

TALESPINNER



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Photo illustration by Dorothy Lonas

Photos used in illustration by Staff Sgt. Phil Fountain, Air National Guard (left) and Air Force file photo (right). The 149th Fighter Wing, Air National Guard, and the 433rd Airlift Wing, Air Force Reserve, are two parts of the Total Force on Joint Base San Antonio-Lackland. To read recent news about the units and learn where you can follow them online, **See pages 10 and 15.**

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JBSA emergency notification system relies on current contact information

By Robert Goetz

Joint Base San Antonio-Randolph Public Affairs

A variety of emergencies – from active shooter incidents and accidents involving aircraft or chemical and biological substances to severe weather events – can compromise the safety of the people who live and work on Department of Defense installations.

Because communication is vital in all of these situations, it is important emergency notifications reach everyone who lives or works on a DOD installation.

At Joint Base San Antonio, members of the 502nd Air Base Wing Command Post at JBSA-Fort Sam Houston, with inputs from senior leaders, bear the responsibility for notifying JBSA members via the “giant voice,” which can be heard outdoors on all locations, and telephone messages, or read via computer pop-ups and emails.

“For an emergency, we activate every device until the situation is over,” Senior Master Sgt. Gregory Butler, 502nd ABW command post superintendent, said. “The

ultimate goal is the safety of personnel and resources.”

JBSA uses Air Education and Training Command’s emergency notification system, the AtHoc Interactive Warning System, to notify base members in times of crisis, Butler said.

“AtHoc is the tool that allows us to activate modes of communication,” he said. “We trigger the system whenever there’s an emergency and we can specify how the message is distributed. The system is strictly for emergency situations, not for routine messages.”

Most computers at JBSA, with some exceptions at JBSA-Fort Sam Houston, are equipped with AtHoc software that can be updated by users through the AtHoc IWS self-service module, Butler said.

Users can click on the purple globe icon on the bottom of their computer screen and enter or update their contact information, allowing them to receive notifications by all communication modes, not just computer screen pop-ups. Users also receive weekly reminders in the form of

pop-ups to update their information.

Butler said people should submit their phone numbers and other contact information so they can receive emergency notifications using all communications modes.

“Even if you have AtHoc, you won’t get a phone call if you haven’t provided your phone numbers,” he said. “There is no mandate for civilians to enter their information, but a wise person will do that.”

When phone numbers are not included, the only methods of emergency notification are computer pop-ups and mass emails, Butler said.

Command post controllers also tailor messages to specific JBSA locations depending on the emergency situation, Butler said.

“For example, we’ll pinpoint JBSA-Lackland if there’s an active shooter situation there,” he said. “Then, based on direction from senior leaders, we will disseminate information accordingly to

See **AtHOC** Page 4

Technology promises energy savings at Joint Base San Antonio

By Ruben Ramos

JBSA-Lackland Energy Manager

As part of the long-term energy conservation plan for Joint Base San Antonio, a blend of technologies will be employed in a strategy known as demand-side management that will lower monthly utility bills as well as positively impact the maintenance budget for energy-related equipment.

What is demand-side management? Large electric utility customers, such as JBSA, pay a unit cost for each kilowatt-hour consumed as well as a demand

charge which is the rate at which those kilowatt-hours are consumed.

Utility companies have to be able to meet the total peak demand of all of their customers at any given time. If not, they can either buy additional capacity or begin curtailing customers using rolling blackouts.

The largest electrical load at any JBSA location is air conditioning during the summer months. The second highest load is lighting, thus the focus on methods specific to those loads in order to more effectively manage energy consumption.

Under the CPS Energy Demand Re-

sponse Program, if a customer such as JBSA can reduce the rate at which they are using energy during critical periods, specifically June through September between the hours of noon to 7 p.m. daily, the company will pay the customer, as it is cheaper to reward their customers than to activate an additional generating plant or to buy additional capacity.

An example of the reward system is utilized at JBSA where the installation has agreed to provide CPS Energy with 300-600 kilowatt-hours as needed. In order to conserve the kilowatt hours, air conditioning components are cycled on and off to reduce total demand. Customers are given at least one hour notice that a cycling event will be occurring.

Part of a strategy known as the

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Lackland
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Deadline for story submissions is noon Thursday the week prior to publication.

Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

JBSA-Fort Sam Houston: 466-4630

JBSA-Lackland: 671-6397

JBSA-Randolph: 652-7469

NEWS IN BRIEF

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

SATURDAY

PRESCRIPTION DRUG 'TAKE BACK' DAY

The Drug Enforcement Agency "Take Back" Day on Joint Base San Antonio-Lackland is 10 a.m. to 2 p.m. Saturday.

Old, outdated or unwanted prescription medications can be turned in for disposal at the Satellite Pharmacy parking lot.

For information, contact Charles Nail at 671-9483 or Lisa Frantz at 671-2262.

NOV. 4

OPERATION HOMECOOKING

San Antonio residents can share their family traditions with service members from Joint Base San Antonio-Lackland Thanksgiving Day through Operation Homecooking.

Now in its 38th year, Operation Homecooking gives local families the opportunity to welcome two Airmen into their homes for the holiday meal.

The telephone lines to make reservations will be open Nov. 4-27. To host two Airmen, call 671-5453/5454/3701 weekdays from 8 a.m. to 3 p.m. Families without a reservation cannot show up on Thanksgiving Day to request trainees.

Since trainees are not permitted to have personal transportation during training, hosts must pick them up at JBSA-Lackland and return them to their respective squadrons by 7 p.m. Thanksgiving night.

NOV. 8-9

NCO ACADEMY ANNIVERSARY

The Robert D. Gaylor NCO Academy will celebrate its 40th anniversary with an open house social at 6:30 p.m. Nov. 8 in the Robert D. Gaylor NCO Academy Enlisted Heritage Hall and an anniversary dinner at 6:30 p.m. Nov. 9 at the Gateway Club.

The dinner reservation deadline is Monday. For more information, contact Senior Master Sgt. David Umlang at 671-8127.

NOV. 11

FEDERAL BENEFITS OPEN SEASON

Federal benefits open season for Air Force civilian employees is Nov. 11 through Dec. 9.

To view Federal Employees Health Benefits plans, visit the Office of Personnel Management website at <http://www.opm.gov/FEHBbrochures>.

Fisher House holds Donor Appreciation Day

By Mike Joseph
JBSA-Lackland Public Affairs

Nearly 200 people attended the first Fisher House, Inc. Donor Appreciation Day Oct. 15 at Fisher House III on Joint Base San Antonio-Lackland.

"Our goal was to have people come out and hear some great music, open our houses for them to see, meet families that are staying at the Fisher House and have a short awards ceremony," said Dwayne Hopkins, Fisher House, Inc. executive director.

"The awards presentation lasted about 25 minutes and the rest of the time it was people talking to one another and viewing the house," he said about the event. "It was perfect."

Fisher House, Inc. provides a no cost home-like place to stay for family members when another family member is hospitalized for critical care at Wilford Hall Ambulatory Surgical Center, the San Antonio Military Medical Center or other medical facilities in the



Photo by Benjamin Faske

Maj. Gen. Byron Hepburn, 59th Medical Wing commander, along with Chief Master Sgt. Maurice James, 59th MDW command chief, present Senior Master Sgt. Evelyn Bell with the Helping Hands Award.

San Antonio area.

In addition to 26 fully furnished bedrooms at

the three Fisher Houses on

See **HOUSE** Page 21

Establishment of Defense Health Agency brings changes to military medicine

By Valecia Dunbar
MEDCOM Public Affairs

Earlier this year, Deputy Secretary of Defense Ashton Carter directed the establishment of the Defense Health Agency to assume shared functions, services and activities of the Army, Navy, and Air Force within the Military Health System that had previously been managed by each individual service.

Under the agency, the San Antonio Military Health System became an enhanced multi-service market, giving director of SAMHS, Maj. Gen. Jimmie Keenan, authority as market manager Oct. 1.

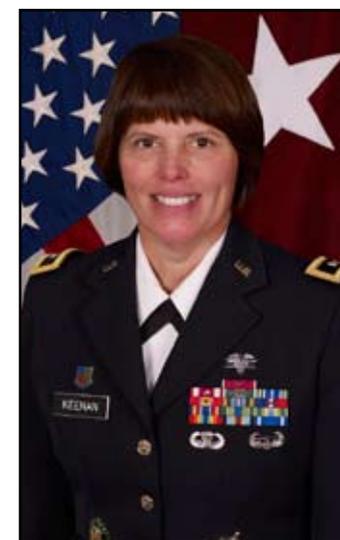
Keenan, in her role as market manager, will oversee and sustain a high-quality military health system across San Antonio, not just within Army or Air Force facilities.

She will manage budget allocation for the Army and Air Force military treatment facilities in San Antonio, direct teams to adopt common clinical and business functions, optimize military readiness requirements to deploy medically-ready forces, direct personnel and work functions to move among San Antonio military treatment facilities to best support patients and missions as well as direct the movement of

workload and workforce among San Antonio military treatment facilities.

These changes are aimed at lowering the costs associated with military healthcare by sharing resources and improving access to care.

"We are delighted with the increases in effectiveness and efficiencies we've gained thus far under the SAMHS umbrella," said Col. Kyle Campbell, Brooke Army Medical Center commander. "We look forward to making even bigger strides improving the quality of care and increasing the number of patients we care for as we move into the new enhanced multi-



Maj. Gen. Jimmie Keenan

service market."

The commander said pain clinic consolidation began Oct. 1, where Wilford Hall Ambulatory Surgical Center Pain Clinic integrated with the San

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other locations.”

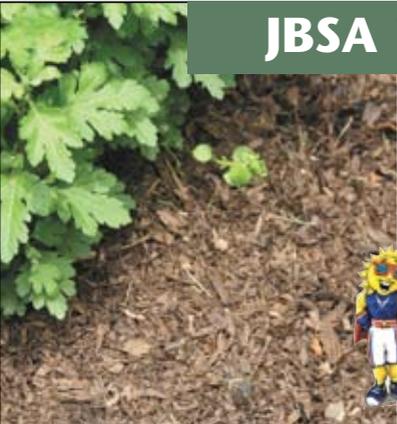
Butler said severe weather, including thunderstorms, hail and high winds, accounts for most notifications.

“The system is used daily to disseminate various weather-related information,” he said.

Although notifying the installation is one of members of the command

post’s responsibility, the team is also the link that notifies first responders.

“In times of emergency, we are involved with leaders and command centers to make sure emergency responders are notified,” he said. “We work hand-in-hand upon receipt of these issues and get the information out to the first responders and to leaders who make decisions for disaster support.”

**JBSA WATER Tip****Conserve water!**

Put a 2-3 inch layer of mulch around trees and plants to minimize evaporation. This will reduce the water needed to maintain landscapes by 30-50 percent.

BMT HONORS

Congratulations to the following 69 Airmen for being honor graduates among the 699 Air Force basic military trainees who graduated today:

320th Training Squadron*-Flight 623*

Zachary Ferguson

David Gibson

Justin Hampton

Moreno Hernandez

Tanner Jourdian

Jacob Mccleerey

Rosario Purpora

Jonathan Wentworth

-Flight 624

Miranda Hall

Ashley Miksa

Dana Parks

Heather Smith

-Flight 633

Ryland Doerr

-Flight 634

Logan Decker

Adam Mark

Jacob Motsinger

Colby Willis

322nd Training Squadron*-Flight 635*

Andrew Clemenson

Joshua Gratz

Edwin Gutierrez

Colton Hebert

William King

Luke Locken

Mackenzie Maner

Gregory Rivera

-Flight 636

Tamar Billiet

Kathryn Burke

Maggie Lichtenwalner

Sarah Loudon

Shanasty Mahi-Lyons

Jessica Wooten

323rd Training Squadron*-Flight 629*

Christopher Bryant

Dakota Burke

Tony Folwarski

Trevor Henderson

Cole Miller

Robert Verity

-Flight 630

Brian Kiely

326th Training Squadron*-Flight 625*

Kyle Allen

Tyrone Burke II

Brandon Canik

Brandon Lukenbill

Dylan Rogers

Brandon Wernette

-Flight 626

Austin Cullen

John Gill

Joshua Harris

Jackson Kerby

Kegan Lewis

Tyler Parsons

Robert Uecker

Tyler Wilson

-Flight 631

Israel Aguilar

Trevor Clark

Nickolas Fliehr

Jonathan Sears

Zachary Vega

-Flight 632

Katherine Stoll

Asuka Varga

Nasais Veloz

331st Training Squadron*-Flight 627*

Jeremy Bisaccio

Daniel Bowler

Justin Carter

J. Fernanders Green

Kyle Gabrielson

Matthew Konopka

Landon Seaver

-Flight 628

Terrence Ring

Joshua Sumrall

Top BMT Airman

Justin Hampton

320th TRS, Flight 623

Most Physically Fit*-Male Airmen*

Christopher Oliver

320th TRS, Flight 633

Miles Moreno

320th TRS, Flight 633

Kurtis Kenerson

320th TRS, Flight 623

Robert Craft

320th TRS, Flight 623

-Female Airmen

Tamar Billiet

322nd TRS, Flight 636

Jordan Decker

322nd TRS, Flight 636

Kathryn Burke

322nd TRS, Flight 636

-Male Flights

320th TRS, Flight 634

323rd TRS, Flight 629

-Female Flights

322nd TRS, Flight 636

326th TRS, Flight 632

Top Academic Flights

323rd TRS, Flight 629

326th TRS, Flight 626

331st TRS, Flight 628

322nd TRS, Flight 635



Keep trick-or-treaters safe during Halloween

By Mike Joseph
JBSA-Lackland Public Affairs

Trick-or-treaters will be out in force Thursday night going door-to-door in search of Halloween goodies.

Hours to trick-or-treat in Joint Base San Antonio-Lackland privatized housing areas run from 6-8 p.m.

Even though there are ample opportunities for fun, there are also dangers lurking in the dark. If parents communicate important safety measures to their children before hitting the streets, most risks can be avoided.

Eddie Meza, 502nd Air Base Wing Safety Office, said parents can overestimate children's safety awareness and underestimate the need for supervision.

"There are hazards for children that should be considered," Meza said. "They include darkness, oversized costumes and limited or obstructed view by masks."

To keep children safe when Halloween trick-or-treating, the 502nd ABW Safety Office recommends the following guidelines:

Motorists

- Watch for children in dark clothing at twilight and later in the evening.
- Carefully enter and exit driveways and alleys.
- Watch for children darting from between parked cars, and walking on roadways, medians and curbs.

Parents – Focus on Safety

- Children under age 12 should be supervised by an adult or older responsible youth.
- Discuss and plan which route your trick-or-treaters will take. Instruct your children to travel in familiar

areas, along an established route.

- Know the names of older children's companions.
- Teach your children to only stop at well-lit houses or apartment buildings and to never enter a stranger's home.

Trick-or-treaters

- Do not enter homes or apartments without adult supervision.
- Carry a flashlight to light up your path and be seen.
- Walk from house to house, don't run. Running across yards presents tripping hazards because of unseen objects or uneven terrain.
- Walk on sidewalks, not in the street.
- Face traffic by walking on the left side of the road if sidewalks are not available.
- Set a return time.
- Tell children not to eat any treats until they return home.
- Review pedestrian and traffic safety rules, including trick-or-treat safety precautions.
- Pin a slip of paper inside a pocket with the child's name, address and phone number in the event he/she gets separated from the group.
- Ensure costumes are flame resistant. Select brightly colored materials.
- Make sure your home is safe for visiting trick-or-treaters.

Treats

- Children should eat an early meal before heading out to trick or treat.
- Before treats are eaten, treats should be brought home and inspected.
- Wash fruit and cut into small pieces.

When in doubt, throw it out. That's simply sound risk management.



Celebrate America's Military Events

NOV. 1-13

Holiday Mail for Heroes Kick Off – Nov. 1, 10 a.m. at the American Red Cross, 3165 Patch Rd., building 2650, JBSA-Fort Sam Houston. Call 582-1951 or visit <http://www.redcross.org/tx/san-antonio>.

Senior Enlisted Appreciation Reception – Nov. 1, 5:30-7:30 p.m. at VFW Post 76, 10 Tenth Street. Invitation only. Call 229-2105 or visit <http://www.sachamber.org>.

Saluting America's Heroes – Nov. 2, 7:30 a.m. at Texas A&M University San Antonio, One University Way. Free and Open to the public. Call 932-6212 or visit <http://www.tamusa.tamusa.edu>.

CAM Birdies for the Brave Golf Tournament – Nov. 4, 9:30 a.m. at TPC San Antonio, 23808 Resort Parkway. Call 229-2105 or visit <http://www.birdiesforthebrave.org>.

Air Force Association Combat Breakfast – Nov. 5, 7-8 a.m. at the Kendrick Club, building 1039, JBSA-Randolph. Not a public event, reservation by Nov 1 and ticket required. Call 565-0370 or visit <http://www.alamoafa.org>.

ESGR "Salute to Bosses" Luncheon – Nov. 5, noon-1 p.m. at Double Tree Hotel, 502 W. Cesar E Chavez Blvd. Not a public event, reservation and ticket required. Call 854-5106 or visit <http://www.esgr.mil>.

Downtown Rotary Club Armed Forces Luncheon – Nov. 6, 11:30 a.m. to 1 p.m. at Scottish Rite Banquet Hall, 308 Avenue E. Not a public event, reservation and ticket required. Call 737-0777 or visit <http://www.rotarysa.org>.

Spirit of America Dinner – Nov. 6, 6-9 p.m., Hyatt Regency San Antonio Riverwalk, 123 Losoya St. Reservation and ticket required. Call 229-2100 or visit www.sachamber.org.

Association of the U.S. Army Luncheon – Nov. 7, 11:30 a.m. to 1 p.m., Sam Houston Community Center, 1212 Stanley Rd., building 320, JBSA-Fort Sam Houston. Reservations and tickets required. Call 224-2721 or visit <http://www.alamochapterausa.org>.

U.S. Military Veterans Parade & Wreath Laying – Nov. 9, 10:30 a.m.-noon, Downtown San Antonio, 300 Alamo Plaza. Free and open to the public. Visit <http://usmvpa.com>.

Military City, USA "Thank You" Run – Nov. 9, 11:30 a.m., from VFW Post 76 through downtown, past The Alamo to Milam Park for a post celebration and award ceremony. Open to the public. Visit <http://www.athleteguild.com/running/san-antonio-tx/2013-asa-knights-of-columbus-5k-runwalk>.

San Antonio Symphony Veterans Day Concert "Salute to Service" – Nov. 10, 7-9 p.m., Majestic Theater, 224 E. Houston St. Free and open to the public, reservation and ticket required. Call 554-1090 or visit <http://www.sasymphony.org>.

Veterans Day Ceremony – Nov. 11, 9:30-11 a.m. at Fort Sam Houston National Cemetery. Free and open to the public. Call 210-820-3891 or visit <http://www.cem.va.gov/cems/nchp/ftsamhouston>.

Bexar County Buffalo Soldiers Commemorative Ceremony – Nov. 11, 1:30-2:30 p.m. at the San Antonio National Cemetery, 517 Paso Hondo St. Free and open to the public. Call 336-3903 or visit <http://www.bcbsatx.com>.

Spurs Veterans Day Game – Nov. 13, 7:30 p.m. at the AT&T Center. San Antonio Spurs vs. Washington Wizards. Discounted tickets available for military in uniform. Call 444-5618 or visit <http://www.spurs.com>.

For more information on CAM, visit <http://www.celebrateamericasmilitary.com>.

AROUND JBSA

Fire Prevention Week awards



Photo by Senior Airman Lysie Nichols

(From left to right): Sparky the Fire Dog; Michael Grizer, Joint Base civil engineer and Joint Base San Antonio fire marshal; Curtis Williams, JBSA deputy fire chief of support services; Russell Mellieon, fire inspector; Michael Guzman, assistant chief of fire prevention and Daniel Hernandez, hazardous materials safety officer visited Lackland Elementary School on Tuesday to present awards to the first and second prize winners of a poster and essay contest for Fire Safety Week. Winners received a plaque and gift certificates to local businesses.

149th Fighter Wing engineers dig Norway, train alongside Krigsskolen cadets



Photo by Staff Sgt. Phil Fountain

U.S. Air Force Airman 1st Class Steven Rubalcaba, an electrical systems technician assigned to the Texas Air National Guard's 149th Civil Engineering Squadron, a subordinate unit of the 149th Fighter Wing, headquartered at Joint Base San Antonio-Lackland, uses a shovel to move dirt at Rygge Air Station, Norway, Aug. 12. The 149th FW Civil Engineering Squadron was in Norway as part of the U.S. National Guard Bureau's deployment for training program to train with members of the Royal Norwegian armed forces.

By Staff Sgt. Phil Fountain
149th Fighter Wing Public Affairs

About 50 U.S. Airmen assigned to the 149th Civil Engineering Squadron, a subordinate unit of the Texas Air National Guard's 149th Fighter Wing, headquartered at Joint Base San Antonio-Lackland trained with Royal Norwegian military cadets on construction projects at Rygge Air Station, near Moss, and in Oslo, Norway, Aug. 12-19.

The Airmen were on-hand for a training exercise with the Norwegian armed forces called Impeccable Glove 2013, said U.S. Air Force Lt. Col. Christopher A. Miller, the squadron commander and a graduate of the civil engineering program at Texas A&M University, in College Station, Texas.

U.S. participation was sponsored through the deployment for training program, which is administered by the National Guard Bureau, headquartered in Arlington, Va., he said.

"DFTs enable Air National Guard civil engineering units to receive real-world training within the United States or abroad," Colonel Miller said. "Our members have previously deployed to Camp Moreno, in California, as well as Armenia in support of the program."

As part of their deployment, the Texas Airmen collaborated with Royal Norwegian Air Force personnel and with senior Royal Norwegian military cadets enrolled in the engineering program at the Norwegian Military Academy (Krigsskolen), at Camp Linderud, in Oslo.

Krigsskolen is "Scandinavia's oldest (institution of) higher education," said Norwegian army Maj. Anders C. Haavik-Nilsen, the academy's chief instructor of military technology and engineering.

The academy was established in 1750 and has been at its current Linderud location since 1969, he said. Upon graduation, cadets earn a bachelor of military science and are commissioned as second lieutenants in the Royal Norwegian Army.

The joint training paired a Norwegian cadet with an American noncommis-

sioned officer to manage the projects, which were implemented by work crews from the 149th CES.

Impeccable Glove 2013 consisted of six projects, said U.S. Air Force Master Sgt. Rosario Muñoz, a water and fuels systems maintenance supervisor and the Texas ANG project manager for the deployment. They were undertaken here and at the academy.

"The projects include: structures, electrical and roadway repair," said Sergeant Muñoz. "Throughout our Airmen are upgrading their proficiency levels for their AFSC (Air Force specialty code) and our broader career-field."

Read more about Impeccable Glove 2013 and the contributions of the 149th CES online, <http://www.149fw.af.mil/news/story.asp?id=123362173>



Photo by Senior Master Sgt. Miguel Arellano
U.S. Air Force Lt. Col. Christopher A. Miller (right), commander of the Texas Air National Guard's 149th Civil Engineering Squadron, a subordinate unit of the 149th Fighter Wing, based at JBASA-Lackland, talks with Cadet Kent Bakke (left), a senior Royal Norwegian military cadet enrolled in the engineering program at the Norwegian Military Academy (Krigsskolen), at Camp Linderud, in Oslo, Norway, at Rygge Air Station, Norway, Aug. 14.

Follow the 149th Fighter Wing online,
<http://www.149fw.af.mil/>

On Facebook,
<https://www.facebook.com/149FW>

On Twitter,
<https://twitter.com/149fw>



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Events

November

Arts & Crafts

Great gifts are in abundance at Arts and Crafts fair

Find the perfect gift at the JBSA-Lackland Arts and Crafts Fair Nov. 22, 10 a.m. to 4:30 p.m., at Mitchell Hall. More than 40 vendors will be on site offering jewelry, candles, crocheted pieces, fine art and other handmade goods. For more information, call 671-2515.

Stock up on dollar deals at Arts and Crafts

The JBSA-Lackland Arts and Crafts Center offers a wide selection of crafting supplies for \$1. Choose from a holiday assortment of punches, ink pads, note cards, stickers, cling and wood stamps, glitter and more. For more information, call 671-2515.

Bowling

Bowling specials offered for holiday weekend

Bowlers celebrate Veterans Day at the JBSA-Randolph Bowling Center with a special rate of \$2.50 per game, per person (excluding Cosmic Bowling) Nov. 9-11. Shoe rental is \$2.35. For more information, call 652-6271.

Enjoy a special turkey lunch at Susie's Kitchen

A turkey dinner with all the trimmings is served for lunch Nov. 13 at JBSA-Lackland Skylark Bowling Center's Susie's Kitchen. Enjoy turkey, dressing, sweet potatoes, mashed potatoes, cranberry sauce, green bean casserole, gravy and pumpkin pie for \$8.95. For more information or to place your order, call 671-1224.

Skylark Bowling Center invites patrons to holiday party

The JBSA Lackland Skylark Bowling Center hosts their Holiday House Party Nov. 16, 10 a.m. to midnight. During the day families are treated to a balloon sculptor and face painter, and later in the afternoon, a caricature artist. A live band performs at 8 p.m. and continues until 11 p.m. Take advantage of all-day and night bowling specials: \$2 games, \$2 shoe rentals, \$1 hotdogs and many other specials. For more information, call 671-1234.

Bowl your way to a free turkey

The JBSA-Lackland Skylark Bowling Center holds a turkey shoot Nov. 18-23 during league and open play bowling. Patrons can bowl to win a turkey for only \$3. For more information, call 671-1234.

Bowling Center hosts Thanksgiving tournament

The JBSA-Randolph Bowling Center hosts a Thanksgiving tournament Nov. 27, 7 p.m. The tournament will be a four-game singles format with handicap and scratch divisions. The cost is \$25 and prizes will be given for first, second and third

place winners. For more information, call 652-6271.

Bowl off the food coma Thanksgiving Day

The Skylark Bowling Center at JBSA-Lackland operates 2-10 p.m. Thanksgiving Day, Nov. 28. Everyone is invited to bowl off their Thanksgiving meal during these hours. For more information, call 671-1234.

The JBSA-Randolph Bowling Center will be open Thanksgiving, Nov. 28, 4-10 p.m.. Cosmic Bowling with music and a light show will be available for a special price of "Penny-A-Pin" per game with \$2.35 shoe rental. For more information, call 652-6271.

Bowling specials offered for holiday weekend

The JBSA-Randolph Bowling Center celebrates the Thanksgiving weekend with two special bowling rate packages for patrons. Special #1: Bowl for \$2.50 (excluding Cosmic Bowling) per game, per person with \$2.35 shoe rental anytime during operating hours Nov. 28, 29 and 30. Special #2: Rent a lane for two hours for only \$40, which includes bowling for two hours, a 16-ounce soda each and a large pizza (does not include rental shoes). For more information, call 652-6271.

Monday night football all-you-can-eat special

Catch the Monday night football game in Primo's Lounge located in JBSA-Lackland's Skylark Bowling Center and enjoy a pizza and wing buffet. The cost is \$7 per person and runs from kickoff until halftime. For more information, call 671-1234.

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals Tuesday, Wednesday, Thursday and Friday. Knock down a red pin from 11 a.m. to 1 p.m. Wednesday and Friday to get a free game. For more information, call 221-4740.

Gifts for everyone at the bowling center

The JBSA-Randolph Bowling Center has gifts for everyone this holiday season. The Pro Shop offers 10 to 25 percent off selected bowling balls, bags and shoes Nov. 29 through Dec. 23. Stop in, check out the new equipment and pick up something for that hard-to-please person in your life. Still not sure, purchase a Force Support Squadron gift card. For more information, call 652-6271.

Clubs

Holiday meals available for take-out

The JBSA-Randolph Parr Club invites patrons to relax this Thanksgiving and let the club staff do the cooking. Orders for traditional turkey holiday meals are accepted starting Nov. 4. All orders must be picked up by Nov. 27 no later than 5 p.m. The cost is \$65 for members or \$70 for nonmembers and you get a meal to feed 6-7 people. Turkey without the side dishes is also available for

\$39.95 for members or \$44.95 for nonmembers.

Additionally, the club is offering "Hams to Go." The meal includes a quarter pit ham with corn bread dressing, mashed potatoes, gravy, green beans, cranberry sauce, bread and pumpkin or pecan pie and feeds 6-7 people. The cost is \$70 for members or \$75 for nonmembers. Ham without the side dishes is available for \$40 for members or \$45 for nonmembers. For more information, call 652-4864/658-7445.

Chef prepares special dinner

The JBSA-Lackland Gateway Club features the Chef's Dinner Special Nov. 8, 5-8 p.m. in the Mesquite Dining Room. Feast on bacon wrapped fillet mignon with béarnaise sauce, fried jumbo shrimp, rosemary red potatoes, broccoli spears and a house salad. Members dine for \$16.95 and nonmembers for \$18.95. For more information, call 645-7034.

Gateway Club honors members with special evening

The JBSA-Lackland Gateway Club hosts Members' Appreciation Night, Nov. 19, in the Fiesta Ballroom, 5-8 p.m. Patrons will dine on a buffet dinner with beef, chicken and seafood entrées. DJ Doggin' Dave Productions provides entertainment with big band sounds to accompany ballroom dancing. The price is \$10.50 for members or \$12.50 for nonmembers. For more information, call 645-7034.

Gateway Club holds Thanksgiving brunch

The JBSA-Lackland Gateway Club hosts Thanksgiving brunch, Nov. 28, 10:30 a.m. to 3 p.m. Dine on entrées such as roasted turkey, rosemary-crusted prime rib, glazed baked Virginia ham, side dishes, salads, breakfast items, desserts and much more. Patrons may purchase tickets at the cashier cage. The price is \$18.95 for adult members and trainees, \$21.95 for adult nonmembers, \$10.95 for child nonmembers ages 6-11, \$9.95 for child members ages 6-11, and free for children ages 5 and younger. For more information, call 645-7034.

Kendrick club offers participants a chance to win

The JBSA-Randolph Kendrick Club offers patrons a chance to win NFL tickets throughout the season. Every Sunday, Monday and Thursday, watch the games at the Kendrick Club, fill out entry forms, enjoy food specials, prize drawings, giveaways and discounted Budweiser products and be entered to win tickets to the games. Football viewing is open to all DOD ID cardholders but you must be a club member to participate in the contest and to win a Football Frenzy trip. The next giveaway is Nov. 15 with a trip to the Panthers vs Saints in New Orleans (Dec. 8). The winners receive two tickets to the game, two airline tickets, hotel accommodations and rental car. For more information, call 652-3056.

JBSA FSS

THANKSGIVING
FEAST
NOVEMBER 28 AT THE PARR CLUB



\$24.95 FOR MEMBERS, \$27.95 FOR NONMEMBERS, MEMBERS' CHILDREN AGES 6-12 ARE \$12.50 AND \$14.50 FOR NONMEMBERS, CHILDREN UNDER 5 FREE.

SEATING TIMES: 10:30 A.M., 11 A.M., 11:30 A.M., NOON, 12:30 P.M., 1:30 P.M., 2 P.M., 2:30 P.M. AND 3 P.M.

FOR MORE INFORMATION, PLEASE CONTACT THE CASHIER'S CAGE AT 652-4864.



 FOR MORE ON THIS AND OTHER FSS EVENTS VISIT US ONLINE @ WWW.RANDOLPHFSS.COM

Lonestar Lounge features new big screen

Football Frenzy is even better with the new dynamic big screen TV in the JBSA-Lackland Gateway Club's Lonestar Lounge. Patrons can now enjoy watching several different games at once during Sunday afternoon football and during Monday night football. For more information, call 645-7034.

Community Programs

Wurstfest tickets on sale

Wurstfest is a unique celebration rich in German culture and full of Texas fun. Enjoy the New Braunfels 10 day "Salute to Sausage," with a variety of live entertainment, delicious food and lots of fun for the entire family. The event runs Nov. 1-10. Stop by JBSA-Randolph ITT in the Community Services Mall or call 652-5142, option one, for ticket information.

Tickets available for Spurs Veterans Day game

Everyone is invited to celebrate Veterans Day with the Spurs by attending the San Antonio Spurs vs. Washington Wizards game Nov. 13, 7:30 p.m., at the AT&T Center. Special discounted tickets are available in the ITT Offices at JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph and ticket processing fees are waived through ITT purchases. Additional discounts will be provided for groups of 10 or more. For more information at JBSA-Fort Sam Houston ITT call 808-1378, for JBSA-Lackland ITT call 671-7111, and for JBSA-Randolph ITT call 652-5142, option one.

Dining facilities serve Thanksgiving meal

JBSA-Fort Sam Houston and JBSA-Camp Bullis dining facilities will be serving special Thanksgiving meals and operating

on holiday hours. Both Rocco and Slagel Dining Facilities located on JBSA-Fort Sam Houston will serve a special Thanksgiving meal Nov. 28, noon to 2 p.m.

The JBSA-Camp Bullis Dining Facility will serve a special meal Nov. 27, 11:30 a.m. to 1 p.m. This unique dining experience will be open to all military personnel, family members, retirees and employees of both JBSA-Camp Bullis and JBSA-Fort Sam Houston. For more information, call 221-3106/5632 or log onto www.fortsammwr.com for menu details and pricing.

Patrons enjoy annual Christmas Tree lighting ceremony

Mark your calendar now for the annual holiday tree lighting at JBSA-Fort Sam Houston Dec. 4. This event includes the lighting of the official tree, a reading of 'Twas the Night Before Christmas', pictures with Santa, a chance to play in real snow pits, hayrides, free cookies and hot chocolate/cider. For more information, call 221-1718.

Fitness and Sports

Patrons get a head start on holiday calories

The JBSA-Randolph Rambler Fitness Center offers patrons a chance to get a head start on burning holiday calories Nov. 2, 7:30 a.m., at Eberle Park. There will be a 5K run/walk and a 10K bike ride. Additionally, there will be a 1.5 run/walk and a 5K bike ride for young athletes and their parents who would like to participate together. For more information, call 652-7263.

Students sign up for volleyball tournament

A volleyball tournament, open to all students, takes place Nov. 16 on the Medical Education Training Campus. Registration forms are due to the Fitness Center on the METC no later than Nov. 6 for a six-person team. Rally point scoring to 15, win by two rules apply and best two out of three per match to advance. Doors will open at 7:30 a.m. for warm up and tournament begins at 8 a.m. Prizes will be awarded to the top three teams. For more information, call 808-5709.

Triathlon tests team endurance

The JBSA-Lackland Gillum Fitness Center holds a team triathlon event Nov. 15, 8 a.m. Teams of six are challenged to participate in three events: a two-mile ride on a spin bike; an obstacle course consisting of push-ups, sit-ups, tire flips, box jumps and a mystery event; a 1.5 mile run on the hill. For more information, call 977-2353.

Patrons run/walk for a healthier holiday season

Patrons are invited to trot their way to a healthy holiday season and support "The Great American Smoke Out" with the JBSA-Randolph Rambler Fitness Center and HAWC staff by running/walking a 5K Nov. 21, 11 a.m. The 5K run/walk takes place at the fitness center jogging trails. Five turkeys and five hams will be given away and all participants will be entered in the drawing. For more information, call 652-7263.

Patrons experience virtual fitness classes

The JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus offers Fitness on Request, an innovative fitness system providing virtual, state-of-the-art classes to patrons

throughout the day. Classes range from 20 to 60 minutes and include step aerobics, yoga fusion, kinetics, dance aerobics, indoor cycling and more. For more information, call 808-5709.

Parents and toddlers enjoy exercise

The JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus offers parents with strollers use of the indoor track, Monday-Friday, 9-11 a.m. For more information, call 808-5709.

Patrons Zumba® during lunch

Squeeze in a workout during your lunch break. The Jimmy Brought Fitness Center on JBSA-Fort Sam Houston is offering a lunch time Zumba® class Tuesdays, 11:30 a.m. to 12:30 p.m., for \$3. For more information, call 221-1234.

Stay fit with free classes at Gateway Fitness Center

The JBSA-Lackland Gateway Fitness Center hosts free classes Monday-Friday for all fitness levels. Intense circuit training gives participants a fast-paced calorie burn while strengthening muscles using weights, kettle bells and cardio Monday, Wednesday, and Friday, 11:30 a.m. to noon. TRX Training leverages gravity and the participant's body weight to do exercises that develop strength, balance, flexibility and core stability simultaneously every Tuesday and Thursday, 10-10:30 a.m. For more information, call 671-1348.

Golf

Golfers invited to scramble

Golfers are invited to play in the Warrior Four-Person Scramble Nov. 1, with a 12:30 p.m. shotgun start time, at the JBSA-Fort Sam Houston Golf Course. The cost is \$25 for members and \$35 for

I've Gotta
Wait 'Til
I'm 18,
...but
You Can
Join Now!

Now - December 31

During this period everyone interested in JBSA club membership should look for the membership promotional materials in all clubs and other Force Support activities.

Club membership offers members numerous free and inexpensive activities along with special discounts.



Experience the benefits of being a club member!

Sign up now and get free dues for the first 3 months.
Plus an instant win scratch card worth \$5 to \$100.

Pick up an application at the Clubs or at www.AFclubs.net

AF Club Membership benefits also include meal discounts. Access to all AF Clubs worldwide. \$25,000 Annual Scholarship Program. Club dues waived when deployed. Unlimited Cash Back Rewards. Accounts subject to credit approval. Restrictions and limitations apply. Air Force Membership credit results are issued by Chase Bank USA, N.A. Offer subject to change. See www.afclubs.net for pricing and rewards details. No federal endorsement of sponsor intended.



Holiday Meals-To-Go
November 1-December 21 • Gateway Club

- To order, call the Gateway Club Catering Department at 645-7034
- Choose turkey or ham alone or with a meal
- Member & nonmember pricing
- Orders must be placed at least two days in advance
- Last day to order: December 18, 2013
- Last day for pick up: December 21, 2013
- Sorry, no coupons accepted

Leave the work to us. You have family and guests to entertain.

CLUBS FORCE

nonmembers. The scramble includes 18 holes of golf, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Golfers compete in Dobbins tournament

Golfers are invited to sign up for the JBSA-Randolph Oaks Dobbins tournament Nov. 7. The tee times are 12:30 p.m. shotgun. The entry fee is \$10 per person plus green fees and cart. For more information, call 652-4653.

Golfers compete in Veterans Day tournament

Golfers are invited to sign up for the JBSA-Randolph Oaks Veterans Day tournament Nov. 11. The tee times are 7-9 a.m. and the entry fee is \$10 per person plus green fees and cart. For more information, call 652-4653.

Golfers improve swing

The JBSA-Randolph Oaks Golf Course offers golfers the opportunity to improve their game and lower their scores. Golfers can make appointments with Brian Cannon or Charles Bishop for golf lessons. For more information, call 652-4653.

Tee Time Deck in full swing

The JBSA-Randolph Oaks Golf Course offers special event packages for retirements, promotion, weddings and sports outings. For more information, call 652-4852.

Information, Tickets and Travel

Take advantage of great Las Vegas vacation prices

The JBSA-Lackland Information, Tickets and Travel Office offers great deals for three-night, four-day Las Vegas vacations: Nov. 20-23, prices start at \$310 per person; Dec. 2-5, prices start at \$317 per person; Dec. 11-14, prices start at \$301 per person and Dec. 15-18, prices start at \$278 per person. All packages are based on double occupancy and include round trip airfare with transfers and Las Vegas Strip accommodations. Prices are subject to availability. For more information, call 671-7111.

Bask in a European Dream Tour during spring vacation

JBSA-Lackland Information, Tickets and Travel offers an 11-day Spring Break European Dream group tour March 9-19. Travel to the cities of Rome, Venice, Varese, Lucerne, Paris and London with rates starting at \$3,500 per person, including airfare. Make your dream a reality with ITT's payment plan. A \$200 non-refundable, land-only deposit per person and a \$10 service fee is due per booking. If airfare is purchased through Trafalgar Tours, a \$300 non-refundable air deposit is required at time of booking. For more information, call 671-7111.

Secure your Alamo Bowl tickets early

JBSA-Lackland Information, Tickets and Travel has tickets for the Valero Alamo Bowl, Dec. 30, in the Alamodome. Take advantage of the \$27 offer. For more information, call 671-3133.

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office in the Sam Houston Community Center sells discount tickets and often has free tickets to local events. For more information, call 808-1378.

Library

Children's story time entertains and teaches

The JBSA-Randolph Library offers story time at 10 a.m. every Wednesday. It is a great opportunity for children to listen to wonderful stories, to participate in a simple craft and interact with other young children. Story time themes are as follows: Nov. 6, American Indian Heritage Month; Nov. 13, Sesame Street "Cookie Monster" and others; and Nov. 20, Thanksgiving. For more information, call 652-5578/2617.

Stories, crafts and songs are all part of the weekly story time at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library, every Thursday at 10 a.m. This month's story time dates are Nov. 7, 14 and 21. For more information, call 221-4702.

Patrons have fun gaming

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library hosts its monthly gaming day Nov. 8, 5 p.m. Gamers can choose from Xbox, Wii, PS3 and classic board games. For more information, call 221-4702.

Military and Family Readiness

Bundles for babies available

The JBSA-Randolph Military and Family Readiness Center hosts "Bundles for Babies" Nov. 1, 8:30-11:30 a.m. This program

is an Air Force Aid Society program for active-duty members of any rank, DOD employees, NAF employees and their spouses who are expecting a baby. Active-duty Air Force attendees receive a "bundle" of baby supplies at the conclusion of the workshop. For more information, call 652-5321.

Learn to start a business

The JBSA-Lackland Military and Family Readiness Center hosts a class on how to start a small business Nov. 1, 1-4 p.m. Topics include writing an effective business plan, selecting a good location and conducting market research. For more information, call 671-3722.

Patrons take part in Care Team training

This training focuses on the responsibilities and roles of a Care Team. Guidance will be provided on how to handle issues volunteers face in helping families deal with emergencies and is recommended for casualty assistance officers, casualty notification officers, units with a Care Team and Care Team volunteers. The next training is Nov. 7, 9-11 a.m., at the JBSA-Fort Sam Houston Military and Family Readiness Center. For more information, call 221-0946.

Exceptional Family Member Program offers special needs class

A Special Needs Parent Tool Kit class takes place Nov. 12 and 19, 8:30-11:30 a.m., at the JBSA-Fort Sam Houston Military and Family Readiness Center. For more information, call 221-2962.

November 21 - December 21

The Harlequin Dinner Theatre Presents:

"Step into Christmas"

The show features high-energy Christmas songs and dance revues celebrating the music of the 30's, 40's and 50's along with Rockabilly hits from the Cherry Poppin' Daddies and Brian Setzer. For reservations, call 222-9694.

FORCE MWR

Couples learn to manage money

The holidays are approaching so it is important to learn how to be healthy with money. The JBSA-Randolph Military and Family Readiness Center offers a Matrimoney class Nov. 13, 3-4 p.m. This class helps participants explore emotional connections to money matters, discuss setting goals with your partner and how to communicate effectively. To sign up, call 652-5321.

Family Readiness Group offers Key Caller class

This training defines the responsibilities of the Family Readiness Group Key Caller and provides information on performing this role and how to develop a Key Caller binder. This training takes place at the JBSA-Fort Sam Houston Military and Family Readiness Center Nov. 5, 9 a.m. to 3 p.m. For more information, call 221-0946.

Teaching as a second career

The JBSA-Lackland Military and Family Readiness Center invites military members, who are separating and interested in pursuing teaching as a second career, to a workshop Nov. 15, 1-3 p.m. A representative will discuss eligibility and how alternative certification schools function. For more information, call 671-3722.

Debt management skills offered

The JBSA-Randolph Military and Family Readiness Center hosts a debt management class Nov. 19, 9-10:30 a.m. This class teaches simple yet powerful steps that help participants take control of their finances. For more information, call 652-5321.

Small business class offered to patrons

The Small Business Association offers an intensive two-day workshop Nov. 19-20, 8 a.m. to 4 p.m., at the JBSA-Randolph Military and Family Readiness Center. After completion of the workshop, attendees will have the opportunity to participate in an eight-week on-line training program offered by Syracuse University and its affiliated university instructors/partners. The online course allows participants to explore the fundamentals of small business ownership. For more information, call 652-3056.

Child safety seats inspected

The JBSA-Fort Sam Houston Fire Department inspects children's safety seats Nov. 21, 1:30-3:30 p.m., for recalls, functionality and proper installation. Registration is required. Children must be present for proper weight and height measurements. For more information, call 221-0349/2418.

HIRED! apprenticeship program available for teens

Teens, ages 15-18, can apply for the 2014 winter term apprenticeship program which takes place Jan. 13-April 5. If selected for this apprenticeship program the teen will be working with the 502nd Force Support Squadron facilities and activities on JBSA-Fort Sam Houston. Registration forms are available at Parent Central and the Middle School Teen Center. The apprenticeship application deadline is Dec. 9. For more information, call 221-3386.

Outdoor Recreation

Archery hunting season is open at JBSA-Camp Bullis

Big game archery (white-tail deer) and turkey hunting is open at JBSA-Camp Bullis until Jan. 5. All DOD ID card holders are welcome to participate. For more information, call 295-7577.

Wide variety of equipment for rent

The JBSA-Fort Sam Houston Outdoor Recreation Center has equipment rentals for everyone's needs. Camping, trailer and towing, water fun, sports and biking, barbecue and party, and equipment for around the house and garden; ORC has it all. For more information, call 221-5224/5225.

Archery Range open for shooting

The Camp Bullis Archery Range is open Thursday-Monday, 8 a.m. to 4 p.m. They have targets which range from 10-60 yards and the cost is \$3 for a daily pass or \$20 for an annual pass. For more information, call 295-7577.

Swim during new fall hours

Patrons can enjoy indoor lap swimming at the JBSA-Lackland Skylark Indoor Pool Monday, noon to 1 p.m. and 4-6 p.m.; Tuesday-Thursday, 11 a.m. to 1 p.m. and 4-6 p.m. The daily use fee is \$2 per person. Fifteen session passes are \$15 each. Active-duty military swim for free. Hours are subject to change. For more information, call 671-3780.

Rent a bunkhouse or bungalow for half price

Rent a bunkhouse for \$12.50 or a bungalow for \$17.50 Monday-Thursday at JBSA Recreation Park at Canyon Lake during November. Enjoy the cool crisp air at the lake during the day and at night bask in the warmth of the cozy one-room bunkhouse or bungalow. For more information, call 800-280-3466.

Canyon Lake offers half price ski boat rentals

Rent a ski boat for \$20 per hour, \$47.50 for half a day or \$90 all day at JBSA Recreation Park at Canyon Lake during November. The price includes skis and vests but not fuel. This is the time to take advantage of a less crowded lake and also save money. For more information, call 830-994-3576.

Youth Programs

Preteens masquerade in costumes at ball

JBSA-Lackland Youth Programs hosts a preteen masquerade ball Nov. 1, 8-10 p.m. Preteens are encouraged to wear costumes at this party and enjoy music, fun and prizes. Cost is \$3 per member or \$4 for nonmembers. For more information, call 671-2388.

Youth learn to stand up to bullies

JBSA-Lackland Youth Programs offers a parent/youth bully workshop Nov. 7, 6 p.m. This seminar includes the screening of the movie "Bully," followed by an open forum group discussion with a special guest. This workshop is free and includes a light dinner. Registration is required by Nov. 1. For more information, call 671-2388.

Teens locked in overnight for an evening of fun

The JBSA-Randolph Youth Programs hosts a lock-in Nov. 8, 9 p.m. to 7 a.m. The cost is \$15 per person. There will be lots of activities such as movies and video games, a scavenger hunt, duct tape crafts and more. A midnight snack and breakfast are included in the cost. Sign up no later than Nov. 6. For more information, call 652-3298/2088.

Parents register youth for holiday camps

JBSA-Randolph Youth Programs offers two holidays camps. The first holiday camp runs Nov. 25-27, with registration running through Nov. 8. The second holiday camp runs Dec. 23-Jan. 3, and registration begins Nov. 18. Both camps are open to youth K-6th grade (ages 5-12 years). Placement is based on eligibility priority. Fees are based on total family income and all required paperwork must be on file (pay stubs and shot records are required).

JBSA-Lackland Youth Programs offers holiday care to children ages 5, in kindergarten, to 12 years old. For care Nov. 25-29 registration is due by Nov. 12. For holiday during Dec. 23-27, registration is due by Dec. 9 and for care Dec. 30-Jan. 3, registration is due by Dec. 16. Registration after the due dates is subject to a \$15 late fee. The cost varies according to household income. For more information, call 671-2388.

Military families appreciated with a free week of membership

In celebration of Month of the Military Family, the JBSA-Randolph School Age Program offers a membership free week Nov. 11-16. There is no membership needed to participate in clubs, activities or open recreation (does not include instructional classes, league sports and school age programs) during these weeks. Stop by for a monthly calendar of youth programs or check out www.randolphfss.com to see what's offered this week. For those that would like to join, membership is only \$36 per year. For more information, call 652-3298/2088.

Military families honored with a spaghetti dinner

Join the JBSA-Randolph Youth Programs for a free appreciation dinner Nov. 14, 5-6 p.m., at the Youth Center, building 585. Sign up no later than Nov. 11. For more information, call 652-3298.

Youth Programs offers family camping opportunity

Fall camping is available through the JBSA-Lackland Youth Programs family campout Nov. 16-17. Youth Programs invites families to register by Nov. 8 with a \$30 payment per space. The fee includes park entrance, campsite and supplies. For more information, call 671-2388.



Assistant Secretary, Manpower and Reserve Affairs visits 'Alamo Wing' C-5 maintenance, training missions



Master Sgt. Fidencio "Pete" Ramon, 433rd Metals Technology chief, explains to the Honorable Daniel Ginsberg, assistant secretary of the Air Force for Manpower and Reserve Affairs, center, how the shop creates a safety net for a C-5 Galaxy crew hatch door, during the secretary's visit to the 433rd Airlift Wing Sept. 25. The secretary's whirlwind visit, included tours of 433rd Airlift Wing Fabrication, and was hosted by 433rd Airlift Wing commander Col. Jeffrey Pennington, second from right, and Col. Charles Combs, 433rd Maintenance Group commander, second from left. The Secretary was accompanied by Col. Tony Haight, senior military advisor, and Germaine Hill, protocol officer for Air Force Personnel Center, located at Joint Base San Antonio-Randolph.

Story and photo by Elsa Martinez
433rd Airlift Wing Public Affairs

The Honorable Daniel Ginsberg, assistant secretary of the Air Force for Manpower and Reserve Affairs, visited the 433rd Airlift Wing along with other units Sept. 25.

Col. Jeffrey Pennington, 433rd Airlift Wing commander, led the tour of the maintenance and C-5 Formal Training Unit facilities. The first stop on the tour was the 433rd Maintenance Squadron Fabrication Flight. Airmen briefed about the role of their unit in keeping the C-5A performing combat airlift.

At the FTU, the secretary met stu-

dents in different phases of training, as well as observed two young C-5A pilots training in a simulator with a civilian instructor.

The visit left a lasting impression with the secretary.

"The rich history of the Alamo Wing speaks volumes, and I was delighted to meet the men and women of this outstanding unit and convey my sincere appreciation for the tremendous work they not only do for our Air Force, but our nation," he remarked.

Accompanying the secretary was Chief Master Sgt. Jack Johnson, secretary of the Air Force senior enlisted advisor. He echoed the secretary's

positive reflections about his time spent at the "Alamo Wing."

"It was Secretary Ginsberg's intent to visit the Air Force Personnel Center and Total Force Airmen, which include our civilians, serving throughout San Antonio," he said. "Integral to the secretary's focus was to thank the men and women of the 433d Airlift Wing for the remarkable work they perform every day. Equally important to the Secretary was to listen and gain a first-hand perspective on all things centering on manpower and reserve affairs."

433rd AW Airmen were excited for the opportunity to showcase their talents in providing combat ready forces

for the nation.

"This visit allowed us an opportunity to not only show off the amazing things we do on a daily basis, but also a chance to get some of the concerns addressed," said Capt. Kimberly Bryant, 433rd MXS operations officer.

433rd AW senior leadership was honored to host the secretary and the opportunity for Airmen's concerns to be heard.

"It was an honor to host Mr. Ginsberg as he interacted with the fine men and women of the 433rd," said Pennington. "His genuine concern and interest helped our Airmen know that our leadership values them and their sacrifices."

TUITION ASSISTANCE GUIDANCE

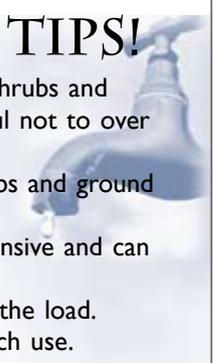
Military Tuition Assistance applications for courses starting on or after Oct. 17 may now be submitted in the Air Force Virtual Education Center.

All previously approved Military Tuition Assistance requests have been reinstated for courses which began on or after Oct. 17.

Department of Defense and Air Force policy for courses that began Oct. 1-16 has not been finalized.

For additional information, contact the Joint Base San Antonio-Lackland Education Center at 671-8711/8712.

WATER CONSERVATION TIPS!

- 
- » Choose a water-efficient drip irrigation system for trees, shrubs and flowers. Watering at the roots is very effective, but be careful not to over water.
 - » Reduce the amount of grass in your yard by planting shrubs and ground cover with rock and granite mulching.
 - » Grab a wrench and fix that leaky faucet. It's simple, inexpensive and can save 140 gallons a week.
 - » When doing laundry, match the water level to the size of the load.
 - » Teach your children to turn the faucets off tightly after each use.

Vehicle operations improve customer service, increase fleet since consolidation

By Alex Salinas
JBSA-Randolph Public Affairs

Since vehicle operations at all three Joint Base San Antonio locations consolidated day-to-day business in April, JBSA-Randolph has become the JBSA Distinguished Visitor Transportation Support Center. Having single points of contact makes reserving vehicles for guests easier.

The merger reinforces the joint basing concept and centralizes command and control, while cross-utilizing resources to improve organization throughout JBSA. The efforts clarify points of contact for customers who require vehicles, Chris Woods, 902nd Logistics Readiness Squadron vehicle dispatcher, said.

Woods and Staff Sgt. James McKinney from the 802nd LRS serve as dispatchers of vehicle operations for the three installations. Woods ensures senior military leaders, foreign dignitaries and other guests visiting JBSA-Randolph and JBSA-Fort

Sam Houston are supplied with vehicles, while McKinney handles those visiting JBSA-Lackland.

"We service more than 200 mission partners across JBSA, providing them a single phone number and email address," Woods said. "Since consolidation, our customer satisfaction has increased immeasurably and we've added more personnel and vehicles to our fleet."

Before this administrative action, when requesting a vehicle, each location received a "request for transportation services" form and the dispatcher would assign a vehicle operator to the job. Now, that's all done at JBSA-Randolph.

"Between Mr. Woods and I, all requests for the JBSA locations go through us," McKinney said. "By having all requests going to one area, we eliminate confusion and are more organized. As far as I've seen, this way of operating causes fewer headaches for both customers and operators."

Since standing up a central-

ized office, JBSA vehicle operations has serviced more than 150 events and provided transportation for more than 250 distinguished visitors, Woods said.

"Our support included two visits from the Under Secretary of the Air Force, three visits from the Chief of Staff of the Air Force, the Chief Master Sergeant of the Air Force and international military dignitaries visiting the San Antonio area," he said.

On improved customer service, McKinney recognized the operators across JBSA.

"Thank you to those people throughout JBSA who make the job run smoothly and work to maintain professionalism 24/7," McKinney said.

To secure a vehicle, the new process requires customers to send requests to the distinguished visitors workflow email, JBSADVTRANSSUPPORT@us.af.mil.

For more information, call the JBSA Distinguished Visitor Transportation Support Center at 652-6609.

November is Diabetes Awareness Month

Special events at Wilford Hall Ambulatory Surgical Center

Nov. 5

11:30 a.m. to 1:30 p.m.

A mini health fair by WHASC Patient Centered Medical Home in the WHASC clinic entrance lobby.

Noon to 1 p.m.

An interactive learning experience, "Trust Me, I'm a Health Professional," by the Diabetes Center of Excellence in the WHASC auditorium.

1-1:30 p.m.

A question and answer session on diabetes and Veterans Administration benefits by the Texas Veterans Commission in the WHASC auditorium.

Nov. 12

11:30 a.m. to 1:30 p.m.

A mini health fair by WHASC Patient Centered Medical Home in the WHASC clinic entrance lobby.

Noon to 1 p.m.

An interactive nutrition learning experience, "Are You Smarter than a Turkey," by the WHASC Outpatient Nutrition Clinic in the WHASC auditorium.

Nov. 19

11:30 a.m. to 1:30 p.m.

A mini health fair by WHASC Patient Centered Medical Home in the WHASC clinic entrance lobby.

Noon to 1 p.m.

An interactive presentation by the Health and Wellness Center, "Get Moving," in the WHASC auditorium.

JBSA Sexual Assault Prevention and Response

JBSA SEXUAL
ASSAULT HOTLINE
808-SARC(7272)



DOD SAFE
HELPLINE
877-995-5247



JBSA CRISIS
HOTLINE
367-1213



JBSA DUTY
CHAPLAIN
365-6420

LOCAL BRIEFS

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

SATURDAY

FREE HEALTH, DENTAL FAIR

Kaplan College is sponsoring a free health and dental fair from 11 a.m. to 2 p.m. Saturday for active-duty service members, veterans, Reservists and military families at Veterans of Foreign Wars Post 76, 10 10th Street.

The luncheon is family-oriented and includes wellness screenings and dental presentations.

For more information, contact Katherine Rocha at 332-7464.

TUESDAY

WHITE HOUSE RECRUITING TEAM VISIT

The White House Communications Agency recruiting team will conduct a recruitment briefing at 9 a.m. Tuesday in Arnold Hall Community Center.

Call 202-757-6063 or visit <http://www.disa.mil/whca> for qualifications.

NOV. 1

MILITARY FAMILY NIGHT

The Wilford Hall Auxiliary will host Military Family Night Nov. 1 at Bigz Burger Joint, 10106 State Highway

151. The event begins at 6 p.m.

Call 314-801-7777 or email servicewha@gmail.com to make reservations. The deadline is Monday.

NOV. 5

AFA COMBAT BREAKFAST

Air Education and Training Command Vice Commander Lt. Gen. James M. Holmes will be the guest speaker at the "Combat Breakfast" 7 a.m., Nov. 5 at Kendrick Enlisted Club on JBSA-Randolph as part of Celebrate America's Military in San Antonio.

The Alamo Chapter Air Force Association and the Air Force Recruiting Service with the San Antonio Chamber of Commerce are the event sponsors. Tickets are \$12 per person and the reservation deadline is Nov. 1.

For more information, contact Master Sgt. Carmellea Abercrombie-Stokes at 565-0392.

NOV. 9

VETERANS DAY WEEKEND PERFORMANCE

The Air Force Band of the West's Horizon Sax Quartet will perform a free concert from 11 a.m. to 1 p.m. Nov. 9 at Rolling Oaks Mall, Loop 1604 and Nacogdoches Road,

in conjunction with Veterans Day weekend.

For additional information, visit <http://www.bandofthewest.af.mil>.

NOV. 16

ANNUAL CHIEFS' GATHERING

The 29th annual Chiefs' Gathering will be from 6-10 p.m. Nov. 16 at Texas Pride Barbecue, 2980 E. Loop 1604.

The event is open to all chief master sergeants, chief selects, active duty, retired, all E-9s of sister services and spouses. The cost is \$15 per person.

The reservation deadline is Nov. 8. Pre-payment and reservations can be mailed to Randolph Chiefs' Group, P.O. Box 371, Randolph AFB, TX 78148-0371.

For additional information, contact Chief Master Sgt. Perry McLaurin at 410-4296 or retired Chief Master Sgt. Autumn Willhoite at 565-2423.

NOV. 19

CUSTOMER SUPPLY TRAINING

The 802nd Logistics Readiness Squadron's Equipment Accountability Element conducts three classes on the third Tuesday each month in

the second floor conference room of building 5160.

The classes and start times are: Block I General Supply Training, 8 a.m.; Block II Bench Stock Training, 8:45 a.m.; and Block III Equipment Custodian Supplemental/Refresher Training, 9:30 a.m.

For details or registration, contact Ray Holland or Eugene Owens at 925-1140 or 671-3801.

NOV. 27

ENLISTED ASSOCIATION MEETING

Chapter 80 of the Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the Gateway Club. Call 658-2344 for information.

NOV. 29

BAND QUARTET PERFORMANCE

A trombone quartet from the Air Force Band of the West will perform at the city's annual tree lighting ceremony from 3-6 p.m. Nov. 29 at Alamo Plaza in downtown San Antonio.

DEC. 6

AARP DRIVER SAFETY PROGRAM

An AARP safe driver program is from 12:30-5 p.m. Dec. 6 at Air

Force Village 2. The course covers driving strategies, new laws and challenges with local driving.

Participants will receive a certificate, good for three years, by completing the class. Some insurance companies may offer driver discounts for class completion.

The cost is \$12 for AARP members and \$14 for nonmembers.

Contact Allen Wesson at 557-2173 or via email awesson@earthlink.net for additional information.

INFORMATIONAL

AAFES' FEE-FREE LAYAWAY

Army & Air Force Exchange Service's fee-free layaway plan is back.

Through Dec. 24, the Lackland Exchange will waive the \$3 processing fee for all layaway purchases.

In addition to the exchange's year-round layaway program, from Nov. 1 through Dec. 16 shoppers can put computers, laptops, notebooks and tablets on layaway.

The weekend of Nov. 29-30 is excluded from the program. A deposit of 15 percent is required when starting the layaway process. Shoppers can visit customer service for complete program details

CHAPEL SERVICES

—PROTESTANT

• Freedom Chapel – building 1528
Contemporary Service Sun. 9:30 a.m.
Religious Education Sun. 11 a.m.
Gospel Service Sun. 12:30 p.m.
Spanish Service Sun. 3 p.m.
AWANA Wed. 6 p.m.
• Gateway Chapel – building 6300
Liturgical Service Sun. 11 a.m.

—DENOMINATIONAL

• BMT Reception Center – building 7246
Church of Christ Sun. 7:30 a.m.
• Gateway Chapel – building 6300
Seventh-day Adventist Sat. 12:30 p.m.
• Education Classroom – building 5200 Room 108
Christian Science Sun. 7:30 a.m.

—PENTECOSTAL RE

• Gateway Chapel – building 6300
Pentecostal RE Sun. 2:30 p.m.

—ORTHODOX CHRISTIAN

• Gateway Chapel – building 6300
Religious Education Fri. 4 p.m.

—WICCA

• BMT Reception Center – building 7246
Military Open Circle Sun. 12:30 p.m.
• Freedom Chapel – building 1528
Military Open Circle First Tues. 6 p.m.

—REFUGE STUDENT CENTER

• building 9122 (Tech Training & TDY Students)
Wednesday Bible Study 6:30 p.m.
Thursday 6-8 p.m.
Friday 6-11 p.m.
Saturday Noon to 9 p.m.
Sunday 11 a.m. to 5 p.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

• Gateway Chapel – building 6300
Religious Education Tues. 6:30 p.m.
LDS Institute Thurs. 6:30 p.m.
LDS Service Sun. 1 p.m.

—JEWISH

• Gateway Chapel – building 6300
Sabbath & Kiddush Friday 4:30 p.m.
Religious Education Sun. 1:30 p.m.

—ROMAN CATHOLIC

• Freedom Chapel – building 1528
Religious Education Sun. 9 a.m.
Reconciliation Sun. 10 a.m.
Mass Sun. 11 a.m.
Sun. 5 p.m.
Reconciliation Sun. 4:15 p.m.
Daily Mass Mon, Tue & Thurs 11:30 a.m.
Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

• Global Ministry Center – building 7452
Jumma Prayer Fri. 12:45 – 1:15 p.m.
Religious Education Sun. 9 a.m.

OTHER FAITH GROUPS

• BMT Reception Center – building 7246
—Buddhist Sun. 10 a.m.
• Gateway Chapel – building 6300
—Eckankar
First, third & fifth Saturdays 12:30 p.m.
—Baha'i
First, third and fifth Saturdays 11 a.m.

For more details, contact
Freedom Chapel - 671-4208
Gateway Chapel - 671-2911

JBSA-LACKLAND

KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrift Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.af.mil
My Air Force Life	http://www.MyAirForcelife.com

SAVINGS from Page 2

Energy Management Control System, these events have occurred up to 25 times since 2010. Over the past three years, cycling air conditioning components has resulted in approximately \$73,000 in credits on utility bills. This year JBSA is anticipating receiving close to \$50,000 for participating in the CPS program.

Fully implemented at JBSA-Randolph, the future intent is to expand this strategy across other JBSA locations where it is anticipated that the current 600 kilowatts usage will turn into 1-3 megawatts of demand. With that type of load reduction, CPS would not have to run additional generating plants during the dog days of summer or could resell that capacity on the open market for a premium price.

In order to accomplish this, the JBSA energy team is working with CPS to pursue various funding mechanisms that would place thermal energy storage tanks at major chiller plants on each installation to store the cold water needed for air conditioning while allowing the machines

that produce that cold water to be dropped off line during peak demand periods for the utility.

The chiller plants would be turned back on to "charge" the depleted storage tanks with cold water during off peak or evening hours. By shifting the load, CPS also benefits by allowing their generating plants to run more efficiently. Since generated electricity cannot be stored, the utility has to run its generators at full speed during the day and then cut back at night when demand is low.

By shifting loads at JBSA, it helps CPS to level out generating profiles, which keep plants running more efficiently and customer rates stable. While the prime focus of demand-side management is to reduce operating costs, there is an energy-savings component.

Operating the chillers during cooler night hours requires less external load and the physics of air conditioning such as heat transfer are more efficient.

Improving the efficiency of nighttime exterior lighting using new technologies such as Solid State Lighting, or as it is commonly known, Light

Emitting Diodes, is the next generation in lighting technology to be implemented throughout JBSA.

Utilizing LEDs outside offers many benefits. The typical light source used for decades has been high intensity discharge luminaries utilizing high pressure sodium. Voltage across a ballast excites sodium gas within the lamp to produce light, but alters color rendition creating a monochromatic look.

LED luminaries use half of the energy, produce white light and can be dimmed as well as started instantaneously. Along with reduced energy requirements, electrical demand is reduced significantly because a ballast is not required. With the number of roadways, parking lots and exteriors of buildings illuminated across JBSA nightly, the potential savings using LEDs is significant.

Further savings through integration with energy management control systems will add "intelligence" to system operation. Lights can be systematically turned on and off based on sunrise and sunset times, dimmed during early morning hours when traffic is minimal and then returned

to full power as needed for morning activity.

Integrating technologies and working with utility providers to reduce energy consumption and operating costs can be achieved with no perceived impact to mission or personnel.

If you have any questions or comments about energy conservation, call base energy managers at JBSA-Fort Sam Houston, 221-4203, JBSA-Randolph 652-6988 or JBSA-Lackland 671-0252.

Connect With Us!

JBSA-LACKLAND ON THE SOCIAL NETWORKING SCENE



Follow us on Twitter at:
<http://twitter.com/JBSALackland>



Go to our website at:
www.jbsa.af.mil
and look for social media.



Follow us on Facebook at:
Lackland-JBSA



E-mail us at:
Lackland.jbsa@gmail.com

Armed Forces Basketball Championships cancelled

By Jose T. Garza III
JBSA-Lackland Public Affairs

The All-Air Force Men's Basketball Team will not seek its eighth consecutive Armed Forces Basketball Championships this year.

The tournament, which was scheduled to take place Wednesday through Nov. 7 at Naval Station Great Lakes, Ill., was scrapped after the Army and the Marines Corps pulled their teams due to budgetary concerns stemming from the recent government shut-down.

All Armed Forces Sports tournaments require at least three branches to participate in order for the event to take place.

The All-Air Force team continued to hold training camp at Joint Base

San Antonio-Lackland for the second consecutive year.

The plan instead is to form the All-Armed Forces Men's Basketball Team with the best players from the All-Air Force and All-Navy teams to compete in the SHAPE International Basketball Tournament. The tournament takes place Nov. 24 through Dec. 1 in Shape, Belgium with armed forces teams from around the world.

The Air Force and Navy teams are now taking part in a month long training camp at Naval Station Great Lakes to build the best team to represent the U.S. Armed Forces.

To follow all the action as the teams prepare for the SHAPE tournament and for more information about Armed Forces Sports visit, <http://armedforcenessports.defense.gov>.

Renovations completed at JBSA-Lackland fitness centers

By Jose T. Garza III
JBSA-Lackland Public Affairs

Renovations were recently completed at Joint Base San Antonio-Lackland's fitness centers.

The Gillum Fitness Center revamped its lobby area and upgraded its air conditioning unit.

The Chaparral Fitness Center's basketball and racquetball courts were retouched, improving the quality of the court floors.

The Medina Fitness Center implemented TRX training pads under its structure.

The Warhawk Fitness Center recently overhauled its gym with renovations to its basketball court, men's locker room, and family fitness room.

The Gateway expanded the back area of its gym to hold more aero-

bics and circuit training classes.

JBSA-Lackland Assistant Fitness and Sports Director Dwayne Reed said TRX training pads will be added to the Gateway Fitness Center as well. The training pads provide customers a safe landing if they fall.

"The TRX equipment sits on concrete slab, but with the pads, it's going to be rubberized so there will be no health risk," Reed said. "If you fall down, you fall on rubber."

Reed was pleased with the renovations of the fitness centers.

"My goal is to always provide prime facilities as well as friendly customer service for the Airmen of JBSA-Lackland," he said.

For more information about JBSA-Lackland Fitness Centers and its classes and events, visit <http://www.lacklandfss.com/fitness.html>.

UPCOMING

ZOMBIE 5K WALK

The Gillum Fitness Center will host a Zombie 5K Run/Walk Thursday at 7:30 a.m. The run/walk starts at Stapleton Park on Security Hill. Call 977-2353 for more details.

LACKLAND BODYBUILDING CLASSIC

The Figure and Fitness Championships Lackland Bodybuilding Classic takes place Nov. 9 at the Bob Hope Performance Arts Theater. Pre-judging begins at 9 a.m. and the finals begin at 6:30 p.m. Pre-judging tickets are \$5 and finals tickets are \$15. Tickets can be purchased at the JBSA-Lackland Health and Wellness Center Monday through Friday from 9 a.m. to 4 p.m.

TOTAL BODY TONING

The Gillum Fitness Center offers Total Body Toning Monday, Wednesday and Friday at 11:30 a.m. The class incorporates traditional exercises, such as squats, lunges, and push-ups. Call 977-2353 for more details.

INTENSE CIRCUIT CLASS

The Gateway Fitness Center offers Intense Circuit Class Monday, Wednesday and Friday from 11:30 a.m. to noon. Call 671-1348 for more details.

ATTENTION JBSA-LAK FITNESS CUSTOMERS

Due to mandatory DOD budget cuts associated with sequestration, the new fitness center operating hours are listed below (Effective May 25)

WARHAWK		KELLY	
Monday - Friday	4:30 a.m. - 10 p.m.	Monday - Friday	6 a.m. - 6 p.m.
Saturday/Sunday	Closed	Saturday/Sunday	Closed
Holidays/Family Days	Closed	Holidays/Family Days	Closed

GATEWAY		MEDINA	
Monday - Friday	5:30 a.m. - 1:30 p.m.	Monday - Friday	5 a.m. - 9 p.m.
Saturday/Sunday	Closed	Saturday/Sunday	Closed
Holidays/Family Days	Closed	Holidays/Family Days	Closed

CHAPARRAL		GILLUM	
Monday - Friday	4:30 a.m. - 9 p.m.	Monday - Friday	5 a.m. - 9 p.m.
Saturday/Sunday	8 a.m. - 4 p.m.	Saturday/Sunday	Closed
Holidays/Family Days	8 a.m. - 4 p.m.	Holidays/Family Days	Closed





Photo by Benjamin Faske

The Defense Gang presents a check for \$22,643 to the Fisher House Oct. 15 at Joint Base San Antonio-Lackland.

HOUSE from Page 3

JBSA-Lackland, each also has a fully-stocked community kitchen, dining and living areas, laundry facilities, housekeeping services and transportation to and from the medical centers.

Fisher House, founded by Zachary and Elizabeth Fisher who donated the first house, support families wherever

major military medical centers are located nationwide.

Hopkins said the event's highlight was the presentation of Helping Hands Awards for volunteer service to the Fisher House community. Recognized for their service were Senior Master Sgt. Evelyn Bell, Airman 1st Class Derrick Bell and Tony Imondi, a retired colonel.

In addition to the volunteer awards,

several donors were also recognized for monetary contributions made during the summer.

The Defense Gang, a group of more than 200 retired colonels in San Antonio, made a \$22,643 donation and Veterans of Foreign Wars Post 9174 donated \$500. A bronze plaque was also unveiled on behalf of Admiral William H. McRaven for a \$100,000 donation made by the Ed Rachal

Foundation in McRaven's name to honor Special Operations service members.

Among senior leadership and community leaders in attendance were Gen. Robin Rand, Air Education and Training Command commander; Maj. Gen. Byron Hepburn, 59th Medical Wing commander; and Brig. Gen. Bob LaBrutta, 502nd Air Base Wing and JBSA commander.

HEALTH from Page 3

Antonio Military Medical Center's Department of Pain Management and is now the Interdisciplinary Pain Management Center.

Consolidation will save costs related to running two separate clinics Campbell said. In addition to improving patient care, it will greatly improve the academic experience of the San Antonio Uniformed Services Health Education Consortium resident and fellow physicians she explained.

Patient transfer service is starting to be implemented Campbell said. Twenty-one patients were transferred in September and each one of those transfers saved thousands of dollars in network care costs the commander explained.

Campbell pointed out labor and de-

livery as a success story on the inpatient side, explaining that relocation and consolidation of all labor and delivery, postpartum and neonatal intensive care unit inpatient services at SAMMC has resulted in a busy and efficient ward (where occupancy rate fluctuates between 65 percent to more than 80 percent), with the highest patient satisfaction scores of any inpatient labor and delivery service in the Department of Defense.

Wilford Hall Ambulatory Surgical Center saved more than \$1.7 million in just five months by converting from name brand to generic prescriptions and roughly \$300,000 will be saved annually by expanding the prescription formulary, the commander said, adding that many expensive prescriptions typically filled in the community are being filled through military treatment facilities and pharmacies

at a 40 percent cost savings.

The new intensive outpatient mental health care program at WHASC will save nearly \$500,000 worth of high-level mental health care that would have been outsourced Campbell said.

The commander highlighted centralized scheduling for all military treatment facilities as more efficient; saving time, costs and manpower while providing better access to care for patients.

Central scheduling for radiology averted referral of more than 600 MRI examinations to the downtown network by filling all available appointments across the health system and decreasing backlogs which equated to roughly \$1 million in savings in the first month alone, Campbell said.

"Over the past two years we have

shown how an integrated team can provide world-class care while continually achieving major cost savings," said Maj. Gen. Byron Hepburn, 59th Medical Wing commander and deputy director of the SAMHS. "Enhanced authority in the SAMHS will allow us to take the quality of care delivered in San Antonio to even higher levels of excellence."

The San Antonio market is unique to the Military Health System as its private sector costs are less than the direct care costs. What this means is that compared to other areas, more TRICARE beneficiaries have chosen to use military treatments facilities, as opposed to getting their care elsewhere.

This is a trend Keenan says must continue, as it demonstrates that military medicine is fully capable of providing cost-effective care.