

Additional Resources

Emergency Behavioral Health Services

Call 911 or go to the nearest Emergency Room

Emergency Department (SAMMC) (210) 916-0808

Who: All Beneficiaries

What: Behavioral Health Emergencies. Provides Command Directed Behavioral Health Evaluations for Emergencies only

Where: SAMMC, 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234

When: 24/7

San Antonio Consult and Appointment Management Office (210) 916-9900

Who: All enrolled beneficiaries

What: Beneficiaries may seek information regarding clinic location and appointment scheduling

Where: Various locations

When: Hours vary by clinic

National Suicide Prevention Lifeline (800) 273-TALK (8255)

Website: <http://www.suicidepreventionlifeline.org/GetHelp>

Who: Anyone

Veteran's Crisis Line (800) 273-8255, Press 1. You may also text 838255 for help

Website: <http://www.veteranscrisisline.net>

Who: Active Duty, Veterans, Retirees, Dependents, Families, and Friends

DA Victim's Advocate Hotline: (210) 367-1213

Primary purpose: Restricted and Unrestricted assistance for *adult* victims of domestic violence or *intimate partner* sexual assault

Military One Source (800) 342-9647

Website: <http://www.militaryonesource.com>

Who: Active Duty and their Dependents. Care provided without a requirement for a referral

BAMC Primary Care Clinics (210) 916-3000 for appointments

Who: All enrolled beneficiaries

What: Beneficiaries may seek or initiate care for Behavioral Health concerns thru their primary care provider if they desire

Where: Various locations

When: Hours vary by clinic

Warrior Transition Battalion Social Work Services (210) 916-3523

Who: Warriors in Transition and their Families

What: Provides Social Work Services

Where: BLDG 3646, on the BAMC Campus

When: Mon-Fri 7:30am- 4:30 pm

Army Substance Abuse Program (210) 295-4094/4534

Who: Active Duty

What: Provides substance abuse evaluations and treatment

Where: 1837 Army Blvd. BLDG 2007

When: Mon-Fri 7:30am- 4:30 pm

BAMC Dept. of Ministry and Pastoral Care (210) 916-1105(front desk)/5877 during duty hours;
after hours have Chaplain paged

Who: Anyone using the hospital facilities and ALL staff

What: Provides pastoral, religious and spiritual care and services

Where: BAMC/FSH

When: 24/7

Chaplain Pager: (210) 513 9348

Fort Sam Houston Garrison Chaplains

(210)221-5007 (Duty Hours)

(210) 365-6420 (After Duty Hours)

Chaplain Family Life Center

(210)221-5007 (Duty Hours)

(210) 365-6420 (After Duty Hours)

Who: Service Members and families

What: Short-term counseling for needs of all kinds

Where: Dodd Field Chapel

When: Mon-Fri 7:30 am -4:30pm

Family Advocacy Program (210) 539-9589/9567

Who: Active Duty and family members

What: Services for victims and perpetrators of domestic violence, abuse prevention, and strategies for building safe, healthy families

Where: 4178 Petroleum Dr. BLDG 3528R, JBSA, on Ft Sam Houston near the RV Park.

When: Mon-Fri 7:30am – 4:30 pm

Military Family Life Consultants (210) 627-3183

Who: Active Duty, family members, retirees, DA civilians, reservists (DoD ID card holders)

What: Short-term counseling with licensed counselors for a full range of needs without medical record documentation

Where: 3060 Stanley Road, Suite 95 (in the Military and Family Readiness Building)

When: Mon-Fri 7:30am-4:30pm (however, MFLCs are available to meet with clients virtually anytime, anyplace if needed)

Military and Family Readiness - Army Community Services (210) 221-2705

Who: Active Duty and families

What: Assistance with parenting, finances, relationships, coping skills and a vast array of other services

Where: 2797 Stanley Road, Fort Sam Houston

When: Mon-Fri 7:30 am – 4:30 pm

United States Army Inspector General (210) 221-2474 (Army), (210) 808 0169 (AF)

<http://www.samhouston.army.mil/ig/>

Who: Active Duty, family members, civilian employees

What: Assistance to commanders, service members, family members, civilian employees and others seeking help with problems related to the U.S. Army

Where: Check the website for the appropriate location for your needs

When: Mon – Fri 8:00am – 4:00pm (No appointment is necessary to see the IG)

Fort Sam Houston Staff Judge Advocate (210) 808-0169

Who: Active Duty

What: Legal Assistance and advice for a variety of legal concerns; call for an appointment and to ensure access to the correct section of JAG and availability of services

Where: 2271 Reynolds Road, JBSA, Ft Sam Houston, TX, 78234

When: Mon- Fri 8:00am-4:30 pm

TRICARE (800) 700-8646 for Behavioral Health Care

Website: <http://www.humana-military.com>

Who: All Beneficiaries. ACTIVE DUTY REQUIRE A REFERRAL before receiving network Behavioral Health Care. Other beneficiaries may receive network Behavioral Health Care WITHOUT a referral.