

FORT SAM HOUSTON News Leader

JUNE 27, 2014
VOL. 56, NO. 25



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221-9363**

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO-FORT SAM HOUSTON



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*Congratulations
Cole High
School Class
of 2014!*



Task Force 51 prepares to hand off emergency management mission

By Army Sgt. Brandon Anderson
Task Force 76 Public Affairs

For the past five years, Task Force 51, headquartered at Joint Base San Antonio-Fort Sam Houston, has been responsible for command and control of the Chemical, Biological, Radiological Nuclear Response mission the Department of Defense has had in place.

The mission entails being the unit in charge of coordinating all active duty Army assets used in the case of a CBRNE attack on U.S. soil.

During this time, they have trained and tested their ability to direct the numerous moving pieces involved.

“We’ve had to maintain a high state of



Photo by Staff Sgt. Kai Jensen

Maj. Gen. Daniel York, commander of Task Force 76, addresses his Soldiers at a command post exercise June 9 at Westover Air Reserve Base, Mass.

See TF51, P8

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Spend Fourth of July weekend fireworks injury-free

 By Airman 1st Class Kenna Jackson
 JBSA-Randolph Public Affairs

The first celebration of Independence Day was in 1777, six years before Americans knew whether the new nation would even survive the war. According to National Geographic, the use of fireworks was to ignite the population; to get them to believe they could be their own nation.

Now it's a day that many celebrate by taking off work, grilling outdoors and watching fireworks displays.

Don't let patriotic enthusiasm ruin the celebration by carelessly using fireworks.

"Fireworks are great fun and are an exciting way to celebrate our nation's freedom, whatever your age, but it's important to remember that they are not toys," said Staff Sgt. Gary Lund, 502nd Air Base Wing ground safety technician. "They are explosives and the injuries they can cause, especially to the eyes, can be devastating."

According to the Centers for Disease Control and Prevention, about 7,000 people were treated in emergency departments for fireworks-related injuries in 2011. The CDC reported that the highest injury rates occurred in children 10-14 years old. The majority of injuries involved hands, fingers, eyes and legs. Extreme cases resulted in the loss of fingers, limbs and vision.

"Good preparation is crucial for a successful and safe display," Lund said.

The following tips about fireworks can help avoid injury and encourage an injury-free Fourth



of July.

When using Fireworks, use common sense

- Never use fireworks in your home. Always set them off outside on a driveway or sidewalk
- Obey local laws. If fireworks are not legal where you live, do not use them.
- Always have copious amounts of water handy.
- Be aware of other people around you and make sure they are out of range of the fireworks you are using.
- Never point or shoot fireworks at another person.

Use common sense. Spectators should keep a safe distance from the shooter, and the shooter should wear safety glasses.

- Do not try to re-ignite a "dud" as it could explode near your face or hands.
- Only light one at a time.
- Do not try to make your own fireworks.

• Read instructions on the fireworks before igniting it.

- Never drink and use fireworks.

Lund notes that even if the holiday isn't spent setting off personal fireworks but watching them at a public event, there can still be risks, especially ear injuries to young children.

Here are a few tips to height-

en safety during public fireworks displays.

Firework shows

• Be aware of increased vehicle and pedestrian traffic.

- Be cautious of other drivers and people who may have been drinking.
- Be prepared and bring chairs or blankets, plenty of water to drink, sunscreen for the day and bug repellent for the night.

• Bring earplugs for every family member. You can find them at drug stores or sporting goods stores for a few dollars or less. But, for children 7-8 years old, these earplugs may be too big, so consider child-size earmuffs. Ear protection must fit properly in order to provide adequate protection.

"When attending public fireworks displays, sit at least 500 feet from where the fireworks are launched," said Staff Sgt. Justin Lee, 359th Aerospace Medical Squadron NCO in charge of the readiness element. "The noise from fireworks, for spectators 800 feet away, ranges from 88 to 126 decibels. However, from 10 feet away, it's 155 decibels – louder than a military jet takeoff."



Fireworks photo by Dan Solis

Lee added if an adult or child experiences a ringing or buzzing in the ear then it's best to move farther away or spend time in a quieter environment.

With these tips in mind, Joint Base San Antonio residents can help eliminate fireworks-related injuries this year and declare independence from accidents with fireworks safety.

"Remember to make smart decisions when using fireworks and to take proper precautions as indicated on the labels," Lund said. "If you or someone with you is injured by fireworks, seek immediate help or dial 911."

Fourth of July Weekend Base Service Closures

Find holiday closure information for July 4 and 7
for all Joint Base San Antonio locations on line.

<http://www.jbsa.af.mil/library/announcements/closures.asp>



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News Briefs

106th Signal Brigade Change Of Command, Responsibility

The 106th Signal Brigade change of command and change of responsibility ceremony is from 8-9 a.m. July 24 at the north side of the Quadrangle at Joint Base San Antonio-Fort Sam Houston. Col. Patrick Glinn will take over for Col. Jay Chapman as commander. Glinn most recently served in Southwest Asia as the G3 operations officer for the 335th Signal Command (Theater) (Provisional), supporting the U.S. Army Central Command. Command Sgt. Maj. Mathew Acome will take over for Command Sgt. Maj. Jennifer L. Taylor as command sergeant major.

WHASC Step Saver Cart Drivers Needed

The 59th Medical Wing Volunteer Service Office needs licensed drivers at least 20 years of age to transport patients to and from clinic entrances and parking lots in the vicinity of the Wilford Hall Ambulatory Surgical Clinic, Joint Base San Antonio-Lackland. Carts operate from 8 a.m. to 4 p.m., Monday through Friday. Training is available. Call 292-6591.

Thrift Shop Closed in July, Reopens Aug. 2

The Thrift Shop at JBSA-Fort Sam Houston, located at 3100 Zinn Road, one block south of Outdoor Recreation, closes for the month of July and reopens Aug. 2. Normal hours of operation are 9:30 a.m. to 2:30 p.m. Wednesday, Thursday and the first Saturday of each month with consignments from 9:30 a.m. to 1 p.m. for military ID card holders. Call 221-5794/4537 or visit <http://www.scfsh.com>.

New Privately Owned Vehicle Shipment Contract Implemented

International Auto Logistics is the new Department of Defense global privately owned vehicle provider. There will be no break in service for turn-in, pick-up or storage of POVs. For vehicle processing center locations and contact information, visit <http://www.pcsmypov.com>. Any POV that was shipped prior to May 1, with the previous contractor (American Auto Logistics), will be fully processed with AAL at the previous VPC locations, and delivered to its authorized destination.

See NEWS BRIEFS, P6

New IMCOM commander calls for deeds over words; introduces new mission, vision

By Amanda S. Rodriguez
IMCOM Public Affairs

Lt. Gen. David Halverson, Assistant Army Chief of Staff for Installation Management and commanding general of U.S. Army Installation Management Command, introduced IMCOM's new mission and vision and stressed the importance of trust and teamwork during his first town hall June 9 with IMCOM headquarters staff.

Halverson, who took command April 8, recognized employees, shared his thoughts on leadership and discussed IMCOM's mission and vision.

Today, more than ever, IMCOM's mission is vital, Halverson reminded the audience.

"We are a nation at war," Halverson said. "Our Soldiers are in harm's way, with suffering and casualties daily. It's a tough life and not for everyone. It's a most rewarding life – serving – but full of challenges.



Photo by Edward Dixon

Lt. Gen. David Halverson, commanding general, U.S. Army Installation Management Command, shares his vision and talks leadership with the IMCOM team during his first town hall meeting June 9.

We have to be mindful of that in taking care of Soldiers and their Families."

The Army faces increasingly complex challenges, such as unseen global conflict in

the face of tight finances and force reduction, according to Halverson.

IMCOM is subjected to the same, said the general, and the revised mission and vision statements reflect the need for innovation and leadership at every level.

The new vision statement reads, "Innovative professionals committed to effectively delivering extraordinary services and facilities for our premier Army."

"IMCOM is 'dooh,' not just hooah," Halverson told the team. It's about what we do – "not just words," he said. "I expect every one of my people to be a leader developer himself. Leader development will be an area of emphasis. As such, education, training and broadened development are important. I want to make sure we all have time to talk, to discuss, to listen, empower and most importantly offer solutions.

See IMCOM, P17

Earthquake exercise presents 'firsts' for Army North liaison officers

By Patti Bielling
Army North Public Affairs

A team of Arkansas-based Army Reservists joined hundreds of state and federal consequence management partners in Little Rock, Ark., June 16-20 to train in an eight-state earthquake response exercise.

The Emergency Preparedness Liaison Officers serve with Army North's Defense Coordinating Element VI to plan and coordinate federal military disaster response efforts in the five-state region of Arkansas, Louisiana, New Mexico, Oklahoma and Texas.

The exercise presented a lot of "firsts" for Army Col. Terry DeWitt, who led the Arkansas team of Army, Navy and Air Force EPLOs in the exercise.

"I was hired in May, so this was our first opportunity for our EPLO team to work together on an extended basis," DeWitt said. "I relied heavily on our battle books and the members of the team who have been here longer than I have."

The scenario involved a theoretical 7.7 magnitude earthquake along the southwest segment of the New Madrid Seismic Zone that, if it were real,

could have killed, injured and displaced thousands of people, spawned fires and floods, knocked out communications and power, along with crumbling buildings, bridges and roads across several states.

Participating in the Arkansas portion of the exercise were dozens of agencies, including the state's Department of Emergency Management and National Guard, as well as the regional teams from the Federal Emergency Management Agency and U.S. Department of Health and Human Services.

See EXERCISE, P17



Photo by Patti Bielling

Lorie LaFon (left) of Federal Emergency Management Agency provides an update on exercise earthquake response efforts during a conference call June 19 as Col. Terry DeWitt, an Army North emergency preparedness liaison officer, takes notes.

MUSEUM RELOCATION PROGRESSES AT QUADRANGLE



Photo by Staff Sgt. Corey Baltos

Renovations and construction continue in the east wing of the Quadrangle in preparation for the relocation of the Fort Sam Houston Museum to its new home, co-located with U.S. Army North (Fifth Army) headquarters. Employees with Jamco Joint Venture LLC are finishing up the inside walls by using putty to smooth out and fill in the drywall seams. The \$5 million renovation project began in February 2013 and is expected to be completed later this year. Those visiting the renovated museum will be able to trace the history of the Army in Texas from its earliest days supplying the Spanish Army as it defended the border between New Spain and French Louisiana, to the present day. The project is being overseen by the U.S. Army Corps of Engineers Fort Worth District.

IMCOM: Improved service rooted in customer feedback

By Russell Mathias

IMCOM Plans Division & Customer Excellence Branch

The Installation Management Command staff at every garrison, region and the headquarters remains focused on customer service and providing the most efficient and effective services to all customers.

However, we depend on those who use IMCOM services to inform our staff of ideas for improvement or to provide feedback on the services received. The best tool for this purpose is the Interactive Customer Evaluation system.

The ICE system is a web-based tool that collects feedback on services provided by various organizations throughout the Department of Defense.

It allows customers to

submit comments online to rate their level of satisfaction with services and to provide feedback. This feedback is critical in identifying what we are doing well and need to sustain, and where we may be falling short and need to improve.

It also assists organizations in tracking their performance levels and determining where to focus limited resources for improvement.

Positive ICE comments are the highlight of our day. Our goal is to exceed your expectations and we always appreciate hearing from you when we do.

We recognize that not all feedback is positive. Negative comments about IMCOM processes or interpersonal relationships provide us the information we need to modify them and improve.

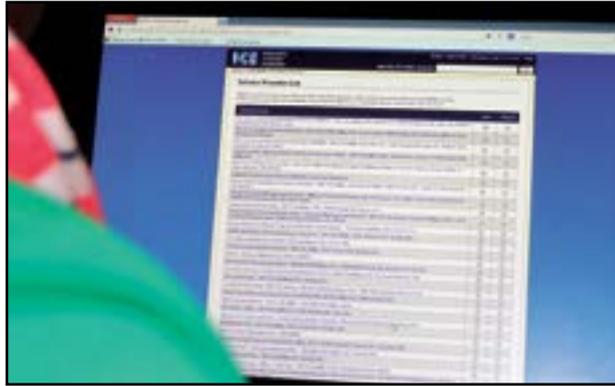


Photo by Amanda Rodriguez

An employee accesses the Interactive Customer Evaluation website to give feedback about U.S. Army Installation Management Command programs and services.

However, not all comments received provide sufficient detail for IMCOM staff to take necessary action. We estimate that approximately 20 percent of comments fall into this category.

When a customer chooses to leave contact information, it's simple

for the service provider manager to contact the customer and obtain the necessary information.

But, when the customer chooses to remain anonymous, and does not leave sufficient information to identify the issue, IMCOM staff cannot take action and the comment

is rendered useless.

We need customers to help us out by providing as much specific information as possible. A general rule of thumb is to answer the five Ws and H: who, what, when, where, why and how. Providing specific information, even if a customer wishes to remain anonymous, enables IMCOM staff to better resolve customer concerns.

Now that you know how you can help us, please take the time to let us know how we're doing.

We've noticed that the number of ICE comments IMCOM receives has slowly decreased over the past year and we want to reverse that trend. It takes less than a minute to fill out the standard six questions on the ICE website, and people are always welcome to add

additional information in comment spaces provided. Be assured that all comments and information are secured and kept confidential.

To assist you in navigating to the service provider you're looking for, note that on every site or organization home page there are two convenient features at the very bottom of the page.

The first is a 'show all' link that displays every service provider alphabetically for that site. The second is a 'service provider summary report' for the customer to see how each service area is performing based on ICE comments received over the previous 90-day period.

Visit the ICE Web site at <https://ice.disa.mil/> and choose your site by branch of service.

News Briefs

Continued from P3

For more information, call the Personal Property Processing Office at Joint Base San Antonio-Fort Sam Houston at 221-1605, at JBSA-Lackland at 671-2821 or at JBSA-Randolph at 652-1848.

Temporary Lane Closures On Garden Avenue

Garden Avenue between Wilson Road and Hardee Road will be rebuilt this summer to restore the pavement. The construction, which will occur through Sept. 11, will not allow two-way traffic during that time. However, access to driveways along both sides of Garden Avenue will remain open the entire time. The contractor will work on one side of the street while the other side will remain open for one-way traffic. After that lane is completed, it will open up and the other lane will then be rebuilt. Motorists are encouraged to follow the signs posted for the detour route.

Hardee Road Closure

Phase II construction on Hardee Road will require the closure of the intersection of Stanley and Hardee Roads. Access to the Army Medical Department parking lot will be through the intersection of Scott and Hardee Roads. Motorists are encouraged to follow the detour route to Schofield Road. The AMEDD parking lot north of Hardee Road will remain open and accessible from the Scott Road side. Construction should be completed by July 7.

Volunteers Needed As Patients For Medical Readiness Training

The 937th Training Support Squadron's Medical Readiness Training Center at Joint Base San Antonio-Camp Bullis needs volunteers to serve as patients for medical readiness training. Patients are needed from 10 a.m. to 3 p.m. Wednesdays and 8 a.m. to 3 p.m. Thursdays from July 30-31, Sept. 17-18 and Sept. 24-25. Volunteers can assist for one hour or an entire day. Volunteers will be moulaged to have fake injuries, such as gunshot wounds, stab wounds, etc. Volunteers can be in civilian or military clothing, although it is preferable to wear old civilian clothing as the materials used for simulated injuries may stain. Call 808-3406 or 808-3410.

Family Life Program offers classes fulfilling life for military members, families

By Bob Harry

Military & Family Readiness Center Family Life Consultant

The Family Life Program is one of several programs at the Military & Family Readiness Center that caters to the needs of military members and their families.

"We provide a robust program to help families gain a more fulfilling life in these stressful days," said Beatrice Castellano, FLP educator. "Our program offers a wide array of classes to help with parenting, relationship and life skills concerns."

Castellano is one of several FLP educators who teach classes throughout Joint Base San Antonio. Classes are offered at the Health and Wellness Centers on JBSA-Lackland and JBSA-Randolph as well as the military and family readiness centers at all three JBSA locations.

Areas of focus include stress, anger and time management, how to manage change and goal attainment.

Military parents have several class options to choose such as Scream Free Parenting, the Five Love Languages of Parenting Children with a second focus for Parenting of Teens and Positive Parenting.

The program also has a



Photo by Lori Newman

Family Life Program Educator Beatrice Castellano (left) demonstrates how to properly secure a newborn into a car seat as Senior Master Sgt. Travis Sparkman (right) and his wife Rūya look on. This is one of many lessons taught during the Bringing Baby Home class.

pregnancy and an early childhood focus with Bringing Baby Home, the HUGS Playgroup, infant massage, and a car safety seat clinic.

Air Force Senior Master Sgt. Travis Sparkman and his wife, Rūya Sparkman, recently attended the Bringing Baby Home class. They both agreed the class was very educational.

"There is a 12-year gap between our last child and this one, so it's like starting over," Sparkman said.

"We had complications with breast feeding our first child,"

he explained. "This class gave us a lot of good information that will hopefully make us successful with this baby."

First-time mother Allison Hayes also attended the class.

"I'm extremely anxious and nervous with everything," Hayes said. "Just being in a class with other first time and experienced moms has been very comforting for me."

In order to be consistent with the other JBSA safety seat clinics, FLP will implement a change to the safety seat program effective in August

requiring parents to attend Bringing Baby Home if they are expecting a child or a parenting safety class if they have toddlers and older children who require safety seats.

For relationship concerns, FLP provides Scream Free Marriage, Five Love Languages for Couples, Couples Enrichment and Talk is Cheap. They also provide a class for singles called Dating 2.0 to help people avoid pitfalls in dating and focus on what fits their ideal in new relationships.

The program offers both Army and Air Force Master Resiliency Training for family members and civilians. They also conduct annual Army Domestic and Child Abuse Prevention Training, which meets the guidelines set forth in Army Regulation 608-18.

"Our educators are outstanding and provide the latest content available while staying true to the overall goal of improving military life through enhancement, enrichment and resilience," Castellano said.

Partnering with the Exceptional Family Member Program resulted in classes that are co-facilitated with EFMP staff and provide invaluable tools for special needs families.

For more information, call 221-0349.

Feds Feed Families helps San Antonio Food Bank feed South Texas

By Steve Elliott

JBSA-Fort Sam Houston Public Affairs

With the Agriculture Department's annual "Feds Feed Families" food drive underway, the Department of Defense has once again been asked to help with logistical support and food donations.

The campaign, which runs through August, is a voluntary effort undertaken by federal employees to bring nonperishable food items to their offices



for distribution to local food banks.

"The 2013 food drive was overwhelmingly successful, as food donations across the federal government totaled 9 million pounds, with DOD alone contributing more than 1.9

million pounds of food," said Deputy Defense Secretary Bob Work in a memo to Defense Department leaders.

So where does the food collected during the campaign go? Who benefits?

"San Antonio is Military USA and whether you are active duty, retired, civil service or a family member ... our support comes from the community," said Eric Cooper, president and chief executive officer of the San Antonio Food Bank, located on

Highway 151 just north of Joint Base San Antonio-Lackland. "This campaign is an important strategy to bring awareness about the food bank to federal employees and military families as well as bringing tons of food and grocery products to those who need it most.

"When I think of our military, they are always taking care of business and taking care of the needs of the

Navy Hospital Corps 'A' School conducts unique 116th birthday celebration

By Larry Coffey
NMETC Public Affairs

Hospital Corps "A" School instructors and staff from Navy Medicine Training Support Center conducted a unique birthday celebration June 17 at the hospital corpsman student barracks at Joint Base San Antonio-Fort Sam Houston in recognition of the Hospital Corps' 116th birthday.

NMTSC officers and hospital corpsman students from the tri-service Medical Education and Training Campus were also among those attending the birthday celebration that not only included the traditional birthday cake cutting, but also featured a ribbon cutting for the Hospital Corps

heritage displays.

The displays are located in the two Hospital Corps barracks buildings, Fralish and Jaenke Halls. The displays include uniform items, equipment such as medication and emergency bags, medical exam tools, manuals and historical photos of hospital corpsmen and Hospital Corps-related ceremonies.

The items came primarily from the Hospital Corps School Great Lakes, which was relocated to JBSA-Fort Sam Houston April 21, 2011, and from items donated by local hospital corpsmen.

The Fralish Hall display has items from the inception of the Hospital Corps through the Korean War.

See NMTSC, P9



Photo by Larry Coffey

Petty Officer 2nd Class Taylor Fabrygel, a Navy Medicine Training Support Center instructor for the Medical Education and Training Campus, leads Navy hospital corpsmen in the Hospital Corpsman pledge during the Hospital Corps birthday celebration June 17 at the Navy METC student barracks at Joint Base San Antonio-Fort Sam Houston in recognition of the Hospital Corps' 116th birthday.

NMETC change of command

Navy Rear Adm. Rebecca McCormick-Boyle relieves Navy Capt. Gail Hathaway during a Navy Medicine Education and Training Command combined change of command and retirement ceremony 10 a.m. at the Army Medical Department Museum at Joint Base San Antonio-Fort Sam Houston, today.

NMETC has oversight of 17 commands and detachments across the U.S. and manages Navy Medicine's formal enlisted and officer education and training programs.

McCormick-Boyle reports from Washington, D.C., where she served as the assistant deputy chief for medical operations beginning in July 2009 before assuming the role of chief of staff to the Navy surgeon



Navy Rear Adm.
Rebecca
McCormick-Boyle



Navy Capt.
Gail
Hathaway

general and the Navy Bureau of Medicine and Surgery in January 2012. She will continue to serve as director of the Navy Nurse Corps, a position she has held since August 2013.

Hathaway was the first NMETC commander after the command's relocation from Jacksonville, Fla., to JBSA-Fort Sam Houston. She plans on remaining in the San Antonio area with her husband, retired Navy Cmdr. Dennis Hathaway.

TF51 from P1

readiness in order to respond quickly if an incident occurs,” said James Skidmore, Task Force 51 deputy chief of staff.

“We’re able to get an initial response team ready to deploy to the site of an attack within four hours and the main force within 12.”

Over the next few months, TF 51 is scheduled to finalize their transition of control of the mission to Task Force 76, based out of Salt Lake City, in October.

In preparation for the hand-off, TF 51 has been working with the Soldiers and leadership of TF 76 to assure a smooth transition takes place.

Lt. Col. Andrew Novitske, the operations officer for TF 51, said the transition has been a work in progress for a while now.

“The first event that

we did with the incoming unit was conducting a commanders’ forum at JBSA-Fort Sam Houston a few months ago,” Novitske said.

“The key leaders from each task force got the opportunity to sit down with each other and discuss the mission and the transition process.”

During a digital command post exercise held at the Westover Air Reserve Base in Chicopee, Mass., the two task forces conducted a training exercise where TF 76 simulated command and control, and TF 51 provided oversight and guidance.

The exercise was designed to be an indicator of where the two task forces stood in relation to the transition process.

“We’ve created a synchronization matrix that has different steps and requirements that have to be met before



Photo by Army Staff Sgt. Kai Jensen

(From left) Master Sgt. Linda Clayton and 1st Lt. Kamilah Smiley prepare a slide for the Task Force 76 brief during a command post exercise June 9 at Westover Air Reserve Base, Mass.

the final hand-off occurs,” Novitske said. “We’re providing them with proven products and guidance that we’ve

used during our time as the command and control unit to help them as they take over this critical mission.”

Some elements of the two task forces have been working together over the past two years, as members of the 302nd Maneuver Enhancement Brigade augmented TF 51.

“Working with the 302nd MEB has been extremely important,” said Sgt. Maj. Christopher Frediani, TF 51 non-commissioned officer in charge.

“They’ve taken part in numerous training exercises with us and have a good grasp on how the mission works.”

Other elements of TF 76 haven’t taken part during past exercises, but will take on a more active role during the training exercises.

“This is really the first time that other elements of Task Force 76 have been integrated in this kind of exercise,” Frediani said. “We’re just trying to get everyone on

the same page.”

Due to the nature of the mission, all elements of the task force have to work together to provide the leadership for recovery, search and rescue, mitigating the loss of life, and coordinating aviation assets.

“This is a zero-fail mission,” said TF 51 chief of staff Col. Russell Lewis. “If an actual attack like this were to take place, it would be one of the worst days in American history.”

Task Force 76 will take the lessons they’ve learned from this exercise and apply them as they take over command and control of the C2CRE mission.

The two units are scheduled to come together again in late July when TF 51 validates the proficiency of TF 76 in Exercise Vibrant Response held at Camp Atterbury, Ind.

FEDS FEED from P6

people and the nation,” Cooper said. “There is no more basic need than food. This campaign is a way to help build a safety net, which some military members and federal employees needed during last year’s government shutdowns. A lot of people are often just one emergency or one unexpected bill away from not being able to put food on the table.”

The San Antonio Food Bank provides food and grocery products to more than 500 partner agencies – such as food pantries, shelters, churches, soup kitchens, senior center and shelters – in 16 counties through South Texas, helping almost 60,000 people. The SAFB service area reaches north to Kerrville, south to LaSalle County, west to Uvalde, and east to Seguin.

In fiscal year 2013, the

SAFB provided nearly 50 million pounds of food. It relies on the generosity and support of local businesses, churches, foundations, corporations, government, civic groups and individuals in order to successfully continue serving Texans who are at risk of going hungry.

Who receives emergency food assistance? According to the SAFB, 36 percent of their clients are children under the age of 18 years old, 46 percent of households include at least one employed adult, 67 percent have incomes below the federal poverty level during the previous month and 8 percent are homeless.

Hunger crosses all societal lines as about 22 percent of SAFB clients are non-Hispanic white, 7 percent are non-Hispanic black, 69 percent are Hispanic and the rest are from other racial groups.

“This campaign is a great way for the military community to impact the community in a positive way,” Cooper said. “It brings awareness to the issue of hunger and awareness helps spur action.”

Cooper added that the SAFB’s iconic red barrels should start showing up at locations throughout Joint Base San Antonio any day.

The most critical non-perishable food items needed include rice, beans, peanut butter, tuna, macaroni and cheese, chili, canned stews and soup, canned luncheon meats, pop-top food items and full meals in a can or box.

For more information about the Feds Feed Families campaign, visit <http://www.usda.gov/feds-feedfamilies>. For more information about the San Antonio Food Bank, visit <http://www.safod-bank.org>.

NMTSC from P7

Fralish Hall was named after Petty Officer 3rd Class John Fralish, a hospital corpsman killed Feb. 6, 2006, by enemy fire during a fire fight with insurgents while on patrol in Afghanistan.

The Jaenke Hall display is from the Vietnam era to present day. Jaenke Hall was named after Petty Officer 2nd Class Jaime Jaenke, a hospital corpsman killed June 5, 2006, by a roadside bomb in Iraq.

“The theme of the Hospital Corps birthday ceremony was ‘Heroes from the Past to the Present,’” said Chief Petty Officer Kimberly Ortmeyer, a pharmacy tech instructor at METC and NMTSC Heritage Committee chair. “We thought it would make the Hospital Corps

birthday celebration more profound for the students by tying corpsman heritage to the birthday ceremony.”

Retired Master Chief Petty Officer Don Mason spoke about the history of the Hospital Corps.

“We Hospital Corpsmen have a very proud and illustrious heritage since our inception in 1898,” said Mason, who was awarded the Navy Cross for heroism as a medical corpsman while serving with a Marine Infantry Company in Korea in 1952.

“As I look back on my time and compare it to today’s Hospital Corps, I see both change and enduring traditions,” Mason noted. “Obviously, training and education techniques used in today’s Navy are vastly different and better. Medical knowledge and

practice are enormously advanced from what we knew. HMs are better educated and better trained than ever before.”

Guest speaker Petty Officer 1st Class James Pell, a NMTSC search and rescue instructor, spoke about today’s Hospital Corps and the modern hero.

A veteran of combat operations during multiple tours in support of Operation Enduring Freedom, Pell said, “Enlisting into the military during a time of war is an act of heroism in itself. Each and every one of us has made the commitment to serve our country, no questions asked.”

Pell’s awards include the Bronze Star with Combat Valor, two Purple Hearts, the Navy and Ma-



Friday has been designated National PTSD Awareness Day to bring greater awareness to the issue of Post Traumatic Stress Disorder.

Joint Base San Antonio, the San Antonio Military Health System, the Department of Defense and the Veterans Administration have resources that offer information on PTSD and treatment options. Those resources are available to service members, veterans, military/veteran families, and the general public.

PTSD
POST TRAUMATIC
STRESS DISORDER
SOME WOUNDS AREN'T VISIBLE

San Antonio Area

San Antonio Military Medical Center
<http://www.sammc.amedd.army.mil>

**Wilford Hall Ambulatory Surgical Center
Outpatient Mental Health Clinic**
292-7361

**WHASC Alcohol and Drug Abuse Prevention
and Treatment**
292-4452

WHASC Chaplain Services
292-7373

JBSA-Lackland Family Advocacy
292-5967

**JBSA-Fort Sam Houston
Soldier & Family Assistance Center**
916-7322

**JBSA-Fort Sam Houston
Army Community Service**
221-2705

JBSA-Randolph Family Advocacy
652-5321

JBSA websites

JBSA Chapel
<http://www.jbsa.af.mil/jbsachapel/index.asp>

JBSA Family Advocacy
<http://www.jbsa.af.mil/needhelp/familyadvocacy.asp>

SAMMC
<http://www.jbsa.af.mil/library/jbsa-medicalservices/index.asp>

Military and Family Readiness

<http://www.jbsa.af.mil/military&familyreadiness/index.asp>

JBSA Helping Agencies

<http://www.jbsa.af.mil/needhelp/>

JBSA Mental Health

<http://www.jbsa.af.mil/library/jbsa-medicalservices/mentalhealth.asp>

STRONG STAR

562-6742, <http://www.strongstar.org>
Strong Star is funded by DOD and the VA. It specializes in treating combat-related PTSD. Strong Star conducts research to develop the most effective treatments for military members and veterans with PTSD; currently enrolling patients in a number of treatment studies.

Education classes

WHASC Mental Health Clinic, fourth floor:

WHASC Mental Health Clinic, fourth floor: The walk-in class meets on the second Wednesday of the month. Participation is open to all TriCare beneficiaries, including service members who have not yet been diagnosed with PTSD and those who have been diagnosed, as well as to family members of those with PTSD. No advance sign up, and participants do not need to be seen in the clinic to attend.

For more information, call 292-7361.

National Resources

National Center for PTSD
<http://www.ptsd.va.gov>

**The Association for Behavioral and
Cognitive Therapists**
<http://www.abct.org>

**Department of Defense, Defense Center of
Excellence for Psychological Health and
Traumatic Brain Injury**

<http://www.dcoe.health.mil>

Military OneSource

<http://www.militaryonesource.com>

Military Pathways

<http://www.militarymentalhealth.org>

SAMSHA's National Mental Health Information Center

<http://mentalhealth.samhsa.gov>

Afterdeployment.org

<http://www.afterdeployment.org>

Deployment Health Clinical Center, <http://www.pdhealth.mil>

TRICARE

1-888-874-9378

Veterans Administration Mental Health Benefits Information

1-800-827-1000,
<http://www.mentalhealth.va.gov>

Tragedy Assistance Program for Survivors

1-800-959-TAPS (8277),
<http://www.taps.org>

U.S. Army Center for Health Promotion and Preventive Medicine

1-800-222-9698
<http://chppm-www.apgea.army.mil>

Information resource

The South Texas Research Organization's Network Guiding Studies on Trauma and Resilience, or STRONG STAR
<http://www.strongstar.org>



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Event

July

Arts and Crafts

Framing needs fulfilled at Arts & Crafts

The JBSA-Lackland and JBSA-Randolph Frame Shops have professionals that will provide custom framing for art work, memorabilia, photographs, sports awards, special achievements, graduations and more. For more information about the Lackland Frame Shop, call 671-2515. In addition, the Randolph Frame Shop will match any off-base price on a comparable custom framing job and customers do not pay sales tax. For more information, call the JBSA-Randolph Frame Shop at 652-5142.

Bowling

Kids beat the heat with bowling

The JBSA-Lackland Skylark Bowling Center offers a Beat the Heat program to school-aged youth during July. Youth can bowl as many games as desired Monday through Friday, 1-5 p.m., as long as lanes are available. Register by showing a recent report card. Participation in the "Beat the Heat" program costs \$40. For more information, call 671-1234.

Cool off at the bowling center

The JBSA-Randolph Bowling Center offers special bowling rates July 4, 1-8 p.m., in celebration of the holiday. The cost is \$2.35 per game, per person (does not include shoe rental.) The Spare Time Grill special for the day is .50 cent hot dogs (while they last. For more information, call 652-6271.

Patrons enjoy special Colorama bowling

Enjoy Colorama Bowling at the JBSA-Randolph Bowling Center July 18, 7 p.m. The entry fee is \$15 with optional side pots available. For more information, call 652-6271.

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday to Friday, 11 a.m. to 2 p.m. Enjoy "Red Pin" bowling Wednesday and Friday, 11 a.m. to 2 p.m. For more information, call 221-3683.

Sunday bowling fun for the entire family

Families get a bowling lane for one hour, a large pizza and bowling shoes for \$45 every Sunday, noon to 4 p.m., at the JBSA-Fort Sam Houston Bowling Center. For more information, call 221-3683.

Patrons take part in fall bowling league

JBSA-Fort Sam Houston Bowling Center has fall leagues for ladies, senior citizens, Christian fellowship, youth and couples beginning the end of August. Leagues play at various times, Tuesday through Friday. For more information, call 221-3683.

Bowling center hosts 3-4-5 special

The JBSA-Lackland Skylark Bowling Center hosts 3-4-5 Tuesdays giving bowlers the opportunity to bowl three games with shoes for \$5 every Tuesday in July. For more information, call 671-1234.

Community Programs

Fiesta Noche del Rio celebrates diverse cultures

Enjoy a patriotic salute to San Antonio's diverse culture July 3-5 at Fiesta Noche del Rio, the longest-running open-air musical venue of its kind in the United States. Fiesta Noche del Rio is an outdoor musical extravaganza featuring the music and dance of Mexico, Spain, Argentina and Texas. This event takes place Fridays and Saturdays through Aug. 16 at 8:30 p.m. at the Arneson River Theatre. Stop by JBSA-Randolph's Information, Tickets and Travel in the Community Services Mall, building 895, to pick up your discounted tickets. Tickets are \$13.75 for ages 15 and older and \$6.85 for children 6-14. For more information, call 652-5142.

Community Center hosts Lackland talent contest

The JBSA-Lackland Arnold Hall Community Center invites talented singers to bring their talent to Lackland Idol July 18, 6-8:30 p.m. Participants may sign up through July 7. Auditions are July 8 and 9, 5:30-7:30 p.m., and open to contestants ages 14 and older. Participants may sing to a karaoke CD, sing a capella or self-accompaniment instrumental. Each vocalist is limited to three to five minutes. The first-place winner receives \$300, the second-place winner gets \$200 and the third-place winner receives \$100. For more information, call 671-2619.

Families enjoy free movie night

Families are invited to a free movie night at the JBSA-Fort Sam Houston Military & Family Readiness Center July 19, 7 p.m. Free popcorn, cotton candy and snow cones are also available during the movie. For more information, call 221-1718.

Patrons participate in Community Extravaganza Fair

The Community Extravaganza Fair takes place July 29, 9-11 a.m., at the JBSA-Fort Sam Houston Golf Club, 1050 Harry Wurzbach Road. All JBSA team members are invited to visit with representatives from post agencies and local businesses to learn more about JBSA and the San Antonio area. For more information, call 221-2307.

Harlequin Theater presents Encore

The JBSA-Fort Sam Houston Harlequin Dinner Theater presents "Encore," a Broadway revue featuring more than 25 award-winning musicals, through Aug. 23. The show takes place on Thursdays, Fridays and Saturdays. Dinner is at 6:15 p.m. and the show starts at 8 p.m. This production is sponsored by AT&T and the Gunn Automotive Group. No federal endorsement of sponsors intended. For more information or reservations, call 222-9694.

Clubs

Kendrick Club offers bingo for patrons

Patrons are encouraged to wear patriotic attire and compete for best dressed patriot at bingo July 3 at the JBSA-Randolph

Kendrick Club. First place wins \$50 in club bucks, second place wins \$35 in club bucks and third place wins \$25 in club bucks.

The JBSA-Randolph Kendrick Club also hosts Bingo Extravaganza July 7 and 21. Total jackpot for each event is \$15,000 with a complimentary buffet at 5:30 p.m. and Early Bird bingo at 6 p.m.

JBSA-Randolph club members with July birthdays can get one free machine, cake and champagne at bingo July 8. Randolph members only. ID and club card required. For more information on these events, call 652-3056.

Chef prepares special dinner

The JBSA-Lackland Gateway Club hosts a special chef's dinner July 11 and 18, 5-8 p.m. The July 11 dinner features bacon-wrapped filet mignon, fried tail-on jumbo shrimp, twice-baked potatoes, asparagus spears and house salad. The July 18 dinner features New York strip steak, rosemary potatoes, string beans and house salad. The price for these dinners is \$16.95 for members and \$18.95 for nonmembers. For more information, call 645-7034.

Fun-loving dancers learn to swing in free class

The JBSA-Lackland Arnold Hall Community Center offers free East Coast Swing dance instruction every Friday, 6-8 p.m. The first hour features beginner lessons. During the second hour, patrons have the opportunity to try out what was learned in a fun and upbeat dance session. For more information, call 671-2619 or 671-2352.

Club members gather for Appreciation Night

The JBSA-Lackland Gateway Club hosts Appreciation Night July 15, 5-8 p.m. The buffet dinner features prime rib, rosemary crusted Cornish game hens, baked tilapia, whipped potatoes, parsley red potatoes, roasted asparagus, salad bar, French onion soup, rolls and miniature chocolate chip cheese cake with berries. The cost is \$10.50 for members and \$12.50 for nonmembers. For advance-sale tickets, call 645-7034.

Air City Bar and Grill celebrates another year

Join the celebration at the two-year anniversary of JBSA-Randolph Air City Bar and Grill July 16, 11 a.m. to 1:30 p.m. The first 10 customers get to draw from a basket of goodies with complimentary gift certificates. For more information, call 652-4864.

Black tie attire not required for great music

The Black Ties Band plays great rhythm and blues and jazz July 18, 6-10 p.m., on the Nite Club Patio at the JBSA-Randolph Kendrick Club. There will be theme buffets available for \$10.45 per person from 5-8:30 p.m. Club members receive \$2 off the buffet price. Coupons are not accepted for this event. For more information, call 652-3056.

JBSA FSS

Relax and indulge in good music

The Tobias Band performs at JBSA-Randolph Sky Lounge July 18, 6:30-10:30 p.m., with complimentary hors d'oeuvres from 5-6 p.m. For more information, call 652-4864.

Live entertainment featured at Gateway Club

The JBSA-Lackland Gateway Club hosts an evening of live entertainment featuring the Fourth Quarter Band July 25, 6-9 p.m. in the Lonestar Lounge. Enjoy a great bar menu, beverage specials and music. For more information, call 645-7034.

Clubs celebrates July birthdays

JBSA-Randolph club members can celebrate July birthdays July 30, 4:30-7:30 p.m., at the Parr Club with a free buffet. The buffet includes salad, two vegetables, two starches, two entrées, soup and birthday cake with ice cream. The cost is \$13.95 for adult nonmember guests and \$7.95 for children ages 6-12 years old. Club members not celebrating are invited as well and the cost is \$11.95, adults; \$5.95, children 6-12 years old; children 5 and younger eat free. For information, call 652-4864.

Fitness

Celebrate our freedom with a 5K

Celebrate freedom at the "Stars and Stripes" 5K run or walk at JBSA-Randolph's Eberle Park July 3, 7:30 a.m. Participation is free. This run is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

Run the hill with a bang

Participation is free at the JBSA-Lackland Gillum Fitness Center Firecracker Run-the-Hill 5K fun run or walk, July 11, 6:45 a.m., at Stapleton Park on Security Hill. Sign-ups are ongoing until race day. For more information, call 977-2353 or 977-2354.

Patrons test fitness skills

Patrons are invited to test fitness skills at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center Challenge Combine July 12, 9 a.m. Activities include a vertical jump, 300-yard shuttle run, bench press repetitions and other agility drills. For more information, call 221-1234.

Patrons challenged at indoor biathlon

An indoor biathlon takes place July 14-18 during normal business hours at the JBSA-Randolph Rambler Fitness Center. Participants must complete a 15-mile run and 30-mile bike ride in order to finish. The challenge booklets can be picked up at the front counter. A fitness team member must initial each item when it is completed before the participant moves to the next one. Completed booklets should be turned in to the fitness center staff. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

Half-marathon run available to runners

Runners can participate in a half marathon July 19, 6:30 a.m., at the JBSA-Randolph Eberle Park. This is a great run for runners that prefer running the half-marathon distance or as a training run for those preparing for a full marathon. This run is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

swim July 13 7 a.m.
Triathlon
bike
run
behind the
Aquatic Center
For more info, call
221-4887.
JBSA-Fort Sam Houston

Get the family moving

Families are invited to the JBSA-Randolph Rambler Fitness Center July 23, 7-9 p.m., for a lot of fun fitness activities. This is a great opportunity for families to have fun together, show off their fitness level and get a little exercise. This event is sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended. For more information, call 652-7263.

Racquetball tournament open to everyone

The JBSA-Fort Sam Houston Jimmy Brought Fitness Center hosts a racquetball tournament July 26 and 27, 9 a.m. This event is open to all interested patrons ages 16 years and older. For more information, call 221-1234.

Patrons stay cool while exercising

Get in shape while staying cool with water aerobic classes at the JBSA-Fort Sam Houston Jimmy Brought Fitness Center Monday, Wednesday and Friday 9-10 a.m. and 5-6 p.m. For more information, call 221-1234.

Start the morning sculpting your body

Tighten your glutes, sculpt your arms and strengthen your core in this 50-minute hard core muscle toning class at the JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus. Free classes are held every Tuesday and Thursday, 6:30 a.m., and are open to everyone. For more information, call 808-5709.

Patrons enjoy Zumba® classes

Raise your heart beat in a one-hour Zumba® class every Monday from 6-7 p.m. and Tuesday through Thursday from 5-6 p.m. for just \$3 per class. Classes are held at the JBSA-Fort Sam Houston Fitness Center on the Medical Education and

Training Campus and are open to all. For more information, call 808-5709.

Fitness center offers Hatha Yoga class

Hatha Yoga helps build strength, flexibility, lung capacity, balance and mindfulness. Classes are held at the JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus Mondays, 4:30-5:45 p.m. and Thursdays, 6:15-7:30 p.m. For more information, call 808-5709.

Intense class drums up a sweat

The JBSA-Kelly Fitness Center hosts Pound Fitness Monday and Wednesday, 11:30 a.m. Pound Fitness fuses the most challenging series of core, leg and upper body conditioning moves with cardio-interval training to the beat of a drum. Classes cost \$2 per person. For more information, call 925-4848.

Fitness center offers 24-hour access

The JBSA-Kelly Fitness Center allows patrons with a Department of Defense common access card 24-hour access to the facility. Staff is present Monday through Friday, 6 a.m. to 3 p.m. Members must register their DOD CAC at the JBSA-Kelly Fitness Center to gain access after normal hours. A statement of agreement must be signed at time of registration. Retired military must present a DD Form 2 that includes a DOD identification number versus social security number to register for access. For more information, call 925-4013.

Golf

Celebrate July 4 at the golf course

The JBSA-Fort Sam Houston Golf Course hosts a Red, White and Blue Scramble July 4 with a 12:30 p.m. shotgun start time. The cost is \$25 for members and \$35 for nonmembers. The

11 JULY
4:30 DOORS OPEN
7:10 PM GAMES
10:11 PM AUCTION
JBSA-LACKLAND GATEWAY CLUB
CASINO GAMES PRIZES
HORSE D'OEUVRES ENTERTAINMENT
PAY-AS-YOU-GO BAR
MONTE CARLO NIGHT
BLACKJACK
ROULETTE
CRAPS
TEXAS HOLD 'EM
\$20 PRESALE AT DOOR
\$25
Facebook Twitter

scramble includes 18 holes of golf, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Join the JBSA-Randolph Golf Course July 4 for the Red, White and Blue Tournament with tee times from 7-9 a.m. Teeing locations will alternate, red on hole one, white on hole two and blue on hole three and that order will be kept until the round is complete. The entry fee is \$10 plus green fee and cart rental. To sign up, call 652-4653 or stop by the Pro Shop.

Golfers compete in British Open Blind Draw Tournament

Join the JBSA-Randolph Golf Course for the British Open Blind Draw Tournament July 19 with tee times from 7-9 a.m. This is an individual low net/low gross tournament. The golf course staff will draw a PGA Pro from the British Open for each participant to combine scores with. The entry fee is \$10, plus green fee and cart rental. To sign up, call 652-4653.

Military in uniform receive discount

The snack bar at the JBSA-Lackland Gateway Hills Golf Course has a wide variety of breakfast and lunch menu items. Uniformed military personal who dine at the snack bar receive \$1 off their breakfast or lunch entrée. Call-in orders for pickup are welcome. For more information or to place an order, call 671-3466.

Secure tee times at pro shop

Golfers desiring tee times during scheduled tournament play at JBSA-Lackland Gateway Hills Golf Course are encouraged to call the pro shop prior to arrival for available tee times. For more information, call 671-2517.

Custom fit clubs for a better game of golf

Golfers in the market for a new set of Ping clubs are in luck. The JBSA-Randolph Oaks Golf Pro Shop is certified for Ping custom club fitting. Custom fitting for other golf clubs is also available. To schedule your personalized fitting, call 652-4653.

Information, Tickets and Travel

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office, located in the Sam Houston Event Center, sells discount tickets Tuesday to Friday, 9 a.m. to 4 p.m. For more information, call 808-1378.

Win a Dallas Cowboys all-inclusive package

Customers are invited to enter in the JBSA-Lackland Information, Tickets and Travel Cowboys package drawing July 18. One winner receives an all-inclusive package for two to the Dallas Cowboys versus San Francisco 49ers game Sept. 7. The prize package includes deluxe motor coach transportation from JBSA-Lackland to Arlington, one night stay at the Holiday Inn Fort Worth South, room tax, a full hot breakfast, 400-level game tickets, transportation to and from the stadium, pre-game tailgate party with a full buffet, unlimited beer, wine, soft drinks and more. The winner can choose to upgrade tickets to a 200-level ticket for \$175 per person. For more information, call 671-3059.

Get discount tickets for Texas State versus Navy game

All JBSA Information, Tickets and Travel offices offer discounted tickets to the Texas State Bobcats versus the Navy Midshipmen football game at the Texas State stadium Sept. 13. The discounted ticket price is \$7.75. Military personnel and families

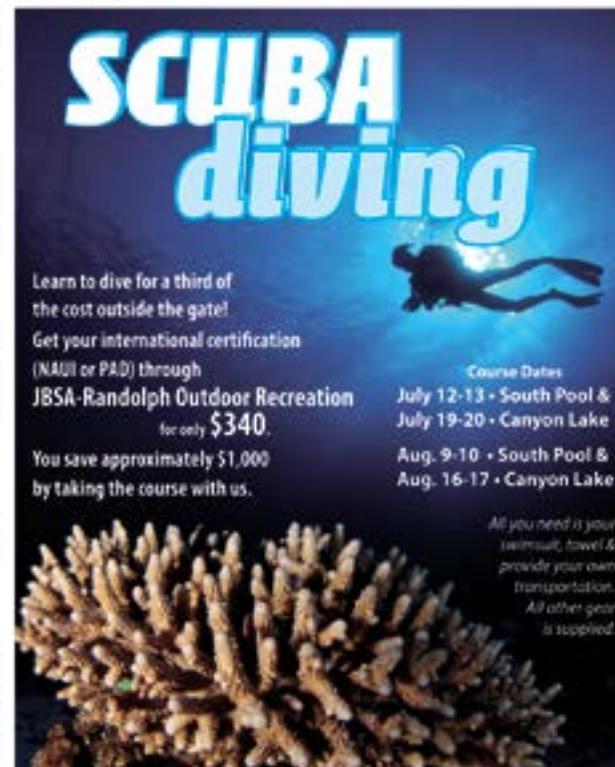
are invited to arrive before the game for complimentary food and drinks at the military appreciation tailgate. For more information, call 808-1378 at JBSA-Fort Sam Houston, 671-3059 at JBSA-Lackland and 652-5142 at JBSA-Randolph.

Don't get left out in the cold for Disney's "Frozen"

JBSA-Lackland Information, Tickets and Travel has tickets to Disney on Ice "Frozen" at the Alamodome April 3-5, 2015. Tickets are anticipated to sell out. Prices are \$20, \$26 and \$47 per seat with limited availability. Purchase early for best seating. For more information, call 671-3059.

Explore the Western Caribbean with Carnival Cruises

JBSA-Lackland Information, Tickets and Travel invites patrons to explore the Caribbean with Carnival Cruises Jan. 17-22. The five-day cruise begins in Galveston, Texas and travels to Progreso and Cozumel. Rates start at \$343 per person. Gratuities are not included. Payments require a \$50-per-person deposit plus a \$10 service fee at time of booking. A payment of \$150 per person is due Aug. 15 with final payment due Nov. 14. For more information, call 671-7111.



SCUBA diving

Learn to dive for a third of the cost outside the gate!
Get your international certification (NAUI or PADI) through
JBSA-Randolph Outdoor Recreation
for only **\$340**.
You save approximately \$1,000 by taking the course with us.

Course Dates
July 12-13 • South Pool & July 19-20 • Canyon Lake
Aug. 9-10 • South Pool & Aug. 16-17 • Canyon Lake

All you need is your swimsuit, towel & provide your own transportation. All other gear is supplied.

Explore Italy on nine-day tour

Explore Rome, Venice, Pisa and Florence through JBSA-Lackland's Information, Tickets and Travel's nine-day Trafalgar group tour March 7-15, 2015. Rates start at \$3,200 per person including airfare with additional discounts available. Payment plans are available with a \$200 non-refundable, land-only deposit per person and a \$10 service fee per traveler due at time of booking. Airfare purchased through Trafalgar requires a \$350 non-refundable deposit, also due at time of booking. Final payment is due Dec. 19. For information, call 671-7111.

Enjoy the summer at local theme parks

Get your discounted tickets to Six Flags, Schlitterbahn Water Park and Sea World at all JBSA Information, Tickets and Travel offices. For more information, call 808-1378 at JBSA-Fort Sam Houston, 671-3059 at JBSA-Lackland and 652-5142, option 1 at JBSA-Randolph.

Bet on a great time at Grand Casino Coshatta

JBSA-Randolph Information, Tickets and Travel offers several trips to the Grand Casino Coshatta, Kinder, La. throughout the year. Remaining trips are scheduled for July 15-16, Sept. 16-17 and Nov. 18-19. Each trip includes round-trip motor coach transportation, hotel accommodations and a voucher for \$23 from the casino. The bus departs at 7:30 a.m. and returns at approximately 9:30 p.m. the next day. Cost is \$60 for double occupancy or \$120 for single occupancy. For more information or to sign up, call 652-5142, option 1.

Library

Library continues summer reading program

JBSA-Lackland Library continues with the summer reading program "Paws to Read" festivities. Patrons are invited to special events encompassing the program's theme in July. The library features the Fire Department with a special appearance from Sparky the Fire Dog July 1; Texas Parks and Wildlife July 8 and the City of San Antonio Animal Care Services July 15. Dinosaurs are the highlight of "Dinosaur Extravaganza" on July 22. On July 29, the library presents the service dog program. For more information, call 671-3610.

Military & Family Readiness Center

Learn to write a federal resume

Learn how to write a competitive federal resume and navigate the USA Jobs website at the Federal Employment Process class July 1, 9-11:30 a.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center or July 24 at the JBSA-Randolph Military & Family Readiness Center. A properly written federal resume is important and results in either "Not Qualified" or "Best Qualified and Referred" status. To register for this class, call 221-0516 or 221-2507 at JBSA-Fort Sam Houston or 652-5321 at JBSA-Randolph.

Patrons learn to write a non-federal resume

Learn the correct way to prepare a non-federal style resume July 8, noon to 2 p.m., at the JBSA-Lackland Arnold Hall; July 9, 9:30-11 a.m., at the JBSA-Randolph Military & Family Readiness Center or July 16, 9-11:30 a.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. To register for the class, call 221-2705 at JBSA-Fort Sam Houston, 671-3722 at JBSA-Lackland and 652-5321 at JBSA-Randolph.

Learn the basics to running a small business

The Small Business Administration offers a two-day intensive training workshop which will enhance future business planning efforts. After completion of the workshop, participants will be given the opportunity to participate in an eight-week on-line training program offered by Syracuse University and its affiliated University instructors/partners. Classes take place July 22 and 23, 8 a.m. to 4 p.m., at the JBSA-Randolph Military & Family Readiness Center. Participants must have attended the Transition Assistance Program Goals

The content and layout in the Force Support Squadron section of this newspaper was provided by the Joint Base San Antonio FSS Marketing Team. No federal endorsement of sponsors intended.

JBSA FSS

Plans and Success workshop prior to registering for this two day workshop. To sign up, call 652-5321.

Patrons learn budgeting basics

Patrons are invited to the Budget Basics class July 15, 2-3:30 p.m., at the JBSA-Randolph Military & Family Readiness Center. Participants create a personalized spending plan, learn where their money is going and how to save for the future. To register for the class, call 652-5321.

Outdoor Recreation

Wide variety of equipment for rent

JBSA Outdoor Recreation Centers have equipment rentals for everyone to include camping, water fun, fishing boats, speed boats, sports, hiking, barbecue, party and gardening equipment. In addition, they have an RV Storage Area and Lemon Lot. For more information, call JBSA-Fort Sam Houston Outdoor Recreation at 221-5224 or 221-5225; the JBSA-Lackland ORC at 925-5532 or 952-5533 or the JBSA-Randolph ORC at 652-5142, option 2.

Archers take aim

The JBSA-Camp Bullis Archery Range is open Thursday through Monday, 8 a.m. to 4 p.m. Targets range from 10-60 yards. The cost is \$5 for a daily pass or \$40 for an annual pass. They also host a 3-D archery competition every fourth weekend of the month. The cost is \$15 for the fun shoot, \$20 for the competition shoot and \$5 for kids 12 years and younger. For more information, call 295-7577.

Patrons take aim at Sportsman's Range

The JBSA-Camp Bullis Sportsman's Range is available for shooting and target practice every Saturday and Sunday, weather permitting, 8 a.m. to noon, during the summer. The cost to shoot is \$10 per Department of Defense ID cardholder and \$15 per non-DOD ID cardholders. DOD ID cardholders can purchase an annual pass for \$60. All DOD ID cardholders are allowed to sponsor two non-DOD ID cardholder guests. For more information, call 295-7577.

Leave the traffic behind and get away on a horse

The JBSA-Fort Sam Houston Equestrian Center offers one-hour trail rides Saturday and Sunday for ages 7 and older. Adults must accompany children under age 13. Riders must be at least 54 inches tall and weigh no more than 200 pounds. Reservations are required. For more information, call 224-7207.

Season pool passes available for purchase

Season pool passes are available for purchase at all JBSA locations. The cost for an individual season pool pass is \$45, a student season pool pass is \$35 and a family (three-persons) season pool pass is \$85 with \$10 for each additional family member. Season pool passes may be purchased at the JBSA-Fort Sam Houston Aquatic Center, the JBSA-Lackland Skylark Aquatics Center and the JBSA-Randolph Community Services Mall. For more information, call JBSA-Fort Sam Houston, 221-4887; JBSA-Lackland, 671-3780 and JBSA-Randolph, 652-5142.

Annual pass saves money at Canyon Lake

Purchase an annual pass for JBSA Recreation Park at Canyon Lake for \$65 and enjoy the lake all summer. This pass gets you into the Sunny Side and Hancock Cove sides of the

park. Annual passes include a vehicle and boat/trailer pass and card holders are not charged the boat launch fee. Without an annual pass, the daily entry fee for the park is \$7 per visit. For more information, call 830-226-5357.

Salado Creek Park available for summer fun

The JBSA-Fort Sam Houston Salado Creek Park is perfect for family fun and events. The 13-acre park is adjacent to Salado Creek and is open daily from 8 a.m. to 9 p.m. Ten picnic areas are available to rent for \$15 each and accommodate 25 people. Two large patio areas, each accommodating 50 or more people, are available for \$30 each and a covered pavilion is available for \$45. Reservations can be made up to a year in advance at the Outdoor Equipment Center and includes picnic tables and a barbecue stand. The park also features a volleyball court and playground areas. For more information, call 221-5224.

Boaters learn safety before getting on the water

Boater's safety certification is required for all boats rented at the JBSA Recreation Park at Canyon Lake. Outdoor Recreation in the Community Services Mall, building 895, offers the classes for only \$2 per person. Allow at least two hours to complete this course. For more information, call 652-5142.

Youth and Children

Youth Programs conducts sports registration

JBSA-Lackland Youth Programs has registration for flag football and soccer for children ages 5-14, July 1-11. The cost is \$50 per child to participate. A current sports physical is required at sign up. For more information, call 671-2388.

JBSA-Randolph Youth Programs conducts sports registration for flag football, volleyball, cheer leading and Lil Renegades soccer July 1 to Aug. 15. The cost is \$50 for flag football, ages 5-6 and \$55 for ages 7 and older; \$45 for cheer leading, ages 5-18, \$50 for volleyball ages 9-14; and \$35 for Lil Renegades Soccer, ages 3-4. For more information, call 652-3298.

Teens participate in Teen Talk

Teens are invited to participate in Teen Talk at the JBSA-Fort Sam Houston Middle School Teen Center. Teens learn about managing money July 7, 9-10 a.m. or 1-2 p.m.; communication July 21, 9-10 a.m. or 1-2 p.m.; and building leadership qualities July 28, 9-10 a.m. or 1-2 p.m. For more information or to register, call 221-0349.

Special camp for special kids to enjoy art and dance

The Exceptional Family Member Program has a free arts and dance camp for special needs children ages 6-18 years old July 8-10, 9 a.m. to noon, at the JBSA-Randolph Fellowship Hall and July 21-24, 9 a.m. to noon, at the JBSA-Fort Sam Houston Elementary School. To register, call JBSA-Fort Sam Houston at 221-1616 or 221-2962 and JBSA-Randolph at 652-5321.

Parents get a night off

JBSA-Lackland Youth Programs and JBSA-Lackland Child Development Program has "Give Parents a Break/Parents' Night Out" child care July 18, 7-11 p.m. The fee is \$15 per child or free with a GPAB referral. For more information, call 671-2388 for Youth Programs or 671-1072 for the Lackland CDP.

Youth Programs hosts movie night

JBSA-Lackland Youth Programs has a movie night July 18, 7-9 p.m. for youth ages 9-12 years old. Admission is \$3 per person and includes a beverage and snack. The movies shown are to be announced. For more information, call 671-2388.

Registration for Before/After School Programs

Registration for the 2014-2015 Before and After School program at JBSA-Randolph Youth Programs is July 21 for Priority 1 (single/dual military assigned to JBSA and wounded warriors) and July 22 for priority 2 (active-duty military or Department of Defense civilians assigned to JBSA with working spouse or attending school full-time). Registration for Priority 3-4 is July 23-25, if slots are available. Paperwork can be picked up at youth programs beginning July 15. Children must be age 5 and enrolled in kindergarten. For more information, call 652-3298.

Instructional programs available for youth

JBSA-Lackland Youth Programs offers instruction in dance, guitar, piano and martial arts. Class dates and times vary according to age. Enrollment is ongoing and limited space is available. For more information, call 671-2388.

Earn extra income caring for children

JBSA-Lackland Family Child Care offers military spouses the opportunity to add to family income by becoming an FCC provider in their own home. FCC is looking for those to care for infants, toddlers, preschoolers and school-aged children. There is especially a need for children in the Extended Child Care program, as well as children with special needs and chronic health problems. Training is provided with courses offered monthly. For more information, call 671-3376.

Part-day enrichment program available for children

This is a great program for families with children between the ages of 3-5. Through this program children are exposed to many of the things they will encounter in pre-school and kindergarten, such as colors, numbers, shapes, following directions, waiting your turn and sharing space. The program follows the Randolph Field Independent School District school calendar schedule and starts Sept. 8. Registration begins July 30. For more information, call the JBSA-Randolph Child Development Program at 652-1140.

[HTTP://WWW.RANDOLPHFSS.COM](http://www.randolphfss.com)
[HTTP://WWW.LACKLANDFSS.COM](http://www.lacklandfss.com)
[HTTP://WWW.FORTSAMMWR.COM](http://www.fortsammwr.com)



Official explains options for changing health care providers

By Terri Moon Cronk
American Forces Press Service

Making a permanent-change-of-station move can be stressful, but changing health care providers during that time is easy, the director of the TRICARE health plan said June 12 in Washington, D.C.

In a Department of Defense News interview, Mary Kaye Justis said she wants service members and their families to know there are several easy options to find new health care providers at their new duty station ahead of time or after they arrive, following the April 1 closure of the TRICARE service centers.

“We have a lot of folks

to make sure the health care is there with good support for beneficiaries,” Justis said. “When you’re moving, there are a lot of changes going on and we want to make that it’s as easy as possible through the multiple safety nets that exist in both our military treatment facilities and in our network.”

A first step service members and families should take is to update their information with their new address and duty station in the Defense Enrollment Eligibility Reporting System, also known as DEERS. Every beneficiary and service member is responsible for keeping their DEERS database information up-

to-date, Justis pointed out.

“Once that’s done, if they’re in middle of moving and haven’t thought about changing doctors or networks, the new management care support contractor will contact them,” she said.

Several options exist to help in changing health care providers, Justis said. A program called Moving Made Easy will walk beneficiaries through the process on TRICARE TV or as a webinar on the Military OneSource website, and TRICARE Web Resources on YouTube also offers valuable information, she added.

The Moving Made Easy initiative helps families in the continental United

States moving from one region to another, Justis said, adding that TRICARE is divided into three regions – north, south and west.

Another choice is to call. “If you’re moving, you can call either region and either contractor will assist you,” she said. “So, there really are a lot of opportunities.”

One thing people often don’t know is that they don’t have to disenroll from TRICARE or TRICARE Prime, Justis said. “They just need to call their regional office or management support care contractor and let them know they’re moving,” she added. “It’s a simple process. They’ll set ben-

eficiaries up with a new primary care provider and take care of any special needs they may have in their new area.”

Transferring information for medication also is an easy process, she said. There is one national contractor in the retail network, and other options are mail order prescriptions and using pharmacies at military treatment facilities.

“All the military treatment facilities in our direct-care system work very actively to take care of their folks,” Justis said. “We work together from purchase care from the networks, and from the military treatment facilities to make sure there’s a good

safety net for beneficiaries.”

TRICARE is reaching across the Military Health System to ensure ease of changing health care during a move, she added.

“We make it easy for folks to get to their providers, we make sure we have great quality in place in terms of the providers, programs and services and we take good care of those with special needs, whether it’s a child with autism or a physical challenge,” Justis said.

“If there are areas where beneficiaries need additional help,” she added, “they can reach out to their provider and let them know so they can help create that support system.”

Interoperable electronic medical records program progresses

By Jim Garamone
American Forces Press Service

The Defense Department is getting closer to fielding a system that will provide a seamless medical records system, the program manager for the multibillion-dollar acquisition effort said recently.

Navy Capt. John H. Windom spoke to reporters about the third draft request for proposals his office issued for the DOD Healthcare Management System Modernization Program.

“My job is to replace the ... existing legacy electronic health record systems supporting the military health care system,” he said.

Interoperability is a key tenet of any change, the captain said, noting that DOD, the Veterans Affairs Department and civilian health care providers must be able to access and update health records. The Office of the National

Coordinator and a DOD/VA interagency program office set the protocols and interfaces that all systems will seek to align to.

“For me, if I map to those interfaces, then I inherently become interoperable with the VA,” Windom said.

The captain compared the situation to the Internet’s early years.

“All the issues we had with the Internet when it first started revolved around protocols, because people wouldn’t follow a consistent standard,” he said. “Now, the Internet is taken for granted, but if you look 15 to 20 years ago, not everyone could speak to one another.”

The effort goes beyond medical record interoperability between DOD and VA, Windom said, because civilian health care providers shoulder 60 percent of the medical workload for service members and their families, and they, too, follow these protocols.

“That’s one major reason as to why we went with off-the-shelf technology,” the captain said.

“That interoperability with commercial health care is imperative.”

Windom’s office recently released its third draft request for proposals. The office is going through this process to ensure that companies understand the scope of the effort and DOD’s requirements and can give immediate feedback on those products.

“In advance of the final RFP, which the offerors are going to be required to bid to, they understand the government’s requirements and acquisition approach, so it reduces ambiguity,” he said. “It also ensures we are asking for something that is feasible.”

Companies pose questions about the requirements and DOD answers them, Windom said. The government then may

modify the RFP, if appropriate, to incorporate what it has learned from the process. “In response to the first draft RFP, we got in excess of 700 questions from industry, and in the latest round, we got in excess of 320 questions,” he said.

As the RFP has become more detailed, the captain said, the number of questions dropped. “We’re gaining clarity,” he added. “We expect more targeted questions. I’d like to say on this next round we’re not going to get any questions, but I know it’s not the case.”

The program is on track, Windom said. The final request for proposals will be released in the fourth quarter of the fiscal year, with the contract award happening in fiscal year 2015.

The initial operational capability site will be in the Pacific Northwest, with other regions added in waves, Windom said.

NMTSC from P9

rine Corps Commendation Medal with combat valor, and the Navy and Marine Corps Achievement Medal with combat valor.

“A modern-day hero is not just one person or one act by an individual who is admired for bravery or noble qualities, as the dictionary says,” Pell said.

“The modern hero has everything to lose and still puts his own wellbeing second to those they serve with and for.”

Seaman Alexander Turner, a 19-year-old Hospital Corps student from Atlanta, has been in the Navy for six months and said he was astonished by what he heard and saw during the ceremony.

“Amazing historical facts and information were given about hospital corpsmen,” Turner said. “It makes me really proud to know where we came from. I’m filled with pride to be part of it.”

Mason seemed to enjoy the afternoon events as

much as the students.

“It was just great,” Mason said. “I’m always pleased to rub elbows with hospital corpsmen and medical personnel. I enjoyed very much talking to the youngsters,” Mason said. “In them, I see enthusiasm. I see legacy and heritage building. I see all the things that I see in the hospital corps pledge – faithfulness, sacred trust, loyalty, honesty, dedication and above all honor.”

NMTSC is an echelon 4 command reporting to the Navy Medicine Education and Training Command. It is also part of the Navy Medicine team, a global health-care network of Navy medical professionals around the world who provide high-quality health care to eligible beneficiaries.

Navy Medicine personnel deploy with Sailors and Marines worldwide, providing critical mission support aboard ships, in the air, under the sea and on the battlefield.

IMCOM from P3

“We have to have new ideas and partnerships to solve today’s complex challenges and keep up with changing times,” he said.

The Army is all about readiness, Halverson said, introducing the revised mission statement: “IMCOM delivers and integrates base support to enable readiness for a self-reliant and globally responsive all volunteer Army.”

Positive attitude and trust will help bring the team together, Halverson said. Leadership, innovation, partnerships and high standards of service will help IMCOM provide the right services to Soldiers today and in the years to come, he said.

“We need to continue to build trust – between ourselves, Soldiers and their families, the workers here – and that is

through actions, not just words,” Halverson said.

IMCOM Command Sgt. Major Jeffrey Hartless continued the teamwork theme.

“Thank you for what you do,” Hartless said. “We are the only command that touches every single Soldier and every family every day.”

Halverson and Hartless awarded employees for their time in service, including Thomas Bennett, who received a 50-year service pin. Recognizing their efforts tied into the topic of IMCOM’s mission.

“Our country is only 239 years old and we have a combined total (years of experience) on stage of even more than that,” Halverson said. “There’s no greater honor than taking care of Soldiers. That’s something to believe in. We are here in service to our country and to the Army.”

EXERCISE from P3

“Emergency management is all about relationship building,” said Lorie LaFon, leader of FEMA’s Region VI Incident Management Assistance Team. “Exercises like this offer us all an opportunity to get to know our state and other federal partners before an event and to get familiar with the processes we use.”

The Capstone 14 Exercise, sponsored by Central United States Earthquake Consortium, tested local, state and federal response plans for providing life-saving and life-sustaining activities that would occur during the first four days following a catastrophic quake. The event served as a perfect introduction to his new job, DeWitt said.

“As a new member of

the team, I read about what the people from these different agencies do during disaster response,” DeWitt said. “But now having met them and worked with them, I have practical experience – a frame of reference – that will set us up for success in the future.”

Planner Christopher Kenney of DCE Region VI advised the EPLOs during the exercise. He credited the “bench strength of the team” with allowing them to come together and support their new leader.

“The boss felt comfortable enough to lean on them and they were successful,” Kenney said. “It’s a credit to Col. DeWitt and the whole team that they were able to go from crawling on Day 1, to walking comfortably by Day 2 and running on Day 3.”

OUTSIDE THE GATE

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

Warrant Officer Association meeting

The July meeting of the Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will be at 5:30 p.m. July 21 at the Longhorn Cafe, 1003 Rittiman Road, at the corner of Rittiman and Harry Wurzbach. All active duty, retired, Reserve, National Guard warrant officers and family members of current or retired warrant officers are invited. For more information, call 413-1965 or 257-0931.

Weekly Weather Watch

	Jun 27	Jun 28	Jun 29	Jun 30	Jul 1	Jul 2
San Antonio Texas	 90° Isolated T-storms	 90° Partly Cloudy	 91° Partly Cloudy	 91° Partly Cloudy	 95° Partly Cloudy	 96° Sunny
Kabul Afghanistan	 94° Sunny	 95° Sunny	 92° Sunny	 93° Sunny	 92° Sunny	 92° Sunny

(Source: The Weather Channel at www.weather.com)

CORRECTION: On Page 7 of the June 20 edition of the News Leader, the photographer for the 264th Medical Battalion Change of Command photo was Ed Dixon.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan
10:30 a.m. - Gospel

Army Medical Department Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service

11:01 - Contemporary “Crossroads”

Brooke Army Medical Center Chapel

Building 3600,
3851 Roger Brooke Rd.
10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday,
AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain’s website at <http://www.jbsa.af.mil/jbsachapel/samhouston.asp>.

SCHOLARSHIP RECIPIENTS

Almquist, Jacob - Maribeau B. Lamar Medal of Excellence Scholarship, the Spouses Club of Fort Sam Houston Scholarship

Anderson, Haley - University of Mary Hardin Baylor Crusader Scholarship, University of Mary Hardin Baylor Honor Scholarship, University of the Incarnate Word Deans Scholarship, University of The Incarnate Word Presidential Scholarship, Post 911-GI Bill to Texas Tech University

Archer, Callie - Olivet Nazarene University, the Spouses Club of Fort Sam Houston Scholarship, John C. Shirota Scholarship at Lanakila Baptist High School

Bettis, Dalton - Baldwin Wallace University Dean's Scholarship, Baldwin Wallace University Residency Scholarship, Bluffton University Academic Honors with Distinction Scholarship, Bluffton University Presidential Scholarship, Bluffton University Out-Of-State Scholarship, Denison University Alumni Award Scholarship, Defiance College Dean's Scholarship

Campbell, Colin - Four-year Army ROTC scholarship to Colorado State University, four-year Army ROTC scholarship to Rochester Institute of Technology, four-year Army ROTC scholarship to the University of Colorado at Boulder, four-year Army ROTC scholarship Army All-American Bowl Scholarship, Colorado State University Dean's Scholarship, University of Colorado at Boulder Chancellor's Achievement Scholarship, The Ronald Reagan Student Leader Award

Casarez, Nicole - Cougar Pride Club Athletic Scholarship, Texas Public Education Resident Scholarship, 2014 Christian Athlete of the Year Award in the Greater San Antonio Area

Daniels, Neal - Army Reserve National Scholar/Athlete, four-year Army ROTC scholarship to Bowie State University, Church Women United Scholarship, Veteran of Foreign Wars Scholarship

Davila, Natalia - University of the Incarnate Word Distinguished Scholar Award, Veteran of Foreign Wars Scholarship

Edwards, Megan - University of Portland Arthur Schulte Scholarship, Texas A&M University Corpus Christi Student Leader Top Scholarship, Robert G. Cole Theater Arts Scholarship

Emry, Lyndsey - Four-year Army ROTC scholarship to the University of the Incarnate Word, University of the Incarnate Word Room and Board Scholarship, University of the Incarnate Word Distinguished Scholar Award, Jeremy Fuentes Memorial Scholarship Association of the United States Army Guy & Meloy Scholarship

Garza, Natalie - University of Mary Hardin-Baylor Honor Scholarship, the Spouses Club of Fort Sam Houston Scholarship, Mrs. Jackie Stott Memorial Scholarship, the Ronald Reagan Student Leader Award, Texas Tech University Recruitment Scholarship, Texas Tech University Top 10 Percent Scholarship, Texas Tech University Distinguished Scholar Award Texas Tech University Top 10% Scholarship

Congratulations Cole High School Class of 2014!

Cole's 2014 graduates earn \$8.3 million in scholarships

By Jayne Hatton

Associate Superintendent
Fort Sam Houston Independent School District

Eighty-two seniors of Robert G. Cole High School's Class of 2014 were honored in a graduation ceremony June 6 at the historic Fort Sam Houston Theater. Earning a total of \$8,372,763 in scholarship offers, 46 Cole graduates were offered a total of 191 scholarships: 61 from private organizations, 112 from colleges and universities and 18 from ROTC programs.

"It is always a highlight to hear individual achievements and post-graduation plans being announced as students receive their diploma," said Dr. Gail Siller, Fort Sam Houston Independent School District superintendent. "A video tribute, created by students, also honors our graduates."

Student council president D'Mia Spivey, senior class president Natorre Webb and valedictorian Elise Miller provided a tribute to the senior class titled, "The Past, Present and Future." Salutatorian Marissa Griffith provided the farewell speech.

Spivey explored the past in her speech, stating "Dream the wild dream when you were young and create a vision. This takes determination and a plan that takes your dream to a



Photo by Jayne Hatton

Senior Elise Miller (center) gets a standing ovation at the Senior Awards Ceremony as Fort Sam Houston Independent School District Board of Trustees President Deborah Seabron (left) and FSHISD Superintendent Dr. Gail Siller recognize her as a U.S. Presidential Scholars Award winner.

destination."

Webb provided a view of the present sharing her thoughts on success in life.

"We were all raised and taught to do our best and be nothing less," she said. "Were it not for the changes in life, we would not grow. Were it not for the growth in life, we would not succeed. Succeeding is what we are meant to do."

Instead of attending the graduation ceremony, Miller performed with the Texas Children's Choir as part of the "American Musical Salute to Liberation," an official event of D-Day's 70th anniversary parade hosted by the village of Sainte-Mere-Eglise, France.

Participating in this special tribute was especially meaningful to Miller as she graduates from a high school named for Congressional Medal of Honor recipient, Lt. Col. Robert G. Cole, for his service during World War II.

"We carry on Cole's legacy," Miller shared in a pre-recorded speech to Cole graduates and their families. "As

See COLE, P19



Photo by Dr. Roland Rios

Cole High School valedictorian Elise Miller assisted in providing a tribute to the senior class titled "The Past, Present and Future."



Photo by Dr. Roland Rios

Cole Seniors prepare for their graduation ceremony outside the Fort Sam Houston Theater. Pictured from left are Krestain Watson, Daarquesha Thorne, Patrick Thomas, Christian Stout, Kelsie Sears, William Hutto and Mahkyla Howes.



Photo by Dr. Roland Rios

Cole senior class president Natorre Webb (left) shares an inspirational message with the audience.



Photo by Jayne Hatton

Retired Army Command Sgt. Maj. Dennis Lafferty (left) presents the Mirabeau B. Lamar Medal of Honor Award, along with a scholarship, to senior Jacob Almquist.

COLE from P18

we move into the world of adulthood, we create legacies of our own. We are the future and we will be tomorrow's heroes."

"We are the graduating class of 2014," said Cole salutatorian Marissa Griffith in her farewell speech. "Remember where you've been, and always stay focused on where you are going. It is only by learning from the past that you can truly prepare for the future. Find what inspires you and follow after it wholeheartedly."

"Because we are a small district, it is possible for the parents of the 35 honor graduates to present their honor medals to their students personally," Siller said. "It's a very special moment for the families and an opportunity



Photo by Jayne Hatton

Cole senior Jonathan Hokana (center) receives the Cole Senior Class Sponsors' Scholarship from sponsors (from left) Torie Maldonado, Donna Tripp, Roger Montalvo and Cole ROTC Instructor Col. Bill LaChance (Ret.).



Photo by Dr. Roland Rios

Patrick Thomas expresses his joy as he exits the Cole High School graduation ceremony.

to honor the partnership between the parents and teachers who work together to help our students attain their highest academic goals."

Summa Cum Laude honor graduate status was earned by Colin Campbell, Marissa Griffith, Neil Marklund, Rachel McNaughton, Elise Miller and Suree Yowell, who all maintained a grade average of 100 or above for grades nine through 12.

Magna Cum Laude honor graduate status was achieved by Haley Anderson, Callie Archer, Lyndsey Emry, Natalie Garza, Daniel Harger, Carter Howell, Olivia Lowe, Andreanika Randle, D'Mia Spivey, Allison Tempel, Eugene Umlor and David Williams. These students maintained a grade point average of 96 to 99 for all classes taken during their four-year high school career.

Eighteen Cole students graduated with Cum Laude honors, which is a distinction earned by those students who maintain a grade point average of 90 to 95 for all classes taken during their high school career. Cum Laude graduates included Jacob Almquist, Dalton Bettis, Nicole Casarez, Kellie Coleman, Natalia Davila, Megan Edwards, Jalen Gomez, Grace Kuhlman, Mackenzie Lee, Jenna Liñan, Eric Ramos, Chrystin Schmoll, Austin Small, James Small, Bryan Sostre López, Celestine Tarr, Sierra Torell and Natorre Webb.

Other graduating seniors were Areli Acosta, Angelica Angeles, Queenie Angeles, Kayla Blackmon, Nicholas

SCHOLARSHIP RECIPIENTS

Gitau, Patience - Oklahoma Wesleyan University Academic Scholarship, Oklahoma Wesleyan University Non-Wesleyan Dependent Scholarship, Oklahoma Wesleyan University Women's Basketball Scholarship

Gomez, Jalen - Three-year Army ROTC scholarship to Baylor University, three-year Army ROTC scholarship to Texas State University, four-year Army ROTC Scholarship to the University of the Incarnate Word, Baylor University Dean's Gold Scholarship, Baylor University Academic Scholarship, University of the Incarnate Word Room and Board Scholarship

Grace, Tarine - University of Texas-Pan American Athletic Scholarship, St. Mary's University Athletic Scholarship

Griffith, Marissa - Bethany College Scholarship Award, the Spouses Club of Fort Sam Houston Scholarship, Texas A&M Corpus Christi Presidential Scholarship, Texas State University Achievement Scholarship, Texas Tech University Presidential Scholarship, Cougar Pride Club Academic Scholarship, Robert G. Cole Alumni Class of 1964, 1965, 1966 Scholarship, Green & Gold Scholarship

Harger, Daniel - Four-year Army ROTC scholarship to Michigan State University, four-year Army ROTC scholarship to Texas Christian University, Baylor University President's Gold Scholarship, Texas Christian University Faculty Scholarship, Texas Christian University ROTC Room and Board Scholarship, Michigan State University Room and Board Scholarship, Michigan State University Scholars Award, Michigan State University Presidential Study Abroad Scholarship

Hokana, Jonathan - Concordia University Wisconsin Scholarship, Concordia University Chicago Faculty Scholarship, Veteran of Foreign Wars Scholarship, Senior Sponsor's Scholarship

Howell, Carter - Four-year Army ROTC scholarship to Texas Christian University, four-year Army ROTC scholarship to Tarleton State University, Texas Christian University ROTC Room and Board Scholarship, Baylor University Provost's Gold Scholarship, Baylor University Academic Scholarship, Maj. Gen. Russell J. and Michelle A. Czerw Leadership Scholarship, Randolph Enlisted Spouses' Club Scholarship, St. Mary's University Pre-Freshman Engineering Program Scholarship, University of the Incarnate Word Presidential Scholarship, University of the Incarnate Word Incentive Award

Howes, Mahkyla - Military Youth of the Year Award, St. John's University Academic Achievement Award

Johnson, Bria - University of the Incarnate Word Distinguished Scholar Award

Jones, Darrien - Community Churches of Social Action Scholarship, Macedonia Baptist Church Scholarship

Lattimore, Mardio - Rising Star Scholarship

See COLE, P20

SCHOLARSHIP RECIPIENTS

Lee, Mackenzie - The Spouses Club of Fort Sam Houston Scholarship, University of Evansville Academic Scholarship

Linan, Jenna - Robert G. Cole Alumni Class of 1964, 1965, 1966 Scholarship

Lopez, Anthony - Four-year Army ROTC scholarship to The University of Texas at San Antonio

Lowe, Olivia - Texas A&M Corpus Christi Athletic Scholarship in Golf, The University of West Florida Nauticus Scholarship

MacFarlane, Cameron - Hazlewood Scholarship to Prairie View A&M University

Marklund, Neil - Three-year Army ROTC Scholarship to Texas A&M University, Chief Master Sgt. James C. Kemple Memorial Scholarship, Texas A&M Office of the Commandant Corps of Cadets Scholarship, Texas A&M Sul Ross Corps Scholarship, Texas A&M General Rudder Scholarship, Cougar Pride Club Athletic Scholarship

McNaughton, Rachel - Four-year Army ROTC scholarship to the University of the Incarnate Word, Three-year Army ROTC scholarship to St. Mary's University, Baylor University Provost's Gold Scholarship, University of Mary Hardin-Baylor Honor Scholarship, University of the Incarnate Word Room and Board Scholarship

Miller, Elise - 2014 Presidential Scholar, Alamo Chapter of the MOAA, Col. Clarence T. Torrey Community Service Scholarship, Church's Chicken Community Scholarship, Harvey S. Mudd Merit Award, Harvey S. Mudd Scholarship, Harvey S. Mudd Student Scholarship, Military Civilian Club Scholarship, National Merit Scholarship, Stanford University Undergraduate Scholarship, Stanford University Scholarship, Texas Academic Decathlon Scholarship, Texas Education Agency Highest Ranking Graduate, the Association of Texas Small School Bands All-State Band Scholarship, the Association of Texas Small School Bands Region 12 Scholarship, the Spouses Club of Fort Sam Houston Scholarship, Valero Alamo Bowl Scholarship, University of Texas at Austin College of Natural Sciences Freshman Scholarship, Cougar Pride Club Academic Scholarship, the Ronald Reagan Student Leader Award, Above & Beyond the Call of Duty Scholarship, Brig. Gen. Billy G. Johnson Memorial Award

Randle, Andreanika - 3D U.S. Calvary Association Pfc. Jesse A. Givens Scholarship, Army Emergency Relief Major General James Ursano Scholarship, Baylor University Academic Scholarship, Baylor University Deans' Scholarship, Baylor University Student Scholarship, Church Women United Scholarship, Houston Baptist University Legacy Scholarship, Louisiana State University Alexandria Scholarship, Loyola University New Orleans Loyola Scholarship, Texas State Marching Band Scholarship, University of Mary Hardin Baylor Crusader Scholarship

Reeves, Zachary - Arizona State University Academic Achievement Award, University of the Incarnate Word Distinguished Scholar Award, University of the Incarnate Word Incentive Award



Photo by Jayne Hatton

Cole seniors (from second from left) Sergeant Camacho Ramos, Darrien Jones, Cameron MacFarlane, Jonathon McClellan and William La Fountain receive recognition at the senior award ceremonies for their enlistment in the U.S. Army.



Photo by Jayne Hatton

D'Mia Spivey (center) accepts a Navy scholarship to attend The Ohio State University.

COLE from P19

Calderone, Avery Carroll, Samuel Cooper, Alison Daley, Neal Daniels, Patience Gitau, Aaron Gold, Tarine Grace, James Gutierrez, Kieaira Hanson, Dash Harris, Lorianne Hawkins, Jonathan Hokana, Mahkyla Howes, William Hutto, Miroqui Imani, Joshua Jennings, Bria Johnson, Darrien Jones, William LaFountain, Kiyamah Lambert, Mardio Lattimore, Harrison Lavertue, Antonio Lopez, Cameron Mac Farlane, Jonathan McClellan, Rebekah McLamb, Tyler Mercer, Kolton Nation, Ashley Reed, Zachary Reeves, Terrell Roberson, Kelsie Sears, James Small, Christian Stout, Patrick Thomas, Darquesha Thorne, Danté Waldron, Krestain Watson, Hannah Wilkinson, Andre Williams, Julian Wilson, Dylan

Witzel, Patrick Yurek.

Special guests attending included Col. Mark Lee, commander of the U.S. Army Environmental Command and his wife, Elizabeth; Keith Toney, school liaison officer; and Amber Scott, Cougar Pride Club vice president. Also in attendance were the Fort Sam Houston Independent School District Board of Trustees' Deborah Seabron, president; Col. Randall Anderson, vice-president; and member Jeanne Warren.

"The class of 2014 has the very special distinction of graduating from Robert G. Cole High School on the 70th Anniversary of World War II D-Day landings," said Isabell Clayton, Cole High School principal. "We will miss their creativity, spontaneity and dedication as these young adults prepare for future successes."

SCHOLARSHIP RECIPIENTS

Roberson, Terrell - University of the Incarnate Word Academic Scholarship

Schmoll, Chrystin - Baylor University Deans' Gold Scholarship, University of the Incarnate Word Scholarship, University of San Francisco Dean's Merit Scholarship, University of Tampa Minaret Scholarship, Veteran of Foreign Wars Scholarship, Tuition Scholarship to Cameron University

Sostre-Lopez, Bryan - University of Tampa Scholarship

Spivey, D'Mia - Four-year Navy ROTC Scholarship to the University of Texas at Austin, four-year Navy ROTC Scholarship to Ohio State University, four-year Navy ROTC Scholarship to Prairie View A&M, four-year Navy ROTC Scholarship to Texas A&M University (Non Corps), Army Reserve National Scholar/Athlete, Baylor University Provost's Gold Scholarship, Hofstra University Presidential Scholarship, Houston Baptist University Academic Scholarship, Louisiana State University Alexandria Scholarship, Mary Baldwin College Dean's Scholarship, Washington University in St. Louis Ervin Scholarship, Rufus Pryor III Memorial Scholarship, The Ronald Reagan Student Leader Award

Tempel, Allison - Mason Freedom Award, Nova Southeastern University Dean's Scholarship, Florida Southern College Ordway Scholarship, Florida Southern College Presidential Scholarship, Florida Southern College Watson Scholarship, The Spouses Club of Fort Sam Houston Scholarship, The Unit Scholarship Fund North Bragg, N.C. Scholarship

Thomas, Patrick - Benedictine College Academic Scholarship, California Baptist University Lasallian Scholarship, California Baptist University Hope Scholarship

Torell, Sierra - Jerry Bedell Memorial Scholarship, Nova Southeastern University Dean's Scholarship, University of Tampa Spartan Scholarship, University of the Incarnate Word Distinguished Scholar Award

Umlor, Eugene - Rensselaer Polytechnic Institute Academic Scholarship

Webb, Natorre - Belhaven University Scholarship, Our Lady of the Lake University Faculty Scholarship, Robert Morris University Academic Achievement Scholarship, Robert Morris University Merit Scholarship, Sterling College Academic Award

Williams, Andre - McMurry University Merit Scholarship, University of the Incarnate Word Dean's Scholarship

Williams, David - Louisiana State University Scholar Award, Louisiana State University Student Scholarship, Tulane Scholarship

Wilson, Julian - Norwich Achievement Award, University of the Incarnate Word Achievement Award

Yowell, Suree - Cougar Pride Club Fine Arts Scholarship, Daughters of the American Revolution-Green Mountain Boys Scholarship, Green & Gold Scholarship



Learn How To Be More Suicide Alert

As a safeTALK-trained suicide alert helper, you will be better able to move beyond common tendencies to miss, dismiss or avoid suicide; identify people who have thoughts of suicide; apply the TALK steps (Tell, Ask, Listen and KeepSafe) to connect a person with suicide thoughts to suicide first aid, intervention caregivers. Class maximum is 40. At JBSA-Lackland, classes are 1-4:30 p.m. July 17 at Freedom Chapel, building 1528; 1-4:30 p.m. Aug. 7, Gateway Chapel, building 6300; and 8-11:30 a.m. and 1-4:30 p.m. Sept. 25, Freedom Chapel, building 1528. To attend, call 671-2911.

Army Family Advocacy Program Unit Training

Monday, 8-10 a.m. at the Military & Family Readiness Center, building 2797. Army Annual FAP Training is mandated Army Unit Family Advocacy Training in accordance with Army Regulation 608-18 regarding domestic and child abuse identification, reporting and prevention. Also covered: Lautenberg Amendment, Restricted/Unrestricted Reporting and Victim Compensation. Sessions consist of 30-minute increments, starting on the half hour. Class 221-2705 or 221-0349.

Microsoft 2007 Word

Tuesday, 9-11 a.m., Military & Family Readiness Center, building 2797. Learn how to use bullets and tables in a word document. Call 221-2518 or 221-2517.

H.U.G.S. Playgroup

Tuesday, 9-11 a.m., Middle School Teen Center, building 2515. This interactive playgroup is for parents and children up to age 5. Call 221-0349.

Family Readiness Group for Commanders

Wednesday from 8 a.m. to 12:30 p.m. at the Military & Family Readiness Center, building 2797. This training provides command leadership a better understanding of their FRG and the role of the FRG, how to utilize their volunteers, in addition to their roles and responsibilities to the Families/FRG. Discussion will also include regulations, Joint Ethics issues, Standard Operating Procedures, position descriptions, and information on various community and local support networks. Call 221-0946 or 221-1868.

Exceptional Family Member Support Group

Wednesday from noon to 1 p.m. at the Military & Family Readiness Center, building 2797. This is a support group for parents with exceptional family members. Call 221-2962 or 221-2705.

Army Master Resiliency Training

Thursday from 9 a.m. to noon at the Military & Family Readiness

Center, building 2797. Learn to identify your thoughts about an activating event and the consequences of those thoughts. Call 221-9848 or 221-2418.

EFMP Arts and Dance Camp

Monday through Thursday or July 21-24 from 9 a.m. to noon at the Fort Sam Houston Elementary School. This free camp is for EFMP Special Needs Children ages 6 to 18 years old. A camp will also be held July 8-10 at JBSA-Randolph Fellowship Hall. These camps are facilitated by VSA Texas, a member of the international network of VSA, an affiliate of The John F. Kennedy Center for the Performing Arts. To register at JBSA-Fort Sam Houston call 221-1616 or 221-2962. At JBSA-Randolph, call 652-5321.

Army Family Team Building Leadership Development

Tuesday through Thursday from 8:30 a.m. to 2:30 p.m. at the Military & Family Readiness Center, building 2797. This class introduces and helps people develop leadership skills. Call 221-9196 or 221-2705.

Family Readiness Support Assistant Training

Tuesday and Wednesday from 8:30 a.m. to 1:30 p.m. at the Military & Family Readiness Center, building 2797. This training will orient and inform FRSA's about the roles and responsibilities of their position. The FRSA plays a key role in assisting the efforts of commanders and FRG volunteer leaders in their support of service members and their families. Call 221-0946 or 221-1868.

OPM Federal Employment Process

Tuesday, 9-11:30 a.m., Military & Family Readiness Center, building 2797. Your federal resume will either result in "not qualified" or "best qualified" and "referred." Learn how to write a competitive federal resume and navigate the USAJobs website. Call 221-0516 or 221-2507.

Airman Pre-Separation Mandatory Briefings

Tuesday, 9 a.m. to noon, Military & Family Readiness Center, building 2797. Airmen separating or retiring must attend this mandatory briefing. They can schedule their pre-separation appointment up to 24 months before their retirement date or up to 12 months prior to their separation date. Call 221-2705.

Virtual Family Readiness Group Training

Tuesday, 1-3 p.m., Military & Family Readiness Center, building 2797. This training provides information on virtual Family Readiness Group and the ability to meet the needs of geographically dispersed units. Call 221-0946 or 221-2705.

Air Force Master Resiliency Count Your Blessings

Tuesday, 9:30-10:30 a.m. at the Military & Family Readiness Center, building 2797. Learn to count your blessings to cultivate gratitude, build optimism and positive thinking. Call 221-9848 or 221-2705.

Volunteer Organizational Point of Contact Training

Wednesday, 10-11 a.m., Military & Family Readiness Center, building 2797. Unit/Agency Organizational Points of Contact will receive training with the Volunteer Management Information System. This training is open to all registered OPOCs. Call 221-2336.

Army Family Advocacy Program Unit Training

Wednesday, 8-10 a.m., Military & Family Readiness Center, building 2797. Mandated Army Unit Family Advocacy Training IAW AR608-18 regarding domestic and child Abuse identification, reporting, and prevention. Also covers Lautenberg Amendment, restricted and unrestricted reporting and victim compensation. Sessions consist of 30-minute increments, starting at the half hour. Call 221-0349 or 221-2705.

Infant Massage

July 7, 21 and 28, 9:30-11:30 a.m., Dodd Chapel. This three-part class helps to decrease your baby's stress, stimulate brain and sensory development, increasing circulation and helping your baby to sleep better. Call 221-0349 or 221-2705.

Teen Talk

Teens are invited to participate in Teen Talk at the JBSA-Fort Sam Houston 9-10 a.m. at the Middle School Teen Center or 1-2 p.m. at the Youth Center. Teens will learn about managing money July 7; communication July 21 and building leadership qualities July 28. Call 221-0349.

Microsoft 2007 Excel

July 8, 9-11 a.m., Military & Family Readiness Center, building 2797. Learn how to enter basic formulas and use simple functions such as SUM, MIN and AVERAGE and create a chart. Call 221-2518 or 221-2517.

Hearts Apart Support Group

July 8, 11 a.m. to 1 p.m., Military & Family Readiness Center, building 2797. This is a support group for spouses of geographically separated military couples. Call 221-0946 or 221-2418.

Immigration And Naturalization Services

July 8, 11:30 a.m. to 2 p.m., Military & Family Readiness Center, building 2797. An Immigration and Naturalization Service representative will answer questions about immigration and citizenship. Call 221-2705 or 221-2418.

Air Force Master Resiliency Training

July 9, 9-11 a.m., Military & Family Readiness Center, building 2797. The topic is accomplishing goals, to gain a sense of purpose and feeling of control. Call 221-9848 or 221-2705.

Bring Baby Home

July 9 and 23, 9 a.m. to 1 p.m., Military & Family Readiness Center, building 2797. This two-part class teaches new parents how to care for your newborn baby. Dads are welcome and encouraged to attend. Call 221-0349 or 221-2705.

BAMC designated a Texas Ten Step Program facility for backing breastfeeding

By Maria Gallegos
BAMC Public Affairs

Brooke Army Medical Center has earned re-designation as a Texas Ten Step Program facility from the Texas Department of State Health Services. BAMC is the only Department of Defense facility to receive the recognition.

The Texas Ten Step Program encourages breastfeeding as the pre-

ferred method of feeding newborns and infants.

San Antonio Military Medical Center joins a growing number of Texas facilities that are supporting new mothers and their decision to breastfeed to improve the health of newborns and infants.

"We are very proud to announce that SAMMC received re-designation as a Texas Ten Steps facility," said Army Lt.

Col. Thornton Mu, BAMC pediatric neonatologist. "We'd like to acknowledge our outstanding lactation consultant team for their efforts along with all the hard-working nurses, techs and providers who work daily to encourage, emphasize, educate and promote the many benefits of breastfeeding for both mothers and their newborns."

Based on the World Health Organization/

UNICEF's Ten Steps to Successful Breastfeeding, the program aims to assist facilities' support for breastfeeding mothers before, during and after delivery; encourages them to identify breastfeeding resources for the mother after she is discharged; and assists facilities in improving on national performance measures such as the Centers for Disease Control's Breastfeeding Report Card.

The goal of the Texas Ten Step Program is to have 82 percent of infants exclusively breastfeeding when discharged.

Texas Ten Step facilities are asked to address 85 percent of the Ten Steps to Successful Breastfeeding, be designated as a Texas Mother-Friendly Worksite, evaluate their breastfeeding practices and educate all healthcare staff routinely

with evidence-based courses.

"We have worked very hard to earn the Texas Ten Step Program designation," Mu said. "And we are proud to join the other select Texas hospitals in promoting breastfeeding to our new mothers."

For more information on the Texas Ten Step Program, visit the web site at <http://www.texas-tenstep.org>.