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LACKLAND TALESPINNER

JOINT BASE SAN ANTONIO-LACKLAND, TEXAS • Vol. 71 No. 10 • March 14, 2014

Operation Papercut takes flight at JBSA- Camp Bullis

Photo by Senior Airman Colville McFee

Texas Army National Guard soldiers provide security while UH-60 Black Hawk helicopters take off during Operation Papercut March 1 at Joint Base San Antonio-Camp Bullis. Operation Papercut is a Texas Army National Guard deployment training exercise involving air assault training, medical air and ground evacuation and emergency medical treatment.

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ONLINE | http://www.jbsa.af.mil

Why do you serve?

By Lt. Col. Tammy L. McElhaney
Commander, JBSA-Lackland,
502nd Logistics Readiness Squadron

Since the day I raised my hand and took the oath to become an Air Force officer, I have been asked "Why did you join the military?"

For many years, my answer was about the same: I wanted to be a part of something that was bigger than me and I wanted to make a difference.

That question – and the answer – changed for me Sept. 11, 2001 at (then)Bolling Air Force Base, Washington, D.C., as our country was attacked by an enemy that shamelessly took the lives of service members and innocent civilians.

During the course of my 16-year career, there were multiple long deployments that changed my perspective on the world and the Air Force. This new and changed perspective led me to ask myself "Why do I continue to serve?"

My answer is very simple. I believe in what this great country of ours stands for: democracy, freedom, and equality. I continue to serve to protect and maintain these principles of our country. It is not an easy life, as being in the military takes its toll on all of us, physically and mentally.

For those days when the weight of the mission feels heavy on my shoulders, I only have to look into the eyes of my four-year-old daughter to be reminded of why I serve. It is truly for family, to include the sons and daughters of America entrusted into my care as a commander … my Airmen.

I know there will be times when I will be asked to leave my loved ones for extended periods of time and work long duty days, but that sacrifice protects our way of life. This sacrifice makes what we do in the military unique, and more than a job, because it holds true the definition of service before self.

So, here is my challenge to you, as change approaches our Air Force with the force management programs. I ask you to take a hard look in the mirror and ask yourself "Why do I continue to serve?"

If the answer back is anything more than for family and country, then it is time to reevaluate your priorities or just maybe even leave the military.

It sounds very harsh, but now is the time our Air Force needs selfless Airmen willing to meet new expectations and tackle emerging challenges to maintain our country's principles.

If you decide to continue to serve, then I and many others will be there standing beside you in the service of this great country as we lead our Air Force together into the future.

Think before you act: It only takes a second for your actions to go viral

By Christa D'Andrea
Air Force Recruiting Service Public Affairs

Have you ever done something you wish you could take back? Said something mean ... wrote something inappropriate ... behaved in a way that was disrespectful? I'm sure you have or you wouldn't be human.

However, in today's society some of these behaviors never go away, even if you tried to delete them. They are documented in Facebook status updates, Instagram photos, Vine videos and on a number of other social media sites. And it only takes a second for your documented actions to go viral.

You may know a few of our fellow Airmen (and Soldiers) recently made headline news for all the wrong reasons. Within the last few weeks photos that were taken several years ago popped up on a number of official Air Force Facebook pages, including ours. These photos show Airmen acting in a way that is utterly disrespectful and is not consistent with the Air Force's core values.

There is no need to perpetuate the situation by describing the photos to you, but as you can imagine one photo of one Airman can taint the American public's view of the Air Force and the type of people we employ as a whole.

As an Airman, you have the duty to be an ambassador for the U.S. Air Force; therefore, you must always be cognizant of your actions – in and out of uniform.

There is no margin for error in today's digital world where everyone has a camera and a video recording device in the palm of their hands. Air Force Instruction 1-1, "Air Force Standards," outlines what your responsibilities and standards of conduct are as an Airman. It also outlines the responsible use of social media and how it applies professionally and personally. Every Airman should be acutely aware of this AFI and its contents. When everything is laid out in front of you, there are no excuses about not knowing what you can and cannot do on social media.

Unfortunately, there are still some individuals who neglect to stop and think before they act. For those in the news

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Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

- JBSA-Fort Sam Houston: 466-4630
- JBSA-Lackland: 671-6397
- JBSA-Randolph: 652-7469

JBSA Sexual Assault Prevention and Response

JBSA SEXUAL ASSAULT HOTLINE • 808-SARC (7272)
DOD SAFE HELPLINE • (877) 995-5247
JBSA CRISIS HOTLINE • 367-1213
JBSA DUTY CHAPLAIN • 365-6420

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Deadline for story submissions is noon Wednesday the week prior to publication.

News in Brief

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

MONDAY

MORAL INJURY/PTSD WORKSHOP

The Wilford Hall Ambulatory Surgical Center chapel will conduct a moral injury/post-traumatic stress disorder workshop from 8-11:30 a.m.

Workshop participants will become familiar with moral injury, PTSD, major depression and other mental health disorders.

For additional information, contact Victor Walker at 292-7373. The reservation deadline is March 12.

THURSDAY

JBSA-LACKLAND SMSGT PROMOTION RELEASE SOCIAL

The senior master sergeant promotion release social is scheduled for 3 p.m. at the Gateway Enlisted Club Ballroom. Come out to celebrate and show your support to our new senior master sergeant selects.

INFORMATIONAL

STAFF SERGEANT TESTING MOVED

The 2014 staff sergeant testing window has been moved up 30 days. The new window is April 1 to May 16.

For additional information, call 671-8764.

ADDITIONAL TAP CLASSES

The JBSA-Lackland Military and Family Readiness Center has added additional classes to the Transition Assistance Program beginning in March.

All retiring or separating members must have completed the mandatory pre-separation briefing (Department of Defense Form 2648) prior to TAP enrollment.

For more information, contact the MFRC at 671-3722.

CLEP REGISTRATION PROCEDURES

National Test Centers – including all Joint Base San Antonio education centers – now require a registration ticket for admittance to College Level Examination Program testing. This does not apply to Digit Symbol Substitution Test exams. To sign up for a CLEP exam, go to https://clepportal.collegeboard.org/myaccount, create an account, register for the exam and print the generated ticket, which must be presented during your scheduled test appointment.

For information, call 671-8697.

AETC commander gets closer look at 59th MDW medical mission

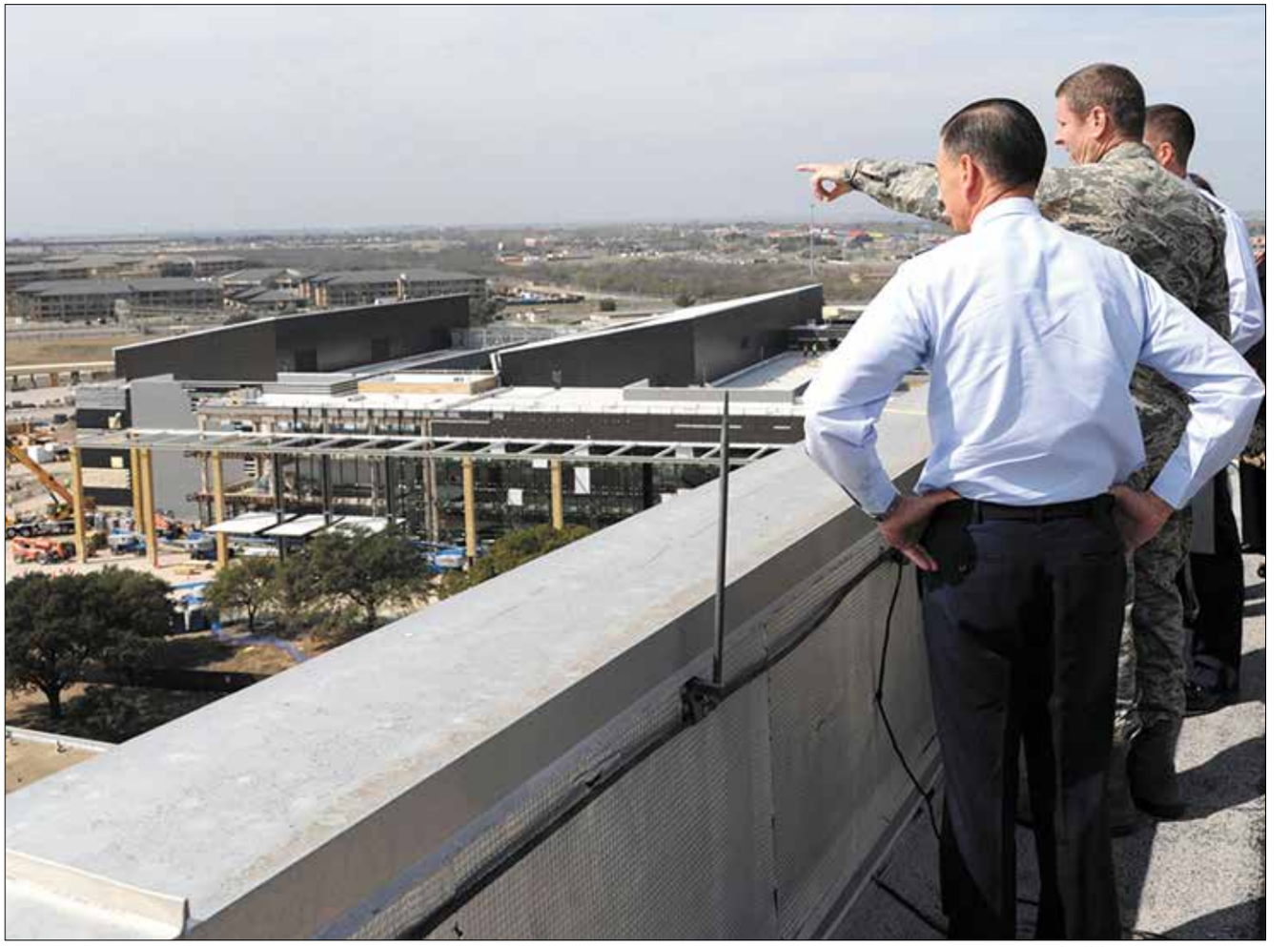

Photo by Staff Sgt. Jason Huddleston

Air Force Gen. Robin Rand, (center) Air Education and Training Command commander, overlooks the new Wilford Hall Ambulatory Surgical Center construction site during his immersion visit to the 59th Medical Wing Feb. 24, at Joint Base San Antonio-Lackland. The new WHASC will be the Defense Department's largest outpatient facility as part of San Antonio Military Health System, which cares about 250,000 beneficiaries in the greater San Antonio region.

By Staff Sgt. Jason Huddleston
59th Medical Wing Public Affairs

Air Education and Training Command's top leader recently visited the 59th Medical Wing to meet with Airmen and senior leaders, and learn more about the scope of its medical mission.

Gen. Robin Rand, AETC commander, viewed several areas throughout the Wilford Hall Ambulatory Surgical Center Feb. 24, including the wing's Refractive Surgery Center, Aeromedical Staging Facility and Clinical Research Division.

Rand also visited nearby Reid Clinic, whose medical staff cares for more than 86,000 trainees, technical training students, Defense Language Institute and Inter-American Forces Academy students annually.

Rand also hosted commander's calls throughout the day and had lunch with junior 59th MDW Airmen. His primary message was simple – get to know the Airmen around you, let them know you care about them and teach each other how to be great Wingmen.

Charged with ensuring the education and training of all Airmen, the general also spoke about the importance of the medical mission in rela-

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Members of the 433rd Operations Group greet Col. Adam Willis, 433rd Operations Group commander, with a spray of water after his fini flight, Mar. 4, at Joint Base San Antonio-Lackland, Texas. The "fini-flight" is a time-honored military aviation tradition that marks the last flight of a pilot's time with a squadron. Willis leaves the "Alamo Wing" to be the commander at the 908th Airlift Wing, Maxwell AFB, Ala.

433rd OG commander completes fini flight

Story and photo by Senior Master Sgt. Minnie Jones
433rd Airlift Wing

In a tradition nearly as old as military aviation itself, Col. Adam Willis, 433rd Operations Group commander, completed his final flight here on March 4.

The colonel's last flight, otherwise known as fini flight, follows a tradition in which aircrew members, upon completion of their final flight with the wing, are met and hosed down with water by their squadron's comrades, family and friends.

Willis served as the commander of the operations group from Sept. 11, 2011 to February 2014, and he leaves the "Alamo Wing" to serve as commander for the 908th Airlift Wing, Maxwell AFB, Ala.

MISSION PARTNER IN ACTION – 3RD COMBAT CAMERA

Photos by Senior Airman Cory Payne, 3rd Combat Camera Squadron

Senior Airman Colville McFee, 3rd Combat Camera Squadron combat photojournalist, reads from a teleprompter during a sickle cell trait informational production March 4 on Joint Base San Antonio-Lackland. The sickle cell trait video is intended to inform basic military trainees of their condition and what signs and symptoms they must be aware of.

James Jones (center), 3rd Combat Camera Squadron production producer director, instructs 3CTCS Airmen on composing interview shots.

Air Force Assistance Fund Campaign

Give today to help an Airman tomorrow

By Gen. Robin Rand
Commander, Air Education and Training Command

I am pleased to announce the 41st annual Air Force Assistance Fund Campaign.

This year's theme of "Commitment to Caring" continues to capture our proud heritage of taking care of our own through four Air Force charities: the Air Force Aid Society takes care of Airmen and their families, with emergency assistance, educational loans, spouse tuition and base enhancement projects; the Air Force Village and Air Force Enlisted Village provide our retirees' widows and widowers with a home and caring community among fellow Air Force family members; and the LeMay Foundation seeks out and provides the same group short- or long-term financial grants.

I ask you to consider supporting this campaign for the benefit of our fellow Airmen.

Collectively, we are an Air Force family; and this is one of the many ways we can help take care of every family member.

Let's pay it forward now because we never know when the day may come that we are in need. Give today to help an Airman tomorrow.

Gen. Robin Rand

An opportunity to help our fellow Airmen

By Brig. Gen. Bob LaBrutta
Commander, 502nd Air Base Wing and Joint Base San Antonio

The annual Air Force Assistance Fund campaign for Joint Base San Antonio will be kicking off on March 24 and runs through May 2, giving us all another opportunity to help our fellow Airmen when they need it most. The AFAF campaign supports four charities that are dedicated to caring for Airmen from induction through retirement and beyond.

The four charities are the Air Force Aid Society, Gen. and Mrs. Curtis E. LeMay Foundation, the Air Force Village and the Air Force Enlisted Village. These charities are not a part of the Combined Federal Campaign lineup you've seen. Instead, they are an example of Air Force people taking care of their own. Our annual campaign demonstrates this fact; Airmen take care of Airmen!

Our combined goal for JBSA this year is $363,000. With your help, I am positive we can exceed our goal.

You should soon be seeing a key worker visiting your work center to let you know all about the charities, answer any questions you may have, and give you the opportunity to donate if you should so choose.

You'll also be able to participate in fundraising events by way of helping or donating – either way, please get involved if you can! I invite our private organizations and units to be creative and have fun with your fundraisers for AFAF during our six week campaign.

While the average Air Force installation has historically had between a 19 and 30 percent participation rate from their active duty members, I believe JBSA can certainly exceed the average! Remember, just a few dollars a month from your paycheck will ensure your fellow Airmen will have the assistance they need when they need it the most!

Thank you in advance for your consideration and for continuing our proud tradition of supporting the AFAF Campaign. If you have any questions or need additional information, please contact the JBSA installation project officer, 1st Lt. Amy Torres, at DSN 473-2282, or assistant installation project officer, Master Sgt Rolland Thomas, at DSN 945-4896.

Brig. Gen. Bob LaBrutta

Air Force Assistance Fund Installation Project Officers

Joint Base San Antonio installation project officer:
1st Lt. Amy Torres
671-5492

JBSA assistant IPO:
Master Sgt. Roland Thomas
925-4896

JBSA-Lackland IPO:
Capt. Drew Cutler
671-2007

JBSA-Lackland assistant IPO:
Master Sgt. Justin Tischler
925-4883

JBSA-Randolph IPO:
Capt. Christopher Osborne
652-6849

JBSA-Randolph assistant IPO:
Master Sgt. Chadwick Burke
925-3438

JBSA-Fort Sam Houston IPO:
Vacant

JBSA-Fort Sam Houston assistant IPO:
1st Lt. Julie Casanova
295-4985

Fire extinguishers 101

From Joint Base San Antonio Fire and Emergency Services

Did you know that a dangerous fire can start from a simple incident?

Take for example he family dog accidently bumps the table during play, and knocks over candles ... within moments flames spread across the table cloth. Or roasting chicken begins to burn and dark smoke starts billowing out from the oven.

When a fire ignites, that is not the time to buy a fire extinguisher nor is it the time to learn how to use one.

The use of a fire extinguisher in the hands of a trained adult can be a life- and property–saving tool. According to the U.S. Fire Administration, many adults have not had fire extinguisher training and may not know how and when to use them. Fire extinguisher use requires a sound decision-making process and training on proper use and maintenance.

When choosing a fire extinguisher to buy or use, there are questions that should be considered. The first is "What type of fire extinguisher is needed?"

Different types of fires require different types of extinguishers. There are five different types of extinguishing agents. Most fire extinguishers display symbols to show the kind of fire on which they are to be used.

• Class A extinguishers put out fires involving ordinary combustible materials such as cloth, wood, rubber, paper and many plastics.
• Class B extinguishers are used on fires involving flammable liquids – such as grease, gasoline, oil – and oil-based paints.
• Class C extinguishers are suitable for use on fires involving appliances, tools or other equipment that is electrically energized or plugged in.
• There are also multi-purpose fire extinguishers including those labeled "B-C" or "A-B-C" that can be used on two or more fire types.

The next question is, "Is the fire at a size where it might still be controlled by a fire extinguisher?"

Portable fire extinguishers contain a limited amount of extinguishing agent and are valuable for immediate use on small fires when properly used. For example, when a pan initially catches fire, it may be safe to turn off the burner, place a lid on the pan and use an extinguisher. However, by the time the fire has spread these actions will not be adequate. Only trained firefighters can safely extinguish such fires.

Use a fire extinguisher only if:

• A person alerted other building occupants and has called the fire department.
• The fire is small and contained to a single object such as a wastebasket.
• Everyone is safe from inhaling the toxic smoke produced by the fire.
• There is an identifiable means of escape and the route is not blocked by fire.
• The situation allows for safe use of an extinguisher.

Do not attempt to use a fire extinguisher if all of these conditions are not present. Instead, alert other occupants, to leave the building using a home escape plan, go to the agreed upon meeting place and call the fire department from a mobile phone or a neighbor's home.

The final question is "Are they physically capable of using the extinguisher?"

Some people have physical limitations that might diminish or eliminate their ability to properly use a fire extinguisher. People with disabilities, older adults or children may find that an extinguisher is too heavy or it may be difficult for them to exert the necessary pressure to operate the extinguisher.

Before a situation that requires the use of a fire extinguisher occurs, there are maintenance tasks that should be done regularly to ensure the extinguisher works properly in an emergency.

Fire extinguishers need to be regularly checked to ensure that:

• The extinguisher is not blocked by furniture, doorways, or anything that might limit access in an emergency.
• The pressure is at the recommended level. Some extinguishers have gauges that indicate when the pressure is too high or too low. Find out from the owner's manual, the label or the manufacturer when an extinguisher needs pressure testing.
• All parts are operable and not damaged or restricted. Make sure hoses and nozzles are free of debris. There should not be any signs of damage or abuse, such as dents or rust.
• The outside of the extinguisher is clean. Remove any oil or grease that might accumulate on the exterior.
• Shake dry chemical extinguishers once a month to prevent the powder from settling or packing. Check the manufacturer's recommendations.
• Immediately replace the extinguisher if it needs recharging or is damaged in any way.

Sound decision making, training and maintenance are all required to safely control a fire with an extinguisher. For this reason, the United States Fire Administration and Joint Base San Antonio Fire and Emergency Services recommends that only those trained in the proper use and maintenance of fire extinguishers consider using them.

Contact the JBSA-Lackland Fire and Emergency Services for more information at 671-2921.

(Reference: United States Fire Administration)

ACTIONS from Page 2

recently, something they may have found funny in the moment is now haunting them. And in one case, there were multiple people in the situation and not one person thought to stop and think about the consequences of what they were about to do. The result – their images as Airmen are forever corrupted.

Social media is not the enemy. It's actually a fantastic venue to inspire and talk to others about what the Air Force has to offer, what it's like to be part of something bigger than yourself, and what an honor it is to be an Airman. In your personal life, it's a lifeline to friends near and far.

You, in fact, can be your own worst enemy. Don't become the subject of the next viral photo or video. Hold on to your personal self-worth and live by the Air Force's core values daily.

Be a great Airman first and ensure the Air Force image – and your image – always mirror the core values.

VISIT from Page 3

tion to the rest of the Air Force.

"I have a special affinity for medics. I've served with you in combat and know how important military medicine is in combat," said Rand. "I've seen it and lived it first hand and just want to tell you how much I appreciate what you've done for our Air Force and our country."

Of particular significance was the status of several military construction projects at Joint Base San Antonio-Lackland, to include the new Wilford Hall Ambulatory Surgical Center, the San Antonio Military Medical Center's hyperbaric medicine addition and the Reid Clinic replacement.

Maj. Patrick Ryan, of the Air Force Medical Support Agency Health Facilities Division, said it was important to familiarize Rand with the plethora of MILCON projects underway in San Antonio.

"We appreciate the opportunity to showcase the new WHASC to general and Mrs. Rand," Ryan said. "There is a great deal of work underway in JBSA to modernize health care facilities in order to support high quality patient care."

Photo by Staff Sgt. Jerilyn Quintanilla

Air Force Gen. Robin Rand, (center) Air Education and Training Command commander, hosts a lunch with junior enlisted Airmen assigned to the 59th Medical Wing Feb. 24 at the Wilford Hall Ambulatory Surgical Center, Joint Base San Antonio-Lackland. Rand and Chief Master Sgt. Gerardo Tapia, AETC command chief, toured the 59th MDW to learn more about its military medical mission. This was Rand's first visit to the wing since taking command of AETC in October 2013.

BMT HONORS

Congratulations to the following 66 Airmen for being honor graduates among the 662 Air Force basic military trainees who graduated today:

320th Training Squadron
–Flight 177
Edvinas Berezniovas
Jordan Boswell
Thomas Decarlo
Jeremy Flores
Leroy Holmberg
Jason Koll
Austin Laux
Kevin Parker
Taylor Sanford
Gerard St. George
–Flight 178
Ryan Anzil
Steven Siegel
Keenan Wolfe
Colin Bishop
Kevyn Jongewaard
Kevin Lambert
Hogan Burke
Kyle Perkins
David Read
Nathanial Scearce
Robert Yurko Jr.

322nd Training Squadron
–Flight 189
Sean Conners
David Crowe
Frank Petrine
Zachary Randolph
Riley Smith
–Flight 190
Marrisa Gajeski
Kathryn Heeran
Ayana Hinton
Abigail Hulen
Rebekah Londoff

323rd Training Squadron
–Flight 184
Blake Wicker

324th Training Squadron
–Flight 179
Bryant Hodge
Denzel Miles
Luke Nevienski
Nicholas Oxender
–Flight 180
Allison Frank
Chris Hess
Kristin Hingstrum
Karissa Kayfes
Tiffani Waterfall

326th Training Squadron
–Flight 185
Carlos Brown
Patrick Fedrich
Darrick Marik
Austin Matheis
Anthony Romeo
Justin Stoudt
–Flight 186
Ashley Bennefeld
Shannon Echeverri
Diamand Franklin
Ayana Gill
Aramis Hubbard
Kristin Jackson
Lee-Anne Sherman
Chelsey Smith
Bridgette Young

331st Training Squadron
–Flight 181
Christopher Addington
Hunter Auvil
Anthony Huber
Phillip Ruple
Zackery Stufflebeam
Connor Thompson
Michael Wolfle
–Flight 182
Jessica Rogers
Laryssa Sircy
Erin M. Weir

Top BMT Airman
Chris Hess
324th TRS, Flight 180

Most Physically Fit
–Male Airman
John Hernandez
321st TRS, Flight 187
Pablo De Los Rios
331st TRS, Flight 181
331st TRS, Flight 181
Darrick Marik
326th TRS, Flight 185
–Female Airmen
Andrea Uchiyama
322nd TRS, Flight 190
Meaghan Kelly
322nd TRS, Flight 190
Tatiana Ortiz
324th TRS, Flight 180
–Male Flights
320th TRS, Flight 177
321st TRS, Flight 187
326th TRS, Flight 185
–Female Flights
326th TRS, Flight 186
322nd TRS, Flight 190
324th TRS, Flight 180

Top Academic Flights
320th TRS, Flight 177
324th TRS, Flight 180
320th TRS, Flight 178
323rd TRS, Flight 183
326th TRS, Flight 185
323rd TRS, Flight 184
324th TRS, Flight 179
331st TRS, Flight 181
322nd TRS, Flight 189
322nd TRS, Flight 190
326th TRS, Flight 186
321st TRS, Flight 188
321st TRS, Flight 187
331st TRS, Flight 182

ANG conference encourages collaboration

Photo by 2nd Lt. Meredith Hein

Members of the Air National Guard Space, Cyber Warfare and Information Operations Weapons Systems Council participate in a discussion during their semi-annual meeting Feb. 25 at Joint Base San Antonio-Lackland. The group met to discuss the way forward for cyber operations within the ANG.

By 2nd Lt. Meredith Hein
24th Air Force Public Affairs

The Air National Guard Space, Cyber Warfare and Information Operations Weapons Systems Council held their annual meeting at Joint Base San Antonio-Lackland Feb. 25-26 to discuss the way forward for cyber operations within the ANG.

"We want to have strong relationships going forward. We want the active duty wings to know we're here," said Brig. Gen. John McCoy, director of the joint staff for the state of Wisconsin and Air National Guard assistant to the commander, 24th Air Force. "The more we can align ourselves with the total force, the better off we'll be."

The goal of the meeting was to synchronize Air National Guard cyber units with their associated active duty representatives, to hear thoughts and concerns and to promote collaboration and partnership between the organizations.

"We're aiming to build relationships in the areas where each of our units fits in the wing or the group," said Col. Robert Burris, Guard advisor to the commander, 24th Air Force. "We want to be real contributors. We want to be part of the solution the total force brings to the cyber fight. That's where we'll be in the future."

Currently, 10 ANG units conduct cyber operations with roughly 600-800 people total. These activities are spread across several specialties in conjunction with 24th AF's core missions, focusing on three lines of effort:

1. Operate the Air Force Information Network.
2. Defend the AFIN, key information systems and specified networks.
3. Engage the adversary.

"One of the best things the Guard can do is translate what each unit is doing in cyber. We build what we can do at the unit level so we can articulate to active duty," said Burris. "This, more than any other space, is dynamic and changing. We need to be involved in that change and foster that integrated approach toward meeting the demand signal of U.S. Cyber Command."

The goal of the council, according to Col. David Walker, council chairman, is to advise the ANG commander on the council's priorities. The semi-annual meeting is a chance for the council representatives to formalize their units and highlight any forthcoming issues.

"It's important, when we're geographically separated, to keep everyone informed," said Maj. Kristy Leasman, 273rd Information Operations Squadron director of operations, who volunteered to host the event. She has been working for the Texas ANG for seven years and has been involved in cyber-related missions with many of the units in San Antonio.

We are shooting to complement, not contradict, one another among active duty, Guard and Reserve forces, said Col. Paul Welch, 24th AF vice commander. "Members need to be in the right status with the right authority to execute the mission. The benefits of citizen warriors are amplified in this domain. Bringing that expertise to this mission space is absolutely critical."

Red Flag showcases ISR, coalition integration

By Wayne Amann
Air Force ISR Agency Public Affairs

As the United States Air Force's premiere air-to-air combat training exercise, Red Flag continues to evolve by honing the skills of its participants to meet real world challenges.

In 2013, real time intelligence, surveillance and reconnaissance was introduced for the first time in 38 years, making the scenario environment at the Nellis Air Force Base, Nevada Test and Training Range, the most realistic to date.

Last year's success set the stage for Red Flag 14-1, from Jan. 27 to Feb. 14, and another first for the Air Force ISR Agency headquarters/526th Intelligence Squadron team of professionals.

"For the first time ever we had coalition partners working closely with their U.S. partners in planning and executing ISR," said Lt. Col. Byron Birotte, 526th IS commander. "They were heavily involved in executing the ISR package commander concept and the exploitation of raw intelligence."

During Red Flag, the 526th IS is responsible for command and control of ISR using the ISR package commander position spearheaded by the Air Force ISR Agency. The ISR package commander plans, coordinates and executes ISR missions to ensure synchronized and de-conflicted ISR collection efforts, maximizing and integrating sensors and sources.

The 526th IS plays an integral part in scenario development, thus fostering an effective learning environment for ISR and combat Air Force professionals. Besides planning and executing, the environment includes an advanced debrief for airborne ISR crews, the ISR Division representative, strike assets, sister services, coalition partners and the Distributed Ground System.

"Thanks to the tremendous work of my staff and the people at the 526th IS, we've been able to stand-up a DGS 'like' capability supporting the Air Force Warfare Center and Red Flag exercises in a very short time, for a fraction of the expected cost," said Maj. Gen. John Shanahan, Air Force ISR Agency commander. "In return, our professional ISR airmen receive a place to hone their skills as they lead ISR teams in the exercise environment, learn how best to interact with the combat air forces and coalition partners, and demonstrate capabilities to those who most need to understand what we bring to the fight."

The themes for Red Flag 14-1 included tactical digital link integration; operational reconnaissance and robust collection management in a contested, degraded operationally limited environment; and cyber ISR integration.

"The 526th IS was at the center of it all," Birotte said. "The Cyber ISR Integration was an important initiative the squadron implemented. Using a coordinated strategy both traditional and Cyber ISR exploited and collected on similar objectives and targets."

Lessons learned from last year's Red Flag exercise were successfully applied in 2014. Additional systems capabilities were available to exploit full motion video and high altitude geospatial intelligence data providing an integrated collection strategy for signals, imagery and measurement and signature intelligences to leverage the federated Distributed Common Ground System enterprise.

"Last year we learned more on how to operate ISR in a contested, degraded operationally limited environment," Birotte said. "This year we applied those lessons to improve ISR integration, communication and coordination between all the ISR assets and sources."

Looking down range at the bigger picture, Air Force ISR Agency participation at Red Flag positions the intelligence community and the national mission well to meet future challenges.

"For the last 12 years our nation and intelligence community has needed to become very good at counter-insurgency operations," Shanahan said. "Now we're tasked to prepare for the next fight, a fight where we won't necessarily dominate the airspace above the theater of operations - what we call a 'high-end' fight."

The general added that from an ISR perspective, most of what they've been practicing and many of the systems they've fielded were designed around operations in a permissive environment.

"As we retrain and refocus our Air Force and the ISR community for tomorrow's war, we need a place to shake out new ways of doing things, and new concepts for how to operate with the equipment we have, and the equipment we'll be getting soon," Shanahan said. "The perfect place to do that is Red Flag and the Nellis environment where we can demonstrate to future Air Force leaders the power of ISR that is often taken for granted."

U.S. Office of Personnel Management director discusses diversity in federal work force

By Army Staff Sgt. Corey Baltos
Army North Public Affairs

Katherine Archuleta, the director of the U.S. Office of Personnel Management, spoke to members of the Alamo Federal Executive Board March 5 at the Fort Sam Houston Golf Club about the direction she wants to take the federal work force during her tenure.

"My major priority as the director of OPM is to build an engaged, inclusive, diverse and well-trained federal work force for the 21st Century," said Archuleta, who was sworn in as the 10th OPM director Nov. 4, 2013 and is the first Latina to head the agency.

She also said the federal government needs to retain quality employees and recruit new skilled workers.

"We need ethnic, racial and gender diversity in our workforce," she said. "I want to make sure everyone has opportunities."

Robert Naething, deputy to the commanding general, U.S. Army North (Fifth Army), said that the director's comments about diversity in the work force really hit home for those on the Army North team.

"This command is totally committed to not just hiring the right people, but ensuring we challenge them intellectually and develop them professionally so they stay with our team as valuable members throughout their career," he said.

One of the keys to keeping and recruiting new employees are the Federal Executive Boards, which are located in 28 cities around the United States. The FEB was established in 1961 as a forum for communication and collaboration among federal agencies working outside the beltway with Washington D.C.

"You are engaged with the local community," Archuleta said. "Fifty-eight percent of our federal work force is outside Washington D.C."

The OPM director also discussed the need to develop and train current employees so they can remain competitive in today's environment.

Photo by Army Staff Sgt. Corey Baltos
Katherine Archuleta, director of the U.S. Office of Personnel Management, spoke to members of the Alamo Federal Executive Board March 5 at the Fort Sam Houston Golf Club about the direction she wants to take the federal work force during her tenure.

WATER CONSERVATION TIPS!

• Insulate all hot water pipes to reduce the delays and wasted water experienced while waiting for the water to "run hot."

• Be sure the water heater thermostat is not set too high. Extremely hot settings waste water and energy because the water often has to be cooled with cold water before it can be used.

• Use a moisture meter to determine when houseplants need water. More plants die from overwatering than from being on the dry side.

• Install an automatic rain/wind shutoff device on lawn sprinkler systems.

• Use mulch around landscaped plants to reduce evaporation and weed growth.

(Compiled by 502nd Civil Engineer Squadron)

DID YOU KNOW?

File with caution, common tax scams to avoid

If something sounds too good to be true, it probably is. Oftentimes taxpayers fall victim to scammers during tax season. They hear promises of lower taxes, huge refunds or settlements of back taxes. Individuals may also try to scam the Internal Revenue Service themselves by hiding income or reporting more expenses.

Each year the IRS compiles a list of the "dirty dozen" tax scams, a variety of common scams taxpayers can encounter at any point during the year. But many of these schemes peak during filing season as people prepare their tax returns.

The full list of the dirty dozen can be found here, http://www.irs.gov/uac/Newsroom/IRS-Releases-the-"Dirty-Dozen"-Tax-Scams-for-2014;-Identity-Theft,-Phone-Scams-Lead-List

Based on the dirty dozen, the 502nd Installation Support Group, Judge Advocate wants all Joint Base San Antonio taxpayers to keep the following in mind.

• Taxpayers should be wary of anyone or any communication (phishing emails and websites, harassing phone calls) that claim to be from the IRS and ask for personal information or demand payments. The IRS does not email individuals asking for personal information. Report any suspected phishing to the IRS by sending it to, phishing@irs.gov. If tax fraud or scams are suspected, contact the IRS.

• Fraudulent filing can result in serious penalties. Hiding income offshore, claiming more expenses, less income, zero income, false exemptions and other practices can result in financial penalties and criminal prosecution.

• Filing scams can take many forms. Taxpayers should avoid any filing service that promises large returns and "free money" but has suspect practices like asking for large fees or not providing the customer with copies of the filings. Fraudulent filing services also can put tax payers at risk of identity theft and loss of their returns. Remember, no matter who files the return, the taxpayer is ultimately responsible for what is on their forms. For tips about choosing a preparer, details on preparer qualifications and information on how and when to make a complaint, view IRS Fact Sheet 2014-5, "IRS Offers Advice on How to Choose a Tax Preparer."

Military members, dependents and retirees can take advantage of free tax preparation on base at the Military Tax Assistance Centers. Contact for hours and locations; JBSA-Fort Sam Houston, 295-1040/916-1040; JBSA-Lackland, 671-8331/8475; JBSA-Randolph, 652-1040.

(Information compiled from the IRS with assistance from the 502nd ISG, JA)

National Women's History Project

CELEBRATING WOMEN OF CHARACTER, COURAGE & COMMITMENT

March 15
Volunteer Event
10 a.m. to 1 p.m.
Women/Children Shelter
Please contact for details.

March 17
Women's Health Seminar
11 a.m. to 1 p.m.
Wilford Hall Ambulatory Surgical Center Atrium

March 21
Volunteer Event Clothes Drive
8 a.m. to noon
Wilford Hall Ambulatory Surgical Center

March 28
Federal Women's Week Luncheon
11 a.m. to 1 p.m.
Gateway Club

March 31
Volunteer Event
7:45 - 9 a.m.
Women/Children Shelter

New apps provide Airmen mobile medical education, tools

By Capt. Jen Richard
Air Education and Training Command Public Affairs

Two free mobile applications produced by the Center of Excellence for Medical Multimedia are now available for Airmen and all military health system beneficiaries.

The CEMM released two mobile apps in 2013, the CEMM Virtual Medical Center app and a pregnancy app called "My Pregnancy A to Z Journal." The apps are available for free download from the iTunes store as well as the Android Market.

"These applications were built to provide the ease and speed of information to patients so they can have these resources at their fingertips," said Lt. Col. Constance Smith, CEMM director.

The CEMM Virtual Medical Center app includes three main elements: a Military Treatment Facility locator, a TRICARE Plan finder and a section on patient education.

Within the patient education section, app users can look up immunization information, see lists of common health questions, view animations of medical terms or diseases, access an extensive CEMM library and even list and track their own prescriptions.

"The CEMM VMC app features a medication reminder system; this is a valuable tool especially for patients who have difficulties remembering to take their medication," said Smith. "Patients can input what medication they are taking and what time they need to take the medication, and the mobile app can remind them when they need to take it."

The pregnancy app includes a variety of features, including a tool for uploading and sharing photos or images such as ultrasounds, a mobile journal, an events log, a health statistics tracker and more. The app can also be programmed to push notifications to expectant mothers depending on their stage of pregnancy.

"For example, if a mother is at her second trimester we can push information to her mobile device providing medical recommendations that she may need at that time," said Smith.

The CEMM VMC app and the "My Pregnancy A to Z Journal" app are the first two mobile applications created by the CEMM. The CEMM is an Office of the Air Force Surgeon General initiative, located on the United States Air Force Academy, Colo., with the mission of providing interactive multimedia medical patient education throughout the military health system.

The development and roll-out of the pregnancy app involves not only the CEMM, but also the U.S. Department of Veterans Affairs, the Uniformed Services University of the Health Sciences, and other service branches. The VA has shared information about the app to its Women Veteran Program Managers, Women's Health Medical Directors and Maternity Care Coordinators, and also plans to publicize the link through its Clinical Practice Guidelines site.

The Army also is utilizing "My Pregnancy A to Z Journal," with the app featured on the U.S. Army Medical Department site. Currently, the Uniformed Services University of the Health Sciences is conducting a clinical trial of the pregnancy app and results can be used to continue to shape the app to patients' needs.

The CEMM is already planning the release of their next mobile application, an app called "eWellness" that is scheduled to be available for download in summer 2014.

The wellness app will allow users to track and learn more about aspects of their general health as well as certain

See **APPS** Page 16

LOCAL BRIEFS

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

SATURDAY

EXPRESS/CLASS SIX HOURS CHANGE

The Army & Air Force Exchange Services Express/Class Six, building 2306 next to Popeye's chicken, will begin new hours of operation Saturday. The new hours will be 5 a.m. to midnight daily.

TUESDAY

CUSTOMER SUPPLY TRAINING

The 502nd Logistics Readiness Squadron's Equipment Accountability Element conducts three classes the third Tuesday each month in building 5160, second floor conference room.

The classes and start times are: Block I General Supply Training, 8 a.m.; Block II Bench Stock Training, 8:45 a.m.; and Block III Equipment Custodian Supplemental/ Refresher Training, 9:30 a.m.

Contact Ray Holland or Eugene Owens at 925-1140 or 671-3801.

MARCH 22

DIAMONDS AND DENIM DINNER

The Wilford Hall Auxiliary will host its third annual Diamonds and Denim dinner and charity auction at 6 p.m. March 22. Tickets are $40 for the event, which will be held at Oak Hills Country Club, 5403 Fredricksburg Road. Email rsvpwha@gmail.com by Sunday for reservations.

MARCH 26

ENLISTED ASSOCIATION MEETING

Chapter 80 of the Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the Gateway Club. Call 658-2344.

MARCH 27-28

JBSA JOINT NCO SEMINAR

A Joint Base San Antonio joint NCO professional development seminar will be held March 27-28 from 8 a.m. to 4 p.m. each day in the Medical Education Training Campus auditorium, building 1467, at JBSA-Fort Sam Houston.

The two-day course, sponsored by Security Hill Top III, is designed to build a joint interoperability mindset for all JBSA NCOs by introducing them to sister - and joint - service performance reporting, award writing, career progression, physical fitness standards and finish with Project X. The registration deadline is Wednesday. For more information, contact Master Sgts. Donnie Pleasant at 977-2073 or Alberto Maldonado at 977-5723.

MARCH 29

JBSA FAMILY CAMP OUT

The Joint Base San Antonio Family Campout will be held at Canyon Lake. Cost is $35 per family and preregistration is required by March 26. The campout includes a tent, sleeping bags on request, a spot at the campsite and an activity. For more information, call 671-2388.

APRIL 2

VOLUNTEER RESOURCE FAIR

The Joint Base San Antonio-Lackland Military and Family Readiness Center will host a volunteer resource fair from 9 a.m. to noon at Arnold Hall Community Hall.

Volunteer organizations or their point of contact that are interested in participating can call the MFRC at 671-3722 for information.

INFORMATIONAL

NEW NORTH TROOP STORE HOURS

The North Troop store, building 10345, has changed its hours of operation. The new operation hours are 7 a.m. to 8:30 p.m., seven days a week.

DLIELC SEEKS VOLUNTEERS

The Defense Language Institute English Language Center needs volunteers for its American Members of Goodwill to Others program.

AMIGOs help DLI international students become acquainted with American culture and way of life. AMIGOs also give DLI students an opportunity to practice speaking English.

To volunteer, contact Dawna Hollie, AMIGO program manager, at 671-7700.

EXCHANGE REWARDS GOOD GRADES

The Army & Air Force Exchange Service will reward military students in grades 1-12 who maintain a "B" or better average with the "You Made the Grade" program.

The program has rewarded school children around the world for the past 13 years with a coupon booklet of free products and discount offers. In addition, qualifying students can register for a semiannual sweepstakes to win a $2,000, $1,500 or $500 gift card.

Students can receive a "You Made the Grade" booklet by presenting a valid military ID and proof of an overall "B" average at the Lackland Exchange customer service desk or the general manager's office in building 1251. Those eligible may receive one coupon booklet for each qualifying report card.

For more details, call 674-6465.

502ND LRS CUSTOMER SERVICE

The 502nd Logistics Readiness Squadron Customer Service is the primary focal point for all supply-related questions, concerns, complaints, Zero Overpricing Program and Defense Reutilization and Marketing Office transactions.

Contact customer service at 671-2575/3611/3801, 925-1490/1049/1048, or email 502lrs.customerservice@lackland.af.mil.

MOTORCYCLE SAFETY CLASS

The Air Force Safety Office has contracted with Cape Fox Professional Services to hold a Motorcycle Safety Foundation class in mid-March at Joint Base San Antonio-Lackland to train volunteer military motorcycle instructors.

Bill James, JBSA traffic safety manager, said the eight-day Rider-Coach preparation class will be held from Monday to March 26.

For details, call 671-6274.

CHAPEL SERVICES

—PROTESTANT

• Freedom Chapel – building 1528

Contemporary Service	Sun.	9:30 a.m.
Religious Education	Sun.	11 a.m.
Gospel Service	Sun.	12:30 p.m.
Spanish Service	Sun.	3 p.m.
AWANA	Wed.	6 p.m.

• Gateway Chapel – building 6300

Liturgical Service	Sun.	11 a.m.

—DENOMINATIONAL

• BMT Reception Center – building 7246

Church of Christ	Sun.	7:30 a.m.

• Gateway Chapel – building 6300

Seventh-day Adventist	Sat.	12:30 p.m.

• Education Classroom – building 5200 Room 108

Christian Science	Sun.	7:30 a.m.

—PENTECOSTAL RE

• Gateway Chapel – building 6300

Pentecostal RE	Sun.	2:30 p.m.

—ORTHODOX CHRISTIAN

• Gateway Chapel – building 6300

Divine Liturgy	Sun.	8 a.m.

—WICCA

• BMT Reception Center – building 7246

Military Open Circle	Sun.	12:30 p.m.

• Freedom Chapel – building 1528

Military Open Circle	First Tues.	6 p.m.

—REFUGE STUDENT CENTER

• building 9122 (Tech Training & TDY Students)

Wednesday Bible Study	6:30 p.m.
Thursday	6 – 8 p.m.
Friday	6 – 11 p.m.
Saturday	Noon to 9 p.m.
Sunday	11 a.m. to 5 p.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

• Gateway Chapel – building 6300

Religious Education	Tues.	6:30 p.m.
LDS Institute	Thurs.	6:30 p.m.
LDS Service	Sun.	1 p.m.

—JEWISH

• Gateway Chapel – building 6300

Sabbath & Kiddush	Fri.	4:30 p.m.
Religious Education	Sun.	1:30 p.m.

—ROMAN CATHOLIC

• Freedom Chapel – building 1528

Religious Education	Sun.	9 a.m.
Reconciliation	Sun.	10 a.m.
Mass	Sun.	11 a.m.
	Sun.	5 p.m.
Reconciliation	Sun.	4:15 p.m.

• Gateway Chapel – building 6300

Daily Mass Mon., Tues. and Thurs. 11:30 a.m.

Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

• Global Ministry Center – building 7452

Jummah Prayer	Fri.	12:45 – 1:15 p.m.
Religious Education	Sun.	9 a.m.

OTHER FAITH GROUPS

• BMT Reception Center – building 7246

—Buddhist	Sun.	10 a.m.

• Gateway Chapel – building 6300

—Eckankar

First, third and fifth Saturdays 12:30 p.m.

—Baha'i

First, third and fifth Saturdays 11 a.m.

For more details, contact

Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911

JBSA-LACKLAND

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.af.mil
My Air Force Life	http://www.MyAirForceLife.com

WHAT'S HAPPENING

Family Support Events

ALL CLASSES, SEMINARS, MEETINGS AND EVENTS ARE HELD AT THE MILITARY AND FAMILY READINESS CENTER, BUILDING 1249, *UNLESS NOTED BELOW.* CALL MFRC AT 671-3722 FOR ADDITIONAL INFORMATION.

FRIDAY

▶ Federal Resume Process class, Arnold Hall, noon to 2 p.m. Class sizes are limited and registration is required. Call 671-3722.

▶ AMVETS national service officer available by appointment only. For information, call 773-354-6131.

MONDAY

▶ Resume writing techniques class, Arnold Hall, noon to 2 p.m. Class sizes are limited and registration is required. Call 671-3722.

▶ Family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.

▶ Post-deployment briefing, required for all Airmen returning from deployment, 502nd Logistics Readiness Squadron IDRC briefing room, 2:30-3:30 p.m., building 5160.

▶ AMVETS national service officer available by appointment only. Call 773-54-6131.

TUESDAY

▶ Pre-deployment briefing, required for all Airmen preparing to deploy, 502nd Logistics Readiness Squadron IDRC briefing room, 9-9:30 a.m., building 5160.

▶ Pre-separation briefing, mandatory for all members retiring, pre-registration required, 9 a.m. to noon.

▶ AMVETS national service officer available by appointment only. For information, call 773-354-6131.

WEDNESDAY

▶ Force Management Shaping, retirement pre-separation briefing, 9 a.m. to noon.

▶ Force Management Shaping, separation pre-separation briefing, 1-4 p.m.

▶ Thrift savings plan, 1-2:30 p.m.

▶ Awana Clubs, 6-8 p.m., Freedom Chapel.

▶ AMVETS national service officer available by appointment only. For information, call 773-354-6131.

THURSDAY

▶ Federal Employment Process, class sizes are limited and registration is required. Call 671-3722.

▶ Air Force Basic Military Training spouse and parents seminar, BMT Reception Center, 1 p.m., building 7248. For additional information, call 773-354-6131.

▶ AMVETS national service officer available by appointment only. Call 773-54-6131.

FRIDAY

▶ Understanding the Veterans Administration Claims Process, 10-11:00 a.m. Class sizes are limited and registration is required. Call 671-3722.

▶ Parenting For One, Freedom Chapel, Arnold Hall, 11:30 a.m. to 1:00 p.m. Call 671-3722.

▶ Interviewing with Confidence, noon to 2 p.m. Class sizes are limited and registration is required. Call 671-3722.

▶ AMVETS national service officer available by appointment only. Call 773-54-6131.

MARCH 24

▶ Family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.

▶ Post-deployment briefing, required for all Airmen returning from deployment, 502nd Logistics Readiness Squadron IDRC briefing room, 2:30-3:30 p.m., building 5160.

▶ AMVETS national service officer available by appointment only. Call 773-54-6131.

MARCH 25

▶ Navigating the EFMP Process, Randolph M&FRC, 1:30-3:30 p.m. Class sizes are limited and registration is required. Call 671-3722.

Monthly Meetings

ENLISTED SPOUSES CLUB

The Lackland Enlisted Spouses' Club meets every third Tuesday of the month at the Balfour Beatty Community Center, 6:30-8:30 p.m. For more information, visit http://www.lacklandesc.org.

OFFICERS SPOUSES CLUB

The Lackland Officers' Spouses' Club meets monthly. For dates and times, or more information, visit http://www.lacklandosc.org.

MILITARY COUNCIL OF CATHOLIC WOMEN

The Military Council of Catholic Women meets the first Friday of the month, 9:30 a.m., at Freedom Chapel. For additional information, call 671-4208.

On the web

http://www.lacklandfss.com

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

NBA legend Shaquille O'Neal credits Cole coaches, teammates for success during jersey retirement

By L.A. Shively
JBSA-Fort Sam Houston Public Affairs

Photo by Dan J. Solis
Shaquille O'Neal, former Robert G. Cole High School student and National Basketball Association star, is surrounded by members of the schools' 1989 3A State Basketball Championship team March 7 during the ceremony to retire his team jersey at Joint Base San Antonio-Fort Sam Houston. O'Neal's number 33 jersey is displayed in the schools' gymnasium.

NBA legend Shaquille O'Neal's basketball jersey was retired by Robert G. Cole High School officials March 7 during a rousing 25th anniversary ceremony in the school's gymnasium at Joint Base San Antonio-Fort Sam Houston. The ceremony commemorated the team's 36-0 season and 1989 state championship.

O'Neal played for the Cougars during his junior and senior years. After graduating from Cole, he played at Louisiana State University and went onto the NBA, where he became the No. 1 overall pick in the 1992 draft, going to the Orlando Magic.

During the summer of 1996, O'Neal was named to the U.S. Olympic basketball team and was later a member of the gold medal-winning team at that year's Olympics in Atlanta.

Known as one of the top basketball players of all time, the 7-foot-1-inch O'Neal carved out an illustrious career, scoring 28,596 points in 19 NBA seasons that included four championships – three with the Los Angeles Lakers and one with the Miami Heat.

O'Neal retired from basketball in June 2011 and has since become a media personality, film actor, commentator and musician, with at least eight albums to his credit.

About 700 students watched and laughed as O'Neal's former Cougar teammates, coaches and friends shared tributes, video highlights and personal stories about his two years at Cole.

During his tribute, David Madura credited all of the Cougars for their success. Madura was head coach for the team from 1979-1989. He said he didn't recognize O'Neal's basketball skills immediately, but he came to see the 16-year-old player's talent as he worked the court.

"He was a good ball handler in high school," Madura said after the ceremony. "Although O'Neal was the biggest guy on the Cole team, he did the exact same things all of them did – if we were running a full court drill, a fast break drill – he was right in the middle of it."

"We had this one-on-one drill where everybody would line up at half court," said current Cougars head coach Herb Moore, who was a teammate of O'Neal. "Each player had a limited number of dribbles during which he would try to score while dodging the defense. As a player went into the air to score, the next player was right behind.

"I got behind Shaquille when he dunked on someone. I threw one down on him and he didn't like it," Moore recalled amidst boisterous laughter from the crowd. "Then he got behind me, but the intelligent person I was, I threw a three-point shot and turned around immediately to play defense because he wasn't going to dunk against me."

Moore said neither he nor Madura ordered another No. 33 Cougars jersey after O'Neal graduated.

"Perhaps it's good this ceremony is occurring today so it can be shared with most of your teammates and coaches 25 years after our state championship and the day after your birthday," Moore said as he unveiled the jersey hanging above the stage.

A framed jersey was presented to O'Neal as he stood to make his remarks to chants of "We love you!" from students.

"I love you, too," O'Neal responded. "I am very humbled by this. But before me and, I am sure, after me there were many great athletes who we could be celebrating today. One of them is standing right over here."

O'Neal introduced Trooper Deon Cockrell, a Texas Highway patrolman and brought him onstage.

"Deon was my idol. I wanted to be like Deon first, that's why I chose number 33. I never told you that," O'Neal said as he shook the trooper's hand. "I want to thank you for inspiring me."

O'Neal invited all of his former Cougar teammates on stage, where he introduced each player and joked with them and the audience.

"These guys right here taught me the meaning of teamwork and the meaning of friendship," O'Neal said, adding that he wanted to thank the Sandberg family who helped him transition from living in Germany where O'Neal's stepfather, Army Reserve sergeant Phillip Harrison, was stationed.

"It is as much a celebration of the military community as it is for our team and for our school, which makes it special," said Darren Mathey, a Cougars point guard and O'Neal teammate during the 1989 state championship. "I couldn't imagine a better childhood than the one that I was a part of, capped off by an experience like this and having an opportunity to play with someone like Shaquille."

APPS from Page 13

medical conditions.

"If eWellness app users are diabetic, for example, they will be able to track their insulin levels," said Smith. "The app features seven tools to include a weight and fitness tracker, so patients are able to track their calorie count and body mass index."

By developing apps such as these, the CEMM provides interactive, engaging tools aimed to reach patients with their educational programs.

"Our main goal, of course, is to help patients stay well," said Smith. "We are focused on educating today's Airmen – who are tech-savvy and accustomed to accessing knowledge at their fingertips – so they can be fit to accomplish their respective parts of the Air Force mission."

To find and download the CEMM VMC app and the "My Pregnancy A to Z Journal" app, Airmen can visit the CEMM library (http://www.cemmlibrary.org/) and click on the "Mobile Apps" tab on the left.

UPCOMING

3 ON 3 BASKETBALL TOURNAMENT
Participate in the March Madness 3-on-3 basketball tournament at the Gillum Fitness Center on March 21 from 11 a.m. to 1 p.m. The deadline to sign up your team is close of business Wednesday. Call 977-2353/2354 for further information.

SKYLARK BOWLING CENTER CONSTRUCTION
The bowling center is closed Mondays until April 3 for construction. For more information, call 671-1234.

SPURS MILITARY TICKETS
Spurs military discount tickets are available for the second half of the season at 20 percent off plus no service fees. For more information, call 671-3059 for more details.

RAMPAGE TICKETS
The Information, Tickets, and Tours office offers 50 percent off and no service fee for San Antonio Rampage tickets. Every Saturday home game is $1 hot dog night. For more information, call 671-3059.

YOUTH BASEBALL VOLUNTEERS NEEDED
The Joint Base San Antonio-Lackland Youth Program needs assistance preparing their youth baseball field for the upcoming season starting April 7. Volunteers are needed on Tuesdays, Wednesday, and Thursday between the hours of 9:30 a.m. and noon. For more information, call Johnny Bailey at 210-394-0437 or Ruben Rodriguez at 210-618-4588.

ZUMBA IS BACK AT CHAPARRAL
Zumba takes place Tuesday through Friday from 4:15-5:15 p.m. and Saturdays at 9 a.m. at the Chaparral Fitness Center. It is $2 per session. Call 671-2401 for more details.

37th TRSS dominant in base basketball championship victory

By Jose T. Garza III
JBSA-Lackland Public Affairs

The 37th Training Support Squadron shed two consecutive years of disappointment and finally achieved its goal: winning the Joint Base San Antonio-Lackland Intramural Basketball Championship.

After losing in the semifinals the past two years, the team claimed the base championship by defeating the 93rd Intelligence Squadron team 43-31, in the finals of a two week, double elimination tournament at the Warhawk Fitness Center March 6.

During the two-week span, the 37th TRSS defeated the 802nd Force Support Squadron team, whom eliminated them in the playoffs last year, the 717th Military Battalion, the 149th Fighter Wing and Air Force Intelligence, Surveillance and Reconnaissance Agency teams.

For the champs, the victory was well overdue.

"It is a sigh of relief that we won," said Senior Airman Christopher Howell, 37th TRSS head coach.

"I have been waiting a long time for this," added guard Staff Sgt. Stephen Constantin, 433rd Aeromedical Evacuation Squadron. "We have been close a couple of times, so it's finally good to crack the surface."

Constantin scored 12 of his team high 20 points in the second half.

While Constantin brought offensive power, the team as a whole exerted defensive competence.

After taking a 22-13 lead into half time, 37th TRSS continued to crack down on defense by holding 93rd IS scoreless six minutes into the second half.

The champs locked down the perimeter, as the 93rd's 18 points in the second half came from layups and free throws.

The 93rd made certain fatigue would not be its overall downfall after it defeated the AFISRA team in a tight 44-40 game in the loser's bracket final to reach the championship.

The runners up made a short comeback, scoring six straight points to narrow their deficit to 36-30.

The 37th TRSS team did not want to play the 93rd for a second consecutive game, so it closed out the game on a 5-1 run.

"When they started making that run, our mindset was to end the game immediately," Constantin said.

"We knew that they played one game before this one, so we knew they were tired," Howell added. "We knew that if we kept up with them and pushed them, sooner or later, we would prevail."

Tech. Sgt. Matthew Webb, 93rd IS, who is the teams head coach, said he is proud of his team for fighting its way through the loser's bracket to make it to the finals.

"Winning a championship is always the goal, but we have to be positive about what we did to get to the finals."

JBSA WARMS UP FOR BASEBALL INTERMURALS

Volunteers sports officials needed

The JBSA-Sport & Fitness programs are seeking volunteers to officiate intramural sport games at JBSA-Fort Sam, JBSA-Lackland, JBSA-Randolph. What a great opportunity to show your support for our military community! As you know, with the reduction of appropriated funds in our annual budgets we are looking for innovative ways to continue our first class sports programs.

Volunteer officials need to be a certified in the sport they officiate. Certifications may be obtained through local official associations and chapters, and must remain current by attending yearly rules clinic. We would like officials to be willing to officiate at least once a week and officiate all games on that day. In addition, showing up 30 minutes before and staying 30 minutes after will ensure the intramural program runs smoothly. Officials will be required to attend a rules meeting prior to season start.

Please contact the Sports Office at douglas.w.stanley2.civ@mail.mil or 210-221-1367.