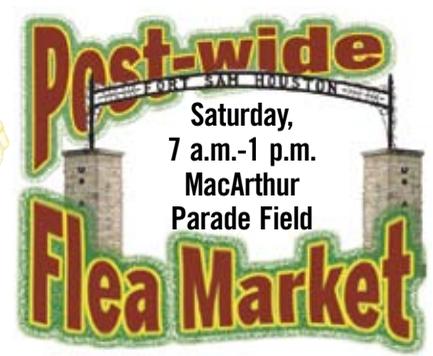


# FORT SAM HOUSTON News Leader



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470TH MIB SOLDIER, NCO OF YEAR

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## JBSA CELEBRATES FIESTA



Photo by Sgt. Lee Ezzell

Command Sgt. Maj. Hu Rhodes (center) and the Joint Base San Antonio-Fort Sam Houston color guard render honors during the playing of the national anthem April 21 at the "Fiesta in the Quad" celebration in the Quadrangle. During the event, all Army commands on JBSA-Fort Sam Houston celebrated Fiesta with the San Antonio community. Rhodes is the senior enlisted leader for Army North, Fort Sam Houston and Camp Bullis. For more Fiesta photos throughout Joint Base San Antonio, turn to Pages 10 and 11.

## Wounded warrior gets another chance of starting a family

By Maria Gallegos  
BAMC Public Affairs

Thirteen years ago, Ed and Karen Matayka, both combat medics with the Vermont National Guard, met and fell in love during their advanced training course at Joint Base San Antonio-Fort Sam Houston.

They married in 2004 and then deployed together six months later to Kuwait in 2005.

"We honeymooned in Kuwait,"

Karen said.

They returned to Vermont a year later and were activated again in 2010 to deploy to Afghanistan, but this time they promised each other they would start a family after their deployment.

After just four months in theater, those plans were lost.

In July 2010, Ed was on a convoy mission in Afghanistan when his vehicle was struck by an IED that caused multiple injuries to

his body. These included the loss of his legs, fractures to his spinal cord, a traumatic brain injury and two strokes, which caused nerve damage to the left side of his body. The blast also killed his driver, Spc. Ryan Grady and wounded four other Vermont Soldiers.

The only thing Ed Matayka could remember was waking up five weeks later in Landstuhl

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# Sequester begins, Joint Base San Antonio leadership strives toward best outcome possible

By L.A. Shively  
JBSA-Fort Sam Houston  
Public Affairs

The effects of sequestration are beginning to appear across Joint Base San Antonio but leadership's aim is to minimize consequences to unit readiness and continue to take care of our military members and their families.

According to Army Col. Jim Chevallier, deputy commander for Joint Base San Antonio and 502nd Air Base Wing vice commander, the time has arrived when reduced funding in the Department of Defense starts to impact the installation support services that are provided to the JBSA community.

"Bottom line the funding available for installation support services in support of the JBSA community is \$48 million less than the requirement,"

Chevallier said.

The strategy to date has been cost avoidance – either delaying a planned activity, or suspending certain contracts.

For example, Chevallier said a planned move of a portion of JBSA-Fort Sam Houston's outdoor recreation and the auto craft services; both scheduled for this year, will not happen until next fiscal year.

These types of strategies promise a \$25 million savings, but Chevallier said another \$22 million in savings must be found with just five months left in this fiscal year.

According to Chevallier "it is a challenging task because there are over 200 organizations with over 200 unique and important missions across JBSA, but leadership believes the additional savings can be found in areas that do not impact wounded warrior

programs, continue to provide for public safety, maintain uninterrupted support for overseas contingencies, and to the extent feasible protect family programs and the services most directly associated with unit readiness."

Examples of ongoing initiatives include less grass cutting across the installation, less frequent janitorial services, changes to operating hours at fitness centers, libraries, swimming pools, along with increased fees for some morale welfare and recreation activities. Additionally only facility emergency work orders impacting life, health and safety will be executed.

Sequestration will necessitate a few gate closures and reduced hours, explained Matthew Barido, 502nd Security Forces Squadron deputy provost marshal.

"Security forces will

do what they can to shift patrols to the gates to manage flow, if there is an opportunity on a case-by-case basis," Barido said.

The other side of the sequestration coin is the potential furlough. According to Chevallier, if the Department of Defense initiates furlough, additional modifications to installation support services are in the works.

"Army Medicine is still in the process of a rigorous analysis to recommend what reductions may be necessary to achieve the prescribed goals," said Jaime Cavazos, public affairs officer for U.S. Army Medical Command, Directorate of Communications.

Cavazos stressed MEDCOM's aim is to minimize the consequences of sequestration to operations and personnel, while maintaining the highest

level of patient care possible.

Pharmacies and the military treatment facilities could be affected differently depending on staffing, although some adjustments with capacity during furlough days could result.

The Defense Commissary Agency implemented several measures, including a hiring freeze in February, curtailed official travel for all conferences, training and any other events and activities considered noncritical. The agency also cancelled its May case lot sales for overseas commissaries including Hawaii and Alaska.

"If a furlough day is implemented, commissaries would close one additional day per week, in addition to their current operating schedule," said Kevin Robinson, a public affairs specialist with DeCA.

## FORT SAM HOUSTON HONORS 16 RETIREES

The Fort Sam Houston community said farewell to 16 Soldiers April 25 during the monthly Fort Sam Houston retirement ceremony at the U.S. Army North Quadrangle. Maj. Gen. John Uberti, deputy commanding general for support and chief of staff of U.S. Army Installation Management Command, presided over the ceremony. Uberti thanked the retirees for their service, commitment and dedication to the nation. From left, the retirees are: Col. Doreen Lounsbery (left), U.S. Army Medical Command; Col. Wayne Shanks, U.S. Army North; Col. Michael Mantey, 350th Civil Affairs Command, Pensacola, Fla.; Lt. Col. Milagros Rosa, Brooke Army Medical Center; Maj. Marvin Linson, U.S. Army North; Chief Warrant Officer 5 William Keith, U.S. Army North; Sgt. Maj. Javier Nunez, 61st Multifunctional Medical Battalion, Fort Hood, Texas; Sgt. 1st Class Alfred Joers III, 228th Combat Support Hospital; Sgt. 1st Class Dion Kruczek, 323rd Army Band "Fort Sam's Own", U.S. Army North; Sgt. 1st Class Laquisha Scott, 106th Signal Brigade; Sgt. 1st Class Morris Thornton Jr., U.S. Army North; Sgt. 1st Class Kenneth Harvey, 323rd Army Band, U.S. Army North; Sgt. 1st Class Bryan Richardson, U.S. Army South; Sgt. 1st Class Robert Williams Jr., U.S. Army South; Staff Sgt. Ahnjala Haggerty, Brooke Army Medical Center; and Staff Sgt. Samuel Morales Jr., 421st Multifunctional Medical Battalion, Weisbaden, Germany.



Photo by Staff Sgt. Corey Baltos



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## News Briefs

### Post-9/11 GI Bill Changes

A briefing on changes to the Post-9/11 GI Bill is from 10 to 11:30 a.m. May 10 at the auditorium in the Roadrunner Community Center, Building 2797, 3060 Stanley Road on Joint Base San Antonio-Fort Sam Houston. The briefing is open to all service members and their family members. After an initial briefing, the floor will be open for questions and answers. Call 221-2800 for more information.

### Army Counterintelligence recruiting special agents

The U.S. Army's Counterintelligence Special Agent recruiting team will be at Joint Base San Antonio-Fort Sam Houston for two information briefings at 3 and 4 p.m. May 15 at the Roadrunner Community Center, Building 2797 on Joint Base San Antonio-Fort Sam Houston. The briefings cover career field Military Occupation Specialty 35L, CI Special Agent, including criteria for entry into the military occupational specialty and how to apply for reclassification, as well as the missions, assignments, and training opportunities CI Special Agents have. Army CI detects, identifies, assesses and then neutralizes or exploits foreign intelligence and security service activities against U.S. Forces. The briefings are primarily for Soldiers in the grades of E4 and E5. For more information, call 520-533-2320 or 520-533-2317.

### MRI Brain Study

The Wilford Hall Ambulatory Surgery Center is seeking volunteers to take part in an MRI brain study sponsored by the Air Force Surgeon General's office. Applicants need to be active duty, between 26 and 50 years old and have a doctorate-level education. The study will provide a normative baseline allowing comparison to high-resolution MRI abnormalities already detected in Air Force pilots. Call 292-0476 for more information.

### AFOSI Mobile App

Suspicious or illegal activity can be anonymously reported directly to the Air Force Office of Special Investigations using a mobile phone application or by texting 'AFOSI' and the tip to 274637 (CRIMES) in an SMS text message. Of special concern to Air Force officials are violent

# 470th Military Intelligence Brigade announces Soldier and NCO of Year

By Gregory Rippes  
470th Military Intelligence  
Brigade Public Affairs

The 470th Military Intelligence Brigade announced its Soldier of the Year and Noncommissioned Officer of the Year during a ceremony April 25.

"This program is for the Soldiers," said 470th MIB Command Sgt. Maj. Charles Totoris. "There are no losers; one in each category just outperformed the others."

The winners came from two of the brigade's eight subordinate battalions.

The Soldier of the Year is Spc. Hilary Schultz of the 717th MI Battalion, Joint Base San Antonio-Lackland, while the NCO of the Year is Sgt. Timothy Burgess of the 206th MI Battalion at Fort Hood, Texas.

The annual competition is the culminating competition among winners of each fiscal quarter.

This year's competi-

tion took place April 22 through 24 on JBSA-Fort Sam Houston and JBSA-Camp Bullis. It included the Army Physical Fitness Test, a written test, an essay question, range qualification with an M16 rifle, six "warrior tasks," land navigation and, ultimately, a formal board appearance.

"The biggest challenge was the amount of events crammed into each day," Schultz said. "But that's what made it great; they kept us on our toes."

Burgess said even though the written test was "fill in the blanks," it was loaded with questions on general military knowledge.

"Study hard, maintain those basic Soldiering and leadership skills, and keep doing the right thing," Burgess advised other competitors.

"Don't give up," Schultz added. "If you fall behind in one area, just keep going. Never give up."



Photo by Gregory Rippes

Spc. Hilary Schultz disassembles an M249 Squad Automatic Weapon during the 470th Military Intelligence Brigade Noncommissioned Officer of the Year competition. Schultz is assigned to the 717th MI Battalion at JBSA-Lackland.



Photo by Gregory Rippes

Sgt. Timothy Burgess covers a simulated casualty suffering from shock during the 470th Military Intelligence Brigade Noncommissioned Officer of the Year competition April 23. Participants competed in six lanes of warrior tasks at Joint Base San Antonio-Camp Bullis. Burgess is assigned to the 206th MI Battalion at Fort Hood, Texas.



Photo by Spc. Sammy Rosado

Schultz treats a simulated casualty during the 470th Military Intelligence Brigade Noncommissioned Officer of the Year competition.

## ARNORTH HORSE HANDLERS RUSTLE UP LESSONS ON ANIMALS, ARMY VALUES



**Photo by Staff Sgt. Corey Baltos**

Jim Boelens, a volunteer at the U.S. Army North (Fifth Army) stables, along with Scooter the mule, teach second-graders from Sun Valley Elementary School about personal courage and other Army values April 25 during the students' field trip to the Army North stables. Mules are considered courageous animals for their predisposition to turn and face threats as opposed to running away.

## ARMY ENVIRONMENTAL COMMAND DIGS IN FOR EARTH DAY



**Photo by Barry Napp**

(From left) U.S. Army Environmental Command members Jill Reilly and James Mancillas pull weeds in preparation for new mulch during a recent Earth Day cleanup event at Pittman-Sullivan Park. Volunteers also painted railings and bleachers.



## News Briefs

### Continued from P3

crimes against Air Force members, sexual assaults and drug use. Once downloaded, a video describes the app's features to emphasize its secure use and value to the Air Force and other community law enforcement agencies. Individuals can find the app in both the Android and Apple store as "TipSubmit Mobile." The direct link to the anonymous Internet tip line is <https://www.tipsubmit.com/WebTips.aspx?AgencyID=1111>.

### Military Clothing Sales Offer Free Alterations For Wounded Warriors

The Army and Air Force Exchange Service offers free alterations and modifications for severely wounded, ill and injured Soldiers at all 79 Army Military Clothing stores around the world. This Army-led initiative ensures all wounded Soldiers receive free alterations and modifications on all issued uniforms in accordance with the Wounded Warrior Clothing Support Program, to include the Army Service, Combat and Improved Physical Fitness uniforms as well as undergarments. Eligible Soldiers must present an approved Army Form 3078 along with the prescribed modifications by their physical or occupational therapist to receive free services.

### CPAC Furlough Call Center

The Joint Base San Antonio-Fort Sam Houston Civilian Personnel Advisory Center established a Furlough Call Center. If employees have any furlough questions, they can call 466-3065 or 221-1425 or email [usarmy.jbsa.hqda-cpac.mbx.inquiry@mail.mil](mailto:usarmy.jbsa.hqda-cpac.mbx.inquiry@mail.mil). For the latest furlough information, visit the CPAC website at <http://www.samhouston.army.mil/cpac/>.

### Wounded Soldier and Family Hotline

The Army chief of staff and the secretary of the Army established the Wounded Soldier and Family Hotline to give Soldiers and their families a place to share their concerns on the quality of care received. It also provides Army senior leadership with a valuable tool to determine if appropriate resources are devoted to solving medical-related issues in timely and comprehensive fashion. The hotline is available around the clock at 800-984-8523, DSN 421-3700 or via email at [wfsupport@amedd.army.mil](mailto:wfsupport@amedd.army.mil).

### IN VITRO from P1

Regional Medical Center in Germany.

"The doctors told me he probably wouldn't survive," Karen recalled.

Because of the severity of his multiple injuries, he was treated and transferred to several military medical centers across the country before he was transferred to Brooke Army Medical Center. At BAMC, he receives inpatient care at the San Antonio Military Medical Center and specialty rehabilitation care at the Center for the Intrepid.

"SAMMC is the best place for amputee rehab. We needed to get Ed there," Karen said.

Ed has been rehabilitating at the Center for the Intrepid, SAMMC's outpatient rehab center, since August 2011. He is learning to walk again.

Even though their plans to start a family were temporarily on hold, their desire to do so was never in question.

"We really wanted to have a family long before this happened and we are not going to let his injuries change our plans," said Karen.

"We had decided that we wanted kids," Ed added. "We just wanted to share some love and help guide the next generation."

They turned to in vitro fertilization in hopes of making their dreams of a family a reality.

The IVF process is a procedure in which eggs are removed and joined with a sperm outside of the body to fertilize. The resulting embryo is then placed back into the uterus.

They first started the IVF process at the Boston Veterans Affairs hospital where Ed was



Photos by Maria Gallegos

Karen Matayka checks her daughter Alana Marie's temperature at the San Antonio Military Medical Center neonatal intensive care unit.

receiving his spinal cord rehab. Because of the complexity of the injuries, the procedure was not successful that time.

After eight months of rehab at SAMMC and CFI and with Ed gaining more strength and independence, they decided to try again.

"We were initially told we had to pay for it ourselves, which we were fine with it and we didn't care - we wanted to do it," Karen said.

"Then we were told that TRICARE was working on a policy that would change its IVF coverage for service members with severe injuries."

A week before their IVF transfer, a bill was passed to cover reproductive services to active service members who have suffered from catastrophic injuries resulting in infertility. Since 2003, more than 1,800 U.S. military members have suffered injuries in Iraq or

Afghanistan that impact their reproductive abilities.

"TRICARE rules changed and we were 100 percent covered," Karen said.

After their first attempt of the IVF transfer process, Karen became pregnant. Their twins, Ryan David and Alana Marie, were born March 21 at 28 weeks.

"The babies were born ahead of time but are doing very well at the SAMMC neonatal intensive care unit," Karen said.

Ed is the first wounded warrior, nationwide, who has successfully had the IVF transfer procedure since the new TRICARE policy was implemented.

"It was an honor to help the Mataykas achieve their dream of having a family. They are true American heroes," said Maj. (Dr.) Jeremy King, director of IVF, who performed their transfer. "Having



Alana Marie Matayka at 31 weeks in the SAMMC neonatal intensive care unit. Alana was born March 21 with her brother Ryan David.

the opportunity to directly help our wounded warriors represents the most rewarding aspect of our profession."

Although their desire of starting a family was finally complete, they will never forget the tragedy that happened almost two years ago.

"We named our boy after Ryan, the driver who passed away from the blast and David who saved Ed's life by applying tourniquets to his legs," Karen said. "They are our true heroes."

Both praised the care they received throughout the procedure.

"The care here is great. The reproductive and endocrinology staff is phenomenal," Karen added. "The entire staff is extremely caring and we all bonded throughout the whole process. We greatly appreciate everyone's care."

"We have already referred the services here to two other wounded warriors," Ed said.

"The Mataykas were a pleasure to work with," King said. "IVF process is physically and emotionally challenging, but their attitude was always upbeat, positive and optimistic. That, I believe, helped them get through the obstacles and also lifted up our spirits whenever we saw them."

The in vitro fertilization and reproductive

endocrinology services had been offered at Wilford Hall Ambulatory Surgical Center since 1996. The program relocated to SAMMC in June 2011 due to the Base Realignment and Closure law.

IVF program offers the full gamut of diagnostic testing and infertility therapy treatments in the same location.

"We have more than 1,000 babies as a result of our IVF program and it is the only onsite full service IVF center staffed solely by active duty physicians in Department of Defense," said Col. (Dr.) Matthew Retzlaff, Reproductive Endocrinology chief.

"We offer this service to active duty members and their dependents on site at SAMMC, from start to finish."

Reproductive endocrinologists provide full evaluation and treatment of all forms of infertility, polycystic ovarian disease, premature ovarian failure, hirsutism, recurrent pregnancy loss, reproductive tract anatomic abnormalities, endometriosis, premenstrual syndrome and complicated menopausal problems.

For information about IVF transfer for wounded warriors or infertility questions, contact a primary care manager or visit <http://www.veterans.senate.gov>.



# Social media policies help protect Department of Defense service members, civilians

By Claudette Roulo  
American Forces Press Service

The Defense Privacy and Civil Liberties Office ensures that Department of Defense civilians and service members are able to exercise their First Amendment rights when using social media platforms, said Michael E. Reheuser, the office's director, in Washington, D.C., April 19.

"DOD's social media policy requires that

personnel follow certain rules," Reheuser said.

Those rules aren't intended to limit free speech, he added, but only to make sure that the information being posted doesn't compromise operational security.

Personnel are allowed to express their opinions, he said, as long as doing so is consistent with the operational requirements of the department.

Some rules are different for service members

than for civilians, Reheuser noted.

Under the Uniform Code of Military Justice, service members are prohibited from disparaging the president or other senior leaders, revealing operational details or divulging classified information, he said.

"If you have an opinion that is inconsistent with the Department of Defense's, you're certainly allowed to say that," Reheuser said.

But, he added, "if the person looking at it thinks that you might be working on behalf of the government, and not in your individual capacity, you really need to be careful."

In some cases, it may be enough to post a disclaimer on your account, he said.

If people have any doubts, the best thing

to do is check with the component's ethics professional.

As the use of social media becomes more prevalent, it's especially important for DOD personnel to be alert for potential misuse of their personal information, Reheuser said.

The department doesn't monitor personal social media accounts, he said, so DOD personnel should monitor their online presences closely to make sure information that comes out under their name is actually coming from them.

DOD members who suspect that an impersonator is behind a social media account for a department employee or senior leader should talk to their component's security manager, Reheuser said.

# Revised Air Force Instruction changes process for duty limiting conditions

By Robert Goetz  
Joint Base San Antonio-Randolph  
Public Affairs

Airmen who have medical conditions that restrict their physical training activities or exempt them from all or portions of their fitness assessment have a new process to follow.

A revised Air Force Instruction, AFI 10-203, published this year, governs duty limiting conditions and their impact on Airmen's fitness requirements, as well as their Air Force Specialty Code duties and mobility.

The document, which was published in June 2010, expands the health care provider's role and alters the process flow for Air Force Form 469, also known as the Duty Limiting Condition Report, among other changes.

"The changes to the program streamline the process for Airmen in that they will receive immediate notification from their primary care manager of any fitness restrictions given to them," said Mike Landez, 359th Aerospace-Medicine Squadron medical standards manager.

"For PCMs, it entails a little more work because they will be required to print the profiles for fitness exemptions and give them to Airmen at the time of their visits."

The AFI also alters the role of the exercise physiologist, who formerly generated the 469 as well as an Air Force Form 422, which documents exercise prescriptions.

Under the new AFI, a 422 is not required unless a PCM, unit commander or patient requests an exercise prescription, said

Keith Prince, Joint Base San Antonio-Randolph Health and Wellness Center Health Promotions Flight chief.

"I use the 469 to give me a baseline for an individual's ability," Prince said.

For Airmen who have a medical condition that impacts their fitness but not their mobility, retention or work duties, the provider generates a 469 that details "functional limitations, specific fitness restrictions ... and fitness assessment exemptions," the AFI reads.

If the restrictions and/or exemptions are 180 days or less in duration, the provider signs and closes the 469 and provides it to the Airman at the time of the appointment and an electronic copy is transmitted to the unit.

If the restrictions or exemptions exceed 180 days, or if it is an exemption specifically for abdominal circumference, the provider signs the 469, then submits it for review by the Medical Standards Management Element and a profiling officer before closing it and transmitting it to the unit.

An electronic copy is an important part of the process because members don't always inform their units about their medical status, said Maj. (Dr.) Val-

erie O'Brien, 359th Medical Operations Squadron family health physician.

"Now their unit will get the electronic version within a few days," she said.

In addition, Airmen can check on their Individual Medical Readiness status online at <https://asims.afms.mil/webapp/myimr.aspx>, according to Staff Sgt. Haydee Gonzalez, 359th AMDS medical standards technician.

"The Airman can go in there and see their most current profile," Gonzalez

said. "It's a snapshot of where they're at."

Although exercise physiologists are not part of the 469 process, they still play an important role in ensuring Airmen follow an exercise prescription that will enable them to eventually meet their fitness requirements, O'Brien said.

"The 422 is no longer required in a majority of cases, but we can still ask for a patient to be seen by an exercise physiolo-

**See AFI, P13**



Photo by Sgt. Lee Ezzell

Senior noncommissioned officers from the major Army commands at Joint Base San Antonio-Fort Sam Houston and their flag bearers stand at parade rest April 21 during the presentation of their unit colors at the Fiesta in the Quad celebration in the Quadrangle.



Photo by Col. Wayne Shanks

(Above) Fort Sam Houston leaders wave to San Antonio community members from their float April 22 during the annual Texas Cavaliers River Parade in downtown San Antonio. The theme for this year's event was Stars on the River. The parade is one of the key events during Fiesta San Antonio and dates back to 1941. It runs along the River Walk in downtown San Antonio.



Maj. Gen. Perry Wiggins (right front) and Lt. Gen. William Caldwell IV (behind Wiggins), along with cast members from the U.S. Army Soldier Show, boogie down to the "Electric Slide," played by a quintet from the 323rd Army Band "Fort Sam's Own," in front of the Alamo April 24. Caldwell is the commanding general of U.S. Army North (Fifth Army) and senior commander of Fort Sam Houston and Camp Bullis. Wiggins is the deputy commanding general for operations with Army North.

Photo by Sgt. Maj. Eric Lobsinger

U.S. Army North Command Sgt. Maj. Hu Rhodes (right), along with Lt. Gen. William Caldwell IV, present Fiesta Medals to a couple of young ladies April 24 during Army Day at the Alamo, one of the unique events during Fiesta San Antonio. Caldwell is the commanding general of U.S. Army North (Fifth Army) and senior commander of Fort Sam Houston and Camp Bullis. Rhodes is his senior enlisted leader.

Photo by Sgt. Maj. Eric Lobsinger

Lt. Gen. William Caldwell IV and his wife, Stephanie, wave to the crowd as they make their way down Broadway during the annual Battle of Flowers Parade April 26. Caldwell served as the military coordinator for the Fiesta San Antonio 2013 events.

Photo by Sgt. Maj. Eric Lobsinger



Photo by Staff Sgt. Kevin Iinuma

U.S. Air Force leaders from throughout Joint Base San Antonio walk toward Alamo Plaza in downtown San Antonio as part of the annual Pilgrimage to the Alamo April 22. The pilgrimage is a memorial to the heroes of the Alamo.



Photo by Lisa Braun

Rear Adm. Bill Roberts (right), commandant of the Medical Education and Training Campus and deputy chief of the Navy Bureau of Medicine and Surgery for education and training, administers the oath of enlistment to six Sailors stationed at San Antonio-area commands during a re-enlistment ceremony held in front of the Alamo during Navy Day at the Alamo April 23.



Photo by Alan Boedecker

Gen. Edward A. Rice Jr., commander of Air Education and Training Command (front left) and AETC Command Chief Master Sgt. Gerardo Tapia render honors April 22 during the annual Pilgrimage to the Alamo. The pilgrimage is one of the more somber events of Fiesta, an 11-day celebration across San Antonio.



Photo by Joshua Rodriguez

The U.S. Air Force Band of the West performs at the Air Force at the Alamo celebration in front of the Alamo in downtown San Antonio April 22.



Photo by Staff Sgt. Corey Hook

Staff Sgt. Matthew Phillips and his military working dog participate at the Air Force at the Alamo Fiesta event April 22 in downtown San Antonio. Phillips is a military working dog handler assigned to the 902nd Security Forces Squadron, Joint Base San Antonio-Randolph.

## Plan ahead for Common Access Card/ID card appointments

By Alex Salinas  
JBSA-Randolph Public Affairs

Those in need of a Common Access Card/ID card at Joint Base San Antonio locations have been required to schedule appointments since December 2011, with a few exceptions for walk-in customers.

Walk-in visits are reserved for mission-critical purposes, lost or stolen IDs, elderly or incapacitated members and those arriving from 100 miles or farther.

Otherwise, patrons can schedule appointments at JBSA-Fort Sam Houston's Building 367, JBSA-Lackland's Building 5616 or JBSA-Randolph's Building 399 by visiting <https://rapids-appointments.dmdc.osd.mil> or by calling the desired issuance facility.

Two forms of ID, such as a driver's license and Social Security

card, are required at an appointment.

Military members and civilian employees who lost an ID card must bring two forms of ID and a memorandum endorsed by their unit commander or first sergeant stating they have made every effort to find their lost card. For contractors, the memorandum must be endorsed by their trusted agent.

To ease the process, customers are advised to plan ahead. Officials say to expect a two- to three-week wait when scheduling appointments. Check the expiration date on the ID card to make arrangements ahead of time when renewing a card.

To schedule ID card appointments, call Fort Sam Houston at 221-0415, Lackland at 671-4178 or Randolph at 652-1845.

### AFI from P9

gist," O'Brien added. "It makes exercise physiologists more useful since it frees them up to see the people they need to see and get them back to full-duty status."

Airmen who have a "very limited" profile will not see an exercise physiologist, O'Brien said.

"It's based on medical need," she said.

It's important that Airmen "start the process as soon as they know something's wrong," Landez said.

He pointed to Sec-

tion 2.18 of AFI 10-203, which says the Airman "must report any new medical condition, medical conditions that potentially affect deployability or any change in medical status to the appropriate medical provider at the time of onset" and "must meet scheduled medical appointments as directed and inform unit supervisor of required follow-up evaluations and appointments."

The bottom line is that the commander "has to know the mission capability of the unit," Landez said.

# New algorithm helps gauge when patients are in danger

By Steven Galvan  
USAISR Public Affairs

Researchers at the U.S. Army Institute of Surgical Research at Joint Base San Antonio-Fort Sam Houston are improving medical monitors used in clinics and hospitals since the early '70s that assist physicians and medical staff in assessing a patient's condition.

The Compensatory Reserve Index is a new algorithm that utilizes the information obtained from a standard pulse oximeter and gauges whether a patient requires resuscitation or immediate medical attention.

"This CRI can evaluate information from waveforms generated by using a standard pulse oximeter, which is a non-invasive medical device routinely placed on a finger or ear which measures levels of blood oxygen saturation and heart rate," said Victor A. Convertino, Ph.D., Tactical Combat Casualty Care Research Task Area Program Manager at the ISR.

"The algorithm provides a decision support system that could help a young medic who doesn't have much experience in pre-hospital care make life-saving decisions," Convertino added.

The standard measurements displayed by a pulse oximeter cannot detect whether a patient is in danger of crashing (going into shock) like the CRI.

The CRI has a gauge similar to a fuel gauge in a motor vehicle to

indicate when fuel is running low. The CRI gauge begins to show a loss in "fuel" well in advance of changes in blood oxygen or heart rate measured by the pulse oximeter.

According to Convertino, when a person is injured and bleeding internally, the body compensates by increasing heart rate and constricting blood vessels responses that elevate blood pressure.

This compensation creates a patient with vital signs and cognition that appear normal to the attending clinician.

The CRI will show that the patient is in danger whereas the pulse oximeter alone does not.

"A person can be bleeding out internally and seem normal until the body can no longer compensate and 'crash' in a matter of seconds," Convertino said.

Convertino and his



Courtesy photo

The Compensatory Reserve Index has a gauge similar to a fuel gauge in a motor vehicle to indicate when fuel is running low. The CRI gauge begins to show a loss in "fuel" well in advance of changes in blood oxygen or heart rate measured by the pulse oximeter.

team have conducted experiments on more than 230 participants using a lower negative blood pressure machine as a model of hemorrhage to collect the data that has been downloaded onto the algorithm.

"The physiology of using the LNBP machine looks the same as if someone were bleeding out," he said. "It's a way

of 'bleeding' someone without taking a drop of blood."

The CRI now requires Food and Drug Administration approval.

"We have developed a protocol to conduct clinical trials," Convertino said. "We're pretty confident that the CRI will receive FDA approval within the next year."



Photo by Steven Galvan

Victor Convertino (left) demonstrates how the Compensatory Reserve Index works to Brig. Gen. (Dr.) Joseph Carvalho Jr. (right), commander of the U.S. Army Medical Research and Materiel Command, as Col. (Dr.) Michael Weber, commander of the U.S. Army Institute of Surgical Research looks on. Convertino is the tactical combat casualty care research task area program manager for the U.S. Army Institute of Surgical Research at Joint Base San Antonio-Fort Sam Houston.

# FSHISD explains 2013-2014 non-resident transfer student program

The Fort Sam Houston Independent School District will accept non-resident transfer student applications for the upcoming 2013-2014 school year in pre-kindergarten through grade 12, which will be granted for one school year at a time on a tuition-free basis.

Transfer decisions are made without regard to race, religion, color, gender, disability, national origin or ancestral language.

There are three types of transfer students:

**Current NRT students:** Parents of children currently attending a FSHISD

school as a NRT will receive an email Tuesday, which will include the required documents and application. Applications will be accepted from Tuesday through Aug. 23.

**First-time NRT applicants:** All first-time applicants for the non-resident transfer student program will have the opportunity to apply beginning May 14, when required information and forms will be posted on the District website. Applications will be accepted May 14 through Aug. 23.

**Current housing transfer students:** Parents

on the Lincoln Military Housing waiting list during the 2012-2013 school year who do not receive quarters by June 7, must reapply beginning June 10. Required information will be posted on the FSHISD website (<http://www.fshisd.net/home>) for the summer process.

Non-resident transfer students are children of active duty military parents who do not reside on the installation in Lincoln Military Housing and have successfully completed the non-resident transfer application process.

A resident student who

becomes a non-resident due to a parent retiring from military active duty or who moves out of the district is permitted to continue in attendance for the remainder of the school year and is eligible to apply for a transfer.

Additionally, a parent may file a request that his or her child be admitted into District schools at the FSHISD Office of the Superintendent if the parent meets one of the following categories:

- Is serving on active military duty. National Guard and Reserve military members shall be considered to be serving on active military duty only if called to active military duty by order of the President of the United States.

- Is awaiting housing on the approved

JBSA-Fort Sam Houston Military Housing wait list, with an approximate move-in date into available quarters within the 2013-2014 school year.

- Is employed by FSHISD.

- Has retired from active duty military service after having been assigned to a military installation in San Antonio and is employed on federal property.

All non-resident transfer students need to reapply each year and meet FSHISD eligibility criteria.

In approving transfers, the superintendent will consider availability of space, availability of instructional and support staff, the student's disciplinary history, attendance, grades and any potential adverse effect on resident students.

First priority is given to students who meet the non-resident transfer criteria and are currently enrolled as an NRT student.

Completed applications should be submitted in person to the Office of the Superintendent at the District Administration Office, located at 4005 Winans Road.

For further information, call 368-8707. For details, visit the FSHISD website at <http://www.fshisd.net>.

The district office will have extended hours of operation of 7:30 a.m. to 5 p.m. Monday through Thursday from June 10 to July 27.

The district office will be closed July 1 through 5. Regular office hours resume the week of July 29.

**Did you know?**

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service.

It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



# Army Medicine realigns medical readiness divisions

By Kirk Frady  
Army Medical Command  
Public Affairs

To better support the Army Force Generation cycle and assist the active and Reserve components in improving medical readiness, Lt. Gen. Patricia D. Horoho, commanding general of Army Medical Command, directed the realignment of the regional medical readiness divisions within each of the Army's five regional medical commands.

The medical readiness division realignment will be a two-phased opera-

tion, with a completion date of Oct. 1, 2015.

The mission of the medical readiness branches will be to coordinate, synchronize and standardize health service support for the Army Force Generation, or ARFORGEN, process and provide staff assistance for deployable and/or mobilized active and Reserve components, or AC/RC, units/personnel within their region.

They will also monitor the health readiness status of deploying and mobilizing AC/RC units/personnel within the regional medical com-

mand, or RMC, area of responsibility.

In addition, readiness branches will coordinate all medical readiness functions, to include medical readiness metrics, Soldier readiness processing, standardization for medical mobilization and demobilization, deployment health assessments, medical protection system and eProfile.

"Medical readiness means that service members are free from health-related conditions, including dental conditions, which could limit their ability to carry out

their duties and result in non-deployment," said Col. Roman Bilynsky, Army Medical Command's G-37 chief of the medical readiness division.

"Medically ready Soldiers require less medical and dental support in theater, which translates into fewer medical evacuations from theater, which conserves available strength by minimizing unnecessary intra-theater travel and maximizing medical support for combat operations," Bilynsky added.

The two-phased realignment began in June

2012, and involved the realignment and renaming of the divisions as Regional Medical Command G-37, Medical Readiness Branch.

The second phase will consist of the execution of the Regional Medical Command G-37, Medical Readiness Branch collocation and hiring plans.

When the dust settles, Western Regional Medical Command and Southern Regional Medical Command G-3 medical readiness branches will collocate with their respective RMC headquarters while the Northern Regional Medical Command G-37

medical readiness branch will remain with the Northern Regional Medical Command headquarters at Fort Belvoir, Va.

"Ensuring the medical readiness of our forces has always been a challenge, especially among the Reserve/Guard components," Bilynsky said.

"However, with the realignment of our medical readiness advisors with Regional Medical Command staff, we will be better able to coordinate and influence mobilization and pre-deployment medical readiness to ensure all of our forces, regardless of component, are optimally prepared to perform their warfighting mission."

## Hand hygiene helps eliminate superbug

By Alicia Astorga  
59th Medical Wing

A more aggressive strain of the dangerous *Clostridium difficile* bacteria has appeared and the new superbug is not only resistant to some antibiotics, but also produces toxins more harmful than previous strains.

*Clostridium difficile*, also known as *C. difficile* or *C. diff*, is a spore-forming, toxin-producing bacteria whose symptoms may be mild to moder-

ate watery diarrhea and abdominal cramps.

In severe cases, inflammation of the colon or patches of raw tissue may bleed or produce pus.

Symptoms may include watery diarrhea 10 to 15 times per day, fever, blood or pus in stool, nausea, dehydration, loss of appetite, weight loss and severe abdominal cramps.

The bacteria affects mostly the elderly in hospitals or in long-term healthcare facilities.

The majority of infec-

tions occur in health care settings where bacteria are spread mainly on hands from person to person.

The bacteria is often transmitted environmentally by touching cart handles, bedrails, tables, toilets, sinks, stethoscopes, thermometers, telephones and remote controls.

About one-fourth of persons with *C. diff* will get a recurring infection. In some cases, treatment includes stopping the antibiotic that triggered the

infection. In other cases, an antibiotic may be prescribed to keep *C. difficile* from growing. This will allow the normal bacterial flora of the colon to grow.

Other options may include surgery to remove the diseased portion of the colon or treatment by fecal transplants. The later treatment involves placing stool from a healthy donor, often a relative, in the colon of the infected person to restore normal bacterial flora.

How can you prevent the spread of *C. diff*?

A good way to keep germs at bay is by exercising proper hand hygiene.

Soap and water is more effective than alcohol-based sanitizers because sanitizers will not kill the *C. diff* spores.

Contaminated surfaces should be sanitized with products that contain bleach to destroy spores.

Practicing good hand hygiene will keep this superbug off your hands and help prevent the transmission of harmful bacteria to other people and the environment.



Courtesy photo

Good handwashing techniques are one of the best measures to prevent diseases and illnesses.

## Family Servicemembers' Group Life Insurance benefit changes

By Jim Garamone  
American Forces Press Service

Service members married to other service members are no longer automatically enrolled in the Family Servicemembers' Group Life Insurance program, Pentagon officials said April 29.

The change was effective Jan. 2, and to date affects about 4,500 service members, said Coast Guard Cmdr. Kris-

ten Martin, who heads the Defense Department's SGLI policy office, in an interview with American Forces Press Service and the Pentagon Channel.

Martin emphasized that no changes have been made to the Servicemembers Group Life Insurance program in which all service members are enrolled.

SGLI provides up to a \$400,000 payment to a service member's benefi-

ciary, while the Family SGLI term insurance benefit provides a payment to a service member of up to \$100,000 upon the death of a spouse or \$10,000 for dependent children.

The Veterans Affairs Department administers the program.

There are no changes for personnel who were auto-enrolled before Jan. 2, nor are there changes for military members married to civilian

spouses, Martin said.

"If you were married to another service member on Jan. 1 or before, there are no changes to your [Family SGLI] coverage," she added.

Congress recognized that most service members already have \$400,000 in coverage per person, and that the beneficiary receives that money, Martin explained.

"In a member-to-member couple, spouses are

no longer automatically enrolled in Family SGLI," she said.

"They must now opt into the program by filling out the proper forms and submit them for processing."

Forms are available at all military finance offices. For a spouse 35 years old, the Family SGLI premium is \$5 a month.

Federal law does not recognize same-sex partners as spouses, so the program does not apply those couples.

"A service member could designate their same-sex partner as a beneficiary for their regular SGLI insurance policy," Martin said.

Dual-service-member couples should ensure the marriage is reported in the Defense Enrollment Eligibility Reporting System, Martin said.

"Ideally, each person in a member-to-member marriage will notate that their spouse is active duty. Service members sometimes forget to do this."

# INSIDE THE GATE

and Family Readiness, Building 2797. Call 221-2380.

## De-Stress for Success

Tuesday, May 14 and 21, 2:30-4:30 p.m., Red Cross, Building 2650. Call 221-0349.

## Real Time Resiliency

Wednesday, 9-11:30 a.m., Warfighter and Family Readiness, Building 2797. Call 221-0946.

## Infant Massage

Wednesday, May 13, 20 and June 3, 10-11:30 a.m., Dodd Field Chapel. Call 221-0349.

## First Termer Financial Readiness

Wednesday, noon-6 p.m., Warfighter and Family Readiness, Building 2797. Call 221-2380.

## Five Love Languages of Couples

Wednesday, May 15 and 22, 5:30-7:30 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0349.

## Post-Deployment Resiliency for Families

Thursday, 1-3 p.m., Warfighter and Family Readiness, Building 2797. Call 221-0946.

## Last of the Red Hot Lovers

Thursday through June 8, 8 p.m. at the Harlequin Dinner Theatre, Building 2652. Dinner is served at 6:30 p.m. and the show begins at 8 p.m. For reservations, call 222-9694.

## Military Spouse Appreciation Day

May 10, 1-4 p.m., Warfighter and Family Readiness, Building 2797, enjoy light refreshments, informational booths, prizes and giveaways and children's activities. Call 221-0946.

## MOAA Scholarship Luncheon

The Alamo Chapter of the Military Officers Association of America will hold a scholarship luncheon noon May 16 at the JBSA-Fort Sam Houston Golf Club. Register by May 13 at <http://www.alamomoa.org/index.cfm>.

## Fort Sam Houston ISD Seeks Board Members

The Fort Sam Houston Indepen-

dent School District is soliciting for nominees for three openings on the board of trustees. Candidates, civilian or military, must live or work on JBSA-Fort Sam Houston. Trustees must take an official oath of office and serve without compensation. Interested applicants must submit a resume to the School Liaison Office, Building 2797, by May 17. For more information, call 221-2214 or 221-2256.

## Teen Resilience Workshop

Comprehensive Soldier and Family Fitness will hold a resilience workshop for high school age teens 5-6 p.m. May 21 at the CSF2 Training Center, Building 2620. Call 808-6089.

## Asian Pacific American Heritage Month

The 32nd Medical Brigade will host an Asian Pacific American Heritage Month observance noon-1 p.m. May 23 at Blesse Auditorium, Building 2841. Maj. Gen. M. Ted Wong, commander, Southern Regional Medical Command is the guest speaker. Call 221-0417.

## Aquatic Center Opens May 25

The aquatic center pool will be open daily noon-8 p.m. starting May 25. Call 221-4887.

## Swimming Lessons

All lessons are taught in accordance with American Red Cross standards. Every participant will receive eight days of lessons. The dates for the sessions are June 10-21, June 24-July 5, July 8-19 and July 22-Aug. 2. For rates and registration, call 221-4887.

## Moms and Tots Stroll

Monday, Wednesday and Friday, 9-11 a.m., Fitness Center on the METC, stroll on the indoor track and win prizes. Call 808-5709.

## SKIESUnlimited Classes

SKIESUnlimited classes for children ages 18 months to 18 years include Tae Kwon Do, private piano lessons, creative dance and ballet/tap. Call 221-3381 for dates and times.

## Bowl to Win Prizes

The JBSA-Fort Sam Houston Bowling Center is offering the opportunity for bowlers to win prizes this summer. Receive "Bowling to Win"

entry forms with your paid games through Aug. 26. Drawings for prizes will be held Aug. 23 during Bowler Appreciation Week. Call 221-4740.

## Cheer Coaches Needed

JBSA-Fort Sam Houston Youth Sports is looking for volunteers to coach children 5-12 years of age for the 2013 cheer season. Volunteer coaches must be at least 21 years old and willing to commit for the entire season, August through November. All volunteer coaches are required to complete an application and consent to a background check. Call 221-5519 or 221-4492.

## JBSA-Fort Sam Houston Ticket Office

The ticket office is located in the Sam Houston Community Center and is open 10 a.m. to 5 p.m. Tuesday through Friday. Call 808-1378.

## Sportsman Range

The range is open 10 a.m. to 2 p.m. Saturday and Sunday. DOD card holders may shoot their personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call before coming out for target practice. Call 295-7577.

## Theater Arts Program

Children, ages 4 and up, can take the stage after a long day at school in the Theater Arts Program at School Age Services, Building 1705. The cost is \$80 for a month of biweekly classes. Classes are 4-5 p.m. for ages 4-6; 5-6 p.m. for ages 7-10; and 6-7 p.m. for ages 11 and up. Call 221-3381.

## Home Child Care Providers Needed

Family Child Care on JBSA-Fort Sam Houston is looking for family members interested in providing licensed child care in their homes. Providers can earn additional income at home, full or part time. Call 221-3828.

## Parent Central Customer Service

JBSA-Fort Sam Houston Parent Central assists walk-in patrons from 8 a.m. to noon and 2 to 4 p.m. for registration and 12:30 to 1 p.m. for out processing and payments. Parent Central is located in Building 2797,

on Fort Sam Houston. Call 221-4871.

## Catfish Pond Open

Saturday and Sunday, noon-6 p.m., JBSA-Camp Bullis, cost is \$3 per pound. Call 295-7577.

## Before and After School Care Registration

Register your child for before and after school care at JBSA-Fort Sam Houston Parent Central, 221-4871. Warriors in Transition and their family members should register at Soldier Family Assistance Center or call 916-6377. Registration is ongoing until full.

## School Liaison Office

The JBSA-Fort Sam Houston School Liaison Office can assist patrons in registration, provide information about the local school system and community, educate parents on school policies, procedures, programs and schedules and home schooling. Visit <http://www.footsammwr.com/youth/slo.html> or call 221-2214 or 221-2256.

## Story Time at the Library

Preschool children are invited to the weekly story time at 10 a.m. Thursdays, at the Keith A. Campbell Memorial Library, Building 1222 on Harney Path. Call 221-4702.

## Thrift Shop Open

The JBSA-Fort Sam Houston Thrift Shop at 3100 Zinn Road, run by the Spouses' Club of the Fort Sam Houston Area, is open to all DOD cardholders and full of clothing, shoes, housewares, toys, books, furniture, jewelry and more. Hours are 9 a.m. to 2 p.m. Wednesday, Thursday and the third Saturday of each month. Consigned items are taken from 9 a.m. to 1 p.m. Donations are taken anytime during regular business hours. Call 221-5794/4537 or click on <http://www.scfsh.com>.

## Pet Consult Services Available

The JBSA-Lackland Veterinary Treatment Facility provides animal behavior consult services for family pets. The VTF's military animal behavior resident is scheduling appointments. The Army resident can assist pet owners with understanding their pet's behavior, and preventing, managing, or resolving pet behavioral problems. Common problems may include aggression,

fear, anxiety, hyperactivity, inappropriate elimination and tail chasing. Call 671-3631 or 671-2245.

## Education and Training Office

The 502nd Force Support Squadron Education and Training Office offers a variety of military testing, including Professional Military Education, Career Development Courses and Defense Language Proficiency testing. PME Testing is conducted on Tuesdays, CDC on Wednesdays, and DLPT on Thursdays. Education and Training also offers Armed Forces aptitude testing such as the Armed Forces Classification Test and Armed Forces Officer Qualification Test. Tests scheduled on an as-needed basis. To schedule military testing at JBSA-Fort Sam Houston, call 221-0852.

## Basic Skills Education Program

Classes are Monday through Friday 7:30 a.m. to 3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. The class is designed to teach basic college preparatory skills to service members with a GT score less than 110. Call 221-1738.

## SAT and ACT Test Prep Programs

The SAT and ACT PowerPrep™ Programs are available online or DVD, and include more than 11 hours of video instruction and 3,000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, practice tests and graphic teaching illustrations. Eligible recipients included service members from all branches of the military who are active duty, retired, veterans, Guard, Reserve, DOD employees, contractors and civilians performing military support. The eKnowledge Sponsorship covers the complete \$200 purchase price for the standard SAT or ACT Test Preparation Program. There is a nominal charge of \$17.55 to \$19.99 per standard program for the cost of materials, support, streaming and shipping. Each SAT or ACT test preparation program has a one-year license from the day the product is ordered. To place an order, visit <http://www.eKnowledge.com/MAFB> or call 951-256-4076.

# 'Realizing the Dream: Equality for All' Law Day 2013 theme

By **Capt. Dustin B. Myrie**  
Staff Judge Advocate Office

The Office of the Staff Judge Advocate at U.S. Army North on Joint Base San Antonio-Fort Sam Houston celebrated the rule of law and promoted awareness of various legal issues during its annual observance of Law Day Wednesday.

Created in 1958 by President Dwight Eisenhower, the intent of Law Day is to highlight the rule of law's contribution to society.

Law Day 2013 is significant since it also marks the 150th anniversary of President Abraham Lincoln's Emancipation Proclamation, which freed more than 3 million slaves in 10 Confederate territories. Lincoln used his authority as Commander in Chief of the Armed Forces to issue this historic proclamation Jan. 1, 1863.

"Realizing the Dream: Equality for All" is the Law Day 2013 theme, with increased awareness on civil and human rights issues.

The OSJA at JBSA-Fort Sam Houston kicked off its celebration by hosting a civil rights lecture and group discussion at Robert

G. Cole High School April 3.

JBSA-FSH judge advocates talked to a group of 48 advanced placement U.S. History and U.S. Government students, addressing equality topics ranging from race and gender to immigration and disability. The event included an essay contest that gave students the opportunity to explore issues concerning equality in greater detail.

Law Day 2013 culminated with a luncheon and ceremony at the Fort Sam Houston Golf Club.

Members of the Bexar County Buffalo Soldiers' Association, dressed in the duty uniform of the day, treated the audience to a presentation that informed attendees about the first all-black U.S. Army Regiment's origin. The Buffalo Soldiers also explained the racial discrimination the original Soldiers encountered and the group's historical significance and contributions to military service.

The Buffalo Soldier's presentation provided context to the OSJA's efforts to increase civil rights awareness within the local legal community while engaging in camaraderie and fostering esprit de corps.

## OUTSIDE THE GATE

### National Train Day

Amtrak Station in San Antonio will host the Sixth Annual National Train Day 10 a.m.-4 p.m. May 11, and festivities will stretch from the railroad crossing on Commerce Street at Sunset Station, south to the Amtrak Station complex at 350 Hoefgen Street. Tours, music and displays are free and open to the public. Free parking will be available at the Ellis Alley Park and Ride lot, 212 Chestnut Street. Visit <http://www.nationaltrainday.com> or <http://sarhm.com>.

### Adventure Race IX

Individuals or teams can participate in Adventure Race IX 8 a.m. May 11 at the Laughlin Weather Hanger, Laughlin Air Force Base. To register, visit <https://>

[invitations.afit.edu/inv/anim.cfm?i=143763&k=0365410E7D54](http://invitations.afit.edu/inv/anim.cfm?i=143763&k=0365410E7D54). For more information, call 830-298-5756 or 830-298-5830.

### Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets at 5 p.m. on the third Thursday of each month at the Longhorn Café, 1003 Rittiman Road. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 539-1178.

### Foster a Puppy

The Department of Defense dog breeding program needs families to foster puppies for three months. Potential foster families need time and patience to raise a puppy age 12 weeks to six months, a stimulating and safe home environment and a desire to help raise a military working dog. Call 671-3686.

## FSHISD WEEKLY CAMPUS ACTIVITIES MAY 6-11

### Fort Sam Houston Elementary School

**Tuesday**  
National Teachers Day

**Wednesday**  
National School Nurse Day

**Friday**  
PTO Dad's Day, 7:30 a.m. to 3 p.m.

### Robert G. Cole Middle and High School

**Monday**  
AP chemistry exam, 8 a.m.  
AP psychology exam, noon

**Tuesday**  
AP computer science exam, 8 a.m.  
All honor societies Induction, 4:30 p.m., high school mall area

### Wednesday

AP calculus AB, 8 a.m.

### Thursday

Cole ninth-grade spinal screening  
AP English literature composition exam (12th grade), 8 a.m.

### May 10

Cole ninth-grade spinal screening  
AP statistics exam, noon  
Boys and girls track state meet at University of Texas-Austin  
AP English language and composition exam (11th grade), 8 a.m.

### May 11

Boys and girls track state meet at University of Texas-Austin  
Cole band banquet at middle school mall, 6:30 p.m.

**FOR SALE:** Dean Edge One 5-string electric bass guitar, classic black, basswood body, 34-inch scale, bolt-on maple neck, rosewood fingerboard, abalone dot inlays, 24 frets, soapbar pickups, \$120 cash only. Call 325-2432.

**FOR SALE:** New bike helmet \$19; New portable TVs, AC or battery power with AM/FM reception, \$29; skateboard \$20; new Penmate Vari Kennel for large dogs, 40-by-27-by-30 inches, in original carton, \$76; solid wooden desk, 42-by-42-by-30 inches, with shelves, drawer and electrical outlets and phone jacks \$115 obo. Call 313-0061.



### INSIDE from P16

#### Cloverleaf Communicators

Meetings are held the first and third Friday of every month 11:45 a.m.-1 p.m. at Building 4011A, off Reynolds and Wilson Way. Visit <http://powertalkinternational.com/> or call 916-3406 or 221-8785.

### Future Speakers on the Horizon

Enjoy food and develop public speaking and leadership skills the second and fourth Wednesday of each month, noon-1 p.m. at the Joint Program Management Office, Building 4196. Call 295-4921.

### Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the last Thursday of each month, noon-1 p.m. at the Army Medical Department Museum. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 221-4424 or 837-9956.

### Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the JBSA-Lackland Gateway Club. Call 658-2344.

## CHAPEL WORSHIP SCHEDULE

### PROTESTANT SERVICES

#### Sundays

**Main Post (Gift) Chapel**  
Building 2200, 1605 Wilson Way  
8 and 11 a.m. - Traditional

#### Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.  
8:30 a.m. - Samoan  
10:30 a.m. - Gospel

#### Army Medical Department

**Regimental Chapel**  
Building 1398, 3545 Garden Ave.  
9:20 a.m. - 32nd Medical Brigade  
Collective Service

11:01 - Contemporary "Crossroads"  
**Brooke Army Medical Center Chapel**

Building 3600,  
3851 Roger Brooke Rd.  
10 a.m. - Traditional

### CATHOLIC SERVICES

#### Daily Mass

Brooke Army Medical Center Chapel  
Building 3600,  
3851 Roger Brooke Rd.  
11:05 a.m., Monday through Friday  
**Main Post (Gift) Chapel**  
Building 2200, 1605 Wilson Way

11:30 a.m., Monday through Friday

#### Saturday

**Main Post (Gift) Chapel**  
4:45 p.m. - Reconciliation  
5:30 p.m. - Evening Mass

#### Sunday

8 a.m. - Morning Mass, AMEDD  
8:30 a.m. - Morning Mass, BAMC  
9:30 a.m. - Morning Mass, MPC  
11:30 a.m. - Morning Mass, BAMC  
12:30 p.m. - Morning Mass, DFC

### JEWISH SERVICES

8 p.m. - Jewish Worship,  
Friday, MPC  
8:30 p.m. - Oneg Shabbat,  
Friday, MPC

### ISLAMIC SERVICE

1:15 p.m. - Jummah, Friday,  
AMEDD

### LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,  
AMEDD

### BUDDHIST SERVICES

1 p.m. - Buddhist Services,  
Sunday, AMEDD

## Edwards Aquifer Level

in feet above sea level as of April 30

**CURRENT LEVEL\* = 647'**

\*determines JBSA water conservation stage

**Normal - above 660'**  
**Stage I - 660'**  
**Stage II - 650'**

**Stage III - 642'**  
**Stage IV - 640.5'**  
**Stage V - 637'**

For water restrictions, visit <http://www.502abw.af.mil>.



## Weekly Weather Watch

	May 3	May 4	May 5	May 6	May 7	May 8
San Antonio Texas	72° Partly Cloudy	80° Mostly Sunny	83° Partly Cloudy	85° Sunny	86° Partly Cloudy	85° Partly Cloudy
Kabul Afghanistan	73° Mostly Sunny	71° Mostly Sunny	72° Sunny	74° Sunny	75° Sunny	76° Sunny

(Source: The Weather Channel at [www.weather.com](http://www.weather.com))

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.