

JBSA

LEGACY

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JOINT BASE SAN ANTONIO

JUNE 2, 2017

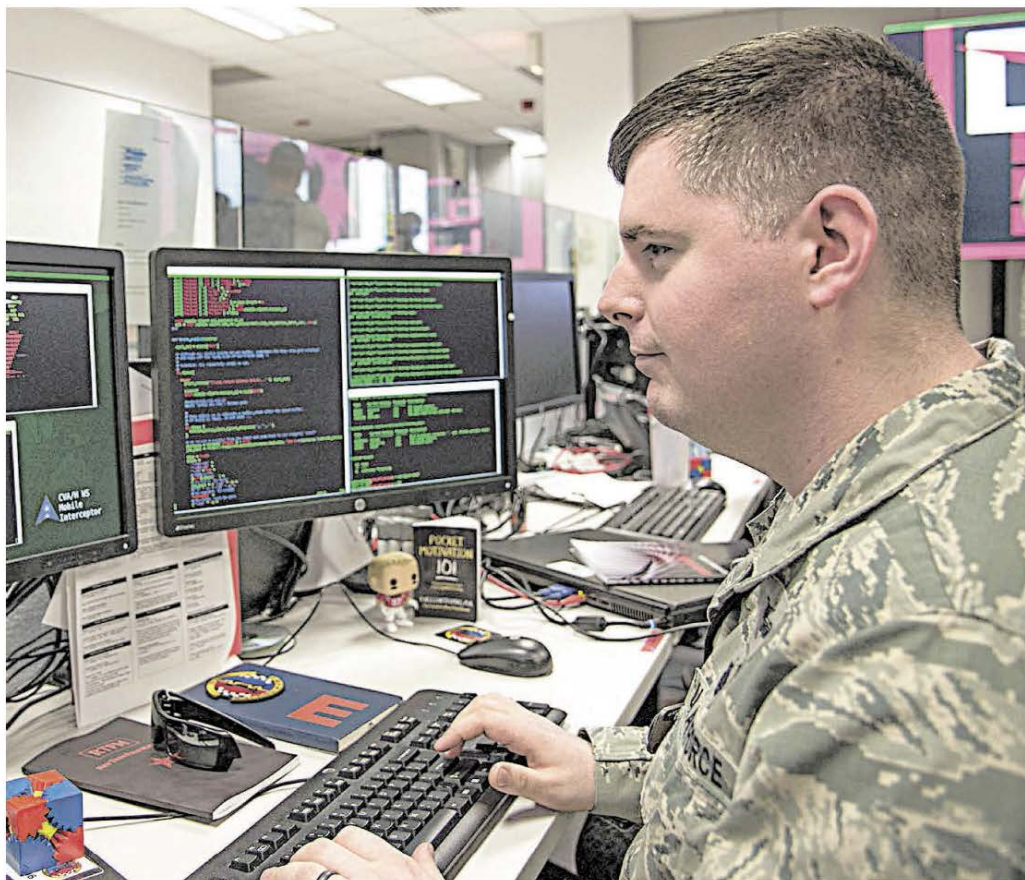


PHOTO BY AIRMAN 1ST CLASS DANIEL GARCIA

A member of a Cyber Protection Team participates in the Air Force's Black Demon exercise, designed to validate his ability to protect and defend specific critical missions or assets.

Air Force validates cyber protection teams to ensure capability

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Army veterinarians visit Colombian kennels

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AFPC leaders cut ribbon on restoration project

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Budget request allows DOD to ‘get ready, balanced, more lethal’

By Jim Garamone
DOD NEWS, DEFENSE MEDIA
ACTIVITY

The president’s fiscal year 2018 defense budget request furthers the administration’s strategy to “get ready, balanced, bigger and more lethal,” Department of Defense budgeteers told reporters May 23 at the Pentagon.

John P. Roth, performing duties as the DOD comptroller, and Army Lt. Gen. Anthony R. Ierardi, the Joint Staff’s director of force structure, resources and assessment, discussed the fiscal 2018 request, which is pegged at \$639.1 billion.

“The intent is for the fiscal ‘18 budget request to be the next step in rebuilding the U.S. armed forces,” Roth said.

Defense Secretary Jim Mattis has stressed the three-step process in rebuilding the military that the administration adopted.

“Our request in fiscal ‘17 for more resources, culminating in the fiscal ‘17 appropriations act, was intended to address near-term readiness,” Roth said. “The department is already applying those funds to ‘get ready.’”

The 2018 request will build on that readiness and help balance the force between current oper-

ations and future needs.

“Our goal in fiscal 2019 is to sustain the gains we hopefully will make in fiscal ‘17 and ‘18,” he said.

Rebuilding readiness is the key to the military moving forward, Ierardi said.

“The ‘18 budget puts significant investment in the aspect of unit preparedness,” the general told reporters. “[This involves] training, maintenance and modernization to restore warfighting readiness while setting the conditions for future sustained comprehensive readiness.”

The military had been taking money from modernization accounts and applying it to

units that were deploying, the general said. The fiscal 2018 budget request “allows us to fill those holes and allows us to recover full-spectrum readiness — readiness to operate in different theaters, against different adversaries,” Ierardi said.

The budget request calls for another round of base closures and realignments in 2021. “In order to get a round done in 2021, you have to begin the analysis process now,” Roth explained.

The last round of BRAC was in 2005 and the closure process saves the DOD \$12 billion a year, he said. “That is a gift that keeps giving,” he added.

DOD warns of ransomware threat to networks

From the Department of Defense

Ransomware known as “Wannacry” has been reported to have struck multiple entities across the world, according to an email sent out May 14 by Vice Adm. Marshall B. Lytle III, Director, Command, Control, Communication and Computers/Cyber, Chief Information Officer, J6, Joint Staff, and Dr. John A. Zangardi, the Acting Department of Defense Chief Information Officer.

To increase collective defenses across DOD and federal networks, Marshall and Zangardi urge all employees to take three actions:
▶ Do not click on links or download files in emails unless you know for sure they are

“The workforce should be aware that this malware could morph. Do not let down your guard.”

Dr. John A. Zangardi, Department of Defense
Acting Chief Information Officer

intended for you;
▶ Ensure your personal devices are updated and patched; and,
▶ Backup your data so you can recover your systems if they become infected. Microsoft released a patch in March that addresses this issue.

Ransomware is a type of malicious software that infects a computer and restricts users’ access until a ransom is paid to

unlock it. The malware spreads by “phishing,” which is luring unsuspecting users to click on infected email attachments and links in emails to launch the attack.

Phishing emails are crafted to appear as though they have been sent from a legitimate organization or known individual. These emails often entice users to click on a link or open an attachment containing ma-

licious code. After the code is run, your computer may become infected with malware.

Unpatched or out-of-date systems are particularly vulnerable to ransomware.

The Department of Homeland Security has previously released information on best practices to address ransomware at <https://www.us-cert.gov/security-publications/Ransomware>.

“The workforce should be aware that this malware could morph,” Zangardi said. “Do not let down your guard.”

Those who believe they have been a victim of a phishing attack or ransomware infection should immediately report the incident to their information technology help desk or security office.

JBSA LEGACY

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Joint Base San Antonio HOTLINES

- Sexual Assault Hotline
210-808-SARC (7272)
- Domestic Abuse Hotline
210-367-1213
- DOD Safe Helpline
877-995-5247
- Suicide Prevention
800-273-TALK (8255)
- Duty Chaplain
210-221-9363

JBSA virtual town hall answers questions, concerns

From 502nd Air Base Wing
Public Affairs

On May 11, the 502nd Air Base Wing leadership team fielded live questions and concerns from members of the JBSA community.

The virtual town hall gave community members a chance to speak directly to the 502nd ABW leadership team.

The following questions were submitted via Facebook (www.facebook.com/JointBaseSanAntonio) and twitter (@JBSA_Official) using the hashtag #AskJBSA.

Q: Could the JBSA Legacy give some coverage to our base schools? Randolph Field Independent School District did a great job with the marching band, dance team and a float in the Battle of Flowers Parade last week. Pictures are posted at Randolph Band Boosters. Don't know about the other bases but good things are happening at Randolph schools including an outstanding graduating class in a couple weeks with many noteworthy achievements and numerous UIL honors. I'd love to be able to share our hometown newspaper clippings with family about the schools. Thank you.

A: Brig. Gen. Heather Pringle, 502nd ABW commander: Great idea! With parental permissions, we can get this done...we're on it!

Q: What is being done by the wing leadership to ensure our local facilities will remain viable and open for years to come? Thank you, I am an Air Force retiree who likes living in a military community.

A: Brig. Gen. Pringle: That's important to all of us. We have planned for long term investment. We worked our joint priorities through the resourcing process and are making trade-offs as mission requirements and funding availability allow. It's a continuous process with our 266 mission partners and we all want to our JBSA facilities to remain open and viable.

Q: What are the differences between Active Duty and civilian members when it comes to child care, at which facilities, what hours, for whom? Are there special needs limitations or advanced learning programs?

A: Col. David Raugh, 502nd Force Support Group commander: Slots for child care are determined by different priorities. Priority one are wounded warriors and active duty members with spouses who work. Included in those



higher priorities depends on if both parents work and if both are active duty. Militarychildcare.com details those priority levels and should be able to answer any additional questions. Child development centers at all JBSA locations are focused on full-time day-care which generally runs from 6 a.m. to 4 p.m., the standard duty day, though may differ by 30 minutes at different locations. We also have some limited hourly care available at each CDC. More information can be found at www.myjbasa-fss-mwr.com. Call your CDC front desk for more information. Thank you, Norman, for the excellent question!

Q: How will the hiring freeze effect the ability to register for summer camp at JBSA?

A: Col. Raugh: Due to the hiring freeze, we have been unable to bring on board the camp administrative folks for all the camps we normally run. Even though the freeze is over, it takes 2-3 months to bring them on board. Due to this shortage, we've prioritized school-aged camps (i.e. for kids 6-12 years old) for priority one families (dual military, or both working families) As we bring folks aboard, we'll open the other camps. It will happen, but it will be later in the summer.

Q: Is there a plan to hire more child care providers to decrease the waiting list at the CDCs?

A: Col. Raugh: Hi, Kathy. Yes! We were unable to hire for a few months due to the hiring freeze. We're back on track, but in a bit of lag due to on boarding (backgrounds checks, etc). We hope to be up to full strength in a few months. We also need to build some additional CDCs. We have plans on the shelf, but need money authorized by

Congress to start construction.

Q: We have become a totally different animal in last few years. We have updated, integrated, and adapted to the missions at hand. My question is: Is the 502nd ABW working with the Office of Personnel Management and Air Force Personnel Center to update, integrate, and adapt to the new ways we handle the mission?

A: Brig. Gen. Pringle: Yes, we are! It's great to have AFPC as a mission partner at JBSA-Randolph and they work with us to update policies that meet our unique Joint Base needs. In addition, we use our Joint Base Partnership Council to identify new issues and work through the joint process to improve our processes. Thanks!

Q: Can you give specific examples of how we are implementing the intent of the (Chief of Staff of the Air Force) to revitalize squadrons here at JBSA?

A: Chief Master Sgt. Brion Blais, 502nd ABW command chief master sergeant: Thank you for asking this question. As you mentioned this is one of the CSAF's "Big Rocks", but much of the installation may not realize that JBSA has hosted two cross-functional teams to specifically answer that question. We will all have to wait on the (Air Force's) way ahead; but small efforts have already taken place, such as increasing the number of first sergeants at line units.

Q: What is the status of the indoor pool at Jimmy Brought Fitness Center at JBSA-Fort Sam Houston?

A: Col. Raugh: Great question and thanks for asking! The pool renovation project was approved for fiscal year 18. We expect to have the pool up and operational within the next 1-2 years.

Q: Any chance we can get mosquito control trucks in base housing every few weeks?

A: Col. Wright: We will coordinate with Public Health to determine if mosquito spraying is necessary for any of our locations.

Q: Can you explain the (Bird Aircraft Strike Hazard) program and why you are cutting down trees at JBSA-Randolph.

A: Col. Thomas Miner, 502nd Security Readiness Group commander: There is a comprehensive plan for the BASH program. Part of that plan calls for the removal of diseased, dying or dead trees. The reason your seeing several trees being cut down in your area right now is that those trees have been iden-

tified by an arborist as either diseased, dying or dead. The tree reduction has a long term positive impact to the installation and the flying mission by reducing risk to property damage and the air mission. The idea of shaded playgrounds has been brought up and is something we are looking into.

Q: When will all the holes be filled in on the annex for all of Clay Loop & Maysey Drive?

A: Col. Wright: We coordinated with our privatized housing partner to have the potholes repaired. They have reported that they have completed the repairs. There are additional roads that we are continuing to address as funds allow. Thank you again for your comment about the potholes.

Q: I always see retirement/401K classes for (General Schedule) and military members but not (non appropriated fund) employees. Any plans for NAF to be included in the future?

A: NAF employees can get into these classes. Call the Military and Family Readiness Center at 221-2705 for details.

Q: How will construction of the new JBSA-Fort Sam Houston VA Cemetery bypass bridge effect traffic in the area?

A: Col. Raugh: On Friday June 2, the VA Cemetery will begin a project to help improve traffic flow and security for JBSA-Fort Sam Houston.

As a result, there are some growing pains we will have to deal with until Aug. 28 when the project is complete. Specifically, Nursery Road itself and the Nursery Road ACP will be closed for the duration of the project and all personnel and traffic using this gate will have to use an alternative entry and exit point. The Winans' ACP will be manned 24 hours a day seven days a week to accommodate school, Watkins Terrace, and office traffic. The gate at Harry Wurzbach and Winans will no longer close from 10 p.m. to 4:30 a.m., as it does now.

Parents picking up and dropping off for school, CDCs and youth programs should allow additional travel time when transporting your children. We targeted the least impactful time to the JBSA-Fort Sam Houston populace and appreciate your support and patience during this period.

Q: How will patient care be affected by the transition to the new Wilford Hall Ambulatory Surgical Center, and what can we expect as patients during a

TRAFFIC ALERT

Nursery Road closes for VA overpass construction

Drivers cautioned to find alternate routes for entry onto JBSA-Fort Sam Houston during project

From 502nd Air Base Wing Public Affairs

At Joint Base-San Antonio-Fort Sam Houston, Nursery Road, north from Williams Way, is closed June 2 through Aug. 28 for construction of an overpass over San Antonio Boulevard.

Presently, the Fort Sam Houston National Cemetery's East Cemetery is not accessible to the relatives and friends

of the deceased veterans 24/7, as per U.S. Department of Veterans Affairs policy, due to force protection restrictions. Visitors must go through Joint Base San Antonio-Fort Sam Houston to access the East Cemetery.

The VA developed the overpass project to link the East and West cemeteries without requiring vetting of visitors through JBSA-Fort Sam

Houston proper.

The overpass construction project will block Nursery Road completely, so there will not be a detour available around the work zone. The Nursery Road Entry Control Point will be closed for the duration of the project.

Motorists will need to use an alternate entry control point to enter JBSA-Fort Sam Houston.

Drivers warned distracted driving can be deadly

By David DeKunder
502ND AIR BASE WING
PUBLIC AFFAIRS

When they are behind the wheel, drivers face many distractions that can cause them to take their attention and eyes off the road, which can have deadly consequences for them and others.

Distracted driving has become a major public safety issue because it is now one of the five leading causes of deadly accidents on the road. In 2015, according to the National Highway Traffic Safety Administration, or NHTSA, 3,477 people were killed and 391,000 injured in accidents caused by distracted drivers.

The NHTSA defines distracted driving as any activity that could divert a driver's attention away from the task of operating a vehicle.

The Joint Base San Antonio Summer Safety Campaign is raising awareness and providing information on the prevention of distracted driving to installation members. The Summer

THE THREE TYPES OF DISTRACTED DRIVING
AND HOW TO AVOID THEM

 <p>VISUAL</p> <p>Keep your eyes on the road. Pull over to read directions. Put your phone in "Do Not Disturb" mode.</p>	 <p>MANUAL</p> <p>Keep your phone out of reach. Make all adjustments before driving. Don't reach for items while driving.</p>	 <p>COGNITIVE</p> <p>Avoid phone calls, even hands-free. Stay focused on the road. Keep your emotions in check.</p>
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NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

Safety Campaign, which kicked off on Memorial Day, focuses on increased safety awareness and practices during the heightened summer season to help save the lives of active duty and JBSA members. The campaign runs until Labor Day, Sept. 4.

John McLaughlin, 502nd Air Base Wing traffic safety manager at JBSA-Lackland, said there are three types of distractions that can cause drivers to take

their attention and eyes away from the road: physical, cognitive and visual.

Physical distractions are activities in which the driver takes a hand off the steering wheel, including texting and talking on a cell phone, eating, reaching for a beverage in the cup holder, reading, adjusting the radio and temperature controls, utilizing a GPS/navigation system and attending to children or passengers;

"We need to grow the culture that distracted driving is wrong. It really comes to internal reflection from yourself and what you can do to not drive distracted."

John McLaughlin, 502nd Air Base Wing traffic safety manager, JBSA-Lackland

visual are those distractions that force drivers to take their eyes off the road, such as dropping a beverage or item on the floor of the vehicle or seeing a person walking by; and cognitive is when the driver is in deep thought and his or her mind wanders off and is no longer are paying attention to the road.

Cognitive distractions include getting into a conversation with a person in the vehicle or on the phone, or thinking about something else.

"Driving distracted is very comparable to driving drunk because on average 28 people a day are killed by drunk drivers and 20 people a day on average are killed by

distracted drivers," McLaughlin said.

Findings of studies show that drivers who text take their eyes off the road an average of 4.6 seconds. At a speed of 55 mph, this is equivalent to driving the distance of a football field with a blindfold on, according to the Occupational Safety and Health Administration.

Travis Kilpack, 502nd ABW occupations safety manager at JBSA-Lackland, said drivers need to focus on the road and not engage in activities or devices that could lead to accidents caused by distracted driving.

"Put your phone down," Kilpack said. "It can wait. Pull over to

text or talk."

McLaughlin, who conducts safety briefings twice a week at JBSA-Lackland for basic trainees and technical training students, said drivers need to take the same approach for distracted driving like they do for drunk driving, doing everything they can to prevent it from occurring.

Drivers can help minimize distractions in a vehicle by doing things such as not eating while driving and setting up a music playlist on an electronic device or pre-setting stations on the radio before driving, said McLaughlin.

"We need to grow the culture that distracted driving is wrong," he said. "It really comes to internal reflection from yourself and what you can do to not drive distracted. You're either part of the solution or part of the problem. Everybody joins the military to be a better version of themselves and I challenge them all to be better drivers."

Small businesses contribute to Air Force mission

By Mark Aaron Locken
AIR EDUCATION AND TRAINING
COMMAND PUBLIC AFFAIRS

Small businesses, those with fewer than 1,000 employees or \$40 million in annual revenue, are critical to our defense industrial base and are the backbone of our nation's economy, according to a 2016 Air Force report.

Members of Air Education and Training Command are committed to ensuring the use

of small businesses to the maximum extent possible, said Elizabeth Tijerina, AETC's Office of Small Business Programs director.

"Using small businesses ensures warfighter needs are met with innovation and efficiency while enhancing the industrial base," said Tijerina.

AETC's Office of Small Business Programs is composed of 10 small business specialists who work with other small business specialists at AETC's

bases across the country.

Small businesses provide a variety of goods and services for AETC. Goods include items such as computer hardware, software, office equipment and supplies for civil engineering requirements, while services range from computer maintenance and refuse collection to laundry and dry cleaning needs. Small businesses also provide construction services such as new construction, renovation and paving for streets,

curbs and walkways.

Small businesses also include special sub categories that include veteran-owned, women-owned, minority-owned and others. Just being a small business or even a special category of small business does not guarantee a contract. Regardless of category, any business must provide a product or service that meets Air Force needs at a fair market price.

A key component of the business maximization strategy

for the small business specialists is a partnering with the federal government's Small Business Administration and coaching and developing small businesses. Focused outreach efforts assisted in building a source list of capable small businesses for both current and future contracting requirements.

For more information about the Small Business Administration, contact your local SBA office.

Protecting children from lead, other poisons

From the TRICARE Staff

The word poison suggests a bubbling vial marked with skull and crossbones. However, poisonings can result from misuse of common household products or even from our home itself in the form of lead. Poisoning can happen all at once or gradually over time. TRICARE covers children's blood lead testing at well-child care visits when medically necessary. Learn how to protect your family against accidental poisoning.

Recognizing and screening for lead

Blood lead poisoning occurs when a person or child eats, drinks or inhales lead or a lead-contaminated item. Lead is commonly found in homes built in 1978 or earlier in the form of paint, pipes or plumbing fixtures. The Environment Protection Agency (EPA) estimates that over 24 million homes in the U.S. contain lead-based paint or lead-contaminated dust.

As reported nationally about water contamination in Flint, Michigan, lead poisoning is a serious health threat to chil-

dren. Lead exposure can damage the developing brain and nervous system, slow growth and development, lead to learning and behavioral problems and cause hearing and speech problems. Symptoms of lead poisoning don't appear until after dangerous amounts of lead have built up in the person.

The EPA notes that there are steps you can take to protect your family from lead exposure. Those steps include understanding your home's lead risks, maintaining your home's condition and testing your home's drinking water.

At well-child care visits, TRICARE covers lead level screening for children from age 6 months to age 6 who are at high risk. A child's risk level is based on results of the Center for Disease Control and Prevention's lead poisoning form given during well-child visits. If you are concerned about lead exposure and your child, talk to your child's primary care provider.

Other preventable household poisoning

In 2015, America's 55 poison centers received 2.2 million

calls for help. Nearly 50 percent of all poison exposures involve children younger than 6 years old. That means half of all poisonings are due to young children eating or inhaling a product such as medicine or household cleaning products. These poisonings are largely preventable. Knowing which products are dangerous can prevent child poisoning.

- » First, find the common household poisons you keep in your home. These include:
- » Laundry and cleaning supplies, especially in brightly-colored packets
- » Medicines and vitamins
- » Pesticides
- » Hand sanitizers
- » Small button batteries

Next, create safe storage habits. Keep items in their original, labeled containers and kept out of sight, out of reach or locked up.

Arm yourself against poisoning by learning more about household poisons. Be sure to keep the national phone number for Poison Help, 1-800-222-1222, posted in your home and on your cellphone. It is available 24 hours a day, seven days a week.

Prevent Childhood Lead Poisoning

Exposure to lead can seriously harm a child's health.



Damage to the brain and nervous system



Slowed growth and development



Learning and behavior problems



Hearing and speech problems

This can cause:

Lower IQ
Decreased ability to pay attention
Underperformance in school



NATIONAL CENTER FOR ENVIRONMENTAL HEALTH

CONGRATULATIONS TO THE 2017 JBSA MASTER SERGEANT SELECTS

Master sergeant selectees gather at Joint Base San Antonio-Randolph. The Air Force released the 2017 master sergeant promotion list May 24. There were 20,169 Airmen eligible for promotion in the 17E7 cycle. Only 5,166 were selected with a 25.61 percent selection rate Air Force wide. To view a complete list of master sergeant selectees from Joint Base San Antonio, visit jbsa.mil.



MASTER SGT. KAL SLATER

TOWN HALL

From page 3

transition phase (if any)?

A: Col. Wright: The 59th Medical Wing will begin relocating all clinics and services to the new Wilford Hall Ambulatory Surgical Center in late May. The move will officially start later this month and continue in phases, with the goal of minimizing patient impact. During the transition, clinics and services may be temporarily closed, but each will only be closed a few days, and not all at once.

Most clinics, including Pediatrics, Family Health and Internal Medicine, will be fully operational in June. When patients call the Consult Appointment Management Office for an appointment, they will be advised if their appointment is in the

new building, along with its location.

While the Urgent Care Center is temporarily closed, patients needing urgent care can go the Family Health Clinic in the new WHASC. Thanks for the great question!

Q: I want to exit JBSA-Lackland using the Selfridge Gate at the end of the day but it closes at 2 p.m. Is there a way you can make more of your gates open 24 hours a day?

A: Col. Wright: Thanks for your question. Our gate hours are set so that security forces can quickly and efficiently screen individuals who are accessing JBSA. Some gates are open 24/7, while others are only open for portions of the day. We keep certain gates open for specific hours to accommodate peak traffic times while

making sure there is enough time to do all necessary credential screenings. Our current manpower does not support opening more gates for 24/7 access while maintaining our current level of vigilance and security for our installation. We thank you for your patience as we try to efficiently serve the needs of everyone who accesses JBSA every day.

Q: Are there any plans in working with the city for a bike lane from the Harry Wurzbach gate to Burr Road ?

A: From 502d Civil Engineer Squadron: The City of San Antonio is responsible for maintenance and alterations to Harry Wurzbach Road. CoSA upgraded Harry Wurzbach Road, including the Burr Road intersection, but included no provisions for a bicycle lane in that project.

Q: Is there any way you can teach people once again how to drive Washington Circle? I am so tired of having to avoid people that always end up in the wrong lane.

A: Col. Miner: Hi, Sir. Of course, traffic safety is something we take seriously. I will work with the Public Affairs team to get a Washington Circle education campaign in the works.

**THE JOINT BASE SAN ANTONIO
2017 AIR SHOW & OPEN HOUSE IS
SCHEDULED FOR NOVEMBER 4 & 5
AT KELLY AIRFIELD.
THE AIR FORCE THUNDERBIRDS AND
OTHER ATTRACTIONS WILL BE
PERFORMING. FOR COMPLETE
INFORMATION, VISIT
WWW.JBSA.MIL AND CLICK ON THE
2017 AIR SHOW LOGO.**

FORT SAM HOUSTON

Army veterinarians visit Colombian MWD kennels

By Sgt. Jeremy Odom
U.S. ARMY SOUTH PUBLIC AFFAIRS

At military and law enforcement agencies all over the world, canines are trained to save the lives of service members and police officers. The Colombian Army relies heavily on their military working dogs in the fight against the drug cartels and that is why it is imperative to keep the dogs healthy.

U.S. Army veterinarians from U.S. Army South and the Army Medical Department Center & School at Joint Base San Antonio-Fort Sam Houston traveled to Bogota, Colombia, May 8-11 to visit with Colombian army veterinarians. The visit was part of a subject matter expert exchange pertaining to infectious disease prevention and control and military working dog breeding programs.



A Colombian military working dog trainer briefs Lt. Col. Douglas Owens (black shirt), U.S. Army Medical Center & School Animal Medicine Branch chief, and Lt. Col. Troy Creason (far right), U.S. Army South veterinarian, about demining training conducted in Tolemaida, Colombia.

"We came down here to share lessons learned on prevention and treatment of infectious diseases, specifically leishmaniasis and ehrlichiosis," said Lt. Col. Troy Creason, Army South veterinarian. "Like us, they share many of the same health challenges seen with the MWD breeding program here in the

United States, primarily sanitary kennel conditions."

During the kennel and breeding center tours, U.S. vets suggested that different prevention strategies, such as the application of parasite control products when operating in high-risk areas, would greatly reduce incidence of disease in MWDs.

"The exchange is important, the experiences, the knowledge, because regardless of the geographical separation, we have worked together in various medical and reproductive aspects," said Col. Ramirez, director of the Colombian Veterinary Services. "We would like to take this interaction which has allowed us to grow and take our breeding program to the next level."

In the Colombian military, the MWD program is operated by their army engineers as the dogs are a vital counter roadside bomb and humanitarian demining operations asset. The drug traffickers are known to use explosive devices in their war against those trying to stop drug trafficking.

"We had many expectations and we were able to accomplish them in an academic and professional manner," Ramirez said.

"This exchange allowed us to share experiences on different levels and allowed us to develop a friendship and camaraderie with the U.S. veterinarians."

"The Colombian Army Veterinary Services is interested in future engagements. One is exploring the opportunity for their MWD handlers and veterinary personnel to attend Army Medical Department Center & School veterinary courses at JBSA-Fort Sam Houston," Creason said. "We would also like to have them visit U.S. Army Veterinary facilities to view MWD breeding program, veterinary treatment facilities and veterinary field unit capabilities."

The exchange marks the first ever veterinary gathering between the countries. With only 13 veterinarians, Colombia hopes to expand on the exchange and plans for future talks.

S.A. hosts the 6th annual 'A Night in Your Honor' ceremony

By Burrell Parmer
NAVY RECRUITING DISTRICT SAN ANTONIO PUBLIC AFFAIRS

Future service members, their families, educators, business leaders and military members gathered in the Rosenberg Sky Room at the University of the Incarnate Word May 17 to participate in the 6th Annual "A Night in Your Honor" sponsored by Our Community Salutes-San Antonio, or OCS.

The program began with a welcome by Dr. Cyndi Porter, president of OCS, who introduced her husband, Vincent Porter, School of Extended Studies for UIW dean, who served as master of ceremonies.

The presentation of colors was conducted by Brackenridge

High School's Junior Reserve Officers Training Corps Color Guard and the national anthem was sung by Dione Bedell.

After the invocation and dinner, the guest speaker, retired Army Lt. Gen. Rick Lynch delivered his remarks.

"It's an honor for Sarah and I to be here amongst you great American heroes," said Lynch, who served in the Army for 35 years and was formerly the commanding general of the U.S. Army Installation Management Command. "What we do as a nation today, as much as we used to do, is make it a point to acknowledge the service of those who chose to don our nation's military uniform. What we are not doing very well is recognizing families. The ser-

vice and sacrifice of our families are just as important. So make it a point to ensure you acknowledge their service as well."

Toward the conclusion of his speech, Lynch spoke directly to the future enlistees.

"Every day ask yourself, how am I living my day, am I truly placing myself below the needs of others, and am I truly focused on service of others?" Lynch said. "I can rest easy knowing that our nation is going to be safe and secure because of you."

The 2017 Colin Powell Award was then presented to Yvonne Martinez, a counselor with Tom C. Clark High School, by Katie Reed, North Independent School District School Board president.

After the presentation, a history of the challenge coin was presented by Lori Stinson, program director of the San Antonio Chamber of Commerce.

Then representatives from each military service presented OCS certificates to each of their respective honorees. Additionally, each future service member was presented with their first challenge coin.

Our Community Salutes-San Antonio is a nonorganization created in 2009 by Dr. Kenneth E. Hartman to recognize an honor local graduating high school seniors who plan to enlist in the military after graduation. OCS also provides future service members and their families with access to educational resources and connects them

with military support groups.

Porter said it's important that enlistees and parents know about the support systems to provide help to service members when needed.

According to Porter, the event could not have been successful without the support of the OCS committee, sponsors, community support organizations and volunteers.

Initially beginning as one ceremony in southern New Jersey in 2009, OCS ceremonies have spread across the nation. The ceremonies are planned and executed by volunteers, including military veterans, high school and college educators, local businesses, community leaders and active duty military personnel.

BAMC nurse who launched clinic becomes top finalist for Extraordinary Healer Award



CHRIS SCHNEIDER PHOTOGRAPHY

Army Maj. (Dr.) George J.S. Kallungal (from left), honoree Janet Schadee, actor Patrick Dempsey and Sara Sargente pose for a photo during the CURE Magazine 2017 Extraordinary Healer Award ceremony May 4 in Denver.

By BAMC Public Affairs

Janet Schadee, a registered nurse at Brooke Army Medical Center at Joint Base San Antonio-Fort Sam Houston, is one of two finalists for the CURE Magazine 2017 Extraordinary Healer Award. Schadee was honored May 4 during a ceremony in Denver, Colorado.

Schadee, the urology oncology case manager at Brooke Army Medical Center, has launched a multidisciplinary prostate clinic and streamlined appointment and treatment scheduling, and helps coordinate travel for patients visiting from outside San Antonio.

The announcement came during a dinner and ceremony in Denver, held in conjunction with the annual congress of the Oncology Nursing Society, or ONS. The event featured a keynote address by actor Patrick Dempsey, founder of the Dempsey Center, which provides supportive services to those affected by cancer.

Army Maj. (Dr.) George J.S. Kallungal, BAMC staff surgeon in urologic oncology, nominated Schadee for the

award.

"Janet has been the ultimate patient advocate," Kallungal wrote. "She advocates and helps our patients in every aspect of their lives, including cancer treatment, emotional support, coordination of care, research and health policy."

On hand to speak about the crucial role of oncology nurses in the care of patients with cancer, and to help honor the winner and finalists, was Dempsey, known for his portrayal of Dr. Derek Shepherd on the hit ABC series "Grey's Anatomy."

In response to his mother's diagnosis with ovarian cancer, the actor founded the Dempsey Center in Lewiston, Maine, in 2008 to give back to the community where he grew up, and where his mother first received cancer treatment. The Dempsey Center improves the quality of life for individuals, families and communities affected by cancer through free support, education, prevention and complementary therapies such as reiki, wig fittings and support groups.

Emergency preparedness liaison officers ready disaster response

By Capt. Miles Kehoe

U.S. ARMY NORTH PUBLIC AFFAIRS

Emergency preparedness liaison officers, or EPLOs, from across the nation took part in the annual Joint Defense Support of Civil Authorities Preparedness Workshop May 15-19 at Joint Base San Antonio-Fort Sam Houston.

The workshop brings EPLOs together to share ideas and better prepare for disaster response. EPLOs are military officers from each of the branches of service who are responsible for planning, coordinating, and implementing the Department of Defense response to requests for assistance. These requests can come from state, local, or tribal authorities.

In his opening remarks, Lt.

Gen. Jeffrey S. Buchanan, commander, U.S. Army North, said Army North has three major mission sets: homeland defense, defense support of civil authorities, and theater security cooperation.

Homeland defense is the defense of the continental United States. Defense support of civil authorities is the process used to provide support from the Department of Defense to local, state, tribal, and federal agencies. Theater security cooperation is the partnership and cooperation between the militaries of Canada, Mexico, and the United States.

"We are in support," Buchanan reminded the EPLOs in attendance that we as the military are not in charge in a disaster response in the U.S. "We must strive for unity of effort and when providing

resources after a disaster, we need to balance between anticipation and tactical patience. Balancing anticipation against tactical patience is about prioritization of resources. Weighing the requirement to never be late to need against the need to posture the right resources in the right locations."

Speaking on support to local state and federal agencies, Buchanan added that "we must measure our success by their success and figure out a common purpose and work toward it, working together to solve the problem."

As disaster response is a joint operation between the services, the general reminded the EPLOs to "be leery of single-service solutions to problems and look across the services for the best capabilities to solve the problem."



SGT. 1ST CLASS SHELMAN SPENCER /

Lt. Gen. Jeffrey S. Buchanan, U.S. Army North commander, gives the opening remarks to the emergency preparedness liaison officers, or EPLOs, at the annual Joint Defense Support of Civil Authorities Preparedness Workshop held May 15-19 in San Antonio.

FORT SAM HOUSTON BRIEFS

Parent, educator survey

The Joint Base San Antonio School Liaison Offices asking for feedback through a short survey for parents and educators of school-age children, ages 4-18. The survey will be used to better serve the JBSA community and help local school districts, private/parochial schools and homeschool programs. The survey will be available through June 2 at www.surveymonkey.com/r/CVYW2ZK.

Pre-separation counseling

Service members planning to separate or retire must attend this mandatory counseling. Appointments may be scheduled up to 24-months prior to retirement. Soldiers may schedule an appointment up to 18-months prior to separation, other service members have up to 12-months prior to separation. Airmen, Sailors and Marines should call the Military & Family Readiness Center at 210-221-2705 to schedule an appointment. Soldiers should call the Soldier for Life/Transition Assistance Program at 210-221-1213 to schedule an appointment.

Post-Deployment Resiliency Training

Date/Time: Wednesdays, 1-3 p.m.

Location: Military & Family Readiness Center, building 2797

This training reviews reintegra-

tion back into home life and provides resources to deal with associated stressors. To reserve a seat, call 210- 221-2418.

Anger Awareness

Date/Time: June 2, 2-4 p.m.

Location: M&FRC, building 2797

Identify triggers, signals, expressions of anger and techniques to effectively control anger. To register, call 210-221-2418.

Newcomer's Orientation

Date/Time: June 2, 8 a.m. to noon

Location: M&FRC, building 2797

This is a mandatory in-processing briefing for all military and civilian personnel newly assigned to Joint Base San Antonio. Attendees must be seated by 7:50 a.m. and service members must coordinate with their Unit Personnel. A Spouse Information Fair is held in conjunction with the orientation. Supporting agencies will be on-site to meet with attendees at 10:30 a.m. For more information, call 210-221-2705.

Camp registration

Date/Time: June 2, 3-5 p.m.

Location: JBSA-Fort Sam Houston Fire Station, 2301 Schofield Rd.

Those interested can register for Fire Explorer Summer Camp, which runs from 10 a.m. to 3 p.m. weekdays from June 12-23. The camp is an educational program designed to introduce youth ages 14-18 into the career field of fire and emergency medical services. For more information, visit <http://www.exploring.org/fire-ems/>.

Family Movie Day

Date/Time: June 5, 1-3 p.m.

Location: M&FRC, building 2797

Grab a blanket or pillow and join us for a sensory friendly showing of "The Good Dinosaur." Open to all Joint Base San Antonio patrons. For details, call 210-221-2418.

Joint Spouses' Open Forum

Date/Time: June 6, 11 a.m. to Noon

Location: M&FRC, building 2797

Open to all FRSAs, FRGs, Key Spouses, Ombudsman and Family Program advisors. This a networking opportunity and more. To register, call 210-221-2418.

LACKLAND

Operation Homecoming brings POWs back home

By Jeremy Gerlach
502ND AIR BASE WING
PUBLIC AFFAIRS

(Editor's Note: This article is the third installment celebrating Kelly Airfield's centennial.)

More than 40 years ago, massive Lockheed C-141A Starlifters began touching down at Kelly Field, bringing hundreds of former American prisoners of war home from Vietnam.

The flights were part of Operation Homecoming, a massive four-month effort from February to May in 1973, that brought home more than 590 American servicemen held in POW camps in North Vietnam. The Paris Peace Accords



U.S. AIR FORCE PHOTO

Newly freed prisoners of war celebrate as their aircraft takes off from Hanoi, North Vietnam, Feb. 12, 1973.

effectively ended the United States' involvement in the Vietnam War.

Kelly Field was the center of Operation Homecoming. Along with the medical facil-

ities at then Fort Sam Houston and Lackland Air Force Base, Kelly Field provided a formal reception staging area that set the stage for an emotional return of these POWs, many of whom

hadn't seen American soil in nearly a decade.

Donna Leite, 64, is a San Antonio retiree who was part of Operation Homecoming. As a 20-year old part-time flight attendant for Texas International Airlines, Leite was hired on short notice by the Air Force and the City of San Antonio to be an official "welcome ambassador" with Operation Homecoming.

Leite had the opportunity personally greet dozens of POWs as they disembarked off their plane.

"We were expecting (these men) to feel joy, relief," said Leite. "What we saw instead was how grateful they were to be

home; how grateful they were that no one had forgotten about them."

"That was surprising, if anything," Leite added, "because our job was to show them how grateful we were, for what they went through in service to our country."

Leite was lined up along a runway, positioned just between a gaggle of politicians, press, and a small group of cheering civilians allowed onto Kelly Field for the occasion. The crowd was deliberately kept small, Leite recalled, to avoid overwhelming the returning veterans.

"Most of these men were just glad to see any other Americans," Leite

recalled. "For a lot of them, I think the moment they saw how much all of us cared that they'd made it back home, that was the first moment they were really able to start (recovering) from what they'd been through."

Carl Sandbergh, 57, is the stepson of one of the POWs who returned home to Kelly Field. Sandbergh, who lives with his stepfather in Austin, Texas, shared his experience about seeing his stepfather's return home.

"The Air Force had been gracious enough to allow my mother and (me) on base to see him

POWs continues on 15

AF validates cyber protection teams, ensures capability

By Karen Pettitt
375TH AIR MOBILITY WING
PUBLIC AFFAIRS

The Air Force recently hosted a four-week long training exercise, known as "Black Demon," at Scott Air Force Base, Illinois, to ensure "full operational capability" status for two teams of cyber protection experts.

The exercise, conducted under the direction of 24th Air Force located at Joint Base San Antonio-Lackland, validated the readiness of the 854th and 901st Cyber Protection Teams in meeting their operational requirements as established by U.S. Cyber Command.

Scott AFB has seven CPTs

which are part of the nation's "Cyber Mission Force," and were created specifically to locate, defend and counter attacks targeted toward critical infrastructure, systems or platforms.

"A unique aspect of the CPT is that it's not intended to defend an entire network, but only what is critical to mission success. Black Demon is a way to validate that our CPTs are ready to do that," said Maj. Steven Payne, 835th Cyber-space Operations Squadron director of operations.

Payne's squadron falls under the 688th Cyber Operations Group which has five squadrons that defend and counter cyber threats. Within those

squadrons are specially trained, mobile teams that provide advanced tools and capabilities to counter cyber threats.

"The adversary is always coming at us with multiple threats and challenges," Payne said. "CPTs are needed to counter those threats."

He explained that the adversary role in this exercise was played by real life aggressors located at another base and the entire exercise was conducted on a cyber range that simulated the mission or asset to be protected.

Staff Sgt. Jason Patton, 42nd Cyber Operations Squadron (Reserve), 854th CPT cyber

warfare operations officer, said this was the most comprehensive exercise he's been involved with.

"It's my fourth exercise, and while I've played all different roles — aggressor, defender, evaluator. This allows us to examine the (cyber) traffic, pinpoint the issues and then lock and block it."

First Lt. Nicholas Miller, 837th Cyber Operations Squadron cyber warfare operations officer, assisted with the validation process for the 901st CPT, and explained his role in the exercise.

"The CPTs are mobile teams who go to various locations to work on an issue or to help

protect a certain mission," Miller said. "In this exercise, I was helping five squads defend a network under attack."

Lt. Col. George Sconyers, 375th Communication Support Squadron commander, said a team of technicians from his unitsupported Black Demon by playing the role of the host communications unit for the CPTs being validated.

"Even with advanced courses available, those still don't compare to the practical experience our teams get while participating in exercises like Black Demon," Sconyers said.

Editor's note: Airman 1st Class Daniel Garcia contributed to this article.

FUTURE LEADERS VISIT ALAMO WING



BENJAMIN FASKE

Staff Sgt. Kenan Torrance, 433rd Aircraft Maintenance Squadron sheet metal technician, speaks to members of the Department of Defense Executive Leadership Development Program May 10 at Joint Base San Antonio-Lackland. Future senior leaders from the DOD's ELDP got an up-close view of the 433rd with a tour that began with a 433rd AW mission brief given by Col. David Scott, 433rd AW vice commander. Scott took questions from the group and was personally thanked by one of the tour escorts for taking the time to speak with them. The next stop took the group on a C-5M Super Galaxy aircraft tour, which included flight deck and troop compartment. The tour concluded with a stop at the 433rd Aircraft Maintenance Squadron. Staff Sgt. Kenan Torrance, 433rd AMXS sheet metal technician, spoke to the group and showed them examples of metal tubing that are used on the C-5.

POWs

From page 13

land,” Sandbergh said. “I was just a kid at the time, so I hadn’t really understood what he’d gone through over (there in Vietnam), and he still hasn’t really shared everything with us.”

What Sandbergh did understand was that his stepfather was glad to be home.

“I hadn’t seen him since I was about six, so I barely recognized (him),” Sandbergh said. “The last I saw him (in 1966), he was this huge, six-foot, barrel-shaped man, so my first thought was that he just seemed so much skinnier than I remembered.”

“My second thought was that he just seemed happy to see me,” he added. “That’s all you can really ask for.”

After landing at Kelly

Field, Sandbergh’s stepfather didn’t get to go straight home. He had to spend the next several weeks receiving treatment.

“It’s been a tough road for him, I think,” Sandbergh said. “But he’s grown and lived his life as well as anyone, I would think.”

Sandbergh’s reunion with his stepfather was just one of many bonds restored during those four months in 1973. Operation Homecoming was more than a logistical effort to reunite families. It was meant to be a unifying moment to both these veterans and an American public still recovering from a decade of divisive politics rising out of the Vietnam War, according to information provided by the National Archives.

While the U.S. government saw Operation Homecoming as a chance

to bring closure to a war that had divided the American public, the operation itself had to endure a spate of controversy.

Numerous protests erupted in San Antonio during the operation, as protestors who opposed the war showed up in force outside Kelly Field and at other military bases in the area. Many of these protestors aimed to draw attention to the hundreds of still-missing POWs and servicemen missing in action in Vietnam at the time, according to San Antonio Express-News records.

In spite of that, larger crowds turned out in support of the POWs.

“I think, as tough as the Vietnam War was on this country, we can all agree that bringing these men back was an act of healing,” Sandbergh said. “I know it was for us.”

FLAT STANLEY TOURS THE WORLD WITH ALAMO WING AIRMAN



BENJAMIN FASKE

Staff Sgt. Candice Landsaw, 433rd Force Support Squadron system administrator, takes questions from second grade students May 11 at Fanning School at Mission Springs. Landsaw took photos of Flat Stanley during her deployment to Al Udeid Air Base and and shared them with the students upon her return. The small paper cutout traveled the world with Landsaw during her recent deployment to Al Udeid Air Base, Qatar. The second grade class at Fanning School at Mission Springs had asked Landsaw if she would participate in the program. “Stanley traveled with me to Qatar, Pakistan, and Afghanistan, so today’s presentation is showing the photos I took,” said Landsaw.

LACKLAND BRIEFS

Parent, educator survey

The Joint Base San Antonio School Liaison Offices asking for feedback through a short survey for parents and educators of school-age children, ages 4-18. The information collected will be used to better serve the JBSA community and help local school districts, private/parochial schools and homeschool programs with the quality of education provided as well as provide continuing support for our Educators. The survey provides an opportunity to help improve the effectiveness of the educational programs offered in surrounding communities and identifies areas of concern and potential best practices. The survey will be available through June 2 at www.surveymonkey.com/r/CSVW2ZK.

2017 Rifle Elementary Level Excellence in Competition

Date: June 12
Location: Medina Firing Range, JBSA-Lackland Training Annex
This rifle EEIC match is open to any military member who is in uniform and has their military identification card. There are 300 slots open, so entry is first come, first serve. To sign up, send an email with name, rank, government email address, cell phone number, base and unit

to 37trss.rangecontrol2@us.af.mil by June 12.

2017 Home Buyer’s Seminar

Date/Time: June 20, 1:30 p.m. to 3:30 p.m.
Location: Pyramid Chapel (building 1528)
This Home Buyer’s Seminar is at JBSA-Lackland. Find out the secrets of being a “smart shopper” and special loan programs for the first-time buyer. Please RSVP: at 210-375-5149 or 210-375-5148.

TRICARE Dental Program

Date/Time: Effective May 1
The Defense Health Agency continues to offer a comprehensive dental care option available for purchase by eligible active-duty family members and National Guard and Reserve members and their families. Effective May 1, United Concordia Companies, Inc. (United Concordia) will assume responsibility for administering the TRICARE Dental Program, replacing the outgoing dental contractor, MetLife. Monthly premium rates will also change. For more information about premium rates, benefit information, changes and who is in the provider network, visit <http://www.tricare.mil/tdp> and <http://www.uccitdp.com>.

RANDOLPH

Sweepstakes entry provides Randolph Elementary with a playground makeover

By Robert Goetz
502ND AIR BASE WING
PUBLIC AFFAIRS

Randolph Elementary School students had more to celebrate than the end of school this week.

More than 600 children packed the school's gymnasium for an assembly on May 25, the day before the last day of school, and learned their playground will look different when they return to classes three months from now.

And it was all due to the luck of the draw.

Thanks to an entry drawn at random, Randolph Elementary was one of three schools nationwide that were grand prize winners of the Healthy Playground Makeover Sweepstakes sponsored by the Healthy Weight Commitment Foundation, a nonprofit organization with a mission of reducing childhood obesity,



Susan Ralston, (center), Healthy Weight Commitment Foundation senior advisor, presents a check to students at Randolph Elementary School May 25 at Joint Base San Antonio-Randolph. The school won a playground set, \$15,000 cash and \$15,000 in sports equipment in a national contest.

and Discovery Education, a provider of digital content and

professional development for K-12 classrooms.

Randolph Elementary, the first-ever winner in a category

for schools serving the children of active-duty military members, won a playscape valued at \$30,000, \$15,000 in cash and \$15,000 in sports gear.

"I was in complete shock when I first heard the news that we had won the sweepstakes," said Allana Hemenway, Randolph Elementary principal. "What are the odds of that happening?"

PTO president Mariefe Ca-handing was helping in the front office in late April and took the phone call that resulted in the lottery-winning moment.

"After she gave me the exciting news, the look on her face made me realize she was not teasing about this amazing win," Hemenway said. "We both just stood and stared at each other for a moment and then we both started to scream

MAKEOVER continues on 19

Alcohol use during summertime activities may pose danger

By Robert Goetz
502ND AIR BASE WING
PUBLIC AFFAIRS

A summer safety checklist compiled by the Air Force Safety Center's occupational safety division focuses on the dangers people face when they travel, light up the barbecue grill or campfire and visit beaches, lakes and rivers.

The checklist acknowledges the role alcohol can play in summertime tragedies, especially as it pertains to travel and

water-related activities.

"The best-case scenario is to not drink at all," said Tech. Sgt. Steve McIntyre, Joint Base San Antonio-Randolph NCO in charge of the Alcohol and Drug Abuse

Prevention and Treatment program. "But if you do, you should follow the 0-0-1-3 policy."

That policy provides responsible guidelines — zero drinks for those under 21 years of age, zero driving-under-the-influence incidents, a maximum of one drink per hour and a maxi-

mum of three drinks per outing.

However, even one drink can be too much, said Capt. Erik Ringdahl, 359th Medical Operations Squadron Mental Health Flight clinical psychologist.

"One drink being too much is contingent upon, but not limited to, the size of the drink and alcohol content of the drink, as well as the individual's drinking habits and ability to metabolize alcohol," he said.

The physiological effects of alcohol on the body are numerous, Ringdahl said.

"Alcohol can impact the brain, heart, liver, pancreas, mouth and immune system," he said. "Alcohol has also been shown to impact an individual's thoughts, feelings and behavior."

Alcohol use is especially problematic in the summer because of warmer temperatures, McIntyre said.

"Heat stress and dehydration are more likely in the summer, and alcohol can speed up that process," he said. "That is why you should refrain from alcohol

use when engaging in a strenuous physical activity such as football or volleyball."

Because alcohol compromises judgment and affects coordination and reaction time, drivers should refrain from its use, McIntyre said, but abstinence is also important when engaging in summertime activities.

"Swimming and boating are common things to do in the summer, but those are not a good mix with alcohol," he said.

DANGER continues on 19

AFPC courtyard restoration project realized

By Staff Sgt. Alexx Pons
AIR FORCE PERSONNEL
CENTER PUBLIC AFFAIRS

A formal ribbon-cutting ceremony was held at the Air Force Personnel Center headquarters at Joint Base San Antonio-Randolph May 23 by AFPC leadership to officially commemorate the completion of demolition

and subsequent restoration of the area formerly housing Building 499-B. The \$11.6 million project is the culmination of several years' worth of effort. Building 499-B was built in 1968 as a large main-frame computer facility. In 1985, the building was repurposed to house administrative



STAFF SGT. ALEXX PONS

Maj. Gen. Peggy Poore, Air Force Personnel Center commander, addresses a gathering of AFPC team members during a ribbon-cutting ceremony May 23 at Joint Base San Antonio-Randolph.

activities, developmental teams and other personnel programs. Additionally, it was the first home of the Total Force Service Center and to the team members who managed the myPers website.

It took two years and 10 months to completely tear down the former structure and reroute associated utility infrastructure for inter-connected facilities — a project that involved two

general contractors, 32 subcontractors, and more than 71,000 man hours throughout three phases. “This project provides an overall improvement to quality of life for

AFPC team members,” said Kathy Weaver, Chief of Facilities and Engineering at AFPC. “It is just one more way this organization continues to embody its mission to take care of Airmen.”

RANDOLPH BRIEFS

Children of Divorce

Date/Time: Every Tuesday, 1-3 p.m.
Location: Health Promotions
This course offers information on how families can meet the needs of children growing up between two homes due to divorce or separation. This class meets Texas court mandated requirements.

Master Your Emotions

Date/Time: Every Tuesday, 11 a.m. to noon
Location: Health Promotions
For those who want to learn to cope with anger in healthy and productive ways. Get tips on dealing with angry people. Register by calling, 210-652-2448

Making Marriage Work

Date/Time: Wednesdays, 9-10 a.m.
Location: Health Promotions
For couples who want to enhance their relationships by learning the seven principles that will draw you closer to your partner through communication, compro-

mise and having fun.

Newcomer's orientation

Date/Time: June 5, 8 a.m. to noon
Location: Military & Family Readiness Center, building 693
Mandatory in-processing for all newly assigned JBSA-Randolph military and civilian personnel. Spouses are encouraged to attend. To register, call MPS 210-652-3036.

New Commanders, 1st Sergeants briefing

Date/Time: June 6, 8-11 a.m.
Location: M&FRC, building 693
Newly assigned Commanders, Command Chiefs and First Sergeants must attend this briefing. To register, call 210-652-5321.

Resume writing

Date/Time: June 6, 9:30-11 a.m.
Location: M&FRC, building 693

Discover techniques to help with preparing a non-federal résumé. To register, call 210-652-5321.

Deployment briefing

Date/Time: June 6, 9-10 a.m.
Location: M&FRC, building 693
All military members scheduled to deploy, go TDY longer than 30 days or on a remote assignment are required to attend this briefing. Military spouses are encouraged to attend. To register, call 210-652-5321.

Pre-separation briefing

Date/Time: June 7, noon to 3 p.m.
Location: M&FRC, building 693
A mandatory briefing required before attending the Transition GPS workshop. Appointments may be scheduled up to 24 months prior to retirement or up to 12 months prior to separation. To register, call 210-652-5321.

MAKEOVER

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and jump up and down.”

The only catch was they had to keep the news a secret until the formal announcement was made a few weeks later. They decided to keep the secret from students even longer, until the May 25 assembly, so they could surprise them with the news. It was worth the wait, because the announcement brought thunderous applause.

Hemenway said the thought of entering the playground makeover sweepstakes came to her when she was talking to

a parent about the school's playground and remembered an email she had received about the contest.

She and the parent sprang into action, sending fliers and emails to parents, teachers and staff members, some of whom submitted entries daily. Posters also announced the sweepstakes.

The winning entry came from Nora McKay, the mother of Jack, a kindergarten student.

“I entered the contest every day,” said McKay, who was a special guest at the assembly. “Mrs. Hemenway called me and I couldn't believe the news. Then I had to keep

it a secret for nearly a month.”

McKay said she could not be happier for the children who will benefit from the playground makeover.

“It's our first year here,” she said. “I hope Jack will be able to enjoy it for a couple of years.”

Hemenway said the new playscape will update the school's playground.

“We still have equipment from the '50s,” she said. “This is really going to help.”

Susan Ralston, senior adviser for Healthy Weight Commitment Foundation, said this year's sweepstakes drew more than 600,000 en-

tries for all three categories. This year marked the first time a grand prize was reserved specifically for schools on military installations.

“The foundation has a great relationship with the military,” she said. “Because of the national problem of childhood obesity, the military has a strategic interest in making sure our children are healthy.”

The sweepstakes is an annual incentive program of the foundation's Together Counts, a comprehensive education initiative designed to encourage students to live active and healthy lives.

DANGER

From page 17

“Judgment and motor skills are the first to go.”

“Never drink and drive” applies to those who are piloting a boat as well as those who drive land vehicles, McIntyre said.

“Piloting a boat is like driving a car, so don't drink,” he said.

Active-duty members should be mindful of the consequences of alcohol consumption because it can lead to public intoxication and DUI arrests along with legal and career ramifications.

“Legal and career consequences are administrative actions such as reduc-

tion in rank and pay, extra duties and dismissal from active duty as well as jail time,” Ringdahl said. “It can also become part of a person's personal record.”

He advised Airmen to be responsible if alcohol is being consumed.

“Have a plan and stick to it,” Ringdahl said. “There should always be a sober wingman in the group.”

Airmen at JBSA can also rely on the Armed Forces Against Drunk Driving program to provide them with a safe ride home if they have been drinking. The AFADD call center, which is open from 10 p.m. to 2:15 a.m. Friday and Saturday, can be reached at 210-710-7171.