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RODEO STARS SADDLE UP WITH FORT SAM HOUSTON CAISSON SECTION

Lt. Gen. Perry Wiggins (left) hosts several members of the San Antonio Stock Show and Rodeo Feb. 19 in his office at the Quadrangle to thank them for their support of the military within the San Antonio community. Wiggins is the commanding general for U.S. Army North (Fifth Army) and senior Army commander of Joint Base San Antonio-Fort Sam Houston and JBSA-Camp Bullis. He spoke of how the values associated with cowboys – even modern ones – are similar in many ways to those Soldiers practice and uphold. The rodeo guests were (left to right) Miss Rodeo Texas 2014 Stephanie Revels, along with Cody Webster and Travis Adams, both bullfighters competing in this year's show.

For additional photos, turn to P8-9



Photo by Sgt. 1st Class Christopher DeHart

Two San Antonio residents to receive Medal of Honor

The White House has announced 24 new Medal of Honor recipients today. Two of the three living recipients reside in the San Antonio area.

Retired Master Sgt. Jose Rodela and former Sgt. Santiago Erevia have been selected to receive the Medal of Honor during a ceremony scheduled for March 18 at the White House.

Rodela was born in Corpus Christi, Texas,

in 1937 and entered the U.S. Army at the age of 17.

Rodela is receiving the nation's highest military honor for his heroic actions in 1969 while serving in Vietnam as a sergeant first class. He was assigned to Detachment B-36, Company A, 5th Special Forces Group (Airborne), 1st Special Forces, serving as an advisor, trainer and commander for a company of

Cambodian troops.

When his company came under an intense barrage of mortar, rocket and machine gun fire, Rodela ignored the enemy fire and immediately began placing his men into defensive positions to prevent an enemy assault which might overrun the entire battalion.

Rodela repeatedly exposed himself to enemy

See MOH, P5



Master Sgt. Jose Rodela



Sgt. Santiago Erevia

Courtesy photos

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Commentary: Think before you post online

By Lt. Col Patricia Tate

7th Medical Operations
Squadron commander
Dyess Air Force Base, Texas

Have you ever had one of those days that seems like you are working harder than your coworkers? You made 100 widgets and your coworker has only made 50. So, what do you do when you perceive the workload as unfair?

Do you go home and blast your frustrations out on social media for all to see or do you sit in your duty section and complain about it so all can hear about how unfair it is?

This type of negative energy, that may appear harmless to you, is like a poison on morale in your organization ... especially if you are "friends" with coworkers on a social media site.

Yes, everyone is entitled to vent after a frustrating day, but to place your frustrations

on a social media site or vent about it in your work area so all can hear is not conducive to a healthy work atmosphere and it detracts from good order and discipline.

There are positive ways to deal with a frustrating day at work without venting about it on social media or through negative talk in the workplace.

Changing your attitude to look at things in a positive manner about the situation can change your perspective about work and life.

Motivational speaker Zig Zigler said, "Your attitude, not your aptitude, will determine your altitude."

Besides, there may be things going on in your coworker's life that has impacted their ability to produce 100 widgets on that day and you don't have, nor do you need, the intel into



Courtesy illustration

such matters.

Instead of looking at your coworkers and comparing your job output to their job

outputs, look at yourself in the mirror and ask, "Did I do my absolute best today, not only for the organization,

but for myself?"

If there are things that are going on in the organization that frustrate you, speak to your supervisor. There may be changes going on in the organization that have not been clearly communicated.

The main point is, don't blast your frustrations out on social media or discuss them in the duty section because it creates a negative image of the Air Force. It is unprofessional and the words cannot be removed or taken back.

There is a time and place to vent, but negative talk leads to poor morale which zaps the focus of where the energy needs to be spent ... toward production and job performance.

It is in your hands to create the type of workplace where there is positive energy, quality work production and high job performance.

How to help your kids combat bullying in the digital age

By Capt. Allison Walker

17th Medical Operations Squadron
Goodfellow Air Force Base, Texas

Watching the news, many parents may feel perplexed by the recent surge of "cyberbullying."

Cyberbullying? What is that? This relatively new phenomenon is uncharted waters for most parents and keeping children safe in this new technological arena can be anxiety provoking.

Cyberbullying is defined as deliberately using digital media to communicate false, embarrassing or hostile information about another person.

As of 2011, at least 75 percent of teenagers had cell phones, and more than 50 percent were logging into some version of social media daily.

The 24/7 access to digital media allows for such damaging information to become wide

public knowledge almost instantly – and incredibly difficult to remove.

The most recent numbers report that more than 20 percent of adolescents have been the victim of cyberbullying.

This is a very common online risk and can result in severe depression, anxiety, social isolation and even suicide.

What can you do to help protect your child from becoming a victim or perpetrator?

- Most social media sites, such as Facebook or Myspace, have a minimal age requirement of 13 years of age for use. This is the age set by Congress to prohibit sites from collecting information from children. Learn the age restrictions set by the sites your child is accessing and adhere to them. In addition, look at the site and make sure that you agree that the content is age appropriate.

- Have a family meeting or use dinner conversations to discuss online topics and specific issues children face online.

- Always dig deeper if your child has a change in mood, new fears regarding school/friends, or the onset of sadness/aggression immediately following exposure to digital media.

- As a family, take time to review the privacy

See BULLYING, P4



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News Briefs

Hardee Road closure

Hardee Road between Stanley and Scott Roads will be closed to through traffic from Monday to July 7 in order to complete repairs of the roadway and sections of the sidewalk. Motorists are encouraged to follow the detour route to Schofield Road. The parking lot north of Hardee Road will remain open and accessible. Construction will occur in two phases. For more information, call 808-6335

Hiring Heroes Career Fair

Joint Base San Antonio-Fort Sam Houston hosts the biannual Hiring Heroes Career Fair from 9 a.m. to 2 p.m. Wednesday at the Sam Houston Community Center. The career fair provides an opportunity for wounded warriors, transitioning service members, spouses and veterans to network, collect information and speak face to face with more than 45 Department of Defense, federal and private sector recruiters and employers about civilian career opportunities. Those attending are encouraged to have their resumes reviewed beforehand. For more information, call 571-372-2123. For resume assistance, call the Army Career and Alumni Program office at 221-1213.

Volunteers Needed As Patients For Medical Readiness Training

The 937th Training Support Squadron's Medical Readiness Training Center at Joint Base San Antonio-Camp Bullis needs volunteers to serve as patients for medical readiness training. Patients are needed from 10 a.m. to 3 p.m. Wednesdays and 8 a.m. to 3 p.m. Thursdays on the days listed below. Volunteers can assist for one hour or an entire day. Volunteers will be moulaged to have fake injuries, such as gunshot wounds, stab wounds, etc. Volunteers can be in civilian/military clothing, although it is preferable to have old civilian clothing as simulated injuries may stain. Dates volunteers are needed include: March 19-20, April 16-17, April 30-May 1, May 14-15, June 11-12, June 25-26, July 30-31, Sept. 17-18 and Sept. 24-25. Call 808-3406-3410.

See NEWS BRIEFS, P6

MICC director helping lead Afghan financial oversight

By Daniel P. Elkins
MICC Public Affairs Office

A member of the Mission and Installation Contracting Command from Joint Base San Antonio-Fort Sam Houston is playing a key role in establishing the financial management oversight of approximately \$4 billion in assistance to the security forces of Afghanistan.

Dr. Betty Harris is deployed in December to Kabul, Afghanistan, in support of the financial management oversight division for the Combined Security Transition Command-Afghanistan Programs and Resources.

The National Defense Authorization Act calls for the Defense Department to provide assistance as part of the Afghanistan Security

Forces Fund that entails the provision of equipment, supplies, services, training, facility and infrastructure repair, renovation and construction and funding.

Harris is serving as the audit chief on a one-year tour during which she is setting up a new civilian-led professional internal audit office within the financial management oversight division.

Despite a challenge of turnover with minimal overlap, her staff includes DOD civilian audit supervisors and auditors, contract auditors and local national financial management auditors as well as a military auditor.

"We conduct compliance-based audits of pay and contracts the Afghans procure with



Courtesy photo

Dr. Betty Harris is deployed as the audit chief in support of the Combined Security Transition Command-Afghanistan Programs and Resources Financial Management Oversight Division in Afghanistan.

Combined Security Transition Command-Afghanistan funds," Harris said. "We socialize, through interpreters, with the Afghans to understand

their processes and review documents. This will be a very rewarding experience for us as we will also be able to teach our Afghan auditor coun-

terparts about auditing and internal controls."

As the director of the MICC Internal Review and Audit Compliance office for the last four years, Harris has been responsible for providing reliable, independent and objective audit, review and consulting to optimize internal control systems and mitigate risks.

Through interpreters, she and her staff work closely with Afghan ministerial officers to conducting numerous audits.

"I respect their customs and wear a head scarf at all meetings I attend," the Atwater, Calif., native said. "At the MICC, I would conduct one audit at a time. Here, I manage five

See MICC, P16

Admiral visits Navy Medicine Training Support Center, seeks input on resiliency, prevention messaging

By L.A. Shively
JBSA-Fort Sam Houston
Public Affairs

Rear Adm. Sean Buck, director of the 21st Century Sailor Office, spoke with staff and students at the Navy Medicine Training Support Center Feb. 19 about recent policy initiatives on resiliency and prevention activities in the Navy.

Along with sexual assault and suicide prevention, his office is also responsible for alcohol and drug abuse prevention, safety awareness, physical fitness readiness, promoting a culture of inclusion, stress management and providing transition support for service

members preparing to separate or retire.

The admiral is spending the better part of this year visiting every location where Sailors are, whether on board ship or deployed overseas, to introduce himself and his programs while also garnering response from the fleet.

Buck was keenly interested in feedback from the audience of more than 300 as to the progress of prevention efforts and looking for suggestions and ideas on communicating with 18- to 24-year-old Sailors where, he said, the preponderance of suicides and sexual assaults occur.



Photo by Navy Lt. Stephanie Homick

Rear Adm. Sean Buck (center right), director of the 21st Century Sailor Office, speaks with Navy Medicine Training Support Center leadership about recent policy initiatives on resiliency and prevention activities in the Navy.

"It's my intent to personally reach out and engage with every single Sailor in the United States Navy, if I can," he said.

Navy Seaman Recruit Aemoni Thomas thought the admiral's presentation was very informative.

"He seemed very

focused on (Sexual Assault Prevention and Response Program) and getting the informa-

See NAVY, P19

BULLYING from P2

settings and monitor the profiles of each member to identify any inappropriate posts on a routine basis. Emphasize healthy behaviors and citizenship – this should not be a punishment.

- Establish a family use plan to limit the time spent using digital media – not only does this help to limit the time your child is vulnerable to cyberbullying, but it limits distractions from homework and sleep as well. Make sure all access to digital media is removed at bedtime and adhere to your school's policy on internet and phone use.

- Become better educated with technologies and social media sites.

- Actively participate in supervising on-line activities, not remotely with software.

- Be a good role

model. Limit your time with digital media and demonstrate private and safe behaviors.

If you or your child experience cyberbullying, immediately end the interaction. Never respond

to a bully.

Get school officials involved, notify the site managers if it occurs on social media (it often is in violation of their rules) and of course, if there are any threats of vio-

lence or safety concerns, notify the police.

Online tools for your family include <http://www.Stopbullying.gov> and <http://safetynet.aap.org/>.



Air Force photo illustration

Defense Department announces 'pro-gear' policy change

By Joel Fortner
Air Force Public Affairs Agency

Air Force officials recently announced changes to the Department of Defense's policy on transporting member's professional books, papers and equipment, or PBP&E, shipped in household goods during permanent change of station moves.

Known as "pro-gear," the new PBP&E policy impacts orders issued on or after May 1.

At that time, PBP&E will be limited to a maximum of 2,000 pounds, and will include items in a member's possession needed for the performance of official duties at the next assignment.

These include instruments, tools and equipment peculiar to technicians, mechanics, medical professionals, musicians and members of the professions; and specialized clothing such as diving suits, astronauts' suits, flying suits and helmets, band uniforms, chaplains' vestments and other specialized apparel not normal or usual uniform or clothing, according to

Michael Topolosky, Air Force Personal Property Policy chief.

He said it also excludes other items of a professional nature that will not be necessary at the next duty station, such as textbooks from schools and personal books, even if used as part of a previous professional reading program, and some previously allowed categories such as personal computer equipment, memorabilia and table service.

The new policy does include a grandfather clause to allow anyone stationed overseas who transported more than 2,000 pounds of PBP&E before the change to return the same PBP&E amount to the continental U.S.

For more information, see Joint Federal Travel Regulation change 327 and Joint Travel Regulation change 581, dated March 1.

For more information, contact the Personal Property Processing Office at Joint Base San Antonio-Lackland at 671-2821; at JBSA-Fort Sam Houston at 221-1605; and at JBSA-Randolph at 652-1848.

MOH from P1

fire and began to move from position to position, suppressing fire and assisting wounded men, when he was wounded in the back and head by rocket shrapnel while recovering a wounded comrade.

Alone, Rodela assaulted and knocked out the rocket position. After successfully returning to the battalion's perimeter, he continued to command his company, despite painful wounds, throughout 18 hours of continuous contact with enemy fire, until he was evacuated.

Erevia is receiving the nation's highest military honor for his heroic actions in 1969 while serving in Vietnam as a specialist in the infantry. Born in Nordheim, Texas, he volunteered to join the U.S. Army in San Antonio when he was 22 years old.

While serving as a radio-telephone operator with Company C, 1st Battalion, 501st Infantry Regiment, 101st Airborne Division (Airmobile), during a search and clear mission near Tam Ky City in the Republic of Vietnam after his platoon had penetrated an enemy defensive perimeter, Erevia was delegated to remain



Jose Rodela

behind and care for the wounded while the rest of the platoon pushed on against the adversary.

As Erevia began administering first aid to the battle casualties, his position came under heavy fire from a line of enemy bunkers to his left front.

Without hesitation, Erevia crawled from one wounded man to another gathering weapons and ammunition. Now armed with two M-16 rifles and several hand grenades, he then rose to his feet and charged directly into the fire of the hostile gun emplacement, discharging suppressive fire on the enemy as he ran.

Once he neared the first bunker, Erevia edged his way up to the emplacement under intense fire from the other bunkers and unleashed a grenade on its defender. He then maneuvered to the second and third bunkers employing the same tactics and destroyed both fortifications and their occupants



Santiago Erevia

Courtesy photos

with well-placed grenades.

With his supply of hand grenades now exhausted, Erevia fought his way to the final bunker, running and firing both rifles simultaneously, and killed the fortification's defender with point-blank fire.

Having single-handedly destroyed four enemy bunkers and their occupants, Erevia then returned to the Soldiers charged to his care and resumed treating their injuries.

Both men have previously received the Distinguished Service Cross for their actions; however, after a thorough review, President Barack Obama has decided their actions merit an upgrade to the Medal of Honor.

For more information on the other Medal of Honor nominees, visit <http://www.army.mil/medalofhonor/valor24/index.html>.

(Source: U.S. Army North Public Affairs)

News Briefs

Continued from P3

FSHISD Seeks Members For Board of Trustees

The Fort Sam Houston Independent School District is soliciting nominations for two upcoming openings on the board of trustees. The position will be filled by a civilian or military member who either works or lives on Joint Base San Antonio-Fort Sam Houston. To qualify, volunteers must be a qualified voter, 18 years of age or older, a U.S. citizen and not been convicted of a felony. All trustees take an official oath of office and serve without compensation. Submit a resume to the school liaison office by 3 p.m. Thursday. For more information, call 221-2214 or 221-2418.

Military Tax Assistance Centers Open For Business

The Military Tax Assistance Centers on Joint base San Antonio-Fort Sam Houston are open through the tax filing deadline of April 15. Those eligible for services include active duty service members and their dependents, military retirees or their dependents. Civilian employees and contractors are not eligible for services unless they fit into one of the above categories. "Gray area" retired reservists are not eligible for services until they begin receiving retired military pay. Taxes are completed on an appointment-only basis at two tax sites: the main site located at 2271 Reynolds Road (in the 502nd Force Support Group Legal Office trailer) and the San Antonio Military Medical Center site (located in the basement near the lost and found office). To make an appointment at the main site, call 295-1040. To make an appointment at the SAMMC MTAC site, call 916-1040. When calling to make an appointment, people will be given directions on where the site is located and what needs to be brought for the appointment.

JBSA-Fort Sam Houston Visual Information Changes Ordering Process

Joint Base San Antonio-Fort Sam Houston Visual Information now requires an Air Force Form 833 is required for all service requests, which can be downloaded at <http://www.jbsa.af.mil/shared/media/document/AFD-120614.pdf>. Call 221-5453 for more information.

Fort Sam Houston Cemetery begins strictly enforcing existing floral regulations, policies

By Steve Elliott
JBSA-Fort Sam Houston Public Affairs

Effective Saturday, the Fort Sam Houston Cemetery at 1520 Harry Wurzbach Road will more strictly enforce the existing National Cemetery Administration floral regulations and policies.

This is being done to ensure the cemetery maintains a national shrine appearance and to display dignity and respect to those who are interred there, according to cemetery officials.

"Over the past few years, the Fort Sam Houston National Cemetery has tolerated items being placed in the cemetery, particularly on gravesites and headstones that were not authorized according to NCA's long-standing policy and regulations on floral arrangements," said cemetery director H. "Dan" Daniel Phillips.

"Fewer employees also lessened the cemetery's ability to respond to unauthorized items violating NCA's floral arrangement policy such as pinwheels, balloons, potted plants, candles, statues, shepherd's hook and stuffed animals, for example."

To ensure all veterans and their family members receive proper dignity and respect, cemetery leadership and staff will actively ensure all gravesites and headstones comply with NCA policies and established guidelines, the director added.

"We are requesting that families adhere strictly to all posted policies and remain understanding regarding displaying proper respect for all veterans and family members interred there."

The floral policy includes the following rules:

- Fresh cut flowers are permitted on graves year round. Flowers may be removed to facilitate cemetery operations such as lawn mowing and

"We are requesting that families adhere strictly to all posted policies and remain understanding regarding displaying proper respect for all veterans and family members interred there."

H. "Dan" Daniel Phillips, cemetery director

grounds maintenance.

- Flower pick-up dates are posted on "Next Flower Pick-Up" signs posted at cemetery entrances. During flower pick-up dates, all floral items will be removed from graves. Persons who placed floral items on graves may recover those items from their loved one's gravesites prior to the scheduled pick-up dates.

- Artificial flowers may be placed on graves throughout the year, but may be removed as soon as they become faded and unsightly.

- Items not permitted on gravesites will be removed from graves to be held in a centralized area on cemetery grounds and will be held for one month prior to disposal. The cemetery staff will assist families in retrieval of the tributes when requested.

- Flowers delivered by a florist must have all wrapping paper removed and no other packing materials may be left at the gravesite.

- The cemetery director reserves the right to remove and destroy without notice, anything left on graves that violates the intent of these reg-

ulations, offends the sensibilities of the public, or the dignity of this cemetery, is an eyesore, or threat to the safety of the public or cemetery personnel.

- Plantings or potted plants will not be permitted on graves at any time.

- Christmas wreaths or grave blankets are permitted on graves during the Christmas season from Dec. 1 until Jan. 20 of each year. Grave floral blankets may not be larger than 2 feet by 3 feet. Cemetery trees, shrubs and/or any other plants may not be decorated with any ornaments of any kind at any time.

- To preserve the dignity of the cemetery, items placed on graves must be floral in nature. Commemorative items, balloons, pinwheels, glass items, votive or vigil lights, candles, statues, shepherd's hook and stuffed animals are not permitted.

- Floral items and other types of decorations or objects may not be attached to headstones, markers or niches at any time.

- Plastic or metal vases are only permitted on graves. Cemetery-supplied vases are

federal property and are not allowed to be removed from the cemetery. Plastic vases are located in receptacles throughout the cemetery and should be returned to the receptacles when no longer needed.

- Glass or easily breakable objects of any kind are not permitted in the cemetery and will be immediately removed.

- Headstones are federal property. Altering or marking by paint, marker, lipstick or any other means is considered vandalism and may be subject to penalty as defined in Title 38 U.S. Code of Federal Regulations, Sec. 1.218 "Security and Law Enforcement at VA Facilities."

- Fort Sam Houston National Cemetery assumes no responsibility for items left on gravesites. Due to the open nature of the grounds, we cannot guarantee against theft, vandalism or the effects of nature.

- Anyone caught removing items from gravesites not their own will be prosecuted to the fullest extent of the law.

For more information, call the cemetery office at 820-3891.



SAN ANTONIO STOCK SHOW AND RODEO STARS SADDLE UP WITH FORT SAM HOUSTON CAISSON SECTION



(From left) Cody Webster, Travis Adams and Stephanie Revels bring caisson section horses “Dunaway,” “Preston” and “Wooldridge” in after a quick ride with the Joint Base San Antonio-Fort Sam Houston Caisson Section Feb. 19 as part of U.S. Army North’s gratitude for their support of the military within the San Antonio community. Revels is Miss Rodeo Texas 2014. Webster and Adams are both bull riders competing in the San Antonio Stock Show and Rodeo.



Photos by Sgt. 1st Class Christopher DeHart
 Army Sgt. Jimmy Sandoval (left), Joint Base San Antonio-Fort Sam Houston Caisson Section team chief, explains the significance of the cannons used by the caisson section to Cody Webster, Stephanie Revels and Travis Adams Feb. 19 as part of a U.S. Army North (Fifth Army)-hosted tour for members of the San Antonio Stock Show and Rodeo.

Continued on P9

Continued from P8

Stephanie Revels (left), Miss Rodeo Texas 2014, shares a laugh with Army Staff Sgt. Edward Montgomery and Army Sgt. Andrew Holt as she prepares for a ride on one of the horses with the Joint Base San Antonio-Fort Sam Houston Caisson Section Feb. 19. Montgomery is the noncommissioned officer-in-charge of the Caisson Section. Holt works in operations.

Photos by Sgt. 1st Class Christopher DeHart

Stephanie Revels, Miss Rodeo Texas 2014, saddles up for a ride on "Wooldridge" around the stable grounds with the Joint Base San Antonio-Fort Sam Houston Caisson Section Feb. 19 as part of U.S. Army North's gratitude for their support of the military within the San Antonio community. Travis Adams and Cody Webster, bullfighters competing in this year's show, also accompanied Revels for the visit.



Former ECMO patient celebrates her second birthday

By Maria Gallegos
BAMC Public Affairs

Brooke Army Medical Center's first patient treated with extracorporeal membrane oxygenation at San Antonio Military Medical Center celebrated her second birthday recently.

On Jan. 13, 2012, Brianna Sackreiter, whose father is an active duty Soldier, was born in Honduras with a major abdominal wall defect.

She underwent surgical repairs, but developed intestinal complications and a severe bloodstream infection.

During a transfer from Honduras to the Seattle Children's Hospital, she developed further complications that caused her flight to divert to SAMMC.

Due to the severity of her illness, doctors determined ECMO would be the only lifesaving course. ECMO is a heart-lung bypass system that replaces the natural functions of the heart and lungs, allowing an infant or child to rest while treatments and natural healing of the affected organs take place.

"It was decided that she would surely die without ECMO," Air Force Lt. Col. (Dr.) Michael Shoemaker, a SAMMC

neonatologist, said at the time.

Brianna was placed on ECMO Feb. 11, 2012, and taken off the machine seven days later. This allowed her to survive long enough to receive additional corrective abdominal surgeries at SAMMC.

On March 21, her health improved and was transferred to Madigan Army Medical Center in Tacoma, Wash., where her father is stationed, for further treatment.

Now, after two years, Brianna continues to grow, is healthy and strives to learn and explore new things in her life.

"Despite the situation Brianna went through a couple of years ago, it's hard to believe she was born with a defect," said Anthony, Brianna's dad, in a recent email message. "She is vibrant and doing well thanks to the remarkable work done at BAMC."

Brianna's favorite food is spaghetti and meatballs, "but also loves all types of vegetables and she enjoys coloring, and painting everything she can get her hands on," he added.

"Without the help of BAMC and the doctors, I know we wouldn't have Brianna with us today," he said. "We (Anthony and Yasmin) would really like to thank all of our doctors and nurses for all the time, effort and amazing care. Thank you for saving our little angel."

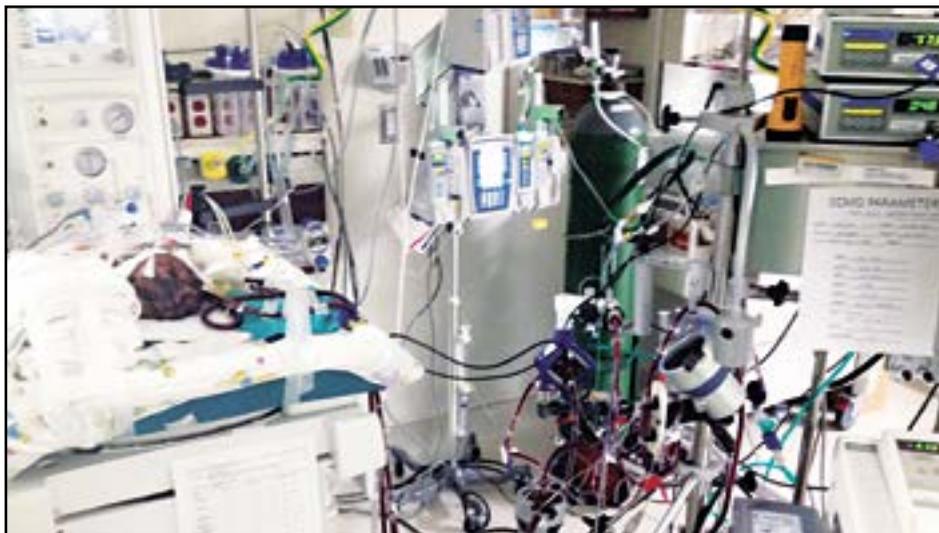
The ECMO program is a multi-disciplinary team of cardiac intensive



Courtesy Photos

Brianna Sackreiter, the first patient treated with extracorporeal membrane oxygenation at San Antonio Military Medical Center, turned 2 years old in January.

care unit physicians, nurses, specially trained respiratory therapists and medical technicians who provide customized ECMO care for each patient they treat. The program also supports graduate medical education in surgery, obstetrics, pediatrics and neonatology.



Brianna Sackreiter was the first extracorporeal membrane oxygenation patient treated at San Antonio Military Medical Center Feb. 11, 2012. ECMO is a life-saving device that mimics the natural function of the heart and lungs, allowing an infant or child to rest while natural healing of the affected organ takes place.

Pet ownership requires proper care, being responsible

By Robert Goetz
Joint Base San Antonio-Randolph
Public Affairs

For several weeks during the recent holiday season, a young light-colored dog roamed the area near the Joint Base San Antonio-Randolph Rambler Fitness Center, so terrified of the many people who attempted to befriend her that she repeatedly withdrew from them.

But they persisted in their efforts to gain the confidence of the elusive canine some called "Baby

Girl," feeding her daily to build her strength.

Finally, on Jan. 15, Air Force spouses Leah Smith and Astrid Wisser, who had been feeding Baby Girl, managed to capture the skittish pooch at the tennis courts and took her to the JBSA-Randolph Veterinary Clinic, where she was shampooed, spayed and treated for fleas and a hookworm infection.

Baby Girl's story had a happy ending with her adoption that same day by Col. Ramona Dolson, Air Force Selection

Board Secretariat chief, who gave her the name Bebe, but the canine's plight during her weeks of abandonment underscores the importance of responsible pet ownership.

"Bebe has been adopted and has a good home," said Diane Butler, JBSA-Randolph Housing Element chief. "We just need to get the word out that people need to take care of their animals and that the JBSA-Randolph community comes together to help animals in need when their owners

are neglectful."

Butler said nobody knows if Bebe wandered onto JBSA-Randolph, was dumped here, escaped from a residence here or was simply abandoned by a military member, but it's important for pet owners here to follow the requirements of Randolph Family Housing's pet policy so their animals don't suffer as Bebe did.

Some of those rules are to keep pets "on leash" at all times when outside the fenced area of the home and to keep them inside the home or behind an

approved fenced area in the backyard if unattended, not tethered outside the home.

Pets are limited to two per household and are subject to breed and size restrictions, and proof of vaccinations, chipping and registration at the JBSA-Randolph Veterinary Clinic must be submitted to family housing within five days.

In addition, existing residents are required to notify family housing within 30 days of acquiring a pet.

Responsible pet owner-

ship also involves proper care.

"Pets require the right foods, exercise and proper shelter," said Stephanie Geren, JBSA-Randolph Veterinary Clinic technician. "They should be kept clean and their nails should be trimmed. Flea control and heartworm prevention measures are also important."

An overlooked aspect of pet care is proper socialization with people and other animals, she said.

See PET, P21



Joint Base San Antonio

FORCE SUPPORT SQUADRON

Monthly Events

March

Arts & Crafts

Save with custom frame special

The JBSA-Lackland Arts & Crafts Center offers a custom frame special saving patrons 30 percent off select frames March 4-14. Frame experts assist patrons in choosing the right materials to best showcase artwork, photographs or mementos. Additionally, custom framing at Arts & Crafts has significant savings compared to off-base competitors. For more information, call 671-2515.

Discounted craft supplies on sale

Find great deals on past holiday supplies marked half-off at the JBSA-Lackland Arts & Crafts Center while they last. St. Patrick's Day and Easter themed supplies are in stock for \$1 each. For more information, call 671-2515.

Auto Hobby

Auto Hobby Shop offers Texas vehicle safety inspections

The JBSA-Lackland Auto Hobby Shop performs Texas vehicle safety inspections for \$14.50 pass or fail. For more information, call 671-3549.

Vehicle air conditioning service offered

The JBSA-Lackland Auto Hobby Shop services vehicle air conditioning systems just in time for hotter weather. Take advantage of rates starting at \$40 for this service. For more information, call 671-3549.

Bowling

Patrons enjoy spring break bowling

The JBSA-Randolph Bowling Center offers reduced rates to patrons March 10-13 and 17-20, 10 a.m. to 4 p.m. The cost is \$2.25 per person with \$2.35 shoe rental. For more information, call 652-6271.

Skylark Bowling Center offers bowling special

The JBSA-Lackland Bowling Center offers youth, ages 16 and younger, bowling for \$1 a game March 10-14, 11 a.m. to 4 p.m., while lanes are available. For more information, call 671-1234.

Patrons win money while bowling

The JBSA-Randolph Bowling Center's "Colorama" takes place March 14, 7:30 p.m. Patrons win money while bowling when they strike on the posted combination of colored pins. The entry fee is \$15 per person with optional side pots available. For more information, call 652-6271.

Patrons take part in St. Patrick's Day tournament

JBSA-Fort Sam Houston Bowling Center celebrates St. Patrick's Day with a "9 Pin, No-Tap Sweeper" March 15 at 1 p.m. The format of the tournament is five games of nine pin no-tap across five pairs of lanes, with bowlers moving one lane to the right after each game. The entry fee is \$30 with \$10 going to lineage and \$20 to the prize fund. For more information, call 221-3683.

There's a summer league for everyone

Ladies only, senior citizens, Christian Fellowship, youth and couples team leagues are to be found at the JBSA-Fort Sam Houston Bowling Center. Summer leagues run May 19 through Aug. 11. Leagues play at various times, Tuesday through Friday. For more information, call 221-4740.

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday through Friday 11 a.m. to 2 p.m. Enjoy "Red Pin" bowling every Wednesday and Friday 11 a.m. to 2 p.m. For more information, call 221-3683.

Sunday bowling fun for the entire family

Families get a bowling lane for one hour, a large pizza, sodas and bowling shoes for \$45. This special takes place every Sunday, noon to 5 p.m., at JBSA-Fort Sam Houston. For more information, call 221-3683.

Bowling offers new snack items

The JBSA-Fort Sam Houston Bowling Center has some new tasty snacks such as fried ravioli and fried pickles. The cost of these snacks is \$4.50 each. For more information, call 221-4740.

Clubs

Gateway Club celebrates St. Patrick's Day with lunch

JBSA-Lackland Gateway Club invites patrons to celebrate St. Patrick's Day with a special buffet lunch March 14, 11 a.m. to 1:30 p.m. Feast on entrees such as corned beef and fried cabbage, sheppard's pie, grilled stuffed pork chops, sides, dessert and much more. The cost is \$9.95 per person. For more information, call 645-7034.

Club offers St. Patrick's Day party

The JBSA-Lackland Gateway Club features a St. Patrick's Day party in the Lonestar Lounge March 14, 5 p.m. to 1 a.m. DeeJay Doggin' Dave Productions plays music all night. Patrons are encouraged to wear green and enjoy beverage specials, dancing, a dancing contest, food and fun. For more information, call 645-7034.

Gil's Pub offers discounts for St. Patrick's Day

The JBSA-Randolph Kendrick Club celebrates St. Patrick's Day with discounts March 17, during regular business hours. Patrons wearing green get \$1 off any food item on the Gil's Pub menu. For more information, call 652-3056.

Ladies enjoy happy hour

The JBSA-Randolph Kendrick Club offers ladies a night of music, pampering and drink specials every Thursday, 4:30 p.m. For more information, call 652-3056.

Community Programs

Shoppers find bargains at flea market

The JBSA-Skylark Community Centers hosts their quarterly flea market March 1, 8 a.m. to noon, at the Warhawk Fitness Center parking lot. Enjoy bargains, music and concessions. For more information, call 671-3191.

Horseback riding lessons available for youth

The Exceptional Family Member Program invites families to take part in this special camp at the JBSA-Fort Sam Houston Equestrian Center. The camp offers eight horseback riding sessions March 10-13. Participants are also eligible to compete in the Special Olympics competition March 14. Space is limited so parents need to enroll their youth as soon as possible. For more information, call 221-2962.

Patrons enjoy bargains

The JBSA-Randolph Community Services Mall hosts a Bargain Warehouse March 12, 8-9 a.m. for E1-E6 and 10 a.m. to 2 p.m. for all other DOD ID cardholders. Only checks and cash are accepted as payment. A limited number of people are allowed in the building at one time so come prepared to stand in line. Patrons are encouraged to bring an umbrella, a coat and some water to ensure comfort. For more information, call 652-5142, option 2.

Harlequin Dinner Theatre presents "Doo-Wop City"

The Harlequin Dinner Theater on JBSA-Fort Sam Houston presents the hit musical, "Doo-Wop City." This musical revue features more than 60 hits from the 50's and 60's and runs March 20 through May 3. For reservations, call 222-9694.

Performing arts group showcases musical theater

JBSA-Lackland Performing Arts Group presents "Fat Cat's Variety Show" at Arnold Hall Community Center March 21, 4:30-7:30 p.m. Talented members from LPAG entertain guests with an evening of 70's themed music performances, games and fun. Patrons are invited to dress up in their best 70's attire for a chance to win prizes for best

JBSA FSS

costume and for correctly answering genre trivia questions. For more information, call 671-2619.

Gamers invited to Xbox tournament

JBSA-Lackland Arnold Hall Community Center hosts a Halo Four Xbox tournament March 28, 6-8:30 p.m. The practice session begins at 5 p.m. Prizes are awarded to top scoring players and complimentary refreshments are provided. This free event is open to gamers ages 16 and older. Patrons younger than 16 years old must be accompanied by a parent or guardian. For more information, call 671-2619.

Price matching framing saves patrons money

The JBSA-Randolph Community Services Mall offers framing at discounted rates. Expert framers are available to help pick out that perfect custom frame for any special occasion such as sports awards, special achievements or graduations. In addition, the Community Services Mall will match any off-base price on a comparable custom framing job and customers pay no sales tax. For more information, call 652-5142.

Fitness and Sports

Patrons enjoy a biking event

The JBSA-Randolph Fitness Center hosts the Randolph Challengers 15-Mile Bike Ride March 1, 7:30 a.m., at Eberle Park. Bikers of all ages are encouraged to get in the saddle and enjoy a ride in the beautiful Texas spring weather. For more information, call 652-7263.

Free classes offered during sports week

The JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus hosts a "Sports Week," March 11-13. Zumba®, circuit training, spin class and agility training are a few of the activities offered. For more information, call 808-5709.

Kelly Fitness Center calls for tug-of-war teams

Teams are encouraged to sign up for the JBSA-Lackland Kelly Fitness Center tug-of-war contest March 14 at noon. Teams consist of five-member teams with at least one female. For more information, call 925-4848.

Teams compete in basketball tournament

The JBSA-Fort Sam Houston Jimmy Brought Fitness Center hosts a 3-on-3 basketball tournament March 14, 9 a.m. 3-on-3 basketball rules apply and the team roster must consist of at least three players with one alternate. There is a 32-team limit and the registration deadline is March 14. The cost is \$15 per team. For more information, call 221-1234.

Runners celebrate St. Patrick's Day

JBSA-Randolph Fitness Center invites all patrons to celebrate St. Patrick's Day by running or walking a 5K at Eberle Park March 17, 7:30 a.m. For more information, call 652-7263.

Patrons take part in Madness in March

The JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus hosts a "Madness in March" bracket contest. Stop by the front desk starting March 17 to pick up the NCAA college basketball bracket. Brackets are due back by 9 a.m. March 20. The individual who selects the most correct games wins a \$50 gift card. For more information, call 808-5709.

Patrons learn boxing techniques

JBSA-Lackland Chaparral Fitness Center offers a beginner boxing class to patrons ages 13 and older on Mondays and Tuesdays, 6 p.m. The cost to participate is \$50 a month which covers instruction twice a week. For more information, call 671-2401.

Gateway Fitness Center conducts free class

Patrons get a fast-paced calorie burn and strengthen muscles in the JBSA-Lackland Gateway Fitness Center's intense circuit training course offered Monday and Wednesday, 11:30 a.m. to noon. This lunchtime class challenges participants using weights, kettle bells and cardio. For more information, call 671-1348.

Patrons take part in AquaBike

The JBSA-Fort Sam Houston Jimmy Brought Fitness Center conducts AquaBike March 8 at 9 a.m. Participants get a chance to show off their biking and swimming skills, while pushing their body to the limit. For more information, call 221-1234.

Indoor cycling class available

JBSA-Fort Sam Houston Fitness Center on the Medical Education and Training Campus offers a high-impact indoor cycling class Monday through Friday, 11:30 a.m. to 12:30 p.m. The class is free, but seating is limited. For more information, call 808-5709.

Golf

Golfers invited to scramble

Golfers are invited to play in the monthly "Warrior Four-Person Scramble" March 7, with a 12:30 p.m. shotgun start time, at the JBSA-Fort Sam Houston Golf Course. The cost is \$25 for members and \$35 for nonmembers. The cost for the scramble includes 18 holes of golf, green fees, golf cart, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Golfers celebrate spring

The JBSA-Randolph Oaks Golf Course hosts a spring golf tournament March 15. The tee times are 7-9 a.m. and the entry fee is \$10, plus green fees and cart rental. For more information, call 652-4570.

Gateway Hills golfers play for cup

JBSA-Lackland Gateway Hills Golf Course marks 2014 as the inaugural year of the Gateway Cup tournament series. Each month, Gateway Hills hosts a special tournament giving golfers the opportunity to earn and accumulate points tallied at the end of the year to determine a Gateway Cup champion. Some tournaments are worth double points. For more information, call 671-3466.

Golfers improve swing

The JBSA-Randolph Oaks Golf Course offers golfers the opportunity to improve their game and lower their scores. Golfers can make appointments with Brian Cannon or Charles Bishop for golf lessons. For more information, call 652-4653.

Golf course available for special events

The JBSA-Randolph Oaks Golf Course offers special event packages for retirements, promotions, weddings and sports outings. For more information, call 652-4852.

Information, Tickets and Travel

Find magical discounts for Sherwood Forest Faire

JBSA-Lackland Information, Tickets and Travel offers discounted tickets to the Sherwood Forest Faire located in McDade, Texas, running through March 30. The whimsical faire takes patrons back to days of jousting and sword fighting with sights, old-time food and shopping for crafts from more than 130 different artisans. For more information, call 671-7111.

Disney on Ice discounts at Information, Tickets and Travel

JBSA-Lackland Information, Tickets and Travel offers discounted tickets with no TicketMaster fees to the Disney on Ice performances scheduled for April 9-13. Patrons are



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encouraged to take advantage of discounts early for the best selection in seating. Lower-level seating prices start at \$15. Seat prices are based on availability. For more information, call 671-3133.



JOIN US
for the *Magnificent*
MONTE CARLO
NIGHT

PARR CLUB
Dinner is from 7-10 p.m.
Auction is from 10-11 p.m.

March 21
6:30-11 P.M.

The cost for this fantastic evening is only \$20, which includes food, beverages, \$2,000 in chips and an auction at the end of play for a chance to win some amazing prizes.

WHAT YOU CAN WIN!
HD Flat Screen TV, tablet, e-reader, camera, \$100 AAFES gift card, \$100 SPA Gift card, \$125 Wash Tub gift cards, Keurig Single Cup Personal Brewer, Sunday Brunches, two nights at JBSA Recreation Park at Canyon Lake, free ski boat rental, a \$50 gift card to Air City Bar and Grill and much more!

Presented by Gunn Automotive Group and 502d Force Support Squadron

Call 652-4864 to make your reservation starting March 4.

Open to all DOD ID cardholders. Reservations/prepayments are required and refunds will not be issued after 4 p.m. on March 19.

For more details visit Randolphfss.com

Information, Tickets and Travel offers trips to casino

The JBSA-Randolph Information, Tickets and Travel offers several trips to the Grand Casino Coshatta in Kinder, La., throughout the year. Remaining trips are scheduled for May 13-14 and July 15-16. Each trip includes round-trip motor coach transportation, hotel accommodations, a voucher for \$23 from the casino and tour guide. The bus departs at 7:30 a.m. and returns at approximately 9:30 p.m. the next day. Cost is \$60 for double occupancy or \$120 for single occupancy. Sign-up deadline is two weeks prior to trip date and payment is required at sign up. For more information, call 652-5142, option 1.

Explore Ireland on a nine-day group tour

JBSA-Lackland Information, Tickets and Travel gives patrons the opportunity to explore Ireland with a nine-day group tour June 11-20. Travel to the cities of Dublin, Belfast, Sligo, Ennis, Killarney and Transore with rates starting at \$2,500 per person. Airfare is included and additional discounts are available. For more information, call 671-7111.

Sail the seas on a Caribbean group cruise

JBSA-Lackland Information, Tickets and Travel offers a seven-day western Caribbean group cruise aboard Royal Caribbean Oct. 5-12. Travel from Galveston to Roatan,

Honduras, Belize City and Cozumel. Rates start at \$543 per person for inside cabins, \$983 per person for ocean view cabins and \$1,009 per person for balcony cabins. Third and fourth passenger rates are also available. Gratuities are not included. For more information, call 671-7111.

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office located in the Sam Houston Event Center sells discount tickets. Hours of operation are Tuesday through Friday, 9 a.m. to 4 p.m. For more information, call 808-1378.

Library

Patrons invited to celebrate Dr. Seuss

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library hosts a birthday celebration in honor of Dr. Seuss March 1, 2:30-3:30 p.m. Come out to hear some of the favorite stories like "Green Eggs and Ham" and the "Cat in the Hat". Dress as your favorite Dr. Seuss character and be ready to participate in games and activities. For more information, call 221-4702.

Anti-bullying presentation offered

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library teaches youth the importance of anti-bullying March 4 at 9 a.m. This presentation will help youth understand what is and is not bullying and how to protect, avoid and move beyond the experience. For more information, call 221-4702.

Story time entertains and teaches

The JBSA-Randolph Library offers a story time at 10 a.m. every Wednesday. It is a great opportunity for children to listen to wonderful stories and participate in a simple craft. Story time also allows children to interact with other young children and to start building social skills. Story time themes and dates are March 5, Pigs; March 12, St. Patrick's Day; March 19, Healthy Eating and March 26, Oceans. For more information, call 652-5578 or 652-2617.

Story time is a hit with preschoolers

Stories, crafts and songs are all part of the weekly story time March 6, 13, 20 and 27, 10 a.m., at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library. For more information, call 221-4702.

Patrons enjoy spring break at the library

The JBSA-Randolph Library hosts Beach Week March 10-14. Patrons who are unable to make it to the beach can stop by the library for craft stations, beach-themed displays throughout the library and special evening story times March 13, 4:30 p.m. For more information, call 652-5578 or 652-2617.

Patrons enjoy gaming

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library hosts its gaming day March 14, 2:30-5:30 p.m. Gamers can choose from Xbox, Wii, PS3 and classic board games. For more information, call 221-4702.

Military & Family Readiness Center

Patrons learn interviewing skills

The JBSA-Randolph Military & Family Readiness Center offers an interviewing skills workshop March 6, 10 a.m. to noon. This workshop offers tips on preparing for job interviews, how to research prospective employers, how to answer questions and how to dress. For more information, call 652-5321.

Hearts Apart support group recipe swap

Hearts Apart hosts a St. Patrick's Day recipe swap March 11, 11:30 a.m. to 1:30 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. Attendees are encouraged to bring their favorite recipe that contains the color green to share with everyone. All the items brought to the event can be sampled by attendees. For more information, call 221-0946 or 221-9079.

Families invited to free movie

The JBSA-Fort Sam Houston Exceptional Family Member Program and Family Life Program offers a free movie at the JBSA-Fort Sam Houston Military & Family Readiness Center March 12, 1-3 p.m. The featured movie is "The Crood". Free snacks and beverages are also available. Attendees are welcome to bring their own lawn chairs, bean bags, blankets and pillows. To register, call 221-2962.

Patrons learn budget basics

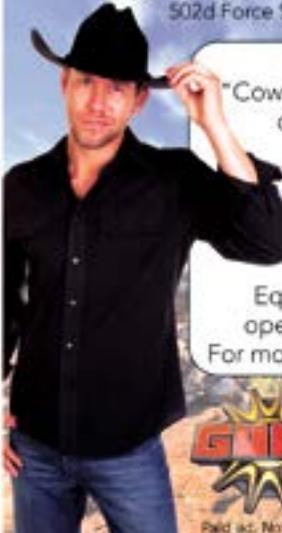
The JBSA-Randolph Military & Family Readiness Center offers budgeting basics March 18, 2-3:30 p.m. This budget

JBSA-FORT SAM HOUSTON

COWBOYS FOR HEROES

March 29 • 11 a.m. to 5 p.m.

Presented by Gunn Automotive Group and 502d Force Support Squadron



This event features authentic "Cowboy" cooking on 1800's-style chuck wagons, live horseback riding performances, mutton-busting, live musical entertainment, pony rides, petting zoo and much more. The fun takes place at the Equestrian Center, is free and is open to all DOD ID cardholders. For more information, call 221-1718.

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basics class helps attendees create a flexible spending plan, identify where their money is going and how to save for long term goals. For more information, call 652-5321.

Learn about a technical training career track

The JBSA-Randolph Military & Family Readiness Center offers a class for patrons interested in pursuing a technical career March 18-19, 8 a.m. to 4 p.m. This class is designed to assist participants in defining technical career goals, identify required credentials and find career technical training opportunities. For more information, call 652-5321.

Child safety seats inspected

The JBSA-Fort Sam Houston Fire Department inspects children's safety seats March 20, 1-3 p.m., for recalls, functionality and proper installation. Registration is required and children must be present for proper weight and height measurements. For more information, call 221-0349 or 221-2418.

Patrons learn to communicate with kids

The JBSA-Randolph Military & Family Readiness Center teaches parents how to communicate with kids March 21, 3-4 p.m. Participants learn basic principles of effective parent/child communication, how to help children deal with their feelings and how to communicate during a conflict. For more information, call 652-5321.

Spouses take part in resiliency training

Pre-deployment resiliency training takes place March 26, 1-3 p.m., at the JBSA-Fort Sam Houston Military & Family Readiness Center. This training is especially helpful for those families getting ready for a deployment. For more information, call 221-0946.

Financial readiness is important for everyone

The JBSA-Fort Sam Houston Military & Family Readiness Center offers service members and their families' classes to help them face uncertain financial times. Available classes include: credit and debt management, budgeting, saving and investing, consumer awareness and more. Registration is required for all classes. For information on dates and times or to register, call 221-2380 or 221-2418.

Outdoor Recreation

Rent park pavilions and covered picnic areas for half price

During March the JBSA Recreation Park at Canyon Lake rents the large pavilions or covered picnic areas for half price. The covered picnic areas are great for a family or small group outing (20-25 occupants), while the pavilions can accommodate large reunions (40-50 occupants) or unit and company functions. For more information, call 830-964-3576.

Patrons enjoy half-price fishing boats

The JBSA Recreation Park at Canyon Lake offers patrons a great deal on fishing boats during March. Bring a favorite fishing pole or purchase equipment from the park store during business hours and rent a fishing boat at half price. A live bait machine is available to purchase live minnows, worms, catfish dough bait or chicken livers. A boater's safety course

is required to operate the rented boats. Patrons can complete this course at Guest Reception at the lake for \$2 per person. Allow at least 90 minutes to review the video and take the test. For more information, call 830-964-3576.

Wide variety of equipment for rent

The JBSA-Fort Sam Houston Outdoor Recreation Center has equipment rentals for everyone's needs. Camping, trailer and towing, water fun, sports and biking, barbecue and party equipment for around the house and garden; ORC has it all. Additionally, ORC has a recreational vehicle storage area and Lemon Lot. For more information, call 221-5224/5225.

Archery Range open for shooting

The Archery Range at JBSA-Camp Bullis is open Thursday through Monday from 8 a.m. to 4 p.m. They have targets which range from 10-60 yards and the cost is \$3 for a daily pass or \$20 for an annual pass. They also offer a 3-D archery competition every fourth weekend of the month. The cost is \$10 for the fun shoot and \$15 for the competition shoot. For more information, call 295-7577.

Youth Programs

Lock-ins entertain preteens

The JBSA-Lackland Youth Programs hosts a lock-in for preteens, ages 9 to 12 years old March 7, 9 p.m. to 7 a.m. The cost for the lock-in is \$30 per person and includes lots of fun, games and a snack. Registration must be completed no later than March 5. For more information, call 671-2388.

The JBSA-Fort Sam Houston Youth Programs hosts a lock-in March 8, 9 p.m. to 7 a.m., at the Middle School Teen Center. The cost is \$10 per person. For more information, call 221-3630.

Youth challenged in chess tournament

The JBSA-Randolph Youth Programs hosts a youth chess round-robin tournament March 8, 11 a.m. Awards are given to first, second and third place in each age category, 6-8 years, 9-12 years, 13-15 years and 16-18 years. The cost is \$10 per person. Deadline to sign up for this tournament is March 5. To sign up or for more information, call 652-3298.

Youth invited to participate without a membership

The JBSA-Randolph Youth Programs offers patrons a chance to participate in clubs, activities or open recreation without paying membership March 9-15. Youth can check out the preteen game room, the Teen Zone, attend a club meeting or join in activities (doesn't include instructional classes, league sports or School Age care programs). Stop by for a monthly calendar of Youth Programs or check out <http://www.randolphfss.com> to see what is offered these weeks. For those interested in joining, membership is \$36 per year. For more information, call 652-3298.

Teens invited to visit Texas A&M

The JBSA-Fort Sam Houston Middle School Teen Center offers teens a trip to Texas A&M and a tour of the campus March 10. The bus departs at 8 a.m. This event is open to all teens affiliated with JBSA. For more information or to sign up, call 221-3630.

Parents get a night off

JBSA-Randolph Child Development Program offer "Give Parents a Break" March 15, 1-6 p.m. The fee is \$20 per child. Fees may be waived with a "Give Parents a Break" referral. Advance registration is required. For more information, call 652-5321.

JBSA-Lackland Youth Programs and Lackland Child Development Program hold "Give Parents a Break/Parents' Night Out" offering child care March 22, 1-5 p.m. The fee is \$15 per child. Fees may be waived with a "Give Parents a Break" referral. For more information, call 671-2388 for Youth Programs or 671-1072 for the Lackland CDP.

Youth Programs promotes Kick Butts Day

JBSA-Lackland Youth Programs invites youth to participate in National Kick Butts Day March 19, 3:30-5:30 p.m. Activities at the event raise awareness regarding problems associated with tobacco, encouraging youth to be tobacco-free and urging strong action to protect youth from tobacco. For more information, call 671-2388.

Open forum for teens to talk

This open forum is geared towards teens discussing relevant topics with staff. The event discussion is March 19, 5-6 p.m., at the JBSA-Fort Sam Houston Middle School Teen Center. For more information, call 221-3630.

Youth have fun at skate night

Middle school and high school age youth enjoy music, fun and roller skating at skate night March 21, 6-8 p.m., at the JBSA-Fort Sam Houston Middle Teen Center. For more information, call 221-3630.

Youth Programs hosts family camp out

Joint Base San Antonio families are invited to a Youth Programs camp out at Canyon Lake March 29. The cost to attend is \$35 per family, which covers one car admission into the camp grounds, a campsite and tent. Register no later than March 26. For more information, call 671-2388.



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Basura Bash volunteers help bag tons of trash from Salado Creek

Emily Snyder, who works as a project manager for the 502nd Civil Engineer Squadron at Joint Base San Antonio-Lackland, paddles her kayak to fish out trash along the banks of Salado Creek during the Basura Bash at Joint Base San Antonio-Fort Sam Houston.

Photos by
Steve Elliott



Jasmine Grim, a 7th grade student at Cole Middle School, works alongside 6th-grade reading teacher Mary Borden to pick up trash found along the banks of Salado Creek Saturday during the Basura Bash at Joint Base San Antonio-Fort Sam Houston.



James Graham (right) helps his daughter, Lynzie, with some leverage as they work at cleaning up Salado Creek Saturday. The elder Graham is the deputy base engineer for the 502nd Civil Engineer Squadron.



(From left) Sgt. David Small, from U.S. Army North, works with Sgt. Freddy Gonzalez and Spc. April Dukes, both from Brooke Army Medical Center, to clean up Styrofoam found along the banks of Salado Creek Saturday.

Kim Cooper (left) and her daughter, Trianne, remove discarded wood and other trash from the banks of Salado Creek Saturday during the Basura Bash. Trianne is a student at Cole Middle School.



Sgt. 1st Class Keoth Kittle, 232nd Medical Battalion, scoops out plastic bottles and other trash from Salado Creek on Joint Base San Antonio-Fort Sam Houston.



DOD to mandate documentation for lost, stolen common access cards

By Army Sgt. 1st Class
Tyrone C. Marshall Jr.
American Forces Press Service

Later this year, the Defense Department will begin fully enforcing a previously optional policy regarding reissuance of lost or stolen common access cards, according to defense officials.

Sam Yousef, a program manager for identity and benefits policy at the Defense Human Resources Activity, discussed an update to the current CAC issuance policy during an interview with American Forces Press Service and the Pentagon Channel Feb. 11.

“Beginning in late March or early April of this year, we are going to begin fully enforcing current common access card policy, which will require individuals to bring supporting documentation if they have had their ID cards lost or stolen,” he said. “If you have your card lost or stolen, you should work with your local security office or the individual sponsoring you for that ID card.”

People requesting a

replacement card will need to produce a document on component or agency letterhead that explains that the card has been lost or stolen, he added. Yousef noted the document should be signed, and individuals must bring it with them to have new cards issued.

“If the card has been stolen, they may also bring in the police report that accounts for that,” Yousef added. “This will not only get the department in full compliance with our policy, but it will also create better accountability for individuals who have had their cards lost or stolen.”

Though this has been a part of the current policy, Yousef noted, it was not mandated at CAC card-issuing locations.

“Previously, in the last couple of years, we have actually updated the system to capture this documentation on an optional basis,” he said. “So what will happen in late March or early April is it will be required as part of that reissuance to bring supporting docu-

mentation with you.”

The supporting documentation will be scanned and stored in the Defense Enrollment Eligibility Reporting System, he added.

This will affect all common access card-eligible individuals, both military and civilian, Yousef said.

In addition to being an additional security precaution, Yousef said this measure will help to prevent people from replacing their cards just as a matter of personal convenience.

“It creates better awareness with our local security offices and our individuals that are sponsoring our contractors for common access cards,” he said. “So this way, they have full oversight if someone is losing multiple ID cards.”

Following the update in requirements this spring, Yousef emphasized, it will be important for people to ensure they bring this documentation with them to have a card reissued, noting that most ID card-issuing sites already have been requiring it for quite some time.

MICC from P3

audits at a time in various stages of the audit process.”

Conducting business affairs in Afghanistan was a component of training Harris received at Camp Atterbury, near Indianapolis, prior to deploying. Preparation also included weapons, personal security and mind fitness training. She found scenario-based

vignettes to be the most valuable training.

“We were placed in various scenarios with Afghans who recently relocated to the U.S.,” she said. “Each scenario was a replica of Afghanistan. They included shopping at a marketplace, attending a meeting with Afghans and seeing suspicious activity when driving in the city.”

While there’s minimal time outside of work and

sleep, she does spend what little free time she has talking with family and friends. And although Harris admits that she misses the convenience of wearing her business suits, dresses, shoes and San Antonio Spurs gear, the certified public accountant must instead turn her attention to personal safety while cleaning her weapon and counting her ammunition.

TASK FORCE 51 SOLDIERS SUIT UP FOR TRAINING



Photo by Sgt. 1st Class Christopher DeHart

Master Sgt. Gary Maki gets cleaned of "chlorine contamination" by a decontamination team Feb. 21 on the final day of a hazardous materials awareness and operations course. Twenty-one Soldiers with Task Force 51, U.S. Army North (Fifth Army), participated in the week-long course to help familiarize themselves with some of the many operations they help manage when conducting support operations during natural and man-made disasters or other emergency situations. "This is an opportunity for all of us to feel a little of the boots the folks below us are wearing," said Col. Michael Gibler, chief of staff for TF-51. "This helps prevent the disassociation with those same folks we ask to do this that comes from being in the tactical operations center all the time and lets us start feeling like Soldiers again."

TUSKEGEE AIRMAN SPEAKS AT AFRICAN AMERICAN HERITAGE COMMITTEE DINNER



Photo by Staff Sgt. Marissa Tucker

Former Tuskegee Airman Dr. Granville Coggs addresses attendees of the Joint Base San Antonio-Lackland African American Heritage Committee dinner with Col. Mark Camerer, 37th Training Wing Commander, Feb. 19 at the Fisher House at JBSA-Lackland. Coggs entered the U.S. Army Air Corps during World War II and joined the Tuskegee Airmen, the first group of African-American aviators in the U.S. armed forces. After his tour, Coggs received a medical degree from Harvard Medical School in 1953 and has served as a professor of radiology at the University Health Science Center-San Antonio, a staff physician at the Bexar County Hospital District and as chief of radiology at San Antonio's Audie Murphy Veterans Affairs Hospital.

Navy Medicine Training Support Center Sailors recognized for prevention messaging, improving lives

By L.A. Shively
JBSB-Fort Sam Houston
Public Affairs

The Navy's director of the 21st Century Sailor Office, Rear Adm. Sean Buck, presented the Navy Medicine Training Support Center Coalition of Sailors Against Destructive Decisions chapter a certificate Feb. 19 recognizing the group as the top training command CSADD chapter in the Navy.

The NMTSC CSADD chapter was also recognized last year as a Region Shore Chapter of the Year and earned an honorable mention as Best Shore Chapter of the Year.

The awards acknowledge the chapter's use of social media to promote the program and the ability to document, through metrics, the impact CSADD had on command mission success. Encouraging Sailors to lead through CSADD

and strong support from the command leadership team also were contributing factors toward award selection.

The chapter uses Facebook and YouTube to post videos, photos and information about events it sponsors throughout the year. Mobile uploads from members' Smartphones are also posted. Events are organized to give students an outlet for expressing themselves or helping the community.

Videos include pieces on teamwork, volunteering with the Haven for Hope, suicide prevention and sexual assault prevention filmed by students for fellow students.

A YouTube audience favorite with more than 2,100 hits, "Keep It Professional" starred Petty Officer 3rd Class Valentin Cantu as a campaign enforcer who threw down Sailors if they were "misbehaving." The video was executed with a sense of humor and added a ca-

veat following the credits: "No Sailors were harmed in making this video."

"We're not afraid to push the line and things may get a little uncomfortable, but it's realistic and nothing goes (public) without approval," explained Petty Officer 1st Class Don Giuy, a CSADD advocate, adding that the aim of each product is to reach the student Sailors at NMTSC.

"It all starts with brainstorming," Giuy explained.

Each month, the Navy assigns a campaign topic for chapters to cover.

Members hold meetings where they discuss each topic and formulate the best methods to bring attention to issues that cause Sailors to make the wrong decisions, while discovering new ways to prevent Sailors from making those decisions.

"We pretty much just go back and forth, shooting ideas across the table," Giuy said. "That's when the sparks fly. We



Photo by L.A. Shively

Navy Rear Adm. Sean Buck recognizes the work of the members of the Coalition of Sailors Against Destructive Decisions while speaking about the mission of the 21st Century Sailor Office at the Navy Medicine Training Support Center Feb. 19.

think of a medium and what's going to catch the students. That's the fun part."

Creativity is the cornerstone of the CSADD mission and chapters are urged to create posters, videos or commercials to raise awareness for

the monthly topics. Many chapters have used social media to discuss topics by creating Facebook pages and students are welcome to volunteer ideas or time for the projects.

Guiy's favorite event was a recent talent show CSADD sponsored.

"We did our T-shirt campaign in conjunction with the talent show," said Giuy, who hails from Beaumont, Texas.

Each of the performers in the talent show picked a statistic and wrote it on

See CSADD, P20

Air Force announces change to reduction in force board schedule

By Rose Richeson
Secretary of the Air Force
Public Affairs

Air Force leaders announced a change Feb. 20 to the officer reduction in force board, or RIF, originally scheduled to convene June 16 at the Air Force Personnel Center.

Air Force officials are adjusting the timing of the board until later in calendar year 2014 due to legal limitations governing RIF boards. The

delay is necessary for the Air Force to meet required force management reductions but prevents Airmen from having to meet multiple boards in a short time span.

The remaining officer and enlisted force management boards have not changed as there are no legal limitations impacting the timing of those boards.

The delay moves the RIF board into October with separations effective no later than April 30, 2015.

"When we initially announced these force management programs in December, we knew the dynamic nature of the programs would result in some changes," said Lt. Gen. Sam Cox, the deputy chief of staff for manpower, personnel and services.

"While the change is necessary to ensure we operate within the law, it was equally important for us to keep our word and minimize the impact on Airmen."

Changes to the scheduled RIF board date will result in changes to the eligible population. Some officers initially eligible to meet the June board will no longer be eligible as adjustments are made to year groups. Likewise, some officers who were not initially RIF eligible could now be eligible.

In keeping with previous policy, all eligible officers will still receive at least six months notice prior to meeting the board. Specific details

are being finalized and further guidance will be published by AFPC officials in the coming weeks.

Because the vast majority of officers remain eligible regardless of the board date, the voluntary separation pay, or VSP, application window will remain open to all officers in an average Air Force Specialty Code or year group as indicated on the force management matrices.

Officers who have

already submitted a VSP application in anticipation of being eligible for the June RIF, will have the option to withdraw their application if they are no longer eligible. The officer temporary early retirement authority application window remains unchanged.

For more information on force management, force shaping, reduction in force and other personnel programs, go to the myPers website at <https://mypers.af.mil/>.

NAVY from P3

tion out about Navy Live, which I didn't know anything about, and consolidating everything in one place," said Thomas, who is from Portsmouth, Va.

"I was aware of the programs he is responsible for separately, but was never able to put a name behind all that. I thought it was very cool that he is responsible for so many programs," said Navy Seaman Apprentice Marius Wernecke, currently waiting for his classes in the Behavior Health Program to commence.

Wernecke was very impressed that Buck took time to speak with students.

"It was huge and it was cool to know that what we say goes straight up (the chain of command)."

"I think it was neat that the admiral actually came by, face-to-face, just

to let us know that he is listening and likes to hear our input as well," agreed Navy Seaman Apprentice Chiara Tagliaferri, whose hometown is Tannersville, Pa.

"I know the Navy, like all branches of the military, takes sexual assault and harassment very seriously," Tagliaferri said, adding she is impressed with leadership's efforts to get Sailors the information they need to take care of themselves.

Buck stressed that prevention efforts were focused on regaining the trust and confidence of Sailors and creating a safe and dignified command climate.

If a Sailor is assaulted, he or she is encouraged to step forward, report the incident and seek help, Buck said; with the assurance that Navy leadership would take those reports seriously, and investigate and punish

perpetrators.

He said as a result of these efforts over the last two years, he is seeing an increase in reporting and a change in command climate in which Sailors serve.

A Sailor in the audience suggested developing an app where the Navy SAPR could be accessed to seek help and report incidents.

"She mentioned that we advertise that phone number for Sailors very well on our installations and bases, but not so much out in public," Beck said.

"How could we make it available on a smart phone? I thought it was a very good idea and very easy to implement and execute."

Beck mused the Navy app might be modeled after the "Circle of 6" concept where six friends, family or trusted contacts are entered into a Smart-

phone and when the user taps twice, all six numbers are automatically dialed and those receiving the call are instructed to return the call or come help the user.

A geo-locator is included and the user can program emergency numbers such as 911 into in the app.

Wernecke thought the Navy app was a really good idea.

"Especially with our generation relying on phones so much – I have many apps that alert me to new information in the morning, whether I want it or not and it's very helpful," he said.

"I think it's a great idea. You can inform more than one person (of a problem or situation), your family and the police," Tagliaferri said.

Another Sailor suggested using resources such as "Vine Videos" where



Photo by Navy Lt. Stephanie Homick

Rear Adm. Sean Buck, director of the 21st Century Sailor Office, speaks with Navy Medicine Training Support Center staff and students about recent policy initiatives on resiliency and prevention activities in the Navy.

users post mini-videos lasting a few seconds instead of "Facebook," which is currently popular only with 35-year-olds and up.

Buck took his Sailors' suggestions to heart, saying that he does this job because he is a dad and recognizes how peer pressure can be the key to getting a message across to young Sailors.

"Showing their peers what right looks like encourages positive behavior," he said.

Buck finished his remarks touching on future uniform changes.

"The U.S. military is going to a common, digital camouflage uniform in 2018. It's law," Buck said, referring to the National Defense Authorization Act for Fiscal Year 2014.

INSIDE THE GATE

Polar Bear Aquathon

The Polar Bear Aquathon will consist of two events, a 3-mile run and 300-meter outdoor swim at the Joint Base San Antonio-Fort Sam Houston Saturday at 8 a.m. The start/finish line is at the Outdoor Aquatic Center. Interested participants may pre-register at JBSA-Fort Sam Houston Central Post Gym or they may pickup packets at 6:30 a.m. the day of the race. Cost for this event is \$20 per runner and is open to all DOD ID card holders. Call 221-3593 or 221-4887.

World War II Medical Symposium

The U.S. Army Medical Department Museum Foundation, in association with the Uniformed Services University of the Health Sciences, will sponsor a World War II Medical Symposium Thursday through March 8 at the Army Medical Department Museum at Joint Base San Antonio-Fort Sam Houston. For more details or to register visit <http://www.amedmuseumfoundation.org>.

Warrior Four-Person Scramble

March 7, 12:30 p.m. shotgun start at the JBSA-Fort Sam Houston Golf Course. The cost is \$25 for members and \$35 for nonmembers. The scramble includes 18 holes

of golf, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third places. Call 222-9386.

Middle School Lock-In

Youth can take part in the middle school lock-in from 9 p.m. March 8 until 7 a.m. March 9 at the Middle School Teen Center. The cost is \$10. For more information or to sign up, call 221-3630.

Couples Enrichment

March 10, 11:30 a.m. to 1 p.m., American Red Cross, building 2650. Part one of a three-part series. Call 221-0349.

ScreamFree Marriage

March 10, 1:30-4:30 p.m., American Red Cross, building 2650. Part one of a four-part series. Call 221-0349.

College Trip to Texas A&M

Teens will visit Texas A&M and receive a tour around campus. The bus departs JBSA-Fort Sam Houston Middle School Teen Center March 10. This event is open to all teens affiliated with JBSA. For more information or to sign up call 221-3630.

Spring Break Camp at the Middle School Teen Center

Spring break camp is March 10-14. There are trips and activities planned to keep youth busy during spring break. This camp will take place at JBSA-Fort Sam Houston

Middle School Teen Center. For more information call 221-3630.

EFMP Equestrian Camp and Special Olympics

An Exceptional Family Member equestrian camp will be held March 10-13 at JBSA-Fort Sam Houston Equestrian Center. All participants are eligible to compete in the Special Olympics competition March 14. Space is limited. To register or for more information call 221-2962.

Intramural Golf

There will be a coaches meetings 11 a.m. to noon March 12 at the JBSA-Fort Sam Houston Golf Clubhouse. All team rosters are due April 2. The league begins April 8. Call 808-5701 or 221-7173.

3-on-3 Basketball Tournament

March 14, 9 a.m., JBSA-Fort Sam Houston Jimmy Brought Fitness Center. There is a 32 team limit with a registration deadline of March 14. The cost is \$15 per team. This event is open to all DOD ID cardholders ages 18 and up. Call 221-1234.

St. Patrick's Day 9-Pin Tournament

JBSA-Fort Sam Bowling Center is having a nine-pin tournament March 15. The entry cost is \$30 entry, \$10 to lineage and \$20 to the prize fund. Call 221-3683.

EFMP Job Fair

A job fair for Exceptional Family Members will be held 4-7 p.m.

March 28 at the JBSA-Fort Sam Houston Military and Family Readiness Center, building 2797. Preparation rallies will be conducted for those who submit application forms prior to the event. For more information call 221-2962.

9th Annual Cowboys for Heroes

March 29, 11 a.m. to 5 p.m. at the JBSA-Fort Sam Houston Equestrian Center. This event features authentic "Cowboy" cooking on 1800s-style chuck wagons. Live horseback riding performances, mutton-busting, photo opportunities with a live longhorn, live musical entertainment, pony rides, petting zoo and much more. This is a free event and is open to all DOD ID cardholders. For more information call 221-1718.

Volunteer Sports Officials Needed

The Joint Base San Antonio sports and fitness programs are seeking volunteers to officiate intramural sport games at JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph. Volunteer officials need to be a certified in the sport they officiate. Certifications may be obtained through local official associations and chapters, and must remain current by attending a yearly rules clinic. Volunteer officials should officiate at least once a week and all games that day. Officials will be required to attend a rules meeting prior to season start. For more information, call 221-1367.

TEEN DATING VIOLENCE AWARENESS POETRY SLAM



Madyson Newberry won first place in the 4th Annual Teen Dating Violence Awareness Poetry Slam Saturday at the Military and Family Readiness Center on Joint Base San Antonio-Fort Sam Houston. The poetry slam featured 10 other poets, age 14 to 18 years old, from the local community. The event was sponsored by the JBSA Family Advocacy Program and was free for all to attend.



Photos by Airman 1st Class Krystal Ardrey
Andrea Sanderson recites a poem she wrote during the 4th Annual Teen Dating Violence Awareness Poetry Slam Saturday at the Military and Family Readiness Center on Joint Base San Antonio-Fort Sam Houston.

CSADD from P18

the shirt. Then they wore the shirt while they read the statistic from the shirt to the audience, along with their performance.

"It had more of an effect because it was peer-to-peer interaction, versus an instructor standing up doing it," Giuy said. "At the same time the audience got to enjoy themselves in the process."

Another event, the Powder Run, combined fitness and fun where both students and staff wore white t-shirts and,

as they ran, were hit with various colored powders from onlookers.

"By the end of the run, everyone had tie-dyed T-shirts and the colors were everywhere," Giuy said. "Everyone had a good time and I am sure our next run will have an even bigger turn out."

The group has sponsored picnics with dunk tanks and cotton candy machines.

"It's something they can do without going out in town, spending their money and risking getting into trouble," Giuy stressed.

"I've utilized CSADD as a template for communications activities," said Petty Officer 2nd Class Ross Vollstedt, NMTSC instructor and communications committee chairman. "They reach out to the community and do things that improve the lives of Sailors and everyone at this base."

"They go out and improve the lives of people in the area too. As public servants - it's part of what we do," said Vollstedt, whose hometown is Stockton, Calif.

Senior leadership is

adapting to the 21st century Sailor, explained Chief Petty Officer Kelly Wallen, and they recognize when to use discipline, when to mentor and when to console.

Wallen said he uses CSADD videos and messaging as part of his instruction.

"Using social media tends to communicate at their level," said Wallen, an NMTSC instructor in preventive medicine. "We've learned to use those tools to get the message out and do training and that's what put our CSADD at the top."

OUTSIDE THE GATE

2014 Joint Services Luncheon

The Spouses' Club of the Fort Sam Houston Area will host the Texas Timeless and Classic 2014 Joint Services Luncheon 10 a.m. to 2 p.m. March 18 at the Pearl Stable and Brewery, 312 Pearl Parkway, building 2. The guest speaker will be Tara Crooks, co-founder of the Army Wife Network, author and motivational speaker. Cost is \$25 for the meal only or \$40 with a copy of the book "1001 Things to Love About Military Life." Reservations or cancellations must be made by Sunday. For more information, visit <http://www.scfsh.com> or call 236-9400.

Harp & Shamrock Society South Texas Alamo Irish Festival

The Harp & Shamrock Society of Texas will host the Annual

South Texas Alamo Irish Festival 11 a.m. to 11 p.m. March 8 at the University of the Incarnate Word. Tickets are \$5 for adults and free for active duty military with a valid ID and children under age 12. Free parking will be available on the campus of UIW. For more information, visit <http://www.harpanshamrock.org> or call 896-1598.

Women's Survivor Group

A women's survivor group has been created for women who have experienced sexual trauma. The goal is to increase survivors' understanding of their responses to victimization and the impact on their lives. The group offers a safe, open atmosphere for discussion and support to facilitate understanding of sexual victimization and the healing process. The group meets from 6:30-8 p.m. Tuesdays at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, Building 2, Suite 201. Call 521-7273 for more information.

Teacher Study Pass for SeaWorld

SeaWorld San Antonio is offering a free Adult Fun Card to all active, employed and certified Kindergarten through 12 grade school instructors in the state of Texas. The Teacher Study Pass is a 2014 Fun Card that allows unlimited admission to SeaWorld San Antonio now through the end of the year. Teachers can pre-register for a 2014 Adult Fun Card at <http://www.SeaWorldParks.com/Teachers> until May 31. Teachers can also purchase up to six additional Fun Cards discounted at \$5 off.

Teen Survivor's Group

A teen survivors' group has been created for teens who have been victims of sexual trauma. The group's goal is to help teens learn and talk about sexual abuse in a safe environment and help survivors connect to others who have been in similar situations. Females from 13 to 17 years of age who are currently attending individual psychotherapy are en-

couraged to attend. A therapist's recommendation is required. The group meets from 6-7:30 p.m. Wednesday at the Rape Crisis Center group room at 7500 U.S. Highway 90 West, Building 2, Suite 201. Call 521-7273.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686.

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 2301 Wilson Way

8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 5584 Dodd Blvd.

8:30 a.m. - Samoan

10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave.

9:20 a.m. - 32nd Medical Brigade Contemporary Service

11:01 a.m. - Contemporary "Crossroads"

Brooke Army Medical

Center Chapel

Building 3600,

3551 Roger Brooke Rd.

10 a.m. - Traditional

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel

Building 3600,

3551 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 2301 Wilson Way

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel

4:45 p.m. - Reconciliation

5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD

8:30 a.m. - Morning Mass, BAMC

9:30 a.m. - Morning Mass, MPC

11:30 a.m. - Morning Mass, BAMC

12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,

Friday, MPC

8:30 p.m. - Oneg Shabbat,

Friday, MPC

ISLAMIC SERVICE

1:15 p.m. - Jumah, Friday, AMEDD

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday, AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,

Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

PET from P10

Bebe is now going through a socialization period of her own, but Butler said the canine began her adjustment quickly.

"After she was taken to the veterinary clinic, she stayed with me the rest of the day," she said. "That evening, Colonel Dolson came and took her home and she was already coming around. The next day she was a different dog."

Dolson, one of the occupants of building 977 who were feeding Bebe on a regular basis, also saw a huge difference in her new dog's behavior.

"The first night I took her home she was very passive, but I kept talking to her. The next day, we just bonded. Now she follows me around at home and she's learning that people are nice."

Bebe, a mixed-breed



Photo by Joel Martinez

Col. Ramona Dolson, Air Force Personnel Center chief selection board secretariat, and her dog, Bebe, pose together for a photo Feb. 7 at Joint Base San Antonio-Randolph.

with German shepherd and husky features, is also adapting nicely to her new environment.

"She would not go outside by herself for a few days," Dolson said. "Now she'll go outside and play and run around like a crazy dog."

Dolson believes her pet was abused at one time. "If I moved fast with a hand motion or got a broom, she'd hightail it," she said.

Bebe, who Dolson described as "sweet," now has "a mommy who loves her," Butler said. But she

also receives plenty of love during the day when Dolson is at work.

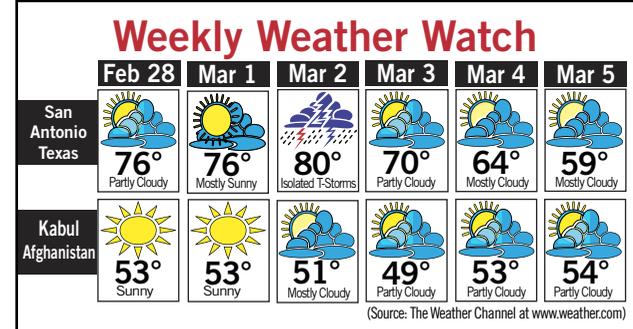
Bebe spends weekdays with Smith and her dog, Ginger, at JBSA-Randolph housing and is occasionally visited by Wisser, who joins Smith in walking her, Butler said.

"Bebe is definitely coming around as a result of the attention she gets," she said.

Butler mentioned two other recent incidents – a Jack Russell terrier that escaped from his yard and another dog that was shot with a pellet gun – that draw attention to pet ownership.

"When these things happen on base, it upsets me to no end," she said. "It's very disheartening. I hold military folks to a higher standard."

"There are rules for taking care of animals, and it's just common decency," Butler said.



WATER CONSERVATION TIPS

1. Do not use hot water when cold water will do. Water and energy can be saved by washing hands with soap and cold water. Hot water should be added only when hands are especially dirty.
2. When brushing teeth, turn the water off until it is time to rinse.
3. When shaving, fill the sink with hot water instead of letting it run continuously.
4. Install faucet aerators to reduce water consumption.
5. Install a low-flow shower head that limits the flow from the shower to less than three gallons per minute.

(Compiled by 502nd Civil Engineer Squadron)