



**LEADERS
 CELEBRATE
 JULY 4, SEND
 HOLIDAY
 MESSAGES**
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A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO — FORT SAM HOUSTON



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Army South welcomes DiSalvo as new commanding general

By Eric Lucero
 Army South Public Affairs

Maj. Gen. Joseph P. DiSalvo assumed command of U.S. Army South from Maj. Gen. Frederick S. Rudesheim during a change of command ceremony Monday in front of the Army South headquarters on Joint Base San Antonio-Fort Sam Houston.

DiSalvo took over command of Army South following an assignment as the U.S. Southern Command chief of staff. Marine Corps Gen. John F. Kelly, the commander of U.S. Southern Command, hosted the ceremony.

During the ceremony, Kelly took the time to praise the progress Army South has shown in the nine months under Rudesheim's command and said he looks forward to how that progress will continue to grow under DiSalvo's watch.

"Today's not just about saying hello and goodbye, it's about recognizing the accomplishment of Fred and his great team," Kelly said. "It's all about celebrating the partnerships that U.S. Army South has built all across Latin America and the Caribbean; partnerships that have deepened during your tour, Fred, will continue to flourish under Joe's leadership."

While commanding Army South, Rudesheim was able to oversee several staff talks with partner nations, humanitarian missions, peacekeeping exercises and a deployment to Guantanamo Bay, Cuba, for a contingency response exercise.

While saying goodbye to the command, he reflected on all his



Photo by Eric Lucero

Marine Corps Gen. John F. Kelly (second from right), the U.S. Southern Command commander, hands the U.S. Army South colors to Maj. Gen. Joseph P. DiSalvo, the incoming Army South commanding general, during a change-of-command ceremony in front of Army South headquarters Monday.

command accomplished.

"I'm as proud as I can be of Army South. They've done everything that we have asked them to do and more," Rudesheim said. "We said it was all about partnering in a region where you can't do anything without partner nation buy-in and we worked to earn their trust, making 'Juntos Podemos' (Together We Can) a mindset, not just a motto."

"I never aspired to be the best commander, I just wanted to command the best unit," he added.

Kelly echoed Rudesheim's belief in partnering in the region.

"Success is a cooperative effort and the only way Army South will achieve is by working side-by-side with our many partners in Latin America and the Caribbean. Alone we fail. Together, we succeed."

After serving at SOUTHCOM, DiSalvo brings an understanding of Army South's mission in the area of operations that will assist as he transitions into his

News Leader
A PUBLICATION OF THE 502ND AIR BASE WING - JOINT BASE SAN ANTONIO - FORT SAM HOUSTON

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Wiggins: Independence Day celebrates volunteers

By Maj. Gen. Perry Wiggins
Deputy Commanding General,
Operations
U.S. Army North (Fifth Army)



This coming Thursday, we will commemorate the signing of a document which embodies many of the ideals which makes our country great – among them, that we are all created equal, that we have inalienable human rights and that we are guaranteed the rights to life, liberty and the pursuit of happiness.

It was a bold state-

ment. Our new nation was fragile, as George Washington's Continental Army was constantly on

the defensive in its struggle against the British. But eventually, those brave patriots prevailed; founding the nation we all know and love today.

Perhaps most amazing, though, is that the small band of Continental Soldiers and Minutemen fought an eight-year war without resorting to the draft.

Our Armed Forces are about to enter their 12th year of war in Afghanistan – and just like our ancestors at Bunker Hill, we have done so as

volunteers.

Many predicted that the all-volunteer force would be a failure when it was first established, 40 years ago this month.

But today, our Army of volunteers has achieved far more than anyone could have ever imagined.

However, we should also recognize that not all volunteers wear Army green.

Selfless service, one of our key Army values, is a value which also thrives in those who volunteer

in the local San Antonio community. Volunteers are what make our city, our nation and our community great.

Whether you spend your time assisting our youth, the elderly or the disadvantaged – you have the power to make our nation a better place.

This Independence Day, let's reaffirm our commitment to carry on the proud tradition of our ancestors, who volunteered their time and talent to help build a great new nation.

LaBrutta: Fourth of July a time to remember, reflect

By Brig. Gen. Robert D. LaBrutta
Commander, Joint Base San Antonio/
502nd Air Base Wing



Next Thursday, we will gather with friends and family to celebrate the birth of our nation – the United States of America – and our Declaration of Independence that was based on the foundation of freedom for all!

What could be better than paying tribute to our nation, while enjoying the fruits of an extended holiday weekend as we begin the summer?

As we take time to commemorate our Fourth of July holiday, let's take a moment to consider the courage it took for the founders of our country to make a formal break from Great Britain and the risks our forefathers took in suggesting such a bold act.

The message from King George III was very clear and unambiguous – that

treason would be met with death. However, following lengthy – often contentious and emotional arguments – on July 2, 1776, the founders of our nation voted and the Declaration of Independence was read aloud in public on July 4, 1776.

If we think back even further to the days before the Declaration, following the bloody battles at Lexington and Concord in 1775, it became clear that in order to secure our independence, an organized army needed to

be formed.

The Continental Congress approved the Continental Army on June 14, 1775. John Adams nominated then Col. George Washington to command it. The newly appointed General Washington accepted the nomination and we just celebrated the 238th birthday of the U.S. Army two weeks ago.

Regardless of service component, all of us should stand proud that our Army was the fulcrum that secured our independence and today is an integral team member and mission partner of Joint Base San Antonio!

All of us who are serving our country as Soldiers, Sailors, Marines, Airmen, Coast Guardsmen and Department of Defense civilians now carry the responsibility and tradition of our founders, sharing the hardships and sacrifices often required of those who serve this

great country.

Spouses and children share that sacrifice, anxiously waiting for parents who are currently deployed to distant regions around the world, frequently in harm's way.

Just like those who served before us, Battle Buddies, Devil Dogs, Shipmates and Wingmen watch over one another and our families both on the home front and down range.

During this Fourth of July holiday weekend, I ask you to join me in ensuring we keep all of those members and families in our thoughts and prayers as we celebrate the freedoms they are securing for all of us at home.

On July 4th and throughout the weekend, amid the barbecues, pool parties and mega-sales at area stores, please take time to reflect on the true meaning of the holiday.

The torch of freedom was lit by our forefathers through the Declaration of Independence and you and I proudly carry the torch forward today.

In closing, I leave you with the last couple of stanzas from a poem written by Ralph Waldo Emerson in 1904. It's called "A Nation's Strength":

*"Not gold but only men can make
A people great and strong;
Men who for truth and honor's sake
Stand fast and suffer long.
Brave men who work while others sleep,
Who dare while others fly...
They build a nation's pillars deep
And lift them to the sky."*

Let's take time to remember and reflect! Have a safe and wonderful Fourth of July holiday!



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News Briefs

5th Recruiting Brigade Change of Responsibility

The U.S. Army 5th Recruiting Brigade conducts a change of responsibility ceremony at 10 a.m. Tuesday at the Alamo in downtown San Antonio. Command Sgt. Maj. Maurice A. Thorpe will pass his duties and responsibilities to Command Sgt. Maj. Manuel D. Atencio. Col. L. Wayne Magee Jr., commander of 5th Recruiting Command, will officiate the event.

USAF Band of the West Independence Day Concerts

The U.S. Air Force Band of the West's concert band will be performing several Independence Day tribute concerts in the local area. These include at 3 p.m. Sunday at the Kerrville Cailloux Theater (tickets available at all six Bank of the Hills walk-in locations); 7 p.m. Tuesday the Schertz Civic Center and 7 p.m. Thursday and July 5 at SeaWorld San Antonio (free with admission to the park). Concerts are free and open to the public. For more information, call 671-3934.

IDEA, PECEI Programs Suspended

Effective immediately, the Air Force Innovative Development Through Employee Awareness and Productivity Enhancing Capital Investment programs have been suspended and submissions will no longer be accepted. These programs are being suspended to support the Air Force vice chief of staff's "Airmen Powered by Innovative" initiative. A new process to capture innovative ideas should be operational Monday. For those who submitted ideas utilizing the IDEA Program Data System prior to June 1, those ideas will continue to be processed. For more information, call 652-8954 or 652-4332.

Pools implement swimming fees

All swimming pools throughout Joint Base San Antonio have implemented swimming fees, except for lap swimming and training. Fees are: \$2 for all-day child pass (10 years and under), \$3 all-day daily entry per adult, \$35 all-season military student pass, \$45 all-season individual season pass, \$85 all-season family pass (for three persons, \$10 each additional family member) and \$65 for

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502nd Air Base Wing stand down aims to stamp out sexual assault

By Staff Sgt. Marissa Tucker
JBSA-Lackland Public Affairs

The 502nd Air Base Wing observed a Sexual Assault Prevention and Response Stand Down Day Monday as a means to opening up dialogue on the matter and to clearly outline senior leadership's zero tolerance policy related to this criminal behavior.

Brig. Gen. Bob LaBrutta, Joint Base San Antonio and 502nd Air Base Wing commander, conducted commander's calls at all three JBSA locations throughout the day, describing the significant toll sexual assaults take on the Department of Defense and sharing his stance on sexual assault and harassment.

"The intent here today

is to put it on the table," LaBrutta said. "Airmen share a special bond and we have to be able to trust each other. Not only is there a trust between us, there's a trust between the American people and us to do our jobs – and unfortunately, right now, we're not living up to those expectations."

During the stand down, the general spoke about three characteristics that he believes 502nd ABW members need to keep in mind as together they identify and prevent current and future cases of sexual misconduct throughout the ranks from occurring – conviction, courage and commitment. By applying these standards of character, Air Force members

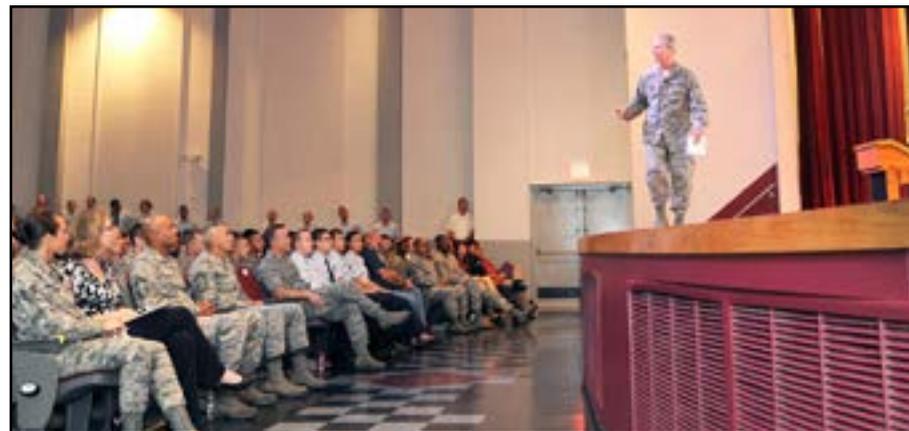


Photo by Melissa Peterson

Brig. Gen. Bob LaBrutta, Joint Base San Antonio and 502nd Air Base Wing commander, conducted commander's calls at all three JBSA locations Monday like this one at JBSA-Lackland, describing the significant toll sexual assault takes on the Department of Defense.

of JBSA will take an active role in protecting each other from potential predators.

"I need your conviction to understand that sexual assaults and sexual harassments are occurring

in our family, in our house every single day. It's not a big Air Force ... somewhere else problem, it's happening here," he said.

"Through courage and commitment, let's come

up with ideas and recommendations that can be rolled together so we can not only eliminate this problem in the 502nd Air Base Wing and Joint

See STAND DOWN, P18

14th Military Intelligence Battalion inactivates

By Gregory Rippes
470th Military Intelligence
Brigade Public Affairs

The number 14 figured prominently in the day's events: June 14 was not only the Army's 238th birthday and Flag Day, but also the day the 14th Military Intelligence Battalion inactivated.

The Soldiers standing in formation near the Martin Luther King Jr. memorial for the inactivation ceremony at one point also totaled 14 – one-tenth of their number eight months ago – but that was coincidental.

The battalion was activated at Joint Base

San Antonio-Fort Sam Houston Oct. 15, 2008, under the 470th MI Brigade.

On that day, its Soldiers already knew they would be deployed to support Operation Iraqi Freedom by bolstering the human intelligence-gathering capabilities of the United States and its allies in the region.

"Interrogations are a complex operation requiring lots of training, regulations and oversight," said Lt. Col. Kris Arnold, 14th MI Battalion commander.

"Interrogation under today's regulatory oversight is very challenging for the interrogator, but it is still a very effec-

tive form of collecting intelligence."

After serving in Iraq

from 2009 to 2010, the battalion retrained under new leadership and

deployed again in 2011, this time to Afghanistan in support of Operation Enduring Freedom. The battalion returned home in October 2012.

"This inactivation represents the closing down of a successful, lawful and very fruitful human intelligence collection organization that made a significant difference on the battlefield," Arnold said.

Arnold and battalion Command Sgt. Maj. Michael Fanelli performed the honors of casing the unit's historic colors to symbolize the inactivation. The inactivation places the unit in an



Photo by Gregory Rippes

Lt. Col. Kris Arnold (left), 14th Military Intelligence Battalion commander, and battalion Command Sgt. Maj. Michael Finelli begin to furl the unit's colors during the battalion's inactivation ceremony June 14. The colors will be cased until the Army activates the battalion another day. The ceremony took place near the Martin Luther King Jr. monument across from Building 1000 on Joint Base San Antonio-Fort Sam Houston.

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eight swimming lessons. For pool parties of less than 50, cost is \$75 per hour, which includes two lifeguards. For 50 or more people, an additional \$25 an hour is charged, which includes an additional lifeguard. For more information, call the Aquatic Center at 221-4887 or the Jimmy Brought Fitness Center at 221-1234.

Military Clothing Sales Offer Free Alterations For Wounded Warriors

The Army and Air Force Exchange Service offers free alterations and modifications for severely wounded, ill and injured Soldiers at all 79 Army Military Clothing stores around the world. This Army-led initiative ensures all wounded Soldiers receive free alterations and modifications on all issued uniforms in accordance with the Wounded Warrior Clothing Support Program, to include the Army Service, Combat and Improved Physical Fitness uniforms as well as undergarments. Eligible Soldiers must present an approved Army Form 3078 along with the prescribed modifications by their physical or occupational therapist to receive free services.

CPAC Furlough Call Center

The Joint Base San Antonio-Fort Sam Houston Civilian Personnel Advisory Center has a Furlough Call Center at 466-3065 or 221-1425. People can also send an email to usarmy.jbsa.hqda-cpac.mbx.inquiry@mail.mil. For the latest furlough information, visit the CPAC website at <http://www.samhouston.army.mil/cpac/>.

Wounded Soldier and Family Hotline

The Army chief of staff and the secretary of the Army established the Wounded Soldier and Family Hotline to give Soldiers and their families a place to share their concerns on the quality of care received. It also provides Army senior leadership with a valuable tool to determine if appropriate resources are devoted to solving medical-related issues in timely and comprehensive fashion. The hotline is available around the clock at 800-984-8523, 295-3700 or via email at wfsupport@amedd.army.mil.

ARNORTH Civil Support Training Activity conducts training at Fort Hood, Killeen

By Staff Sgt. Corey Baltos
Army North Public Affairs

Members of Golf Division, Civil Support Training Activity-Central, U.S. Army North (Fifth Army), were at Fort Hood and Killeen, Texas, from June 10 to 13 to provide Defense Chemical, Biological, Radiological and Nuclear Response Force training to three Fort Hood-based units in preparation for their annual certification requirements.

In the event of a catastrophic CBRN incident happening in the United States, the first responders would be the local authorities, followed by the state's National Guard civil support team.

However, in the event they were unavailable or the incident was too big for the local and state capabilities, there is another option. They can



Photo by Staff Sgt. Corey Baltos

Sgt. Noah Devoux, a chemical, biological, radiological and nuclear specialist with the 44th Chemical Company, 2nd Chemical Battalion, 48th Chemical Brigade, takes a sample of an unidentified liquid that was found in a lab of an abandoned hotel June 12 during his unit's Defense CBRN Response Force training exercise.

call in these active-duty military units that have assumed the DCRF mission for the fiscal year.

The DCRF units undergo training and certification by Army North's

CSTA-C to prepare for possible missions. The units trained included the 44th Chemical Company, 2nd Chemical Battalion, 48th Chemical Brigade; as well as the

546th and 566th Area Support Medical Companies, both with the 61st Multifunctional Medical Battalion, 1st Medical Brigade.

"We are assessing the units' ability to conduct survey operations of an area, as well as the sampling and presumptive analysis of possible hazardous materials, and the extraction and decontamination of casualties," said James Barkley, Golf Division chief, CSTA-C, Army North.

This type of training is not new to the Soldiers of the 44th Chem. Co., as they have been part of the DCRF for almost a year.

"We assumed the DCRF mission Oct. 1 and will continue on mission until Oct. 1, 2014," said Capt. Damian Dixon, company commander.

He explained they typically hold this mis-

sion for a one-year time period but they will be doing back-to-back missions.

The training they underwent was to prepare for their training proficiency evaluation June 14.

This evaluation is critical because it allows the unit to stay on the DCRF mission as well as maintaining key skills necessary for the job, Dixon said.

While the chemical company was the main focus of the training, the two area support medical companies assisted the 44th Chem. Co. by providing the ASMCS the opportunity to train before their proficiency evaluation in September and their participation in the Vibrant Response 13-2 exercise later this summer.

"We wanted to par-

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Army South completes Beyond the Horizon-Panama exercise

By Robert Ramon
Army South Public Affairs

"Beyond the Horizon is an opportunity for collaboration between nations," said Brig. Gen. Orlando Salinas, U.S. Army South deputy commanding general. "It epitomizes the strength of collaboration and partnership."

Along with Salinas, attendees for the ceremony included Jonathan Farrar, U.S. Ambassador to Panama, and Manuel Moreno, vice minister for Panama's Ministry of Public Security.

Beyond the Horizon 2013 is an exercise deploying U.S. military engineers and medical professionals to Panama and El Salvador for training, while providing humanitarian services to rural communities.

Conducted annually, BTH is part of U.S. Army South and U.S. Southern Command's humanitarian and civic assistance program. Working closely with host-nation forces and civilian organizations, BTH teams provided medical, dental and engineering support.

These types of exer-

cises are a major part of Army South's regional engagement efforts and afford the opportunity to train service members while providing needed services to communities throughout the region. The relationships built and sustained assist in building security and stability in the region.

"Beyond the Horizon 2013 strengthened the mutual cooperation that has always existed between the United States and Panama," Moreno said.



Photo by Robert Ramon

Brig. Gen. Orlando Salinas (left), U.S. Army South deputy commanding general, talks to Panamanian Soldiers at the conclusion of Beyond The Horizon-Panama.

See **BTH, P18**

ARNORTH CELEBRATES FLAG DAY WITH NURSING HOME RESIDENTS

Maj. Gen. Adolph McQueen Jr., deputy commanding general for support, U.S. Army North (Fifth Army), takes a closer look as a veteran proudly shows off his hat while at the Retama Manor Nursing Center June 14, during a Flag Day ceremony. "Today we celebrate Flag Day and the Army's 238th birthday – both in recognition of our country, and our military service," said McQueen, the event's guest speaker. A team of Fort Sam Houston Army Soldiers raised the flag up the center's newly installed flag pole in commemoration of more than 30 Armed Forces veterans who reside there.



Photo by Master Sgt. Kimberly Green

Exercise puts emergency medicine skills to the test

By John Franklin
Brooke Army Medical Center
Public Affairs

Fifteen physicians from the senior residency program at San Antonio Military Medical Center recently completed one of the most intense combat emergency medicine courses in the country.

The physicians spent six days learning post-graduate skills in the demanding arena of combat casualty care. The exercise gave graduating emergency medicine residents an opportunity to experience the challenges of practicing medicine on or near a battlefield.

This specialized training program was intended to give the new doctors some experience with battlefield medicine, explained Maj. (Dr.) Guyon Hill, director of

operational medicine, Brooke Army Medical Center Department of Emergency Medicine.

“Although the students are all active duty Army and Air Force emergency physicians about to graduate and go to their first assignment or deployments, they don’t get exposed to (combat casualty care) elsewhere in their residency,” he said.

Hill and Maj. Paul Allen, a physician assistant with the Department of Emergency Medicine, spent nine months planning and coordinating this realistic training exercise.

They describe the training as “one of the most ambitious” programs in the Department of Defense. The emer-

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Photos by John Franklin

Two physicians wait with a helicopter crew member from the Texas National Guard's 149th Aviation Battalion to be hoisted up using the “jungle penetrator.”



Physicians and Special Forces Soldiers provide care to the wounded during the exercise at Joint Base San Antonio-Camp Bullis.



An emergency medicine physician rides up on the “jungle penetrator” to a hovering helicopter with a crew member from the 149th Aviation Battalion. Once up to the helicopter, they are pulled into the cabin and unhooked. While the helicopter flew a short course, the physician worked on a simulated casualty to experience providing medical care in a moving helicopter.



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Events

July

Service Member and Family Readiness

Patrons invited to resume writing workshop

JBSA-Randolph Airman and Family Readiness Center staff teaches new resume writing techniques July 10, 9-10:30 a.m., to assist in job searching. To sign up, call 652-5321.

Class focuses on Veterans Affairs claim process

The JBSA-Lackland Airman and Family Readiness Center offers an Understanding the VA Claim Process class July 16, 10 a.m.-noon. Topics include electronic benefits, how to fill out claim forms and the power of attorney process. To sign up, call 671-3722.

Spouses learn reintegration and resiliency skills

The JBSA-Randolph Airmen and Family Readiness Center is offering spouses of returning military members a pre-reintegration workshop called Open Arms July 17 from 1-2 p.m. The class will cover solutions to the various challenges specific to couples and families reuniting and provide resiliency skills and resources. Seating is limited and registration is required. To register, call 652-5321 or email randolpha&frc@us.af.mil.

Child safety seats inspected

JBSA-Fort Sam Houston Fire Department inspects children's safety seats July 18, 1-3 p.m., for recalls, functionality and proper installation. One seat will be provided per child to replace those that are deemed unserviceable. Registration is required and children must be present for proper weight and height measurements. For registration and information, call 221-0349.

Exceptional Family Member Program assists families

The EFMP Support Group will meet July 18, 11:30 a.m.-12:30 p.m., at JBSA-Fort Sam Houston's Warfighter and Family Readiness Center. The event is open to EFMP special needs children aged 6-18. For more information, call 221-1616/2418 or email usaf.502-fis-efmp@mail.mil.

Patrons learn to cope with transition

The JBSA-Randolph Airmen and Family Readiness Center is offering a Coping with Transitions class presented by a Military and Family Life Counselor July 19, 3-4 p.m. Individuals will discuss struggles people face when dealing with transitions and be introduced to the ADAPT (Adjust, Develop, Activate, Prioritize and Transition) model. To register, call 652-5321 or email randolpha&frc@us.af.mil.

Patrons learn to navigate the federal employment process

The JBSA-Lackland Airman and Family Readiness Center conducts a Federal Resume Process class July 19, 11 am.-1 p.m. Topics include a review of the civilian hiring process, Office of

Personnel Management guidance and terminology and navigating through the federal employment website. To sign up, call 671-3722.

Patrons learn to manage stress

Patrons are invited to attend a two-part class July 22 and 29, 2-4 p.m., at JBSA-Fort Sam Houston Warfighter and Family Readiness Center, to learn how to manage stress for success. For more information or to register, call 221-2418.

Airmen prepare for civilian life

The JBSA-Lackland Airman and Family Readiness Center conducts a five-day Transition Assistance Program to teach military members skills for a successful transition to civilian life. A pre-separation briefing and completion of DD Form 2648 are the prerequisites for attendance. The class is July 22-26, 7:45 a.m.-4 p.m. To sign up, call 671-3722.

Newcomers get started on the right foot

The JBSA-Lackland Airman and Family Readiness Center hosts the Right Start newcomer's orientation Wednesdays, 8 a.m.-2:30 p.m., at the Gateway Club. The orientation is for all Air Force active-duty members who are newly assigned to JBSA-Lackland. Attendance is mandatory. To sign up, contact the unit personnel coordinator or commander support elements. For more information, call 671-3722.

Employment Readiness offers exceptional classes

JBSA-Fort Sam Houston Employment Readiness offers classes at Warfighter and Family Readiness Center designed to help patrons acquire employment. Employment Orientation focuses on opportunities in the San Antonio community. General Resume Writing and Federal Resume Writing both focus on proper construction styles. Multiple classes are available. For more information and registration, call 221-0516 / 0427 / 2418.

Bowling

Patrons celebrate July 4th

The JBSA-Fort Sam Houston Bowling center is offering \$1 per game, per person with \$1 rental shoes on July 4. They also have a Family Special which is two hours of bowling, shoes, soda and a 16-inch pizza for only \$35.

Patrons can knock down a few pins at the JBSA-Randolph Bowling Center July 4 for \$2.25 per game, per person (does not include shoe rental). The snack bar special, located on site, is 50 cent hot dogs (while they last). For more information, call 652-6271.

Bowling center offers quarter mania

The JBSA-Randolph Bowling Center offers a break from the heat inside its cool air conditioned walls Mondays in July, 4-9 p.m. Bowl as many games as you want with an \$8 cover and \$.25 per game. Shoe rental is included. For more information, call 652-6271.

Bowlers go cosmic

Cosmic bowling with glow-in-the-dark balls and pins, laser lights and music takes place every Friday, 9 pm.-midnight, and Saturday, 7 pm.-midnight, at the JBSA-Lackland Skylark Bowling Center. A DJ appears the third Saturday of the month. For more information, call 671-1234.

Buy one get one free Sundays

The JBSA-Randolph Bowling Center offers customers one free game for every game purchased every Sunday in July, 1-9 p.m. For more information, call 652-6271.

Go "Bowling to Win" great prizes

JBSA-Fort Sam Houston Bowling Center offers bowlers the opportunity to win prizes all summer. Patrons receive entry forms with every paid game through Aug. 23. Drawings for the winners will be conducted Aug. 26 during Bowler Appreciation Week. For more information, call 221-4740.

Patrons enjoy free summer bowling

The JBSA-Lackland Skylark Bowling Center offers summer passes for one free game per day, per person. Passes may be used anytime during open bowling sessions through Aug. 23. Passes are not valid for cosmic bowling or in combination with any other special offer or program. For more information, call 671-1234.

One dollar bowling scores big

JBSA-Fort Sam Houston Bowling Center offers patrons \$1 per game, per person with \$1 shoe rentals every Tue., Wed., Thu. and Sun. For more information, call 221-4740.

Clubs

Members have fun playing bingo

The JBSA-Randolph Kendrick Club offers Bingo Extravaganza July 1 and 15, with total jackpots of \$15,000, a complimentary buffet at 5 p.m. and Early Bird bingo at 6 p.m. Participants must have a ticket from purchasing bingo machine/cards to eat at the buffet. For more information, call 652-3056.

Patrons enjoy a game of patriotic bingo

The JBSA-Randolph Kendrick Club offers patrons a chance to compete for the best dressed patriot on July 4th. The first place winner receives \$50 in club bucks, the second place winner receives \$35 in club bucks and third place gets \$25 in club bucks. For more information, call 652-3056.

Prime rib buffet a hit with diners

The JBSA-Lackland Gateway Club features a prime rib buffet July 12, 5-8 p.m. Entrées of prime rib, stuffed pork chops and baked tilapia with white wine sauce are on the menu along with

JBSA FSS

Prime Rib

BACK BY POPULAR DEMAND EVERY FRIDAY NIGHT IN JULY • 5-8 p.m.
Excluding July 5th

Each entrée includes a tossed salad, loaded baked potato, steamed green beans almandine and either a blooming onion for an appetizer or an apple pie for dessert. Car a la carte menu is also available. Club members take an extra \$2 off the listed price! Located in the Clark room inside the Parr Club.

Petite • 8 ounces • \$20.45
Dinner • 12 ounces • \$23.45

Contact the Randolph Parr Club at 652-4884 or 658-7445 for more information.



side dishes, soup, salad and bread pudding with bourbon sauce for dessert. The price is \$17.95 per person for members and \$19.95 per person for nonmembers. For more information, call 645-7034.

Club members honored with special dinner

The JBSA-Lackland Gateway Club hosts a members' appreciation dinner July 16, 5-8 p.m. Patrons will dine on a buffet dinner with beef, chicken and fish entrées. The price is \$10.50 per member and \$12.50 per nonmember. For more information, call 645-7034.

Patrons invited to one year anniversary

The JBSA-Randolph Parr Club invites patrons to celebrate the one year anniversary July 16 at the Air City Bar and Grill. A birthday cake will be cut at noon and the first 30 customers will get to draw from a basket of goodies, i.e., complimentary lunch, appetizer, dessert, buy one steak and get one steak free, glass of wine, etc. For more information, call 652-4864.

Birthday buffets are back by popular demand

The JBSA-Randolph Parr Club offers an all-you-can-eat birthday buffets in the Clark Room July 24 and Aug. 28. Club members celebrating their birthday any day of the current month will receive a complimentary buffet. Adult guests and nonmembers pay \$13.95 and nonmember children 6-12 years old pay \$7.95. Club members that are not celebrating are invited as well and the cost is \$11.95 for adults, kids, 6-12 years old are \$5.95 and kids under 6 are free. Please be prepared to show your club card along with a DOD ID card. For more information, call 652-4864.

Club holds Mongolian Barbecue Night

The JBSA-Lackland Gateway Club holds Mongolian Barbecue Night July 26, 5-8 p.m. Patrons may choose from a variety of meats, vegetables and sauces to create their own unique meal. The price is 95 cents per ounce. For more information, call 645-7034.

Patrons enjoy Champagne brunch

Sunday brunch takes place at the JBSA-Randolph Parr Club every Sunday from 10 a.m.-1 p.m. It includes a carving station, oysters, mussels and salmon. The cost is \$20.75 for club members or \$22.75 for nonmembers. For more information, call 652-4864.

The JBSA-Lackland Gateway Club offers Sunday brunch 9:30 a.m.-1:30 p.m. The menu features breakfast and lunch hot entrées, side dishes, desserts and a glass of Champagne. The price is \$13.95 for members, \$15.95 for nonmembers, \$11.95 for basic military trainees and technical training students, \$7.95 for children ages 6-12 and children ages 5 and under eat for free. For more information, call 645-7034.

Community Programs

Gamers invited to Xbox tournament

JBSA-Lackland Arnold Hall holds a free Xbox tournament July 19, 6-8:30 p.m. The practice session begins at 5 p.m. Prizes and refreshments will be provided. The event is open to customers 16 and older. Anyone under the age of 16 must be accompanied by a parent or guardian. For more information, call 671-2619.

Children audition for Missoula Children's Theater production

Audition registration is underway at the JBSA-Lackland Arnold Hall and JBSA-Youth Center for this year's Missoula Children's Theater production of "Snow White and the Seven Dwarfs." Auditions are open to children in grades 1-12 July 29, 10 a.m., at Arnold Hall. For more information, call 671-2619.

Wood Skills offers variety of services

The JBSA-Randolph Community Services Mall has a variety of wood products to include standard flag triangle boxes, oak shadow box and coin holders. They also provide storage, equipment certification and milling work for nominal fees. Custom projects vary in pricing. For more information, call 652-7422.

Local attractions offer fun for the summer

The JBSA-Randolph ITT offers entertaining options for kids during summer break, such as IMAX or Regal Theaters, Ripley's Believe It or Not, Wax Museum, Haunted Adventure, Guinness World Record Museum, Mirror Maze, Natural Bridge Caverns, Natural Bridge Wildlife Ranch, Rio San Antonio Boat Ride and the Malibu Grand Prix. Stop by the JBSA-Randolph ITT in building 895 for special discount passes to all these plus many more attractions. For more information call 652-5142.

Patrons shop Flea Market

The JBSA-Fort Sam Houston flea market takes place Aug. 3, 7 a.m.-1 p.m. Sellers are advised to arrive no later than 6:30 a.m. to set up. The sale is open to the public. For more information, call 221-5224.

Fitness and Sports

Fitness center celebrates independence day

The JBSA-Randolph Fitness Center celebrates this country's independence with a "Stars and Stripes" 5K run/walk July 3, 7:30 a.m., at Eberle Park. For more information, call 652-7263.

Meet the challenge

DOD ID cardholders are invited to participate in a triathlon July 14, 6:30 a.m., at the JBSA-Fort Sam Houston Aquatic Center. Participants will swim 400 meters, bike 10 miles and run two miles. Registration deadline is July 7. For more information, call 221-1234.

Patrons challenge themselves with an indoor triathlon

The JBSA-Randolph Rambler Fitness Center invites patrons to an indoor triathlon which consists of a 15-mile run, 30-mile bike ride and a 5-mile row July 15-19 during normal operating hours. Each participant must complete the distances for all three activities in order to finish. For more information, call 652-7263.

Randolph hosts half marathon

The JBSA-Randolph Rambler Fitness Center hosts a half marathon, July 20, 6:30 a.m., at Eberle Park. This is a great run for those runners that prefer running the half marathon distance or a training run for those training for a full marathon. This is the second of three marathon training runs the fitness center is offering over the course of the summer. This event is sponsored by Randolph Family Housing. For more information, call 652-7263.

JBSA-Lackland Outdoor Recreation, 309 Western Dr., Bldg. 871
Mon-Fri, call 925-5532 • Sat-Sun, call 925-2998

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Paintballs

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Minimum age to play is 10 years old with parental consent

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Letters of intent due

Letters of intent for JBSA-Fort Sam Houston Intramural Fall Flag Football are due July 22. Send letters to the Sports Office, METC Fitness Center, Building 1369 Williams Rd. For more information, call 808-5710.

Military families have fun

The JBSA-Randolph Rambler Fitness Center hosts Family Fitness Night July 23, 7-9 p.m. This event offers families the opportunity to show off their fitness level and get a little exercise. They will have a one-mile run, knock-out basketball contest, free throw contest, long-jump contest, hula-hoop contest and football throw contest. Prizes will be awarded for the winners. This event is sponsored by Randolph-Brooks Federal Credit Union. For more information, call 652-7263.

Patrons team up now for Rambler 120

JBSA's premiere adventure race takes place Oct. 5. Sign your team up before Aug. 24 and pay last year's fees of only \$100 for Xtreme teams (4 people) and \$150 for Relay teams (5-8 people). After Aug. 24, the registration fees increase to \$120 for Xtreme teams and \$180 for Relay teams. Build your team and start training for the 22-mile bike race through the Texas Hill Country, the 6-mile run across Canyon Lake dam and 2-mile raft event along the lake's shoreline. The deadline to enter is Sept. 20. Entry forms are available at the JBSA-Randolph Rambler Fitness Center, building 999 and Community Services Mall, building 895. You can also print a pdf registration packet, which is available online at <http://www.randolphfss.com>. For more information, call 210-267-7358.

Indoor track open to parents and children

JBSA-Fort Sam Houston at the METC Fitness Center offers parents with strollers use of the indoor track, Monday-Friday, 9-11 a.m. Mondays, a personal trainer will be available 9-10 a.m. to assist with special training needs. For more information, call 808-5709.

Patrons spin their way to fitness

The JBSA-Lackland Chaparral Fitness Center holds spin classes Mondays, Wednesdays and Fridays, 5-6 a.m., and Tuesdays and Thursdays, 5:30-6:30 a.m. and 6-7 p.m. Classes are \$2 per session. For more information, call 671-2401.

Get fit with Zumba®

The JBSA-Lackland Chaparral Fitness Center holds Zumba® classes Monday-Thursday, 4:15-5:15 p.m., and Saturday, 10-11 a.m. The fee is \$2 per session. For more information, call 671-2401.

Learn to spar with boxing classes

The JBSA-Lackland Chaparral Fitness Center holds boxing classes Mondays and Tuesdays, 6-8 p.m. Classes focus on boxing mechanics, conditioning, footwork, proper movement and defensive techniques in controlled sparring sessions. The class is open to ages 13 and older. The fee is \$50 per month. To sign up, call 671-2401.

Fitness Center is equipment test site

JBSA-Fort Sam Houston at the METC Fitness Center is a test site for the Fitness on Request Kiosk, an innovative group fitness system that provides state-of-the-art classes to patrons all day. Virtual classes range from 20-60 minutes and include Step Aerobics, Yoga Fusion, Kinetics, Dance Aerobics, Indoor Cycling and more. Once the system is fully online, there will be 36 classes available to patrons at all levels. For more information, call 808-5709.

Personal trainers offer free training sessions

JBSA-Fort Sam Houston at the METC Fitness Center offers all DOD ID cardholders access to a personal trainer. Patrons can take advantage of three free personal training appointments per month. For more information, call 808-5709.

Golf

Youth sharpen golf skills

The JBSA-Lackland Gateway Hills Golf Course conducts junior golf clinics for youth ages 6-17. Sessions are available July 8-11 and July 22-25, 9-10:30 a.m. Participants learn driving, chipping and putting. To sign up and for pricing information, call 671-2517.

Custom club fitting available

The JBSA-Randolph Oaks Golf Course is a certified Ping Custom Club fitting pro shop. Custom fitting for other clubs is also available. To schedule a fitting appointment, call 652-4653.

Mulligan's Grill open for breakfast and lunch

Head to Mulligan's Grill for breakfast, the daily lunch specials or order from their grill menu. Located at the JBSA-Randolph Golf Course, Mulligan's Grill is open 6 a.m. to 4 p.m. For more information, call 652-4653.

Information, Tickets and Travel

Free baseball tickets hit a home run

Free San Antonio Missions tickets are available at JBSA-Fort Sam Houston MWR Ticket Office inside the Sam Houston Community Center. Wednesday evening games start at 7:05 p.m. at the Nelson Wolff Municipal Stadium. The remaining game dates are July 31 against the Corpus Christi Hooks and Aug. 31 against the Frisco RoughRiders. For more information, call 808-1378.

Patrons have fun on casino trip

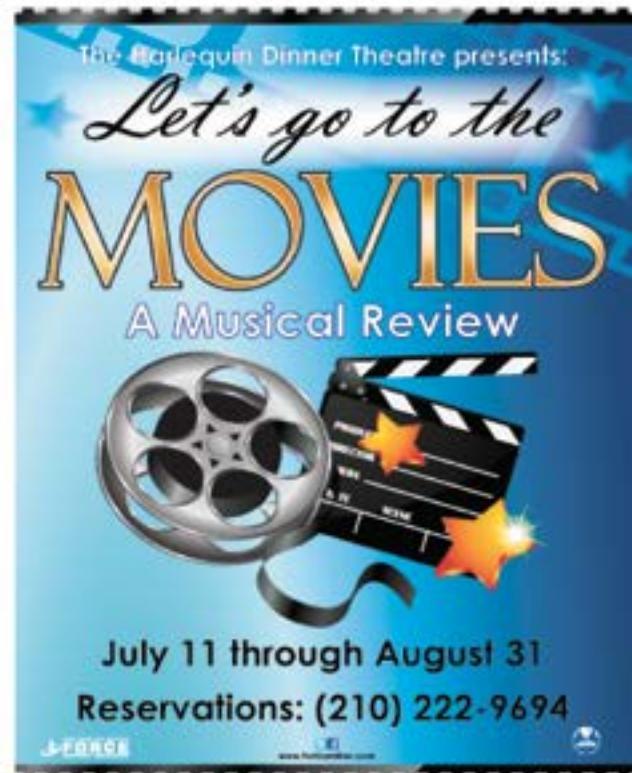
JBSA-Lackland ITT offers a casino trip to Shreveport, La., July 20-21. Patrons will be able to enjoy play at two casinos, Harrah's and Diamond Jack's. The trip includes round-trip motor coach transportation, hotel accommodations and a \$5 voucher for casino play. The cost is \$89 per person for double occupancy or \$158 for single occupancy. For more information, call 671-3133.

Online travel service available for military community

JBSA-Lackland ITT offers DOD ID cardholders an online service to book air, hotel and rental cars for their personal travel needs. Customers can also complete a request for custom vacation packages and cruises. For more information, visit <http://www.jbsatravel.com>.

ITT offers Dallas Cowboys game packages

JBSA-Lackland ITT sells a variety of Dallas Cowboys game packages for all home games. Packages include a full hot breakfast, round-trip transfers between the airport and hotel, round-trip



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transportation to the stadium, admission to an exclusive tailgate party, buffet, complimentary beverages and viewing of the pre-game show. Transportation to Arlington is not included. Prices are based on the customer's choice of hotel, length of stay, stadium seat selection and other package options. For more information, go to <http://www.lacklandfss.com> or call 671-3133.

Make the most of summer with discount tickets

JBSA-Fort Sam Houston MWR Ticket Office in the Sam Houston Community Center sells discount tickets and often has free tickets to local events. For more information, call 808-1378.

Library

Youth learn about fireworks safety

The JBSA-Lackland Library invites DOD families to the Pre-Fourth of July and Fireworks Safety Party, July 2, 10 a.m.-noon. The event is held in conjunction with the summer reading program. The base fire department will participate with information on fireworks safety, a special story time with Fire Inspector Campos and a visit from Sparky the Fire Dog. The event includes face painting, hot dogs, snow cones, a bouncy castle, tug of war contests, potato sack races and a balloon splash. For more information, call 671-3610.

Library hosts summer reading program

The summer reading program, "Have Book Will Travel" continues at JBSA-Fort Sam Houston Keith A. Campbell Memorial Library, 1:30-3 p.m. July 2; Celebrate Fourth of July, July 11; Africa, July 18; Antarctica, July 25; Australia. For more information, call 221-4702.

Library changes gaming dates

JBSA-Fort Sam Houston Keith A. Campbell Memorial Library changes its monthly Gaming Day to the first Friday of every month. July 5, 2:30-5:30 p.m. gamers can choose from Xbox, Wii and PS3 and classic board games. For more information, call 221-4702.

Author visits library for special story time

Author, Kristin Ayyar, visits the JBSA-Lackland Library July 9, 10-11 a.m., for a special story time in conjunction with the summer reading program. Ayyar will read aloud her book "Countdown 'Til Daddy Comes Home." The event includes a session with the author to answer questions and sign autographs. For more information, call 671-3610.

Preschoolers entertained at story time

Stories, crafts and songs are all part of the weekly story time at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library, July 11, 18 and 25, 10 a.m. For more information, call 221-4702.

Outdoor Recreation

JBSA Recreation Park at Canyon Lake offers sunset cruise

JBSA Recreation Park at Canyon Lake offers a sunset cruise every Saturday evening in July and August (excluding July 6). The cruise starts from the Hancock Cove Marina at 7:30 p.m. and lasts approximately 1.5 hours as patrons tour the lake and watch the sunset over the beautiful hillside. The cost for this relaxing evening is \$10 for adults and \$6 for children under 12. They also conduct private tours and family outings Sunday through Thursday with a

minimum of eight participants and five days notice. Guests may bring drinks and snacks but no styrofoam containers. To make a reservation, call 800-280-3466.

Catfish Pond open for fishing

The JBSA-Camp Bullis Catfish Pond is open 8 a.m.-1 p.m., Saturday-Sunday for fishing. It is closed during inclement weather. No license is required. The pond operates on an "you caught it, you bought it," \$3 per pound basis. DOD patrons and guests are welcome. For more information, call 295-7577.

Sportsman Range is open for target practice

JBSA-Camp Bullis Sportsman Range hours are 8 a.m.-noon, Saturday-Sunday. The range offers DOD ID cardholders a place to shoot personal pistols, rifles and shotguns. Firearms must be registered at JBSA-Camp Bullis. The range may close unexpectedly because of weather or troop use. Range users should call for range availability. For more information, call 295-7577.

Paintball fosters team building skills

Patrons may reserve the entire JBSA-Lackland paintball field for their group's exclusive use. Group rates are available. For more information or reservations, call Outdoor Recreation at 925-5532.

Get fit with water aerobics

The JBSA-Lackland Skylark Aquatic Center conducts water aerobics Mondays, Wednesdays and Fridays, 5-6 p.m. The class fee is \$6 per class or \$65 per month. For more information, call 671-3780/2413.

Aerobic swim classes are held Mondays and Wednesdays, 10-11 a.m., at the JBSA-Randolph Center Pool. Customers can purchase a 10-class pass for \$25, a 20-class pass for \$50 or a single-class pass for \$3 at the Rambler Fitness Center. A daily pool fee of \$3 or a season pool pass is required for entry to the pool. For more information, call 652-7263.

Youth Programs

Youth register for fall sports

JBSA-Lackland Youth Program holds registration July 2-18 for flag football and fall soccer. The programs are open to children ages 5-14. Proof of a current physical is required at registration. For more information, call 671-2388.

The JBSA-Randolph Youth Programs registration for fall sports takes place July 1-Aug. 16. For fall sports, all youth must have a current annual physical and sports registration form on file. The cost is \$45 per child and includes flag football for ages 5 yrs and older, volleyball for ages 9 yrs and older and cheerleading for ages 5 and older. For more information, call 652-3298/2088.

Randolph offers before and after school programs

The JBSA-Randolph Child Development Center offers registration for the 2013-2014 "Before and After School" program July 22 for priority 1 (single/dual military assigned to JBSA-Randolph) and July 23 for priority 2 (active-duty military or DOD civilian w/working spouse, attending school full-time, or seeking employment). Registration for priority 3, 4, 5, and 6 takes place July 24-26 if slots are available. Paperwork will be available online at <http://www.randolphfss.com> July 15, or can be picked up at the Youth Programs front office. Children must be 5 and enrolled in Kindergarten. For more information, call 652-1140.

Parents get a night off

JBSA-Lackland Youth Programs and JBSA-Lackland Child Development Center hold Give Parents a Break/Parents' Night Out July 26, 7-11 p.m. Care is provided for children ages 6 weeks to 12 years old. Preregistration is required. The fee is \$15. Fees may be waived with a Give Parents a Break referral. To sign up, call JBSA-Lackland Youth Programs at 671-2388 or the JBSA-Lackland CDC at 671-1052 by July 24.

Parents register children for enrichment program

The JBSA-Randolph Child Development Center offers a part day enrichment program for children ages 3-5. This program exposes children to the things they will encounter in pre-school such as group settings, colors, numbers, shapes, following directions, waiting your turn and sharing space. This program starts Sept. 9 and registration begins July 30 with three- or four-hour sessions, five days a week on a sliding fee schedule. For more information, call 652-1140.

Summer camps are fun for all

JBSA-Fort Sam Houston School Age Services offers a safe and caring environment for children to engage in activities, encouraging creativity and making friends while fostering positive behavior and self-image. Summer camp operates 6 a.m.-6 p.m., Monday-Friday through Aug. 24. For information on registration and the camps and activities available, parents can call 221-4466 or 221-5151.

Classes and activities available for youth

JBSA-Fort Sam Houston Child, Youth and School Services offers children fun, exciting and safe activities. Parents may enroll by visiting <http://www.FortSamMWR.com/youth.html>. This site provides contact numbers and a link to WebTrac, which provides lists of all activities and offers parents the option to pay online. For more information, call 221-4466 or 221-5151.

Dance classes return

Dance classes are available through JBSA-Fort Sam Houston SKIESUnlimited program. Creative Dance for 2-3 year olds; Beginner and Intermediate Ballet and Tap for 3-5 year olds; and Ballet and Tap for 6-10 year olds. All classes are taught at Middle School and Teen Center and cost \$40. For more information or to register, call 221-4466 or 221-5151.



[HTTP://WWW.RANDOLPHFSS.COM](http://WWW.RANDOLPHFSS.COM)
[HTTP://WWW.LACKLANDFSS.COM](http://WWW.LACKLANDFSS.COM)
[HTTP://WWW.FORTSAMMWR.COM](http://WWW.FORTSAMMWR.COM)

SAMMC from P10

gency medicine exercise they designed saw medical personnel training with operational units and experiencing the full mission profile – from receipt of a tasking order, through planning, and into the field for execution.

Hill said the six-day exercise seeks to hone the military medical skills of the physicians. Classroom time covered a wide variety of subjects that includes professional development presentations, equipment, planning for mass casualties, a cadaver lab, evacuation of casualties and understanding the principles of the tactical combat casualty care process.

The last three days focused on a field training exercise at Joint Base San Antonio-Camp Bullis, where the physicians were exposed to field operations and simulated casualties.

“We really wanted them to see what the medic on the ground goes through,” Hill said.

The field training exercise helped physicians appreciate the difficulty of providing aid



A 19th Special Forces Group NCO talks on his radio headset as he directs his team's counterattack in response to an enemy ambush. Special Forces operators were accompanied by emergency medicine physicians to give the doctors a appreciation of how difficult it is to render medical aid on the battle field.

for major wounds in very close proximity to the battle ground or while under fire.

The Texas National Guard's Company C, 1st Battalion, 19th Special Forces (Airborne) unit located at JBSA-Camp Bullis provided support to the training.

Special Forces personnel and emergency medicine faculty from SAMMC developed a series of



A Texas National Guard UH-60 crew member, sitting in the doorway, operates a hoist to lift another crew member from the 149th Aviation Battalion and a litter with a simulated casualty up to the hovering helicopter. Physicians in the exercise had been shown how to place a patient into the hoist litter, before the patient is lifted more 100 feet up and into the helicopter and medically evacuated.

exercise scenarios.

The physicians were given weapons familiarization training and during the scenarios they were incorporated into the Special Forces teams so they could

observe and experience combat scenarios.

Special Forces and BAMC volunteers provided opposition forces and administrative staff to help carry out the complex series of scenarios

involving simulated combat during daylight and night operations and in a variety of situations.

In case anyone became too casual about the exercise scenarios, both sides fired special “sim rounds,” which are like paintballs on steroids coming out the barrel of an M-4 and with no paint splat.

A UH-60 helicopter and crews from the Texas National Guard's 149th Aviation Battalion provided an opportunity for the doctors to experience what was involved in moving a patient by a medical evacuation helicopter.

The doctors were hoisted up into a helicopter and saw the challenges medics face while providing care to the wounded in a moving helicopter or other vehicle.

The emergency medicine exercise gave military doctors a sample of the elements of casualty care they might never see if their experience and training was limited to an in-hospital situation. It broadens their experience level and gives them skills that enhance their ability to provide top level medical care to military personnel, Hill said.

This annual EMX program is seeking to provide SAMMC emergency medicine physicians with the best training possible in dealing with combat casualties.

The feedback from participating physicians was very positive, Hill said. “This was without a doubt the best experience of my residency,” one physician said.

“Best military training I've had.”



Photos by John Franklin

A physician and Special Forces NCO stabilize a patient during the emergency medicine course at Joint Base San Antonio-Camp Bullis.

14TH MIBN from P3

inoperative status without assigned personnel or equipment for an indefinite period of time.

Col. Pierre Gervais, 470th MI Brigade commander, noted the words "Support by Intelligence" on the unit's insignia: "'Support' for an ideal etched firmly in these Soldiers for the warfighter function known only as 'Intelligence.'"

This occasion marked the third time the 14th MI Battalion has inactivated.

It was first activated in 1965 during the Vietnam conflict and inactivated in 1983. It was again

activated in 1988 and inactivated for the second time in 1997.

"These men and women served the cause of freedom not only here in the United States, Central America, Iraq and Afghanistan, but also historically in Vietnam and other parts of Southeast Asia," said Gervais in reference to the battalion's three-part story. "Their success was not because of their equipment, even though it has been the finest in the world.

"Personal courage – in the face of the harshest conditions, the sweat and pain in training, so that in the face of the enemy

we succeed – was not because of the equipment, but because of the Soldiers ready and willing to serve our nation," he said.

"Know that someday, someday soon in our Army, the 14th MI Battalion will reappear to serve this nation in time of need," Gervais said. "Those Soldiers will take great strength from what you have done."

The brigade commander also recognized the sacrifices families made and the support they gave to the Soldiers.

"Even through the strain of deployment,

military families strengthen the fabric of each community they touch and enrich our national life as shining examples of patriotism," Gervais said.

Where have the battalion's Soldiers gone?

According to Maj. Douglas Zimmerman, battalion executive officer, about a quarter of them have separated from the Army; another quarter have transferred to other units within the brigade; the rest have transferred to units outside the brigade, with a handful of them changing career paths.

STAND DOWN from P3

Base San Antonio, but so that we can help the CSAF and CMSAF eliminate this problem on an Air Force level.”

While brainstorming ideas is a start to solving the problem, LaBrutta added that taking action when inappropriate behavior occurs is paramount.

Dr. Charlotte Moerbe, 502nd ABW sexual assault response coordinator, agrees that examining personal behaviors can change the culture and help stop sexual assault. “The behaviors and atti-

tudes that we demonstrate every day create the environment that influences the occurrence of sexual assault,” she said.

“It is seen in formal and informal actions. Do we call out behaviors and attitudes that do not align with our Air Force core values? Stepping in to stop inappropriate behaviors, including sexist jokes and gestures, helps set the tone that we do not tolerate predatory behaviors.”

LaBrutta also disclosed the statistics on reported sexual assaults across JBSA and noted that statistically, only one in 10

instances of sexual assault are reported.

“These numbers should stun you. These numbers should surprise you. These numbers should enrage you,” he said.

In accordance with the Secretary of Defense’s guidance to provide interactive commander’s calls to discuss sexual assault, LaBrutta not only provided his stance on ridding all JBSA locations of sexual assault and harassment, but also provided one Airman, a member of the 502d ABW who was a sexual assault victim, the opportunity to tell her story.

BTH from P6

“It’s a perfect opportunity to tighten the nexus of friendship between both nations.”

During the four-month exercise, smaller medical readiness training exercises take place, which consist of a team of military medical and dental professionals who work in austere areas to gain valuable military experience, while also providing medical services to people

in need of treatment.

BTH-Panama 2013 was conducted in the Panamanian provinces of Colon, Veraguas and Darien, where more than 13,600 patients were treated by military medical professionals while military engineers constructed two clinic buildings, a dormitory, bathroom facilities, breezeways, retaining walls, septic systems and water towers and made repairs to existing

structures.

“These facilities represent a very important achievement,” Moreno said. “They will allow us to improve the overall health condition of the local population. We are very happy that this took place between the governments of the United States, Colombia and Panama during Beyond the Horizon 2013.”

According to Salinas, the strong support from the governments

of Panama and Colombia, which sent medical professionals to support BTH-Panama, is a reason this year’s BTH exercise was a success.

“You saw our Panamanian and Colombian partners here making an effort to identify capacities,” Salinas said. “The positive impact made on the local population will last for years.”

Salinas said the exercise demonstrated the spirit of partner-

We also question whether or not the victim is being truthful, because it may be easier for us to believe we have liars among us rather than rapists.”

There are several avenues for reporting sexual assault. Moerbe wants victims to know they should never feel alone or too embarrassed to come forward.

She also noted that every member of the defense community must do their part to stop sexual harassment and assault.

“It’s happening within our family, it’s happening every single day and we can no longer stand aside

and not do anything about it,” LaBrutta said.

“I need each one of you to step up and know that the only number from here on out is zero. Together we will eliminate this criminal behavior from occurring in our house, in our family, in our Air Force”

For more information on sexual assault prevention, call the JBSA SAPR office at 808-6316. To speak to a victim advocate or make a sexual assault report, call the Sexual Assault Hotline at 808-SARC (7272) or the DOD Safe Helpline at (877) 995-5247.

ARSOUTH from P1

new role.

“We will have challenges, but there is nothing that can prevent

ARSOUTH from being a relevant partner in the SOUTHCOM area of responsibility,” DiSalvo said.

“Teamwork, initiative, commitment and integri-

ty are the resources that we must have. To our partner nations, we must continue to raise the bar in partnership and developing each other’s

capacities in dealing with illicit networks, regional security and combined contingency operations.”

DiSalvo graduated from the U.S. Military

Academy at West Point in 1981 with a bachelor of science degree. He also holds a master of science degree in operations research from the

Air Force Institute of Technology and a master of science degree in national security and strategic studies from the U.S. Army War College.

4TH ESC CELEBRATES ARMY BIRTHDAY

Col. Rufus Woods III (left), 4th Sustainment Command (Expeditionary) chief of staff, and Pfc. Ian Valley, public affairs specialist for the 205th Press Camp Headquarters, use a saber to cut a ceremonial Army birthday cake June 14 celebrating the Army’s 238th birthday at Joint Base San Antonio-Fort Sam Houston’s new Army Reserve Center on Petroleum Drive.



Photo by Pfc. Thomas Love

PHYSICIAN ASSISTANT STUDENTS GIVE BACK

Students from the Army Medical Department Center and School’s Interservice Physician Assistant Program donated items such as clothes, blankets and toiletries to Church Under the Bridge, a local homeless shelter, June 4. Officer candidates Douglas Yates (left) and Brandon Boyd (right) are pictured folding and sorting clothes at the shelter. Items were collected during a month-long drive held at the AMEDDC&S building. On the national level, students are contributing to service members affected by the recent Oklahoma tornadoes.



Photo by Esther Garcia

Clinical study under way to determine effectiveness of PTSD therapy

By Robert Goetz

Joint Base San Antonio-Randolph
Public Affairs

Joint Base San Antonio medical facilities are taking part in a clinical study to determine the effectiveness of two evidence-based treatments for deployment-related post-traumatic stress disorder in a primary care setting.

Coordinated by Lt. Col. Jeffrey Cigrang, U.S. Air Force School of Aerospace Medicine senior scientist, through the South Texas Research Organizational Network Guiding Studies on Trauma and Resilience consortium, also known as STRONG STAR, the clinical study began in

the fall and now includes more than 20 participants at three JBSA locations.

"This is groundbreaking intervention for treating people in a primary care setting," said Jennifer Mitchell, 359th Medical Operations Squadron behavioral health consultant.

"We're using two evidence-based treatments for PTSD called prolonged exposure and cognitive processing therapy."

Mitchell, a licensed psychologist who is part of the primary care team at the Randolph Medical Clinic, said the study will determine the effectiveness of this treatment protocol – brief cognitive

behavioral therapy for PTSD in primary care.

"But actually the overall goal is to expand the treatment options for PTSD to include treatment in a primary care setting, and increase access to care for active duty and veterans," she said.

The treatment involves four 30-minute sessions over a four- to six-week period. San Antonio Military Medical Center and Wilford Hall Ambulatory Surgical Center are the other JBSA collaborators in the clinical study.

Participants in the study must have PTSD symptoms stemming from service in Operation Iraqi Freedom, Operation Enduring Freedom and

Operation New Dawn, Mitchell said. They qualify for the study based on a screening performed at the primary care facility.

"They don't have to meet a full diagnosis for PTSD," she said.

Lt. Col. (Dr.) Timothy Kosmatka, Randolph Family Health Clinic medical director, said a primary care facility is an appropriate setting for PTSD patients to begin their recovery.

"Unfortunately, PTSD is becoming much more commonplace among patients for many reasons," he said.

"Additionally, we are finding more cases as providers are becoming more astute at picking up

the signs and symptoms of PTSD. The ability to get a patient seen more quickly in the environment of a primary care clinic they are already comfortable and familiar with is a tremendous benefit to help our patients begin the recovery process."

Mitchell said a primary care facility is also fitting because behavioral health is already integrated into services.

"It reduces the stigma for seeking help," she said.

STRONG STAR, which is striving to prevent the development of chronic PTSD through their research and treatment protocols, will evaluate

the sessions and determine if the intervention helped patients manage their symptoms effectively, Mitchell said.

"A preliminary study with 30 participants from 2010-11 showed they had positive outcomes," she said.

The clinical study will conclude once 60 patients have completed their sessions, Mitchell said.

Primary care facilities do not offer long-term treatment, she noted, but resources such as mental health flights and Military OneSource are available to patients.

"It's not long term, but it's a nice segue to more intensive care," Mitchell said.

Did you know?

One of the best things about ICE is that people can let service providers know when they do a great job, not just for poor service. It takes 5 minutes or less to submit a comment at <http://ice.disa.mil>.



Navy Recruiting District San Antonio welcomes new commanding officer

By Burrell Parmer
Navy Recruiting District
Public Affairs

A new commanding officer took command of Navy Recruiting District San Antonio during a ceremony at the Army Community Center June 14, with Cmdr. Jason Webb relinquishing command to Cmdr. Corry Juedeman.

"I want to thank Commander Webb ... you have done a remarkable job in this command," said Capt. Susanne McNinch, commodore, Navy Recruiting Region West,

Navy Recruiting Command. "You served with integrity and commitment to both men and women of this command and also to the community. I wish you fair winds and following seas."

As commanding officer since November 10, 2011, Webb was responsible for more than 200 recruiters, support personnel, and civilians who all assisted in making the Navy's recruitment annual mission.

Webb's area of responsibility included 46 Navy Recruiting Stations and Navy Officer Recruiting

Stations spread throughout 140,000 square miles of Texas territory, spanning from Waco, west to Midland/Odessa, southwest towards El Paso, southeast along the Rio Grande Valley and west of College Station.

Under his charge, NRD San Antonio made its enlisted mission each month, continuing the streak of 77 consecutive months. It was also selected as the region's most improved recruiting district for 2012 and was awarded the Navy Recruiting Bronze "R"

award for recruiting excellence for the first time.

Webb, a 30-year Sailor and resident of Kentucky, will next serve at Navy Personnel Command in Millington, Tenn.

Capt. Voresa Booker, former commodore of Navy Recruiting Region West, served as guest speaker.

"It was truly an honor to serve as your commodore," Booker said. "When I look at your accomplishments during my tenure, it was apparent that NRD San Antonio was a huge part of the



Photo by Burrell Parmer

Cmdr. Corry Juedeman (left) shakes hands with Capt. Susanne McNinch, commodore, Navy Recruiting Region West, Navy Recruiting Command after assuming command of Navy Recruiting District San Antonio during a change of command ceremony held at the Army Community Center June 14.

region's accomplishments and Cmdr. Webb led the charge."

Juedeman, a naval

aviator and native of Craig, Mont., previously served as executive officer of NRD San Antonio.

187th Medical Battalion changes command

By Esther Garcia
AMEDDC&S Public Affairs

Lt. Col. Rachel Smith took command of the 187th Medical Battalion, 32nd Medical Brigade, at MacArthur Parade field June 19 from outgoing commander Lt. Col. Soo Lee Davis.

Col. Jonathan Fristoe, 32nd Medical Brigade commander and reviewing officer for the ceremony, welcomed Smith to the brigade family.

"It is going to be a monumental challenge for you to take the 187th to the next level," Fristoe said. "Soo Lee and her team of leaders and civilians have done a tremendous job and this organization is operating at a very high level now.

"Not a day went by that I was not inspired by the energy and enthusiasm of our youth making a courageous and adventurous start in life," Davis said in her parting

remarks. "We worked hard together to preserve the safety of those in our care and the quality of the U.S. Army."

Smith began her career with the 187th Medical Battalion as a second

lieutenant, serving as a company executive officer.

"This organization is special to me and that is why I am honored to serve the 187th Medical Battalion, a unit with distinguished history and charged with training

future leaders for the Army Medical Department," Smith said. "It is a privilege to be entrusted to lead, educate and train America's sons and daughters."



Photo by Esther Garcia

(From left) 32nd Medical Brigade commander Col. Jonathan Fristoe, outgoing 187th Medical Battalion commander Lt. Col. Soo Lee Davis and incoming commander Lt. Col. Rachel Smith render honors during the national anthem at the battalion change of command at MacArthur Parade Field June 20.

ARNORTH from P6

participate in this training because it gave us a familiarization of our role providing medical support in the event of a CBRN (incident)," said Capt. Veronica Simmons, commander, 546th ASMC.

Dixon and Simmons said working together allowed the units the opportunity to get to know each other, instead of only working alongside each other later during an actual mission.

"While we've never had to do this mission for real, I know in the event of a real situation, we'll be better prepared to help people because we've trained together," Dixon said.

The Soldiers said they enjoyed the training and found it challenging because it took them out of their comfort zone.

"I normally deal with setting up water and power, now I'm wearing

a (hazardous materials) suit and helping to decontaminate people," said Sgt. Gilbert Gomez, 44th Chemical Company, a mechanic who worked as a litter bearer for non-ambulatory "casualties" during the mass casualty decontamination portion of the training.

Due to the nature of the chemical company's mission, all Soldiers regardless of their regular job, receive hazmat awareness certification which allows them to wear the hazmat suit correctly, as well as receiving Occupational Safety and Health Administration-certified hazmat operations and awareness classes.

"In the event of a real CBRN emergency, the unknown factors are the number of casualties and the extent of the incident," Dixon said. "It's vital that all our Soldiers are trained to carry out the mission and help the American people."

Gate hours change across JBSA

JBSA-Lackland

Phase I – as of June 10

Base Operations: Automated PIN code access entry only

Growden Gate: 4 a.m. to 8 p.m. daily

Phase II – as of June 24

Luke West: Inbound 6 a.m. to 2 p.m. Monday through Friday; outbound 3:30 to 5:30 p.m. Monday through Friday

Security Hill: Inbound 6 a.m. to 2 p.m. Monday through Friday; outbound 3:30 to 5:30 p.m. Monday through Friday

Phase III – starting July 8

Selfridge West: Closed
Selfridge East: Inbound 6 a.m. to 2 p.m. Monday through Friday; outbound 3:30 to 5:30 p.m. Monday through Friday

JBSA-Randolph

Starting July 8

Main Gate (no change): 24/7

East Gate (no change): Inbound 6:30 to 8:30 a.m. Monday through Friday; outbound 3:30 to 5:30 p.m. Monday through Friday

West Gate: 6 a.m. to 6 p.m. Monday through Friday; closed weekends and holidays

JBSA-Fort Sam Houston

Phase I - as of June 2

Wilson Gate: 6 a.m. to 10 p.m. Monday through Friday; closed weekends and holidays

SAMMC Beach Gate: 6 a.m. to 7 p.m. Monday through Friday; closed weekends and holidays

Harry Wurzbach West Gate: Closed

New Braunfels: Outbound only 3:30 to 5:30 p.m. Monday through Friday

Phase II – as of Sunday

Holbrook Gate: Closed
Nursery Gate: 6 a.m. to 10 p.m. daily
Winans Gate: 6 a.m. to 10 p.m. daily, open by a patrol 4:30 to 6 a.m. to allow house residents access to Harry Wurzbach. Winans and Nursery new hours have no impact to the elementary school bus route.
Jadwin Gate: Posting reduced and no privately owned vehicles

Phase III – effective Sunday

Personnel posted at all remaining gates will be reduced. Security patrols may be reduced as available manpower dictates.

Officials give tips to keep JBSA safe during July 4 weekend

By Robert Goetz

Joint Base San Antonio-Randolph
Public Affairs



Parades, family gatherings, community celebrations and spectacular fireworks displays make Independence Day one of our nation's most festive holidays.

However, the Fourth of July is also one of the most critical of the Air Force's Critical Days of Summer. It's a day that often turns deadly – on the highways, at pools and beaches, and in backyards – so it's important to keep safety in mind at all times, Joint Base San Antonio safety officials said.

One of the most dangerous activities during the Fourth of July weekend is discharging fireworks.

"Fireworks today are the safest they have ever been, but they are still dangerous and can cause serious injuries if handled incorrectly," said Marvin Joyce, Joint Base San Antonio-Randolph safety and occupational health specialist.

Joyce said people

should only buy legal fireworks from vendors authorized to sell them, never modify or alter the fireworks and read and follow all the directions on the fireworks.

"You should find a safe area to discharge the fireworks, one that is outdoors and free from overhead obstructions," he said.

"You should also make sure the discharge area is cleared of debris and other flammable products and choose a flat, level surface."

Other safety measures include having a bucket of water or water hose on standby; waiting 10 minutes before retrieving a dud, then placing it in the bucket of water; and never attempting to relight a dud.

Children should never be allowed to set off fireworks, Joyce said.

"There should be adult supervision at all times," he said.

Safety officials recommend viewing commercial fireworks displays, but if people choose to discharge fireworks on their own, they should do so only in "safe areas."

Fireworks are prohibited at JBSA as well as in the city of San Antonio and other local communities, but Bexar County has designated several safe areas.

Safety is equally important on the road.

"Historically, July 4 is also the deadliest day of the year on our nation's roadways," said Michael Horstman, JBSA-Lackland occupational safety and health manager. "Avoid being a statistic and follow the laws of the road."

"Wear your seatbelt and avoid distractions while driving – cellphone use, reaching for an object in the vehicle, adjusting the stereo and other vehicle controls, eating and personal grooming," he said. "If your plans include alcohol, ensure you have a designated

driver."

Horstman said drivers should make sure every passenger is wearing a seatbelt and children are properly secured in a child car seat.

Keeping children safe in the water is also a major concern during the July 4 weekend.

"According to the Consumer Product Safety Commission, there were 25 drowning incidents over the Fourth of July weekend in 2011 that involved children younger than 15," Horstman said.

"Keep your children supervised and stay within an arm's reach of children when they're in the water," he said.

"Know your abilities and water conditions before going in. If in doubt, stay out."

Horstman said people should "follow known safety measures" whenever they are this holiday weekend.

"Avoid dangerous things and don't let a brief lapse in judgment lead to tragedy," he said. "Make sure you have a plan, have a wingman and be a wingman."

CHAPEL WORSHIP SCHEDULE

PROTESTANT SERVICES

Sundays

Main Post (Gift) Chapel
Building 2200, 1605 Wilson Way
8 and 11 a.m. - Traditional

Dodd Field Chapel

Building 1721, 3600 Dodd Blvd.
8:30 a.m. - Samoan
10:30 a.m. - Gospel

Army Medical Department

Regimental Chapel

Building 1398, 3545 Garden Ave.
9:20 a.m. - 32nd Medical Brigade
Collective Service

11:01 - Contemporary "Crossroads"

Brooke Army Medical

Center Chapel

Building 3600,
3851 Roger Brooke Rd.
10 a.m. - Traditional

11:30 a.m., Monday through Friday

Saturday

Main Post (Gift) Chapel
4:45 p.m. - Reconciliation
5:30 p.m. - Evening Mass

Sunday

8 a.m. - Morning Mass, AMEDD
8:30 a.m. - Morning Mass, BAMC
9:30 a.m. - Morning Mass, MPC
11:30 a.m. - Morning Mass, BAMC
12:30 p.m. - Morning Mass, DFC

JEWISH SERVICES

8 p.m. - Jewish Worship,
Friday, MPC
8:30 p.m. - Oneg Shabbat,
Friday, MPC

ISLAMIC SERVICE

1:30 p.m. - Jumma, Friday,
AMEDD

CATHOLIC SERVICES

Daily Mass

Brooke Army Medical Center Chapel
Building 3600,
3851 Roger Brooke Rd.

11:05 a.m., Monday through Friday

Main Post (Gift) Chapel

Building 2200, 1605 Wilson Way

LATTER DAY SAINTS SERVICES

1 p.m. - LDS Worship, Sunday,
AMEDD

BUDDHIST SERVICES

1 p.m. - Buddhist Services,
Sunday, AMEDD

For worship opportunities of faith groups not listed here, please visit the JBSA-Fort Sam Houston Chaplain's website at <http://www.samhouston.army.mil/chaplain>.

Edwards Aquifer Level

in feet above sea level as of June 26

CURRENT LEVEL* = 646.8'

*determines JBSA water conservation stage

Normal - above 660' **Stage III - 642'**
Stage I - 660' **Stage IV - 640.5'**
Stage II - 650' **Stage V - 637'**

For water restrictions, visit <http://www.502abw.af.mil>.



Weekly Weather Watch

	Jun 28	Jun 29	Jun 30	Jul 1	Jul 2	Jul 3
San Antonio Texas	98° Mostly Sunny	101° Partly Cloudy	99° Mostly Sunny	97° Partly Cloudy	95° Mostly Sunny	94° Partly Cloudy
Kabul Afghanistan	91° Mostly Sunny	88° Sunny	86° Sunny	86° Sunny	88° Sunny	93° Sunny

(Source: The Weather Channel at www.weather.com)

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