-25, 2015 with prices starting at \$35; and Disney on Ice "Frozen," April 3-5, 2015 with prices at \$20, \$26 and \$47. Visit ITT early for best selection. For more information, call 671-3059.

Get away on the "Simply Italy" group tour

JBSA-Lackland Information, Tickets and Travel Leisure Travel offers a nine-day group tour to Italy March 7-15, 2015 visiting Rome, Venice, Pisa and Florence. Rates start at \$3,200 per person and include airfare with additional discounts available. A \$200 non-refundable, land-only deposit per person and a \$10 service fee per booking is due at time of sign up. Airfare purchased through Trafalgar requires a \$350 non-refundable deposit, also due at time of booking. Final payment is due Dec. 19. For more information, call 671-7111.

Explore the Western Caribbean with Carnival Cruises

JBSA-Lackland Information, Tickets and Travel invites patrons to explore the Western Caribbean with Carnival Cruises Jan. 17-22, 2015. The five-day cruise begins in Galveston, Texas and travels to Progreso and Cozumel. Rates start at \$343 per person. Gratuities are not included. Payments require a \$50-per-person deposit plus a \$10 service fee at time of booking. A payment of \$150 per person is due Aug. 15 and final payment Nov. 14. For more information, call 671-7111.

Information, Tickets and Travel on social media

JBSA-Lackland Information, Tickets and Travel Leisure Travel maintains a Facebook page with up-to-the-minute information, advance notice of specials, price lists, contests, "Facebook Freebie" drawings, free ticket giveaways and more. For more information, call 671-7111.

J-FORCE

August 9 • August 23 • September 13

SKYDIVING

Over Mustang Island in Port Aransas

Single Airman Program - \$20 per single airman

Participants must take transportation provided and details will come at the time of sign up. Must have a high tax form signed by your commander before signing up. Max participation is 18 single military members.

For more info please call (210) 221-1718

Library

Online books available for checkout

The JBSA-Lackland Library offers online books through the Air Force Digital Media Library, also known as OverDrive. In addition to e-books, patrons can find e-audiobooks, videos and music on the site. The resource is available through www.jbsalibraries.org. For more information, call 671-3610.

Story time continues through August

While the JBSA libraries' summer reading program has concluded, story time continues every Tuesday at 10 a.m. at the JBSA-Lackland Library and every Wednesday at 10 a.m. at the JBSA-Randolph Library. Story time is free for all ages and includes story reading and crafting. No registration is required. For more information, call 671-3610 at JBSA-Lackland and 652-5578.

Military & Family Readiness Center

Patrons learn tips on buying a home

The JBSA-Fort Sam Houston Military & Family Readiness Center, building 2797, offers a workshop Aug. 1, 1-3 p.m., to provide patrons information necessary to make educated and important decisions associated with the purchase of a home. To register for this workshop, call 221-2705 or 221-0550.

Teens talk about self-esteem

Teens are invited to participate in Teen Talk at JBSA-Fort Sam Houston to learn about positive self-esteem and its importance in everyday life. Teen talk takes place Aug. 4, 11 and 18 at the JBSA-Fort Sam Houston Middle School Teen Center from 9-10 a.m. or the JBSA-Fort Sam Houston Youth Center from 1-2 p.m. For more information or to register, call 221-0349.

Become a teacher for a second career

Military members who are separating and interested in pursuing teaching as a second career are invited to a workshop at the JBSA-Lackland Military & Family Readiness Center Aug. 8, 1-3 p.m. A state coordinator focuses on eligibility requirements, job availability, funding and certification through the Troops for Teachers program. For more information, call 671-3722.

Single parent groups meet

Meet other single parents and learn about things that matter most as a single parent at Parenting for One. Participants are encouraged to bring ideas or suggestions on topics they want to learn about and may also bring a lunch. Sign-ups are not required. The JBSA-Lackland group meets Aug. 15, 11:30 a.m. to 1 p.m., at the JBSA-Lackland Military & Family Readiness Center and the JBSA-Randolph group meets Aug. 28, noon to 1 p.m., at the JBSA-Randolph Religious Activity Center, building 975. For more information, call 671-3722 at JBSA-Lackland or 652-5321 at JBSA-Randolph.

Members learn about resumes that work

Patrons learn which resume formats to use when writing for non-federal companies, how to effectively write summary statements, employment history and other sections. Classes are Aug. 6, 9:30-11 a.m., at the JBSA-Randolph Military & Family Readiness Center. For more information, call 652-5321.

Patrons learn techniques in preparing a federal resume using the USA Jobs system. Classes are at JBSA-Lackland Arnold Hall Community Center Aug. 20, noon to 2 p.m., and at JBSA-Randolph's Military & Family Readiness Center Aug. 28, 8:30-11 a.m. For more information, call 671-3722 at JBSA-Lackland and 652-5321 at JBSA-Randolph.

Patrons learn interviewing skills

The JBSA-Lackland Military & Family Readiness Center staff conducts a class covering interviewing techniques Aug. 22, noon to 2 p.m., at JBSA-Lackland Arnold Hall Community Center. Attendees learn how to make first 30 seconds of an interview the key to opening employment opportunities. For more information, call 671-3722.

Outdoor Recreation

Equestrian center offers trail rides

The JBSA-Fort Sam Houston Equestrian Center offers one-hour trail rides Saturday and Sunday, for ages 7 and older. Adults must accompany children under age 13. Riders must be at least 54 inches tall and weigh no more than 200 pounds. Reservations are required. For more information, call 224-7207.

Sign up now for Rambler 120

Participants are encouraged to assemble a team and start training for the JBSA Sept. 20 Rambler 120, which

includes a 22-mile bike race through the Texas Hill Country, the 6-mile run across Canyon Lake dam and 2-mile raft event along the shoreline. There are two team divisions: Xtreme and Relay. Both divisions have three categories: all male, all female and coed. Those that sign a team up before Aug. 2 receive 2012 prizes of \$100 for Xtreme teams (4 people) and \$150 for Relay teams (5-8 people). After Aug. 2, the registration fees increase to \$120 for Xtreme teams and \$180 for Relay teams. The deadline to enter is Sept. 6. For the first time Athlete Guild will handle race registration and payment online. Go to <http://www.randolphfss.com> to get the link. Make it a family event and register your kids ages 5-12 for the "Iron Kid," a youth biathlon event starting at 8:30 a.m. The youth registration fee is \$10. For more information, call Steve Knechtel at 267-7358 or email him at stephen.knechtel.1@us.af.mil.

Take aim at Sportsman's Range targets

The JBSA-Camp Bullis Sportsman's Range is available for shooting and target practice every Saturday and Sunday, weather permitting, 8 a.m. to noon, during the summer. The cost to shoot is \$10 per Department of Defense ID cardholder and \$15 per non-DOD ID cardholders. DOD ID cardholders can purchase an annual pass for \$60. All DOD ID cardholders are allowed to sponsor two non-DOD ID cardholder guests. For more information, call 295-7577.

Fun and competition at the Archery Range

The JBSA-Camp Bullis Archery Range is open Thursday through Monday, 8 a.m. to 4 p.m. Targets range from 10-60 yards. The cost is \$5 for a daily pass or \$40 for an annual pass. There is a 3-D archery competition every fourth weekend of the month. The cost is \$15 for the fun shoot, \$20 for the competition shoot and \$5 for kids 12 years and younger. For more information, call 295-7577.

Scuba lessons offered at aquatic center

Learn to scuba dive at the JBSA-Lackland Skylark Aquatic Center. Instruction is offered for ages 15 and older and students ages 10-14 when accompanied by a guardian. The course includes a personal mask, snorkel, fins, boots, academic materials, course instruction and a certificate upon completion for \$650 per person. For more information, call 671-2413.

Wide variety of equipment for rent

JBSA Outdoor Recreation Centers have equipment rentals for camping, water fun, fishing boats, speed boats, sports, hiking, barbecue, party and gardening. The centers also have recreational vehicle storage areas and lemon lots. For more information, call 221-5224 or 221-5225 for the JBSA-Fort Sam Houston ORC, 925-5532 for the JBSA-Lackland ORC or 652-5142, option 2 for the JBSA-Randolph ORC.

Youth and Children

Patrons register children for part-day program

JBSA-Randolph Child Development Program is registering children ages 3-5 for a part-day enrichment program that begins Sept. 8. The program helps prepare children for pre-school and kindergarten by exposing them to colors, numbers, shapes, following directions, waiting your turn and sharing space. The program is five days a week and follows the Randolph Independent

School District school calendar. Cost is based on a sliding fee schedule. For more information, call 652-1140.

Youth register for sports

Youth born between Aug. 1, 1996 and July 31, 2009 are invited to register for the soccer league offered jointly by Alamo Heights and JBSA-Fort Sam Houston Youth Programs through Sept. 5. Dependents of Department of Defense ID cardholders must register at JBSA-Fort Sam Houston Child and Youth Programs. For more information, including fees and different levels of play, visit www.ahfsh.org, or call 221-4871.

JBSA-Lackland Youth Programs holds First Steps soccer registration Aug. 18-22. The program teaches the fundamentals of soccer focusing on age-appropriate gross motor skills training for children ages 3-5. Parents are required to participate as an extension of the instructor. For more information, call 671-2388.

JBSA-Randolph Youth Programs conducts sports registration for flag football, volleyball, cheerleading and Li'l Renegades soccer through Aug. 15. The cost is \$50 for flag football, ages 5-6 and \$55 for ages 7 and older; \$45 for cheerleading, ages 5-18; \$50 for volleyball, ages 9-14 and \$35 for Li'l Renegades Soccer, ages 3-5. For more information, call 652-3298.

Missoula Children's Theatre presents Robin Hood

Youth in grades 2-12 can audition to be part of Robin Hood Aug. 4, 9 a.m., at JBSA-Randolph Youth Programs, building 585. Rehearsals take place throughout the week with the final performance Aug. 8, 1 p.m. at Fleenor Auditorium. There is no cost and no sign ups since participation is based on auditions. For more information, call 652-3298.

Get ready for school with before and after school care

JBSA-Fort Sam Houston Parent Central is registering youth for before and after school care until all slots are filled. Youth are placed according to the JBSA Child and Youth Program enrollment policy. Policy information can be found at www.FortSamMWR.com. Slots will not be held for patrons without proper paperwork. For more information, call 221-4871.

JBSA-Lackland Youth Programs conducts registration for children ages 5-12 for before and after school care Monday through Friday, 6:30 a.m. to 6:30 p.m., beginning Aug. 5, until capacity is reached. Fees vary according to household income. For more information, call 671-2388.

Parents get a night off

JBSA-Lackland Youth Programs and JBSA-Lackland Child Development Program holds "Give Parents a Break/Parents' Night Out," Aug. 8, 7-11 p.m. The fee is \$15 per child or free with a GPAB referral. For more information, call 671-2388 for JBSA-Lackland YP or 671-1072 for the JBSA-Lackland CDP.

Youth enjoy a cool pool party

The JBSA-Fort Sam Houston Middle School and Teen Center invite youth in grades 6-12 to come out for a fun pool party at the JBSA-Fort Sam Houston Aquatic Center Aug. 9, 7-10 p.m. For more information, call 221-3630.

Instructional programs available for youth

JBSA-Fort Sam Houston Youth Programs offers a new modern dance and jazz class for youth, ages 4-13, with four sessions per month. The cost is \$45 and begins Aug. 9 at the JBSA-Fort Sam Houston School Age Services, building 1705. Youth must be enrolled at JBSA-Fort Sam Houston Parent Central before registering. For more information, call 221-3381.

JBSA-Lackland Youth Programs offers instruction in dance, guitar, piano and martial arts. Class dates and times vary. Enrollment in ongoing and limited space is available. For more information, call 671-2388.

Instructional classes in piano, dance, guitar, gymnastics and martial arts are also offered at JBSA-Randolph Youth Programs for all age groups and levels. For information, call 652-3298.

Youth celebrate with end-of-summer festivities

Say goodbye to summer with lots of fun-filled games and activities including face painting, arts and crafts, relay races, water games, bouncy house and more Aug. 21, 2-5 p.m., at JBSA-Randolph Youth Programs. This free event is sponsored by The Gunn Automotive Group and Randolph-Brooks Federal Credit Union. For more information, call 652-3298.

JBSA-Lackland Youth Programs invites kids enjoy activities, games and more at the free end-of-summer blowout Aug. 22, 2-5 p.m. This free event is sponsored by The Gunn Automotive Group and Air Force Federal Credit Union. No federal endorsement of sponsors intended. For more information, call 671-2388.

Patrons enroll youth in Harlequin Youth Academy

Patrons are encouraged to sign up their youth for the JBSA-Fort Sam Houston Harlequin Youth Academy every Tuesday and Wednesday from 5-6:30 p.m. The instructors are world traveled performers and have worked at locations such as Fiesta Texas, SeaWorld and a number of international cruise lines. There are multiple child and military discounts available. For more information, call 222-9694.

Parents learn tip on preparing children for school

The JBSA-Fort Sam Houston Youth Programs presents the class Ready, Set, Learn! This class provides parents of children ages 2-4 tips on how to provide children the fundamentals needed for preschool. This parent and child class is 11 sessions over four months and costs \$35 per month. For more information, call 221-3381.

[HTTP://WWW.RANDOLPHFSS.COM](http://www.randolphfss.com)
[HTTP://WWW.LACKLANDFSS.COM](http://www.lacklandfss.com)
[HTTP://WWW.FORTSAMMWR.COM](http://www.fortsammwr.com)



JBSA-Randolph Chapel Schedule

PROTESTANT

Sunday

8:15 a.m. service, Main Chapel

11 a.m. service, Religious Activity Center (building 975)

CATHOLIC

Monday-Thursday

11:30 a.m. daily Mass, Main Chapel

Saturday

5:30 p.m. Mass, Main Chapel

Sunday

8:30 a.m. Mass, Religious Activity Center (building 975)

11:30 a.m. Mass, Main Chapel

JBSA Sexual Assault Prevention, Response

To report a sexual assault, call the 24/7 Joint Base San Antonio Sexual Assault Prevention and Response Hotline at 808-7272 or the Department of Defense Safe Helpline at 877-995-5247.

JOINT BASE SAN ANTONIO-RANDOLPH MISSION PARTNER
Students 'take flight' during aviation camp



Above: Michael Mullen (left), 12th Operations Support Squadron flight simulator instructor, teaches San Antonio Aviation Career Education Camp students Lorena Longoria (center) and Derek Cox (right), what it is like to fly in a simulator during a field trip to the 99th Flying Training Squadron July 8 at Joint Base San Antonio-Randolph.

Right: Maj. Brian Caramello, 560th Flying Training Squadron, briefs ACE Camp students on an aviation maneuver carried out by Capt. Bob Pardo in order to move his wingman's badly damaged F-4 Phantom II to friendly air space during the Vietnam War. The ACE Camp offers young people ages 14-17 an opportunity to explore the many career options available in the aviation industry.



Photos by Johnny Saldivar

Joint Base San Antonio-Randolph News Briefs

JBSA Strategic EPR Writing Course available

Two presentations designed to improve strategic writing skills are scheduled on the following dates: Aug. 21, 9-11 a.m. at the JBSA-Fort Sam Houston Evans Theater; Aug. 22, 9-11 a.m. at the JBSA-Randolph Fleenor Auditorium; and Aug. 22, 1-3 p.m. at the JBSA-Lackland Bob Hope Theater.

To register at JBSA-Randolph or JBSA-Lackland, visit <https://cs3.eis.af.mil/sites/00-ED-AE-15/default.aspx> and for JBSA-Fort Sam Houston, visit <https://jbsa.eis.aetc.af.mil/502abw/CCC/default.aspx> and look for JBSA Strategic EPR Writing Course. For more information, email Master Sgt. Sanelle Romero at sanelle.romero@us.af.mil.

9/11 commemorative run

The Robert D. Gaylor NCO Academy will be hosting a 9/11 remembrance run from 7 a.m. to 4:11 p.m. Sept. 11 at the Joint Base San Antonio-Lackland Medina Fitness Center. The event is open to all JBSA Department of Defense cardholders and dependents. Contact Tech Sgt. Martin Venegas at 671-3766 for registration. Registration closes Sept. 1.

Committee seeks volunteers

The Native American Heritage Month committee is seeking volunteers for its November activities. Meeting dates, times and locations will be available to those who register to volunteer. For more information, call 652-1196.

Airmen tell Air Force story with videos

Air Force leaders are asking Airmen to share their stories through the 2014 American Airman Video Contest. The contest encourages Airmen to shoot a selfie video where they share individual stories of service and showcase the unique missions they do every day. Airmen who want to participate should upload their videos, which should be no longer than 30 seconds, to a personal YouTube account and email a link to the Air Force Social Media team at usafvideos@us.af.mil. For more details and complete contest rules, visit <http://airforcelive.dodlive.mil/contest>.

Airmen Powered by Innovation program

Airmen may submit innovative ideas that may launch efficiencies and increase cost savings across the Air Force to the Airmen Powered by Innovation website at <https://ipds.afpc.randolph.af.mil> or through the Air Force Portal. For assistance with the new API program, call the 802nd Force Support Squadron Manpower Office, Christine Buchholz at 652-8953 or 8954.

JBSA-Randolph Vacation Bible School attendees give back

From the 502nd Air Base Wing Chaplain's Office staff

Vacation Bible School was held at the JBSA-Randolph chapel June 23-27. More than 300 children attended and 200 volunteers helped out.

In addition to the classes, VBS organizers sponsored a 5K fun run at Heritage Park to collect children's books for Seton Home, a local home for young mothers.

Three hundred books were delivered last week to the Seton Home.

"Months ago, teens proposed the idea of the VBS fun run as a way to promote building a library so that the young mothers could read to their kids," Terese Gould, JBSA-Randolph Catholic youth coordinator, said.

"Most of the books came on the day of the race when 78 runners donated them as their entry fee, but many more were donated by different squadrons or individuals," Chaplain Mark McGregor, 502nd Air Base Wing chaplain, said. "It's inspiring to see how one teen's idea turned into such a fun way of doing real good for other teens in need."

The group also collected spare change during VBS to donate to the Operation Kid to Kid program, which helps provide clean water to villages in India.

"The generosity related to VBS went far beyond the gates," Danette Blair, Protestant youth coordinator, said. "The \$500 worth of pennies, nickels, dimes and quarters collected during VBS helped many kids have safe drinking water."



Photo by Joel Martinez

From left: Danelle Blair, youth director, and Kevin Dilley, vacation bible school middle school teacher, play with students during vacation bible school June 26 at Joint Base San Antonio-Randolph.

RAMBLER 120 from P5

Xtreme and relay teams compete in three categories: all-male, all-female and coed.

The Rambler 120 also includes a youth biathlon, the "Iron Kid," for family members 5 to 12 years old.

Other changes to the event are the employment of a race management company, Athlete Guild, to handle registration and official timing, and the posting of links on the 502nd FSS website, <http://www.randolphfss.com>, to direct prospective participants to information such as registration, previous winning times, a fact sheet and rules, race routes and directions to the recreation park. The links are accessible through a Rambler 120 advertisement on the website's main page.

The event staff is seeking volunteers from all JBSA locations as well as participants, Knechtel said. The event is restricted to active-duty and retired military members and their families, government civilians and contractors 18 years of age and older.

Knechtel said the event often has repeat participants.

Maj. Peter Springirth, 433rd Logistics Readiness Squadron director of operations, said he is competing again this year – and actively recruiting team members – after participating in the Rambler 120 in 2010 and 2012. The 433rd LRS coed relay team he belonged to placed first in the 2012 event.

"I love the idea of triathlons, but can't swim long distances without drowning, so this event is

absolutely perfect," he said. "It's in a picturesque location, with a great barbecue lunch as well, so we love competing."

Staff Sgt. Flavio Marroquin, 690th Cyberspace Operations Group Maintenance Operation Center operations controller, said he and his team, "The Poindexters," were ready to go last year until the competition was canceled, and they're poised again for this year's Rambler 120.

"Our team will be participating in the Xtreme challenge and we plan on having a top finish," he said. "The biggest challenge will be the raft. Most of us have never done anything like it, and there is no practical or frequent way for us to practice it."

Deadline to register for the Rambler 120 is Sept. 6. Entry fees are \$150 for relay teams and \$100 for Xtreme teams if they sign up before Aug. 2; after Aug. 2, fees are \$180 for relay teams and \$120 for Xtreme teams. Other fees are \$25 for individuals and \$10 for children. Entry fees entitle participants to a commemorative T-shirt, a barbecue lunch and refreshments.

Military teams and individuals may also qualify to have their registration fee paid through the Air Force RecOn program, but limited funds are available, Knechtel said.

Awards will be presented to the top three teams in each division and category.

For more information, contact Steve Knechtel at 652-3125, 267-7358 or stephen.knechtel.1@us.af.mil.



Photo by Melissa Peterson

From left: X-treme team Road Divas members Kimberly Felty, Carolina Marin Solo, Johanna House and Jennifer Mitchell row during the 2-mile rafting course as part of the Rambler 120 competition Oct. 20, 2012, at the Joint Base San Antonio Recreation Park at Canyon Lake.

JOINT BASE SAN ANTONIO-RANDOLPH MISSION PARTNER

Online process now required for Basic Officer Training applicants

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs



Active-duty enlisted Airmen who aspire to be Air Force officers are now required to apply online rather than through their base education service centers.

The application process for the Basic Officer Training Program is handled through the Air Force Portal page managed by the Air Force Recruiting Service.

Senior Master Sgt. Leif Larson, AFRS Officer Accessions Branch superintendent, said the change in procedure will benefit applicants by streamlining the process.

"It is more streamlined because the SharePoint site that we set up explains the entire process from beginning to end and helps members determine their own eligibility and also has all Air Force Instruction references to ensure accuracy," he said.

Larson also explained the reason for the change.

"The chief of Air Force volunteer education determined that Officer Training School is not a volunteer educational program due to members already having a degree," he said. "Therefore, the base education offices should not support members completing applications for OTS/BOT."

The change does not affect civilians, Larson said.

"Civilian applicants continue to apply through their local recruiter while active-duty members apply through



our SharePoint site," he said.

The number of enlisted Airmen who apply for the BOT program varies from year to year, Larson said.

"We see anywhere from 50 to 400 applications per board and there is normally around a 20 to 40 percent select rate for active-duty members," he said.

The next OTS selection board will meet Aug. 25-29 to consider candidates for rated, or flying, openings; the application cut-off date was July 24. The next board for non-rated, or non-flying, openings will meet Oct. 20-24; the application deadline is Aug. 22.

The board reviews each application, looking at Air Force Officer Qualifying Test scores and grade-point average as well as subjective factors such as work experience, accomplishments, character, leadership ability and potential for future growth.

Enlisted members who wish to apply for the BOT program must be a U.S. citizen and be between 18 and 34 years old. They must also have at least a bachelor's degree and their permanent assignment unit commander's approval or recommendation, and

must meet minimum AFOQT scores and GPA.

Gay Close, 802nd Force Support Squadron education services specialist, said it's important for BOT program applicants to score well on the AFOQT and to maintain a high GPA.

"We recommend that they buy a study guide for the test," she said.

Acceptance into the BOT program and completion of OTS is one of several ways to become an Air Force officer. The others are graduation from the Air Force Academy, completion of an Air Force Reserve Officer Training Corps college program and three medical programs administered through Air Force Personnel Center. The medical programs are the Medical Services Corps, the physician assistant program and the Nurses Education and Commissioning Program.

Base education service offices will continue to assist anyone eligible to become an officer, Close said.

"If they have questions, we will be happy to answer all of those," she said.

For more information, call 1-800-423-USAF.