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**JBSA
HOTLINES**



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A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



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ARNORTH helps train local medical response team for possible Ebola cases

By Army Sgt. 1st Class Tyrone C. Marshall Jr.
DOD News, Defense Media Activity

Department of Defense leaders are ensuring the 30 members of a medical support team at Joint Base San Antonio-Fort Sam Houston that may be called upon to respond to new cases of Ebola in the U.S., are receiving world-class, state-of-the-art training, a senior military doctor said.

Air Force Col. John J. DeGoes, command surgeon for U.S. Northern Command and North American Aerospace Defense Command, discussed the training and its potential impact should the team be called upon to respond to Ebola cases.

U.S. Northern Command tasked U.S. Army North (Fifth Army) to work with medical experts to devise and lead the team's training. In less than three days, ARNORTH's Task Force 51 devised a program that provided the world-class training the team of medical experts received and ultimately met with certification for all 30 members.

The team began training at the San Antonio Military Medical Center Oct. 23. It is comprised of 10 critical care nurses; 10 noncritical care in-patient nurses; five physicians with experience in infectious disease, internal medicine and critical care; and five individuals trained in specialties related to



Photo by Airman 1st Class David R. Cooper

Maj. Virginia Vardon-Smith (right), Dwight D. Eisenhower Army Medical Center Clinical Intensive Care Unit nurse specialist, sprays her gloves to disinfect them before removing them Oct. 23. Vardon-Smith is being trained at the San Antonio Military Medical Center on Joint Base San Antonio-Fort Sam Houston to respond quickly, effectively and safely in the event of additional Ebola cases in the United States. The training, led by U.S. Army North (Fifth Army), will prepare military medical professionals to work alongside civilian counterparts to respond to the disease if needed.

infection control.

"Because there's this need," DeGoes said, "we're going to make sure that we can respond effectively to it, but only after people are trained fully are proficient.

"It's absolutely critical that we train to standard and not to a pre-conceived time," he said. "There's

risk, but we're doing everything to mitigate it and we think that this is an important mission for the United States of America."

DeGoes noted that NORTHCOM commander Army Gen. Charles H. Jacoby Jr. emphasized the

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BAMC CHANGE OF COMMAND

Brig. Gen. Barbara Holcomb, Southern Regional Medical Command commander, passes the guidon to incoming commander, Col. Evan Renz during Brooke Army Medical Center's change of command ceremony Oct. 20 at the Army Medical Department Museum Amphitheater on Joint Base San Antonio-Fort Sam Houston. BAMC bids farewell to outgoing commander Col. Kyle Campbell who has led BAMC since Jan. 24, 2013. The Army's flagship medical center serves more than 225,000 beneficiaries throughout the San Antonio Region for wounded warriors, service members, retirees and their family members. From 2003-2013, Renz was assigned to the U.S. Army Institute of Surgical Research, most recently serving as the director of the ISR Burn Center at BAMC - the Defense Department's only burn center. Since 2013, Renz has served as BAMC's first deputy commander for acute care.



Photo by Robert Shields

Active Army's longest serving enlisted female Soldier retires

By **Stephanie Abdullah**
Army News Service

Command Sgt. Maj. Donna A. Brock retired from the U.S. Army and transferred responsibility to Command Sgt. Maj. Gerald C. Ecker in a ceremony at the U.S. Army Medical Command Headquarters on Joint Base San Antonio-Fort Sam Houston Oct. 24.

Brock, who joined the Army in 1979, holds the honor of being the Army's longest serving enlisted female Soldier.

"I love the Army," said Brock from her Falls Church, Va., office at the Defense Health Headquarters. "But, I know there's life after the Army."

Brock became a combat medic when she joined the Army more than 35 years ago and has maintained that



Official photo

Command Sgt. Maj.
Donna A. Brock

military occupational specialty throughout her career; rising to the top of her career field in both rank and position.

Brock's final assignment was as the command sergeant major of MEDCOM. She was also dual-hatted as the senior enlisted advisor to Army

Surgeon General Lt. Gen. Patricia Horoho, who also serves as the commanding general of MEDCOM. In their Office of the Surgeon General roles, they are based in the Washington, D.C. area.

"It's kind of like working for a rock star and you're their sidekick," Brock said of her boss who is the Army's first female surgeon general and the first who is a nurse.

"When I travel with her, of course all of the attention is on her (as it should be) and everyone is at their best. But, when it's just me, I have the opportunity to really get in the weeds and really find out what's going on at the lowest levels," Brock said.

Communicating across the enterprise that is Army Medicine is what Brock called her greatest challenge during her

tenure.

"I'm not sure that information is getting all the way down to the private," she said. "Sometimes I talk to Soldiers and they don't have a clue about certain things that they should be aware of. That bothered me."

As a result, Brock implemented what she calls the Army Medical Department update. When she travels to AMEDD/MEDCOM units, she holds town halls where she gives updates on the AMEDD and engages in conversations with Soldiers of all ranks as well as Department of the Army Civilians. In addition, Brock often hosts female-to-female meet ups, where she talks to female Soldiers about issues specific to them.

"Female mentorship for women is extremely important," she said. "I've

had some great male mentors throughout the years, but the mentorship of other females is invaluable."

While Brock holds the distinction of being the Army's longest serving enlisted female Soldier of any race, she happens to be black and Mexican – a triple minority. Brock said the Army has a long history in leading the way regarding diversity. Brock said the closest she came to anything that even resembled prejudice was during basic and advanced individual training when other Hispanic Soldiers explained to her that not all Hispanics are the same.

"I always thought Hispanic was Hispanic. But, other Latino descent Soldiers let me know quickly that there is a

See **BROCK, P17**



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<http://www.samhouston.army.mil/pao>

News Briefs

Turn-In/Withdrawal Excess Property Training Course

A class for representatives from all units and departments that generate excess property for disposal/turn-in to the Defense Logistics Agency Disposition Services San Antonio Field Activity site is offered the first Monday of every month, beginning Monday. The class will be from 8:30-10:30 a.m. at Disposition Services San Antonio, 2999 Parker Hill Road, building 4195, suite 65, on Joint Base San Antonio-Fort Sam Houston. Call 221-4836 or email DRMSSanAntonioDSR@dla.mil to register or for more information.

New Accounting System Launch, Town Halls Throughout JBSA

The 502nd Comptroller Squadron will host three town hall events in November, one at each Joint Base San Antonio location for the launch of a new accounting system. The Defense Enterprise Accounting and Management System is an accounting enterprise resource planning solution, based on the Oracle e-business suite for use by the Air Force and by U.S. Transportation Command. It improves Air Force audit ability through the updating and automating of practices, streamlining procedures and improved data sharing. DEAMS is expected to be fully operational in February 2015 for all of Air Education and Training Command.

The town halls are scheduled as follows:

9 a.m., Tuesday, Arnold Hall, JBSA-Lackland

9 a.m., Wednesday, Evans Hall, JBSA-Fort Sam Houston

9 a.m., Thursday, Fleenor Auditorium, JBSA-Randolph

Learn more about DEAMS online <http://go.usa.gov/WPqQ>

There Is Still Time For FEHB

The Joint Base San Antonio-Fort Sam Houston and San Antonio Military Medical Center Federal Employees Health Benefits Fairs may be over, but open season 2014 is ongoing. Employees have from Nov. 10 to Dec. 8 to select new health benefits providers, or make changes to their current health benefit plans. Air Force employees can call 808-0205, while Army employees can call 221-9638 221-2934. All employees may also go

See NEWS BRIEFS, P6

AMEDDC&S selects Soldier Medic Team to compete in Army Best Medic competition

By Esther Garcia
AMEDDC&S Public Affairs

Eleven Soldiers competed in the U.S. Army Medical Department Center and School Best Medic competition, but only two came out on top.

Sgt. Cody Blackmon, Medical Brigade Training Support Company, and Staff Sgt. David Nells, 232nd Medical Battalion, 32nd Medical Brigade, AMEDDC&S, placed first and second, respectively, in the Oct. 7 competition at Joint Base San Antonio-Camp Bullis.

Blackmon and Nells will be the Soldier medic team representing AMEDDC&S in the 2014 Command Sgt. Maj. Jack L. Clark, Jr. Best Medic Competition Wednesday through Nov. 7 at JBSA-Camp Bullis.

"I am very honored to be representing AMEDDC&S," Nells said. "I never thought that I would have an opportunity to compete against the best medics in the Army."

Capt. Bradley Gregory, 187th Medical Battalion, placed third in the competition and will step in to compete in the November competition if Blackmon or Nells are unable to participate.

The non-stop 15-hour competition began at 1 a.m. with a 12-mile foot march through rough terrain inside JBSA-Camp Bullis.

The competition continued with land navigation and weapons qualification on an M16A2 rifle.

By noon, the competition became more grueling due to heat and humidity.

The candidates took a 15-minute break to complete a written exam, followed by an obstacle course that included swinging their bodies from a rope to a wall and jumping to the ground, weaving in and out of logs, mounting from a low log to a high log, going over an inverted wall, using balancing skills to walk or run



Sgt. Cody Blackmon (left), 32nd Medical Brigade Training Support Company, U.S. Army Medical Department Center and School, performs a low belly over, one of five physically challenges candidates encountered at the obstacle course during the 2014 AMEDDC&S Best Medic Competition Oct 7 at Joint Base San Antonio-Camp Bullis. Blackmon placed first in the competition and will represent the AMEDDC&S at the upcoming Command Sgt. Maj. Jack L. Clark Army Best Medic Competition in November, competing against medics from throughout the Army.

along several logs and performing as many pull-ups in one minute as possible.

After the physical tests, the medical lanes further challenged the candidates' fitness and professional abilities with warrior tasks and various medical skills.

A 180-pound mock casualty with various injuries was waiting for the competitors to perform triage upon and then be carried to safety while under enemy attack.

Nells shared his thoughts about the competition.

"The competition was physically demanding and the short notice I think made the playing field very competitive because there was only a week to prepare. Some of the events had us digging deep.

"A 12-mile road march without any train up takes a little heart," Nells said. "The cadre kept the events back to back not giving us a chance to clear our minds or rest our bodies so it was pretty well organized."



Photos by Esther Garcia

Staff Sgt. David Nells (left) and Staff Sgt. Victor Miranda (right) from the 232nd Medical Battalion, 32nd Medical Brigade, move a casualty weighing at approximately 180 pounds to safety during the medical lane competition at the 2014 U.S. Army Medical Department Center and School Best Medic Competition Oct. 7 at JBSA-Camp Bullis. This part of the competition tests the candidates' tactical cognitive and physical endurance and emergency medical skills in a pre-hospital environment. Nells placed second in the competition and will represent the AMEDDC&S at the upcoming Command Sgt. Maj. Jack L. Clark Army Best Medic Competition in November.

Dr. Biden thanks wounded troops, caregivers at CFI

By Elaine Sanchez
BAMC Public Affairs

Dr. Jill Biden, wife of Vice President Joe Biden, took a whirlwind tour of the Center for the Intrepid Oct. 22, thanking wounded service members and caregivers for their service and sacrifice at each stop along the way.

The visit marked Biden's third to the CFI, Brooke Army Medical Center's state-of-the-art outpatient rehabilitation facility.

Biden's latest visit was inspired by her trip last month to the Invictus Games, an international sports event for wounded service members held in London.

Her focus for this visit was on learning how

adaptive sports were aiding warrior-athletes.

"I wanted to see what an amazing job they're doing in rehabilitation," Biden said, referring to the CFI patients and staff.

Biden's first stop was to see the FlowRider, a surf machine that's a long-standing favorite at the CFI. The machine promotes core strength and balance, and also preps some budding surfers for coveted trips along the coast of California.

Biden cheered as Army Staff Sgt. Angel Perez showed off his boogie boarding skills, balancing on the rough, watery slope.

Upstairs in the physical therapy gym, Biden talked with several warriors,

including Sgt. Cory Muzzy and his wife, Michelle. Muzzy was injured in an artillery training accident at Fort Bragg, N.C., in February, losing most of his vision, his right leg above the knee and his left leg below the knee.

Biden spoke with Muzzy for a few minutes, also thanking his wife for providing support.

"I wouldn't be doing as good as I am without her," Muzzy agreed.

A few feet away by the rock-climbing wall, Army Staff Sgt. Jen Lee greeted Biden, wearing his paralympic medal around his neck. Lee, who lost his left leg above the knee in a motorcycle accident, is a member of the U.S. National Sled Hockey

See BIDEN, P10



Photo by Robert Shields

Dr. Jill Biden greets Sgt. Cory Muzzy and his wife, Michelle, at the Center for the Intrepid, Brooke Army Medical Center's outpatient rehabilitation center, Oct. 22. Muzzy was injured in an artillery training accident at Fort Bragg, N.C., in February, losing most of his vision, his right leg above the knee and his left leg below the knee.

Keltz assumes command of 19th Air Force at JBSA-Randolph

By Tech. Sgt. Beth Anschutz
AETC Public Affairs

Maj. Gen. Michael A. Keltz assumed command of 19th Air Force in a ceremony Oct. 24 at Joint Base San Antonio-Randolph.

Air Education and Training Command officially activated the numbered Air Force Oct. 1, marking another milestone in its flying education and training program for the Air Force, other services and the nation's allies.

Nineteenth Air Force is responsible for the training of world-class aircrews, air battle man-

agers, weapons directors, Air Force Academy Airmanship programs, and survival, escape, resistance and evasion Airmen to sustain the combat capability of the U.S. Air Force.

Gen. Robin Rand, AETC commander, spoke to the reputation of the 19th Air Force mission.

"Nineteenth Air Force will continue to build upon a legacy," Rand said. "This mission is of the utmost importance and failure is not an option."

Keltz said 19th Air Force's legacy is one of an agile and leading-edge force and today's Airmen

are no different.

"The Airmen of today's 19th Air Force walk in the footsteps of giants," Keltz said. "We're looking to the future, while maintaining the basics of a noble past. We can't forget where we came from."

The numbered Air Force is responsible for flying more than 490,000 hours annually, which is 44 percent of the Air Force total flying hours. Nineteenth Air Force is comprised of 19 training locations, with 16 Total Force wings: 10 active duty, one Air Force Reserve and five Air National Guard

units. More than 32,000 personnel and more than 1,350 aircraft of 29 different models make up the force.

Keltz said the entire team is responsible for 19th Air Force's future success.

"Nineteenth Air Force is not just about training people; it's a mindset," Keltz said. "We're responsible for building fifth generation Airmen, capable of operating in all dimensions of warfare."

The ceremony ushered in another chapter in 19th Air Force's tradition of excellence and vital role in the Air Force's First Command.



Photo by Joel Martinez

Air Force Gen. Robin Rand (left), commander of Air Education and Training Command, passes the guidon to Air Force Maj. Gen. Michael A. Keltz (right), commander of the 19th Air Force, during the 19th Air Force assumption of command ceremony Oct. 24 at Joint Base San Antonio-Randolph. Keltz's previous assignment was director of the AETC Intelligence, Operations and Nuclear Integration Division.

News Briefs

Continued from P3

to the OPM website at <http://www.opm.gov/insure/health/index.asp> for additional information.

Storage for Contingency/Deployment Entitlement Changes

Effective immediately, storage for contingency/deployments of 90 days or longer is not authorized, if the member concurrently receives Bachelor Allowance for Housing in the commuting area of the permanent duty station, per AFI 24-501, Personal Property Moving and Storage, paragraph 1.6.2.2, dated Oct. 10. This is a major change from previous entitlement, which authorized storage at government expense by utilizing squadron O & M funds without regard to BAH entitlement provided to the service member. Any future requests received by the Installation Transportation Officer from commanders for storage based on a deployment must reflect member is not receiving BAH for local housing. There is however a grandfather clause to allow continued storage at government expense for members who currently have approved storage even though they are receiving BAH. For further clarification or questions contact Personal Property Processing Office JBSA-Lackland, at 671-2821, PPPO-JBSA Ft Sam at 221-1605 or PPPO-JBSA Randolph at 652-1848.

AKO 'My Medical Readiness' Link Down

The Army Knowledge Online link in My Medical Readiness where Soldiers or civilians currently access their individual medical readiness data and the link for Periodic Health Assessments or Deployment Health Assessments is unavailable until further notice. No target date for the restoration of the AKO access has been given. Until the AKO link is restored, it is recommended the PHA and DHA self-assessments can be accessed by logging into the website at <https://rc.mods.army.mil/mha>; then select the appropriate tab for the Pre/Post/PDHRA/PHA; complete the self-assessment and save. For Individual Medical Readiness printouts, contact unit readiness points of contact to print the IMR from the MEDPROS web reports program.

AMEDDC&S welcomes new command sergeant major

By Esther Garcia
AMEDDC&S Public Affairs

Army Medical Department Center and School Command Sgt. Maj. Gerald Ecker passed the noncommissioned officer's sword to incoming Command Sgt. Maj. Michael Gragg at a relinquishment of responsibility ceremony Oct. 17 at the Army Medical Department Museum Amphitheater.

Gragg formerly served as the 32nd Medical Brigade command sergeant major. Ecker will serve as the command sergeant major for the U.S. Army Medical Command and as senior enlisted advisor for the U.S. Army Surgeon General, Lt. Gen. Patricia Horoho.

Maj. Gen. Steve Jones, host for the ceremony and AMEDDC&S commanding general, highlighted Ecker's ac-

complishments during his tenure.

"Command Sgt. Maj. Ecker's impact during his year at the AMEDD Center and School has been profound," Jones said. "He developed concepts to build on the gains combat casualty care made during the last 13 years of war, so that we can improve survival on the battlefield even further.

"Ecker authored an AMEDD noncommissioned officer leader development strategy that will guide how to develop 61,000 AMEDD Soldiers into the leaders of character we need to face the many challenges ahead," Jones added.

Some of Ecker's contributions included securing funding for NCOs in hospitals and clinics to further their education so they are better prepared to lead

a medical treatment facility in garrison and for new command sergeants major to attend the AMEDD pre-command course. Ecker actively engaged commands across the Army to improve attendance at the NCO Academy on Joint Base San Antonio-Fort Sam Houston.

"Little did I know the future exploits that would await me, my aid bag and my newly acquired skill," Ecker said of his training as a combat medic at JBSA-FSH more than 28 years ago. "The investment that was made in me and thousands of others like me over the past several years has literally been receiving precious returns in foreign lands over the last 13 years of war."

Ecker described the AMEDDC&S as

See AMEDDC&S, P9



Photo by Esther Garcia

Outgoing Army Medical Department Center and School Command Sgt. Maj. Gerald Ecker (left) passes the NCO sword to Maj. Gen. Steve Jones (right), AMEDDC&S commanding general, signifying his relinquishment of responsibilities during a ceremony Oct. 17 at the AMEDD Museum Amphitheater on Joint Base San Antonio-Fort Sam Houston. Incoming is Command Sgt. Maj. Michael Gragg (center) who served as the 32nd Medical Brigade CSM. Ecker will serve as the command sergeant major for the U.S. Army Medical Command and senior enlisted advisor for the Army Surgeon General.

Sgt. Audie Murphy Club inducts two new members

By Esther Garcia
AMEDDC&S Public Affairs

Sgt. 1st Class Tuan Lee and Staff Sergeant Amy Davis became the newest members of the U.S. Army Medical Command Sgt. Audie Murphy Club at an induction ceremony Sept. 26 at the Brooke Army Medical Center auditorium.

Each inductee received a Sgt. Audie Murphy Club medallion and congratulatory letters from their commanding generals and command sergeant ma-

jors, as well as a book highlighting the history of the U.S. Army.

Guest speaker for the event was Command Sgt. Maj. Gerald Ecker from the Army Medical Department Center and School, while Command Sgt. Major Tabitha Gavia hosted the ceremony.

"The noncommissioned officers recognized today are committed to excellence," Gavia said. "They are known by their seniors, peers and subordinates

See AUDIE, P9



Photo by Esther Garcia

Brooke Army Medical Center Command Sgt. Maj. Tabitha Gavia (left) and U.S. Army Medical Department Center and School Command Sgt. Maj. Gerald Ecker (right) pose with Sgt. 1st Class Tuan Lee, Company B, 264th Medical Battalion, and Staff Sgt. Amy Davis, BAMC, at the Sgt. Audie Murphy Club induction ceremony Sept. 26 at the BAMC auditorium. Lee and Davis are the newest members inducted in the Sgt. Audie Murphy Club, an elite organization for NCOs.

Have medical questions? Call the TRICARE Nurse Advice Line

Sometimes it is difficult to know if and when to seek medical help for acute health problems, so having professional help at a moment's notice is invaluable.

The Military Health System's new Nurse Advice Line for TRICARE beneficiaries does just that.

TRICARE beneficiaries in the continental United States, Alaska and Hawaii can call the NAL toll-free, twenty-four hours a day, seven days a week.

The NAL is a team of registered nurses who are available to answer a variety of urgent healthcare questions. They can help you decide whether self-care is the best option, or if it is better to see a healthcare provider. There will always be a live person on the line to address beneficiary concerns.

The NAL offers a variety

of solutions for all TRICARE beneficiaries.

For pediatric issues, the NAL will route the beneficiary to a pediatric nurse. If follow-up is necessary or requested, the NAL will call the beneficiary back to check the child's status a few hours later. The NAL will make same-day appointments with the beneficiary's primary care manager for TRICARE Prime beneficiaries who are enrolled to Military Treatment Facilities.

If a same day appointment is not available, the NAL will redirect the beneficiary to the closest urgent care center and advise the PCM that an urgent care referral is needed so the patient does not have to worry about paying any point of service co-pays.

All other TRICARE beneficiaries who are not enrolled to a MTF will receive professional

health advice about their urgent health concern and when to seek urgent care.

When calling the NAL, a customer service representative will verify the beneficiary's eligibility through the Defense Enrollment and Eligibility Reporting System.

Beneficiaries with an acute health care concern or question will be connected with a registered nurse that will ask the beneficiary a series of very standard questions to determine the next steps and allow the NAL nurse to provide the best advice possible.

Beneficiaries can still call their PCM or clinic, but the NAL is another option to access care in a timely fashion.

To access the NAL dial 1-800-TRICARE (874-2273); Option 1.

(Source: TRICARE)

26TH DENTAL CORPS CHIEF DONATES PORTRAIT



Photo by Esther Garcia

(From left) Retired Army Maj. Gen. Ted Wong, his wife, Jeannie, his mother, Jane and his son, Remington, unveil Wong's 26th Dental Corps Chief portrait at a portrait dedication Oct. 10 at the U.S. Army Medical Department Museum. Wong donated his portrait, which will hang at the museum along with other previous dental corps chiefs. Wong recently retired from the Army following 30 years of service. He last served as the commanding general for Northern Regional Medical Command at Fort Belvoir, Va. Wong also served as the commanding general for Southern Regional Medical Command and Brooke Army Medical Center on Joint Base San Antonio-Fort Sam Houston.

USAPHC lab capabilities enhanced to improve health protection

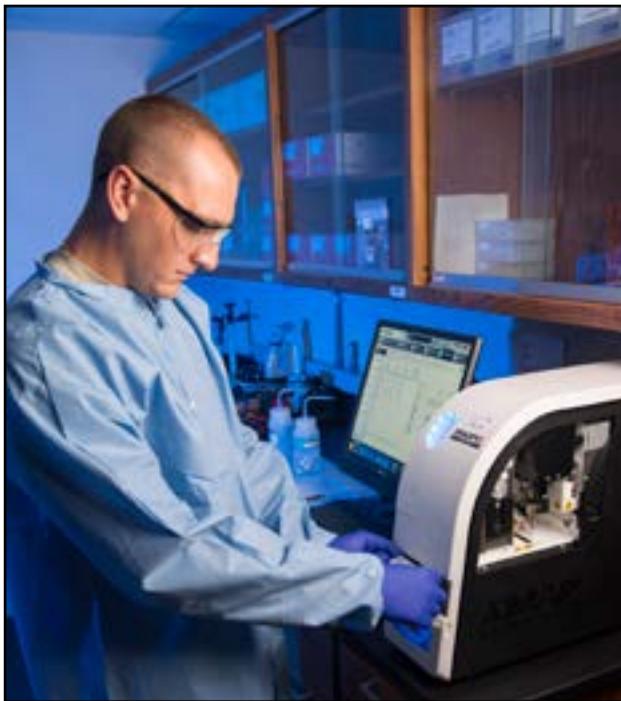


Photo by Graham Snodgrass

Spc. Michael Murphy of the U.S. Army Public Health Command prepares a next-generation genetic detection instrument that can analyze a tick or mosquito sample for up to 50 different pathogen targets such as Lyme disease and malaria at once.

By Jane Gervasoni
USAPHC Public Affairs

U.S. Army Public Health Command laboratories around the world will soon have additional molecular diagnostic equipment that strengthens their biosurveillance capabilities.

Public health threats including vector-borne diseases such as malaria and West Nile virus are widespread. The increased ability to rapidly identify these and other public health threats will be available using this new equipment.

The equipment also will standardize the ability of the six laboratories USAPHC operates to analyze and interpret data related to disease activity and threats to human and animal health.

In turn, making disease

and vector identification easier, faster and more accurate significantly expands Soldier protection from public health threats.

Equipping USAPHC laboratories with this cutting-edge diagnostic equipment results from a partnership with the Joint Program Executive Office for Chemical and Biological Defense at Aberdeen Proving Ground, Md.

“The two JPEO-CBD programs providing equipment, maintenance and training of personnel are the Joint United States Forces Korea Portal and Integrated Threat Recognition, known as JUPITR, and the Global Biosurveillance Technology Initiative,” explained Maj. Michael Desena, USAPHC liaison with the JPEO-CBD. “This collaborative approach advances cooperation initiatives between the medical and chem-bio communities.”

“All six USAPHC laboratories, as well as a new environmental testing facility being established on the Korean peninsula, will receive the state-of-the-art laboratory testing equipment,” said Lt. Col. Kelly Halverson, USAPHC Laboratory Services Portfolio director. “All

the laboratories will now have the same analytical capabilities, ensuring consistent and comparable laboratory results no matter which laboratory performs the analysis.”

“The need for biosurveillance and diagnostic laboratory capabilities in the Korean peninsula led to this partnership. It will provide the ability to generate and share public health information and conduct real-time U.S. and Republic of Korea collaboration,” Desena added.

The partnership with the JPEO-CBD has other benefits as well.

“Training on the equipment for USAPHC personnel, as well as maintenance of the equipment, will be provided by JPEO-CBD,” according to Desena. “Laboratory personnel will be equipped to work in any of the laboratories around the world performing analyses with state-of-the-art equipment.”

“The new equipment will enhance information sharing around the globe,” Halverson said. “It will also allow us to support new customers.

“This equipment will allow us to test environmental, occupational

health and public health threats ... with a high degree of accuracy,” Halverson said. “Our scientists will be able to validate their results using more than one type of equipment and if necessary, further studies can be performed by laboratories in the U.S.”

The USAPHC has additional capabilities that will benefit overseas laboratories and their personnel.

“The Army Public Health Command, as a partner in the biosurveillance effort, also provides training and certification on international shipping and transport of samples through its Environmental Health Engineering Portfolio in additional to laboratory analysis,” Halverson explained. “This is a collaborative effort that delivers the best possible services to protect our Soldiers and Army civilians worldwide.”

This biosurveillance capability adds to the global network of military laboratories in which the USAPHC and the Department of Defense will have the ability to collect, ship, receive, analyze and report on environmental and public health samples from around the globe, Halverson said.

DAYLIGHT SAVING TIME ENDS SUNDAY

Daylight saving time ends in the United States at 2 a.m. Sunday and that means it's time to “fall back” and turn all the clocks in your house back one hour. Daylight saving time is not observed in Hawaii, American Samoa, Guam, Puerto Rico, the Virgin Islands, the Commonwealth of Northern Mariana Islands and Arizona. Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks because daylight saving time provides a convenient reminder.



AMEDDC&S from P6

a unique and special place, an institution that is an effective force multiplier, a generating force that produces competent medical operators of various medical arts, developing tactical medical units, a sound doctrine and equipment that provide the medical service platforms of people, concepts and things with the task and purpose of securing the well-being and saving the lives of military members.

Ecker also spoke about the future of battlefields.

He said the newly

published Army Operating Concept describes the future battlefield as "unknowable" due to the complexity and the conflicts in multiple locations, terrain and domains at the same time.

"Because our battlefield will be more complex in the future it has never been more important for our NCO Corps to command the professionalism and expertise of the fundamentals," Ecker said.

While the 32nd Medical Brigade CSM, Gragg improved the quality of life for the 32nd Medical Brigade, driving down alcohol misconduct by 55

percent and incidents of sexual assault by 61 percent.

"Gragg provided incredible leadership to the Army's largest training brigade, which on any given day averages 5,200 students and more than 1,500 staff and cadre," Jones said.

"With combat tours in Iraq and Afghanistan and assignments as command sergeant major at Landstuhl Regional Medical Center, Germany and caring for wounded warriors at Heidelberg, Germany, he has the right experience to serve on the command team of this organization."

AUDIE from P6

as leaders who set the standard for integrity and character."

Lee, with Company B, 264th Medical Battalion and an advanced individual training platoon sergeant, has tried multiple times to be inducted in the club.

"This is definitely a great honor. I believe in what the club does," Lee said. "It represents true leadership in the NCO Corps. Being inducted in the club is the epitome of my career. I can't wait to get started and to do better and bigger things while I am with the club."

Davis, with Brooke Army Medical Center, is an instructor with the Interservice Respiratory Therapy Program. She has been a candidate for the club for approximately 18 months.

"I have volunteered with the club and I am very excited and honored to be actually inducted and be a member instead of a candidate," Davis said.

The club is named after Sgt. Audie Murphy, the highest decorated Soldier in World War II. Murphy spent 400 days on the front lines, earning a battlefield commission, more than 33 military awards, one Belgian Medal and the Medal of Honor.

Following his time in the service, Murphy joined the Texas National Guard until 1966. He also wrote and published several poems and starred in several films, including "Gunsmoke," "The Red Badge of Courage" and his biographical work, "To Hell and Back." Murphy was killed in a plane crash May 28, 1971, on a mountaintop near Roanoke, Va. He is buried at Arlington National Cemetery, Va.

"The intent of this program is to identify top-notch NCOs that are setting the example in leadership, training and taking care of our Soldiers," Ecker said.

The SAMC was started in 1986 by Lt.

Gen. Crosbie Saint at Fort Hood, Texas. It was intended to recognize outstanding non-commissioned officers who showed exemplary leadership traits and attributes.

Locally, SAMC was established in 2000 when then-installation Command Sgt. Maj. Adolph Arista Jr. directed the formation of a local chapter. In 2002, the Fort Sam Houston SAMC was redesignated the Sergeant Major of the Army Van Autreve Chapter, named after the 4th SMA, Leon L. Van Autreve. Autreve saw increasing the standards of the Army's Noncommissioned Officer as his highest priority.

SAMC is committed to community involvement, regularly visiting veterans at the Audie Murphy Veteran's Memorial Hospital in San Antonio and participating in numerous ceremonies such as hosting the hospital corps social and the AMEDD regimental social.

BIDEN from P4

Team that took gold at the Paralympic Winter Games in Sochi, Russia, in March.

“The CFI opened doors for me,” he said. “I started playing sled hockey here and I was lucky enough to be good at it.”

“That’s an understatement,” Biden said with a laugh, gesturing at his gold medal.

Biden also reunited with Army 1st Lt. Kelly Elmlinger, whom she met at the Invictus Games last month.

Elmlinger, from BAMC’s Warrior Transition Battalion, competed in track, field, cycling, swimming and dominated the field in the wheelchair racing and cycling categories.

Biden’s visit wrapped



Photos by Robert Shields

Dr. Jill Biden admires Staff Sgt. Jen Lee’s gold medal during their talk Oct. 22 at the Center for the Intrepid. Lee, who lost his left leg above the knee in a motorcycle accident, is a member of the U.S. National Sled Hockey Team that took gold at the Paralympic Winter Games in Sochi, Russia, in March.

up with a round-table discussion with military spouses.

“Thank you for all you do,” she told service members, staff and fam-

ily members on her way out. “You’re doing an amazing job.”



Dr. Jill Biden visits with 1st Lt. Kelly Elmlinger, from Brooke Army Medical Center’s Warrior Transition Battalion, Oct. 22 at the Center for the Intrepid. Elmlinger competed at the recent Invictus Games for warrior-athletes in London, in track and field, cycling, swimming, wheelchair racing and cycling.

DOD’s largest Navy-led study endorsed by Army’s top doctor

By Anna Hancock

Navy Health Research Center
Public Affairs

The Department of Defense’s largest longitudinal study in military history received an endorsement from the Army’s surgeon general recently, emphasizing the importance of the Navy-led study across the military services.

As Naval Health Research Center’s Millennium Cohort Study, or MilCo team is gearing up to launch a monumental survey effort, they anticipate the endorsement letter from Lt. Gen. Patricia D. Horoho, Army Surgeon General and commanding general of U.S. Army Medical Command, will help encourage and increase participation.

The team will launched the fiscal year 2014 survey effort in October

to more than 200,000 service members.

“As a participant, the valuable information you provide will help the Millennium Cohort Study team, DOD and Veterans Affairs understand the health concerns and needs of service members and veterans,” wrote Horoho. “Your continued participation is critical.”

The Millennium Cohort study regularly surveys active duty, veteran, retiree and military family members who volunteered to participate.

The study was originally designed to follow participants for up to 21 years, but 21 years was recently extended to 67 years, allowing the team to follow participants throughout their lifespans.

“We work jointly with the nation’s leading experts from the Navy,

Army, Air Force, Marine Corps, Coast Guard, and Department of Veterans Affairs, as well as our academic and private sector colleagues to execute our study,” said Dr. David Luxton, NHRC’s principal investigator and clinical psychologist. “This endorsement solidifies our study’s relationship with the Army.”

MilCo and the MilCo Family Study, a similar research endeavor specifically geared toward military family members, are vital to comprehensively examining the effects of military-unique exposures, including deployments, on long-term health.

The team produced more than 200 findings accepted in peer-reviewed publications or conferences, many implemented in the forms of policy changes, train-

ing programs or other evidence-based decision making by military leaders.

“The value our study has for our men and women in uniform, and their families, is immeasurable,” NHRC’s Commanding Officer Capt. Jacqueline Rychnovsky began. “We appreciate the support we received from Lt. Gen. Horoho, and the surgeons general from each of the services. It truly is a team effort.”

As the DOD’s premier deployment health research center, NHRC’s cutting-edge research and development is used to optimize the operational health and readiness of the nation’s armed forces.

Within close proximity to more than 95,000 uniformed service members, world-class universities, and industry partners, NHRC’s expert team sets



Photo by Navy Petty Officer 3rd Class Eric Moorer

Navy Lt. Chad Craft (right), a physician assistant at Kearny Mesa Branch Health Clinic, performs a mock ultrasound on Lt. j.g. Michael Moser (on bed) to demonstrate proper technique and procedures during the Physician Assistant Symposium in the Surface Warfare Medical Institute at Navy Medical Center San Diego.

the standard in joint ventures, innovation and practical application.

For more informa-

tion on The Millennium Cohort Study, visit <http://www.millenniumcohort.org>.



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Event

November

Bowling

Bowling is better with chocolate

Everything is better with chocolate and almonds, even bowling. Help the JBSA-Fort Sam Houston Bowling Center celebrate Bittersweet Chocolate Day Nov. 7, 11 a.m. to 2 p.m. The first 50 guests who visit the snack bar receive a chocolate bar with almonds along with one free game coupon.

Bowlers enjoy Veterans Day bowling special

Come to the JBSA-Randolph Bowling Center to enjoy the special bowling rate of \$2 per game, per person with \$2.50 shoe rental Nov. 8, noon to 8 p.m.; Nov. 9, 1-4 p.m.; Nov. 10, 10 a.m. to 3:30 p.m. and Nov. 11, noon to 4 p.m. For more information, call 652-6271.

Roll into holiday fun with bowling

The JBSA-Randolph Bowling Center hosts a Thanksgiving Bowling Tournament Nov. 26, 6 p.m. The cost is \$50 per person with prizes for first-second-and third-place winners.

The Pro Shop Black Friday sale saves customers up to 75 percent on bowling balls, bags, shoes and accessories Nov. 28, 9 a.m. to noon.

Patrons continue to celebrate Thanksgiving Nov. 28-30 with a special bowling rate of \$2.50 per game, per person and \$2.50 shoe rental. Families can also take advantage of the rent-a-lane Thanksgiving family day special Nov. 28, 1-4 p.m. This special includes two hours of bowling (shoe rental not included), a 16-ounce soda for each family member and a large pizza for \$40.

Groups of four or more enjoy unlimited Cosmic Bowling Nov. 29, 8-11 p.m., for \$20 per person. This price includes unlimited bowling, free shoe rental, a 16-ounce soda and a large pizza. For more information, call 652-6271.

Patrons enjoy \$1 bowling games

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday through Friday, 11 a.m. to 2 p.m. For more information, call 221-3683.

Families enjoy bowling special on Sundays

Families get a bowling lane for one hour, a large pizza and bowling shoes for \$45 every Sunday, noon to 4 p.m., at the JBSA-Fort Sam Houston Bowling Center. For more information, call 221-3683.

Clubs

Holiday meals available for take out

Relax this holiday season and let the JBSA clubs do the cooking for you.

The JBSA-Lackland Gateway Club offers holiday meals for takeout Nov. 1-Dec. 20. Customers may choose a turkey or ham as the main entrée. The dinner comes with a variety of sides and a dessert. Orders must be placed at least two

days in advance. The last day to order is Dec. 18 and the last day to pick up is Dec. 20. Pick-up time is Monday-Friday, 2-6 p.m. Cost is based on member or nonmember status. For more information, call 645-7034.

Kendrick Club offers bingo fun

The JBSA-Randolph Kendrick Club offers bingo fun Sundays at 3 p.m. and Monday-Thursday at 7 p.m. Bingo Extravaganza takes place Nov. 3 and 17, 6 p.m., with \$15,000 in total jackpots, and a complimentary buffet at 5:30 p.m. Randolph members celebrating November birthdays get one free machine, cake and champagne Nov. 11, 7-9:30 p.m. For more information, call 652-3056.

Pizza and beer make Tuesday nights easy

Patrons get a 16-inch two-topping pizza and two pints of draft beer at Gil's Pub at the JBSA-Randolph Kendrick Club Nov. 4 and 18, 4:30-8 p.m. The price is \$11.95 per person for members and \$14.50 for nonmembers. For more information, call 652-3056.

Gateway Club offers prime rib

The JBSA-Lackland Gateway Club offers prime rib Nov. 7, 5-8 p.m., in the Mesquite Dining Room. The meal starts with a trip to the build-your-own-salad bar and a bowl of clam chowder. The featured entrée, prime rib with burgundy au jus, is served by a carver accompanied by chicken gentle home, pork chops Marsala, rustic whipped potatoes with brown gravy, rice pilaf, green beans with red peppers, California blend vegetables, freshly baked rolls and apple cobbler with whipped topping. Patrons enjoy this dining experience for \$17.95 for members and \$19.95 for nonmembers. For more information, call 645-7034.

Live music available at the club

Rob Carter performs Nov. 7 and the Tobias Band plays Nov. 21, 5-11 p.m., at JBSA-Randolph Parr Club Sky Lounge with complimentary hors d'oeuvres from 5-6 p.m. Admission is \$3 for club members and \$5 for nonmembers. For more information, call 658-7446.

Brunch offers savings for veterans

Club member veterans in full uniform receive brunch at half price Nov. 9, 10 a.m. to 1 p.m., in observance of Veterans Day at the JBSA-Randolph Parr Club. For more information, call 652-7446.

Chef prepares special dinner

The JBSA-Lackland Gateway Club hosts a special chef's dinner Nov. 14 and 21, 5-8 p.m. The Nov. 14 meal consists of bacon wrapped filet mignon with Bearnaise sauce, sautéed jumbo shrimp, twice baked potato, roasted asparagus and a house salad. The Nov. 21 meal features beef tenderloin with port wine sauce, duchess potatoes, broccoli spears and a house salad. Dinner for both occasions cost \$16.95

for members and \$18.95 for nonmembers. For more information, call 645-7034

Boots and barbecue are the hits of the hoedown

The JBSA-Randolph Parr Club hosts a hoedown Nov. 15, 5-8 p.m., with a barbecue feast, live entertainment and prizes for best cowboy/cowgirl hat, buckle and boots. The meal includes brisket, smoked chicken, cowboy beans, bacon and potato hash, corn bread and peach cobbler. Entertainment is provided by the Mystic Band and a cash bar will be available. Children ages 5-11 saddle up in a room nearby to enjoy tator tots, macaroni and cheese, sliders, dessert, candy apple decorating and games. Children under the age of 5 must attend with adult supervision. The cost is \$16.95 per person for adults and \$7.95 for children attending the kids' buffet and activities. No coupons will be accepted and no refunds will be issued after 5 p.m. Nov. 12. Reservations are accepted beginning Nov. 3. For more information and to make reservations, call 658-7446.

November's child is full of grace

Club members celebrate November birthdays at the JBSA-Randolph Parr Club Nov. 19, 4:30-7:30 p.m., with a free buffet, which includes salad, two vegetables, two starches, two entrées, soup, cake and ice cream. The cost is \$13.95 for adult guests and \$7.95 for children 6-12. Club members that are not celebrating a birthday are invited as well and the cost is \$11.95 for adults, \$5.95 for children 6-12, and children five and under eat for free. Please be prepared to show your club card along with a Department of Defense ID card. For more information and to make reservations, call 658-7446.

Feasting before the holiday is always allowed

The JBSA-Lackland Gateway Club hosts a pre-Thanksgiving lunch feast Nov. 20, 11 a.m. to 3 p.m., in the food court. The all-you-can-eat buffet features favorite fall menu items such as roast turkey with corn bread dressing and cranberry chutney, honey-glazed ham, roast beef au jus, baked fish with mango chutney, fried chicken, a variety of sides, salads, soups, desserts and beverages. The cost is \$9.95 per person. For more information, call 645-7034.

A turkey brunch makes the holiday easy

JBSA-Lackland Gateway Club hosts Thanksgiving brunch, Nov. 27, 11 a.m. to 3 p.m. Enjoy entrées such as roasted turkey, prime rib, baked Virginia ham, crab meat stuffed tilapia, roast pork loin. Side selections include salads, a breakfast bar, desserts and more. Pre-sale tickets are available at the cashier cage. The price is \$19.95 for adult members and trainees, \$21.95 for adult nonmembers, \$9.95 for members' children (ages 6-11), \$10.95 for nonmembers' children (ages 6-11) and free for children ages 5 and younger. For more information, call 645-7034.

JBSA FSS

Holidays provide great reasons to celebrate

JBSA-Lackland Gateway Club features a number of different rooms, which accommodate various group sizes. The club has a large beverage and food selection and is an affordable option for hosting holiday celebrations. For more information, call 645-7034.

Community Programs

One man's trash is another man's treasure

Browse the JBSA-Fort Sam Houston flea market Nov. 1, 8 a.m. to noon, at the Command Pavilion parking lot for furniture, clothing or unique items. Sellers rent tables for \$5 each and chairs for 50 cents starting at 7:30 a.m. For more information, call 221-5224 or 221-5225.

Frame up a picture in time for the holidays

Selected frames are on sale for 25 percent off Nov. 3-14 in the Frame Shop at JBSA-Randolph Community Services Mall. Estimates cannot be given over the phone. For more information, call 652-5142.

Take time to honor our veterans

The 502d Force Support Squadron honors our veterans at the JBSA-Fort Sam Houston MacArthur Parade Field Nov. 14, noon to 3 p.m. The event includes entertainment, food and displays. Department of Defense ID cardholders can enter to win prizes such as a large screen TV, Samsung Galaxy notebook, Kindle Fire, gift cards and more. This event is sponsored in part by USAA, Silver Eagle Distributors, Fletcher's Jewelry, USA Living, Sprint and Operation Homefront. No federal endorsement of sponsors intended. For more information, call 221-1718.

Score a bargain when you shop

JBSA-Randolph Outdoor Recreation hosts a flea market Nov. 15, 8 a.m. to 1 p.m., at the Child Development Program parking lot. Sellers can rent one 6-foot table for \$15 (additional tables are \$4) at Information, Tickets and Travel in the Community Services Mall, building 895. The selling of firearms, animals, arts and crafts or food and beverage items is not permitted. For more information, call 652-5142.

Take a journey back to the '50s and '60s

Follow the cast as they take a journey through the '50s and '60s, singing popular girl group songs of the time in the JBSA-Fort Sam Houston Harlequin Dinner Theatre production of "Where the Boys Are." The show runs through Nov. 22 and features songs like "Where the Boys Are," "Stupid Cupid," "Tell Him," "Mr. Lee," "Judy's Turn to Cry" and many others, as well as a tribute to the Beach Boys.

Make reservations for "Beach Blanket Christmas," Nov. 28 through Dec. 20, as the cast performs favorite Christmas classics and popular songs of the '50s and '60s.

Both shows are sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 222-9694.

Tree lighting ceremonies kick-off the holiday season

Joint Base San Antonio celebrates the beginning of the holiday season at the annual holiday tree-lighting ceremonies.

JBSA-Lackland Outdoor Recreation Center, Bldg. 871 • Call 925-5532/33 for more info

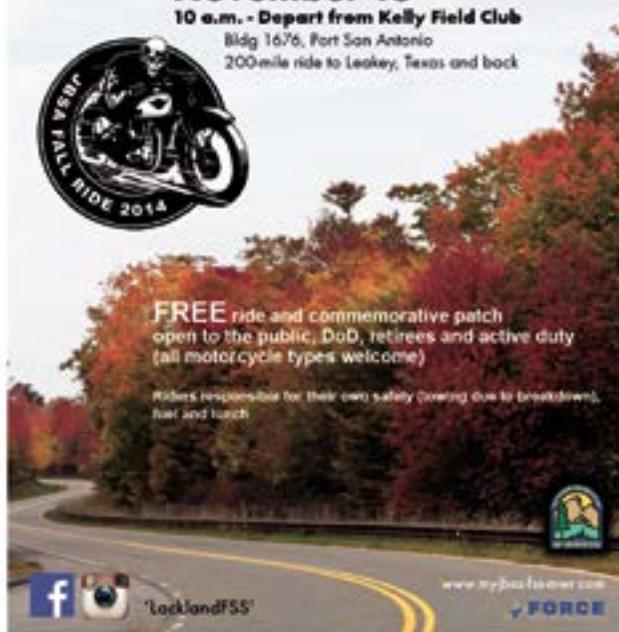
MOTORCYCLE RIDE November 15

10 a.m. - Depart from Kelly Field Club
Bldg 1676, Fort San Antonio
200-mile ride to Leakey, Texas and back



FREE ride and commemorative patch
open to the public, DoD, retirees and active duty
(all motorcycle types welcome)

Riders responsible for their own safety. Covering due to breakdown,
fuel and lunch.



Santa visits with children at the tree-lighting ceremony at the JBSA-Lackland Gateway Club main entrance Dec. 2, 5:30 p.m. For more information, call 671-2806.

Watch the magical lighting of the tree and enjoy a reading of the Texas version of the "Night Before Christmas" at the JBSA-Fort Sam Houston ceremony Dec. 3, 6-8 p.m., at the flagpole on Stanley Road. Sip hot refreshments, create Christmas crafts, play in real snow and watch the kids delight in a visit from Santa and the Grinch. This community event is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 221-1718.

JBSA-Randolph's tree-lighting ceremony is Dec. 4, 6 p.m., at the Taj Mahal. The event includes entertainment, light refreshments and a visit from Santa. Washington Circle traffic will be re-routed beginning at 4 p.m. This event is sponsored by Broadway Bank. No federal endorsement of sponsor intended. For more information, call 565-3993.

Dining Facilities

Dining facility offers Thanksgiving meal

Active-duty members, retirees and their immediate dependents are invited to Thanksgiving dinner at the JBSA-Lackland Training Annex Dining Facility Nov. 27, 11 a.m. to 5 p.m. Reservations are required. Contact Sylvia Longoria at 671-2009 or 671-3866 no later than Nov. 21.

Fitness

Veterans recognized for service

The JBSA-Randolph Rambler Fitness Center hosts an open house for veterans in recognition of all who have

served this country and in appreciation of their sacrifices. Take a tour Nov. 10, 11 a.m. to 1 p.m., to learn how the fitness center can help improve quality of life with top-of-the-line equipment and excellent programs. For more information, call 652-7263.

Competitors show off their muscles

JBSA-Lackland Fitness and Sports hosts the annual Bodybuilding Classic at the Bob Hope Performing Arts Theatre, Nov. 14. Tickets to watch the competition are on sale at the JBSA-Lackland Health and Wellness Center. For more information, call 671-0854.

Play ball

A double-elimination racquetball tournament at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center Nov. 15 and 16, 8 a.m., is open to all Department of Defense ID cardholders, 18 and older. The deadline to register is Nov. 7. For more information, call 221-1234.

Patrons run or walk for a healthier life

Before gobbling turkey, run or walk towards a healthy holiday season and support the "Great American Smoke Out" at the Turkey Trot 5K at the JBSA-Randolph Rambler Fitness Center Nov. 20, 11 a.m. All participants are entered in a drawing to win a turkey. For more information, call 652-7263.

Runners and walkers have the opportunity to win a turkey at the free JBSA-Lackland Gillum Fitness Center Turkey Trot 5K Run/Walk Nov. 24, 3 p.m., at Stapleton Park on Security Hill. Turkeys are awarded to first-place finishers in both the men's and women's categories. For more information, call 977-2354.

Turkey Trot 5K Fun Run/Walk

November 15 - 9 a.m.

JBSA-Fitness Center on the

Medical Education and Training Campus

All DOD ID cardholders.

No registration required.

Sign in NLT 8:30 a.m.

Prizes for the best Thanksgiving
costume & turkey call.

For more information, call 808-5713.



Dribble, pass, shoot your way into a league

Basketball leagues are forming for students on the JBSA-Fort Sam Houston Medical Education and Training Campus with play beginning on Dec. 9. All letters of intent are due by Dec. 1. Units may have more than one team. A coaches and rules meeting is scheduled for Dec. 4, noon, in the METC Fitness Center training room. For more information, call 808-5707 or 808-5709.

Golf

Golfers gather for military championship

JBSA-Randolph Oaks Golf Course hosts the 2014 Armed Forces Trials and Golf Championship Nov. 2-9. Golfers and coaches from all the military services compete in this event. The qualifying rounds are Nov. 3-4 and championship rounds are Nov. 6-9. For more information, call 652-4653.

Gobble 'til you wobble

The JBSA-Lackland Gateway Hills Golf Course hosts an annual turkey dinner Nov. 4, 11 a.m. to 1 p.m. The meal features turkey, dressing, a choice of two sides, rolls and dessert for \$8.95. Military in uniform receive a \$1 discount. For more information, call 671-3466.

Warrior teams compete for prizes

Golfers are invited to play in the monthly Warrior Four-Person Scramble Nov. 7, 12:30 p.m., at the JBSA-Fort Sam Houston Golf Club. The cost is \$25 for members or \$35 for nonmembers, which includes 18 holes of golf, green fees, golf cart fees and dinner. Gift certificates are awarded for the winners of the longest drive and closest to the pin and for the first-second- and third-place winners of the scramble. For more information, call 222-9386.

Golfers begin a new tradition at the golf course

Join JBSA-Randolph Oaks Golf Course for the inaugural Veterans Day two-person scramble Nov. 11 with a 9:30 a.m. shotgun start. Sign in starts at 7:30 a.m. The cost is \$80 for a single person or \$140 for a team. The price includes the green fee, cart, range balls, a meal, beverages, gifts, drawing tickets, mulligans, scratch-off games and more. To sign up, go to <http://www.gobiggolf.com> or <http://www.agif-nvop.org>. For more information, call 439-7367.

Golfers bring home the turkey

The JBSA-Lackland Gateway Hills Golf Course Turkey Shoot Nov. 22 and 23 gives golfers a chance to take home a holiday bird. Morning tee times are available. Entry fee is \$15 per day, but cart and green fees are not included. Register by Nov. 19. For more information, call 671-2517.

Celebrate Black Friday with golf

Four-person teams gather for the Black Friday Blind Bogey Scramble at the JBSA-Lackland Gateway Hills Golf Course, Nov. 28, 1 p.m.. Cost is \$15 per person or \$60 per team plus applicable green fees and cart fees. No handicap is required. For more information, call 671-3466.

Can't sleep? Count golf balls instead of sheep

The JBSA-Lackland Gateway Hills Golf Course driving range is now open 24 hours a day, seven days a week. A range ball machine is on site and accepts dollar bills and prepaid range keys. For more information, call 671-3466.

JBSA-Randolph Parr Club

Thanksgiving Feast

November 27

Bring the family for a scrumptious feast of Roast Turkey & Carved Brown Sugar Glazed Ham with all the traditional sides, plus more.

For reservations (required) call 658.7445 beginning Nov. 4.
Seating times are every half hour 10:30 a.m. to 3 p.m.

\$24.95 Adult Members
\$28.95 Adult Nonmembers
\$12.50 Member's Children ages 6-12
\$14.50 Nonmember's Children ages 6-12
Ages 5 & Younger are Free

This event is sold out every year, so we urge you to make your reservations early. Once all times and rooms are booked, there will be no additional seating added. Dress is business casual.



Information, Tickets and Travel

Get discounted tickets for Renaissance Festival

The Texas Renaissance Festival is one of the nation's largest renaissance theme parks where the sights, sounds and tastes of the 16th century come alive. The festival runs weekends through November. Stop by JBSA-Randolph Information, Tickets and Travel in the Community Services Mall for discounted tickets. For more information, call 652-5142.

New Braunfels festival celebrates German culture

Wurstfest is a 10-day "Salute to Sausage" rich in German culture and full of Texas fun. This unique celebration has a variety of live entertainment, delicious food and lots of fun for the entire family and runs Nov. 7-16. JBSA-Randolph's Information, Tickets and Travel in the Community Services Mall has discounted tickets. For more information, call 652-5142, option 1.

SeaWorld honors the military with reduced rates

JBSA-Lackland and JBSA-Randolph Information, Tickets and Travel sell reduced-price SeaWorld "Waves of Honor" tickets for active duty, retirees, veterans and spouses of military service members. Eligible members purchase adult tickets for \$33.50 and children's tickets, ages 3-9, for \$28.50. Tickets are on sale through Nov. 11 and must be used by Dec. 21. The military ID card holder must accompany the guests to the park, as park officials will check IDs for validation. For more information, call 671-3059.

Holiday lighting tour celebrates the season

JBSA-Lackland Information, Tickets and Travel hosts the 6th Annual Hill Country Holiday Lighting Tour Dec. 13.

Travel from JBSA-Lackland ITT to Fredericksburg, then to Burnet for Main Street Bethlehem and to Marble Falls for a stroll through the Walk Way of Lights. The cost is \$37 per person. Sign up early, as limited spots are available. For more information, call 671-3059.

Exclusive theme park discounts available for fall

JBSA-Lackland Information, Tickets and Travel offers a discounted Fiesta Texas special one-day admission ticket until Nov. 16. Purchase tickets for \$32 per person, ages 3 and older, which is a savings of \$34.99. For more information, call 671-3059.

A trip to the zoo is always fun

JBSA-Lackland Information, Tickets and Travel sells discounted San Antonio Zoo tickets for \$8.50 for adults and \$6 for children ages 3-11. For more information, call 671-3059.

Saving money and entertainment go hand-in-hand

The 2015 Entertainment Books are available for \$30 at the JBSA-Randolph Information, Tickets and Travel in the Community Services Mall. For more information, call 652-5142.

Library

Story time is a hit with preschoolers

Stories, crafts and songs are all part of the weekly story time at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library, Nov. 6 and 13, 10 a.m. Additionally, a special Thanksgiving story time takes place Nov. 20. For more information, call 221-4702.

Babies and toddlers love story time

The JBSA-Lackland Library hosts two special story times each Tuesday in November. Story time for children up to 2 years old is from 10-10:30 a.m. and story time for children ages 3-5 is from 10:30-11:30 a.m. For more information, call 671-3610.

MILITARY & FAMILY READINESS

Patrons learn resume writing techniques

Patrons learn techniques that help in preparing a non-federal style resume. JBSA-Lackland Military & Family Readiness Center offers a class Nov. 10, noon to 2 p.m., at Arnold Hall Community Center. For more information, call 671-3722. The JBSA-Randolph class is Nov. 10, 9:30-11 a.m., at the Military & Family Readiness Center. For more information, call 652-5321.

Patrons learn about federal resume process

Learn how to create a federal resume using the USA Jobs Federal system. Topics covered include the civilian hiring process, Office of Personnel Management guidance and terminology, navigating USAJOBS, writing tips and how to search and apply for a job. JBSA-Lackland Military & Family Readiness Center conducts the course Nov. 12, noon to 2 p.m., at Arnold Hall Community Center. For more information, call 671-3722. The JBSA-Randolph class is Nov. 20, 8:30-11 a.m., at the Military & Family Readiness Center. For more information, call 652-5321.

Troops take on teaching as a second career

The JBSA-Lackland Military & Family Readiness Center invites military members who are separating and interested in pursuing teaching as a second career to a workshop Nov. 14, 1-3 p.m. The topics covered in the workshop are eligibility requirements, job availability, funding and the certification process through Troops for Teachers. Class sizes are limited and registration is required. For more information, call 671-3722.

Maintaining stress levels through the holidays

The JBSA-Randolph Military & Family Readiness Center offers a class Nov. 14, 3-4 p.m., on how to maintain balance and reduce stress through the holidays. This class will specifically cover strategies for managing holiday stress for the entire family. For more information, call 652-5321

Members learn budgeting basics

The JBSA-Randolph Military & Family Readiness Center invites military members to a Budget Basics class Nov. 18, 2-3:30 p.m. Attendees learn how to create a personalized spending plan and identify where money is spent and how to save for the future. For more information, call 652-5321.

Learn how to start a small business

The U.S. Small Business Administration offers a two-day workshop to enhance future business planning efforts Nov. 18-19, 8 a.m. to 4:30 p.m. Participants get the opportunity to participate in an 8-week on line training program offered by Syracuse University. Attendance to the Goals, Plans and Success Transition Assistance Program workshop is a prerequisite for registering for this two day workshop. For more information, call 652-5321.

Single parents receive support

"Parenting for One" is a brown-bag forum connecting single parents with each other as well as base and community resources. The gathering is designed as an informal, no-threat forum to discuss the issues related to being a single parent. Class sizes are limited and registration is required. The JBSA-Lackland Military & Family Readiness Center parents meet Nov. 21, 11:30 a.m. to 1 p.m., at the JBSA-Lackland Freedom Chapel Fellowship Hall. For more information, call 671-3722. The JBSA-Randolph parents meet Nov. 20, noon to 1 p.m., at the JBSA-Randolph Religious Activity Center. For more information, call 652-5321.

Outdoor Recreation**Winter boating is more fun with a discount**

Fishing, pontoon and ski boats in various sizes are available at the JBSA-Lackland Outdoor Recreation with discounts up to 50 percent November through February. For more information, call 925-5532.

Water lovers can rent boats at the JBSA Recreation Park at Canyon Lake for half price including all required safety equipment in November on a first come, first serve basis. Participants must complete the Boater's Safety Course through the State of Texas, through the JBSA Recreation Park at Canyon Lake or at any of the JBSA Outdoor Recreation offices. For more information, call 830-226-5357.

Special Priced Cottages

Rent a cottage Monday through Thursday for \$75 a night at the JBSA Recreation Park at Canyon Lake. The cottages include a full kitchen, living room with a TV/satellite and Blu-Ray player, three bedrooms and bathroom. Each cottage accommodates up to eight people and linens are provided for the bedrooms. For more information, call 830-226-5357.

Holiday costumes available to rent

JBSA-Lackland Outdoor Recreation offers Santa, Mrs. Claus, an elf and Grinch costumes to rent for holiday party entertaining. Be sure to reserve these costumes early due to high demand. For more information, call 925-5532.

Swimming doesn't stop due to cold weather

Enjoy lap and open swimming at the JBSA-Lackland Skylark indoor pool. Lap swimming hours are Mondays, noon to 1 p.m.; Tuesdays and Thursday, 5:30-6:30 a.m. and 11 a.m. to 1 p.m. and Wednesdays and Fridays, 11 a.m. to 1 p.m. Open swim hours are Mondays, 4-7 p.m.; Tuesdays and Thursdays, 4-7 p.m. Wednesdays and Fridays, 4-7 p.m. and Saturdays, 12:30-4 p.m. Hours are subject to change. For more information, call 671-3780 or 671-2413.

Sportsman's Range open for shooting

The Sportsman's Range at JBSA-Camp Bullis is available for shooting and target practice, weather permitting. Call to ensure the range is open before coming out to shoot. The cost to shoot is \$10 per Department of Defense ID cardholder and \$15 per non-DOD ID cardholder. DOD ID cardholders may purchase an annual pass for \$60. All DOD ID cardholders are allowed to sponsor two non-DOD ID cardholder guests. Guests must be in the same vehicle as the sponsor. For more information, call 295-7577 or 295-7529.

Youth and Children**Take it to the hoop this winter**

Patrons can register for the JBSA-Fort Sam Houston winter basketball season for players ages 3-15 Nov. 3, 9 a.m. to 5 p.m. Fees are \$45 for ages 3-4 and \$65 for ages 5-15. Participants must have a current sports physical. This program is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 221-4871.

Parents get a well deserved night off

JBSA-Lackland Youth Programs and Child Development Program hold "Give Parents a Break/Parents' Night Out" offering childcare Nov. 7, 7-11 p.m. Children are provided with activities, games and snacks. The fee is \$15 per child or free with a GPAB referral. For more information, call 671-2388 for Youth Programs, or call 671-1072 for the Lackland CDP.

JBSA-Randolph hosts Give Parents a Break and Kids Adventure Night Nov. 15, 1-6 p.m. Register by Nov. 12. For more information, call 652-4946.

No membership required to have fun

In celebration of Month of the Military Family, no membership is needed to participate in clubs, activities or open recreation Nov. 10-15 at JBSA-Randolph Youth Programs. This offer does not include instructional

classes, league sports and School Age Programs. Stop by for a monthly calendar of Youth Programs or check out <http://www.myjbsa-fss-mwr.com> to see what is offered these weeks. For those that would like to join, membership is only \$36 per year. For more information, call 652-3298 or 652-2088.

Families and spaghetti make a great combination

Join JBSA-Randolph Youth Programs Nov. 13, 5-6 p.m., for a free appreciation spaghetti dinner in recognition of the Month of the Military Family. For more information, call 652-3298 or 652-2088.

Parents thankful for school age camp

Registration for JBSA-Randolph School Age Programs Thanksgiving Camp continues through Nov. 14. The camp runs Nov. 24-26. For more information, call 652-3298 or 652-2088.

Families enjoy a night out under the stars

The entire family can enjoy fall camping through the JBSA-Lackland Youth Programs family campout Nov. 15. Families need to register by Nov. 12 with a \$35 payment per space. The fee includes park entrance, campsite and supplies. For more information, call 671-2388.

Camp teaches how to bump, set and spike

The JBSA-Lackland Youth Sports Programs hosts a three-day volleyball mini-camp Nov. 24-26 for youth ages 9-14. Registration is \$30 per person. For more information, call 671-2388.

Kids get creative in ceramic classes

Youth ages 6-18 can learn to glaze, dry brush, antique and paint using acrylics and other mediums at ceramic classes on Saturdays, 11 a.m. to noon, November and December at the JBSA-Fort Sam Houston's School Age Programs, building 1705. The fee is \$10 per hour with all materials provided. Register at Parent Central. For more information, call 221-3381.

Babies and toddlers enjoy music and movement

JBSA-Lackland Youth Programs offers Kinderjam for infants and preschoolers ages 1 (must be walking) to 5 years old Wednesdays, 10 a.m. The class combines music, movement, learning and fun for \$45 per month, per child. For more information, call 671-2388.

STAY CONNECTED

Stay current on the Joint Base San Antonio 502d Force Support Squadron events, specials and daily activities.

<http://www.myjbsa-fss-mwr.com>



METC AF Dental Assistant program staffers win prestigious ADAA Awards

By Lisa Braun
METC Public Affairs

Two staff members for the Air Force Dental Assistant program at the Medical Education and Training Campus were recently recognized by The American Dental Assistants Association during its 90th Annual Session at The Westin Riverwalk, San Antonio.

Master Sgt. Lisa Lund, dental assistant course supervisor, and Tech. Sgt. Audrey Hernandez, former dental assistant instructor supervisor, each received one of the ADAA's coveted awards during the Oct. 11 event.

The ADAA's highest award, the President's

Award of Excellence, was presented to Lund for her outstanding achievements in promoting the objectives of the ADAA and furthering the profession of dental assisting.

Lund's achievements included leading her team of instructors to winning numerous awards and accolades, furthering her professional development by attaining her Master Instructor certification, promoting the profession of dental assisting by serving her local dental community and volunteering in community outreach events, and increasing the efficiency of the dental assisting profession within the Air Force.

Hernandez was the recipient of the ADAA/Sunstar America's Pride Award in the Federal Services Air Force Member category. Winners of this award are ADAA members who believe in loyalty to self as well as the profession of dental assisting.

Hernandez was selected for helping to produce more than 1,000 dental assistants for the Air Force worldwide, promoting the profession of dental assisting within the Air Force, volunteering for projects that assist her local dental community and other community service programs, and deploying in support of humanitarian and combat operations.

"The Air Force Dental Corps and the U.S. military are very fortunate to have such outstanding, dedicated individuals in our service and representing our country," said Lt. Col. Elizabeth Kutner, METC program director for the Air Force Dental Assistant Course.

"Master Sgt. Lund and Tech. Sgt. Hernandez are outstanding Air Force dental assistants, leaders, community servants and teammates. Each epitomizes the U.S. Air Force core values of integrity, service before self and excellence in all we do in promoting and enhancing the dental assisting profession," said Lt. Col. Elizabeth Kutner.



Photo by Santos Robles

Lori A. Paschall, American Dental Assistant Association president, presents the ADAA President's Award to Air Force Master Sgt. Lisa Lund, METC Air Force Dental Assistant program course supervisor, during the ADAA Annual Session Oct. 11 at The Westin Riverwalk Hotel, San Antonio.

MICC hosts disability employment awareness event

By Ryan Mattox
MICC Public Affairs

More than 100 members of the San Antonio community attended a National Disability Employment Awareness Month, recognizing the contributions of Americans with disabilities to the military community Oct. 15.

The Mission and Installation Contracting Command served as host for the Joint Base San Antonio-Fort Sam Houston event.

"We all have a role in – and benefit to gain from – advancing equality for people with disabilities in all sectors of society, including increasing opportunities for meaningful employment for all people with disabilities," said George Cabaniss, the deputy to the commanding general of the MICC, during opening remarks at the ceremony.

Jerry Kerr, president and co-founder of Segs4Vets, was the guest speaker for this year's event.

"Today, we have a new paradigm, but for employers to cash in on this they have to be prepared to slay sacred cows, be innovative, develop new policies and be willing to invest in the technology that will empower their employees," Kerr said.

"Those who are willing to take a risk, to invest in the technology that will open the gates and allow those with disabilities who have been locked out to now participate, will reap enormous rewards."

Kerr's group provides

veterans with a universally designed mobility device assist veterans with mobility issues.

The purpose of National Disability Employment Awareness Month is to educate the public about disability employment issues and celebrate the many and varied contributions of America's workers with disabilities.

The history of National Disability Employment Awareness Month traces back to 1945, when Congress enacted a law

declaring the first week in October each year National Employ the Physically Handicapped Week.

In 1962, the word "physically" was removed to acknowledge the employment needs and contributions of individuals with all types of disabilities. In 1988, Congress expanded the week to a month and changed the name to National Disability Employment Awareness Month.

This year's National Disability Employment Awareness Month theme is "Ex-

pect. Employ. Empower."

"This year's theme encapsulates the role we play in increasing employment opportunities for people with disabilities into three powerful words. It conveys that advancing disability employment is about much more than just hiring," said Kathy Martinez, assistant secretary of labor for disability employment policy. "It's about creating a continuum of inclusion. And the first step on this continuum is expectation."

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



Air Force doctor at SAMMC garners multiple medical awards for contributions to military medicine

By Staff Sgt. Kevin Iinuma
59th Medical Wing Public Affairs

A doctor from the 59th Medical Wing who works at the San Antonio Military Medical Center on Joint Base San Antonio-Fort Sam Houston received multiple honors recently for his research in treating wounded service members.

Lt. Col. (Dr.) Vikhyat Bebarta, director of the 59th Medical Wing En Route Care Research Center and chief of medical toxicology, was notified he will receive the Air Force Association's 2014 Paul W. Myers award and the National Society for Academic Emergency Medicine Basic Science award for his contributions to medicine.

Bebarta was instrumental in creating the ECRC, a premier research center charged with providing war fighters with the absolute best life-saving medical treatment. The center is considered the cornerstone for war fighter health care re-

search supporting the Air Force Medical Service and the Joint Combat Casualty Care Research Program.

According to the Air Force Association citation, Bebarta earned the Paul Myers award as "the Air Force Medical Corps officer who has made the most significant contribution to the continued good health of the men and women of the U.S. Air Force." Bebarta received the award Sept. 15 at the Gaylord National Hotel and Convention Center, National Harbor, Maryland.

"I am humbled to receive this prestigious award," Bebarta said. "The last 10 years of war have brought many new innovations in medicine, and developed a new generation of combat physicians."

In coordination with other military and civilian trauma leaders, Bebarta and his team are instituting lessons learned from the more than 12 years of war. They continue to make advancements in wound-

ed warrior and beneficiary trauma treatment through research and innovations in health care.

"However, the greatest innovations and lessons do not come from me or from us as physicians, they come from the injured Soldier in the Korengal Valley in Afghanistan whose letters home we will never read, the Marine at Helmond Province whose heroic stories we'll never hear, and the Airman or Sailor whose remains arrived at Dover, Delaware, reverently draped with a U.S. flag, and whose family I will never meet."

Bebarta and his team also received the National Society for Academic Emergency Medicine Basic Science award. It is presented to only one of 600 abstracts reviewed each year. Bebarta and his team have earned a SAEM award for an unprecedented fourth time in the last six years, a notable achievement considering civilian researchers from compet-



Photo by Air Force Staff Sgt. Kevin Iinuma

Air Force Lt. Col. Vikhyat Bebarta, director of the 59th Medical Wing En Route Care Research Center and chief of medical toxicology at the San Antonio Military Medical Center on Joint Base San Antonio-Fort Sam Houston, reviews statistics Aug. 12 with fellow research technicians at the Wilford Hall Ambulatory Surgical Center, JBSA-Lackland. Bebarta garnered the Gen. Paul W. Myers award and the National Society for Academic Emergency Medicine Basic Science award.

ing universities are also in the running.

The research, "A Randomized Trial of Intravenous Hydroxocobalamin compared to Whole Blood for Hemorrhagic Shock Resuscitation in a Prehospital Model," was presented at the 2014 SAEM Annual Meeting in Dallas.

The society's decision was based on reviews of his abstract, manuscript and presentation at the meeting.

Bebarta's name will be announced in the next issue of the SAEM Newsletter; he and his team members will be recognized and presented

the award at the SAEM annual meeting in San Diego in May 2015.

"The patients we care for and their families have shaped me as researcher, a mentor, a physician, and an officer," Bebarta said. "I am truly humbled by the experience."

BROCK from P2

difference. I can honestly say that I never experienced any real sexism or racism during my time in the Army," Brock said. "I really believe it has to do with the leadership I encountered. I had great leaders. And I've done

my best to be a great leader and mentor.

"I especially want the women to step up," she said. "It feels weird when they say they look up to me. But, I think I give them hope and that's okay with me."

With Brock retired, there are no more female

command sergeants major at the nominative level, for now. She's the last female command sergeant major who worked at the general officer level.

"They are coming though," she said. "But, there will be a gap. I want the female E-9s to at least

compete at this level."

One of the things Brock plans to do after retirement is to mentor and coach leaders.

"I'll do that part-time," she said. "It's another way to be of service. I'm a selfless servant. I know that about myself. I don't know what I will do

full-time in the civilian world. But, I've known for years now that I have a calling for the Veterans

Administration. Whenever I walk into one, I just feel like I'm supposed to be there - serving."

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not

just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



U.S. Army Environmental Command demonstrates science in action

By Cathy Kropp
USAEC Public Affairs

When scientists meet kids, you never know what will happen. At Fort Sam Houston Elementary School Sept. 23, what happened was fun and educational.

A number of events are held each school year where employees from the U.S. Army Environmental Command go to classrooms and work with the children on a variety of topics.

USAEC employees share GIS (Geographic Information Systems) Day, Read Across America, Earth Day, Arbor Day and other celebrations with the children at FSHES.

One of the favorite events for the teachers, students and employees is Science in Action Day.

The intent of the event is to teach the children how to investigate using scientific processes by providing interactive demonstrations in a number of areas. Inquiry methods, analyzing information, making informed decisions, using tools to collect and record information are all demonstrated through interactive presentations.

"The group that came out today to work with our fifth grade science classes was awesome," said assistant principal Scott Stuller. "The engaging lessons had the kids focused on learning and

participating."

Hearing about the backgrounds of USAEC's geologists, biologists, geographers, physical scientists, chemical engineers and entomologists showed the children there are many different kinds of scientists and that anyone can be a scientist. Participating in the demonstrations promoted the idea that science is fun.

Each year, the fifth-grade teachers look at where the children scored lowest on the previous year's standardized testing and use Science in Action Day and the USAEC partnership to go over those topics.

"By doing this early in the year, when the

topics come up later in the normal curriculum, the children remember the events from Science in Action Day and the lessons stay with them," said Juli Wessies, a fifth-grade teacher and the event's organizer.

This year, the difference between weathering, erosion and deposition was demonstrated by Larry Zimmerman and Alberto Moreno. Activities explaining reflection and refraction were led by Paul Josephson and Janice Sterling. A presentation from Adrian Salinas and Susan Elrod showed the difference between revolution and rotation.

Jared Bledsoe discussed the Earth, moon



Photo by Cathy Kropp

U.S. Army Environmental Command employee Nicole Sikula gave a presentation and explanation of ecosystems to students at Fort Sam Houston Elementary School during Science in Action Day Sept. 23.

and sun, including pacing off to demonstrate the relative distance between the first four planets and shared some planet riddles for the children to solve. A presentation and explanation of ecosystems was provided by Nicole Sikula and James Russ.

The children rotate through the presentations every half hour and maintain a journal of what they learn and

remember about each activity. Sometimes the teachers reuse the teaching aids presented by USAEC when the topic resurfaces during the school year.

The USAEC adopted Fort Sam Houston Elementary School in 2011 as part of the Army's Adopt-a-school program, led at Joint Base San Antonio-Fort Sam Houston by U.S. Army North.

Fall provides perfect weather for hiking at JBSA facility

By Robert Goetz
JBSA-Randolph Public Affairs

With cooler autumn weather arriving, conditions will be ideal for one of the country's most popular outdoor pastimes.

Hiking attracts millions of people in the United States yearly, and park land dedicated to the recreational activity abounds in the San Antonio area, including the 250-acre Joint Base San Antonio Recreation Park at Canyon Lake.

"A great number of our more than 50,000 visitors per year take advantage of our trail system," said Jonathan Clifton, JBSA Recreation Park at Canyon Lake general manager. "Peo-

ple can be seen taking a hike on a daily basis, weather permitting."

The three miles of trails are not the park's main attraction, Clifton said, but hiking is still a popular activity.

"Many of our patrons will frequent the trails during their stay," he said. "Many use them for the sole purpose of hiking, but most use them as a means of travel from one area of the park to another. They may take a trail to go from their lodging to the office or down toward the water."

The trail system's heaviest use comes during the peak summer months, when the park is full of visitors, Clifton said, but fall and spring

"provide the ideal weather for an enjoyable hike."

The park has rules that also apply to its hiking trails, Clifton said, including no littering, no collecting of natural resources such as wood or rocks, and cleaning up after pets, but it also has a rule that is specific to the trails.

"Our hiking trails are for that purpose only, so they are restricted from other forms of travel such as motorized vehicles," he said.

No matter where they are exploring the great outdoors, hikers should be prepared for their outings by wearing the right apparel and following common sense



Photo by Dan J. Solis

The Joint Base San Antonio Recreation Park located at Canyon Lake is a 250-acre recreation area open to all Department of Defense ID card holders, 7 days a week year-round.

safety rules.

"My advice to hikers is to stay hydrated, wear comfortable and sure-

footed shoes, wear sunscreen, know your limits physically, let someone know where you will be

hiking and carry your cellphone in case of an emergency," Clifton said.

Appropriate gear for hiking includes a map, a compass, warm clothing for cooler weather and a raincoat and pants for inclement weather, extra food and water, a flashlight, matches, a first aid kit and a pocket knife, said Staff Sgt. Gary Lund, 502nd Air Base Wing ground safety technician.

Proper planning is also important, Lund said.

"Have a set route for hiking and stick to it," he said. "You should not change plans unless it is an emergency."

Voting: it's everyone's responsibility

By Staff Sgt. Corey Baltos
Army North PAO

The Nov. 4 general election is just around the corner and it is important everyone makes their vote count.

American citizens have the right to vote and beyond that it is a civic responsibility. Every adult, regardless of education level, personal wealth or anything else, has one vote, and that vote has the potential to impact the nation.

"The right to vote is one of the most fundamental rights afforded to U.S. citizens," said Lt. Col. Bill Willis, Voting officer for U.S. Army North. "The Federal Voting Assistance Program ensures all service members have the tools and



resources to vote from anywhere in the world."

One of the most important reasons to vote is it gives Americans a voice on who will be passing laws and policies that affect them. Dwight D. Eisenhower, the 34th President of the United States said, "The future of this republic is in the hands of the American voter."

For most military personnel and their families voting, many times, will not take place at the polling station but

by absentee ballot. Go to <http://www.FVAP.gov> to request an absentee ballot, and select the state you legally reside in to request your absentee ballot. Check your LES under state taxes to determine what state you legally reside in.

People who have already requested, but have not received their ballot, use the Federal Write-In Absentee Ballot as your back-up ballot.

Please keep in mind that mail delivery times for absentee ballots vary so it is important to request it as early as possible.

For more information on the Federal Voting Assistance Program please call FVAP at 800-438-8683 or go to <http://www.FVAP.gov>.

JOINT BASE SAN ANTONIO HALLOWEEN TRICK-OR-TREATING HOURS

Across Joint Base San Antonio, Halloween ghouls and ghosts will roam base neighborhoods for sweet treats. For the safety of the trick-or-treaters and their families, participants

are asked to conduct their candy conquests during specific hours.

Trick-or-treating hours at JBSA-Fort Sam Houston are 5-8 p.m., at JBSA-

Lackland 5-8 p.m., at JBSA-Randolph, 6-8 p.m.

Keep an eye on your witches and goblins and have a safe Halloween night.



Graphics by Joe Beach

CANYON from P18

Hikers should travel in groups, Lund advised.

"You never know when you'll get lost or need a wingman," he said.

Hikers should also know when it's time to return to their starting point, Lund said. Weather changes, fatigue, unexpected conditions and darkness are all good reasons for turning back.

In addition to the Canyon Lake facility, destinations for hikers in the San Antonio area include McAllister Park, Government Canyon State Natural Area, Friedrich Wilderness Park Vista Loop Trail and Eisenhower Park Red Oak Trail, Lund said.

INFLUENZA VACCINATIONS

Army Public Health Nursing Satellite Influenza Clinic:

Military & Family Readiness Center
Building 2797, 3060 Stanley Road,
Joint Base San Antonio-Fort Sam Houston
Monday, Tuesday and Thursday: 7:30 a.m. to 4 p.m.;
Wednesday: 7:30 a.m. to 6 p.m. For ages 6 months and older

Satellite Influenza Vaccination Station:

San Antonio Military Medical Center
Consolidated Tower near entrance C
Monday thru Friday: 6 a.m. to 3:30 p.m. For ages 12 years and older

SAMMC Pediatric Clinic

Consolidated Tower, first floor
Monday through Thursday: 8-11 a.m. and 1-2 p.m.;
Friday: 9-11 a.m. and 1-2 p.m. For ages 6 months to 12 years

Adolescent Clinic

JBSA-Fort Sam Houston Primary Care Clinic
Building 1179, 3100 Schofield Road
Monday, Wednesday, Thursday and Friday: 7:30 a.m. to 4:30 p.m.;
Tuesday: 7:30 a.m. to 5:30 p.m. For ages 12 years and older

Long-term TDY rates to change, travel official says

By **Claudette Roulo**
DoD News, Defense Media Activity

New long-term temporary duty per diem rules that go into effect Saturday will save the Defense Department about \$22 million annually, the director of the Defense Travel Management Office said recently.

Long-term TDY is considered to be any temporary duty longer than 30 days. "So, for travel from 31 to 180 days, you will receive a flat-rate per diem of 75 percent. For

travel greater than 180 days, you will receive a flat-rate per diem of 55 percent," Harvey Johnson explained in a DOD News interview Monday.

Johnson said the changes are meant to give long-term TDY travelers an incentive to seek out extended-stay lodgings, which generally are less expensive. The reduced per diem rates apply to all three parts of the per diem – lodging, meals and incidentals – he noted, and apply equally to civilian and military personnel.

Travelers who are authorized the flat-rate per diem no longer have to submit a lodging receipt, but before they're reimbursed, a receipt may be needed to validate that lodging costs were incurred. Staying anywhere for free or buying a home at the TDY location will make a traveler ineligible for the flat-rate per diem payment.

"Several other federal civilian agencies already implement similar policies. Some are even more restrictive than ours," John-

son said. The changes are simply meant to recognize that long-term stays are different from short-term TDYs, he noted.

Many of the conveniences available at extended-stay hotels can save money for travelers, and in turn, for DOD, Johnson said.

"They offer the kitchenettes, the sink, the refrigerator – recognizing that people aren't eating out at an expensive restaurant every day, three meals a day," he explained. "And I believe that's vital in this environment of sequestra-

tion and other external factors that have brought this on. So, we've got to make sure that people are traveling smarter and more efficiently."

Johnson said travelers still will have options if they are unable to find extended-stay lodging within a reasonable distance of their duty location, or if additional costs arise, such as a rental car.

"You can work with your approving official to do actual-expense authorizations, which allows you to go above the flat-rate

per diem to 100 percent, if needed," he said.

And at no time should travelers end up paying out-of-pocket for authorized TDY expenses, Johnson said. "The intent is to do no harm. The intent is to ensure that we're finding affordable travel solutions."

While acknowledging that these changes may feel like a pay cut to some travelers, Johnson said it's important to recognize that per diem payments aren't meant to serve as an extra pay.

EBOLA from P1

importance of training the team properly, even if that means expanding the training schedule.

Jacoby also spent a substantial amount of time observing the training and interacting with the team members, hospital staff and course instructors at SAMMC.

DeGoes said he thinks the team – composed of "some of the best the military health system has to offer" – is receiving "some world-class training" to ensure they can succeed if they are called upon.

"We're using really good training items," he said. "This isn't your grandfather's training where you're just sitting in a bland classroom hearing lectures and seeing PowerPoint presentations."

Training is taking place in an actual intensive care unit converted into a simulation center with state-of-the-art personal protective equipment, DeGoes said.

Team members practice putting on personal protective equipment in a relevant setting, he said, simulating conditions they

would encounter while caring for patients. The training is designed to help the team apply their new skills in the event they are necessary in an actual care environment.

"They're in something that's nearly identical to where they'd be called to go," DeGoes said. "We're able to use the great training aids of the San Antonio Military Medical Center's Education, Training and Simulation Department."

"They've got state-of-the-art mannequins here that they can simulate drawing blood," he said. "They can simulate all the things that you would do in an Ebola patient that was mildly sick to completely sick."

DeGoes also noted a particular training aid – glow germ – that lights up under a black light, indicating simulated contamination. This drives home the importance of not just putting the equipment on correctly, but taking it off correctly as well, the colonel said.

"This is one of the diseases where PPE is not just helpful – It could really save your life," he said. "And proper use of

it will also protect other people in the hospital, so that health care workers don't unknowingly drag contamination to a previously clean area that could potentially get to another patient."

The training includes measures to protect not just the health care workers, DeGoes said, but also the medical facility, other patients and families of health care workers.

"So not only will they have this training, but they will be supported by appropriate protocols that don't assume that they were perfect in the PPE," he said.

As precautions, DeGoes said the team will take their own temperatures twice a day, "even if they feel great enough to run a marathon."

"That will happen every day while they're working and then after they're done working, to protect them in the unlikely event they get sick," he said. "They would get diagnosed earlier and protect their families and the community in which they work and live."

DeGoes said the team's risk of exposure to Ebola is certainly a concern, "...



Photo by Army Sgt. 1st Class Tyrone C. Marshall Jr.

Army Gen. Charles H. Jacoby Jr. (right), commander of U.S. Northern Command and NORAD, observes an instructor during the Department of Defense medical support team training led by U.S. Army North (Fifth Army) Friday at the San Antonio Military Medical Center at Joint Base San Antonio-Fort Sam Houston, as biological safety officer Kristie Yeakle (center) looks on. The students are part of a 30-person team designated for "prepare to deploy" status in the event of an Ebola crisis in the U.S.

but it is a need for the nation right now."

He said the team members, doctors, nurses and trainers, understand that they have been asked to join with counterparts from civilian agencies such as the Department of Health and Human Services and the Centers for Disease Control, to take part in the national effort

to stop this threat.

"But it is a risk," DeGoes acknowledged, "and as command surgeon, and a physician myself, I want to make sure that we do everything, every day in patient care to be as safe as possible for our health care workers and for patients to ensure the best outcome."

The colonel noted

there's no template for a team like this, because "we've never had this before in the United States."

"So it was with an abundance of caution that the Department of Defense and Health and Human Services got together to come up with this particular team that had some broad capabilities that could go to any facility," DeGoes said.

Putting this team together, he said, shows the American people and the international community "that we are willing to work together to do whatever it takes to prevent the spread of this deadly disease."

"Working together is key," DeGoes said, "because none of us have all of the resources, and clearly it is an interagency effort."

The Department of Homeland Security, Health and Human Services and DOD, he said, working together with the National Guard, are key to this response and part of Jacoby's strategic plan to improve the nation's bio-response preparedness – not just for Ebola, but for other future requirements as well.

INSIDE THE GATE

2015 CYS Sports Youth Basketball Program

Registration for the CYS Sports Youth Basketball Program begins Nov. 3 at Parent Central, building 2797, with games starting the first week of January 2015. The event is open to all DOD youth ages 3-15. Participants must have a sports physical covering the full season to register. Instructional basketball will be offered for youth ages 3-4 for \$45, while ages 5-15 can enjoy basketball for \$65. This event is sponsored by The Gunn Automotive Group and no federal endorsement of sponsor implied or intended. Call 221-4871.

Friday Night Jazz Returns to the Fort Sam Houston Theater!

Red hot, smooth jazz guitarist Nick Colionne is making a special return appearance with powerhouse saxophonist Mindi Abair on Friday, November 14 at 8 p.m. Don't miss this dynamic and eclectic line-up! An outdoor patio will be setup for guests to socialize and mingle

before the concert. The patio opens at 6 p.m., doors open at 7 p.m., and the show starts at 8 p.m. Come early and enjoy the cash bar, food truck snacks on the patio, and unforgettable evening of world-renowned live jazz. Tickets are \$43 in advance and \$48 on the day of the show at the door. Reserved seats are on sale now at <http://www.ArmyMWR.com>. This event is open to authorized DOD ID card holders and guests. For more information call the Fort Sam Houston Theater hotline at 210.466.2020 or visit http://outhousetickets.com/venue/fort_sam_houston_theater.

Turkey Trot 5K Fun Run

The Fitness Center on the Medical Education and Training Campus is holding a pre-Thanksgiving Turkey Trot 5K Fun Run at 9 a.m. Nov. 15, starting at the JBSA-Fort Sam Houston Aquatic Center parking lot. This fun run is free and open to all DOD ID cardholders. No registration required. Call 808-5713 or 808-5709.

Tell Me a Story

The Family Life Program in partnership with Parent to Parent will host Tell Me a Story 5:30-8:30 p.m. Nov. 20 at the JBSA-Fort Sam Houston Military and Family Read-

ness Center, building 2797. Tell Me a Story is an initiative created to empower our military children by using literature and their own stories through a fun learning experience. The featured book for this event will be "More Than Anything Else" by Marie Bradby. This book tells a true story of Booker T. Washington and his quest to learn to read. There will be a special guest to read the book to the children, as well hands-on activities and snack. Each family will also leave with a free copy of the event book. Space is limited, to reserve a seat, email PtoPJBSA@MilitaryChild.org.

Take Aim at Sportsman's Range

Hours for the Sportsman's Range at JBSA-Camp Bullis are now 10 a.m. to 2 p.m., weather permitting. Cost to shoot is \$10 per DOD ID cardholder and \$15 per non-DOD ID cardholder. A DOD ID cardholder can purchase an annual pass for \$60. DOD cardholders may sponsor two guests. Call 295-7577.

Helping Us Grow Securely Playgroup

The interactive playgroup for parents and children up to age 5 meets 9-11 a.m. each Tuesday at the JBSA-Fort Sam Houston Middle

School Teen Center. No registration required. Call 221-0349 or 221-2418.

Military and Family Life Counselors

Military and Family Life Counselors address a variety of issues such as stress, anxiety and deployment. MFLCs are licensed mental health professionals who provide situational, problem-solving counseling anonymously and confidentially. No written records are kept, and it is free to military and family members. Contact a MFLC at JBSA-Fort Sam Houston at 517-6666 general number, 243-4143 for Army students, and 488-6804 for Air Force and Navy students; at JBSA-Lackland, call 540 -5025 or 540-5030 for adults, 627-0054 or 540-5033 for children and youths; and at JBSA-Randolph, call 627-1223 or 426-1412 for adults, 627-0338 or 627-0525 for children and youths.

Spouses' Club of Fort Sam Houston Area

The Spouses' Club of the Fort Sam Houston Area has a variety of events coming up such as monthly luncheons, community outreach and fun activity clubs like Bunko, a book club and bingo. The club is open to

all ranks, all military services and Department of Defense civilians. For more information, call 705-4767.

Thrift Shop Hours

The Thrift Shop at Joint Base San Antonio-Fort Sam Houston is located at 3100 Zinn Road, just one block south of Outdoor Recreation and run by the Spouses' Club of the Fort Sam Houston Area and is open from 9:30 a.m. to 2:30 p.m. Wednesday, Thursday and the first Saturday of each month. Consigned items are taken from 9:30 a.m. to 1 p.m. from military identification card holders. Donations are also accepted. For more information, call 221-4537/5794 or visit <http://www.scfsh.com>.

Loan Locker/Lending Closet

The loan locker provides temporary loans of household items to incoming and departing permanent party personnel (first priority), students (second priority) and TDY, retirees and civilians (third priority) assigned to the area. Items available include: high chairs, pack and plays, strollers and booster seats, pots and pans, dishes, silverware, coffee pots, baking dishes, irons, ironing boards, toasters, vacuum cleaners, tables and chairs. Bring a copy of your orders. There is a

30-day time limit. To utilize the Lending Closet at JBSA-Fort Sam Houston, call 221-1681. The Loan Locker at JBSA-Randolph is open Wednesdays 9 a.m. to 2 p.m., call 652-5321 for details.

Immigration, Naturalization Services Q&A

An Immigration and Naturalization Service representative will answer questions about immigration and citizenship from noon to 2 p.m. second Tuesday of every month at the JBSA-Fort Sam Houston Military & Family Readiness Center. Call 221-2418 or 221-2705.

School Liaison Services

The School Liaison Services is a Department of Defense program designed to improve the educational environment and academics of K-12 family members whose parents are members of the military. The program reaches out to all branches of the military to provide a link between military families and both on and off the installation schools and provide services that enable families to be more involved in their child's education. For more information, call 221-2214 at JBSA-Fort Sam Houston, 671-3722 at JBSA-Lackland and 652-5321 at JBSA-Randolph.

OUTSIDE THE GATE

Distinguished Veterans Artists Show

From Nov. 1 to Jan. 4, 2015, the Institute of Texan Cultures at the UTSA HemisFair Park Campus, 801 E. César E. Chávez Blvd. in San Antonio, hosts the 5th annual Distinguished Artist Veteran art show. Organized by VSA Texas, the state organization on arts and disability, this show is comprised of new works by disabled American veterans from Texas. More than a dozen men and women who served our country, from the Korean War to present operations, are represented. The arts are a therapeutic tool for many of our returning military personnel. Institute hours are 9 a.m. to 5 p.m. Monday through Saturday and noon to 5 p.m.

Sunday. Admission is \$8 for adults, \$7 for seniors (65 and over); \$6 for children (3-11); and free with membership, UTSA or Alamo Colleges identification. For more information, call 458-2300 or visit <http://www.TexanCultures.com>.

Veterans Day In Hondo

Hondo Commemorative Air Force hosts a free Veterans Day celebration from 9 a.m. to 2 p.m. Nov. 8 at the South Regional Airport at 1600 Ave. M in Hondo, Texas. Activities include a "missing man" formation flyover, static aircraft displays, Experimental Aircraft Association Young Eagles aircraft who will give free rides to children ages 8-12, silent auction, keynote speaker, cake, live music and more. Gates open at 9 a.m. and the ceremony and other events are open to the public.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve

Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

SeaWorld® Waves Of Honor

The "Waves of Honor" salute to veterans offers 50 percent off single-day admission to the SeaWorld® and Busch Gardens® Parks, and Sesame Place® for veterans and service members, and as many as five guests. Qualified service members and veterans include active duty, retired, honorably separated officers and enlisted personnel of the U.S. military. Tickets must be purchased by Nov. 11 (Veterans Day) and redeemed by Dec. 21. Discounted tickets can be bought in advance at <http://www.wavesofhonor.com> or at participating military bases. Proof of service required.

NEWS BRIEFS from P6

Military Review and Awards

Joint Base San Antonio will honor veterans during a Military Review and Awards Ceremony Nov. 14 at 11 a.m. at MacArthur Parade Field as part of an All-Service Veteran's Day Ceremony and the annual Celebrate America's Military week. The host of the ceremony will be Lt. Gen. Perry Wiggins, commander, U.S. Army North (Fifth Army), and senior commander for JBSA-Fort Sam Houston and JBSA-Camp Bullis. The official party will consist of the French Consulate General, Gen. Sujiro Seam, and DOD representatives from all services on JBSA.

ID Cards/DEERS Office Move

The ID Cards main office

formerly at building 367 has relocated to building 2263, on the first floor of 2484 Stanley road. Customers are serviced by appointments only, which can be made by visiting <http://www.samhouston.army.mil/hra/idcard.aspx>. Emergencies are handled on a case-by-case basis. For more information, call 221-0415/2278.

Passports, Visas Office Move

The passports and visas office formerly at building 367 has relocated to the basement of building 2263, 2484 Stanley Road. For more information, call 221-0347.

Army In/Out Processing

All Soldiers and their families arriving and departing Joint Base San Antonio-Fort Sam Houston must report to building 2263, room 100A at 2484 Stanley Road. The office recently relocated from building 367. For info call 221-2076/0146.

Air Force Comptroller Office Relocation

Finance personnel services for Air Force military and civilian personnel relocated from building 4196 to building 2263, room 300. For more information, call 221-1415.

Lost & Unclaimed Property

Numerous items of personal property have been turned into the 502nd Security Forces Squadron at Joint Base San Antonio-Fort Sam Houston this year, including 30 wallets, 10 bicycles, one scooter, one lap timer, one return duct, one side door connector and one X-ray printer. These items will be retained for 45 days after turn-in and disposed of if the owner is not identified. In order to claim any of the items, bring in a form of photo identification and be able to identify the property. For more information, call 221-2340.