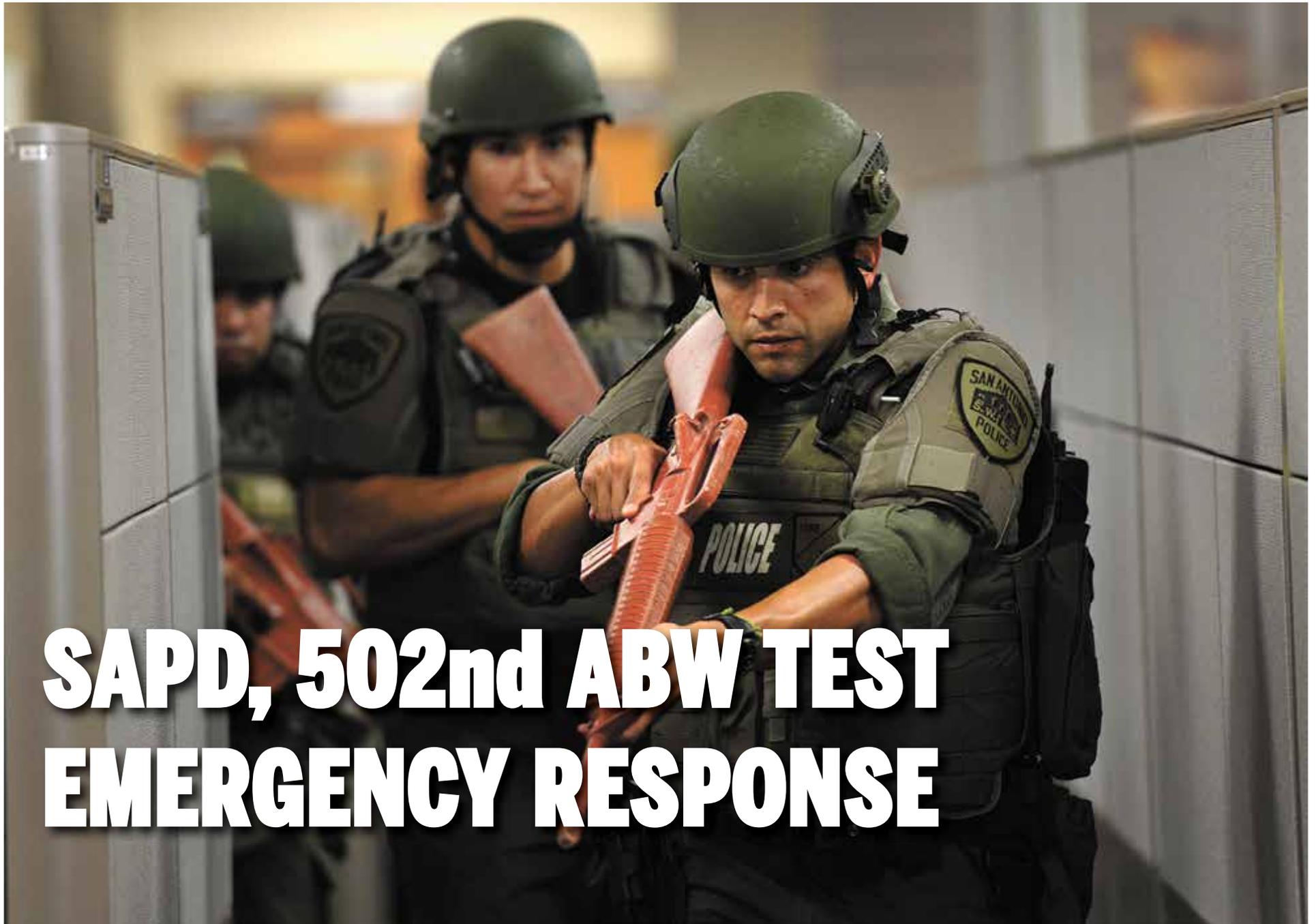




TALESPINNER

JOINT BASE SAN ANTONIO-LACKLAND, TEXAS • Vol. 71 No. 29 • July 25, 2014



SAPD, 502nd ABW TEST EMERGENCY RESPONSE

Photo by Benjamin Faske

San Antonio SWAT team members move through an office cubicle ensuring that no one is left behind July 15 at Joint Base San Antonio-Lackland. The 502nd Air Base Wing Inspector General's office, in coordination with the City of San Antonio Emergency Operations Center, conducted an emergency response exercise throughout the Joint Base San Antonio area.

Drunk driving: What does it take?

By Staff Sgt. Steve Stanley
Headquarters Air Combat Command Public Affairs

What will it take? What sort of cost? A monetary or personal property loss? Personal harm to yourself or someone you love? Will it take a loss of life?

We've heard it over and over again, "have a plan" before drinking alcohol. The messages are given repeatedly at commander's calls, mandatory training sessions and in one-on-one discussions with supervisors. However, despite all of the warnings and education, drunk driving continues to happen.

Far too many people still don't understand that alcohol and driving don't mix. Maybe they think that they are better at it than others or none of the science applies to them. Everyone is susceptible to the effects of alcohol and the consequences it can bring.

Understand this – drunk driving is no accident and it is not a victimless crime.

In 2012, more than 10,000 people died in alcohol-impaired driving crashes according to the National Highway Traffic Safety Administration. That equates to one person every 51 minutes. That's 28 lives lost, accompanied with 28 grieving families, every single day.

The tragedies that occur as a result of impaired driving could easily be prevented if just a few simple precautions are taken.

For example, be responsible and have a plan that includes a designated driver. Another would be to take alcohol, yourself, or a vehicle out of any given situation and the possibility of a driving under the influence conviction, or something worse.

Most drunk driving happens after nights spent with family and friends. That means there may be someone you trust nearby to help with an alternative method of getting you home safely.

Another key thing to remember is time is the only thing that can sober you up, not hydrating, drinking coffee, eating



Photo by Airman 1st Class Betty Chevalier
A car sits in the 755th Aircraft Maintenance Squadrons parking lot to represent a drunk driving accident July 15, 2013, at Davis-Monthan Air Force Base, Ariz.

or working out.

According to the National Directory of Designated Driver Services, there are more than 600 designated driver services available to get you, and sometimes your vehicle, home safe. In addition to those options, you have your fellow wingmen, friends, family, taxi services or the choice to stay put.

To put it simply, there is no reason to make this horrendous mistake.

Symbol of Freedom

By Master Sgt. Jason Taitano
Study and Analysis squadron additional duty first sergeant

A symbol of our nation's strength and unison, the American flag is a representation of inspiration and pride for the men and women of our armed forces.

Often referred to as the Stars and Stripes, the flag is one of the most enduring and sacred symbols of our great nation.



Courtesy graphic

It represents the history of the U.S. through its construct, and through its colors, speaks to the principles that guide us as we support and defend our country. From the 13 stripes representing the original 13 colonies, to the 50 stars which cover the 50 states of the Union, the American Flag exemplifies a history of greatness.

The colors of the flag embody a certain importance behind a military member's commitment to his or her country. Red symbolizing valor and hardiness, white symbolizing purity and innocence, and blue which signifies vigilance, perseverance, and justice. All of these are values which help mold our nation's warfighter and the dedication of service with the possibility of the ultimate sacrifice.

Always give the American flag the utmost respect. Apply the proper military bearing and always offer up the appropriate customs and courtesies supporting this great symbol of our nation. May we never forget the sacrifice that brave men and women made for our country and how the American flag symbolizes the freedom for which they so valiantly fought.

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Deadline for story submissions is noon Wednesday the week prior to publication.

Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

- JBSA-Fort Sam Houston: 466-4630
- JBSA-Lackland: 671-6397
- JBSA-Randolph: 652-7469

JBSA Sexual Assault Prevention and Response

JBSA SEXUAL ASSAULT HOTLINE • 808-SARC (7272)

DOD SAFE HELPLINE • (877) 995-5247

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One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.

NEWS IN BRIEF

BUILD-A-BACKPACK PROGRAM

The fourth annual build-a-backpack program by the Joint Base San Antonio-Lackland School Liaison Office, which provides backpacks with school supplies to local military children in need, continues through Aug. 8.

A list of supplies needed is available at the school liaison office. Donors select an age group, purchase all of the items on the list for that age group, place the shopping list of your selected age group and gender in the backpack for identification and return the filled backpack.

First sergeants are asked to contact the School Liaison Office by email at Lackland.slo@us.af.mil with names of potential families to receive a donated backpack. Information must include the squadron, sponsor's name and the age group and gender of the child or children who will receive the backpack.

For additional information on the Build-A-Backpack Program, call 671-3722.

NEW PROVIDER CANDIDATE ORIENTATION CLASS AUG. 5-7

The Family Child Care program is looking for individuals interested in caring for children. All start-up materials and training is provided by the Family Child Care Office. The FCC program is looking for individuals who can care for children with special needs or chronic health problems, including children with HIV. Providers are needed to care for infants, toddlers, preschoolers, school age children and children with special needs during evenings, weekends, swing and midnight shifts, extended duty hours and for the expanded child care program.

For more information on the programs, call 671-3376/3379 or come by building 6629 to pick up an application.

INFORMATIONAL

EVALUATED DEGREE PLANS AND TUITION ASSISTANCE

Tuition assistance is authorized for no more than six semester hours (or equivalent) without an evaluated degree plan. An evaluated plan is an outline of all remaining course requirements for a particular degree after transcripts from all sources (CCAF, civilian schools, exams, etc.) have been evaluated by the school and transferrable credit applied to the requested program. Transcripts received must be listed even if no credit transfers.

For more information, contact the education office at 671-8711.

AF ISR Agency realigns as 25th AF

By Staff Sgt. Jarrod Chavana
Air Force ISR Agency Public Affairs

The Secretary of the Air Force and Chief of Staff announced July 14 the Air Force Intelligence, Surveillance and Reconnaissance Agency will become a numbered Air Force.

The new 25th Air Force will remain headquartered at Joint Base San Antonio-Lackland, but will fall under Air Combat Command, Joint Base Langley-Eustis, Va.

"For the first time we will combine our incomparable skills as ISR professionals with ISR platforms and sensors," said Maj. Gen. John Shanahan, current agency commander. "We're gaining two wings, the 55th and 9th Wings and building a third ISR wing which will combine to bring platforms and sensors, targeting, and analysis capabilities together as a holistic, much more integrated and operationally focused numbered Air Force."

Shanahan becomes the 25th AF commander in September when the move under ACC occurs.

The new organization's mission remains the same: deliver decisive advantage by providing and operating integrated, cross-domain ISR capabilities in concert with service, joint, national and international partners. For the first time, the Air Force's preeminent ISR organization will combine its analysis capabilities with aircraft dedicated to ISR.

The three additional wings will fall under what will become one of the largest numbered Air Forces in the Air Force with approximately



28,000 personnel.

"In the context of the reorganization process, from my perspective it's evident the leadership of Headquarters Air Force, ACC and Air Force ISR Agency/25AF is all in to optimize global vigilance," said Steve Doucette, the agency's reorganization project lead. "We've had months of very long days and hard-hitting meetings with ACC and Headquarters Air Force counterparts, who want to ensure combatant commanders get everything Air Force ISR can offer to answer their intelligence problem sets."

The 25th Air Force will continue to operationally execute multi-discipline ISR missions including geospatial intelligence operations, scientific and technical intelligence, measurement and scientific intelligence, signals intelligence, human intelligence, all-source analysis and production.

Shanahan views the new designation as the wave of the future.

"This is the logical evolution in the ISR enterprise," he said. "It's the right step, and moves us further down our evolving path to refine what we bring to the fight in terms of world-class ISR expertise and capabilities."

With the new designation and resource capability synergy, Air Force leadership can now encompass all ISR capabilities under one roof.

"The reorganization will enable us to meet our mission partners' intelligence requirements more effectively and will strengthen our relationship with the intelligence community," said Gen. Mike Hostage, ACC commander. "It also provides one command structure for ISR Airmen, which is very important as we normalize the ISR mission into the combat air forces."

"Combatant commanders and other mission partners count on Air Force ISR capabilities every day; it's a complex and critical mission set that is fundamental to who we are as combatant Air Force Airmen - it's a part of our DNA," Hostage said.

Through several name changes and alignments in its 66-year history, the Air Force ISR Agency has led the execution of ISR operations in concert with the national intelligence community, Department of Defense's combat support agencies and joint and coalition partners.

This realignment builds on that foundation of cooperation and collaboration by enhancing critical tactical and national relationships, and more closely aligns Air Force ISR forces and capabilities with combat support agencies such as the National Security Agency, the Defense Intelligence Agency and the National Geospatial Intelligence Agency.

The history and accomplishments of the AF ISR Agency are maintained within the newly formed 25th AF.

37th TRW vice commander reflects on JBSA-Lackland assignment

By Mike Joseph
JBSA-Lackland Public Affairs

When the 37th Training Wing vice commander reflected recently on his two years at Joint Base San Antonio-Lackland, the word "wonderful" kept popping up in the conversation.

"My time at [JBSA-] Lackland was

wonderful," said Col. Vincent Fisher, whose last day as 37th TRW vice commander is Friday. "It was very demanding when I first got here because there was a lot going on in the wing, but I have to say my experience here was wonderful. I wouldn't trade it for the world.

"The people here have been abso-

lutely wonderful," he said. "My family enjoyed it here - the Lackland schools and the base programs. My wife Lesia and our three children all loved it here."

Fisher will be replaced as 37th TRW vice commander by Col. Kendra Mathews, who arrived July 18 from Joint Base Elmendorf-Richardson, Alaska. Mathews was the Alaskan Command director for logistics.

The outgoing vice commander believes the future is bright for the Air

Air Force Installation and Mission Support Center created

The Air Force is centralizing its installation support management within a newly created Air Force Installation and Mission Support Center, Air Force officials announced July 11.

The change resulted from a comprehensive effort to reduce overhead costs; increase efficiencies; eliminate redundant activities; improve effectiveness and business processes and will help meet the Defense Department's directive to reduce costs and staff levels by at least 20 percent.

The new AFIMSC will report to Air Force Materiel Command. Air Force officials announced that former 502nd Air Base Wing and Joint Base San Antonio commander Maj. Gen. Theresa Carter will serve as AFMC special assistant to the commander. She is charged with developing the strategy and implementation plans

for this new center.

"This is a fundamental paradigm shift in how the Air Force has historically controlled and delivered installation support capabilities," said Bill Booth, the Air Force's acting deputy chief management officer. "As we look ahead to 2023, this new command structure will focus on consolidating installation support responsibilities from the Headquarters Air Force, major commands and multiple field operating agencies."

The Air Force currently delivers installation support capabilities through a decentralized control, decentralized execution concept of operation. Consequently, each MAJCOM developed staffs and often created unique processes for the same functions, generating duplication of effort and inefficiencies.

"The current and projected fis-

cal constraints have driven the Air Force to make strategic decisions to reduce its size while retaining its combat effectiveness," Booth said. "Centralization of management support to the maximum extent possible improves our efficiency and effectiveness in providing installation and expeditionary combat support capabilities to our wing commanders and mission partners, and delivers more standardized levels of service across the Air Force.

"While efficiency is our goal, we will not lose sight that installations are combat platforms for the Air Force; we deliver Global Vigilance, Global Reach and Global Power from our installations in garrison and at deployed locations around the world," Booth added.

(Courtesy Secretary of the Air Force Public Affairs)



U.S. Air Force photo

The new Air Force Installation and Mission Support Center will report to Air Force Materiel Command. Air Force officials announced that former 502nd Air Base Wing and Joint Base San Antonio commander Maj. Gen. Theresa Carter will serve as AFMC special assistant to the commander. She is charged with developing the strategy and implementation plans for this new center.

Existing tools help users reduce PII breaches

By 1st Lt. Meredith Hein
24th Air Force Public Affairs

Members of 24th Air Force at Joint Base San Antonio-Lackland are refurbishing an old e-mail tool to help Air Force users reduce breaches of personally identifiable information.

The Digital Signature Enforcement Tool, which currently prompts users to provide a digital signature when an e-mail contains an active hyperlink or attachment, is being reconfigured to scan e-mails and attachments for PII. DSET was first introduced to Outlook in 2009 by the Air Force Life Cycle Management Center.

“DSET was originally designed to mitigate risk from socially-engineered e-mail or phishing attacks. Now, it provides some protection of messages transmitting PII,” said Alonzo Pugh, cyber business system analyst for 24th AF. “The tool provides awareness for users of risks before the e-mail leaves the workstation, giving users the chance to correct the identified risk.”

PII includes items such as an individual’s social security number, driver’s license

information and financial information. Breaches occur when this information is inadvertently released. User awareness is one of the biggest issues associated with PII breaches, according to Pugh.

“When users release PII that is not protected, that puts information at risk for being intercepted by adversaries. These adversaries can then use that information to target users to gain access the network,” Pugh said. “Air Force network users must do their due diligence when sending an e-mail containing PII. They need to make sure the information is protected.”

DSET capability should encourage users to be more involved in the process of preventing PII breaches, said Pugh. “The user is afforded the ability to take action in checking their e-mails to make sure they are not inadvertently releasing PII, and given the opportunity to protect it. DSET makes users more aware that they need to double check their e-mails and ensure that they are in accordance with policy; the responsibility for preventing breaches ultimately falls on them.”

The tool itself is straightforward to use, said Pugh, and will give users simple prompts to follow in sending e-mails. In addition, there is a function allowing information which was falsely identified as PII to still be sent.

“While our software solution will support the Air Force’s efforts to reduce PII breaches, it is still important for personnel to be aware and vigilant with their handling of documents containing PII,” said Col. Eric Oliver, 24th AF director of cyber systems.

The tool’s new usage is still in its initial stage, focusing on social security numbers. Developers hope that DSET will ultimately be able to scan for a variety of PII to prevent future breaches.

“It is imperative that we protect one another as we move each Air Force mission forward,” said Maj. Gen. J. Kevin McLaughlin, 24th AF commander. “Avoiding the release of PII is part of being a good wingman, but it is also part of protecting the network and accomplishing the Air Force mission.”

In preparation for the release of DSET,

you can access training for the new tool using the following link: https://afpki.lackland.af.mil/assets/files/OE-15-40-064_QRG-DSET_v0001.pdf.

Additional training on how to encrypt Microsoft Office documents can be accessed at: <http://www.24af.af.mil/shared/media/document/AFD-140701-064.pdf>.

Users have multiple tools at their disposal to protect PII if encrypting e-mail is not feasible, but if electronic transmission of sensitive PII is operationally required, users can leverage approved Department of Defense file exchange services at: <https://safe.amrdec.army.mil/safe/>.



Officials invite military families, retirees to 'come home' to military health care

By Elaine Sanchez
Brooke Army Medical Center Public Affairs

Military family members and retirees in the San Antonio area are invited to enroll for primary care at their local military treatment facility.

As part of a market-wide campaign, San Antonio Military Health System is reaching out to TRICARE beneficiaries ages zero to 64 who receive their primary care in the community asking them to consider "coming home" to military health care, said Maj. Gen. Jimmie O. Keenan, market manager SAMHS.

"It gives me great pleasure to invite military families to our world-class military treatment facilities for all of their health care needs," Keenan said.

SAMHS provides management and oversight of all military treatment facilities located in the San Antonio area, and comprises Army and Air Force units that include Brooke Army Medical Center and the 59th Medical Wing.

In total, SAMHS provides primary care for nearly 140,000 beneficiaries at

13 clinics located throughout the San Antonio area, Keenan said, noting there's room for about 8,500 more active-duty service members, military retirees and their family members to enroll. The San Antonio area has a total of more than 240,000 military beneficiaries who are eligible for care.

"We'd like to provide our high-quality, patient-centered care for as many of our beneficiaries as possible," said Col. Kyle Campbell, commander Brooke Army Medical Center. "We consider it a tremendous privilege and an honor to care for these most-deserving patients."

Throughout its facilities, SAMHS embraces a patient-centered medical home model that fosters a partnership between patients and medical teams to meet preventive, routine and urgent needs, Keenan said. As an added benefit, patients are able to securely email their Primary Care Manager via a secure system called Relay Health or MiCare.

"We are committed to providing exceptional, world-class health care for U.S. service members, retirees and

their families," said Maj. Gen. Bart O. Iddins, commander 59th Medical Wing at nearby JBSA-Lackland.

"Consequently, we will continue to improve customer service and access to health care services. Moreover, we are equally determined to improve health care quality and patient safety with cutting-edge research and innovation across all spectrums of military medicine."

Retired Army Col. Edward Taylor and his wife, Rose, both SAMHS patients, said they're impressed by the military's quality of care.

"I'm amazed every time I go to any of the clinics or offices or operating rooms; they're absolutely magnificent," Taylor said. "My wife and I are very fortunate to be able to come in here for our medical care."

SAMHS has open enrollment at the following primary care clinics:

- Family Medicine Clinic, Fort Sam Houston Clinic, 2d Floor, Building 1179, 3100 Schofield Road, JBSA-Fort Sam Houston, TX 78234
- Adolescent Medicine Clinic, Fort

Sam Houston Clinic, 2d Floor, Building 1179, 3100 Schofield Road, JBSA-Fort Sam Houston, TX 78234

- General Pediatric Clinic, San Antonio Military Medical Center, 1st Floor, Consolidated Tower, 3851 Roger Brooke Drive, JBSA-Fort Sam Houston, TX 78234

- Schertz Medical Home, Horizon Center, 6051 FM 3009, Suite 210, Schertz, TX 78154

- Taylor-Burk Health Clinic, Building 5026, JBSA-Camp Bullis, TX 78256 (3.5 miles off North Loop 1604 & FM 1535 NW Military Hwy/Shavano Park exit)

- Family Health Clinic, 1st Floor, 2200 Bergquist Drive, Wilford Hall Ambulatory Surgical Center, JBSA-Lackland, TX 78236

- Pediatric Clinic, 1st Floor, 2200 Bergquist Drive, Wilford Hall Ambulatory Surgical Center, JBSA-Lackland, TX 78236

- North Central Federal Clinic, 17440 Henderson Pass, San Antonio, TX 78232

- Family Health Care Clinic, Randolph AFB Clinic, 221 3rd Street West, JBSA-Randolph AFB, TX 78150

- Pediatric Clinic, Randolph AFB Clinic, 221 3rd Street West, JBSA-Randolph AFB, TX 78150

No additional costs are associated with enrollment and visits to SAMHS, although annual TRICARE Prime enrollment fees still apply.

Fire prevention: Everyone's full-time job

Fires have become far too frequent at Joint Base San Antonio, most recently a building on JBSA-Lackland was destroyed in a fire on July 12. JBSA Fire Emergency Services wants to remind everyone to practice fire safety at home and at work.

• Every home should have at least one working smoke alarm

Install a smoke alarm on every level of the home. Test it monthly, keep it free of dust and replace the battery at least once a year. Smoke alarms themselves should be replaced after 10 years of service, or as recommended by the manufacturer.

• Prevent electrical fires

Never overload circuits or extension cords. Do not place cords and wires under rugs, over nails or in high traffic areas. Immediately shut off and unplug appliances that sputter, spark or emit an unusual smell. Have them professionally repaired or replaced.



Photo by Daniel Hernandez, JBSA Fire Emergency Services, assistant fire chief
Joint Base San Antonio-Lackland fire fighters work to contain a fire that broke out July 12 in a supply building on JBSA-Lackland.

• Prevent kitchen fires

While cooking, be sure to stay by the stove or oven, as an unwatched pot or pan could overheat and start smoking. Pans should also be kept with their handles pointing toward the back of the stove to ensure that no one can knock or pull them over the edge. Always keep a lid nearby to cover a pan if it catches on fire. This will help smother the fire.

• Use appliances wisely

When using appliances, always follow the manufacturer's safety precautions. Overheating, unusual smells, shorts and

sparks are all warning signs that appliances need to be shut off, then replaced or repaired. Unplug appliances when not in use. Use safety caps to cover all unused outlets, especially if there are small children in the home.

• Keep clothes dryers lint free

Clean the lint filter before and after each load of laundry. Don't forget to clean the back of the dryer where lint can build up. In addition, clean the lint filter with a nylon brush at least every six months or more often if it becomes clogged. Thirty-four percent of fires started by clothes

dryers come from failure to clean them.

• Smoke outside

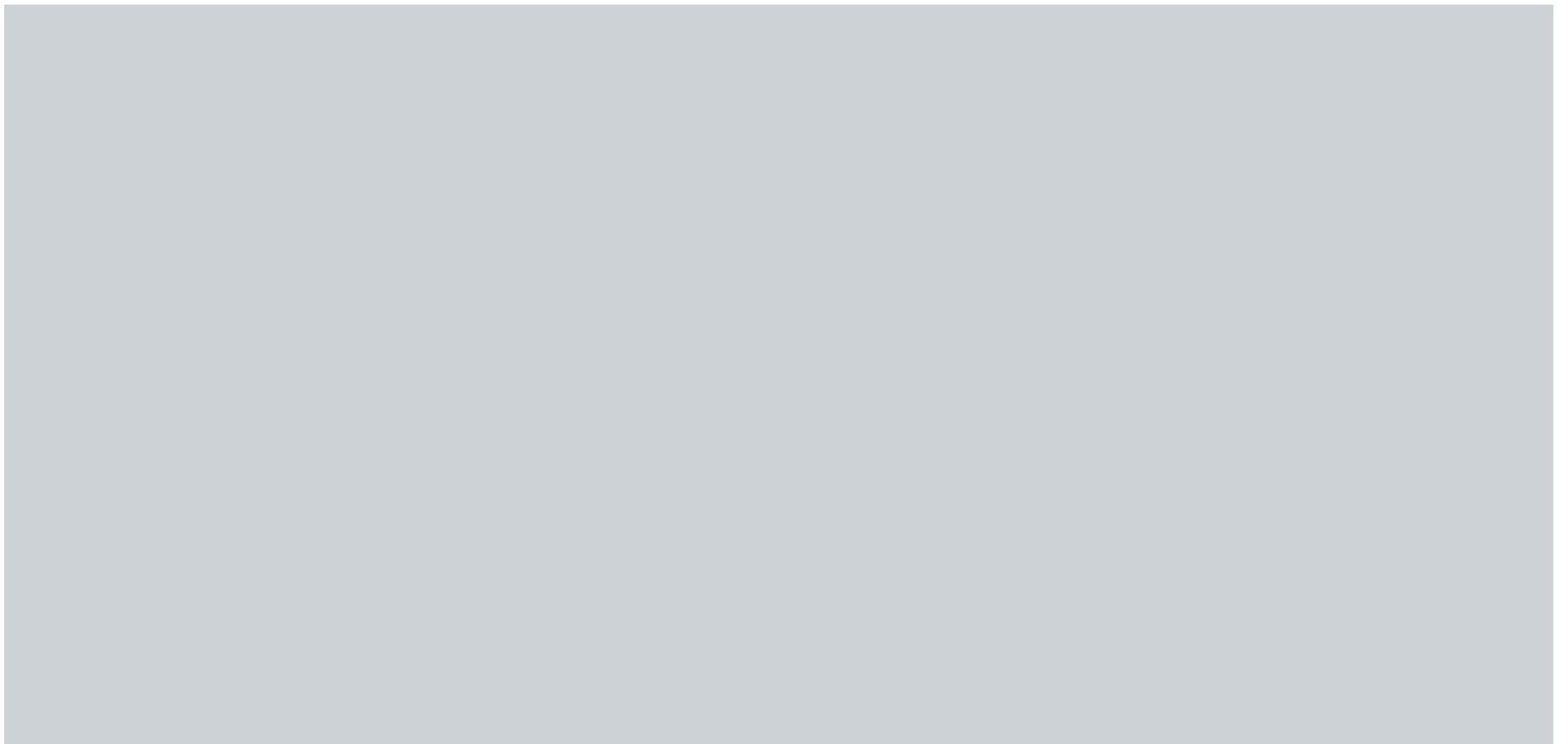
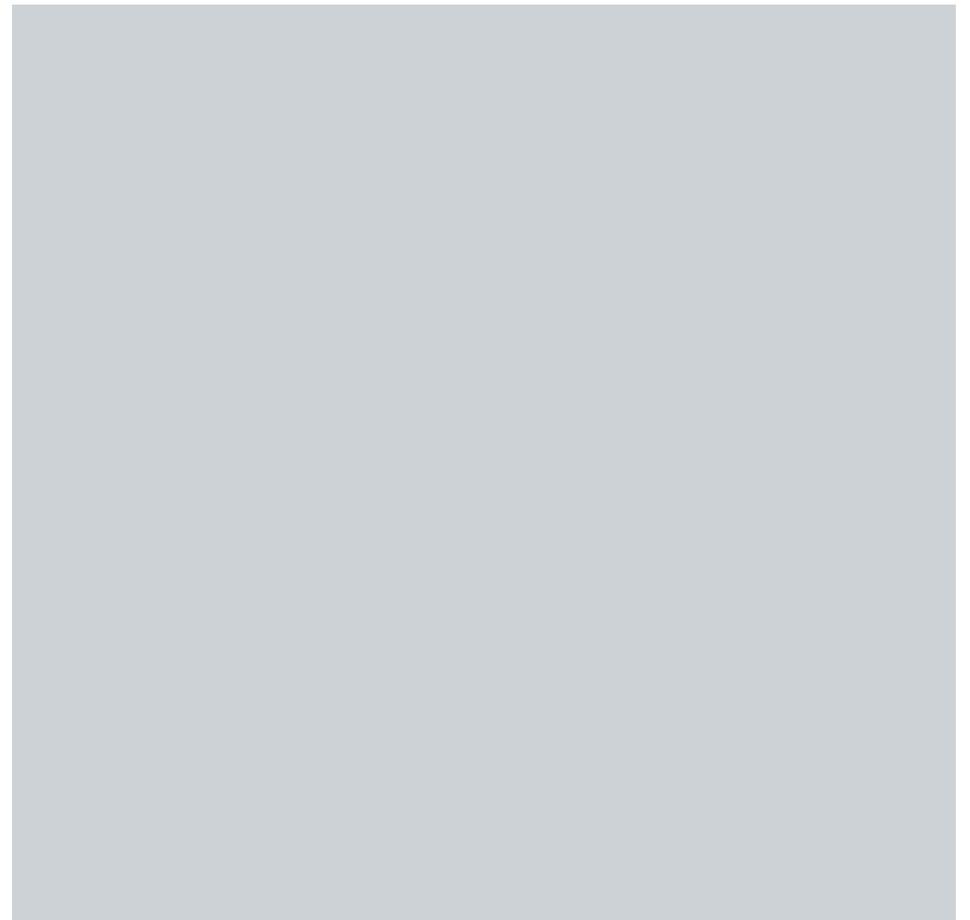
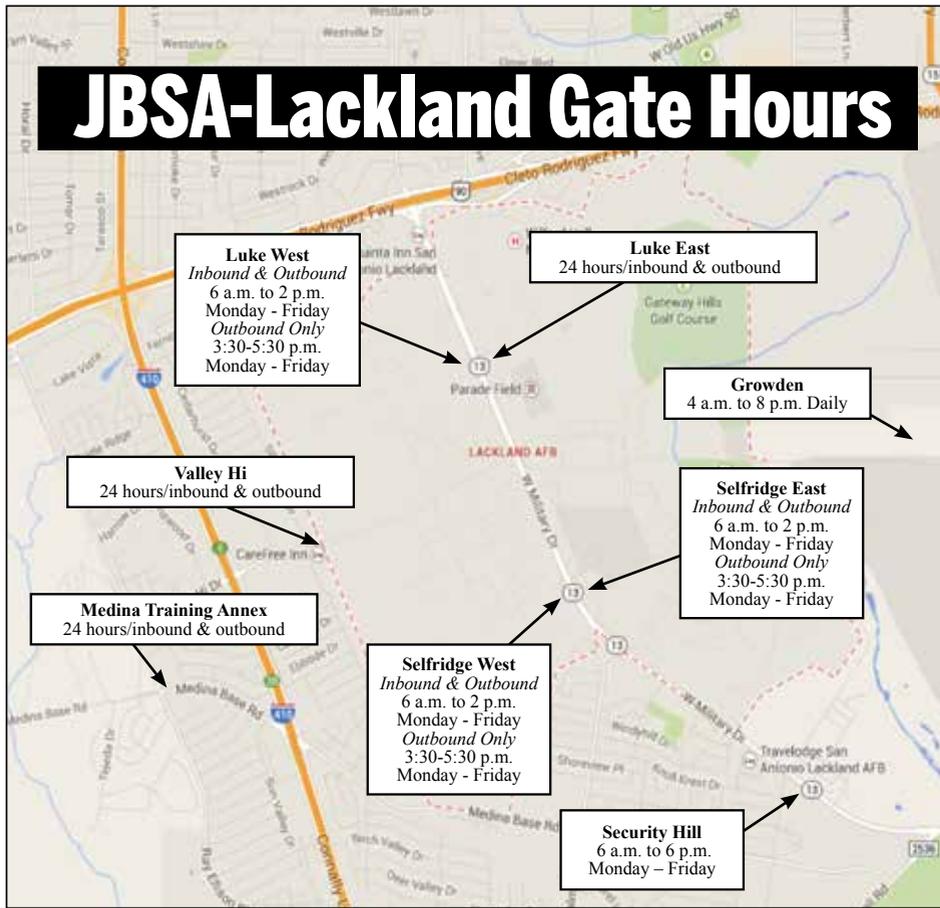
A lit cigarette accidentally dropped onto a chair or bed or hot cigarette ashes or matches tossed away outside before they are completely out can cause a large fire in seconds. Putting out a cigarette the right way only takes seconds. Smoke outside, use deep sturdy ashtrays and always be sure the cigarette and ashes are no longer hot before walking away.

• Have an escape plan

Practice an escape plan from every room in the house. Caution everyone to stay low to the floor when escaping from fire and never open doors that are hot. Select a location where everyone can meet after escaping the house. Get out, then call for help.

To get more information on fire safety call JBSA-Fire Emergency Services, non-emergency phone numbers; JBSA-Fort Sam Houston, 221-2727, JBSA-Lackland 671-2921 and JBSA-Randolph, 652-6915 or visit the JBSA-FES website at <http://www.jbsa.af.mil/library/jbsafireemergencieservices/index.asp>

(Information from U.S. Fire Administration and Federal Emergency Management Agency)



37th TRW from Page 3

Force's largest training wing.

"I'm excited about where the wing is going," he said. "Col. Camerer (now Brig. Gen. Mark Camerer, former 37th TRW commander) brought us to new heights and Col. Edwards (Col. Trent Edwards, who assumed command from Camerer in June) has a vision to take us even further. I've enjoyed serving him in the short amount of time he's been here."

Fisher said one of his duties as vice commander was serving on the JBSA Central Registry Board for domestic and family issues. The board would listen to cases, then make sure the unit and helping agencies were involved to provide the family support that was needed.

"It was a rewarding and fulfilling duty," he said.

Two events he and his wife thoroughly enjoyed were Fiesta and the monthly enlisted birthday celebrations.

He said Fiesta was "absolutely wonderful," especially the

opportunity to interact with the people of San Antonio in its largest cultural event.

"I'm from outside New Orleans and the people in San Antonio know how to throw a party," Fisher said. "They do it safely, they do it respectfully and they have a family flavor to it. It was huge for us getting to meet the people and understand the charitable side of Fiesta.

"The monthly birthday celebration is a great function," he said. "It was absolutely awesome. Lesia and I did it together. We enjoyed being with the young Airmen; it was special to us. The staff there was absolutely wonderful."

The 23-year service member is looking forward to his next assignment in Air Force Global Strike Command at Barksdale Air Force Base, La. He will be the command's deputy director for maintenance, security contracting and civil engineering.

Fisher said the move to Barksdale is like going home.

"This will be my second assignment there," he said. "My



Col. Vincent Fisher

core background and experience is nuclear weapons and nuclear weapon security.

"My wife is from that area and our first child was born there. We're going home and looking forward to it."

433RD SAYS GOODBYE TO C5-A

Courtesy Photo Bill Sobeck

On its final voyage, a C-5A Galaxy aircraft, tail number 90016, from the 433rd Airlift Wing, Joint Base San Antonio-Lackland, is being towed to its final resting place on the grounds of the 309th Aerospace Maintenance and Regeneration Group's storage and maintenance facility, Davis-Monthan Air Force Base, Ariz. The 433rd AW is phasing out the C-5A Galaxies to make way for the newer upgraded version of the aircraft, the C-5M Super Galaxy.



Photo by Benjamin Faske

San Antonio police officers secure a simulated crime scene after eliminating the active shooter July 15 at Joint Base San Antonio-Lackland. The 502nd Air Base Wing Inspector General's office, in coordination with the Emergency Operations Center, conduct annual emergency response exercises throughout Joint Base San Antonio.

Joint active shooter exercise tests city, JBSA first responders

By Armando Perez
Air Force Civil Engineer Center Public Affairs

The City of San Antonio and the 502nd Air Base Wing conducted a joint active shooter exercise centered at building 171 at the Port San Antonio July 15-16.

The Air Force Civil Engineer Center, along with the other organizations in the building, participated in the simulated incident to provide first responders with the ability to train and practice their skills in a near realistic environment and better prepare their response for when an emergency situation may occur at a JBSA facility.

The building is one of the city's largest at nearly 460,000 square feet, with various Air Force agencies occupying it.

"The uniqueness of this exercise was the involve-

See EXERCISE Page 15

Active Shooter

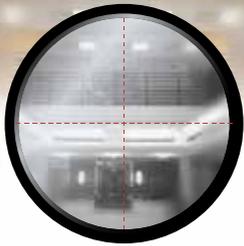


Photo by Joshua Rodriguez

Air Force personnel monitor the active shooter exercise from the Emergency Operations Center July 15 at Joint Base San Antonio-Lackland. The 502nd Air Base Wing Inspector General's office, in coordination with the Emergency Operations Center, conduct annual emergency response exercises throughout Joint Base San Antonio.



EXERCISE from Page 10

ment of our other mission partners, including the City of San Antonio emergency management, police and fire departments,” said Capt. Eric Holm, AFCEC program manager. “Since building 171 is leased through the City of San Antonio, it was critical to evaluate the training, response and all actions taken with emergency first responders from the City of San Antonio and JBSA.”

The purpose of the exercise was to improve staff coordination, validate post-incident management planning and test emergency response management operations.

Exercise role players evaluated the 502nd Inspector General’s Office to assess the 502nd Air Base Wing’s ability to provide support and respond during the simulated active shooter event.

Holm and AFCEC security manager Norbert Chavez were in charge of coordinating communication throughout the building to ensure law enforcement, safety, fire and medical personnel initiated their actions during the scenario.

“The overall response was excellent from all agencies participating in the exercise,” Chavez said. “With any exercise, there is room for improvement and we will continue to train and ready all personnel for any emergency situation.”

Preparation for the exercise took two months, and in that time, JBSA-Lackland and AFCEC emergency and security personnel met with leadership from the City of San Antonio emergency responders.

AFCEC also initiated a SharePoint site for all those in building 171 to provide feedback and comments on the exercise and what could be done to improve response and communication. The comments were then addressed to the 502nd ABW IG office.



City of San Antonio emergency first responders evaluate simulated victims during an active shooter exercise July 15 at building 171 at Joint Base San Antonio-Lackland. The purpose of the exercise was to improve staff coordination, validate post-incident management planning and test emergency response management operations between City of San Antonio and 502nd Air Base Wing officials.

“Emergency management at AFCEC did a great job in coordinating this exercise,” Chavez said. “Their training program and internal communication to personnel instilled the importance to learn, stay current and be ready, which contributed to the

success of the exercise.”

Through the help and cooperation of leadership throughout building 171, the volunteer turnout for the exercise was helpful to role players who were either first responders or recovery personnel.



Photos by Benjamin Faske
A San Antonio SWAT team member clears an office July 15, at Joint Base San Antonio-Lackland.



Air Force personnel simulate an active shooter crime scene July 15 at Joint Base San Antonio-Lackland. The 502nd Air Base Wing Inspector General’s office, in coordination with the Emergency Operations Center, conduct annual emergency response exercises throughout Joint Base San Antonio.

Fraud, Waste or Abuse

Members of the public, military members, Department of Defense civilian and contractor employees may report suspicious activity concerning fraud, waste or abuse and employee or management misconduct.

Report suspected FWA to your local inspector general, the 502nd Air Base Wing IG or the DOD FWA Hotline.

502 ABW/IG FWA Hotline: 808-1000, <http://www.jbsa.af.mil/fwa.asp>

DOD Hotline: 800-424-9098, <http://www.dodig.mil/hotline>

Melanoma: a silent but deadly skin cancer

By **Velvie Bennett**

Kenner Army Health Clinic, Fort Lee, Va.

Do you love having fun in the sun? If you do, it is essential you protect your skin from exposure to harmful sun rays known to cause skin cancer. Skin cancer is the most commonly diagnosed cancer in the United States, and melanoma is the deadliest skin cancer.

According to the National Cancer Institute, more than 68,000 Americans are diagnosed with melanoma each year and another 48,000 are diagnosed with an early form of the disease that involves only the top layer of skin. According to the Centers for Disease Control, melanoma causes about 8,000 deaths in the U.S. each year.

People with certain risk factors are more likely than others to develop skin cancer. Risk factors vary for the different types of skin cancer but here are

some of the general risk factors listed by the CDC:

- Lighter natural skin color
- Family history or personal history of skin cancer
- Chronic sun exposure
- History of sunburns, especially early in life
- History of indoor tanning, especially before age 35
- Skin that freckles, burns, reddens easily or becomes painful in the sun
- Multiple moles (more than 60)

Sun exposure is the most modifiable risk for melanoma. Ultraviolet rays come from the sun or indoor tanning, such as using a tanning bed or booth or sunlamp. When UV rays reach the skin's inner layer, the skin makes more melanin.

Melanin is the pigment that colors the skin. It moves towards the outer layers

See **MELANOMA** Page 20

UPCOMING EVENTS SPORTS BRIEFS

FIRST STEPS FALL SOCCER 2014

Registration for the First Steps Fall Soccer runs Aug. 18-22. The cost is \$35. The First Steps instructional program is for all Department of Defense children on and off base. The program teaches the basic fundamentals of soccer in harmony with the gross motor movements of preschool and early school age children. A current physical and immunization record are required at time of registration. Registration will take place at the Joint Base San Antonio-Lackland Youth Center, building 8420, from 6 a.m. to 6 p.m. Call 671-2388 for more details.

LACKLAND INTRAMURAL GOLF MEETING

An organizational meeting is scheduled to discuss the anticipated Joint Base San Antonio-Lackland Intramural

Golf Program Aug. 21 at the Gateway Hills Golf Course. Individuals interested are encouraged to attend this meeting. The fall intramural season is slated to begin in September with Monday/Wednesday and Tuesday/Thursday division leagues starting at 5 p.m. with 9-hole matches. The cost is \$15 per play and includes cart, green fee, daily prize fund contribution and season prize fund contribution. For additional information, contact Brandon Ellis at 671-3466.

INFORMATIONAL

SCOREKEEPERS NEEDED

The Joint Base San Antonio-Lackland Youth Sports program needs volunteer scorekeepers for youth summer basketball games.

For additional information, call 394-0437.

WARHAWKS VARSITY

SOCCER TRYOUTS

Joint Base San Antonio-Lackland Warhawks varsity soccer tryouts take place at 5:30 p.m. Tuesdays and Thursdays at the Warhawk Field located next to the Warhawk Fitness Center.

Call 292-7115 for more information.

MEDINA AND WARHAWK FITNESS CENTERS NOW OPEN ON WEEKENDS

The Warhawk and Medina Fitness Centers are now open from 8 a.m. to 5 p.m. on weekends to better serve the Joint Base San Antonio-Lackland community.

TEXAS STATE FOOTBALL

Information, Tickets & Travel are selling Texas State football tickets for its Sept. 13 game against the U.S. Naval Academy at Texas State Bobcat Stadium.

Tickets are being sold for \$7. Call 671-3059 for more information.

LOCAL BRIEFS

MONDAY

RUNNING IMPROVEMENT PROGRAM

The next six-week Running Improvement Program will start Monday. The program held Monday - Friday at 6:30 a.m. with a show time at 6:15 a.m. The 1.5 mile pre-assessment will be at 7 a.m. at the school track with the educational class to follow at 8 a.m. at the Health and Wellness Center in classroom 1. All members of the Joint Base San Antonio-Lackland community are eligible to join. A letter of commitment is required. For details about participating or becoming an instructor, call the HAWC at 671-0566

AUG. 7

SAFETALK TRAINING CLASSES

SafetALK training classes are scheduled over the next two months at Joint Base San Antonio-Lackland.

The classes teach how to recognize persons with suicidal thoughts and assist them in seeking help and resources. The program concentrates only on recognition and referral.

The JBSA-Lackland classes will

all be held at Freedom Chapel, building 1528. The dates are Aug. 7, 1-4:30 p.m.; and Sept. 25, 8-11:30 a.m. and 1-4:30 p.m.

To register for the class or for additional information, call 691-2911.

Maximum class size is 40 except for the Aug. 7 class, which has a maximum size of 30.

AUG. 15

FEB LEADERSHIP TRAINING PROGRAM

Applications are now being accepted for the Alamo Federal Executive Boards fiscal year 2015 leadership training program.

The program is designed to identify and groom a cadre of federal leaders. Participants gain a deeper understanding of the promises and challenges facing our federal community.

Class members from numerous agencies come together one day each month in a neutral setting to examine the nature and inner workings of San Antonio and its relationship with the federal community.

In the process, participants learn from key decision makers in both the public and private sectors. The leadership group visits San Antonio's top corporations, city and county

offices, non-profits and federal organizations.

To apply, visit <http://www.sanantoniofeb.org/lfeb>. The application deadline is Aug. 15.

For information, call 565-1860.

HISPANIC HERITAGE COMMITTEE

Meetings are held every Wednesday at 10 a.m. in building 1052 (502nd ISG/Comm SQ) in room 108. They will be planning events for the special observance of Hispanic Heritage Month in September.

OLMSTED SCHOLAR PROGRAM

The Olmsted Scholar Program is an opportunity for Air Force line officers to study in a foreign language at a university overseas.

Candidates selected for the program will experience cultural immersion in the selected country, including university study in the native language.

Applicants must be line officers with at least three years of commissioned service, but no more than 11 years of total active service by April 1, 2015. Applicants must be released by their career field managers and meet minimum academic and language requirements as well.

Application packages are due to Air Force Personnel Center by Aug. 15.

For details, visit the George and Carol Olmsted Foundation website at <http://www.olmstedfoundation.org>.

For eligibility requirements and application instructions, go to myPers at <https://mypers.af.mil>.

WHITE HOUSE FELLOWS PROGRAM

The White House Fellows Program provides promising leaders with first-hand experience in the American government process. Selected candidates work for a year as special assistants or senior executives to cabinet-level agencies or in the executive office.

A nonpartisan program, participants experience the process of governing the nation, working with high-level public servants and participating in roundtable discussions with notable private sector and public leaders.

Selectees must be available for reassignment and be released by their Air Force Personnel Center assignment officer prior to applying. Nomination packages are due by Aug. 15 for the 2015-2016 program.

For details, visit <http://www>.

whitehouse.gov/about/fellows. For complete eligibility criteria and application instructions, go to myPers at <https://mypers.af.mil>.

MANSFIELD FELLOWSHIP EXCHANGE PROGRAM

Airmen who are interested in cultural immersion in Japan can look into the Mansfield Fellowship Exchange Program. Named after former U.S. Ambassador Mike Mansfield, the program enables federal employees to develop in-depth understanding of Japan and its government and to develop relationships with their Japanese counterparts.

Program participants will have a seven-week home-stay and intensive Japanese language program in the Ishikawa Prefecture, followed by a 10-month placement in Tokyo. Mansfield Fellowship opportunities are also open to officers and enlisted members who meet program criteria.

Nomination memos are due to the Air Force Personnel Center by Aug. 15.

Visit <https://www.mansfieldfdn.org>. For complete eligibility criteria and application information, go to myPers at <https://mypers.af.mil>.

CHAPEL SERVICES

—PROTESTANT

- Freedom Chapel - building 1528
- Contemporary Service Sun. 9:30 a.m.
- Religious Education Sun. 11 a.m.
- Gospel Service Sun. 12:30 p.m.
- Spanish Service Sun. 3 p.m.
- AWANA Wed. 6 p.m.
- Airmen Mem. Chapel - building 5432
- Liturgical Service Sun. 8 a.m.

—DENOMINATIONAL

- BMT Reception Center - building 7246
- Church of Christ Sun. 7:30 a.m.
- Gateway Chapel - building 6300
- Seventh-day Adventist Sat. 12:30 p.m.
- Education Classroom - building 5200 Room 108
- Christian Science Sun. 7:30 a.m.

—PENTECOSTAL RE

- Gateway Chapel - building 6300
- Pentecostal RE Sun. 2:30 p.m.

—ORTHODOX CHRISTIAN

- Airmen Mem. Chapel - building 5432
- Divine Liturgy Sun. 9:30 a.m.

—WICCA

- BMT Reception Center - building 7246
- Military Open Circle Sun. 12:30 p.m.
- Freedom Chapel - building 1528
- Military Open Circle First Tues. 6 p.m.

—REFUGE STUDENT CENTER

- building 9122 (Tech Training & TDY Students)
- Wednesday Bible Study 6:30 p.m.
- Thursday 6 - 8 p.m.
- Friday 6 - 11 p.m.
- Saturday Noon to 9 p.m.
- Sunday 11 a.m. to 5 p.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

- Gateway Chapel - building 6300
- Religious Education Tues. 6:30 p.m.
- LDS Institute Thurs. 6:30 p.m.
- LDS Service Sun. 1 p.m.

—JEWISH

- Airmen Mem. Chapel - building 5432
- Sabbath & Kiddush Fri. 4:30 p.m.
- Religious Education Sun. 1:30 p.m.

—ROMAN CATHOLIC

- Freedom Chapel - building 1528
- Religious Education Sun. 9 a.m.
- Reconciliation Sun. 10 a.m.
- Mass Sun. 11 a.m.
- Sun. 5 p.m.
- Reconciliation Sun. 4:15 p.m.
- Gateway Chapel - building 6300
- Daily Mass Mon., Tues. and Thurs. 11:30 a.m.

Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

- Global Ministry Center - building 7452
- Jummah Prayer Fri. 12:45 - 1:15 p.m.
- Religious Education Sun. 9 a.m.

OTHER FAITH GROUPS

- BMT Reception Center - building 7246
- Buddhist Sun. 10 a.m.
- Gateway Chapel - building 6300
- Eckankar
- First, third and fifth Saturdays 12:30 p.m.
- Baha'i
- First, third and fifth Saturdays 11 a.m.

For more details, contact
Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911

JBSA-LACKLAND

KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.af.mil
My Air Force Life	http://www.MyAirForcelife.com

WHAT'S HAPPENING

Military & Family Support Events

ALL CLASSES, SEMINARS, MEETINGS AND EVENTS ARE HELD AT THE MILITARY FAMILY READINESS CENTER, BUILDING 1249, UNLESS NOTED BELOW. CALL MFRC AT 671-3722 FOR ADDITIONAL INFORMATION.

FRIDAY

- ▶ Transition Goals, Plans, Success, 7:45 a.m. to 4 p.m.
- ▶ AMVETS national service officer available by appointment only. For additional information, call 773-354-6131.

MONDAY

- ▶ Transition GPS, 7:45 a.m. to 4 p.m.
- ▶ Personal and family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.
- ▶ Post-deployment briefing, required for all Airmen returning from deployment, 502nd Logistics Readiness Squadron IDRC briefing room, 2:30-3:30 p.m., building 5160.
- ▶ AMVETS national service officer available by appointment only. For more information, call 773-354-6131.

TUESDAY

- ▶ Transition GPS, 7:45 a.m. to 4 p.m.

- ▶ Pre-deployment briefing, required for all Airmen preparing to deploy, 502nd Logistics Readiness Squadron IDRC briefing room, 9-9:30 a.m., building 5160.
- ▶ AMVETS national service officer available by appointment only. For additional information, call 773-354-6131.

WEDNESDAY

- ▶ Transition GPS, 7:45 a.m. to 4 p.m.
- ▶ Entry Level Separation, Technical Training, 8-9 a.m.
- ▶ Entry Level Separation, Basic Training, 2:30-3:30 p.m.
- ▶ AMVETS national service officer available by appointment only. For additional information, call 773-354-6131.

THURSDAY

- ▶ Transition GPS, 7:45 a.m. to 4 p.m.
- ▶ Exceptional Family Member Program parent support group, noon to

1:30 p.m., building 3850.

- ▶ AMVETS national service officer available by appointment only. For additional information, call 773-354-6131.

AUG. 1

- ▶ Transition GPS, 7:45 a.m. to 4 p.m.
- ▶ AMVETS national service officer available by appointment only. For additional information, call 773-354-6131.

AUG. 4

- ▶ Personal and family readiness briefing, mandatory for personnel deploying longer than 30 days or going on remote assignments, 10:30-11 a.m.
- ▶ Post-deployment briefing, required for all Airmen returning from deployment, 502nd Logistics Readiness Squadron IDRC briefing room, 2:30-3:30 p.m., building 5160.
- ▶ AMVETS national service officer available by appointment only. For more

information, call 773-354-6131.

AUG. 5

- ▶ Pre-deployment briefing, required for all Airmen preparing to deploy, 502nd Logistics Readiness Squadron IDRC briefing room, 9-9:30 a.m., building 5160.
- ▶ Pre-separation briefing, mandatory for all members retiring, pre-registration required, 9 a.m. to noon.
- ▶ AMVETS national service officer available by appointment only. For more information, call 773-354-6131.

AUG. 6

- ▶ AMVETS national service officer available by appointment only. For more information, call 773-354-6131.

AUG. 7

- ▶ Pre-separation briefing, mandatory for all members separating voluntarily, pre-registration required, 9 a.m. to noon.

Monthly Meetings

ENLISTED SPOUSES CLUB

The Lackland Enlisted Spouses' Club meets every third Tuesday of the month at the Balfour Beatty Community Center, 6:30-8:30 p.m. For more information, visit <http://www.lacklandesc.org>.

OFFICERS SPOUSES CLUB

The Lackland Officers' Spouses' Club meets monthly. For dates and times, or more information, visit <http://www.lacklandosc.org>.

MILITARY COUNCIL OF CATHOLIC WOMEN

The Military Council of Catholic Women meets the first Friday of the month, 9:30 a.m., at Freedom Chapel. For additional information, call 671-4208.

On the web
<http://www.lacklandfss.com>

Salmonella and eggs: *an unwelcome summertime visitor*

Eggs and summer go together: deviled eggs, homemade ice cream, and potato salad. But, just a few hours outside of the refrigerator and your eggs can create lasting memories that you'd rather forget. This summer, make sure that eggs carrying Salmonella don't come to your next outing.

Summer is the perfect season for Salmonella, a germ that commonly causes foodborne illness – sometimes called food poisoning. Warm weather and unrefrigerated eggs or food made from raw or undercooked eggs create ideal conditions for Salmonella to grow. Many germs grow to high numbers in just a few hours at room temperature.

Wondering if you have Salmonella food poisoning?

See your doctor or healthcare provider if you have:

- Diarrhea along with a temperature over 101.5 degrees Fahrenheit.
- Diarrhea for more than three days that is not improving
- Bloody stools
- Prolonged vomiting that prevents you from keeping liquids down
- Signs of dehydration, such as
 - * Making very little urine
 - * Dry mouth and throat, and
 - * Dizziness when standing up

Although anyone can get Salmonella food poisoning, older adults, infants, and people with weakened immune systems are at increased risk for serious illness.

A person infected with Salmonella



usually has a fever, abdominal cramps, and diarrhea beginning 12 to 72 hours after consuming a contaminated food or beverage. The illness usually lasts four to seven days, and most people recover without antibiotic treatment. But, in rare cases, people become seriously ill.

In the United States, Salmonella infection causes more hospitalizations and deaths than any other germ found in food, resulting in \$365 million in direct medical costs annually.

You can get Salmonella from perfectly normal-looking eggs. Salmonella can live on both the outside and inside of eggs that appear to be normal. Chicken feces on the outside of egg shells used to be a common cause of Salmonella contamination. To counter that, regulators in the 1970s put strict procedures into place for cleaning and inspecting eggs. Now, Salmonella is sometimes found on the inside of eggs; it gets there as the egg is forming.

Professionals from public health, gov-

ernment, and the food industry are continually working to reduce the risks of Salmonella in eggs. Here are just a few contributions made thus far:

CDC researchers found a significant decrease in Salmonella outbreaks associated with eggs.

In a recent MMWR report that tracked foodborne disease outbreaks reported to CDC from 1998-2008, the authors noted a significant drop in the percentage of Salmonella outbreaks attributed to eggs.

Regulators and food industry stakeholders partnered to improve food safety.

The Food and Drug Administration (FDA) enacted the Egg Rule in 2010 to improve egg safety on egg farms by reducing infections with a type of Salmonella (called serotype Enteritidis) that is transmitted commonly by eggs; they also established safe handling and labeling requirements for shell eggs.

Salmonella can contaminate more than poultry and eggs. It sneaks its way

into many foods – ground beef, pork, tomatoes, sprouts—even peanut butter. Here are six tips to make eggs and other foods safer to eat.

Like other perishable foods, keep eggs refrigerated at or below 40° F (4° C) at all times. Buy eggs only from stores or other suppliers that keep them refrigerated.

Discard cracked or dirty eggs.

Eating raw or undercooked eggs can be especially dangerous for young children, pregnant women, older adults, and those with weakened immune systems.

Do not keep eggs or other foods warm or at room temperature for more than two hours.

Refrigerate unused or leftover foods promptly.

Avoid restaurant dishes made with raw or lightly cooked unpasteurized eggs. Although restaurants should use pasteurized eggs in any recipe containing raw or lightly cooked eggs – such as Hollandaise sauce or Caesar salad dressing – ask to be sure.

Consider buying and using shell eggs and egg products that are pasteurized. These are available for purchase from certain stores and suppliers.

For more information about Salmonella, foodborne illness and food safety, call 1-800-CDC-INFO, e-mail cdcinfo@cdc.gov, or visit <http://www.cdc.gov>.

(Source: Centers for Disease Control and Prevention)

MELANOMA from Page 16

of the skin and becomes visible as a tan. A tan does not indicate healthy skin or good health. Tanned skin is a response to injury, because skin cells signal they have been hurt by UV rays by producing more pigment. Although everyone's skin can be damaged by UV exposure, people with sensitive skin and those who burn easily and tan very little are at the highest risk.

What are the signs of melanoma? Most melanomas have black or blue-black areas, but may appear as a new mole. It may be black, "ugly-looking" and abnormally shaped. The National Cancer Institute reminds us to think "ABCDE" to remember what to look for:

- Asymmetry - the shape of one half of the suspicious mole does not match the other half.

- Border - the edges are ragged, irregular or blurred.

- Color - the color is uneven and may include shades of black, brown and tan.

- Diameter - there has been a change in size, usually an increase.

- Evolving - the mole has changed over the past few weeks or months.

Surgery is the first treatment of all stages of melanoma. Prevention, however, is the best treatment.

The National Institutes of Health recommends avoiding or reducing exposure to direct sunlight. Wear a wide-brimmed hat and clothing that protects the body from direct sunlight. Wear sunglasses that absorb UV radiation to protect the skin around the eyes.

Apply sunscreen lotions with a sun protection factor of 30 or greater, reapply every two hours, and after swimming. It is important to use a broad-spectrum

sunscreen lotion that filters both UVB and UVA radiation. Perform routine skin checks to monitor for changes in your skin. If you notice a mole that is changing or is concerning you, see your primary care provider for an evaluation.

There has been increased concern regarding Vitamin D deficiency in the news. Vitamin D is produced by the skin with UVB exposure. Some promoters of tanning have recommended tanning bed use to help produce Vitamin D.

It is important to note that Vitamin D is produced with moderate exposure to UVB rays. Tanning lamps typically emit more UVA rays and fewer UVB rays. Vitamin D can be more safely obtained by eating a healthy diet and supplementation if needed.

According to the CDC, indoor tanning is estimated to cause about 419,000 cases of skin cancer every year. For



comparison, smoking is thought to cause about 226,000 cases of lung cancer every year.

Melanoma is the deadliest skin cancer, but early diagnosis gives the best chance for long-term survival. If you are interested in more information on melanoma, go to the NIH website and see the online booklet "What You Need To Know About™ Melanoma and Other Skin Cancers" at <http://www.cancer.gov/cancertopics/wyntk/skin> to learn about melanoma symptoms, diagnosis, treatment, and questions to ask your doctor.



Active-duty members must avoid off-limits businesses, report suspicious activities

By Alex Salinas
Joint Base San Antonio-Randolph Public Affairs

Armed forces members may face severe punishment if they are spotted at a few local businesses that are off-limits, but they also have a responsibility to stay away from areas with suspicious activity and report it wherever they are.

"We rely on our members to make good decisions and use their basic instincts when they sense trouble," said Mance Clark, Joint Base San Antonio-Randolph antiterrorism officer.

Military members are forbidden to enter the Cracker Box Palace, Voodoo Tattoo Parlor, Players Club of San Antonio and Planet K, according to a JBSA memorandum from last June.

Planet K, a smoking paraphernalia shop with multiple stores in San Antonio alone, is prohibited at all locations in Bexar, Atascosa, Wilson, Guadalupe, Comal, Kendall, Medina and Bandera counties.

These establishments were placed off limits by the San Antonio Armed Forces Disciplinary Control Board starting in 1997 because they featured conditions such as underage buying of alcohol, drug trafficking, sexual solicitation or gang presence that endangered the "health, morale and welfare" of military members, Clark said.

However, criminal activity can happen anywhere, so people must keep their eyes and ears open at all times.

"We all must be proactive and look out for each other," Clark said. "When traveling to a new place, whether

it's a new bar or restaurant, do your homework ... search the Internet for reviews, check social media sites for blogs or ask family and friends about their experiences at that place."

A business' outside appearance can often reveal its identity in terms of safety, but some have been known for their curbside appeal to mask shadier affairs, which reinforces the need for them to be researched as much as possible, Clark added.

Members should take extra caution if they decide to visit bars or lounges, said Master Sgt. Charlene Basallote, JBSA-Randolph Antiterrorism Office NCO in charge. Several in the city have ties or affiliations with gangs; one is owned by the Mexicanemi, a Texas Mexican mafia formed in the early 1980s known for extortion, narcotics trafficking and murder.

For local crime statistics and records, visit the San Antonio Police Department website at <http://www.sanantonio.gov/SAPD/CrimeandCall-Information.aspx> or call their non-emergency number at 207-7273.

"Participating in illegal activities is a career-ender," Clark said. "Never get involved, and if you witness or sense something that doesn't seem right, something that makes the hairs on the back of your neck stand up, report it."

To report suspicious or unusual activity, call 221-2244 or 221-2222 for JBSA-Fort Sam Houston; 652-5700 or 652-5509 for JBSA-Randolph; and 671-3030 or 671-2018 for JBSA-Lackland.

For emergencies, call 911.

BMT HONORS

Congratulations to the following 50 Airmen for being selected as honor graduates among the 503 Air Force basic military trainees who graduated today:

320th Training Squadron -Flight 439

William Hastings
Eric Heimermann
Ryan Kanatus
Matthew Larkins
Jonah Longville
-Flight 440
Austin Sparrow

321st Training Squadron -Flight 447

Thomas Daniels
Mark Generoli
Carlos Rodriguez
-Flight 448
Courtney Andersen
Samantha Bradford
Jordan Cassidy
Angelica Smith
Stephanie Sund
-Flight 449
Linares Curtin F
Shawn Noyes
Charles Smith
Brian Weaver
-Flight 450
Samara Duman

322nd Training Squadron -Flight 441

Minsoo Machado
Jacob Mizzell
Tanner Mutlu
Aaron Reeves
David Reeves

Ryan Rozycki
Andrew Sandoval
Upheng Vang
-Flight 442
Ethelbert Lavada
Allen Lewis
Arnold Moses II
Michael Thomas
Fuh R. Tsai E

323rd Training Squadron -Flight 445

Peter Badalamenti
Kyle Bellone
David Bousonville
James Spink
-Flight 446
Joseph Arnold II
Ian Beister
Ryan Blalock
Tyler Casazza
Domenic Desimone
Scott Mcguire
Jacob Paxton
Kayleb Wicks

331st Training Squadron -Flight 443

Luke Thompson
-Flight 444
Brittney Jacobsen
Hillary Lawson
Christina Pavoncello
Presley Power
Lindsey Schepis

Top BMT Airman

Carlos Rodriguez
321st TRS, Flight 447

Most Physically Fit

-Female Airmen
Alexandria Gursky
331st TRS, Flight 444

Nichole Ramirez
331st TRS, Flight 444
Emily Salisbury
331st TRS, Flight 444
Tiaira Potts
331st TRS, Flight 444
-Male Airmen
Marcquise Morgan
321st TRS, Flight 449
Tyler Stacey
321st TRS, Flight 449
Raul Perales
322nd TRS, Flight 442
Michael Wells III
321st TRS, Flight 449
-Female Flights
331st TRS, Flight 444
321st TRS, Flight 450
321st TRS, Flight 448
-Male Flights
320th TRS, Flight 440
321st TRS, Flight 449
322nd TRS, Flight 441
322nd TRS, Flight 442
320th TRS, Flight 439
323rd TRS, Flight 446
321st TRS, Flight 447
323rd TRS, Flight 445
331st TRS, Flight 443

Top Academic Flights

323rd TRS, Flight 446
321st TRS, Flight 448
320th TRS, Flight 439
321st TRS, Flight 449
321st TRS, Flight 447
322nd TRS, Flight 441
322nd TRS, Flight 442
331st TRS, Flight 444
321st TRS, Flight 450
331st TRS, Flight 443
320th TRS, Flight 440