

JOINT BASE SAN ANTONIO
2017 CALENDAR OF EVENTS

MILITARY & FAMILY READINESS CENTERS

December/January

Celebrating the Holidays through the Gift of Knowledge

UNIT FAMILY READINESS • MILITARY & FAMILY LIFE COUNSELORS • VOLUNTEER OPPORTUNITIES
FINANCIAL READINESS • EMPLOYMENT ASSISTANCE • TRANSITION ASSISTANCE • RESILIENCY
TEAM BUILDING • FAMILY & WORK LIFE • SURVIVOR BENEFIT SERVICES • SCHOOL LIAISON
SERVICES • DEPLOYMENT READINESS • EXCEPTIONAL FAMILY MEMBERS

THREE LOCATIONS TO SERVE JBSA
FORT SAM HOUSTON - LACKLAND - RANDOLPH



JBSA-MILITARY & FAMILY READINESS SERVICES

The Joint Base San Antonio (JBSA) Military & Family Readiness Centers (M&FRC) are dedicated to providing a full range of quality programs and services that promote self-reliance, mission readiness, resiliency and ease adaptation into the military way of life.

We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Air Force Aid Society	Information & Referral
Armed Forces Action Plan	Unit Family Readiness
Army Emergency Relief	Military & Family Life Counselors
Military Family Team Building	Personal & Family Life
Casualty Assistance	Relocation Services
Deployment Readiness	Resiliency Training
Employment & Career Development	School Liaison Services
Exceptional Family Member Program	Survivor Benefit Services
Financial Readiness	Transitional Assistance Program
Heart Link	Volunteer Opportunities
Hearts Apart	Warriors in Transition

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. For more information about a program or service, call:

JBSA-Fort Sam Houston (FSH) (210) 221-2705 or 221-2418	JBSA-Lackland (LAK) (210) 671-3722	JBSA-Randolph (RAN) (210) 652-5321
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Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services are based on the number of participants and require a minimum number in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited due to seating or space. To ensure availability, call to sign up.

All services provided by JBSA-M&FRC are open to all branches of the military, Active Duty Military and their Families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees and DoD contracted employees, unless otherwise stated.



JBSA-Fort Sam Houston
Mon-Fri 7:30 AM-4:15 PM
Closed: 1st & 3rd Thursday
1-4 PM, Federal Holidays &
AETC Family days

JBSA-Lackland
Mon-Fri 7:30 AM-4:30 PM
Closed: 1st & 3rd Thursday
2-4 PM, Federal Holidays &
AETC Family days

JBSA-Randolph
Mon-Fri 7:30 AM-4:30 PM
Closed: 1st & 3rd Thursday
2-4 PM, Federal Holidays &
AETC Family days

CALENDAR OF EVENTS OCTOBER-NOVEMBER 2016

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS CENTERS

Event	DEC	JAN	Page	Location	
RELOCATION	Citizenship & Immigration Assistance	27	10	p. 7	JBSA-FSH
	Citizenship & Immigration Assistance; Naturalization Ceremony	13	24	p. 7	JBSA-FSH
	Newcomer's Orientation	-	6	p. 7	JBSA-FSH
	Newcomer's Orientation	7	11	p. 13	JBSA-LAK
	Newcomer's Orientation	12	-	p. 19	JBSA-RAN
	Newcomer's Orientation	16	20	p. 7	JBSA-FSH
	Newcomer's Orientation	19	23	p. 19	JBSA-RAN
	Newcomer's Orientation	-	25	p. 13	JBSA-LAK
	Newly Assigned CC/CCC/CCF	6	3	p. 19	JBSA-RAN
	Newly Assigned CC/CCC/CCF	5	9	p. 13	JBSA-LAK
	Relocation & Overseas Orientation	14	11	p. 7	JBSA-FSH
	Sponsorship Application Training	21	18	p. 7	JBSA-FSH
	Trails & Tales Guided Tour	-	27	p. 7	JBSA-FSH
FINANCIAL	Basic Budget 101	15	3	p. 8	JBSA-FSH
	Car Buying	8	-	p. 13	JBSA-LAK
	Car Buying	-	4	p. 19	JBSA-RAN
	Credit Building	-	12	p. 14	JBSA-LAK
	Credit Score: What Is It?	16	-	p. 20	JBSA-RAN
	Couponing in the 21st Century: There's An App for That!	-	19	p. 13	JBSA-LAK
	How to Buy a House	-	19	p. 13	JBSA-LAK
	Officer First Duty Station Financial Training	20	17	p. 19	JBSA-RAN
	Officer First Duty Station Financial Training	-	11	p. 14	JBSA-LAK
	Thinking Money *Couples only	-	13	p. 8	JBSA-FSH
	Social Security & You	7	-	p. 13	JBSA-LAK
Thrift Savings Plan	-	10	p. 8	JBSA-FSH	
EMPLOYMENT	10 Steps to a Federal Job	-	4	p. 9	JBSA-FSH
	USAJOBS Navigation & Federal Resume	15	26	p. 20	JBSA-RAN
	Basic Resume Writing	13	3	p. 20	JBSA-RAN

This is a bi-monthly publication produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers.

The information is accurate at the time it's published but may be subject to change. Some services are based on the number of participants and require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due space. To ensure availability, call to register.

Event	DEC	JAN	Page	Location	
EMPLOYMENT	Employment Workshop	7	18	p. 14	JBSA-LAK
	Interviewing Skills	1	-	p. 20	JBSA-RAN
	Interview & Dress for Success	1	-	p. 14	JBSA-LAK
	Military Spouse Career Event	1-2	-	p. 8	JBSA-FSH
	Road Map to your Career Symposium	-	17	p. 14	JBSA-LAK
TRANSITION ASSISTANCE PROGRAM	Pre-Separation Counseling	6	10	p. 9	JBSA-FSH
	Pre-Separation Counseling	20	24	p. 9	JBSA-FSH
	Pre-Separation Counseling (Solider4Life)	Tu-Fr	Tu-Fr	p. 9	JBSA-FSH
	Pre-Separation & Retirement Counseling	14	4	p. 20	JBSA-RAN
	Pre-Separation & Retirement Counseling	-	18	p. 20	JBSA-RAN
	Pre-Separation & Retirement Counseling	28	25	p. 20	JBSA-RAN
	Pre-Separation: Retirement	6	10	p. 14	JBSA-LAK
	Pre-Separation: Separating	8	12	p. 15	JBSA-LAK
	Accessing Higher Education (3-Day Training)	5-7	9-11	p. 9	JBSA-FSH
	Accessing Higher Education *BA req. (2-Day Training)	13-14	17-18	p. 9	JBSA-FSH
	Accessing Higher Education (3-day Training)	19-21	23-25	p. 9	JBSA-FSH
	Boots to Business Entrepreneur Track	-	11-12	p. 10	JBSA-FSH
	Career Technical Training (2-Day Training)	-	5-6	p. 21	JBSA-RAN
	Career Technical Training (2-Day Training)	19-20	19-20	p. 9	JBSA-FSH
	Goals, Plans, Success (GPS) (5-Day workshop)	5-9	-	p. 9	JBSA-FSH
	Goals, Plans, Success (GPS) (5-Day workshop)	12-16	23-27	p. 15	JBSA-LAK
	Goals, Plans, Success (GPS) (5-Day workshop)	12-16	23-27	p. 9	JBSA-FSH
	Goals, Plans, Success (GPS) (5-Day workshop)	-	30-Feb 2	p. 15	JBSA-LAK
	Goals, Plans, Success (GPS) (5-Day workshop)	-	30-Feb 2	p. 9	JBSA-FSH
	Goals, Plans, Success (GPS) (5-Day workshop)	5-9	9-13	p. 20	JBSA-RAN
	Federal Application	-	10	p. 9	JBSA-FSH
	VA Benefits Briefing	7	18	p. 15	JBSA-LAK
	VA Education Benefits Briefing	8	12	p. 15	JBSA-LAK
VA Stand Alone Workshop	2	27	p. 21	JBSA-RAN	
Troops to Teachers	9	-	p. 15	JBSA-LAK	

Event	DEC	JAN	Page	Location	
SBP	Survivor Benefit Plan	20	17	p. 21	JBSA-RAN
SLO	PCS'ing with School Age Children	6	-	p. 16	JBSA-LAK
	Mentor Training	7	4	p. 16	JBSA-LAK
	Mentor Training	-	12	p. 22	JBSA-RAN
EFMP	EFMP Support Group	1	5	p. 22	JBSA-RAN
	EFMP Support Group: Coffee Talk	14	18	p. 10	JBSA-FSH
	EFMP Support Group	15	26	p. 16	JBSA-LAK
PERSONAL WORK & FAMILY LIFE	Army FAP Unit Training	7	4	p. 11	JBSA-FSH
	Army FAP Unit Training	21	18	p. 11	JBSA-FSH
	Bringing Baby Home (2-Part Series)	-	11, 25	p. 11	JBSA-FSH
	Bundles for Babies	2	-	p. 22	JBSA-RAN
	Bundles for Babies	6	-	p. 17	JBSA-LAK
	Car Seat 101	12	9	p. 11	JBSA-FSH
	Live in Balance: Relaxation & Stress	7	-	p. 17	JBSA-LAK
	Heart Link	-	18	p. 17	JBSA-LAK
	Heart Link	-	20	p. 23	JBSA-RAN
	Helping Us Grow Securely Playgroup	Tu	Tu	p. 11	JBSA-FSH
	Infant Massage (3-Part Series)	5, 12, 19	-	p. 16	JBSA-LAK
	Movie Day: Polar Express	19	-	p. 11	JBSA-FSH
	Peer to Peer Support Group	16	20	p. 15	JBSA-LAK
	Peer to Peer Support Group	13	10	p. 10	JBSA-FSH
Safety Seat Clinic	15	19	p. 11	JBSA-FSH	
VOLUNTEER	Single Parent Support Group	2	11	p. 16	JBSA-LAK
	Single Parent Support Group	15	19	p. 22	JBSA-RAN
	Organizational POC VMIS	M	M	p. 11	JBSA-FSH
	VMIS	M	M	p. 11	JBSA-FSH
	VOYA Nomination Writing Workshop	7	11	p. 11	JBSA-FSH
VOYA Nomination Writing Workshop	14	18	p. 11	JBSA-FSH	
FRG for Commanders	5	-	p. 12	JBSA-FSH	
FRG Key Caller	-	10	p. 12	JBSA-FSH	

Event	DEC	JAN	Page	Location	
UNIT FAMILY READINESS	FRG Leadership Academy (2-Day Training)	-	24-25	p. 12	JBSA-FSH
	Joint Spouse's Forum	13	10	p. 12	JBSA-FSH
	Key Spouse Continuing Education	1	-	p. 22	JBSA-RAN
	Key Spouse Continuing Education	-	25	p. 17	JBSA-LAK
	Key Spouse Initial Training	-	19	p. 22	JBSA-RAN
	Key Spouse Refresher Training	13	10	p. 22	JBSA-RAN
	Key Spouse Refresher Training	-	25	p. 17	JBSA-LAK

Event	DEC	JAN	Page	Location	
DEPLOYMENT	Hearts Apart Holiday Party	9	-	p. 18	JBSA-LAK
	Hearts Apart Holiday Party	2	-	p. 12	JBSA-FSH
	Hearts Apart	-	20	p. 12	JBSA-FSH
	Personal & Family Readiness Briefing	6	3	p. 23	JBSA-RAN
	Personal & Family Readiness Briefing	20	17	p. 23	JBSA-RAN
	Personal & Family Readiness Briefing	-	31	p. 23	JBSA-RAN
	Pre-Deployment Briefing	Tu	Tu	p. 18	JBSA-LAK
	Pre-Deployment Resiliency	1	5	p. 12	JBSA-FSH
	Pre-Deployment Resiliency	15	19	p. 12	JBSA-FSH
	Pre-Deployment Resiliency	8	12	p. 12	JBSA-FSH
	Pre-Deployment Resiliency	22	26	p. 12	JBSA-FSH
	Pre-Deployment Resiliency	29	-	p. 12	JBSA-FSH
	Post-Deployment Resiliency	W	W	p. 12	JBSA-FSH
	Post-Deployment Reunion & Reintegration	M	M	p. 18	JBSA-LAK
	Post-Deployment Reintegration	Tu	Tu	p. 23	JBSA-RAN

HOLIDAYS, SPECIAL OBSERVATIONS, & CLOSURES:

December

- 7th - Pearl Harbor Remembrance
- 25th - Christmas Day
- 26th - Christmas Day Observed (Federal Holiday, Closed)
- 27th - AETC Family Day (All M&FRC Locations Closed)

January

- National Mentoring Month
- 1st - New Year's Day
- 2nd - New Year's Day Observed (Federal Holiday, Closed)
- 16th - Martin Luther King Jr Day (Federal Holiday, Closed)
- 20th - Inauguration Day

JBSA-FORT SAM HOUSTON

INFORMATION & REFERRAL

JBSA-FSH • M&FRC, Bldg. 2797 (210) 221-2705 or 221-2418

Information & Referral helps DoD ID cardholders and their families connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-FSH • M&FRC, Bldg. 2797 (210) 221-2705

Reduce or eliminate problems arising due to frequent moves with specialized services such as: individual or group counseling; sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

LENDING CLOSET

Monday-Friday 8 a.m. to 3 p.m. Closed 1st & 3rd Thursday • 1-4 p.m.

The Lending Closet loans basic household goods while yours are in transit; kitchen equipment, high chairs, sleeping mats, irons and more. Permanent party, students, TDY, retirees and civilians may borrow items up to 30 days. Please bring a copy of your orders.

CITIZENSHIP & IMMIGRATION ASSISTANCE

Dec 27 & Jan 10 • 9 a.m. to Noon Dec 13 & Jan 24 • 9 a.m. to Noon, Ceremony 2 p.m.

Meet with a Citizenship & Immigration Service (USCIS) Officer for assistance with applications. Join us in observing service members and their families take the Oath of Allegiance at the Naturalization Ceremony beginning at 2 p.m. and welcome them as new U.S. citizens. Registration is not required.

RELOCATION & OVERSEAS ORIENTATION

Dec 14 & Jan 11 • 10-11 a.m./ 2-3 p.m.

Mandatory for personnel E-5 and below; topics covered include: entitlement, shipment of household goods, emotional stressors of relocation, employment, and education. Only one session is needed.

NEWCOMER'S ORIENTATION

Dec 16 & Jan 6, 20 • 8 a.m. to Noon

Mandatory in-processing briefing for all military and civilian personnel newly assigned to JBSA. All patrons must be seated by 7:50 a.m.; service members must coordinate with their Unit Personnel. The Spouse Information Fair is held in conjunction with the Newcomer's Orientation. Vendors and supporting agencies will be on-site to meet with patrons at 10:30 a.m.

SPONSORSHIP APPLICATION TRAINING

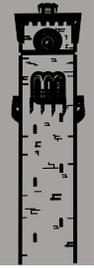
Dec 21 & Jan 18 • 2-3 p.m.

A mandatory training that reviews roles and responsibilities of military sponsors. Complete trainings, review checklists, newcomer needs assessments, welcome packets and more online with the Electronic Sponsorship Application & Training (eSAT), <https://myhub.militaryonesource.mil>.

TRAILS & TALES GUIDED TOUR

Jan 27 • 8-10:30 a.m.

A guided tour of Fort Sam Houston; learn about old and new structures that share a rich history dating back more than 150 years. Patrons must be ready for departure at the M&FRC by 8 a.m. Due to limited seating, registration is required.



FINANCIAL READINESS

JBSA-FSH • M&FRC, Bldg. 2797 (210) 221-2705

Financial Readiness can assist with

developing an individual plan to achieve financial goals. Specialized services include money management, credit and financial planning, insurance and consumer issues, and information on emergency assistance. Call for more information or to register.

BASIC BUDGET 101

Dec 15 • 9-10 a.m. & Jan 3 • 2-3 p.m.

Make over your financial lifestyle for a successful and stress-free future. Participants will examine methods to set a realistic financial goals, painlessly reduce spending habits and pay down debt, review saving and investment opportunities. This course is required before attending any financial classes and budget counseling, unless referred by your command. A copy of your current (LES) is needed.

THRIFT SAVINGS PLAN

Jan 10 • 2-3 p.m.

As a uniformed service member or federal employee, you have an opportunity to participate in the Thrift Savings Plan (TSP), a federal retirement savings plan similar to 401(k) plans offered in the private sector. Review information about this long-term retirement savings and investment plan and it's many advantages.

THINKING MONEY (COUPLES)

Jan 20 • 11:30-1 p.m.

Couples will explore ways behavioral biases affect financial decisions, how too many choices can be paralyzing, and how a good nudge can help you achieve goals. This is a lunch and learn workshop, lunch will be provided.



EMPLOYMENT READINESS

JBSA-FSH • M&FRC, Bldg. 2797

(210) 221-2418

Employment Readiness helps patrons

improve essential skills needed for secure employment in a competitive job market. Services include: job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.



MILITARY SPOUSE PROGRAM

CAREER EVENT

PERSONAL BRANDING • HIRING FAIR • CAREER PLANNING

Networking Reception: Dec 1 • 7-9 p.m.
Hiring Fair: Dec 2 • 10 a.m. to 1 p.m.

Network with vetted employers, gain insight on career planning, and learn how to stand out as a candidate. Resume assistance and professional photos will also be available. Military Spouses, Gold Star Spouses, Military Members, employers, and service organizations are welcomed to attend. The catered Networking Reception will be held in the USAA Bank Lobby and a Hiring Fair will be held at the Military & Family Readiness Center. To register, visit www.hiringourheroes.org.

VIRTUAL CAREER LIBRARY

www.VirtualCareerLibrary.com/ftsh

Patrons using Employment Readiness services have access to online career guidance featuring educational e-books, employment guides, school finders, virtual job data cards, and more.

COMPUTER LAB

Monday-Friday • 8 a.m. to 4 p.m.
CLOSED: Tuesdays/ Thursdays 8 a.m. to Noon; 1st/ 3rd Thursdays and 2nd/ 4th Fridays • 1-4 p.m.

Computers with internet access and printing capabilities are available for personal use, and are CAC enabled. The Lab is available for unit or group trainings and will be closed to all others during this time. Call to confirm daily availability.

MICROSOFT OFFICE 2013

Microsoft Word, Excel, PowerPoint, Access and Computer Basic classes, foundational to

advanced, are open to all skill levels. Due to limited seating advanced registration is required. Classes tend to fill up quickly, call for availability and class schedule.

January - Access

Access workshops offered include: Foundation (level 1), Intermediate (level 2) and Advanced (level 3).

February - PowerPoint & Word

PowerPoint workshops offered include Foundation (level 1), Intermediate (level 2) and Advanced (level 3). Word workshops offered include: Foundation (level 1), Intermediate (level 2), Advanced (level 3), and Specialty (level 4).

10 STEPS TO A FEDERAL JOB

Jan 4 • 9-11 a.m.

Learn how to interpret federal vacancy announcements, develop a federal resume, track applications and more on the Federal government's job site, www.USAJobs.gov. This class is taught by a Certified Federal Job Search Trainer and Career Coach.

TRANSITION ASSISTANCE PROGRAM (TAP)/ SOLDIER FOR LIFE

JBSA-FSH • Soldier for Life, Bldg. 2264, Ste. 102. (210) 221-1213

TAP provides counseling and job assistance to service members preparing to leave the federal service. Services include: pre-separation counseling, benefits, job search training, self-assessment tools, resume review, job analyzer software, and referral to service providers. Call to schedule an appointment or sign up.

PRE-SEPARATION COUNSELING

Dec 6, 20 & Jan 10, 24 • 9 a.m. to Noon

Airmen, Sailors, and Marines planning to separate from the federal service must attend this mandatory counseling. Begin the process 18-months prior to your separation date. This training is held at M&FRC, Bldg.

2797. To register, call 221-2705.

Tuesday-Friday • 8:30-11:30 a.m.

Soldiers planning to separate from the military must attend this mandatory counseling. Begin the process 18-months prior to your separation date. Facilitated by the Soldier for Life, Bldg. 2264.

TAP-GOALS, PLANS, SUCCESS

Dec 5-9, 12-16 & Jan 23-27, Jan 30-Feb 3 • 8 a.m. to 4 p.m.

A mandatory 5-day workshop for all service members separating from the military; the GPS workshop is facilitated by the Department of Labor, Veterans Administration, and M&FRC. This workshop is held in the basement of Bldg. 2263. *Prerequisite: Pre-Separation Counseling.*

ACCESSING HIGHER EDUCATION

Dec 5-7, 19-21 & Jan 9-11, 23-25 7:30 a.m. to 5 p.m.

A 3-day track for those pursuing higher education; service members will review education requirements that support their personal goals. Topics include: achieving academic success, research and comparing institutions, and financials. This workshop is held at the Education Center, Bldg. 2268.

Dec 13-14 & Jan 17-18 • 7:30 a.m. to 5 p.m.

Service members that already have a Bachelor's degree may attend an accelerated 2-day workshop. This workshop is held at the Education Center, Bldg. 2268.

CAREER TECHNICAL TRAINING

Dec 19-20 & Jan 19-20 • 8 a.m. to 5 p.m.

Service members will receive guidance and help in selecting technical training schools and technical fields. Review accredited institute applications, scheduling a session with a counselor or a career technical training expert, and VA vocational education counselors. This workshop held in the basement of Bldg. 2263.

FEDERAL APPLICATION

Jan 10 • 1-4 p.m.

Review the Federal employment process and careers offered within the Federal government. Learn about resources that support the Veterans Employment Program,

skills translator, resume builders, and more.



OPERATION
BOOTS to BUSINESS
from service to startup

Jan 11-12 • 8 a.m. to 4 p.m.

A 2-day entrepreneurial education workshop hosted by the Small Business Administration. Discuss the opportunities and challenges of business ownership; review steps for evaluating business concepts; foundational knowledge required to develop a business plan; and information on SBA resources available to help access start-up capital; and additional technical assistance.

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-FSH • M&FRC, Bldg. 2797
(210) 517-6666 or 997-7521

Military & Family Life Counselors help service members, their families, and significant others in addressing issues from deployment and reintegration, marriage and relationships, stress and anxiety, depression, grief and loss, or daily life issues. Consultations and trainings are anonymous, no records are kept. After-hours and weekend appointments are available. Meetings can also be arranged off-site. Call to schedule an appointment.

PEER TO PEER SUPPORT GROUP
Dec 13 & Jan 10 • 9:30-10:30 a.m.

Caregivers have the opportunity to build a support network, share experiences, and information. This group meets in the Solider & Family Assistance Center (SFAC) Meeting Room. For more information call 557-2018.



EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for details or to register.

EFMP SUPPORT GROUP: COFFEE TALK

Dec 14 & Jan 18 • 11:30 a.m. to 1 p.m.

This EFMP support group meets monthly for casual dialogue to share helpful resources and ways to overcome challenges.

SCHOOL LIAISON OFFICE

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2256

The School Liaison Office assists parents with children in grades K-12. SLO can help with the transition between schools; provide information about local school systems, policies, programs and more.

PERSONAL & FAMILY LIFE

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2418

The Family Life Program assists in improving the quality of life for individuals and families. Classes provide knowledge and skills needed to develop and strengthen communication, promote healthy relationships, child safety, coping with life events, and realizing personal potential. Unit team building trainings are available by request. Call for class details or to register.

HELPING US GROW SECURELY (HUGS) PLAYGROUP

Tuesdays • 10 a.m. to Noon

A playgroup for infants and toddlers (up to age 5); a parent or guardian must be present. The playgroup meets at the Middle School Teen Center, Bldg. 2515. Registration is not required.

ARMY FAP UNIT TRAINING

Dec 7, 21 & Jan 4, 18 • 9-11 a.m. / 1-3 p.m.

Mandated Unit Family Advocacy Training (IAW AR608-18) regarding domestic and child abuse identification, reporting, and prevention. Other topics covered include the Lautenberg amendment, restricted and unrestricted reporting and transitional compensation program. Seating is limited, call to reserve seats for your unit. Reservations will be accepted up to 2 weeks in advance.

CAR SEAT 101

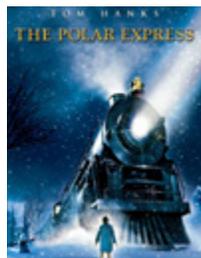
Dec 12 & Jan 9 • 1-3 p.m.

Review the basics of car seat installation and make sure your child is seated properly within their car seat. *This class is required before attending the Safety Seat Clinic.*

SAFETY SEAT CLINIC

Dec 15 & Jan 19 • 1:30-3:30 p.m.

Make sure your child is safe while traveling on the road by ensuring restraints are properly installed and fit the child. Child and vehicle must be present; parents will be seen by appointment only at the Fire Station, Bldg. 3830. *Prerequisite: Car Seat 101.*



MOVIE DAY: POLAR EXPRESS

Dec 19 • 1-3 p.m.

The Exceptional Family Member Program and the Family Life Program invite JBSA families to a sensory friendly showing of Polar Express.

BRINGING BABY HOME

Jan 11, 25 • 9 a.m. to 1 p.m.

This 2-part series must be attended in order. Knowing what to expect will help ease the overwhelming feeling of preparing for your

newborn baby's homecoming. Both parents are encouraged to attend.

VOLUNTEER SERVICES

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2705

Volunteer Services provides volunteers with opportunities based on interest and agency needs. Volunteers support the military in a variety of capacities such as: coaches, office assistants, FRG leaders, program assistants, and more. Call to sign up or for information.

ORGANIZATIONAL POINT OF CONTACT (OPOC) VMIS

Mondays • 1-4 p.m.

Unit and Agency Organizational Points of Contact (OPOC) will receive training with the Volunteer Management Information System (VMIS). Open to all registered OPOC's.

VOLUNTEER MANAGEMENT INFORMATION SYSTEM (VMIS)

Mondays • 1-4 p.m.

Volunteers will receive hands-on training with the Volunteer Management Information System (VMIS). Open to all registered volunteers.

VOLUNTEER OF THE YEAR (VOYA) NOMINATION WRITING WORKSHOP

Dec 7, 14 & Jan 18 • 9 - 11 a.m.

Jan 11 • 1-3 p.m.

The Volunteer of the Year Award (VOYA) identifies and recognizes outstanding and innovative volunteer efforts by the JBSA community. Review the nomination form and learn how to submit a package for the 2017 Award ceremony. Nominations submitted on forms from previous years will not be accepted as they are obsolete. In order for your volunteer to be considered for the 2017 VOYA, nominations must be submitted no later than Feb 24. Visit www.jbsa.mil/Resources/Military-Family-Readiness, email usaf.jbsa.502-abw.mbx.502-fss-volunteer@mail.mil or call 221-2705 for more information.

MILITARY FAMILY TEAM BUILDING (MFTB/AFTB)

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2418

MFTB/AFTB is about mission readiness and family readiness. It helps service members grow as leaders and teaches families how to adapt and embrace challenges. Open to all branches of service and DoD cardholders on JBSA. Call to book a training for your unit or organization.

DEPLOYMENT READINESS

JBSA-FSH • M&FRC, Bldg. 2797
(210) 221-2418

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the different phases of a deployment cycle. Registration is required for unit family readiness programs, sign up no later than 48 hours prior to the event.



Dec 2 • 4:30-5:30 p.m.
Register by Nov 25

Hearts Apart is a support group for military families of a deployed or geographically separated service member. Join us from 4:30-5:30 p.m. for dinner, gifts, games and prizes. After 5:30 p.m. we will head to the flag pole to join in on the Holiday Tree Lighting Ceremony to visit with Santa, play in the snow, and more! Registration is required, please include the total number of your party. If children will be attending with you, please include their age, gender and names. The first 5 children registered may sign up to help with the lighting of the tree at the ceremony, limited to one child per family.

POST-DEPLOYMENT RESILIENCY

Wednesdays • 1-3 p.m.

This training is given to service members and their families in order to identify strengths and to facilitate reintegration. Participants will develop positive relationship skills and build on existing skills.

PRE-DEPLOYMENT RESILIENCY

Dec 1, 15 & Jan 5, 19 • 9-11 a.m.
Dec 8, 22, 29 & Jan 12, 26 • 1-3 p.m.

This training draws heavily on the experiences of service members in order to prepare for the realities and challenges that are commonly encountered prior to and during a deployment.

JOINT SPOUSE'S FORUM

Dec 13 & Jan 10 • 11 a.m. to Noon

The Joint Spouse's Forum is open to all FRSA's, FRG's, Key Spouse's, Ombudsman's, and Family Program advisors to offer networking opportunities to discuss issues, share lessons learned, facilitates questions, and discussions.

FRG KEY CALLER

Jan 10 • Noon to 3 p.m.

This training defines the FRG key caller's role and responsibilities, address issues key callers may face and identifies resources.

HEARTS APART

Jan 20 • 8:30-10 a.m.; Register Jan 13

Hearts Apart is a support group for military families of a deployed or geographically separated service member. Patrons are invited to join us for coffee and donuts as we discuss New Year's Resolutions.

FRG LEADERSHIP ACADEMY

Jan 24-25 • 8:30 a.m. to 4:30 p.m.

FRGs play a critical role in assisting Command with their mission. This training provides commands with a better understanding of their FRGs, how to utilize their volunteers, in addition to their roles and responsibilities to the families.

JBSA-LACKLAND

INFORMATION & REFERRAL

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

Information & Referral helps patrons connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

Relocation Assistance is available to service members and their families through the process of a permanent change of station (PCS). Take charge of your PCS by visiting Plan My Move at <http://go.usa.gov/39D9V> to learn about entitlements, benefits, planning tools, and more. Call for more information or to register for a class.

NEWLY ASSIGNED COMMANDERS & FIRST SERGEANT BRIEFING

Dec 5 & Jan 9 • 8-11:15 a.m.

Newly assigned Commanders, Command Chiefs, and First Sergeants; this mandatory briefing satisfies AFI requirements while introducing key personnel from installation support agencies such as Equal Opportunity (EO), Family Advocacy (FAP), Medical (HIPAA), Military & Family Readiness (M&FRC), and Sexual Assault Prevention Response (SAPR).

NEWCOMER'S ORIENTATION

Dec 7 & Jan 11, 25 • 8 a.m. to Noon

A mandatory in-processing briefing for all service members new to JBSA. Coordinate with your Unit Personnel Coordinator or Commander Support Element to schedule your orientation.

FINANCIAL READINESS

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

Financial Readiness services are designed to address money management issues ranging from basic budgeting to long-term investment planning, and debt reduction. On-on-one and group briefings available. Call to.

SOCIAL SECURITY & YOU

Dec 7 • 10 a.m. to Noon

Learn about the changes to social security benefits and how it can affect your retirement. This workshop is facilitated by the U.S. Social Security Administration.



CAR BUYING

Dec 8 • 11:30 a.m. to 12:30 p.m.

Learn the in's and out's of car buying, review financing, and predatory lending. This workshop is held at the Wilford Hall Annex, Bldg. 4600.

HOW TO BUY A HOUSE

Jan 19 • 11:30 a.m. to 12:30 p.m.

Discuss the pro's and con's of renting versus home ownership, budgets, different types of loans, Realtors and more. This workshop is facilitated by the Better Business Bureau.

COUPONING IN THE 21ST CENTURY THERE'S AN APP FOR THAT!

Jan 19 • 9-11 a.m.



Cutting coupons is a way of the past, using mobile applications couponing and saving money has become easier! Discuss the basics of the traditional couponing, ways to save on traveling, eating out, military discounts, rebates, social media tricks and more. This class will touch on a little bit of everything when it comes to saving.

OFFICER FIRST DUTY STATION MANDATORY FINANCIAL TRAINING Jan 11 • 9 to Noon

This is mandatory for 2d Lt., 1st Lt. and Capt. assigned to their first permanent duty station. Explore all aspects of finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan and more.

CREDIT BUILDING

Jan 12 • 11:30 a.m. to 12:30 p.m.

Review what makes up a credit score and identifies simple steps to strengthen it. Facilitated by a the Air Force Federal Credit Union.

EMPLOYMENT READINESS

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

Employment assistance provides essential skills giving patrons the competitive edge necessary to secure employment. Services include: resume writing assistance and review; job or career counseling and training; and information on local employment; education and volunteer opportunities. Call to register.

INTERVIEW & DRESS FOR SUCCESS Dec 1 • 10 a.m. to Noon

Take pride in your appearance and follow expected guidelines of what to wear and review ways to prepare for an interview. Discover ways to make a connection and learn how to give a memorable elevator speech.

EMPLOYMENT WORKSHOP Dec 7 & Jan 18 • 8 a.m. to 1 p.m.

Review the federal employment process, resume writing techniques, interviewing skills and, how to dress for success. Participants will need to bring a copy of their current resume, and a tie.



Road Map to Your Career

EMPLOYMENT SYMPOSIUM

Jan 17 • 9 a.m. to Noon

Finding a job and building your career can be a challenge if you're not sure where or how to start. Make connections within the city and learn about the local job market. Patrons will have an opportunity to network and speak with civilian and NAF Personnel, the Texas Workforce Commission, private industries and more. Review required supporting documents that are needed when applying for a federal job and discuss resources like Priority Placement Program (PPP), spousal preference, employment assistance, resume review, volunteer opportunities and more.

VIRTUAL CAREER LIBRARY VirtualCareerLibrary.com/lacklandafb

Patrons using Employment Readiness services have free online access to career guidance, educational e-books, employment guides, school finders, virtual job data cards, and more.

TRANSITION ASSISTANCE PROGRAM (TAP)

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

TAP provides counseling and job assistance to service members, DoD civilians, and family members preparing to leave or retire from federal service. Information is also provided to help service members make informed decisions about re-enlistment. Call to schedule an appointment.

PRE-SEPARATION: RETIREMENT Dec 6 & Jan 10 • 9 a.m. to Noon

This is a mandatory briefing; appointments may be scheduled up to 24-months before your retirement date. Call to reserve a seat.

PRE-SEPARATION: SEPARATING Dec 8 & Jan 12 • 9 a.m. to Noon

This is a mandatory briefing; appointments may be scheduled up to 12-months prior to your separation date. Call to reserve a seat.

GOALS, PLANS, SUCCESS

All: Dec 12-16 • 7:45 a.m. to 4:30 p.m.
Retirees Only: Jan30-27;
Separation Only: Jan30-Feb2

This 5-day workshop is mandatory for all service members separating from the military. The GPS workshop is facilitated by the Department of Labor, Veterans Administration, and M&FRC. Spouses welcomed. Prerequisite: Pre-Separation.



VA EDUCATION BENEFITS BRIEFING Jan 12 • 1-3 p.m.

Facilitated by the Texas Workforce Commission, this briefing is designed to inform service members about the Post-9/11 GI Bill and other education benefits.



VA BENEFITS BRIEFING

Dec 7 & Jan 18 • 8 a.m. to 4:30 p.m.

Mandatory briefing providing information on available Veteran benefits and services – learn how to apply for health care, education, home loans, insurance, and disability benefits. Prerequisite: Pre-Separation Counseling.



TROOPS TO TEACHERS

Dec 9 • 1-3:30 p.m.

Troops to Teachers assists eligible military personnel in pursuit of teaching as a second career.

Topics include: counseling, referral and placement assistance, identifies required certification, and employment opportunities.

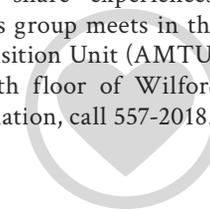
MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-LAK • M&FRC
(210) 540-5025 or 540-5030

Military & Family Life Counselors help service members, their families, and significant others address issues from deployment and reintegration, marriage and relationships, communication challenges, stress and anxiety, depression, grief and loss, and other daily life issues. Consultations are anonymous, no records are kept.

PEER TO PEER SUPPORT GROUP Dec 16 & Jan 20 • 9-11 a.m.

Caregivers have the opportunity to build a support network, share experiences, and information. This group meets in the Airman Medical Transition Unit (AMTU) Conference Room, 5th floor of Wilford Hall. For more information, call 557-2018.



SURVIVOR BENEFITS

JBSA-LAK • Command Bldg. 5616
(210) 671-3243 or 671-3216

The Survivor Benefits Plan (SBP) briefing with an SBP Counselor is required by law for all retiring service members within 120 days of retirement. Spouses are encouraged to attend. Call to schedule an appointment.

SCHOOL LIAISON OFFICE

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-8388

The School Liaison Office assists parents with children in grades K-12 and provides information about the local school systems, policies, programs and more.

PCS'ING WITH SCHOOL AGE YOUTH Dec 6 • 1-3 p.m.

Review information about transferring to a new school and other topics such as the different responses children may have when changing schools; enrollment processes; immunizations and records; placement and attendance; transcripts; special needs and more. Open to parents with children in grades K-12.

MENTOR TRAINING

Dec 7 • 9-10:30 a.m. &
Jan 4 • Noon to 1:30 p.m.

Volunteer mentors spend time with young people and encourage positive choices, and academic achievement. This training provides resources for becoming a successful mentor. After completion, participants are placed within a local public school. Facilitated by the SLO and Community in Schools.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

EFMP is a mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to active duty personnel and their family members. Call for more information.

EFMP SUPPORT GROUP Dec 15 & Jan 26 • Noon to 1:30 p.m.

The EFMP Support Group features a new monthly topic to share helpful resources and ways to overcome challenges. This workshop is held at the CAMP facility Bldg. 3850.

Listen to Silence: How to Hear What Our Children Cannot Say

In December, guest speaker Ronald Palmer,

President and Founder of Starlite Autism Center will discuss the unique way how those with autism communicate their wants and needs.

De-Escalation & Protection Strategies

In January, guest speaker Michale Hanson, Owner and Chief Instructor of Elite Edge Training will review tactics that help with de-escalating situations before they start to get out of hand or physical. Discuss ways to stay calm and how to protect yourself and your family if a situation does get out of hand.

PERSONAL & WORK LIFE

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3723

Personal & Work Life collaborates with a number of other helping agencies to provide education and promote family preparedness through readiness support. Call to register for a class.

SINGLE PARENT SUPPORT GROUP Dec 2 & Jan 11 • 11:30 a.m. to 1 p.m.

A brown bag forum for both long- and short-term single parents to connect, share helpful resources, and ways to overcome challenges as a single parent.

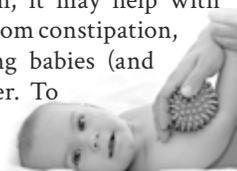
December: unwind and de-stress.

January: creating healthy relationships.



INFANT MASSAGE Dec 5, 12 & 19 • 9-10:30 a.m.

This 3-part series must be attended in order. Infant Massage helps normalize muscle tone, improve blood circulation, stimulate brain development, and improve sensory awareness. In addition, it may help with relieving discomfort from constipation, gas, and colic allowing babies (and parents) to sleep better. To register, call 221-2418.



BUNDLES FOR BABIES

Dec 6 • 1-4:30 p.m.

Active duty expecting parents assigned to JBSA-Lackland are encouraged to attend. Information is provided on financial planning from conception to college, support programs offered within the community, and parenting skills. Active duty and active duty spouses from the Air Force, Navy, Marine Corps, and Coast Guard will receive a free gift paid by Air Force Aid Society at the end of the class.

LIFE IN BALANCE: RELAXATION & STRESS RELIEF Dec 7 • 11:30 a.m. to 1 p.m.

Review ways to maintain a good work life balance, identify stressors, recognize the signs and symptoms of stress and stress management strategies, and develop relaxation skills. This workshop is held at the Wilford Hall Annex, Bldg. 4600.

HEART LINK

Jan 18 • 8:30 a.m. to 2:30 p.m.

Heart Link is an orientation for military spouses of any branch of service. Meet new friends while learning about the military mission, lifestyle, protocol and other programs available. A light breakfast and lunch will be provided, registration required. This group meets at the Wilford Hall Annex, Bldg. 4600.



KEY SPOUSE CONTINUING EDUCATION Jan 25 • 10 a.m. to 12:30 p.m.

Key Spouse continuing education, required at least quarterly for all active Key Spouse and Key Spouse Mentors. Review ways to turn volunteer work into resume bullets.

KEY SPOUSE REFRESHER Jan 25 • 9-10 a.m.

Review information, resources, and services that are available in the local area. Open to Key Spouse and Key Spouse Mentors who have completed the mandatory initial training from their previous installation.

VOLUNTEER SERVICES

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

Volunteer Services provide volunteers with opportunities based on interest and agency needs. Volunteers support the military in a variety of capacities such as: coaches, office assistants, program assistants, and more. Call to sign up or for information.



NOMINATING A VOLUNTEER FOR THE VOLUNTEER AWARD

The Volunteer Excellence Award (VEA) is a life time achievement award that recognizes federal civilians, family members, military retirees and federal retirees who perform outstanding volunteer community service of a sustained, direct and consequential nature. Volunteer agencies or supervisors from any military branch may fill out a nomination packet. All packets must be submitted no later than Feb. 24 to 802fss.fsfr@us.af.mil for the 2017 Volunteer Awards Ceremony. VEA packets can be found online at www.jbsa.mil/Resources/Military-Family-Readiness/Volunteer-Resources.

DEPLOYMENT READINESS

JBSA-LAK • M&FRC, Bldg. 1249
(210) 671-3722

Deployment Readiness helps service members and their families prepare for deployments, provides access to support through courses, support groups, and prepares them for unique challenges that they face when returning.

POST-DEPLOYMENT REUNION & REINTEGRATION Mondays • 2:30-3:30 p.m.

Required for all service members returning from deployment; this training covers reintegration into home life and provides resources to deal with associated stressors. Spouses are highly encouraged to attend. Briefings are held on the second floor of Logistics Readiness, Bldg. 5160.

PRE-DEPLOYMENT BRIEFING Tuesdays • 8-10 a.m., 7:30 a.m. Sign-in

All service members scheduled to deploy, TDY longer than 30 days, or go on a remote assignment are required to attend. Briefings are held on the second floor of Logistics Readiness, Bldg. 5160.



Dec 9 • 6-9 p.m.; Register by Dec 1

Celebrate the holidays! Take pictures with Santa, make arts and crafts, play games and enjoy a bite to eat. Hearts Apart is a support group for military families of a deployed or geographically separated service member. To RSVP, send an email to 802FSS.FSFR@us.af.mil by Dec. 1, with the total number of your party. If you are bringing children, include their age, gender, and names.



This is your Voice Leadership is Listening

ARMED FORCES ACTION PLAN

**Service Members • Retirees • Teens
• Military Spouses • Survivors •
Reservists • Civilian DoD Employees**

Did you know the GI Bill entitlements used to expire after 10 years of separation from service? During transition, some veterans incurred family and work obligations that hindered the full use of this benefits.

An AFAP recommendation was sent asking to eliminate the expiration date. Working to improve the GI Bill entitlement service, the expiration date was extended to 15 years!

Other resolutions include: GI Bill benefit transferability to family members, Tricare for life, Army Family Team Building (AFTB), the BOSS program and more!

Tell Us What You Think

Have an idea or suggestion that can improve the military community, welfare, or quality of life?

Can you identified a critical issue affecting the readiness or morale at Joint Base San Antonio?



Scan the QR code to email your suggestions for the 2017 Forum.

Be a part of this powerful process. Volunteers are needed, call (210) 221-2705 or email usaf.jbsa.502-abw.mbx.502-fss-volunteer@mail.mil for more information.

JBSA-RANDOLPH

INFORMATION & REFERRAL

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Information & Referral helps patrons connect with the right resources to meet their specific needs on JBSA or within the local community.

RELOCATION ASSISTANCE

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Relocation Assistance offers an array of services to assist you and your family when you experience a permanent change of station (PCS). One-on-one appointments are available to provide information that will ensure your move is as smooth as possible. Visit Plan My Move at <http://go.usa.gov/39D9V> for more tips. Call for more information or to sign up.

LOAN LOCKER

Tuesday-Thursday 8-11 a.m.

If you're in need of a few items until your household goods arrive, check them out from the Loan Locker. We have basic items that can be borrowed while your household goods are in transit. Please bring a copy of your orders.

SPONSORSHIP TRAINING

In accordance with AFI 36-2103, the Sponsorship Application & Training (eSAT), <https://myhub.militaryonesource.mil> features a checklist, newcomer's needs assessment, customizable letters and emails, and more. Once complete, contact M&FRC for additional information on how to become an effective sponsor. Family members interested in becoming a sponsor can access the eSAT through the My Training Hub.

NEWLY ASSIGNED COMMANDERS & FIRST SERGEANT BRIEFING Dec 6 & Jan 3 • 8-11 a.m.

Newly assigned Commanders and First Sergeants; this briefing will provide the mandatory Commander briefings, satisfying AFI requirements. Meet with key personnel from the base support agencies; Equal Opportunity (EO), Family Advocacy (FAP), Medical (HIPAA), Military & Family Readiness (M&FRC), and Sexual Assault Prevention Response (SAPR).

NEWCOMER'S ORIENTATION

Dec 12, 19 & Jan 23 • 8 a.m. to 12:30 p.m.

Mandatory in-processing for all newly assigned JBSA-Randolph military and civilian personnel. Spouses are invited to attend. Call 652-3036 to register.

FINANCIAL READINESS

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Personal Financial Readiness provides information and guidance to aid you with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spend plans.

OFFICER FIRST DUTY STATION MANDATORY FINANCIAL TRAINING Dec 20 & Jan 17 • 8:30 a.m. to 12:30 p.m.

This is mandatory for 2d Lt., 1st Lt. and Capt. assigned to their first permanent duty station. Explore all aspects of finances to include pay, entitlements, insurance, credit management, Thrift Savings Plan and more.

CAR BUYING

Jan 4 • 10-11:30 a.m.

Learn the in's and out's of car buying, review financing, and predatory lending.



CREDIT SCORE: WHAT IS IT?

Dec 16 • 10-11:30 a.m.
Learn how to interpret a credit report, score, and correct common errors. Facilitated by Randolph Brooks Federal Credit Union.



EMPLOYMENT READINESS

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Employment Assistance offers job search assistance and referral services for employment opportunities. Classes are designed to help give you the competitive edge necessary to secure employment. Services include: employment and education information, volunteer opportunities, and assistance in resume writing. Call for more information or to sign up for a class.

RESOURCE CENTER Monday-Friday • 8 a.m. to 4 p.m.

The Resource Center has a limited number of computers with internet access for job searching and checking emails.

VIRTUAL CAREER LIBRARY VirtualCareerLibrary.com/randolphafb

The virtual library features a full range of career guidance and employment services. Resources include: educational e-books, employment guides, college finders, courses, virtual job data cards, and more. Free for all JBSA patrons participating in the Employment Readiness Program.



BASIC RESUME WRITING Dec 13 & Jan 3 • 9:30-11 a.m.

Don't get frustrated over a resume – learn techniques that will help with preparing a non-federal resume.

USAJOBS® "WORKING FOR AMERICA"

USAJOBS NAVIGATION & FEDERAL RESUME WRITING
Dec 15 & Jan 26 • 8:30-11 a.m.
Learn how to create a federal resume and navigate the USAJOBS website.

INTERVIEWING SKILLS Dec 1 • 10 a.m. to Noon

Participants will learn ways to prepare for upcoming job interviews. Focus on how to research prospective employers, answer questions, and what to wear.

TRANSITION ASSISTANCE PROGRAM (TAP)

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

TAP provides counseling and job assistance to service members, DoD civilians, and family members preparing to leave federal service. Information is also provided for service members to make informed decisions regarding reenlistment. Services address pre-separation counseling, benefits, job search training, resume review, and self-assessment tools. Call to schedule an appointment or to register for a class.

PRE-SEPARATION & RETIREMENT COUNSELING Dec 14, 28 & Jan 4, 18, 25 • Noon to 4 p.m.

This is a mandatory briefing and is required before attending the TAP GPS workshop. Pre-separation appointment may be scheduled up to 24-months before retirement date or up to 12-months prior to separation.

TAP-GOALS, PLANS, SUCCESS Dec 5-9 & Jan 9-13 • 8 a.m. to 4:30 p.m.

This 5-day workshop is mandatory for all service members separating or retiring from the military. The GPS workshop is

facilitated by the Department of Labor, Veterans Administration, and M&FRC. Prerequisite: Pre-Separation & Retirement Counseling.

CAREER TECHNICAL TRACK Jan 5-6 • 8 a.m. to 4 p.m.

Service members will receive guidance and help in selecting technical training schools and technical fields. Review accredited institute applications, scheduling a session with a counselor or a career technical training expert, and VA vocational education counselors.



VA STAND ALONE WORKSHOP Dec 2 & Jan 27 • 8 a.m. to 2 p.m.

Those exempt from the mandatory 5-day TAP GPS Workshop must attend a Veterans Administration stand-alone workshop. Topics covered include critical VA programs and services ranging from general benefits information, disability compensation, and GI Bill benefit.

MILITARY & FAMILY LIFE COUNSELORS (MFLC)

JBSA-RAN • M&FRC, Bldg. 693
(210) 627-1223 or 834-6904

Military & Family Life Counselors help service members, their families, and significant others address deployment and reintegration issues; marriage, relationship and family issues; communication challenges; stress and anxiety; depression, grief and loss; and daily life issues. Consultations and trainings are anonymous, no records are kept. After-hours and weekend appointments are available as well as off-site or group meetings. Call to

schedule an appointment.

CASUALTY ASSISTANCE & SURVIVOR BENEFITS

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-2104 or 652-3633

The Casualty Assistance Office provides casualty reporting; dignified and humane casualty notifications; and ensures efficient, thorough, and compassionate follow-up assistance to the next-of-kin for as long as needed. Other services and programs provided to our military community include: Service member's Group Life Insurance, Family Member Service member's Group Life Insurance (FSGLI), Traumatic Injury Protection, and Emergency Family Member Travel Program. Call to schedule an appointment.

SURVIVOR BENEFIT PLAN Dec 20 & Jan 17 • 8-9:30 a.m./1-2:30 p.m.

The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP. Duration: 90 min.



SCHOOL LIAISON OFFICE

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

The School Liaison Office assists parents with children in grades K-12. SLO can help with the transition between schools and provide information about local school systems, policies, programs and more.

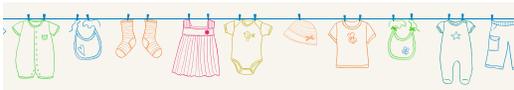
MENTOR TRAINING

Jan 12 • Noon to 1:30 p.m.

Volunteer mentors spend time with young people and encourage positive choices, promote high self-esteem and encourage academic achievement. Participants who complete the requirements will be placed within a local public school.



preparedness through readiness support. Call to sign up or for details.



BUNDLES FOR BABIES

Dec 2 • 8:30 a.m. to 12:15 p.m.

The Air Force Aid Society in partnership with M&FRC will provide information on budgeting for a baby, dental and pediatric clinic, New Parent Support Program and more. This class is open to active duty service members and their spouses who are expecting a baby.

SINGLE PARENT SUPPORT GROUP

Dec 15 & Jan 19 • Noon to 1 p.m.

A brown bag forum for both long- and short-term single parents to connect, share helpful resources, and ways to overcome challenges as a single parent.

HEART LINK

Jan 20 • 8:30 a.m. to 2 p.m.

Heart Link is an orientation for military spouses. Meet and make new friends while learning about the military mission, lifestyle, protocol and other programs available. Lunch will be provided as well as a guided tour of the Taj Mahal.

DEPLOYMENT READINESS

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Deployment readiness helps service members and their families prepare for deployments, provides access to support through courses, support groups, and prepares them for unique challenges that they face when returning. Registration is required.

PERSONAL & FAMILY READINESS BRIEFING

Dec 6, 20 & Jan 3, 17, 31 • 9-10 a.m.

All military members scheduled to deploy, go TDY longer than 30 days or on a remote assignment are required to attend this briefing. Military spouses are encouraged to attend and learn about various programs and resources available to them.

POST-DEPLOYMENT: REINTEGRATION

Tuesdays • 8-9 a.m.

All military members returning from a deployment are required to attend this briefing. This training reviews reintegration into home life and provides resources to deal with associated stressors. Military spouses are encouraged to attend.

EXCEPTIONAL FAMILY MEMBER PROGRAM

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

EFMP is a mandatory enrollment program that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical, and personnel services to active duty personnel and their family members. Call for information.

EFMP SUPPORT GROUP

Dec 1 & Jan 5 • 11 a.m. to 12:30 p.m.



Exceptional Families Supporting Military Families with Special Needs

This support group meets monthly for a casual dialogue to share helpful resources and ways to overcome challenges.

PERSONAL & FAMILY LIFE

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Personal & Family Life partners with a number of other helping agencies to provide education and promote family



KEY SPOUSE CONTINUED EDUCATION

Dec 1 • 9 a.m. to Noon

Active Key Spouse and Key Spouse Mentors are required to attend a minimum of 1 continued education every quarter. Attend an end of year Texas style round up to recap on 2016 accomplishments and look towards 2017.

KEY SPOUSE REFRESHER

Dec 13 & Jan 10 • 9-10 a.m.

The Key Spouse Refresher training is hosted on the second Tuesday of every month. Open to Key Spouses and Key Spouse Mentors who have completed the mandatory initial training course at their previous location and would like a review of the program and local resources.

INITIAL KEY SPOUSE TRAINING

Jan 19 • 8:30 a.m. to 2:30 p.m.

This training is mandatory for all newly appointed Key Spouses who have not been trained at another installation and highly recommended for Key Spouse mentors. Patrons interested in learning more about the program or volunteering are also encouraged to attend. Review the nine core modules in the standard Air Force Key Spouse training curriculum, roles and responsibilities, and more.

VOLUNTEER SERVICES

JBSA-RAN • M&FRC, Bldg. 693
(210) 652-5321

Volunteer Services provide volunteers with opportunities based on interest and agency needs. Volunteers support the military in a variety of capacities such as: youth coaches, office assistants, program assistants, and more. Call to sign up or for information.



NOMINATING A VOLUNTEER FOR THE VOLUNTEER AWARD

The Volunteer Excellence Award (VEA) is a life time achievement award that recognizes federal civilians, family members, military retirees and federal retirees who perform outstanding volunteer community service of a sustained, direct and consequential nature. Volunteer agencies or supervisors may fill out a nomination packet for the 2017 Volunteer Awards Ceremony and submit it no later than February 24 to 802fss.fsfr@us.af.mil.

TRANSITION ASSISTANCE PROGRAM CAREER SKILLS PROGRAM

JBSA Career Skills Program (CSP) links transitioning service members from all military branches with apprenticeship and internship programs in the civilian workforce during their final 180 days of active duty.

CURRENT PARTNERSHIPS:

- Holt Cat - Apprenticeship**
Mechanical, Fabrication, Logistics, Tool Room Control
- Accenture - Internship**
SAP, JAVA, Oracle, Testing, Infrastructure
- Solar Ready Vets (Employment Skills Training)**
North American Board of Certified Energy Practitioner (NABCEP) Certification, OSHA
- Onward to Opportunity (Employment Skills)**
Customer Service, Hospitality, Project Management, and Information Technology certifications: A+, Net+, Security+, Cisco, SSCP, CCNT, JAVA, and more.

For more information, call (210) 221-1340 or email usaf.jbsa.502-abw.mbx.career-skills-program@mail.mil

Eligibility: All Active Duty transitioning service members assigned to JBSA. Reservist on existing Title 10 orders are also eligible.



JBSA-FORT SAM HOUSTON MILITARY & FAMILY READINESS CENTER

3060 Stanley Road, Suite 95, Building 2797

(210) 221-2705 or (210) 221-2418

Hours of operation:

Monday-Friday 7:30 a.m. to 4:15 p.m.

Closed 1st & 3rd Thursday from 1-4 p.m. for in-service training

Closed for all federal holidays & AETC family days

JBSA-LACKLAND MILITARY & FAMILY READINESS CENTER

2160 Kenly Ave., Building 1249

(210) 671-3722 or 671-3723

Hours of operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 2-4 p.m. for in-service training

Closed for all federal holidays & AETC family days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1561 Stewart St., Building 5616

(210) 671-4057

Hours of operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 2-4 p.m. for in-service training

Closed for all federal holidays & AETC family days

JBSA-RANDOLPH MILITARY & FAMILY READINESS CENTER

555 F Street West, Building 693

(210) 652-5321 or 652-3112

Hours of operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.

Closed 1st & 3rd Thursday from 2-4 p.m. for in-service training

Closed for all federal holidays & AETC family days

Visit www.jbsa.mil/Resources/MilitaryFamilyReadiness
For more information and to view the monthly calendar online.



facebook.com/mfrcjbsa

