



WINGSPREAD

JOINT BASE SAN ANTONIO-RANDOLPH

No. 4 • JANUARY 31, 2014

General hosts town hall meetings

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Photo by Airman 1st Class Krystal Jeffers

The winners from the 2014 502nd Air Base Wing Annual Awards ceremony gather for a group photo Jan. 17 at Joint Base San Antonio-Lackland. Pictured from the left; Scott Ruiz, 502nd Security Forces and Logistic Support Group; Jacquelyn Christilles; 502nd Security Forces and Logistic Support Group, Judge Advocate; Nathan Woodward, 502nd Force Support Squadron; Jennifer Martinez, 802nd Force Support Squadron; Staff Sgt. Desmond Darden, 902nd Force Support Squadron; Airman 1st Class James Gianotti, 690th Network Support Squadron; Airman 1st Class Corey Linder, 502nd Civil Engineer Squadron; Airman 1st Class Jame Gianotti, 690th Network Support Squadron; Tech. Sgt. Latoria Ellis, 502nd Contracting Squadron; Master Sgt. Ruben Lerma, 502nd Communication Squadron.

502nd AIR BASE WING HONORS ANNUAL AWARD WINNERS

By Airman 1st Class Krystal Jeffers

Joint Base San Antonio-Lackland Public Affairs

Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, recognized 32 nominees from the 502nd ABW at the 502nd ABW Annual Award Banquet at JBSA-Lackland's Gateway Club.

Individual category winners are:

- Junior Enlisted Member of the Year: Airman 1st Class Corey Linder, 502nd Civil Engineer Squadron
- NCO of the Year: Tech. Sgt. Latoria Ellis, 502nd Contracting Squadron
- Senior Enlisted Member of the Year: Master Sgt. Ruben Lerma, 502nd Communication Squadron
- First Sergeant of the Year: Master Sgt. De'Lisa Harris, 902nd Security Forces Squadron



- Company Grade Officer of the Year: Capt. Robert Carter, 502nd Comptrollers Squadron
- Honor Guard Junior Enlisted Member of the Year: Airman 1st Class James Gianotti, 690th Network Support Squadron
- Honor Guard NCO Member of the Year: Staff Sgt. Desmond Darden, 902nd Force Support Squadron
- Civilian Non-Supervisory of the Year in Category I: Nathan Woodard, 502nd Force Support Squadron
- Civilian Non-Supervisory of the Year in Category II: Jacquelyn Christilles, 502nd Security Forces and Logistic Support Group, Judge Advocate
- Civilian Supervisory of the Year in Category I: Jennifer Martinez, 802nd Force Support Squadron
- Civilian Supervisory of the Year in Category II: Scott Ruiz, 502nd Security Forces and Logistic Support Group

DOD releases new religious accommodation instruction

By Cheryl Pellerin

American Forces Press Service

The Department of Defense released a new instruction Jan. 22 that details its updated policy on making religious accommodations requested by service members, Pentagon spokesman Navy Lt. Cmdr. Nathan J. Christensen said.

A DOD instruction implements a policy or prescribes the manner or plan of action used to carry out a policy, operate a program or activity,

and assign responsibilities.

"The new policy states that military departments will accommodate religious requests of service members," Christensen said, "unless a request would have an adverse effect on military readiness, mission accomplishment, unit cohesion, and good order and discipline."

When a service member requests such an accommodation, he added, department officials balance the need of the service member against the need to accomplish the military mission. Such a request is

denied only if an official determines that mission accomplishment needs outweigh the need of the service member, Christensen said.

Requests to accommodate religious practices will be assessed on a case-by-case basis, the spokesman noted.

"Each request must be considered based on its unique facts, the nature of the requested religious accommodation, the effect of approval or denial on the

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ON THE COVER

Air Force Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, speaks during a community town hall meeting Jan. 22 at Fleenor Auditorium, JBSA-Randolph. For the complete story, see page 8.

Photo by Airman 1st Class Alexandria Slade

WINGSPREAD

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AF uniform policy update: Welcome back morale T-shirts, badges, limitless athletic shoes

By Staff Sgt. David Salanitri
Air Force Public Affairs Agency

The Air Force updated the policy governing uniform wear Jan. 17, with a goal of not financially burdening Airmen.

Air Force Chief of Staff Gen. Mark. A. Welsh III approved several updates to Air Force Instruction 36-2903, Air Force Dress and Appearance, with many of the changes coming directly from Airmen.

During the past year, Welsh prompted Airmen to make their voice heard through the Every Dollar Counts campaign, held last spring, and suggestions made directly to him during base visits or comments to the uniform survey board itself.

“The policy changes revolve around three areas,” said Col. Patrick Doherty, Director of Air Force Services who has oversight of the uniforms and awards and recognition branch. “The first area of policy changes is focused on heritage, team building, esprit de corps and unit pride.

The second is recognizing and valuing Airmen’s experiences, qualifications and job performance, allowing Airmen to wear what they have earned. The last area is a group of common sense approach inputs from Airmen in the field that senior leaders thought were great ideas.”

There are dozens of updates to the AFI, including the following:

- Morale T-shirts/patches representing individual squadrons that were worn in the past to increase unit pride are now authorized to wear on Fridays

- Squadron color T-shirts may be worn with the ABU or flight suit when in-garrison or on-station during unit temporary duty assignments and contingency deployments.

- Shirts must be one color throughout the squadron, and may have only a small squadron patch over the left chest.

- Wing commanders can authorize personnel from different units to wear the same color T-shirts to facilitate esprit de corps and team building.

For example, maintainers, life support personnel and flight doctors are allowed to wear the color T-shirt of the flying squadron they support. Also, authorized is the in-garrison Friday wear of morale patches and nametags that have tasteful nicknames or call signs on flight suits. Unit commanders have approval authority for morale patches and nametag naming conventions.

Earned Air Force and other services’ badges are authorized to wear, but only the command insignia pin is mandatory. This reverses a previous decision to prohibit wear of qualification badges and various patches on ABUs, to eliminate the need to remove and replace badges for deployment or permanent change of duty station moves.

In recent years, Airmen deployed to Afghanistan wore the Operation Enduring Freedom Camouflage Pattern. The OCP is flame retardant, treated with

insect repellent and also used by the Army. Following this evolution, the ABU has become primarily an in-garrison uniform, according to Air Force senior leaders.

“The increased wear of the ABU in-garrison, coupled with Airmen’s long-term desires to wear the qualification badges and the command insignia they have earned, makes authorized wear on the ABU a logical step,” said Lt. Gen. Sam Cox, Air Force deputy chief of staff for manpower, personnel and services.

A list and examples of all newly approved badges authorized for wear on the ABU is located in attachment five of AFI 36-2903.

The Air Force physical training uniform no longer has color restrictions for athletic shoes. Airmen are now also authorized to wear black socks with their athletic shoes.

Cell phones no longer have to be black, as long as they’re not worn on the uniform or attached to a purse.

Changes came directly from the field and major commands, said Cox.

“The changes are the result of months of the Chief of Staff listening to what Airmen had to say about ABUs and other uniform wear policies,” Cox said.

Airmen can expect to find the optional badges on the AAFES website by mid-July to early August. The commander’s insignia pin will be mandatory once the cloth pins go on sale at AAFES.

NEWS

Small bat colony found at JBSA-Lackland basic training dorm

By Nathan Simmons
59th Medical Wing Public Affairs

A San Antonio-area bat control contractor assisted Joint Base San Antonio officials in determining that a small colony of bats is hibernating in the exterior walls of the large brick dormitory building belonging to the 331st Training Squadron at JBSA-Lackland.

The colony is made up of about 500 to 600 Mexican free-tailed bats. Mexican free-tailed bats are common in Texas and the San Antonio area and are widely-regarded as the most abundant mammal in North America. Large roosts of more than 10,000 bats are commonplace.

The investigation into possible bat roosting was launched when bats were observed by trainees in four areas within the building within the past few weeks.

While the bats were found to be nesting in the exterior walls of the building, they most likely entered the living quarters through windows that were left open overnight during unseasonably warm weather in early January.

Since finding the bats, JBSA officials have ordered the windows remain closed and, to ensure the bats have no access to the living quarters, civil engineers have aggressively been working to seal the interior of the building and installed mesh covers over all interior vents while checking ceiling tiles and doors.

As a further precaution, officials have established a

nighttime manned watch of all interior living quarters to ensure that no bat makes it inside the dormitory without being detected while trainees are sleeping.

“We’re taking every precaution to ensure that the bats don’t reenter the living quarters; if one does make it in, we’ll be able to detect it before it comes into contact with a trainee,” said Brent Boller, JBSA spokesman.

Boller said the next step in the process involves sealing the exterior of the building in a way that allows bats to exit but not return. That process is estimated to be complete in late February. As a final precaution, all basic training dormitory buildings are being inspected to be certain that bats aren’t roosting elsewhere.

None of the trainees have reported being bitten or scratched by the bats and rabies test results have come back negative for one of the bats captured from the dormitory building.

However, Lt. Col. Brad Winterton, 559th Aerospace Medicine Squadron Public Health Flight Commander, said the Air Force has implemented protocols established by the Centers for Disease Control and Prevention, immunizing those trainees who, after close consideration, were determined to be at risk for exposure to the bats.

“We work hand in glove with our civilian colleagues at both the local, state and national levels,” Winterton said. “Contacts at the state health department and the CDC were engaged once we understood the breadth



Courtesy graphic

Mexican free-tailed bat

of the situation. Questionnaire templates from the CDC helped us focus quickly on making a good assessment of exactly which trainees were at risk.”

The 205 trainees who have begun the vaccination process will be finished with the series by Monday.

Rabies is not contagious person-to-person, and the rabies vaccine is 100 percent effective when given prior to the onset of symptoms. Joint Base San Antonio officials do not consider this a public health emergency, but are exercising an abundance of caution.

(Editor’s note: The 502nd Air Base Wing Public Affairs office contributed to this article.)

Two-day higher education course helps members apply to college

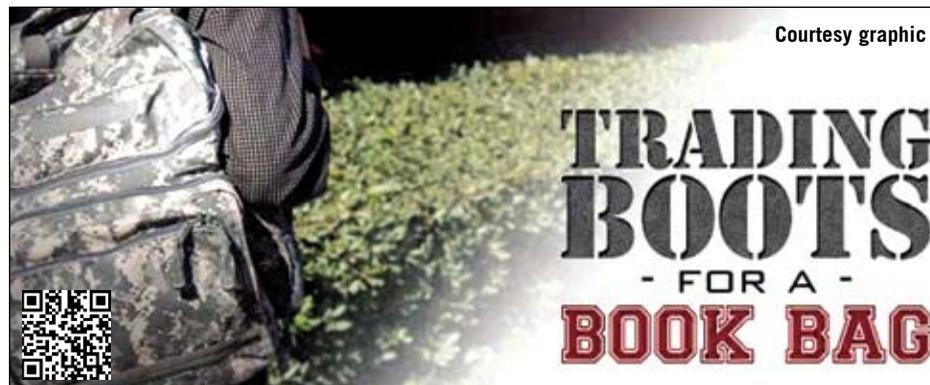
By Alex Salinas
Joint Base San Antonio-Randolph Public Affairs

For service members and civilians who wish to invest in their future, the Joint Base San Antonio-Randolph Military and Family Readiness Center offers a monthly Transition Assistance Program course that helps them select a school or institution of their choice to earn a higher education degree or certificate.

Held at the JBSA-Randolph Education Center, building 208, the free two-day class is geared to separating or retiring military members, but is open to all Department of Defense cardholders, Mike Bell, MFRC community readiness consultant, said.

Amanda Jalomo, JBSA-Randolph Education Center higher education facilitator, has taught courses since last April.

Every month, she encourages attendees to ponder what they will do once



Courtesy graphic

their military uniform is off for good.

“Many are faced with rediscovering who they are and what they want in life,” she said.

Part of that rediscovery involves searching for the right place to pursue a higher education.

“To organize the thoughts and questions of participants, the course is broken down into four sections: personal

goals, institution factors, funding and admission,” Jalomo said.

Classroom discussions range from choosing a degree program to networking opportunities and scholarships.

The goal is for all participants to find three schools to apply to, either in the local area or wherever they will live post-military.

“It’s important for them to have a

plan A, B and C,” Jalomo added. “Simply put, it’s hard to go anywhere without an education.”

Those with a bachelor’s degree who seek advanced degrees are welcome to enroll in the higher education offering.

About half of the people who have taken the course wanted a master’s degree, while a few others wanted a professional certificate, Jalomo said.

Higher education is one of three career development “tracks” at the MFRC that encourages service members “to become more marketable and prepare for a smoother transition into civilian life, which sometimes is the toughest part,” Bell said.

The next course is scheduled from 8 a.m. to 3 p.m. Wednesday and Thursday.

To sign up or request more information, contact Jalomo at 652-6502 or email her at amanda.jalomo.1@us.af.mil.

359th Medical Group readies for double inspection

By Airman 1st Class Alexandria Slade
Joint Base San Antonio-Randolph Public Affairs

The 359th Medical Group will be undergoing the Consolidated Unit Inspection Monday through Feb. 12 after completing the Health Services inspection today at Joint Base San Antonio-Randolph.

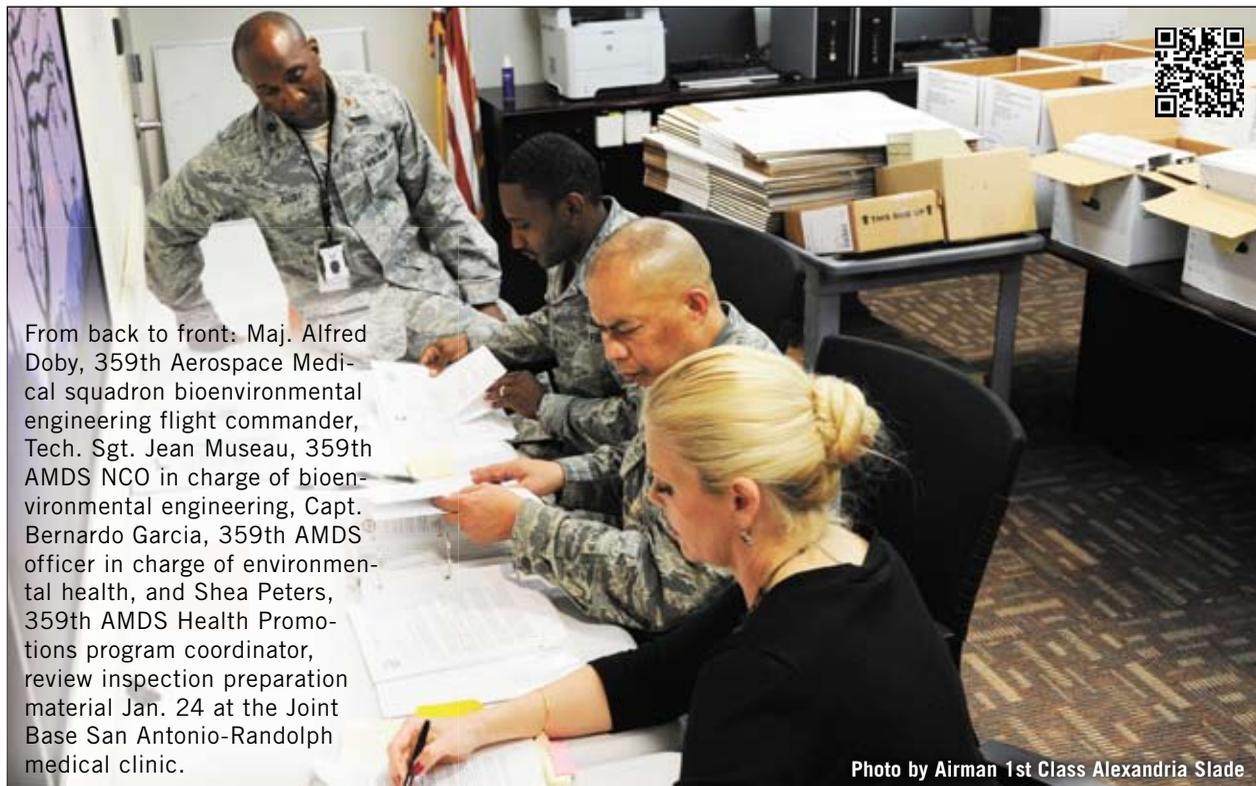
“The purpose of these inspections is to validate and verify our programs for accuracy, adequacy and relevance, and to provide an independent assessment of our ability to execute the mission and the people we serve,” Sharon Francois, 359th Medical Group quality manager, said.

According to Airman 1st Class Samuel Darcy, 359th Medical Operations Squadron Aerospace medical technician, preparations for the inspections consisted of attention to detail, a strong focus on patients and full use of resources and training.

“The 359th Medical Group consistently strives to provide exceptional service,” Francois said. “We evaluate our processes and maintain continuous compliance with all policies and guidelines. We look for improvement opportunities at all levels.”

Francois reminds 359th MDG Airmen that a clear indicator of success is making a good first impression.

“We have been recognized for leading the way for many programs,” she said. “We are the best at what we do, and it’s now showtime.”



From back to front: Maj. Alfred Doby, 359th Aerospace Medical squadron bioenvironmental engineering flight commander, Tech. Sgt. Jean Museau, 359th AMDS NCO in charge of bioenvironmental engineering, Capt. Bernardo Garcia, 359th AMDS officer in charge of environmental health, and Shea Peters, 359th AMDS Health Promotions program coordinator, review inspection preparation material Jan. 24 at the Joint Base San Antonio-Randolph medical clinic.

Photo by Airman 1st Class Alexandria Slade

Joint Base San Antonio-Randolph News Briefs

Free parenting legal information clinic at JBSA-Randolph MFRC

There will be a free legal information clinic for military parents who have questions about paternity, child support and other legal information 11 a.m. to 1 p.m. Tuesday at the Joint Base San Antonio-Randolph Military and Family Readiness Center. Children are not permitted to attend. For more information, call the JBSA-Randolph Legal Assistance Office at 652-6781.

Public invited to Land Use Study interactive workshop

The public is invited to participate in an interactive workshop in support of developing the Joint Land Use Study 6-8 p.m. Feb. 12 at the Schertz Civic Center Bluebonnet Room. The JLUS is a cooperative planning effort between Joint Base San Antonio-Randolph and surrounding community members. The objective of the study is to develop a set of recommendations that will promote well-suited community growth and economic development compatible with military training and operations being conducted at JBSA-Randolph, JBSA-Seguin Auxiliary Airfield and Stinson Municipal Airport. The purpose of the second public workshop is to provide an update on the JLUS project, present the JBSA-Randolph military mission footprint, and to obtain input from members of the public on prioritizing the compatibility issues such as land use, noise and vibration, aircraft safety zones, vertical obstructions and interagency coordination.

Basura Bash 2014

The 4th Annual Joint Base San Antonio-Fort Sam Houston Basura Bash will be held at Salado Creek Park from 9 a.m. to noon Feb. 22, with volunteer check in at 8 a.m. and a safety briefing at 8:45 a.m. The annual cleanup of Salado Creek is held in conjunction with the city-wide cleanup effort for the tributaries of the San Antonio River. Volunteers are encouraged to wear long pants, sturdy shoes, gloves, hats and sunscreen. People can bring their own cleanup gear, such as waders, trashgrabbers, nets, etc. All participants under 18 must have a parent or guardian onsite and drop-offs will not be allowed. All Participants must have a military ID or CAC and sign a waiver to participate. Volunteers can register online at <http://www.basurabash.org>. For more information, call 652-0181.

JBSA-Lackland to host motorcycle safety instructor classes

The Air Force Safety Office is working with Cape Fox Professional Services to host a Motorcycle Safety Foundation class for mid-March at Joint Base San Antonio-Lackland to train volunteer military motorcycle instructors. The eight-day Rider-Coach preparation class will be held from 7:30 a.m. to 4:30 p.m., with additional time on the Lackland riding range, March 17-26 in building 7065 at JBSA-Lackland. Prospective Rider-Coach candidates must be a licensed motorcyclist who rides frequently, has several years of varied riding experience and good communication skills. Candidates must also provide current driving record and a commander or supervisor's approval to attend the course and also teach a minimum of four basic Rider-Course classes per year. For more information, contact Bill James, JBSA traffic safety manager, at 671-6274.

Straight Talk Line

Call the local Straight Talk lines for current, automated information during a natural disaster, crisis or emergency. JBSA-Randolph: 652-7469; JBSA-Fort Sam Houston: 466-4630; and JBSA-Lackland: 671-6397.

JBSA-Randolph road repair-work schedule

The Joint Base San Antonio-Randolph South Gate, East Gate, 5th Street West and Golf Road will be impacted during road repair. Activities will occur in four phases:

- Phase 1: 5th Street East - East Gate to New B Street - will be impacted from Feb. 17 - May 2.
- Phase 2: 5th Street West - H Street to F Street - will be impacted from Feb. 17 - Aug. 15.
- Phase 3: Golf Road - South Gate Road to Randolph Oaks Clubhouse - will be impacted, in two phases, from Feb. 14 - Feb. 17 and from Feb. 18 - Mar. 31.
- Phase 4: South Gate Road -South Gate to Golf Road - will be impacted from May 2 - Sept. 15.

Once East Gate Road is re-opened, construction on the South Gate will begin. A section of South Gate Road - from the guard house to Golf Road - will be closed from May 2 - Sept. 15. An alternate road and entry will be provided to detour South Gate inbound traffic onto Perimeter Road towards the high school. The South gate will be closed to all outbound traffic during this period. A section of 5th Street West - from H Street to F Street - will be closed from Feb. 1 - Aug. 15. A detour route will be provided.

Golf Road will close in two phases. The first phase will close Golf Road from the intersection of South Gate Road and the intersection of South Perimeter Road. Construction for this phase will take place from Feb. 14-17; and the detour to the golf course will be from East Perimeter Road. The second phase will close Golf Road from the intersection of South Perimeter Road to the Randolph Oaks Clubhouse. Construction for this phase will take place from Feb. 18 - March 31; and the detour to the golf course will be from East Perimeter Road and South Perimeter Road when coming from South Gate Road. A detour will be provided throughout JBSA-Randolph to assist in directing patrons to the golf course.

Detour and warning signage will be in place in advance for each phase of work.

For more information, contact Joseph Domeier at 508-2870.

JBSA-Randolph Tax Center to open Monday

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs



The Volunteer Income Tax Assistance Program begins Monday at the Joint Base San Antonio-Randolph Tax Center, building 202, for the 2013 tax year.

VITA program volunteers will help military members, retirees and family members complete their 2013 income tax returns before the April 15 deadline.

LaMarr Queen, JBSA-Randolph Tax Center coordinator, said appointments may be made by calling 652-1040. The center's hours are 8 a.m. to 4 p.m. Monday-Thursday and 8 a.m. to 2 p.m. Friday.

The tax center started taking appointments Jan. 27 and volunteers will start seeing people Monday, Queen said.

"Most appointments last about an hour, and we ask that people bring in all the documents they need to complete the process," he said.

Queen, who said the center also accepts drop-offs, encouraged tax filers to make appointments as soon as possible.

"By mid- to late-February we are booked up," he said.

Tax center volunteers are certified to complete a range of returns, Queen said.

"The JBSA-Randolph Tax Center staff is certified by the Internal Revenue Service to complete advance and military tax returns," he said. "The staff is trained to do tax returns that include wages, interest, dividends, capital gains with basis, residential rental real estate, individual retirement account distributions, pension, unemployment and social security incomes, Schedule C and C-EZ home-based business income returns, Schedule A, itemized deductions, education, residential energy, dependent care, retirement savings, child tax, additional

child tax and earned income credits."

Queen said the staff is "specifically trained to prepare returns for military members with combat zone excluded pay and other military unique tax situations."

Volunteers completed 1,766 tax returns last year, saving people nearly \$350,000 in preparation fees and securing more than \$3.2 million in tax refunds, Queen said.

He attributed success of the program to the volunteers.

"My volunteers are fantastic," Queen said. "They do a great job. They dedicate their time and effort, and people appreciate that. My hat's off to all of them."

Queen said volunteers are asked to work at least one four-hour shift per week, but some work two to three shifts per week and others contribute a few days per week; they may also work on returns at home. He said several volunteers have many years of experience.

Dave Searcey, Air Education and Training Command training pipeline manager, became a VITA volunteer about 10 years ago.

"I needed help for my taxes, turned to VITA on base and found them so helpful that I decided to volunteer," he said. "In addition to helping others, I learn so much about taxes that helps my family members and co-workers."

Queen said there is always a need for volunteers at the tax center. No experience is needed, and the program provides IRS-certified training.

JBSA Sexual Assault Prevention, Response

To report a sexual assault, call the 24/7 Joint Base San Antonio Sexual Assault Prevention and Response Hotline at 808-7272 or the Department of Defense Safe Helpline at 877-995-5247.

Town halls provide information, answer questions

By Airman 1st Class Kenna Jackson
Joint Base San Antonio-Randolph Public Affairs



Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and Joint Base San Antonio commander, hosted three town hall meetings at JBSA-Fort Sam Houston, JBSA-Randolph and JBSA-Lackland Jan. 21-23.

The meetings were designed to open communication channels among military members, families and JBSA senior leaders as well as give the JBSA community the opportunity to have their questions answered in a face-to-face environment.

Some of the topics that were discussed included personnel and budget cuts, 502nd ABW fiscal year 2014 – approved service reductions, the opportunities provided in lieu of the reductions, safety and security, and the removal of TriCare offices from the medical facilities across JBSA.

During the meetings, LaBrutta explained how sequestration affected the 502nd ABW and JBSA installation support functions through budget and manpower reductions. He then addressed how budget cuts and personnel cuts will be necessary for the next two years. He also said that the Air Force chief of staff's strategy is to take any dollars saved by the new budget and put it toward readiness and modernization.

“We expect that the FY14 budget for the 502nd ABW and JBSA will incur about a 10 to 15 percent reduction from last year,” LaBrutta said. “That’s an \$18 to \$20 million decrease in what I have to execute our mission across JBSA.

“So, we have to prioritize,” he said. “We have a lot of programs and activities, and what we’re trying to do is harvest is select the best and focus our resources in those and become more efficient so that we can be more effective for you and your families.”

After reductions in the civil engineer, communications and logistics squadrons’ budgets, LaBrutta said he is now at a risk level that he cannot go past for operational proficiency. He said he is now looking at the force support and quality of life areas.

LaBrutta also said that right now, the Air Force has about 328,000 active duty service members and will decrease by 25,000.

“So for the next 18 to 24 months, 25,000 Airmen will depart from Air Force military service,” which means “we have an obligation to ensure they, and their families, have the information they need to make good decisions and then provide them the best assistance possible as they transition to the civilian sector,” he said.

LaBrutta also mentioned that all other services are working similar financial issues.

LaBrutta said that following discussions with mission partners, while taking financial constraints into account, some facilities across JBSA will close.

“We are closing the three JBSA libraries,” LaBrutta said. “I love the libraries, but we can no longer put money in these functions. It cost us approximately \$1.3 million last year to run those libraries. We’ve got libraries that are either right off the post or base, or within three to five miles away from each of our JBSA locations. As we move forward, we’ll leverage these local community libraries to provide needed support.”

Although the closures of the libraries are not going to happen immediately, as the process is lengthy, the closing process has begun.

All JBSA non-appropriated funded business activities, such as the golf courses and arts and crafts shops, will no longer receive funding.

“Small business activities are going to have to survive on their own,” he said. “If we don’t have customers coming in saying ‘I want this,’ then those functions are going to be eliminated because we aren’t able to carry them.”

LaBrutta said the closure of the JBSA-Randolph dining facility has also been approved.

See TOWN HALL P14



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Events

February

Arts & Crafts

Save with custom frame special

The JBSA-Lackland Arts & Crafts Center offers a custom frame special saving patrons 30 percent off select frames Feb. 4-14. Frame experts assist patrons in choosing the right materials to best showcase artwork, photograph or mementos. Additionally, custom framing at Arts & Crafts has significant savings compared to off-base competitors. For more information, call 671-2515.

Auto Hobby

Auto Hobby Shop offers Texas vehicle safety inspections

The JBSA-Lackland Auto Hobby Shop performs Texas vehicle safety inspections for \$14.50 pass or fail. For more information, call 671-3549.

Bowling

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday through Friday 11 a.m. to 2 p.m. Enjoy "Red Pin" bowling every Wednesday and Friday 11 a.m. to 2 p.m. For more information, call 221-3683.

Sunday bowling fun for the entire family

Families get a bowling lane for an hour, a large pizza, soda and bowling shoes for \$45. This special takes place every Sunday, noon to 5 p.m., at JBSA-Fort Sam Houston. For more information, call 221-3863.

Patrons watch the Big Game at JBSA Bowling Centers

Catch the "Big Game" and bowl at the JBSA-Lackland Skylark Bowling Center Feb. 2, starting at 5:30 p.m. Patrons will enjoy watching the game on five video screens giving a clear view of the game while bowling. The party includes two hours of bowling, shoe rental, pizza, wings and a fountain drink for \$18.95 per person. Patrons who choose not to bowl can watch the game in Primo's Lounge on any of their eight TVs or on the new 70-inch screen. For more information, call 671-1234.

Watch the "Big Game" at the JBSA-Randolph Bowling Center Feb. 2 and get unlimited bowling for groups of four people. The cost is \$48 and includes unlimited bowling, free rental shoes, a 16-inch pizza and 20 ounce drink. There will also be lots of giveaways such as T-shirts, bowling balls and bags and much more. For more information, call 652-6271.

Couples enjoy Valentines' Day at bowling center

JBSA-Randolph Bowling Center celebrates Valentine's Day with a "Sweetheart Mixed Doubles Tournament" Feb. 9, 1 p.m. The team composition is one male and one female. Sign up in advance at the bowling center. The price is \$30 per couple and doors open at noon. For more information, call 652-6271.

Patrons win money while bowling

The JBSA-Randolph Bowling Center's "Colorama" takes place Feb. 14, 7:30 p.m. Patrons win money while bowling when they strike on the posted combination of colored pins. The entry fee is \$15 per person with optional side pots available. For more information, call 652-6271.

Bowling enthusiasts celebrate Presidents' Day

The JBSA-Randolph Bowling Center celebrates the Presidents' Day weekend Feb. 14-17, with a special bowling rate of \$2.50 (excluding Cosmic Bowling) per game, per person with \$2.35 shoe rental. For more information, call 652-6271.

Skylark Bowling Center undergoes improvements

Construction to improve flooring and the ceiling continues during the JBSA-Lackland Skylark Bowling Center during February leaving partial lanes open to patrons. For more information, call 671-1234.

Clubs

Celebrate the Big Game at JBSA clubs

JBSA-Lackland Gateway Club hosts a Super Bowl party Feb. 2 starting at 3 p.m. Patrons will enjoy finger foods, watching the game on big-screen TVs and enjoy DJ Doggin' Dave Productions' music throughout the night. For more information, call 645-7034.

The JBSA-Randolph Kendrick Club hosts the best "Big Game" party Feb. 2. The Nite Club opens at 11 a.m. for the tailgate party and closes when the game is over. Gil's Pub opens at 3 p.m. for a private VIP party. There will be great food and beverage specials and lots of giveaways. Customers must be a Randolph club member to win. For more information, call 652-3056.

Feast on pre-Valentine's lunch at Gateway Club

The JBSA-Lackland Gateway Club features a Valentine's lunch buffet Feb. 11, 11 a.m. to 1:30 p.m. Feast on entrees such as roast beef au jus, chicken breast with wine sauce, cranberry-kissed pork chops and more. Price per person is \$9.95. For more information, call 645-7034.

Celebrate Valentine's Day at JBSA clubs

JBSA-Lackland Gateway Club invites customers to celebrate Valentine's Day with a romantic dinner and dance Feb. 14, 5:30-8:30 p.m., featuring music provided by DJ Stevie Mac Dance Machine. The event includes dinner, dessert and Champagne. The price is \$55 for member couples or \$65 for nonmember couples. Dinner for one is \$30 for members or \$35 for nonmembers. Advance reservations are required and may be purchased at the cashier's cage. For more information, call 645-7034.

Customers celebrate with their significant other at the Parr Club Feb. 14, 6 p.m. This romantic evening begins with cocktails at 6 p.m., followed by a dinner buffet at 6:30 p.m. The buffet includes an extensive salad bar, pork scallopini, Chianti braised beef, chicken Francese and more, along with assorted vegetables and side dishes. The dessert bar is available at 9 p.m. with entertainment provided by Texas Chili Peppers 8 p.m. to midnight. For the dinner, dance and brunch package, the price is \$100 per couple for members or \$120 per couple for nonmembers. For dinner and dance only, the price is \$70 per couple for members or \$90 per couple for nonmembers. Reservations are required. For more information, call 652-4864.

Gateway Club features Mardi Gras party

Patrons are encouraged to wear their favorite beads to the JBSA-Lackland Gateway Club Mardi Gras party Feb. 28, 5 p.m. to 2 a.m., in the Lonestar Lounge. Enjoy music by the Show Band from 6-9 p.m. and music played by Doggin' Dave Productions 5-6 p.m. For more information, call 645-7034.

Community Programs

Harlequin Dinner Theatre presents "Dial 'M' For Murder"

A man married his wife for her money and plans to murder her for the same reason. He arranges for the perfect crime and creates a brilliant alibi for himself. Unfortunately the murderer gets murdered and the victim survives. Dial "M" For Murder runs through March 1 at the Harlequin Dinner Theatre on JBSA-Fort Sam Houston. For more information, call 222-9694.

Find love with cocktails and theater

The JBSA-Arnold Hall Community Center and Lackland Performing Arts Group present their Valentine's performance Feb. 14 and 15, 7-9 p.m. The cost for the dinner and Valentine's Day themed show is \$20 per person, \$15 for seniors ages 65 and older, \$10 for tech students, and \$5 for children 12 years and younger. Reserved seating and a cash bar are available. For more information, call 671-2619.

JBSA FSS

Find treasures at Skylark flea market

The JBSA-Lackland Skylark Community Center hosts their quarterly flea market, March 1, 8 a.m. to noon, at the Warhawk Fitness Center parking lot. Enjoy shopping, food and music. Sellers can rent spaces for \$10 and tables for \$5 each. Sign up early as spaces sell fast. For more information, call 671-3191.

Price matching framing saves patrons money

The JBSA-Randolph Community Services Mall offers framing at discounted rates. Expert framers are available to help pick out that perfect custom frame for any special occasion such as sports awards, special achievements or graduations. In addition, the Community Services Mall will match any off-base price on a comparable custom framing job and customers pay no sales tax. For more information, call 652-5142.

Wide variety of equipment available for all types of events

The JBSA-Randolph Community Service Mall offers equipment at great prices for all types of events. For more information, call 652-5142 option 2.

Fitness and Sports

Patrons enjoy running and biking event

The JBSA-Randolph Fitness Center hosts the Run/Bike/Run Feb. 1, 7 a.m., at Eberle Park. Patrons run a 5K, bike 10 miles and finish with a mile and a half run. For more information, call 652-7263.

Runners celebrate Valentine's Day with a run/walk

JBSA-Randolph Fitness Center invites all patrons to celebrate Valentine's Day by running or walking a 5K at Eberle Park Feb. 14, 7:30 a.m. For more information, call 652-7263.

JBSA patrons try to lift 100 tons

Patrons head to JBSA-Rambler Fitness Center Feb. 19 and join the 100-Ton Club. The Club consists of members who have lifted 100 tons of weight on any free weight or plate loaded machine in one day. Stop by the fitness center's front desk and pick up the 100-ton log book to track weights lifted throughout the day. If patrons make it to the goal of 100 tons at some point during the day, they turn in their log book to the front desk and become a member of the Rambler 100-Ton Club. For more information, call 652-7263.

Contestants lift 100 tons in one day using free weight or plate loaded machines at JBSA-Fort Sam Houston on the Medical Education Training Campus Feb. 28 for this all day event. Contestants who complete the 100 ton challenge receive a T-shirt, while supplies last, and become a member of this very prestigious club. For more information, call 808-5709.

Patrons take part in Mardi Gras Zumba® Fest

Patrons experience the fast paced action of Zumba® on a new level Feb. 22, 10 a.m., at JBSA-Fort Sam Houston Jimmy Brought Fitness Center. For more information, call 221-1234.

Golf

Gateway Hills hosts The Big Game Tournament

JBSA-Lackland Gateway Hills Golf Course hosts the 8th Annual Super Bowl Tournament in celebration of the "Big Game." Patrons will participate in this two-person scramble with modified Stableford scoring. The team with the highest point total wins with gross and net prizes awarded. The \$40 entry fee per player includes a commemorative hat, lunch, beverages and prizes. Does not include green fees and cart. For more information, call 671-3466.

Golfers invited to scramble

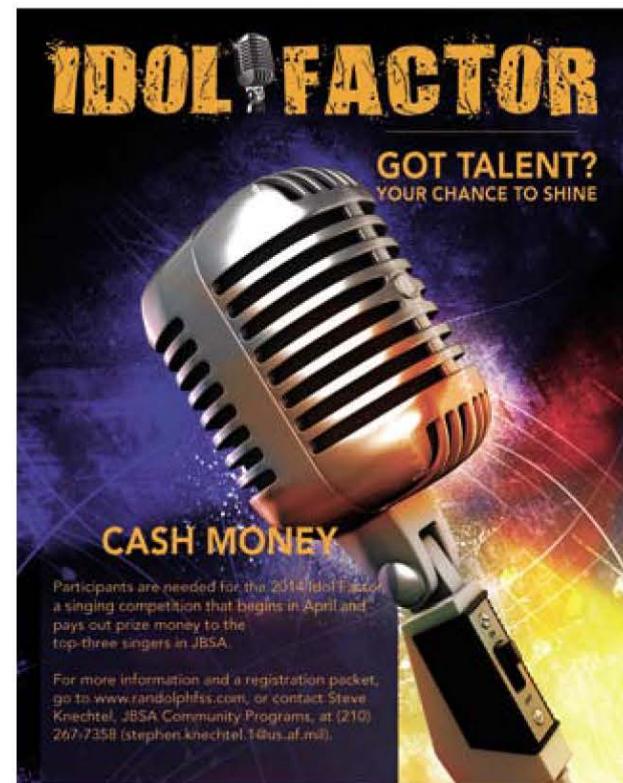
Golfers are invited to play in the monthly "Warrior Four-Person Scramble" Feb. 7, with a 12:30 p.m. shotgun start time, at the JBSA-Fort Sam Houston Golf Course. The cost is \$25 for members and \$35 for nonmembers. The scramble includes 18 holes of golf, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Patrons celebrate Presidents' Day with golf

The JBSA-Randolph Oaks Golf Course hosts a Presidents Day Golf Tournament Feb. 17. The tee times are 7-9 a.m. and the entry fee is \$10, plus green fees and cart rental. For more information, call 652-4570.

Golfers improve swing

The JBSA-Randolph Oaks Golf Course offers golfers the opportunity to improve their game and lower their scores. Golfers can make appointments with Brian Cannon or Charles Bishop for golf lessons. For more information, call 652-4653.



IDOL FACTOR
GOT TALENT?
YOUR CHANCE TO SHINE

CASH MONEY

Participants are needed for the 2014 Idol Factor, a singing competition that begins in April and pays out prize money to the top three singers in JBSA.

For more information and a registration packet, go to www.randolphfss.com, or contact Steve Knechtel, JBSA Community Programs, at (210) 267-7358 (stephen.knechtel@us.af.mil).

Golf Course available for special events

The JBSA-Randolph Oaks Golf Course offers special event packages for retirements, promotions, weddings and sports outings. For more information, call Corita at 652-4852.

Information, Tickets and Travel

Information, Tickets and Travel offers trips to casino

The JBSA-Randolph Information, Tickets and Travel offers several trips to the Grand Casino Coshatta in Kinder, La., throughout the year. Trips are scheduled for March 18-19, May 13-14 and July 15-16. Each trip includes round-trip motor coach transportation, hotel accommodations, a voucher for \$23 from the casino and tour guide. The bus departs at 7:30 a.m. and returns at approximately 9:30 p.m. the next day. Cost is \$60 for double occupancy or \$120 for single occupancy. Sign-up deadline is two weeks prior to trip date and payment is required at sign up. For more information, call 652-5142, option 1.

Find magical discounts for Sherwood Forest Faire

JBSA-Lackland Information, Tickets and Travel offers discounted tickets to the Sherwood Forest Faire located in McDade, Texas, running weekends Feb. 8 through March 30. The whimsical faire takes patrons back to days of jousting and sword fighting with sights, old-time food and shopping for crafts from over 130 different artisans. For more information, call 671-7111.



1st ANNUAL GATEWAY CUP
Earn points at each event & accumulate the most to be named the 2014 Gateway Cup Champion!

New Year's Tournament January 19 • Individual \$50 entry fee	GHGC Ryder Cup September 27-28 • Individual \$30 entry fee (By invitation only for the Top 24 Players in the Gateway Cup standings)
Super Bowl Scramble February 2 • 2-Person \$40 entry fee	GHGC Breast Cancer Tournament October 19 • Individual \$50 entry fee
March Madness Match Play March 1-30 • Individual \$10 entry fee per round	GHGC Turkey Shoot November 22-23 • Individual \$30 entry fee
GHGC Masters • April 26-27 • Individual \$30 entry fee	Gateway Cup Championship December 13-14 • Individual \$30 entry fee • Worth double points
6, 6, 6 Tournament May 18 • 2-Person \$30 entry fee	
GHGC US Open • June 14-15 • Individual \$30 entry fee	
GHGC Open Championship • July 19-20 • Individual \$30 entry fee	
GHGC PGA Championship • August 9-10 • Individual \$30 entry fee	

FORCE
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Book travel online via Information, Tickets and Travel's one-stop shop

The Force Support Squadron's Information, Tickets and Travel office has a website catering to the military community's travel planning needs: <http://www.jbsatravel.com>. It's a one-stop location for booking air, hotel and car rental arrangements online. For more information regarding vacation packages and cruises fill out a travel request online and a leisure travel agent will contact you with all the information to make your vacation dreams a reality. For more information, visit <http://www.jbsatravel.com> or call 671-3133.

Travel Europe on 11-day dream tour

JBSA-Lackland Information, Tickets and Travel offers an 11-day dream group tour March 9-19. Travelers tour London, Paris, Lucerne, Venice, Verise and Rome. Rates start at \$3,500 per person and include airfare. Additional discounts are available. For more information, call 671-7111.

Summer European travel packages available

JBSA-Lackland Information, Tickets and Travel offers a variety of unique packages to European destinations through Trafalgar Tours. The "Italian Scene" features an 11-day trip starting at \$3,500 per person. The "Spanish Experience" features a 10-day excursion starting at \$3,000 per person. The "Greek Island Explorer" is an 11-day trip starting at \$3,800 per person. The "European Experience" is a 15-day tour starting at \$4,300 per person. Payment plans are available. For more information, call 671-7111.

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office located in the Sam Houston Community Center sells discount tickets. Hours of operation are Tuesday through Friday, 9 a.m. to 4 p.m. For more information, call 808-1378.

Library

Patrons compete in Valentine's Day coloring contest

The JBSA-Randolph Library hosts a Valentine's Day coloring contest Feb. 1-15. Stop by the library to pick up a coloring sheet, color it and return it to the library by Feb. 15 for a chance to win. Two age groups are encouraged to participate, 5 and younger and 6 to 10 years of age. One winner will be picked from each age group. For more information, call 652-5578 or 652-2617.

Children's Story Time entertains and teaches

The JBSA-Randolph Library offers "Story Time" at 10 a.m. every Wednesday. It is a great opportunity for children to listen to wonderful stories and participate in a simple craft. "Story Time" also allows children to interact with other young children and to start building their social skills. "Story Time" themes and dates are Feb. 5, Olympics; Feb. 12, Valentine's Day; Feb. 19, Dental Health, with a representative from the dental clinic stopping by with a presentation and Feb. 26, Self Esteem. For more information, call 652-5578 or 652-2617.

Library holds federal job workshop

The JBSA-Lackland Library and Military & Family Readiness Center hosts an Interview Tips and Tricks workshop Feb. 5, 5:30-7:30 p.m. Patrons learn the basics of how to apply for federal jobs in this course. For more information, call 671-3610.

Special Valentine's Story Time

Families are invited to the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library to celebrate Valentine's Day and the joy of reading with children Feb. 8, 2:30-3:30 p.m. Special stories and crafts will be the heart of the program. For more information, call 221-4702.

Next level gaming fun

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library hosts its monthly gaming day Feb. 14, 5:30-7 p.m. Gamers can choose from Xbox, Wii, PS3 and classic board games. For more information, call 221-4702.

Story Time is a hit with preschoolers

Stories, crafts and songs are all part of the weekly story time every Thursday, 10 a.m., at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library. This month's story time dates are Feb. 6, 13, 20 and 27. For more information, call 221-4702.

**JBSA - Fort Sam Houston
Equestrian Center**

The Equestrian Center provides private and group riding lessons, pony rides, trail rides and youth horsemanship camps.

For more information, call 224-7207

FORCE AMBA

Military & Family Readiness Center

Spouses take part in pre-deployment resiliency training

Pre-deployment resiliency training is Feb. 4, 9 a.m. to 3 p.m., at JBSA-Fort Sam Houston Military & Family Readiness Center and is specifically helpful for those families getting ready for a deployment. For more information, call 221-9079.

Members learn resume techniques

The JBSA-Randolph Military & Family Readiness Center teaches techniques that assist members in preparing a non-federal style resume Feb. 5, 9:30-11 a.m. For more information, call 652-5321.

Bundles for babies available

The JBSA-Randolph Military and Family Readiness Center hosts "Bundles for Babies" Feb. 7, 8:30 a.m. to noon. This program is an Air Force Aid Society program for active-duty members of any rank, DOD employees, NAF employees and their spouses who are expecting a baby. Active-duty Air Force attendees receive a "bundle" of baby supplies at the conclusion of the workshop. For more information, call 652-5321.

Teaching as a second career

Military members who are separating and interested in pursuing teaching as a second career are invited to a workshop at the JBSA-Lackland Military & Family Readiness Center Feb. 7, 1-3 p.m. A Texas state coordinator focuses on eligibility requirements, job availability, finding and certification through Troops for Teachers. For more information, call 671-3722.

Parents learn special education basics

The JBSA-Lackland Military & Family Readiness Center holds a "Top 10 Basics of Special Education" workshop Feb. 11, noon to 1:30 p.m. This course covers special education laws, processes and the difference between Individualized Education Program and the 504 Plan. For more information, call 671-3722.

Patrons learn about survivor benefit planning

The JBSA-Randolph Military & Family Readiness Center helps the service member and spouse become familiar with the options and advantages of a survivor benefit plan Feb. 18, 8-9:30 a.m. or 1-2:30 p.m. For more information, call 652-3633.

Class teaches spouses re-integration skills

The JBSA-Randolph Military & Family Readiness Center hosts "Open Arms," a workshop for spouses of returning military members Feb. 19, 1-2 p.m. The class offers solutions to the various challenges specific to reuniting couples and families and provides resiliency skills and resources. For more information, call 652-5321.

Patrons enjoy family dance

This semi-formal dance provides an opportunity for Exceptional Family Member Program families to express their love for one another and have fun in a less stressful social setting. Come out Feb. 13, 3-7 p.m., to the Military & Family Readiness Center at JBSA-Fort Sam Houston and enjoy dinner, pampering, a photo booth and different types of dance. Registration must be submitted to JBSA-Fort Sam Houston EFMP office. Limited spaces are available so register now. There is no cost for military families who are enrolled in EFMP to participate in this event. For more information, call 221-2962.

Family Life Program offer classes to patrons

During February, the Family Life Program is offering multiple classes covering parenting skills, relationship enhancement and general life skills. Classes are offered at multiple locations throughout JBSA. For more information, call 221-0349.

Classes scheduled to celebrate Military Saves Month

During February, the JBSA-Randolph Military & Family Readiness Center offers multiple classes covering first time car buyers, home buyers, planning for college and financial basics. For a complete list of classes, dates and times, call 652-5321.

Financial readiness is important for everyone

The JBSA-Fort Sam Houston Military & Family Readiness Center offers service members and their families classes to help them face uncertain financial times. Available classes include: credit and debt management, budgeting, saving and investing, consumer awareness and more. Registration is required for all classes. For information on dates and times or to register, call 221-2380 or 221-2418.

Outdoor Recreation

Patrons sell and purchase at the flea market

The JBSA-Randolph Outdoor Recreation hosts a flea market at the Randolph Clinic parking lot for both seller's and buyers, Feb. 15, 8 a.m. to 1 p.m. The cost to rent a space is \$15 and includes one six-foot long table. Sign up early since spaces and tables go fast. The selling of firearms, animals, arts and crafts, food items and beverages is not permissible. For more information, call 652-5142, option 2.

Patrons get free night

The JBSA Recreation Park at Canyon Lake offers patrons a great deal on bungalows during February. Patrons stay two nights and get the third night free. Each bungalow is equipped with a microwave, refrigerator and sink, a full-size bed, bunk beds (sleeps fours but customers need to bring their own linens), air conditioning, heating and a bathroom with a hot shower. For more information, call 830-994-3576.

Park cabanas rent for half price

During February the JBSA Recreation Park at Canyon Lake rents park cabanas for \$22.50 per night, Monday through Thursday. Patrons are encouraged to enjoy the great outdoors without all the hassle associated with camping out. The park cabanas have one bedroom with a queen bed, sleeper sofa and two bunk beds, a bathroom shower, toilet and sink. The small kitchenette includes a refrigerator, stove, microwave and basic cooking utensils. Linens for beds are provided but towels and toiletries are not provided. For more information, call 830-964-3576.

Archery Range open for shooting

The JBSA-Camp Bullis Archery Range is open Thursday-Monday, 8 a.m. to 4 p.m. Targets range from 10-60 yards and the cost is \$3 for a daily pass or \$20 for an annual pass. For more information, call 295-7577.

Youth Programs

Register for youth sports

Registration for JBSA-Randolph Youth Programs Spring sports is Feb. 1-28. All youth must have a current annual physical, current immunizations and sports registration form on file. The price for t-ball is \$60, 5-6 years of age (must be 5 by March 15) and is coed. The price for coach pitch is \$70

for ages 7-8 and the cost for both baseball and softball is \$70 for 9-18 years old. For more information, call 652-3298.

Middle School Teen Center offers babysitting course

The next babysitting course begins Feb. 3. The classes meet every Monday and Wednesday at the JBSA-Fort Sam Houston Middle School Teen Center from 5:30-6:30 p.m. Each month consists of seven different classes with a graduation at the end of the course. The cost for the course is \$35. For more information, call 221-3630.

Register for First Steps soccer

JBSA-Lackland Youth Programs holds First Steps soccer registration Feb. 3-7. The fee is \$35 per child. Parents are required to participate with their child as an extension of the instructor. Sessions meet one hour per week for six weeks. A current physical and immunization record are required at time of registration. For more information, call 671-2388.

Open forum for teens to talk

This open forum is geared towards teens discussing relevant topics with staff. The event discussion is Feb. 4, 4:15-5 p.m., at JBSA-Fort Sam Houston Youth Programs. For more information, call 221-4488 or 221-4492.

Become a provider with Family Child Care

JBSA-Lackland Family Child Care holds a new child care provider candidate orientation class Feb. 4-6. Individuals interested in caring for children in their own home and earning extra income can receive all start-up materials and training provided by FCC. Providers are needed to care for infants, toddlers, preschoolers, school-age children and children with special needs during evenings, weekends, swing and midnight shifts, extended duty hours and for the expanded child care program. For more information, call 671-3376 or 671-3379.

Baseball registration begins

JBSA-Lackland Youth Programs conducts baseball registration Feb. 4-20 for children ages 5-12. The fee is \$50 per child. A current sports physical is due at time of registration. Parents may sign up 6 a.m. to 6 p.m., weekdays during the registration period. For more information, call 671-2388.

Children sharpen basketball skills during clinic

JBSA-Lackland Youth Programs in partnership with the African American Heritage Committee hosts the Annual Youth Basketball Clinic at the youth center Feb. 6. The two clinics offered cater to specific age groups: ages 5-9, 4:30-6 p.m. and ages 10-15, 6-7:30 p.m. Each clinic focuses on player development. The cost to attend is one canned food item for donation to a local food bank. Register early. For more information, call 671-2388.

Youth take part in Black History program

Youth enrolled in the after-school program showcase their talents in observance of Black History month Feb. 7, 4-5:30 p.m. The event takes place at JBSA-Fort Sam Houston School Age Services Program. For more information, call 221-4488 or 221-4492.

JBSA pre-teens and teens celebrate Valentines' Day

Pre-teens are invited to celebrate Valentines' Day early at JBSA-Randolph Youth Programs Feb. 7, 6-9 p.m. The cost is \$3 for members or \$5 for nonmembers. For more information, call 652-3298 or 652-2088 for more information.

JBSA-Lackland Youth Programs invites teens to a dance in celebration of Valentine's Day Feb. 7, 8-11 p.m. The evening includes dancing to music by a disc jockey, games and prizes. The cost to attend is \$4 per member or \$5 per nonmember. For more information, call 671-2388.

JBSA-Lackland Youth Programs hosts the Rad Red Dance for pre-teens ages 9-12 Feb. 14, 7-9 p.m. The evening includes dancing to music by a disc jockey, games and prizes. The cost to attend is \$4 per member or \$5 per nonmember. For more information, call 671-2388.

Patrons register for spring break camp

The JBSA-Randolph Youth Programs hosts a spring break camp March 10-14, 6:30 a.m. to 5:45 p.m. This program is open to youth K-6th grade (ages 5-12 years old). Fees are based on total family income and all required paperwork must be on file (pay stubs and shot records are required). Registration takes place Feb. 17-28 during regular business hours. For more information, call 652-3298 or 652-2088.

JBSA-Lackland Youth Programs offers camps to children of DOD personnel with the following dates: Feb. 14, register by Feb. 3; and Spring Break Camp, March 10-14, register by Feb. 24. Cost is based on household income. Registrations after due dates incur a \$15 late fee. For more information, call 671-2388.

JBSA-Fort Sam Houston spring break camp registration is Feb. 17 through March 10. The camp runs March 10-14 and is open to youth K-12 grade. For more information, call 221-3502 or 221-5151.

Parents get a night off

JBSA-Lackland Youth Programs and the Lackland Child Development Program hold Give Parents a Break/Parents' Night Out Feb. 21, 1-5 p.m. The fee is \$15 per child. Fees may be waived with a Give Parents a Break referral. Advance registration is required. For more information, call 671-2388 for YP or 671-1072 for the CDP.



[HTTP://WWW.RANDOLPHFSS.COM](http://www.randolphfss.com)
[HTTP://WWW.LACKLANDFSS.COM](http://www.lacklandfss.com)
[HTTP://WWW.FORTSAMMWR.COM](http://www.fortsammwr.com)



DID YOU KNOW?

Active shooter incidents can be prevented

By Robert P. Vickers
902nd Security Forces Squadron

Columbine High School shooting: 12 murdered, 24 injured; Virginia Tech shooting: 32 murdered, 17 injured; Fort Hood shooting: 13 murdered, 30 injured; Aurora, Colo., theater shooting: 12 murdered, 70 injured; Sandy Hook Elementary School shooting: 27 murdered; Washington Navy Yard shooting: 12 murdered and three injured.

Each of these active shooter incidents and countless others all has something in common. They all involved a perpetrator that did not just snap and randomly start shooting people. Each of the perpetrators progressed through a series of steps that required a personal grievance, the idea that only violence could solve that grievance. They researched and planned their attacks. They prepared for their attacks and they overcame whatever security measures were in place and initiated their attack. These steps are called the "path to intended violence" and virtually each step is accompanied with observable behaviors that could have stopped the attacks.

The path to violence can be interrupted and the threat of an attack diminished or eliminated through effective strategies. Extensive research

in targeted violence has shown there are many courses of action that can be employed to prevent these terrible acts from occurring. The first effective course of action for commanders and leaders to recognize already exists within their unit which is, creating a safe and secure working environment.

As a commander or leader, ask yourself these questions; do your personnel not only know but fully understand your unit policy on acceptable and unacceptable behavior? Are they fully aware of your support for reporting incidents of inappropriate behavior, regardless of how minor they perceive the incident to be? Do they know who and how they can report infractions or concerning behavior without fear of repercussions or ridicule? Clearly articulating your commander's policy regarding workplace conduct regarding acceptable and unacceptable behavior can and does greatly reduce the chances of an active shooter incident occurring within your organization. There are a multitude of other effective strategies that can be employed by unit commanders and through consultation with the security forces squadron.

For more information, contact security forces at 652-5600 or send an email to robert.vickers.1@us.af.mil.

INSTRUCTION from P2

service member's exercise of religion, and the effect of approval or denial on mission accomplishment, including unit cohesion," he added.

Immediate commanders may resolve religious accommodation requests that don't require a waiver of military department or service policies that address wearing of military uniforms and religious apparel, grooming, appearance or body-art standards.

Accommodation requests that require a waiver will be forwarded to the respective military department for determination.

Christensen said that factors used to determine if religious apparel interferes with military duties include whether the item:

- Impairs the safe and effective operation of weapons, military equipment or machinery;
- Poses a health or safety hazard to the service member wearing the religious apparel;
- Interferes with the wear or function of special or protective clothing or equipment such as helmets, flak jackets, flight suits, camouflaged uniforms, protective masks, wet suits, and crash and rescue equipment; or Otherwise impairs the accomplishment of the military mission.

The spokesman said department officials believe the new instruction will enhance commanders' and supervisors' ability to promote the climate needed to maintain good order and discipline, and will reduce the instances and perception of discrimination toward those whose religious expressions are less familiar to the command.

"The DOD places a high value on the rights of members of the military services to observe the tenets of their respective religions and the rights of others to their own religious beliefs," Christensen said, "including the right to hold no beliefs."

TOWN HALL from P8

"The current utilization rate is 16 percent and the cost per plate is \$24," LaBrutta said. "Because we have such a low number of people using the dining facility at Randolph, we're going to have to shut it down."

When it comes to quality of life, custodial funds will be standardized to "basic" across JBSA, grounds maintenance across JBSA will be reduced further, cable service packages across JBSA will be reduced to "basic" and clubs will begin charging to use their rooms, he said.

LaBrutta added, further reductions are projected to occur in fiscal year 2015 and beyond; therefore, we will pursue a number of initiatives that will provide flexibility to realign resources to core mission requirements and better posture JBSA for the future. However, "we will not make these decisions in a vacuum. We will continue to engage directly with our senior mission partners across JBSA, solicit their priorities and feedback, and ensure we provide the information to all members and their families as soon as we can once these difficult but necessary decisions are made."

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CMSAF talks about force management, EPRs

By Staff Sgt. Devon Suits
Air Force News Service

Chief Master Sgt. of the Air Force James A. Cody addressed upcoming changes to enlisted performance reports and effects of force management during his second worldwide CHIEFchat at Defense Media Activity here Jan. 9.

CHIEFchat is a recurring initiative, designed to give Airmen around the world a direct connection to the chief master sergeant of the Air Force. The chief received questions via video message, social media outlets and from members of a studio audience.

An Airman, via a video message, asked how the upcoming changes to the enlisted performance reports will affect Airmen in the future.

As you look at it today, with the current enlisted evaluation system we wouldn't have to get too deep into a discussion before we understand how inflated the system is, Cody said.

"That's why General Welsh directed the senior enlisted leadership of our Air Force to look at this and make recommendations to transform the enlisted evaluation into something that, first and foremost, values performance," Cody said.

According to the chief, rating Airmen as threes, fours and fives will be a thing of the past.

"We're not even looking at those numbers fields in the future." Cody said. "... We're looking at do you fit into this word picture; does this word picture describe you as an Airman and your performance?"

Airmen will start to see the evolution of the enlisted evaluation system once the new feedback form, or Airman Comprehensive Assessment, is released, Cody said. The new assessment will force supervisors to get to know their subordinates by asking deeper questions about finances, relationships and other things that can impact an Airman's career.

"Most people are used to being told they are the best, even though they know they really aren't the best," Cody said. "... We're going to have to do a good job of working through that emotional response and reaction to it and realizing this is for the good of all."

The change in EPRs wasn't the only topic on Airmen's minds. Under the cur-



Photo by Senior Airman Jette Carr

James A. Cody, Chief Master Sgt. of the Air Force, answers a question from an Airman via a video message during his second worldwide CHIEFchat Jan. 9 at Defense Media Activity, Fort Meade, Md.

rent force management actions, some Airmen lost the opportunity to retrain in a new career field. An Airman asked the chief via social media when these cross training opportunities will open up again.

"We suspended (cross training), but not totally ... there are still Airmen retraining but they are retraining into career fields that aren't taking those reductions," Cody said. "We will look at it again this summer ... when we start to put together (the list) for fiscal year 2015 retraining opportunities."

With a lot of things changing in the Air Force, an Airman in the audience asked Cody his advice on how current and future supervisors should handle these changes.

"We have to know our people," Cody said. "If you really want to be a good

supervisor you have to know about the people you are supervising. You have to know what's important to them, what their goals and aspirations are. You have to know what's going on in their life to the degree that you can support them, understand them and appreciate them. ... The more you know about your people, the more they will know you care about them and the more they will care about what they are doing."

Furthermore, Cody said, because of the current force management actions, it is critical that supervisors spend time with their Airmen to ensure they are not alone in this process.

Closing this session of CHIEFchat, Cody answered a question on what Airmen should say to people who have questions about joining the Air Force.

Changes in Air Force benefits and en-

titlements are expected due to the Department of Defense budget constraints, the chief said.

However, "It's still going to be an exceptional environment to be part of," he added. "All those benefits, all those entitlements, they may slow but they're still going to be really good, and you would be hard pressed to find anything comparable outside our Air Force."

"This is the world's greatest Air Force because of the men and women that serve and while we go through this significant force reduction ... it's still going to be the world's greatest Air Force," Cody said. "There is still going to be a lot of men and women out there that want to come in and serve their nation."

Airmen can join the conversation with the chief master sergeant of the Air Force by following him on Facebook.

HAWC running clinic improves form, decreases likelihood of injury

By Alex Salinas

Joint Base San Antonio-Randolph Public Affairs

For many service members and civilians, running is a vital part of their lives, so the Joint Base San Antonio-Randolph Health and Wellness Center is taking the extra step to make 'maintaining health' a priority by offering monthly natural-running clinic for the JBSA community.

Karl Leonard, HAWC exercise physiologist, said the clinic is not only important because they teach proper running fundamentals, but the information provided can help people avoid unnecessary injury and surgery resulting from bad running.

"About 90 percent of people who come through my doors are inefficient runners and are damaging their bodies," Leonard, who's been conducting Air Force running clinics for eight years, said. "In short, improper running is an epidemic in my experience, from young athletic Airmen to older individuals."

The clinic highlights the body mechanics of running, injury prevention, performance improvement for physical training tests, ideal running form, core strengthening and stabilization, flexibility, running shoe selection and how to make running more enjoyable, Leonard said.

This is accomplished through indoor classroom instruction and outdoor physical application, he said.

Senior Airman Adriana Charles, Air Force Personnel Center technician, said that after attending a clinic in November, her physical condition improved. A foot fracture has kept her on profile for two years.

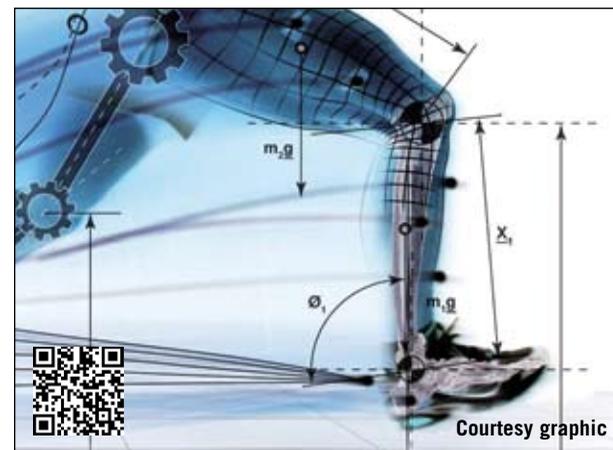
"I gained a lot of knowledge about the basics of running and what people do wrong, the right kind of shoes to buy, the proper posture and how to breathe correctly," she said. "Since then, I have been running according to the way I was taught that day and I've been doing very well, better than I expected."

Charles said Leonard gave the clinic a personal touch by recording the way participants ran, breaking down their mechanics and suggesting techniques for improvement.

For Master Sgt. David Ehrbar, 502nd Security Forces and Logistics Support Group NCO in charge of knowledge operations, attending the November clinic helped him dispel and affirm various running advice he'd received throughout the years.

"I learned I had some good foot strike but launched myself higher than necessary, putting more stress on my calves and Achilles tendons, and needed to have a straighter and more active arm swing and a slight forward lean," Ehrbar said. "When I incorporated this on a long run, I increased my pace and it was easier to correct myself when I got lazy."

According to Leonard, proper running form entails landing on the balls of the feet with a slightly forward



lean at a cadence of 180 beats per minute, which naturally shortens stride length and eliminates the tendency to strike the ground with heels first.

The clinic is open to anyone with JBSA-Randolph access.

To sign up, visit <https://app-eis.aetc.af.mil/fas/Randolph/default.aspx>, click on "Running Clinic" and then click "Register Here!"

Individuals are advised to wear exercise clothing and running shoes.

For more information, call 652-3967.

Water Conservation Tips

- Throw trimmings and peelings from fruits and vegetables into your yard compost to avoid using the garbage disposal.
- When you have ice left in a cup from a take-out restaurant, don't throw it in the trash, dump it on a plant instead.
- Have a plumber reroute your "greywater" to trees and gardens rather than letting it run into the sewer. Check city codes and if this is not allowed in your area, start a movement to get that changed.
- Keep a bucket in the shower to catch water as it warms up or runs, use this water to flush toilets or water plants.
- When you are washing your hands, don't let the water run while you lather.

(Source: 502nd Civil Engineer Squadron)



Arrive alive, don't drink and drive