



TALESPINNER

JOINT BASE SAN ANTONIO-LACKLAND, TEXAS • Vol. 70 No. 39 • October 11, 2013

Up and running



Photo by Airman 1st Class Krystal Ardrey

Senior Airman Matthew Fredericks, 3rd Combat Camera Squadron photojournalist, participates in the 1.5-mile run portion of his physical training assessment, Oct. 3 at the Warhawk Fitness Center, Joint Base San Antonio-Lackland. The physical training assessment consists of an abdominal circumference measurement, one minute of both push-ups and sit-ups and a timed 1.5-mile run.

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Breaking the silence

Domestic Violence Awareness Month 2013 highlights awareness

By Chandra N. Peterson
Family Advocacy Outreach Manager

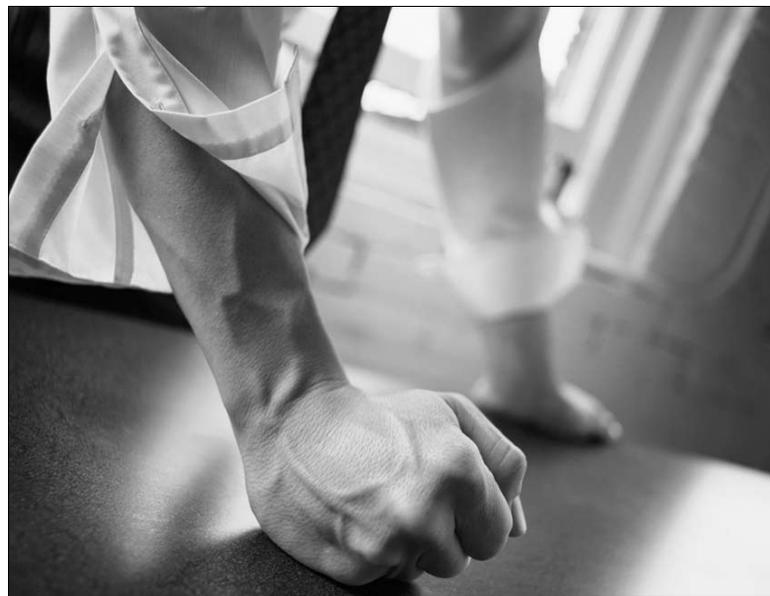
“Break the Silence” is the theme for the 2013 Domestic Violence Awareness Month, which began Oct 2.

The prevention of intimate partner violence extends beyond victims reporting abuse. It must be a multifaceted approach that includes education and awareness – not just for individuals in abusive relationships, but also coworkers, leadership, health-care providers, family and the community at large.

The goal is to break the cycle of abuse and help people learn to have happy and healthy families. Breaking the silence is one of the hardest – but most courageous – steps, because speaking out is the first step to getting help.

The Joint Base San Antonio Family Advocacy Program looks to bring awareness to this issue and give a voice to the men, women and children affected by intimate partner abuse. Each year, the program receives thousands of domestic abuse reports from members of the military community who have broken the silence.

Unfortunately, many incidents are still never reported. Why victims choose not to report vary, but reasons include economic challenges, disagreements on parenting, lack of information about available services, fear, believability, love



for their partner and continued hope the relationship will improve.

FAP first sees individuals and families at a period of crisis in their relationship. However, during that time, we also see the strength, resiliency and hope of these individuals and families as they face those challenges.

Part of breaking the silence on abuse is redefining domestic violence. In many areas, the terms “domestic violence” and “domestic abuse” have been replaced with “intimate partner violence” or “intimate partner abuse” to be more inclusive.

The term “domestic violence” often conjures ideas of physical violence between a husband and wife and appears to

exclude types of maltreatment other than physical abuse, such as neglect, emotional abuse and sexual abuse.

This narrow definition marginalizes many victims and their situations, so they incorrectly assume some services are not applicable or available to them.

Intimate partner abuse can occur between individuals of the opposite or same sex who live together, have lived together or share children in common. With the repeal of “Don’t Ask/Don’t Tell,” the military has updated instructions to support this inclusion.

Another misconception is the idea that intimate partner violence is a “women’s issue.”

Categorizing intimate partner abuse this way allows others to minimize or ignore the problem and not act. It also diminishes the pervasiveness of intimate partner abuse in daily life, as well as the impact on men and children.

Men play important and unique roles in the prevention of abuse, which could go unrecognized and underutilized, if this pervasive attitude of intimate partner abuse as a “women’s issue” persists.

Prevention is not about jumping in to stop a fight, but rather working to change attitudes and create environments that affirm abuse is not okay.

Although women are overwhelmingly the victims of intimate partner abuse, men experience abuse and need support as well. As a result of these myths and stereotypes, many continue to suffer in silence.

Martin Luther King Jr. once said, “In the end, we will remember not the words of our enemies, but the silence of our friends.” Don’t let your silence give consent or permission for abuse to continue.

Get educated and get involved this October – National Domestic Violence Awareness Month – and every month. For questions about any upcoming events or if you need help, contact Family Advocacy at 292-5967 for JBSA-Lackland and JBSA-Fort Sam Houston and 652-2448 for JBSA-Randolph.

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Deadline for story submissions is noon Thursday the week prior to publication.

Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

JBSA-Fort Sam Houston: 466-4630

JBSA-Lackland: 671-6397

JBSA-Randolph: 652-7469

NEWS IN BRIEF

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

FRIDAY

LPAG PLAY PRODUCTION

Tickets are on sale at Arnold Hall Community Center for "You Know the Old Slaying," a production by the Lackland Performing Arts Group.

Show times are 7 p.m. Friday, Saturday, Oct. 18 and Oct. 19. Light hors d'oeuvres are included with admission and reserve seating is available.

For additional information, call 671-2619.

OCT. 26

PRESCRIPTION DRUG 'TAKE BACK' DAY

The Drug Enforcement Agency "Take Back" Day on Joint Base San Antonio-Lackland is 10 a.m. to 2 p.m. Oct. 26.

Old, outdated or unwanted prescription medications can be turned in for disposal at the Satellite Pharmacy parking lot, between the Army & Air Force Exchange Service main base exchange and the commissary.

Additional local area "Take Back" locations can be found at <http://www.dea.gov>.

For additional information, contact Charles Nail, 559th Medical Operations Squadron, at 671-9483 or Lisa Frantz, 802nd Security Forces Squadron, at 671-2262.

INFORMATIONAL

MOBILE INFLUENZA UNIT

The mobile influenza vaccine unit is scheduled for various areas of Joint Base San Antonio-Lackland in October.

The unit will be at each location from 8-11 a.m. and 12:15-2 p.m.: Cryptology, Tuesday; Military Personnel Flight, Oct. 22; Air Force Medical Operations Agency, Oct. 23; Security Hill, Oct. 29; and Airman Leadership School and NCO Academy, Oct. 30.

The influenza vaccine is mandatory for all active-duty members.

CAC/ID CARDS APPOINTMENTS

Department of Defense Common Access Card/ID cardholders in need of new or updated cards are encouraged to make appointments online.

Appointments are scheduled in 20-minute intervals between 8 a.m. and 3 p.m. Monday through Friday.

Visit <https://rapids-appointments.dmdc.osd.mil> or call 671-4178.

Government Shutdown Information for JBSA

By 502nd Air Base Wing Public Affairs

For an updated list Joint Base San Antonio services affected by the shutdown, visit: <http://www.jbsa.af.mil>

Q. Will the military be paid? Will civilians receive back pay?

A. From the Defense Finance and Accounting Service;

Military members: Final guidance on making military pay under the Pay Our Military Act was received from the DOD. Normal pay and allowances have been processed and you will receive them in your mid-month pay. The amount reflected in your mid-month statement will be deposited.

Civilian employees: DFAS has also processed civilian payroll. All employees will receive normal pay through Sept. 30. The amount of pay for Oct. 1-5 will be dependent on whether an employee is exempt, excepted from furlough or furloughed. Pay will be received on your normal pay dates beginning Oct. 11.

For DOD Employees designated as Excepted from Furlough, timecards should be coded based upon type of work performed (Regular, Overtime, etc.) between Oct. 1-5.

(Source: <http://www.dfas.af.mil>)

For more information on time and attendance and civilian pay, go to: <http://www.jbsa.af.mil/news/story.asp?id=123366526>

Q. Are commissaries open?

A. Stateside commissaries that closed due to the government shutdown resumed normal operations effective Monday. JBSA commissary contact information; JBSA-Fort Sam Houston, 221-4678, JBSA-Lackland 671-2838, JBSA-Randolph 652-2894

Q. Are child development centers open? Department of Defense Education Activity schools open?

A. All Joint Base San Antonio schools and child development centers are open and operating normal hours.

Q. Are JBSA Morale, Welfare and Readiness facilities open?

A. Yes; Community centers (JBSA-Fort Sam Houston and JBSA-Lackland); Skylark Swimming Pool (JBSA-Lackland); JBSA-Fort Sam Houston Middle School Teen Center (consolidating programs at Youth Center for Children); JBSA-Camp

Bullis Outdoor Recreation; JBSA-Lackland Outdoor Recreation; JBSA-Lackland Paint Ball; Java Café within JBSA-Fort Sam Houston Community Center; All fitness centers; all arts and crafts to include auto skills; all youth programs are open until 6:30 p.m.;

JBSA-Fort Sam Houston Outdoor Recreation, Information, Tickets and Tours within JBSA-Fort Sam Houston Community Center, open until 2 p.m., ITT within JBSA-Lackland Arnold Hall Community Center; JBSA-Fort Sam Houston Equestrian Center; JBSA-Randolph Community Services Mall; JBSA-Fort Sam Houston Harlequin Dinner Theatre; Canyon Lake, Golf, Bowling and clubs are all open.

Q. What is the difference between an administrative furlough and shutdown furlough?

A. There are two types of furloughs – an administrative furlough is a planned event by an agency designed to absorb reductions necessitated by downsizing, reduced funding, lack of work, or any budget situation other than a lapse in appropriations. Furloughs that would potentially result from sequestration would generally be considered administrative furloughs.

A shutdown furlough (also called an emergency furlough) occurs when there is a lapse in appropriations, and can occur at the beginning of a fiscal year, if no funds have been appropriated for that year, or upon expiration of a continuing resolution, if a new continuing resolution or appropriations law is not passed.

In a shutdown furlough, an affected agency would have to shut down any activities funded by annual appropriations that are not excepted by law. Typically, an agency will have very little to no lead time to plan and implement a shutdown furlough.

More information about furloughs is available at <http://www.opm.gov/policy-data-oversight/pay-leave/furlough-guidance/>.

Q. How does this shut down affect Permanent Change of Station assignments?

A. Currently, only those who have PCS orders in hand, prior to Oct. 1, will be allowed to proceed with their PCS, since their move has been funded by the prior fiscal year's budget. For all others, they should continue with the PCS process, but must wait for funding to be authen-

ticated before they are able to complete their move. PCS orders coded "A" for accession and "S" for separation are authorized to continue.

Q. Will the active duty Guardsmen come back to work, too?

A. Active duty Guardsmen were still working throughout the shutdown.

Government Shutdown Websites / Points of Contact

- Office of Personnel Management: <http://www.opm.gov>
- Department of Defense: http://www.defense.gov/home/features/2013/0913_govtshutdown/
- Defense Finance and Accounting Service <http://www.dfas.mil/pressroom/govtshutdown/crafaq.html>
- Total Force Service Center: (800) 525-0102
- Air Force Aid Society: <http://www.afas.org>

Read the full DOD Guidance for Implementation of Pay Our Military Act memo, <http://www.af.mil/Portals/1/documents/news/POMAimplementationguidance.pdf>

Resources available for financial counseling and/or stress counseling are below:

MILITARY:

Military One Source is available at 1-800-342-9647, or their crisis line is 1-800-273-TALK. They are available online at <http://www.militaryonesource.mil/army> and <http://www.militaryonesource.mil/airforce>.

CIVILIANS:

For stress counseling contact the Employee Assistance Program. EAP (FOH4you) is a free, 24-hour confidential counseling and referral service that can help you and your family deal with life's challenges. They are available via phone at (800) 222-0364, or online at <http://www.foh4you.com>.

Federal Occupational Health's Work/Life program is offered to you and your dependents at no cost and you can use the services as often as you like.

Call or log on today at (877) WL4-NOAA ((877) 954-6622), (TTY) (800) 873-1322, or online <http://www.WorkLife4You.com>.

(Article compiled from AFNS, U.S. Air Force and U.S. Army products)



COMBINED FEDERAL CAMPAIGN POINTS OF CONTACT

The 2013 Combined Federal Campaign runs through Dec. 15.
The following is a list of points of contact for Joint Base San Antonio:

502nd Air Base Wing:
1st Lt. Amanda McGowin, 221-4321
Alternate: Master Sgt. Mason Wilson, 671-6705

502nd Mission Support Group:
Manny Henning, 221-1844
Alternate: Duane Dunkley, 221-2207

802nd MSG:
1st Lt. Brandon Langel, 671-2528
Alternate: Master Sgt. Robert Brinson, 671-5511

902nd MSG:
Matt Borden, 652-3797
Alternate: Master Sgt. Ennis Fowler, 652-6915
Alternate: Master Sgt. Shawn Waghorn, 652-3088

To access the 2013 San Antonio Area Combined Federal Campaign charitable agency brochure online, visit <http://www.cfcsanantonio.org>.

BMT HONORS

Congratulations to the following 68 Airmen for being honor graduates among the 681 Air Force basic military trainees who graduated today:

322nd Training Squadron*-Flight 603*

Xavier Campos-Coletta

Jacob Jaeger

Matthew McDonald

Joseph Sireci V

-Flight 604

Caleb Deatherage

Sean Jackson

Jake Jensen

Jebediah Ramsey

Kelvin Rollerson

-Flight 607

Adam Chambers

Brandon Erikson

George Linen Jr.

Joshua Perdue

Hoomissen Van P

Tyrell Weick

-Flight 608

Emily Houghton

323rd Training Squadron*-Flight 602*

Alexander Burckhardt

Jacob Burrell

Jacob Dagney

Trevor Daher

Brady Deane

Kyle Duroff

Christopher Elszasz

Alex Flynn

William Kirkpatrick

Cody Lee

Daniel Peter

Kyle Riley

Joshua Smith

324th Training Squadron*-Flight 597*

Blake Boren

Cody Bryson

Jeffrey Hamm II

Michael Harrell

Eric Parker

Christopher Phelps

Kevin White

-Flight 598

Avery Haisley

John Harper

Graham Kennis

Steven Pippin

Travis Pounder

Daniel Socarras

David Stocking

Hunter Thomas

Richard White

326th Training Squadron*-Flight 605*

Eric Cardozo

-Flight 606

Jasmin Garcia-Conde

Rebekah Kobow

Madison Page

331st Training Squadron*-Flight 595*

David Cho

Alec Fenlason

Vincenzo Gallegos

Justin Joseph

Craig Smith

-Flight 596

Nicholas Burkhalter

Conor Burris

Nicholas Erickson

Garrett Hays

Colton James

Jeffrey Schmitt

Augustus Shinn

Zachary Welty

-Flight 599

Cesar Bustamante

Luis Luna Jr.

Andrew Shavlik

-Flight 600

Tatiana Crow

Sarah Prine

Amanda Wesson

Top BMT Airman

Christopher Elszasz

323rd TRS, Flight 602

Most Physically Fit*-Male Airmen*

Markus Cassiday

331st TRS, Flight 599

Jared Barnett

322nd TRS, Flight 604

-Female Airmen

Sienna Benton

322nd TRS, Flight 608

Rachel Mohr

322nd TRS, Flight 608

-Male Flights

322nd TRS, Flight 604

331st TRS, Flight 599

323rd TRS, Flight 602

-Female Flights

322nd TRS, Flight 608

326th TRS, Flight 606

331st TRS, Flight 600

Top Academic Flights

324th TRS, Flight 597

323rd TRS, Flight 602

324th TRS, Flight 598

322nd TRS, Flight 607

331st TRS, Flight 595



**Be Responsible!
Seat Belts Save Lives!
Buckle Up And Wear Yours!**

AETC commander retires after 35 years of service

By Tech. Sgt. Beth Anschutz
Air Education and Training Command Public Affairs

The commander of Air Education and Training Command retired Thursday, ending a 35-year career of service and commitment to the U.S. Air Force.

Gen. Edward A. Rice Jr., a command pilot with more than 4,000 flying hours, retired after handing AETC's reins over to Gen. Robin Rand in a change of command ceremony at Joint Base San Antonio-Randolph.

The son of an Airman, Rice grew up in Ohio near Wright-Patterson Air Force Base where his father was stationed and worked in research and development. At the age of nine, Rice was first drawn to flying after seeing literature on the Air Force Academy.

"I was very much captured by the idea of the academy and what it stood for," Rice recalled. "I saw the challenges involved and, at a very early age, decided that I wanted to fly."

The general achieved his goal and then some, becoming the U.S. Air Force Academy's cadet wing commander before earning recognition as a distinguished graduate as well as his officer's commission in 1978. He then continued on to Undergraduate Pilot Training at Williams Air Force Base, Ariz., where the future general was named distinguished graduate in 1980 before heading to his first flying assignment with the 69th Bombardment Squadron at Loring AFB, Maine, as a B-52G co-pilot and subsequently

aircraft commander.

Although the majority of flight duties throughout his career have been with bomber units, Rice has accumulated flying hours in eight different aircraft, to include the KC-135 Stratotanker, E-3 Sentry Airborne Warning and Control System, and the C-130 Hercules. When asked if he has a favorite airframe, Rice said it's like trying to name a favorite child.

"I've been really fortunate to have flown a large number of aircraft and fly for a long period of time," he said. "All the aircraft are very different and there are things you like about each, but you can't pick one over another."

The general's assignments have taken him all over the United States and the world, from Washington, D.C., to Guam to Japan. He feels blessed about the opportunities the Air Force has given him over the last four decades.

"One of the great aspects of the Air Force, and the military in general, is the ability to experience different places and, most importantly, meet different people," Rice said.

The general said the people he's served with throughout his career have been the best part of his job, despite having presented the most challenges.

"People are the most complex part of our business," he said. "You may get frustrated with people when they don't do what you would like them to do, but then you step back and



Capt. Rice



Gen. Rice

realize you are dealing with human beings and that is what leadership is all about."

The general said a key to his success has been focusing on the right people.

"You have to be careful not to focus on the people who are problematic, because it's the people who are strong in an organization on which the success of an organization depends," he said.

His advice to new Airmen joining an ever-changing Air Force is to always remember why they were motivated to join and keep working toward those goals.

"The Air Force might seem different to me now because I've been in it for a while, but it's not to the new Airmen; it's the only Air Force they know," Rice said. "The same things that allowed you and me to be successful will allow them to be successful. How far and how fast you go in the Air Force is up to the individual more than it is anything going on around them."

Rice said being a part of AETC and having a place in the initial contact and continuous improvement of all U.S. Airmen has been very rewarding.

"AETC really is the first command.

When we come into the Air Force, we come through the Air Education and Training Command and then we all come back here many times throughout our careers," Rice said. "I enjoy the continuity of trying to develop Airmen and make them bigger contributors to their units, our Air Force and our Nation."

Rice said the hard work of everyone in the command will reap benefits.

"I've been very pleased with how the command has positioned itself to continue to accomplish the mission the Air Force has asked us to do," he said. "We have difficulties just like everyone does and we are adapting to a world that is changing very quickly, but our Airmen have stepped up to that challenge and set the command up for success in the future."

As for his future after the Air Force, Rice said he doesn't have much planned just yet.

"We have a house here in San Antonio, so we are going to move in and get settled. My wife, Teresa, has plenty for me to do that will keep me busy not for days or weeks, but probably months," he said with a smile.

The first order of business, Rice said, will be reflecting on 35 years of service to the nation and to our Air Force.

Connect With Us!

JBSA-LACKLAND HAS ENTERED THE SOCIAL NETWORKING SCENE



Follow us on Twitter at:
<http://twitter.com/JBSALackland>



Or just go to our website at:
<http://www.jbsa.af.mil>
and look for social media.



Follow us on Facebook at:
Lackland-JBSA



E-mail us at: Lackland.jbsa@gmail.com

AETC welcomes new commander

By Air Education and Training Command
Public Affairs

Gen. Robin Rand took command of Air Education and Training Command from Gen. Edward A. Rice Jr. during a ceremony at Joint Base San Antonio-Randolph Thursday.

Gen. Mark A. Welsh III, Air Force Chief of Staff, presided over the ceremony.

Rand previously served as the 12th Air Force, Air Combat Command, commander. He is a command pilot with more than 5,000 flying hours, including 470 combat hours. Rand has held multiple flying tours, served as an air liaison officer with the U.S. Army and has had staff tours on the Joint Staff, Office of the Secretary of Defense and Air Staff.

As the new AETC commander, Rand is charged with recruiting, training and educating America's Airmen through innovation. With an assigned force of more than 60,000 active-duty Airmen, Reservists and civilians, AETC trains and educates



Gen. Robin Rand

more than 300,000 American and International students each year on bases throughout the country.

FOSTER a PUPPY



The Department of Defense dog breeding program needs families to foster puppies.

Potential foster families need:

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2 x 2

Energy Awareness Month

Keep conservation in mind

By Andres Hinojosa
JBSA-Lackland Energy Manager

October is Energy Awareness Month and Joint Base San Antonio is committed to reducing energy consumption to meet all conservation directives.

The JBSA Energy Program is designed to comply with federally mandated energy goals while maintaining a healthy and productive workplace.

Energy reduction goals are specified by Executive Order 13423 and the Energy Independence and Security Act of 2007 which requires federal installations to reduce its energy use by 3 percent every year for 10 years. The goal is to reduce energy per square foot by a total of 30 percent by fiscal year 2015, based on a fiscal year 2003 baseline.

JBSA is currently at 18 percent of its energy reduction goal for fiscal 2013. Everyone is encouraged to be vigilant and persistent in our efforts to reduce energy consumption in fiscal 2013. Keep conservation in mind at all times, not only to meet base goals, but to become good stewards of our natural resources for generations to come.

JBSA and San Antonio utility providers are planning to promote energy awareness month by setting up energy conservation display tables at

some of the installations throughout the month of October.

City Public Service Energy, San Antonio Water System and Civil Engineering Squadron will be handing out pamphlets on energy and water conservation, including informational tips on how to conserve our natural resources.

Keep in mind the Air Force theme for this year's energy awareness campaign is "Power the Force. Fuel the Fight. I Am Air Force Energy."

Here's a simple checklist with ideas you can do in your office or work area to reduce energy:

Buy Energy Star certified appliances such as refrigerators, microwaves, desk lighting, etc.

Turn off office equipment such as monitors, printers, copy machines and fax machines at night and on weekends.

Report energy wastes, including water leaks, building deficiencies and energy abuses.

Check the age and condition of your major appliances, especially the refrigerator. You may want to replace it with a more energy efficient model.

Survey your incandescent lights for opportunities to replace them with compact fluorescents. These lamps can save three-quarters of the electricity used by regular bulbs. Compact fluorescents come in many sizes and styles to fit in most standard fixtures. Other good targets are the four-foot

Power the Force. Fuel the Fight.



lamps fixtures with metallic ballast. Replace these with 28-watt lamps and electronic ballast.

Remember, do not overcool air-conditioned spaces and report all energy problems in your building to the facility manager or energy monitor.

For more information about energy conservation, call the JBSA Energy Managers. At JBSA-Fort Sam Houston, call 221-4203; at JBSA-Randolph, call 652-6988 and at JBSA-Lackland, call 671-0252.

JBSA Energy Tip # 1



Watch what you buy!

According to the Department of Energy, 'Energy Star' labeled products can cut your energy bills by up to percent.

Look for it and demand it!



Fire Department Open House



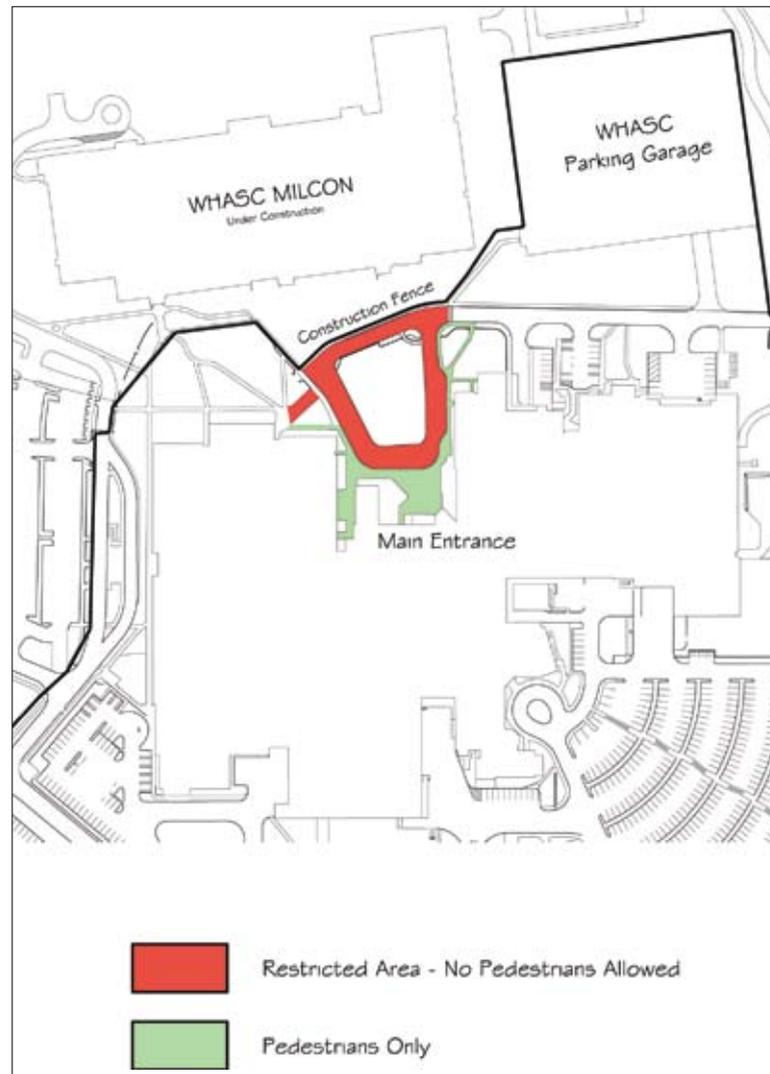
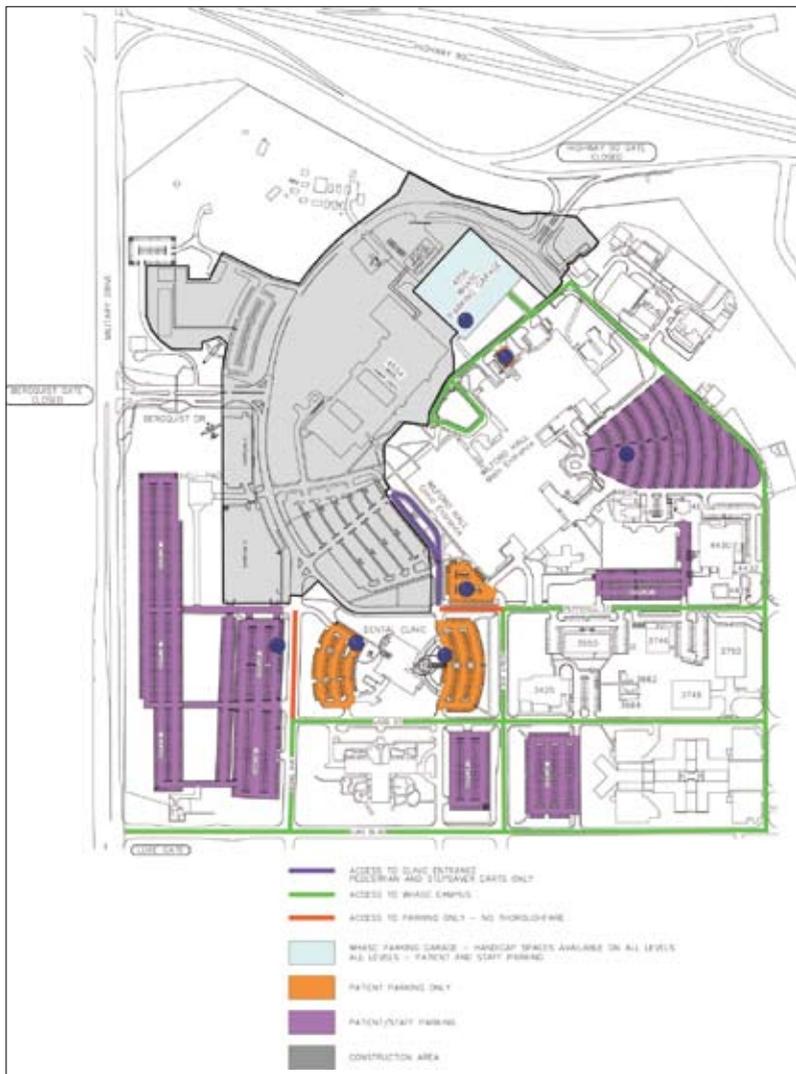
9-11 a.m., Saturday
Fire Station No. 1
(JBSA-Lackland building 2325)

Wilford Hall construction traffic

The Wilford Hall Ambulatory Surgical Center turnaround will be closed to vehicle traffic beginning at 5 p.m. Friday and only accessible for the WHASC parking lot shuttle service, Step-Saver. Sidewalks at the turnaround will still be open to pedestrians.

The new designated drop-off and pickup point for patients will be the main entrance located near the flagpole.

Additionally, pedestrians walking from the parking garage should cross the circular front driveway at the crosswalk and continue on the sidewalk into the building. Pedestrians are advised not to cross the street on the circular driveway near the construction fence.



**JBSA Sexual
Assault Prevention
and Response**

**JBSA SEXUAL ASSAULT HOTLINE
808-SARC(7272)
DOD SAFE HELPLINE
(877) 995-5247**

**JBSA CRISIS HOTLINE
367-1213
JBSA DUTY CHAPLAIN
365-6420**

LOCAL BRIEFS

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

TUESDAY

CUSTOMER SUPPLY TRAINING

The 802nd Logistics Readiness Squadron's Equipment Accountability Element conducts three classes on the third Tuesday each month in the second floor conference room of building 5160.

Tuesday's classes and start times are: Block I General Supply Training, 8 a.m.; Block II Bench Stock Training, 8:45 a.m.; and Block III Equipment Custodian Supplemental/Refresher Training, 9:30 a.m.

For details or registration, contact Ray Holland or Eugene Owens at 925-1140 or 671-3801.

EID AL-ADHA OBSERVANCE

The Muslim Eid Al-Adha prayer and celebration observance is from 8:30-10:30 a.m., Tuesday or Wednesday, at the Global Ministry Center, building 7452.

The program includes congregational prayer, sermon, fellowship and entertainment. The religious and cultural event is open to anyone with Joint Base San Antonio access.

Call Chaplain (Capt.) Sharior

Rahman at 671-2941 for details.

THURSDAY

GRIEF SUPPORT GROUP

Freedom Chapel will offer a support group for individuals struggling with the loss of a loved one.

Grief Share, the grief support program, is designed to encourage and empower individuals through their grief progress. Grief support group meetings begin Thursday and continue for 13 weeks. The sessions run from 6-7:30 p.m.

For more information, contact Tech. Sgt. Aaron Mirkes at 426-2971 or email fcgriefshare@gmail.com.

ADULT, CHILDREN DIVORCE CARE

Freedom Chapel will offer an 11-week divorce care program for adults and children. The divorce care programs are designed to support the adult and child(ren) in understanding the challenges which comes with divorce while celebrating the hope for a healthy recovery.

The Divorce Care (adults) and DC4K (for children) classes begin at 6 p.m. Thursday.

For registration or information, contact Staff Sgt. Stephanie Todd at 671-4208.

OCT. 18

SECURITY FORCES MEMORIAL MARCH

Joint Base San Antonio Security Forces will honor fallen defenders with its fourth annual memorial road march Oct. 18 at JBSA-Camp Bullis' "3 Bears" course.

Ruck weigh-in and T-shirt distribution begins at 5:30 a.m., followed by the memorial march at 6:30 a.m. The 4.5-mile event is open to individuals or teams of four.

Categories include light (hydration backpack) and heavy (ruck/backpack with 30 percent of an individual's body weight).

For more information, contact Tech Sgt. Joseph Petruzzi at 295-7797.

OCT. 29

WHITE HOUSE RECRUITING TEAM VISIT

The White House Communications Agency recruiting team will conduct a recruitment briefing at 9 a.m. Oct. 29 in Arnold Hall Community Center. Call 202-757-6063 or visit www.disa.mil/whca for qualifications.

INFORMATIONAL

HIP, KNEE REPLACEMENTS AVAILABLE

The San Antonio Military Medical Center Orthopedic Service announces

that hip and knee replacements are available to all TRICARE beneficiaries including patients over the age of 65.

Candidates for hip or knee replacement surgery should ask their primary care provider for a referral to the Orthopedic Clinic at SAMMC.

For details on these procedures, call 916-6386 to schedule a joint replacement information session.

AAFES' FEE-FREE LAYAWAY

Holiday shoppers can keep gifts out of sight and under wraps until the time is right with the return of the Army & Air Force Exchange Service's fee-free layaway plan.

Through Dec. 24, the Lackland Exchange will waive the \$3 processing fee for all layaway purchases. In addition to the exchange's year-round layaway program, from Nov. 1 through Dec. 16 shoppers can put computers, laptops, notebooks and tablets on layaway. The weekend of Nov. 29-30 is excluded from the program.

A deposit of 15 percent is required when starting the layaway process. Shoppers can visit customer service for complete program details and eligibility information.

LIMITED FLU VACCINE AVAILABLE AT WHASC

A limited amount of influenza vaccine is available at the Wilford Hall Ambulatory Surgical Center atrium.

The vaccine is prioritized for active-duty deployers, 59th Medical Wing personnel and high-risk patients. All others should await further announcements about vaccine availability. Flu vaccinations are mandatory for all active-duty members and all hospital employees.

Medical personnel at JBSA-Randolph and JBSA-Fort Sam Houston should plan to get vaccines at those locations, as well as non-risk groups who receive primary care at those other locations.

Vaccination hours are 7:30 a.m. to 4 p.m., Mondays, Tuesdays, Wednesdays and Fridays; and 7:30 a.m. to 3 p.m., Thursdays.

For information, call 292-4278.

UTILITY DEPOSIT WAIVER

Active-duty military members who rent or buy in the local community can apply for a utility deposit waiver from CPS Energy, the San Antonio Water System and Grey Forest utilities.

For information, call 375-5148/9.

CHAPEL SERVICES

—PROTESTANT

• Freedom Chapel - building 1528
Contemporary Service Sun. 9:30 a.m.
Religious Education Sun. 11 a.m.
Gospel Service Sun. 12:30 p.m.
Spanish Service Sun. 3 p.m.
AWANA Wed. 6 p.m.
• Gateway Chapel - building 6300
Liturgical Service Sun. 11 a.m.

—DENOMINATIONAL

• BMT Reception Center - building 7246
Church of Christ Sun. 7:30 a.m.
• Gateway Chapel - building 6300
Seventh-day Adventist Sat. 12:30 p.m.
• Education Classroom - building 5200 Room 108
Christian Science Sun. 7:30 a.m.

—PENTECOSTAL RE

• Gateway Chapel - building 6300
Pentecostal RE Sun. 2:30 p.m.

—ORTHODOX CHRISTIAN

• Gateway Chapel - building 6300
Religious Education Fri. 4 p.m.

—WICCA

• BMT Reception Center - building 7246
Military Open Circle Sun. 12:30 p.m.
• Freedom Chapel - building 1528
Military Open Circle First Tues. 6 p.m.

—REFUGE STUDENT CENTER

• building 9122 (Tech Training & TDY Students)
Wednesday Bible Study 6:30 p.m.
Thursday 6 - 8 p.m.
Friday 6 - 11 p.m.
Saturday 12 - 9 p.m.
Sunday 11 a.m. - 5 p.m.

—THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

• Gateway Chapel - building 6300
Religious Education Tues. 6:30 p.m.
LDS Institute Thurs. 6:30 p.m.
LDS Service Sun. 1 p.m.

—JEWISH

• Gateway Chapel - building 6300
Sabbath & Kiddush Friday 4:30 p.m.
Religious Education Sun. 13:30 p.m.

—ROMAN CATHOLIC

• Freedom Chapel - building 1528
Religious Education Sun. 9 a.m.
Reconciliation Sun. 10 a.m.
Mass Sun. 11 a.m.
Sun. 5 p.m.
Reconciliation Sun. 4:15 p.m.
Daily Mass Mon, Tue & Thurs 11:30 a.m.
Note: Reconciliation(s) may be scheduled by appointment

—ISLAMIC

• Global Ministry Center - building 7452
Jumma Prayer Fri. 12:45 - 1:15 p.m.
Religious Education Sun. 9 a.m.

OTHER FAITH GROUPS

• BMT Reception Center - building 7246
—Buddhist Sun. 10 a.m.
• Gateway Chapel - building 6300
—Eckankar
First, third & fifth Saturdays 12:30 p.m.
—Baha'i
First, third and fifth Saturdays 11 a.m.

For more details, contact
Freedom Chapel - 671-4208
Gateway Chapel - 671-2911

JBSA-LACKLAND

KEY FAMILY SUPPORT RESOURCES

Air Force Aid Society	671-3722
Airman & Family Readiness Center	671-3722
Airman's Attic	671-1780
American Red Cross	844-4225
Base Post Office	671-1058
Bowling Center	671-2271
DEERS	800-538-9552
Exceptional Family Member Program	671-3722
Family Child Care	671-3376
Legal Office	671-3362
Library	671-3610
Medical Appointment Line	916-9900
MPF ID Cards	671-6006
Outdoor Recreation	925-5532
TRICARE Info	800-444-5445
Thrifty Shop	671-3608

Enlisted Spouses' Club	http://www.lacklandesc.org
Force Support Squadron	http://www.lacklandfss.com
Lackland ISD	http://www.lacklandisd.net
Officers' Spouses' Club	http://www.lacklandosc.org
JBSA Public website	http://www.jbsa.af.mil
My Air Force Life	http://www.MyAirForcelife.com

Airmen recognized for self-help project

By Mike Joseph
JBSA-Lackland Public Affairs

Two Airmen from the 343rd Training Squadron were recently recognized by the 2nd Air Force command chief master sergeant for their roles in a self-help project at Joint Base San Antonio-Camp Bullis.

Staff Sgts. Stefan Hobbs and Joshua Shoemaker were instrumental in refurbishing hutments used by male Security Forces airmen attending the basic apprentice course at JBSA-Camp Bullis. The project focused on renovating the latrine and shower facilities.

The two basic officers' course instructors each received a coin and letter of appreciation from Chief Master Sgt. O. Deno Mackin, 2nd AF command chief master sergeant.

"I recognized them to say 'thanks' for caring enough to make a positive difference for others through action and leadership," said Mackin. "I truly appreciated their efforts."

In a visit to JBSA-Camp Bullis earlier

this year, the 2nd AF's senior enlisted leader saw the condition of the hutments.

"It was the obvious the hutments were well used and in need of improvements," said Mackin. "During that visit, we spoke about how tight funding is and many times, how we must find ways to address deficiencies through our own creative measures.

"Sgts. Hobbs and Shoemaker demonstrated to me they were up to the challenge," he added. "Not only did they take on the self-help project as a personal endeavor, they led a team of 25 Airmen in the process."

Hobbs said the showers were in extremely poor condition. Mold and rust needed to be removed, a number of shower heads were either missing or inoperable and soap dishes needed to be installed.

After obtaining cost estimates for materials from local businesses, a fund-raising plan was implemented. Three burger burns and other donations raised approximately \$2,000 in a

little over a month.

During a three-day period, Hobbs and Shoemaker led the team of Airmen as they pressure washed the shower rooms, removed mold and beached the facilities, repainted the latrines with marine-based paint, replaced shower heads and installed soap dishes.

"We lived in the hutments nine years ago," said Shoemaker. "I don't know if they've been touched since we came through."

Hobbs agreed, adding, "We're just trying to care of our Airmen. We were trying to let them know we do care about the living facilities. That was our driving force."

Mackin arrived at JBSA-Camp Bullis in early September after other business in San Antonio brought him to the area. Hobbs said he was surprised to be recognized; Shoemaker said he didn't have a clue it was going to happen.

Both instructors deserved the kudos for their innovative approach, said Mackin.

"Whether realizing it or not, they

were teaching our young Airmen the value of taking action to leave a place better than they received it," he said. "Seeing the hutment area after the touch of their work was impressive."



DIAMOND SHARP

Staff Sgt. Pablo R. Garcia
Headquarters Air Force Security
Forces Center

Duty title: Action Officer,
Inmate Financial Management

Time in service: 10 years

Hometown: El Paso, Texas



"Staff Sgt. Pablo Garcia's professionalism and tenacity for the mission exceeds every expectation. As an action officer assigned to Headquarters Air Force Security Forces Center, Corrections Division, Garcia coordinated with installations to place 60 individuals on appellate leave. He tracked the member's pay records and ensured they were updated and would not generate pay while in excess leave status. Furthermore, Garcia computed and executed pay and entitlements waiver recipients valued at \$245,000, easing the minds of family members and ensuring a source of survival pay. He further processed a total of 22 gains, expeditiously allowing units to replenish their lost manpower in a timely manner, simultaneously clearing 346 case management system cases. Additionally, he oversaw 36 discharges; he manually executed transactions on 13 members' pay records and computing pay at the time of discharge, thereby averting \$2,800 in invalid payments to former inmates. Finally, despite the high operations tempo, he managed to complete 11 semester hours toward his goal of attaining a pre-medicine degree."

- **Master Sgt. Joshua Olearnek**
First Sergeant, AFSFC

Tech. Sgt. Thomas W. Martin
343rd Training Squadron

Duty title: Instructor Supervisor, Security Forces
Apprentice Course / NCOIC, Mobility/Supply

Time in service: 12 years

Hometown: Greenville, S.C.



"Tech. Sgt. Thomas Martin is the epitome of the title Airman. Martin first came to work for me more than two years ago. Upon taking over as his supervisor, I immediately noticed he was/still is the "go-to guy" for getting things done. Over the years, I have observed an individual with impeccable leadership, integrity and loyalty to those with whom he serves. As an instructor supervisor, his technical knowledge and professionalism are far above his peers. So much so that he has surpassed many of his peers as one of the best instructors at the academy! Martin epitomizes those qualities most highly sought in the NCO corps and will no doubt leave a legacy for others to follow. As the NCOIC for mobility/supply, Martin has expertly managed logistics supporting 12 technical training courses, 10 geographically separated, joint-service training areas and more than 1,500 students, 260 instructors/staff personnel. He oversaw the audit of 16 equipment, communication and vehicle accounts, consisting of more than 8,000 items and updated squadron requirements, thereby fixing the commander's number one priority. Additionally, he re-allocated over 4,000 excess items valued at

\$2 million to other courses, saving \$473,000 this quarter alone, per the Air Force's cost conscious culture initiative. Furthermore, he personally helped procure 120 tactical radios for the Air Force Pararescue and Inter-Amecian Air Forces Academy courses, at no cost to their units, resulting in Special Operations Command and the international-service academy saving more than \$732,000 in critical funding. Martin is also active within the local community, volunteering as a mentor at Mary Hull Elementary School, discussing a variety of student issues, everything from family relationships, grades in school to self-respect. According to teachers, Martin is continuously making a positive impact in the lives of more than 15 students. He is also active within the Bandera Road City Church, volunteering as a Sunday school teacher, reading bible stories to kids and teens. His exemplary performance both on-and-off duty are "the example" for others to follow, promoting leadership and helping forge positive relations between the Air Force and the local community. I am very proud of Martin for everything that he has done for the security forces career field, not to mention the Air Force."

- **Master Sgt. Carol Holmes**
First Sergeant, 343 TRS

Staff Sgt. Cheryl Evangelista
Air Force Medical Operations Agency

Duty title: Assistant NCOIC, Finance Operations

Time in service: 10 years

Hometown: Inarajan, Guam



"Staff Sgt. Cheryl Evangelista is a vital asset to Air Force Medical Operations Agency, Joint Base San Antonio-Lackland. Evangelista has displayed her attention to detail in every facet of her duties. She manages the organization's "managers" Internal Control Program where she recently researched criteria for 15 critical inspection programs and developed and implemented training to AFMOA personnel to accomplish taskers due for inspection compliance. Evangelista also took on the task of re-engineering resource management office virtual tools on the Air Force Medical Service Knowledge Exchange. Her creative mindset aided in equipping more than 220 resource managers throughout the Air Force.

Evangelista is also key in identifying seven resource center/cost center discrepancies aiding in the correction of funds distribution to civilian personnel. She's also an active member of the American College of Healthcare Executives. Evangelista balanced all these things while earning six credits hours towards her Masters of Science in Business Administration and maintaining a 4.0 GPA. She was also instrumental in the fiscal year 2014 temporary duty financial plan where she aided in tying the priority of our organization's travel to the 75 MTFs we serve. Lastly, she played an important role in the development of JBSA-Lackland 'Rising 6' where she developed the vision statement and provided professional development and cohesiveness to over 60 members."

- **Master Sgt. Sara A. Grangroth**
First Sergeant, AFMOA/SGAP, , Superintendent, AFMOA Manpower
Division/AFMOA

Staff Sgt. Stephen Duremdez
3rd Combat Camera

Duty title: Client Support Technician

Time in service: 7 years, 6 months

Hometown: Hightstown, N.J.



"Staff Sgt. Stephen Duremdez demonstrates all of the attributes of an Air Force leader. Although his primary duty in the 3rd Combat Camera Squadron is as a client support technician, he is always willing to fill any role needed in support of the unit and the mission. Duremdez researched and submitted the requirements for new professional quality photo printers and mobile photo editing workstations. He also assisted the video maintenance team with wiring for a new video server. In both instances, he was instrumental in expanding the capabilities of two squadron mission sets supporting Air Force objectives. As the newly appointed president of the squadron booster club, he organized the squadron barbeque, promoting camaraderie and enhancing morale throughout the unit. Additionally, Duremdez leads unit physical training sessions, and his dress and appearance are the sharpest in the squadron. He is truly a shining example of an NCO and a vital part to the success of the 3CTCS's mission."

- **Master Sgt. Antonio D. Propst**
First Sergeant, 3CTCS

Master Sgt. Latrell M. Gordon
344th Training Squadron

Duty title: NCOIC Resource and Re-
quirements Element

Time in service: 16 years

Hometown: New Orleans

PHOTO
NOT
AVAILABLE

"Tech. Sgt. Latrell Gordon has distinguished herself as NCOIC of the resource and requirements element, 344th Training Squadron. She successfully directed and coordinated the execution of 17 end-of-year fall-out contracts worth more than \$400,000. Gordon's management skills allowed her to reduce the squadron's overall government purchase card spending by 33 percent. Additionally, Gordon single-handedly approved/corrected 165 travel orders in the defense travel system valued at more than \$372,000. She flawlessly met weekly group suspenses concerning squadron manning; identified errors in Air Force manning documents by tracking 268 active duty/civilian positions. Furthermore, as flight booster club representative she coordinated a booster club children's event for 39 kids. She volunteers 25 hours a month teaching 30 school-aged kids at local community church, building character and improving self-esteem for under privileged youth. She facilitated two clothing drives for disabled veterans and battered women's shelters, provided five boxes of clothing to each organization. Active in first-term airman mentorship program and quarterly briefer for the whole person concept, she briefs to 18 to 25 first-term Airmen. Currently, Gordon is completing 'Course 14' and her master's in Health Care Management."

- **Master Sgt. Tiwanda L. Griffin**
First Sergeant, 344 TRS



DIAMOND SHARP

from Page 12

Tech. Sgt. Jacob Galan
802nd Force Support Squadron, Joint Base
San Antonio Airman Leadership School
Duty title: Airman Leadership School NCOIC
Time in service: 10 years
Hometown: San Antonio



"Tech. Sgt. Jacob Galan serves as the Noncommissioned Officer in charge for the Joint Base San Antonio Airman Leadership School. His attention to detail is second to none and he is the "go-to" person when it comes to enlisted professional military education. He always displays the highest standards of dress and appearance and lives by the core values and the Airman's creed. He stepped up to fill a senior NCO slot as the interim Airman Leadership School commandant where he led six other instructors and 65 students during a challenging academic course which also included 13 rigorous "warrior" workouts for physical training three times a week. Because of his "can-do" attitude and calm demeanor, he was selected to attend the first sergeant symposium. It is for these reasons and the scope of his impact that Galan is truly "Diamond Sharp."

- Master Sgt. Timothy Petch

First Sergeant, 802nd Force Support Squadron

Airman 1st Class Kadeesha Callaway
802nd Communications Squadron
Duty title: Client Systems Technician
Time in service: 1 year, 7 months
Hometown: Penhook, Va.



"Airman 1st Class Kadeesha Callaway, client systems technician from the 802nd Communications Squadron is a true professional communicator who has been a solid rock-steady 'go-to' warrior. She flawlessly updated more than 13,000 user accounts in less than three days, ensuring 100-percent validation across Joint Base San Antonio-Lackland with zero discrepancies. Her attention to detail secured the \$80 million network system that is critical to base operations. In addition, she led Windows 7 migration on 80 personal network systems, socializing imagery processes and performing data recovery, while ensuring 100-percent certification to Air Force standards. Her hard work and tenacious efforts saved the client system work center more than 50 man-hours."

"Recently, Callaway was elected 802nd Communications Squadron Booster Club treasurer, where she coordinated three fundraising events that raised more than \$2,000 while raising morale for 246 unit members. In addition, she also serves as the squadron's Combined Federal Campaign representative for 2013. Her professionalism and positive attitude demonstrates all three Air Force Core Values: Integrity first, service before self, and excellence in all we do, which makes her the Diamond Sharp Airman this month."

- Master Sgt. Melvin Jackson Jr

First Sergeant, 802nd Communications Squadron



Photo by Robbin Creswell

Skylark Bowling Center a cool place to view football

By Jose T. Garza III
JBSA-Lackland Public Affairs

The Joint Base San Antonio-Lackland Skylark Bowling Center is the "coolest place in town" to watch football games, according to its manager.

As a special during football season, the bowling center offers a pizza and wings buffet for \$7 per person on Mondays starting from kickoff of Monday Night Football until halftime. Chips and salsa are also included in the buffet.

Skylark Bowling Center Manager Stephen Thompson said the center's pizza and wings, which are also offered during the center's daily business hours, are "awesome and amazing."

"Wings and football go perfect together," he said.

Patrons can enjoy their pizza and wings while viewing MNF on the bowling lanes or in the center's lounge where there are eight 42-inch screens. They may also view other professional and college football games during the weekend at the Skylark.

If patrons arrive early on Sundays, they may request to watch their favorite pro teams on one of the lounge's available screens.

"We try to make our customers' viewing experience as easy and seamless as possible," Thompson said.

For more details, call the Skylark at 671-1234.